



THE

SpringDale

MESSENGER

P. O. Box 80, Drysdale, 3222. Ph. 53 1960

Compiled and published by SpringDale Community Cottage Inc

CIRCULATION 3600

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VOL 4, NO. 8, November 1994



Volunteers at the new Ambulance / S.E.S. Station. Photos Lee Atkinson. See story page 3.



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The SpringDale Messenger

The SpringDale Messenger is compiled by the SpringDale Community Cottage, 14 Princess St., Drysdale.

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Community Groups,
Churches, Sporting Clubs,

Service Clubs, etc., are invited to submit details of their future activities for regular inclusion in the Community Diary section, or as articles in the news section as appropriate.

Copy may be typed or printed NLQ with a good ribbon (preferred), or legibly handwritten, and left at the SpringDale office at 14 Princess St., in the

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ADVERTISING:

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(Note: Copy submitted before the deadline is a big help! Ed.)

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GREAT NEWS!

The new Ambulance Station in Grubb Road will be officially opened by the Hon. Marie Tehan, M.L.A., Minister for Health, at 11am, on 4th November!

After many years of lobbying the respective State Governments, the residents were successful in obtaining a promise for funding for an Ambulance Station.

The land donated by the then Bellarine Rural City Council in Grubb Road, Drysdale was chosen as it is the most central point from which to serve the whole of the Bellarine Peninsula including Queenscliff and Barwon Heads. Response times will be reduced from

20-30 minutes at present to 4-10 minutes in the future.

The Bellarine Ambulance Auxiliary recognizes the support given by the residents, organizations and corporate businesses by achieving the target for \$100,000 to purchase a fully equipped ambulance, which already has been purchased.

This now gives us a 24-hour, two-vehicle station, and a feeling of greater security for all residents.

An Open Day will be arranged at a later date to enable the community to inspect the complex, showing Ambulance and SES facilities, and to gain an insight to what the area will look like when the Secondary College is also built.

A Working Day by the Ambulance Auxiliary and SES to plant out the garden beds prepared by the City of Greater Geelong will have the area ready for the Official Opening, 11am, Friday, 4 November by the Hon. Marie Tehan, M.L.A., Minister for Health.

Shirley Lindsay



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Volunteers at the new Ambulance / S.E.S. Station in Grubb Road, Drysdale. Photo Lee Atkinson

WHAT'S IN IT FOR ME?

Many people who serve on unpaid Committees of Management are highly skilled and very experienced, and may be wondering what this conference could possibly offer them.

"Can Do" Conference 

May we suggest that this "Can Do" conference offers a unique opportunity for people to share their knowledge and experience with others.

It also offers the opportunity to listen to four well known and interesting speakers, who come from very varied backgrounds in community service.

Keith Godfrey is well known to many people in the Community Development field. He spent many years until recently with the ABON Unit at Council of Adult Education and now operates his own consultancy company CODES (Community Development and Employment Services). His knowledge of industrial matters is extensive.

Dame Phyllis Frost, A.C., D.B.E., D.Soc.Sc.(Hon), is renowned throughout Australia as a leading community worker. Her life has been devoted to the service of others and she is involved at present

in at least 53 community groups including Keep Australia Beautiful, Freedom from Hunger, Crime Prevention, Care and Resettlement of Offenders, Asthma Foundation of Victoria, Playgrounds and Recreation Association of Victoria, and the Australian Football League.

Mr Frank Costa is a well-known Geelong identity. He was brought up in the area and his family has been in the area since the 1880s. He works in the family business with his three brothers. Mr Costa is on the Board of Management for St John of God Hospital, and the Sacred Heart Secondary College. He has headed the United Way for many years, and is at present Chairman of the Multi Cultural Hostel Appeal, and Chairman of the Barwon Regional Youth Committee.

The fourth speaker is Dorothy Baulch S.C., a member of Belarine Communicators and Treasurer of Australian-Flinders Region International Training in Communication.

This is a world-wide non-profit organisation which runs workshops and training courses in Public Speaking, Meeting Procedures, Development of Leadership Skills and efficient organisation techniques.

She will speak in the 12 - 12.45 time spot :- "Making it work".

A broad range of organisations will be represented, such as schools, kindergartens, sports clubs, service clubs, Health Centres, and Neighbourhood Houses - which will result in a broad exchange of ideas and experiences.

INTERESTED MEMBERS OF THE PUBLIC ARE ALSO INVITED TO ATTEND.

The time and place:

November 12, 9.30am to 4.30pm, at the Drysdale Community Health Centre, Palmerston St, Drysdale

Costs:

Committees of Management: \$10; Single \$5

Bookings:

Please call the Springdale Community Cottage, phone 53 1960.

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THE SPRINGS

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Come and dine with us, whether for dinner, or a late night snack. "Buckley's at The Springs" is open Friday and Saturday evenings, 6pm till late. Bookings advised on 512501.

The Bellarine Peninsula's newest bistro restaurant; part of "The Springs" Reception Centre, Buckley's is situated between the Bowling Club and the Golf Club, and features panoramic views of Corio Bay and the You Yangs.

An exciting menu has been designed with pasta, seafood, lamb, veal, steak and chicken dishes. Vegetarians may be catered for on request, and a children's menu is also available.

Entrees range from \$4.00 to \$8.50. Some examples are the Warm Salad of Chicken with avocado and cashews, or the Gourmet Foccaccia topped with salad, cheese, avocado and tomato.

How about Fettuccine or Gnocchi with a choice of sauces in either entree or main servings?

Main courses start at \$11.50, with such traditional dishes as Veal Parmagiana or Lamb Fillet with a seeded mustard sauce. Perhaps East meets West with a Honey Chilli Chicken Stir-fry or Chicken Tandoori.

