

The SpringDale Messenger



ABN 21 404 220 267 >> Compiled & Published by the

SpringDale Neighbourhood Centre Inc.

A Taste of SpringDale

Opening
the doors
to all of our
Community.

Join us and celebrate
Adult Learners' Week
together ...



Adult Education
in the Community

Adult Learners' Week

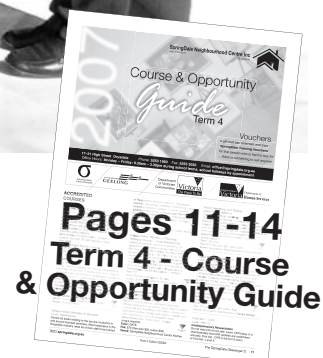
Cr. Tom O'Connor, Audrey Dadds, Jo Devrome, Anne Brackley – Centre Coordinator

We will open the doors wide on Friday,
7 September, 5pm - 9pm to welcome you into
the SpringDale for a sharing of food, cultures,
ideas and information.

Come and have a taste, call in on the way
home, call in after dinner, call in for one of
our guided tours.

View the collection of jigsaws or chat
to many different service clubs representatives,
see the Bellarine Woodworkers display and find
out what is happening in Drysdale/Clifton Springs,
perhaps try Salsa Dancing!

It is an information 'fiesta'. Be in it!



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& Springy
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Deadlines for **October** Issue
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17-21 High Street Drysdale
Postal Address:
PO Box 80 Drysdale

For all editorial and
initial advertising enquiries.
SpringDale Neighbourhood Centre
P: (03) 5253 1960
F: (03) 5253 3050
E: messenger@springdale.org.au
W: www.springdale.org.au

The SpringDale Messenger
Designed by **Lyn Ingles - blue pencil publishing**

All contributors are asked to provide their articles on disc,
Microsoft Word document or email it for ease of processing.
Contributors are still accepted as written copy but need to be
submitted in the week prior to our copy deadline.

Views

Views expressed in this newsletter are not necessarily
the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Community Calendar

**SpringDale Community Calendar is a
SpringDale Neighbourhood Centre initiative
to support the whole community.**

The calendar is an 'easy to see' of **happenings** in our area.
To help you to plan an event, access our website
www.springdale.org.au to view events.

If you wish to place your event in the **website, calendar** and
further issues of the **SpringDale Messenger** please email,
write or call the event details to our office.

September

- 1-8** Adult Learners' Week - A Special Week at SpringDale
- 2** Father's Day
- 7** Taste SpringDale 5pm-9pm - An opportunity to taste
what's on offer at SpringDale
- 9** Jazz Afternoons at St Leonards Yacht Club
- 10** Neighbourhood Watch GLG 58,59,
C/Springs meeting 7pm C/Springs Bowling Club
- 11** Country Women's Association, Drysdale meeting
1pm at Clifton Springs Golf Club Community rooms
- 12** Neighbourhood Watch GLG 69,
C/Springs meeting 7.30pm at SpringDale
- 15-16** Drysdale Scouts scrap metal collection rear
Drysdale Scout Hall
- 21** Term 3 ends
- 24** Neighbourhood Watch GLG 68,
Drysdale meeting 7pm SpringDale
- 30** Portarlington market 9am-2pm

October

- 8** Term 4 begins
- 8** Neighbourhood Watch GLG 58,59,
C/Springs meeting 7pm, C/Springs Bowling Club
- 9** Country Women's Association, Drysdale business
meeting 11am BYO lunch. AGM 1pm at Clifton
Springs Golf Club Community rooms
- 10** Neighbourhood Watch GLG 69
C/Springs meeting 7.30pm at SpringDale
- 21** Drysdale community market 9am-1pm
- 22** Neighbourhood Watch GLG 68
Drysdale meeting 7pm SpringDale
- 28** Portarlington market 9am-2pm

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- Concession Rates for Members

The
SpringDale
Messenger





news

from

The SpringDale Neighbourhood Centre

Anne Brackley
centre coordinator

Hi Everyone

So many people have been letting us know their positive thoughts about the new look of the SpringDale Messenger. Lyn Ingles of blue pencil publishing, is investing many hours each month to achieve the newsletter we now coming to love. We continue to thank all the contributors and especially all the advertisers who enable this publication to be free to the public. Please remember to say thank you to the advertisers for their support by supporting them.

Our courses are being very well attended with new tutors in MYOB and Website design being warmly welcomed. The taster for Salsa dancing was enjoyed by a number of people and there is a short Salsa course starting.

Occasional Care continues to provide a warm friendly caring environment and a varied program for the children and they are now taking bookings for 2008.

Special Interest Groups is an area that has had a lot of action this month. The Badminton Group is about to start on Wednesday and Friday afternoons 1.30pm-3.30pm. Please register with SpringDale. This is a social group, who would like to enjoy badminton in Drysdale and they have made a dream come true.

A Crochet and Knitting group is also forming on Friday mornings at SpringDale. We have about 10 people interested, but this time slot may not suit everyone. An alternative is joining with Bella Arts on every second Monday night. A member of Bella Arts is very willing and able to help people. It's so exciting when we can announce a need and then the community comes forward to share a skill and a group is formed. It's quite exciting to be part of that process.

We still need a facilitator for Meditation.

We have a number of people interested in starting but we need a person who would like to share their skills in a group environment.

Another new group that is forming is Parent to Parent Autism Support group (to run during school terms). Parents of children with autism may like to get together to ask questions, make suggestions or just to support each other. It is being supported by Gateways Parent Support Worker. First Meeting/gathering will be held on Wednesday 12th September 1.30pm-3.00pm. Please ring and let us know if you are coming and if you are bringing any children so we can get appropriate toys out. Phone SpringDale on 5253 1960.

Lastly, I would just like to remind people about "Taste SpringDale", Friday 7th September 5pm-9pm, an evening full of International foods, music and experiences. Come along and see SpringDale in a new light. This is being held as part of Adult Learners' Week and will continue on Saturday 8th September when the Bellarine Woodworkers will display their woodworking skills in the Hall.

Looking forward to hearing from anyone who would still like to volunteer to help with "Taste SpringDale", anyone who would like to share a cooking skill, display some items from overseas or share some music or even demonstrate a skill. There's still room for a few more people and countries.

Yours very sincerely

Anne Brackley

Coordinator SpringDale Neighbourhood Centre for the SpringDale Team.



What's Happening?
& What's Needed ...
@ The SpringDale Centre

TAX HELP



Chris Reymers and Sue Wood

Need some help with your Taxation?

Then call the SpringDale Neighbourhood Centre where 'Tax Help' is available.

Tax Help is a program designed to provide assistance to people in genuine need to comply with their tax obligations at tax time each year.

Tax Help volunteers provide this service throughout the country. Volunteers develop their skills in simple tax affairs through an intensive training program provided by the Tax Office, and these skills are used to assist and educate members of the community who require assistance.

WHO IS ELIGIBLE?

• People with income of less than \$35,000.00 and who do not run a business, can be assisted by our volunteers, Chris Reymers and Sue Wood. (This threshold is increased by \$2,500.00 for each dependant child)

For further information please call The SpringDale Neighbourhood Centre (03) 5253 1960

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From **Lisa Neville's** desk



Well it's been a busy time for us in Parliament with John Brumby taking up his role as Premier and deciding on his new Cabinet.

I'm pleased to have been asked by the Premier John Brumby to take on the new responsibility as the Minister for Community Services and the Minister for Senior Victorians, my role as Minister for Mental Health continues.

Grants

Sporting Clubs are being urged to be quick in applying for the Brumby Governments' \$1.5 million Our Club, Our Future Sporting Uniform Grants Program.

Grants of up to \$1,000 are now available for grassroots sports clubs needing uniforms and footwear essential for playing and training, with priority given to disadvantaged and junior clubs.

Grants programs such as these make such a difference to the operations of community sports clubs and phase two of the program is now open to clubs throughout Bellarine.

I encourage clubs that have not yet been approved for a grant to jump at this opportunity to get a cash boost to help their players put on the club colours and help create a sense of unity and pride.

For further information contact the Grants Information Line on 1300 366 356 or my

office on 5248 3462. Applications will close in early September.

Electorate Office

As many of you already know my electorate office was demolished as part of the redevelopment going on at the Newcomb Central Shopping Centre and we are currently in a temporary office at Newcomb Central. The new buildings are starting to take shape and we hope to move to our new office, at the old location, around late September. Please don't hesitate to contact my office if there are any issues we may be able to assist you with.

Until next time,
Hon Lisa Neville MP
Member for Bellarine
5248 3462.

SpringDale Neighbourhood House Bridge Group

Are you interested in joining a Bridge Group? This will be an informal Thursday afternoon, 2 - 4 pm. with supervision and tips for improving your Bridge. \$2 per session.

Please register at SpringDale on (03) 5253 1960 for more information.



Wednesday 10am - 1pm

Any other group interested?

Please call SpringDale on (03) 5253 1960 for more information.



Crochet & Knitting

Friday Morning 9.30am - 11.30am

Please call SpringDale on (03) 5253 1960 for more information.



Badminton

Wednesday & Friday afternoon
1.30pm - 3.30am.

Please call SpringDale on (03) 5253 1960 for more information.



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Men's Sheds interest in St Leonards

While DIY projects are a major function, they allow the men to meet regularly and socialise, in a safe, familiar shared workspace. It provides a place for men who have retired or are unemployed, to socialise and use their woodworking, gardening and other skills while able to mentor each other and younger members of the community.

They aim to address the issues of isolation, loneliness and depression which are faced by many men when they cease full-time employment or are looking for work by providing them with a space, equipment and support. Those who use Men's Sheds have been found to respond positively to environments that allow them to feel at home and learn by doing, in group situations with others while along with providing opportunities for social interaction and activities.

