THE SpringDale MESSENGER - MESSENGER

A free Community Newsletter compiled by SpringDale Community Cottage

June 1993

Bellarine Youth Network

he Bellarine Youth Network (BYN) is an organisation for young people from three different schools; Newcomb High School, James Harrison College (formerly Geelong East Tech.), and Bellarine Secondary College (formerly Queenscliff High School), who get together fortnightly to discuss problems or concerns of the young people on our Peninsula.

One of the concerns which has been discussed is the lack of activities provided for the youth in Clifton Springs and Drys-



Our youth, in whom our country's future lies....

dale. The young people in these towns need a place to go and do their own thing. If we could get a central place and be provided with activities, it would be more satisfying for everybody. Many good things may arise from having an "open youth centre", with the youth focussing their energies on positive things for and in their local community, rather

cont. page 2

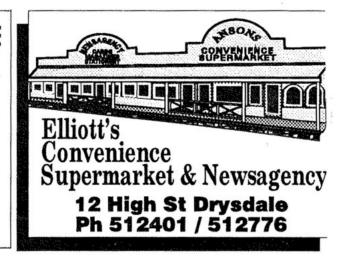


DRYSDALE VILLAGE HARDWARE

(052)

51 3267

THE ARCADE HIGH STREET DRYSDALE 3222



Bellarine Youth Network - cont. from Page 1.

than being left to amuse themselves in less positive ways.

Becoming responsible for contributing to the security and growth of a community is a large part of growing up.

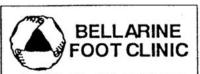
Your support for this activity, particularly for suggestions of suitable locations, possible donations of spare equipment and any other ideas to help a service get started in Drysdale or Clifton Springs would be greatly appreciated.

Please send information to:

Anthea, C/- Bellarine Youth Network, PO Box 299, Drysdale. 3222

An accepted definition of youth in terms of age is between 12 and 24 years of age.

Apart from the environmental and sociological factors which affect everyone's health, key areas which form youth health needs are:



PAUL B. SHANNON PODIATRIST 100 The Terrace Ocean Grove, 3226 Ph: 56 2019

39 Fenwick St. Portarlington, 3223 Ph: 59 2537

- 1. Biological and medical issues, e.g. developmental issues, congenital disorders, and chronic illness.
- 2. Sexually related issues, e.g. contraception, sexually transmitted diseases, sexual abuse.
- 3. Lifestyle, e.g. use and abuse of tobacco, alcohol, and other drugs, poor diet . . .
- 4. Psychiatric and emotional health, e.g. low self esteem and confidence, anorexia, bulimia, schizophrenia...

The environmental and structural factors affecting youth health include employment status and conditions, education/training opportunities, transport, recreation, physical environment issues, housing, societal values and prejudices, gender and sexuality issues.

If the above issues are put into the current economic and sociological context, then it becomes

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Ph. 50 1971 Est. 32 years clear what the youth health needs are in the everyday situation.

When considering these factors and issues in relation to youth health, and the tasks or life achievements usually required by this age group, we may ask: "What's it like to be a youth to-day?".

What are the pressures like? How do they cope with them? The youth in our lives are the only ones who can answer these questions.

As a Health Worker currently involved in working with youth, it is apparent to me that the enhancement of youth health means listening to them, not fudging them and being supportive to them as they work through the issues of their age group.

'The Young People's Health Policy Discussion Paper.' Community Health Development Unit HDV July 1992.

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Bone Marrow Donor Institute Inc.

Give a Chance for Life

There are now over 43,000 tested potential bone marrow donors on the Australian Registry, of whom over 19,000 are Victorians - We lead the way!

But many more donors are needed if we are to reach our target of 100,000 tissue typed donors within the next 3-4 years.

We are in desperate need of funds as it costs approx. \$100 to tissue test each potential donor, and we pay for the Victorian testings.

To reach the Victorian target of 50,000 tested donors within three years we need to raise \$3-4millions.

