

# The SpringDale Messenger



ABN 21 404 220 267 >> Compiled & Published by the

SpringDale Neighbourhood Centre Inc.

## St. Leonards - Celebrating 150 years

The Bellarine town of **St. Leonards** is planning to commemorate its founding 150 years ago by Captain George Ward Cole, on the Melbourne Cup long weekend.

A Community Festival will be held on Saturday, 3 November in the main street, which will be closed to traffic, from 11am till 5pm.

The festivities will climax with a free, giant barbecue and entertainment on the foreshore on Saturday evening.

Mark Holden, star of 'Australian Idol', will be a special celebrity guest at the festival.

Mark is a descendant of local pioneer, William Holden, and the Holden Circus family which was an attraction for day trippers from Melbourne in the early days of the towns history.

A display of old photographs from the towns early history will include Holden's Circus and Coffee Palace as well as other interesting buildings and people associated with early days of St. Leonards.

A foreshore market, local musicians and performers, displays by community groups, woodturning and children's entertainment will feature on the day.

At 1.30pm a re-enactment of the first land auction in 1857 will take place followed by the unveiling of a memorial to George Ward Cole at 2pm.

A commemorative wine has been produced by a local vineyard and will be on sale during the festival.

A feature of these celebrations will be the Bellarine Art and Food Festival which will be opened on Friday, 2 November by the Member for Bellarine, Lisa Neville MP at 8pm.

The Art and Food Festival is an established event on the Geelong Arts calendar and promotes local artists and primary producers.

The **Art Show** and **Food Festival** is held at the St. Leonards Yacht Club and will be open Friday, Saturday and Sunday of the Melbourne Cup weekend.

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Photograph - Anne Brackley

### Drysdale Village HARDWARE



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## Deadlines for December Issue Copy 5 November

Distribution **27 October** Circulation **5000 Copies**

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### SpringDale Neighbourhood Centre

Opening Hours **Monday to Friday 9.30am - 3.30pm**  
during school terms and by appointment.

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**PO Box 80 Drysdale**

### The SpringDale Messenger

Designed by **Lyn Ingles - blue pencil publishing**

All contributors are asked to provide their articles on disc,  
Microsoft Word document or email it for ease of processing.  
Contributors are still accepted as written copy but need to be  
submitted in the week prior to our copy deadline.

### Editing of Contributors Material

Contributors should note that the right to modify submitted  
articles is retained by The SpringDale Messenger.

### Views

Views expressed in this newsletter are not necessarily  
the views of the publisher, the SpringDale Neighbourhood Centre Inc.

## Community Calendar

**SpringDale Community Calendar is a  
SpringDale Neighbourhood Centre initiative  
to support the whole community.**

The calendar is an 'easy to see list' of **happenings** in our  
area. To help you to plan an event, access our website  
[www.springdale.org.au](http://www.springdale.org.au) to view events.

If you wish to place your event in the **website, calendar** and  
further issues of the **SpringDale Messenger** please email,  
write or call the event details to our office.

## November

- 2-4** St. Leonards Art and Food Festival St Leonards  
Yacht Club
- 3** St. Leonards Community Festival town centre  
11am-5pm
- 4** Drysdale Rotary Family Fun Day, Pt Richards,  
Portarlington
- 6** Melbourne Cup (SpringDale will be closed for the day)
- 9** Cultural Night at SpringDale  
– Japan is the theme - 5.30pm
- 10** Clifton Springs Playgroup Garage Sale  
Lake St, Drysdale
- 11** Remembrance Day 11am
- 12** Crazy Whist 7.30pm C/Springs Bowls Club
- 13** Country Women's Association, Drysdale meeting 1pm  
at C/Springs Golf Club Community rooms
- 14** U2 Fitness Centre information session for  
Over 50's at 2pm
- 14-17** Peninsula Players 'Key for Two'
- 17** Harvey World Travel Expo, Potato Shed, Drysdale
- 18** Antique Road Show \$5 valuations, Mill Markets,  
114 Bellarine Highway, Newcomb. 10am-5pm.
- 18** Drysdale Community market 9am-1pm
- 23** Indigenous Seed Collection Workshop, Bellarine  
Secondary College Landcare Nursery,  
Belchers Rd, Drysdale
- 25** Portarlington market 9am-2pm
- 26** Business Breakfast SpringDale 7am
- 27** Budgeting for Families luncheon and information  
session 12.30pm
- 29** Clifton Springs Primary School concert

## December

- 16** Drysdale Community market 9am-1pm
- 25** Christmas Day
- 30** Portarlington market 9am-2pm

## January 2008

- 5-6** Book Sale St James Anglican Church Drysdale
- 12** Portarlington Mussel Festival

## Facilities @ the SpringDale Centre

- Personal use of Computers
- Internet Access • Photocopying • Faxing
- Laminating • Room Hire • Crockery For Hire
- Tables & Chairs for Hire
- SpringDale Messenger in large format

- Reasonable Rates
- Concession Rates for Members

The  
**SpringDale  
Messenger**





# news

from

The SpringDale Neighbourhood Centre

Anne Brackley  
centre coordinator

## Dear Friends

I would like to take you on a tour of our local Recreational Reserve in Drysdale. Although I have lived in Drysdale for most of my life and have been in the Recreational Reserve many times, I don't think I have ever truly appreciated it before. I had occasion to look for a group of people in there the other day. I approached from the open space off Wyndham Street. As I neared the top of the hill overlooking the Fire Brigade running track / Netball courts, the vista unfolded. The colours of all the different trees, McLeods Waterholes in the distance, the playground area and so many small family groups enjoying all the different aspects of our park.

So many organised groups use the Recreational Reserve for sporting activities and for the seasonal monthly market, but there are so many other people who use it for pleasure. My family has visited many celebrated parks in our travels but I had not realised that we were so fortunate to have one of the best laid out reserves in Victoria in our midst. I encourage you to visit our Recreational Reserve and walk some of the 200 acres that it comprises.

Take a look at McLeods Waterholes, an area I understand, where Koories would always find water on their visits to the area. Have a look at the Pine Plantation that was planted in the early 1950's after the Second World War. My grandfather was Principal of Drysdale Primary School and he thought it would be an asset for the town to have a pine plantation for paper making and my mother remembers helping to plant the trees.

I remember when there were caravan sites in the Recreation Reserve and helping my other grandfather to collect rent and pick up drink bottles which were recycled to help to raise money for the Drysdale Preschool that my parents were working to build.

Maybe we should have a 'Celebrate the Recreation Reserve Day' or maybe we should keep it as a local secret. I'd like to know if there are others in our community who are interested in maybe becoming Friends of the Recreation Reserve.

Now what's happening at SpringDale - after our very successful evening for Adult Learners' Week in September we are holding a Japanese night on Friday 9th November from 5.30pm. Come and learn to make your own Sushi roll

(and eat it) or maybe even 2 and there will be Japanese noodles to learn to cook and taste. Please feel free to bring anything from Japan to share, wear or show and I'm sure we'll all have a fun night. The cost of the night is \$10 to help cover costs. Please bring your own bamboo mat to roll your sushi roll on - they are available at the supermarket for about \$2.00. Please book in at SpringDale - there will be limited places available. Which country you would like to be next?

Lastly I would like to thank everyone who helps to bring the SpringDale Messenger together. We have worked very hard over the few years to ensure that the Messenger is relevant and timely. It is very tricky when we have about a month turn around time for articles. This means that contributors need to write about events that may not have happened yet but are scheduled to happen between the time that the article is submitted and the Messenger is distributed. Sometimes we need to change the articles that are submitted to ensure the information looks timely to our readers.

I apologise to the Ladies Probos of the Bellarine, whose article we changed last issue and unfortunately that event was cancelled.

Due to this we have reviewed our policy and it now states firmly that we ask people to write to the distribution date and that we reserve the right to edit all articles to ensure they abide by our word limits.

