

# The SpringDale Messenger

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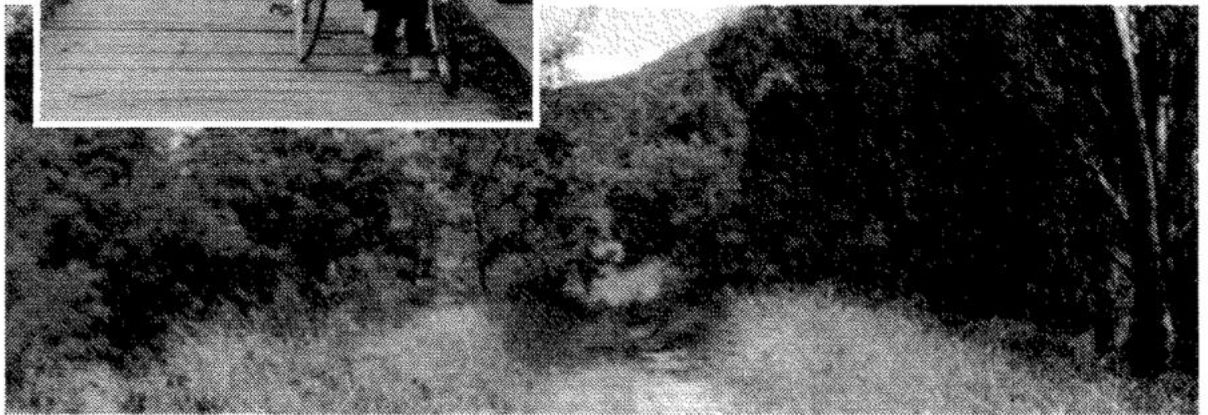
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## RAIL TRAILS



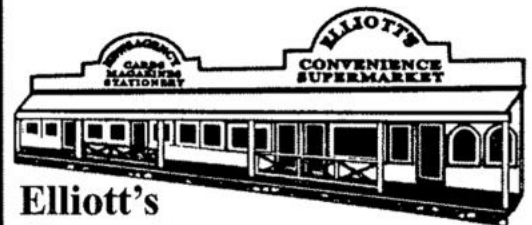
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# The SpringDale Messenger

The SpringDale Messenger is compiled by the SpringDale Community Cottage, 14 Princess St. Drysdale.  
Postal: P.O. Box 80, Drysdale, 3222.

## Advertising and Enquiries: 53 1960.

Community Groups, Churches, Sporting Clubs, Service Clubs, etc., are invited to submit details of their future activities for regular inclusion in the Community Diary section, or as articles in the news section as appropriate.

Copy may be typed or printed with a good ribbon (preferred), or legibly handwritten and left at the SpringDale office at 14 Princess St., in the box at Elliott's Newsagency, or posted to  
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# RAIL TRAILS VICTORIA

## SOUTH GEELONG - DRYSDALE RAIL TRAIL

### HANDOVER OF \$10,000

BY

### OCEAN GROVE/BARWON HEADS LIONS CLUB

## 12 AUGUST 1995

#### **Rail Trail Off The Ground**

Tuesday September 12th saw the official launch of the Bellarine Rail Trail project with the hand-over of management of land between Drysdale and South Geelong by the Department of Conservation and Natural Resources to the City of Greater Geelong, and the presentation of a cheque of \$10,000 by the Ocean Grove/Barwon Heads Lions Club to the City of Greater Geelong to initiate the project.

The proposed multi-purpose recreation track will run along the disused railway line extending from the Showgrounds in South Geelong to the historic Drysdale station, becoming one of a series of Rail Trails now open or in preparation throughout Victoria.

Victoria's disused railway lines are a great recyclable resource. There are now more than 60 of them spread throughout the state. A number have the potential to be transformed into high quality recreational, heritage and tourist trails.

The South Geelong to Drysdale section of the old line to Queenscliff is an excellent example and will be the first formally established Rail Trail in Victoria, with its own committee of

management. The City of Greater Geelong is to be commended for its support for the project and its willingness to be appointed as the Committee of Management with a broadly-based advisory committee of local interest groups to assist it in developing the Trail.

The level of community interest that exists in the South Geelong to Drysdale line becoming a Rail Trail is obviously considerable. There is also the additional possibility of continuing the Trail all the way to Queenscliff, in collaboration with the Bellarine Tourist Steam Trail Railway.


Similar levels of support and interest are now being expressed by councils and community groups in other parts of the State, from as far east as Bairnsdale and Orbost, to Timboon and Camperdown in the Western District, Numurka to Picola in the north, and Myrtleford to Bright in the north-east.

Apart from creating a popular leisure facility, the conversion of a disused line like South Geelong to Drysdale into a Rail Trail can bring other significant benefits including:

- Freedom and safety from motorised traffic.

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- Alternative links between population centres and points of interest.
- Preservation of an historic railway route and its associated station buildings.
- Improvement in economic opportunities for local townships through which the Rail Trail runs.
- Expansion of the tourism base on the Bellarine Peninsula.

Victoria's Rail Trails are set to become a valuable addition to the expanding world industry of eco-tourism. Railway reserves play an important role as wildlife corridors and habitats for significant flora and our native birds and animals. On many parts of these reserves throughout Country Victoria, significant remnant native grassland and bushland can be found. In some cases, they contain rare and endangered plants on the only remaining uncleared land in the area.

Funding and other support to develop Rail Trails can be attracted from a variety of sources. The very generous donation from the Ocean Grove/Barwon Heads Lions Club to the South Geelong-Drysdale project will hopefully set a major trend for other service clubs in this area and in other parts of Victoria.

Also tax deductibility for corporate and private sector donations to help develop Rail Trails is now available through the Victorian Conservation Trust. The Trust has set up a specific appeal for the South Geelong-Drysdale Rail Trail.

In-kind support from local Councils can significantly assist in the implementation of a Rail Trail. Job training programs can provide appropriate labour. Establishment of a volunteers "Friends of Rail Trail" group can harness community interest and support.

While the recreation and conservation potential of disused railways in Victoria has been recognised for almost 20 years, nothing has been done to develop this potential. The Victorian Government's Rail Trails Program aims to rectify this.

It is anticipated that an Advisory Committee for the Trail will shortly be appointed, and will seek nominations from members of the public, service clubs and various community groups, as well as statutory authorities. The idea for the Bellarine Rail Trail was initiated by Member for Bellarine Garry Spry last year when, with the involvement of the City of Greater Geelong, a public meeting was held to gauge community interest in the project.

Mr Spry said the meeting revealed an overwhelming enthusiasm for the proposal and has attracted the full support of the Minister for Conservation and Environment, the Hon. Mark Birrell.

"The Trail will need plenty of community support and effort before it becomes a linear corridor with a canopy of foliage, native trees and birds," Mr Spry said. "But judging by the reaction of all who have been involved to date, I am confident that the reality of the Trail will live up to all expectations."

The project is expected to be completed in stages, relying on the involvement of local

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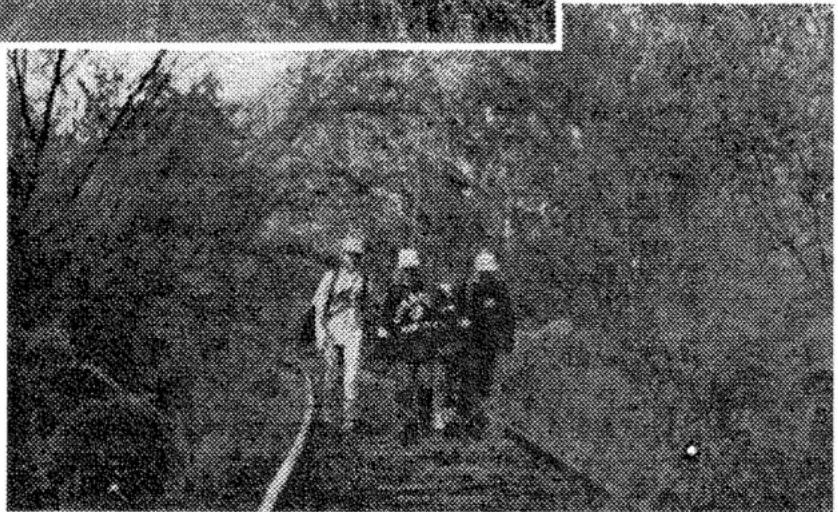
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business and community groups in lending their support, such as that provided by the Ocean Grove/Barwon Heads Lions Club.

In accepting the Club's contribution of \$10,000 towards the first stage of the project, Cr Ian Howard said that the project had brought together the enthusiasm and co-operation of State and local bodies and organisations, in particular the efforts of Garry Spry, the Department of Conservation and Natural Resources and the Lions Club.

"The City is also keen to be part of the development of the Bellarine Rail Trail, and we want the local community to take part in the development process too," Cr Howard said.



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## SpringDale Community Cottage Bellarina Toy Library



SpringDale  
Community Cottage  
Bellarina Toy Library

Things are a-buzz at Bellarina Toy Library. Our members' fantastic fundraising feats, coupled with generous support from local businesses, mean that our storage cupboard is bulging! We have been concentrating on extending our luxury toy range; top quality toys that can be booked for one week. My daughters are playing in the Little Tykes Kitchen as I write. It's like having World 4 Kids in your own family room!

Whilst on the topic of World 4 Kids, SpringDale Bellarine Toy Library invite you to a pre-Christmas Toy Buying Night on Thursday October the 5th. (Any time between 6 and 9 pm). As it will be a special catalogue week, lots of toys will be on sale and 7.5% of total sales will go back to our toy library.

Special arrangements have been made for those unable to attend the evening session. Just go to the Service Desk and show the Voucher below any time on October 5th and your purchases will be credited to our toy library tally.

Please support us - bring your friends. Shop early for Christmas. Lay-by is available (to be picked up by December 10th).