Will you help us? The Registry is now saving the lives of young Australian Leukaemia sufferers but we still desperately need your help, either as a potential bone marrow donor or as a financial donor.

Remember - with each young person who dies, part of our future dies too.

Fundraising for the very worthy Bone Marrow Registry now has a higher profile on the Peninsula with the opening of a recycle shop in the Drysdale Village Centre.

You'll find the shop filled with good quality and very reasonably priced men's, women's, and children's clothing, next to Baker's Delight in Wyndham Street.

It's open between 10 am and 4 pm Monday to Friday, and on Saturdays between 9.30 am and 1 pm.

BELLARINE STATIONERS

For Home, Office or School Also Art Supplies Available

Shop 6, Hancock St. Drysdale 3222

Ph. & Fax 53 2311

NICK RAICEVIC SOLICITOR

"Gallup House" 15 Hancock St.

Drysdale 3222 Ph (052) 53 1966

Historic Buildings

Bellarine Uniting Church

The history of European settlement in Victoria dates right back to the day John Batman first landed at Indented Head on the Bellarine Peninsula. He then changed his mind and went on to where Melbourne now stands, and development of the Peninsula was left to settlers like Carolyn Newcomb and Ann Drysdale.

The historic little Bellarine Uniting Church in Church Road, Bellarine was built in 1866, and the regular 11.00am Church Services still held there every Sunday carry on a tradition which has continued uninterrupted for the last 127 years.

Enquiries may be made at the Drysdale Uniting Church office, High St. Drysdale, on weekday mornings, or by mail to P.O. Box 240, Drysdale, 3222. Phone enquiries to (052) 53 1336.

PEOPLE PLACE

Joan Falahey will be missed. After nearly 14 years in Drysdale she is retiring.

Joan came to the Drysdale Bush Nursing Centre in 1980. In 1988, when the Centre became a Community Health Centre, Joan became the Community Health Nurse, then Co-ordinator of Services.

She was the last of the Bush Nursing Sisters to live in the Bush Nursing House. The office from which Joan now works used to be her bedroom! Her daughter, Janet, now 27, lived with her. Her son, Scott, now 30, stayed in Melbourne.

In those days she was on call 24 hours a day. When the Service changed, Joan was finally able to live in her own home in Indented

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Joan Falahey Community Health Centre



Head. Now she's really looking forward to walking on the beach, playing golf, gardening - and becoming a grandmother. She also expects to find some new interests.

She has seen many changes, and has found great satisfaction in Welfare Work, not usual in general nursing. Although it has been very demanding, it is also very fulfilling. She's particularly pleased to be involved with planning of the new Health Centre, and her role as co-ordinator for the Hospice Volunteers Group.

When Joan first came here, Drysdale was a small country town. It has grown immensely. She's very impressed with the community spirit, and makes special mention of her thanks to the Local Advisory Committee, the Project Control Committee, the Ladies Auxiliary, the Service Clubs and the local people for their support, encouragement and enthusiasm.

But foremost in Joan's thoughts are her own children. They have grown through the years of living with a 'working Mum' to become a very close family.

She says, "They are to be admired for the way they have coped with it".

Joan, who has found Scott and Janet to be very supportive, believes it has helped them learn independence.

The Community which she has served with such dedication and energy will miss her. The Messenger wishes Joan many years of happy retirement to enjoy her family, her garden and her new interests.



Tith half the year nearly over and school holidays approaching rapidly, you'll be pleased to hear we are planning to hold a 'Magic Story Room'. It's to be in the Drysdale Library on Thursday, July 8, 2.30-3.30 pm for children between 4 and 8 years.

Because of limited space only 20 will be able to attend, so you will need to book by 'phoning me on 51 3855, or calling in to the library.

Two great information kits have recently been added to my collection. The first of these is put out by the 'Safer Chemical Storage Taskforce', and is titled 'Bulk Liquid Hazardous Chemical Storage. Coode Island - West Point Wilson'. It consists of a video, a cassette, and information booklets. It may be borrowed by any interested members of the library.

