

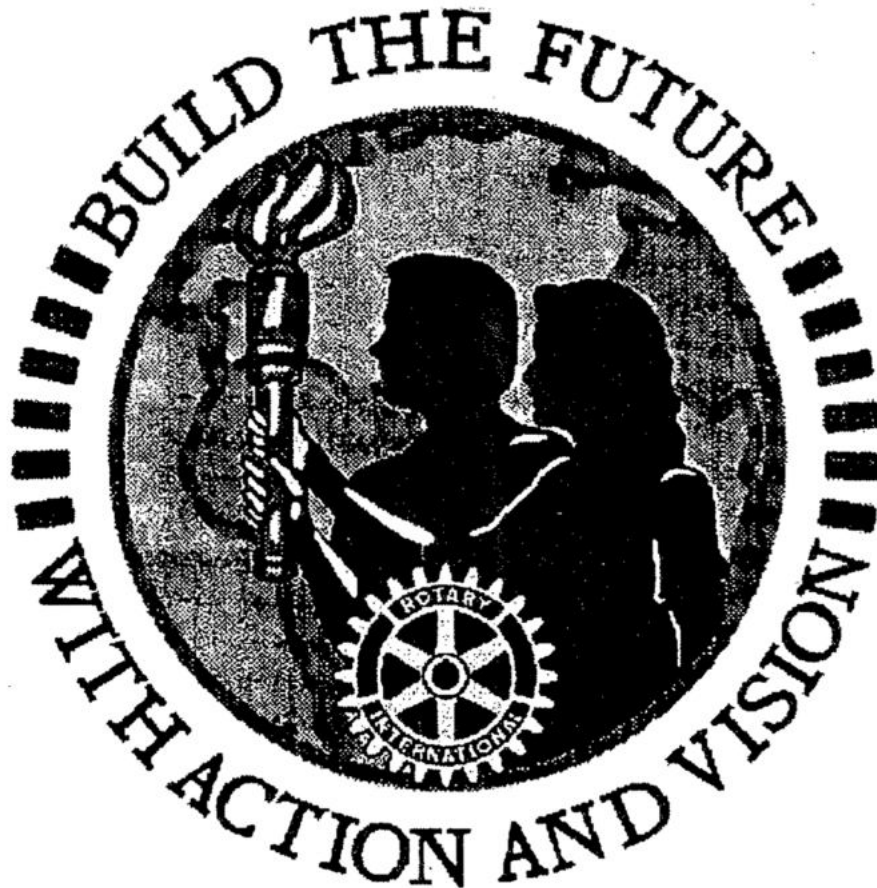
The SpringDale Messenger

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Newspaper

Compiled and published by the SpringDale Community Cottage Inc

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The SpringDale Messenger

The SpringDale Messenger is compiled by the SpringDale Community Cottage, 14 Princess St. Drysdale.
Postal: P.O. Box 80, Drysdale, 3222.

Advertising and Enquiries: 53 1960.

Community Groups, Churches, Sporting Clubs, Service Clubs, etc., are invited to submit details of their future activities for regular inclusion in the Community Diary section, or as articles in the news section as appropriate.

Copy may be typed or printed with a good ribbon (preferred), or legibly handwritten and left at the SpringDale office at 14 Princess St., in the box at Elliott's Newsagency, or posted to P.O. Box 80, Drysdale, 3222.

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ADVERTISING AND ARTICLES:

Maureen Naughton,
SpringDale Community Cottage, Phone (052) 53 1960.

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THE ROTARY CLUB OF DRYSDALE - 21 YEARS OF SERVICE

The Rotary Club of Drysdale was formed in May 1975 and has been active in local community affairs for 21 years. The Club is made up of about 50 members, the majority of whom are residents of Drysdale and the Bellarine Peninsula.

Each member represents a business, trade or profession within the community enabling the Club to be representative of a true cross section of the business and service activities carried out in the local area. The intention is that with a wide and varied membership the Club has a very big pool of local talent to call upon to achieve its aims of public service.

Drysdale Rotary members have been instrumental over the years in raising many thousands of dollars for local projects. The most recent major fundraising has been in support of the North Bellarine Hostel for the Aged now known as Ann Nicholl House. In addition to actual fundraising towards the cost of the building, Club members have served on the Building Committee as officers and advisers and are active at Working Bees to keep the premises in good order.

Prior to that the Club was equally involved in the initial setting up and funding of the Drysdale Community Health Centre in Palmerston Street. Major donations were also made to the then Shire of Bellarine for the purchase of locally based community buses.

Apart from these major projects, the Club continually receives requests from local groups and individuals for either financial or physical as-

sistance and meets all such requests to the best of its abilities. It contributes funds to appeals such as bushfire and flood relief and to the major worldwide projects of Rotary International.

The Club was instrumental in proposing and getting organised the planned improvements to the bay edge walk from the Dell along to Edgewater Drive. This activity will help restore the run down beach area which was formerly the site of the popular Clifton Springs spa at the beginning of the century. It may be hard for new residents of Clifton Springs to imagine the Paddle Steamers from Melbourne tying up at the piers while the day trippers 'took the waters' and visited the old Clifton Springs Hotel which stood on the cliff top. Residents seeking to know more about the history of the Drysdale area should call at the Museum located in the old Court House building in High Street.

