

The SpringDale Messenger

Your Free
Community
Newspaper

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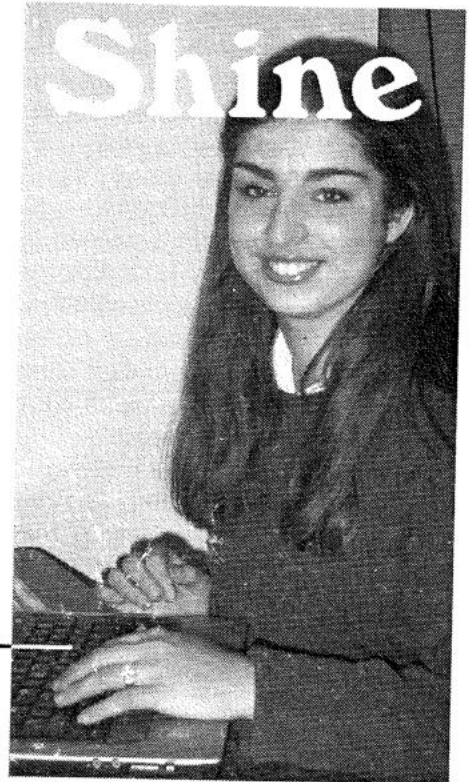
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Locals

Polly, a Drysdale celebrity, made her debut at South Barwon Civic Centre and was presented to the Mayor of the City of Greater Geelong Ed Coppe and his wife. It was a wonderfully inclusive evening for everyone who had the opportunity to be there. Well done Polly!

Hailey Smith was recently presented with an Australian Defence Force Academy award for outstanding achievement. Hailey was given a certificate and a Laptop PC and case and her school, Bellarine Secondary College was presented with a plaque. Well done Hailey and goodluck!



Shine



Bellarine Secondary College Rock Eisteddfod performance this year is entitled, "The Voice Within". They received the most regional awards ever, excellent performance for: Stage crew, Stage use, Visual enhancement, Costume/Character, Drama, Sound track Choreography, Performance skill, Concept Set design and function. On Friday September 3rd they were announced State Winners.

State Winners!



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The SpringDale Messenger

The SpringDale Messenger is compiled by the SpringDale Neighbourhood Centre Inc. A0024916V, 14 Princess St. Drysdale. Postal: P.O. Box 80, Drysdale, 3222.

Editorial and Enquiries:

PH: 5253 1960. FAX: 5253 3050

To improve the administrative arrangements for the Messenger we are encouraging all contributors to provide their information on disk (Word) or email it to us – office@springdale.org.au For those who have difficulty providing your contributions on disk we are still happy to accept written copy or make our computers available for your use.

Next Publication -

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22nd October, 2004.

Views expressed in this newsletter are not necessarily the views of the Publisher, the SpringDale Neighbourhood Centre Inc.

Advertising:

To ensure publication in a specific issue, copy must be submitted prior to deadline.

This includes both new adverts and alterations to an existing advert. Layout and Design of this issue by Pagination Design Services, Geelong. For any queries about advertising, please contact Anthony Zavaglia at Pagination Design Services.

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Community Calendar

Springdale Community Calendar - a Springdale Neighbourhood Centre initiative to support the whole community.

This calendar will enable you to quickly look up what is happening over the next couple of months (maybe longer) in our area. There will be a calendar for the next 12 months put on our website - accessible to all groups to help when planning events. If you would like to place an event on our calendar on the website and also in the next couple of issues of the Springdale Messenger - then please email, write or ring the details of the event through to the Springdale Office.

2004

- Sept** Wednesday 15th - Rotary Mental Health Forum
Thursday 16th - SpringDale Neighbourhood Centre Inc. AGM
Friday 17th - Term 3 School Holidays commence
- Springdale Office closed
19th - Jubilate Choir" at St. Andrews Uniting Church
"Chooks in the Garden" Garden Club
25th - Garage Sale at Drysdale Uniting Church
26th - Portarlinton Market
- Oct** Mon 4th Term 4 of School resumes
*** watch out for 40km/hr school zones again ***
Springdale office reopen
13th - Historical Society - Speakers Kevin & Pat Bell
- Big Fun & Food Fundraiser - Drysdale Day View Club
14th - 17th - Geelong Show
17th - Drysdale Market Re-commences
18th - Looking after your back in the garden - Garden Club
20th - Geelong Cup
21st - 22nd - Poppy Kettle days
23rd - C.F.A. Garage Sale
28th - Senior Citizens Casino Bus Trip
30th - Postnatal Depression Forum
31st - Portarlinton Market
- Nov** 2nd - C.F.A. Melbourne Cup Luncheon
5th - Gala Day
10th - Historical Society - Speaker Dr. Stephen McKenzie
10th-13th - Peninsular Players End of Year Performance
14th - 21st - Clifton Springs Golf Club Open tournament
- Dec** Friday 17th Term 4 School Holidays commence

2005

- Mar** Adrian Mannix Community Service Award will be presented
Bellarine Agricultural Show
Sat 19th - The Bunyip jives in 2005 Festival is being held

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SPRINGDALE NEIGHBOURHOOD CENTRE

A happy hello from your friends at Springdale !

As I am writing this, Spring is definitely here - there's action all around and even I've started to clean things out. It's a joy to be able to put those clothes horses away and reduce the clutter that seems to build up over winter. Another thing that usually happens, around this time, in our part of the world, is the wind gets up - and I love the wind !!! I love the energy it gives to me as it tries to direct my walking. I like walking into it and allowing it to help me along.

I had the privilege to attend the City of Greater Geelong Council meeting, at which the contract for the redevelopment of Springdale was awarded. Rob Binnie spoke fondly of his time as councilor for our part of the world and moved that the contract be awarded. After so many years of planning and negotiating and more planning and negotiating it all went through Council very quickly. We have been told build-

ing will start soon - hopefully in October and will take approximately 6 months.

We have started to conduct tours of Springdale for groups - so far we have welcomed the Drysdale Guides and the Drysdale Scouts. I hope to be able to speak to community groups about what Springdale can offer and maybe follow this information session up with a tour of the buildings and our services. We already have many partners within the community but Springdale is like a hidden treasure, I think more people need to experience its full potential.

The Annual General Meeting will be held on Thursday 16th September in the Springdale Community Hall (formerly known as the Drysdale Community Hall) High Street Drysdale at 7.30pm. We will have some items provided by the Springdale Singers, we will be celebrating the first 15 years of Springdale and we will share a light supper. Hope you can join us for this evening.

We will be taking the opportunity to have a break again over the school holidays, so we will be closed from Friday 17th September to Sunday 3rd October. We do apologize for any inconvenience this may cause.

Enclosed in this issue is our term 4 course guide. Due to us being closed during the holidays and to help reenrollments and new enrollments to happen easily we have included a tear off booking form as part of the course guide. This is a trial and we would appreciate your comments and suggestions. You can fill in the form, attach a cheque (preferably) or credit card details and send it to us and the booking will be confirmed as soon as possible. If you just want to enquire about a course - feel free to write that down too and we'll get back to you.

Hope you find fun and happiness in all you do

Anne Brackley
Provisional Co-ordinator
Springdale Neighbourhood Centre



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ADRIAN E. MANNIX COMMUNITY SERVICES AWARD

The Drysdale Rotary & Portarlington/Drysdale Lions Clubs, together with SpringDale Neighbourhood Centre join to provide this Award in Memory of Adrian, who carried out an extraordinary amount of community work in this area.

This Award is an opportunity to recognize the voluntary contribution of individuals in the North Bellarine area.

Nomination forms are available at SpringDale Neighbourhood Centre. Please phone 52531960 or call in to collect your form.

Look for more details to follow in the next edition of the Messenger.

What's happened and what's happening at the CLIFTON SPRINGS GOLF CLUB

NEW GOLFING MEMBERSHIP SEASON

Our new golfing membership season commences on October 1st and now is the ideal time to take up a golf playing membership for only \$485.00 with no joining fee applicable. Applications forms are available from the Club or the Pro Shop.

With the new couch fairways now coming out of dormancy the course will be at its absolute best over the coming months.

KYLIE COMES TO THE SPRINGS

The next big show is on Saturday October 16th and we are proud to announce for the 1st time the 100% Kylie Tribute show complete with the Kylie dancers. This show has been playing to full houses where ever it performs and at only \$40.00 per person which includes a 2 course meal, you will need to book early. Bookings are being taken at the Club.

MCDONALD CUP SINGLE MATCHPLAY

1st and 2nd round matches have been completed for the McDonald Cup with last years winner Brian Lawrance losing to John Farnell in a close match. Other upsets were Michael Platt going down to Wayne Marendaz and Dale Storer narrowly

losing to Rob Gunn. Early favorite looks like being Luke Allen who may come up against another talented junior Dylan Ferguson in the Semi's.

LADIES CHALLENGE BOWL

Despite the heavy rain a large turnout of golfers from all over the district competed for the Clifton Springs Challenge Shield with the winning team being Anglesea with a score of 93 points with Portarlington runner up.

ANNUAL OPEN TOURNAMENT

The Annual Open Tournament will be held from November 14th until November 21st with golfing events being conducted every day cumulating with the Ladies and Men's Open Championships on Friday November 20th and Saturday November respectively. Entries form will be available shortly.

GREEN FEE AND SOCIAL GOLFERS

At only \$20 for eighteen holes the course is available for social golfers and all you need to do is make a booking with the Pro Shop on 52531488.

SUPER FRIDAY NIGHTS

Join us at the Club on Friday Nights by the open log fire listening

to the free live entertainment whilst the mega members draw is conducted. In between all of this, pay glass prices for your pots of beer from 5.30p.m. till 7.00p.m. The popular raffles are conducted throughout the evening and to complete the evening select an appetising meal from the extensive evening menu.

MEMBERSHIP SUBSCRIPTIONS

All members are reminded that their Membership fees are now due and you should have received a renewal notice in the mail. All members utilising the bonus points rewards system are reminded that they must pay their fees and redeem their points before the end of October otherwise they forfeit all accumulated points.

LUNCH & DINNER

We are open for lunch (12 till 2.00p.m.) and dinner (6.00p.m. till 8.00p.m.) with our fantastic \$4.70 evening meal deals from Sunday to Thursday evenings on presentation of the meal deal coupon.

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*David Milne
Manager*

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DRYSDALE SENIOR CITIZENS CLUB

*Cnr. Wyndham & High Street
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We would like to let you know of some activities that our club has to offer you as a member:

- Monday: Indoor Bowls, Cards and snooker -at 1.30pm
- Tuesday: Patchwork and Sewing Classes at 10am - Costs \$2
- Wednesday: Indoor Bowls and Snooker - at 1.15pm
- Thursday: Craft & Snooker at 12noon
Gentle Exercises at 2.30pm for 1hour
- Costs \$3- Members
- \$4 Non

- Friday: Indoor Bowls & Snooker at 1.15pm
- Saturday: Indoor Bowls & Snooker at 1.15pm

We welcome Members and Non Members to any of these activities. Come and see what we do. There is always a nice cup of tea available and plenty of people ready to have a chat.

The first Monday of the month we have Bingo, eyes down at 1.15pm - with afternoon tea. Anyone is welcome to come

We also have luncheons, Entertainment and Bus Trips.

On the 28th September we have a bus trip to the Casino - Lunch -

then a tour up the Yarra - Cost for the day is \$25 - Bus leaves the Retirement Village in Collins Street at 8.30am.

