

THE SpringDale MESSENGER

CIRCULATION 3000



P. O. Box 80, Drysdale, 3222

A free newsletter compiled by SpringDale Community Cottage

January 1993

Minister to open Expo

The 1993 SPORTS & LEISURE EXPO to be held on Feb. 6 & 7 will be officially opened by the Hon. Phillip Gude, Minister for Industry and Employment and Deputy Leader of the Liberal Party.

The 1993 Expo will have some 90 standholders, showing and demonstrating various sports & leisure activities.

The theme is "GIVE IT A GO", which means just that! This is your opportunity to try out a new sport or leisure activity or try out new equipment for

your present activity and talk to the experts.

FISHING CLINIC:

A highlight of this year's EXPO will be the fishing clinic. Sessions led by Rob Mills of AUS-TAC will be held on the Saturday & Sunday afternoons in a large marquee in the Dell.

Rob will introduce speakers on rods, reels, lures, new products, fishing information, tackle techniques and species, electronic gear - sounders, radio, beacons, satellite navigation, and the correct way to fish from a boat in safety.

Non-stop entertainment will occur in the presentation ring, and will include: Arabian Horses, Obedience Dogs, Karate, Boomerang

Throwing, Rugby Union, Netball, Badminton, Touch Football, Whip Cracking, Farm Bike Trials, Kite Flying, Pony & Riding Clubs, Radio Controlled Model Planes, Calisthenics and Marching Girls.

Various Rock, Jazz, Pipe and Brass Bands will also play for your entertainment, with a full range of catering available, from The Springs Licenced Bistro to all types of takeaways, to ensure a complete fun and educational day for all the family.

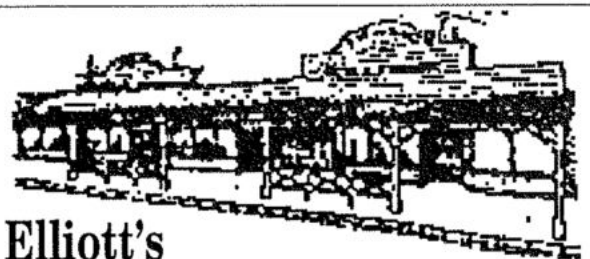
The EXPO will run from 10.00 a.m. to 6.00 p.m. each day, with admission prices of Adults \$5; Children & Penioners \$3; and Family Tickets \$12.

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**\$245,000 RAISED IN 3 MONTHS, FOR THE
NORTH BELLARINE HOSTEL FOR THE AGED INC**

The Capital Appeal to raise funds for the establishment of a Hostel to provide quality care for the aged in the Northern side of the Bellarine Peninsula has raised \$245,000 in the past three months.

The Appeal is being conducted by the North Bellarine Hostel for the Aged Inc Committee, who are planning to build a thirty-bed Hostel at Portarlington.

The project will cost an estimated \$1,700,000, and we are required to raise \$820,000 in order to complete the project, the balance of the cost being met by a Commonwealth Government Grant.

The first stage of our appeal was based on personal contact, and personal example, and a team of volunteers has been calling on local residents and inviting them to consider making a thoughtfully considered contribu-

tion to this worthy cause over the next three years.

Further stages of the appeal will involve fundraising functions and activities, approaches to philanthropic trusts and corporations.

FOR THE HOSTEL TO BECOME A REALITY, THE COMMITTEE WILL NEED THE SUPPORT OF THE LOCAL COMMUNITY.

THE HOSTEL WILL BE THERE FOR EVERYONE IN THE DISTRICT.

WE ASK ALL COMMUNITY-MINDED RESIDENTS TO ASSIST WITH THIS APPEAL.

THE HOSTEL WILL BE A PROJECT THAT THE WHOLE COMMUNITY WILL BE PROUD OF FOR GENERATIONS TO COME.


Further information is available from the Appeal Chairperson, Jean Cull, (telephone 59 2486) or the Committee Secretary, Ann Nichol (telephone 59 2763).