For all those smokers who would love to give up, the other kit may be just the answer. The Quit kit has a video titled 'Ten Steps to Quit for Good', a cassette titled 'Ten Good Ways of Relaxing', and a booklet - 'The Can Quit Book'. Why not give it a go?

To borrow these, or anything else in the library, all you need is your membership card. If you haven't joined Geelong Regional Library yet, make sure you come in with suitable identification, with your name and current address on it, and you can immediately become a member. It's free

Drysdale Library

Shops 7-8 Village Walk, 21 Clifton Springs Road Telephone 51 3855

Library hours:

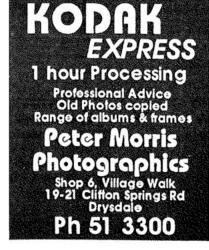
Mon. 2.00 pm - 5.00 pm Tues. 2.00 pm - 5.00 pm Wednesday Closed Thurs.2.00 pm - 6.00 pm Friday 10.00 am-Noon & 1.00 pm - 5.00 pm Sat. 9.30 am - Noon

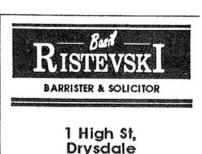
Barbara Riley Drysdale Branch Librarian

Quotable Quotes:

It is not true that you learn by your mistakes; you learn by doing it right! -Anon. You are right, and I am wrong, as you usually are. -Anon.







P.O.Box 99 Drysdale 3222

Fax: (052) 53 1815 Phone (052) 51 3453

SPRINGDALE REPORT

at SpringDale, with our classes and groups in full swing. Just think - in any one week, up to 80 people are participating in courses, with others attending our regular on-going groups.

Most of those involved live locally or in nearby townships, so hopefully friendly links are being formed, while new frontiers are explored, e.g. how to turn on a computer!

Our Council of Adult Education book reading and discussion group has just finished reading Robert Hughes's "A Fatal Shore", a book enjoyed by all, which cast a new light (for some of us) on Australia's colonial history.

The group meets on the first Thursday afternoon of each month, and we currently have a few spare seats - so if you love reading, come along and join in.



SpringDale also sponsors a Tai Chi group which conducted at Leonards. The gentle art of Tai Chi improves flexibility and concentration, while promoting a sense of wellbeing. It is a series of slow movements based on ancient martial art forms, and is beneficial for all age groups. A new beginners' class will start late July, held on Friday nights from 7.30 - 8.15 pm. Don't get sluggish over winter; ring 53 1960 and register your interest now.

Our Term 3 Winter Programme of activities will be advertised in next month's issue, so keep a lookout, as classes fill quickly. Also the 'Geelong Advertiser' has a Community Education Supplement which comes out on Monday, 28 June.

The Supplement has hundreds of fascinating courses listed which are conducted by various organizations in the Greater Geelong region.

In the meantime, we welcome any suggestions you may have regarding the establishment of new classes, clubs, or projects for our area.

Do drop in and say hello. Meron Lovegrove Co-ordinator

To Our Advertisers-

he Messenger, compiled by SpringDale Community Cottage, is supported by Bellarine District of the City of Greater Geelong in the interest of better community communication.

It is also supported by our very loyal Advertisers. Some have been advertising in the Messenger since the very first issue.

We are grateful to all of them for their continuing commitment.

In this issue The Messenger's 'Good News' announces a new era for SpringDale Community Cottage. Commitment to Community is what SpringDale Cottage is about. It is also what The Messenger is about.

New and long-term advertisers use The Messenger to promote their own special message in their own special community. The Messenger is heavily dependent on their continuing financial involvement.

As we celebrate our own Good News, The Messenger wishes to thank our Advertisers for their continuing support, and to strongly recommend local business and trade to our own local community.



Good News!

SpringDale Community Cottage has arrived.

