

# THE SpringDale

CIRCULATION  
3000



## MESSENGER

P.O. Box 80, Drysdale, 3222



A free newsletter compiled by SpringDale Community Cottage **OCTOBER 1992**

SpringDale Community Cottage is one of four Neighbourhood Houses on the Bellarine Peninsula. Their philosophy is to provide an environment for further education based on mutual support, access equity and self-help which endeavours to empower the individual and to encourage community development and enrichment.

By adhering to this general philosophy it is held that Neighbourhood Houses:

(a) enrich and enhance the life of the individual, and therefore

(b) maximise positive, constructive, and cohesive influences on family life of participants.

(c) act as a preventative agent for social unrest resulting from isolation, boredom, low esteem, and therefore

(d) maximise positive, constructive, and cohesive influences on the general community

(e) provide "minimum-stress" opportunities for people who have been socially, educationally, or circumstantially disadvantaged to realise their individual potential.

To do this Neighbourhood Houses need their own building. Most neighbourhood House Management.

Committees are able to rent - or buy

a house near the main shops.  
As well as providing programmes

## SpringDale spells it out

Community Houses are drop-in places where mums, babies, newcomers to the district, people looking for a cuppa can feel at home.

It's not necessary to join any program - just come in. Say hello, have a break, make a new friend - relax.

To do this a Community needs to have its own HOUSE! SpringDale hasn't. It has been very lucky have the use of the Drysdale Community Health Centre. SpringDale Committee is very grateful for this.

BUT the next step has to be our own House.

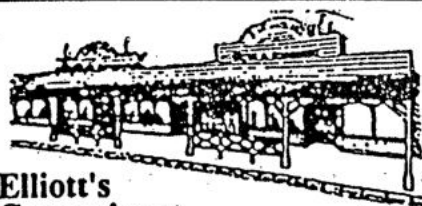
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# Ambulance Station Committee Update

The Chairman of the Bellarine Peninsula Ambulance Station Committee Mr. Bernard Paul, reports that he has received a letter from the Minister of Health, the Honourable Ms. Maureen Lyster. The letter confirms 'New works funding with an allocation of \$300,000 in the 1992-93 year and a total cost over two years of \$600,000 for an ambulance station.' The building is expected to be completed in 1993-94.

Garry Spry, on behalf of the Coalition, has confirmed "that the ambulance station will certainly go ahead."

## Hawks Crash Land

The Bellarine Football League grand final held Sept. 13th. saw Drysdale lose to Portarlington by 31 points.

In a toughly fought game in heavy conditions, the Hawks tried hard to get on top of Port's strong attack and both sides exhibited tenacity and skill.

Unfortunately it was not Drysdale's day as the Demons went on to a convincing and well earned win.

Drysdale is to be commended for having reached the grand final at all four levels. The under 15's, 18's and the reserves all played well, and despite losses on the day, their participation at grand final level is an indication of the strengths and talent in the teams. Congratulations to the Drysdale Football Club players, members and supporters for a great year.

Mrs. Teehan, Shadow Minister for Health, has stated "that it will commence within the first two years of a Coalition Government." Mr. Paul feels that whilst the Coalition promise is very pleasing, he would have been happier if it had matched the detailed commitment given by the Labor Government.

Nevertheless the Committee is appreciative of the results so far and is concerned to see that an interim arrangement is implemented immediately to avoid any future unnecessary loss of life.

Community art is alive and well in Drysdale/Clifton Springs. Many local organizations and individuals have come together to develop a wall-hanging that aims to celebrate our community.

## Celebrating Community

The project will take the form of a large patchwork consisting of up to 12 separate panels, with each panel depicting aspects of our land, building, history and people. Clifton Springs Primary School will make a dramatic border. Completion is set for March 1993. The project is a fine example of the community working to create something for all to enjoy.

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# COUNCIL CORNER

Bellarine Rural City Council's two man 'mossie-busting' team has once again swung into action and launched a six month assault on the breeding grounds in an effort to make the warmer weather more comfortable for residents and visitors.

With the help of an eight wheel all-terrain amphibious vehicle, the team is able to access some of the most remote areas of the peninsula and kill the young mosquitoes with a non-toxic larvacide before they can become airborne.

Many mosquitoes also breed in your own backyards and vacant blocks. Do an inspection to rid your neighbourhood of vessels holding stagnant water.