Desserts start at \$4.50 with such delights as Profiteroles topped with butterscotch or brandy Snap Baskets filled with fresh fruit and ice-cream.

We are accepting bookings now for Christmas Day and New Years Eve, or maybe you would like to try one of our popular Sunday Smorgasboards available during December.

Great Food, Great Prices, Great View !!!

ASTHMA AND THE SPRINGTIME.

Spring is a delightful time of year; however, it brings many airborne allergens which can be a danger for many asthma sufferers. The most common allergens which can trigger asthma attacks are house dust mites, animal dander, fungal spores and pollens. It is important that asthma sufferers make a serious effort to minimise the risk of asthma attacks by avoiding their particular trigger allergens. Some suggestions for this are as follows:

1. Dust-mite allergen avoidance.

- Ventilate rooms by opening windows as much as possible.
- Avoid fluffy toys or articles.
- Wash bed-linen in hot water- above 50 C.
- Encase mattresses, pillows and doonas in special mite-proof coverings. Make sure the items are thoroughly dry before doing this, otherwise they may become mouldy.
- Avoid wall to wall carpets, especially in the bedroom. Floors should be cleaned regularly.

2. Pollen avoidance.

- Wear sunglasses when outside to prevent pollens from entering the eyes.
- Avoid dusty areas especially where crops are being grown or harvested.
- Avoid blossoming trees or flowers.

- Use a surgical mask to avoid inhaling pollens from grass clippings if you must mow the lawn.

3. Fungal spore avoidance.

The bathroom should be thoroughly cleaned to remove any mould. The bathroom also needs to be well ventilated to reduce mould growth.

4. Animal dander avoidance.

Keep away from animals to which you know you are allergic.

The Six-Point Management Plan

A Six-Point Management Plan has been developed by the National Asthma Campaign to help asthma sufferers. If you are not aware of this plan then it would be wise to discuss it with your doctor. The six points stressed in the plan are as follows:

- Knowing how severe your asthma is.
- Achieving your best lung function.
- Determining your asthma trigger allergens and avoiding them.
- Using appropriate medication to keep at your best lung function.
- Having an action plan worked out with your doctor on how to manage an asthma attack.
- Seeing your doctor regularly to check on your asthma management.

Asthmatics who use a nebuliser pump must maintain their equipment in top working order. If this is not carried out they run the risk of it not working efficiently during an emergency or life threatening situation.

Continued next page

Geelong Podiatry Centre

PAUL GRAHAM

B. App. Sc. (Pod) M.A. Pod A

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Asthma and the Springtime, cont.

Allersearch and Pharmacy SelfCare have developed a 3 - step maintenance plan for nebuliser pumps.

1. ONCE a year, have the nebuliser tested for correct air flow and pressure at your pharmacy.
2. TWICE a year, replace the jet nebuliser especially if it is used on a daily basis and keep a spare jet nebuliser on hand in case of emergencies.
3. THREE times a week use a specially formulated disinfectant on the jet nebuliser, mouth pieces or masks and peak flow meters to help reduce contamination from bacteria and moulds.

Do take care of yourselves and enjoy the Spring.

Robyn Humphrey, B.Pharm.

(Notes taken from The Australia Journal Of Pharmacy, August 1994.)

DRYSDALE COMMUNITY HEALTH CENTRE

PAP'S WE SHOULD!!

For most women, having a pap smear has never been a frequent favourite. But considering its success in preventing cervical cancer in over 90% of women. ...'paps' we should reconsider.

Well Women's Clinics are conducted at the Drysdale Community Health Centre by trained Women's Health Nurses. These nurses provide "well women" with this routine check-up in a relaxed and informal manner.

Screening is particularly poor in women over 50 years of age even though these women are at high risk of invasive cervical cancer. Pap smears every two years can prevent this.

'Paps' we should all reconsider!!!!

For further details contact the Centre on 51 2291.

Police Phone Call Upgrading

Bellarine and coastal police stations will be more accessible to callers when phone systems are changed later this month.

New Numbers have been allocated to improve the efficiency of the local Police telephone service.

According to Geelong Police Chief Inspector Ian Bascham, the new system will improve

communication after hours & when stations are unattended.

The system will allow police to divert calls to another station or to a mobile telephone.

It is important that people take note of the new number.

Drysdale Police Station's new number is 53 1763.

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TAX CORNER, Motor Vehicle Expenses

If you use your Motor Car for business purposes whether in the capacity as an employee or a self employed person, then you may be entitled to claim a tax deduction for that Motor Vehicle.

Car expenses are defined to include all running costs (fuel, registration, insurance, repairs, services), interest on money borrowed to purchase a car, lease costs and depreciation (only where the vehicle is owned).

There are basically four methods available to you to substantiate car expenses:

1. Log book Method

This method has the following requirements:

- Maintain a log book for a continuous period of 12 weeks to establish business usage.
- Maintain documentary evidence of car expenses

A taxpayer is essentially required to record all business trips in the log book which in-

cludes a record of the following:

- date of trip
- odometer reading at the start and end of the trip
- number of kilometres travelled purpose of trip
- name of the driver
- date on which the entry is made
- name of person making the entry
- signature by the person making the log book entry for each entry

Please note that where a number of trips are made during the day, it is permissible to record one entry for the total journey.

The tax deduction claimed is based on the business percentage arrived at via the log book which is applied against the car expenses incurred during the year.

2. 1/3 of actual car expense

This method can only be used if you travel more than 5000 km for business. A log book is not required to be maintained, however, you must keep a reasonable estimate of kilometres travelled. A taxpayer is also required to maintain documentary evidence of car expenses incurred during the year. The tax deduction claimed is calculated as 1/3 of the car expenses incurred.