We will be encouraging all contributors to attend a SpringDale Messenger workshop to be held in December to help us to continue to improve our very special way we communicate with our community. I would also like to say a very special thank you to Judy Williams who has been editing the SpringDale Messenger for approximately 2 years now and to Lyn Ingles of 'blue pencil publishing', who has adopted the SpringDale Messenger so enthusiastically and continues to push us towards excellence in each issue.

I had the opportunity to show a few more groups around SpringDale recently and I sincerely enjoy the looks on faces when I bring all our activities to life for them.

**Looking forward to seeing you at SpringDale**  
**Anne Brackley Coordinator on behalf of the team at SpringDale.**



What's Happening?  
@ The SpringDale Centre

## SpringDale Business Breakfast

SpringDale Neighbourhood Centre invites you and your business to come along to a **BUSINESS BREAKFAST** to meet and greet other business owners in the area on **Monday, 26 November at 7am** in the SpringDale Community Hall.

The cost is \$8. The guest speaker will be Greg Donoghue who has a broad experience on environmental issues, sustainability and recycling.

**If you are interested in attending, please ring SpringDale on (03) 5253 1960 to make your reservation.**

## Japanese Cultural Night

**Friday, 9 November at 5.30pm in SpringDale Demonstration Kitchen.**

The cost is \$10. Make sushi and eat it with us. **Call (03) 5253 1960 to make your reservation.**

## FREE Family Budgeting Session

**Tuesday, 27 November at 12.30pm** for lunch. Childcare available.

**Call (03) 5253 1960 to make your reservation. (Date to be confirmed).**

## International Volunteers Day

International Volunteers Day was declared by the United Nations General Assembly in 1985 and will be celebrated again this year on Wednesday, 5 December. Around the world volunteers play a vital role as they contribute their time and energy to the community. Their commitment and enthusiasm is always greatly appreciated. The Geelong Volunteer Resource Centre hold information sessions for potential volunteers each month and if you are interested in volunteering you can contact them on **(03) 5221 1377**

**or visit the website**  
**www.geelongvolunteer.org.au**

## Tax Time is Lunch Time!

Choose us to prepare your tax return and you will receive a **FREE** delicious breakfast/ lunch voucher from Mel's on High, 16A High Street Drysdale (valued at \$20).

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Tax returns start from \$75. incl. GST

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## From Lisa Neville's desk



### FUNDING FOR INNOVATIVE WATER PROJECTS

The Brumby Government is providing \$5million to encourage smarter ways to save water in our cities and regional towns, Water Minister Tim Holding recently announced.

The Smart Water Fund provides seed funding for water conservation; water recycling, research and development projects and bio-solids management projects.

With the ongoing drought and the impact on climate change, it is important to explore new solutions to saving and protecting our precious water resources.

Individuals, community groups, businesses and research organisations are encouraged to apply for funding for water saving initiatives.

Applications close on **9 November 2007**, for further information or to request an application pack, **freecall 1800 882 432**, visit **[www.smartwater.com.au](http://www.smartwater.com.au)** or call my office on **(03) 5248 3462**

### PLAN TO HELP GEELONG FAMILIES EXPERIENCING MENTAL ILLNESS

I was pleased to announce, as Minister for Mental Health, a strategy to help thousands of families where a parent has a mental illness now has workers based in five rural Victorian regions, including our community.

This mental illness strategy is part of an \$8.7 million package to expand women's mental health generally over five years.

The worker based in Geelong is there to ensure services provided to families in which a parent has a mental illness, are better coordinated and meet the needs of all members of the family.

When a parent becomes unwell it affects everybody in the family. We want to change the culture so that when a person presents with a mental illness the response takes into

account the impact on the family as well as on the individual.

### NEW V-LINE TIMETABLE

Just a reminder there is a new timetable for V-Line services on the Geelong line. The new timetable is delivering additional train services to Melbourne each week.

Passengers can pick up a copy of the new V/Line timetable from staffed stations and copies of the timetable will also be available for download from **[www.vline.com.au](http://www.vline.com.au)**.

### GEELONG FOOTBALL CLUB

I was thrilled to attend the AFL Grand Final with my son Sam and see the Cats' fantastic and well deserved win. It was an emotional day for many fans and a great experience to have been there together. The Victorian Government recently announced it will provide a further \$6 million towards the redevelopment of Geelong's Skilled Stadium, this along with funding promised by the Federal Government and Opposition will ensure the long term future of the Geelong Football Club and its ability to continue to playing home games at the venue.

### ELECTORATE OFFICE

Well the time finally arrived and we moved to my new electorate office last month. As always, please don't hesitate to contact my office if there is anything with which we can assist you.

Until next time,  
**Hon Lisa Neville MP**  
**Member for Bellarine**  
**(03) 5248 3462.**

## FREE Computer Recycling

Do you have any old and unwanted computers, laptops, monitors, hard drives at home or at the office? Wondering how to dispose of them in a safe and environmentally way?

Byteback is a free service, available to residents and small business owners in the City of Greater Geelong who want to dispose of unwanted computers or computer parts. A limit of 20 items per visit applies. Byteback operates from the **Geelong Resource Recovery Centre, 100 Douro Street, North Geelong, seven days a week, 7.30am – 4.15pm.**



## NEIGHBOURHOOD WATCH INFORMATION

**GLG 69 - Ron Renfrew**

Springdale Drysdale

**(03) 5253 2207**

2nd Wednesday • 7.30pm

**GLG 58,59 - Mark Cline**

C/Springs Bowls Club

Clifton Springs

**(03) 5253 2717**

2nd Monday • 7.30 EDST • 7.00 EST

**GLG 68 - Doug Palmer**

Springdale, Drysdale

**(03) 5251 2522**

4th Monday • 7pm



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Back: Marc Blackhall, Dave Somers,  
Front: Stuart Boland, Carol & Daryl Ward

Bellarine Glass & Screens was established on the Bellarine Peninsula over 30 years ago by Don Ward.

There is a full time staff of five employees headed by owners Daryl and Carol Ward.

The business has an extensive range of glass and aluminum products and a focus on satisfying the requirements of their customers.

They will custom make products to suit your needs. Whether you require a safety door, shower screen, flyscreen, mirror or perhaps a glass balustrade,

there is a wide and varied selection to choose from.

Security doors are available in a large range of designs and colours, shower screens are available in different glass colours, framed or semiframeless.

"If the unexpected happens and you are in need of a glass repair, call us we are a 24 hour service. We will also visit to give you a free measure and quote", Carol said confidently.

Their strength is about having a lot of experience and knowledge about their products and services.

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Terms, conditions, fees and charges apply. All loans subject to the bank's normal lending criteria.  
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## Ladies Probus of the Bellarine Inc. Registered No. A14696T

Our last guest speaker was Lynette Wilson from Powercor Children's Helicopter Service. Lynette was one of the founders of this wonderful and needy service and has spent many hours consolidating its existence. The Powercor Children's Helicopter retrieves critically ill and/or injured newborn babies and children from throughout Victoria, including the most far reaching rural areas.

The Powercor Children's Helicopter is the conduit which rapidly delivers the skills of the Newborn Emergency Transport Unit (NETS) throughout Victoria. This life saving service is on standby every day to transport these medical specialists anywhere in Victoria to stabilize critically ill and/or injured children and transport them back to newborn and Paediatric Intensive Care Units in Melbourne. Effectively providing a flying intensive care unit anywhere in Victoria ... saving valuable time by rushing the hospital to the child instead of the child to the hospital.

The Powercor Children's Helicopter Service's is a charity 'LifeFlight' which is sponsored by Powercor. The helicopter operates independently from the Royal Children's Hospital and do not currently benefit from the \$10 million raised from the Good Friday Appeal. The service does not receive any of these funds, but raise funds from their own fund raising efforts.



Powercor Children's Helicopter

Powercor Children's Helicopter Service is powered by community spirit and goodwill by all Victorians.

Our trip to 'Nieder Weisel' at Ballarat on 21 September was interesting and a lovely day away. We toured around the gardens and the Victorian House. We finished our day with high tea, cream cakes, and many thanks to John Dickerson for giving us his valuable time to drive the bus.

