Spring Dale Spring Dale ABN 21 404 220 267 >> Compiled & Published by the Spring Dale Neighbourhood Centre Inc.

Portarlington's Second

Mussel Festival



Organisers are hoping that the weather for the Mussel Festival on January 12 is as beautiful as it was last year when between 15,000 and 20,000 people attended, twice as many as anticipated. To cater for the huge crowd, many of whom have never tasted mussels before, mussel cooking demonstrations have been organised as well increased outlets for both cooked and freshly harvested mussels.

Many of the towns' restaurants will have a variety of mussel meals on their menus. A number of local wineries are offering wine tastings and wine may be purchased by the glass to enjoy with the mussel dishes in the park overlooking the bay. Beer and cheese tastings will also be available.

(03) 5251 3267

The Festival includes an art show, fashion parade, an afternoon music concert in Parks Hall, kite flying demonstrations, an opportunity to try out lawn bowls at the local bowling club, an animal nursery, trampolines and jeeps for kids, a market selling quality goods and crafts, a model ship display, tea and coffee and displays at the Senior Citizens and an educational aquaculture display by Fisheries Victoria. At 11am behind the Port Pier Café near the pier, there will be the inaugural 'DRY BOAT RACE', similar to the Henley on Todd in Alice Springs.

PORTARLINGTON MUSSEL FESTIVAL

Other activities include boat trips to the mussel beds with mussel tasting on board and sailing tours on the Enterprize. Visitors can also enjoy the beach and the beautiful views Portarlington has to offer.

For further information, visit

www.portarlingtontourism.com.au/musselor contact: portarts@yahoo.com.au for details regarding registration for the Dry Boat Race or other aspects of the Festival.

2008 Course Guide Pages 11-14
 Festive Recipes Pages 8 - 9

Santa is on his way

Drysdale Fire Brigade escorts Santa around Drysdale/Clifton Springs on Christmas Eve. Meet Santa at these locations from 6:30pm onwards:

Route 1 - Starting 6:30pm

Cnr Panpandi Dve & Carawatha Ave
Cnr Beacon Point Rd & Dundundra Dve
Cnr Thamballina Rd & Derribong Way
Cnr Dandarriga Dve & Gumarooka Ave
Cnr Coolangatta Dve & Beacon Point Rd
Cnr Centaurus Ave & Country Club Dve
Cnr Country Club Dve & Bayshore Avenue
Cnr Barongarook Dve & Bahloo Ave
Cnr Boonderabbi Dve & Bampi St
Cnr Boonderabbi Dve & Central Rd
Cnr Bayshore Ave & Elanora Way
Cnr Mirrabooka Dve & Maraboora Ave
Cnr Jetty Rd & Pinnaroo Ave

Route 2 - Starting 6:30pm

Cnr Jetty Rd & Hill St

Cnr Bayshore Ave & Kewarra Dve

Cnr Whitcombes Rd & Clifton Springs Rd
Cnr Portarlington Rd & Bennett St
Cnr Eversley St & High St
Cnr Buccleugh St & Lennox Crt
Cnr De Burgh Rd & Ryan Crt
Cnr Station St & Geelong – Portarlington Rd
Cnr Palmerston St & Granville St
Cnr Duke St & Wyndham St
Cnr Central Rd & Wyndham St
Cnr Jetty Rd & Ada St
Cnr Parakoola Dve & Leawarra Way

Cnr Amarina Rd & Lacoora Ave

Cnr Nash Ave & Condy St

Cnr Tony St & Barrands Lne

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Complex
Drysdale

Contact

Wayne, Lisa, Bev, Pam or Colleen (03) 5251 1624



at the SpringDale Neighbourhood Centre Have a safe and Prosperous New Year 2008

Deadlines for February 2008 Issue Copy 31 December

Distribution 26 January 2008 Circulation 5000 Copies Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Heads, St Leonards, Ocean Grove and selected businesses on The Peninsula.

Opening Times for 2008

SpringDale Centre will close 21 December and re-open for limited hours on Monday, 14 January 2008, between 9am-11am Monday to Friday. From Tuesday, 29 January 2008, SpringDale will resume normal business hours.

SpringDale Neighbourhood Centre

Opening Hours Monday to Friday 9.30am - 3.30pm during school terms and by appointment.

Compiled & published by the SpringDale Neighbourhood Centre Inc. A0024916V

For all editorial and initial advertising enquiries.

SpringDale Neighbourhood Centre

P: (03) 5253 1960 F: (03) 5253 3050

E: messenger@springdale.org.au W: www.springdale.org.au

17-21 High Street Drysdale Postal Address: PO Box 80 Drysdale

The SpringDale Messenger

Designed by Lyn Ingles - blue pencil publishing

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.

Views

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Are you an owner/operator of a business or service on the North Bellarine Peninsula? Join many of the businesses who are already part of this successful directory for only \$25 per entry. Our Business Directory is now closing bookings for the 2007-2008 edition. Circulation to homes within the areas of: Drysdale, Clifton Springs, Portarlington & St Leonards. Call (03) 5253 1960 to book your entry

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.

The calendar is an 'easy to see list' of happenings in our area. To help you to plan an event, access our website www.springdale.org.au to view events.

If you wish to place your event in the website, calendar and further issues of the SpringDale Messenger please email, write or call the event details to our office.

December

- 7 'Drysdale Uniting Church Count Down to Christmas Advent Program'
- 7-8 Fund Raising Concert (Barwon Health)
- 12 Portarlington Mussel Festival
- 13 'Drysdale Uniting Church Count Down to Christmas Advent Program'
- 15-16 Scrap Metal Drive rear Drysdale Scout Hall
- Drysdale market 9am-1pm 16 'Drysdale Uniting Church Count Down to Christmas Advent Program'
- Geelong Animal Welfare Society Christmas Dinner 20
- 21 Term 4 ends
- 25 Christmas Day
- 30 Portarlington market 9am-2pm

January 2008

- 5-6 Book Sale St James' Anglican Church Drysdale
- 12 Portarlington Mussel Festival
- Bellarine Woodworkers annual exhibition 12-13 UC Hall Q/cliff
- 20 Drysdale market 9am-1pm
- 26 Australia Day
- 27 Portarlington market 9am-2pm
- 29 Term 1 begins - Watch out for Speed Zones!

Facilities @ the SpringDale Centre

- Personal use of Computers
- Internet Access · Photocopying · Faxing
- Laminating Room Hire Crockery For Hire
 - · Tables & Chairs for Hire
 - SpringDale Messenger in large format
- · Reasonable Rates
- **Concession Rates for Members**





The SpringDale Neighbourhood Centre

Anne Brackley centre coordinator

Dear Friends

Many times over the last few weeks people have volunteered "There's always something happening at SpringDale". These words warm my heart. Our Japanese night was deliciously successful thanks to Tony Oh-ishi, our Iron Chef for the night. It was a truly community spirited night, 30 people of all ages enjoyed the Japanese food and a little of the culture. Many people want to be kept informed of future cultural evenings.

Tony has inspired us to look at the use of microbes and this has taken us down the path to Bokashi Buckets – its like a worm farm but it has no smell and is kept indoors. This could be the unusual Christmas gift that you have been looking for. SpringDale is selling them for \$100 and there will be more information about a community project using the results of the Bokashi bucket in the new year.

Congratulations to everyone involved in the Community Event and Art show in St Leonards and also the recent book launch in Portarlington. Both events were well attended and very well organized. We would like to schedule classes or groups at St Leonards and Portarlington in conjunction with St Leonards Community Space group and the Portarlington Neighbourhood House Group. If you have any suggestions please let us know so we can schedule for early in the new year.

The Adrian Mannix Community Service Award will be held in May 2008 and we are calling for nominations. Nomination forms are available from SpringDale. Please consider nominating someone that you feel deserves recognition of their years of service.

Many people think that a mail box would be well placed in the Safeway Complex at Drysdale. We have approached the implementation of this idea from many angles with limited success. We need your support to achieve this please write a short email or note to SpringDale as evidence of your support.

Sincere thanks to the Bellarine Peninsula Community Bank for their support of a grant to help us with signage for SpringDale, grants to help the Bellarine Woodworkers and Sea Change Men's Shed group to help with tools, and a grant to our newly formed Badminton group which is enjoying playing on Wednesday afternoons. These grants have spurred us on



Ted Chidzey

- a man of many talents. A wonderful friend and volunteer and a familiar face around the township. He will be sadly missed by all of his friends at the SpringDale Neighbourhood Centre and the township of Drysdale.

and we hope to have success with other Smart Water grants we have submitted.

I would like to introduce you to our Committee of Management for 2007-2008. John Murphy is our President and the other members are: Catherine Eagleson, Chris Reymers, Joanna Devrome, Alex Eagleson, Pat Crotty, George Scott, Joan Golding, Denis Plant, Jonathon Harris, Craig Taylor, Debra Winter and a recent addition is Katherine Sykes.

It is with great regret that I am unable to list Ted Chidzey on our Committee as he passed away as I was writing this letter. Ted will be sorely missed at SpringDale. He was on the Committee for more than 10 years and always kept us on our toes but had a heart of gold. Our best wishes go to Peg and his family. I know I am a better person for having shared time with Ted.

SpringDale will close from 21 December until January where we will be open mornings 9.30am – 12 noon until January. Then we will be open our normal business hours 9.30am – 3.30pm. We apologize for any inconvenience that this may cause.

I would like to take this opportunity to thank everyone who has helped to make this such a successful year for SpringDale and therefore for our community. Our Committee of Management, past and present, our very special volunteers, without whom we could not provide the services that we do, our tutors, our advertisers, our Business Network, our staff and everyone who attends or visits SpringDale.

Warmest, safest, happiest wishes for the up coming season and we all look forward to seeing you at SpringDale in the near future.

Yours very sincerely

Anne Brackley

- on behalf of the whole team at SpringDale





Children Who Like and Enjoy Music

An opportunity to learn to play an instrument is available at the SpringDale Neighbourhood Centre, 17-21 High St Drysdale. Please phone (03) 5253 1960 if you are interested.

No Carols by Candlelight in the Amphitheatre

Unfortunately there will be no 'Carols By Candlelight' in the Amphitheatre in Drysdale on Christmas Eve this year. Everyone from The Bellarine Jongleurs and the Hall Family in particular, wish everyone in the community a very Merry and Happy Christmas.

Want to build roads into your community?