3. 12% of Cost

This method also can only be

used where the total business kilometres travelled exceed 5000 km. Although there is no requirement to maintain a log book, a taxpayer is required to have a reasonable estimate of business kilometres travelled during the year. Documentary evidence must also be maintained of the cost of the vehicle. The tax deduction claimed is calculated at 12% of the cost of the car (up to a cost limit).

4. Set Rate Per Kilometre

This method is only available to be used by a taxpayer who travels no more than 5000 business kilometres. There is no requirement to maintain a log book, however, a reasonable estimate of business kilometres should be kept. The tax deduction claimed is calculated as follows:

Total business km x set rate per kilometre.

The set rate per kilometre is determined by the engine capacity of the motor vehicle owned by the taxpayer. Please note that this method cannot be used if a taxpayer travels more than 5000 km for business purposes.

It is very important that whichever method is used by you to claim a car expense that you meet the substantiation requirements set down by the Income Tax Assessment Act. If you are unsure of your obligations please contact your Accountant or feel free to contact me.

Frank Tigani

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BUSINESS PROFILES

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Avan Pty Ltd (Concept Campers)

Avan Pty Ltd (Concept Campers), situated just off Murradoc Rd in Drysdale, has just completed its first year of trading. Neither Peter nor David, who operate the business, expected it to be easy, & have had to put in a great deal of effort to achieve the successful operation they now enjoy.

From an inauspicious start with one sewing machine, they now have a range of machines & can tackle almost any request put to them. Primarily their bread & butter production is canvas oriented - annexes, awnings, tonneaus, boat covers, repairs to horse rugs & so on, but a recent trip to the Elmore Field Day with a newly designed range of trailer campers received excellent response. One of these units is on display at Geelong Caravans on the Bellarine Highway, & more are being built.

One thing both are adamant about is that all their products are custom built to the requirements of the customer. There is no extra charge for design, & Peter & David are happy to discuss any request, however obscure.

On a lighter note, neither can understand why repairs to horse rugs are almost always at the back end, but as the saying goes, where there's muck, there's money.,

Tallywood Boarding Cattery

Tallywood Boarding Cattery is a local business, which has been established for 7 years.

The business operates a first class "cat motel", so that you can enjoy your holiday assured that your cat is secure and well looked after while you are away.

The boarding facilities have recently been relocated and expanded with spacious and comfortable individual pens with indoor/outdoor areas.

Tallywood Boarding Cattery can cater for all your cats' needs, including special diets. For a small charge we will pick-up and/or deliver your cat anywhere on the Bellarine Peninsula.

Tallywood Boarding Cattery is situated at 177 Jetty Road, in a pleasant garden setting. If you require further information, or want to talk with us about your catboarding needs call 51-2246. We look forward to hearing from you.

"Business Profiles" are printed by the Springdale Messenger as a free additional promotion for our advertisers. To have your business listed, call Cliff Stride, Maureen Naughton (53 1960), or Rex Ruwoldt (53 1754).

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AUSTRALIA POST IS MOVING

The Drysdale Post Office will be moving and opening a Retail Establishment at 10 Hancock Street, Drysdale, on the 14th

November. The new Post Office will continue to provide the same services but in addition, will introduce additional products for sale. They are sure you will find the Retail Shop concept interesting.

They are vacating the old Post Office because of the growth of the area has made it inadequate to meet present needs. It will also enable the staff to re-

unite with their delivery group, meet the challenge of modern technology, and provide a modern and exciting Post Office for their customers.

The Post Office has been in existence since 1927, and served both as a Post Office and Telephone Exchange until phone services were automated about 20 odd years ago.

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KINDERPLAY

Registration for 1995

If you have a child who will turn 3 years old before April 30 th 1995 and will attend Kinder in 1996, then you are eligible to register your child in Kinderplay.

Please note that this is a playgroup where you attend with your child. Parent participation is a prerequisite.

Registration Day for 1995 is Monday Nov. 21st, from 9.30-11.30 a.m. at SpringDale Community Cottage, 15 Princess St. Drysdale.

Bring evidence of child's date of birth i.e. birth certificate or extract. An enrolment form will be completed on the day and a registration fee of \$5 will cover administration costs.

Any further enquiries can be directed to SpringDale Community Cottage on 531 960. All registrations to be done in person.

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Phillip Wiggins





A public meeting
will be held on
Wed., Nov. 16th, 1994
at the Clifton Springs Com-
munity Centre, Springs
Road Clifton Springs, com-
mencing at 7.30 p.m.
This meeting is for residents
who live within the bounda-
ries shown on the adjoining
map.

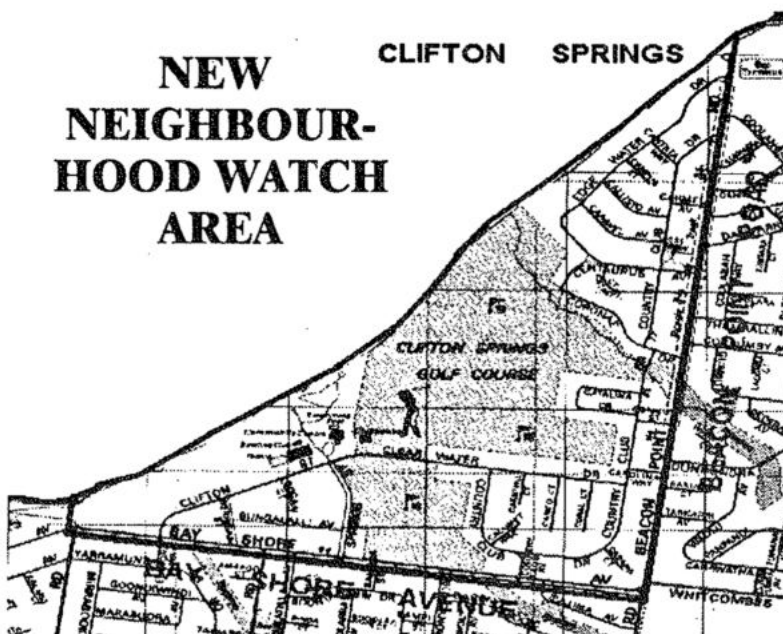
A good attendance at this
meeting is essential if Neigh-
bourhood Watch is going to
be launched in this area.