Correspondence should be addressed to PO Box 20, Portarlington 3223.

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Ph: 59 2537



Admission: Adult \$5
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Family \$12
Presented by the Rotary Club of Drysdale

GIVE IT A GO
SPORTS & LEISURE EXPO

FEB 6-7
10am-6pm daily
The Springs, CLIFTON SPRINGS



ROT22305PACE



"GOOD NEWS" STORY
Of the month from the
DRYSDALE LIBRARY

The end of January sees the Library celebrating its first birthday.

I'd like to say a big thank you to all the people of Drysdale for helping make the Library such a huge success.

The past year has certainly been a very busy one for me, and it has been

great to see how much the Library has been used and is appreciated.

Increased borrowings-

There has been a steady increase in not only borrowers, but also our book-stock and in our other collections, such as videos and audio visual material. Have a browse at these next time you come in!

Congratulations to all the participants in the Summer Reading Programme.

How pleasing it is to see so many enthusiastic young readers who, I hope,

will keep up such good reading habits.

Competition winners-

Have a look to see who the Drysdale Library's winner is, next time you're in. It will be on our notice board.

For those in the competition who couldn't attend the awards afternoon, please come in to the Drysdale Library to collect your Certificate.

I look forward to the coming year at Drysdale, and hope it will be as rewarding as the past one.

Barbara Riley (51 3855)

COMMUNITY HEALTH CENTRE
PHYSIOTHERAPIST

The Drysdale Community Health Centre now offers the additional service of a physiotherapist.

Limited treatment facilities are available at present. However, the physiotherapist is available between 1.30 p.m. and 3.30 p.m. every Tuesday to offer advice on such prob-

lems as back pain, neck pain, and help with exercise.

Many aches and pains treated early with correct exercises can be self-managed.

This service is available to all people within the Drysdale/Clifton Springs area at minimal cost.

NICK
RAICEVIC
SOLICITOR

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TRADER OF THE MONTH

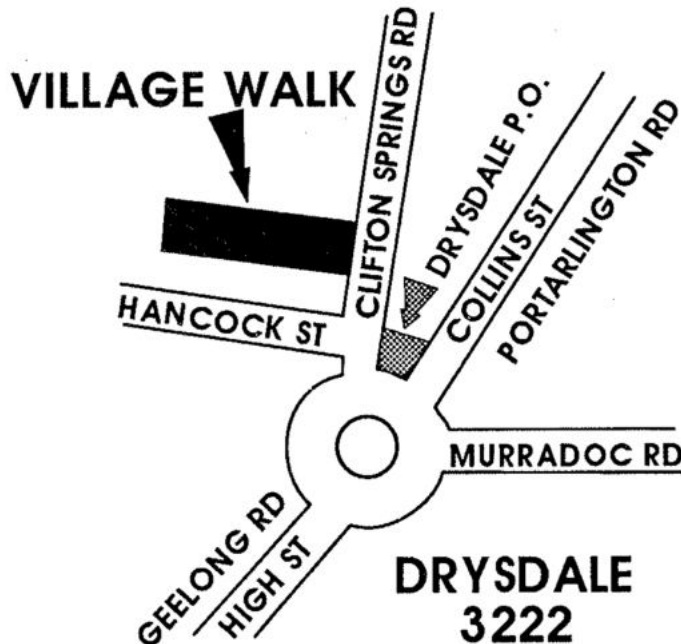
The Village Walk :

THE BEST OF BOTH WORLDS

You get it in the Village Walk Shopping Centre - the best of both worlds. Good old-fashioned personal care and attention, and the most up-to-date services and goods.

Mary Ellis, from Knit'n'Sew, told us: "I moved here for space, daylight, and parking".

It's the same for the customers. Plenty of space to browse and inspect. Easy non-stress parking. Lots of wide windows to add to the overall sense of warmth and welcome which characterises all the Village Walk shops. And the Library, which is there too.