Match Mates is a volunteer based program that aims to support ageing carer's (65+) who are caring fulltime for their son or daughter who has a disability. The program intends to foster friendships for the person with the disability and volunteers to participate in positive social and recreational activities in the community. VOLUNTEERS WANTED

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From Lisa Neville's desk



Until next time, Hon Lisa Neville MP Member for Bellarine (03) 5248 3462.

IMAGES OF AGE GRANTS

I was pleased to announce a new package that will enable artists, seniors groups and community groups to have the chance to apply for grants to encourage positive portrayal of older members of the community.

The 2007-08 Images of Age Grants will support and encourage seniors groups, arts and community organisations and local governments to focus on the issue of age, celebrate seniors in the community and tell their stories through a variety of art and cultural activities

The aim of the grants is to encourage the entertainment, arts and media industries to value maturity and challenge stereotypes of age.

Applications for funding of up to \$20,000 can be made through Neighbourhood Houses and must actively involve seniors in the development and presentation of the projects.

I hope the funded projects will bring audiences, performers and artists of different ages and backgrounds into contact with each other - to celebrate and acknowledge the important role seniors play in Victorian communities.

For more information on the Images of Age Grants contact my office, visit www.dpcd.vic.gov.au or call (03) 9208 3333.

\$2 MILLION FOR MORE MEN'S SHEDS **ACROSS VICTORIA**

Another grants program that I was delighted to announce recently was the Men's Sheds Program.

This is an exciting and positive program which will see new Men's Sheds established in areas of high need across Victoria.

The program is an important one and is having a real impact in reducing social isolation for older men, particularly those who have had some major change in their lives, like retiring or experiencing changes in their family or living situations.

Men's Sheds give men from all backgrounds a new focus in life, by providing them with a place to meet, opportunities to engage in activities that interest them and access to information on a range of health and wellbeing related issues.

While many men still want to join established sports clubs and service organisations, others feel more comfortable in the sort of relaxed and supportive atmosphere that Men's Sheds offer.

There is an opportunity to use or learn new skills to create things that are of benefit to others in their local communities - many Men's Sheds engage with local schools and community groups, providing help with projects ranging from installing disabled access ramps to making billy carts for kids.

There is a groundswell across the country that recognises the benefits that can be gained by individuals and communities from providing mature aged men with places where they can meet, make friends and contribute to their local communities.

I encourage organisations and groups to consider applying for funding, and suggest that if you are interested you talk to your local Neighbourhood House co-ordinator about the program.

If you would like more information please contact my office, visit www.grants.dpcd.vic.gov.au, or call Information Victoria on 1300 366 356. Applications close on 14th December, 2007

TAKE CARE WITH GAS AND ELECTRICITY

We are encouraging Bellarine Peninsula residents to take some precautionary safety checks in coming weeks in regards to gas and electricity.

It's particularly important at this time of the year when many of us are thinking about having barbecues again to check that your barbecue is safe before

There are some simple measures you can undertake including making sure the appliances and gas cylinders are in good condition. Ensure the connecting hoses between the cylinder and appliance are not damaged or leaking gas.

Ensure you hand-tighten cylinder connections are as tight as they can go - in the case of other fittings use a spanner if possible.

There were more than 400 barbecue or portable/outdoor cooking appliance related fires reported from January 1, 2005 up until now.

Remember it is illegal and dangerous to undertake your own electrical work around the house, always use a licensed electrician. Ask to see their license before they start work and a Certificate of Electrical Safety when the job is completed.

For instance, parts of the property such as metal roofs and guttering could become 'live' following work by people with little or no knowledge of electricity. It might be a while before anyone touches these 'live parts, but the consequence down the track could be a serious electric shock or even electrocution.

Look out for the community information messages, to be broadcast across Victoria on radio and television from Energy Safe Victoria (ESV), the State's electricity, gas and pipeline safety regulator.

LOCAL HISTORY GRANTS - CALL FOR APPLICATIONS

Community groups across Victoria are invited to apply for a share of \$320,000 to record their stories, the latest round of the Brumby Government's Local History Grants program, run through the Public Record Office Victoria, is now open for applications.

Whether it is writing a history, conserving old documents, or using the latest technology, this popular program helps ensure that our stories can be shared and are preserved for generations to come.

Grants of up to \$12,000 are available for individual projects by not-for-profit community groups across the state.

Applications are open and close on Monday 7 January.

For details, contact my office or visit www.prov.vic.gov.au/lhgp or phone the grants administration officer at Public Record Office Victoria on (03) 9348 5691.

If you have any issues that we may be able to assist you with, please don't hesitate to contact my office.



Do you worry about getting assistance in an **EMERGENCY?**

Over 800 people have answered this question by recording their contact details with the:

BELLARINE POLICE COMMUNITY SUPPORT REGISTER INC.

The register is a Community Police initiative launched in October 2006. Registration is free to users. Brochures and Registration Forms are available at Pharmacies on the Bellarine Peninsula.

NEED TO KNOW MORE?

Telephone our office on 5255 3968 weekdays between 9.30 and 12 noon Email: bpsupportregister @ bigpond.com www.community-support.blogspot.com P.O.Box 819 Ocean Grove 3226



GLG 69 - Ron Renfrew SpringDale Drysdale (03) 5253 2207

2nd Wednesday • 7.30pm

GLG 58,59 - Mark Cline C/Springs Bowls Club Clifton Springs (03) 5253 2717

2nd Monday • 7.30 EDST • 7.00 EST

GLG 68 - Doug Palmer SpringDale, Drysdale (03) 5251 2522 4th Monday • 7pm

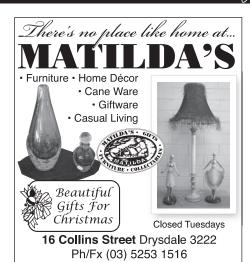
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Home Loan Lender of the Year?

ANZ has won Money magazine's Home Loan Lender of the Year, again. That's nine times and counting. So now you don't have to spend endless hours searching for the best home loan options available. Independent researchers have done all the hard work for you. To find out more about ANZ's award-winning home loans, simply call our Mortgage Specialist, Murray on 0423 828 262 or Branch Manager, Jan on 5251 3433. Alternatively, drop into our branch at Shop 4, 3 Wyndham St, Drysdale. We've got time to listen.



Money magazine's Home Loan Lender of the Year 2005, 2006 and 2007. Personal Investor magazine's Home Lender of the Year 1999-2002, 2004 and 2005. Many of ANZ's Home Loans were awarded CANNEX mortgage star ratings in 2007. All applications for credit are subject to ANZ's normal lending criteria. Terms and conditions available on application. Fees and charges apply. Ask us for details. Australia and New Zealand Banking Group Limited (ANZ) ABN 11 005 357 522. MacSeATCH ANZ4463/S/S ANZ016992



'Matilda's' is locally owned by Esther and Allan Fairchild. They both have a passion and vision to create a store that offers stylish home décor wares, affordable gifts and quality furniture which is made to last.

At **Matilda's** they focus on their display and showcase items giving each corner a sense of personality, taking pride in the products that they offer. The new casual living section



offers beautiful garden settings, cane and accessories that will create a sense of garden indoors. **Matilda's** new Christmas stock and gifts are arriving everyday, and there are always new surprises at **Matilda's**.

With their wide range of suppliers

Matilda's are able to source the right
item just for you. They offer free advice
and enjoy sharing their decorating
ideas to help and inspire their

customers. If you are searching for something special, come and have a chat to Esther and Allan, as "Matilda's is full of surprises".

16 Collins Street Drysdale 3222 Ph/Fx (03) 5253 1516 Closed Tuesdays

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So if you're after the perfect home loan, there's only one bank you need to know. Visit your local branch at 11 Clifton Springs Road, Drysdale or phone 5253 3192.

Terms, conditions, fees and charges apply. All loans subject to the bank's normal lending criteria. Bendigo Bank Limited ABN 11 068 049 178 AFSL 237879 (S16008) (08/07)

www.bendigobank.com.au



Who is on our **Banknote Currency?**

The lady depicted on our \$20 note -Mrs Mary Reibey, was the very first business woman in Australia.

She was an instigator of the formation of the Bank of New South Wales, which opened in her house in 1817. Also noted on the banknote is a building (thought to be where the bank opened) and also a ship, as her husband had a successful shipping business.

Mary Haydock was however, originally a horse thief. As a 12/13 year old, she was arrested as a boy (due to her attire) with horse stealing. However, although that charge meant being executed by hanging, she was regarded too young! One had to be about 15 years old before you were old enough to be hanged for your crime! So Mary was sentenced to some 8 years transportation to the colony of NSW, arriving here approximately November 1792 on the 'Second Fleet'. She met a ships officer named Thomas Reibey on the trip out, whom she married some years later after fulfilling her sentence, mainly doing domestic work for various 'employers', until gaining a pardon.

Mary opened a shop in The Rocks area of Sydney, began farming near Richmond, NSW and eventually owned some seven farms at Wilberforce near Richmond, plus her home in Sydney and shares in the Bank of NSW. She became a substantial woolgrower and eventually went back to England to negotiate with the woollen mills in Lancashire to sell her wool direct to them, thereby bypassing the brokers in the middle who had robbed the woolgrowers in Australia for years.

Heritage tells us that she met the Queen in about 1820 - by then being the equivalent of a millionaire. Mary had two sons and five daughters, one of whom Eliza - married a Thomson. My mother was a Thomson and Mary Reibey is my great, great, great grandmother.

Geoff Webster – (*Drysdale resident*)

Clifton Springs Playgroup 'Twilight Market' a Success



Sharon Reid and Tanya Colin on 'ticket patro

annual fundraiser.

Our stalls focused on the Party Plan Hosts, who all reported positive results from the evening. Congratulations to those families who won raffles drawn throughout the evening. Next year we anticipate expanding our stalls to

include traditional traders and provide a larger variety of items for sale. The funds that were raised for the Playgroup

will allow our playgroup members new toys and items for playing and learning.

A special thank you to the Clifton Springs Primary School for all their assistance, the

Bellarine SES for their help in providing lighting outside and also to all the food traders for their participation in providing delicious food and a wonderful aroma prior to entering the hall.

To all those who attended, we are very grateful that you came and supported the participants and hope that we can expect to see you next year for our bigger and better 'Twilight Market'.

For more information about our Clifton Springs Playgroup please call Lillian (03) 5253 2804.