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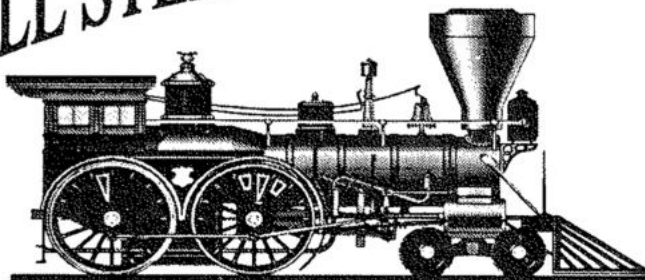
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Drysdale Fire Brigade

350 guests at 50th Anniversary dinner

Formed in 1944, Drysdale Urban Brigade is a particularly strong brigade in every aspect and has a proud history, this being celebrated in style over a weekend last month. The celebrations took the form of a torchlight procession through the town, a dinner attended by more than 350 people and an open day at the station.

Drysdale Brigade received excellent support from district brigades for the torchlight procession, 14 other brigades joining in for a spectacular opening to an historic weekend.

The dinner was a particular highlight for present and past members, many of the latter category being in attendance with some making a special trip from interstate.

At the dinner a compiled history of the brigade was launched. "The First 50 Years" is an extensive publication of 60 pages which contains a wonderful coverage of the brigade,



Captain Bernard Filbay, of the Drysdale Fire Brigade

its activities and its membership from the formation in 1944 until the present day.

In welcoming everyone to the dinner on the brigade's behalf, Firefighter Ray Bennett made particular reference to Captain Laurie Thomason who represented the Country Fire Authority, Urban Association representative exCaptain Royce Collier, Regional Officer Ken Stephens, Mr Gary Spry MLA and Mr Ian Couper of the City of Greater Geelong.

Congratulations and tributes to the brigade came from a number of visitors during a toast list. The toast to Drysdale

Fire Brigade was proposed by Mr Spry, who commented on the brigade's great tradition of service and some of its achievements.

Captain Thomason, a Member of the CFA Board, presented the Brigade with two framed certificates, one denoting 50 years service by Drysdale Urban Brigade and the other giving similar recognition to Drysdale Rural Brigade. The two brigades operate in conjunction with each other, with the rural brigade actually being formed in 1942.

It was a very proud Captain Bernard Filbay who accepted these certificates and acknowledged the commendations to his brigade.

He referred to the brigade's endeavour to be an efficient unit and mentioned the importance of competition work - "the grassroots of a good and efficient brigade."

This has been proved at Drysdale where a strong competition team has existed for much of the brigade's history. Many of the members involved in this activity have gone on to officer status.

Another reason for the obviously successful functioning of Drysdale Brigade is strong and stable leadership. In 50 years there have been only four Captains:

Bob Clarke, (1944-51),
Cec Bennett (1951-73),
Harold Peel (1973-82),
and the present Captain, Bernard Filbay, who has served since 1982.

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No Appointments needed

Mon	2.30pm -	4.00pm
Tues	2.30pm -	4.00pm
Wed	4.30pm -	6.00pm
Thurs	2.30pm -	4.00pm
Fri	4.30pm -	6.00pm
Sat	11.30am -	12.30pm

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SpringDale Classes - Term 4

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Thurs. 17th Nov. 7-9.00pm
2 weeks \$20.00

CARDIO PULMINARY RESUSCITATION

Learn a life saving technique for the summer season, update your certificate or qualify for a new skill.

Sat. 26th Nov. 10.00-1.00pm.
1 week \$25.00

CHRISTMAS CENTREPIECE

Choose one of several styles to create your own centrepiece with an assortment of stunning materials.

Thurs. 24th Nov. 12.30-2.30.
1 week \$10.00

DECOUPAGE

A special present for a special person - learn the ancient art of decoupage. Kit provided for \$18.00 and includes

wooden trinket box, lacquers and papers.

Tues. 22nd Nov. 12.30 - 3.30.
1 week \$12 .00

GLASS PAINTING

Try your hand at making a lovely present with the glass object of your choice.

Wednesday 23rd Nov 7.00-9.30pm. 1 week \$10 + \$5 for materials

INDIVIDUAL CHRISTMAS CARDS

Hand made cards - includes embossing and stamping techniques to create personalised designs. Materials \$2.50.

Wed. 16th Nov. 7.00-9.00pm.
1 week \$10 .00

PAPER MACHE/ MARBELLING/ PAPER

Be environmentally friendly by making your own paper at home. Handmade paper is ideal for gifts or personalised for your individual use.

Wed. 16th November 12.30-2.30 and Wed. 30th November 12.30-2.30

2 week course \$15.00.

An extra cost of \$10.00 for materials to tutor on the day.

RAFFIA HAT MAKING

Plait and shape a raffia hat for summer. Decorate with ribbons, flowers to individual taste.

Mon. 5th Dec. 7.00-10.00
2 weeks \$25 .00

SILK RIBBON EMBROIDERY

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Wednesday 9th Nov 12:30-3pm. 1 week \$12.00

STAINED GLASS DECORATION

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Saturday, 19th Nov. 10:00am-4:00pm. 1 week \$23.00

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TRADER OF THE MONTH

David Pinney's Pharmacy

David Pinney's Pharmacy was originally sited in the Arcade and was moved to its present position when the Drysdale complex was completed.

