

Adrian Mannix awards 2004! And the winner is....

Congratulations to Veronica (Thelma) Evans,
our winner for 2004.

Her Volunteer Contributions are many over the past 20 years:

- ✱ Queenscliff Health Centre
 - ✱ Palliative Care and Hospice
 - fund raising, sitting with patients
 - ✱ Cancer Aftercare Bellarine Group
 - Street stalls; quilt raffles; fundraising
 - ✱ Trading Partners
 - Works in shop, markets, festivals.
 - Committee member
 - ✱ St Vincent De Paul
 - Volunteer 1 day per week
 - ✱ Probus Ocean Grove
- Committee member
 - ✱ U3A Art Group
 - Foundation member and leader
 - ✱ Kessia Foundation
 - Gardening; fund raising
 - ✱ 'Big Bill's Beauties' (craft group)
 - organises quilts to raffle
 - ✱ Ocean Grove park
 - Committee member and volunteer
 - ✱ Ocean Grove Neighbourhood House
 - Volunteer and group leader
 - ✱ Sims Lodge
 - Volunteer
 - ✱ Ocean Grove Walking group
 - Foundation member and leader

Nominated by 'Bills Beauties', Thelma is a quiet achiever and has been involved in many activities and charities even while nursing her terminally ill only child and later her husband. She will help any of her friends who need support. She is the most generous and supporting unassuming person you could wish to meet. (Kath Walker)

On behalf of the Rotary and Lions Clubs and SpringDale Neighbourhood Centre, we congratulate you. (We will be bringing you photos of the awards evening in the next issue).



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The SpringDale Messenger

The SpringDale Messenger is compiled by the SpringDale Neighbourhood Centre Inc. A0024916V, 14 Princess St. Drysdale. Postal: P.O. Box 80, Drysdale, 3222.

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To improve the administrative arrangements for the Messenger we are encouraging all contributors to provide their information on disk (Word) or email it to us – ATT Rosie on: office@springdale.org.au For those who have difficulty providing your contributions on disk we are still happy to accept written copy or make our computers available for your use.

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The SpringDale Messenger

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SPRINGDALE NEIGHBOURHOOD CENTRE

Welcome to the Feb/March issue of the Messenger. We are devoting the whole column to the finalists for this year's Adrian Mannix Awards.

Robert Gibb

Robert has worked as a volunteer member for the Gas Committee, the Ambulance Probus Club of Portarlinton, the Sailing School - RGYC, the Port Report, Secretary and volunteer Portarlinton Mill, and is a Past Member Lions Club of Portarlinton / Drysdale. He has also been a volunteer auditor for the Jengaleers and SES Tennis Club and Barwon Bulldogs. Robert has raised in excess of \$7000 through Garage Sales, Big Shed, Portarlinton, for the Skate Park, SES, Leukaemia Fund (Bluey Day), BayCity Concords and the Portarlinton Toy Library. Robert has also been involved with, Street lights for Christmas, the Guides in

Portarlinton, Bluey Day (Golf Club) and the Bellarine Agricultural Show. Robert has also been with the Fire Brigade and Carols by Candlelight in Portarlinton and St Leonards.

Robert has been and still is a ready volunteer to assist in many Community Projects for many years. He has done so in a quiet manner without seeking recognition for his efforts.

Alexander (Alex) John Finney

Alex Finney is a native of Birmingham, England. He migrated to Australia in 1968 bringing his wife, Joy and two small children with him. Alex retired to Portarlinton in 1993 and his early years were fully taken up with establishing the family home. Alex was a foundation member and bulletin editor of the Portarlinton Probus Club, Vice President of the St Leonards Retirees Association, Volunteer driver for Portarlinton Health Centre, Secretary of Bellarine North

Natural Gas Committee, 'Complaints Manager' of Bellarine North Natural Gas Committee.

Alex's contribution to the community has been huge.

Lesley Taylor

Lesley has been foundation member of the Auxiliary of the Drysdale Community Health Centre, Life member of Drysdale Football Club (a true blue Hawks supporter!), Past Secretary / Treasurer Drysdale Fire Brigade, Member of Uniting Church Opportunity Shop Committee, Member of Geelong East Hospital Auxiliary, Past Treasurer of Drysdale Primary School Mother's Club, Treasurer Drysdale Community Crafts Club, Assisted with organizing gifts to needy families and other worthy causes. Lesley is always ready to help those less fortunate than herself.

As always, the standard was very high this year! Congratulations to all.

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20 cents per page sent after the 1st

Bellarine Agricultural Society Inc.

Saturday, March 6 2004, Portarlington Sporting Reserve, Sproat Street, Portarlington, Country. Music will come to town.

Friends of LifeFlight supported by the Bellarine Agricultural Society Inc. will host a country music for charity concert. Country music's finest artists from Geelong, Bellarine and the Western District will set your feet tapping from 4pm.

Proceeds will go towards a new cot to transport our critically ill premature babies from all parts of country Victoria to Melbourne, and the Babies and Children's Helicopter that Powercor LifeFlight is setting up.

Food and drink will be available, as well as camel rides (have you ever ridden a camel?)

Children, bring Mum, Dad, Grandma & Grandpa to meet Pete the Pilot Bear.

Come along with your chair, or sit on the straw bales, have fun and help us give our babies and children a better chance to live.

Entry Cost - \$10 adult - children under 12 - \$5.

