A free newsletter compiled by SpringDale Community Cottage

MAY 1992

AN agreement between Bellarine City Rural Council and local tree groups will save about 400 metres of

of pine and palm trees that line the front of Leura Park.

The construction of the long-awaited

\$2.4m road duplication work....

median strip myrtle gums on the \$2.4 million duplication of Portarlington Road between Leopold and the Jetty Road roundabout. The southern carriageway of the new road will be moved about four metres to the south to accommodate the stand, near the round-

Many trees will be saved

about, within the median strip. The council and representatives of the Bellarine Tree Group, Bellarine Roadside Conservation Committee, the Clifton Springs/Drysdale Progress Association and local residents also considered a landscape concept plan to plant hundreds of native trees and shrubs to replace the 800 metres of cypress trees and pines that had to be sacrificed for the new carriageway.

The trees between Leura Park and the Curlewis Golf Course are in the direct path of the road works. Their removal - which has been a spectacular sight for motorists regularly travelling the Drysdale-Geelong route - has revealed an existing stand of

5.6 kilometre duplication of the southern carriageway under Federal Government funding should be completed within about 12 months from now.

Bellarine mayor Adrian Mannix said the work would provide a much needed financial boost for the Geelong region.

He expected the duplication to cut driving time and increase safety on the heavily used commuter road.

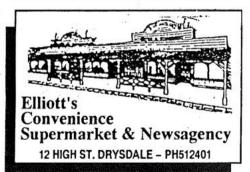
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THE annual Anzac Day service created a great deal of interest in Drysdale/Clifton Springs. The Drysdale Senior Citizens' Hall was backed

# Great response to Anzac Day commemoration

capacity, which was pleasing for the organisers.

The service was chaired by RSL president W. Jones, Bellarine Rural City Council was represented by Cr Lex Mortimer and the guest speaker was Major Keith Perryman, RAI, from the Staff College, Dueenscliff.

After the service, the ex-servicemen and women marched to the cenotaph to lay wreaths, then the Last Post and Reveille were sounded by Bugler L.H. Sowden.

Morning tea and a barbecue were laid on by the women's auxiliary.

Everyone enjoyed the sumptuous repast.

The appeals officer, Cliff Barker, has issued a general 'thanks' to the public of the district for the great response to the sale of Anzac tokens. The money raised will help with the welfare of those ex-service personnel and their families who are in dire straits.

There will be no May sub-branch meeting as many members are on a

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### Illness groups formed

ASTHMA and Alzheimers carers support groups have been set up to help combat the illnesses. The asthma group is in response to the incidence of asthma and the many people requesting information and support. Two initial meetings will be held at the Drysdale Community Health Centre - 1 pm May 15 and 7.30pm May 18.

The Alzheimers group is to support people caring for a relative or friend with a dementing illness. The group meets at the centre at 1.3pm on the

second Monday of each month.

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### Search for Kinderplay venues

SPRINGDALE is hoping to find more venues to cater for more families under its Kinderplay scheme.

SpringDale notifies families when vacancies arise in Kinderplay, a play group for three-year-olds.

Priority is given to children deferred from pre-school year, then to children in order of enrollment on the Bellarine Rural City Council list for attending Clifton Springs, Beacon Point and Drysdale kindergartens.

The group provides a stimulating educational program appropriate to the child's age and development. It

is also a chance to develop social skills in a friendly environment with children of a similar age.

This year's group involves 26 families in three groups meeting each week at the Maternal and Child Health Centre, Central Road, Clifton Springs.

Parents plan the programs, with resources and activity ideas provided by SpringDale.

SpringDale has specific guidelines and objectives for these groups and, in turn, expects a commitment to regular attendance and participation.

### PROGRAM VACANCIES...

SPRINGDALE Community Cottage has vacancies in its Term 2 classes. Telephone 531960 during office hours Tuesdays to Thursdays for bookings and information. A childcare subsidy is available.

ART APPRECIATION: 7.30-9pm Tuesdays; two weeks from May 26. Cost \$20.

CALLIGRAPHY: 7.30-9pm Mondays, six weeks from

May 25; \$40.

HEIRLOOM SEWING; 9.30am-4pm Saturday May 30 only; \$28 and \$11 for materials.

NATURAL CLEANINGS AIDS; 1-3pm June 4; \$8. SMOCKING: 7-9pm from June 1 for five weeks; \$25.

WREATHS, HERB BOWS AND BIRD NESTS: 10amnoon May 28 and June 11.

PAPER TIE BOWS AND FLOWERS: 10am-noon Thursday June 18 only.

SPEAK FOR YOURSELF: 9.30-11.30am from June 4 for two weeks; \$20.

BASKETS WITH ROSES AND BIRDS: 10am-noon

Thursday May 21 only.

DECORÁTEĎ BOXEŚ: 10am-noon, Thursday June 25.