The Rotary Club of Drysdale is one of over 28,000 Rotary Clubs with over one million members spread over 154 countries. Clubs exist in Africa, China and the former Soviet Union.

All clubs are members of Rotary International and all have the same aims which can be summarised as providing service to humanity, encouraging high ethical standards in all vocations, trades and businesses and helping build goodwill and peace in the world. The commitment expected of its members by Rotary is 'Service Above Self'.

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Rotary's charitable and educational wing is the Rotary Foundation. Its achievements and programmes include:-

- grants for University Teachers to serve in developing countries.
- grants for Health, Hunger and Humanity projects.
- the Polio Plus programme to eradicate polio world-wide.
US \$230 million has been allocated for this one project.

- sponsorship of volunteers who work for four weeks in another country. Several Drysdale Club members have worked in New Guinea under this programme.
- student and group study exchange programmes to help promote goodwill and understanding between nations.

Rotary was founded by Paul Harris in 1905 and was the world's first service club organisation. It takes no notice of a members' race, religion, colour or politics and women members are increasingly making their contribution. Long may it pursue its goals of making the world a better place.

CONGRATULATIONS

to local writer Dulcie Stone for being one of five winners of the 'absolutely women's health' program/Society of Women Writers short story competition (which attracted 125 entries from across Australia).

SpringDale Community Cottage are proud to announce that a presentation by S/C Sandy Atkinson on

CONFIDENT LIVING IN THE COMMUNITY

will be held on Wednesday 21st August 1996 from 10.00am-12.00 Noon at the Drysdale Community Hall, High St. Drysdale.

EVERYBODY WELCOME.

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SPRINGDALE BELLARINA TOY LIBRARY

Springdale Bellarina Toy Library would like to thank the sponsors of our successful Trivia Night held on June 15th.

Thank you to: Angels on High Restaurant
Chui Yuan Chinese Restaurant
The Drysdale Hotel
Belmont Catering "King of Quiches"
and Bellarine Video.

Special thanks to Marlene and Ernie from the Clifton Springs Bowling Club and all those who attended, to ensure a great night.

Remember Bellarina Toy Library is open Saturday mornings 10.30-11.30 at the rear of the cottage. An economical way to ensure hours of varied play for your little ones. Catering for 0-6 yrs of age. New toys in circulation soon!

IN YOUR GARDEN

The best thing about this little article is its timing, we are nearly in the last half of Winter. Soon we will be able to look forward to the warmth of Spring, but for now it's not warm. It can be fairly difficult to get motivated to be in the garden this time of the year, but now is a good time to make an impact on the weeds, as they do not grow as fast. The standard Winter task of pruning will keep most people busy for a while, but it should always be done with adult supervision, usually female. Chainsaws can be such useful tools in the right hands.

Prior to getting stuck into the garden for its annual haircut take the time to review the state of the implements of destruction. Clean and sharpen those secateurs, handsaws, axes and the like, hide the chainsaw. It is considerably easier to do a good pruning job if your gear is sharp and in good condition. Secateurs especially can make a mangle of roses and fruit trees if they are not nice and sharp, so take the time to check. Bad cuts leave wounds that fungal

disease may enter the plant through, causing dieback in branches and reduced growth vigour. It's also considerably easier to cut wood with something sharp rather than the wrong side of a bread and butter knife. When pruning most things, look for the dormant growth buds pointing in the direction that you would prefer the bush to grow in, and cut on the same angle as they are.

If the need to trim larger branches does occur, then ensure the leash is on the husband before releasing the chainsaw. The important thing to remember is that you can always cut more off, but you cannot put it back on. Take it easy and work to an end where there is still a useful tree not just a stump to put a table top on. Large prune marks can be painted if you so desire, but this should be unnecessary if the cuts are clean. Roll on Spring!

Neil Muhlhan
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Leave a Will or leave a mess! How true are these words?

The importance of making a proper and valid Will cannot be understated. It is everyone's legal right to decide for themselves how their assets will be distributed.

A Will is a legal document setting out how a person's property should be distributed after they die. It also appoints a person or persons called Executors who are charged with the responsibility of looking after the administration of the deceased's estate in accordance with their Will.

To be legally valid a Will must satisfy certain formal requirements set down by law.

If a person dies without making a Will that is intestate, their property is distributed in accordance with a formula set out by the Government-regardless what the deceased's wishes may have been. In some instances, if there are no next of kin the property may go to the Government.

Who can make a Will?

Any person over the age of 18 years and of sound mind can make a Will.

It is absolutely imperative that a Will be drawn up properly because failure to do so may invalidate the Will or cause a partial intestacy. And if that occurs, it may well be that the person who you didn't want to get anything may receive part of your estate.

A Will must be in written form, either handwritten, typewritten, printed or even photographed. It must be signed by the person making the Will in front of and in the presence of a least 2 Witnesses. A beneficiary under a Will should not witness a Will as it may preclude them from receiving that bequest.

There are 3 ways that a Will can be altered:

1. By making a codicil-that is an addition to the Will.
2. By revoking or cancelling the Will.

A Will can be cancelled by destroying it in certain circumstances. A Will or Codicil is not automatically revoked by a later unless it specifically states so.

A Will is generally revoked by marriage. A Will can be made in contemplation of marriage. Separation and divorce of a married couple does not automatically revoke a Will and this is probably one of the most important times to reconsider your Will.