**Saturday November 4th: Our 2nd Birthday**

Yearly fees are due on this day. November 18th will be the last day for payment to secure your place for 1996. This is an ideal time for new families to register - limited vacancies exist. So come along and join the fun at Bellarina Toy Library on Saturday mornings between 10.30 and 11.30. (We are closed on September 30th and October 7th for our annual stocktake). You will find all the action in the Occasional Care Room at the rear of SpringDale Cottage. Ring the Cottage on 53 1960 for further information.

Jan Anderson.

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# **Article for SpringDale Messenger from** **Councillor Dennis Blake** **Clifton Springs Drainage Schemes in crisis**

## **Summary:**

\* Council is faced with a deteriorating drainage situation in Clifton Springs which is threatening private property and the integrity of the coastline.

\* There are six catchments all of which discharge stormwater over the cliffs or into watercourses. In several cases severe gully erosion is evident.

\* Localised flooding also occurs within the Clifton Springs Estate.

\* Community advice and information has been provided in the past, however it is important that this program be recommenced.

## **History:**

The Clifton Springs area was subdivided in the early 1960s by a prominent Developer of the time. A large tract of land was subdivided and as a result, lay vacant for many years. During the last 10-15 years however, considerable housing development has taken place, reaching a stage now where the area is predominantly built up. With this development and subsequent increase in stormwater runoff from paved and roof areas, major drainage problems have developed which must be addressed by Council immediately.

The Bellarine Rural City Council identified the drainage problems in the 1980s and commenced investigation, survey and design

works, as well as a community consultation and information program.

During the transition period to the City of Greater Geelong, the projects were held in abeyance, and it is essential that Council now proceed to formalise the schemes and commence the administrative processes. This action is necessary because two of the outlets are deteriorating quickly with the cost of rectification works increasing at the same rate.

## **The Problems:**

When the subdivision took place in the early 1960s, the Council of the day imposed conditions pursuant to the Local Government Act 1958. In reference to drainage, the subdivider was required to drain any roads created, but there was no power to require the subdivider to construct stormwater drains in easements, or to size pipes to drain lands and premises as well as roads.

This has resulted in a large Estate almost fully developed with a minimal standard road drainage system, no easement drainage and no adequate main drain to serve the centre catchment. Nuisance flooding within the Estate is now apparent, particularly in the low-flying areas.

Of major concern is the effect on the coastline at the locations where the stormwater discharges.

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Extensive erosion has occurred threatening a number of properties as well as the overall integrity of the coastline.

A number of attempts have been made to rectify these outfalls, but all have proven unsuccessful. As time passes the cost of rectifying this gully erosion is increasing.

#### The Schemes:

The Catchment has been divided into six areas, all Catchments have one or more outfalls over the cliffs, or into existing watercourse. Gully erosion as a result of the outfall from Catchment 39 was so severe and threatening to private property adjacent, it was necessary for outfall works to be undertaken in advance of a Special Charge Scheme. This work was completed last year at a cost of around \$250,000. It is intended that this expenditure be included in the future Special Charge Scheme.

Investigation, survey and design has been completed to varying degrees for the catchments, drainage schemes. A considerable amount of work has been completed on Nos 41 and 45 and these schemes should be presented to Council within a matter of months.

#### Major Issues:

There are two major problems which are of concern:

1. Catchment No.45 outlet at Edgewater Drive - massive erosion working its way back to the foreshore reserve, the street and houses on the other side of the street.
2. Catchment No.41 outlet adjacent to the Bowling Club.

Massive erosion and slips are occurring in close proximity to the bowling greens and club house.

#### Public Relations

Bellarine Rural City Council has carried out quite an extensive public advice and information program. This included the issue of a Newsletter and the posting of Notices in the area, advising of future drainage schemes. It is appropriate for Council to re-initiate this information dissemination which could be done by means of a further newsletter. This newsletter will highlight the need for the Schemes, how they will be implemented, a timetable, approximate costs and the process of a Special Charge Drainage Scheme.

## **BORED**

Yo! Are you aged 13-18?

Totally bored, interested in live bands, shooting pool or just hanging out?

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Enquiries Kyle O'Dale 53 2861

or

Marion Westrup or Bellarine Peninsula Health Service 512291

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## **IN YOUR GARDEN**

Well, here it is the most favoured time of the year, SPRING. The lengthening days, a bit of lovely warm sunshine and the cold wet winter seems a long time ago. The very pleasant warm spell during the end of August has got most of us enthused about reclaiming the garden from the weeds, and anything else that has invaded over the winter. On the subject of invaders, don't leave it too long to make a start on the removal of them, otherwise you will need a machete to get rid of them.

This is a lovely time of the year with many beautiful flowering trees bursting into colour, providing a magnificent display in the gardens lucky enough to have them. Once these trees have finished their flush of flowers, then it is time to prune them to encourage the new growth to go where you want it to. It is not necessary to prune them hard, just enough to keep them in a nice shape. Any deciduous trees

that were purchased over winter may need to be staked to avoid the spring winds forcing them over on the angle of the dangle. The ties should not be tight but firm enough for the tree to remain upright, unless of course you are after that *special* effect.

There are plenty of different things that can be planted in the garden in the way of annuals at this time of the year. Petunias, Marigolds, Pansies, Violas, Lobellia, Impatiens, Begonias, Ageratum, Nasturtium, Delphinium, etc. The vegetable garden can also be resurrected from the weeds and planted with a variety of taste bud tantalising treats, well - vegetables anyway! Planting seeds is the way to get the most crop from your dollar as long as you can keep the blackbirds and their mates away from the emerging shoots.

**Neil Muhlan**

**Alinga Nursery**

## **Youth Group**

Drysdale Community Health Centre.

An exciting new concept is beginning around at the Drysdale Community Health Centre.

The need for a youth group on the northern side of the Bellarine Peninsula has been well known for a long time. Now, through the hard work of Marion Westrup (Community Health Nurse) and Kyle O'Dale (Volunteer Youth Leader), this need is slowly being fulfilled.

On the first of September a public meeting was held to determine whether the necessary support for a youth group did exist. There was a strong turnout of local teenagers who showed great enthusiasm for the project.

The aim of the group is to provide a safe environment for teenagers to hang out. Structured activities are also offered. The youths are encouraged to make any decisions, choices etc. off their

own back. Any funds needed will be generated by the youths themselves.

The group is open to 13-18 yr. olds from Drysdale through to St. Leonards, anyone interested should come along to the Drysdale Community Health Centre, 21 Palmerston St. Drysdale on a Friday night at approximately 7.00pm.

Unfortunately, unless more adult volunteers are found, the group may fold before it truly gets off the ground. Volunteers work on a roster system over a school term. In the long run, a volunteer is looking at one to two nights per term and may be asked to assist with outings. If you have any ideas, require more information or are interested in volunteering, please contact either Kyle O'Dale on 532861 or Marion Westrup on 512291.

Rebecca Hall, Volunteer

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*Vi Malcolm (Reeves) with her brother Douglas*

## **SpringDale Writers'** **THE DROP-TAIL KANGAROO**

I've heard some hard luck stories,  
As I've travelled on my way,  
For I've drank in nearly every pub,  
From Portland, up to Hay.  
But the story I like the best of all,  
And the one I now repeat,  
Is the story an old bloke told me,  
In the pub at Burrumbeet.  
To my question, owyergoin?  
As I stopped to wet my whistle,  
He said, old mate, if it was raining roses,  
You can bet I'd cop a thistle.  
Now some might find his story,  
Is a little bit absurd  
But this is the story he told me  
And I've copied it word for word.  
I had a farm in the Mallee, he said,  
Where the heat would failly bake yer,  
And the country was so hungry,  
I only ran three ants to the acre.  
The Department of Agriculture sent a scientific bloke,  
To carry out a survey,  
Into why I was going broke,  
Well I carried out his survey,  
With some other science wizards,  
And found the only thing my farm could run,  
Was Kangaroos and Lizards.

They went back to the laboratory,  
To figure what to do,  
And with genetic engineering,  
They bred a Drop-tail Kangaroo  
Yes, they crossed a Drop-tail Lizard,  
With a Big Red Kangaroo,  
Isn't it just amazing,  
What modern science can do?  
The Department would market the tails, they said,  
Each animal would drop six a year,  
At around about ten dollars each,  
I'd be rolling in money and beer.  
Well it sounded good in theory,  
But I never got no cheques,  
'Cos the first time that their tails dropped off,  
They fell down and broke their necks.

Kevin Magher



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Page 11

## **Introducing SpringDale Community Cottage** **Your own Neighbourhood House** **and Learning Centre**

SpringDale Community Cottage Drysdale is a member of the National Network of Neighbourhood Houses and Learning Centres. We cater primarily for the area known as the North Bellarine Peninsula or Coryule Ward plus St. Leonards in the new City of Greater Geelong. The area has a population of approximately 15,000 permanent residents and is comprised of Rural, Rural Residential, Fishing Villages and areas designated as Urban Growth areas. It is one of the fastest developing localities outside the metropolitan area of Melbourne. SpringDale provides Leisure and Educational learning Programmes including ACFE funded classes, as well as co-operating with Skill-Share in their re-training and return to work programmes. Basic education and one to one adult literacy courses are also offered.

We cater extensively for children's programmes through Playgroups, Toy Library, Take-a-break and Occasional Care. The demand from the newly developed area of Clifton Springs for these services is very high. Nearly 27% of the population is comprised of young families with children of pre-school and primary school age.

SpringDale produces and distributes the local Community Newspaper which is strongly supported by local business and covers a very broad range of local community activities from Church Groups, Sporting Clubs and Service Clubs to the Art Society and local Festivals. We also installed and now service the Com-

munity Notice Board in the main street of the Village Shopping Centre.

A number of self help and single interest groups have been auspiced and continue to be supported by SpringDale. These include:

Bellarine Creative Writers, C.A.E. Book Club

Trimliners weight control and fitness group  
Arthritic Swimmers, SpringDale Singers, SpringDale Publications, and Friends of SpringDale (the isolated or new residents drop-in and meeting group).