No matter how vigilant the Bellarine Rural City Council is in eradicating the area of mosquitoes, it cannot control mossies that breed in other areas and then fly in to make life unpleasant for us.

\*\*\*\*\*

The Council's efforts to gain a voice on the Environmental Effects Study Consultative Committee for the proposed relocation of the Coode Island chemical facility has been successful.

The Minister for Planning and Housing has agreed to allow the Council to take a place on the panel, which will enable it to have vital input to the process without the need for grandstanding and commitment

of large amounts of rate payer funds. It is not a case of 'He who speaks loudest', but requires careful consideration and being heard where it matters most.

\*\*\*\*\*

Bellarine's Spring Garden Festival is to be held between 10 am and 4 pm on Sunday, October 18.

Three beautiful, unique gardens will be open for your enjoyment on the day and will include musical entertainment by Morongo Girls College.

The admission fee of \$6.00 will enable you to visit all three gardens: 'Kinross' in Tuckfield Street, Ocean Grove, Newington House, in Harding's Road, Wallington and 'Hermesley', in Avila Road, Curlewis.

\*\*\*\*\*

VicRoads parking control regulations now allow the use of a new system of parking signs aimed at improving visibility and recognition to enable Victoria to come in line with the Australian standards for parking areas.

New signs will be erected in Clifton Springs/Drysdale on an 'as required basis' over the next twelve months.

\*\*\*\*\*

An open day at the Springs Community Centre on Sat Oct 10 from 1-4:00 p.m. will feature free afternoon tea, music, entertainment and displays. The day will promote the Council's commercial centres. Contact Daniela on 512501.

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# SPRINGDALE TERM 4 CLASSES

**FLORAL ART** - Innovative approaches to floral art with the festive season in mind, this course will include the craftsmanship of gifts and Christmas decorations. Materials are available to decorate boxes, bows wreathes, baskets, and table centerpieces.

10-12 pm Thurs. Oct. 29 x 4 & Mon. Nov 9 x 4 \$18.00.

## **BREAKING POINT - A STRESS MANAGEMENT COURSE.**

Designed to help people with managing general anxiety and stress before reaching breaking point, this course will include problem solving, time management, assertiveness, changing negative into positive feelings.

7.30-9.30 pm Thurs. Oct. 22 x 6 - \$33.00.

**CALLIGRAPHY** - An introduction course to the beautiful art of fine penmanship, aspects of lettering, design and text will be explored in this very popular class.

1-3 pm Wed. Oct. 21 x 6 - \$57.00.

**RELAXATION AND WELLBEING** - Learn to relax and cope better with stress through meditation and visualisation. An introduction to a number of simple techniques to help you relax and gain control of your life. For beginners in the gentle art of relaxation.

1.30-2.30 pm Thurs. Oct. 29 x 6 weeks.

**JOURNAL WRITING** - A journal can be a journey and a joy. Explore your potential, deal with stress and anger and have fun with this technique.

10.30-12.00 Thurs. Nov. 5 x 4 \$38.00.

**SMOCKING** - An introduction to smocking, beginning with sampler and concluding with a beautiful hand crafted smocked garment.

Sat 1-4.30 Oct. 31 x 2 - \$26.00.

**A TASTE OF MORE** - Explore self knowledge and growth using a number of techniques incl. writing, symbols, feeling meditation. Each of us already possesses the beginnings of self image, focus on your strengths become aware of the feminine and masculine within and develop our talents.

A three hour session for women. 12-3.00 pm Wed. Nov 18 x 1 \$20.00.

**Enrolments are being taken for term 4. To avoid disappointment please book early as places are limited and fill quickly. Course enquiries ph: 53190 Mon-Thurs 9-5 and Fri 9.30-1.30 p.m.. Post cheques to P.O. Box 80, Drysdale, 3222, or come to our office at the Drysdale Community Health Centre, 15 Princess Street, Drysdale.**

## **J.R. & M.E. LITTLE**

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# SPRINGDALE TERM 4 CLASSES

**LOOK GOOD - FEEL GOOD!** - Revitalize yourself for summer! In this session we will look at wardrobe composition (what suits me, my lifestyle, my budget?), personal presentation for the right occasion (make up, grooming etc) and the principles of deportment, and more. 1-3 pm Wed. Dec. 2 x 1 - \$12.00.