The proprietor, David Pinney has owned the business for five years and Robyn Humphrey, a qualified pharmacist has been employed for four years. The shop is open from 9am to 6pm weekdays, 9am to 1pm on Saturday, and 9am to 12 noon on Sunday.

Many additional services are provided including instant passport photos, a photocopy-

ing service, film processing, animal health products, and ear piercing.

Health fund contributions including Medibank, HBA and GMHBA are taken, and GMHBA staff are in attendance on Thursday morning from 9 to 12 for claim payouts. Medibank claims may be lodged at the pharmacy.

The staff, Sue, Gillian, Tiffany and Linda are all trained consultants with Yardley cosmetics and perfumes. A large range of perfumes including ones from the Floral, Green, Orien-

tal, Oriental Chypre and Chypre are stocked.

The fast growing Cosmetic Club has proved to be popular with members, and extends additional benefits detailed in a monthly newsletter.

A wide selection of inexpensive, quality gifts are stocked, and will be gift wrapped, free of charge.

A full range of Blackmores' excellent vitamins are stocked and our qualified staff will assist with selection.

Advice on ailments of common occurrence are treated or referred to the client's doctor. Many ointments, creams and lotions are made on the premises by the pharmacist to individual requirements.

In order to further improve services the pharmacy is currently being enlarged and the dispensary relocated to the new area. A counselling area will be provided to enable the pharmacist to explain the best use of medication in a private area.

DO CARE Volunteers

Do Care Geelong needs volunteers of all ages (17 & over) to visit an older person in your local community. Can you spare just an hour or so a week?

Do Care volunteers visit an older person to provide companionship and, where appropriate, they link older people into community activities of their choice. Sometimes they simply sit and chat over a cup of tea or they may go on an outing, a picnic, a counter lunch or just go for a walk.

If you would like to make a new friend and really make a difference, please contact: Sheila Milne, DO CARE Area Co-ordinator, Ph: 512075

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every Tuesday***

"A Truly Remarkable Effort!"

On 3 November 1993 these were the words the Minister for Community Services, the Honourable Michael John, M.P. used to describe the achievement of converting a \$20,000 Government Grant into the SpringDale Community Cottage that opened its doors that day, just twelve months ago.

On the eve of yet another opening, Ambulance & SES, marking once again a truly remarkable effort by the community of Clifton Springs/Drysdale, we at SpringDale can look back over a year of incredibly hard work, some disappointments and many, many successes. May we list a few of these successes?

The number of participants in the classes which SpringDale runs has increased by some 286%.

The subjects covered range from Creative Writing to Decoupage, from Introduction to Computers to Cardio Pulmonary Resuscitation, and just about everything in between.

Our tutors are local people & our students come from all over the Peninsula & the Greater Geelong area.

We have forged a link with Skillshare, to provide accommodation locally for their employment programmes, so that our residents, who are unemployed & seeking retraining, do not have to travel to Geelong, another added cost burden, to update their skills.

Facilities for child care in the area have also been very limited, especially for parents who are not in the work force. To overcome this problem we applied for, & successfully gained, a one-off grant to build an extension to the little Cottage, which will enable us to offer 'Take a Break' & other children's services, hopefully by February next year. Building starts in the next few weeks.

A number of Single Interest Groups have been started by our Volunteers. Trimliners, Bellarine Writers, Toy Library just to name a few, & there are others in the pipeline.

We have actively supported the establishment of Neighbourhood Watch & Drysdale Apex Club, especially through the pages of the "Messenger".

The Messenger itself has grown dramatically from eight pages in November '92 to twelve pages November '93, and this issue twenty-eight pages. For this we must acknowledge the continued support of our advertisers, for without them we could not produce your "FREE" Community newspaper. The more they advertise, the more community information we can afford to print & so keep you, the residents of Drysdale/Clifton Springs and the rest of the northern side of the Peninsula up to date with what goes on in your community.



The new Community Noticeboard is the latest addition to our Community Information Service.

SpringDale Community Cottage exists to serve our community & we are doing our best, BUT we can always do better.

If you have any ideas & ways to help, please come & join us. You are very welcome.

According to our statistics, nearly two hundred people come through our doors in the average week. We would like to see many more so that this "Truly Remarkable Effort" will continue, because there is MUCH MORE TO DO !!

*Maureen Naughton, for
Committee of Management
SpringDale Community Cottage*

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VALID NEWS

Caring for the Intellectually Disabled in this State can be a pretty daunting prospect. Over 5,000 adults need accommodation plans and options. Over the past ten years, State Government expenditure on Intellectual Disability Services has gone from \$50m to over \$300m.

During this same period, the increase in accommodation support places - the number

one priority in Intellectual Disability Services - has increased by just 50 places, from app. 3,650 in 1983 to app. 3,700 in 1993/94.

In addition to the 3,700 registered clients receiving accommodation support, 1,000 are thought to be living independently. Given that there are app. 10,000 adults registered to receive services, that leaves

app. 5,300 registered adults still living with their families. H&CS reports that only 3,000 have indicated that they need accommodation support, but all families need accommodation plans and respite options, to sustain them into the future.

While H&CS reports app. 300 on their "officially urgent" list for accommodation support, each of the 1,400+ clients living with parents over age 60 should be considered in serious and immediate need of accommodation plans and respite options.

Their plea has not changed:
What will happen to my child when I die?

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D. P. D. Autos

Darren Perret and Phillip Dowie have recently commenced a motor vehicle servicing and repair business at Shed 6 Cox Place in Murradoc Road Drysdale.

Darren previously spent 11 years at Eden's Garage where he gained his apprenticeship. During this time he worked as an R.A.C.V. mechanic. Phillip gained his motor mechanics knowledge from Portarlington Auto Marine where he worked for 8 years.

Darren and Phillip can take care of all your motor vehicle servicing and repair work and are experienced with all makes and models. They also carry out servicing and repairs to trucks and boats. Other services include motor rebuilds and exhaust repairs. They also sell both new and second hand parts.