We have worked with other community groups on single projects such as:- The Drysdale Police in the establishment of Neighbourhood Watch Districts, Drysdale Community Crafts and Drysdale C.W.A. in the First Drysdale Craft Expo; South Barwon Apex in the establishment of the Drysdale Apex Club, Twenty Community Groups in the Community Arts Project working with the then Rural City of Bellarine. Also with Karingal in their integration programme.

All of the above have been highly successful endeavours carried out over the past two years and thoroughly supported by the local community.

SpringDale has also conducted a number of significant and successful conferences covering:- Advocacy for the Disabled, Training for Volunteer Committees of Management, International Womens Day, The Annual Toy Library Conference, A Playgroup Work-

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Saturday 9.00 am - 12.00 noon  
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shop to celebrate the Year of the Family in 1994. And a Family Picnic Day in 1995.

Plans for the future include a Second Community Arts Project, An Australia Remembers Souvenir Community Newspaper -August 1995, A Writers Festival, Family Picnic Day, A New Residence Information Kit and in Co-operation with Drysdale Apex a New Residence welcoming Bar-B-Que held quarterly, a Tourist Information Point in conjunction with other local Service Clubs and Business, An Oral History of the District working with the Historical Society of Drysdale and an extension of the Adult Learning, Leisure and Recreation classes.

All these activities are being progressed with applications for individual funding (where available) 'being made.

SpringDale Community Cottage opened its own doors, November 1993, after sharing a desk in Drysdale Health Centre for two years. The house is a small (approximately 11 squares) 1950 State Housing Commission Home which was transported from Norlane to Drysdale in June 1993. With the assistance of

the maintenance crew from the then Rural City of Bellarine, a \$20,000 grant from H & C.S. Victoria and the very hard work of some ten volunteers, a neat, pretty cottage was opened to the Community. Within three months it was evident that the physical size of the building was impossibly small for the demands of the people who wished to use it. In the first twelve months Student Contact Hours in the classes alone had risen by 286% and were only limited by the space available.

In April 1994 we applied for and gained a grant of \$36,000 from H & C S to build an extension to enable us to house our childrens programmes and classes such as Yoga, Relaxation and other large self help groups.

Even before this room became available for use in May 1995 we knew we needed more space. We already hire the local Community Hall three days a week and our computer classes are conducted at a Secondary school some 15 kilometres away.

The demand from the Community we service is growing everyday and we find it very difficult to have to restrict our activities because of

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### **DRYSDALE PHYSIOTHERAPY AND SPORTS INJURY CLINIC**



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27-29  
High Street  
DRYSDALE  
3222.**



lack of space and the workload of our one paid member of staff.

At the present time we are receiving from H & C S funding for fifteen hours of operation. We are open from 9.30 - 3.30 daily. Saturday morning for the Toy Library and Night Classes during the week.

Therefore we are actually open to the public 40hrs a week, although funded for only 15. 87% of our service is provided through voluntary work. In four weeks mid July to mid Au-

gust 750 volunteer hours were given to run our programmes. Keeping up this level of service takes dedication, determination, optimism, enjoyment and above all the feeling of doing a worthwhile job and achieving a high standard of success.

The public money invested in SpringDale is receiving an extraordinarily high rate of return, by virtue of volunteer labour. SpringDale, therefore, will continue to actively seek further direct financial support.

## **Activity Centre**

The Drysdale School/Community Activity Centre was built as a joint venture between the Drysdale School, representing the Education Department and the Community represented by the then Rural City of Bellarine (now the Greater City of Geelong).

The Centre was completed in 1991. The main section of the building houses a hall, a kitchen, a smaller meeting room and amenities, together with the school's sporting equipment store room. Since the centre was completed the main hall has been used by the community for various activities, however the main function has been by the community basketball organisations, gymnastic groups, indoor soccer, a disco, and cat shows. Currently the basketball organisations are the major community user. The courts are marked for other sports such as badminton and netball. Local government have also used the hall extensively during the school

holidays for the local School Holiday Programme.

Last year the students of the Drysdale Primary School participated in a school concert, which was held at the Newcomb High School, due to the lack of performing arts facilities in the area. The standard of the children's performance was such, that at the commencement of this year, parents of the Drysdale Primary School indicated an interest in building a stage and associated rooms to the south side of the building, to enable the school to participate more in the performing arts, both with its own performances and performances of visiting artists.

The School has financed the new additions, together with financial assistance from the parents and the community. A major factor in enabling the costs being kept to a minimum has

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**53 1515 or 018 593 992**

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per day



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Mobile 018 526 187

After Hrs 53 1829

been the volunteer labour of many of the parents and tradesmen from the local area.

The work on the new stage addition is now nearing completion, and will be available not only to the school, but is available for hire by the community. The hall will seat approx. 500 persons, and would be suitable for drama groups, service group annual fund-raising dinners, wedding receptions in fact any activity that requires a stage, a main hall with or without the kitchen facilities.

The times available to the community are:

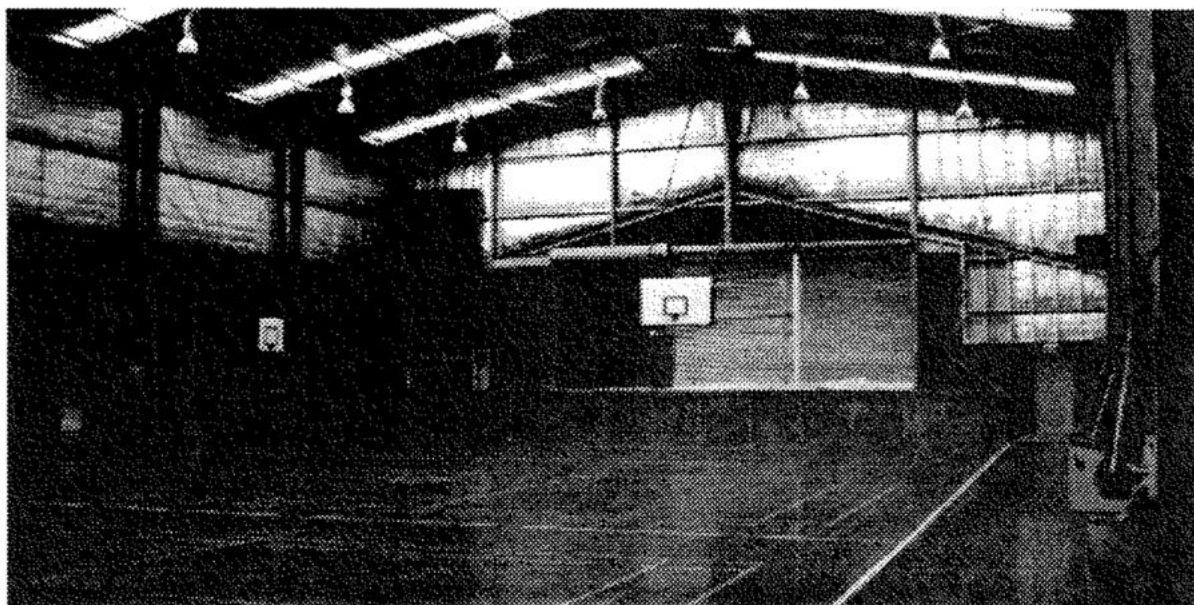
Any evening after 4.30pm. after 1.00pm Thursdays, and

on the week-end.

There are currently many times available for hire by persons in the community.

Since the rationalising of the Local Governments, the Primary School has now the responsibility of handling all inquiries and bookings from the community.

Should you wish further information on times available, pricing or to inspect the building contact Meryn at the Drysdale Primary School, phone 51 2272 and she will be only too happy to assist.



TIME: Monday  
1.00 pm - 3.00 pm  
PLACE: SpringDale  
COST: \$75 per term

**SpringDale  
3 year old  
Activity Session**  
opening 1996

Children must be at least  
three years of age  
at the beginning  
of the programme

Limited to only 14 places



REGISTRATIONS taking place

Friday October 20th 1.30 p.m.  
SpringDale Community Cottage

Run by a  
**FULLY QUALIFIED**  
and very experienced  
**KINDERGARTEN TEACHER**

Deposit of \$25.00 to be paid to secure your place

## **BOOK FAIR SALE**

AT CLIFTON SPRINGS PRIMARY SCHOOL  
NOVEMBER 6TH - 10TH  
TIMES: 8.30 - 9.00AM  
3.30 - 4.15PM (LATER IF NECESSARY)

EQUIPMENT EG. SHELVING, DISPLAY RACKS ETC. FOR CLIFTON SPRINGS PRIMARY SCHOOLS LIBRARY. A GREAT OPPORTUNITY TO PURCHASE EXCELLENT QUALITY BOOKS FOR CHRISTMAS.

HUGE RANGE OF NEW BOOKS FOR SALE CATERING FOR "READERS" FROM TODDLERS THROUGH TO TEENAGERS. MONEY RAISED WILL BE USED TO PURCHASE BOOKS AND

KAREN TURNER  
C/- CLIFTON SPRINGS PRIMARY SCHOOL  
JETTY ROAD  
CLIFTON SPRINGS 3222  
TELEPHONE 513581

## **TRIMLINERS NEWS**

Our first birthday party was a great success with everyone having a very enjoyable afternoon. As Summer is just around the corner we all need to be a bit more conscious of what our bodies will look like with less on, hopefully not too bad. If you don't particularly like what you see or would like to lose a few kilos and feel better about yourself come and join us. We're a group of people who encourage sensible eating and encourage each other to follow a diet which will keep us in good shape. Unfortunately as yet we have not found a miracle to keep us thin. But with the support of a great group of people it makes it a lot easier. Please feel free to come and join us on Monday between 1.30pm and 3.00pm.

TRIMLINERS COMMITTEE



*Trimliners Party  
Lisa, Rhonda, Mavis and Pat  
Enjoy the fun*

# Kings

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Profits from our shops  
help fund Lifeline's 24 hr.  
Telephone Counselling Service.



