

The SpringDale Messenger

Your Free
Community
Newspaper

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BUNYIP bonanza!



IT'S THE 24TH BUNYIP FESTIVAL!

KEEP AN EYE OUT FOR THE FOOTPRINTS LEADING TO THE CLIFTON SPRINGS PRIMARY SCHOOL ON SATURDAY 27TH MARCH.

Don't miss it, and make sure you tell your friends and family to meet you there, for a fun packed day of entertainment the whole family will enjoy.

The action starts at 10am sharp and as soon as you walk through the entrance you can smell the delicious aromas of gourmet delicacies to tantalise your tastebuds and arouse your smelling senses. Mmmmm, peanut satay chicken skewers, my favourite!

There'll be roast beef sandwiches smothered in gravy, sizzling BBQ's with hot sausages and hamburgers with coleslaw and onions. Hot chips, various flavours of pizza slices or if you're on that diet again, then you can't go past those healthy stuffed salad sandwiches or my NEW Bunyip-sized Watermelon Smiles!

Always a hit with the kids is those flavoured snow cone drinks. (O.K. for big kids too.) Grab some cold thirst quenching drinks to go around with, or, if you haven't had time for breakfast maybe sit down to a cappuccino or a hot chocolate to start the day off.

Whatever you fancy, whether it be a bag of hot jam donuts, fairy floss, or an ice cream for the kids t-shirts to enjoy; don't hold back, I won't look.

Take your time to dawdle through the **100 fantastic market stalls**. This year, there are so many different types of wares showcasing the very best quality of home made arts and crafts, home baked products, the finest home grown produce, unique home wares and gifts, flora and garden wares, clothing and accessories, natural health and beauty ranges plus much, much, more.....

The on **Stage Entertainment** will keep your toes tappin' and bring back those sweet heart memories and by-gone days. Musicians, singers, entertainers and demonstrations will be going all day, along with 2 spectacular **Auctions at 11am and 1.30pm.**

Around the grounds will be SES, CFA & Craft demonstrations. Also a **White Elephant Stall** with heaps of **second hand books and bargains.**

There'll be the **Annual "Fast & Furious" Ferret Races**, an **Animal Nursery**, a **Scout climbing rock**, a **lucky spinning wheel**, **Easter Egg Raffles** and loads of **Bunyip** souvenirs of me to remember me by.

Tip: If the pockets are getting a little flat and the kids are still asking for more of that endless paper & coin stuff you keep in your pockets, head for the toffees to give them a jaw-locking experience they'll never forget. Hang on, maybe a show bag or toy might be little cheaper than a trip to the dentist!

Meet you there at the Bunyip Festival on Saturday 27th March 2004!

From The Bunyip



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The SpringDale Messenger

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To improve the administrative arrangements for the Messenger we are encouraging all contributors to provide their information on disk (Word) or email it to us – ATT Rosie on: office@springdale.org.au For those who have difficulty providing your contributions on disk we are still happy to accept written copy or make our computers available for your use.

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Contents

BUNYIP bonanza!

It' the 24th Bunyip Festival! 1

NEWS FROM SPRINGDALE

NEIGHBOURHOOD CENTRE .. 3

Office Changes

Course Guide

In General

Research Study 4

Toy Library 4

What's happened and what's happening at the CLIFTON

SPRINGS GOLF CLUB 5

Warm fashion 5

Ladies Probus Club of Bellarine ... 6

The Potato Shed 6

Drysdale - Get together 6

Experience is the key 7

Take Control of Your Super. 8

Rural Victorians boost

Ambulance membership 9

Point Richards Miniature Railway 10

TRAVELTALK

by Carol McCarthy 11

Making a phone call is not enough 13

Peninsula Players Inc. 14

Bellarine Historical Society 14

YOUR LOCAL

REPRESENTATIVES 15

Paramedics warn of

bushwalking dangers 16

SPORTS REPORT 17

Clifton Springs Tennis Club Inc. 17

SPORTS REPORT

by Brent Diamond 18

Will the Hawks be flying

high in 2004? 18

EXCLUSIVE - Your Guide to

the 2004 BFL Season (Part Two). 18

BFL teams In-Focus 18

Hawks want Respect 19

Drysdale Bowling calendar 19

Olympics Bound 19

Compare Apples with apples 20

The SpringDale Messenger

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SPRINGDALE NEIGHBOURHOOD CENTRE

It is hard to believe that the first term of the year is almost over already. Where has the time gone?

Office Changes

Last month we said good-bye to Amanda Gordon-Young, who has gone on to new challenges and we wish her all the best. To help with the staffing, we have decided not to open the office on a Friday. This will not affect the provision of the Occasional Care or the Friday Craft Group. Rosie, Sally and Karen will continue to provide their excellent customer service, but we would ask

for your patience as they cope with the extra workload.

Course Guide

The Term 2 Course Guide is included in this edition of the Messenger. Check out the wide range of classes and groups that are available here at SpringDale and give us a ring to book in early as some courses fill up quickly.

In General

We are looking for volunteers to help out in the office and on the Committee. If you have a few hours

to spare, we would love to hear from you. Many of our volunteers have used their time at SpringDale to upgrade skills to get back into the workforce or study, or you may just like to get out and meet some new people. Give us a call.

Please remember, if you have an event to publicize, or would like to get information out to the area, or a story that you think will interest, contact us. We can only let the public know if you let us know.

Don't forget the
Bunyip Festival!

“LEST WE FORGET”
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STD rate - \$1 for the 1st page,
20 cents per page sent after the 1st

Research Study

Grief is something that will affect us all at some stage of our lives. Gaining a better understanding about the beliefs and expectations people hold about the experience of grief is important, as such information may enable us to know how best to help grieving people in the future.

The traditional view of bereavement assumes that grief is a series of stages, ranging from shock, to intense distress, and then recovery. Accordingly, expressing emotions through crying and talking about one's loss is thought to be necessary for overcoming grief and getting on with life. Recent research, however, suggests that bereaved individuals

experience grief in a variety of ways. For example, some individuals may be intensely distressed for a long time, while others may experience little distress and do not evidence strong emotions.

I am completing a PhD research project through the School of Psychology at Deakin University focusing on how people respond to the death of someone close to them and what factors might influence the grief response. As part of this, I am conducting a questionnaire study which seeks to understand how grief is perceived by the community in general, and in particular, whether an individual's style of relating to

others influences the beliefs about how they and others are likely to react to the loss of someone close to them.

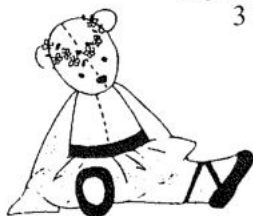
I am inviting adult members of the community aged over 18 years to participate in this study by completing an anonymous questionnaire about their beliefs and expectations of grief. Their opinion will be valued whether or not they have experienced the loss of someone close to them. The questionnaire can be accessed online at: www.deakin.edu.au/~bmcosta/index.htm, or by calling researcher Beth Costa on 52 27 2312.

TOY LIBRARY

Term 1 is all but over, with Saturday, 27th being the last borrowing day for term 1. Term 2 borrowing commences Saturday, April 24th.

Toy Library is extra good value during the cooler days of term 2 & 3, with children playing indoors much more due to the weather. Play is a lot more interesting when you have toys you've never played with before, or haven't seen for quite a while! Toy Library allows the parent/carer to offer stimulation in the form of variety without the expense of purchasing new toys all the time. Something I'm sure we can all relate to!

We are a very informal friendly group and new members are always welcome. Bring along a friend when you register in term 2 and you will both receive term 2 free! Bring along 2 friends and you will get term 3 free as well! Both your friends will get term 2 free.



SpringDale
Neighbourhood Centre
Bellarina Toy Library

Come along and see us Saturday mornings between 10:30 and 11:30 - we're in the room behind SpringDale Neighbourhood Centre in Princess Street, or phone 5251 2103.

Kerry Dewar
Co-ordinator

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What's happened and what's happening at the CLIFTON SPRINGS GOLF CLUB

The Club's major 4 ball event, the McInerney Fisher has progressed to the second round of match play games with the defending champions Fraser Brown and Glenn Hughan into the next round after a fighting win over Frank Boase and Harrison Geall. The dark horses for the event Ron Lambert and Steve Monahan also progressed as has the promising junior duo of Luke Keay and Scott Jervies.