STOCKDALE & LEGGO

Victoria's largest real estate group has one of its most successful real estate teams on the magnificent Bellarine Peninsula. Located at Drysdale, our fully trained and experienced staff having jointly over 25 years experience in the real estate industry offering personal attention backed by the resources and training of the Stockdale & Leggo group, ensuring that our clients receive the best possible service. Thinking of selling, buying or

renting a property on The Bellarine Peninsula? You must talk to the experts at Stockdale & Leggo, contact Daniel Lamanna, Helen Ryan or for Property **Management contact Marita Gleeson** on (03) 5251 1566. Last month we achieved over \$4.5 million in sales, and continue to work with qualified buyers looking to purchase property in your area. Stockdale & Leggo also now proudly support over 100 franchised offices spread far and wide across metropolitan and country Victoria - and counting!



▼ Tax Returns **▼** BAS Returns

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72-76 Ryrie Street, Geelong PO Box 795, Geelong, Victoria, 3220 Tel: 03 5224 1133 Fax: 03 5201 1222 Drysdale office - CNR. OF SPRINGS RD. & HIGH ST., DRYSDALE www.scc.net.au

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Stockdale&Leggo

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'Sweet Charity' and Fashion Fun Evening



On Friday 2, November at the Drysdale Community Church a fashion parade was conducted by 'Second Chance Clothing',

'Concern Op Shop' and 'Lifeline' all of Drysdale to a wonderful audience of over 125 people.

The models showed clothes from casual wear right through to evening and sleepwear, along with a complete wedding party. The models were volunteers, family members and friends. The amount of people who attended had a very entertaining evening. Door prizes were won and the evening was presented by the MC, Slavko, who with his humour and great comments kept the evening on a light note. There was supper provided and lots of chatter afterwards. Sales were brisk and all the proceeds will be given equally to 'Second Chance Clothing' to support the Drysdale Food Bank to help supply Christmas hampers to those in need, 'Concern' to help with material aid and 'Lifeline' for continued support for their telephone service which sees large

Organisers of the event were local Op Shop volunteers Joan, Vicki and Andrea, also MC - Slavko

demands for their service close to Christmas. Please drop into any of our shops and chat to our friendly staff and perhaps pick up an item or two. There is only a few weeks till Christmas and if you have some time that you might like to spend as a volunteer please talk to one of our coordinators.

Thank you to all the community who attended and helped to organize the evening. We are hopeful that this will become an annual event.

Drysdale Police Beat

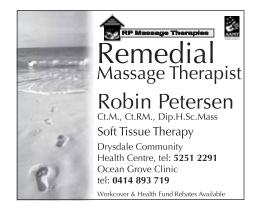
Local police will be busy these next few months running some special operations in and around the Drysdale/Clifton Springs area, as the holiday season approaches. Police will be conducting regular traffic stops, looking for Drink Driving, Registration, Roadworthy and Licence Offences. Please make sure your licence and registration details are in order and your vehicle is in a roadworthy condition. Local residents should also be mindful of leaving their vehicles parked with windows all the way down, or doors left open/unlocked and leaving valuables in plain sight inside. Police will be patrolling community locations and if they sight a vehicle parked/left in an unsecured state, they will leave a polite and friendly reminder for the owner.

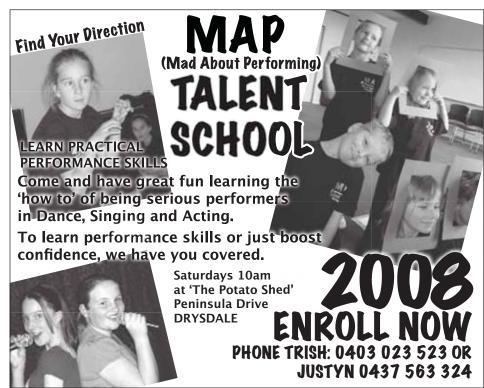
A substantial sum of money has been recently handed into the Drysdale Police Station.

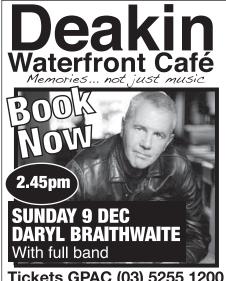
The money was located in the Drysdale CBD. Anyone who thinks that they may have lost a sum of money within the last few months, please contact the police station and talk to one of the members on duty.

There have been a number of parties held within the local area where unwanted patrons have attempted to gain entry. This has caused significant distress to the families, as well as property damage. Police are urging all those who wish to host a party, to register the details with the local police. That way, police will be able to monitor and respond more appropriately to those parties when and if required.

Local police are looking for any information, pictures, or material regarding the history of the Drysdale Police and the Station. Anyone that may be able to help with this project, please call Sergeant Grant Langmaid at the station (03) 5253 1763.







Tickets GPAC (03) 5255 1200 www.acornproductions.com.au Group Table Bookings (03) 5247 1986 Western Beach Rd. Opp Smorgy's On the Pier

FUND RAISING CONCERT

Barwon Health Foundation

Presenting

THE MELODAIRES

Friday 7th December 7:30pm Saturday 8th December 1:30pm

> At the SpringDale Neighbourhood Centre 17 - 21 High Street, Drysdale Tickets \$12

Bookings through Barwon **Health Foundation** 283 Ryrie Street, Geelong 5260 3355 or Lorraine on 5251 2563

Merry Christmas



from Peter and all his Staff at 'Hommy's Quality Meats'. They would like to wish all their customers a happy festive season and a safe new year

and see you all

back in 2008.



Easy to make for the Festive Table

White Christmas

Ingredients:

- 1 ½ Cups Rice Bubbles
- 1 Cup Icing Sugar
- 1 Cup Milk Powder
- 1 Cup Dried Fruit including Cherries
- 1/2 Cup Coconut 1/2 Cup Chopped Pistacios 250gm Copha

- Mix Together all dry ingredients.
- Melt Copha and pour over dry ingredients.
- Mix well, spread into a lamington size tin.
- Place into refrigerator.
- When set cut into squares and serve.

Pudding Truttles

Ingredients:

1 Tbls Double Cream 100gm Dark Chocolate 1/4 Cup Fruit Mince Sprinkle with either **Brandy or Sherry**

Method:

- Heat cream in microwave (approx 45 secs).
- Add broken pieces of Dark Chocolate. Stir until smooth.
- Add Fruit Mince and mix, then place into fridge till cool.
- Remove from fridge and proceed to roll into balls. Sprinkle with brandy/sherry.
- Store in the refrigerator.

Microwave Fudge Slice

Ingredients:

- 2 Cups Dark Chocolate
- 1 Tin Sweetened Condensed Milk 100 gms Walnuts

Method:

- Heat Condensed Milk and Dark Chocolate for one (1) minute (approx).
- Stir until smooth, add walnuts, then pour into a baking paper lined lamington tin.
- Place into the fridge and let it set.
- Cut into small individual squares and serve with your coffee or liqueur.

Recipes courtesy of Indulge on Harding









Gluten - Free Produce Open Wed-Sun • Breakfast • Lunch • Dinner Open 7 Days December to January

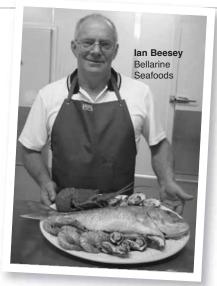
(03) 5259 1999

1a Harding Street Portarlington

Sara Hussen Benn trained at the A Cook's Tale Ecole Ritz Escoffier in Paris and cooked authentic French food.

For more information and dinner bookings please email thestationbandb1@bigpond.com or call Sara & John Benn on (03) 5281 1667.





Make your Festive Feast Seatood

Barbecued Fish Burgers

(Serves 4)

Ingredients:

4 x 175g Sebago Potatoes - Scrubbed 2 Tbl's Lemon Pepper Seasoning

4 x 150g Snapper Fillets

Olive Oil Cooking Spray

4 Wholegrain Rolls - Halved

4 Lettuce leaves

1 Lebanese Cucumber - sliced

1 carrot, peeled, sliced into ribbons

1/3 Cup Lemon Tartare Sauce 125g Low-fat Natural Yogurt

2 Tbl's Chopped Chives Lemon Wedges - To serve.

Method:

Preheat oven 200C.

Place Potatoes directly onto the rack. Bake 50 minutes till cooked.

Heat Barbeque plate on medium.

Sprinkle Lemon Pepper over the fish. Spray lightly with Olive Oil.

Barbeque fish for 3-4 minutes each side turning carefully until cooked through.

Spray rolls lightly with Olive Oil, then chargrill cut side down.

Divide lettuce onto the roll bases and top with fish, cucumber, carrot, tartare sauce and on top place the chargrilled bun tops.

Cut a cross on top of each potato, squeeze bases gently to open. Combine yogurt and chives. Spoon onto potatoes and serve with fish burgers and lemon wedges. Recipe courtesy of Bellarine Seafoods

Advent of the Nativity

It is Christmas. Cooks become Gastronomic Engineers, constructing vast pink and purple domes of meringues, macaroons and madeleines. In Sweden cooks offer Lussekattir (Lucie's Cats) for the Festival of Light. French grandmothers give Longue de Chat (cat's tongues) biscuits to their family. If no-one wishes to cook, marzipan logs are tongue where it is displayed rudely until it disintegrates. Whilst cooking (or instead of) these Engineers debate the definition of gourmet in their Larousse Gastronomique.

classic (even rough and rustic) simplicity. (2.) gourmet - knows how to choose

(4.) gourmand - enjoys good food.

(5.) goulu - glutton.

(6.) goinfre - greedy guts.

Larousse reminds the Gastronomic Engineer that lady-fingers make a wonderful Cobblestone Cake (Pavé) that allows of inspired ornamentation.

'Remember, Remember the Child in December' is chanted, and if people living where Christmas is summer their Buche de Noél or Pavé is massed with white or red roses, red for the blood of Christ and white for his Purity.

sliced very thin and stuck on one's protruding

(1.) gastronome looks for the traditional and appreciate.

(3.) friand - the epicure.

Don't let Santa miss out on his SEAFOOD for CHRISTMAS at your table **_** be early and place your order now __

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10am-5.30pm Mon-Fri **NEW TIMES - SATURDAY**



7 Mortimer Street DRYSDALE (03) 5251 3397 **Chocolate Cobblestone Cake**

Pavé au chocolat

Serves 6

225g/8oz butter chocolate 125g/4oz unsalted butter

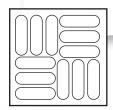
1 egg 12 trifle sponge cakes, split in half horizontally

Melt the chocolate over a very low heat with three (3) tablespoons water. Stir it and when it is completely smooth, beat in the butter. Beat the whole egg and stir it into the mixture. Have a pan of warm water ready on the stove.