The Men's Sheds also focus on men's health and wellbeing, encouraging and assisting users to gain access to relevant services and information available to them within the community.

If you would like further information on this new initiative at SpringDale please contact Anne Brackley or telephone Mal Carlson on (03) 5257 1479.

BELLARINE WOODWORKERS

Things have been a little quiet lately, with many of our members on their annual pilgrimage to the warmth of the north. Those left at home have been busy, especially the group members, the turners, the scrollers and boat builders. Members of the public will have the opportunity to see some of the finished work when we mount an exhibition

Tax Time is Lunch Time!

Choose us to prepare your tax return and you will receive a **FREE** delicious breakfast/ lunch voucher from Mel's on High, 16A High Street Drysdale (valued at \$20).

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Tax returns start from \$75. incl. GST

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BUSINESS in Profile



Bob Schultz and son Christopher

Drysdale Village Hardware Bob & Helen Schultz

The hardware business is over 30 years old. **Bob & Helen Schultz** have been the proprietors for last 15 years.

Bob is from Warrnambool originally and was a sewing machine Mechanic at the world famous 'Fletcher Jones' before entering the PMG (Post Master General) and Telstra where he was employed for 22 years. This job bought Bob to Geelong where he met his wife Helen who was in nursing and midwifery.

They have two sons Christopher & Michael who are also in the business with Bob and have a daughter, Emily. The staff consists of 4 full time and 2 part time employees and together there would be 80 years of collective hardware experience.

Thrifty Link – Drysdale Village Hardware caters for the trade, handy person and the domestic DIYs.

They specialise in Haymes, Dulux and Wattyl paints and decorating items, kitchenware and small appliances, key cutting service, issue Fishing Licences and in the electrical section there are batteries and telephone accessories. Ladies! Need a vacuum cleaner bag? Well! Bob has in stock bags from the self confessed 'Worlds Largest Supplier' and if he hasn't got it in stock he will endeavour to get it for you.

Bob mentioned that he is in the shop so much even his neighbours come to see him there and that is perhaps his wonderful sense of humour and great customer service are the draw cards.

Drysdale Village Hardware is open 7 days a week.

Business Hours

Monday to Friday 8am – 5.30pm
Saturday 8am – 5pm
Sunday 9am – 4pm

For more information please call (03) 5251 3267

on Saturday, 8 September, during Adult Learners Week at SpringDale. Members will be on hand to answer questions and give advice in all matters relating to woodwork and how beginners may gain tuition in any chosen activity.

Any queries on membership may be directed to the President, Ron Badenhop (03) 5258 2380 or the Secretary, Ian Little (03) 5253 1158.

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Does she look familiar to you?

Caroline Rickard

Real Estate Area Specialist

DRYSDALE & CLIFTON SPRINGS
Mob 0408 989 221



Caroline Rickard

My name is **Caroline Rickard**, a mother of eight, and long time resident of the Drysdale area. I have been a part of many neighbourhood and community events where I have made many contacts. I prioritise my time to obtain maximum results for minimum input along with a keen interest in the property market. I now offer you these skills to help list and sell your valuable asset.

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I enjoy hearing over and over again 'Thank you Mr Hooker'.



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The BR held its AGM at Drysdale and we were pleased to hear of our railway's improving viability. There is certainly no question of the BR's value to our society, with our unique national collection of Australian heritage trains. Add to that a very personal approach to service from our volunteers and it's not so hard to be quite pleased with our efforts. Well done to all our staff and of course our friends and supporters out there.

We recently welcomed Jake Wilson on board as part of the 'Drysdale Mob'. Jake is a top worker and is quite a hit with our travellers!

Works around the BR lately have included:

- Further work to complete the Drysdale Turntable.
- Preliminary work on the new carriage shed complex and yard at Lakers Siding.
- Beautification of the Queenscliff & Suma Park stations.
- Construction of brand new station 'Swan Bay' (adjacent to the Marine Discovery Centre).
- Continuing works on Tasmanian Railmotor 'DP28'.
- On-going restoration on South Australian Steam Loco 'T251'.
- A large amount of track work all along the line.
- Construction of nameboard for historic former stations, eg. 'Mannerim'.
- Repainting and redecorating the Drysdale Museum & Kiosk.
- Refurbishment of Queenscliff Kiosk and Marketing Office.
- On-going carriage rebuilding, including the ultra historic 6 wheel carriage 'Evandale'.

FRIENDS OF THOMAS will again be held during the school holidays. For further info and bookings please call Emma during business hours on 5258 2069 or visit our web site.

DONATION /SPONSORSHIP OF FLOOR COVERING SOUGHT

We are seeking suitable carpet &/or vinyl for several rooms at Drysdale. Can you help? Perhaps you know someone or

maybe your office at work is redecorating. If so please let us know.

STEAM TRAINS Run every Sun, Public Holidays & Tues & Thurs during school holidays. (Departs Drysdale 12.15 & 3.45pm)

SEASIDE EXPLORER Runs every Tues & Thurs **OUTSIDE** school holidays. (Departs Drysdale 11.30 & 3.30pm)

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Remember you can now use our **BIKE HIRE** service for a day out with a difference!

Until next month, take care

Paul & Kate

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web: www.bpr.org.au

T.O.W.N.

Interested in losing weight and need a support group to help you?

Drysdale T.O.W.N encourages weight reduction through positive discussion, guest speakers and fun activities, 9.30am Wednesdays at the Drysdale Football Clubrooms, Drysdale Reserve.

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Drysdale Guides

Drysdale Guides collect corks and help the environment by recycling and earn money to help provide guiding activities.

Corks can be left at The Springdale Neighbourhood Centre.

Want to build roads into your community?

Match Mates is a volunteer based program that aims to support ageing carer's (65+) who are caring fulltime for their son or daughter who has a disability. The program intends to foster friendships for the person with the disability and volunteers to participate in positive social and recreational activities in the community. **VOLUNTEERS WANTED**

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The Preps and Grade Ones at Drysdale Primary School have enjoyed their two weeks of swimming at Portarlington. Our sports teacher Mr Campbell does a great job organising the program each year. The program not only teaches the children how to swim but also teaches them to be more aware of water safety. It is great to see the children's confidence grow over the two weeks. Some children can be quite hesitant and frightened at the start of the program to even put their head under the water.

However, now they can confidently dunk their head under the water, blow bubbles and kick. The program also promotes and encourages children to continue having swimming lessons afterwards.

A big thank you to all the staff at Portarlington, parents and Drysdale staff who help to ensure the program runs smoothly. We look forward to its continued success in the future.

Danielle Thompson
(Prep teacher at Drysdale Primary)

"I like putting my head under the water and blowing bubbles. It is also fun when we get to swim through the hoops".

Hamish P PT

"I like my swimming teacher she is nice. She puts things on the bottom of the pool and I like finding them". **Kelly PT**

"I have learnt how to kick using a kickboard and how to use my arms to help me swim". **William PB**

"I have learnt how to stay on the noodle horse, it is lots of fun swimming".
Emily HPC

Clifton Springs Primary School

'Waste Wise' Winners



'Waste Wise' Darby, Lynda & Mr Collier

Clifton Springs Primary School is on its way to becoming a 'Waste Wise' school. Our 'Waste Wise' approach was launched with a Rubbish Free Lunch Challenge, a joint initiative of Sustainability Victoria and the Department of Education & Training. It encourages schools to enhance student understanding of how daily activities impact on the environment and small steps everyone can take to reduce this impact.

The Rubbish Free Lunch Challenge targets lunch rubbish and offers a curriculum-based solution to preventing rubbish and promoting healthy eating in schools.

As part of the submission to become a 'Waste Wise' school, we have to show the long term initiatives we have in place to demonstrate our commitment to becoming 'Waste Wise'.

- In addition to having a Rubbish Free Day we now request that, where possible, all foods come to school without wrappers using reusable bags or containers.
- We have established compost bins in the school grounds and each grade has a compost bucket for their contributions.
- We now have designated eating areas in the yard.
- We have reviewed our canteen menu to reduce the amount of wrapping provided.
- We recycle paper and plastic products.

"On the 18th July 56E challenged our school to have a rubbish free lunch challenge. Students were not allowed to bring rubbish to school or if they did they would have to put the packet in the bin before leaving the building. I enjoyed the day and think it worked extremely well. Congratulations to every one who participated. NUDE FOOD IMPROVED OUR SCHOOL, NOW IT RULES"!!

Stephanie 5/6E

"On Tuesday 18th July, our school had a rubbish free lunch day. Our grade had decided to challenge ourselves by getting rid of our big bin and using a small bucket. Our grade wants to see how much rubbish we have used. At recess hardly anyone had rubbish, mainly just containers or fruit. I had an apple, and put it in our grades compost bin. It's almost full. There was hardly any rubbish out of the whole day! I hope our school can stay like this".

Paris 5/6W

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Springy's Club

Dear Springers!!!

Did you all find the Dinosaurs? If you didn't I have placed the solution below. I hope you are enjoying your recipes and this month's is very delicious. This month I have given you something to colour in and enjoy ... until next month ... Happy Hopping!

Springy

To contribute, send your stories, pictures, jokes and recipes to: 'Springy's Club' Springdale Neighbourhood Centre, PO Box 80, Drysdale 3222 or email messenger@springdale.org.au and place 'Springy' in the subject line.

Come on Kids!

