



**THE SpringDale  
MESSENGER**

P. O. Box 80, Drysdale, 3222. Ph. 53 1960

Compiled and published by SpringDale Community Cottage Inc

CIRCULATION 3500

**Your Free  
Community  
Newspaper!**

VOL 4, NO. 5 July 1994



*Member for Bellarine Mr Garry Spry (centre) with SpringDale President Mrs Dulcie Stone and some of the children who will benefit from the activities of the SpringDale Community Cottage.*

*See Story on Page 3.*



**THRIFTY-LINK  
HARDWARE**




**DRYSDALE VILLAGE  
HARDWARE**

(052)

**51 3267**

THE ARCADE  
HIGH STREET  
DRYSDALE 3222



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Now at the

**Golf Club**

Springs Rd, CLIFTON SPRINGS

Drinks at  
Bar Prices

**Ph: 51 3391**

The SpringDale Messenger is compiled by the SpringDale Community Cottage, 14 Princess St., Drysdale.

Postal: P.O. Box 80,  
Drysdale, 3222.

Enquiries: (052) 53 1960.

Advertising: (052) 53 1960.

Community Groups, Churches, Sporting Clubs, Service Clubs, etc., are invited to submit details of their future activities for regular inclusion in the Community Diary section, or as articles in the news section as appropriate.

Copy may be typed or printed with a good ribbon (preferred), or legibly handwritten, and left at the SpringDale office at 14 Princess St., in the box at Elliott's Newsagency, in the letterbox at 73 Bay Shore Avenue, Clifton Springs, posted to P.O. Box 80, Drysdale, 3222, or FAX to (052) 531 754.

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Views expressed in this newsletter are not necessarily the views of the

Publisher, the SpringDale Community Cottage, or the Editor.

## ADVERTISING:

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SpringDale Community  
Cottage:  
(052) 53 1960

or

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(Note: Copy submitted before the deadline is a big help! Ed.)

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## SpringDale "Bellarina" Toy Library

Once again it's Winter time, with cold rainy days, and bored grumpy children who have run out of things to do.




PUT A SMILE ON THEIR DIAL!

GIVE THEM AN EXCITING CHANGE THIS WINTER

## JOIN THE TOY LIBRARY!

They will be able to choose from a wide range of new toys, at the  
**SpringDale Community Cottage**  
14 Princess St, Drysdale  
Phone 53 1960



**Elliott's  
Convenience  
Supermarket & Newsagency**  
12 High St Drysdale  
Ph 512401 / 512776

## "SpringDale" GETS A LIFT

### New Cottage Extensions

The future of the SpringDale Community Cottage received a big boost when Member for Bellarine Garry Spry announced a major funding injection of \$36,000 for the expansion of the SpringDale Community Cottage.

Mr Spry said: "The grant has been made available by the Minister for Community

Services the Hon Michael John through the Occasional Care Capital Grants program in response to the Cottage's application for an urgently needed addition to the existing facilities.

"The extra room will cater for "Occasional Care", "Take a Break" and a "Three Year Old Kindergarten" needs specifically."

"These services are in response to the rapid growth of Drysdale Children's Services Centre which has recently asked SpringDale to assist with its expanding demand.

"Emergency child care support for families without an established family network, is also a service which will benefit from this much needed addition.

"The extraordinary community acceptance of the Drysdale Community Cottage, particularly after the commissioning in November last year of its new building, is a phenomenal testament to the Committee of Management, the programs which are being conducted there, and the benefit the community derives from the service," said Mr Spry.

The extension is to be added to the rear of the existing building, and plans are currently being drawn up by the City of Greater Geelong. Completion is scheduled for September, 1994.

## DRYSDALE PRODUCE

1400

PORTARLINGTON RD  
DRYSDALE

(Opposite Curlewis Golf Club)

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**BULK Bird Seed**

**Dog & Cat Food**

**BULK Vegetable & Potato Seed**

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### July Specials:

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Ocean Grove, 3226  
Ph: 56 2019**

**39 Fenwick St.  
Portarlington, 3223  
Ph: 59 2537**

**62 Bellarine Hwy  
Newcomb 3219  
Ph. 48 5022**

## HISTORICAL NOTES

The Greater City of Geelong has given a number of items of historical value to the Bellarine Historical Society for safe keeping.

Among them are two Honour Boards, one of which lists the Shire Presidents and Mayors of the Bellarine Council since its inauguration in 1865,

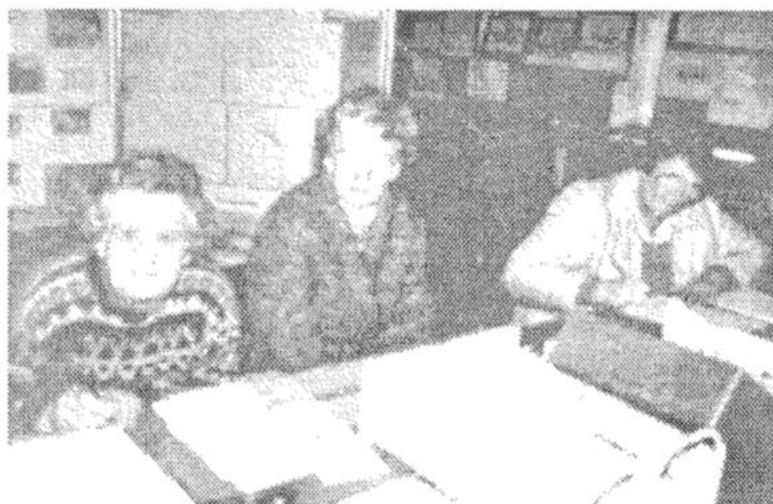
seum. This display honours the 62 men and one woman who served the Municipality as Shire President since its inception in 1865, and it has photographs (about A4 size) of each of the Shire Presidents and Mayors up to the present time.

This collection is not quite complete. Seven photos are missing, and the Historical Society are asking for help from anyone who has photographs of any of the following Presidents who served in the years indicated:

R. Smiley, 187274  
A. C. Curlewis 1874  
A. Devine 187677  
A. McLeod 18811882  
D. Williamson 18821884  
M. J. Hooper 18891891  
A. W. Warren 191920

Photographs or pictures of any size would be acceptable. These can be enlarged to the required size, and the originals returned if required.

Can you help?