Spread some of the chocolate mixture on 12 cake halves on a dish. Top with the other cake halves.

Place three of the cakes vertically side by side on a serving dish. Cover them with the chocolate cream. Then arrange three more cakes next to them horizontally. Cover them with the cream. Add the next three facing in the original direction, below the second set, and complete the square with three more cakes laid horizontally below the first vertical group. You should now have a square. Spread the remaining chocolate cream to cover the gaps and smooth with a warmed metal spatula. If the cream becomes too stiff to spread while you are working, dip the bowl in a pan of warm water that is already on the heat.

Monet's Cookery Notebooks by Claire Joyes



Place the Sponge Fingers in the pattern shown for the 'Chocolate Cobblestone Cake'

A Feast of One's Own A Bite of Marie Biscuit, a bite of dark chocolate. Munch together slowly. O Heavenly Bliss.



at Lighthouse Olive Grove

Kalamata Café serves casual food that is inspired by the islands of the Mediterranean. Enjoy a meal in the tranquillity of the olive grove while enjoying the unforgettable views. Open Wed to Sun 9am to 5pm.

> 650 Andersons Road Drysdale Vic 3222

Phone (03) 52511101 Fax (03) 52515150 info@kalamatacafe.com.au www.kalamatacafe.com.au

Drysdale Uniting Church – Countdown to Christmas!

It's on again! Drysdale Uniting Church is holding their annual Advent Workshop for children of kindergarten age to grade 6. The purpose of the workshop is to provide a Christ-centered experience which reflects the celebration, joy, wonder and mystery of Christmas for children and adults alike.

The workshop aims to enhance children's understanding of the biblical account of Christmas by providing relevant experiences for the children through stimulating stories, enjoyable music and challenging craft activities.

Dates:

Wednesdays 8 and 15 December, commencing at 5pm with registration and finger food, concluding at 6.15pm.

Sunday 19 December at **6pm** with a special family service/bbq tea to which parents, families and friends are invited.

Where

Drysdale Uniting Church and Hall, High Street, Drysdale (access from the car park in Palmerston Street).

There is no charge for this program, but donations towards cost of food and craft materials welcome. Enquiries or enrolments can be made through:

Colleen Diamond, 5251 3749 or Val Lestrange, 5251 3125 (AH)

Come along and have fun!!

Other Christmas Service Times at Drysdale Uniting Church Monday 24 December 11.30 pm Christmas Eve Service.

Tuesday 25 December 8am Christmas Day Service.

Happy Christmas

There are many things that make us happy at Christmas time including giving and receiving gifts, having some holidays, catching up with family and friends, or for many it is time to have a breather and take stock of another year that has gone past.

For some, Christmas is anything but happy and can reinforce our feelings of loneliness, separation from family, financial struggle, and the fear that there will be no more 'Happy Christmases' because of our current difficulties.

Jesus was God's gift to all of us. Not just the Church or believers, not any select group of privileged people, but at just the right time, God sent His Son Jesus into the world in the form of a baby to live, teach, and demonstrate God's amazing love for us. God wants you to be happy this Christmas.



Join us Great music, relevant messages, friendly atmosphere.

Sunday 9.00 am & 10.45 am (Includes childrens program)

276 – 290 Jetty Rd Drysdale 5253 2241

This doesn't mean all our problems disappear but rather we can receive God's gift for the world, Jesus, personally. We all sing the Christmas Carol 'Joy to the World, the earth receive her King' without realising that God intends us to do just that, to receive Jesus this Christmas.

How do I receive Him?

All of us can pray regardless of who you are or where you are. Simply say out loud this Christmas, 'Jesus I receive you as a gift from God and ask you to bring the joy and happiness you want me to have...Amen.' Simple isn't it, and God hears your prayer and answers it. A friend of mine once very solemnly told me he thought that the Christmas Carol 'We three Kings' was a song about three guys from a place called Orientar! I'll leave you to think about that one for the reason that we probably don't think too long and hard about the words of our Christmas Carols too much. Some of our Christmas Carols call God 'Emmanuel'.

Emmanuel is a name for God that simply translated means 'God with us'. I love this picture of God as it depicts Him as always being with us, even in the most difficult times, He is there, just as you prayed to receive Jesus this Christmas be assured that God will be with you always and He will always listen to, and answer your prayers.

May Jesus be with each of us this Christmas. Greg Illingworth - Senior Pastor, Clifton Springs Baptist Church, Church by the Bay Portarlington.

New Organist for St James' Anglican Church, Drysdale



Not often do you get a church organist who prefers Trad Jazz, but St James' has scooped one, so they might expect some lively hymns some day soon! Elizabeth Coyne grew up in Philadelphia, USA, part of a musical family. At 16 she quit both piano and choral work and only on arriving in Australia 23 years later did she take up piano again and began playing background piano in restaurants here - whilst keeping the day job as an IT consultant!

In 1994, when the organist at her church in Pt. Lonsdale became ill, she got volunteered to help out. The Vicar gave her a quick lesson on the organ (Elizabeth was terrified – an organ is NOT the same as a piano!) and with great trepidation she became relieving organist at St. James, Pt. Lonsdale, which led to playing at St. George's, Queenscliff for weddings and funerals and when the Fincham organ was installed there, she even learned to play that. Sort of. Not like Thomas Heywood!

She wrote a mass setting, part of which has been performed here by Geelong Grammar, and also wrote a few jazz pieces. In 2004, Elizabeth committed herself completely to music, accompanying soloists and groups, and plays at many local community functions. Courtesy of her local Queenscliff/Pt. Lonsdale community, Elizabeth now has a beautiful state-of-the-art Roland FP4 keyboard to take to those gigs where no piano is available. She teaches music to beginners, and loves sitting in with Trad Jazz bands. Any out there? She fits all this in and is committed to a long association with St. James', Drysdale where she has found many fellow music lovers in the congregation and has been warmly welcomed!

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LOOK! - WHAT'S NEW

Attention! Landlords and Tenants

Learn about Residential Tenancy Agreements, Condition Reports, Bond Lodgments, Bond Claims and other relevant information. Know your rights!

Date/time: Fri 15 Feb 1.30pm Conducted through Consumer Affairs Fee: Free Tutor: Gary Jennings

Venue: SpringDale Neighbourhood Centre Hall

Bridge for Beginners

Please refer to non-SpringDale classes for more information.

Anaphylaxis (New)

Administer Adrenalin for Anaphylactic Reaction Code 21659 VIC

This program is designed to provide knowledge and skills to the first-aider to be able to perform emergency administration of prescribed adrenalin using the injecting devise (EPIPEN). This is when a person (particularly children) have suffered a potentially life threatening anaphylactic reaction. Accredited Certificate Valid For 12 Months Date/times: Wed 12 Mar 6.30pm – 8.30pm

(1 session) Fee: \$40

Tutor: National First Aid

Venue: SpringDale Neighbourhood Centre **Room:** Training Room/Occassional Care

Defibrillation (New)

New Automated External Defibrillation Code 21659 VIC

This provides and develops knowledge and skills to the first-aider in order to perform emergency defibrillation/resuscitation procedures within the first few minutes after a life threatening incident. Participants practise with and operate an automated external defibrillator, during various cardiac arrest scenarios.

Date/time: Wed 5 Mar 6.30pm - 9.30pm

Fee: \$60

Tutor: National First Aid

Venue: SpringDale Neighbourhood Centre

Room: Recreational Room

Crochet For Beginners (New)

For anyone who is interested in the versatile art of crochet or just wishing to refresh their existing skills.

All you need is a crochet hook, thread and some spare time to turn your basic crochet skills into beautiful lace, toys, clothing and accessories.

Dates/times: Wed 6 Feb – 12 Mar 1.30pm – 3.30pm

or 5.30pm – 7.30pm (6 sessions) **Tutor:** Catherine Hearse **Fee:** \$60

Venue: SpringDale Neighbourhood Centre Kitchen

Boxing Training (New)

This course will teach you how to become fighting fit without ever getting hit! Catered for every level of fitness, this course is designed to take a beginner through the stages that will lead them to mastering new skills. Course topics include: warm up and cool down, wrapping hands, equipment use, technique, basic punches and focus pad work. No experience necessary.

Dates/times: Mon 11 Feb - Mon 3 Mar

6pm - 7pm (4 sessions)

Cost: \$70

Materials: Own hand wraps and boxing gloves otherwise all equipment will be provided during the session.

Tutor: Matt Daniels

Venue: SpringDale Neighbourhood Centre Hall

Funk Dance Classes (New)

These classes are aimed at people of all ages and with all levels of dance experience. It's a fun energetic way to exercise, meet people and get fit. **Dates/times:** Tue 5 Feb – Tue 11 Mar 6pm – 7.15pm (6 sessions)

Fee: \$75 **Tutor:** Katherine Sykes

Materials: Flat Shoes

Venue: SpringDale Neighbourhood Centre Hall

Dressmaking - Design a Pattern. (New)

Do you love sewing but can't get a pattern to fit you properly - Have you changed shape and patterns don't fit you as they used to? Learn to apply designer techniques to fit a garment to perfection. Sometimes the style doesn't suit your frame and sometimes a little tweaking is all that's necessary. Bring along a pattern and personalise it to your form.

Dates/times: Tues 12 Feb – 11 Mar 6.30pm – 8.30pm (5 sessions)

Cost: \$85

Materials: Some basic sewing machine skills and understanding of patterns.

Tutor: Claire Duffy

Venue: SpringDale Neighbourhood Centre Foyer

The Value of The Written Word (New)

These sessions are not about aiming to make money – though this might hopefully be the outcome for some people. The sessions are intended to assist anyone who is a beginner in the art of writing to appreciate the usefulness and also the importance of the written word. We discuss the principles of writing, types of writing and the importance of self editing. Dates/Times: Fri 8 Feb – 14 Mar 10am – 12noon (6 sessions)

Tutor: Nina Syme Cost: \$80

Venue: SpringDale Neighbourhood Centre

Room: Recreation Room

Expressions of Interest

For further information about the following activities please contact the friendly staff at the SpringDale Neighbourhood Centre.

Computer Programs - Latest versions

People interested in learning about Windows Vista and Microsoft 2007. Please contact our friendly staff for more information.

Coffee Lovers!

Learn the art of making espresso coffee.

This course will introduce you to the art of making your own coffee either for yourself or in your workplace

Calendar Occasions

Many people have expressed interest in participating in cooking and craft for Calendar Occasions, Easter, Spring Carnival and Christmas Delights. We are seeking a person who would like to concuct these classes.