Send in your puzzles, drawings, jokes, photo or a recipe

Join in the fun!

kids

Cooking Corner Apricot Balls

Ingredients

- 250g Dried Apricots
Finely Chopped
- 2 Cups Shredded Coconut
- 1/2 (395g) Can Sweetened Condensed Milk

Utensils

- Large Bowl
- Chopping Board
- Knife
- Airtight Container

Method

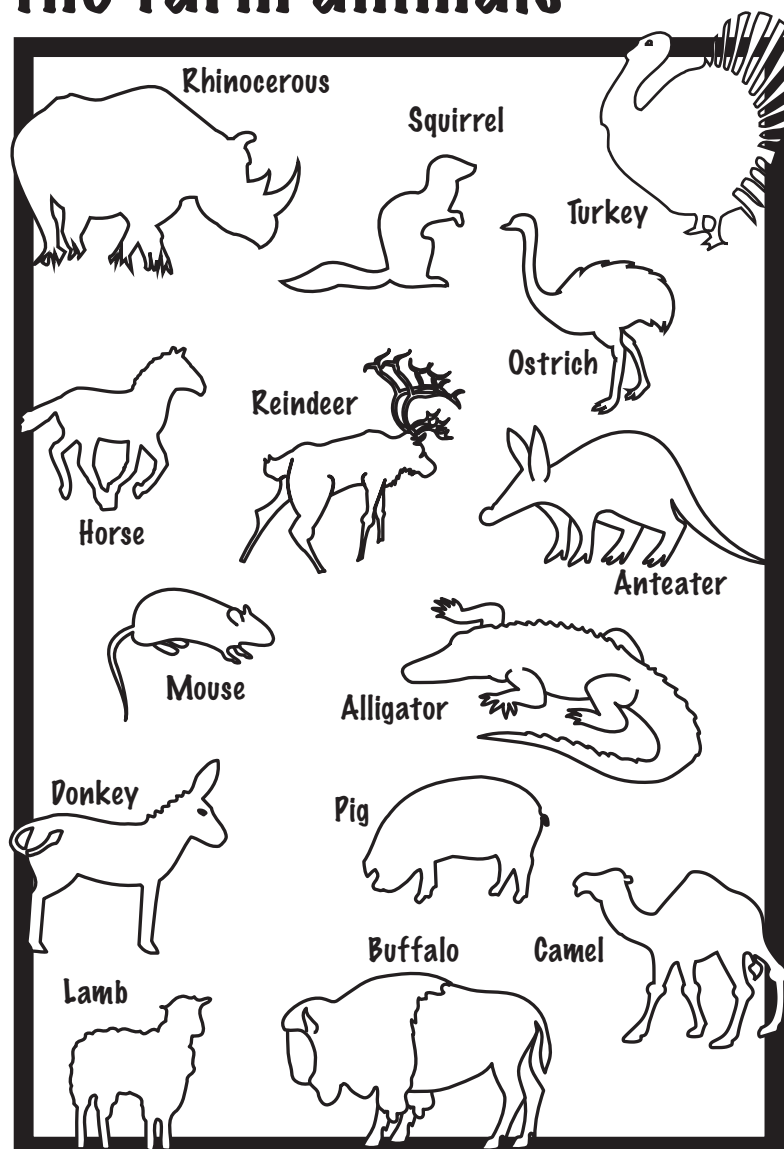
Best made the night before you need them.

1. Ask Mum to help here.
- Chop apricots into small pieces.
2. Mix all ingredients until they are all combined.
3. Roll into balls.
4. Place in an airtight container and leave for one day or overnight before eating.

They are really yummy!!



Colour and name the farm animals



Answer: Turkey, Horse, Donkey, Mouse, Lamb, Pig.

Do you have a favourite recipe that you would like to share? Send it to 'Recipe' Springdale Neighbourhood Centre PO Box 80 Drysdale 3222 Please send your name and contact details.




SOLUTION

DID YOU FIND ALL THE DINOSAURS?

T	E	D	C	B	P	O	B	I	B	I	I	U	A	O	U	T	S	M	L
Y	E	F	G	H	I	A	N	S	N	G	B	E	H	O	C	O	O	L	E
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E	Y	A	S	A	S	S	T	H	A	P	M	A	N	D	O	M	C	T	U
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U	Y	R	O	R	U	F	P	Z	R	G	B	C	D	E	F	G	C	X	E
U	S	S	U	S	U	R	O	S	W	U	N	M	I	K	J	L	Z	Y	X
V	S	S	U	S	U	R	N	U	S	O	P	Q	R	S	T	H	Z	Y	Z
V	U	E	L	A	S	M	O	S	A	U	R	U	S	U	V	W	X	V	

What is this Dinosaur name?



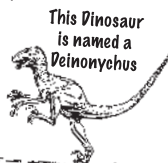
моропент

1. Triceratops

What is this Dinosaur's name?



1. Tyrannosaurus Rex
2. Ceratops
3. Pteranodon
4. Apatosaurus
5. Ultrasaurus
6. Plateosaurus
7. Elasmosaurus



This Dinosaur is named a Deinonychus

8. Triceratops
9. Stegosaurus
10. Dimetrodon
11. Spinosaurus
12. Allosaurus
13. Ankylosaurus
14. Iguanodon

Look in August issue of the Springdale Messenger for the Puzzle...

OPEN DAY AT CLIFTON SPRINGS PRE-SCHOOL Monday, 3 September

We're having lots of fun at kinder this term!

We're taking turns to bring something special from home in the Treasure Box again. We have a pet (toy) duck we share and take home with a book to write stories about our adventures with 'Lucky Duckie'. We have a fantastic play shop at kinder, we're learning about music, doing life sized paintings of ourselves and lots of other activities.

We held a fabulous Trivia Night on Saturday 11th August at the Clifton Springs Golf Club which was a huge success. A great night was enjoyed by all and our dedicated and hard working Trivia Night Committee are to be commended for all their efforts in making it such a success. All funds raised will contribute to the running of the kinder and hopefully air conditioning for the kinder. Thank you if you attended the evening and an enormous thank you to all the businesses who contributed donations. We are so grateful for your generosity.

We're having an Open Day at the kinder on Monday 3rd September at 9:30am until

11:30am, so if you're thinking about enrolments at all, please come along and see our kinder in action.

Applications for 2008 are due now.

We advise enrolling early for 2009 in both the three year and four year old groups. Clifton Springs Pre-School does give preference to four year old applicants who have completed the three year old program with our Pre-School.

Did you know that experts in early education believe that a kinder program led by a qualified Pre-School teacher is the best preparation for Primary School?

In addition, you may like to know that kinder may be cheaper than you think. If you have a current Health Care Card, the rebate amount was recently increased to \$182.50 per term, which is currently 96% of the term fee at Clifton Springs Pre-School (term fees subject to change in 2008).

We would love to see you and your child at our Open Day, so come along and have a chat and a play.



This year, after twenty two years as President of Peninsula Players, Dennis King has decided to step down. We congratulate Dennis and thank him for a job well done. We welcome Tony Wright as our new President and wish him well in the position. Audiences will remember Tony for his many performances, as well as directing with Peninsula Players.

Peninsula Players is now in rehearsal for the November performance of 'Key for Two', a comedy by John Chapman and Dave Freeman. The play is directed by Dennis King – dare I say 'King of Comedy' – and offers hilarious situations and a jolly good laugh – just before the Christmas rush! 'Key for Two' will be performed on November 14, 15, 16, 17 2007 at Drysdale Community Hall 8.00pm sharp. Price still \$12. Look forward to seeing you all then.

Peninsula Players will be back on schedule with three productions in 2008.

**Rhena King
Publicity**

A few lessons on life lessons ... or are they?

A man will pay \$2 for a \$1 item he needs.
A woman will pay \$1 for a \$2 item she doesn't need.
A woman worries about the future till she gets married.
A man never worries about the future until he gets married.
A successful man is one who makes more money than his wife can spend.
A successful woman is one who can find such a man.

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Course & Opportunity Guide Term 4

Vouchers

A gift that can entertain and train ...
'SpringDale Training Vouchers'
for that person who is hard to buy for
... there is something to suit anyone!

17-21 High Street Drysdale

Phone: 5253 1960

Fax: 5253 3050

Email: office@springdale.org.au

Office Hours: Monday – Friday: 9.30am – 3.30pm during school terms, school holidays by appointment



Department
of Victorian
Communities



ACCREDITED COURSES

Red Card (OH & S induction)

Course provides participants with specific OH & S compliance and legislative information relating to a range of topics which relate to industry induction requirements. Red cards are issued following successful completion of assessment as competent permit holders for entry to building and construction sites throughout Victoria.

Dates/times: Fri 23 Nov 9am - 3.30pm or

Tues 27 Nov and 28 Wed Nov 6pm - 9pm

Fee: \$120

Tutor: Additional Training Options

Venue: SpringDale Neighbourhood Centre.

Room: Training Room

Heights

Code: MNMG237A

Course caters for people who work in environments where falls of less than 2 metres may occur. Covers Worksafe Codes of Practice requirements, legislation, regulations and Job Safety Analysis. Explains how participants are expected to follow normal workplace disciplines for behaviour and practices and are required to wear compliant clothing and footwear.

Dates/times: Tues 20 Nov 5.30pm - 9.30pm

Fee: \$70

Tutor: Additional Training Options

Venue: SpringDale Neighbourhood Centre

Room: Training Room

Responsible Service of Alcohol

Code: THHBFB09B

Covers all areas relating to the service of alcohol in and around licensed premises. Most employers in the Hospitality Industry need all of their staff to be trained

in Responsible Service of Alcohol. Participants receive a recognized certificate in RSA from Liquor Licensing Victoria. Consists 1 x 4hour session. If participant also enrolls in Responsible Service of Gaming there will be a discount of \$5 per course.