Congratulations to Anthony Milne and Shane Kirby, the winners of the 36 hole foursomes event, Tony Bourke, winner of the Autumn Trophy and Bill McMahon for acing the 17th hole.

Our junior pennant teams unfortunately did not make the finals but we look forward to next year. The Veterans pennant side commenced the year with a win and we look forward to a strong showing from the "Old Boys" this year.

The Ladies recently held their opening day which incorporated the challenge match between Clifton Springs and Ocean Grove which was won by Clifton Springs.

The fairways are still in fantastic condition although 2 inches of rain would be welcome as we head into autumn with the couch having another 3 weeks growing before it heads into dormancy.

The Big O and Elvis combined show booked out within 3 weeks of releasing tickets with many disap-

pointed members missing out. The next show to come to the club is the Neil Diamond Superhits Show on May 29th.

Due to cost increases the \$3.50 meal deal coupons have been increased to \$4.50 (the first increase since July 2000) effective April 1st but I'm sure you will agree this still represents great value.

As from April 1st Pro Rata golfing membership is available and at only \$225.00 this represents fantastic value. The membership period covers up until 30th September with application forms available from the office or the Pro shop.

Our Course Manager Mark Gladman has decided to pursue a career change and will be leaving the Club in 4 weeks time. Mark has decided to tackle Motel management and is heading to Country Victoria. Mark has been the Course Manager of the Club since we took over control of the course in 1993 and has overseen all the major developments that have occurred. On behalf of Committee and all members I wish Mark all the best in his new business venture.

The Club has employed our course consultant to pursue a replacement for Mark and early indications are that there won't be a shortage of applicants for the position.

Our lady President Chris Wright has put together a poem which typifies our club.

We'd like to see you at Clifton Springs
The great golf club on the bay
Come try the brand new fairways
They're really great to play.

New Members bar, new fairways,
Our greens, our hills and things
And all of this could be yours too
When you join at Clifton Springs.

It's taken lots and lots of work
From staff and members too
But when you have a club like ours
There's nothing we won't do.

Some courses are hilly, some are flat
And others just plain boring
We feel we've got the edge on most
You certainly won't be snoring.

The sea is blue, the sky is blue
The You Yangs cross the bay
outstanding
The quiet but for the birdies song
Makes up if chips aren't landing.

The social scene is more than hot
With well known acts all singing
Good food, good drink and
laughter too
Life at the Springs is swinging.

If a challenge is what you seek
Perhaps it's time to make a change
So come on down to Clifton Springs
Your new 'home on the range'.

*David Milne
Manager*

Warm fashion

Don't be cold this winter. Stock your wardrobe with good quality clothing for all the family at affordable prices. At the same time select your winter reading from the large range of books in stock. Some furniture, crockery, linen and kitchenware are also available. Specials at present are five beautiful wedding gowns in sizes from 8 to 14. To view these in the privacy of a home phone 5250 5507 to make an appointment.

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Ladies Probus Club of Bellarine Inc.

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March is the date for the Clubs A.G.M. and introduction to the New Committee.

It is a rather nervous task to take on after being in the relaxed retirement mode, but for some it is a challenge that will be tackled with enthusiasm. The outgoing President Bev Hansen and her committee have done an excellent job, and have taken great interest in the members and their needs. Bev can now take up her garden activities amongst the many other things she does.

The speaker we had in February was Grania Lohning to talk about the trip to Werribee Open Range Zoo which was arranged for the following Friday. We enjoyed her visits to the club and also the help she gave us on the day of our visit to the zoo. We did encounter the day of 39 degrees and for many of our ladies the heat was just too much. We were not able to continue to the Mansion and the Rose Gardens because of continued exposure to the outside elements, so by unanimous decision we

decided to travel home to our air cooling systems. It was a pity but there's always another time to see the Roses at our leisure and in more comfortable weather conditions.

We will not have a speaker for March since it is the A.G.M. The April Speaker will be Jean Van Dyke who will talk on her experiences "Behind the Iron Curtain"

Group Activities remain the same. Craft and Chat- First Thursday in each month at 1.30pm - 3.30pm. Held in the "Dungeon" at the Springs, care to be taken when entering the building. Mahjong, Canasta, and Scrabble groups still meet in members homes and they all have a good time. Luncheon group will eat at the Springs in March. The Trips Organisers, Audrey and Phyllis have done a great job this year. We all appreciate their efforts on our behalf despite the rising costs of coaches, etc.

With every good wish to the retiring committee, and also to the New Committee.

*Until next time.
Yours in friendship.
Iris Liz Tolton.*

The Potato Shed

Located in Drysdale, adjacent to the Bellarine Secondary and Catholic Regional Colleges, the Potato Shed is a fantastic community resource. Presenting seminars to exhibitions, classes of all types and leisure activities.

If you would like a copy of the "Spud" Newsletter, please email Rob McLeod rmcleod@geelongcity.vic.gov.au

Drysdale - Get together

A get-together of Drysdale people of all ages, who have lived in the district for 20 or more years will be held in the Drysdale Community Hall, High Street, Drysdale on Sunday, April 18th, 2004, 1:00 pm - 4:00 pm.

Please come along and meet people you haven't seen for a while, and share the village atmosphere as it used to be.

Photos, memorabilia and stories would be greatly appreciated. A talk about Drysdale, past and present, will be given by Kel Davis, Lesley Taylor and Geoff Wisbey.

Entry is free - tea and coffee provided. Please bring a plate of afternoon tea.

Approximate numbers attending would be helpful and you can contact Jenny on 5251 2676.

We hope this will be a great opportunity to catch up with people you haven't seen for a while and to have a yarn.

All age groups most welcome.

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Sunday 11th April

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Experience is the key

Brent Diamond is a budding sports journalist and has been the sports reporter of the SpringDale Messenger for more than two years. This month, he lets us know his battle for a spot in the journalism world at just 20 years of age.

Brent's journalism career so far

- Part-time work for the Hawthorn Football Club communication department (includes reporting exclusively for hawthornfc.com.au and other club publications.)
- Feature writer for the latest 2003 - Hawthorn Football Club Yearbook.
- A freelance sports writer for the Geelong Advertiser/Echo with almost fifty published articles
- Completed Deakin University work placements at SBS, Fox Sports/Fox Footy Channel and Channel Ten.
- Short-listed for Best Feature article at the 2003 AFL Media Association awards - titled 'Hodge steps up' (A feature on Hawthorn's Luke Hodge. From a country Colac kid to being the final quarter hero in Round 16's barnstorming last quarter against Melbourne last season.) * This article was also the most read on hawthornfc.com.au in 2003 as shown in the AFL Record.
- Sports reporter - SpringDale Messenger
- Currently studying third and final year of Bachelor of Arts - Journalism at Deakin University.

It is one of the broadest and most competitive industries in the world, yet journalism is becoming a profound ambition for aspiring tertiary entrants. However, the world-wide journalism industry is not just about having a journalism degree anymore. If you ask any newspaper, television or radio employer - and you could also add any type of employer out there - they would all mention the word 'experience'.

Such an unrefined word can take you on a wild ride to anywhere, even after 15 years of primary/secondary and tertiary education. But if you have the passion and the uncompromising determination to be a journalist - then you are set to take off on the journey of a life-time. You do get rejections from editors or managers, a lot of them. It is down-right depressing and probably the worst part of the occupation. But it is see-



Brent Diamond with friend Christi Malthouse at Channel Ten headquarters

ing 'your' name in print and on a story that you're proud of - that execute those rejections.

My first published article was for the Geelong Advertiser - late in 2001. I had just completed my year 12 exams and was eagerly awaiting my results. It was the result of seeing my name in print that made me more delighted than even a high ENTER score could offer. Since that blossoming moment, I have a part-time writing job at the Hawthorn Football Club (the team which I have followed since my toddler years), as well as studying my life-long ambition of journalism at Deakin University. Also, I still, somehow - work a few hours a week at Safeway Drysdale until I get that full-time journalism job that I am quietly confident of getting at the end of my degree this year or the beginning of 2005.