Personal Development Course

Do you want to improve your personal skills, job interviews, wardrobe selection, achieving life skills? This course is designed for you.

ACCREDITED COURSES

Red Card (OH & S induction)

The course is designed to provide participants with specific OH & S compliance and legislative information relating to a range of topics which relate to industry induction requirements. Red card is issued following the assessment as a competent permit holder for entry to building and construction sites throughout Victoria.

Dates/times: Fri 22 Feb 9am – 3.30pm or Tues 26 Feb and Wed 27 Feb 6pm – 9pm

Fee: \$160



Tutor: Vic Burrows - Additional Training Options Venue: SpringDale Neighbourhood Centre Kitchen

Room: Training Room

Work Safely at Heights (Under 2 Metres) Code MNMG237A

This course caters for people who work in environments where falls of less than 2 metres may occur and covers Work Safe Codes of Practice requirements, legislation, regulations and Job Safety Analysis.

Dates/times: Tues 19 Feb 5.30pm - 9.30pm

Fee: \$70

Tutor: Vic Burrows - Additional Training Options Venue: SpringDale Neighbourhood Centre

Room: Training room

Stop the Traffic **Worksite Traffic Management** Code BCCCM3003B

Participants earn the capability of being competent to manage and control worksite traffic requirements. Dates/times: Sat 15 Mar 11am - 5pm

Tutor: Vic Burrows - Additional Training Options Venue: SpringDale Neighbourhood Centre

Room: Computer Room

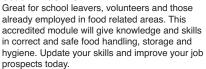
Responsible Service of Alcohol

Covers all areas relating to the service of alcohol in and around licensed premises. Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

Dates: Classes held regularly, phone for next dates. Tutor: GATE

Venue: SpringDale Neighbourhood Centre Kitchen

Food Handling and Safety (Apply basic food handling) Code FDFCORFSY1A



Dates: Classes held regularly, phone for next dates Venue: SpringDale Neighbourhood Centre Kitchen

Food Safety Supervisor Code FDFCORFSY1A

Food businesses must have a Food Safety Supervisor. The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. Pre-requisite: Participants must have successfully completed Basic Food Handling and Safety (course listed above).

Dates: Classes held regularly, phone for next dates.

Tutor: GATE

Venue: SpringDale Neighbourhood Centre Kitchen

First Aid - CPR

(Cardiopulmonary Resuscitation) Code VBP112

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. First Aid - CPR is the first 3 hours of First Aid — Level 2. See that course for details.

Dates/times: Mon 4 Feb 7pm - 10pm (1 session) or Sat 8 Mar 9am - 12noon (1 session)

Tutor: National First Aid

Fee: \$45

Venue: SpringDale Neighbourhood Centre

Room: Recreational Room

First Aid - Level 2 Code 21593 VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR updates) and is a requirement for many courses, organisations and work places.

Dates/times: Mon 4 Feb - 3 Mar 7pm -10pm (5 sessions) or Sat 23 Feb and Sat 1 Mar

9am - 5pm (2 sessions)

Fee: \$145

Tutor: National First Aid

Venue: SpringDale Neighbourhood Centre

Room: Recreational Room

ART AND CRAFT

Discover the Artist Within

Foundation Course - the first stage in the journey. If you have always wanted to create art but didn't get a chance to learn how to draw or about art methods or if you want support and instruction in a

personalised, step by step approach. This course wlll teach you to use your eyes as the artist does, allowing you to gain confidence to express yourself and create art.

Materials required: A4 sketch book, 2B pencil, protective clothing (e.g. old shirt). Other items will be supplied or suggested during the course

Dates/times: Tues 29 Jan - 18 Mar 11am - 1pm (8 sessions)

Dates/times: Wed 30 Jan - 19 Mar 4pm - 6pm

(8 sessions) Tutor: Annette Playsted-Simmons Fee: \$120 Venue: SpringDale Neighbourhood Centre

Room: Recreational Room

Advanced Art Course Continue the journey

If you have completed the Foundation Art Course 'Discover the Artist Within' or you have completed a foundation art course elsewhere or if you are a practising artist and want input and feedback then this course is for you. Choose from the following possibilities to specialise in or explore over time. Portraiture, Still Life, Landscape, using chalk pastel, oil pastel, ink and wash or mixed media drawing, acrylics or water colours.

Materials required: A4 sketch book, 2B pencil, protective clothing (e.g. old shirt). Other items will be supplied or suggested during the course.

Dates/times: Wed 30 Jan - 19 Mar 1pm - 3.30pm

Tutor: Annette Playsted-Simmons Fee: \$120 Venue: SpringDale Neighbourhood Centre

Foundation/Advanced Art Class

Room: Recreational Room

Students plan and implement individual artistic processes to either develop ideas or acquire advanced skills in the media of their choice. Students are encouraged to try out the media provided and make purchases to suit their needs and interest. Dates/times: Wed 30 Jan - 19 Mar 4pm - 6pm

Tutor: Annette Playsted-Simmons Fee: \$120 Venue: SpringDale Neighbourhood Centre Room: Recreational Room

Jewellery Making

(8 sessions)

You will have a chance to craft a silver wire bracelet and a contemporary silver art charm and more. Come along for a one day workshop and create your own jewellery. Feel free to bring along silver or 9 carat gold jewellery that you would like to refashion quickly and easily - the results can amaze.

Dates/times: Sat 23 Feb 1pm - 5pm (1 Session) Tutor: Jeff Dean

Fee: \$60 (includes materials)

Venue: SpringDale Neighbourhood Centre Hall

Children's Programs

Music and Movement

Enjoyment of music, dance and song to encourage the development of beat, rhythm, tempo, pitch and harmony - all while having fun. This is a great way for little ones to develop confidence, self-esteem, concentration, memory, listening, language and selfexpression

Dates/times: Wed 6 Feb -19 Mar 9-15 am - 10am (7 sessions)

Tutor: PSD Education Fee: \$50 Venue: SpringDale Neighbourhood Centre Hall

Children's Art

For children art is a great way to be expressive and creative. An art class should be fun and enjoyable. Learn printing skills by using cardboard, technique of collage, portraiture, aboriginal and wax resistant painting. This group is designed for primary aged children.

Dates/times:, Thur 7 Feb - 13 Mar 4pm - 5.30pm (6 sessions)

Tutor: Carolyn Knight

Fee: \$80 Materials: Please bring a smock Venue: SpringDale Neighbourhood Centre Room: Recreational Room

HEALTH AND WELLBEING

Reiki Level 1

Reiki is a natural, simple, safe, effective healing system that uses the universal life energy that permeates our entire universe and all living things. Participants are awarded a Certificate endorsed by the International Association of Reiki professionals.

Dates/times: Sat 9 Feb - Sat 15 Mar 2pm - 4pm

(6 sessions)

Tutor: Laurent Boulanger, certified Reiki Master (IARP).

Fee: \$125

Venue: SpringDale Neighbourhood Centre

Room: Recreational Room

Reiki Level 3 (Master Level)

Continuing the experience and enhance your health. Participants are awarded a Certificate endorsed by the International Association of Reiki professionals. Dates/times: Thurs 7 Feb - Thurs 13 Mar

7.30pm - 9.30pm (6 sessions)

Tutor: Laurent Boulanger, certified Reiki Master (IARP)

Fee: \$125

Venue: SpringDale Neighbourhood Centre

Room: Recreational Room

Tai Chi

Tai Chi combines movement, meditation and breath regulation to enhance the flow of vital energy in the body, improve blood circulation, and enhance immune functions. Jun Yi has extensive Tai Chi experience including high rankings in several Chinese national championships.

Dates/times: Fri 8 Feb - 14 Mar 9.30am - 10.30am

(6 sessions) **Tutor:** Jun Yi Weng

Fee: \$60

Venue: SpringDale Neighbourhood Centre Hall

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

Dates/times: Mon 4 Feb – Mon 17 9.15 am – 10.45 am (6 sessions) **OR** Thurs 7 Feb – 13 Mar 6pm – 7.30pm **OR** Thurs 7 Feb –13 Mar 7– 45pm – 9.15pm (6 sessions) Fee: \$60

Tutor: Glenda Breedveld

Materials: Mat supplied but feel free to bring a rug Venue: SpringDale Neighbourhood Centre Hall

Nothing Better than Home Made Cooking

Have you recently become single and found yourself as the primary household cook? Are you a young person who has left home and struggles with cooking and kitchen management? Well! Come and join our Cooking Class and learn kitchen management, strategies, food preparation and recipe selection. Become kitchen savvy.

Dates/times: Tues 5 Feb - Tues 11 Mar

6pm - 9pm (6 sessions) Tutor: Barbara Godlewski

Fee: \$130

Venue: SpringDale Neighbourhood Centre Kitchen

Coeliac Cooking Workshop

Come along for an informative yummy Coeliac cooking day. Learn about the latest products. Meet and share some information with other Coeliac

Dates/times: Sat 23 Feb 11am - 2pm (1 session)

Fee: \$50

Tutor: Debra Winter

Venue: SpringDale Neighbourhood Centre Kitchen

COMPUTERS

All computer classes are held at SpringDale Neighbourhood Centre. Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension.

Introduction to Computers A

For those with no computer skills and/ or no typing knowhow. Learn the basic skills of using a keyboard and mouse by playing solitaire and using a typing tutor (using one finger on each hand if necessary). Learn how to navigate your way around the computer and start it up and shut it down by doing the following: open and close procedure, open programs such as solitaire and Word and use the typing tutor program.

Skill Level: Beginner

Dates/times: Thurs 7 Feb - 13 Mar 9.30am - 12noon (6 sessions)

Fee: \$120 or \$80

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Computers B

The beginners class for those with some typing skills. Develop your skills that bit further and Increase your confidence. Learn how to work with programs such

as Microsoft Word, Microsoft Works and similar programs to create and format documents, add attractive borders. Check your spelling and grammar and make corrections to existing text. Learn the basics of Microsoft Windows and create files and folders. Find out about connecting to the Internet.

Skill Level: Beginner Dates/times: Wed 6 Feb - 12 Mar 12.45pm - 3.15pm (6 sessions)

Fee: \$120 or \$80

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Computer C (Consolidation and Extension)

Enhance your computer skills and your confidence. Learn to set up your computer desktop and other basic Windows tasks. Use Microsoft Word and/or Microsoft Works to produce documents that are both attractive and professional in appearance using: tabs; tables; columns; clip art; word art; paragraph & page formatting. Preview then print your documents. The class also includes a brief introduction to uses of the Internet, and many tips and tricks.