Our Fashion Parade sadly was cancelled but hopefully will now be held on Monday, 19 November on our meeting day at the Clifton Springs Golf Club. We look forward to a fun time and a vibrant meeting.

The group is enjoying their own diverse games of cards, Mahjong and scrabble, craft and of course good conversation.

**Yours in friendship**  
**Iris (Liz) Tolton**

## Drysdale Senior Citizen Club

Monday 17, September we had a sausage sizzle which went extremely well, Joyce Waixel and Alma Marchant were the cooks, they did a great job. The Committee made the salads offering plenty of choices. It's very nice to enjoy a meal with good company.

Monday 5, November we are conducting Bingo with eyes down at 1.15pm. We also have the trading table and afternoon tea will be provided. It's a great afternoon and everyone enjoys it.

Our big event in November is our Christmas Lunch. It was difficult trying to

organise an entertainer and the catering for the same day in November; we realize it's a bit early but it is the best we can do. We are having a two course lunch and the entertainment will be provided by Brendan Scott. It is \$16 per person for members only. We hope to see you all there.

Once again we send best wishes to all our sick members, which we seem to have a few of at the moment.

**From all of us, get well soon.**  
**Esther, President**

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## BELLARINE VETERINARY PRACTICE

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Saturday  
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# Fashion Parade

**Friday 2 November**  
**Drysdale Community Church**  
**Jetty Road Drysdale 7.30 - 9.30 pm**

**Clothes, Shoes & Accessories**  
**can be purchased on the night**

**All proceeds will be donated to and for more information or tickets please call:**

**2CC - (03) 5251 1920**

**Lifeline - (03) 5253 2168**

**Concern - (03) 5251 3640**

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• Supper Provided

**Tickets \$5**  
per person  
**Students:**  
Gold Coin  
Donation

## November is an exceptionally busy month on the Bellarine Rail

The 'Blues Train' kicked off its season in October with all trains fully booked well in advance resulting in several extras being scheduled to satisfy demand. November & December are shaping up to be a repeat performance! So if you are planning on doing the Blues Train or indeed if you are thinking of booking a train, a carriage or holding a children's party with us, **BOOK NOW** and avoid disappointment.

As always, you can phone Emma, our friendly marketing manager during business hours on (03) 5258 2069.

**Please note that there will be NO TRAINS TO DRYSDALE on the last Sunday in November.**

This is due to the railway being fully utilized by the Queenscliff Music Festival.

The BR is pleased to be a part of a special exhibition during November at 'The Old Mill' in Portarlington. Alec Finney is the organizer and it promises to be of great interest to anyone with interest in heritage railways. Until next month, take care

**Paul & Kate**

**Drysdale Historic Railway Station  
KIOSK- MUSEUM - BIKE HIRE  
24 Hour Info - (03) 5251 3725  
Visit [www.bpr.org.au](http://www.bpr.org.au)**

### Parkinson's Support Group

Joining a support group can be a good way to share information, make friends, and hear advice from people in the same situation. The Bellarine Parkinson's Support Group meet on the second Wednesday every month at 1.30pm at the Ocean Grove Community Health Centre, corner The Avenue and Presidents Avenue, Ocean Grove. Carers, sufferers and new members welcome. **For further information contact Denise Heathcote, Community Health Nurse on 5251 2291.**

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### ANTIQUA ROADSHOW

in the **Mill Markets**

**114 Bellarine H'way NEWCOMB**

**SUNDAY 18 NOV at 10am - 5pm**



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## Detox Your Home

When certain household products are past their 'use by date' they must be disposed of carefully. If you have any car batteries, motor oil, fluoro tubes, paint or gas cylinders around your home, a **FREE** service in conjunction with the City of Greater Geelong is available at the

Geelong Resource Recovery Centre,  
100 Douro Street, North Geelong  
(Melways Ref 441 K6).

**For more information, please call the  
City of Greater Geelong on  
(03) 5227 0272 or visit the website  
[www.geelongaustralia.com.au](http://www.geelongaustralia.com.au)**

## Steam Railway Photo Exhibition

**Every weekend in November 2007**

**Commencing  
Saturday  
3 November 2007  
12 noon to 4.00 pm**

**at The Old Mill  
Turner Court  
Portarlington**

**Admission at 'Old Mill'  
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**Come on kids bring Dad along too**

Rotary Club of Drysdale

**Sunday Nov. 4**

**10am-4pm**



# family fun day

**Unlimited Rides \$10**

- Miniature Train Rides • Locomotives
- Giant Slide • Animal Farm
- Jumping Castle • Face Painting
- Displays & More Rides • Vintage Cars
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Hot Food

Drinks

rides

BBQ

fun

Ice Creams

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## Portarlington Miniature Railway

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**ANZ  
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Money magazine's Home Loan Lender of the Year 2005, 2006 and 2007. Personal Investor magazine's Home Lender of the Year 1999-2002, 2004 and 2005. Many of ANZ's Home Loans were awarded CANNEX mortgage star ratings in 2007. All applications for credit are subject to ANZ's normal lending criteria. Terms and conditions available on application. Fees and charges apply. Ask us for details. Australia and New Zealand Banking Group Limited (ANZ) ABN 11 005 357 522. M&S/ATCHI ANZ4463/5/5 ANZ016992





September was New Generations Month hence it is appropriate that we give you a little glimpse of some of our Club's achievements and how we support Youth in our local area.

In the coming months we will have three local Year 9 students (financially sponsored by our Club) attend 'The Siemens Science Experience'. The program is a three day program where budding scientists have the opportunity to experience hands-on activities in their selected tertiary institution. They attend short lectures on current science topics, further studies as well as careers in science. Key note speakers are selected from the cream of our academics.

The St Ignatius Interact Club has now been going for a couple of years and has provided us with another opportunity to enhance the leadership strengths of our Youth as well as making them aware of the need to have a social conscience.

The purpose is to work towards completing two projects during the year. One must be a local project the other an international project.

The Interactors with the School Officer Mr. Bill Miles, Rotarian Jeffrey Binder and a representative of the CoGG toured Drysdale and gathered information in relation to existing bus shelters and bus stops. In their report which they will present to the CoGG.

They looked at bus shelters in relation to placement, size, state of existing structured and suitability.

They discussed suitability in relation to weather protection, safety issues and vandal proof.

Last year they visited the Geelong Children's ward and entertained patients who were unable to attend the Geelong Show. Some of the activities were face painting, games and also providing them with their own Show Bag.

This year their International Project has been through fundraising paying the school fees and other associated costs to ensure that Dewa, a Balinese boy, attend Senior school.

As Director of New Generations it has been rewarding to see each year a group of students meet on a weekly basis and set their goals.

It reassures me that the future of our community is in very safe and capable hands.

**If you are interested in learning more about New Generations or the Rotary Club of Drysdale please don't hesitate to contact our Secretary on (03) 5251 5381 or PO Box 123 Drysdale 3222.**

**M. Drummond  
New Generations Director**

## PORTARLINGTON MINIATURE RAIL



This an ongoing Project of the Rotary Club of Drysdale Inc. We have just built four new Carriages to accommodate extra Rides for our Family Fun Days, New Years Eve Children's night and large Group Bookings. This was funded by a local Grant and Train Funds. We are currently seeking a Grant to cover the cost of completing another carriage designed for disabled people.

Over the past two years we have obtained two Electric Locomotives, one belongs to us and the other is on loan.

We are working towards laying our second track to take in the undulating and scenic bank of the swamp land. The cost of this project will be about \$42,000 and we will be seeking Grants and Donations to fund this work.

Note that our Family Fun Day is being held on Sunday, 4 November from 10am to 4pm, it is \$10 for unlimited rides all day, for further details phone (03) 5250 4015.

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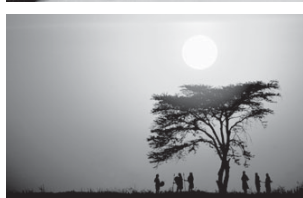
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### Room 2

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12 noon Evergreen Tours: New Zealand  
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## Drysdale Ladies Probud Club Inc.