Dates/times: Mon 16 Oct 6.30pm – 10.30pm

Fee: \$75

Tutor: Bar-Tees

Venue: SpringDale Neighbourhood Centre Kitchen

Responsible Service of Gaming

Refresher Course – Code: THHADG03B

Covers all areas in services of gambling. On completion you receive a recognized certificate from Bar-Tees Hospitality Training. The Responsible Service of Gaming and the Responsible Service of Alcohol certificates are compulsory for any person working in the Gaming Industry. If participant chooses to enrol for Responsible Service of Alcohol as well, then there will be a discount of \$5 per course.

Dates/times: Tue 23 Oct 6.30pm – 10.30pm

Fee: \$75

Tutor: Bar-Tees Hospitality Training

Venue: SpringDale Neighbourhood Centre

Room: Training Room

Food Handling and Safety

Code: FDFCORFSY1A

(Apply basic food handling)

Great for school leavers, volunteers and those already working in food related areas. This accredited module will give knowledge and skills in correct and safe food handling storage and hygiene. Update your skills and improve your job prospects today.

Dates/times: Mon 19 Nov 9am - 4.30pm

(single session)

Tutor: GATE

Fee: \$75 (Services \$22, tuition \$53)

Venue: SpringDale Neighbourhood Centre Kitchen

Food Handling and Safety

Code: FDFCORFSY1A

(Apply basic food handling)

Great for school leavers, volunteers and those already working in food related areas. This accredited module will give knowledge and skills in correct and safe food handling storage and hygiene. Update your skills and improve your job prospects today.

Dates/times: Thur 30 Oct 6.30pm - 10.30pm

(single session)

Tutor: Bar-Tees

Fee: \$75 (Services \$22, tuition \$53)

Venue: SpringDale Neighbourhood Centre Kitchen

Food Safety Supervisor

Code: FDFCORFSY1A

Food businesses must have a Food Safety Supervisor. The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. The person nominated as Food Safety Supervisor can be: owner, manager, supervisor, head chef, independent consultant to the business.

Pre-requisite: participants must have successfully completed Food Handling and Safety.

Dates/times: Mon 26 Nov 9am - 4.30pm

(single session)

Tutor: GATE

Fee: \$75 (Services \$22, tuition \$53)

Venue: SpringDale Neighbourhood Centre Kitchen

First Aid – CPR

Code: VBPI12

Cardiopulmonary Resuscitation

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. First Aid - CPR is the first 3 hours of First Aid - Level 2.

See that course for details
Date/Times: Mon 12 Nov 7pm - 10pm or
Sat 10 Nov 9am - 12noon
Tutor: National First Aid
Fee: \$45
Venue: SpringDale Neighbourhood Centre
Room: Occasional Care



First Aid - Level 2

Code: 21593VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR updates) and is a requirement for many courses, organisations and work places.

Dates/times: Mon 15 Oct - Mon 19 Nov 7pm - 10pm
Sat 10 Nov or Sat 17 Nov 9am - 5pm
Fee: \$145

Tutor: National First Aid
Venue: SpringDale Neighbourhood Centre
Room: Occasional Care



ART AND CRAFT

Discover the Artist Within

Foundation Course – the first stage in the journey.

If you have always wanted to learn about art but didn't get a chance to learn methods and you want support and instruction in a step by step approach, this course will teach you to gain confidence to express yourself.

Materials required: A4 sketch book, 2B pencil, protective clothing (e.g. old shirt). Other items will be supplied or suggested during the course.

Dates/times: Tues 16 Oct – Tues 4 Dec 11am - 1pm (8 sessions) or Wed 17 Oct – Wed 5 Dec 4pm - 6pm (8 sessions)

Tutor: Annette Playsted-Simmons
Fee: \$120

Venue: SpringDale Neighbourhood Centre
Room: Recreation room

Advanced Art Course

Continue the journey - If you have completed the Foundation Art Course 'Discover the Artist Within' or you have completed a foundation art course elsewhere or if you are a practising artist and want input and feedback then choose from the following possibilities to specialise in or explore over time; Portraiture, Still Life, Landscape, using chalk pastel, oil pastel, ink and wash or mixed media drawing, acrylics or water colours.

Materials required: A4 sketch book, 2B pencil, protective clothing (e.g. old shirt). Other items will be supplied or suggested during the course.

Dates/times: Thurs 18 Oct – Thurs 6 Dec 12.30pm - 3pm (8 sessions)

Tutor: Annette Playsted-Simmons
Fee: \$120

Venue: SpringDale Neighbourhood Centre
Room: Recreation Room

Jewellery Making

You will have a chance to craft a silver wire bracelet and a contemporary silver art charm and more. Come along for a one day workshop and create your own jewellery. Feel free to bring along silver or 9 carat gold jewellery that you would like to re-fashion quickly and easily - the results can amaze.

Dates/times: Sat 27 Oct 1pm - 5pm (1 Session)

Tutor: Jeff Dean

Fee: \$60 (includes materials)

Venue: SpringDale Neighbourhood Centre Hall

CHILDREN'S PROGRAMS

Music and Movement

Enjoyment of music, dance and song to encourage the development of beat, rhythm, tempo, pitch and harmony. A great way for little ones to develop confidence, self-esteem, concentration, memory, listening, language and self-expression.

Dates/times: Wed 17 Oct – Wed 19 Dec

9.15am - 10am (10 sessions)

Tutor: PSD Education

Fee: \$60

Venue: SpringDale Neighbourhood Centre

Room: Hall

Children's Art

For children art is a great way to be expressive and creative. An art class should be fun and this group is for primary school age children.

Dates/times: Tues 16 Oct – Tues 4 Dec

4pm - 5.30pm (8 sessions)

Tutor: Carolyn Knight

Fee: \$80

Venue: SpringDale Neighbourhood Centre

Room: Recreation Room

HEALTH AND WELLBEING

Reiki – Level 1

Reiki is a natural, simple, safe, effective healing system that uses the universal life energy that permeates our entire universe and all living things. Learn Reiki to take charge of your life and improve your health and to heal others. Participants are awarded a Certificate endorsed by the International Association of Reiki professionals.

Dates/times: Sat 13 Oct – Sat 1 Dec 2pm - 4pm or Thur 18 Oct - Thur 6 Dec 7.30pm – 9.30pm (8 sessions)

Tutor: Laurent Boulanger, Certified Reiki Master (IARP)

Fee: \$160

Venue: SpringDale Neighbourhood Centre

Room: Recreation Room

Latin/Salsa Dancing

Shall we dance? Come on all you dancing lovers. Here is a night of fun, meet new people, exercise while learning basic steps. Everyone welcome!

Dates/times: Fri 26 Oct – Fri 30 Nov

(5 sessions) 7.30pm - 9.30pm

Venue: SpringDale Neighbourhood Centre

Fee: \$75

Please wear flat shoes.

Tai Chi

Tai Chi combines movement, meditation and breath regulation to enhance the flow of vital energy in the body, improve blood circulation, and enhance immune functions.

Dates/times: Fri 12 Oct - Fri 7 Dec

9.30am - 10.30am (9 sessions)

Tutor: Jun Yi Weng. Jun Yi has extensive Tai Chi experience including high rankings in several Chinese national championships.

Fee: \$90

Venue: SpringDale Neighbourhood Centre

Room: Hall



Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

Dates/times: Mon 15 Oct - Mon 10 Dec

9.15am - 10.45am (9 sessions)

or Thurs 18 Oct - 20 Sept (9 sessions)

Fee: \$90

Venue: SpringDale Neighbourhood Centre

Tutor: Glenda Breedveld

Materials: Mat supplied, but feel free to bring a rug

When Wellness Matters

This six week course teaches the practical and theoretical components of Yogic breathing for wellness, Meditation, Mindfulness and Mind/Body connection. It is designed to assist people who may be experiencing any of the following conditions or person interested in maintaining or improving their health and wellbeing, Low Immune Response, Post Traumatic Stress Syndrome, Chronic Fatigue, Anxiety, Depression, Chronic Pain, Post-Natal Depression, Grief, etc.

Dates/times: Tues 16 Oct - Tues 20 Nov

7pm - 8.30pm (6 sessions)

Tutor: Selma Tron- Nyikos Wellness Practitioner.

Fee: \$80

Venue: SpringDale Neighbourhood Centre

Room: Hall

Nothing Better Than Home Made

Have you recently become single and found yourself the primary household cook or a young person who has left home and/or struggles with cooking and kitchen management? Then join our Cooking Class and learn kitchen management - buying and preparing food and recipe selection. Become kitchen savvy.

Dates/times: Tues 16 Oct – Tue 27 Nov 6pm - 9pm (7 sessions)

Tutor: Barbara Godlewski.

Fee: \$140

Venue: SpringDale Neighbourhood Centre Kitchen

Coeliac Cooking Classes

If you or someone in your family suffers from coeliac disorder why not come and learn how to prepare suitable food.

Dates: Wed 10 Oct – Wed 31 Oct

7.00pm – 9.00pm (4 sessions)

Tutor: Debbie Winter

Cost: \$50

Venue: SpringDale Neighbourhood Centre Kitchen

COMPUTERS

All computer classes are held at SpringDale Neighbourhood Centre Limited. Subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension.

Email and Internet – Beginners & Beyond

This class is designed for both those new to Internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic Mail handling using Outlook Express. Next learn how to search the Internet more effectively; bookmark your favourite pages to access them quickly; saving messages in folders; setting up different accounts for individual family members; discover how to read your mail away from home. Try alternative methods of Internet communication including voice, video and interactive chat and learn how to check for and avoid viruses. Trojans, worms etc. (Actual content dependant on participant experience)

Skill Level: Intermediate

Dates/times: Tues 3 Oct – Tues 28 Nov

12.45pm – 3.15pm (8 sessions)

Fee: \$120 or \$70

(\$52 subsidised tuition fee + \$22 services fee)

Tutor: Tony Reymers, AMGARR



Introduction to Computers A

For those with no computer skills and/or no typing skills. Learn the basic skills of using a keyboard and mouse by playing solitaire and using a typing tutor. Learn to navigate around the computer and start up and shut it down by doing the following: open and close procedure, open programs such as solitaire and Word and use the typing tutor program.