Members and Non Members are welcome, but you must put your name down on the board at the Seniors Club - Give us a ring if you would like us to add your name to the board. It's going to be a good day out - So why not join in.

I would like to send best wishes to all our sick members, and hope they will be back fit and well soon.

President: Esther Lornie

Secretary: Mary Hose

Phone: 52512983

The Jubilate Choir

The choir was initially the church choir of the Reformed Church of Dandenong. When this choir was invited to give a series of concerts in The Netherlands in the early 90's, many others joined specifically to participate in this trip.

After returning it was decided to continue as a touring choir and it now has over 80 members of many denominations.

We simply enjoy singing God's Praises.

We have visited Sydney, Wollongong, Adelaide, Tasmania

and country Victoria and also have an annual concert in the Crossway Centre, East Burwood.

Earlier this year we went to Sri Lanka and we always welcome invitations to sing at various venues and for special occasions. Our Conductor Rev. Crosbie De Kretser is not only our Pastor, but has also been our enthusiastic leader for many years and he shares his extensive knowledge of music with us in a caring loving way.

St Andrews Uniting Church has invited the 'JUBILATE CHOIR' to

come and sing in Portarlington on Sunday 19th September at 2.30 p.m. The venue will be the Portarlington Community Hall, in Newcombe Street Portarlington. A cup of tea will be served after the concert.

We do not sell tickets, but there are costs, and profits will go to charity. So may we suggest a 'folded note' or an 'appropriate' donation at the door.

ALL WELCOME!

For further information contact: 52513683 or 52592768.

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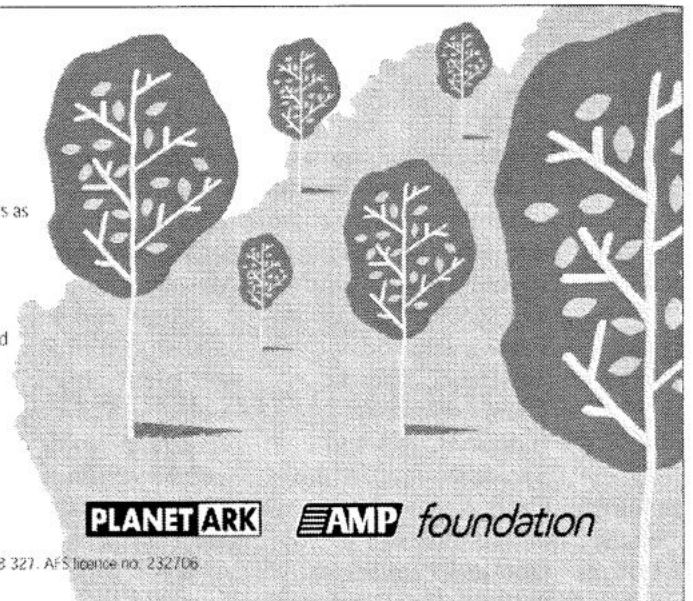
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AMP Financial Planner, Steve Keating* (Tel: 5241 3804) would like to thank all the volunteers as well as the teachers and students from Drysdale Primary School who have all contributed to making National Tree Day[®] such a success in our local community.

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01/04 JUN 2013

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"THE SMILING DEPRESSION"

Postnatal depression is often termed the "smiling depression". New mums often smile their way through their depression feeling guilty that they are not happy with their new life after baby. Some people expectations of motherhood and pregnancy are unrealistic and they blame themselves and are reluctant to seek help, worrying that they will be labelled as inadequate or a poor mother. It takes time to adjust to motherhood, as the task of motherhood is enormous. Sometimes it is hard to ask for help or there is little help available for one of the most demanding jobs a woman and her partner can do. Depression disrupts people's lives at a crucial time and can have effects on the baby older children and the couple's relationship.

Signs and symptoms of depression include:

Always exhausted or hyperactive. Not being able to sleep even when you have the chance. Crying uncontrollably or feeling teary. Feeling irritable or sensitive to noise or touch.

Constantly thinking in a negative way. Unrealistic feelings that you are inadequate. Anxiety or panic attacks. Not being able to concentrate. Becoming more forgetful. Confusion or guilt. Loss of interest in sex or other things you liked. Feeling scared, alone, but also not wanting to be with other people. Eating too little or too much. Feeling unable to cope. Preoccupied with obsessive or morbid thoughts. Thoughts of self harm or harm to your baby. Loss of confidence and low self esteem. Inability to enjoy yourself. Persistent low mood together with some of these symptoms for a period of at least 2 weeks may indicate clinical depression. This may require further assessment and treatment.

(With thanks to "Emotional health during pregnancy and early parenthood" Information booklet-the beyond blue National Postnatal Depression Program)

For help on the Bellarine peninsula
Women and their families can contact Bellarine Community

Health 52580888, their local Maternal and Child Health Nurse, their G.P., or the Geelong Postnatal Support Group 52771412.

Interested persons can attend a Community Forum:

SPRINGDALE
NEIGHBOURHOOD CENTRE IN
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BELLARINE COMMUNITY
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The Many Faces of Cassandra Magrath

Former Seachange star Cassandra Magrath is on the road to making her debut in a theatre near you. BRENT DIAMOND caught up with the talented actor about her transition from television to theatre and her dream to be on the big screen.

Cassandra Magrath has undergone a seachange to make her theatre debut in 'Bold Girls'. The former Seachange star has headed back to Melbourne after spending time on the Bellarine Peninsula to film the popular Australian television series.

Magrath says the experience of being involved in live theatre is a stark contrast to being on television. "It's a lot different to what I've been used to. There's a different set of skills needed. You need to be able to perform on the spot and be very confident of yourself even in pressure situations," Magrath said.

'Bold Girls' tells the story of three Irish women whose husbands have been killed or are in prison. "I'm one of the women, along with Michele Williams and Amanda Douge. It has a lot of themes involved including friendship, love and hate and it really is a story of survival. I enjoyed my character immensely because I could relate to how she was feeling and what she was like," Magrath said.

Magrath's passion for acting has been never-ending despite the endless knock-backs in a widely competitive industry.

In grade four - Magrath was laughed at when she told her classmates she wanted to become an actor. And less than ten years later, she already had an impressive body of work behind her and an even brighter future ahead.

Many may know Magrath for her stints on kids shows such as Crash Zone or Ocean Girl - but she is most famous for her role as Miranda Gibson on Seachange.

The 23-year-old believes she has grown up on television after beginning her acting career at just an 11-year-old on 'Ocean Girl'.

"I don't think I've grown up to the extent of Sally from Home and Away on TV but I started acting when I was 11 and when you look at it, I sort of have grown up on every TV show that I have appeared on and I suppose it makes you feel a lot more mature," she said.

"All the actors on Seachange were wonderful. You really look up to them especially William McInnes and Sigrid Thornton," she said.

Magrath says acting is an up and down career and believes having unlimited free time is one of the major benefits.

"It's a really unpredictable career path because you don't know when you're going to get your next gig and what's going to happen. Probably one of the advantages in acting is having heaps of spare time. But I like watching movies, of course. Any type of theatre. I enjoy particularly those run by the VCA. And I love to go to clubs around St Kilda and hanging out with my mates," she says.

After exposing herself to television and now theatre, Magrath is looking forward to her latest venture on the big screen when her first movie 'Wolf Creek' comes out in February 2005.

"It's probably my biggest achievement so far and that's what I really want to do is to make more and more films and hopefully one day be alongside Robert Downey Jr...it was fun to make and I can't wait until it hits the screens," she said.

Bold Girls opened at Chapel off Chapel on August 12 and will run all through September. Tickets: \$28/\$23/\$18 Ph: 8290 7011

By Brent Diamond



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Ladies' Probus Club of Bellarine Inc. Registered No A14696T

I was amazed when the July issue of Springdale Messenger did not contain my article about our club. It also surprised me to know that people in the supermarket stopped me to ask if I had given up writing because they found it interesting reading even though they did not belong to our club. We held our meeting on Monday at the Springs and to make sure anyone who wished to read it, I posted up a print out on the board for members to read. Springdale cottages are under going changes in all departments and for some reason my article was overlooked.

The club continues in a happy mode at meetings, volunteers to welcome members and visitors and pour out teas and coffee are always found and we all look forward to cheese and biscuits with our coffee.

We have had very talented Speakers at the meetings for the past three months, and they include:-

Madeline Burke of TV Channel 7 fame. Libby Mitchell spoke of Breast Screening.

Chris Reed a teacher at the Gordon Institute, spoke on the Bowen Therapy. Tom Bowen had a very interesting life and much of his time helping the children of Geelong and other disabled adults free of charge. He had developed a technique to manipulate muscle and tendons which without obvious explanation seemed to heal the body of the aches and pains, and had nothing to do with bones.

His technique is now practised all over the world and the practitioners have to be taught and registered to enable them to take the job on.

Geelong has the memorial to one of it's own in Western Park.

Trips have been well supported and the latest to the Ballet School was very interesting, which followed by a visit to the National Gallery.

In October we are joining the St Leonards Retirees to a Matinee performance of the Producers at the Princess Theatre.

The activity groups, cards, scrabble, craft, mahjong continue as before as well as the Luncheon Group who go out and about eating and chatting, which is good for those who live alone and do not socialise much.

*Yours in friendship,
Iris Liz Tolton.*

The SpringDale Messenger regrets that the article from the Ladies' Probus Club of Bellarine was inadvertently omitted from our last issue. It was gratifying to find that people enjoy reading about our community groups and would take the trouble to make comment on any omission. The Messenger is proud to be able to provide this service to our local groups at no charge.

Drysdale Day View Club

Would like to invite each and every one who would like to take part in our interesting events planned for the rest of the year.

September 24th is meeting and Luncheon day at the Clifton Springs Golf Club at 11am.

October 13th is the "BIG FUN AND FOOD" Fundraiser with great displays of food preparation and presentation, munchies and more.

Come along, bring a friend or two. This will be held at the Drysdale Bowling Club.

October 22nd will be the next Luncheon meeting, with Guest Speaker Kristen Causon, Senior Safari Officer at the Werribee Zoo, who will prepare us for our trip to the Zoo in November.

November 12th You guessed it, Yep, the Werribee Zoo.

Want to know more before Christmas has come and gone and you have not yet done anything about it? Give us a call we will be happy to tell you the details and cost. Maybe you need to be picked up, we can probably arrange that too.

Bye for now !

Phone Numbers, thought I forgot didn't you.

*Gloria 5253 3256 or
Christine 5251 1127*

The Rotary Clubs of Drysdale & Belmont are holding a

Mental Health Forum

Wednesday 15th September, 2004 at 6.30pm

FREE to the PUBLIC

Keynote Speaker - The Hon Jeff Kennett Chair of Beyond Blue
Together with Prof. Michael Berk, Professor of Psychiatry, Barwon Health & Geelong Clinic
Mrs Pamela McIntosh, mother, carer and volunteer with Mental Illness Fellowship



The forum aims to:

- < Inform about mental illness
- < Advise the range, location, access and availability of support
- < Highlight we are all at risk to mental illness
- < Maintain the honour, dignity, worthwhileness of persons who fall to mental illness

Geelong West Town Hall, 153 Pakington Street

For information
John Brumley
on 03 5251 3526

Supported by:



Mr Jeff Kennett

Can you plan the sustainable use of your land?

Are you doing the right things?

The Potter Farm Plan initiative of the eighties, led to farmers challenging some of the traditional farming practices to overcome erosion, salinity, soil decline, and improve their land through long-term planning of the sustainable use and development of their properties.