Show Day at Bellarine - March 7 2004 Portarlington Sporting Reserve, Sproat Street, Portarlington. Fun for all ages, animals, camel rides, handcrafts, cookery, and entertainment. Bellarine is the last qualifying show for cattle and horses before the Royal Shows at Sydney, Adelaide and Melbourne, a very important Show on the Agricultural Calendar.

Meet our mascots for 2004 - the Boer Goats. New to the agricultural scene, these beautifully marked animals with their long ears are a stark contrast to our feature animal. You can pat these lovely animals, and believe it or not they all have names and they answer to their names.

Once again the elderly of our community will have their special Handcraft section. All who enter from our Aged Care Homes will compete for the Joan Golding OAM Trophy. New to this years show are the Art and Photography Sections. These sections will be displayed in the Old Mill and are sections that we have been asked for over the past 3 years, well this year they are included so please keep those entries rolling in.

You can learn to play an instrument at the show. Can you guess what that instrument will be? Come along and find out if you are right. Meet and talk with the footballers from Geelong Football Club.

The feature animal for 2004 is the big, beautiful and gentle Clydesdale. These magnificent animals a reminder of our agricultural past formed the area we known as Bellarine. Come along, wonder at the size of the horses, the size of their hoof is enormous. But, take a close look at the gentle eyes of these animals and you will see why they are referred to as "gentle giants". Can you remember when the Clydesdales tilled the soil, were the work horses of the farming communities? Many of us can and will reminisce on March 7, 2004 when they strut their stuff at the Bellarine Show.

Come along from 9am to 4pm and have fun. Adults \$6.00 - Children and Concession - \$3.00 - Family admission \$12. Ring the Secretary on 03 5251 3379 for further particulars.

SpringDale Courses - Be quick!

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Drysdale's Primary Goal

With the continued population growth in the Bellarine Peninsula area, Drysdale Primary School is placing itself to meet the needs of families in the area.

The school has continued to attract a consistent number of enrolments which now stands at 561.

"We like to see the school as a community school. Long term, I don't know. It's difficult to guess the enrolment with all of the increased building around." Drysdale Principal Clare Wilson said.

"The Drysdale community is becoming a popular living option for families and not counting our Prep enrolment we had 19 new children transfer in, to start the new school year. As with many schools in the area we are experiencing the effect of people moving to the Bellarine Peninsula for a Seachange," she said.

A new crop of Preps made their way to school last month with 67 new preps at Drysdale Primary - now

settled and prepared for their primary education. "They've settled in quickly, building friendships and adapting to school routines," she said.

"Our local kindergartens ensure the children are well prepared to make the transition from kinder to school. Our school assists this process through our buddy program where they are paired up with a Grade six student," Mrs Wilson said.

Over the past decade, Drysdale Primary School has gone through many changes including the update of technology and the inclusion of specific educational programs focusing on numeracy and literacy - which have contributed to the school's ongoing success.

"The use of technology has increased in all aspects of society. We have a computer lab as well as computers in all the classrooms. These are networked so that the children can access their work from any of the computers. This aspect of edu-

cation is a big change in all schools," Mrs. Wilson said.

"We're very proud of the educational opportunities that we provide for the students at Drysdale Primary. We have strong classroom programs right across the school, which concentrate on literacy, numeracy, science and cultural studies and along with that we have a comprehensive specialist program. The children work with specialist teachers in the areas of physical education, art, music, library, computers and Indonesian." she said.

"The specialist programs compliment the more academic subjects, the aim being to have all students are engaged and motivated. The essence of the whole school program is to enrich the educational offerings for our students so that they gain an appreciation of their worth as individuals," she said.

By Brent Diamond

Ladies Probus Club Of Bellarine Inc. Registered No A 14696T

The January meeting went well and there was a lot of chatter between friends, surprisingly the membership was quite good, since it's holiday time and many of members go elsewhere for the summer, and child minding is high on their list. The President Bev reminded us that the AGM is not far off and she was still looking for members to complete the committee for next year.

The luncheon group who do the rounds of eating places were eating at the Springs today, they have a lot of members who make a social day of the meeting.

The Craft and Chat group who still meet in the Dungeon below the Springs on the first Thursday of each month, at 1.30. to 3.30pm. It's a good time to have a laugh and chat, especially for those who live alone. The other groups held in members homes are Mahjong, Canasta, and Scrabble. These groups have been going for years, and is just as popular now than ever. The card crafting is still done by Sylvia Spruit and helpers. What a good job they are doing.

The speaker in January was Carol McCarthy from Harvey World Travel in Drysdale. Carol told us about her

beginnings in the travel industry and how it has taken off in a big way since starting her own franchise. Her enthusiasm for her job and places visited really excited us, which was highlighted with photo's.

The Speaker for February was be Grania Lohning, who talked about the Werribee Zoo. On Friday Feb 20th, we made a trip to the Zoo and Grania took us on the 50 minute safari tour as our guide. It was a very good day.

*Until next time, Yours in friendship.
Iris Liz Tolton.*

What's On

World Day of Prayer will be held on Friday March 5th at Clifton Springs Baptist Church, Commencing at 10.30 am. Speaker- Pastor Carla Evans. All welcome : men, women and young people.

Queenscliffe

Dentist:
Dr Brenda Loh B.D.Sc. MELB

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What's happened and what's happening at the CLIFTON SPRINGS GOLF CLUB

At last the golf course now has 18 holes open for play and the works on the back 9 have exceeded everyone's expectations with a magnificent coverage of legend couch grass on the fairways. If you have not had a game at Clifton Springs recently I highly recommend you consider it and at only \$20 for eighteen holes this represents great value.