Barbara Leumont was a recent 5 minute biographer who made club members envious with her tales of orchids on her pillow, leisurely breakfasts overlooking the pool, beaches, temples and shops, shops and more shops in Phuket. Barbara enjoyed her vacation with family members although she found the continuous heat somewhat trying at times.

Our guest speaker for September was Cathy Roth. Cathy was the District Governor 2004 - 2005 for Rotary Club of Geelong Central. Cathy and her husband John were asked by Rotary International District 9780 - Australia to attend a convention at Salt Lake City Centre.

Training was provided with a series of facilitators over 3 days. One facilitator took Cathy's group four times. He said God told him that she was not hearing the information that she needed to hear and that was the reason she was in his group more than once. A sister relationship with districts of Alaska/Ukon /Russia has provided a friendship exchange in each others countries.

The group of 11 flew to Anchorage then travelled by train up through the Denali National Park and on to Fairbanks. They then flew on to the northern most point of Barrow. Barrow is an amazing place and a major town for the whole area. They were accompanied by President Pete who showed them around detailing the area to the visitors. Cathy explained that there are no roads in Barrow and that everything has to be shipped in by rail. Trees are metal structures as nothing grows there and that the log cabin houses are made by huge cranes lifting logs on to



Cathy (far right) with the group of Rotary members standing in front of the Barrow sign which is the northern most point of Alaska.

each other. A concrete slab is laid first with wiring for underground heating. When the ice melts the heating in the house remains stable.

Due to Global warming, ice packs that would normally cover 20 kms out from the shore line are melting, forcing the polar bears to swim much further to reach food. Inuit guides are documenting the movement of the polar bears. The group also went aboard the Greenpeace vessel where they spoke to young people who are passionate about their world. Cathy, with the use of a power point presentation explained much more about life in these wonderful far away places.

She concluded her stimulating presentation by saying that 'across the world we are all the same'.

Thank you Cathy for telling us about your inspiring trip.

### CLIFTON SPRINGS PLAYGROUP

## Fundraiser

Clifton Springs Playgroup is looking for donated household items, bric-a-brac, furniture, clothing and toys etc for our annual garage sale Fundraiser to be held on **Saturday, 10 November** at **Lake Street, Drysdale**

For collection of goods please call  
Tracey (03) 5251 3747 or  
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## Drysdale / Clifton Springs Community Association Annual General Meeting



Clifton Springs Boat Ramp

A well attended Meeting was held in the **Fire Brigade Rooms** on the **18 September**.

### Extracts - President Wayne Elliot's Report.

Though the name and work of the Drysdale/Clifton Springs Community Association does not spring readily to mind throughout the local population, it none the less plays a vital role as the only organisation whose sole reason for existence is to represent the broad range of Community preferences and choices. This was clearly displayed in the Bellarine Strategic Plan and hopefully extensively in the review of The Drysdale/Clifton Springs Structure Plan, including the long needed traffic study.

Your committee has worked hard this year. Issues that have occupied attention include the State Government's Coastal Spaces project, the Foreshore redevelopment, especially welcoming the \$500,000 promised by Lisa Neville. The City of Geelong Waste Management-future Directions Strategy and The Environment Strategy both of which will greatly affect the future of the Drysdale Landfill site and the access of heavy traffic to this site. An extremely important issue for the Town, unfortunately there is little real progress in this area.

The planned development west of Jetty Rd. has also taken much time and effort. However, we are delighted with the extensive improvements and repairs in the Jetty Rd./ Wyndham St. area. Also welcome is the 50 km. Speed Limit through the Drysdale Town Centre bringing it into line with other town centres in the City of Geelong.

The processes are now firmly established in the Association's dealings with The COGG Councillors and Officers and with the Government Representatives both State and Federal. Some achievements so far. The State Government grant of \$500,000 for The Dell area. The Federal Government Grant for purchase of a laptop computer and software.

A donation from the Member for Bellarine, Lisa Neville to assist in the printing of the Members' Newsletter and the donation from Councillor Funds towards the administration cost of the Foreshore Sub Committee.

### Thanks

*I would like to thank other Community Organizations who have been of assistance to us. Drysdale Fire Brigade, Bellarine Community Health -Drysdale Centre and Drysdale Senior Citizen's Club.*

*I also take this opportunity to thank my Committee and our legal advisors Basil Ristevski, Anthony Robinson, and Rachael Schutze for their Pro Bono advice and guidance.*

*We sincerely thank all who have given their time and assistance in support of The Drysdale/ Clifton Springs Community Association Inc. enabling it to continue as an active, approachable and respected community force.*

*I would also like to inform our Membership that I am stepping down as President of the Association, one that I have held for eleven years, however, I will remain as a Member of the Committee and continue to contribute. Drysdale/ Clifton Springs is my home and its welfare, safety and progress are extremely important to my whole family and myself.*

### New Committee Member Elected

The 2007/2008 Committee of Management were elected as follows –

**President** – Roger Lavingdale  
**Vice President** – Graeme Allison  
**Treasurer** – Robin Chase  
**Secretary/**  
**Public Officer** – Maureen Naughton

### Committee :

Paul Jones, Bernard Filbay, Michael Denny, Angela Armistead, Carl Schoemaker, Margaret Macleod, Doug Carson, Alex Bonafede, Wayne Elliott.

### The Guest Speaker

#### Roger Luebbers – Archaeologist

Luebbers & Associates were retained by the COGG to carry out an Archaeological Investigation of the Dell at Clifton Springs, particular reference - the Mineral Springs Area. This Firm previously carried out an Archaeological Survey in this area in 1998.

Mr. Luebbers held the audience spell bound with his easily understood explanation of his work. The comprehensive use of photographs and his clear descriptions of the extensive and quite beautiful facility, which is now almost erased from this special place on our foreshore.

His listeners wondered how and why such a great inheritance should have been allowed to fall into a sad state of neglect and abandonment. Unfortunately nature is not the only culprit, although the seas has certainly played a very erosive part, but pilfering and vandalism as well as outright neglect has taken a far greater toll.

### Want to build roads into your community?

**Match Mates** is a volunteer based program that aims to support ageing carer's (65+) who are caring fulltime for their son or daughter who has a disability. The program intends to foster friendships for the person with the disability and volunteers to participate in positive social and recreational activities in the community. **VOLUNTEERS WANTED**

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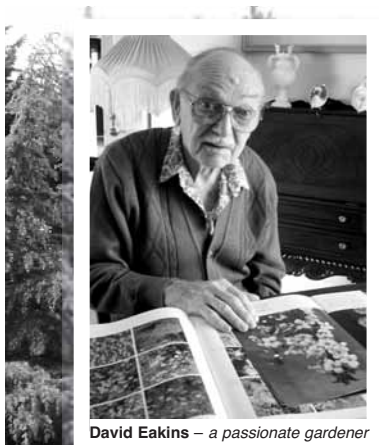
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David Eakins – a passionate gardener

## Welcome to my Garden

Trees are the main focal point within David's garden

**David Eakins** and his late wife Margaret moved from Upper Beaconsfield to Clifton Springs in 1994. The block was a blank canvas covered only with pasture grass. They built a beautiful home and then was time to establish their garden. Their Upper 'Beac' property was established in 1983 after the terrible 'Ash Wednesday' fires. They planted an extensive orchard with apples, peaches, apricots and cherries. Whilst enjoying the beauty of the blossom, the birdlife took its toll upon the fruit, so Clifton Springs garden was to have blossom and no fruit and was to be of a residential design. Having lived so close to Flemmings Monbulk Nursery, they were able to attain blossom varieties and then discovered



Small individual gardens enhance the surrounds close to the home.

there was a continuous and progressive pattern of three months blossom in the selection of the right trees.

That has since been achieved and enjoyed over many years. The first week of blossom is given by the Plum (*prunus mume*) right through to the 12th week where Laburnum 'Vossi' and the Crabapple loensis 'Plena' display their blossoms.