*Pictured are Mrs Myrtle Filbay, Mrs Laurel Booth, and Mrs Irene Buckle, who are indexing the entire collection at the Bellarine Museum.*

when Mr A. M. Campbell was elected as the first President of the Bellarine Shire.

The other Board is a large rack which takes up one wall of one of the rooms in the Mu-

### BELLARINE AUTO SERVICES

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Proprietors:

P. Bruce J. Pamplin  
Ph. 53 1644

### INTRODUCING SPRINGDALE TRIMLINERS

The inaugural meeting of the SpringDale Slimmers group will be held at SpringDale Community Cottage 2pm 18th July.

All those interested in sensible weight control and the enjoyment of good company are very welcome.

For further information phone SpringDale 531960.

### Fawlty Towers

HOMEMADE GOURMET FOODS  
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Join us in our cosy lounge  
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Orders taken for special occasions  
Black Forest cakes, etc. Fresh cream

Prop. Trudy McPherson

Shop 6 The Arcade, Drysdale, ph. 513312

### DRYSDALE HOTEL

- Friendly atmosphere
- Counter lunches & teas every day including Sunday
- Cozy log fires
- Geelong's first Pub-TAB facilities



LUNCH 12.00-2.00 PM - TEA 6.30-8.00 PM

Your hosts: David Leahy and family  
High Street, Drysdale. Phone 512301

(On Geelong-Portarlington Main Road)





## Pharmacy News,

by Robin Humphrey (Taken from 'The Pharmaceutical Journal')

### URINARY INCONTINENCE.

There are many people in the community who suffer with incontinence and many of these people do not seek help. Perhaps they are embarrassed to discuss the problem, or perhaps they do not realise that there is help available.

There are several different types of incontinence and many factors which can cause the problem. Some of these factors are:

1. An ineffective urinary sphincter which allows some leakage during physical activity.

2. Weak pelvic floor muscles which make it difficult to close the urethra. (The tube leading urine out of the bladder).

3. An obstruction of the urethra can prevent complete emptying of the bladder. This could be caused by an enlarged prostate gland in men. Another cause could be severe constipation.

4. Environmental reasons such as difficulty in access to a toilet. There may be mobility or dexterity problems.

5. Urinary tract infection or other medical problems.

6. Certain Drugs for example diuretics and sedatives.

To effectively manage the problem one must first determine the cause. This may mean talking to your doctor to determine if there is a medical problem present.

To reduce incontinence there are three main areas that require attention.

1. One needs to drink 6 to 9 cups of fluid each day as reducing fluid intake can make incontinence worse. Don't drink too much tea or coffee, especially in the evening.

2. Avoid constipation and being overweight. A good way to deal with these problems is to increase the fibre content of your diet.

3. Increase the amount of general exercise such as walking or swimming. Pelvic floor exercises will help people with problems in this area.

People with incontinence which doesn't improve with the above measures may need to undergo bladder retraining. A health professional could help with this type of program.

About 50% of incontinence sufferers will resolve their problem with implementing these measures.

For people who still have problems there are medications which may help, and there are many incontinence pad and pants available. Some are disposable while others are reusable. Your pharmacy has a range of these products.

If you have an incontinence problem or if you know of someone else who has such a problem don't tolerate it. Do see your doctor, nurse, pharmacist or other health care person.

Incontinence sufferers can be helped.

#### DAVID C. PINNEY PHARMACY

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Sat 9am-1pm Sun 9am-noon



#### Drysdale Timber & Hardware

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The Family Hardware Store

Treated Pine & Timber  
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7 Days

Len, Renate,  
Manfred & Staff

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#### BARLEY UPHOLSTERY

Lounge furniture, kitchen chairs,  
antiques, etc. recovered or repaired.

Free quotes, pick-up and delivery.

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Ph 51 2487

## WELL WOMEN'S CLINICS

Well Women's Clinics have opened in Drysdale.

This will give women a chance to have routine pap smears and breast checks.

According to the Victorian Cancer Registry, about 100 women die of cervical cancer each year. Most of those have never had a pap smear or have not had them every two years.

The good news is that 90 per cent of cervical cancer may be prevented with adequate screening.

Many women feel too embarrassed or scared to have pap

smears more often. A lack of accessible services also prevents some country women from being regularly checked.

Women's Health Nurses from the Bellarine Peninsula Community Health Service conduct these clinics on a rotating basis in Ocean Grove, Drysdale, Portarlington and Point Lonsdale.

Clinics will be conducted at Drysdale Community Health Centre during July and August by appointment only. Evening bookings are available also. For details/bookings phone 52 1944.

## The NEW BELLARINE SECONDARY COLLEGE

Further developments have taken place following the decision to develop a major Years 712 campus on the central Bellarine site on the Cnr of Grubb Road and Andersons Road, Drysdale.

On Saturday, June 18, the Member for Bellarine Garry Spry and General Manager, Barwon/South Western Region of the Directorate of School Education, Don Tyrer, hosted a 'sausage sizzle' to give parents, students and teachers of schools in the region an opportunity to have a look at this marvellous location.

The event was well attended with a steady stream of interested persons coming through.

Bill Dix, Chairman of Commissioners of the City of Greater Geelong, also took the opportunity to have a look at the site.

Final soil testing of the area confirmed that the site was suitable for development and the first intake of students at year 7 is expected in 1997.

The school will have a capacity for about 1200 students and the VCE Years 11 & 12 cohort will be in the region of 500, which will enable a full curriculum to be developed.

## K63 NEIGHBOURHOOD WATCH



is now up and running in the area bounded by Whitcombes Rd, Portarlington Rd, and Beacon Point Rd.

More volunteers are required to distribute newsletters once a month especially in Dundundra Ave, Gwinganna Dve, Gumbowie Ave, Gumaroooka Ave and Dandarriga Dve. Further information can be obtained from Mandy on 53 2056.

### FINNIGAN'S Place

FAMILY RESTAURANT

Cnr Bellarine Hwy & Grubb Rd

Guest Artists

July 8th: Owen Yateman & Des Camm appearing together

July 29th: WAY - T - GO

\$10 cover charge

(Includes light supper)

Bar Prices

Bookings required

Ph: 50 3200

### Builder & Carpenter

Michael Kragh

Renovations

Extensions

New Homes



018 108986 or 51 3477

## Drysdale Library News

The cold, wet days are perfect for curling up with a good book. Anyone who is not already a member of Geelong Regional Library is welcome to join, and make use of a great service, free of charge. Just bring in some identification with your name & current address on it, fill out a form, & you can borrow straight away. Drysdale Library can be found in Village Walk, & is open 2-5 Mon. & Tues., 1-6 Thurs., 10-12.00 & 1-5 Friday, & 9.30-12 Sat.