3. By "revocation and re-publication". This may occur in very rare circumstances where a person makes a Will but is revoked by a later Will, destroying the later Will and resigning the earlier Will results in the earlier Will being re-validated. The making of a Will and proper estate planning should ensure that your property is distributed in accordance with your directions and wishes. Before you make a Will you should consider the following matters:

- * List all of your assets.
 - * List your debts and consider how these are to be repaid after your death.
 - * Decide whether you are going to leave any specific items to family members or friends.
 - * Whether members of your family have a claim on your estate or whether there is possibility that they may challenge the Will.
 - * How the balance of your estate is to be divided up.
 - * Whether you should make a testamentary trust for the benefit of your children.
 - * Who should be guardians of your children.
 - * Who should be the executors of your estate.
- The above is not an exhaustive list, there may be many other considerations which are relevant to each individual. You should consider obtaining advice from your solicitor before making a Will.

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10 TIPS FOR SAFE WINTER CYCLING

Cycling can be a great way to get around and keep fit during Winter. If sensible pre-ride preparation is carried out, you'll be riding safely and comfortably, and be able to get through Winter with more energy, and more than likely, a reduced waistline. This definitely beats the normal Winter trend of gaining weight and a lowering in fitness and health. Below are ten tips to ensure safe, enjoyable riding.

1. During Winter's severe weather conditions, it's very important that your bike is in excellent working order (especially tyres and brakes).

2. Due to the limited hours of light, your visibility to other vehicles on the road is very important. Riders (especially at dawn or dusk) must have:

- (a) Reflectors on their cycles.
- (b) Rear light.
- (c) Front light.
- (d) The brightest clothing possible, preferably including a reflective top.

3. If commuting regularly, a back-up light is vital for emergency use, should your lights fail.

4. The wind-chill factor whilst cycling can be quite severe. Adequate, warm clothing is very important in comparison with that required for running etc.

5. Clothing should be layered so that moisture is drawn away from the skin to the outside layers. (You can also peel layers off, if you become too warm).

6. Keeping your extremities warm will always make you a lot more comfortable, and thermal socks, gloves and even balaclavas work well.

7. Carrying a waterproof spray jacket is a must because, especially on our coast, the fronts blow across quite quickly and you can't guarantee

that you won't get rained on, even if you set out in fine, sunny conditions.

8. Bike mudguards do serve a purpose and keep you much drier when roads are wet.

9. Carrying a comprehensive repair kit with you will prevent you from having to stand in the cold for a long period of time, whilst attempting to carry out roadside repairs.

10. During wet weather, be sure that every turn, or braking to turn, you wish to do, is performed earlier and more slowly than in the dry, as traction and braking power are reduced a great deal in the wet.

If you follow these tips, I am sure that you will thoroughly enjoy your Winter '96 cycling season and emerge a fitter, healthier rider.

Happy Cycling.

Stephen Draper.
Hendry Cycles.

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PORTARLINGTON-DRYSDALE LIONS CLUB INC.

Changeover night held on Friday 21st June, 1996. Incoming office bearers for the year are as follows:

PRESIDENT	LION RAY ROGULSKYJ	Ph. 531138
SECRETARY	P.D.G LION ADRIAN MANNIX	Ph. 512257
TREASURER	LION BARRY MILLER	Ph. 531288

CLIFTON SPRINGS PRIMARY SCHOOL NEWS OF THE MONTH:

On the last day of term Friday 28th June, 1996, the School Principal Mr Peter L. Dickson will resign from Clifton Springs Primary School. Mr Dickson has been with CSPS since the inception of the new school in January 1989. The school council, staff, parents and students wish Mr Dickson the very best for the future. Mrs Janice Graham will be Principal for the remainder of 1996.

On Wednesday May 15th, a successful "Jump Rope For Heart" day organised by our PE teacher Sue McPherson was held. All pupils were involved during the day which raised over \$1000.00.

As part of Education Week, we held an Open Day on Wednesday 29th May. Many parents visited our school to view students in a wide range of activities. On that evening, parents also attended the school to participate in an Internet demonstration run by teachers Anne Harvey and Wendy Macpherson.

A new initiative for this year has been the formation of a Junior Debaters Club. This group

of senior students led by Grade 6 teacher Jennifer Molan was successful in round 1 against Roslyn Primary School and last week lost by 1 1/2 points to Geelong Grammar. The club has created a lot of active interest in our senior students.

At the end of May a Book Fair was held in our school library. A large range of children's books was available for parents and children to purchase, with a percentage being donated back to the school. Well done to our librarian Karen Turner and her helpers Mary Macintosh and Linda Hort. Over \$420.00 worth of books was donated to the school.

On Monday June 24th, Grade 6 children took part in wheelchair activities as part of "Appealing Through Wheeling" to raise funds and awareness of Muscular Dystrophy.

Community members are reminded that visitors to the school are always welcome to observe or participate in a wide range of school based activities - come and join in the fun!!

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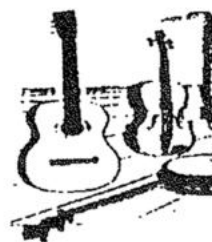
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CORYULE WARD - Cr DENNIS BLAKE



BELLARINE SUBREGIONAL CENTRE - OUTLINE DEVELOPMENT PLAN

"During 1996/97 Council will contribute substantial funds to this outstanding project" - Councillor City of Greater Geelong, Coryule Ward, Dennis Blake.