Skill Level: Beginners

Dates/times: Wed 10 Oct – Wed 28 Nov

9.30pm – 12noon (8 sessions)

Fee: \$120 or \$75

(\$53 subsidised tuition fee + \$22 services fee)

Tutor: Lyn Brook, Lynette's User-Friendly Computers



Introduction to Computers B

The beginners class for those with some typing skills. Develop your skills, increase your confidence. Learn to work with programs ie: Microsoft Word, Microsoft Works and other programs to format documents. Spell check grammar and make changes and

corrections to existing text. Learn the basics of Microsoft Windows. Find out about the Internet.
Skill Level: Beginners
Dates/times: Fri 12 Oct – Fri 30 Nov
9.30am – 12noon (8 sessions)
Fee: \$120 or \$75
(\$53 subsidised tuition fee + \$22 services fee)
Tutor: Lyn Brook, Lynette's User-Friendly Computers



Introduction to Computer C (Consolidation and Extension)

Enhance your computer confidence. Learn to set up your computer desktop and other basic Windows tasks. Use Microsoft Word and/or Microsoft Works to produce documents that are professional in appearance using: tabs; tables; columns; clip art; word art; paragraph & page formatting. The class also includes a brief introduction to the Internet.
Skill Level: Beginners +
Dates/times: Tue 9 Oct – Tue 4 Dec
12.30pm – 3pm or Wed 10 Oct - Wed 28 Nov
12.30pm - 3pm (8 sessions)
Fees: \$120 or \$75
(\$53 subsidised tuition fee + \$22 services fee)
Tutor: Lyn Brook, Lynette's User-Friendly Computers



Introduction to Computers D (Become Creative)

This class will have you using a range of available software such as Hallmark Card Studio, Print Master 17, National Geographic Greeting Cards and Microsoft Publisher to create greeting cards. Learn also to create note pads; envelopes; calendars, and small business or gift cards (using sticky labels).
Skill Level: Intermediate
Dates/times: Thurs 11 Oct – Thurs 29 Nov
12.30pm – 3pm
Fee: \$120 or \$75
(\$53 subsidised tuition fee + \$22 services fee)
Tutor: Lyn Brook, Lynette's User-Friendly Computers



Introduction to Computers E (Intro to Internet, Emails & Computer performance)

Learn to send and receive and delete emails. Set up address books. Learn about virus protections. Understand internet browsers.
Skill level: Intermediate
Dates/times: Thurs 11 Oct – Thurs 29 Nov
9.30pm – 12noon (8 sessions)
Fees: \$120 or \$75
(\$53 subsidised tuition fee + \$22 services fee)
Tutor: Lyn Brook, Lynette's User-Friendly Computers



Introduction to Photo Story

Learn how to caption, narrate and add music to your photographs. Adding effects and transitions to your slideshow then save it into your PC.
Dates/times: Mon 15 Oct or Mon 5 Nov
1 X 3hr session. 9.45am – 12.45pm
Materials: 20 – 40 digital photos
Fee: \$50



Photo File Management

Introductory workshop will help you tidy up your computer, 'My Pictures' folder. Learn how to burn your photos onto CD. Copy them to a memory stick or email them to a friend. Manage your folder easily with recognisable pictures and icons.
Dates/times: Mon 29 Oct or Mon 12 Nov
1 X 3hr session. 9.45am – 12.45pm
Materials: 20 – 40 digital photos
Fee: \$50



eBay - Sellers

Learn how to sell on eBay. Always wanted to try selling anything that isn't nailed down on eBay and weren't sure how to start. Come along and learn from an eBay trained professional.
Skill Level: Intermediate +
Dates/times: Thur 1 Nov & Thur 8 Nov
6.30pm - 9.30pm
Fee: \$80
Tutor: Angelo D'Angelo



Microsoft Office XP

Use Microsoft Word for more than a word processor, use Outlook to organize your important meetings and

dates, also Excel to learn how to make presentations and slide shows with PowerPoint. If you have Microsoft Office on your computer but are using it only to type letters, let us show you more. Applications of Microsoft Office include: mail merge to print cards and envelopes; keep track of your income and expenses and budget; create a diary of important dates, and prepare a presentation or slide show.
Skill Level: Intermediate +
Dates/times: Mon 29 Oct Mon 10 Dec
7pm - 9.30pm (8 sessions)
Fee: \$120 or \$75
(\$53 subsidised tuition fee + \$22 services fee)
Tutor: Tony Reymers, Amgarr



Web Site Design

In this class participants you will be shown how to design a simple web page. Participants will set up a domain name, host a site on the net and upload their site to the net using software such as Microsoft Frontpage and FTP Commander.
Skill Level: Intermediate + knowledge of Microsoft Word, + General computers skills.
Dates/times: Tues 16 Oct – Tues 4 Dec
7pm - 9.30pm (8 sessions)
Fee: \$120 or \$75
(\$53 subsidised tuition fee + \$22 services fee)
Tutor: Steve Thew
Web Design business owner/operator. Stan Designs



MYOB for Beginners

These sessions are designed for those just starting out. Learn how to set it up and get it going. This course will give you a basic foundation of how to use MYOB in your business.
Skill Level: Intermediate
Dates/times: Wed 17 Oct – Wed 5 Dec
7pm - 9.30pm (8 sessions)
Fee: \$120 or \$75
(\$53 subsidised tuition fee + \$22 services fee) + \$45 course Manual
Tutor: Brian Knight
Round Table Business Consultants



GENERAL INTEREST AND SKILLS

Guitar and Singing

Learn to play the acoustic guitar and to sing your favourite songs or your own compositions. Major, minor and seventh chords, rhythms, finger picking and reading chord tablatures. Learn key transposition to match your voice range. No previous musical experience required. Students must bring own acoustic guitar. Laurent Boulanger is a guitar player and singer with 20 years experience.
Times: 6pm - 7.30pm
Dates: Tues 16 Oct – Tues 4 Dec (8 sessions)
Fee: \$120
Tutor: Laurent Boulanger
Venue: SpringDale Neighbourhood Centre
Room: Recreation room



Conversational French

French - conversational – beginners
For those with little or no French. Also suitable for Years 7-8 French for comprehension and pronunciation. Learn basic conversation skills for everyday situations.
Dates/times: *See dates and fees
French conversational - Intermediate.
10am – 11am



French - conversational – intermediate

For those with basic French who want to improve their oral and listening skills. Also suitable for Years 9 -10 French students. Participate in group conversation.
Dates/times: * See dates and fees
French conversational - Intermediate.
11am – 12pm



French - conversational – advanced

For those with a solid grounding in everyday French. Also suitable for Years 11-12 (VCE). In-depth discussions on cultural issues.
Times: 9am - 10am
Dates: Sat 20 Oct – Sat - Sat 15 Dec (9 sessions)
Tutor: Laurent Boulanger - qualified native French tutor.
Fee: \$90
Venue: SpringDale Neighbourhood Centre
Room: Recreation room



Spanish conversation for beginners.

No prior knowledge required. Perhaps one day you may travel there! Or just have some fun learning it.
Dates/times: Tues 9 Oct – Tues 27 Nov
7pm – 8.15pm
Fee: \$90
Venue: SpringDale Neighbourhood Centre



Dog Massage

Indulge your best friend with the physical and emotional benefits only a massage can bring. You will develop a stronger bond with your dog as you learn hands-on techniques to improve its health. Learn effective massage strokes and full body massage too. Please leave dogs at home.
Dates/Times: Sat 13 Oct – Sat 8 Dec
12.30pm -1.30pm (9 sessions)
Thur 18 Oct – Thu 13 Dec 6pm – 7pm (9 sessions)
Fee: \$90
Tutor: Laurent Boulanger - qualified massage therapist for pets
Venue: SpringDale Neighbourhood Centre
Room: Recreation room



NON SPRINGDALE CLASSES AND GROUPS

Pilates

Improve your fitness, core strength, posture, flexibility and sense of well being. Classes of varying fitness levels from beginners through to advanced. Small class sizes allow for individualized attention and direction.
Dates/times: Tuesdays 9.30am – 10.30am or 11am – 12noon \$110 (9 sessions)
or Thursdays 6.45pm - 7.45pm or 8pm - 9pm (8 sessions)
Tutor: Monique MacLeod
Fee: \$98. Please pay this fee at Drysdale Physiotherapy and Sports Injury Clinic
Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale.
Phone: (03) 5251 2958 to book.



Bellarine Woodworkers Inc

Meet first and third Monday of the month at 1.30pm at SpringDale Hall, High Street, Drysdale. New members welcome. Just turn up if you are interested.



EXPRESSIONS OF INTEREST

Home Brewing

If you are interested in a course on 'Home Brewing' please register your interest at the SpringDale, High Street, Drysdale.

Privacy:

The **SpringDale Neighbourhood House** respects your right to information privacy.

Information collected and held on participants, is kept in accordance with information privacy laws.

Special Interest Groups

THE ARTS

SpringDale Singers

A mixed voice choir meeting on Tuesdays, from 1.30pm to 3.30pm in the SpringDale Hall. New members welcome. Persons interested may come as visitors on any Tuesday.

Friendly Writers Group

An opportunity to share your writing and to hear the works of others. Meets at the Centre 7pm - 9pm every second Monday evening throughout the year.