## **COVER TO COVER**

### **Drysdale Library News**

Good news! Work on the new Library/Customer Service facility facing Hancock Street and backing onto Village Walk is about to begin. Watch for an opening date in December. Celebrate with the purchase of an Audio Subscription as a Christmas gift idea. (6 months/12 months - pensioner and unemployed concessions available).

Mention a new Wilbur Smith and the reservation queue grows daily. However, there are other writers who use the exotic African backdrop as a theme for their works. How about: "The White Rhino Hotel"/Bartle Bull; "Elephants' graveyard"/

Karin McQuillan; "Roots out of range"/John Gordon Davis; "Condar" and "The Last Wilderness (Kalahari)"/Nicholas Luard; "Distant Here"/Emma Drummond and "King Solomon's Mines"/H. Rider Haggard. Did you know that Wilbur Smith's wife writes under the name of Danielle Thomas - two popular novels are held in the library. Other authors who write of Africa are Doris Lessing, Nadine Gordimer, Alan Paton, Andre Brink, Beryl Markham, Karen Blixen, Elspeth Huxley and the list goes on.

Two new biographies just in are "Unseen, Unheard, Unknown: My life inside the Family of Anne Hamilton-Byrne"/ Sarah Hamilton-Byrne and "Once I was a Princess"/ Jaqueline Gillespie.

COMING: All P.D. Cornwell fans will be delighted. Reserve "From Potter's Field". Call and ask about new titles by your favourite au-

thors like Rosamunde Pilcher, Bryce Courtney, Tom Clancey, Danielle Steel and many more. Biographies hold a great fascination for many readers. This month I've read and can thoroughly recommend the following: "Paula"/Isabel Allende (magical and heart rending); "Firing"/Ninette Dutton (absorbing); "Breakfast with Beaverbrook"/Anne Moyall (likened to 'Road from Coorain') and the most revealing of all - "Jeffrey Archer: stranger than fiction"/ Michael Crick (imagine a long lost brother also named Jeffrey and 3 half sisters whom Archer has never met - and there's more including the compelling background to the writing of his block buster novels).

NEW NON-FICTION: "The riddle of the Titanic"/ Robin Gardiner and Dan Van Der Vat. (It was not only the sea that covered up the Titanic!!)

If cooking is a chore, then create some whirlwind refuelling with recipes from a stunning new book by Readers Digest - "One dish meals: the easy way" and the muffin recipes from Julie Stafford's new book are sensational.

Keep the last Friday of the month free for Story Time - 10.00 a.m. to 10.45 a.m.

And..... if you need to repair your car, learn a new language, write a computer program, entertain the kids with a video or soothe your nerves with a New Age CD then REMEMBER YOUR LOCAL LIBRARY.

Please ring 51 3855 to Reserve, Renew or for any Reference queries.

Margaret Skeen  
Librarian



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Now at Drysdale  
every Tuesday

## **TRIMLINERS**

9 Elgin St.  
Drysdale, 3222.

The SpringDale Messenger

Dear Mrs. Naughton,

Trimliners have just celebrated their first birthday, and may we, through the "Messenger", thank those 4 wonderful ladies, Pat, Mavis, Rhonda and Lisa, for the time and work they put into "Trimliners". Each week it's a pleasure to weigh in (even if we do put on a few grams) for the fun and friendship you receive by being there, and ladies we say a sincere "thank you".

Keep up the good work

Yours sincerely,

Cliff and Gwenda Barker.

## **COPING WITH DIFFICULT BEHAVIOURS** **INFORMATION EVENING**

Dr Bernie Jenner, Paediatrician will be speaking on

"Children with Difficult Behaviours"

This lecture includes diagnosis and treatment of children with Attention Deficit Disorder, Attention Deficit/Hyperactivity Disorder or other associated disorders which create behaviours which are difficult to deal with.

4p.m. - 6.30pm Thursday 19th October, 1995  
at James Harrison College School Hall,  
Boundary Road, EAST GEELONG

For catering please RSVP to:

Mrs C LeLievre  
James Harrison College,  
Phone 45 2222

**### Gold Coin Admission ###**



**SpringDale Community Cottage**  
Present

**Line Dancing**  
Sat. afternoons 2.30 - 4 p.m.  
Starting Sat. the 14th October  
at SpringDale Comm. Cottage

Admission \$3  
Beginners and experienced all welcome  
Enquiries Ph 53 1960





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Fully Licensed Restaurant (formerly Bradory's)  
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International Cuisine - Intimate Dining - Extensive Wine List

Introducing our Chef, Trevor Rhodes  
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Your hosts - Julie Ann Rhodes, Jan and Alan Morgan

## FRIDAY AND SATURDAY EVENINGS A LA CARTE

### **DRYSDALE MARKET SUNDAYS - SPECIAL !!**

**Tuesday Lunch Special 12 - 2.30pm.**

**Soup - Main - Dessert - Tea or Coffee \$8.50**

**Wednesday - Friday lunch - 12.-2.30pm**

**Tuesday - Thursday evenings - from 6pm.**

**All you can eat with a difference "We serve you"**

**Soup, Pasta, Casseroles, Roasts, Vegetables,**

**Selection of Sweets -\$10.50 per head**

**WEDNESDAY - THURSDAY - FRIDAY**

**An all NEW Lunch Menu**

SOUP OF THE DAY WITH A FRESHLY BAKED ROLL	\$3.50
PASTA OF THE DAY WITH A FRESHLY BAKED ROLL	\$5.50
ROAST OF THE DAY WITH FRESH COOKED VEGETABLES	\$6.50
SPICY POTATO WEDGES WITH SOUR CREAM & SALSA	\$6.50
NACHOS :- CORN CHIPS, JALAPENO PEPPERS, CHEESE, SOUR CREAM & SALSA	small \$7.50 large \$10.00
SCOTCH FILLET SERVED WITH MUSHROOM OR PEPPER SAUCE	\$12.90
CASSEROLE OF THE DAY SERVED WITH RICE	\$5.50
WARM CROISSANT FILLED WITH HAM, CHEESE & TOMATO, SERVED WITH SALAD	\$4.80
SELECTION OF TODAY'S CAKES WHICH INCLUDE :- BLACK FORREST, HONEY DELIGHT, CHOCOLATE FUDGE, ANGEL FOOD & CHOCOLATE MUD CAKE	\$4.50

**FOR THOSE WITH TIME FOR A LEISURELY LUNCH,  
OUR \$10.50 ALL YOU CAN EAT MENU  
IS STILL AVAILABLE**

## **YOU AND YOUR HANDS!!**

Whilst I will not promise you a magic way to have hands like a concert pianist, I will outline some techniques which will definitely improve your skin and therefore your enjoyment of life. To begin with, it is important to realise that skin has a natural layer of oil and acid secreted by the oil and sweat glands. This layer helps protect the underlying skin from drying out, minute cracking, and invasion by bacteria.

Should this layer become interrupted for some reason, the skin may become dry and flaky, then reddened then itchy. This itching is then temporarily relieved by scratching thus starting the "itch scratch cycle".

Eczema is an example of this series of events, but the characteristic reddening of hands and the ensuing discomfort is an all too common occurrence.

Some points to consider.

Remember what ever you do conserve your skin! Avoid touching things which you are allergic to. Some garden plants and chemicals would be included here.

Avoid contact with detergents. Imagine....if a detergent is formulated to rip grease off a cold barbecue plate, it doesn't take a genius to realise what it can do to the fine oils in your skin! Use a dish mop to remove the plates etc. from hot water.

There is no prize for immersing your hands in boiling water whilst doing the dishes even if you are wearing rubber gloves. If you must wear rubber gloves then wear some cotton gloves underneath, and limit their use to ten minutes at a time. For all those gardeners the use of the leather type glove makes good sense.

Before tackling a dirty task apply a barrier cream or use leather gloves.

Wash hands where possible with water or use a ph neutral hand washing preparation. For example Hamiltons Skin Wash Soap, unless specially formulated, is quite alkaline and as such can be quite an irritant to damaged skin. Therefore if no alternative to soap is possible apply a cream with sufficient oil content immediately. Our super rich hand cream is excellent for this.

Showering times should be kept to a minimum, not just to conserve water but to minimise the washing of those fine oils out of the skin. Don't forget to also keep the temperature to just warm....NOT TOO HOT!!

After a shower pat dry...a brisk rub down with a rough towel may feel great at the time but you could be leaving a layer of your skin on the towel!!

In winter when the skin of the hands is cold, not as much oil is made and the hands may become drier, even to the extent of forming deep painful cracks at the fingertips. It really is not necessary to wait until summer for these to heal! With the use of my Skin Treatment Cream these annoying cracks will soon heal. Cracked heels respond well but some hard skin removal may help.

I hope some of these points will help improve your hands and skin generally. Should you have further questions don't hesitate to call at our Pharmacy Shop 5 / 3 Wyndham Street opposite the Supermarket.

DAVID PINNEY  
Ph.C. M.P.S.



# **Giftwrapt**

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1996 CALENDARS: INCLUDING ANNE GEDDES  
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**Drysdale**

**Ph. 513298**



## **ADULT BASIC EDUCATION**

Do you need help with reading, spelling and writing or basic maths? Maybe you know someone you can help to read or write. Free tuition in literacy and numeracy is available for adults through the Geelong Basic Education Program. If you would like to talk about your learning needs and suitable courses or one-to-one tuition contact Suzanne Baines at Geelong Basic Education Program, Ph. 231666. Funded by Adult, Community and Further Education.

## **A REMINISCENCE OF WORLD WAR 2 TOLD TO A GRANDCHILD TODAY**

Josh tells his grandfather's story as told by Josh's mother, Sheryl.

In the last war which was World War 2, I was 15 years old and I lived in a place called Shelford that is near Geelong. This place was the biggest ammunitions' store and was run by the USA Army. The line ran into the State school's plantation area.