Skill Level: Beginner+ Dates/times: Fri 8 Feb - Fri 14 Mar 9.30am - 12noon (6 sessions) Fee: \$120 or \$80

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Computers D (Become Creative)

In this class you will have the opportunity to use a range of commercially available software such as Hallmark Card Studio, Print Master 17, National Geographic Greeting Cards and Microsoft Publisher to create greeting cards (Xmas, birthday & special occasions etc.). Learn also to create attractive note pads; envelopes; calendars, and small business or gift cards (using sticky labels).

Skill Level: Intermediate Dates/times: Tues 5 Feb Tues 11 Mar 12.45pm-3.15pm (6 sessions)

Fee: \$120 or \$80

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Computers E (Internet, Emails & Computer Performance)

Learn to send and receive and delete emails. Set up address books. Learn about virus protection. Understand internet browsers.

Skill Level: Intermediate

Dates/times: Thur 7 Feb - 13 Mar 12.45pm - 3.15pm (6 sessions) Fee: \$120 or \$80

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Photo Story

Learn how to caption, narrate and add music to your photographs, add in effects and transitions to your slide show then save it into your PC.

Dates/times: Mon 4 Feb 9.30am - 12.15pm Mon 3

Mar 9.30am - 12.15pm (Single session) Materials: 20 - 40 digital photos Fee: \$50 Tutor: Suzanne Cronin

Photo File Management

Introductory workshop will help you tidy up your computers 'My Pictures' folder. Learn how to burn your photos onto CD. Copy them to a memory stick or email them to a friend. Manage your folder easily with recognizable pictures and icons.

Dates/times: Mon 18 Feb 9.30am - 12.15pm Mon 17 Mar 9.30am-12.15pm (single session)

Materials: 20-40 digital photos Fee: \$50 Tutor: Suzanne Cronin

eBay - Sellers

Learn how to sell on eBay. Do you have some interesting article that you've considered selling on eBay and weren't sure how to start. Come along and learn from an eBay trained professional.

Skill Level: Intermediate + Dates/times: Thur 6 Mar - Thur 13 Mar

6.30pm - 9.30pm (2 sessions)

Fee: \$80

Tutor: Angelo D'Angelo

Microsoft Office 2003

Extend your skills with the Microsoft Office suite of programs. Learn to use Microsoft Word for more than a word processor, use Outlook to organize your important meetings and dates, discover how powerful Excel can be and learn to make presentations and slide shows for you family and friends with PowerPoint.

Skill Level: Intermediate +

Dates/times: Mon 4 Feb - Mon 3 Mar 7pm - 9.30pm (5 sessions)

Fee: \$120 or \$80

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Tony Reymers, AMGARR COMPUTERS

Web Site Design

Wondering how to set up your own website? In this class participants will be walked through designing a simple family or business web page. Participants will be able to set up a domain name, host a site on the net and upload their site to the net using software such as Microsoft Front page and FTP Commander. Skill Level: Intermediate + knowledge of Microsoft

Word, + General computers skills. Dates/times: Tues 12 Feb - Tues 18 Mar

7pm - 9.30pm (6 sessions) Fee: \$120 or \$80

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Steve Thew - Stan Designs, Portarlington.

MYOB for Beginners

These sessions are designed for those just starting out. Learn how to set it up and get it going. This course will give you a basic foundation of how to use MYOB in your business.

Skill Level: Intermediate Dates/times: Wed 6 Feb - Wed 12 Mar

7pm - 9.30pm (6 sessions)

Fee: \$120 or \$80 (\$55 subsidised tuition fee + \$25 services fee) + \$45 course manual if you'd like to keep it. Tutor: Brian Knight, Round Table Business Consultants

Email and Internet

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including voice, video and interactive chat and learn how to check for and avoid viruses. Trojans, worms etc.

Skill Level: Beginners

Dates/times: Mon 4 Feb - 3 Mar 12.45pm – 3.15pm (5 sessions) Fee: \$120 or \$80 Concession

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Tony Reymers AMGARR COMPUTERS

Revised Computer Performance and Maintenance

Do you wonder why your computer slows down or runs out of disc space. This course is for you. We will discuss the causes of and how to fix these issues. This entails clearing your computer of unnecessary files and how to keep your computer running at its best performance. We also show you how to fix your computer when it does not boot into Windows and how to respond to error codes on your computer.

Dates/times: Fri 8 Feb - Fri 14 Mar 6.30pm - 8.30pm (6 sessions) Fee: \$120 or \$80 Concession

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Tony Reymers AMGARR COMPUTERS

General Interest and Skills **Guitar and Singing**

Learn to play the acoustic guitar and to sing your favourite songs. No previous musical experience required. Laurent Boulanger has 20 years experience. Students must bring own acoustic guitar. **Times:** 6pm – 7.30pm

Dates: Tues 5 Feb - 18 Mar (7sessions) Fee: \$110

Tutor: Laurent Boulanger

Venue: SpringDale Neighbourhood Centre

Room: Recreational Room

All Conversational French is conducted at SpringDale Neighbourhood Centre.

Conversational French

For those with little or no French. Also suitable for Years 7-8 French for comprehension and pronunciation. Learn basic conversation skills for everyday situations.

Dates/times: See dates & fees below, 11am - 12noon

Room: Occasional Care

French - Conversational - Intermediate

For those with basic french who want to improve their oral and listening skills. Also suitable for Years 9-10 French students. Participate in group conversation. Dates/times: See dates and fees below.10am -11am

French - Conversational - Advanced

For those with a solid grounding in everyday French. Also suitable for Years 11-12 (VCE). In-depth discussions on cultural issues.

Times: 9am - 10am

Dates: Sat Feb 9 - Mar 15 (6 sessions)

Tutor: Laurent Boulanger, qualified native French tutor.

Fee: \$60

Venue: SpringDale Neighbourhood Centre.

Spanish Conversation for Beginners

No prior knowledge required. Perhaps one day you may travel there! Or just have some fun learning. Dates/times: Wed 6 Feb - 12 Mar 7pm - 8.15pm (6 sessions)

Fee: \$75 Tutor: Maite Leaman

Venue: SpringDale Neighbourhood Centre Foyer

Dog Massage

Indulge your best friend with the physical and emotional benefits only a massage can bring. You will develop a stronger bond with your dog as you learn hands-on techniques to improve its health. Learn effective massage strokes and full body massage too. Please leave dogs at home.

Dates and Times:

Thur 7 Feb - 13 Mar 6pm - 7.30pm (6 sessions) Sat 9 Feb - 15 Mar 12.30pm - 1.30pm (6 sessions) Fee: \$60

Tutor: Laurent Boulanger, qualified massage

therapist for pets

Venue: SpringDale Neighbourhood Centre Room: Recreation Room

Latin/Salsa Dancing

Explore Latin America through dance. Come and join our very popular dance class.

Dates/times: Advanced Beginners -

Tue 5 Feb -11 Mar 7.30pm - 8.30pm (6 sessions) Foundation Beginners - Tue 5 Feb - Tue 11 Mar 8.30pm - 9.30pm (6 sessions)

Fee: \$75 Tutor: Jo Merritt Materials: Flat Shoes

Venue: SpringDale Neighbourhood Centre Hall

Non SpringDale Classes & Groups

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Dates/times: Term 1 classes commence on Tuesdays 29 Jan, 9.30am - 10.30am (intermediate) and 11am - 12 noon (beginners to intermediate). Thursdays 6.45pm – 7.45pm (intermediate) 8pm - 9pm (beginners to intermediate).

Tutor: Monique MacLeod Fee: \$100 (8 weeks)

Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale. Phone: (03) 5251 2958 to book.

Bellarine Woodworkers Inc

Meet first and third Monday of the month at 1.30 pm at SpringDale Neighbourhood Centre, High Street, Drysdale. New members welcome. Just turn up if you are interested.

Bridge for Beginners

Come along and enjoy the challenge of learning how to play Bridge by our experienced tutor

Date/time: Wed 6 Feb - 3 Dec 9.30am - 11.30am

Tutor: Mark Cline

For bookings (03) 5222 2736, 'University of the Third Age'

Venue: SpringDale Neighbourhood Centre

Room: Training Room

The Arts

SpringDale Singers

A mixed voice choir meeting on Tuesdays, from 1.30pm – 3.30pm in the SpringDale Neighbourhood Centre Hall. New members welcome. Persons interested may come as visitors on any Tuesday.

Friendly Writers Group

An opportunity to share your writing and to hear the works of others. Meets at the Centre 7pm – 9pm every second Monday evening throughout the year.

Life Drawing

For those who enjoy the experience of Life Drawing. Mon 1.30pm – 4pm. Waiting list may apply.

Bella Arts Group

An opportunity to share your art and to see the work of others. Ring the Centre for dates.

Adults at Play

SpringDale Badminton

Badminton has been a success, many thanks to everyone who has assisted with the setup that has enabled this group to go ahead. Any new interested players please contact SpringDale. Commences Wed 6 Feb 1pm-3.30pm weekly at The Scout Hall Drysdale.

SpringDale Chess Club

Come along for a friendly afternoon of chess. Wednesday afternoons 1pm – 3pm all year.

SpringDale Jigsaw Club

Borrow a jigsaw (or two) at the bargain price of 40¢. There is a big library, from children's to 2000+ piece jigsaws. Come along to the SpringDale Neighbourhood Centre Hall on the first Thursday of the month 10am – 12noon and have a cuppa while you choose your jigsaw.

SpringDale Mah-Jong Club

Another opportunity to relax at play. Wednesday mornings 10am – 12pm.

SpringDale Scrabble Club

Looking for something to do on a Tuesday? This club is now well underway. New members are welcome. Tuesday afternoons, 1pm – 3pm.

Canasta Group

Canasta is a matching card game in which the object is to create melds of cards of the same then go out by playing or discarding all the cards in your hand. For experienced and for people just wanting to learn. A fun afternoon. Monday afternoons 1pm – 3pm all year. \$2 Session.

Line Dancing

What is Line dancing? Think of dancing in lines and you've pretty much got the picture. Put in some country music and some country style footwork and the picture is nearly complete. If you can count to four and can tell your left foot from your right, you can line dance! Join our group. Commences Wednesday 30 Jan 10.15 am – 12.15pm. \$7 per session.