It was in 2002, that I began writing monthly sports reports for the SpringDale Messenger in an effort to gain some more valuable experi-

ence in the industry. It's a huge challenge and a huge responsibility, but the longer I do it - the more I enjoy it.

The best journalism experience I have had so far was interviewing Lleyton Hewitt and Todd Woodbridge late last year for Fox Sports - before their Davis Cup triumph. A very close second would be interviewing the New Zealand All-Blacks rugby team after they bowed out of one of the most inspiring Rugby World cup series ever. And of course you can't forget Shane Crawford, or should I say Hank Bulger the lovable larrikan himself.

My experience at Channel Ten during January 2004 was exceptional to say the least. I have a great relationship with Channel Ten and I'm looking forward to seeing them in the future. If you ask me where I will be in five years from now, I couldn't tell you. That's what is so exciting about journalism - but all I know is 2004 will definitely bring some more fantastic opportunities.

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** Control*

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** Reduced Cost*

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As trustee of the fund, you pay the bills and control expenses. No other structure affords you this opportunity.

** Capital Gains Tax Management*

By utilising direct investments within a SMSF, you avoid the common situation in managed super investments, where you buy into a fund that contains existing unrealised capital gains. While Super funds pay a flat rate of 10% on Capital Gains, should a gain be realized after a contribution made the resulting 10% tax may be levied on top of the 15% contributions tax. Within a SMSF, you control the timing of purchases and disposals thereby avoiding this unattractive outcome.

** More Pension Options At Retirement*

WRAP and Master Trust Super Funds only offer Allocated Pensions and Annuities. For many clients, this is not sufficient choice. You may wish more control over the capital of the pension. You may wish to access Centrelink benefits. You may exceed your Lump Sum RBL and require a solution.

Historically, purchased Complying Annuities have been supplied by Life Insurance Companies and are completely inflexible. As they offer basically term deposit income rates, they may not be attractive for large sized funds.

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*Sam Dunbabin
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Rural Victorians boost Ambulance membership

Ambulance Victoria membership has grown by more than 1,300 rural Victorians during the past quarter.

Rural Ambulance Victoria Business Development Manager Mike McCrabb today said country membership had increased from 289,713 in November 2003 to 291,108 in January 2004.

"That's an increase of 1,395 rural Victorian residents, who clearly see the value and benefit of being totally covered under the Ambulance Victoria membership program".

"Ambulance Victoria membership provides emergency care and transport as well as a non-emergency service and access to specialist services such as the air ambulance, new born emergency trans-

port, and the mobile intensive care paramedic service".

Mr McCrabb said Ambulance fees for those who are not members or entitled to free services can be expensive and the cost of an emergency ride in an ambulance from rural Victoria to a Melbourne hospital can exceed \$5,000.

"Ambulance Victoria membership also funds about 14% of Rural Ambulance Victoria's annual budget".

"The cost of a subscription is not high, \$50 a year for singles and \$100 for families; and it's a small price to pay for what could be a life saving trip".

Mr McCrabb said a new Ambulance Victoria membership could be arranged by phoning 1800 64 84 84.

"Subscriptions can also be paid at any Post Office, or renewed over the phone using a credit card by calling 1300 36 61 41, for the cost of a local call".

Mr McCrabb said during January 2004, Greater Geelong had experienced the highest growth with 146 residents becoming Ambulance members, while Buloke and Towong Shires each increased by one member and Loddon Shire remained static.

"During the quarter ending January 2004, the largest growth occurred in Greater Geelong with an additional 176 members, but in Buloke Shire we recorded a drop of nine members for the same period".

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Shop 1,
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5253 2206

Drysdale Rotary Point Richards Miniature Railway

Over the past four years, the Point Richards Miniature Railway has become a significant tourist attraction in its own right. It has provided thousands of families from all over Victoria with days full of fun and laughter, and catered for children with special needs and disabilities. This well loved Railway is a unique, dynamic project between the Rotary Club of Drysdale and the Geelong Society of Model and Experimental Engineers. Income from the railway has contributed thousands of dollars to that raised and distributed by the Rotary Club of Drysdale to various charities both local and overseas. These include school scholarships, the provision of Nocturnal Kidney

Dialysis Machines, the emergency food bank, Anne Nichol House (Aged Care Facility) and the "Polio-Plus" campaign which aims to eliminate polio from the world by the year 2005.

We are delighted to announce that a significant partnership between State Government, the City of Greater Geelong, the Bellarine Bayside Foreshore Committee, the Rotary Club of Drysdale and the Point Richards Railway has been reached. The next eighteen months will see an exciting development of the site as it moves to the next stage. Two Outdoor Electric Barbeques will be built and families will be able to enjoy these facilities free of charge

at any time - whether the train is operational or not. The roofing of the station platform will provide excellent shelter as people await the train's departure. A secure storage room will also be built on the site. As the Point Richards Railway moves deeper into the heart of the local community, it is encouraging to see the vision of this family attraction come to fruition, and appropriate acknowledgement of its place within the community recognized at a corporate and governmental level.

Joe Groom

*On Behalf of Drysdale Rotary
Point Richards Miniature Railway*

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For more information please call into your nearest branch at 44 Newcombe Street, Portarlington, or phone 5259 3266.

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Springdale Neighbourhood Centre

COURSE GUIDE TERM 2 - 2004

Human
Services



Address: 14 Princess Street, Drysdale
Phone: 5253 1960
Fax: 5253 3050

Email: office@springdale.org.au
Opening Hours: Monday - Thursday 9:30 am - 3:30 pm



Adult Education in
the Community

SpringDale is your local Community Neighbourhood Centre

ENROLMENT & PAYMENT INFORMATION

Enrolment

- To book into a class, call in person to SpringDale Neighbourhood Centre, 14 Princess Street, Drysdale or Phone 5253 1960.
- If you hold a current Concession or Health Care card you will receive a 5% discount on full course fees.
- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than one week prior to the commencement of class.

Payment/Refunds

- Credit card facilities are available for payment IN PERSON OR BY PHONE.

- Should a class be cancelled due to lack of enrollments or another reason, fees are refunded in full and enrollees notified.
- Payment can be made in person at SpringDale or by phone.
- People wishing to withdraw from a course must do so prior to commencement of the course.
- Where fees have been paid a refund will be issued with an administrative fee of \$8.00 deducted.
- Where a person withdraws after commencement of a course, no refund will be issued.

Privacy

The Neighbourhood House respects your right to information privacy. Information collected and held on SpringDale participants, is kept in accordance with information privacy laws.

HEALTH & WELLBEING - 'FOOD FOR THE BODY & SOUL'

Tae Box

Martial Arts style movements to music. Upper and lower body workout. Great for strength and self confidence.
Date: Fridays 7th May - June 11th
Time: 1:00 - 3:00 pm (6 sessions)
Fee: \$50
Venue: Drysdale Hall, High St, Drysdale
Tutor: Sharon Brennan

Yoga Classes

Monday Yoga at Portarlington
Exercise through breathing, stretching and relaxation.
Date: Mondays 26th April - 21st June (excludes Monday 14th June)
Time: 9:15 - 10:45 (8 sessions)
Fee: \$85
Venue: Portarlington Guides Hall, Sproat St, Portarlington
Tutor: Glenda Breedveld
Materials: 1 Rubber mat

Tuesday Evening Yoga at Drysdale
For relaxation and balance of mind and body.
Date: Tuesdays 4th May - 22nd June
Time: 7:30 pm - 9:00 pm (8 sessions)
Fee: \$85

Venue: Drysdale Hall, High St, Drysdale
Tutor: Inner Cor
Materials: 1 Rubber mat

Thursday Evening Yoga Classes Drysdale

Date: Thursday 29th April - 24th June
Time: (1) 6.00 pm - 7.30 pm
Fee: \$95 (9 sessions)
Venue: Bellarine Peninsula Community Health Centre, 21 Palmerston Street, Drysdale
Tutor: Glenda Breedveld
Materials: 1 Rubber mat

OR

Date: Thursday, 29th April - 24th June
Time: (2) 7:45 pm - 9:15 pm
Fee: \$95 (9 sessions)
Venue: Bellarine Peninsula Community Health Centre, 21 Palmerston Street, Drysdale
Tutor: Glenda Breedveld
Materials: 1 Rubber mat