One customer browsed and enjoyed the free advice for over two hours! Some customers phone from as far away as Darwin, another is from South Africa; the things they are looking for are unique to The Walk.

Dean, from Drysdale Horse & Pet Centre, has been in The Walk for 16 months. He can cater for

the needs of "all known animals".

Boogaloos has been there two months. As well as their range of clothes, there's hand-made Aussie jewellery you won't get anywhere else on the West Coast.

Marlene and Sharon of the Possum's Nest, stock craft supplies- blank china for painting, raffia,

**DRYSDALE
3222**

Elegant Profile

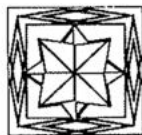
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**Peter Morris
Photographics**

Shop 6, Village Walk
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Glorex Swiss dolls, folk art, decoupage, and more. They run regular folk art classes, and give special help to children with craft choices or gift selections. They've also run very popular children's classes during the holidays.

Peter Morris Photographics has been there 4 years. It, too, is owner-operated. Peter, who has over 20 years experience in the photographic industry, provides technical knowledge, personalised service, and a photo restoration and copying service of old black and white photos.

Elegant Profile uses toning machines which will help you lose inches! It's also great for people with arthritis or sports injury - of all ages. From February, special packages and bridal make-up will also be available.

Gav's Hair Complex has been established for four years and provides ample car parking at the front.

The salon is divided into two separate areas - reception and the men's cutting

and styling area, then the ladies and children's section. This affords privacy to the client without generating a "cut off" to the rest of the salon.

Other features of the salon include a separate children's cutting section complete with toys to keep young ones amused whilst having their hair cut. A waxing room, staffroom, laundry in salon toilet, perming and color area plus the spacious ladies' cutting and styling area complete the salon layout.

Drysdale's Village Walk is relaxed, up-to-date, personal. It's Ours! We don't have to travel

miles for friendly efficient service. It's here - it's our 'Trader of the Month', and we're glad we got to know it.

Just For Kids!

THINKING OF AN ACTIVITY FOR YOUR CHILD?

Here's just what you've been looking for.

THE PORTARLINGTON GYMNASIIC CLUB INC

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ENROLMENTS ARE NOW BEING TAKEN FOR THE 1993 SEASON.

Classes are filling fast.
ACT QUICKLY.

For enrolments or information ring Lyn on
59 2320

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SpringDale Classes

FIRST AID LEVEL 1 - IN THE WORK-PLACE (CHILDCARE FOCUS)

An accredited course that covers basic first aid for the workplace and at home. Includes an emphasis on childhood injuries, bites and stings, fractures, symptoms and treatment of infectious diseases, resuscitation.

FRIDAY MARCH 26th 9.30am - 1.30pm. 2 weeks. Cost \$60.00

TERRA COTTA GARDEN POTTERY

Enhance your garden this summer with a choice of your own handbuilt terra cotta pot, planter, sundial or figurine. Go home with an individual creation and full of inspiration! Materials provided.

SATURDAY FEBRUARY 27th 1.00 - 3.00pm. 1 Session. \$12.00

LIBERTY PRINT COLLARS

Brighten up your windcheaters by adding attractive collars and tab fronts. This is an introductory course which teaches all you need to know to make your own stunning garment.

TUESDAY MARCH 23rd 7.30 - 9.30pm. 2 weeks. Cost \$20.00

SILK RIBBON EMBROIDERY

Embroidered silk rosettes and designs give glamour to dresses and knitwear. Great for baby heirlooms too.

TUESDAY APRIL 6th 7.00 - 9.00pm. 1 Session. Cost \$10.00

DRAWING AND GOUACHE

Tap your potential by learning the essentials of drawing. The course will cover aspects of line, composition, perspective and include the application of gouache washes to give texture and colour.