On Tuesday, 8 June a relocatable home was sited in Princess Street, just behind the Drysdale Community Hall. The land is Council owned. The house was purchased by SpringDale with the help of a 1992 Grant provided by Community Services Victoria.

The Grant was in recognition of the growing need our community has for a place of shared learning, friendship and information open to people of all ages.

It also recognized the inspiration and hard work of SpringDale's founders, particular Brenda Platt and Sue O'Connor.

we will be busy with paint, hammer and spade trans-Housing building into a welcoming Neighbourhood help. House.

To do this, working bees will be organized to undertake minor projects. While we are thrilled to have had a few offers of help, we are in need of extra hands large or small, young or not so young, skilled or unskilled!

If everyone pitches in this will truly be a Community Centre with which everyone can feel some sense of belonging.

Time lines are still a bit sketchy, but we hope to be up and running, with a Grand Opening, some time in the next few months. In the meantime we will continue to operate from the Drysdale Health Centre.

Our new home will be a bit on the empty side. We are in desperate need of -

Over the next few weeks storage space, e.g. cupboards, cabinets, shelves. Curtains. Garden cuttings, forming this ex-Ministry of seedlings, trees, etc. Please 'phone 53 1960 if you can

SpringDale is Yours.

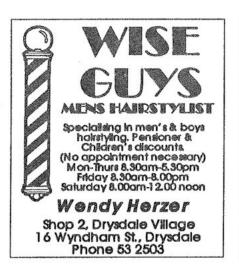
The Committee, staff, volunteers, and Council hope you will celebrate along with us the arrival of what will be a significant, vital and fabulous new community service for the people of Drysdale, Clifton Springs, and District.

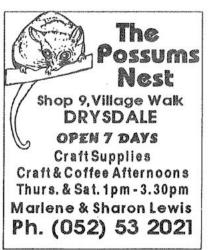
SpringDale Singers - another SpringDale Community Service.

A group who are making themselves available to local Nursing Homes and Retirement Villages.

The group conducts community sing-a-longs, and provides an hour or so of entertainment.

If you want to know more - please 'phone 51 3259 or SpringDale 53 1960.





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how detrimental smoking is to one's health: 17,800 Australians die each year due to smoking related diseases. Because of this awareness, many people are trying to give up smoking.

Some have been successful and are now enjoying better health. They have rediscovered fragrances, subtle flavours in food, and are more pleasant to be near.

Some people have been able to stop smoking by making a decision to do so. It was probably most difficult but they were able to do it. Many try various methods and aids to help

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PHARMACY NEWS by Robyn E Humphrey, B.Ph.

stop smoking, but are unsuccessful. These people are addicted to nicotine. Without nicotine in their blood streams, they suffer very unpleasant withdrawal symptoms, such as withdrawal cravings, anxiety, irritability, lack of concentration, nervousness and tension.

These symptoms can be relieved by smoking another cigarette. Nicotine addicts will smoke cigarettes whenever they feel stressed, and so a vicious cycle is set in motion.

To help break this cycle, when all other means have failed, the smoker can use a nicotine chewing gum or a nicotine skin patch. These preparations release a low level of nicotine into the blood constantly to help prevent severe withdrawal symptoms.

Even with the help of the gum or the patch, stopping smoking is not easy. The person who wishes to stop smoking must make a plan of action. They must determine what are the behavioural cues which trigger them to light up a cigarette, for example, smoking with a drink of coffee or alcohol, or when talking on the telephone. A strategy needs to be decided on how to handle these trigger situations in the future.

The person must decide on a date to stop smoking, and if they will completely stop or reduce the number of cigarettes. The following are strategies used by smoking cessation programs:

- * Drink more fruit juice and water, and in general follow a healthy balanced diet, including breakfast.
- * Change routine to include exercise, such as walking, swimming or jogging.
- * Avoid social situations such as pubs and parties for a few weeks.
- * Use mental distraction to keep the mind off smoking.
- * Use a delay technique when the urge to smoke hits, by putting off the first cigarette for an hour at a time.

cont. page 9



CLIFTON SPRINGS BOWLING CLUB BINGO

EVERY WEDNESDAY 7.30PM

10c PER GAME

Enquiries: Phone 51 3605 Family Health cont. from Page 8.