Waiting Lists may apply for Thursday classes

The Feldenkrais Method- Workshop

Experience the Feldenkrais Method. Learn about how you move. This understanding increases awareness about the range of movement to

maximise your ability and to enhance well-being. Feldenkrais can show you how to improve breathing; relax chronically stiff or sore muscles; reduce pain, stress and tension; increase mobility and co-ordination and your ability in sports, dancing, walking etc.
Date: Saturday 15th May
Time: 1:30 - 5:00 pm
(1 x 3.5 hours)
Fee: \$35
Venue: Clifton Springs Golf Club, 92 - 94 Clearwater Drive, Clifton Springs
Tutor: Christine McKay

Chi Gong - An Introduction

Based on traditional Chinese medicine, these exercises and meditations will help you regulate your movement and breathing to achieve health and inner peace.
Date: Wednesdays 5th May - 9th June
Time: 6:30 pm - 7:30 pm
(6 sessions)
Fee: \$60
Venue: Clifton Springs Golf Club, 92 - 94 Clearwater Drive, Clifton Springs
Tutor: Christine McKay

Tai Chi-

Morning classes at Drysdale

Start the day with this gentle, relaxing form of exercise. Tai Chi helps to develop concentration, control and strength. Tai Chi is wonderful for everyone (including those who suffer from arthritis). Bring a friend, some comfortable clothes and shoes and enjoy the benefits of this age old form of exercise. A journey for the body and the mind. Come and explore!

Date: Fridays 7th May - 11th June

Time: 9:30 am - 10:30 am
(6 sessions)

Fee: \$60

Venue: Drysdale Hall, High St,
Drysdale

Tutor: Faye Blainey

Belly Dancing

at Clifton Springs - Level 1

An easy, fun class for beginners where you learn the basic movements and simple choreography - great for fitness too!

Date: Thursday 6th May - 24th June

Time: 6:30 pm - 7:30 pm
(8 sessions)

Fee: \$55

Venue: Clifton Springs Golf Club
Community Room (downstairs near
pool)

92 - 94 Clearwater Drive,
Clifton Springs

Tutor: Natasha Dean

Level 2

Further develop movements and techniques to build on skills previously mastered.

For those with previous experience (must have at least one term in Level 1).

Date: Thursdays 6th May -
24th June

Time: 7:45 pm - 8:45 pm
(8 sessions)

Fee: \$55

Venue: Clifton Springs Golf Club
Community Room (downstairs near
pool)

92 - 94 Clearwater Drive,
Clifton Springs

Tutor: Natasha Dean

Reiki 1 & 2

Weekend Workshop

Reiki 1 is for personal use and hands on treatment of others. It includes the positioning of hands and basic methods.

Reiki 2 is a continuation of Reiki 1, plus absent or distant healing. Students will receive a manual containing the history of Reiki, hand positions and important basic information necessary to practice.

Date: Saturday 15th and
Sunday 16th May

Page 2

Time: Saturday 10:00 am - 5:00
pm/Sunday 10:00 - 4:00 pm

Fee: \$120 per person

Venue: Drysdale Hall, High St,
Drysdale

Tutor: Lise Baker

Requirements: Comfortable clothing
and BYO lunch

First Aid Courses - All First Aid Classes are Accredited

First Aid - Level 1

Participants who complete the module successfully will be competent in managing life threatening emergencies at home, leisure or in the workplace.

Date: Saturday 29th May

Time: 9:00 am - 5:00 pm (1 session)

Fee: \$70

Venue: Drysdale Hall, High St,
Drysdale

Tutor: National First Aid

BYO Lunch

First Aid - Level 2

Level 2 covers all modules taught in Level 1 plus additional emergency treatment and management procedures. It is an Accredited Certificate, valid for 3 years (with CPR updates) and is required in many courses and work places.

Date: Saturday 29th May and
Saturday 5th June

Time: 9:00 am - 5:00 pm
(2 sessions)

Fee: Full fee - \$140

Venue: Drysdale Hall, High St,
Drysdale

Tutor: National First Aid

CPR Update

(Cardiopulmonary Resuscitation)

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually.

Date: Saturday 29th May

Time: 9:00 am - 12:00pm
(1 x 3 hour session)

Fee: \$35

Venue: Drysdale Hall, High St,
Drysdale

Tutor: National First Aid

Bubs and Bigger -

Paediatric First Aid (Level 1)

This course is specifically targeted toward emergency recognition and management of accident and illness in children of all ages. Terrific for mums, dads, grandparents and carers.

It is better to know what to do in an emergency. Enrol today and be

confident in your ability to respond in an emergency.

Date: Mondays 10th and 17th May

Time: 7:00 pm - 10:00 pm (2 sessions)

Fee: \$70

Venue: SpringDale Neighbourhood
Centre, Child Care Room

Tutor: National First Aid

GENERAL INTEREST & SKILLS

Integration Aide

This comprehensive course is competency based and covers practical issues that will be encountered daily by Integration Aides in primary and secondary schools. This training program includes First Aid Level 2 Certificate and Back Care Lifting Certificate.

Date: Commences Friday 23rd

April Time: 9:00 am - 1:00 pm (18 sessions)

Plus - First Aid (2 Saturdays, as per Course Guide) and Back Care (to be arranged)

Fee: \$150 (\$72+ \$78 amenities) +
\$140 First Aid Level 2

Venue: SpringDale Neighbourhood
Centre, Drysdale

Tutor: GATE

For more information Phone Sally on
5253 1960

Lets Talk about.....

Managing your dollars

(in an environment of increasing financial stress)

In this informative session, Nick will explore many topics including coping with higher interest rates, what does this mean in real terms?, how to deal with creditors, what people can do if they have debt.

This is a fantastic workshop for all, community members, community workers, young and older people; anyone who wants to be more informed about financial matters.

Date: Thursday 6th May

Time: 10:00 am - 12:00 pm

Fee: \$2 Administration fee
(Free tea and coffee)

Venue: SpringDale Neighbourhood
Centre, Drysdale

Facilitator: NickTrehwella (Financial Counsellor from Jindara)

Lets Talk

about.....Funerals

This one hour information session will focus on funerals and issues related to making arrangements for funerals.

The session will cover questions such as: What do we do when someone dies at home, at hospital or accidentally? What options are

available? What documentation do we need to arrange a funeral? How respectful is the funeral industry of the person who has died? Are they really our loved ones ashes? Do funeral directors provide culturally sensitive services? What are the benefits of pre-arranging? What guarantees do we have by pre-paying?

This session will be focused toward the older person, carers, health care workers and volunteers. The session is planned for one hour and is positive, informal, light hearted and very informative.

Date: Thursday 20th May

Time: 10:30 am - 11:30 am (1 session)

Fee: \$2 Administration fee (free tea and coffee)

Venue: SpringDale Neighbourhood Centre, Drysdale

Facilitator: Michele Van Liessum, Community Relations Manager, Tuckers Funeral and Bereavement Service.

ARTS & CRAFTS

A Mosaic Workshop

- Under The Sea

Colourful patterns of tropical fish, coral starfish, contrasting blue water, striking forms of a seahorse or crab. Create your own, unique mosaic under-sea picture (22 x 29 cm). Suitable for all levels. All materials supplied, including an information sheet. Take the stress out of mosaic sculpture. Everything is set, ready to go. Begin, finish and display all in one day! Take home your sculpture and new found skills too! No prior knowledge is required and participants work may be as simple or as intricate as they wish.

Date: Saturday May 22nd

Time: 10:00 - 4:00 pm (1 x 5 hr session)

Tutor: Helen Millar

Fee: \$50

Venue: Drysdale Hall, High St, Drysdale

Requirements: Participants to bring an apron or old shirt to protect clothing while grouting. Bring along buttons, beads, shells or pebbles if you wish to add a quirky touch to your work. Stencils are supplied to assist in designing the picture ready for mosaicing. A hanging facility is attached to the back of the board so work can be easily displayed. Begin, finish, display a beautiful piece of work all in one day!

BYOLUNCH

Decorative Painting

An informal, friendly class led by an experienced tutor. Learn painting techniques and strokes which can be used on all kinds of material (eg clothing, wood, tin) to create a decorative and individual finish. No materials required to start.