FRIDAY FEBRUARY 26th 1.00 - 3.00pm. 6 weeks. Cost \$50.00

PLANNING FOR JOB SUCCESS

Thinking about returning to the workforce? This course will help you to identify your skills and career options. Develop strategies to build confidence and increase your chances of landing that job.

WEDNESDAY MARCH 3rd 9.30 - 11.30am. 6 weeks. Cost \$5.00

JOINTED TEDDY BEARS

Teddy bear making can be a truly rewarding activity when made with that special someone in mind. You will learn how to make a simple fabric bear, approx. 10" high and how to give it character.

MONDAY MARCH 29th 1.00 - 3.00pm. 2 weeks. Cost \$17.00

TRACING YOUR FAMILY TREE

Get started! Learn how to map your lineage and to research church, shipping, probate records, etc. A fascinating and informative workshop with opportunities to begin tracing your family in the sessions. Handouts provided.

SATURDAY MARCH 20th 1.00 - 4.00pm. 2 weeks. Cost \$20.00

WRITING LIFE STORIES - PERSONAL MEMORIES

We all have a story to tell. Learn writing techniques which will develop your ability to record effectively those personal experiences. Learn how to start, what to put in, to leave out, and how to make it interesting.

THURSDAY MARCH 4th 9.30 - 11.30am. 5 weeks. Cost \$36.00

FLORAL ART

Innovative approaches to floral art using a range of techniques and stunning new materials. Course covers wreaths, basket arrangements, small gifts, raffia heart and swags and more.

TUESDAY MARCH 2nd 9.30 - 11.30am. 6 weeks. Cost \$20.00

DRESSMAKING - IT'S EASY ONCE YOU KNOW HOW!

Learn the principles of garment construction, from how to select and use a pattern and materials, to sewing and the finishing touches. Whip up kids' clothes or your own outfits overnight!

THURSDAY MARCH 4th 9.30 - 11.30am. 6 weeks. Cost \$46.00

VICTORIAN SEWING BOXES

Make a decorative sewing box, as used by Victorian ladies in days gone by. The floral exterior unfolds to reveal a padded mount to hold pins, needles, tape measure etc. Edged in ribbon, these boxes make a useful and beautiful gift.

MONDAY MARCH 15th 12.30 - 3.30pm. 2 weeks. Cost \$24.00

NATURAL CLEANING AND HOME PRODUCTS

Learn how to make effective, environmentally friendly cleaning products that are cheap and safe. A demonstration class, includes recipes for house and garden.

MONDAY MARCH 29th 9.30 - 11.30am. 1 Session. Cost \$10.00

POSITIVE LIVING - A STRESS MANAGEMENT COURSE

A stimulating and practical course that aims to promote health, well-being, and to reduce stress. Learn how to identify stressful patterns, to set goals, think positively, and to improve self esteem and performance in all areas.

TUESDAY FEBRUARY 23rd 9.30 - 11.30am. 7 weeks. Cost \$5.00

SpringDale Community Cottage
15 Princess St., Drysdale, 3222
Phone (052) 53 1960

DRYSDALE COMMUNITY HEALTH CENTRE

The Drysdale Community Health Centre situated at 15 Princess Street, Drysdale is open 8.30am - 5.00pm Monday to Friday.

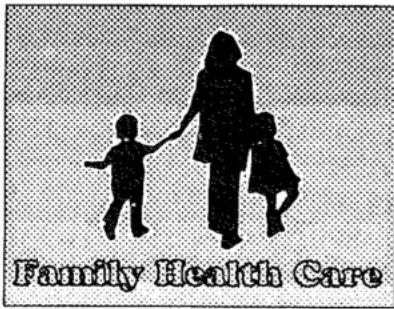
The Centre offers the following services :

- * Clinic Nursing
- * Condom Vending Maching (24-hour access - \$1 coin only)
- * District Nursing
- * Family Counselling
- * Health Education
- * Maternal & Child Health Nurse
- * Needle & Syringe Exchange Program
- * Physiotherapy
- * Welfare Nursing

The following groups / classes are also available :

- * Hospice Volunteer Group
- * Pre-Natal Classes
- * Asthma Awareness Self Help Group
- * Various Self Help Groups
- * Better Hearing
- * Ladies Auxiliary
- * Overeaters Anonymous
- * Drysdale A.A.