In 1990 the former Bellarine Rural City Council purchased a property bounded by Gillies, Anderson, Grubb, and Belchers Roads, adjacent to the Drysdale township, for the purpose of developing a sub-regional centre for the Bellarine. The 78.5 hectare parcel of agricultural land had a concept plan prepared by consulting engineers Gutteridge Haskins & Davey and included emer-

gency services, educational, ecclesiastical, commercial, recreation and leisure facilities, private hospital, government branch offices, and a sub-regional shopping centre. The plan by GHD was adopted by the Bellarine council and the land subsequently rezoned to Public Purpose - Local Government. Subsequent to amalgamation this zoning became effectively redundant.

A State Government secondary college has been committed to the site to replace Queenscliffe High School, and Council resolved in January 1996 to sell 9.7ha of land to the Roman Catholic Trust Corporation for the development of another secondary college and additional primary school facilities. In addition, an ambulance station has been constructed on the corner of Grubb Road and Peninsula Drive.

The adoption of the Outline Development Plan will ensure that future development adheres to these principles, whether undertaken by Council or private developers.

It is proposed that the ODP be publicly exhibited for a period of two months. It will be necessary for Council to sell the land to facilitate the land's

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rezoning and subsequent development in accordance with the ODP.

The disposal of future lots within the site to recover Council's upfront development costs can be staged and released as and when it is deemed responsible. Elements such as the land set aside for the future Bellarine Hospital can be retained until such a time as the proposed use becomes viable.

The Outline Development Plan for the Bellarine Sub-Regional Centre is considered to be fundamental to the future success of the site as a focal point for development upon the Peninsula, as well as ensuring that the uses established upon it can be developed effectively and appropriately.

The Integrated Planning Department's assessment of the original concept plan showed up a number of areas where the Plan could be enhanced.

A Council officer working group addressed matters including: the reassessment of the retail centre; the integration of the school sites and, most importantly, the integration of any future development with the community of Drysdale and Clifton Springs.

The Outline Development Plan is based on several key design objectives achieved by introducing up to 250 residential lots around a central community and local retail facility on site.

A safe, attractive and efficient pedestrian and cycle connection is to be established between the site and the existing township, promoting walking and cycling as an alternative to private vehi-

cle use. Opportunities for rural residential living, ecclesiastical and other emergency facilities are also recommended on the site.

In developing this response, the objectives and findings of the City of Greater Geelong Urban Growth Strategy, which is currently on exhibition, have been taken into account. This recommends the residential back filling and consolidation of much of the rural residential land to the north and the promotion of residential development around the ODP site, provided a buffer is retained to rural general farming land to the south. The movement internally and external to the site has been developed in consultation with Vic Roads, the Public Transport Corporation and with representatives of the two schools to create an integrated network connecting the Centre back to the township and which will provide a well connected arrangement on site. This incorporates a shared bus interchange on-site which would also serve other facilities and in future serve as a regional interchange.

Council has previously indicated its desire to encourage the development of joint facilities for the two schools and the Bellarine community, such as a performing arts, sports and multi-media facilities.

Council in taking the lead role in promoting the most appropriate site for joint facilities, has determined that 1 hectare of land be donated for this purpose, in what both schools agree is the best location for the development of joint facilities. Council has agreed to work with the two schools (who will need to provide their own financial commitments) to attract Government and other community financial support.



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COLDS AND FLU

This time of year is on us where there are the dreaded cold and flue bugs all around us. What can be done to relieve these symptoms which may include coughing, nasal congestion, runny nose and fever?

Some of the more common pharmacy products contain pseudoephedrine which relieves the congestion for 6-12 hours depending on the dose form. Some contain antihistamines which while making you feel drowsy can also relieve the congestion and runny nose.

Paracetamol is used quite commonly to relieve pain and fever. When taking anything containing any of the above medicines it is always advisable to check with your pharmacist first. Many people ask what else can they do? We now have a range of products which have been shown to be extremely helpful for treating colds and flu.

Some contain a herb called echinacea. It is one of the most widely used medicinal plants and is common and used as an immune stimulant for its antibacterial and antiviral properties. It can be used to help fight infection including colds and influenza and is practically useful where there is a resistance to antibiotics.

Garlic is another very useful herb. It is part of the onion family and was used long ago by the Ancient Greeks. The active ingredient of garlic is allicin which has antibacterial and antiviral activity. It is available in odourless forms. For more detailed information on the above topic please come into the Drysdale Pharmacy where we have readily available information on this and about a thousand other topics.

Peter Cramp
Drysdale Pharmacy

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A NEW CHOICE IN GEELONG FUNERALS

A new choice in funerals is being offered by one of Geelong's longest established companies.

Louise King Funerals is an all-women division of King's Funeral Services, a company that has conducted funerals in Geelong for many years.

Louise King Funerals offers the same dignified service that Geelong people have come to expect from the King family.

Women currently work at all levels of the funeral industry and whilst King's have had women on the staff for many years, a service operated wholly by women offers a new alternative in the Geelong region. Some people may be more comfortable discussing personal matters - such as the arrangement of a funeral - with a woman.