## Red Cross for town?

THE Geelona Barwon Region of Red Cross is keen on starting Drysdale/Clifton Springs unit. A public meeting will be held in June; watch your next issue of the **Messenger** for the time and place. Telephone Lor-

raine Gross on 291564 (work) or 433884 (home) if you want to discuss the idea.

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NEW HOMES
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MAY is a special month for mothers. We celebrate both Mother's Day and Mothering Week this month.

To help people be aware of these Mothers occasions, the Nursing

Association has put up a terrific display in the library.

lets everyone know of the great services variety of Mothers Nursing offer, and the conpeople tact approach.

Make sure you have a look at it next time you're in.

I have also listed below just some of the books we have related to mothering. Keep an eye out for the

following:

Natural Pregnancy, by Janet Balaskis, A Herbal Approach to Pregnancy and Baby Care, by Margaret Roberts, Coping With Post Natal Depression, by Dr Bryanne Barnett, by Dr Christopher Green, Babies' Names by Louise Nicholson, Silent Nights for You and Your Baby, by Jane Asher, Toddler Tam-

by Dr Christopher Green. ing. and Smarter Kids, by Lawrence Greene.

As you can see, we do cover a wide

range of subject matter.

If you'd like any of these books, please ask. It only costs \$1 to reserve a title.

also is Mav beginning of another school term. If you're interested in taking up a hobby or participating in courses, the library has brochures

available for the SpringDale Community Cottage autumn term, West Leisure Learning courses. Coast BSW Council of Further Education and the Geelong Advertiser Community Education.

Also available is a terrific book list for children compiled from the Dinosaurs' summer reading program.

The list is made up of children's recommendations.

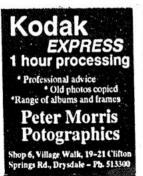
Please pick one up next time you visit the library

BARBARA RILEY, librarian

## Help clean up a local beauty spot

Library

EFFORTS are being made to preserve the lovely bush area at the Basin Reserve, Drysdale. A tree-planting program is planned and the on-going weeding out of noxious plants is a priority. A job will be found for anyone keen to help. Working sessions are held at 10am-noon on the fourth Sunday of every month, so come along - even if you can only offer moral support. It's also a good opportunity to meet new people and have the satisfaction of doing something worthwhile in a beautiful setting, but remember to bring your own light refreshments, gloves etc. The next meeting is at 10am on Sunday, May 24. Telephone 512749 with any inquiries.





Kerrie & Neil Muhlhan



ENROLLMENTS are being accepted for child care at the Drysdale Children's Services Centre, which is now nearing completion.

Children aged about three months to five years are eligible to attend.

Parents intending to use the centre are encouraged to contact Coral or Gillian at the Bellarine Rural City Council's human services department regarding an enrollment form and to help determine the hours the centre should be open and the fee that should be charged.

THE council has introduced a new local law which controls the use of incinerators and burning in the open. Contact the by-laws department for more information.

ARBOR Week will be celebrated with tree plantings at the Drysdale Children's Services Centre at 9am on May 11 and the Drysdale Recreation Reserve at 9am on May 14.

THE council received more than 160 replies to its Clifton Springs footpath strategy survey.

Because of the good response, enough information has been provided to formulate a strategy for the orderly progress of footpath construction.

The strategy will be presented to the council in June.

THERE have been many complaints about wandering dogs causing a nuisance.

By-laws officers are patrolling all

areas; any dog found wandering will be impounded and the owner given a penalty notice.

Meanwhile dog registration renewals have been sent to all dog owners.

## COUNCIL CORNER

Anybody found with an unregistered dog faces a \$200 penalty.

Telephone the by-laws department on 530300 if you didn't receive your renewal notice.

A DRAFT outline development plan for the land between Drysdale and Clifton Springs has been adopted by the council for exhibition following its recent rezoning for conventional residential purposes.

The main features are a traffic circulation pattern, three neighbourhood parks, a major open space and a possible retirement village.

The council plan and a developers' proposed plan for the area are on display at the council's Collins Street offices.

Written comments should be sent by April 30 to:

The City Manager, Bellarine Rural City Council. PO Box 500, Drysdale 3000.



Phil Cumming AH: 513047

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### Mothers attack 'myths'

THE Nursing Mothers Association is discouraged to hear of 'myths' which prevent potential mem-

bers joining the organisation.

"Perhaps by discussing some of these myths and dispelling them, more mums might feel free to take advantage of all we have to offer," it says.

The 'myths' are that only breastfeeding mothers or those with breastfeeding problems can come to NMAA group meetings, and that the NMAA advocates all babies be breastfed "for years and years".