For further information regarding any of these services, or if you would like to know what programs are currently being conducted, please contact the Centre Staff on 51 2291.



The sun emits a wide spectrum of wavelengths of electromagnetic radiation. The range of waves that reaches earth and are of concern to people are the ultraviolet (UV) waves, visible waves and infrared waves.

There are three groups within the UV waves. The UV-C waves don't reach the earth. However, arc welders, some sun lamps, and UV sterilisers do emit some of these waves.

The UV-B range of radiation is responsible for causing sunburn and stimulating the formation of a suntan. Much of the damage, for example, skin cancer which is caused by excessive exposure to sunlight is due to UV-B radiation.

PROTECTION AGAINST SOLAR RADIATION

Robyn E Humphrey, B.Pharm.

The UV-A radiation waves are longer and are responsible for the initial darkening of the skin - a tan which appears during or shortly after exposure to the sun. This tan only lasts for a short time. The damaging effects of UV-A radiation are signs of skin aging.

The sun protection factor (SPF) is the ratio of the duration of sun exposure required to achieve a certain level of sun-induced "redness" when a person uses a certain sunscreen as compared to when they use none at all. (This is your minimum erythema dose or M.E.D.) The sun screen with SPF 15 will extend your MED to 10 x 15 minutes. That is, it should take 150 minutes to become "pink". This assumes that the sunscreen is not washed off or removed in this time.

The danger is that many sunscreen creams contain UV-B filters but not UV-A deflectants. The

result is that by staying in the sun for a longer time, your skin absorbs more UV-A radiation than if you were driven into the shade earlier without a sunscreen.

It is wise therefore to choose a sunscreen preparation which contains not only UV-B sun filters but also UV-A deflectants such as zinc oxide or titanium.

There are many different sun filter substances so if you should be allergic to one substance there will be another product available which contains different sun filters.

It is a good idea to use a simple moisturiser after your skin has been exposed to sunshine. Inexpensive ones such as sorbolene cream with glycerin or vitamin E cream are readily available.

Cold sores on the lips often develop after the lips have been exposed to too much sun. Sunscreen lip preparation is a must for

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51 3811

these people. It can be carried in the pocket or purse and used when needed.

As with skin, absorbed UV-B causes damage to the eye, particularly to the lens. We can protect our eyes by wearing wide-brimmed hat and close fitting sunglasses with plastic UV-B absorbing lenses.

Children must be well protected from sun damage and babies should not be in the sun at all. We receive enough UV radiation in our everyday activities. Sun bathing even in moderation is not wise.

Robyn E. Humphrey

Best
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PEOPLE/PLACE

DRYSDALE : THE HISTORICAL HEART OF THE PEN- INSULA

Drysdale was named after Anne Drysdale, a pioneer who settled in the area. She was born on 26 August 1792, daughter of William Drysdale, Town Clerk of Kirkcaldy, Scotland. She sailed in October 1839 to settle at Port Phillip. She had owned a small farming property in Scotland, was well-educated, and fond of music and animals. Anne was a deeply religious Presbyterian, with a determined desire to acquire pastoral lands and flocks of sheep in the new country.

Dr Alexander Thomson heard of Anne's anxiety to secure a station, and offered her one of his, near 'Kardinia', established 1836.

She enjoyed a temporary home with Dr Thomson, who helped her to secure a licensed inn between the Barwon River and Corio Bay. The prop-

erty was called Boronggoop.