As well as our regular Toddler Time Sessions, which are



always very popular, we had a special 'Sea & Sky' school holiday activity recently. It's great to see all the children & parents joining in & having fun. August 19 is our next Toddler Time, & will have a 'Monsters' Theme. It commences at 10.00 for approximately 45 minutes.

New Books to watch out for include :

(novels) 'Daybreak' by Belva Plain; 'Fool's Curtain' by Claire Lorrimer; 'The Longings of Women' by Marge Piercy; (biographies) 'Odd Man Out' by Ronald Biggs; 'The Life of Oliver Hardy' by John McCabe; 'Daughters of Arabia' (sequel to 'Princess') by Jean Sassoon.

Please 'phone for requests or renewals on 51 3855.

Barbara Riley

## VALE - Joan Falahey

The community of Drysdale and District mourn the death of Joan Falahey who passed away on 19/6/1994 after a long illness. Joan came to the area some 13 years ago to take up the position of Bush Nurse. In 1988 the Bush Nursing Centre became a Community Health Centre and Joan took on the role of Community Health Nurse and Co-ordinator of Health Service Activities.

Her expertise and great kindness in dealing with all manner of people and incidents endeared her to all. Her guidance, foresight and leadership during the amalgamation of the Drysdale service into the Bellarine Peninsula Community Health Service and the early planning of the magnificent new Community Health Centre building

in Palmerston Street is a fitting legacy which will always endure.

Joan leaves a son and daughter Scott and Janet and to them and their families we extend our deepest sympathy on the loss of a loving mother and highly respected and loved Community leader.

The Drysdale Health Centre Ladies Auxiliary regret the passing of Joan Falahey on June 19, 1994.

Joan was responsible for the formation of our Auxiliary 5 years ago, being the Drysdale Bush Nurse, & the later Nurses' Co-ordinator for 13 years before retiring last year.

We deeply appreciate her kindness & leadership.

Always remembered.

**CUTTING**  
**AJ's**  
**CORNER**  
**HAIRDRESSING**  
**Ladies and Mens**  
8 Clifton Street  
Clifton Springs  
**Ph 53 2422**  
After hour appointments  
Mobile Service Available

**BALE OUT**  
**Bale Service**  
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**RUBBISH**  
**REMOVAL**  
**Ph. Peter or Laine**  
**55 1351**  
**OCEAN GROVE**

## BUSINESS PROFILES

Presented by BASIC BOOKKEEPING helping to "Build Better Business"

### Greater City Painting Services

Greater City Painting Services was established last year by Ian & Trudy Deller who have lived in Clifton Springs for almost seven years.

A qualified tradesperson, Ian has 19 years experience in the painting industry, and is well versed in all facets of the trade including all new work and renovations.

Ian and Trudy have enjoyed the challenge that setting up a new business has provided, and with a young family the opportunity to operate Greater City Painting Services from home has worked out very well.

Free quotes are promptly provided as part of the service, as well as advice concerning the type of preparation that will be required and the sorts of paints that will need to be used.

All work is carried out with the aim of providing the best possible finish with the least possible interruption or disturbance to the customer.

Presentation is of the utmost importance to this new business, and a cheerful, personal and prompt service is guaranteed. Please give Ian or Trudy a call anytime on 018 599514 (mobile) or 531201 (home).

### Bellarine Photographics

Photo processing in Drysdale has a new look with a bigger store and a new location in the centre of Drysdale Village. Although the store looks brand new and has a new name, it's the same business that's been serving Drysdale's photo needs for almost five years. The proprietor, Leigh Atkinson assures that quality processing and a friendly service will remain.

Photo processing is not the only service available. Leigh has a large selection of ready made frames and will gladly arrange to have one custom made for you. A good range of photo albums, compact cameras, camera bags as well as a great range of film is also available.

Of the services Leigh offers probably the most popular is the black and white copying and enlarging, but he also handles colour enlargements, laminating, block mounting and slide processing and I have it on good authority just about anything else his customers ask of him.

As well as his current opening specials of a Kodak replacement film for only \$2.95 for the month of July, Leigh will also give you 10% OFF any frame in the store on presentation of the Kodak Express advertisement on the opposite page.

### Greater City Painting Services

\* New Work \* Re-Paints  
\* Renovations

Phone Ian Deller on  
531 201 or 018 599 514

Why do it at night  
when we can do  
it from as little as **\$2.15**  
per day

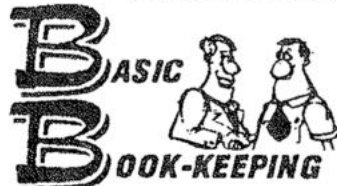


It's cheaper than doing it yourself!

Contact Cliff Stride  
Mobile 018 526 187  
After Hrs 53 1829

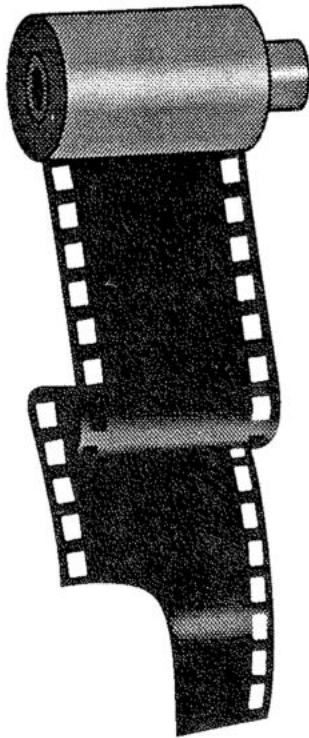
**FREE \$100**

of Book-Keeping Services  
to the first 3 business  
owners to call



Ph: 018 526 187





# BELLARINE PHOTOGRAPHICS

- 1 HOUR PHOTOS
- FRAMES & ALBUMS
- LAMINATING
- CAMERAS
- BLOCK MOUNTING

Now In  
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Shopping Centre

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Any Frame in stock

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TATTS

WE  
USE



QUALITY MONITORING SERVICE

Why trust your memories to anyone less.