Like Whole Property Planning today, the benefits of the Potter Farm initiative was in improving the participant's understanding of the agricultural and natural assets and processes of land and the resulting changes in land management practices.

Land owners implementing whole property plans can gain the ability to farm the land at its potential. This will assist to save both time and money, solve land management or degradation problems that are costing you income or decreasing the property's value and enhance and protect the farm's natural resources for future generations.

Today owning and implementing a whole farm plan is seen as an essential element in sustainable land management.

Developing a plan is the logical application of simple principles sustainable land management principles to the local situation associated with your land and current or planned farm enterprise.

To develop a plan requires a certain level of knowledge and is best undertaken through a consultant or by undertaking a short course. A short course involves classroom sessions and visits to other properties

to help guide the development of your dynamic whole farm plan, which will be complete by the end of the course.

Whole farm planning is basically 3 stages. Stage 1 involves looking at what's already on your property by fieldwork and mapping the existing lay out of your land. Look at the location and area of land, climate, soils types, current vegetation, water resources, current and potential land degradation (salinity, wind and water erosion, weeds, tree decline, soil acidification, and vermin), fences, infrastructure and current farming enterprises. These are generally located on an aerial photograph of the property.

The second stage is to use whole farm planning principles and your understanding of the natural assets (properties) of your land to develop a new farm layout. To do this it helps to forget about the current layout of the farm. Remember, drawing new fences line on the aerial photograph does not force you to shift good fence, however the process may expose a fence line(s) that should not be replaced in the same location when they need repairing.

At this stage you'll be asking yourself questions like: Where are the different soil types and landforms across the property? Do they need to be managed differently? Does water logging in areas impact on my farm's productivity? Can moving stock around the farm be made easier and more time efficient? Can the new farm layout be arranged to

help with fire prevention? What are the water requirements of the farming enterprise and fire prevention and can we store that much?

The final stage identifies any potential long-term improvements to the property. Improvements such as: * positioning of drought proof dams * tackling local land degradation issues * effective layout of a reticulated water supply to paddocks * shelter belts locations * long term paddock repositioning based on soil types * land form and sustainable potential * the implementation of strategic fire prevention structures * lane ways to improve stock movement efficiency and time.

The class room sessions and visits to other properties guide the development of your dynamic whole farm plan. At the end of a course you will have a plan which you may or may not wish to redefine further. Developing a whole farm plan which provide you with direction and flexibility in improving the property farm plan.

The Swan Bay Integrated Catchment Management Committee is helping to facilitate and promote a Whole Farm Planning Course due to start in October 2004 in Geelong. The course will be coordinated and conducted by The University Of Melbourne & supported by Department of Primary Industries. Participants must register before Wednesday, October 3rd, 2004

For more information on the benefits of whole farm planning or a registration form call Steven Smithyman on 52298432 or 0417 231853.

*conditions apply

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Bowen Therapist
& Naturopath
Member of A.N.T.A.

Drysdale: Clinic 03-5251 1188
Ah 03-5253 2230
(Rear of Elegant Profile)

Car Parking upgrade

The City of Greater Geelong will fund \$20,000 to upgrade the car parking situation in the Drysdale area.

Limited car parks in the area has been a major problem in recent years and with the extension of the Drysdale shopping centre combined with the town booming at a frenetic rate - parking is now at an absolute low.

Co-ordinator of Statutory planning Terry Demeo said several car

parks in the Drysdale shopping centre will be upgraded.

"Our aim is to be able to put pedestrianisation into Hancock Street. We are required to upgrade the lower carpark in Wyndham street and to utilise and enhance the far end car park (near church) and provide extra car spaces," he said.

Cr Heather Wellington said the upgrade comes at a much-needed time for the Drysdale community.

"At the moment parking is a premium around the Drysdale shopping area...people should be encouraged to use the carpark next to the Safeway complex near the Drysdale Uniting Church. There is a long term strategy in place that will ensure parking in Drysdale is a lot easier for the community," Cr Wellington said.

With Summer in sight, the upgrade is expected to be finished by December.

By **Brent Diamond**

Faggs Mitre 10 - '150 tree project'

Early this year there were 60 schools involved in a project to celebrate Faggs Mitre 10's 150th Anniversary. An amount of 150 trees were sent out to the schools and community services that were willing to be involved. Faggs Mitre 10 started this project to encourage the students to get involved in helping the environment by planting trees. A group of men from Mitre 10 came out to our school earlier this year and donated

the plants, stakes and protective bags. These men talked to the students about the importance of the environment and then demonstrated how to plant a tree.

The students themselves then planted trees and watched them grow. All community services were invited to an afternoon tea on Thursday the 19th of August. The afternoon tea was a celebration of the completion of the project. Our

school was represented by Mrs. Anne Hollander, Keenan and Julia. All schools were presented with a certificate for participation. Faggs Mitre 10 is looking forward to inspecting the schools that participated in the project.

By **Julia 4TW and Keenan 4RR**
School Captains of Clifton Springs Primary School.

Clifton springs pre-school news

All the children at kinder this term have participated in a variety of interesting activities.

The term started off with building an egg carton cubby house. Yes you heard right! The children have been saving their empty egg cartons and have almost completed their egg house. It has been lots of fun and the kids have been very excited about how you can make a cubby house out of just about anything.

Just recently some "Roaming Reptiles" came to visit. The children got to experience some "hands on" interaction with frogs, snakes, lizards, tortoises and even crocodiles! I'm sure some of the parents were glad it was the kids and not them. As expected, the children enjoyed having a touch of each reptile and learning about how they live.

A special visitors night was also held at the kinder. This night was organized so working parents and/or a special friend or relative could share some kinder experiences with their child.

Well that's the best of our news at kinder. Just a reminder that enrolments are now being taken, so please feel free to call Eril or Julie on 52513158.


Foster care program

**Are you energetic?
Do you have a spare room?
Do you have something to offer?**

We are currently looking for a special couple/person to provide care for three adorable children aged 18 months, four & ten years. Option to live in Glastonbury home, or in own home. Tax free reimbursement plus Centrelink entitlements as appropriate. Training and support provided.

The applicant would be required to undergo a Police Check and hold a current driver's licence.

For further details contact Lisa Dyson or Emma Moore on 52226911.


BELLARINE
VETERINARY PRACTICE
DRYSDALE

WATCH THIS SPACE

**We are moving
to bigger premises
soon!**

**Please phone
for appointment on
5253 1393**

Reed dental centre is on the move

Dr John Reed, Dr John Chung and staff at Reed Dental Centre are pleased to inform the Drysdale community and its patients that commencing from Monday the 20th of September they will be relocating to join the Drysdale Physiotherapy Clinic at 27-29 High St. Drysdale.

Reed Dental Centre will continue to provide the highest level of customer service and up to date dental care and treatment. We provide all types of dentistry from general restorative and preventative dentistry, to the more complex aspects of cos-

metic dentistry, dentures, crown and bridge, tooth whitening and implants.

Both Drs Reed and Chung pride themselves in providing quality dental care in a caring personal service. They are aware that many patients may find the experience of a dental procedure to be a stressful event and aim to overcome this common apprehension. Fortunately, modern dentistry is not the trauma it once was and indeed the whole procedure can and should be a pleasant encounter.

Our caring staff, Donna, Wendy, Amber and Kay, would be more than happy to answer any questions you might have about Reed Dental Centre and our services provided by Drs Reed and Chung. They can be contacted on 5251 1108 (Drysdale) and 5229 9779 (Geelong). Should you wish to inspect our new modern rooms please feel free to visit the practice when you are next on High Street. We look forward to seeing you at the surgery in the near future.

Total Care Podiatry Cares for Your Family's Feet

Total Care Podiatry provides a podiatry clinic in Drysdale from the newly renovated Drysdale Physiotherapy and Sports Injury Clinic in High Street Drysdale.

Total Care Podiatry would like to introduce its new podiatrist's, Inga Liubinas and Sue Partridge. They are qualified to care for the concerns of all those who are either young or young at heart!

Services offered include the treatment of

- * foot pain
- * flat feet and 'fallen arches'
- * children's foot and leg posture and concerns
- * sport related injuries
- * diabetes assessments and related complications
- * Wound and ulcer management
- * muscle and joint assessments
- * General foot care: corns, calluses, nails

Sue and Inga look forward to continuing their care for the people of the Bellarine Peninsula.

If you have any questions, please feel free to contact us or visit our web site at www.totalcarepodiatry.com.au

Our phone number is 5251 2958. We are open Monday to Wednesday, 8:30 a.m. to 4:30 p.m.



Naturopath

Lisa Taylor N.D. (A.N.T.A.)

Drysdale Community Health Centre
21 Palmerston street

Monday & Thursday
appointments ph: 5251 2291 AH: 5251 2544

Also available at Carmoora Clinic, 343 Moorabool St.

Wednesday & Friday: Ph 5223 2616

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DRYSDALE FIRE BRIGADE ANNUAL 'GARAGE SALE'

**Saturday October 23rd
From 9.00 a.m. to 1.00 p.m.**

The Drysdale Fire Brigade will once again be holding it's Annual "Garage Sale" including a "sausage sizzle", at the Fire Station.

Any donations of saleable goods of any description i.e. Good clean clothes, books, bric-a-brac, furniture, equipment, electrical goods, tools, toys etc., or a cash donation would be greatly appreciated.

Goods can be dropped at the Fire Station on Sunday mornings or Monday nights from October 11th or the Brigade will collect saleable items. Please phone one of the following to organize collection:

Bev Serle on 52512576 Robert Aylwin on 52512263 or 0410 566121 Jenny Rundell on 52533257 or 0431 476311

The DRYSDALE FIRE BRIGADE is currently in need of additional members, especially those like shift workers or parents with children at school that would be able to enhance our daytime response capabilities. So if you are male or female, over the age of 16years and would like to make a valuable contribution to the community in times of need, then we would like to hear from you.

To inquire about membership please contact:

Des Connor	Captain	52512783	0418 522 881
Jeff Stewart	Lieutenant	52532240	
John McDonald	Lieutenant	52533346	0408 525 339
Robert Aylwin	Lieutenant	52512263	0418 566 323
Veronica Magennis	Secretary	52511351	

The brigade meets every Monday night at the fire station at 7.30pm or Sunday mornings at 9.00am and new members are welcome.

Emergency number (Fire calls only)	000	
Brigade Captain - Des Connor	52512783	0418 522 881
Brigade Secretary - Veronica Magennis	52511351	
Brigade Business number	5253 1444	

Springdale Neighbourhood Centre

COURSE GUIDE TERM 4 - 2004

Human
Services



Address: 14 Princess Street, Drysdale

Phone: 5253 1960

Fax: 5253 3050

Email: office@springdale.org.au

Opening Hours: Monday - Thursday 9:30 am - 3:30 pm



Adult Education in
the Community

SpringDale is your local Community Neighbourhood Centre

ENROLMENT & PAYMENT INFORMATION

Enrolment

- To book into a class, call in person to SpringDale Neighbourhood Centre, 14 Princess Street, Drysdale or Phone 5253 1960.
- If you hold a current Concession or Health Care card you will receive a 5% discount on full course fees.
- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than one week prior to the commencement of class.

- Should a class be cancelled due to lack of enrollments or another reason, fees are refunded in full and enrollees notified.
- Payment can be made in person at SpringDale or by phone.
- People wishing to withdraw from a course must do so prior to commencement of the course.
- Where fees have been paid a refund will be issued with an administrative fee of \$8.00 deducted.
- Where a person withdraws after commencement of a course, no refund will be issued.