Food was rationed and some of those things were butter, sugar, yeast, clothes and petrol. You were only allowed 1/2 pound butter per person per week and when that was gone you put fat on your bread.

When you wanted clothes you had tickets and when they ran out that was it. If you had money, however, you could go to the Black Market and buy them.

You were allowed 10 gallons of petrol per month and when that ran out you walked. Then they made gas producers that were fitted to your cars and trucks. These ran on gas that came from wood that was burnt in the tanks on the back of your car. It was a very slow way of getting anywhere and very dirty.

Things had to be put on your car's headlamps to muffle the light so you did not get blown up by any planes.

Everyone who had not gone to war was put to work making things for the Army. People made landing barges that were made at Western Beach day and night.

Things were tough but we all got by. You could not buy whatever you wanted such as new cars and bikes - and food was scarce. We couldn't buy things like icecream.

From: Joshua Heatlie  
Year 9

Bellarine Secondary College  
On behalf of: William Forbes.



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### **Mortimer's Petrol Station & Convenience Store**

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\* **Bait and Fishing Supplies**

**CAR WASH NOW OPEN**

**Wash \$3.00**

**Wash and Wax \$4.00 with petrol**

**OPEN 6.00 AM - 10.00 PM**

## Loneliness is not the end

Joan had just moved into the district; she knew no-one; Harry had passed on just over 12 months ago and as Christmas approached, she wondered how on earth would she cope. Oh, how lonely she had been this last year, if only Harry was here, but she knew that was only wishful thinking. Harry has gone, she thought, and there is nothing else to do, but for me to get on with my life.

She once read a small text, "There comes a time when you must stop grieving over the death of a loved one and get on with your life". She decided that she would do just that, but where would she begin? Then a friend said to her, "What about the Senior Citizens Club? I've heard they have all sorts of activities going and perhaps they may have something to suit you".

Joan was the reticent type, who did not make friends easily, but she knew she must make the first move. So one day she visited the Senior Citizens Centre and to her surprise there were people there with whom she'd had a nodding acquaint-

ance for several months. She immediately felt at home and was welcomed by all present.

She was taught how to bowl, had afternoon tea and thoroughly enjoyed herself. She left for home feeling better and happier than she had felt for months.

Joan is now in the top bowling team and has joined in all the social events, including bowls, cards, bus trips and is now being taught to play snooker. Her loneliness has gone and has been replaced by happiness.

Do you fit into this picture? If you do, why not do what Joan did and visit the Drysdale Senior Citizens Centre, in the Town Square? You can be assured of a very warm welcome and your loneliness will soon disappear as you mix with your new-found friends.

Membership is open to all people over the age of 55 years.

"Loneliness is not a way of life, it's part of life."

John Brownhill



A display and sale of handcrafts from self-help programmes

Drysdale Uniting Church Hall,  
Wednesday 11th October, 1.30-4pm.  
Beautiful handmade articles from  
ASIA

AFRICA  
THE PACIFIC  
CENTRAL AND SOUTH AMERICA  
Come to buy and learn about the people  
and traditions behind the crafts  
Free Admission - Entrance and ample  
parking at rear

(Drysdale Village Shopping Centre)

Afternoon tea.

For further information please phone Pat 51  
3750

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**Grills,  
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**BARRISTERS &  
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**REASONABLE PRICES**  
**\* \$5.00 LUNCH SENSATION MENU**  
**Ph. 53 1788**  
Shop 2, 26-28 High St. Drysdale, 3222.

## **GOOD NEWS!**

from Clifton Springs Baptist Church ... where you can meet new friends and experience friendship with God.

Many believe that Churches these days are irrelevant and unhelpful. Many think they are places for those who are weak and unable to cope with life.

Our Premier, Mr. Kennett recently criticised Churches for abandoning their spiritual responsibilities in favour of politics. He said that Churches were losing followers faster than any organisation he knows of. Their job was to "look after the souls of the community ... to look after the faith", he said. Mr. Kennett claimed that falling membership indicated that Churches were no longer relevant.

This is one point of view and has some validity. Churches can learn from such criticism, if they will. But it is not the whole story.

Many churches these days are working hard at being relevant and helpful to people. They strive to serve in the local community and meet many needs in costly and sacrificial ways. They want simply to be places where people can find

love, acceptance and forgiveness. And that by people meeting new friends and by experiencing a friendship with Jesus Christ.

We enjoy our time together each Sunday at 10.00am at 45 Central Road - and you are always most welcome. Any queries, please phone me at any time on 512-973.

Warmly

David Sharrock  
Pastor.



### *Mary's Beauty Spot*

**1 HIGH STREET, (Old National Bank Building), DRYSDALE  
PHONE 53 2330**

**Professional, Affordable Hairdressing for all the family**

**HAIRDRESSING**

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**CRECHE**

**CALL IN AND SEE MARY, TRACE, WILMA AND LEE**

**SPECIAL UNTIL THE END OF OCTOBER 1995**

**RECEIVE FREE MAIN MEAL AT THE DRYSDALE HOTEL**

**WHEN YOU SPEND OVER \$20.00**

## Springdale Classes

### **COMPETITIVE TENDERING FOR LOCAL GOVERNMENT CONTRACTS:**

A must for small business operators who wish to take advantage of competitive tendering now taking place with local governments. The course deals with local government legislation, overheads, accountability etc. Funded by Adult Community and Further Education.

Thurs. 26th Oct x 5 7.00pm-9.30pm  
5 weeks \$35.00

### **CROCHETING FOR BEGINNERS:**

Have you always wanted to crochet! Here is the opportunity to learn under expert guidance - make those doilies, tablecloths and bedspreads.

Wed. 8th Nov. x 3 7.30pm-9.30pm  
3 weeks \$25.00

### **CHRISTMAS CARD MAKING:**

Send your specially designed Christmas cards to friends this Christmas - embossing, tole making etc. All materials included in cost.

Mon. 6th Nov. 7.30pm-9.30pm 1 week  
\$15.00

### **CHRISTMAS CAKE DECORATION:**

Basic decoration of a Christmas cake - for a special Christmas gift or for your own use. A 6" diam. fruit cake is provided plus all other materials. Ring for further information. CHILD CARE AVAILABLE \$2.00 PER HOUR.

Tues. 21st Nov. x 3 10.00am-11.30am  
3 weeks \$37.50

### **COUNTRY COTTAGE ORNAMENT:**

Make and paint this lovely country cottage which can be used as a fire place ornament or a door stop. It would also make a useful Christmas present. Kit included in price. CHILD CARE AVAILABLE AT \$2.00 PER HOUR.

Tues. 24 Oct. 9.30am-11.30pm 2 weeks  
\$28.00

### **DECOUPAGE:**

A beautiful gift for someone special - this decoupage course includes a kit (10" x 10" wooden box), papers, paints, glue and lacquer. Kit price included in cost. CHILD CARE AVAILABLE AT \$2.00 PER HOUR.

Tues. 7 Nov. x 2 9.30am-11.30am 2 wks.  
\$34.00

### **DOUBLE SIDED DECOUPAGE PLATE:**

Create a quick and easy attractive keepsake, using the basic principles of decoupage without all the steps. Makes an ideal gift for any occasion. A great craft for the novice and experienced crafts person alike. Materials included in cost.

Thurs. 23 Nov. 7.00pm-9.30pm 1 week  
\$20.00

### **LEADLIGHTING (Copper Foil Technique):**

This craft that will enable you to eventually create beautiful ornaments, picture frames etc. Begin your instruction by making an ornament of your choice.

Wed. 8th Nov. x 2 7.00pm-9.30pm 3 weeks \$35.00

### **MACHINE-MADE PATCHWORK VESTS:**

Machine make a beautiful vest for yourself or your child. We can provide a variety of materials for you to choose from for a very small cost. Call Office for further information. CHILD CARE AVAILABLE AT \$2.00 PER HOUR.

Wed. 15th Nov. x 2 10.00-12.00 2 weeks  
\$14.00

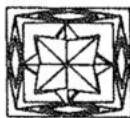
### **OVERLOCKING WORKSHOP:**

Get the most out of your overlocker - join in this workshop and learn new techniques. Very experienced tutor who has previously worked with sewing machine companies. Numbers limited.

Tues. 14th Nov. x 2 7.00pm-9.00pm 2 wks. \$25.00

### **PAINTING AND GLAZING - Ceramics:**

## **Drysdale Knit & Sew**



Shop 6,  
3 Wyndham St.  
DRYSDALE.

Patchwork & Quilting  
Supplies, Wool,  
Haberdashery

**Ph. 51 2116**



18-20 HIGH ST. DRYSDALE.

### **OPEN:**

Monday, Thursday, Friday, Saturday  
Sunday 10am - 5pm

New Members always Welcome

## **PORTARLINGTON HOLIDAY RESORT & INDOOR POOL CENTRE**

Smythe St. Portarlinton  
Swimming lessons  
Water aerobics  
Hydrotherapy sessions  
Squad training  
Open 7 days

### **Contact:**

Michael and Sue Boylen  
Proprietors

**Ph: (052) 59 2910**



Take advantage of learning a new craft and making a Christmas present - paint and glaze in heritage green a milk bottle or pitcher mould. All materials used included in price.

Wed. 29th Nov. 9.30-12.00 Noon

Wed. 6th Dec. 9.30 - 11.00am \$27.00

#### **PATCHWORK TEDDIES:**

A very special Christmas present - join in this class and machine-make a patchwork teddy bear. Materials included.

Thurs. Nov. 23rd x 2 1.00pm-3.00pm

2 weeks \$21.00

#### **RAFFIA HAT MAKING:**

Plait and shape a terrific summer hat. Decorate to your individual style. Materials included in cost.

Mon. 27th Nov. x2 7.00-10.00pm 2 weeks

\$34.00

#### **SETTING UP YOUR OWN BUSINESS:**

A must for those people who are in the process of setting up their own business. Tutors all have first hand knowledge in this working for themselves. Topics range from Finance; Taxation; Advertising; Public Relations and Government incentive schemes. Funded by Adult Community and Further Education.