Initially the shape of the ground determined the general plan of the garden. Planting of larger trees especially around the perimeter of the property was a priority due to the winds from the bay. Protection was now in place to plant the inner parts of the garden. Water rationing had then come in so irrigation and watering systems were thought about and implemented.

Coming into 2008, David's garden is beautiful and well established with splendid colour throughout and the view of the bay is framed by trees of all shapes and sizes, leafed textures and is a wonderful tribute to the effort that has been placed into it. David has had assistance from gardener Doug Soares and team since late 1998 and they have maintained the theme and integrity of this beautiful one acre property together.

David has recently spent time in hospital after suffering a stroke, but he still maintains his input into his beloved garden that he and his 'Lady Margaret' started so many years ago.

## Chaplains Chatter

### What is a church?

Is a church a building or is it the people who attend it? Does attending a church make one religious? If so, what is religion?

Religion defined is a conviction about something. We can be religious about football, education, craft work or even studying the bible which is the written word of God but that does not make us a Christian. Often when talking to people they tell me they are not 'religious' for which I am very thankful. For it is in the name of religion that much harm and hurt has been done in this world.

Christianity is something far different. Christianity seeks the good of others, puts others first, helps where needed, shows compassion and is prepared to get the hands dirty in the helping and care of

others. But most important of all, a Christian is one who has an intimate walk with Christ Jesus Himself. That is where the word Christian comes from – Christ. When we know Christ for Himself, when we have tasted that love which He gives us, when we submit to his authority over our lives, then we cannot help but turn from being religious and become Christed Ones, those who follow Christ.

In the early New Testament Church we read of Pharisees, Sadducees and other people who attended 'Church' in those times. Yet when Jesus came among them, their very beliefs and life style was challenged and they didn't like being exposed for their religious deeds and teachings – hence the crucifixion of Jesus. While those who genuinely loved and accepted the teachings of Jesus grew

in numbers and displayed the power of the Christ whom they followed and believed in.

The Word of God, the bible, is a modern day 'Melways'. In it we find the way to worship and praise God for who He is, to thank Him for the great works He has done and the way to live in agreement with each other.

Those who believe and have accepted Jesus into their lives are the 'church of today'. For those of us who believe and are Christians, Christed Ones, may I encourage you to live your life as Jesus lived His? May I ask you to so live that people of our local towns know we are Christians because we live and speak as Jesus did and help our fellow man as He did?

**Pastor Carla Evans**  
Bellarine Peninsula Church, Drysdale

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Daryl Braithwaite

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## Kalamata Café new for Lighthouse Oils

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Not everyone has great views but at Kalamata Café you will be able to enjoy a lovely meal in the tranquillity of the olive grove while enjoying the unforgettable views. Kalamata Café serves casual food that is inspired by the islands of the Mediterranean. We list carefully selected regional wines to complement your meal. You can choose a light meal, snacks, a multi course luncheon or just a coffee with cake. Our breads and pastries are baked on the premises daily.

We stock the well known Lighthouse Olive Oil that is produced on the grove.

It is a cool climate oil that is harvested and processed within hours. The oil is settled naturally to retain flavour and goodness. Our 2007 oil is now bottled and our popular citrus oils are available. These include the lemon, lime and new grapefruit where the citrus fruit is crushed with the olives during processing. Drop in and visit us for tastings and sales.

**Kalamata Café opens on Saturday, 17 November. Opening Wednesday to Saturday from 10am to 5pm and Sunday from 9am for breakfast/brunch to 5pm.** We also cater for private and corporate functions.

## FOOD glorious food panfried flathead



*Indulge*  
on Harding

courtesy  
kerri allen

Indulgence on harding  
| portarlington

### REVIEW

This meal is such an easy meal to prepare. The balsamic dressing is slightly sweet adding a smoother taste to the salad. Tastes terrific..

### METHOD-INGREDIENTS

- splash of oil
- 4 flathead fillets
- 1/2 cup plain flour (seasoned w salt & pepper)
- 1 bunch asparagus
- 4 lge 'Lonsdale Hydroponic' roma tomatoes (quartered & seeded)
- 100gm Drysdale Fettina (Goats fetta)
- Handful 'Manzanillo' olives
- 'Indulge' balsamic dressing (avail. from Indulge)

coat fish in seasoned flour and fry in oil.

Mix together asparagus, tomatoes, olives and fettina in a bowl and dress with the balsamic dressing a handful of salad in the centre of the plate and top with cooked flathead fillets.



kerri allen - chef

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## Saint Nicholas and the Gingerbread Fair

Tell me what part of the gingerbread you eat first and I will tell you your nature, and therefore, your destiny.

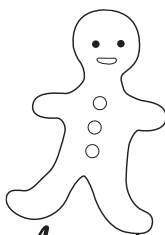
Will you eat the head first, or the legs, or the body, or will you, like Gertrude our dog, eat the whole gingerbread man in one rapid swallow?

If you have read the fairytale of the gingerbread man who runs and runs and runs you will most probably eat the legs first. This links you to an ancient world-wide ritual. What ever the gingerbread is called, Prjaniki in Russia, Pain d'epici in France, Speculos in Belgium, it is a sweet cake or bread enjoyed always, but particularly at Christmas on Saint Nicholas Day.

Gingerbread is eaten on holidays, Christenings, Saints days, name days, and funerals, but it is most enjoyed on the day of Saint Nicholas; 6 December, on this day "stockings are filled with hay, oats and bread for the Saint's donkeys." Children are given chocolates, aniseed biscuits and gingerbreads.

"The earliest form of gingerbread (in England) was not so much a cake as a solid block of honey baked with flour, ginger, and spices, which was then decorated to resemble a piece of tooled leather". (Fitzgibbon)

The gingerbreads are frosted with white icing, or gilded. The final touch are cloves painted to resemble gold studs, decorated then with Star-anise and sprinkled with candied orange peel.



### Eliza Acton's Gingerbread (1845)

#### Ingredients

##### Eggs 5

Ground Ginger – 2 ozs (60gms)

Treacle – 1 1/4 lb (625gms)

Pale Brown Sugar – 6oz (185gms)

Plain Flour – 1 lb (500gms)

Butter – 6 oz (not margarine) (185gms)

Lemons: grated rind of 2

#### Method

1. Beat **Eggs** well.
2. Add warmed **syrup** gradually, beating all the time.
3. Add **sugar** in same manner.
4. Add **butter**, which must be warm but not hot.
5. Add the **ginger** to the **flour** and sift the two together. Add to the **egg** mixture.
6. Beat till bubbles appear in batter, then add flavouring.
7. Bake in greased shallow tin in slow oven. Bake up to two hours (100°C).

(Amendments - signed Editor)



### Have we got a play for you??

Yes! indeed, a very funny play! 'Key For Two' is a wonderful English comedy written by John Chapman and Dave Freeman. Get into the holiday mood early with a hearty laugh.

Could you cope with a double crossing husband spending your housekeeping money on a floosie? Come along, to the Peninsula Players November production of 'Key For Two' and watch Meryl Friend and Lena Townsend tackle this subject, aided and abetted by Paul Friend (Meryl's husband) Russel Perry, Bodil Wright, Lee Foyster and Shane James.

The experienced cast is directed by Dennis King and will be performed on **Wednesday 14, Thursday 15, Friday 16 and Saturday, 17 November 2007** at SpringDale Community Hall (previously Drysdale Community Hall) at **8pm sharp**. **Tickets \$12** are available from Drysdale Pharmacy Springs Road. **Phone (03) 5251 2671 or Rhea King (03) 5251 2431 from Monday, 29 October 2007.**

Rhena King  
Publicity

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## October 2007

The following is an update on the status of major projects and issues.

### Drysdale Recreation Reserve

Access roads within the reserve have just been graded, following recent rainfall, as part of an overall upgrade and general tidy-up of the whole reserve.

Work undertaken to improve the ground condition and hopefully have it in a playable condition for the coming **Cricket** season – all this being subject to availability of suitable water.