Payment/Refunds

- Credit card facilities are available for payment IN PERSON OR BY PHONE.

Privacy

The Neighbourhood House respects your right to information privacy. Information collected and held on SpringDale participants, is kept in accordance with information privacy laws.

Health and Wellbeing

Pilates

Pilates works on postural alignment, breathing and relaxation. It strengthens the deep core muscles of the body, increasing strength and flexibility, encouraging efficiency of movement.

Date: Fridays 22nd October-10th December (excludes Friday November 12th)

Time: 12-1pm (7 sessions)

Fee: \$70

Venue: Drysdale Hall, High Street, Drysdale

Tutor: Ian Holmes

Students to bring a mat

Or

Date: Wednesdays 20th October-1st December

Time: 7.30-8.30pm (7 sessions)

Fee: \$70

Venue: Springdale in Childcare Room

Students to bring a mat

Menopause The Natural Way

Menopause is a normal and natural phase of a woman's life. This session presents a holistic approach to menopause. It will look at what happens to a woman's body during this stage of life and explore a variety of ways to make this transition easier, healthier and more balanced.

Date: Thursday 28th October

Time: 12-3pm (1 session)

Fee: \$20

Venue: SpringDale

Tutor: Helen Watt

Sanity in the Supermarket

Light/Lite, sugar free, glycaemic index, reduced fat, low fat! Are you confused?????????

A dietician from Bellarine Community Health will talk about understanding food labels on your every day shopping list. Come along and learn how to accurately read and understand food labels.

Date: Wednesday 17th November

Time: 1-2pm (1 session)

Fee: \$2

Venue: SpringDale

Tutor: Angela Walker (Dietician; Bellarine Community Health)

Bring along any labels you particularly want discussed

Food Facts and Myths

High protein, Low carbs, eat fruit before 12pm, no carbs after 5pm, don't drink with food, no vegetable oils. So what do I eat and when can I eat it ?????????!!!!!! A dietician from Bellarine Community Health will help to sort out food facts from fiction and debunk some common food myths. Become healthier and wiser.

Date: Wednesday 24th November

Time: 1-2pm (1 session)

Fee: \$2

Venue: SpringDale

Tutor: Angela Walker (Dietician; Bellarine Peninsula Health Centre)

Bring along any questions you want answered.

Tai Chi

Start your day with this gentle, relaxing form of exercise. Tai Chi helps to develop concentration, control and strength. Tai Chi is wonderful for everyone (including those who suffer from arthritis). Bring a friend, some comfortable clothes and shoes and enjoy the benefits of this age old form of exercise.

Tai Chi Continuing (For those with previous experience)

Date: Friday 15th October-November 26th (excludes 12 Nov)

Time: 9:30 am - 10:30 am

(6 sessions)

Fee: \$60

Venue: Drysdale Hall, High Street, Drysdale

Tutor: Faye Blainey

Tai Chi Beginners

Date: Friday 15th October-November 26th (excludes 12 Nov)

Time: 10:30 am - 11:30 am (6 sessions)

Fee: \$60

Venue: Drysdale Hall, High Street, Drysdale

Tutor: Faye Blainey

Yoga Classes

Monday Yoga at Portarlington

Exercise through breathing, stretching and relaxation.
Date: Monday 11th October-15th November
Time: 9:15 -10:45am (6 sessions)
Fee: \$65
Venue: Portarlington Guides Hall, Sproat Street, Portarlington
Tutor: Glenda Breedveld
Materials: 1 Rubber mat

Tuesday Evening Yoga at Drysdale

For relaxation and balance of mind and body.
Date: Tuesdays 19th October-14th December (excludes 9th November)
Time: 7:30 pm - 9:00 pm
Fee: \$85 (8 sessions)
Venue: Drysdale Hall, High Street, Drysdale
Tutor: Inner Cor (Tutor:Linda)
Materials: 1 Rubber mat

Thursday Evening Yoga Classes Drysdale

For fitness, stress relief and clarity of mind.
Date: Thursday 21st Oct -16th December
Time: (1) 6:00 pm - 7:30 pm
Fee: \$95 (9 sessions)
Venue: Bellarine Peninsula Community Health Centre, 21 Palmerston Street, Drysdale
Tutor: Glenda Breedveld
Materials: 1 Rubber mat

OR

Date: Thursday 21st Oct -16th December
Time: (2) 7:45 pm - 9:15 pm
Fee: \$95 (9 sessions)
Venue: Bellarine Peninsula Community Health Centre, 21 Palmerston Street, Drysdale
Tutor: Glenda Breedveld
Materials: 1 Rubber mat

Strength Exercises for Over 50's

This course is run by an experienced exercise physiologist and incorporates the principles of graduated resistance training to prevent and help restore strength lost through ageing. Research has shown this type of program can be beneficial for sufferers of osteoporosis, arthritis, diabetes and heart disease. The course also aims to increase basic fitness. It will be conducted in the Drysdale Physiotherapy Clinic's new gymnasium, located at the corner of High St and Eversley Streets, Drysdale (opposite Video Ezy). The pace is gradual and is suitable for most people.
Date: Tuesdays Commencing 5th October
Time: 6.15-7.30pm

Fee: \$85-(8 sessions)
Venue: Drysdale Physiotherapy Clinic 27-29 High St
Tutor: Ms Lyndal Dew -Exercise Physiologist
Phone the Clinic on 52512958 to book or enquire.

First Aid Classes

Post Natal Depression- A Community Forum

Postnatal depression is often termed the 'smiling depression'. New mums often smile their way through depression, feeling guilty that they are not happy with new life after baby. Depression disrupts peoples lives at a crucial time and can have effects on the baby, older children and couples relationships. For more information on postnatal depression, interested persons can attend a Community Forum being held by Bellarine Community Health and Springdale Neighbourhood Centre
Guest Speaker: Beth Gammel (Co-ordinator St. John of God Postnatal Depression Program)
Date: Saturday October 30th
Time: 1-3pm
Venue: Drysdale Hall, High St Drysdale
Limited Childcare Available
For Bookings Phone Springdale on 52531960, or Denise Heathcote 52512291

First Aid Level 1

Participants who complete the module successfully will be competent in managing life threatening emergencies at home, leisure or in the workplace.
Date: Saturday November 20th
Time: 9:00 am - 5:00 pm (1 session)
Fee: \$70
Venue: Drysdale Hall
Tutor: National First Aid
BYO Lunch

First Aid - Level 2

Level 2 covers all modules taught in Level 1 plus additional emergency treatment and management procedures. It is an Accredited Certificate, valid for 3 years (with CPR updates) and is required in many courses and work places.
Date: Saturday November 20th and Saturday November 27th
Time: 9:00 am - 5:00 pm (2 sessions)
Fee: Full fee - \$140/ Subsidized-Cost \$70
Venue: Drysdale Hall
Tutor: National First Aid
Subsidized places are available for volunteers, those seeking employment or further education and training.

CPR Update

(Cardiopulmonary Resuscitation)
Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually.

Date: Saturday November 20th
Time: 9:00 am - 12:00pm (1 x 3 hour session)
Fee: \$35
Venue: Drysdale Hall
Tutor: National First Aid
All First Aid Courses are Accredited

General Interest and Skills

Narrative Matters- Story Telling

We all have a story to tell. The process of telling stories gives recognition and meaning to the pattern of our lives, providing merit to our memories. This program guides and facilitates the development of a short text that captures a significant moment, place or person in your life. A personal voiceover of your story is recorded and developed on CD which is then available for you or as a keepsake for family or friends.
You may choose to recount the story of a travel adventure, a special event, capture a family story, a significant achievement, an important time in your life, or make a tribute to someone special. Participants are asked to come to the first session with a story idea in mind.
Date: Thursdays 21st and 28th October and 4th November
Time: 1-3pm (3 sessions)
Fee: \$65 per person (+\$10 per student to tutor for the CD)
Venue: Springdale
Tutor: Abigail Carmody

The Summer Garden/ Going Potty

Wayne will talk about preparing your garden for this season to give it the best chance of it (and you) surviving the extremes. Also, have you ever thought about growing your vegies in pots or containers? Well there is no excuse-everyone can. A great activity for young and old. Find out more!
Date: Tuesday 9th November
Time: 10.30-12pm (1 session)
Fee: \$2
Venue: Springdale
Tutor: Wayne Long (The Portarlington Nursery)

Apply Food Handling and Safety

Great for school Leavers, volunteers and those already working in food related areas. This accredited module will give knowledge and skills in correct and safe food handling storage and hygiene. Update your skills and improve your job prospects today.
Date: Thursday 11th November
Time: 9-4.30pm
Fee: \$70(\$50+\$20) Subsidized
Venue: CFA High St Drysdale
Tutor: GATE (Glenn Sherry)

Food Safety Supervisor

Food businesses must have a Food Safety Supervisor. The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. The person nominated as Food Safety Supervisor can be: owner, manager, supervisor, head chef, independent consultant to the business.
Pre-requisite: Participants must have successfully completed Apply Food Handling and Safety
Date: Thursday 18th November
Time: 9-3.30pm
Fee: \$60 Subsidized
Venue: CFA High St Drysdale
Tutor: GATE (Glenn Sherry)

Art and Craft

Drawing for Beginners

Learn various techniques that will enable you to draw still life using pencil. Our tutor is on hand to encourage and guide you in a friendly and supportive manner. This class may just inspire you to further studies in Art in the future.
Date: Thursdays 21st October - November 18th
Time: 10-12pm (5 sessions)
Tutor: Gladys Guerrero-Lozano
Fee: \$50
Venue: Springdale NHC
Materials: 3B pencil, eraser, sketch pad

Introduction to Folk Art

(Decorative Painting)
Come along and enjoy this fun afternoon in a relaxed and friendly environment. All materials will be provided so you can leave with a finished product. Bring along some lunch and a friend.
Date: Saturday 30th October
Time: 10-3pm
Tutor: Julie Morrison
Fee: \$35 (+ \$2 paid to tutor for a small kit)
Venue: Springdale NHC

Scrapbooking Workshop

Preserve photos from the past, enrich photos in the present and inspire hope for the future. This class is for current scrapbookers but if you are a beginner and would like to attend, ring Sally at Springdale on 52531960 to arrange.
Date: Wednesday 27th October
Time: 7-10pm (1 session)
Tutor: Roz Murphy
Fee: \$15 per person
Venue: Springdale

COMPUTER CLASSES

Subsidized places are funded through ACFE Funding (Adult Community & Further Education) and are available for those seeking re-entry into the workplace, the unemployed and those over 55 years of age.
All computer classes are held at Springdale Neighbourhood Centre

MYOB for Beginners

These sessions are designed for those just starting out. Learn how to set it up and get it going. This course will give you a basic foundation of how to use MYOB in your business.
Date: Wednesday 20th and 27th October and 3rd Nov
Time: 6.30-8pm (3 sessions)
Fee: \$55
Tutor: Terry Thorpe

Introduction to Computers Level A

Learn how to use a mouse and keyboard with greater confidence, open, close and navigate around the computer. A friendly supportive class and environment to get you started.
Date: Thursday 21st October-9th December
Time: 10-12am (8 sessions)
Fee: Full course fee: \$100
Subsidized: \$60 (\$50 + \$10 amenities)
Tutor: Lyn Brook

Introduction to Computers Level B

Develop your skills that bit further. Skills acquired include saving, creating and formatting a document, using the spell check, thesaurus and file management.
Date: Wednesday 20th October-8th December
Time: 10-12am (8 sessions)
Fee: Full course fee: \$100
Subsidized: \$60 (\$50 + \$10 amenities)
Tutor: Lyn Brook

Introduction to Computers-Publisher

An introduction to Publisher. This class is also great for those who want to make their own flyers, brochures, cards and invitations, letterheads etc. Use ClipArt, WordArt, the Drawing Toolbar and more. These skills can improve your ability to create documents for work, study or as a volunteer in an organisation.
Date: Thursday 21st October-25th November
Time: 1-3pm (6 sessions)
Tutor: Lyn Brook
Fee: \$50 Subsidized

Email with Attachments

Learn how to use your email more confidently for work or leisure. BYO questions
Date: Tuesday 26th October
Time: 1.30-3.30 pm
Fee: \$20
Tutor: Lyn Brooke

Childrens Programs

Music and Movement

Enjoyment of music, dance and song to encourage the development of beat, rhythm, tempo, pitch and harmony - all while having fun. This is a great way for little ones to develop confidence, self-esteem, concentration, memory, listening, language and self-expression
Date: Tuesdays Commencing 19th October-7th December
Time: 9:15 am -10 am (8 sessions)
Or
10am-10.45am
Fee: \$50 per term
Venue: Drysdale Hall, High Street, Drysdale
Tutor: Trish Redman

OCCASIONAL CARE

A three-hour session will give your child an opportunity to socialize and play with other children in a supervised program with qualified staff.