- * Join a support group.
- * Reward oneself for not smoking.

If a relapse in smoking occurs, try to understand why it happened, and try to stop smoking again. The chances of achieving success increase with each attempt, and on the fourth or fifth attempt there will be a permanent abstinence.

Your pharmacist can prescribe nicotine gum, and advise you on its proper use. Your doctor needs to prescribe the nicotine patches. Do go along and seek their help.

News on HIB vaccine reimbursement

Parents who bought the vaccine on April 1 1993 will be reimbursed up to \$35.50 per dose, if the vaccine was given to a baby born on or after 1 February 1993.

Claims can be lodged through Medicare offices on special HIB claim forms. Your pharmacy may have the forms and will send them away for you.

Better Hearing Australia Inc -Drysdale Group

n interesting and informative morning was held on May 12 at the Better Hearing weekly group meeting. There was a demonstration of an amplified telephone, as supplied by Telecom.

Included in the demonstration were assistive devices to be used with the radio and television, as well as other devices that are on the market to help the hearing impaired.

The members made it an open day and we were pleased to see others who were interested to see and try out what is available.

The group meets at SpringDale Cottage, 15 Princess Street, Drysdale every Wednesday, 10.00 am to 11.15 am.

New members welcome.

Myrtle Bufton Group Leader



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t's wet and cold; it must be winter. Those lovely balmy days have finally receded into the past, to be replaced by the

bite of winter.

A touch dramatic perhaps, but, Yep, winter is definitely here. With the arrival of winter, a new round of activity is scheduled for the garden, for those who are keen.

There is plenty of leaves to rake up and throw into the compost bin, things to be tidied up, cut back, moved around, etc.

Before you get too excited about the cut back bit of things, have a bit of a look at what all your

plants are doing. The warm autumn has meant that many things are still showing lots of growth; we still have roses in flower in our garden.

If your plants are still showing lots of growth, then by all means get the secateurs out, but just sharpen them for the moment.

Wait until the cooler weather reduces the amount of growth, probably in a couple of weeks' time.

Speaking of secateurs, make sure that your trusty weapons are always clean and sharp before you go to use them. It doesn't take long to do,

and can save your plants quite a deal of stress, as well as making the job a lot easier to perform.

The advent of winter brings about the availability of bare rooted trees and roses.

Buying plants bare rooted, i.e. with soil around the roots, is usually much cheaper than buying them in pots.

At this time of the year there is usually a large variety from which to choose. Be a little wary of the colours shown on the plant label, as they are not always true to plant colour.

Neil Muhlhan Alinga Nursery

Quotable Quotes:

A true conservationist is a man who knows that the world is not given by his fathers but borrowed from his children. - Audubon Magazine.

Come now the wild dark days when the house seems like a lovely warm little island with the winter billowing outside. - Gladys Taber.

Mortimer's

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97 High St. Drysdale Ph. 51 2603

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Large range of outdoor Plants, natives, trees, shrubs, ground covers, ornamental trees.

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NEW VACCINE FOR CATS

new vaccine, called Leucogen, has recently become available to protect cats against the fatal Feline Leukemia virus (FeLV). It is an additional vaccine to the routine vaccinations given for Feline Enteritis and the Feline Respiratory Viruses. Infection with FeLV can lead to fatal diseases including:

- 1. Neoplasia (cancer).
- 2. Suppression of the cat's immune system leading to increased susceptibility to other infections.
- 3. Anaemia, i.e. low numbers of red blood cells in the circulation.