Bella Arts Group

An opportunity to share your art and to see the work of others. Meets at the Centre 7pm- 9pm every second Monday evening throughout the year.

Crochet and Knitting Group - **NEW GROUP**

We have a number of people who have expressed interest in being part of this group or helping this group. Options so far are: Joining in with Bella Arts on a Monday night or session at SpringDale on Tuesday mornings.

Adults at Play

SpringDale Badminton - **NEW GROUP**

A new group has been formed and social badminton will be held on Wednesday and Friday afternoons. Please ring SpringDale to book in.

SpringDale Chess Club

Come along for a friendly afternoon of chess. Wednesday afternoons 1pm - 3pm.

SpringDale Jigsaw Club

Borrow a jigsaw (or two) at the bargain price of 40¢.

There is a big library, from children's to 2000+ piece jigsaws. Come along to the SpringDale Hall on the first Thursday of the month 10am - 12pm and have a cuppa while you choose your jigsaw.

SpringDale Mah-jong Club

Another opportunity to relax at play. Wednesday mornings 10am - 12pm.

SpringDale Scrabble Club

Looking for something to do on a Tuesday? This club is now well underway. New members are welcome. Tuesday afternoons 1pm - 3pm.

SpringDale Bridge Club - **NEW GROUP**

Looking for something to do on a Thursday? A new club for people who would like to play supervised bridge. Thursday afternoons, 1.30pm - 3.30pm.

Canasta Group

Canasta is a matching card game in which the object is to create melds of cards of the same then go out by playing or discarding all the cards in your hand. For experienced & for people just wanting to learn. A fun afternoon Monday afternoons 1pm - 3pm all year. \$2 Session

Line Dancing

What is Line dancing? A line dance is a formation dance in which a group of people dance in a line formation. Put in some country music and some country style footwork and the picture is nearly complete. We now have a very active group come along & be part of it. Wednesdays 10.15am - 12.15pm \$8 per session.

Life Drawing

For those who enjoy the experience of life drawing. Mondays 1.30pm - 4pm

Parents and Children

Bellarina Toy Library

Saturday mornings 10.30am to 11.30am. We have some fantastic toys to borrow (ages 0 - 6 years). So come along and see what we have to offer!

Portarlinton Toy Library

Monday and Wednesday mornings 11am - 12pm. Operates out of the Portarlinton Pre-school, look for the balloons and sign. New members welcome.

CRAFT

Springers Quilting Group

Meet for an afternoon of quilting. The group makes quilts for Palmerston Court Aged Care. Meetings take place on the fourth Thursday of the month at Springdale. Time: 10am - 12pm. Ring the Centre for more details.

Scrapbooking

Preserve photos from the past, enrich photos in the present and inspire hope for the future. All welcome, beginners will be shown techniques. Materials: Three photos of same theme. Last Wednesday of every month 7pm - 10pm.

Computers - New Facilitator

PC User Help Group - The group meets at SpringDale on the 2nd Tuesday each month 4pm - 5pm come and share your interest in computers.

HEALTH AND WELLBEING

Meditation

Learn to relax with this simple form of meditation. Meditation calms you - it will also develop concentration, problems will diminish - is there anyone who would like to help facilitate this group.

SPRINGDALE OCCASIONAL CARE

A three-hour session will give your child an opportunity to socialize and play with other children in a supervised program with qualified staff and may give you time to go to a medical appointment, grocery shop, attend a meeting or just have a little time to yourself.

Sessions are: Tuesday, Wednesday and Friday mornings 9am - 12pm, Monday and Thursday 9am-2pm. For further information please phone **Occasional Care on 5251 1627**. Sessions run during school terms only.

ENROLMENT

To book into a class, **phone (03) 5253 1960**, call in person at **SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale**, **Email:** office@springdale.org.au or send in the course booking slip.

• If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees.

• Your enrolment is confirmed when payment is received.

• Classes must be paid for no later than ONE week prior to the commencement of class – this helps us to ensure the course will have enough participants to run successfully.

PAYMENT

• We accept cash, cheque or credit card facilities are available for payment in person or via the mail in booking form.

• Should a class be cancelled due to lack of enrolments or another reason, fees are refunded in full and enrollees notified.

• People wishing to withdraw from a course must do so prior to commencement of the course.

• Where fees have been paid a refund will be issued with an administrative fee of \$8.00 deducted.

• Where a person withdraws after commencement of a course no refund will be issued.

Course Booking Slip (you will be sent a receipt & or confirmation of your booking)

Name:..... Address:.....

..... Postcode

Phone : (H) Bus:.....

Mob: Email:

I would like to enrol in / information about: (course name/s and dates/times)

Please tick one: ☐ Attached is my cheque for the course

☐ I will come in and pay for the course at least a week prior to the course commencing.

☐ I have completed the credit card slip below:

Visa /Mastercard : Credit card No: _____ Expiry date:..... /

Name of Cardholder:Amount:.....

Signature:.....

Comments / suggestions / other information that you require.....

I am interested in my child / children attending Occasional Care during this course if possible – **Yes / No**

Please post to SpringDale Neighbourhood Centre, PO Box 80, Drysdale 3222



Drysdale Fire Brigade Annual 'Garage Sale' Saturday, 27 October From 8.30am-1.00pm

The Drysdale Fire Brigade will once again be holding its Annual 'Garage Sale' including a 'sausage sizzle', at the Fire Station.

Any donations of saleable goods of any description i.e Good clean clothes, books, bric-a-brac, furniture, equipment, electronic goods, tools, toys etc, or cash donations would be greatly appreciated.

Goods can be dropped at the Fire Station on Sunday mornings or Monday nights from October 9th or the Brigade will collect saleable items. Please phone one of the following to organize collection:

Bev Serle on (03) 5251 2576
Robert Aylwin on (03) 5251 2263
or 0410 566 121

Jenny Rundell on (03) 5253 3257
or 0431 476 311

Egg and Bacon sandwiches
will be available from 8:30am
Sausage Sizzle until 1pm.

The **DRYSDALE FIRE BRIGADE** is always interested in additional members, especially those like shift workers or parents with children at school that would be able to enhance our daytime response capabilities.

So if you are male or female, over the age of 16 years and would like to make a valuable contribution to the community in

times of need, then we would like to hear from you.

To inquire about membership please contact:

Jeff Stewart
Captain (03) 5253 2240
0400 121 922

Robert Aylwin
1st Lieutenant (03) 5251 2263
0410 566 121

Jenny Rundell
Secretary (03) 5253 3257
0431 476 311

The brigade meets every Monday night at the fire station at 7:30 or Sunday mornings at 9:00am and new members are welcome.

Brigade Business number
(03) 5253 1444

Emergency number
(Fire calls only) 000

Plant Herbs in Containers



There are many reasons for growing herbs in containers. They are easy to collect for cooking purposes when they are close to the kitchen, perhaps at the backdoor or on a porch. These are advantageous when the property has little room to make a dugout garden.

All herbs are fragrant and to group them together makes for beautiful heady scented atmosphere.

You could make a backdrop for your herb container garden with fixing wires or lattice to a wall and planting a creeper to compliment the herbs.

Small pots and troughs are a great way to plant herbs, then place on steps with saucers underneath to save water and prevent staining on the surfaces they are on. Window boxes are another way to grow herbs especially at a kitchen window to make it convenient to pick.

To grow many herbs in a small area, stack containers in pyramids in corners, on top of bricks or logs and the like. You can use old washing mahine bowls, old clay pipes and other unusual pots.

If a pot is very pleasing to look at, place it on its own and make it stand out. Use pebbles, small rocks or broken china in the bottom of your containers to make drainage more efficient.

Do not overfill containers with soil, make room for watering.



In May I took part in a Scenic coach tour of the South Island of New Zealand. I was inspired by the scenery. Christchurch is like a quaint English town with its historic buildings, trams and parks. The Tranz Alpine rail journey took us from Christchurch to Arthurs Pass via scenery with snow capped mountains and raging rivers. Franz Josef is a unique little town on the West Coast and we had the chance to experience a helicopter ride over the glaciers, landing on Franz Josef right on sunset. Queenstown was another highlight. Located right on the lake and surrounded by many of the regions snowfields. This region offers options including winery visits, jetboating, bungee jumping, cruises and four wheel driving tours to visit Lord of the Rings film locations.

Milford Sound - not to be missed. The drive down through the mountains to see the glacier carved fiord is

breathtaking, but the big plus is New Zealand is right on our doorstep.

Scenic tours and accommodation with inclusions were great and our coach driver and tour leader's knowledge was exceptional.

New Zealand certainly has something for everyone. A relaxing coach tour is a great way to sit back and enjoy the scenery, or it is an amazing place to do a self-drive tour and pace yourself.

'Travel Talk' New Zealand

with
Nicole Prestipino

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Drysdale Ladies Probus

Our July guest speaker, Lynette Wilson, talked about Powercor Children's Helicopter service. Lynette's family became aware of this special service when Simone, Lynette's daughter, gave birth to a baby girl. The baby was born early and in foetal distress but fortunately did not need to use the service. Lynette was advised of Powercor Children's Helicopter service when speaking to one of the Sisters at the St John of God Hospital. Later the family asked "What can we do as a family" to help this charitable organization which is sponsored by Powercor.

As this question had not been asked before, they began by giving out brochures at charitable events and clubs. Lynette then approached the CWA, of which she was a member, and they in turn became sponsors and have the CWA logo on the helicopter.

Also The Bowling Club of Victoria became involved and they too have their logo on the helicopter.