Date: Thursdays 6th May - 10th June

Time: 4:00 pm - 6:00 pm

Fee: \$60 (6 sessions)

Venue: SpringDale Neighbourhood Centre

Tutor: Julie Morison

Watercolours

An opportunity to begin a new interest or to develop your skills further.

Our experienced tutor will guide you in further developing your artistic skills and abilities in a friendly and welcoming environment.

Date: Tuesdays 4th May - 15th June

Time: 10.00 am - 12.00 pm (7 sessions)

Fee: \$72

Venue: SpringDale Neighbourhood Centre

Tutor: Brian Close

(Materials list available at SpringDale or simply bring any materials you have available)

Decorating with Kelly

A fun and informative session for the home decorator. Join in this workshop to learn all you will need to know about how to create a big impact and a professional look.

Date: Thursday 3rd June

Time: 10.00 am - 12.00 pm (1 session)

Fee: \$25

Venue: SpringDale Neighbourhood Centre

Tutor: Kelly Dines

Basic Dog Training

- Expressions of interest Please

Learn how to avoid disruptive/destructive behaviours. Teach your dog to come when called, walk on a loose lead, sit wait stay, give/take an object to your hand.

Classes would probably be on a Sunday, commencing in May and run for 6 x 1 Hr sessions.

Venue: Drysdale Hall, High St, Drysdale (Side entrance; in green wire enclosure)

Tutor: Joan Vlahovic

Materials: Dog, plain collar, lead, small dog toy. Bring current Vaccination Certificate on first day.

COMPUTER CLASSES

Computer Basics are Introductory classes designed for beginners starting off on their learning about the uses and functions of the computer.

Topics include: mouse control, saving, open/close applications, cut, copying, pasting, inserting/deleting and much more.

Subsidized places are funded through ACFE Funding (Adult Community & Further Education) and are available for those seeking re-entry into the workplace, the unemployed and those over 55 years of age.

All computer classes are held at SpringDale Neighbourhood Centre (with the exception of Computers at Portarlington)

Introduction to Computers

Date: Tuesday 4th May - 15th June

Time: 1:00 pm - 3.30pm (7 sessions)

Fee: Full course fee: \$100

Subsidized: \$60 (\$50 + \$10 amenities)

Venue: SpringDale Neighbourhood Centre, Princess St, Drysdale

Tutor: Lyn Brook

Or

Date: Wednesday 5th May - 16th June

Time: 1:00 pm - 3:30 pm (7 sessions)

Fee: Full course fee: \$100

Subsidized: \$60 (\$50 + \$10 amenities)

Tutor: Lyn Brook

Or

Computer Evening Class

Date: Wednesday 5th May - 16th June

Time: 6:30 pm - 9:00 pm (7 sessions)

Tutor: Lyn Brook

Fee: Full Course Fee: \$100

Subsidized: \$60 (\$50+\$10 amenities)

Computers at Portarlington

Date: Thursday 6th May - 24th June

Time: 4:30 pm - 6:30 pm (8 sessions)

Tutor: Lyn Brook

Fee: Full Course Fee: \$100

Subsidized: \$60 (\$50+\$10 amenities)

Venue: Bellarine Community Health Centre, Fenwick St, Portarlington

Digital Photography

Learn how to get the best from your digital camera. Learn about your camera settings, how to download into your computer, printing, emailing and archiving, Straight-talking, practical sessions. Let the expert answer the questions you are unsure of and show you how to do it yourself.

Bring your camera along and learn to enjoy the art of digital photography.

Date: Thursday 20th and 27th May

Time: 1:00 - 3:00 pm (2 sessions)

Fee: \$45

Tutor: Terry Oakley
(The Picture Source)

Venue: SpringDale Neighbourhood Centre

PC User Help Group

This is a new SpringDale Group we are trying to get off the ground. The aim is for people to meet monthly (the 2nd Tuesday of each month) to discuss computer problems and share particular areas of interest.

Date: Next Meeting Tuesday 20th April - All Welcome

Time: 4:00 pm - 5.30 pm

Fee: \$2 per meeting
(free tea and coffee)

Facilitator: Brent Godkin
Ring SpringDale on 5253 1960 to register your interest.

CHILDREN'S PROGRAMS

Music and Movement

Enjoyment of music, dance and song to encourage the development of beat, rhythm, tempo, pitch and harmony - all while having fun.

This is a great way for little ones to develop confidence, self-esteem, concentration, memory, listening, language and self-expression.

Date: Tuesdays 20th April - 15th June

Time: 9:15 am - 10.00 am
(2 & 3 year olds)

OR

Date: Thursdays 22nd April - 17th June

Time: 9:00 am - 9:45 am

Fee: \$50 per term

Venue: Drysdale Hall, High St, Drysdale

Tutor: Trish Redman

OCCASIONAL CARE

A three-hour session will give your child an opportunity to socialize and play with other children in a supervised program with qualified staff. Sessions are:

Monday, Tuesday, Wednesday,
Thursday and Friday mornings
9:00 am - 12:00 pm

Wednesday afternoon
1:00 pm - 4:00 pm

For further information please
phone the Centre on 5253 1960.
Sessions run during school terms

BELLARINA TOY LIBRARY

The Toy Library is open Saturday mornings 10:30 am to 11:30 am. We have some fantastic toys to borrow (ages 0 - 6 years) so come along and see what we have to offer!

SPECIAL INTEREST GROUPS

WEEKLY CRAFT GROUPS

Opportunities to meet people, learn new crafts, or teach others your speciality.

Meet weekly during school terms.
New members welcome.

Wednesday Morning Group
(Sew & Sews)

10:00 am - 12:00 noon

Wednesday Afternoon Group
(Whichcraft)

1:00 pm - 3:00 pm

Friday Afternoon Craft Group
1:00 pm - 3:00 pm

Springdale Friendship Patchwork and Quilting Group

The aim is for interested, like-minded people to bring along their current works (or any unfinished projects), then to simply get together and help one another in a friendly atmosphere.

Meetings take place on the fourth Thursday of the month at Drysdale Hall, High St Drysdale
Time: 10:00 am - 12:00 pm.

Ring the centre for more details

SpringDale Singers

A mixed voice choir meeting on Tuesdays from 1:30 pm to 3:30 pm in the Drysdale Community Hall. New members welcome. Persons interested may come as visitors on any Tuesday.

Writers Group

This group meets the second Thursday of each month 1:00 pm - 3:00 pm at SpringDale Neighbourhood Centre, 14 Princess Street, Drysdale.

New members welcome.
Ring SpringDale for more details.

Queenscliff & District Woodworkers

Meet first and third Monday of the month at 2:00 pm at Drysdale Community Hall, High Street, Drysdale.

New members welcome. Just turn up if you are interested.

Enquiries to the Secretary, Ray Roberts, Tel: 5251 2183.

Friendly Writers Group

Meet every second Monday evening at the Centre (7:00 -9:00 pm). Ring SpringDale for further information.

Express Your Interest

Springdale is always interested in ideas about what you would like to do at the Centre.

If we can get a few more like-minded souls together, we may be able to get your idea up and running. We are also happy to refer if we know someone else already has what you are looking for. Happy Learning!

Career Information Resource Area

SpringDale has begun to develop a Career Information Resource area at the Centre.

We are building up general information about the types of careers available to people today.

If you are mature age, it may provide a first step in exploring a new career/life direction!

Come in and have a look and if you have any information or a story to share with us about a career change, we'd love to see or hear about it. Your story may inspire others.

OTHER SERVICES

SpringDale also provides facilities to the public which include:

- > Computer access
(Ring to check availability)
- > Internet & Email access
(Ring to check availability)
- > Photocopying
- > Faxing
- > Hall and room rental

TRAVELTALK by Carol McCarthy

Last November I had a fantastic opportunity to tag along with my husband, Glenn to Broome, where he took a group fishing on the Kimberley Quest. The Kimberley Quest is a luxurious 25 metre, fully air-conditioned vessel, equipped with a helipad and was custom built to explore the remote Kimberley Region. Each cabin has their own private en-suite. The chef on board is fantastic and amazing gourmet food comes out the galley. Needless to say we were all very spoilt.