Discussions are underway with Springdale for a community Park Appreciation Day and all volunteers are welcome to assist with the preparation work – for further details contact either Anne Brackley or myself.

### Netball

– As reported in last month's Messenger, discussions with Netball Victoria re additional courts and alterations to the runoffs on the north side have taken place and are now to be completed next week with the local netball groups.

### Football

– works have commenced for changes to the entry and canteen and upgrade to the existing kitchen & bar facilities. Scheduled for completion mid February 2008.

### Mossie Control

Current reports are that the mossies are of concern closer to the large expanses of coastal waters and most especially following the recent rains.

Current information is available on the CoGG website with fortnightly data updates along with the monitoring plan for the whole season.

As previously mentioned, the 'Community Information' sheet is up and running and distributed on a monthly basis detailing the following -

- results of monitoring and treatments around the main townships using both text and graphs/charts
- information on larvae and mosquito numbers in particular areas
- predictions of potential nuisance levels for the forthcoming month for those areas

Again, should any community groups require further early detail, please contact the Drysdale Customer Centre by either phone or email to make arrangements.

### Drysdale / Clifton Springs Structure Plan

Issues to be addressed are to cover township boundaries and relationship to the Rural Strategy / traffic – in and adjacent to the township including pedestrian, passenger and heavy traffic / potential commercial and industrial re-zoning / open space and recreation requirements / Jetty Road Urban Growth Plan / public transport and community service facilities.

The timescale and full details for the plan will shortly will be displayed at the various notice boards in the Customer Service Centre / Springdale / High Street and the supermarket as well as the local papers.

### Drysdale Library/Geelong Regional Library Corporation

Discussions are underway with the Geelong Regional Library Corporation relating to their strategy and the plan to upgrade facilities here in Drysdale.

The concept is to increase the size, make it more readily accessible, and upgrade the content and range of services to include youth spaces, homework help areas, community gathering and meeting places, as well as the range of print and electronic collections.

The thinking is that it will be a community hub that serves all ages and abilities and will be a significant component of the Structure Plan work.

### Water issues

As covered in the previous issue, discussions with local State Government representatives are continuing whilst the availability of water continues to be addressed through the CoGG Water Task Force group, in conjunction with Barwon Water, CCMA and Southern Rural Water bodies.

Key areas are supply to the rural and recreational parks and gardens with an emphasis on recycled water and future capacity at the Portarlington Treatment facility.

### Clifton Springs Skate Park

Upgrade works on the skate park are now completed with further works under review.

### Clifton Springs Coastal Management Plan and Jetty Road Urban Growth Plan

Work continues at a healthy level on the Coastal Management Plan in conjunction with the very committed and active group and the CoGG Environment staff.

A further reminder that both draft documents are out for comment - copies available either at the Customer Service Centre or the City website. Should you need further information, please contact staff at either the Drysdale Customer Centre or call the City's Information line on 5227 0270.

### Public Transport, Road Safety and General Community Issues

As reported in last month's Messenger, 31 key issues within and around the townships are under investigation with CoGG Engineering.

Some of the more critical issues noted as requiring urgent attention are –

1. **Murradoc Road**
  - further discussions with VicRoads for urgent improvements to the section between Drysdale and the Port / Point Lonsdale Road and especially adjacent to the Waste Receiving facility in Becks Road.

2. **Princess Street/Andersons Road** intersection – installation of STOP signs on the Andersons Road sides to hopefully slow down traffic crossing Princess Street and eliminate the potential for further accidents.
3. **De Burgh Road/High Street** intersection – with significant traffic, pedestrian/cycle /passenger and heavy traffic, this intersection has become a serious hazard and is to be reviewed in conjunction with VicRoads engineers.
4. **Jetty Road / Wyndham Street** – improvements to both pedestrian and traffic conditions.
5. **Parking**
  - this is also being further investigated and the outcomes will assist the coming Structure Plan.
6. **Bus timetabling/shelters**
  - review of the 83 Bellarine bus shelters involving size, locations and design with the local secondary Colleges, in conjunction with the Drysdale Rotary club /Interact group, is well underway.

### Major Projects and Grants

#### Jetty Road

Major construction work continues on reconstruction of the drop structure destroyed in the floods and the drainage from McLeods Waterholes at the Wyndham Street intersection.

#### Bellarine Safe Harbour – Tenders

In conjunction with the recent information sessions, Parks Victoria are running two tenders – one for refurbishment works to the existing pier/works to be completed prior to Christmas; the other for design of the proposed Bellarine Safe Harbour – details are available from either the Drysdale Customer Service Centre and/or the Parks Victoria website.

#### Community Arts Grants and Community Festival Grants

Reminder that application forms are available from Customer Service Centre for the 2007/8 financial year.

Cr. Tom O' Connor  
CoGG / Coryule Ward



## Drysdale Primary School

During term 3 Drysdale Primary School's students, staff and parents worked really hard towards producing another magnificent School Concert. The quality of the performances on the night was due to the teacher's dedication to produce polished routines.

The School Concert was held over two nights where grade's Prep, 2, 4 and 6 performed on the first night and grades 1, 3, 5 and 6 performed on the next.

The Preps followed the theme from the movie 'Night at the Museum'. They had groovy monkeys dancing to 'Hey Hey We're the Monkeys', Egyptians and mummies rocking to 'Walk Like an Egyptian' and cute cave people and dinosaurs twisting to 'Dinosaur Rock'. The Preps thoroughly enjoyed their first experience at performing at a school concert.

The year 1 children sang and danced to 'The Locomotion', 'The Bee Dance' and 'Dance On'. They all looked very bright and colourful in their costumes and certainly enjoyed their Fun Bus adventure! Year 2 children took an old Australian story called Wombat Stew and gave it a Drysdale twist. They had wombats on surfboards, a band who played Old Man Emu, kookaburras who rocked and kangaroos in a bush band. Even Rolf Harris made an appearance! The children from Year 3 sang and danced to 'Absolutely Everybody', 'Cup of Life' and 'Moscow'. They came together at the end to sing 'Eye of the Tiger'. The Year 4 children used characters such as John Laws, Peter Garrett, Elvis, a support team of farmers,



### And the 'T' is for Talent

The Tiddlelick rappers and fire fighters. This all star ensemble brought awareness of the drought to the audience. The grade 5 children concentrated on presenting items with a major instrumental focus. Each class also chose a song to perform to and children were then selected to take on different musical roles.

The end result saw a sample of instrumental talent and skill on the guitar, marimbas, recorders, drums, keyboard and even some vocals. The Year 6's performed 'Honk Junior' a musical version of 'The Ugly Duckling'. With spectacular costumes the ducks, ducklings, geese, frogs, turkeys, the cat and of course swans all came to life with music and

drama. Ugly was played by Callum Olsson, Ida was Taryn Lavery, Drake was Angus Jenner, the cat was Tayha Robertson and Bullfrog was David Curren. Mrs Trish O'Conner (Musical Director and Performing Arts teacher) was very proud of all the students.

The children get a lot out of the concert each year and enjoy the process from practicing to performing on the night. It is definitely a highlight in our schools calendar and is thoroughly enjoyed by families and the wider community.

**Danielle Thompson**  
(Prep teacher at Drysdale Primary)

**'Every student excelled during their performance in this years grand school concert'.**

## Clifton Springs Primary School

Our school finished last term with a number of events and celebrations. We held a school wide multi-aged activity day to celebrate Literacy and Numeracy Week where groups of students played a variety of board games with students from different classes. This encouraged much discussion, team work and new skills were developed.

A highlight of the last few weeks of term was the Science Fair held by students from Prep to Grade 6. This Fair displayed the work conducted by our students as they investigated "How Things Work" as a major topic for the term. Some outstanding science work was displayed throughout all year levels and our school held an open day and evening to show their fabulous experiments to the wider school community.

On the last day of the school term we held a special footy day with our students coming to school in their favourite team colours, participating in games and activities at recess time, had a special footy lunch and watched our staff versus student football match. Everyone had a terrific time and it was a great way to complete a very productive and enjoyable school term.