Mon. 13th Nov. x5 7.00 - 9.00pm

5 weeks \$20.00

#### **SUMMER SEWING FOR CHILDREN:**

Choose your pattern, bring your material and machine and we'll help you make the article.

Thurs. 2nd Nov. 1.00pm-2.30pm

3 weeks \$18.00

#### **WORM FARMING:**

A must for gardening and fishing enthusiasts - ring for further information. Orders taken in advance for purchase of worms 1,000 wiggles - \$10.00.

Tues. 14th Nov. 7.00-9.00pm 1 week \$5.00

#### **WOMENS WORKSHOP - LIFESTYLE AND CAREER CHANGES:**

##### **- Day Workshop**

A full day workshop for women to examine your lifestyle, healthy living, presentation, future life and career opportunities, and avenues of life improvement. Guest speakers and luncheon included in this session. Funded by Adult Community and Further Education.

Sat. 11th Nov. 9.45am - 4.00pm 1 week \$5.00

#### **WATERCOLOUR PAINTING:** Beginners welcome.

Join in this course concentrating on the art of water colour painting. Focus on colour and basic techniques.

Tues. 14th Nov. 1.00-3.00pm 5 weeks

\$45.00

#### **YOGA - (including relaxation)**

Join in this relaxing class. Learn the various yoga poses and take advantage of the opportunity for a long relaxation time at the end of each session.

Wed. 1st November 7.00 - 8.30pm 6 weeks

\$35.00

#### **KNOW YOUR VIDEO CAMERA:**

New Camera? Learn about those buttons and switches. Discussion on focus, exposure, white balancing, batteries etc. Tues. 17th Oct. 7.30pm-9.30pm 2 weeks \$30.00

#### **VIDEO VALUE COURSE:**

This extension course covers - smooth camera work, editing-in-camera, basic editing with camera and VCR, basic scripting, tilting, dubbing and camera care.

Tues. 14th Nov. 7.30-9.30pm 3 weeks

\$40.00

**FOR BOOKINGS PLEASE RING 53 1960**

## DRYSDALE VILLAGE PIZZA & PASTA BISTRO

OPEN 7 DAYS  
Dine in, Take Away  
for Home Delivery



### Ph: 51 3937

*The Springdale Messenger*

*If visiting the Bellarine Peninsula, drop in for a meal at the*

## DRYSDALE HOTEL

- Friendly atmosphere
- Counter lunches and teas every day including Sunday
- Cosy log fires
- Geelong's first Pub-TAB facilities

LUNCH 12.00-2.00pm - TEA - 6.30-8.00pm  
Your host David Leahy and family  
High Street, Drysdale. Phone 512301  
(On Geelong-Portarlington Main Road)



Page 25

## Springdale Classes funded

by Adult Community and Further Education

### **Competitive Tendering for Local Government Contracts:**

A must for those in small business who wish to take part in the competitive tendering process for contracts with Local Government.

Course covers

- \* Legislation
- \* Costing
- \* Culture of local Government
- \* Preparing a tender response

When: Thursday 26th October - 16th November

7.00 - 9.30 p.m.

Where: SpringDale Community Cottage  
14 Princess St. Drysdale, 3222.

Cost: \$35.00 per person.

BOOKING LIMITED SO PHONE EARLY -  
53 1960 - 9.30AM - 3.30PM Monday to Friday.

When: Saturday, 11th November  
9.45a.m. to 3.30p.m.

Where: SpringDale Community Cottage  
14 Princess St. Drysdale, 3222.

Cost: \$5.00

### **Setting up your own Business:**

For those people who are interested in starting up their own business - these sessions will guide you in the right direction for success in the market place.

When: Monday, 13th November x 5 weeks

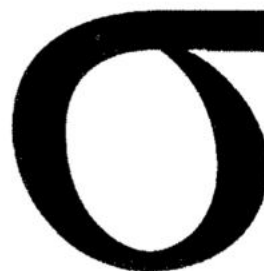
Where: SpringDale Community Cottage  
14 Princess St. Drysdale, 3222.

Cost: \$20.00

### **Womens' Workshop**

Highlights of this special day will include:

- \* Guest speakers
- \* Luncheon
- \* Relaxation
- \* Health Issues
- \* Goal Setting
- \* Career Changes
- \* Lifestyle Directions



Adult Education in  
the Community

BELLARINE SECONDARY COLLEGE CHAPLAINCY SUPPORT COMMITTEE  
*presents*



**\$10** PER PERSON - HOT MEAL  
- DESSERT  
- TEA & COFFEE

LICENSED BAR OPEN

AUCTION ITEMS FOR THE WHOLE FAMILY TO BUY

ALL PROCEEDS TO CHAPLAINCY SUPPORT

**FRIDAY, 27 OCTOBER**  
**7.00pm**

TICKETS FROM: GENERAL OFFICES OF B.S.C or PHONE 532777.  
AVAILABLE TILL MONDAY 23RD OCTOBER

## **Fawlty Towers**

HOMEMADE GOURMET FOODS  
TAKE-AWAY COFFEE LOUNGE

Join us in our cosy lounge for the best coffee, yummy cakes and eats in town Open 7 days a week, Sat. and Sun. 9 am to 4 pm Orders taken for special occasions Prop. Trudy McPherson  
Shop 6, The Arcade, Drysdale, Ph. 513312

## DRYSDALE FIRE BRIGADE

P.O. Box 4, Drysdale, Vic.3222.

Bus. Ph: (052) 53 1444

### RECOGNITION OF MANY YEARS OF VOLUNTARY SERVICE:

The Drysdale Urban Fire Brigade held its annual presentation night at the Football Club Social Rooms on Friday 22nd September. One would expect this year to be an anti-climax after last years 50th Anniversary celebrations. However this was not to be as the Brigade, in addition to presenting Long Service Awards to Brigade Members and to Ladies Auxiliary Members, presented Honorary Life Memberships to six very deserving Members who each had given between 30 and 40 years of voluntary service to the Fire Service in general and to the Drysdale Brigade in particular.

Guests of the Brigade, Garry Spry MLA, Cr. Dennis Blake, CFA Area Manager Lex de Man and Ex-Captain Royce Collier representing the Victorian Urban Fire Brigades Association all participated in the evening's proceedings.

### Long Service Awards to Brigade Members:

Secretary Daryl King 12 years

Firefighter Greg Welk 12 years

Firefighter Brian Bennett 40 years

### Long Service Award to Ladies Auxiliary Members:

Mrs Rhonda Connor 25 years

Mrs Edna Peel 35 years

Mrs Olive Wright 35 years

### Honorary Life Memberships:

Lieutenant Des Connor

Ex Secretary Noel Lennox

Firefighter Brian Bennett

Firefighter Ray Bennett

Firefighter Murray Bryant

Firefighter Max Teven

The successful winter competition team was presented with the Geelong Fire Brigades Association Trophy and coach Gary Filbay presented trophies to the Drysdale team members with the best times over all training nights.

Communications Officer Ralph Leone was presented with the CFA certificate for successful completion of the 'AIMS' course.

The evening took the form of a 'Dinner/Dance' which was enjoyed by all.

Contact - Bernard Filbay, Captain Ph. 512495.

THE DRYSDALE FIRE BRIGADE  
PRESENTS

**'MELBOURNE CUP' LUNCH 1995**  
TUESDAY 7TH NOVEMBER

AT  
**'THE SPRINGS' RECEPTION CENTRE**  
SPRING STREET, CLIFTON SPRINGS



- CHAMPAGNE ON ARRIVAL
- THREE COURSE LUNCHEON
- TEA, COFFEE & PUNCH ALL DAY
- BAR FACILITIES
- LIVE TELECAST OF RACES
- RACE SWEEPS
- & FASHIONS IN THE FIELD PRIZES

**\$20.00 PER PERSON**

COURTESY BUS AVAILABLE (BOOKINGS ESSENTIAL)

CONTACT Jeff Stewart Ph 512603  
Mark Filbay Ph 513712  
Rhonda Connor Ph 512783

FOR TICKETS & BOOKINGS.



**Martin's Frames**  
Stephen Martin

**CUSTOM PICTURE FRAMING  
& MIRRORS**

Ring for  
appointment

**DRYSDALE**  
(052) 53 1696

## **VOLUNTEER DRIVERS WANTED**

Many elderly or incapacitated people living on the Bellarine Peninsula often fail to attend essential specialist and other medical appointments due to the frustration and anxiety they experience in corresponding appointments with public transport. Often these residents do not have relatives, and are reluctant to impose on their neighbours and friends.

The Bellarine Peninsula Community Health Service has set up a volunteer driver service and are urgently requiring drivers. If you wish to assist in this area please contact: Jenny Crombie 512291.

### **WOMEN WISE**

A 4-week programme designed to assist women to grow BETTER as they grow older. Issues such as Hormone Replacement Therapy; Menopause, Body Image, Osteoporosis, Natural Therapies, Self Help Communication and Stress Management are just some of the topics covered in detail.

Commences:

October 18th- 1.00pm-3.00pm,  
Drysdale Community Health Centre  
21 Palmerston St. Drysdale  
Cost: \$20 (negotiable)

Phone:

Bellarine Peninsula  
Community Health Centre  
(052) 51 2291

### **BELLARINE PENINSULA COMMUNITY**

#### **HEALTH SERVICE INC.**

#### **CURRENT GROUPS HELD AT THE DRYSDALE COMMUNITY HEALTH CENTRE**

#### **Youth Group:**

In response to an established need, an evening Youth Group has commenced at the Drysdale Community Centre. A public meeting was held on September 1st to elicit the interests of teenagers in the area and an interesting programme has been organised. All teenagers are welcome to attend on Friday evenings between 7 and 10 pm.