As a special offer for the next 2 months, D.P.D. Autos will provide a FREE holiday check with every motor vehicle serviced.

D.P.D. Autos is open Monday to Friday from 8.30 a.m. to 5.30 p.m. and on Saturday from 8.30 a.m. to 12.00 p.m.

Darren and Phillip can be contacted on Ph: 53-2099.

Portarlington Holiday Resort & Indoor Pool Centre

Michael & Sue Boylen own and operate the Portarlington Holiday Resort and Pool Centre in Smythe St., Portarlington.

Michael says that "Living on the Bellarine Peninsula we appreciate the lifestyle and the needs of the people, but isn't there a lack of local knowledge of what facilities we already have?"

The pool is 25 metres long and 15 metres wide; it is salt-chlorinated which means that additive chemicals are kept to a minimum, and the water is clear and sparkling clean. It is water that any person can use, even those with skin allergies.

There is also a spa and a dry sauna in the complex.

The pool is open 7 days a week for public swimming.

Activities held at the centre include swimming lessons from babies to seniors, water aerobics for all ages, hydrotherapy sessions with physiotherapists for people with arthritis, and squad training for children and adults at all levels, under qualified coaches.

Swimming is one of the healthiest sports there is, so why not stop by and join in the fun, or give Michael or Sue a call on 59 2910.



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**Michael and Sue Boylen
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From the
BELLARINE JONGLEURS

Alice PANTOMIME

ST. JAMES HALL DRYSDALE



THURSDAY 8TH DECEMBER

FRIDAY 9TH DECEMBER

7.30 P.M.

TICKETS: \$4.00 EACH

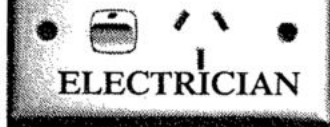
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Rosse McConnell

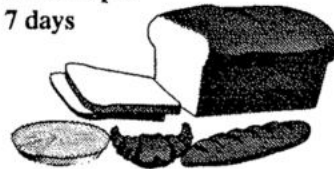


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YOUR NEW BAKERY

S.E.S. News

from Bellarine State Emergency Service Unit, Drysdale

The Victoria State Emergency Service (VICSES) is a state-wide organization formed to combat the effects of natural and man-made emergencies.

VICSES is the response authority for floods, earthquakes, and storms, and provides an essential, and often life-saving, road accident rescue service.

Bellarine SES Unit services the entire Bellarine Peninsula including Queenscliff and Pt Lonsdale to the east, and Newcomb and Whittington to the west, although assistance would be provided to other units when requested in other areas of the City of Greater Geelong and beyond.

The main activities of VICSES are as follows:

Floods:- When severe flooding occurs, it is the VICSES volunteers who help relocate evacuees, remove stock to safe areas, and supervise the construction of emergency levee banks.

Storms:- When storms occur VICSES volunteers are quickly on the scene, making temporary repairs to ensure buildings are secure until owners can arrange for permanent repairs to be done.

Earthquake and Civil Defence:- In the event of earthquake, the VICSES, has the combat responsibility for rescue, safety and clear up. It also has the combat responsibility for civil defence activities.

History of the Bellarine SES Unit:

The Bellarine SES Unit held their first meeting on May 24, 1977 (known initially as the Civil Defence Unit) -

meeting originally at the Clifton Springs Community Centre. The Shire of Bellarine allocated the use of the current headquarters in Ocean Grove to the Bellarine Unit in October 1978, with members using private vehicles to provide emergency services. The first vehicle, a Holden panel van plus a rescue trailer, was acquired by the Bellarine SES Unit on January 18, 1980.

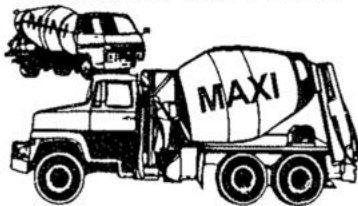
The Bellarine SES Unit participated in the Ash Wednesday bushfires during Feb 1983, with assistance provided to the Lorne, Anglesea and Torquay regions.

Communication equipment, including UHF radios and pagers, has been continually updated. The Bellarine SES Unit was provided with the life saving "Jaws of Life" on April 30, 1985, to be followed by the provision of the hydraulic cutting shears on May 3, 1985.

The relocation of the Bellarine SES Unit to the new Bellarine Ambulance and SES Joint Facility in Grubb Road is a positive move towards the provision of emergency services for the Bellarine Peninsula into the future.

The Bellarine SES Unit acknowledges the support of the community, the City of Greater Geelong - Bellarine District, the Ambulance Service Victoria South Western
continued page 21

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in the interests of better
community communications

Veterinary notes

Caring for your pets.

Look in Ear !

Ear complaints are one of the most common reasons that people bring their pets to vets.

Signs of ear trouble include shaking the head, holding an ear down, scratching the ears, the presence of a bad odour, or excessive amount of discharge coming from the ears, inflammation or pain in the area, and swelling of the ear flap.

The anatomy of dog and cat ears makes them prone to problems: the ear canal has a horizontal component leading from the ear drum and a vertical component extending to the outside. This enables wax, moisture, debris and foreign bodies, e.g. grass seeds, to become trapped in the horizontal section close to the ear drum.

Dogs with floppy ears, hairy ear canals, excessively waxy ear canals, and dogs that swim a lot are especially prone to problems.

If your pet shows any of the above signs of ear disease you should consult your vet. Examination of the ear can be difficult due to the narrow, windy nature of the canal, especially if the ear is sore. The instrument used to examine the ear is called an otoscope. In many cases sedation or general anaesthesia is necessary to examine and treat the ear.