FeLV is found in all body secretions of infectious cats, especially saliva. Spread usually occurs following prolonged close contact between cats, such as mutual grooming and sharing food

BELLARINE

VETERINARY PRACTICE
7 PALMERSTON ST, DRYSDALE
(New Drysdale Village Medical Centre)

No appointment required -

Monday 10 - 11.30 AM 2.00 - 3.00 PM Tuesday 10 - 11.30 AM 5.30 - 6.30 PM Wed'sday 10 - 11.30 AM 2.00 - 3.00 PM Thursday 10 - 11.30 AM 5.30 - 6.30 PM Friday 10 - 11.30 AM 2.00 - 3.00 PM

Phone 48 2009

bowls. There is also evidence that the virus can be spread by cat bites, although this is unusual.

FeLV is not contagious to people.

Once a cat is infected, any of the following three outcomes might occur:

- 1. The cat becomes immune and eliminates the virus from its body.
- The virus persists in the cat's blood and disease develops. This cat is infectious to other cats.
- 3. The virus becomes latent, i.e. 'hidden' in the cat's bone marrow. These cats are not infectious and are not a risk to other cats. They may however succumb to the FeLV related diseases at any stage.

Cats at Risk:

FeLV is not highly infectious and the virus does not survive for long in the environment. Cats most at risk of developing FeLV diseases are:

- young cats.
- cats with an individual susceptibility. This may account for the higher incidence in certain breeds.
- cats kept in close, prolonged contact with each other, such as catteries, multicat households, breeding establishments, and feral colonies.

Diagnosis:

A simple blood test detects the presence of FeLV in a cat's blood. This test is performed at the Bellarine Animal Hospital for around \$30.

Treatment:

At this stage treatment is aimed at providing relief from the symptoms of the FeLV related diseases. Some forms of cancer respond to chemotherapy by going into remission. There are no drugs available that kill the virus itself. In most cases, euthanasia is recommended.

About Leucogen:

The Leucogen vaccine has been developed through genetic engineering to provide immunity to the virus without side effects of the FeLV associated diseases.

Vaccination involves two injections given 2-3 weeks apart, starting at 9 weeks of age.

Adult cats who have not been vaccinated before also need the two injections to start.

This is followed by an annual booster. The vaccine costs around \$30. It is sometimes recommended that a cat is tested for FeLV before vaccination.

If your cat has continued contact with other cats of unknown FeLV status then it should receive the Leucogen vaccine.

If you'd like more information on Leucogen and your cat's vaccination program, please call the Bellarine Veterinary Practice on 48 2009.

Drysdale Cricket Club Inc.

has prepared a comprehensive sponsorship proposal for interested parties.

The proposal involves a single, up-front, one-off monetary commitment of extremely minimal value.

Sponsors will receive exclusive naming rights and high exposure signage on planned

ground improvements at the Drysdale Recreation Reserve.

It is expected that the ground improvements will be unique in the Geelong region, and will have an indefinite life.

Anyone looking for advertising opportunities, or who is in a position to influence advertising budgets, is invited to contact the Club Secretary on 51 2147 for further details.

Barry Rowlands Hon. Secretary Drysdale Cricket Club Inc.



Bellarine Jongleurs Inc.

Bellarine Jongleurs
Inc (the junior
theatre group
based in Drysdale) will
present its next production 'Man of Steel' on
Thursday, 1 July and
Friday, 2 July in St
James Church Hall,
Drysdale.

Tickets are \$4 for adults, pensioners and children, and the performances commence at 7.30 pm both nights.

Acting as Director for this production is well known local personality Dennis King, recovering from his recent success as Director of the Peninsula Players' latest production.

Dennis has brought a new concept to the Bellarine Jongleurs' rehearsals, and his expertise is a great encouragement to the young people in the group.

Choreography is by Kerri Wise and Musical Direction, Scenery, and Costumes design are by Lorraine Hall.

Tickets for the production are limited, and bookings may be made by contacting the Ticket Secretary on 'ph. 53 1756.

Drysdale Flames - Too Hot !!

Ith the recent completion of the last grand final game for last season, the Drysdale "Flames" Basketball Club topped the Championship lists in no less than 5 divisions at the prestigious GABA competitions which cover the whole of the Geelong region.