Sessions are:
Monday, Tuesday, Wednesday and Friday mornings 9:00 am - 12:00 pm
Thursday 9am-2pm (waiting list may apply)
For further information please phone the Centre on 5253 1960. Sessions run during school terms only

BELLARINA TOY LIBRARY

The Toy Library is open Saturday mornings 10:30 am to 11:30 am. We have some fantastic toys to borrow (ages 0 - 6 years) so come along and see what we have to offer!

SPECIAL INTEREST GROUPS

WEEKLY CRAFT GROUPS

Wednesday Morning Group (Sew & Sews)
10:00 am - 12:00 noon

Wednesday Afternoon Group (Whichcraft)
1:00 pm - 3:00 pm

Friday Afternoon Craft Group
1:00 pm - 3:00 pm

Springdale Friendship Patchwork and Quilting Group
Meetings take place on the fourth Thursday of the month at Drysdale Hall, High Street, Drysdale Time: 10:00 am - 12:00 pm. Ring the centre for more details

Springdale Singers
A mixed voice choir meeting on Tuesdays from 1:30 pm to 3:30 pm in the Drysdale Community Hall. New members welcome. Persons interested may come as visitors on any Tuesday.

Writers Group
This group meets the second Thursday of each month 1:00 pm - 3:00 pm at Springdale Neighbourhood Centre, 14 Princess Street, Drysdale. New members welcome. Ring Springdale for more details.

Queenscliff & District Woodworkers
Meet first and third Monday of the month at 2:00 pm at Drysdale Community Hall, High Street, Drysdale.

New members welcome. Just turn up if you are interested.

Friendly Writers Group
Meet every second Monday evening at the Centre (7:00 - 9:00 pm). Ring Springdale for further information.

PC User Help Group
The aim is for people to meet monthly (the 2nd Tuesday of each month) to discuss computer problems and share particular areas of interest. This is not a class but a forum for like-minded people to get together in a friendly atmosphere. Meetings For Term 4 : Tuesday 14th October, 9th November, December 14th. All Welcome
Time: 4:00 pm - 5:30 pm
Fee: \$2 per meeting (free tea and coffee)

Facilitator: Joy Teague
Venue: Springdale Neighbourhood Centre, Drysdale
Belly Dance Group
Meet Fridays during school term at The Drysdale Hall 6.30pm. Ring Springdale for more details.

Express Your Interest

Springdale is always interested in ideas about what you would like to do at the Centre. If we can get a few more like-minded souls together, we may be able to get your idea up and running. We are also happy to refer if we know someone else already has

what you are looking for. Anyone interested in a **CHESS CLUB?**

Career Information Resource Area

Springdale has begun to develop a Career Information Resource area at the Centre. We are building up general information about the types of career and study options available to people today. If you are mature age, it may provide a first step in exploring a new career/life direction!

OTHER SERVICES
Springdale also provides facilities to the public which include:

- > Computer access (Ring to check availability)
- > Internet & Email access (Ring to check availability)
- > Photocopying
- > Faxing
- > Hall and room rental

Please Note : Springdale will be closed from Monday 20th September for the school holidays. Re-opening on Monday 4th October. If you are interested in participating in any of the above classes or would like more information about anything in this guide, please fill in the form below and send or drop in.

Course Reply form

Name:
Address:
.....
Phone : Home: Bus:

- * I am interested in information about a course (course name and date commencing):
- * I am interested in information about an Interest group :
- * I would like to enrol in : (course name and date)

Please tick one:
 Attached is my cheque for the course. I will come in and pay for the course at least a week prior to the course commencing. I have completed the credit card slip below:

Visa/Bankcard/Mastercard : Creditcard No: _____
Name of Cardholder: _____
Expiry date: Amount: Signature:

We are interested in your comments about this system and would be happy to hear ideas for improvement (this is a trial - and is especially important as we won't be in the office over school holidays)
Postal details are on the front of this guide - please feel free to add extra paper if you'd like to enrol in more than one course. **Thank-you**

**THE 10th ANNUAL
DRYSDALE FIRE BRIGADE**

'MELBOURNE CUP'

LUNCHEON 2004

TUESDAY 2nd NOVEMBER

AT

THE CLIFTON SPRINGS GOLF CLUB

SPRING STREET, CLIFTON SPRINGS

10.30 am START



- ☞ COMPLEMENTARY SHERRY or CHAMPAGNE ON ARRIVAL
- ☞ THREE COURSE MEAL
- ☞ TEA, COFFEE AND PUNCH ALL DAY
- ☞ BAR FACILITIES
- ☞ LIVE TELECAST OF RACES
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	Nicole McGrath	☎	5251 1123 or 0438 511 124
	Jenny Rundell	☎	5253 3257 or 0431 467 311

All proceeds go to the Drysdale Fire Brigade - A Volunteer Brigade serving the community

ENGQUEST 2004

During Term 2 & 3 the Level Fours have been constructing cars that run on a renewable energy source. The criteria were that the car had to drive one metre in a straight line. Well, soon enough all cars were finished and they were ready for the school final. Cars of all shapes and sizes were presented at these finals. On Friday 23rd July all teams from the Level 4's lined up in the gym nervously waiting for their turn. A

team of nine qualified, including a group of Grade 6 girls: Julia, Zoe and Skye. These girls constructed a car named after the famous race car "Chitty Chitty Bang Bang". Their car was made from balsa wood, milk bottle lids, duct tape, PVA glue, straws and skewers. The Waurin Ponds finals were held at Deakin University on the 7th of August. The judges finally were organised after 30 minutes and started observing

the cars. They judged all nine cars and tallied up the scores and then they announced the winner. The overall winning group was Chitty Chitty Bang Bang. Julia, Skye and Zoe have now qualified for the finals at Federation Square on Monday 6th of September. WELL DONE!!!!!!

By Julia 4TW, Zoe 4TW & Skye 4TW, Clifton Springs PS

The Drysdale Uniting church

The Drysdale Uniting Church is now open Wednesdays 10 am. to 12 noon and Thursdays 1.45 p.m. to 5.00 pm. for private prayer and devotion. Rev Peter Cannon is available each Thursday.

The church holds 2 services each Sunday: 9 a.m. Contemporary, and 10.45 a.m. Traditional. Coffee and chat is held 10 a.m. each Wednesday, and Youth Club twice a month on Friday evenings. Enquiries at the Church Office - Telephone 52531336.

The annual Garage Sale will be held in the Shepherd Hall, at the rear of the Church on Saturday 25th September from 8am. Gifts of saleable items would be appreciated.

Please phone Betty 52513623 or Lesley 52512674 for enquiries or pick up.

At the garden gate

Garden Notes for September

This month we can enjoy the colour and perfume of Spring. Golden daffodils and all the other bulbs will bring us great delight. Kyneton is a great place to visit in early September to see daffodils.

Well designed and planted gardens can look attractive in all seasons by planting various shades of green foliage.

To do this month-

- Remove spent primulas and forget-me-nots as soon as the flowers are finished.
- Prepare ground for Summer annuals. Protect seedlings from snails and slugs.
- Plant seedlings of ageratum, aster, begonia, cosmos, daisy, dianthus, hollyhock, impatiens, lobelia, pansy, petunia, snapdragon, statice, sweet William, verbena, viola, zinnia. Or simply buy what you can see in the nursery!
- Vegetables: - broccoli, cabbage, capsicum, carrots, celery, cucumber, leeks, lettuce, parsnip, peas, potatoes, silver beet, onions.
- Plan which Open Gardens you are going to visit in a few week's time.

Clifton Springs/Drysdale Garden Club meetings and speakers -
September 19th. "Chooks in the Garden." Speaker. - Suzanne Stocks.

October 18th. "Looking after your back in the garden."

All meetings commence at 7.30 p.m. in the Uniting Church Hall. Rear U.C. High Street. Drysdale. ALL WELCOME. Enquiries -Ph; 52505545 Wendy Hebbard

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Dinner 6.00p.m. - 8.30p.m.

Social Membership
Only \$5.50

NEW SPRING MENU
OUT SOON

September
Live Entertainment
(7.00pm-10.00pm)

Friday 3rd - Shaun Keet

Friday 10th - Hot Ice

Friday 17th - Blue Wax

Friday 24th - Guy Hennequin



Sunday to Thursday Evening
\$4.70 Meal Deal
Buy one main meal off our regular menu and
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Phone Bookings-52513391

The news at Drysdale primary school.

Term Three at Drysdale Primary School has been extremely busy with many positive challenges and events for the children....

24 children in Grade 6 have participated in a Robotics program. Under the supervision of Mrs Black and Mr Page, 9 robots were constructed and entered into the Dance section of the "RoboCup" Junior Geelong Regional Competition. This section involved the children programming their robots to dance to music within a 3 metre by 3 metre area for over a minute. Three teams from Drysdale Primary were successful in this competition and went on to represent our school at the State Championships in Melbourne on the 7th August. Rebecca Sanderson and Samantha Durran received first prize in the dance section. Well Done Girls! Also, congratulations to all the Year 6 students and their robots.

Drysdale Primary conducted the Oz spell competition in the hall. 44 students from Grades 3-6 participated. Representing Drysdale Primary School in the District finals are Cassie Page (GR 6) Shaun Harman (Gr 6) and Robert Lamont. (Gr 5) Good-luck to these students!

The Grades 3-6 students participated in the Athletic Sports day at Landy Field on the 11th of August. With the fantastic organisation by Mr Campbell the help of many parents and teachers the day was a success.

On Wednesday the 11th of August, Grades 3-6 competed in the Athletic Sports. We got there by bus. When we arrived at Landy Field, I was nervous, but I still did the events. My first event was the 100 metre sprint. I tried my best.

By Adele Keating.

On the 12th of August, the Year 3 students participated in the annual 'Geelong School's Music Festival', held at GPAC. The students performed a "Village People" medley. Their performance and behaviour on the day was superb. Many parents enjoyed the presentation. "When we went backstage, my heart was going like a humming birds wings. Everything looked foggy for some reason. In a few minutes, everything was over. Phew!!"