# Apex Club Of Drysdale / Clifton Springs

## Free Smoke Detector Installation

As we enter the cold winter months, we are all reminded by vivid news footage of the increased risk of house fires. We are constantly being made aware of the importance of smoke detectors in our homes. At under \$ 20 they are cheap life protection.

The Apex Club Of Drysdale / Clifton Springs is offering a free smoke detector installation service to all pensioners in the Drysdale / Clifton Springs area. You buy it - we will fit it. All you have to do is call Roger Shearer on 53 1333 any time, or

leave your name and phone number at Drysdale Village Hardware High St. We will then contact you and make an appointment to install your smoke detector.

## House Number Awareness Program

In the coming months our club members will be touring the streets of Drysdale / Clifton Springs checking out the visibility of house numbers.

Those houses that do not have legible house numbers will have a pamphlet prepared by the Apex Club placed in



their letter box.

The pamphlet explains that poorly numbered houses can cost lives.

Vital minutes can be wasted in an emergency if the drivers are unable to locate a house when there are no house numbers.

The program has the full support of both the Fire Brigade and the Ambulance Service. We hope anyone receiving one of the pamphlets will spend a few minutes thinking about it and put up clear house numbers.

Please note that the Apex Club is not selling house numbers and is not affiliated in any way with people or firms providing a house number installation service.

Get the best picture  
with

## Able Antenna Service

Design, Prewires.  
Installation & Repairs

Phillip Wiggins

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### Audiologist

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157 Myers St. Geelong

**Ph. 29 6407**

After hours enquiries  
welcome on 51 2306

Call in at

**Bakers Delight**

For our July  
Super Specials

Shop 2/3 Wyndham St.,  
Drysdale

**Ph: 53 1131**

## Chui Yuan 酒翠 Chinese Restaurant 家園

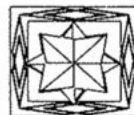
Open 7 days. BYO  
Lunch & Dinner  
\$5 Lunch Sensation  
Exclusive Menu

You can choose from the  
great new taste of Thai,  
Malaysian, Chinese food  
Reasonable prices

Shop 2/26-28 High St  
Drysdale. Ph. 53 1788

Your new host - Lisa Chan

## Drysdale Knit n Sew



Shop 6,  
3 Wyndham St  
**DRYSDALE**

Patchwork & Quilting  
Supplies, Wool,  
Haberdashery

**Ph. 51 2116**

# North Bellarine Hostel For The Aged

Wednesday 20th. July 1994 - Wool Day At St. Leonards Reserve Hall,  
Cole Street, St. Leonards from 10a.m. - 4p.m.

Hand-knitted and crochet garments, tapestries etc. will

be exhibited. The hand-knitted suit which won the 1977 C.W.A. Award will be on show. Various craft workers will be demonstrating their talents during the day.

wool.

2.00 p.m. Fashion Parade- any-one wearing a garment of 55% wool or wool yarn.

3.00 p.m. Awarding of Prizes.

Entry \$2.00 per person; proceeds to the Hostel building fund.

Morning, Afternoon tea and lunch available. For further information please telephone Chris Chapman on 57 1949.

**KARDINIA**  
VETERINARY CLINIC  
 Ph.21 5122  
36 HIGH ST. DRYSDALE  
No Appointments needed  
Mon 2.30pm - 4.00pm  
Tues 2.30pm - 4.00pm  
Wed 4.30pm - 6.00pm  
Thurs 2.30pm - 4.00pm  
Fri 4.30pm - 6.00pm  
Sat 11.30am - 12.30pm  
Dr Geoff Davies Dr Fiona Wall

**DRYSDALE VILLAGE NURSERY & GIFT SHOP**  
Cnr Murradoc Rd & High St Drysdale  
LARGE RANGE, INCL.  
ROSES, FERNS  
PERENNIALS  
GIFT ITEMS  
OPEN 7 DAYS  
  
Ph 53 1950

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**CATERING**  
Specialising in  
**WEDDINGS**  
ALL TYPES OF CATERING  
INCLUDING  
SPIT ROASTS  
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**53 2618**

You Yangs : Looking at Japan

Mist lies above the waters of the bay

- dense -

obscuring the distant shore.

Two peaks gently lift from

beneath a

pink film of light

floating on the haze.

It is so Japanese

in its quiet beauty

and similitude

to Fuji.

-Bruce Barker.

Do you suffer with **foot pain?**

**Paul Graham, Podiatrist**

B.App.Sc.(Pod.) M.A.Pod.A.

Is commencing practise every Friday

at **DRYSDALE**  
Physiotherapy &  
Sports Injury Clinic  
8 Carolanne Dve  
Phone: 51 2958  
for an appointment

*Geelong & Bellarine Podiatry Centre*  
  
Caring for your family's feet

## SpringDale Classes 3rd Term 1994

### CARD MAKING

Hand made cards - learn to make your own Christmas and birthday cards. Small cost for materials. Mon, 22nd Aug, 7.00pm-9.30pm, 1 week, \$10.00

### CREATIVE WRITING

Learn writing and publishing techniques. Use your life experience and family background to explore writing and poetry. Thur, 11th Aug, 1.00pm-3.00pm, 5 wks, \$40.00

### CROCHETING

Learn this beautiful craft. For beginners and advanced - master basic stitches and how to follow a complicated crochet pattern. Mon, 22nd Aug, 10.00am-12.00 Noon, 4 wks, \$30.00

### CREATIVE MOVEMENT AND MUSIC

For 3-5 year old children

A series of workshops which aim to develop the enjoyment and understanding of music through song, movement, stories etc. An adult must attend with the child. Sat, 6th Aug, 9.45am-10.30am, 6 wks, \$30.00

### DARK ROOM COURSE

Learn to process black and white film to negatives. Find out how to make proof sheets and prints from your negatives or make an enlargement of your favourite photo. All materials supplied. Thur, 18th Aug, 7.00pm-9.00pm, 3 wks, \$50.00

### DECOUPAGE

Learn the basics of the ancient art of decoupage which makes beautiful gifts and accessories for your home. Kit for trinket box can be supplied at \$18.00 (inc. wooden box, paint, patterns, brushes etc.). Thur, 18th Aug, 9.30am to 12.30pm, \$12.00

### DESIGN YOUR OWN TROUSERS

Do you have trouble in getting trousers to fit correctly? Learn to design and construct your own pattern to suit your measurements. Tuesday, 16th Aug, 9.30am-11.30am, 4 wks, \$30.00