**MUSIC APPRECIATION** - An enjoyable journey that introduces the listener to the appreciation of music in its many expressions, from Opera, Jazz, through to popular styles. The course will also explore the role music plays in our lives, in film and more. 10-12 Noon Fri. Oct. 30 x 5 - \$40.00.

**CARDIO PULMONARY RESUSCITATION** - The simple yet essential skill to preserve life in an emergency is a skill no parent, partner, or workmate can do without. The C.P.R. component focuses on successful resuscitation of the non-breathing/unconscious patient in many situations, including choking, asthma, cardiac arrest and drowning conditions. First Aid Certificate holders can update their C.P.R. component. Certificate optional. 1-3 pm Sat. Nov. 7 x 1 - \$25.00.

**CARDMAKING** - Hand made cards make a special, individual gift. Using your own designs, you can decorate note or wrapping paper, make Christmas cards, or small pictures for framing. Using lino printing technique among others, this class will be creative and fun. 1-3.30 pm Thurs. Nov. 12 x 2 weeks - \$21.00.

**LIBERTY PRINT COLLARS** - Brighten up your windcheaters by adding attractive collars and tab fronts. This is an introductory course which teaches all you need to know to make your own stunning garment. 7.30-9.30 pm Mon Nov 16 x 2 \$20

**GRUBB ROSES** - Learn how to embroider delightful Grubb roses to decorate linen, baby ware, windcheaters or summer shirts. Adds a special touch to gifts. 7-9 pm Mon. Nov. 9 x 1 - \$12.00.

**HAIR BRAIDING** - A demonstration and practical session covering different styles of hair braiding, twists and rolls. A handy skill to make your child's, friends, or own hair look great for a special occasion. 9.30 - 11am Thurs. Dec. 3 x 1 \$10.00.

**COMPUTERS FOR BEGINNERS** - An introduction to the Apple Computer - this hands on course includes programming, logo, desk top publishing, word processing, and problem solving. A must for parents, those wanting to update their skills, or for general interest. 7-9 pm Mon. Oct 19 x 4 - \$25.00.

**DRAWING** - An introduction to the art of drawing covering aspects of line, composition, tone, and design. A variety of mediums will be used including pencil, charcoal, pastels. Drawing can be inspiring and relaxing. 1-3 pm Fri Oct 23 x 5 \$46.



Phil Cumming  
AH: 513047

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# PEOPLE PLACE....

The first of a series of profiles on the people and places that make up our community. Suggestions regarding subjects for future profiles for this column are invited.

*Meron Lovegrove - Coordinator of SpringDale Community Cottage.*

"The job of co-ordinator of a neighbourhood house is a fabulous one,"

says Meron Lovegrove, who has been in the new position since the beginning of the year. "I enjoy the opportunity I have to work alongside some very talented people, and to help shape and define our community. It's very interesting and personally satisfying to gain an appreciation of the dynamics of a community, of the individuals and groups that come together to form the fabric."

Meron moved down to the area with her husband and one year old daughter, Amelia, a few years ago. She has enjoyed the change of life-style - a far cry from the hills of Eltham and the cafes of Carlton.

Meron has worked in childrens services with abused children, is a trained English as a Second Language teacher, and has been a telephone counsellor at Lifeline.

These positions, she feels, have provided valuable experience in working with people from diverse backgrounds.

Through these, Meron has developed a deep respect for human endeavour and for personal achievement, often in extraordinarily difficult circumstances. Her experience and



**MERON and baby Amelia.**

"feelings for people" are invaluable assets in her role as co-ordinator of the SpringDale Community Cottage.

"Co-ordinating for 10 hours a week means everything seems a little rushed at times, but it's always exciting, and our future looks bright if we continue to enjoy community support and attract local and state funding. I still have plenty of time to be with my daughter which is a joy that knows no bounds."



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# THE LIBRARY REPORT....