Some facts:

- a neo-natal cot costs in excess of \$160,000
- it takes 7 minutes to fly from the

Docklands hanger to The Royal Children's Hospital helipad where a team of specialists are waiting to fly anywhere in Victoria

- The Powercor Lifeflight Helicopter only flies critically ill children who are close to death
- the service is free, however if parents wish to become a part of the Lifeflight Family they are welcomed
- children are never removed from hospital until they are stabilized
- 30% of children during 2005 /2006 needing this amazing service came from Geelong
- currently the La Trobe Valley and Shepparton areas are most in need
- the Powercor Lifeflight Helicopter is situated at Docklands from 8am until 6pm and flies when needed regardless of the weather
- helicopter equipment needs to be constantly updated so that it meets critical care standards

Members thanked Lynette and were very grateful for this most informative talk, as many were unaware of the existence of the Powercor Lifeflight Helicopter services.

Yours in Probud friendship
Lesley Jones



Lynette Wilson guest speaker and Judy Grimm showing some photographs of children who have benefited from the Powercor Lifeflight Children's Helicopter

Throw Bogus Lottery Scam Letters in the Bin!

Bogus lottery scams come in the mail or to your e-mail inbox and promise massive riches from authentic-sounding international lottery organisations. Fake lotteries are Consumer Affairs Victoria's top reported scam, with approximately 750 calls or complaints received a year.

Thousands of lottery letters, promising winnings of hundreds of thousands of dollars, are sent or emailed to Victorians every week. Those who respond are asked to pay 'processing fees' for winnings cheques that never arrive.

You might think 'it's worth a go, just in case it's real', but you're just throwing your money away. Instead, throw the letter in the bin or hit the delete key.

Consumer Affairs Victoria provides information about these scams on its website, along with some of the names of the most common fake lotteries, such as El Gordo and La Primitiva.

Visit the scams sections of the Consumer Affairs Victoria website at

<http://www.consumer.vic.gov.au/scams> and select 'Lottery scams' to see a scanned example of a lottery scam letter.

Regional Offices:

Geelong - 65 Gheringhap St
(03) 5224 8072

Warrnambool - 192 Liebig St
(03) 5560 5273

Drysdale Senior Citizens Club

July 16th we had our Annual General Meeting and everything went well with a very good turn out of members. We are sorry to say it's the same old faces on the committee as no one wants to take over. President Esther Lornie, Secretary Mary Carroll, Treasurer Bill Clasper, Vice President Joan Scothern, Committee Val Taylor, Joan Clasper, Yvonne Lednar, Les Brock, Gradie Hayman, Alma Marchant and Joyce Waixel who is also Public Officer. So we are hoping for another good year together.

This is the beginning of a new year so our annual fees are due. It is still \$15.00 for the year, and a cup of tea and a biscuit costs 50cents. We wish more people would come up and see what we do. One of our new members, who joined a few months ago, said he wished he had joined years ago because he is having a great time. We will teach you to play all

our different activities; we all had to start somewhere, so don't be shy, it's all good fun.

On Tuesday 28th August we had another good lunch down at the Clifton Springs Golf Club. It is always nice having a get together and a good chat. It's not good sitting on your own.

Monday 3rd September we have Bingo again at 1.15pm and a trading table. Then on Monday 17th we are having a sausage sizzle starting at 12noon with cards, bowls and snooker to follow. Keep watching the Echo (town by town) for more information.

Best wishes and love to all our sick members.

We hope to see you back soon.

President Esther
Secretary Mary

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Part 9

Local Bees Local Honey

With the season well under way the whole of the area is becoming extremely dry and bees are now searching for any moisture that they can find. It must be remembered that bees require water for several reasons.

One of the main things they use it for is to run their air conditioning. No they don't have little units built into the side of the hive. By fanning their wings at the entrance of the hive they create a draft and with some of the water that is collected, it is allowed to evaporate and cools the air flowing through the hive. This cooling method is something that the bees will do on hot days. With the lack of water, you may find that the bees are coming to drink at places that they have not been seen before.

I was asked the other day to have a look at some potted plants that were receiving a great deal of attention from bees in the area. What was happening in short, was that every day the pots were being watered with grey water and the excess was running out of the pots. The bees had decided that this would be a good water source and were working hard to get as much as possible before it dried up. As we go into the next water restrictions, with limited watering we will see this problem increase.

Having purchased some queen cells from a queen breeder in the North East, I have been waiting for them to hatch and mate, and then looking for the first eggs to appear. Now that we have the first group hatching the temperament of the hives is changing. The new queens are bred to be quieter and work better. This continual improvement also passes to her young and thereby we improve the workers. But they still have stings and will use them, but not as often as the old workers. It is interesting to note that the new queen will quieten down the old queen's workers as well.

Having made plans to move the bees off the canola, which had finished flowering

I thought it may be wise to leave them a week or two so that they may calm down a little. Well it sounded like a good idea at the time and I must say they were a little easier up until we started to load and then it was time to show that they were not happy. But move they must and after four loads the job was done.

I wrote some time ago that if there was an interest we may get a beekeepers club started in the area.

**Please contact
Springdale Neighbourhood Centre
if you are interested.**

**Mark Cornell - Leopold Honey
Apiarist C593**

FOOD glorious food

mussels in chilli beer & bacon



METHOD-INGREDIENTS

- 1 teaspoon oil
- 1 diced onion
- 4 rashers bacon / sliced
- 1 teaspoon sambal olek
- 3/4 stubbie beer (whatever brand is your favourite ...)
- 500gms cleaned mussels

heat oil in a saucepan and gently fry onion until clear.
add bacon, sambal and fry, stirring until cooked.
toss in the mussels and beer then put a tight fitting saucepan lid on top.

mussels are cooked when they are opened
NOTE: discard any that don't open.

SERVE WITH FRESH BREAD



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The Combined Probus Club of Clifton Springs - Drysdale

The Combined Probus Club of Clifton Springs - Drysdale held their 7th Birthday celebrations at the Clifton Springs Golf Club. The day was very successful with Phillip Vaughan showing us a wonderful display of native plants and giving us an insight into the world of growing natives. Phillip runs a nursery on Portarlington Road Curlewis selling a wide and varied assortment of Australian Native Plants. Everyone was very interested and asked lots of questions especially about plants and the water problems we all face in our gardens. He was most constructive with his advice and enlightened everyone about the diverse use of the Australian native plants.



Left:
The Combined Probus Club Birthday Cake
Right:
Guest Speaker Phillip Vaughan, chatting about and displaying his Australian native plants.



The birthday cake, with seven candles, was lit by Lyn Zanker, our newest member, Ray Evans our oldest member, cut the cake. The group enjoyed the cake for morning tea and later at lunch.

After the meeting, forty members enjoyed a lovely meal at The Springs.

The club meets on the second Monday of each month at the centre at 9.30am.

At our next two meetings we are asking members to bring along a friend. So come along and enjoy the fellowship and enjoyment that Probus offers.

Hoping to see you there –
Pat Peel (03) 5251 2403

Bellarine Ladies Probus

We enjoyed the meeting this month, and also the Vice Presidents contribution to take the meeting whilst the President was away.

Several of our members joined with another club from Belmont and took off to Norfolk Island. It appears to be a popular destination just now and the ladies had a good time.

The monthly speaker was also replaced by two of our own members who entertained us with stories about their holidays. They certainly know how to tell a good story of happenings. I suppose we could not have expected more from two of the Peninsula Players. It was most enjoyable.



Left:
Members playing Mahjong

We are going to Nieder Weisel on Friday September 21st and a High Tea will be a special highlight.

Activity groups within the club are Mahjong, Canasta, Scrabble, Craft and Chat. Mahjong was invented by the Chinese hundreds of years ago, and has been played throughout China down the

centuries. It is only in recent years that it has spread to the Western World where it has taken on like wildfire.

The western game varies somewhat from the old Chinese game, but the principles and scoring are exactly the same.

The next guest speakers will be Pauline and David Bice, who will talk on the 'Hearing Dog' that they own. More on this in the next edition.

Until next time.
Yours in friendship Iris Liz Tolton.

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Bella Arts at SpringDale

Bella Arts has been formed to meet the need for an evening art session. The aim is to support and encourage all types of art interests in a friendly and social environment. Anyone who likes to do their own art or craft is very welcome to come along. There is no formal tuition, however some members of the group are willing to assist, advise and instruct any participants who may be inexperienced or lack confidence.

Silvia Francis is kindly offering her advice on a casual basis.

She is happy for people to contact her with any enquiries.

The cost is just \$1 per session.

Bella Arts intends to make this a fun and stimulating experience with all sorts of extra activities planned for the future such as life drawing, gallery visits and demonstrations.

**Please contact SpringDale on
(03) 5253 1960 if you are interested.**

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from the **garden gate**

DESIGN, FORM AND BALANCE IN YOUR GARDEN



The art of Landscape Design has been around for a very long time. It can be seen in the medieval gardens that surround ye olde English castles or in the ancient Chinese gardens that surround their temples. The form and balance achieved in these differing styles of gardens can only be attributed to someone giving a great deal of thought to how they wanted it to look.

These days people tend to buy a bundle of plants at the local market, throw them in the garden and wait to see what happens.

So much more can be achieved with the space around where you live, if you stop and think about what you want to do in it.

Most people have problems in imagining what a landscape will look like on its completion, when currently all you have is weeds. There have been some clever developments in digital imaging and computer design software over the last 10 years.

These can be used to help the imaginatively impaired to see the potential of the fruits of their labours. These software packages provide a means to change a digital image of an area by adding in new plants and features as well as hiding existing features.

A large library of plant images can be used to simulate planting on a digital image of an area, i.e. no digging, just looking.

This can be very useful in determining the look and feel of the garden by the way the plants look together on the picture.

It also allows for easy changes to be made to fine tune a look to suit your taste. Some software provide the feature of growing the plants over a period of time, to truly appreciate the look of the garden in the future.