Miss Caroline Newcomb left Melbourne for Geelong in March 1837 and found a home as governess with Dr and Mrs Thomson. It was there she met with Anne Drysdale. In 1841 they formed a partnership at Boronggoop, then extended to Leep Leep (near Lake Connemara) and again later spread to what was to be called Coriyule.

Caroline was a devout Methodist, and Anne's diary referred to Caroline as 'the best and most clever person I have ever met'.

Until at least the early 1920's the Coriyule Estate was thickly covered with gnarled old gums and was a sanctuary for wild life. A stand of old gums similar to those which covered Coriyule may still be seen on a property to the right of the line when approaching the former Curlewis railway siding from Geelong.

Coriyule homestead was constructed for the two ladies overlooking Corio Bay, with the You Yangs as a back drop. The new homestead required many staff and with the discovery of gold in Victoria in 1851, labour was difficult to obtain.

On 8 May 1853 at the age of 61, Anne Drysdale, rather worn out from years of toil and property worries, became ill and died. Anne was buried in a vault under two trees near the Coriyule homestead. Anne

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OPEN 6.00am - 10.00pm

in her will left everything to Caroline and she continued to live at Coriyule for some years after Anne's death, and took an active interest in local affairs, particularly church and benevolent matters.

Caroline married the Rev. James Dodgson in 1861. In 1874 she became ill and died at the age of 62. Coriyule estate was

left to her husband and, on his retirement, Rev. Dodgson resided there for a short time before making his home in La Trobe Terrace, Newtown in a splendid house he also named Coriyule.

This information was taken from a book by John Richardson titled 'The Lady Squatters'. It contains a wealth of informa-

tion on the early history of the Peninsula, and is available in paperback from the Bellarine Historical Society. This local group opens the Drysdale Courthouse Museum to visitors. Until Easter opening hours are Saturday 10 a.m. to 1 p.m., and Sundays 1 p.m. to 4 p.m.

Brenda Pratt.



Summer looks like it may have finally arrived. With it comes the perennial problem of the garden drying out, stressing and/or killing plants. In these days of water conservation and user-pays water rates, the garden could easily be left to suffer in the heat. This doesn't need to be the case in your garden if you are prepared to do a little bit of

In Your Garden

work to make the water go further.

Mulching the garden provides results to those gardeners keen to see their gardens look good through the hot summer months. Mulch not only keeps the moisture in the ground, but it also suppresses weed growth.

A thoroughly mulched garden has a good insulation from the drying effects of sun and wind, thus reducing the amount of watering required. Leaf mulch and pea straw are the most popular mulches, both having advantages and disadvantages.

Pea straw needs to be 150mm thick when laid, it flattens to about half that after a couple of waterings. It will provide an excellent moisture and weed barrier for up to a couple of months before it decomposes into the soil. As it breaks down lots of nutrients are added back into the soil. A quick top up every now and



again will restore its effectiveness. Pea straw does, however, grow Dung Peas, which should be uprooted and left to rot.

Leaf mulch needs to be 100-120mm thick, unless newspaper is laid down first. It will take 8 to 12 months to lose effectiveness for moisture retention. Leaf mulch is a delight for birds, who love to scratch for worms in the moist soil. It will occasionally provide a tree seedling or two.

Whatever mulch you use throughout your garden, place it to within 40mm of your plants and not right up to the trunks. This will avoid collar rot and fungal diseases attacking plants.

Sit back and enjoy the summer with more time to do the things you want to do.

N MUHLHAN
Alinga Nursery

Willow Downs

*Hobby
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Fri.- Sat. 9.00 - 12.00 noon.

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Bellarine
Rural City Council

At a meeting held on October 21 1992, Council resolved to rename a section of Barrands Lane which has apparently had the name Benong Road for many years.

The name "Benong" was noticed during a recent application to subdivide a large property on the east side of Barrands Lane. The name "Benong" was included on a 1959 plan of subdivision.