Also representing great value is our golfing membership promotion and for the low price of \$275.00 you can become a golfing member with membership valid up until Sept 04. To take up this offer you must apply and pay prior to March 15th when the offer ceases.

The Club recently held an Open ambrose golf event with visitors from 24 clubs throughout Victoria competing with favourable comments being received from all par-

ticipants. Both major winning teams were from outside the area being Terang and Werribee.

Golf now moves into top gear with the Club's honour board events being conducted over the next 2 months commencing with the McInerney Fischer 4 ball, followed by the Foursomes and finishing with the Club Championships. Best of luck to all competitors.

On the ladies golfing events, Monday March 15th sees the Club hosting the ever popular Golden Putter event which once again is being sponsored by Graeme Hutchinson Auto's and Kevin Paisley Fashion Eyewear. Entries can be forwarded to the Lady Captain Carmel Finnigan c/- the Club.

You will need to book early for the next spectacular show on Saturday March 20th with a duel show of

the Big O and Elvis performing on the same night. At only \$40 per person which includes a 2 course meal, this represents fantastic value and bookings are being taken now.

Works have been completed on the landscaping and grassing of the main car park and I personally would like to thank those members who devoted their time at the Sunday working bees to complete the works. A special thank you also to Thelma Bartlett and the Tilttons for their daily watering of the shrubs.

We also continue the tradition with our regular Friday evening entertainment with the Bistro open for lunch and dinner 7 days a week and don't forget our \$3.50 meal deal coupons are now being accepted.

David Milne
Manager

Organ Donor Information Afternoon.

The Bellarine Peninsula Community Bank Branch of Bendigo Bank is proud to be sponsoring an information afternoon in the Community Room at Harding Street Portarlington. (beside the Bank Branch)

A representative from the Victorian Organ Donation Service -life gift will be available to answer any questions people may have about organ donation, an informational video will be available and brochures for you to take home and be able to discuss your decision with loved ones. You will be able to fill in forms on the day or just pick one up, drop in any time between 2 and 4pm on Thursday the 4th March 2004.

Toy Library is back in action for 2004 !

Borrowing takes place Saturday mornings between 10.30 and 11.30 am, during school terms.

We have fantastic toys and puzzles for the 0 - 6 yr age group - indoor, outdoor, water play, skill developing (both mind and muscle !) and just plain fun.

We have a one-off \$ 20 family membership and a sliding scale an-

nual cost per child - \$12.50 for the first child, \$ 7.50 for the second, \$ 5.00 for the third. Each registered child may borrow 2 toys and 2 puzzles at a time, for up to two weeks. Just the right time frame to maintain your child's interest.

Toy Library is great for everyone - full time and part time carers,

grandparents, babysitters - anyone who ever has a child in their house !

Call in and see us Saturday mornings - we're behind the cottage in Princess St. - or call 5251 2103 if you'd like to know more.

Look forward to seeing you there !
Kerry Dewar, co-ordinator.

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Reflections about Landcare - what is it?

Landcare appears to be different things to different people. I see landcare as a generic term to describe most of our local environmental groups whether called Landcare, Coast Action, or Friends of groups. All these types of groups are essentially trying to do similar things.

Peoples' differing ways of thinking about landcare is as varied as we are individual. However, the common thread is that it is a way of thinking about how we relate to "the land" and how we look after it. Some may even say that it is a way of living. It is an individual's expression of a desire to "care for the land" for a wide range of reasons.

Being part of a landcare groups does offer practical opportunities to participate in "landcare type" activities. There are many landowners that are practicing landcare on their own properties independently of the local landcare groups.

Landcare grows out of one's concern for our local natural environments, local land, local landscapes and their natural processes. Landcare goes beyond just being concerned for our land. To be practicing landcare is to be trying to leave the land in the same or better environ-

mental condition than when you acquired it. It is about trying to manage your land in a way that does no harm or further damage the land for future generations - our children and our children's children.

"It involves understanding what we are actually doing to the land we live on."

Caring for our land doesn't necessarily mean reduced profits - but smarter, more informed land management that produces agricultural produce in an economically and environmentally sustainable fashion. This reminds me of another old saying "You can't be green if you're in the red". Landcare is about making money off land in a sustainable fashion.

Landcare is not just about caring for your own land. The land you own and the land I own are not isolated islands. What we do or don't do on our land, can impact on the land surrounding it and the waterways flowing off it and through it. Poor management practices on your land can have a detrimental impact on the properties around yours, sometime for kilometres and you may not even know. Water movements, soil erosion, soil acidification,

salinity, nutrient movements, pest animals, pest plants, none of these are stopped by our fences.

Landcare is not just for rural people; urban residents can get involved and make a real difference. Before I was employed in the landcare movement, I was already involved - even though I only own a small block in town. I help to remove noxious and environmental weeds as a member of a "Friends of" group, undertake environmental monitoring, propagate and plant indigenous plants, try not to litter, use no-phosphorus washing powders, wash my car on the lawn and generally try to do the right thing by the environment.

What do you think landcare is? Where do you stand? Do you know if the activities that you do, are degrading your land and our district? Perhaps there are activities you know you should be doing but are currently not. Perhaps you don't know. If you would like to know more about caring for our environment i.e. landcare call Steve Smithyman on 52 298432. Steve is a project officer for the Swan Bay Integrated Catchment Management Committee.

The Surfcoast Post Natal Depression Support Group

Proudly presents the book launch
for
'SMILE FOR ME MUM'

- a children's picture book portraying life through the eyes of a child living with a parent with a mental illness.