Apart from fishing trips, the Kimberley Quest specialise in adventure wilderness expeditions and will give you a holiday never to be forgotten. The Kimberley region is one of the world's last truly unique wilderness frontiers. Rugged mountain ranges, spectacular gorges and majestic wa-

terfalls are yours to experience up close as you've never seen them before.

Large river systems, many of them unnamed, are teeming with fish. The ever-famous barramundi can be found and caught in tidal creeks. I managed to catch a few Barramundi, the biggest an 18 pounder, along with terrific Mangrove Jack, Blue Salmon and Queensland Groper. Water lilies, exotic ferns, many species of birds and native wildlife are abundant along with the infamous salt-water crocodile.

Explore unknown waterways, land barramundi fit for a queen, swim in crystal clear rock pools beneath towering cascades. See dolphins, giant turtles, sharks and salt-water crocodile. Whether your looking for adventure, romance or eco-

tourism, discover the wonders of this fascinating region.

An ideal way to explore this region is to join two of the Kimberley's leading operators - Kimberley Quest and Australian Pinnacle Tours, for a taste of the good life and an unforgettable adventure through Western Australia's remote Kimberley. We have a 15-day package available that tours by 4WD from Broome, up the Gibb River Road, to Windjana Gorge, Halls Creek, Kununurra, El Questro Wilderness Park, Drysdale River Station. Then a 30 minute scenic helicopter flight from Mitchell falls to the Kimberley Quest where you cruise for 7 days down the coastline to Broome.

For more information call *Carol* at *Harvey World Travel* on 52511125

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Email drysdale@harveyworld.com.au

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NOW PLAYING

(Monday to Friday only)

Social Membership
Only \$5.50

Golfing Memberships
Pro-Rata rates now apply
Memberships only \$225.00
(Membership valid until Sep 04)

April
Live Entertainment
(7.00pm-10.00pm)

Friday 2nd - Guy Hennequin
Friday 9th - Shaun Keet
Friday 16th - Ben Costanzo
Friday 23rd - Ramble Tamble
Friday 30th - Graeme Lear



Sunday to Thursday Evening
\$4.70 Meal Deal
Buy one main meal off our regular menu and
receive another
of equal or less value for only \$4.70
on presentation of this coupon.
(not valid Public Holidays and Long Weekends)
VALID until April 30th 2004

18 HOLES NOW OPEN
COME AND TRY OUR COUCH FAIRWAYS

BOOKINGS PHONE 52 531488

THE NEIL DIAMOND SUPER HITS TRIBUTE SHOW
SATURDAY MAY 29TH

\$40.00 PER PERSON

(includes 2 course meal)

Don't Miss out BOOK NOW

Phone Bookings-52513391

Making a phone call is not enough

Rural Ambulance Victoria today called on motorists to stop at suspected crash scenes as well as ringing 000 for emergency assistance.

"Stopping to check if help is required can make the difference between a genuine emergency response and a waste of a resource," said Area Manager Roger Williams, "and it can also assist our Paramedics in their life saving work".

"There have been a number of cases where well meaning people have driven past what they thought was a crash scene, have rung 000 and continued on their way; but when an ambulance has arrived at the scene there has not been an emergency".

Mr Williams said situations included drivers stopping for a rest break, and parked cars.

"These types of call outs have the potential to occupy crews and make them unavailable for a real emergency".

"This situation could be avoided by stopping and checking to see if

an emergency exists before ringing 000".

Mr Williams also warned that driving past what appeared to be an emergency scene without stopping to provide assistance could put lives at risk.

"The first person on the scene at a road crash should ring 000 and take some basis steps".

- * Briefly assess emergency situation for dangers (i.e. Traffic Hazards)
- * Safety to First Aider, Patient and Bystanders is paramount
- * Ring for Ambulance

- Phone number (the one you are phoning from - your mobile)
- Location of incident (street, town and state)
- Brief summary of incident (i.e. student hit by car)
- Number of patients
- Brief description of injuries (i.e. broken leg, unconscious)


* Gain assistance from responsible persons to help control traffic hazards and prevent students from endangering themselves

Note: The ambulance control room will contact the Police and any other emergency service required.

Do not hang up until the ambulance controller tells you.

WHAT TO DO WHILE WAITING FOR AN AMBULANCE

- * Dangers - control
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- * Breathing
- * Circulation
- * Bleeding - control if severe
- * Assess patient for other injuries



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Peninsula Players Inc.

Rehearsals are now under way for the Peninsula Players first play for 2004. "AWAY" by Michael Gow, directed by Tony Wright. The play is unusual and quite a challenge for the Peninsula Players.

Michael Gow was born in Sydney in 1955. He started workshops with the Australian Theatre for young people in 1970. In 1986 "AWAY" was premiered by the Griffin Theatre Company and has since been performed throughout Australia and overseas.

Set in 1967/68, "AWAY" is a play about families and the interaction of the younger generation with their parents, a play about the changing world in which we live.

"AWAY" will be performed on Wednesday 28th, Thursday 29th, Friday 30th April and Saturday 1st of May 2004 at Drysdale Community Hall, 8pm sharp. Tickets \$10. Bookings on 5251 2671 or 5251 2431 from April 12th.



BELLARINE HISTORICAL SOCIETY

Meetings held at the "Court House", High Street, Drysdale the second Wednesday of each month at 7:30 pm sharp.

New members welcome.

Speaker for April - speaker from Drysdale R.S.L.

Open for displays and research each Sunday 1:30 pm - 4:30 pm until the end of April.

Contact: Tel: (03) 5251 2693 or (03) 5251 3611

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YOUR LOCAL REPRESENTATIVES

It's been a busy time since the last edition. We've had lots of work at the Electorate Office, assisting residents with a wide range of issues; visits to local organisations and schools; and Parliament is sitting again.

As always there have been some interesting highlights.

Multi Purpose Taxi Program

You are probably aware that I have been very concerned and working hard on this issue.

I am pleased to be able to report that the proposed changes to the program have now been modified. The \$550 fare cap will not apply to people with a disability, including visual impairment, intellectual disability, acquired brain damage, or dementia. Others using the service will be able to apply for additional funding if necessary.

Please contact my office if you have any questions or need assistance with this issue.

I am also delighted that after discussions with the Minister, we have been able to retain the discount arrangements between Karingal and Bay City Cabs, a great outcome for all concerned.

Family & Community Development Committee

As you know, I am a member of this Parliamentary Committee and

we are holding an inquiry into issues relating to the development of body image among young people and associated effects on their health and wellbeing. The inquiry will not only gather useful information and data, but will make recommendations to the Parliament.

The Bunyip Festival

It's that time of year again and I'm looking forward to the Bunyip Festival - this year to be held at Clifton Springs Primary School - on Saturday, 27th March.

The amount of planning and sheer hard work that Ann Brackley and all the volunteers, parents and staff, put into it is fantastic. Of course that's why it is always a great event, which we all enjoy.

Bellarine Agricultural Show

Another great event and it was good to meet up with so many of you.

Lynette Wilson and the Committee put in a terrific effort, as they always do, and the result was another wonderful Show we can all be proud of.

The Minister for Agriculture, Bob Cameron, officially opened the Show and commissioned the loading ramp, dedicated to Graham Wilson. As many of you will know,

Graham has been a dedicated volunteer, making a great contribution to the local community for many years.

Congratulations to Lynette and the Committee and all those involved on another successful Bellarine Agricultural Show. We look forward to many more to come.

Support for funding submissions

We've been delighted to support the Clifton Springs Primary School who are seeking funding for resources, including some shade equipment. This is something we do quite often on behalf of groups and organisations who are looking for additional funding for particular projects. Please don't hesitate to contact my office if you would like to discuss your project, and whether it's appropriate for us to provide some support.

As always, if there is a matter you think we can assist with, please get in touch with my office.

*Lisa Neville MP
Member for Bellarine
Shop 1 Newcomb Central
71 Bellarine Highway
Newcomb 3219
5248 3462*

Lisa Neville with the Minister for Agriculture - Bob Cameron - commissioning the new 'Graham Wilson loading ramp'. The Minister also presented Graham with a Bellarine Agricultural Society Life Membership for his participation in the Bellarine Agricultural Society and show for many years.