Parents and Children Bellarina Toy Library

Saturday mornings 10.30am – 11.30am. We have some fantastic toys to borrow (ages 0 - 6 years) so come along and see what we have to offer!

Portarlington Toy Library

Monday and Wednesday mornings 11am – 12noon. Operates out of the Portarlington Pre-school. Look for the balloons and sign. New members welcome.

Craft

Springers Quilting Group

Meet for an afternoon of quilting. The group makes quilts for Palmerston Court Aged Care. Meetings take place on the fourth Thursday of the month at SpringDale Neighbourhood Centre Hall, Drysdale Time: 10am – 12noon.

Scrapbooking

Preserve photos from the past, enrich photos in the present and inspire hope for the future. All welcome, beginners will be shown techniques. Last Wednesday of every month, 7pm –10pm.

Materials: 3 photo's of same theme.

Crochet & Knitting

Friday mornings 9.30am – 11.30am Interested people are welcome. **Group leader:** Jan Westwood

Computers - PC User Help Group

New Day, new group leader. Hopefully we can encourage people to follow their interest in computers and share this interest with Liam Bennett and others. The group will meet at SpringDale on the 2nd Tuesday afternoon in each month 4pm – 5pm.

Health and Wellbeing

Meditation

Meditation is growing in popularity due to our tutor Max Simmons. Please don't hesitate if meditation needs to be on your list. Please feel free to come along. Commences on Tuesday 5 Feb 7.30pm – 8.30pm weekly.

Privacy: The SpringDale
Neighbourhood Centre respects
your right to information privacy.
Information collected and held on
participants, is kept in accordance
with information privacy laws.

SPRINGDALE OCCASIONAL CARE

A three-hour session will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself.

Sessions are: Tuesday, Wednesday and Friday mornings 9am – 12noon, Monday and Thursday 9am – 2pm. For further information please phone Occasional Care on (03) 5251 1627. Sessions run during school terms only.

ENROLMENT

To book into a class, **phone (03) 5253 1960**, or call in person, at **SpringDale Neighbourhood Centre, 17–21 High Street, Drysdale**, **Email:** office@springdale.org.au or send in the course booking slip.(see below)

- If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees.
- Your enrolment is confirmed when payment is received.
- · Classes must be paid for no later than ONE week prior to the

commencement of class – this helps us to ensure that the course will have enough participants to run successfully.

PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
- Should a class be cancelled due to lack of enrolments or another reason, fees are refunded in full and enrolees notified.
- People wishing to withdraw from a course must do so prior to commencement of the course.
- Where fees have been paid a refund will be issued with an administrative fee of \$8.00 deducted.
- When a person withdraws after commencement of a course no refund will be issued. An opportunity to transfer to another course maybe made available.

Name:	Address:
	Postcode
Phone : (H)	Bus:
Mob:	Email:
I would like to enrol in / information abou	(course name/s and dates/times)
Please tick one: Attached is my ch I will come in and pay for the course I have completed the credit card slip Visa /Mastercard: Credit card No:	least a week prior to the course commencing.
	Amount:
Signature:	
Comments / suggestions / other informa	n that you require

Drysdale Senior Citizens Club

On Tuesday 30 October we had a lovely trip out to the Highbury Tearooms in Teasdale. It was the first time we had been there and we all enjoyed ourselves; it was well worth the trip. They have a beautiful garden, the weather was lovely and the food was excellent.

December the last month of the year is very quiet. We will have Bingo on Monday 3 December with our trading table and a special afternoon tea. Eyes down at 1.15pm.

The club will be closed over Christmas from Friday 21 December and opened again on Wednesday January 2. We hope everyone has a wonderful and happy Christmas.

Best wishes and good health to everyone for 2008. We look forward to seeing you all in the New Year.

Esther: President Mary: Secretary

Country Womens Association - Drysdale Branch

59th Annual General Report 2007

The Drysdale Branch of the Country Women's Association Annual General Meeting brought to a close the 2007 year on another very busy and highly successful note.

During the year Drysdale Branch has raised and distributed over \$6,000 primarily to local Charities and Community Groups.

Cash donations were made to:-

- · Drought Relief Fund;
- · Bellarine Palliative Care;
- **Bellarine Community Church** Food bank;
- · Cancer Appeal Biggest Morning Tea and Annual Raffle;
- · Cottage By The Sea;
- **Drysdale, Portarlington and Mannerim** Fire Brigades;
- · Drysdale and Portarlington Scout Troops;
- **Drysdale and Portarlington Guides Groups**;
- **Drysdale and Portarlington Branches** of Bellarine Community Health Service;
- · S.E.S. Drysdale;
- · Bellarine Show Association;
- · Christian Education in Schools.
- Bushfire Volunteer Relief Services.
- · Rural Ambulance Victoria Drysdale Station.
- **Local Primary Schools Outings** & Camp Assistance Funds.

Extensive donations made by Members of Trauma Dolls, Teddy Bears, Prem. Baby Gowns and New Baby Kits for The Geelong Hospital, knitted and crochet throw rugs to Grace McKellar House, jumpers for Aids Babies in Nigeria in conjunction with the Rotary Clubs Appeal and to Homeless Aid - Vic. Relief



Appeal - Beanies, Scarves, Blankets & Gloves were also delivered.

We are really pleased to say, "When you support the efforts of the CWA you are truly supporting your Local Community at all age

The Branch Members would like to take this opportunity to thank all community members who have assisted them to raise these funds. Without the generous support of our community we would be unable to distribute the funds raised to the deserving, hard working Community Organisations.

The newly elected Officers Bearers of the Committee are:

President Mrs. Joy Wallis

Vice Presidents Mrs Dorothy Chase

Mrs Shirley Rogerson

Mrs. Shirley Rogerson Secretary **Treasurer** Mrs. Maureen Naughton.

Any ladies interested in joining this very busy and enthusiastic group are most welcome. To receive more information about joining The Drysdale Branch of the National Women's Organization of the Country Women's Association please ring

President Joy (03) 5251 3696.

Merry Christmas to the Animals 2007



Book Now! - This is a popular event so call (03) 5251 1177

Thursday 20 December Depart Drysdale 6.30pm \$35.00 All inc.

Join in the fun and help the needy and abandoned animals of Geelong and the Bellarine Peninsula at the same time. We join together to enjoy a 2 course Christmas Dinner in party atmosphere, before touring Geelong and local District to view the brilliant Christmas lights. McHarry's coach will be providing air conditioned travel for our comfort.

On the way a stop will be made at the Animal Shelter to present gifts of towels, blankets, food and cash from this tour. Lucky Seat Prize and Raffles to swell our donation.

Proceeds to Geelong Animal Welfare Society. To book, phone Joan Wellard on (03) 5251 1177.

Note: Pick up Portarlington Health Centre at 6.40pm. Ocean Grove passengers will join our tour at the Senior Citizens Hall prior to dinner at 6.55pm.

Other pickups by arrangement.



Bellarine Railway - Drysdale



'Klondyke' ready for a days work Photo Daniel Kenny

The year is coming to a hectic close with the railway groaning under the weight of regular and special trains day and night!

We thank all our volunteers, friends, supporters and passengers who have contributed yet again to a successful year. This year has seen some very big steps forward for the railway with even bigger ones to come in 2008!

Rail Fares and Bike Hire Charges will increase by a small amount from 1 January, 2008. Despite this, we are still the best value family day out in the district and the only heritage railway to offer 'Bike 'n Train' packages.

BELLARINE WOODWORKERS

After a relatively quiet period when many members were on their annual pilgrimage to warmer climates, we now enter a busy time leading up to our annual exhibition, which will be held at the Uniting Church Hall, Hesse Street, Queenscliff, on 12 & 13 January, 2008.

There will be a wide variety of woodwork items for display and for sale at reasonable prices. Our various activity groups are completing prizes for our raffle, along with providing tuition for members in woodturning, scroll sawing, carpentry, box making and model boat building.



Anyone interested in any type of woodworking will be welcome to attend our meetings, which are held at 1.30 pm on the first and third Mondays of each month at the SpringDale Hall, Drysdale.

Ray Austen

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Or visit shop 13, 2-20 Kingston Downs Drive, Ocean Grove

"Offer per person twin share single supplement applies. All fares include a Fuel Price Surcharge. Prices are subject to change without notice. Airfares not included in package price. Ask about our supersaver airfares available. Packages available for bookings can be made from 18 August 2007 to 28 February 2008. For travel from 1 November 2007 and completed by 31 March 2008. Concession fare per person twin share included in Green Season Package. For Green Season packages only, not to be used with any other offer. Conditions apply. Travel Agent Licence No. TTA 164 190. 00779CDDS

Just for a giggle!

Did you hear about the termite that walked into a pub and asked "Is the bar

tender here?"

From the small team at Drysdale Station and all of our members across the railway we wish you all a safe and Happy Christmas.

B.R SUMMER HOLIDAY TIMETABLE

Trains run DAILY from Boxing Day until end of first week of January then daily EXCEPT Mondays and Fridays until Australia Day Weekend, normal service then resumes.

DEPARTING DRYSDALE for Queenscliff AT 12.15pm (return trip with lunch break) and 3.45pm (one way only)

SCRAP METAL DRIVE 15&16 December

1st Drysdale Scout Group's

3 monthly scrap metal collection point will operate again on the 15 & 16 December 2007 at the rear of the Drysdale Scout Hall, facing onto the car-park. If you have any scrap metal, please place it in the bin provided.

Items such as old washing machines, dryers, fridges, freezers, sheet-metal, scraps of metal, old bikes, old guttering etc can be donated. Please do not leave us any gas bottles and rubber tyres as we are charged for their disposal.

100% of all monies raised from this effort will go towards running our Scout Group.

Thank you for your past support.

For enquiries, please contact Sue Gibbons on (03) 5256 3809 1st Drysdale Scout Group.

Painting?



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38 Murradoc Road Drysdale 3222 D Ward Facsimile 03 5251 3905 "Our garden started with blood, sweat and swears. Not necessary in that order. Bryan wanted me to draw up the plan. PLAN what plan – I can't draw it on paper, it's in my head. Oh dear!"

I wanted a seaside garden, with lots of texture, color and shapes. It needed to be drought resistant and if we were unable to have a green lawn - I didn't want one.

I had collected large pots in unusual colors. Gradually they had accidents while ever so helpful Bryan was around. He kept heading towards the bin to get rid of the evidence, I asked him to place them in the garden. (Should have been there to see the look on his face.)