Spectators are welcome to watch the Flames in the annual All Stars Day on Sunday, June 20 starting at 9am and continuing until 5.30pm in the Drysdale Primary School Hall.

All age groups are selecting teams to play in some exhibition type games.

Portarlington Gymnastic Club Inc

Thinking of an Activity for Your Child? Here's just what you've been looking for - the Portarlington Gymnastic Club Inc.

Conducting classes for children aged between 18 months and 12 years.

Qualified Instructors/Quality equipment.

Portarlington Sportsman's Club/Football Club rooms, Sproat Street on Thursdays, A.M. and P.M.

Some vacancies exist.

For enrolments or information ring Lyn on 59 2320 after 8.00 pm.

Spotlight on Youth Youth Services in our Area

Bellarine Community Concert Band Jodie Henderson	. Ph 53 0300
Church Youth Groups - see telephone directory	
City of Greater Geelong - Bellarine District - School Holiday Programme	. Ph 53 0300
Clifton Springs Sailing Club	. Ph 43 6124
Drysdale Community Health Centre - Health, condom machine, etc	. Ph 51 2291
Drysdale Cricket Club Barry Rowlands	. Ph 51 2147
Drysdale Hawks Football Club Ross Deeath	. Ph 51 3152
Drysdale Jongleurs Theatrical Group Lorraine Hall	. Ph 51 2893
Drysdale Pony Club Noreen Alsop	. Ph 59 2493
Guides	. Ph 51 2240
Life Cry Community - Temporary accommodation Drysdale	
Life Line - Counselling & Support	. Ph 22 2233
Netball - Clifton Springs, Vicki Scannell	. Ph 53 2280
Netball - Drysdale,	. Ph 53 1171
Reach Out - Counselling & Support	. Ph 23 2015
Scouts , Drysdale J Robb	. Ph 51 2149
Scouts, Clifton Springs W Rickard	. Ph 51 3171
SpringDale Community Cottage, Drysdale - Courses, referral or help in starting new groups	. Ph 53 1960
Tennis - Clifton Springs, N Symons	. Ph 51 3205
Tennis - Drysdale,	. Ph 51 2653
Youth Services Development Officer Bill Linford Drysdale	. Ph 53 0300

CITY of GREATER GEELONG

Supports the Springdale Messenger in the interests of better community communications

Bellarine District

C.A.P.E.R.

Council's new scheme 'C.A.P.E.R.' has commenced and at present two courses have been completed. C.A.P.E.R. stands for Council Alternative to Penalties by Educational Rehabilitation and enables eligible people to negate their penalties by attending a set number of educational seminars conducted by Council.

A very good public response has been received towards the scheme and it is hoped that it may continue. It is envisaged that a new course will be run on a monthly basis.

Further information on the scheme can be obtained by contacting the By-Laws Department of the City of Greater Geelong, Bellarine District.

Loading Zones

Loading Zones seem to be causing some motorist confusion when it comes to their legal usage. To ensure that all drivers have up-to-date knowledge of the regulations the following information is provided.

"Loading Zones may only be used by Commercially Registered vehicles that are actively engaged in the loading or unloading of goods or passengers for a period not exceeding 15 minutes."

Overhanging Trees

Residents are reminded that trees, shrubs or hedges are not permitted to overhang on footpaths, streets or roads. Overhanging foliage is dangerous not only to pedestrians, but it can obscure motorists' vision, particularly when planted close to street corners.

Over hanging branches are required to be cut to a clearance height of 3 metres adjacent to footpaths, so as not to obstruct pedestrian use.

Council does have an on-going maintenance program to remove foliage from street trees which may be overhanging footpaths.

Public Call to 'Dig Deep' for Peninsula Ambulance

The City of Greater Geelong - Bellarine District has contributed \$5,000 to launch a fundraising compaign to establish a 24-hour ambulance service on the peninsula.

The contribution is in addition to the donation of land for the service at the Council's subregional site on the southern fringe of Drysdale.