This short story has been developed to express the silent suffering that is experienced by mothers with Post Natal Depression. Its aim is to reduce the stigma associated with many mental illnesses, and raise awareness within our community for the development of supportive net-

works, to suit the individual needs of women and their families living on the Surfcoast.

GUEST SPEAKER

Diane Holroyd

Author of Smile For Me Mum

SPECIAL GUESTS

Performers of "SENSITIVE TO NOISE"

An outstanding emotional and uplifting theatrical exploration into the disturbing world of parenting and Post Natal Depression.

For reservations please phone:

Rita Kristof on 52 611126, Diane Holroyd on 52 612960

Date: Thursday March 4th

Time: 7.00pm

Venue: The Rose Restaurant 220 Great Ocean Rd Torquay

RSVP March 1st. Entry by Gold Coin Donation.

Light Supper and Refreshments provided.

Sensitive to Noise has been supported by the Victorian Government through Arts Victoria; the City of Melbourne; the City of Greater Geelong; Geelong Performing Arts Centre; and the Post and Ante Natal Depression Association - PaNDA

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WHK Day Neilson

Have you a plan for what will happen to your estate?

Although death and estate planning can be unpleasant to think about, it is important to consider what would happen to your family and assets when you die. Often families find money too personal to discuss, but to avoid doing so can have adverse ramifications. At WHK Day Neilson we will formulate a plan that allows for flexibility, access to capital, asset protection, control of business assets and tax effectiveness.

Most Australians currently either die without a valid Will or with a Will that provides little or no tax minimisation or asset protection strategies. If you die without a valid Will, the law dictates who will receive your assets.

What is Estate Planning?

Simply speaking, Estate Planning is the process of ensuring that the right funds are in the right hands at the right time.

Right Funds

The right funds refer to the maintenance of your family's lifestyle, paying for special needs and to clear debts. The right funds may include the use of a testamentary trust to help minimise taxation payable on the income earned by the estate.

Right Hands

The right hands are those of your spouse, children and Grandchildren.

We are really talking about asset protection and access to the capital of the estate. We are trying to protect the assets from Creditors of your beneficiary's, the Tax Office and former spouses.

Right Time

The right time is to cover the need for immediate cash, the children's education and to ensure any children are mature enough to deal with the proceeds of a substantial estate. The right time relates to control of business structures and flexibility as to if and when the capital is received in the hands of your beneficiaries.

Who should consider Estate Planning?

Anyone who has a family, assets and/or a business should consider Estate Planning.

Items included in your Estate:

All assets you own personally and your shares in a company are included in your estate as are any life insurance proceeds or super death benefits paid to your estate. From a business perspective, your interest in any partnership assets will be included as will any

funds owed to you and any rights you held under any contract.

Items excluded from your Estate:

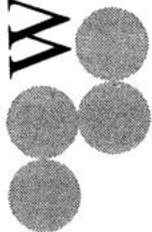
Assets you own as a joint tenant pass directly to the other joint tenant completely bypassing the estate. Assets you hold in a trust remain within the trust. Assets owned by a company likewise remain within the company. Super assets can be paid directly to a dependant of yours, bypassing the estate. Careful planning with DIY or Self Managed Super funds can help protect assets and reap tax advantages. Life insurance proceeds paid directly to a beneficiary would also bypass the estate.

How can I control what happens to assets in my family trust?

Control is a vital part of the estate planning process. Issues such as trustee succession, ownership of Trustee Company and the provisions relating to the appointor effectively transfer control of the family trust assets. A list of wishes to trustees can also be persuasive in retaining some control over what happens to the assets of the trust.

*Clinton Peake
WHK Day Neilson*

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GEELONG - OCEAN GROVE - MELBOURNE - DRYSDALE

Bellarine Peninsula Railway - Drysdale

WHAT'S GOING ON ?

That has been a common question from our visitors of late. The BPR has suffered some hardship during January and some media articles were a bit 'dramatic'. So here are some facts.

Yes, the Queenscliff booking office was robbed on the 15/1/04. Some cash, sundry shop items & rolls of Kodak film went missing. Security has been upgraded and any one with any info should contact Drysdale or Ocean Grove Police.

Yes, the train derailed on 22/1/04. This incident (which has never happened on this railway) occurred at Fellows Rd at an estimated speed of 15km/h. One TV station referring to 'panic stricken, terrified' passengers was a bit much. In fact the passengers were fantastic and were more concerned about the damage and the workload that repairing it would place on the volunteers. Some even thought it was an 'adventure'. Whilst not making light of things, but one reason why tourist railways

are limited to low speeds is IF something happens such as a derailment, damage and risk to persons is minimal. We thank the passengers for their good humour & understanding. Our volunteer track gang worked through the night to ensure that the service ran as per the timetable.

Finally, Yes the BPR could have to 'scale back' or even close unless some government support is forthcoming. The recent media article was quite accurate. Whilst there is no question of the value the BPR brings to the district, support both local & government has been quite poor. It is a common theme. Our friends in other volunteer groups tell a similar story. Falling numbers of staff, rising costs & lack of funding can spell doom. We would urge everyone to consider assisting us in any small way possible. Buckets of cash are very nice, but we need PEOPLE. Another way to help is by donating any items you may have you no longer need that you think we may be able to use. But one very

pleasant way to help is to visit us, buy a ticket & a cuppa & enjoy a gentle trip to historic Queenscliff where ample time is allowed for sightseeing / lunch before returning to Drysdale. Normally our only source of income is via ticket & kiosk sales & we believe we are the best value for money family day out in the district. So if you have never ridden the BPR before, come visit us, we'd love to see you. The BPR is Victoria's oldest tourist railway that has been entirely operated by volunteers from scratch, and it is very much part of the landscape. We think that the dulcet tones of a steam whistle drifting over the hills adds much to the peninsula charm. We couldn't imagine life without it!