In reply, the NMAA says all mothers are welcome at meetings, whether breastfeeding, bottle-feeding, pregnant or past all that. The NMAA is mainly a breastfeeding support group, "but also offers mums a chance to meet and talk with other mums and share their experiences on a range of topics no matter how their babies are fed".

The group also discusses the pleasures and positive aspects of breastfeeding and mothering.

"Mothers who have not experienced problems, or who have overcome problems, can be a great support to mums going through a rough spot." NMAA's policy on weaning is that it be done gradually and with love. The length of time a baby is breastfed is for each mother/baby to decide.

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## Around the home

Recipe of the month 1-step chocolate cake:
Place 125gm softened butter, two-thirds cup of castor sugar, 3 eggs, 2 tablespns cocoa, 1 and a half cups self-raising flour and half cup milk in mixing bowl and beat for several minutes. Place in tin and cook 25 minutes at 190 degrees Celcius.

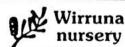
In the garden Care should be taken when siting a vegetable garden.

Make sure it is relatively level, facing the north-west, open if possible to obtain maximum sun, especially in

the morning.

It should be protected from the summer and winter winds, well drained but with adequate water, and free from perennial weeds, large rocks, salt and alkali conditions.

It should be away from overhanging trees and free from extensive root systems of hedges, shrubs etc., and clear of clothes lines and children's sandpits.



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PH. 50 1971

### THE SPORTS REPORT...

DRYSDALE'S representative team in the 13th annual Corio Easter Classic basketball competition - the Flames' under-12 boys - couldn't win any of its four games, despite good individual performances.

Matthew Watkins and Marc Topp headed the scoring lists with impressive ball handling and good play. Between them they scored almost half of the team's goals and assisted

with many others.

James Lindgren, Damian Andrews, Leigh Cusack and James Rickard were the only others to bring up what were multiple scores in generally low-scoring games.

The Flames are now playing in the Geelong Monday night competition to ready them for coming games in Melbourne and around the State.

THE Portarlington Gymnastic Club holds its classes at the Portarlington Football Club rooms, Sproat Street, on Thursdays.

Classes are conducted by qualified instructors on quality equipment.

Each class is designed to cater for a specific age group, from one to 12 vears of age.

For more information or enrollments. telephone 592320.

A WALKING group meets at Drysdale Community Health Centre 9.30am every Tuesday.

is welcome. including Evervone mothers with prams.

Telephone 512291 for more details.

SPLASHDOWN runs exercises for people with arthritis or other disabilities at 10am every Wednesday.

Exercises are performed in warm chest-high water, are enjoyable and are staged by qualified instructors.

The cost of \$3 covers transport, use of the spa and a cuppa at the end of the 45 minute session, but a referral from your doctor is required.

Telephone SpringDale on 531960.

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## **BACK PAGE BITS!**

AN HIV/Aids forum will be held at the Drysdale Uniting Church Hall, Palmerston Street, on June 24.

Such forums are a unique chance to gain knowledge about this virus.

The highly regarded speakers will provide an informative, friendly and moving account of HIV/Aids and its impact on the community, those with the virus and their families. Telephone 512291 for registration.

A CLUB for Clifton Springs flat-bed 24-stitch punch card machine knitters will be starting up after the June long weekend. Telephone Evelyn on 532205 if you're interested; lessons can be arranged if required.

THE Bellarine Nursing Mothers will have a night out at the Drysdale Hotel on Tuesday, May 26, to acknowledge National Mothering Week. Telephone Julie Ann on 513785 to book.

The group's next coffee morning will be at the home of Elizabeth Drever, 25 Pax Road, Curlewis, from 10am on Wednesday, June 10. Telephone Liane on 513131 or Jenny on 512497 with queries or for advice.

THE Drysdale Crusade Centre holds Sunday services in the Drysdale Community Hall, High Street, at 10am and 6.30pm each week. The DJs Youth Group for ages 11-14 meets each Friday evening. Telephone Trevor or Paulette Moore on 513127 for more information.

The Young People's Group meets each Saturday. Everyone is welcome; telephone Debbie Torrance on 561323 for details.

THE Drysdale Children's Services Centre Interim Advisory Committee has elected Stephie Gleeson as chairwoman, Margaret Byrne as deputy chairwoman and Dana (telephone 531318) as secretary/treasurer.

Meetings are held at 7.30pm on the second Wednesday of each month at the pre-school; all community input is valued and parents interested in enrolling children can collect an enrollment form from Bellarine Rural City Council. The committee will provide parent and community input to such areas as staffing, philosophy, community liaison and choice of furniture.

THE next issue of the SpringDale Messenger will be on June 22.

All advertising or contributions must be in by June 8.

Telephone Lucy on 531018 for advertising queries or Brenda on 513338 with stories, or use our box at Elliott's store, High Street, Drysdale.

We remind readers that the views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Community Cottage.

Director
GARRY SPRY



PH: 052-513811

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