The principal of the firm - Mrs Louise King - is a nurse and holds a Certificate of Bereavement Studies. Her colleagues have many years of experience and are committed to progressing their education and updating their skills in the funeral industry.

Louise King believes: "Our new service offers an additional choice to Geelong people when they need to make arrangements for a funeral. We have an excellent team of women to care for and support you at this time."

"The diversity of today's lifestyles means that some people now prefer a non-traditional service in order to farewell someone who has died."

"Louise King Funerals is able to offer those choices."

"Our aim is to offer the best possible service to the families of Geelong and district."

Two members of the Louise King team are long-time residents in the area. Barbara Hoy and Helene Beaton have lived on the peninsula for a total of 33 years.

The contact phone number for further information about Louise King Funerals is 226363.

A New Choice in Funerals

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For further information contact Helene Beaton, Barbara Hoy, Amanda Clingin or Louise King

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Geelong**

**Phone:
226363**

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speaking on nutrition, health & weight control

Ring Ann on 513463 for details

TUESDAY 16 JULY IN GEELONG

WORLD SEIDO KARATE ORGANISATION

53-55 MURRADOC ROAD, DRYSDALE

The World Seido Karate Organisation has been operating in the Clifton Springs area since 1983 and more recently in Drysdale. Since its relocation to 53-55 Murradoc Road in July 1995 our membership has increased 50%. This can be attributed to our more comprehensive class schedule with tuition offered 6 days a week (including Sat. & Sun. mornings).

Our unique multi-level instruction for beginners ensures all new students progress at a faster rate as well as a gradual easement into our program. All instructors are licensed Black Belts who are patient and understanding in their teaching methods.

Seido Karate has the largest following of children anywhere in Geelong. Children are taught in a supportive atmosphere and after they receive their first belt are taught in a special children's class (6 years to 11 years). These classes emphasise respect, discipline and self confidence. Our teachings encourage children to refrain from violence but should the need arise they have the necessary skills to defend

themselves. With our special visitors area we encourage parents to attend and view their children training.

We instruct children from as young as 6 years through to adults in their 60's. An introductory free lesson is offered to all interested persons. We have various rates for: Children, unemployed/pensioner, adults and families.

For further information Phone - 443722 - Anytime.



JOSHUA **COMPUTER TRAINING**

SHOP 7-8 Village Walk
21 Clifton Springs Rd
DRYSDALE (Old Library)

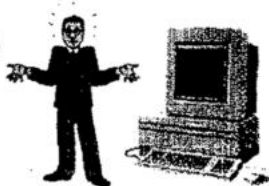
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- **Introduction to Windows**
- **Introduction to MS Word**
- **Advanced MS Word**
- **Introduction to MS Excel**
- **Advanced MS Excel**
- **Introduction to MS Access**
- **MS Publisher**
- **MS Powerpoint**

All classes re-commence at four weekly intervals. For information Ph. 513337



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Postcode: _____ Ph. No. _____

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3 Sections

Under 8

Under 12

Under 16

1st Prize: Free Pizza (All Categories)

Consolation Prizes 2nd & 3rd (All Categories)

Send entries to Pinky's Pizza, Shop 3 No. 26 High Street Grovedale 3222
Winners will be notified by mail and in the next edition of The Springdale Messenger.

DRYSDALE OUTLET FOR GOURMET DUTCH PASTRIES

Luscious Dutch Apple Cakes and Cheese Cakes, as well as those very special Dutch shortbreads and biscuits, baked by a specialist Dutch Pastry Chef, can now be purchased locally at Fawlty Towers Coffee Lounge. Open seven days a week 9am - 4pm Shop 6, The Arcade, Drysdale - Phone 513312.

Special Orders willingly taken.

Remember a week's notice is needed for these. Don't miss these beautiful goodies that make the perfect winter desert or snack. No need to travel to Geelong. Buy better at a more reasonable price by shopping locally at Fawlty Towers.

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SpringDale Children's Activity Centre

Session Times

Tuesday 9.30am to 12.00pm
Wednesday 9.30am to 12.00pm
Thursday 12.30pm to 3.00pm

Cost: \$7.50 per session (initial registration \$5.00 per family). Age 0-6 years.

Qualified and experienced staff provide a stimulating programme.

This facility is available on a permanent or occasional basis.

BOOKINGS TO BE MADE BY TELEPHONE -

ENROLMENT FORMS TO BE COMPLETED PRIOR TO BOOKING

Another service offered by SpringDale Community Cottage, 14 Princess Street, Drysdale,
Phone 53 1960.

BELLARINE PENINSULA **PARKINSON'S SUPPORT GROUP**

Parkinson's is a progressively degenerative neurological disorder which affects approximately 10,000 Victorians.

The main symptoms are: tremor, stiffness and slowness of movement.

A support group can provide you with valuable information and support to enable you to manage, not cope with, the symptoms of Parkinson's. Come along and enjoy the friendly, social atmosphere of the Bellarine Peninsula Sup-

port Group with others who understand the complexities of living with Parkinson's. A warm welcome is extended to people with Parkinson's, their families and friends.

Meetings are held at: Ocean Grove Health Link, Presidents Avenue, Ocean Grove.