But enough grizzling! Storm clouds always pass, and the BPR will push ahead! All we need is you!

*Take Care
Paul & Kate*

Seniors' Week Variety Concert

The Queenscliffe Lighthouse Theatre Group is making a major contribution to live theatre in March when Seniors' Week activities get under way.

Late last year, the group conducted two evening performances of their very successful variety concert "Almost Anything Goes". While they played to full houses, many older citizens were unable to attend to enjoy the concerts because they were evening performances.

To rectify this fact, the Queenscliffe Lighthouse Theatre Group will be con-

ducting an early afternoon performance of a revamped version of "Almost Anything Goes" at the Senior Citizens' Club, Symonds Street, Queenscliff, (opposite Puffing Billy) on Thursday 18th March, with curtain at 1.00pm

This performance will be part of the Victoria - wide Seniors' Week activities.

The production will be under the direction of popular Clifton Springs identity Alan Wilson, and musical direction of Elizabeth Coyne. For a gold coin entry,

seniors will be entertained with musical numbers from popular shows, and a touch of comedy. Afternoon tea will be provided after the concert.

A spokesman for the theatre company said that patrons attending wouldn't need to book tickets; but they would need to be early to avoid disappointment with seating.

The concert runs for about one hour twenty minutes.

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WHERE: BELLARINE COMMUNITY HEALTH/ Portarlington Community Health Centre

WHEN: COMMENCING Thursday 22nd April until Thursday 27th May.

TIME: 1.30PM UNTIL 4PM EACH THURSDAY FOR 6 WEEKS.

CHARGE: \$5 PER SESSION.

FOR MORE INFORMATION AND TO BOOK PLEASE CALL: Margaret Ahern/ Primary Care Nurse/ Portarlington Health Centre. 52592537.

DIABETES EDUCATION GROUP.

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FOR MORE INFORMATION AND TO BOOK CALL: Margaret Ahern/ Portarlington Community Health Centre 52592537

CHRONIC OBSTRUCTIVE PULMONARY DISEASE GROUP.

This is a group where any one with a form of Chronic Respiratory Disease can meet with others suffering a similar problem. There is a guest speaker each meeting and then time to be involved in a light exercise program.

It has been shown that some form of continual exercise is beneficial in preventing de conditioning. Why not come along and see if this group is of any benefit to you.

WHEN: the group meets on the 2nd Wednesday of the month.

WHERE: DRYSDALE COMMUNITY Health Centre.

TIME: 1.30pm until 3.30pm

COST: gold coin donation.

CONTACT: Margaret Ahern/ Primary Care Nurse/ Bellarine Community Health/ Portarlington Centre/ 52592537/ for more information.

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Carol

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WHEN: Thursday 4 March

WHERE: Drysdale Senior Citizens Club TIME: 5.30pm

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FAMILY DAY OUT

Where: Point Richards Miniature Railway **When:** Sunday March 14th

Time: 10am - 1pm **contact:** Drysdale Pre-School 52531663

Rotary Club Sausage sizzle, pony rides, train rides, face painting, plaster painting guess the jelly bean, egg & spoon races, Easter Egg raffle

DRYSDALE LADIES PROBUS CLUB INC

REG. NO. A0021357E

AUSTRALIA DAY - Our January meeting was held on "Australia Day" and a very patriotic and enjoyable morning was had by all in attendance. A quiz on "How Well You Know Your Australia" proved that many know it very well, a few suffered on odd "Senior's Moment".

The "Twilighters" which is our choir then led the singing for "Advance Australia Fair", "I Still Call Australia Home", and "Click Go The Shears". A very informative and well researched history of Australia Day and its meaning to all Austral-

ians, whether Australian born or have chosen to take Australian Citizenship. A very excellent recitation of "Clancy Of The Overflow" was delivered by our very capable and talented secretary.

Late January, a coach load of members and friends headed to "Kilwarrie Cottage Rose Garden" at Winchelsea and "Gentle Annie's Berry Garden" at Deans Marsh. The settings of each place were very picturesque and a very nice BBQ lunch, tangy berries, and lovely scones, were enjoyed by all.

*Bye till next month.
Glad Sharp*

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I'm Back! On the Bellarine Peninsula!

Yvonne Thomson - McPherson owns The Bellarine Peninsula Reflexology Clinic, which was established in January 1990 in Wallington, and is now in its 15th year of operation. For the past 10 years Yvonne has been practicing Reflexology in Highton and still is.

A hyphen and extension of name means Yvonne was married nearly 18 months ago to a wonderful man named Laurie. They live in Clifton Springs among lots of vegetables, herbs, 135 Roses, 500 orchids, 50 pots of hippeastrums and 6 chooks. You may say "A lot of work". Yvonne said "No, just organic organisation. You could say it has been 90% Inspiration and only 10% Perspiration. We both love gardening."

So, what is Reflexology?

"Reflexology is a science that deals with the principle that there are reflex areas in the hands and feet which correspond to all the glands, organs and parts of the body.

Reflexology is a unique method of using the thumbs and fingers on these reflex areas."

Is Reflexology new?

The principle behind Reflexology is not new - it is known to date back to the ancient Egyptians and Chinese, circa 2,400 years BC.