To successfully run such a program for any length of time, Adult Volunteers are a necessity. Presently we have a band of very enthusiastic and dedicated volunteers but we do need more. If you are interested in being with young people and giving a small amount of your time



### **WISE GUYS MENS HAIRSTYLIST "Its the cut that counts"**

So come and see  
Wendy, Jenny & Kelly  
for all mens and boys styling  
\* STUDENT AND PENSIONER \*  
DISCOUNTS

**No appointment necessary**

**Shop 1,**

**Wyndham Street,  
Drysdale.**

**(Next to**

**Bakers Delight)**

**53 2503**



### **BARLEY UPHOLSTERY**

SPECIALISING IN RECOVERING ALL  
TYPES LOUNGE FURNITURE,  
KITCHEN CHAIRS, ANTIQUES ETC.

**9 Mortimer St.  
Drysdale, 3222  
Ph. 51 2487**

### ***Sarah's Fitness Centre***

Aerobics Gymnasium Squash  
Racquetball Sauna & Massage  
**Try our LITE PACE AEROBICS**  
**Fridays at 10.30 am with Penny**  
(suitable for over 50's & Beginners)  
**33 Murradoc Rd, Drysdale ph 531795**



each term, please contact Marion Westrup at the Drysdale Community Health Centre on 51 2291. We also offer regular Volunteer Training and the next training session will be in October at the DCHC.

#### **Youth Meet**

Relax after school, listen to music, participate in activities or chat in a friendly atmosphere.

WHO: All secondary school-aged young people.

WHEN: 4.00PM - 5.30PM - Every Tuesday.

#### **Parenting Adolescents (A Creative Experience)**

A new 8 week programme for parents of 12-19 year olds. Listening, adolescent development, conflict resolution and many more topics are discussed.

WHEN: Wednesday 18th October

TIME: 1.00PM - 3.00PM

COST: \$2 per session

Carer's Afternoon Tea

Are you the carer of an aged, disabled or chronically ill child, partner or parent? If so, come

and join us for afternoon tea and have a chat, view a video and enjoy some time out.

WHEN: Tuesday 17th October

TIME: 1.00PM-3.00PM

#### **Vision Support Group**

If you have failing eyesight or live with someone who has vision loss, come and join us each month.

WHEN: 2nd Thursday of each month.

TIME: 10.30AM

#### **Hepatitis 'C' Support Group**

A group is forming in Drysdale to share information on Hepatitis 'C' and provide mutual support.

WHEN: 1st Monday of every month.

TIME: 7.30PM

#### **Carer's Support Group**

Are you caring for an aged, disabled or chronically ill person? Join us for information and social activities.

WHEN: 1st Tuesday every month

TIME: 10.30am

## **SPRINGDALE COMMUNITY COTTAGE** **CHILDREN'S SERVICES**

There have been some exciting developments at SpringDale Community Cottage in services for families and children!!

**KINDERPLAY**, an organised playgroup for pre-Kinder aged children, has had 50 families involved in the program in 1995. Registration day for 1996 is November 15th from 10.00am-12.00pm. Families wishing to be involved in this program need to attend on that day. No registrations will be taken before that day.

**TOY LIBRARY** has had new members join and is continually purchasing new equipment for borrowing. New members are always welcome. Contact SpringDale for more information.

**MUSIC AND CREATIVE MOVEMENT FOR CHILDREN**. This class has operated on Monday mornings at the Cottage and the families participated in singing, dancing, creative movement and storytime. It has been well attended and enjoyed by those involved. This class will be offered again in 1996.

#### **CHILDREN'S ACTIVITY SESSIONS.**

More recently, we have established a Children's Activity program/Occasional Child Care. This program was primarily commenced so that participants in the SpringDale Courses/classes would have access to "quality" Child Care. It is also a service for the community - for families seeking quality Child Care. We encourage permanent bookings but we are also available for Occasional Child Care. The program caters for 0-6 year olds and is stimulating and developmental. The staff are experienced and qualified. Most importantly we provide a safe and caring environment for your child. The program includes, painting, playdough, threading, riceplay, music, stories, etc. This week the children made jelly (and ate it!) and enjoyed making musical instruments.

We are presently operating 2 1/2 hour sessions on:

Tuesdays (9.30 am - 12.00pm)

and Thursdays (12.30pm - 3.00pm)

When the demand is known, we will be offering further sessions. If you would like further information please contact SpringDale on 531 960. We also welcome interested families to visit us during a session.

Registration is \$5 per family - all families must be registered to be able to access the service. A session costs \$7.50 per child.

Unfortunately, we are unable to offer concessions.

#### **VOLUNTEERS REQUIRED:**

If you love children and would like to assist us in establishing our Child Care Service, we would love to meet you and have you join our team of Volunteer Carers. Contact SpringDale on 531960 for further information.

**WANTED:** toys, good quality children's books, play equipment, outdoor play equipment, etc. As our funds are limited we are seeking donations of equipment for this service. If you have such items and would like to donate them to SpringDale Children's Services, contact SpringDale on 531 960.

THANKYOU.....THANKYOU.....THANKYOU

The Committee of Management for SpringDale Community wish to thank the following organizations and businesses for their generous help and continuing support in the setting up of the Childrens Services extension.

Alcoa Australia

Rotary Club of Drysdale

Drysdale Apex Club

Able Voice and Data Sales Pty. Ltd., Geelong

THANKYOU....THANKYOU...THANKYOU

#### **KINDERPLAY**

REGISTRATION DAY FOR 1996,  
NOVEMBER 15TH 1995

Kinderplay is a play-group for pre-Kindergarten aged children of the Clifton Springs and Drysdale community. It is an organised play-group that is run by parents with guidelines set by SpringDale. This year there have been five groups with a total of 50 families involved. The groups are kept small and the activities appropriate to the children's age and stage of development. The children (and Parents) form friendships with children who will attend and fully participate in the Kinderplay group. Venues and number of groups for 1996 are not known at this stage.

If your child will turn 3 years of age by April 30th 1996 and will attend pre-school in 1997, then you are eligible to register your child for Kinderplay.

WHEN: Wednesday November 15th

WHERE: SpringDale Community Cottage,  
Princess Street Drysdale

TIME: 10.00 - 12 Noon

**BREAD *Plus***  
7am-7pm  
7 days  
  
19 Clifton Springs Rd.  
Drysdale, Vic. 3222  
Phone: **53 2490**  
**YOUR NEW BAKERY**

**Rosse McConnell**  
  
**ELECTRICIAN**  
Domestic, Commercial  
& Industrial  
Wiring & Maintenance  
Phone: 51 3620 Mobile: 018 524 038  
NECA REC.5264  
4 Bennett St. Drysdale.

**Builder &  
Carpenter**  
**Michael Kragh**  
Renovations  
Extensions  
New Homes  
  
**018 108986 or 51 3477**

BRING: Evidence of child's date of birth  
e.g. Birth

Extract

COST: Registration cost is \$5 per family.  
Fees for the year will be \$65 to be paid by  
March 1st 1996.

For further information contact SpringDale  
Community Cottage on 531 960

## COMMUNITY NOTICE

Vacancies - Kinderplay Term 4

Drysdale Kinderplay group which meets on  
Fridays 9.30 - 11.00am has vacancies for Term  
4. The group meets in the Children's Services  
room - SpringDale Community Cottage.

If your child is to attend Kinder next year &  
you would like to join this group. Contact 531  
960.

## Community Notices

Geelong Hospice Care Auxiliary  
Steele Rudd's

### **'ON OUR SELECTION'**

Starring Joan Sutherland and Leo McKern

MONDAY, 20TH NOVEMBER, 1995

10.00 a.m.

Thwaites Theatre, Deakin University

Morning Tea

\$8.00 per person

Tickets available from Hospice House 22 4922,  
43 5184,

29 1646 or 29 3491

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Geelong Hospice Care Auxiliary  
Come One - Come all  
to the

### **BOOT SCOOTIN' BALL**

Friday, 3rd November, 1995

at

Centenary Hall, Corio

Cox Road

8.00 p.m. - Midnight

Band: RIP RAWERS

Supper, Prizes, BYO Drinks and Glasses

\$14.00 per person

Tickets available Hospice House - 22 4922 or  
43 5184 or 29 1646

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## **FITNESS AND WELL BEING**

With the warmer weather approaching many  
people decide to do something about their  
shape and/or size before Summer actually ar-

rives. However, fitness and health should be  
an ongoing lifestyle, not something that we  
only think of when the lighter clothes seem  
'rather tight'.

To maintain your weight within a healthy  
range, and indeed keep bodyfat to a suitable  
level all year round, it is a program involving  
regular exercise (suitable to your level of fit-  
ness), and adequate nutrition from a diet low in  
fat and high in fibre that will succeed.

The best form of exercise to "lose weight" with,  
is aerobic exercise. This is not referring to ex-  
ercise to music (which is widely known as  
"aerobics"), but instead such activities as bike  
riding, jogging, brisk walking, swimming, etc.  
and of course exercise to music classes. All of  
these activities have the potential to raise your  
heart rate to within your Training Heart Zone,  
or in layman's terms, will successfully burn  
up stored energy more commonly known as  
bodyfat.

By reducing your intake of dietary fat, the body  
has less chance of storing any extra, and with  
regular, sustained activity any current stores  
of fat will be called upon to supply energy for  
the working muscles.

Requirements of exercise are as follows:

At least 3 times per week and at least 30 min-  
utes per session.

Sharyn Clutterbuck

Fitness Instructor

Vicfit 3382

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## WELL WOMEN'S CLINICS

Many factors affect our physical and mental health. The changes which occur as a natural part of our life cycles can be confusing and present us with decisions we haven't had to consider.

Sometimes we have questions about our health but are not sure who to ask.

Well Women's Clinics held in Ocean Grove and Drysdale provide the opportunity for women to learn more about ways to develop and maintain their health.

Clinics are provided by experienced female Women's Health Nurses.