2.00 PM every 2nd Wednesday of the month.

For further details: Ms. Janet Barras
(052) 581944

GEELONG COMMUNITY MOVEMENT CHOIR

This is an exciting and innovative concept in community dance funded by City of Greater Geelong. It will begin in third term. We are forming a community of people of all ages to attend a free weekly class to develop massed movement pieces to celebrate life!

You don't need vast dance training to join the movement choir, you only need to love any kind of dance/movement.

If you are aged 15-70 and you would like to know more, then please phone Barbara Coleman on 513040 to register for our free information session on July 20th at The Courthouse, Geelong's new youth culture venue.

WOMEN UNITED

extend an INVITATION to all ladies in the community to come and hear Joan Lary, a very capable Christian speaker. Joan is a wife, mother, grandmother, ex-nurse and currently involved in holistic counselling at Mt. Evelyn. Joan will be sharing her story which is full and interesting, including two trips to India with church work parties.

She is well-travelled and energetic, said to have a twinkle in her eye and loves people. Promises to be a good morning. Creche. Tea/coffee provided.

Date: Wednesday, 24th July
Time: 9.30 a.m.

Place: Clifton Springs Baptist Fellowship, Central Road.

Enquiries: Phone: Mary 532424

RETURNED AND SERVICES LEAGUE

The Drysdale R&SL Sub-Branch monthly general meeting is held on the second Thursday of each month, at 2 pm, in the clubrooms, Princess Street; all new and intending members are assured of a very warm and friendly welcome.

If you have any service record, you are eligible to become a member of the R&SL.

If you have recently moved into the district and just don't seem to be able to meet people of your own age and with the same interests, now is the time for you to take the bit between your teeth and come along to one of the monthly meetings. Don't put it off any longer, do it now.

Maybe you are interested in doing some voluntary work, such as visiting the sick and the lonely, if so, your services would be welcome. Perhaps you have some problems that the R&SL can help you with, if so come and speak with the Hon. Secretary.

A question often asked is, "What does the R&SL do, apart from having meetings and social gath-

erings?" The answer is, the R&SL is an organisation, which was formed after the First World War, to assist ex-service personnel in every way possible. The main avenue of assistance in these days is welfare. The important work is carried out throughout the different Sub-Branches and the Headquarters, by dedicated persons, who help in many different aspects of welfare.

The sale of ANZAC tokens and poppy sales help in this important work. The money received from the sales of these tokens and poppies is divided, a small portion being retained by the Sub-Branch for the welfare of the local members, while the larger portion is sent to the Victorian Headquarters, to be used for welfare on a wider scale.

If you have been in the services, the R&SL needs you. Do you need the R&SL?

J. G. Brownhill.
Publicity Officer.

VOLUNTEERS - WANTED

Do you like being with children?

Do you have some "spare" time?

Our Children's Services of SpringDale Community Cottage is seeking volunteers who can spare half a day per week or fortnight to help with our Occasional Care Program.

Contact SpringDale 531 960.

From the Hospice Auxiliary

Some future events to put into your diary

17th July Card Luncheon, Geelong Bridge Club

9th August Gown of the Year

20th September Herb Morning - St. David hall

For information on these events or if you would like to know more about the Auxiliary please contact Margaret Strickland on telephone 43 5184 or call Hospice on 224922.

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Seniors Programme

LIVE SMART - LIVE SAFE : (Funded partly by Adult Community and Further Education). This course has been designed specifically for persons who hold the "Seniors" card. Enrolment fee is \$10.00 for the following entitlements:

Entitlement to attend free sessions.

Enrollment in some courses with no tuition fees.

10% discount off all classes included in our term programme.

CONFIDENT LIVING

IN THE COMMUNITY

"Confident Living in the Community". Presented by Senior Constable Sandy Atkinson - this session focuses on safe daily living within our growing community. Morning coffee/tea provided.

When: Wednesday, 21st August, 1996.

Where: Drysdale Community Hall.

Time: 10.00am - 12 Noon

NO CHARGE.

BANKING IN

THE 1990s

This is the opportunity to get first hand information from a banking official of the changes that have taken place and will soon be taking place. Get all those questions ready beforehand.

When: Wednesday, 14th August, 1996.

Where: SpringDale Community Cottage, 14 Princess St. Drysdale.

Time: 10am-11am.

NO CHARGE

DEEMING:

A discussion on this most important subject.

When: Wednesday, 7th August 1996.

Where: SpringDale Community Cottage, 14 Princess St., Drysdale.

Time: 10am-12 Noon

NO CHARGE

FIRST AID

(6 HR. COURSE)

Our first-aid officer will give you instruction in first-aid in the home in case of scalds, accidents, falls, sprains, breaks etc.

When: Tuesday, 20th August, 1996 x 3 weeks

Where: SpringDale Community Cottage, 14 Princess St. Drysdale.

Time: 1.00pm - 3.00pm (3 sessions)

NO CHARGE

YOUR TRUE

COLOURS:

An introductory course which will show you how differing colours can bring out your natural self.

When: Monday, 12th August

Where: Drysdale Community Hall, High St. Drysdale.

Time: 1.00pm-3.00pm

NO CHARGE

FOR SELLING OR BUYING LAND ON THE BELLARINE PENINSULA

Contact: Stan Lawrence (local resident)

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every Tuesday*

COOKING SMALL

EATING WELL

The most important part of your life is the nutrition your body receives. This course will help you plan to eat well and at the same time being economical with size and cost of meals.