### EMBROIDERED BABY BLANKET

Design your pattern, learn the different stitches and finally embroider a beautiful baby

blanket. Thur, 4th Aug, 7.00pm-9.00pm, 4 wks, \$33.00

### EXPLORE YOUR CREATIVITY THROUGH WATERCOLOUR

This course will help beginners, and those who'd like a fresh start, to learn how to use watercolours for pleasure. The course takes a new approach that is simple and fun. Be prepared to splash. Previous participants welcome. Tuesday, 2nd Aug, 1.00pm-3.00pm, 4 wks, \$43.00

### FABRIC PAINTED WINDCHEATERS

Learn the art of creating beautifully patterned fabric painted windcheaters. Tuesday, 9th Aug, 10.00am-12.00 Noon, 2 wks, \$16.00

### FIRST AID LEVEL 2

Workplace First Aid Certificate, Level 2 for those who would like to learn or update their First Aid skills. Level 1 Certificate is NOT a prerequisite for this course. Wed, July 20th, 7.00pm-10.00pm, 8 wks, \$115.00

### GARDEN PICKET FENCE

Ornamental. Make a beautiful decoration using kit form garden picket fence enhanced by pots and flowers etc. Kit cost extra. Wed, 7th September, 9.30am -11.30am, 1 week, \$10.00

### GETTING TO KNOW YOUR CAMERA

Concentrating on your camera and covers topics such as focusing correctly, lenses, film-speed, exposure as well as basic camera care. Tues, 2nd Aug, 7.00am-9.00pm, 6 wks, \$42.00

### GLASS PAINTING

Using inexpensive materials try your hand at making a lovely present or a keepsake for yourself.

Mon, 12th September, 7.00pm-9.30pm, 1 week, \$10.00

### GUITAR LESSONS

Practical course offering the fundamentals of song accompaniment including finger picks, right hand rhythms and basic chord formations. Wed, 27th July, 4.30pm-5.00pm, 8 wks, \$32.00



### *3rd Term Classes, continued*

#### **INTRODUCTION TO SEWING**

Make good use of your sewing machine - use step by step techniques to make the garment of your choice. Mon, 1st Aug, 7.00pm-9.00pm, 6 wks, \$42.00

#### **INTRODUCTORY JAPANESE**

An introduction to this interesting language. Covers basic language and conversation suitable for those visiting Japan or as a preliminary to more formal study. Mon, 1st Aug, 1.00pm-3.00pm, 6 wks, \$43.00

#### **INTRODUCTION TO MASSAGE:**

Correct massage skills can reduce the physical and mental tension of everyday living, resulting in a more harmonious life-style. Learn the basic techniques in this participatory class. Tutor is masseur to the "Cats". Thur, 11th Aug, 7.00pm-8.30pm, 5 wks, \$33.00,

#### **LIBERTY PRINT COLLARS**

Brighten up your windcheaters by adding attractive collars and tab fronts. Thur, 1st September, 7.00pm-9.00pm, 2 wks, \$16.00

#### **PAPER/PAPER MACHE/MARBLING**

Paper, Paper Mache and marbling - be environmentally friendly by making your own paper at home. Using household rubbish you will be able to make beautiful handmade paper

for gifts and personal use. An extension of this craft is to mould paper mache items.

Thur, 25th Aug, and Thur, 8th Sep

1.00pm-3.00pm, 2 wks

\$15.00 for course, \$10.00 for costs

#### **PERSONALISED EDUCATION PROGRAMME**

Primary school aged children in creative art, craft and academic programme. Structured to needs of each child. Parents involvement essential. Mon, 25th July, 3.45pm-4.55pm, 8 wks, \$5.00

#### **RELAXATION AND WELL BEING**

Relieve your tension and stress levels through meditation and visualisation. Wed, 3rd Aug, 10.30am-11.30am, 4 wks, \$23.00

#### **SILK RIBBON EMBROIDERY**

Embroidered silk rosettes and designs give glamour to dresses and knitwear - great for baby heirlooms too! Wed, 31st Aug, 12.30pm-3.00pm, 1 week, \$12.00

#### **STAINED GLASS - COPPER FOIL TECHNIQUE - Beginners**

An introduction course covering design, glass cutting and construction. Mon, 8th Aug, 9.30 am-12.00Noon, 3 wks, \$28.00

#### **STOCK MARKET**

An introductory course on the stock market. This course is run in a non-advisory form. Thur, 25th Aug, 10.00am-11.30am, 2 wks, \$16.00

#### **VIDEO CAMERA SKILLS**

A practical course with participants using their own camera and working through the session on their own equipment. Join one of our two sessions to be run

First sessions:

Thursday, 4th Aug, 7.00pm-9.00pm, 2 wks, \$18.00

Second session:

Thursday, 8th Sep, 7.00pm-9.00pm, 2 wks, \$18.00

*Springdale Community Cottage*

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*What's Volunteering*

*And What's Not*

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# When You Retire ...

## START LIVING!

Retirement is not an end to your active years - at Drysdale Retirement Village, it is just beginning.

Situated in the heart of the Bellarine Peninsula, Drysdale Retirement Village offers peaceful, secure living in a delightful rural setting, yet it is only a short trip to Geelong, with a host of activities such as golf, boating, bowls and tennis right next door.

Being a resident is like being on holiday all the year round - it is magnificent, but you will have to hurry because of the last stage of eight units, only two remain. However, we do have other completely renovated as-new units, which are ready for you to start living, with prices that start from only \$72,000 or offer.

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For further information please call the resident management team, Alistair and Stella Stoddart on (052) 53 2603, or drive out and see for yourself. The display unit is open daily between 10 am and 4 pm.

**37-43 Collins St.,  
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Victoria 3222  
Phone Enquiries:**

**53 2603**

**DRYSDALE  
RETIREMENT  
VILLAGE**

## Drysdale Hostel to Open Soon

Local doctors, health carers, & other specialists in the care of the aged were recently invited for a preview of the new aged care hostel at Drysdale.

The hostel is now ready for occupation & only awaiting formal approval from the Victorian Department of Health & Community Services, & then the Commonwealth Department of Health & Human Services who approve the ongoing funding.

Once these approvals are in place, the first ten residents will move in.

The building is impres-



*The new Aged Care Hostel in Palmerston St., Drysdale, across the street from the Health Centre.*

sive, being light & spacious, with lovely lounge/dining room & two multi-purpose rooms, one in each wing. The thirty individual private rooms are quite large, with built-in wardrobes, & each has an en suite bathroom. The heating system is by hot water radiators throughout all rooms & is most efficient.