Fundraising chairperson, Therese Pape said the committee aimed to

-continued page 15.



YOUR WEDDING ON VIDEO!

Fotofilm's Wedding Videos are different. Find out why, and how you can save money.

Ring Rob, on 59 2232 to see a demo tape. \$\$\$

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raise between \$75,000 and \$100,000 from the local community and \$600,000 from the State Government to establish a 24-hour, two-ambulance service for the Peninsula's 50,000 population. She said the expected public contribution would purchase one fully equipped ambulance.

A letterbox drop to all peninsula households and business houses will take place during the next few weeks, which will outline

-cont. from page 14. the project and tell people how they can subscribe to the campaigns.

> Donations of \$2.00 or more are tax deductible so 'dig deep' for this very worthy appeal.

Service clubs and other organizations wishing to conduct fundraising events for the project are asked to contact Mrs Pape on telephone 551 641.

Road Surfaces

As a result of continuous dry weather, the fine material which binds the surface of gravel roads together is being blown away as dust, leaving loose material on the surface.

It is proposed to repair the worst sections of corrugations by adding fresh gravel, grading and watering. Some roads will require this treatment over the full length; others will require short lengths only.

As the weather breaks. all gravel roads will be graded to get them back into uniformly good condition.

Job Search Training

This course will look at Career choice and options. It is aimed at enhancing self confidence, motivation, and job seek skills to enable the unemployed person to be successful when applying for employment or further training.

Course Content

Career planning Decision making Time management Developing & Maintaining motivation

Writing letters of application Where & how to find employment Enhancing telephone technique Self esteem & Confidence Organisational skills Communication skills Personal presentation Transferable skills Developing a resume Door knocking

Training options

Course Details

Times - Monday to Thursday, 9 am to 4 pm Friday 9 am to 1 pm Where - Council Chambers, Collins Street, Drysdale (entrance off Pier Street)

Dates - 21 June 1993 to 9 July

To enrol ring South Barwon Skillshare, Telephone: 41 1417



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\$12an hour, less \$2 discount on presentation of this Advertisement.

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Publication Dates: July 30 Deadline for copy . . July 30 Sept. 3 Deadline for copy . August 20 Views expressed in this Newsletter are not necessarily the views of the Publisher, the SpringDale Community Cottage, or the Editor Rex Ruwoldt.



North Bellarine Hostel for the Aged Inc.

Tuesday, 20 July 1993 at 12 noon.

Safeway Demonstration at St James Anglican Church Hall, Collins Street, Drysdale.

A fun-filled demonstration of the latest products, tastings, handy ideas, plus lots more.

Admission \$3.00. Proceeds to the North Bellarine Hostel for the Aged Inc. Public Appeal. Tickets may be purchased from Drysdale Pharmacy.

For further information telephone Carlene Harding, 51 2474.

Bookings close on 13 July.

North Bellarine Hostel for the Aged Inc

The second date to note in your diary is Sunday 31 October 1993 when a big charity day has been arranged. It will be "Yabbie Cup Day at Country Connexion", with lots of entertainment, market stalls, races etc. spread over the whole day.

Bingo:

Every Wednesday at the Clifton Springs Bowling Club. Eyes down at 7.30 pm. 'Phone 51 3605.

and

At the Drysdale Bowling Club every Thursday at 7.30pm. 'Phone 51 2809

White Elephant Sale

St Thomas Maintenance Committee wishes to thank the many people who donated goods to the Sale, the people who came on the Day, and especially the men and women who worked so very hard to make it the success it was.

ਪੈ SUNDAY CHURCH ਪੈ SERVICES:

Uniting Church

Parish of Bellarine Drysdale 10.00am. Bellarine 11.00am.

St James (Anglican)

Drysdale 2nd & 4th Sun. 8.00am Every Sunday 10.30am. Portarlington 9.00am.

St Thomas (Catholic)

Drysdale 7.45am & 10.00am.



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