Spring is the best time of the year to be out in your garden. For great advice and inspiration on what to plant and how best to maintain your garden come to the library. There is an excellent range of books on all aspects of gardening. "Practical Gardening & Landscaping with Australian Native Plants" is a great book to begin with. Bird lovers should try "A Garden of Birds - Attracting Birds to Australian Gardens". We also have books on herbs, container gardening, flower gardens, borders and fruit and vegetables. If you're having problems "The Garden Doctor - a guide to pests and diseases, symptoms and diseases" or "Weed Control for the Home Gardeners" might be just the book for you. Finally we have a new video in which will tell you "how why and what to compost" titled "Compost - a Down to Earth Approach". Please ask me if you're looking for these or any other books on gardening. I'd love to help you.

For all borrowers who have trouble remembering what books they have read, the library has introduced "Borrowers" secret codes. These slips are in the front of all new hardback adult fiction, large print and hear-a-books. To help you keep track of titles as you read them, you can now add your name or code to the slip in the front of the books. Anyone who has not yet visited the Drysdale Library should do so. As well as a selection of books, you will also find

cassettes, records, videos and magazines. Just bring along some identification with your name and current address and you can join up. It's free! The opening hours are 1-5 Monday and Tuesday, 2-6 Thursday and Friday and 9.30 - 12 Saturday.

**BARBARA RILEY**  
Drysdale branch librarian

## IN BRIEF...

**GEELONG RUDOLPH STEINER EDUCATION GROUP** - aims to promote the educational, physical, spiritual and emotional development of the child. The group meets for regular play groups, study sessions, festivals, toy making. Ring Joan or Denis on 293020 for more information.

\*\*\*\*\*

**MUSIC THERAPY** - for people with intellectual or physical disabilities. Music heals and inspires! A series of musical workshops is to be piloted that will include movement, expression, listening and music appreciation. A personalized programme will be designed and will take place in a group setting. Ph: 531960 or 223911 for more information.

\*\*\*\*\*

**ED. NOTE:** Due to space restrictions we have had to hold over the essays from Drysdale Primary School pupils on the Coode Island chemical move to Point Wilson. We hope to present these views in the next issue.



*The  
Possums  
Nest*

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Marlene and Sharon Lewin

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See pages  
4 & 5

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# BACK PAGE BITS!

Plans are well in hand for the Annual Garden Show to be held in the Uniting Church Hall, Drysdale on 7th November. Show programs will be available shortly in local businesses. Non members are eligible, why not join in the fun? Club meetings are held on the second Monday of the month at 7:30 p.m. at the Senior Citizens Hall Drysdale. New members welcome.

\*\*\*\*\*

The Bellarine Historical Society meets on the second Wednesday of each month, 8:00 p.m. at the Court House, Drysdale. New members welcome. The Court House will be open on Saturday October 31st.

\*\*\*\*\*

Drysdale Country Womens' Assoc. are holding a fashion parade on 27th October, featuring Dash of Denim clothing. Tickets are \$5.00 and include a basket lunch. Proceeds are toward the North Bellarine Hostel for the Aged. For tickets phone Betty Carlson, 572125 or from C.W.A. members. Place: Clifton Springs Community Centre. Time: 12:00 p.m.

\*\*\*\*\*

The Salvation Army Drysdale Op. Shop will hold a fashion parade on October 20th. at the Senior Citizens' Centre. Admission \$3.50 includes Devonshire Tea. Fashions and other goods available. Ring Lorraine or Celia on 512475.

S.I.D.S. Little Aussie of the Year 1992 Baby Show to be held at Drysdale Uniting Church Hall on Wed October 7th. at 12:00 p.m. includes photo section. Bring along your favourite snap. ph: Lyn Hart 03) 3001248.

\*\*\*\*\*

Hodges Hall, Solicitors, Geelong is open each Tuesday evening between 5:00-7:00 p.m. to offer free legal advice in divorce and other family law problems. Advice will include guardianship, custody and access, property settlement, restraining orders, divorce. Each free appointment will be 15 mins. Ph: Linton Drever 222544.

\*\*\*\*\*

Drysdale Bowling Club welcomes new bowlers and to those who would just like to give bowls a try. A special day has been set aside on Sun. October 4. Ph: Tom Roberts on 51 2587.

\*\*\*\*\*

THE *Messenger* is supported by Bellarine Rural City Council in the interests of better communication.

The next issue will be on November 9; all advertising or contributions must be in by October 26th.

Telephone SpringDale on 531960, with advertising queries or stories, or use our box at Elliott's store, High Street, Drysdale.

We remind readers that the views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Community Cottage.

Director

GARRY SPRY

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