By Dominic Powell

The weather threatened to ruin our Olympics Day on Friday 13th of August, but nothing could dampen the spirit and enthusiasm of the children in celebrating the 2004 opening of the Olympics. The ceremony was fantastic. Our games were opened by Alex Harris, a paralympion. "Hi everybody," said Alex. (A gold medallist swimmer) "Let me show you my medals." With that, Alex took medal, after medal out of a box. He had over 60 medals and a 50 metre Freestyle

record from 1997. I enjoyed listening to Alex.

By David Curran.

With the weather looking the way it was, I thought we would not have Olympics Day at school. I was right. It was too wet to be outside on the oval, but we still had the opening ceremony in the hall. All of the grades from Prep to Six represented a country and paraded around the hall.

By Emily Bevan.

Did you know? The Drysdale Community market has been running for 25 years. The markets vitality relies heavily on the creative talent of more than 100 stall holders. All goods for sale are hand grown, produced and crafted. Volunteers from the school staff and parent body help to run the market. Monies raised from the market are used to benefit the students at Drysdale Primary School by improving the grounds etc. The season for the market resumes on the third Sunday in October, so come along and support the market. If you can assist in any way or if you are interested in starting a new enterprise at the market, please contact Renate Adams on 52 512642.

Next up this term is the School Concert. Students and teachers are busy with rehearsals for this exciting event to be held on the 8th and 9th of September.



TRIVIA CHALLENGE Compiled by Peter Sharp

Apologies to Peter & Readers for Typing Error in Question 1 last edition!

QUESTIONS

- 1 Other than swimming, in which team sport did Johnny Wiesmuller win an Olympic Gold Medal?
- 2 How many Olympic rings are there?
- 3 What colour are the Olympic rings?
- 4 In which year did Sir Robert Menzies pass away?
- 5 In which year was Decimal Currency introduced into Australia?
- 6 Which comic character owns Snoopy?
- 7 Which country won the 1970 World Soccer Cup?
- 8 Where will the 2006 Commonwealth Games be held?
- 9 With which sport do you associate the nickname "The Golden Bear"?
- 10 What breed of dog is television's Rin Tin Tin?
- 11 Who played Inspector Jack Regan in "The Sweeney"?
- 12 In "Friends", what is the name of the local coffee shop?
- 13 Who sings "Achy Breaky Heart"?
- 14 In "Rambo" movies starring Sly Stallone, what is Rambo's first name?
- 15 In "Blue Heelers", who plays Sgt. Tom Croydon?
- 16 In which N.S.W. town is the "Big Merino"?
- 17 By which other name is singer Bruce Springsteen also known?
- 18 Who owned and rode a horse called "Trigger"?
- 19 What are "Granny Smith", "Johnathan" and "Golden Delicious"?
- 20 In which Australian state or territory would you find the city of Devonport?

ANSWERS PAGE 23

Drysdale Ladies Probus Club Inc. A002135YE

Spring is with us, and the possibility of some lovely weather on the way. Isn't it nice to see the wattle in bloom and all those lovely spring blossoms everywhere?

The "Tim McCallum" concert at the "Potato Shed" was really enjoyed by all those who attended, a very talented artist.

Well the Olympics have come and gone for another four years. Well done Australia! Athens didn't have it all to itself, our Club could match any thing they did over there. So much hidden talent in our midst - the cream certainly came to the top on August 23rd when our athletes were put to the test after a really amazing "Opening Ceremony". Thank you very much to all who participated.

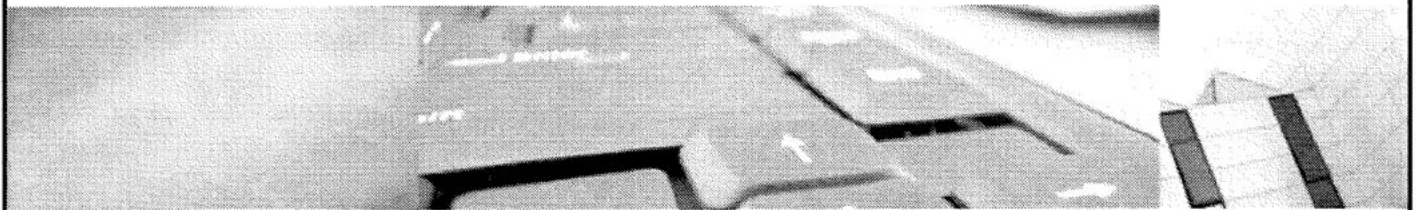
"Christmas in July" at the Portarlington Golf Club was enjoyed by all. We always look forward to our Fashion Parade in October, sponsored by our local Boutique "Le Shah"

*Bye till next time
Glad Sharp*



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New extensions & new directions at Drysdale Physiotherapy Clinic

We have been quietly building away on the corner of High & Eversley Streets for the past three months and now we are very excited to let people know about the changes we have made to improve physiotherapy and allied health care services for our local community.

The new extensions include a gymnasium space where our patients will be able to undertake a range of fitness and rehabilitation exercise programs, including Pilates, strength and fitness training. These programs are designed for all ages and levels. Yoga classes will also be available at the gym. The exercise programs

will be designed by an Exercise Physiologist or physiotherapist to cater for the specific health needs of each patient.

The extension also includes a new reception area for our clinic and rooms for the Reed Dental Clinic. They have a long history of care in Drysdale and will offer complete and professional dental care in new, purpose built rooms.

The old building, once the Police Station, gets a complete makeover, providing improved facilities for both Drysdale Physiotherapy and Total Care Podiatry. The Podiatry Clinic has extended its hours to three

days each week. Marg Hole continues her excellent Myotherapy/massage sessions for muscle related problems.

The physiotherapy clinic continues to offer services for the treatment of spinal, sports, orthopaedic, muscle and posture related problems for people of all ages.

Appointments are available from 8am to 8pm Monday to Friday, as well as Saturday mornings.

This is an exciting time in our clinic's development and we look forward to continuing to care for the health needs of our community.

Queenscliff and district woodworkers inc.

Hi Folks,

Well this is the time of the year when many of our members have hitched up their vans and headed north to warmer climates and who can blame them with winter chills that we have been enduring.

One such group that has not participated in this luxury are the members dedicated to making toys for those kids that are not as privileged as many others, and look forward to getting some small gift when Christmas time comes around.

Over the last two years the Club has made approximately 700 and 500 toys respectively and donated them to selected charitable bodies for suitable distribution. This type of project takes a considerable amount

of planning and organizing and this year responsibility has been undertaken by the group Coordinator - Frank Harvey. Their aim is that each member of the group will produce at least ten toys by a specified date.

Not only is this time frame critical but also the type of toys that will be made because they have to take into account the large age spread and the different sexes that will be the final recipients.

Other issues that arise are the safety implications, such as no sharp edges, protrusions, holes or gaps that could cause injury and in order to meet these requirements the toys are produced to meet the applicable Australian Standard. In addition suitable timbers have to be obtained together

with the appropriate hardware which includes screws, nails, sand paper and non-toxic glues.

Whilst we have a number of sponsors who provide assistance, we always welcome additional retailers or companies that are willing to assist. If so, Frank would be pleased to discuss any help that could be provided and he can be contacted on 52-562650.

Handing over of the completed toys to the various charities usually takes place by mid November. Therefore to achieve this deadline, the program must be up and running promptly, but this band of dedicated members know what is required and, as in previous years, will meet their commitment.

*Kevin Cass
Public Relations Officer.*

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Travel Talk by Carol McCarthy

Canada & Alaska

A dream holiday that will exceed your every expectation! Join us on our fully inclusive Rockies Explorer and Alaska Cruise Tour, departing Drysdale on the 27th of May 2005.

Touring is the ideal way to travel Canada and Alaska's natural and vast beauty. Visit the majestic peaks of the Rocky Mountains, discover the turquoise -jewelled waters of Lake Louise, explore ancient glaciers and spot whales from a zodiac. Even the most seasoned traveller is unable to experience the daunting peaks and panoramic landscapes of Canada without being touched by a sense of awe.

Yet this is only a taste of what you will experience on our 22 Day Canada and Alaska Tour. Your journey begins when you are transport

from Drysdale to the airport and then on the Vancouver. After a recovering night in Vancouver head off to the charming city of Victoria where you'll spend 2 nights. Tour the city sights and discover the stunning floral displays of beautiful Butchart Gardens - yet that's only the beginning.

Back on the mainland, the journey continues to the alpine towns of Whistler and Sun Peaks before travelling to picturesque Jasper Park Lodge where moose and elk roam free. The Rocky Mountain scenery is nothing short of spectacular as the tours meanders along the famous Icefields Parkway to Athabasca Glacier where you'll enjoy an unforgettable Snocoach ride. Continuing through the Rockies, the tour heads towards famous Chateau Lake

Louise for a night in a fairytale castle, before arriving at the Fairmont Banff Springs Hotel for a 2 night stay. From here it's All-aboard as we join the famous Rocky Mountaineer Rail for a breathtaking 2 day journey to Vancouver seated in spectacular Gold Leaf Class. This remarkable holiday finishes with a magnificent 7 night luxury Alaskan cruise through the famous Inside Passage and spectacular glacial fjords on Holland America's ms Volendam staying in a luxurious Verandah Suite.

For a free colour brochure or bookings call Harvey World Travel, Drysdale - 52511125. Or join us for a FREE Information Evening on Canada & Alaska on September 22nd at the Drysdale Bowls Club, call to reserve your place now!

Womens health service at Drysdale community health centre

Bellarine Community Health provides a qualified women's health nurse for women of the community to access information and health screening. The nurse is an accredited Pap test provider and can provide information on breast health, menopause, incontinence and any other health issue women would like to discuss. The next session at Drysdale is October 21st. For an appointment please contact reception at Bellarine Community Health 52561311

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Where: Drysdale Bowling Club

RSVP: 15 September 2005

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*Conditions apply. Prices are person person, twin share including airfares from Melbourne. Airport Taxes (approx \$165) and port taxes (\$423) are additional. Limited seats, subject to availability. No other discounts apply. ABN 44 004 684 619 Lic. No. 30112

CLIFTON SPRINGS PLAYGROUP INC.

Playgroup is open on
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10.00 to 11.30am

TUESDAYS
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At the CLIFTON SPRINGS
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Spring into Spring!!!

Has winter taken its toll on your weight? Do you need some help and motivation on a sensible weight management program?

Then the Springs T.O.W.N. Club may be what you need. Take Off Weight Naturally with the support of others in the same situation for less than \$ 3-00 per week.

Meetings held Monday mornings 9.30 at the Drysdale Uniting Church. Ring Mary on 52513763 for more details.

Peninsula Players

Continuing the theme of Australian plays, Peninsula Players is now in rehearsal of three one-act plays for it's end of year performance.

The Plays - "Travellers through the Night" by Nancy Cato, "A Fete worse than Death" by Chris Hodson and "Barney" by John Burls, guarantee lots of laughs and just a little pathos.

Members of casts are enjoying rehearsals (a good sign), so mark your diaries for the performance dates: November 10th, 11th, 12th and 13th at the Drysdale Community Hall - Price \$ 12-00.



Drysdale family support

Drysdale Family Support is a department of Drysdale Christian Fellowship which has risen out of a desire to help and assist our community in ways which will make a real difference, particularly to those who are struggling with life at the moment.

Our **FOODBANK** is one way in which we are able to help local families in a very practical way. Sometimes this will take the form of a food parcel for a few weeks, just to help someone get back on their feet; at other times it may involve an extended period of help with advice on budgeting and assistance in accessing other areas of help.