When: Tuesday, 20th August,

Where: SpringDale Community Cottage.

Time: 10.00am-12 Noon

NO CHARGE

NEW TECHNOLOGY

Have you ever wanted to try gain some computer knowledge?

Before joining in an expensive course, make arrangements to have some private tuition at the House.

Time and day to suit participant and House..

NO CHARGE

How about those frustrating photo-copier machines? Trying to use one in a hurry at the library etc. can give you some pretty strange results. See us and find just what these photo-copier can and cannot do.

Time and day to suit participant and House

NO CHARGE

Do you sometimes wonder just what are fax machines? How do they work. Make an appointment to learn the latest and at the same gain the opportunity of the first five you wish to send will be just \$1.00 each.

NO CHARGE

THIS IS MY STORY

Is there a story you want to tell? Has something unusual happened in your life that you would like to put down for posterity. This is the course for you. Our resident writer will help you construct your story, then later edit and perhaps help you set it up on the computer.

When: Wednesday, 11th September

Where: SpringDale Community Cottage

Time: 10.00am to 12.00 Noon

NO CHARGE

BRUSH UP ON YOUR

CROCHETING AND

SMOCKING:

An opportunity to brush up on these skills.

Time and date to suit participant and tutor.

NO CHARGE

SPRINGDALE

EXPLORER

Join in this new experience - a tour of our beautiful area. Morning tea provided. Book early.

When: Thursday, 5th September, 1996

Where: From SpringDale Community Cottage

Time: 9.30am to 12 noon approx.

NO CHARGE

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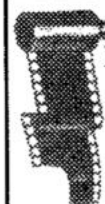
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START WORKING ON THOSE CHRISTMAS PRESENTS NOW WITH THE FOLLOWING SPECIAL CLASSES AT REDUCED COSTS:

CALLIGRAPHY - 1-day workshop -
(Charge for materials only)

Date: 6th August

Where: SpringDale Community Cottage

Time: 9.30 - 3.30pm

LIMITED PLACES EXIST - SO BOOK EARLY

MATERIAL CHARGE ONLY

FOLK ART

(Charge for materials only)

This is the course that you have been waiting for. A beginners course at which you will paint and decorate two articles. Only pay for equipment and materials.

When: Thursday, 8th August

Where: SpringDale Community Cottage

Time: 9.30am-11.30pm

TEDDY BEAR

MAKING

(Charge for materials only)

This course is for beginners.. Make a fully jointed antique reproduction Mohair bear - Materials cost \$35.00.

When: Tuesday, 27th August x 3 weeks

Where: SpringDale Community Cottage

Time: 9.30 - 11.30am

CARD MAKING

(Charge for materials only)

Get ready for Christmas - learn to make individually designed cards - just great for special for friends and family. Material costs \$5.00.

When: Thursday, 1st August

Where: SpringDale Community Cottage

Time: 12.30pm-3.00pm

PAPER MAKING

(Charge for materials only)

Make your own individually designed notepaper. A quick and easy class to take - and plenty of fun too. Material costs \$5.00.

When: Thursday, 15th August

Where: SpringDale Community Cottage

Time: 12.30-3.00pm

Remember book

early to ensure

that you

don't miss out.

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P.O. Box 375 Drysdale.

Classes

FOR BOOKINGS - Ring SpringDale 53 1960.
To ensure a booking in a particular, fees should be paid as soon as possible.

CALIGRAPHY

FULL DAY WORKSHOP:

Have you ever wished to learn how to write in this beautiful manner. If so this workshop is a must for you. Book quickly there are not many places to spare here. Pen and ink costs are approximately another \$10.00. Ring for further information.

Tuesday, 6th August 9.30am-3.30pm
1 day Workshop \$25.00

CARD MAKING:

Make original cards for your friends and family for birthday and Christmas. This session will show you how to make three different types of cards. Cost of materials \$5.00.

Thursday, 1st August 12.30pm-3.00pm
1 week \$10.00

CROCHETING:

A wonderful opportunity exists to learn the art of crochet - start that project you always dreamed of doing - a bedspread, tablecloth etc.

Wednesday, 21st August 10.00am-12.00Noon
3 weeks \$25.00

COMPUTERS

An introduction to

Join in this beginners course to gain computer knowledge. Using IBM compatible computers. Emphasis on word processing skills found in the

workplace. Especially for those who have just purchased a computer.

Monday, 5th August 7.00pm-10.00pm
6 weeks \$30.00

DECOUPAGE:

Start on a new hobby - learn the basics of Decoupage - decorate a wooden box (10" x 10"). Materials include box, a great range of papers to choose from, paper, glue etc. \$20.00

Thursday, 22nd August 12.30pm-2.30pm
2 weeks \$15.00

EMBROIDERED

BABY BLANKET:

This makes a special gift for that very special person. Design your own pattern (sample designs available) and embroider a beautiful baby blanket.

Monday, 12th August x 6 weeks 7.00pm - 9.00pm 5 weeks \$40.00

FOLK ART

(Beginners)

Here is a hobby that will interest you for years. Take advantage of our generous offer to start you on your way. During the course you will paint and decorate two objects - most paint and equipment can be provided by tutor at an extra cost. Ring for further information.