Services available; Pap Smear, Breast Self Examination, Pregnancy Testing, Blood Pressure Checks, Random Blood Glucose Testing. Also the chance to discuss your own health issues. For more information or bookings phone 58 1944.

## THE BELLARINE COUNTRY MUSIC GROUP

The Bellarine Country Music Group was formed in April 1995 to enable people living on the Bellarine Peninsula to enjoy listening to and/or participating in performing country music.

The group meets each Monday night (except for the first Monday of each month) at 7.30pm at the Drysdale Hotel.

Members can sit back and listen to others performing songs with the musical backing of local band TWO UP, or they can get up and have a go themselves, however there is no pressure to get up and sing.

We all have a good time and some good friendships have been formed within the group.

There is no charge to attend our group, the only thing we ask is that you have a good time and forget your woes for 2-3 hours each week.

The group has already held two very successful Family afternoons at the Leopold

# computers

*Authorised Reseller of*

- Optima Computers
- Edge Computers
- Hewstone

- ⇒ Computer Systems
- ⇒ Printers
- ⇒ Software
- ⇒ CD Roms / Modems
- ⇒ Upgrades
- ⇒ Computer Books
- ⇒ Advice

Our new location from mid October will be  
Shop 7, Wyndham Street (Opposite Car Park)  
**Phone/Fax 531360**



Sportsmans Club, with the possibility of more in the future. We are also looking at holding a family day/BBQ when the weather warms up. Everyone is welcome to come along and have some fun.

I look forward to see you soon.

Uniting Church Drysdale

DANNY BLOOMES

*FASHION PARADE*

26th October

1.30 p.m.

\$2.00 Donation

Uniting Church Hall

Enter from Car Park

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Bellarine Nursing Mother's Group  
Bellarine Group

Group Leader & Counsellor

Ro Day

10 East Street

Drysdale. Ph: 51 3652

Counsellor:

Jenni Trudgeon Ph: 51 2497

Sales Coordinator:

Caroline Rickard Ph: 51 3171

Librarian:

Anne Brackley Ph: 51 2250

October

Coffee Morning

1485 Portarlington Rd.

Drysdale.

**26th - 7.45pm**

'The Breastfeeding Family'

Fathers Welcome

40 Scotchman's Rd.

Drysdale.

November

8th - 1pm

Coffee Afternoon

16 Longview Ave

Leopold

23rd - 7.45pm

"Breastfeeding & sexuality"

58 Beacon Point Rd

Clifton Springs

## BELLARINE JONGLEURS

Next production is "Christmas Wishes" coming up in late November. More details in next issue. Anyone wishing to be involved in choreography, scenery design etc. please contact Lorraine Hall Ph: 51 2893

## CAROLS BY CANDELIGHT

To be held 8.00 p.m. on Christmas Eve in the village square near Tuckerbag. We are trying to form an organising committee and find people who are interested in helping in any way. Please phone Lorraine Hall on Ph: 51 2893 if interested.

BELLARINE PENINSULA COMMUNITY  
HEALTH SERVICES INC

proudly presents

THE GOLDEN YEARS EXPO

Saturday 28th October 1995

10am - 4pm

THE SURFSIDE CENTRE SHELL RD

OCEAN GROVE

If you are 50 years of age & over, or you are planning for the years ahead, this day is for you.

An opportunity to gather information from displays & demonstrations that will cover :-

- \* **health & wellbeing,**
- \* **safety & security**
- \* **financial advice,**
- \* **computers,**
- \* **home services**
- \* **sport & exercise,**
- \* **hobbies holidays & recreation,**
- \* **fun food & entertainment** including Tap & Line dancing, Jazz & Swing bands, Harley Davidson motorcycle rides, Tai Chi, Yoga, Theatre, guest speakers & much much more .....

Entry fee is \$2. This fee covers all entertainment including many interactive fun filled presentations all with the aim to improve our imagination & zest for life.

Light refreshments will be available.

Looking forward to seeing you there.

-----

## YOUR STORY

Do you urgently need accommodation support, either for yourself or for someone you are caring for?

Would you be prepared to tell the Prime Minister your story?

Victorian Advocacy League for Individuals with Disability - VALID - is putting together a Families File. One hundred stories, told by people with intellectual disability in urgent need of accommodation support, will be compiled and presented to key members of the Federal Government.

Will you tell your story?

Please send VALID your story, approximately one A4 page long, together with a "family photograph". We will then consider it for inclusion in the Families File, along with others from all around the country. If it is not included, we ask for your permission to perhaps publish your story in a later edition of the VALID News.

Send your story and your photograph to VALID, 1/2 Walmer St., Abbotsford, 3067.

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## SPRINGDALE WRITERS

**BOOK LAUNCHING : SAT DEC  
2ND 5PM**

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## BELLARINE HISTORICAL SOCIETY

The Society meets at the Old Court House Museum at 8 p.m. on the 2nd Wednesday of each month and a program of interesting guest speakers has been arranged.

The Court House will open on the 1st Sunday of October, November and December for people researching family histories of the Peninsula and members are holding working bees to keep the historical displays constantly changing.

New members will be welcomed and the Society can be contacted on 50 1783 or 51 2693.

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## COUNTRY WOMENS ASSOCIATION

Drysdale Country Womens Association meets on the second Tuesday in the month at 1.30 pm at the Springs in the room near the pool. Our craft day is the 4th Tuesday at 11 a.m. BYO lunch, with a number of different crafts most people can do, if not, bring your own and come for a friendly chat and enjoy a "cuppa" with us. Any enquiries can be made on 51-2693.

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On Sunday 15th October the Drysdale Uniting Church have their annual flower service - the church is decorated with beautiful displays of flowers for all to come and enjoy:

\* 10.30am Morning Worship led  
by

Rev. R. C. Gallacher

\* 2.00pm-3.30pm  
A pleasant Sunday afternoon with items  
from young musicians  
of the Christian  
College, Highton (coin  
donation)

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## CLIFTON SPRINGS GARDEN CLUB

meet at the Uniting Church Hall, the 3rd Monday in the month at 2.30 pm. We would welcome new members or any visitors interested. Our Annual Flower Show will be held this year on Saturday 18th November (schedules will be available later on) at the same hall. Start looking at your garden to pamper any special plants you may like to enter. Remember anyone can win and yours just may be the "Star of the Show".

### CAN YOU READ THIS?

If you can,

do you know someone who can't?

Perhaps they want to learn to read. If they do, tell them about SpringDale's Adult Education Program.

Adult Literacy Tutors can be contacted at SpringDale Community Cottage, 15 Princess St. Drysdale.

- \* Lessons are 1 to 1.
- \* Confidential
- \* At a time to suit the student
- \* Free

For further information contact: SpringDale Community Cottage, Business Hours. Phone 53 1960. After Hours - Phone 51 3259.

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### NET BALL

LADIES 50 AND OVER YOU ARE INVITED TO JOIN OUR FRIENDLY NON-COMPETITIVE NET BALL GROUPS MONDAY AFTERNOON AT PORTARLINGTON COURTS.

PLEASE RING AFTER 4 P.M. NANCY ON 592222 OR MARIE ON 593336

## SPRINGDALE COMMUNITY COTTAGE

Children's Activity Sessions - Term 4

### OPEN SESSIONS

During the first week of term the Children's Activity Sessions will be "open" for interested families to come and have a look at the exciting program being offered. We operate 2 sessions of Child Care and encourage permanent bookings but we are also offering Occasional Care.

During the following session times the Activity Sessions will be "Open" to the community:

Tuesday October 10th - 10.00 - 11.00a.m.

Thursday October 12th - 1.00 - 2.00p.m.

If you are interested in our program and would like to visit please do!!

For more information about SpringDale's Children's Services ring 53 1960.

### Salvation Army Family Stores

Mortimer St.

Drysdale

**Ph. 51 2475**

**Plenty of Bargains**

**The Place to Shop**

Come and see us

We are here to Help You

### EXPERIENCED TUTOR

VCE MATHS, PHYSICS,  
SECONDARY MATHS  
1ST YR. UNI STATISTICS  
ENGINEERING SUBJECTS

**Ph. Arnie on 512385**

References available

### Trinas's Hobby Ceramics

Day & Evening

Classes

Duncan Products

Greenware &

Firing Service



20 Elgin St., Drysdale.

**Ph. (052) 513 795**



*Phil  
Hodgkinson  
AH 55 1043  
018 520 352*



*Brett  
Thompson  
AH 53 2364*



*Phil  
Cumming  
AH 51 3047*

## **SELF-SELLING HAS ITS TRAPS**

The owner of a home can sell it themselves, but doing so often results in costly mistakes that far outweigh the "saving" sought by avoiding an agent's commission.

A key element in real estate is getting the price right. The do-it-yourself approach frequently sees a property up for sale at an unrealistic price.

If too highly priced it attracts little attention, remains on the market for a prolonged time and becomes 'undesirable' in the eyes of potential buyers.

Under-valued homes are often quickly bought by speculators as either an investment or for re-sale at a profit.

We at Guyett Real estate, are in touch with current property prices and trends, which enables us to recommend a realistic price for your home.

This price is based on our knowledge of the market, the prices being achieved for similar properties, and industry statistics.

Variables like the property condition, its special features and proximity to community facilities, are also taken into consideration.

We will discuss with you a range of proven marketing options and advise on the method to maximise buyer interest and achieve the best price.

Another important aspect of selling a home - its preparation for sale - is where we are invaluable.

Creating the right impression and bringing out a home's style, character, quality and function is important.

Listing a property with us includes a mutually agreed arrangement about it being available for inspection.

Introducing a property to a prospective buyer during an inspection takes knowledge, skill, experience and diplomacy.

They need to feel relaxed and also be encouraged to ask questions about the property to help them assess the home for their needs.

Selling property calls for more than just a 'for sale' sign a newspaper advertisement - it needs a professional approach for success.

If you would like a free appraisal of your home, call us on 512847.



11 Clifton Springs Road  
Drysdale

**Phone: 51 2847**