At our final assembly for term 3 we presented an award to two nominated students for their service to our school



Top :  
**Annabell Wakeling**  
showing her  
model of a ski  
resort and  
ski lift.

Left:  
**Jayden Baylis**  
displaying his  
model of a land  
yacht at the  
Science Fair.

community. We congratulate Shania Newnham and Connor Morel on their selection and to all other students nominated for the award. The Community Service Award is sponsored by the local Clifton Springs Neighbourhood Watch Committee and Surf Junction and we are

very appreciative of their support. This award will be presented at the end of each term and nominations for the award will be provided by the staff.

During the first week of term 4 we had 19 students from our school participate in the Zone Athletics Sports. From this competition we had three of our students gain places in various track and field events.

During the first week of term 4 our Grade 5 /6 students attended a school camp to Camp Wilkin at Anglesea. This camp gave our students the chance to become involved in various outdoor activities such as fishing, high ropes course, canoeing, beach and bush walks. All students, staff and parents had an outstanding time and we thank our volunteers for their support.

Our school value for this term is "Confidence" which will be a focus for our You Can Do It Program. This works alongside the other values of "Getting Along, Persistence, Organisation and Resilience" as they make up the keys to success at school and in life.

Our whole school community is now working towards presenting our Annual Concert which will be based on our curriculum focus of "Celebrations". The concert will be held at the Drysdale Hall on November the 29th and promises to be an excellent night's entertainment.



## from the garden gate

I am being very careful not to ridicule someone's beliefs, but I did find it hard to agree with the lady who bought our farm a few years ago. She knew all about the right time for planting and the right time to put the bull in with the cows. It was when the Moon was in a certain Quarter. So she let the bull in the paddock at the right time, which lasted a few days, and unsurprisingly, no new calves were born afterwards.

The Moon Planting Guide advises when the moon is right to plant or propagate root crops or perennials. If you garden by the Moon's time it gives you a rest as well as the garden. The guru continued, *"By working with, rather than against the natural rhythm of our Earth is a simple way to give your plants a good start. If you use each of the phases of the Moon for a different crop and plan to sow during the most fertile times of the week; eg during a water sign, your crops should do well".*

I once saw on television, how to plant cows' horns filled with manure and facing a certain direction. Planting in the Full Moon improved results. Maybe we could still learn something from the Middle Ages.

**A QUICK REMINDER....**  
The Flower Show in Drysdale  
SEE ADVERTISEMENT BELOW

Clifton Springs Garden Club Inc. (A0008615H)  
Clifton Springs & Drysdale

**Garden SHOW**

Saturday 10 November  
Open 11am - 3.30pm  
Plant and Cake Stalls

Admission  
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Adults \$3  
Children 6-16 yrs \$1.00  
Pre-School FREE

*garden show*

## Spring Gardens Open to the Public

### November 3-4

Ballarat Kuranda. 108 Clarendon St. Ballarat.  
Mel. 609 A 12

### Sunday 11

Hascombe Mt. Macedon. Alton Rd.  
Mt. Macedon. Mel. 609 G10

### Saturday 17 - Sunday 18

Paradiso Daylesford district  
1089 Telegraph Rd. Sailors Falls. Mel. 609 C10

### Saturday 24 - Sunday 25

Strathbrae Geelong.  
86 South Valley Road. Highton. Mel. 451 C 12

### Garden Meetings.

Clifton Springs /Drysdale Garden Club.

### Monday, 19 November

Uniting Church Hall. Drysdale, 7.30 pm.  
All Welcome. Speaker.

## GARDENING November



## Dahlia planting is NOW...

Plant the tubers in well drained and well mulched soil. It is a good idea to put in the stakes before you plant the tubers. That way you won't damage the dahlias. Plant seeds of ageratum, alyssum, amaranth (drought tolerant), aster, nasturtium, pansy, petunia, phlox, snapdragon, sunflower. Vegies - lettuce, celery, tomatoes, marrow, pumpkin, silverbeet, zucchini. Apply pre-summer fertiliser to plants, lawns and vegetables. Mulch and more mulch.

### Enquiries:

Wendy (03) 5250 5545  
Rae (03) 5251 2600

## Drysdale Ladies View Club

**DID YOU KNOW?** That your area is 'home' to an active, friendly club for women, - a mutually supportive group who are part of a nation-wide network of VIEW clubs. We are non-political and non-sectarian. Our next monthly meeting is on 16 November, at 10.30am, for an 11am start. This is followed by our handy trading table, and an enjoyable social lunch, with an interesting Guest Speaker, drawn from a wide spectrum across our community. But the most important aspect, (especially for newcomers to our area), is the friendship and the fun along the way!

Our hard-working Program Officers also organize a whole range of outings and activities during each month, and we can gather together groups (with car-pooling) to attend our regional Area functions, including the birthday celebrations of our sister clubs.

We are proudly sponsored by The Smith Family organization, and we are happy to support their remarkable 'LEARNING FOR LIFE' program, which is proving so successful in assisting disadvantaged school children to participate fully in their school activities.

We believe that encouraging disadvantaged children to want to remain within the educational system, does enable them to break the 'poverty cycle of welfare dependence', by giving them the chance to gain training for better jobs. This program is active in the Geelong & Bellarine regions. You have probably seen items about this national initiative in the media, such as the proceeds from the annual 'Cycling Round The Bay' going towards this program.

For more information about the venue for the November meeting, and about VIEW clubs generally, phone either:

Christine (03) 5251 1127  
or Trish (03) 5251 2675.

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## Jeff Beavis REPORT

Jeff Beavis represented Australia at the 2007 World Triathlon Championships Hamburg Germany



**Above:** Waving the flag for Australia about 200m from the finish.

**Top Right:** Jeff and his daughters Monique and Natasha.

**Right:** Proudly wearing his medal after completing the event.



Jeff in the water prior to the commencement of the race - water temp was reported at about 15C but that was debatable!

Hamburg is a very picturesque city with lots of tree lined avenues and it was wonderful to see the whole Australian Team en masse out on their bikes at 6am in the morning to avoid the traffic, and getting used to being on the right side of the road!

The opening ceremony was on the Thursday evening along the edge of the Alster Lake. We may not have been the largest team there, but we certainly were the loudest! Accompanied by a clarinet

player we proudly sang BOTH verses of Advance Australia Fair. We tried to use the buzz in the city as a motivating force to achieve our dreams.

Race Day was amazing! The butterflies had kicked in early and it did not help that Jeff's starting wave was more than 3 hours after the race start. The water was mind numbingly cold, and the lack of clarity meant you couldn't see your hand in front of your face, making the 1.5km swim very challenging.

The run from the swim finish to the transition area was 700m over cobble stone paved streets - no mean feat when you cannot feel your feet due to the cold! Once on the bike, Jeff found his rhythm and quickly settled, recording a personal best time over the 40km course as it wound its way along the famous Reperbahn.

Another swift transition saw Jeff completing the 10km run course in less than 44 minutes - another personal best! A Father's Day bonus was to discover that Jeff's race time of 2:27.11 resulted in him being placed 99th in the world in his age group!

Jeff would like to thank all of his supporters, family, friends and in particular his sponsors - Boomaroo Nurseries in Lara, and Chirolife in Belmont and Viewbank.

## 'ATTITUDES' at The Old Mill, Portarlington



Local ceramist **Kaye Clancy** at work during the exhibition. The other participating artists will also be demonstrating their talents during the exhibition.

The exciting exhibition of artworks by 'Attitudes'; a group of mainly local artists who have exhibited during the months of December and January. This exhibition features the paintings of the 'Attitude group' artists **Jenny Lester-Smith, Susanne Johns, Dresley Robins, Julie Morison and Jan Vetma**, and the quirky ceramics of **Kaye Clancy**.