The most common causes of ear disease are



bacterial and yeast infections. If there isn't too much discharge present treatment may just involve applying prescribed drops. In more severe cases however, the ear canal needs to be flushed and cleaned. Occasionally the infection recurs in which case your vet might advise a swab of the discharge to identify the infectious agent involved. If untreated, ear infections can extend past the ear drum to the middle and inner ear, causing loss of balance, lethargy, circling and depression.

Ear mites are often seen in kittens and puppies. The mites live in the wax glands of the ear canals and lead to excessive wax production and intense irritation. Ear mites are easily treated with insecticidal drops prescribed by a vet.

Foreign bodies, especially grass seeds, can easily become trapped in the ear canal, causing intense irritation. The animal will shake its head vigorously, hold its ear down and hold the head to that side. Your veterinarian will retrieve the object using a pair of special forceps; this is usually done under sedation or general anaesthesia.

Some ear conditions are related to generalised skin conditions, where the skin of the ear flap and the lining of the ear canal becomes inflamed and irritated, e.g. allergic skin disease. Treatment should be as directed by your veterinarian.

Continued next page

BELLARINE
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7 PALMERSTON ST., DRYSDALE

Mon & Wed & Fri	10.00 am - 11.30 am 2.00 pm - 3.00 pm
Tues & Thurs	10.00 am - 11.30 pm 5.30 pm - 8.30 pm
Saturday	8.30 am - 10.00 am

Office only (No Vet)
Mon & Wed & Fri 11.30 am - 12.30 pm

For your convenience appointments are now necessary
Please Phone: 53 1393
Calls outside these hours will be
diverted to our Newcomb Hospital

Veterinary Notes, continued from page 20

narian. Another common ear condition is an aural hematoma. This occurs when a dog shakes its head so vigorously that a blood vessel in the ear flap bursts and the flap fills up with blood. Treatment involves lancing the 'blood blister' and suturing the two sides of the ear flap together to prevent it filling up with fluid again.

If your pet is prone to ear problems the following preventative methods could be tried:

- - Regularly clean the ears with an ear cleaning preparation to help dissolve wax and keep the ear canals dry.
- - Pluck hairy ear canals.
- - Dry your dog's ears after a swim and prevent water going in the ears during bathing.
- - Air your dog's ears if they are long and floppy (as seen in Cocker Spaniels) by tying the ears above the head.

At Bellarine Veterinary Practice we can advise you on how to look after your pet's ears. For more information please phone 48 2009.

S.E.S. continued from page 19

Region, and the Victoria State Emergency Service in the provision of this long-awaited facility.

The Bellarine SES Unit in its endeavours to provide services to the community, would like to invite members of the community who may be interested in joining the Unit, to contact the Controller Aubrey Platt on 'phone 51 3338, or the Duty Officer on (018) 525 648 after hours.

New members are welcome and needed urgently from Portarlington, St Leonards, Queenscliff and Pt

Lonsdale, as well as other areas.

The Bellarine SES Unit participates in many fund raising and community service activities. All funds raised are used for new and replacement equipment and materials purchases.

The Bellarine SES Unit wishes to thank all the Community Groups, other Emergency Services, the City of Greater Geelong, and the Springdale Messenger for their support. It is much appreciated.

*Aubrey Platt, Bellarine
SES Unit Controller*

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In Your Garden

Sunshine, its about time too! A bit of pleasant weather is just what we need to get motivated into gardening mode.

There is plenty to do in the garden this month; summer flowering annuals should be planted, Asters, Begonias, Cosmos, Petunias, Marigolds, Portulaca, Salvia, Dahlia.

It is not a bad time to be putting some work into that ever neglected vegetable patch. You probably have been preparing it over the last couple of

weeks, by digging in compost or manure to give the soil a bit of a lift, well you should have been anyway.

Vegies to plant include Lettuce, Silverbeet, Parsley, Celery, Tomato, Spinach, Cucumber, Zucchini, Basil, not to mention a whole heap that can be planted from seed.

This time of year is particularly good for sowing the lawn, the warm days causing the lawn seed to germinate and grow quite quickly.

When sowing a lawn the preparation of the area beforehand is all important. The area should be levelled to the required contours, keeping in mind where the runoff from the rain will go.

Try to avoid too many dips and troughs in the surface, unless you particularly want the lunar landscape effect. Ensure that the top soil is raked and moist before sowing the seed. Measure up the area to be sown, and purchase a good quality lawn seed. Allow a bit extra, because there never seems to be enough seed to cover the exact area.

Put on your very best casting hands and spread the seed, preferably not on a windy day. Once the seed is down, a light roll will help to keep the seed in place, then begin the watering. DO NOT water until all the lawn seed runs down the path and into the gutter, this is too much. Just keep it moist, this can mean watering three or four times a day, depending on the weather.

The next task is to keep the birds off it until it begins to grow, which should be in one or two weeks. The first couple of mows should be fairly high, just to encourage the grass to thicken up. Don't forget to water, otherwise the new grass will burn off.

*Neil Muhlhan
Alinga Nursery*

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Reader's Contributions -

Tips and Hints

If what you are doing doesn't work, you might like to try one of the following:

To keep flowers & water fresh in vases for up to a month, take a piece of charcoal the size of a first thumb joint, add four or five small pieces of gravel, & place them in a piece of material big enough to pull together very tightly with thick string or

cord so the stones & charcoal don't come out. Next put water into the vase as usual, drop the parcel of charcoal & stones into the bottom of the vase & arrange your flowers. At the end of the month you can remove the flowers, & if you feel like it, drink the

water, as all water supply pumps are packed with charcoal to purify the water.

I follow the practice of sowing vegetable seeds by the moon phases. Vegies that mature above soil, sow 3 days before the full moon; vegies that mature below soil, 3 days after the full moon. They come up quicker, grow faster, & taste better because the moon controls our weather & tides.