Our **COUNSELLING CENTRE** has also proven to be a great help to people of all ages who looking for help to deal with the many issues that can cause us to feel lost and alone.

Our professional Christian counsellors provide support to individuals, couples and families in a confidential and caring environment.

Our latest venture, **SECOND CHANCE CLOTHING**, has now been operating for over three months at 16 Pinnaroo Avenue, Clifton Springs. Again, our aim is to provide the very best of second hand clothing at an affordable rate, to assist with the ever increasing cost of living. Our wonderful volunteers are making many new friends with those who drop in regularly to have a browse. All profits from the shop are used to expand our other community support programs.

For more information on any of these, or general enquiries about Drysdale Family Support, please feel free to contact our office on 5253 2099

YOUR LOCAL REPRESENTATIVES

Exciting news - you've probably heard that the successful tenderer has been announced for the SpringDale Neighbourhood Centre project and work is expected to get underway shortly.

The State Government has provided over \$360,000 towards the project and I am particularly pleased to see it underway, having written the original submission when I was the Co-ordinator at SpringDale. It will be great to watch the progress of this important development for Drysdale, Clifton Springs and the region.

Another exciting community centre project affecting our region is just beginning in Portarlington. The Portarlington Community Spaces project has State Government funding of \$250,000, with a further grant of \$20,000 being made available to undertake an initial community consultation process. I will keep up to date on this exciting and important project.

Earlier this month I was delighted to be able to announce the Women's Community Leadership Grants program.

Since the State Government introduced these grants two years ago, this program has provided support to many extraordinary women. The program supports women from all backgrounds to develop their lead-

ership skills or help other women achieve their leadership potential

Last year the group, Business & Professional Women Geelong, received a grant to pilot a scheme for providing educational scholarships to disadvantaged young women in Years 10 and 11 at school.

The grants are awarded to organisations, which can receive up to \$5000, or to individual women, who can receive up to \$2000 and will be awarded in a range of categories. These include Rural and Regional Women, Family Violence, Women's Health and Wellbeing, Emergency Management, and Education Work and Economic Independence, and a general category.

Details of these grants are available from my office and I am happy to provide assistance to interested groups or individuals. I strongly encourage women across the Bellarine Peninsula to apply.

It was an honour to attend and to represent the Premier, Steve Bracks, at Vietnam Veterans' Memorial Day Services in Geelong and Clifton Springs.

It was good to see strong representation from the local Vietnam Veterans' Association and the RSLs from across the Peninsula, as well as lots of members of the broader community. These are always very

moving occasions, with great significance for many Australians, acknowledging the sacrifices made and the complex emotions around the Vietnam War. It was good to share that with so many of you.

It was a pleasure to present grants from the Victorian Multicultural Commission at an afternoon tea, generously hosted by Club Italia in Moolap.

Fijians, Dutch, Italian, Maltese and Greek groups were represented, with members from throughout the Bellarine Peninsula and Geelong.

It was a great to have the opportunity to acknowledge the significant, voluntary contribution the groups make within their own communities, but also to the wider Bellarine community.

As always, I encourage you to contact my office if you would like to discuss this further - or have any other issues we may be able to assist you with.

Until next time,

Lisa Neville MP
Member for Bellarine
Shop 1 Newcomb Central
71 Bellarine Highway
Newcomb, 3219
5248 3462

ANSWERS FROM PAGE 19

1 Water Polo, 2 Five (5), 3 Yellow, Blue, Green, Red & Black, 4 1978, 5 1966, 6 Charlie Brown, 7 Brazil, 8 Melbourne, 9 Golf (Jack Nicklaus), 10 German Shepherd, 11 John Thaw, 12 Central Perk, 13 Billy Ray Cyrus, 14 John, 15 John Wood, 16 Goulburn, 17 The Boss, 18 Roy Rodgers, 19 Apples. 20 Tasmania

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SPORTS REPORT

Clifton Springs Tennis Club Inc.

Into the Finals

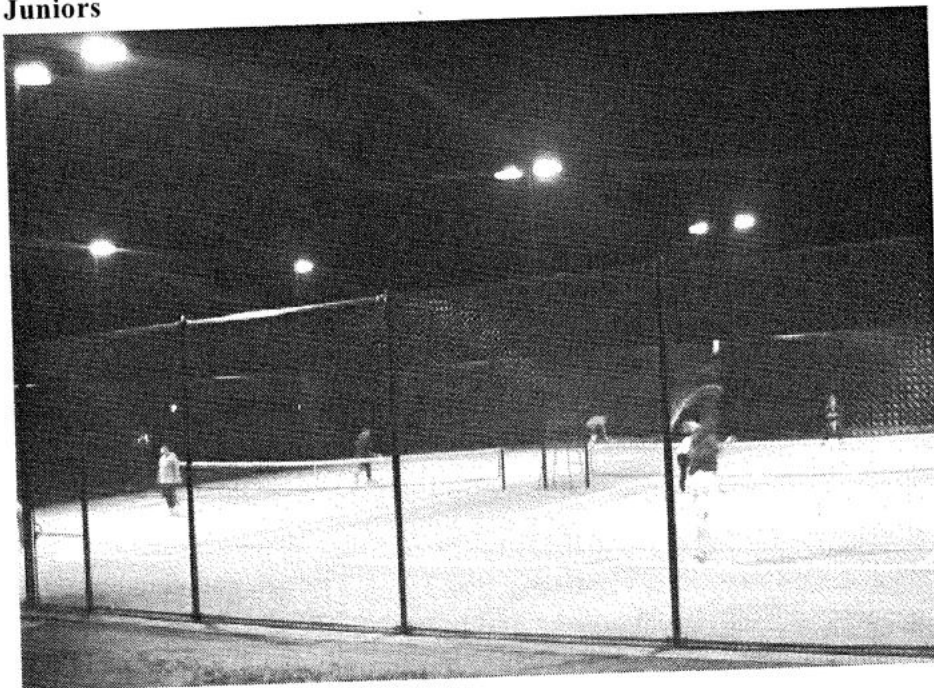
Winter season draws to a close with the finals matches being played on Saturdays for both Seniors & Juniors.

Seniors

Section 5 is in second position going into the finals. As this is a knockout section we will be playing the third placed team and have an excellent chance of going through to the Grand Final the following week. Having recently beaten the top team our prospects are looking good.

Section 6 finished on top of the ladder after the home and away rounds. There is close competition among the top four teams and it should be an exciting round of finals. If we play at our best then we have a great chance of a premiership so good luck all.

Juniors



Section 5 Black girls finished 2nd and have a tough match in the first semi against the unbeaten Bellbrae team. If we play at our best over the finals series we could be there in the Grand Final. Section 20 girls have played brilliantly and remain undefeated. Certainly the favourites for a deserved premiership.

Midweek Ladies

Over half way through the midweek season and everyone is enjoying their tennis. It is good competition now in the Bellarine Association with the addition of new clubs & a broader range of players. Section 8 is in the four and looks promising as finals contenders. Section 6 is playing well in a close competition and is sitting in 5th.

Would you like to emergency for a team? Unforeseen events crop up &

we always need emergency players. Call Glenda if you can help us out.

Summer Players Wanted

Next term sees the start of a new season for Saturday's and Night tennis competition. Can we interest you in a game? Permanent and emergency players are needed and a broad range of abilities are catered for. Give it a go!

For information or to register call Alison (seniors) or Liz (juniors). Teams need to be registered in early September

We have some players interested in a Thursday night competition. More people are needed so give Peter a call if a fun & social game is for you.

With the lights on

It is proving to be a vintage season for Shiraz in this term's "Wine Cup" on Monday nights. However, Cask and Grange are showing depth (aging well!) and challenging the leaders position. Merlot & Cab Sav are still in contention so it's been a good drop of tennis.

Wednesday Night are serving up cocktails, they have combined with the Thursday players for a successful and fun competition. Grasshopper is leaping on, Margarita rocks on, Pink Slipper kicking on, Bloody Mary keep their heads and Harvey improves their position.

As the nights warm up we will start a Thursday night comp if there is enough interest. On your own, or with a friend, come along and join us! Phone Peter.

Tuesday night u/20's has expanded to include table tennis, snacks & lots of social fun. Come on down!


Social Scene

24/10 is the date for our big social event of the year. A Cabaret/Auction at the Boatshed with band "Cool Change". This should be a great, fun night and we hope to see everyone there.

Contacts

- * Seniors - Alison Ph 52512543
- * Juniors - Liz Ph 52513602
- * Night - Peter Ph 52513531
- * Ladies - Glenda Ph 52512796
- * Coach - Mark Ph 52414089
0416288956

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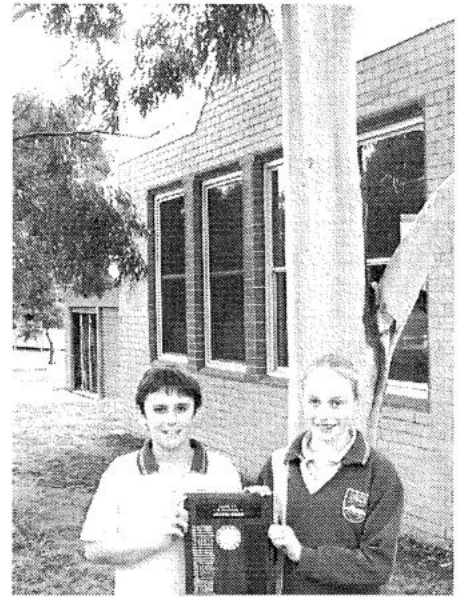
District Athletic Sports

On Thursday the 19th of August, a group of 45 students from Clifton Springs Primary School from level 3 and up participated in the Region B schools athletic sports at Landy Field. There were 4 other schools participating in these sports: they were Whittington, Newcomb Park, South Geelong and Tate Street. There were many great competitors from every school and they were great competition. People who came 1st in a field event or 1st or 2nd in a track event will now progress on to the Zone athletic sports. 1st 2nd and 3rd were awarded ribbons according to their placings in each event. The last events of the day were the relays. They were spectacular to watch as you could notice each team effort as they passed the batons. The teams that won will now go on to the Zones as well.

Luckily the weather was on our side so the conditions were perfect for all events.

Each individual was awarded points for their 1st 2nd or 3rd placing in each event. At the end the points were tallied up and the school with the most points won a Perpetual Trophy as a reward for their great effort. Clifton Springs Primary School was the lucky winner of the trophy, closely followed by Newcomb Park. There was also an individual award for a boy and girl of each age group. They were awarded a medal which represented them scoring the most points overall in their age group. 4 of the 8 medals awarded went to Clifton Springs. The winners were Zoe & Keenan from 12 & 13s, Melissa from under 11s and Jade from under 9s.

The day was fantastic and many people discovered their abilities and confidence throughout the day. A big thank you goes to all the officials, parents and teachers for making this great day possible. Without



their help the day would have not been as great as it was. We look forward to updating you after the Zone sports.

By *Zoe 4TW and Melissa 4RR*

The rise of women in football

Brent Diamond caught up with Fox Footy's Tiffany Cherry for a look at the rise of female involvement in Australian Rules football and their overwhelming passion to play Australia's greatest game.