Paramedics warn of bushwalking dangers

Rural Ambulance Victoria Paramedics are warning people of the possible dangers when bushwalking and are encouraging people to be prepared for every eventuality.

Rural Ambulance Victoria Area Manager Roger Williams said "Paramedics are often called to rescue and treat bushwalkers who have suffered an injury or found themselves in need of an ambulance while in the bush",

Mr Williams said: "It is important that people be aware of the risks when in the bush and be prepared for any situation as it can be a dangerous and unforgiving environment".

"It is wise to never go walking alone in remote areas, and where possible, always have some form of radio or phone communication, or at the very least, tell someone your intended route and estimated time of arrival at your destination to ensure you can be located quickly in an emergency situation".

"It is also worth learning basic first aid and CPR if you do intend to do activities in the bush, and it is sensible to carry an appropriate first aid kit that can help in treating bites, stings, sprain or fractures, which are common injuries in this sort of environment", Mr Williams said.

"Always carry plenty of water and food and any necessary medication (especially for people with heart problems, asthma, diabetes etc) that a person may require".

Mr Williams said: "If people are aware of the dangers and are appropriately prepared, it can ultimately be the difference between life and death in an emergency situation".

"I can't emphasise enough just how important it is to learn first aid and equip yourself with the skills to save a person's life", Mr Williams said.

For information on first aid courses call 1800 248 859 or visit www.ambulance.vic.gov.au.

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SPORTS REPORT

Clifton Springs Tennis Club Inc.

Jetty Rd Reserve Clifton Springs

Contacts

- * Seniors - Doug Ph: 52511350
- * Juniors - Liz Ph: 52513602
- * Night - Craig Ph: 52533083
(Mobile no. 0438533083)
- * Ladies - Glenda Ph: 52512796
- * Coach - Mark Ph: 52414089
(Mobile no. 0416288956)

SUMMER UPDATE

Coming up to the business end of the season with finals starting in March. It has been an interesting season with so many clubs coming to join the "Tennis Geelong" Association.

Seniors

Well done to our four senior teams, Sections 11 & 13 are in the preliminary finals with Section 6 & 16 close finishers, just outside the four.

Juniors

Congratulations to Sections 11, 13, 15, 30 & 31 who are all competing in the finals. Sections 11 & 13 are strongly competitive and should have a good show. Section 15 jumped from 7th to 4th place in the last match of the round and having beaten the top teams they have a real chance to be premiers. The new beginners have showed great improvement in 30 & 31. Section 30 has been a dominant team and looks good for a Grand Final berth.

Congratulations to all our junior players who have played and behaved so well all season. Have fun everyone.

WELCOME

Welcome to our new coach Mark Hagebols. Mark will be running lots of programs for players. There are individual and group lessons and squads for a range of levels. New for juniors is "Racquetack", an introduction to tennis program. This is a short term, rolling program aimed at fun, fitness, co-ordination & basic tennis skills for children thinking about playing. For coaching information or to register call Mark on 0416288956.

Midweek

The new season for Tuesday's midweek ladies competition has started well. The sections 1 & 7 teams have made flying starts with convincing victories. Sections 2 & 9 have been lulling the opposition but we know they are only saving themselves! Everyone seems to be enjoying their tennis.

PLAYERS WANTED

Names are being taken now for Winter season, with team registrations needed by 2/4. (although we can usually fit any latecomers in). We'd love to see new faces so call Doug on 52511350 for Seniors or Liz on 52513602 for Juniors.

Everyone welcome & all standards catered for.

"TRY TENNIS"

Everyone's welcome to come down and "try tennis". Coming up

are are range of events, programs and opportunities.

MILO FUN DAY

SATURDAY 27/3
FROM 10.00am to Noon
Lot's of fun things to do, with free coaching, BBQ, games and racquets provided for the day.
Come along and have a go!

FREE OPEN NIGHTS

Want to have a look at the new courts and try them out under lights?
Monday to Friday
26/4 to 7/5, 7.00pm to 9.00pm
Come on down!

NIGHT TENNIS

A busy time with a free open night fortnight and the start of new night tennis competitions. With programs & comps due to start the week commencing 10/5.

At this stage we are at the planning & registration stage, with a variety of night programs/competitions that we anticipate will provide something for everyone. Choose from

- * Mixed night
- * Men's night
- * Under 20's social comp night
- * Maybe masters
(30 & over players)
- * Adult beginners & it's been so long

(includes free coaching)

Names are being taken now for places, for information or to register call Craig on 52533083 (mobile 0438533083).

The more, the merrier!

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Mark with some squad members

SPORTS REPORT

By Brent Diamond

EXCLUSIVE - Your Guide to the 2004 BFL Season (Part Two)

Will the Hawks be flying high in 2004?

Many thought it could have been 2001; others thought it could have been 2002. But just when can Drysdale put four quarters of football together in finals?

A team that boasts the likes of Adam Richardson, Glenn Kilpatrick, Paul Frew, Peter Preece and Jason Drake - is living proof that this team is premiership material. It is just a matter of when.

Richardson was the league's leading goal-kicker in 2003 with 110 goals and will be an integral part of the teams' chance for success in 2004.

It was a huge decision to give away the coaching responsibilities at the end of his coaching debut season. But extra ground-time this season could give his team a far more consistent result.

New recruits Joe McLean and Luke Maher will be important to Drysdale's game-plan this season. Maher will give the Hawks more momentum and experience in the ruck. While, McLean will give the Hawks some versatility and will assist with the coaching duties. Shane Kennedy is back at the club after a year on the sidelines and will add to an already experienced defensive unit. The Drysdale coaching hierarchy have led a successful pre-season campaign in which 2003 recruit Simon Keating was the only departure at the Hawks' Nest.

New coach Brian Cordy will be the team's first non-playing coach in recent seasons and has clearly echoed his message throughout the football club. R-E-S-P-E-C-T will be the aim of the season and why not after at least two disappointing finals series in a row. Grand Finalists in 2001-02 and Semi-finalists in 2003 is less

than satisfactory from a team that could have achieved a lot more.

Despite that, optimism is still high at Drysdale Recreation Reserve. A new line of juniors look set to make their mark and lead the next generation of Hawks to success.

Next year will mark the 20th anniversary since the town last celebrated a Drysdale premiership. You would expect the Hawks to finally break the ice within the next three seasons.

Next month: BPCA wrap-up - Drysdale's crack at the cricket premiership. The 2004 BFL season is just about to begin. Don't miss all the latest news from the Drysdale rooms and the Springdale Messenger BFL Player of the Year award. All in the April edition of the Springdale Messenger - Your free community newspaper.

BFL teams In-Focus

Drysdale

In: Joe McLean (playing assistant coach), Luke Maher, Shane Kennedy

Out: Simon Keating

The outlook: After crashing out of the semi-finals in 2003, the Hawks have taken on a different perspective and are out to earn respect this season. Many would say Drysdale have come away with nothing after being flag favourites in recent seasons - yet you cannot say they aren't a premiership threat in 2004 either. The club has some promising juniors which could earmark some senior debuts, as well as a strong forward line-up headlined by 2003 leading goal-kicker Adam Richardson. With plenty of finals football under their belt, the Hawks will be dangerous again and could sneak into their second grand final in three years.

What the coach says: "I'm really looking for us as a club to earn respect within the competition and in terms of how we present ourselves - not just as a senior side but right through the ranks.

My aim is over the next three, four or five years is to build the club up so that we're very strong right through the junior ranks. And if that leads into hopefully winning a senior premiership then I would be extremely happy and I'm sure everyone else around Drysdale would be too," Drysdale coach Brian Cordy said.

Likely finish: 3rd

Barwon Heads

In: Shane Ash, Paul Gillett, Matt Nempsis (up to a dozen new players expected to be cleared before the start of the season)

Out: Yet to be confirmed

The Outlook: Barwon Heads look likely to maintain the majority of their 2003 senior list and will add a host of players to the team before the start of the season - in a bid to improve on their seventh placing in 2003. Shane Ash will add some experience into what promises to be a more attacking and aggressive Seagull outfit in 2004. With new coach Jason McGowan, a new tactical approach could be just what the team needs for any chance of success this season. Inconsistency has been a major problem in the past for the Gulls - and the run must stop if they are to fight for a top-five finish.