Reflexology has been developed and practiced through various schools and institutions throughout all countries of the world and different methods and techniques are being added as Reflexology is expanded and further enhanced. Today, practitioners use varying techniques throughout the world.

As with any therapy, one method is not necessarily better than the other, and all methods are gentle, effective and assist the body to return to its natural balance without the use of drugs or implements.

What does Reflexology do?

Reflexology can be successfully employed for conditions in which anxiety, tension and stress play an important role, and also where these problems manifest themselves in physical ailments.

Reflexology primarily relaxes tension, helps reduce stress, improves blood supply, un-blocks nerve impulses, and helps to bring about the normalisation and balance of body functions.

Reflexology has been useful in helping to loosen stiff and painful foot injuries.

Reflexology does not claim to cure, but has been and is successfully utilised to assist many ailments.

Is Reflexology safe?

In trained hands, reflexology works in harmony with the body and is a safe, effective and natural way to restore good health and well-being.

Where do I find a Reflexologist I can Trust?

The Bellarine Peninsula Reflexology Clinic provides a warm comfortable environment backed up with years of experience.

Yvonne trained in the Ingham method and Reflex Zone Therapy of the feet (Hanne Marquardt) and has been a practicing reflexologist since 1989.

Yvonne is a trained nurse, and has also gained skills in Clinical and Relaxation massage, Aromatherapy, Meditation, - Creative Visualisation, 1999 To China on Australian/China Cultural Exchange Health Care Program, to study Traditional Chinese



Medicine, 2003 NLP, Time Line Therapy and Hypnosis, and has a Diploma in Herbology.

Yvonne is a passionate care giver and at the Bellarine Peninsula Reflexology Clinic, you can expect the special attention you deserve in the confident hands of a trained highly skilled professional.

When can I start?

The Bellarine Peninsula Reflexology Clinic is in two locations:
46 Boonderabbi Drive, Clifton Springs. Phone: 52 512 343.
208 Roslyn Road, Highton.
Phone: 52 419 202

A booking is required, as sessions are by appointment only.



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A great night of fun and carols

Sunday December 14th was the night of our sixth annual Christmas Fair and Carols by Candlelight at Drysdale Christian Fellowship. This year the event was sponsored by Drysdale Family Support which is a department of Drysdale Christian Fellowship.

Each year this event has been enjoyed by hundreds of people from the Drysdale/Clifton Springs community. It has been established as a community event and all food and rides are available free of charge to all who come.

Approximately 500 people of all ages had a fantastic night of fun and friendship, enjoying the spirit that Christmas brings.

While the event is conducted on the property of Drysdale Christian Fellowship, it could not offer all it does without the very generous support of local businesses who display a great heart for the community of which they are a part.

Significant and generous contributions of services and finance made it possible for many gifts to be given away on the night and all food and rides to be

enjoyed free of charge by those who came.

Drysdale Family Support would like to acknowledge the major sponsors and contributors who made the 2003 event possible. They are:

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Pinky's Pizza, Video Ezy, Drysdale Post Shop,
Drysdale Village Pizza, Springdale Cafe,
Drysdale Fresh Fish & Seafood, and Lynette's Florist.*

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YOUR LOCAL REPRESENTATIVES

Happy New Year! I hope you all enjoyed the Christmas holidays.

It's hard to believe I'm writing for the February edition already.

Clifton Springs Boat Ramp Revamp

It was great to be down at Clifton Springs in the sunshine to celebrate the completion of work on the upgrade to the boat ramp. This is a joint project, with \$42,000 provided by the State Government and \$21,000 from Council.

There is a new jetty and floating pontoon. The ramp now has two lanes and there is disability access. The upgrade will make life a lot easier for boat owners, with far less congestion in the harbour, particularly during the mussel season. It will be a real improvement for the local community, and for the visitors who come down, particularly during the summer.

Bellarine Agricultural Show

I'm delighted to let you know of a recent State Government grant that has been made to the Bellarine Agricultural Society. The grant is for \$6,680 to improve facilities at the Bellarine showgrounds.

Ms Lynnette Wilson, Hon Secretary of the Bellarine Agricultural Society, has said that the money will be used to construct a horse wash and measuring stand.

The grounds have no facilities for horses and, up until now, equipment has had to be hired for Show day. Having a permanent equine wash and measuring stand at the

Showgrounds will save money for the Society and other local associations, such as the pony club who hold their events at the ground, can have access to it throughout the year.

The Show is another great event to look forward to, being opened on Sunday, 7th March, by the Minister for Agriculture, Bob Cameron,

Ferry Service Discontinued

Like lots of others commuting from across the Peninsula to Melbourne, I know some of you were looking forward to taking advantage of the ferry service from Portarlington in to Port Melbourne.

I share the community's disappointment that the service has now been discontinued, apparently due to mechanical problems and a dispute between the owners and the

proprietors. I have had a number of discussions with the proprietor who has indicated that they intend to access another vessel and provide a full time service from November.

Clearly the demand is there for a regular, commuter service to Melbourne, as well tourist traffic, however, it is also clear that for any future service to succeed the local community's confidence will need to be regained and maintained.

I wish you all a very happy and successful 2004 and look forward to working with you again this year. Please don't hesitate to contact the office if there are any issues you wish to discuss, or that we may be able to assist you with.

*Lisa Neville MP
Member for Bellarine
Shop 1 Newcomb Central
71 Bellarine Highway
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SPORTS REPORT

EXCLUSIVE - Your Guide to the 2004 BFL season

Footy's back - but did it ever leave?