Following comments from those attending, it was decided to open the hostel to the

general public on Sunday, July 3 & the open day was well attended. Anyone who would like to see inside is invited to do so, after contacting Carol Brisbane, the Hostel Supervisor on 53 2582.

The hostel is situated on the corner of Palmerston & East Streets, Drysdale, just behind the shops, and it is expected to be in full operation by July 11th.

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#### Summer rain

The rain can be sensed  
long before it comes  
the cold moistness on the forehead  
the bitter taste of static charge on  
the tongue  
on a warm afternoon

or it can  
push in from the north without  
warning  
to soak you to the skin  
as you run.

My moving car  
divides the pooled water  
into translucent sheets  
wings that fly outwards  
above the gutters into the red eucalypts.

*Bruce Barker*

#### The two jetties.

In the evening  
the failing light  
is still enough to see the  
jetties

the blue grey water  
lapping  
at the beach  
leaving dead sea grass there.

as a heron bathes its head  
against the dying sunlight  
its white neck arched back  
its beak starwards

black timbers  
etched by water  
pierced with salt  
speak softly as they hang above  
the waves.

and wait for the rising of the tide  
and the coming of night.

*Bruce Barker*

## The Possum's Nest is moving !

From July 18 we will be trading at 2 Hancock Street (next to the Commonwealth Bank). We are a little sorry to move from our "original" nest,

but the new shop will be more convenient to most of our customers.

We will still be running all our Adult Classes & Children's Classes on Saturday afternoons & school holidays. Our range of craft supplies, cane-ware, & gifts will also widen shortly, so we will satisfy an

even broader craft market.

More exciting still is the fact we are incorporating an agency for wood heaters, BBQs, & a great range of locally made outdoor garden furniture.

Ray & I look forward to seeing you there, to shop or browse - you are most welcome.

Marlene



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2 Hancock St.  
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## Bellarine Rail Corridor:

The old Geelong to Queenscliff rail corridor has been out of commission for regular passenger and freight transport for over 20 years. The Drysdale to Queenscliff section is used by the Bellarine Tourist Railway Service and has enjoyed good patronage over the last decade or so.

It has been proposed that the corridor be used now for cycling/running/horseriding purposes and that the 'linear park' be planted appropriately with native species and that a pathway through the rolling hills of Bellarine be developed for the enjoyment not only of

residents, but for visitors as well.

A public meeting was held which

was attended by over 100 people interested in using the corridor for nature conservation interests and for the continuing use of the tourist railway.

Enormous enthusiasm was generated on the night and Garry Spry has communicated this enthusiasm to the Minister for Conservation and Environment, under whose jurisdiction, any such park would be developed. The land is currently under the control of the Public Transport Commission.

The Commission's needs in terms of a fast public transport corridor through the Peninsula is not immediate, but the meeting indicated quite clearly that it wanted the corridor available for rapid commuter transport to Geelong, if the need arises in the future.



## THE SNUFFLY CAT

In our last edition we talked about coughs and colds in dogs; snuffles and sneezing are common complaints for cats too.

The most common causes of colds and flu in cats are the two Feline Respiratory Viruses: the Herpesvirus and the Calicivirus.

Both these viruses are highly contagious. Signs include sneezing, snotty nose, runny eyes and conjunctivitis, ulcers in the mouth and less commonly, coughing.

The disease varies in severity. Some cats only develop mild snuffles and sneezing with runny eyes and nose and are otherwise quite healthy. Most of these cats recover within 4-5 days.

Coughing is seen less commonly in cats compared to dogs but its causes are just as varied and diverse.

The respiratory viruses as discussed above can cause coughing especially in more severe cases. Often a cough

In more severe cases, cats develop secondary bacterial infections with a snotty nose and pussy eyes.

They can become very depressed and won't eat or drink. These cats are at risk of developing pneumonia and could eventually die if not treated.

Occasionally cats that have had a severe secondary infection of the nasal passages (i.e., sinusitis and rhinitis) develop a chronic snotty nose and have to be treated with long term antibiotics.

Even after recovery, however, cats carry the virus and can succumb to mild symptoms of flu if they become stressed or run down. These

### The coughing cat

in a cat is triggered by the common furball irritation and doesn't persist; nor is the cat sick in any other way.

The most common cause of persistent coughing in cats is allergic bronchitis, or asthma, which can be treated



cats are also a source of infection to other cats.

Cat flu is best prevented by vaccination and we recommend routine vaccination against these viruses.

Some vaccinated cats can still get very mild symptoms i.e., runny eyes and nose if they are run down but they don't develop the severe form of the disease.

There are other causes of conjunctivitis and nasal discharges in cats such as fungal agents, Chlamydia, foreign bodies, nasal polyps and tumours.

If your cats develop pussy discharges in the eyes or nose then you should consult your veterinarian.


successfully by your veterinarian.

Some of these cats have trouble breathing and this is often the first noticed sign. Other causes of coughing are lungworm (which is not very common) and other respiratory infections.

If your cat develops a persistent cough or seems to have trouble breathing, you should consult your veterinarian. Sometimes it's necessary to take a chest xray to establish the cause and severity of the problem.

If you'd like advice on your cat's health or vaccination program, please phone Bellarine Veterinary Practice on 482009.

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Office only (no Vet)	11.30am - 12.30pm
Tues & Thurs	10.00am - 11.30am 5.30pm - 6.30pm
Saturday	8.30am - 10.00am

**Phone 53 1393**

## Contributions from Readers

## Tips and Hints

*If what you are doing doesn't work, you might like to try one of the following:*

### *To Keep Chimneys Clean*

Take a baked bean tin, small preserved fruit tin, or tin of similar size, crushed to save space, and place tin in the fire. After 3 fires remove tin & put another one in. While the fire is burning with the tin in it, a vapour goes up the chimney or flue, and brings the soot down. Make sure it is a tin can - aluminium soft drink cans or steel beer cans don't work.

This treatment never fails. The soot comes down into the ashes & when fireplaces, heaters, grates or stoves are cleaned out, ash & potash are put into the compost bin or on the garden.

I might add that within 150 miles, or 240 Kms of Melbourne those areas badly lack potash in the soil, according to the Victorian Agricultural Department.