Not bad without one hole having to be dug.

Neil Muhlhan - Alinga Landscape Design Pty Ltd



In my Mother's old autograph book there are these lines,
*"You are
nearer to God
in a garden,
than anywhere
else on earth".*

What to do in the Spring garden....

Keep an eye out for black spot and yellow markings on rose leaves. Remove all affected foliage and burn it. Feed the plants with mulch of Lucerne or rotted manure mix. Use fallen leaves swept from paths as instant mulch. Spray roses with Triforine or use homemade mixture – 3 teaspoons baking soda in 4.5 litres water and add 2.5 tablespoons of Pest Oil.

Repot patio plants into slightly larger pots with some fresh potting mix. Continue to fertilise Spring-flowering bulbs as the plants die down, as well as roses, oleanders and hibiscus and fast-growing Summer shrubs and climbers. Clip hedges and screening shrubs to keep them bushy and compact. Prune Spring-flowering climbers, trees, shrubs including natives such as bottle brush, when flowers finish. Train climbing plants by tying up wayward branches. Dead-head flowering plants regularly to keep them flowering.

A piece of trivia for you, 'Oleanders' No Threat". A country gardener asked if it was OK to use oleander leaves in his compost bin or heap. He received the reply. "The various parts of the oleander, including leaves, flowers and fruits, are poisonous to humans if eaten. There is no evidence to suggest that the toxins will

affect compost or other plants. So the leaves may be used as compost without any ill effect".

Enjoy your garden ...

Now is the season when you can see the rewards of your hard work in earlier months, especially if you kept buckets of water up to plants last Summer.

Advance notice.

The Clifton Springs/Drysdale Garden Club's Annual Garden and Flower Show will be held on Saturday November 10 in the Uniting Church Hall, Drysdale.

Meetings.

Garden Club meeting on Monday September 17 and October 15 at 7.30pm in the Uniting Church Hall, Drysdale.

All welcome

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Drysdale Uniting Church



Rev. Peter Cannon and his wife Helen

Drysdale Uniting Church's bimonthly evening service on 15 July was a special one as we bade farewell to Rev. Peter Cannon and his wife Helen. Peter leaves us after 3½ years as Minister to Worship @ 9 Service, to take up an appointment at Sunbury Uniting Church.

Approximately 80 people attended, including members from Surfside congregation who Peter has also served as Minister. The informality of our evening services was maintained as we shared a meal in the hall and participated in singing, message and prayers before the formal proceedings to 'cut the ties' with Peter and Drysdale Uniting Church.

Peter's excellent contribution to the life and worship of the Drysdale Uniting

Church was noted, especially his efforts in establishing the Sunday evening services and pastoral care.

The next bi-monthly Sunday evening service will be held on 16th September in the church hall commencing at 6.00pm. All are invited to attend, bring along finger food to share and participate in an informal service with the theme of 'Spring'. You will find a warm welcome with activities to keep the children entertained.

ADVANCE NOTICE:

The 'Countdown to Christmas' Advent Program will again be held in December on Thursdays 6 & 13 and Sunday 16. More details to come.

When is it a good time?

It seems very hard to find a good time for interruptions to our normal routine.

The phrase, "This is not a good time for this" seems to come up regularly and in many varied situations. The recent roadworks in Wyndham Street were an inconvenience for some people and I am sure there would have been some who thought it was not a good time for roadworks. This would have been due to something in their life that was complicated by the work. I don't think there would have been a time when everyone thought it would be a good time to have detours and road closures. There may have been some, but not everyone.

We are generally creatures of habit and anything that breaks the regular flow is deemed to be inconvenient and would be better at another time, if that time actually exists. We generally wait for something to become an emergency before we allow

it to interrupt our routine. It almost has to be critical to be okay. However, a few uncomfortable or inconvenient adjustments now could save the emergency, avoid the grief and prevent future chaos.

Jesus was addressing an issue of timing when he spoke to His disciples;

Do you not say, "Four months more and then the harvest! I tell you, open your eyes and look at the fields! They are ripe for harvest". (John 4:35 NIV)

There are things that many of us know we need to adjust, but we say that the time isn't right. We say we will get to it later when we can focus or when we have a bit of space. The best time is now.

When we know it needs doing, it is best to be doing it. That's when it will actually be easier. It's a good time.

Jake Hogendoorn Pastor,
Drysdale Community Church.
276 – 290 Jetty Rd. Drysdale

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health & wellbeing



Dental Care For the Young Child

Young adults have the opportunity of keeping their teeth strong and problem free for life. However the secret lies in proper care through the development of the baby teeth and permanent teeth in the adolescent years. This lays the foundation for good dental health into adulthood.

Newly emerged teeth, baby teeth, are particularly vulnerable to decay. Babies and toddlers rely completely on their parents and carers to make correct choices about diet and oral health habits. It is important for baby teeth to stay

healthy for chewing, proper speech, maintenance of space for permanent teeth and to avoid toothache. It reduces the need for expensive dental care in the late teen years.

There are many simple steps that can be followed, and bad habits to be avoided, that can lead to long term good dental health. This in turn results in the need for less complicated dental treatment in adult years and the ability to retain good teeth for life. A few include:

- Brush your child's teeth twice a day.
- Encourage tooth friendly snacks.
- Avoid sticky sweet foods.
- Avoid sweetened drinks or fruit juices in a bottle.
- Change from a bottle to a cup or feeding mug.
- Use of regular home fluoride therapies in areas with no fluoridated water.
- Regular dental examination to monitor development and treat problems.

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Information Contributor
- Reed Dental Centre

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Rotary Club of Drysdale

At the meeting of the Rotary Club of Drysdale on Monday 16 July, guest speaker Jane McDonald gave members an update on the family the Rotary Club has undertaken to support in Bali. The Drysdale Rotary Interact Club (Youth) has adopted it as their main project and are currently raising funds.

Since her first visit three months ago, she has travelled to Bali to visit the family. The bicycle provided for the young boy Dewa by our Club has been well received, and with the assistance of the Rotary Club of Lovina, Dewa's schooling has been arranged. Dewa is very happy and excited about going to school and eager to learn English and computers so that he can support his family.

His sister Desak is blind and disabled, and transporting her to receive treatment

is very much an issue for the family. It is possible her eye condition is due to cataracts, but a full medical assessment is required.

Jane attended a meeting at the Rotary Club of Lovina during her visit, and spoke to John Fawcett who is responsible for setting up mobile eye clinics in Bali for the treatment of cataracts, a 20 minute operation. There are three types of blindness – injury sustained in the rice threshing process, contracted at birth or in childhood. The ideal is that young children need to be treated for cataracts as a matter of course and 2000 ophthalmologists are needed to carry out the work. Jane presented President Roger Lavingdale with a flag from the Rotary Club of Lovina. President Roger presented Jane with a cheque for \$300.

The Rotary Club of Drysdale would like to have some new members and would encourage you to give some thought to be



Jane McDonald speaking at The Rotary Meeting



coming a member. You may contact Ken Steel on (03) 5259 2098 and he will make arrangements for you to come to one of our weekly meetings at the Curlewis Golf Club. It is a chance to meet business and professional people and participate in good food and fellowship.

President: Roger Lavingdale
Phone (03) 5253 2557

Drysdale Football Netball Club

Finals are now upon us. The semi finals begin this Sunday 2nd September – yes, that is Fathers Day. To all our DFNC Dads, we wish you a very happy Fathers Day. What better way to spend your special day than supporting your daughters at the Peninsula netball courts.

After tough games over the last month, which included Geelong Amateurs and Barwon Heads, all senior sections have secured finals appearances. We've had some good wins in the senior grades. Congratulations to B and C Grade on their wins over ladder leaders Geelong Amateurs, and their hard fought games against Barwon Heads. A Grade and D Grade have suffered losses, but this will be used as motivation by our girls to push that little bit harder during the finals.

Collectively, Drysdale have continued to improve across the board and it is imperative to continue these efforts. We all have one common goal, no matter what grade – to perform at our very best and strive for grand final victory. It's a very even competition in all senior grades; it could see any of the top four sides taking out their respective premierships.

In the junior grades, the 19U team is extremely strong with the unbeaten 'champions' medal up for grabs. This side contains six current Bellarine Representative players. These girls will be hard to beat as there doesn't seem to be a weakness for the opposition to exploit. The 15U Section 1 team and both 13U teams have performed very well to secure finals berths. Condolences to our 17U team and 15U section 2 team, who have strived hard all year but unfortunately, fell just short in season 2007. We are very proud of your efforts. The 11Us have enjoyed the year and will finish with a round-robin competition on Sunday 9th September at the Peninsula netball courts, starting at 9am.

Good luck to everyone for the finals.

Our Sponsors

We acknowledge and sincerely thank the following sponsors for the 2007 Season:

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We are currently seeking Trophy sponsors. For \$50 businesses can have their name on a trophy. Spaces are limited, so please, get in early.

Contact: Ingrid Burnett
for details on 0417 990 550.

SCRAP METAL DRIVE

1st Drysdale Scout Group's 3 monthly scrap metal collection point will operate again on the weekend of the 15th & 16th September 2007 at the rear of the Drysdale Scout Hall, facing onto the car-park. If you have any scrap metal, please place it in the bin provided.

Items such as old washing machines, dryers, fridges, freezers, sheet-metal, scraps of metal, old bikes, old guttering etc can be donated.

Gas bottles and rubber tyres are not accepted. 100% of all monies raised from this effort will go towards running our Scout Group.

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For enquiries, please contact
Sue Gibbons on (03) 5256 3809

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Enquiries: Ray Hobbs - 0428 513 920
Kathy Ball – 0414 862 658



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