What the coach says: "It's a new club to me this year and I'm just looking for a consistent effort and to implement my style of play and get them to play that way. I've got to get them into a game plan that I think will be very successful for us. I guess our long term objective is obviously to make the finals and also to be consistent in our performances week in and week out. We're just looking to get off to good start and a few wins at the start would set the season up for us," Barwon Heads coach Jason McGowan said.

Likely finish: 8th

Torquay

In: Jeff Arkinstall, Kris Bartlett Shae Goosen, Andrew Oliver

Out: Simon Geljion (assistant coach), Damien Kinnesley, Dean Oliver, Shane Dawson

The Outlook: The 2003 Preliminary finalists look just as dangerous as last season even without their assistant coach Simon Geljion - who has moved on after an integral role in last season's finals re-

surgence. Geljion kicked 58 goals and polled 14 Lee Ash Medal votes in 2003. The loss of Russell Merriman as coach could prove to be big shoes to fill for Cameron Loftus. But with a strong dominance in the junior leagues, the Tigers will be looking to their youth to take another step in 2004. Jeff Arkinstall is a good pick-up in the ruck. Some added depth to the team should allow them to strongly compete with the Ammos, Grubbers and Hawks and more importantly - to consolidate a spot in the top five. An outside chance for the flag.

What the coach says: "I am looking to set up some structures that are going to lay some foundations for the footy club into the next few years. Simon (Geljion) is a pretty big loss but we're very optimistic about the season. It'll be a different group and it'll be a youthful group. It's not so much where we finish on the ladder, I just want to make sure that I get the best out of every player on our list. We've consistently had under 18 premierships and they haven't gone on to become to be successful players at our footy club - that's what we want to change," Torquay coach Cameron Loftus said.

Likely finish: 5th

Anglesea

In: * waiting for clearances

Out: Ryan Evans

The Outlook: Anglesea are looking to improve on their elimination final result from last season - but will do so without the talented Ryan Evans. The club is currently waiting on a number of clearances with one of them being a former AFL listed player. While a lack of depth and endeav-

SPORTS REPORT

By Brent Diamond

our ended their 2003 season pre-maturely, they will be hoping to recruit a couple of key position players to their stocks before the start of the season. Depending on the calibre of the new recruits, Anglesea could be placed anywhere between third and seventh. The Roos have had a very low-key approach to the 2004 season and could be another outside chance for a Grand Final berth. *A summary of Anglesea's new recruits will be featured in the next issue.

What the coach says: "We really want to improve from the elimination final last year. I think we can and a lot of that will depend on what players we can get here. Ryan (Evans) was a huge loss to us and he probably won't be back in the area for another two or three years. Training has been good, the players are looking forward to the season. I'm confident we can add another three or four quality players to the list before the start of the season," Anglesea Football Director David Robertson said.

Likely finish: 6th

Geelong Amateurs:

In: Lindsay Smith, Nick Casboul, Sam Casboul, Jason Orr

Out: Matt Wilson, Justin Mahoney, Josh Friend, Mark Anderson

The outlook: Undefeated until that day in September brought the Ammo's back down to reality with a genuine "sting". The hunger is there and the talent is there and a premiership would be the only score the Ammos would settle for. Get ready for a mouth-watering contest in Round two against the four-time reigning Premiers Ocean Grove. Rowan McSparron looks set for another goal-kicking spree, while Tim McLean will continue his dominance up forward. Have lost the experience of Mahoney to Werribee, but have gained the talented Casboul brothers as well as former Kangaroo and Blue Lindsay Smith. Will be hard to stop.

What the coach says: "Of course there's a sting there when you lose a game you should have won. But that's football. You

don't need to add a lot more to your side when you know you are more than capable of making a grand final. We think we have recruited well and have filled the holes pretty well. Training has been good and the players can't wait for the start of the season." Geelong Amateurs Football Manager Bruce Harwood said.

Likely finish: 1st

Brent's predicted 2004 BFL ladder

1. Geelong Amateur
2. Ocean Grove
3. Drysdale
4. Queenscliff
5. Torquay
6. Anglesea
7. Newcomb
8. Barwon Heads
9. Modewarre
10. Portarlington

Hawks want Respect

The Hawks are squawking more about gaining respect from the competition and less about premierships in 2004.

Drysdale is renowned for its lapses in BFL finals and newly appointed Drysdale coach Brian Cordy is looking to change the culture at the Hawks Nest - into a respected one this season.

"I'm really looking for us as a club to earn respect within the competition and in terms of how we present ourselves - not just as a senior side but right through the ranks," Cordy said.

While coaching changes have been the major talk of the town over the pre-season, the Hawks have been able to recruit Joe McLean as a playing assistant coach and highly regarded ruckman Luke Maher from Lara.

"I've been really happy with the blokes that have been going to training. The new fellas seem to be going pretty well so I'm reasonably happy at this stage," Cordy said. "We would like to add another one or two but until clearances are sorted out - you're not too sure," he said.

The Hawks have also welcomed back reliable defender Shane Kennedy before losing 2003 recruit Simon Keating - who has gone overseas.

With respect high on the agenda, Cordy will also be looking to build the junior ranks and then finally aim to win Drysdale's first premiership for almost twenty years.

Young guns Brent Taylor and Reece Holwell will headline a promising bunch of youngsters who are more than capable of match-

ing it with the best and leading the next generation of Hawks to success.

"I'm really happy with the fact that we have a large number of juniors playing. We're having two under 18 teams so one of the main focuses will be to develop and encourage the younger blokes in the town to play football and give them the opportunity to play at senior level," he said.

"My aim is over the next three, four or five years is to build the club up so that we're very strong right through the junior ranks. And if that leads into hopefully winning a senior premiership then I would be extremely happy and I'm sure everyone else around Drysdale would be too," he said.

Drysdale Bowling calendar

The Drysdale Bowling club will enter the final month of their 2003-04 pennant. The April bowling calendar will include the popular fortnightly Friday night dinners at the Bowling club.

April 2 - Fortnightly Friday meals continue at the Bowling club. Come and min-

gle with all the locals in the Bowling club's most popular social event.

April 6 - Friendship and Charity competition. Whites to be worn - 1pm start.

April 7 - Mixed Triples. Whites to be worn. 10:30am start - sponsored by Bayshore Real Estate.

April 17 - Mixed Pairs - 1pm start. Sponsored by GiftWrapt.

April 23 - Presentation night - 6:30pm. Full catered for.

Olympics Bound

Drysdale rower Katie Foulkes will represent Australia in the up-coming Athens Olympics. Foulkes has been named coxswain for the Australian women's eight after the recent selection trials. The talented rower was also cox for the womens eight, which finished fifth at the 2000 Sydney Olympics. She also featured in the last year's world rowing championships. Foulkes will return home briefly this month before heading to the regattas overseas.



Professionals

COMPARE APPLES WITH APPLES

Many people think they should entrust the sale of their principal place or residence to the real estate agent who puts the highest value on it.

Not necessary so.

Talk to people you know who have recently sold in the area. Act on advice from people whose opinions you respect. Word of mouth is the best source of current information about local real estate agents, doctors or any other practitioners.

Intending sellers should also obtain submissions from agents who are active in their local area.

You can tell if agents are active by the number of sold signs they have, and by the quality of their local advertising. A busy well-located office with ready after hours facilities is also a must.

Some of the criteria to consider are level of service, specific advertising details, fees and expenses and commitment to feedback during the marketing program.

Once you have spoken to three agents you are in a position to compare apples with apples. It's no good going with the agent who puts the highest value on your home or offers you the lowest commission only to find they don't do any active marketing.

Many would-be sellers see through this kind of false economy too late.

Potential buyers recognise overpriced property for what it is. This makes them cautious and decreases competition for the property.

Most overpriced properties fail to attract offers and purchasers end up with the psychological edge once negotiations are under way.

Take your time about choosing an agent. After all, it's not something you do every day and you want to be confident in your choice. Do your homework and don't be seduced by fantasy prices.

Phil Cumming
Licensed Estate Agent



0408 599 232

Gabrielle Beams
Sales Consultant



0412 430 976

Jackie Webb
Sales Consultant



0417 552 456

David Cross
Rural Sales Consultant



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