In accordance with the requirements of the Local Government Act 1958, the proposed name change was advertised in a local newspaper and notice was given to the owners and occupiers of all premises abutting the road specifying the proposed resolution, stating that objections would be considered in accordance with Section 223 of the Local Government Act 1989.

There were no objections to the proposal.

In July 1991 the State Government made a number of changes to the Road Safety (Traffic) Regulations regarding parking controls.

The new style parking signs are now being erected and will eventually replace the old signs over the next few years.

In addition to the different style of signs, a number of new parking "zones" have been introduced. The most common of these are "BUS", "LOADING", and "TAXI" zones.

BUS ZONES may only be used by buses.

TAXI ZONES may only be used by taxi-cabs.

LOADING ZONES may only be used by COMMERCIALY REGISTERED vehicles which are actually engaged in picking up or setting down of goods.



The Drysdale Guiding District currently consists of a Gumnut Guide Unit (6 - 7 year olds), 3 Brownie Guide Units (7 - 10 year olds), and 1 Guide Unit (10 - 14 year olds), totalling 90 girls and 14 leaders, and our parents and friends Support Group.

The District actively participates in community service in many ways. They annually raise money for the Koala Hospital at Jirrahlinga, contribute tins and packets of food at Christmas for distribution by the local

churches, go Christmas carol singing on Christmas Eve to local housebound residents, participate in a region program, where the Guides annually assist disabled people to shop for Christmas .

Each Brownie in the district has a special person at the Drysdale Retirement Village whom they make presents for, visit regularly during the year as unit visits or on an individual basis. The district also includes the residents at our Christmas Carol Singing and end of year Break-Up Party.

Our hard working Support Group actively supports the girls and leaders, and raises money for our

district to operate. They sell those delicious chocolate Guide Biscuits, run the popular Brownie Discos, have sausage sizzle stalls at local events, and run raffles.



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Garden furniture
Terracotta pottery & statues
Fountains pumps & sundials

660 Wallington Rd
Wallington Vic. 3221
Ph. 50 1971

BELLARINE SHOW

The 4th Annual Bellarine Agricultural Show is to be held at the Lake Lorne Reserve, Drysdale on Sunday, 7 March 1993.

Among the attractions at the Show will be terrier racing, fly fishing, animal nursery, horticulture - talks, demonstrations and sales by the Geelong Botanic gardens, heritage roses old-fashioned plants, and rare and unusual plants.

If you have a gardening problem, come and discuss it with the experts. There will be a Teddy Bears picnic

with the St George Dragon, alpaca display, trade stands, show bags, and rides. Horses, cattle, sheep, goats, pigeons, poultry and rabbits will be judged from 9 a.m. Also handcrafts, including cookery, sewing, patchwork, ceramics and china painting will be judged.

A home-produced market will be run in conjunction with the Show and will be a special feature. Refreshments, including a barbecue, bar, hot potato, etc will be available.

Gates open at 8.30 a.m. and the Show will run until approximately 4 p.m. The Bellarine Steam Railway

will run special trains from Queenscliff to the Show gates throughout the day.

This is the first time the Show has been held at this time - it is usually in September but, due to weather conditions, it has now been transferred to the long weekend in March each year.

If you wish to enter any of the classes at the Show, please ring the Secretary on 53 2094 for a schedule. Entries close on February 17th 1993. Schedules are also available from Elliotts, Knit'n'Sew Drysdale, Drysdale Library and the National Bank.

SpringDale Diary

The Annual General Meeting will be held in the evening of March 18th. All members please take note.

Bingo! Come and join the fun at the Clifton Springs Bowling Club every Wednesday. Eyes down at 7.30 pm. Phone 51 3605.

Clifton Springs Garden Club
Meets on the 2nd Monday of each month at 7.30 pm. All welcome.

Overeaters Anonymous meet every Friday at 7.30 pm at the Community Health Centre, 15 Princess St. Drysdale.

The SpringDale Messenger is supported by the Council of the Rural City of Bellarine in the interests of better communication.

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Community Cottage.

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