Due to the exhibitions overwhelming success, two guest artists have also been included this year and they are Marie Bedford who will present her silk paintings and Roy Johnson with his fascinating sculptures in wood, glass and wire. Take a tour of the wonderful stone building steeped in history (toilets are available and ample free parking). The 'Attitudes' fifth annual art exhibition opens to the public on 1 December and will remain open all through December and January.

Opening hours are:

**December:** Saturday - 12noon to 4pm  
Sunday - 12noon to 4 pm

**January:** Saturday - 12noon to 4pm  
Sunday - 12noon to 4pm

**Wednesday** - 12noon to 4pm

Exhibition closes 27 January 2008.

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Please drop in and speak with one of our friendly staff members or telephone us on **(03) 5253 3029**.

**Curves Bellarine is located in the  
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## health & wellbeing

### BOWEN THERAPY

Information contributed by Maggie Gove  
- Bowen Specialist/Naturopath

### BOWEN THERAPY

Many people in the Geelong area have heard of, or will remember Tom Bowen. Born in 1916, Tom Bowen died in 1982.

He developed a form of bodywork that was simple, non invasive and effective that is now known as Bowen Therapy or Bowen Technique.

This method is now practiced widely in Australia and overseas.

Interpretations of his work are taught by various schools, which all use the basic 'Bowen move'; which is a rolling movement over a specific point (or points) on the body.

Bowen Therapy is gentle enough to be used on babies and the elderly and can treat a wide range of problems, such as headache, back problems, shoulder pain, leg and knee pain, sciatica and asthma. After a treatment it is common for a patient to state that they feel more relaxed and 'lighter'.

The patient usually lies on a massage table, but the treatment can be performed on seated patients, such as pregnant women or people in wheelchairs.

Bowen Therapy is a soft-tissue treatment only (myofascial therapy); no manipulation of joints is involved. The therapy may increase blood and lymphatic circulation and lead to a greater sense of well-being. Treatment times can range from half an hour to one hour, depending on the patient's problem and the practitioner! Moves are completed and the patients left to rest for a minute or so. This wait is to allow the muscles to relax. Sometimes a practitioner will leave the room during these 'waits'.

We are fortunate in the Geelong region to have a large number of Bowen Therapists.

**Consult the Yellow Pages for the practitioner in your area.**

## The Walking School Bus Program

Each weekday in Geelong, 8,000 primary school children leave a box (home), get into a box on wheels (car), and are driven to another box (school).

### What is a WALKING SCHOOL BUS?

The Walking School Bus is a group of school children who walk to and from school along a safe and enjoyable set route. There is an adult 'Driver' (Volunteer) at the front and, if the bus has more than 8 passengers, a 'Conductor' at the rear. To become a Volunteer 'bus driver' you need to obtain a Working with Children Check. You also need to attend a brief 'road safety' training session (about 1 hour) at the City of Greater Geelong.

Drysdale Primary commenced the **Walking School Bus Program** in October 2006. It currently has 3 'bus routes' operating which involves 41 children and 8 adult volunteers.



Left: Drysdale Primary School Walking Bus

**Quote from participating child:** "It keeps you healthy and strong and you get to meet new friends." Shanae

There are more children registered but cannot walk due to lack of volunteers so if you would like to 'come on board' to help some children walk to school please leave your details at the school office. To walk just one morning or afternoon a week would be helpful.

So, while many children are driven to school, children on the **Walking School Bus** are having fun walking and chatting with friends, learning road safety skills and getting to know their neighbourhood.

## MAGGIE GOVE N.D.

### Bowen Therapist & Naturopath

Member of A.N.T.A.

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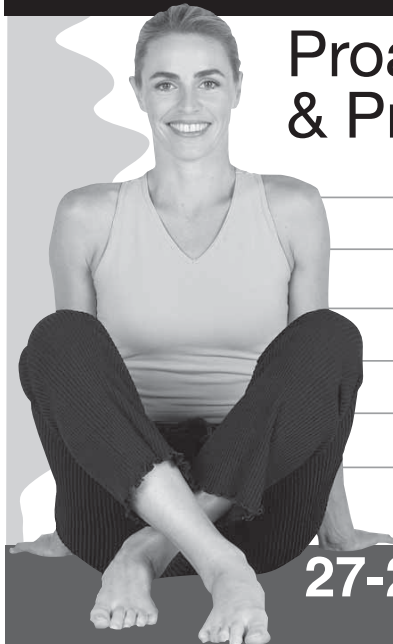
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It was **very** exciting to make it through to the Geelong Regional Finals this year with our under 13 team.

The team had been very consistent all year and deserved their place in the final against Corio. The first half was a close affair with only one goal being scored against our team. Our defence of Sean Finn (goalie), Jacob Maloney, Joseph Dungey, Jesse Costelloe and the Filia brothers Tyson and Byron held the proficient attack of Corio at bay and frustrated their opposition.

In the second half with a goal up Corio played extra players forward and were able to get through our defence twice with a further 2 goals. All players should be congratulated on being our first team to make the finals.

Our end of season award recipients were;

#### Open Men

Steve Weeks, Evan Ward and Dougie Weeks

#### Open Women

Sarah Carty and Sally Browne

#### Under 11

Joel Juhasz, Eden Hartwick and Fraser Telfer



**St Leonards Sharks Soccer Club make the Finals**

#### Under 13

Zac Henderson, Jacob Maloney and Sean Finn

All **Under 14 girls** received an award for being our first junior girls team.

Thanks to all players, coaches and helpers for making this season so successful.

Plans are already underway for 2008 and names for teams are being taken.

You can register your interest with

**Murray and Donna on (03) 5257 2106.**

## SESSIONS CONDUCTED AT DRYSDALE PRIMARY SCHOOL ACTIVITY CENTRE

**PT for Life** offers fitness programs that cater to all levels of fitness from the beginner to the more advanced athlete. Sessions are small group, circuit style classes and are a mixture of Cardio, Weight Training and Non – Contact Boxing.

The main focus on these classes is Weight Loss & Muscle Tone using exercises that are simple enough for beginners although are demanding when the intensity is increased. With a variety of different circuit classes, your health and fitness will benefit from leading a more active and physical lifestyle.

See Website for more details or call (03) 5250 1810

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Rod Merrett

### Peninsula Little Athletics Club

## COME AND JOIN LITTLE ATHLETICS!

Come join in the 'fun, family and fitness' of Peninsula Little Athletics Club. The 2007/2008 Little Athletics season has commenced but it is not too late to join.

Programs are held most Saturday mornings at Landy Field, Barwon Tce, Geelong. Training is on Thursday's 4.30-6.00 at Drysdale Primary School Oval.

Enquiries: Ray Hobbs - 0428 513 920  
Kathy Ball - 0414 862 658

## DRYSDALE TENNIS CLUB

Junior/Senior players interested in playing the summer season

Contact Sue  
(03) 5253 1686

## physical training

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Enquiries to Club  
(03) 5251 3391



*The ultimate club dining experience*

**Bookings Essential**  
Phone Bistro (03) 5251 2501

Present this coupon & SAVE with the **\$5.50 meal deal**

**Sunday to Thursday Evening Meal**

Buy one main meal off our regular menu and receive another of equal value for \$5.50 on presentation of this coupon.

\* Not valid Public Holidays or Long Weekends  
Valid til 30 November 2007 \* Conditions Apply

## *Come & Celebrate* **New Years Eve**

Entertainment featuring local band  
**'Charli'**



**\$60**  
per person

Including:  
**3 Course Meal & Cheese Platter**

Call (03) 5251 3391 Bookings essential



**Pots for Glasses Prices**  
Friday Night 5.30pm - 7pm

*meal specials*  
Try our fabulous Lunches  
priced from \$7.00  
Monday to Friday only

**members draws**  
FRIDAY & SATURDAY NIGHTS  
Friday - all categories  
Saturday - Golfing Members only  
Regular Raffles every Friday Night

For bookings  
and further information  
telephone the club on  
**03 5251 3391**

**Clifton Springs Golf Club**  
Clearwater Drive  
CLIFTON SPRINGS

*fantastic views at....*



**Clifton Springs**  
GOLF CLUB

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