### *To prevent leaf curl:*

The Bellarine Peninsula, particularly the Drysdale/Clifton Springs area, is

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lacking copper sulphate in the soil.

To prevent leaf curl in stone fruit trees drive a 2-1/2cm copper nail into the tree trunk, but don't break off the bark. According to the size of the tree more than one nail might be required. Drive the next nail into the trunk not quite opposite the first, & about 2-1/2cms higher.

Your tree should be free of leaf curl for 3 to 4 years, when the procedure can be repeated. Copper nails can be obtained at hardware stores & boat supply agents.

### *To Control wilt in Tomato Plants*

When the main stalk of the plant grows to the size of a pencil or ball point pen, take a 7-1/2cm length of bare copper wire (7-strand copper earth wire is the correct size), cutting the wire on an angle so you can get a point.

Place one finger behind the stalk just above the soil, push the point of the wire right through the stalk, pull it through until the ends are even, & bend the wire round the stalk.

The wire remains until the plant is finished, and prevents wilt. Wilt is a fungus which comes up through the root system, & placing the copper wire through the plant & close to the soil stops the progress of the fungus.

### *For Cauliflowers*

The following hints were passed on to me 70 years ago by my father, who had learned them 60 years before that from a Chinese market gardener, & there's no better gardeners anywhere in the world than the Chinese.

If your caulis aren't starting a flower, instead of pulling them out, just take a sharp pointed knife & 2-1/2cms below where the leaves form on the main stalk, push the blade right through the stalk, twist the blade sideways & push some small wood chips into the space. Gently withdraw the knife & leave the chips in place for the life of the plant.

The flowers don't set if the outer skin of the stalk is too tough, which doesn't allow enough air to get inside.

By opening up the stalk more air is allowed in; leaves of all plants breathe in air & the roots draw moisture from the soil, & the combination of air & moisture creates sugar energy to feed all plants to grow.

My father was also told cauliflowers flower & grow well if a mixture of one part urine to three parts water is applied down the rows three times a week after opening the bark. Flowers should set 8 to 10 days after splitting bark.

*Fred Brimble, Belmont*

## Drysdale Fire Brigade Has A Good Win!

The thrill of a win in record time still shows on the faces of the Drysdale team members minutes after they claimed victory in the Straight Eights with one of the finest runs of the Country Fire Authority Championships.

Drysdale Fire Brigade is now the proud holder of the record time in the A Section Hose and Reel Eights, having won this event at Mildura with an outstanding run of 25.73.

It was a performance that brought prolonged applause from spectators and competitors from other brigades from all over the State.

The Drysdale Team also scored well in the Discipline Contest, A Section, which re-



*Back row: Jeff Stewart, Gary Filbay, Mark Filbay (coach) and Chris Kershaw. In centre is reel catcher Anthony Connor with front row comprising Mark Rodgers, Scott O'Neill, Brendan Connally and Mark Sennett. This team now holds the record, 25.73 seconds in the A Section Hose and Reel Eights.*

sulted as follows:

Mildura 86.82%, 1st;

Drysdale 85.91%, 2nd;

Carrum 85.00%, 3rd;

Shepparton, 83.64%, 4th;

Doveton 81.36%, 5th.

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## State Award to Bob Schultz!

Congratulations to Bob Schultz of Drysdale Village Hardware, who has beaten over 150 other Victorian hardware stores to take out the Thriftylink "Country Store of the Year Award".



*Bob Schultz of Drysdale Village Hardware*

Features taken into account in making the Award include customer service, store presentation, corporate identity, and turnover.

The annual Award has been running for ten years, and previous owners of Drysdale Village Hardware had won it twice before in the 1980's.



## The Bellarine Agricultural Society Cat Show



The Bellarine Agricultural Society Cat Show will be held at the Drysdale Activities Centre on Sunday 4th September 1994.

The difference this year is that the public will be allowed into the hall from 9.30 am and

will be able to watch the judging. This is the first time in the Geelong and Bellarine Peninsula area that an American style show has been held, and we feel it will be very interesting to any cat lovers.

Admission to the Show will be \$1 for adults and 50c for children.

Should you require any further information please do not hesitate to contact me.

*Marilyn Brown,  
Show Manager*

## VALID Corner

People with intellectual disabilities are among society's most vulnerable citizens. They are often subject to exploitation & intimidation, as well as physical & sexual abuse.

Their inability to stand up for themselves, or to tell others about what is happening to them, often means they endure things over long periods alone & in silence.

The Victorian Community Council against Violence is holding a forum for victims of crime who have an intellectual disability, as well as their families & carers, to hear of their experiences, their problems, and their views on how support for these people within the criminal justice system might be improved.

VALID is involved with the running of the forum and urges people with such experiences to come forward.

A report will be handed to the State Government with recommendations for improvements.

The forum is on Wednesday, 13 July from 10am to 1pm, at Level 7, 171 Little Bourke Street, Melbourne. For more information 'phone 03 603 4477.

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## LONELINESS FORGOTTEN

Jack and Mary had been married for over 40 years. It was a very happy marriage, but now Jack was on his own; Mary passed away 12 months ago.

Jack had a few friends, but his three children, two boys and a girl, were married and had moved out of the district with their families, leaving Jack in the city, a lonely old man.

His daughter, who had moved to Drysdale a few years prior to her mother's death, came to him one day and said, "We hate to see you so lonely, Dad, why don't you sell up the old home, it is too large for you on your own, and come and live with us."

Jack was overwhelmed by the offer, but declined, because he didn't wish to lose his independence.

His daughter then said, "Why don't you buy a small unit in the area and then you can have your independence and still be near us if you need us." So Jack sold the big house and bought a lovely unit in Drysdale.

He was happy enough, but something was missing; he had lost all his old pals when he moved.

He used to go for long walks by himself and speak to people he passed in the street, but to him, they were strangers. Oh yes, they were friendly enough, but he needed someone he could relate to.

Life was becoming a bore, with nothing to fill in his spare time.

Then, one day, he passed the Drysdale Senior Citizens Centre, in Town Square. He hesitated for a second, then said to himself, "Why not, I've got nothing to lose."

He entered the building and spoke to a couple of members. They introduced him to others and all who met him made him feel at home and welcome.

He got interested in carpet bowls after being shown how the game was played, and now there is no holding him back; he plays on Mondays, Wednesdays and Fridays.

His days are full and loneliness during the daytime no longer haunts him.