The changing roles of women over the years has not distorted their passion for Australian Rules football or their involvement in the game. The football world has instead welcomed the presence of women into different sectors of the expanding industry. From media experts and communication staff to being on a football club board; and even the introduction and expansion of women football competitions around the country - has added a new dimension to the game. The attendance of women at Australian Rules football games has been above expectations from the 19th century. All these years later, women in football remains a phenomenon in it's own right and are critical to the ever-growing football community. From a recent

Morgan Research survey, 50 per cent of AFL supporters are female; and this compares to the 39 per cent of the National Rugby League's supporters. And according to the AFL marketing department - about 45 per cent of people who attend AFL games every weekend are female. These percentages rank Australian football among the most female-involved codes in the world. It's an intriguing statistic when you think that AFL football is predominantly played only by males and that the game, for so long, has been distinctively seen as a male's game.

AFL Chief Executive Andrew Demetriou said females have always been a part of football - but in many ways have been "glossed" over too often.

"They've always been important for football in many ways but I think as this sport becomes more and more professional - more women are starting to become involved," Demetriou said.

"I just think they have almost been glossed over and hidden from the whole sport for so long and people have got this idea over time - that footy is only for blokes; when really you could argue that it's been almost 50/50 for a while," he said.

Women have rapidly gained respect in the industry and media personality Tiffany Cherry is a prime example.

Cherry believes people have now 'grown' to the fact that women are now part of the game.

"When I first started, I can't remember who I was interviewing and I can't remember the team, but I remember there were a couple of players who walked past and flashed themselves. They were trying to get on camera and they were doing it to grab attention. But we have moved on and grown up and you don't get that sort of thing anymore," Cherry says.

"Also at under-age level, the players are so used to having females

Cont. page 26

SPORTS REPORT

By Brent Diamond

Another September Shocker

Drysdale's finals hoodoo continued with a straight sets exit from the finals series.

Losses to Barwon Heads and Ocean Grove ended the Hawks premiership hopes in almost similar circumstances as last season - and has once again questioned the Hawks' mentality after another psychological blow in September.

Coach Brian Cordy said he is disappointed with the result after enduring a season that promised so much.

"It was a very disappointing result, disappointing for the players and disappointing for the club," Cordy said.

The Hawks were smashed in arctic conditions at Portarlington Reserve against Barwon Heads in the qualifying final and then capitulated against Ocean Grove after a competitive first half at Spring Creek Reserve.

"There is no doubt the intensity lifts and our opposition was very good at lifting the intensity and I think we were able to match them (Ocean Grove) pretty well for a fair part of the game - it's just that we were unable to maintain for the full length of the game," Cordy said.

"I'm not sure if it had anything to do with playing in the bog on the Saturday (against Barwon Heads) because I know Barwon Heads struggled to come up from that. That might have been a factor but there's no excuses and Ocean Grove were a much better side on the day...they were fantastic," he said.

With what began as a spirited performance, the Hawks were demoralised from quarter time with the Grubbers scoring 15 goals to six to shut the door on the Hawks' premiership hopes.

"In all honesty, we didn't take our chances early when we could have been a lot further up than we were...I think that early in the game we controlled the game but we didn't make the most of our scoring opportunities which would have put a bit of pressure on Ocean Grove."

"When the game was there to be won, Ocean Grove wanted it a bit more than us, they started to smash us out of the middle and were able to kick six unanswered goals which changed the game completely," Cordy said.

Drysdale took in the most inexperienced team into the finals series out of the five finalists. It was a different approach from Cordy, but it was a fresh and dynamic look at the club's future talent.

"I would rather be in our situation and playing in finals than not being involved in finals...I think we had eight blokes under the age of 20 on Sunday (semi-final) and they hadn't been involved in previous campaigns and they will learn an enormous from it if hopefully we can just build on that each year," he said.

At just 18-years of age - Mitch Cuthill was best on ground for the Hawks in the semi-final clash against the Grubbers.

Cuthill's athleticism and ground-breaking endurance is a rare asset for a player in the BFL.

"I think Mitch has been an absolute revelation...the tougher the opposition, the better he plays and the bigger the occasion, the better he plays and I think he's just a stand-out young footballer and I hope they give him the opportunity to try out for the Falcons for next year," he said.

It's a real blue-collared list and despite another lost September - this group have the potential to become a force in the competition. Michael Tilley, Reece Holwell, Brent Taylor and Lee Dimitrijevijski have continued to rise - while Andrew White, Kel Bellears and Julian Hildebrand have made the step up to consistent senior football.

Justin Higgins and Simon Nelis have transformed their games and have had almost career-best seasons and Glenn Smethurst and Joe McLean has provided the much-needed experience for what could be described as 'the team of the future'.

It will be the end of the road for club legend and leading goalkicker Adam Richardson - and there is also a question mark on club stalwart Darren Wilson and whether the 400-game veteran will go on after spending some time in the reserves.

Next month: **Don't miss Brent's wrap-up of the Drysdale netball finals and the big BFL grand final. All in next month's SpringDale Messenger - Your free community newspaper.**

The rise of women in football...from page 25

around that they have grown used to it," she says.

But Cherry said despite the rise of women's involvement in the game - women are still not taken in the same predicament as what men are in what many believe is still 'a blokes game'.

"I notice when the experts do their tips and predictions at the start of the year, if a woman rated a club low, the supporters think, "what would she know?...she's a woman". I think that feeling prevails in the broader community," she says.

"But I've got no doubt that as soon as more and more females get involved, the female opinion will get stronger," she says.

Women's participation in playing football is also booming all over the country. The Victorian Women's Football League began in 1981 with four clubs and now there are 16 clubs with a third division added in 2001. It is a rapidly growing industry for females with 210 players in 1993 to in excess of 1000 players in 2003-04.

On average, 12 per cent of Auskick participants nationally are girls and every state except Tasmania is represented in the low-key national championships.

A youth Australian Football competition for girls aged 13 to under 17 years also commenced in Melbourne's South Eastern suburbs in late May 2004.

The competition is being run in conjunction with local leagues and secondary schools in the region and will add yet another avenue for aspiring female football players.

A SpringDale special: Drysdale's Young Talent Time.

Drysdale's future football talent is providing exciting times down at the Hawks' Nest. BRENT DIAMOND caught up with Under-18 coach Trevor Hume about the up and coming talent that could sneak into the senior team in 2005.

Ben Carmichael - Plays on-ball and up forward. Great pace and great skills. Came third in the goalkicking this season. Kicked 10 goals in a match this season.

Cody Gibb - A possible ruck prospect and has the athleticism to take a centre-half forward position. Injured his knee early this season and is currently in the Geelong Falcons development squad

Ryan Gatgens - A smart footballer and is another good ruck prospect. Was arguably the best player in Bellarine's under 18 interleague squad this year.

Jason Malcolm - Good footy brain, precise skills and hard in the clinches. Needs a good pre-season to go another step.

Ashley Hastie - Had a fantastic finals series. Is a noted goalkicker and has pace and a good work ethic. Will put in a competitive performance every time.

"There will probably be a lot of other kids that will come up over Summer with a bit of extra growing and they've all got some good signs and it will depend on what nature will give them over Summer," Hume said.

An Olympic capitulation

Drysdale rower Katie Foulkes finished sixth with the Australian women's eight rowing team in the Athens Olympics last month.

The womens eight were not only out-classed, but also one had one its members - Sally Robbins - suffering from physical exhaustion.

"She was spent physically and mentally. You can't do any more than give it all you have got." (Mike Tancred, Australia Director, Media Services).

Romania won the gold medal, with the USA finishing second and the Netherlands finishing in third place.

Ruckman wins MVP award

Drysdale ruckman Luke Maher had an instrumental season and has won the 2004 SpringDale Messenger Most Valuable Player of the Year award.

Probably the biggest coup in the BFL this season, Maher came from Lara in the GFL after being part of the 2002 Premiership side and is now Drysdale's most valuable commodity.

The interleague ruckman enjoyed a stellar season and is a favourite to win Drysdale's best and fairest award.

Maher is also a former North Ballarat VFL player and despite racking up personal accolades along his football career - the 28-year-old has his eyes set purely on a Drysdale premiership in the future.

"Personal accolades are always good to collect along the way but a premiership is what you're always aiming for," Maher said.

"When you're playing alongside your mates, it makes the occasion even more special," he said.

Touted as the most dominant ruckman in the league - Maher has also pushed forward this season to kick 18 goals.

Forward Adam Richardson said he holds his talented team-mate in high regard.

"He's been fantastic, he gives us the chance to get out hands on the ball first and he has been super important to our whole structure this season," Richardson said.

"In previous seasons, we haven't had that dominant type of ruckman in our team and Luke's definitely added that to our team," he said.

2004 SpringDale Messenger Most Valuable Player of the Year award

Leaderboard (at the end of the season)

- 42 **Luke Maher**
- 35 **Simon Nelis**
- 26 **Justin Higgins**
- 25 **Joe McLean**
- 18 **Glenn Smethurst**
- Mitch Cuthill
- 12 **Michael Tilley**
- 11 **Bruce Drake**
- 10 **Aaron Eddy**

Round 17

- 5. Simon Nelis, 4. Luke Maher,
- 3. Glenn Smethurst, 2. Aaron Eddy,
- 1. Josh Inglis

Drysdale withstood a courageous Anglesea comeback to win by nine points. Simon Nelis and Luke Maher stood out in a big result for the Hawks away from home.

In the reserves, Gavin Humphrey and Brenton Flynn were the best for the Hawks in a seven point loss to Anglesea. Tim Scott was the main goalscorer with three goals.

It was an all-Drysdale under 18 derby for the first time in Drysdale's history. However it was an absolute wipe-wash with the main Drysdale under 18 team thrashing the Drysdale Colts by 87 points. Trent Foley, Cody Gibb, John Kendall and Jason Malcolm were some of the best.

Round 18

- 5. Luke Maher, 4. Mitch Cuthill,
- 3. Simon Nelis, 2. Michael Tilley,
- 1. Glenn Smethurst

Luke Maher ended the home and away season in emphatic style with six goals to his name and was clearly best on ground in Drysdale's 84-point win over Barwon Heads. Mitch Cuthill and Michael Tilley ended the season as the Hawks most promising talent heading into the finals. In the reserves, Danny Coleman and Troy Hodgson were brilliant in a 51 point win to Drysdale over Barwon Heads.

In the under 18's, Cody Gibb kicked two pivotal goals to lead the Hawks to a 16-point win against the Seagulls. Jason Malcolm and Ben Carmichael were just as valuable on the day to get the Hawks over the line.

Taking the Emotion Out Of Making An Offer

Purchasers often ask agents for advice about what sort of offer to make on a property they would like to buy.

Sometimes they simply want to test the wayer but often it is because market knowledge acquired during conscientious weeks and months disappears in the face of a strong emotional attachment to what they already see as their new "home".

Purchasers have to work at being objective if they find their dream home after seeing property after property that didnt suit. Above all, they need to

avoid letting their feelings show, as a conscientious agent (working on a vendor's behalf) may advise the vendor to drive a harder bargain if a purchaser appears to keen. It is better for purchasers to look for and highlight a property's faults, both to help them keep perspective and to avoid wearing their heart on their sleeve.

The crucial factor purchasers should take into account before making an offer is the state of the market. In a buyers' market, buyers have the upper hand and can drive a harder bargain by highlighting faults and playing

a waiting game, but in a sellers' market, using such tactics will cause buyers to lose out to someone who is more market aware.

While some purchasers make the mistake of letting emotion cloud their objectivity, others find that being too hard-headed in the search for a bargain rarely pays off - a ridiculous initial offer on a competitively priced property seldom ends up in a sale let alone a bargain. Vendors who are offended by low offers often refuse to make a counter offer and opportunities are lost on both sides.

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