The pre-season merry-go-round of new players and coaches has added some spice to what will be an intriguing 2004 BFL season. A number of players and coaches will make their debut into the BFL senior ranks after months of recruiting and off-field speculation. Former AFL listed players Mark Orchard (Queenscliff) and Lindsay Smith (Geelong Amateurs) will bring some quality experience into their respective line-ups. While former Brisbane and Collingwood star Jarrod Molloy has made it clear that he will only play for Ocean Grove this season. He is believed to be still undecided about his immediate football future and will take up a commentary role on ABC Radio and the Fox Footy Channel during AFL games this season - which would limit his chances of playing for Ocean Grove.

"We've got a bit of a thing at our club where we go family - work - footy. And obviously family - work - footy stands the same with him. I'd love him to play and we'll still be pretty keen to get him to the club in some capacity," Ocean Grove coach Damian Clark said. It appears that if Molloy does decide to play for the Grubbers - he would not make an appearance until the second half of the season in a bid to play BFL finals. "If we're still half a chance, three weeks out from the end of the season - we'll still pursue him but it's probably still a bit up in the air and the ball's in his court," Clark said.

Ocean Grove has had a mixed pre-season with 2003 premierships hero Liam Rock leaving to pursue a development job with the AFL and star Mathew Jovanovic heading to the Tasmania Devils in the VFA. The Grubbers returned from the pre-season with talented key position prospect, Mathew Bown - who has been appointed assistant coach.

Meanwhile, Portarlington are struggling to maintain all of their senior players for 2004 and missed out on experienced campaigner Darren Forssman - after

he knocked back the senior coaching job over the pre-season to consolidate a spot on the Geelong West-St Peters list. However, the Demons managed to snare former Bell Park key-position player Glenn Wolfenden as their assistant coach for this season.

Although Forssman knocked back the position, current coach Greg Foott will continue to coach the team but admits this could be his last season at the helm of the Demons. Depending on his progress this season, Wolfenden could be the ideal choice as future coach of the 1992 Premiers.

"It's been twenty years since I have played and I think there is a lot about the game which you forget," Foott said. "I am looking for him (Wolfenden) to be a true assistant coach - it's not just a name or a label to him. He would play centre-half back or centre half forward," he said.

Drysdale have made very few on-field changes to their line-up over the pre-season but look certain to make some fundamental off-field changes. While coaching changes have been the latest talk of the town, the prospect of having BFL night matches in Drysdale looms likely in 2004 with the installation of new light towers on the Drysdale Recreation Reserve. "Certainly, we're hoping for night matches at the start of this year - we've been talking for quite a while about it and they've indicated that it's all going to go ahead," Drysdale President Allan Bliss said.

The BFL season will officially begin on Saturday April 3 with some big clashes including Drysdale taking on the new-look Queenscliff side at Drysdale Reserve.

Next month: Will the Drysdale Hawks be flying high in 2004? Don't miss Part two of Brent Diamond's comprehensive preview of the 2004 BFL season. Drysdale, Torquay, Geelong Amateurs, Anglesea and Barwon Heads in focus - only in the SpringDale Messenger - Your free community newspaper.

By Brent Diamond

BFL teams in Focus

Queenscliff:

In: Mark Orchard, Simon Forward, Stephen McLeod, Mark Gostlow, Ashley Slade, Mathew Toohey, Matt Murphy, Normie Collins, Paul Holland, Simon Jones, Aaron Sutherland, Gerard Parsons, Stuart Edwards, Anthony McGregor, Mark Richardson and Brad Tom

Out: Yet to be confirmed

The outlook: The Coutas look set to be a serious premierships threat in 2004 after a strong pre-season recruiting campaign. Just missing out on a finals place last season - Queenscliff can only improve on what was a courageous effort in 2003. The inclusion of experienced duo Mark Orchard and Simon Forward, as well as the talented Queensland midfielder Stephen McLeod - adds to what will be an exciting line-up with a mix of youth and experience. Possibly the surprise packet of 2004.

What the coach says: "The last couple of years we've been a little light on with depth, our injuries have cost us at vital stages so we've been able to strengthen up the midfield. We've been trying to recruit that little bit of experience to blend in with the kids so it will take some pressure off some of the guys. We've been bringing the kids through for the last three years and those kids are starting to play around 40 or 50 games of senior footy. It would be stupid to think that we're going to win the premierships - but I would like to think that we could play finals footy," Queenscliff coach Stephen Clark said.

Likely finish: 4th

Ocean Grove:

In: Mathew Bown, Glen Ridge

Out: David Cameron, James Dalton, Liam Rock, Mathew Jovanovic

The Outlook: The Grubbers have retained the majority of their list and have the ability to start off favourites for the premier-

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SPORTS REPORT

ship - from whichever position they are placed in the top five. Mathew Bown was a huge coup for the Grubbers and the Ocean Grove hierarchy hold the former St Albans player in high regard. He should take over a key-position from the loss of Jovanovic. Jarrod Molloy would be another big catch if he decides to play later in the season. However, the departure of David Cameron will hurt the club in the long run after some promising displays last season. The Grubbers will have a formidable line-up in 2004 and look set for another grand final showdown.

What the coach says: "Obviously there is an outside expectation that if Damian Clark doesn't get into a grand final and win a premierships he's failed - I don't look at it like that. My first challenge was to retain the list or as much of the list as I could and the second goal is to improve those kids out of site. Mark (Neeld) had a massive influence over them. But I feel that I just have to fast track them a little bit quicker now. We feel we've covered some holes very well and more than covered to be honest. They would be as good as (last year) and with the potential to be better. The boys are super-fit and if you worked out an average we would probably have around 38 or 39 a night at training," Ocean Grove coach Damian Clark said.