Fred Brimble, Belmont

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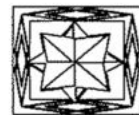
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551627



Drysdale Library News

If you're thinking of giving books to your family or friends this Christmas, don't forget the monthly \$25 Book Token Competition.

Every time you buy a book at Griffiths, show your library card to the assistant and you could be one of the ten lucky winners drawn each month. The library is credited with 10% of the purchase price of your book, so you're helping us too.

Another way of stocking up



on books for yourself is to buy up at our book sales.

You may have missed our annual Melbourne Cup Day Sale, but Queenscliff Library have a large collection for sale during Library hours. For more details 'phone the library on 52 2017, or ask me.

Our final Toddlers' Time for 1994 will be held on Friday, 16 December, 10.00- 10.45am, & will, of course, have a Christmas Theme.

We have had some great new fiction books added to our collection, including :

Len Deighton - "Faith" (the 1st of a new trilogy)

Bob Judd - "Juice"

David Wiltse - "The Edge of Sleep"

Susan Moody - "The Italian Garden"

David Morrell - "Desperate Measures"

Amanda Quick - "Mistress"

George V. Higgins - "Bomber's Law"

To place holds on these, or for any other requests, phone me on 51 3855 and I'll be pleased to be of assistance.

*Barbara Riley,
Drysdale Library.*

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A NEW VIEW CLUB

An Australia-wide club for women has started a branch in Geelong.

The VIEW Club provides women with an opportunity for social gatherings, friendships, entertainment and interesting speakers.

VIEW stands for Voices, In-

terests and Education of Women and the Club is affiliated with The Smith Family. As part of its activities it raises money for that charity.

Annual membership fee is \$2! and there is a Joining fee of \$2.

A beautifully illustrated quarterly magazine is sent to all members.

All age groups attend the dinners and social events and we have a great time..

Like to know more?

Phone Veronica Schwarz on 59 3849.

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EVANGELIST**

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Major Alan Laurens came from humble beginnings in Collingwood, and in 1959 was commissioned with the Salvation Army for a lifetime of service.

During a heart wrenching family crisis, Alan experienced the reality of God's power in his life, which sent him on an adventure taking him all over Australia and the world.

It is a real privilege to have Alan speak in our area.

We invite you to join with us too, in welcoming him as he comes to the Drysdale Recreation Reserve on Saturday evening 12th of November 1994.

Coming Events

Wanted: Palmerston Court Aged Care Hostel is looking for Community groups who are willing to come in on a voluntary basis to entertain our residents. We welcome any musical or dramatic groups who could spare us some of their time. Please ring Carol on 53 2582 if you can help.

Baptist Church: Your local Baptist Church, Central Rd, Clifton Springs. Enquiries welcome. Ph: 53 1833 (most mornings) or 53 1725 (evenings)

Accommodation: Wish to share a House - lady or independent student. Ring SpringDale 53 1960

Trimliners: Come along to a friendly afternoon & meet Pat, Mavis, Rhonda & Lauren. Join in & lose those few extra kilos prior to Christmas. Raffle tickets \$1 each will

begin selling in November - prize is big Christmas hamper. Ring SpringDale for further information on 53 1960.

Friends of SpringDale: are holding a morning tea (no charge) on Tuesday, 22 Nov. at 10.30am in the Community Hall, High St. Everyone very welcome to attend, especially those new to the district. Here is a chance to meet some of your new neighbours & find out about local facilities, clubs & interest groups on the north side of the Bellarine Peninsula.

Just drop by or give us a call on 53 1960 - this does help with the catering.

SpringDale Exercise Group: The SpringDale Community Cottage has several vacancies in its gentle arthritis water exercise group, which meets weekly for classes at Splashdown. Transport provided, plus class, all for \$4.50 a week.

CAE Book Reading Group

New members are welcome in this group which meets monthly. Come along, meet people, & enjoy some lively discussions.

'Phone SpringDale on 53 1960 for further information.

SANDS (Geelong) Stillbirth & Neonatal Death Support, invite you to a Special Dedication Service at the Geelong Memorial Walls for Babies buried in public graves and whose resting place is not known.

Western Cemetery, 6.11.94 at 2.30 pm;

Eastern Cemetery, 13.11.94 at 2.30 pm

SANDS Geelong offers support and the recognition of all those who have the experience of grief following the death of a baby. This day is for you.

Enquiries to SANDS : 'phone 513 595 or 216 976 or 482 438

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Typing of Letters, Newsletters, Resumés, etc., Veronica Schwarz, "The Write Way", 425 Hood Rd, Ind Hd, Ph 59 3849

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CHOOSING YOUR AGENT

Once deciding to sell your home, the next step is to engage a local real estate agent.

Making the right choice will not only contribute to a stress free sale, but the agent's knowledge, advice and skill are keys to selling the property for the highest price in the shortest time.

Agents in The Professionals Group use a Home Marketing Action Plan tailored to suit your needs. After discussion on the right marketing approach, the vendor should have a clear understanding of the process.

No matter how long an agent in The Professionals group has been in the industry, each is kept up to date with the latest market trends and selling techniques.

A key activity of the group is the training of agents and their staff in the more than 500 real estate offices who are members of The Professionals throughout Australia and New Zealand.

The group's Victorian Chief Executive, Bruce Mathieson, said: "The ongoing training makes sure our members develop a depth of knowledge in all aspects of successful real estate sales. The training ranges from providing the highest standard of service, through to writing effective advertisements".

An active local agent will know the local market and be best placed to provide an appraisal of the potential property sale price.

Ask for details of recent properties sold in the area, go out and look at them if possible, and make comparisons with your house. Vendors need to ask their agent for a realistic sale price



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Hodgkinson
AH 55 1043



Brett
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AH 53 2364
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and discuss in detail the factors taken into account when setting the figure.

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