He still misses his sweet Mary, but is learning, with the help of the wonderful sympathetic friends he has met, to cope.

He sees the children often, when his heavy schedule permits.

Whenever there is a bus trip going anywhere, you're sure to find Jack at the bus stop waiting.

After his busy day, he likes to retire to the quietness of his little unit, and in this peaceful atmosphere he is able to talk with his lovely Mary, whom he says visits him in spirit each evening as the shadows are falling.

If you are like Jack, lonely and sad, don't just sit at home on your own; there is always a very warm welcome waiting for you at the Drysdale Senior Citizens Centre.

Come in and let us show you how your life can change, just as it has done for Jack.

*John G. Brownhill,  
Hon. Secretary  
Drysdale Senior Citizens*

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# In Your Garden

July, mid Winter, a tad on the cool side but be positive; there's less than half of winter to go before the pleasures of spring.

*This time of the year does have some advantages. It is the best time of the year to be moving things around the garden as most plants are fairly dormant and the transplant won't upset them too much if it is done properly.*

When moving established plants make sure that you take as large a root ball as possible to the new location. When planting in the new spot try to

ensure that the conditions there are the best for the plant; soil, sun, water and things.

Make sure that the transplantee is placed so that it will look its best from where you will see it the most, give it a good water in and a light feed. If all is well then Spring should yield some positive results.

Pruning of fruit trees and roses is another popular pastime during this part of the year, and yes, it is the right time to do it. When pruning your fruit trees remember not to be over enthusiastic, the chainsaw is for removing trees, not pruning them.

The general aim of pruning a fruit tree is to encourage growth out and away from the

center of the tree to obtain a wine glass type shape.

This shape maximises the amount of sunlight into the tree which in turn allows better ripening of fruit.

Rose pruning is roughly along similar lines, promoting outward growth on healthy stems, which in turn will provide flowers in due course. Any diseased, dead, or dying wood, (usually noticeable by a wrinkly stem, discoloured brown or grey wood,) should be taken out of the bush.

Roses are quite tough and will generally recover from the worst pruning, the shape however may take a little more time to restore.

Clean up all of the dead leaves and prunings around your roses and send them off to the tip. They are no use as compost, not only because of the thorns, but because they can harbor fungal diseases.

Neil Muhlhan  
Alinga Nursery

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Convenience Stores	Elliott's Newsagency	2	Rubbish Removal	Bale Out Bale Service	7
Council Services	City of Greater Geelong	22	Sewing Supplies	Drysdale Knit N Sew	10
Craft Supplies	The Possums Nest	16	SpringDale Classes	SpringDale Classes	12, 13
Cycle Specialists	Hendry Cycles	15	SpringDale Publications	SpringDale Publishing	13
Drycleaners	Drysdale Village Dry Cleaners	16	SpringDale Toy Library	SpringDale Toy Library	2
Electricians	Terence Britt	20	Stationery Supplies	Bellarine Stationers	18
Golf Clubs	Clifton Springs Golf Club	1	Television Antennas	Able Antenna Service	10
Hairdressers	Andrea Jenkinson	7	Timber & Hardware	Drysdale Timber & Hardware	5
Hardware Supplies	Drysdale Village Hardware	1	Typing: Letters, Newsletters, Resumes, etc.,	Veronica Schwarz	
Home/Garden Mrcs	Craig Ash Home & Garden Mtce	21	"The Write Way", 425 Hood Rd, Indented Hd	Ph 59 3849	
Hotels	Drysdale Hotel	4	Upholsterers	Barley Upholstery	5
Nurseries	Alinga Nursery	22	Veterinary Clinics	Bellarine Veterinary Practice	17
Nurseries	Drysdale Village Nursery	11	Veterinary Clinics	Kardinia Veterinary Clinic	11

## Coming Events

### Community Diary

#### Uniting Church Drysdale

U.C.F. Birthday afternoon 14 Sept at 1.30pm. Trade table & door donation.

Entertainment : International Harvest Choir. Mrs V Bates, 'phone 51 3524

#### North Bellarine Combined Churches Food Care Group

Various people claim the recession is on the

wane, business is picking up, etc., but there still are thousands of people out of work, on the dole, etc., unable to purchase the necessities of food to keep going.

We are appealing for donations of non-perishable goods, such as baked beans, spaghetti, soups, tea, coffee, sugar, any type of breakfast cereals, long life milk, BUT, please, no out of date "use by" goods.

We would be very appreciative of any food

# Coming Events

## Community Diary (cont)

you can donate. Please leave in the "Needy Basket" at Tuckerbag Supermarket.

Thank you. Leone Davis, Hon. Secretary

### Chess Anyone?

SpringDale would like to introduce Chess playing neighbours. If you are interested, please give us a call - 53 1960.

We have people waiting to get a group started.

### The Drysdale Health Centre

Ladies Auxiliary will hold their Annual Meeting at the new centre in Palmerston Street on Tuesday, August 9 at 10.00am. New members welcome.

### Where can you Clothe the Whole Family for Only \$20?

Look at these quality pre-loved garments : Men's trousers \$5; Ladies' Skirts \$4; Children's Clothes \$1.50 - \$3.50; Ladies' Tops from \$1.50; Dresses \$3.50 - \$8; Jewellery from \$1.

Many other Bargains !!!

The Salvation Army Store, 8 Mortimer St, Drysdale, 'phone 51 2475

### Kinderplay Vacancies.

Kinderplay is SpringDale Community Cottage's playgroup for 3 year olds. It is parent-run & meets weekly at the Maternal & Child Health Centre, Clifton Springs.

The children are grouped together according to the Pre-school they will attend in '95.

Presently we have vacancies only in the Beacon Point Group which meets on Wed. 1.15 to 3.15 pm. Change of venue to Beacon Pt Pre-School for Terms 3 & 4.

If you have an eligible child & would like to participate in Kinderplay for the remainder of the year, please contact SpringDale C.C. on 53 1960.

### Bellarine Historical Society

Annual meeting will be held at 8pm on Wed. 20 July at the Court House Museum, Drysdale.

### Display of early Shipwrecks

by Jack Loney, & launch of his latest book, Sat. 27 Aug, 1-5pm at the Drysdale Community Hall, next to the Court House Museum.

 **The Professionals**

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we'll make  
it happen*

**GUYETT REAL ESTATE**

11 Clifton Springs Road, Drysdale 3222

Telephone: (052) 51 2847 Facsimile: (052) 53 2249

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