Likely finish: 2nd

Modewarre:

In: Brad Davis (playing coach) Paul Fraser, Mark Robbins, Mark Hudich, Paul Ellingham, Lachie Young (others - yet to be cleared)

Out: Josh Gray, David Jones

The outlook: Modewarre has added a blend of youth and experience to what will be a more aggressive and hard-working team this season. Fraser and Young will add some talent to the midfield but will be challenged throughout the season by the stronger midfields of the competition. 2004 will be a chance to show what the team has to offer and if they can get four

or five wins out of the season - they should be happy.

What the coach says: "After last year everyone was pretty much rock-bottom. They know that footy is very unenjoyable when you're down that end of the scale and they have been prepared of what's been asked of them so far - to get back up the ladder. All of the guys are quite young and we're obviously looking to improve gradually throughout the year and hopefully, if all things go to plan - we'll be troubling a fair few sides. I dare say with all of the personnel we have, we're going to be quite a competitive unit. I'm quietly confident we can get more than two wins," Modewarre coach Brad Davis said.

Likely finish: 9th

Newcomb:

In: Matt Jackson, James Walker, Kristian Keopin, Stephen Leech, Mark Buckingham, Mark Fedder, Brent Ling, Kieran McGrath, Glen Pasc, Simon Hay, Luke Buglehole, Craig Drought - others players yet to be cleared.

Out: 0 - Retained all players

The outlook: Coming off a season they would rather forget, Newcomb are optimistic about getting back to the 80's era - when they were a dominant force. 2004 maybe a little premature about the Newcomb Power making a finals thrust. However, a young and promising team with a new coach can only give them a bright future. It is great to see they have kept the faith in last year's players - and have added some much-needed depth to the club. But they have failed to lure any big name recruits to the club which is something they have lacked in the past. After saying that, they will be competitive and will surprise many clubs during the season.

What the coach says: "It's all as positive as it was in the 80's at Newcomb at the moment. The feeling that I get around the club is that they haven't had this sort of momentum around the club since the 80's. We're definitely looking to do much better than last year. At the end of the day

I would be very disappointed if we don't make the finals. We've just got to get that culture in there to win and play finals. We have great off-field support and great sponsorship and one of the best facilities and club rooms going around. We just need to boost the members and get the community behind us," Newcomb coach Simon Sutterby said.

Likely finish: 7th

Portarlington:

In: Glenn Wolfenden (playing assistant coach) * still recruiting


Out: 0 - retained all players so far

The outlook: The Demons are continually rebuilding and have had trouble in the past to attract key players to the area. Wolfenden is a handy pick-up and could be the future coach. They used 90 players in the seniors and reserves last season and the team looks like it will follow the same trend in 2004. It is interesting to see that Portarlington has resisted the temptation to go on a recruiting spree. They genuinely lack key position players which would be a much-needed acquisition before the start of the season. They will be more competitive than last season - but they will find it difficult to lift from the bottom sector of the ladder.

What the coach says: "I would expect us to be promoting some of the younger ones. The core of the senior team will still be there. We've been doing a lot of cross training and we have about 30 down there training and that will probably grow as we recruit. We play the Amateurs and Drysdale first up but I guess at the start if we can be as fit as the other sides - then at least we can run with them. Realistically finals aren't part of the plan. If we get to mid-range at around five or six wins, we'd have to be ecstatic. We want to be competitive on the scoreboard but also to continue to develop our own base," Portarlington coach Greg Foott said.

Likely finish: 10th

By Brent Diamond




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First Offer Syndrome

Selling in a reasonable time frame is every genuine vendors aim, second only to selling for the highest possible price.

Yet most agents say that the hardest sale to make is the one that comes along in the first days of marketing.

Inexperienced vendors are often unaware of the mechanics of the marketing process. They think that if Purchaser One is prepared to pay \$x in the first week of marketing, then Purchaser Two will pay \$ x + next week. Vendors should be aware of the processes that are set in motion when a property first comes on the market. A property attracts the greatest amount of attention when it is first presented. All the purchasers that have been looking for their ideal home for weeks and months converge eagerly on a new listing.

These are the qualified purchasers - the ones who have done their

homework and know exactly what their money will buy.

New listings attract numbers and numbers mean competition, and it's competition that creates the climate that generates the highest offers. This is the time when a purchaser who falls in love with a property will be afraid that someone else will snap it up before they do. The longer a property is on the market at a given price, the more the sense of competition fizzles out and the more likely subsequent purchasers are to feel they have plenty of time to make up their minds.

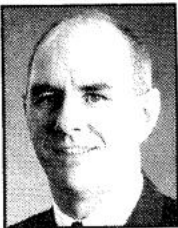
The feeling that time is on their side gives purchasers the psychological edge. Basically they feel they can afford to offer less with more chance of getting a bargain. It's not hard for them to work out that a property is getting stale.

A property starts to go stale once all the "qualified" purchasers have inspected it. Those who come on the scene subsequently are new to the marketplace and have yet to work out what their money will buy. Naturally new purchasers are unready and unwilling to commit themselves until they have done their homework.

In the final analysis, the vendor's two main aims are not separable. They are two sides of the same coin. Selling for the highest price usually means getting serious about that early offer. Vendors who fall victim to First Offer Syndrome often regret their early refusal to negotiate when they discover that further down the track they end up selling for less.

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