Thurs, 15th August x 4 weeks 9.30am-11.30am
4 weeks \$30.00

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Saturday 9.00 am - 12.00 noon

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FIRST AID LEVEL 2

Designed for people requiring a workplace First Aid Certificate, Level 2 and those who would like to learn or update their First Aid skills. Level 1 Certificate is NOT a pre-requisite for this course. This course is asked for by employers hiring Carers. Wednesday, 31st July x 8 7.00pm-10.00pm 6 weeks \$120.00

INTRODUCTION TO

MASSAGE:

Correct massage skills can reduce the physical and mental tensions of everyday living resulting in a more harmonious lifestyle. Learn the basic techniques in this participative class. Tutor is masseur to the "Cats".

Wednesday, 7th August x 5 7.00 - 8.30pm
5 weeks \$42.00

OVERLOCKING

WORKSHOP(2 HR.)

Our popular session is back once again - learn techniques to use your Overlocker to full advantage. Tutor is most experienced in many various makes of overlocker. Numbers limited.

Wednesday, 14th August 1.00pm-3.00pm 2 weeks \$25.00

PAPER MAKING:

Help keep the environment friendly - make your own notepaper - our tutor will show you the easy way.

Materials \$5.00 extra.

Thursday, 15th August 12.30pm-2.30pm
1 week \$10.00

PARENTING SKILLS:

Tuesday Evening (Date to be advised) 7.30-9.30pm 4 weeks \$10.00

Funded by Adult Community and Further Education.

PERGAMANO

Parchment Paper Cards (For beginners)
Learn the art of embossing and colouring and make beautiful personalised cards for every occasion. Embossing tool and materials. Materials approximately \$5.00-\$6.00.

Thursday, 15th August 7.00-9.00pm
1 week \$10.00

PRODUCT

MANAGEMENT:

A pleasant morning at which you may sample new products from supermarkets. Bookings essential.

Wednesday, 31st July 10.30am-12.00Noon 1 week \$2.00

SMOCKING

Give your childrens clothing a professional finish by learning this beautiful craft - tutor has automatic pleater to make the learning easier.

Thursday, 22nd August x 4 730pm-9.30pm
4 weeks \$30.00

TEDDY BEARS:

Beginners special. Make a fully jointed antique reproduction teddy bear in mohair. This is something that you will treasure forever. Extra cost for materials - \$35.00.

Tuesday, 27th August x 3 10.00am-12Noon 3 weeks \$25.00

Kings

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VICTORIAN

SEWING BOX:

A pretty knick-knack which would make a perfect gift for that special someone. Kit provided for \$5.00.

Tuesday, 13th August x 2
10.00am-12Noon 2 weeks \$15.00

YOGA

(including ½ hr. relaxation)

Join in this most relaxing class. Learn the various yoga poses and take advantage of the opportunity for a long relaxation time at the end of each session.

Monday, 12th August x 6 7.30pm-
9.30pm 6 weeks \$35.00

YOUR SPECIAL

COLOURS:

A pleasant Monday afternoon spent watching a demonstration of how colours can affect your looks and which colours are for you. Ring and book to ensure a place.

Monday, 12th August 1.00am-3.00pm
1 week \$1.00 (payable atdoors)

CAMERA CLASSES:

KNOW YOUR

VIDEO CAMERA:.

Have you just bought a Video Camera? This "hands on" course shows you what those buttons and switches are really for - discusses focus, exposure, white balancing, batteries etc.

Tuesday, August 20th x 2 7.30pm-
9.30pm 2 weeks \$33.00

VIDEO VALUE

COURSE:

This extension course on video cameras covers smooth camerawork, sound and microphones, balancing etc.

Thursday, August 29th x 3 7.30pm-
9.30pm 3 weeks \$45.00

ADVANCED

DARKROOM:

For those who want to extend their darkroom skills into areas such as Dodging and Burning In, Texture screens, Sepia and other toners, montaging, adding clouds, vignetting. Work with your own black and white negatives. Material cost includes \$20.00 for supplies.

Monday, August 19th
7.30pm-10.00pm 4 weeks \$65.00

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Saturday 8.30am - 10am

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*Phil
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018 599 232*

BUYER'S MARKET BENEFITS SELLERS

Currently, properties for sale outnumber purchasers ready and willing to buy them - a classic buyer's market.

Depressing news? Not so for most of Clifton Springs residents. Why? Because most buyers are upwardly mobile - after selling they go on to purchase a more expensive home than the one they sold.

* Property prices are now at the low end of the price curve.*

This makes a great time to trade up.

If you're disappointed in the price agents indicate as the reasonable selling price for your property in the current market, don't be - because when it's your turn to buy you will make substantial savings.

Another advantage of buying and selling in the same market is that property buyers have the

added benefit of having plenty of time to do their research and feel confident they are making a good decision.

After all, the principle place of residence is the single greatest asset for most people. There's nothing worse than feeling you have to make a hasty decision just because you've sold your home on a rising market and are afraid of prices getting away from you. The best thing about buying and selling in the same market is that you don't become a victim of fluctuating prices.

For further information please don't hesitate to contact us on 512847

GUYETT REAL
ESTATE P/L

PHONE: 512847

Guyett Real Estate P/L

11 Clifton Springs Road, Drysdale

Phone: 51 2847

Together we'll make it happen