Troy (son) came to help shift the pile of soil we had, well he put it there and Bryan thought it should be here and I said "that is not where it should be". Mmm! this is going to be harder than I thought, getting my vision across. We held a D&M and Bryan agreed to listen to what I told him, victory at last, (I think it's a boy thing.) The dunes were in place after several shifts, and all the area was covered with weed mat and topped with stone to help with saving water. Plants had to be colorful and able to tolerate the harsh winds that blow across the bay. Succulents, cactus and grey foliage were a must. The garden is a mix of old and new. and the unusual, roses and even vegetables lettuce, rhubarb, parsley and rosemary, even had a pumpkin growing. The shards of pots were placed among the plants, but it was lacking something – a walkway was planned with sleepers, then a rope was added- great!



The 'Jug Tree' ... Don't throw them out... hang them on a tree!

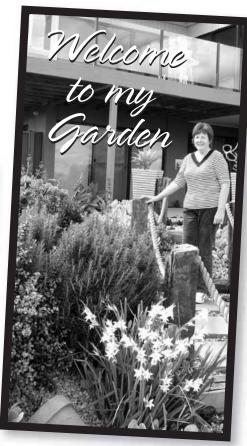
Rocks of green glass are a focal point throughout the garden.



We have had people stop to take photos. Our garden was a lot of fun to create and watching the changes of color and shapes the cactus take on is amazing. All I am waiting for now is to find a hulk of a small boat to incorporate as a ship wreck......

Now we are about to start our back yard and that's our secret until we finish it – perhaps another story???

from the garden gate



Rhonda & Bryan Pearson's garden on Edgewater Drive, Clifton Springs

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■ does not splinter

■ is barefoot friendly

■ requires little maintenance

has concealed fixing system

and will look GREAT for years

■ is slip resistant



NO MAINTENANCE COMPOSITE

the garden later. The weeds really took over this Spring. A lot of time was spent pulling up tall grass which grew from the hay I'd put down as mulch earlier. Have you been enjoying all the yellow plants around lately? There is lovely canola (It's alter ego turnip weed. Be careful if you buy hay, because it often contains this weed). The dazzlingly brilliant yellow soursob (oxalis) is everywhere, on the median strips and road edges, not to mention in the garden. Spraying when in flower is the best

way to get rid of it.

To keep your interest up plan to visit some of the Open Gardens soon, and keep wondering how they water their large gardens. The Drysdale Garden Club and friends from other clubs really enjoyed their day out in September to the Kyneton Daffodil Festival. The weather was absolutely perfect and we saw some gorgeous daffodils and other flowering bulbs. The ground everywhere was extremely dry, but that's one benefit of bulbs they do not want watering in the dry months of the year.

Things you can do now ...

Think about making jams. Apricots ripen late this month. Choose a plant or potted Christmas tree as a Christmas gift for someone. If you buy Poinsettias, re-pot them soon after Christmas using a good soil mixture. Make Christmas decorations to give away. Cypress is one type of leaf that will stay alive for quite a while without water. Cut some lengths about 15cm long and poke them into foam with a red candle in the centre. Use fire-proof decorations and ribbon to make this table centre look Christmassy. It will only take a few minutes to put together and will look really cheery.

cuttings of succulents and poke them into the ground. Pelargonium and geraniums and marguerite daisies do not need a lot of water, once they are established. They add lovely colour to a garden.

Deadhead annuals such as petunias and perennials to keep the flowers coming. Regularly pick herbs such as basil. Lightly trim flowering shrubs including natives such as bottlebrush. Divide warm climate plants such as helogonias and gingers.

Keep trying to make your garden drought proof. Get

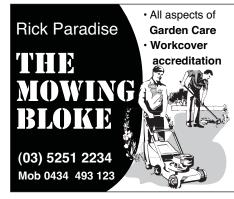
Be vigilant at getting rid of red spider(spotted mite).

Lift, store summer dormant bulbs. Net fruit trees to stop birds eating everything. Set your mower blades high, hopefully you will still have lawns to mow.

Clear away debris from gutters and any overhanging growth. Avoid gardening in the heat, do it in the mornings or evenings. Plant summer flowering bulbs now, and don't forget about dahlias which give such a great show until March.

Meetings Clifton Springs/Drysdale Garden Club resumes next year. Monday 18 February Uniting Church Hall, High Street, Drysdale 7.30pm ALL WELCOME.

Enquiries Wendy (03) 5250 5545 or Suzie (03) 5251 3481



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CORYULE WARD/UPDATE

Cr. Tom O' Connor CoGG / Coryule Ward

The following is October's update on the status of major projects and issues.

Requests for Service / Customer Service Centre Compared to last month, there was an increase of 13.52% of requests received, in total 1175, with 75% completed within the month, representing a 3.41% increase in requests completed within the expected time – overall a good result when compared to last month.

The most prevalent issues for October were as follows -

Waste & Recycling Issues -

Additional Bins, Replacement Bins, Service Requests and Enquiries, Stolen Bins, Bin Repairs, Discontinued Services, Missed Collections. New Bin Services.

Tree Issues - Storm Damaged Trees, Street & Park Tree Maintenance, Tree Removals

Local Laws Issues - Animals Found, Dogs at Large, General Parking Complaints

Parks Issues - Parks and Reserves & Garden area maintenance

Fire Prevention - Fire Hazards

Public Transport / road safety and general community issues

The following list of issues recently advised to VicRoads are to be further highlighted at this week's meeting –

a) Visual pollution -

i) Excessive and duplicated signage.

b) Township safety issues -

 i) Pedestrian crossings, manned and / or unmanned, for both schools and general pedestrian traffic;





ii) After-hours lighting conditions along the main arterials through the townships;

iii) Appropriate roundabout treatments to reduce the continual traffic bank-ups, especially during school start / finish times eg. Grubb Road / Portarlington Road / Jetty Road roundabout.

c) Main arterial safety issues -

 Deteriorated and dangerous condition of Murradoc / Portarlington / Grubb / Portarlington to Lonsdale roads due to the increased heavy commercial and industrial traffic along with the variable speed zones.

d) Passenger and public transport -

- i) the unsafe and challenging issues due to inadequate slip lanes for major roadside tourist and residential developments;
- ii) Inadequate run-offs and returns (bus bays) for buses and in turn the inconvenience to general traffic and also disabled passengers;
- iii) Insufficient room for stationary vehicles adjacent to the main traffic strips eg. Grubb Road between Swan Bay Road and Bellarine Highway.

e) Cyclists -

 i) Inappropriate and poorly designated and maintained road shoulder pathways eg.
 Murradoc Road, from the Becks Road junction running west towards Drysdale to bottom of the hill, on both sides.

f) Additional key items -

The need to look seriously to the future before the Queenscliff and Portarlington Harbours are in full flight; before the Jetty Road and Arlington Rise developments have started; before the constantly increasing influx of tourists reaches a critical stage (whatever and whenever); before the ever increasing number of school children on public and private transport brings additional pressures; and before the heavy commercial sand, stone, waste and horse transport traffic movements reach a major crisis point.

General -

Mossie Control

The recent rains have again highlighted the existence of the blighters despite additional fullscale aerial and ground treatments.

The 'Community Information' sheet showing works and progress is available at the Customer Service Centres on a monthly basis detailing –

- results of monitoring and treatments around the main townships using both text and graphs/charts
- information on larvae and mosquito numbers in particular areas
- predictions of potential nuisance levels for the forthcoming month for those areas

Again, should any community groups require further early detail, please contact the Drysdale Customer Centre by either phone or email to make arrangements.

Drysdale Library / Geelong Regional Library Corporation

Discussions are continuing with the Geelong Regional Library Corporation and interested community support groups relating to strategy and plans to upgrade facilities in Drysdale – more as a community hub to serve all ages and abilities.

As previously reported, the concept is to increase size, make it more readily accessible, and upgrade the content and range of services to include youth

spaces, homework help areas, community gathering and meeting places, as well as the range of print and

Planning - Municipal Strategic Statement

The first public presentation to approx 80 people at SpringDale covered current matters relating to the Rural Strategy, Housing Density Strategy, Portarlington-Indented Head Structure Plan and the coming Drysdale / Clifton Springs Structure Plan.

Water issues

electronic collections.

This is a continuing priority and the intention is to present a summary progress report as an outcome from the recent CoGG Water Task meeting made up of Barwon Water, CCMA and Southern Rural Water representatives.

The recently announced State Government Water Grants as listed in the media will provide much needed financial support to the rural and recreational parks and gardens and recycled water projects.

Clifton Springs Coastal Management Plan and Jetty Road Urban Growth Plan.

The Coastal Management Plan submissions' responses will be mailed this week with the final draft of the Management Plan to be completed shortly thereafter.

Jetty Road

Major construction work on reconstruction of the drop structure destroyed in the floods and the drainage from McLeods Waterholes at the Wyndham Street intersection is at last completed.

Cr. Tom O' Connor - CoGG / Coryule Ward





Clifton Springs Primary School



During our final school term our school has been involved in many activities. Our whole school focus is on the theme of 'Celebrations' which fits in well with many significant events held this term. We have celebrated Melbourne Cup with a hat parade and novelty races, have been involved in the Geelong Show and St. Leonard's Art Festival and our Parents Club have held a Disco for our students, which was very well attended and great fun for all. We were very proud to be awarded second place in the Geelong Show Education Section and many students gained awards for their

Our Grade 4 students have now begun their Bike Education Program which will run throughout the term. This is an important program which teaches our students the skills required to ride their bikes around their local community safely.

We had three teams participate in the Bellarine Peak Fitness Challenge with one team running second. All our students performed to a high level showing the value of our whole school fitness program which runs every morning for our Prep to Grade 6 students.

We had our school Concert at the end of November and all students involved did a wonderful performance of music and dance. Our Music/ Performing Arts teacher, Mr. Brad Beales coordinated the event and we all saw each level of the school perform, highlighting their music and dance skills. This was a wonderful event for our school.

This term will also see our new 2008 prep students begin their first experiences with school by attending through our Orientation Program, which commenced on 15 November. This is an important time for our new students to become familiar with school and form some new friendships. Our Orientation Program has also been extended to new students who will be entering our school at different year levels and two Information Sessions are offered for parents.

Giving and taking

entries.

The decorations are out in the Supermarket. The advertisements are in our letterboxes daily. Christmas is coming, and along with Christmas comes the pressure to get the Christmas present list just right. The pressure of making sure that the right people are on your list to give to and that you are on the right list of people to receive from.



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Celebrating over 10 years of serving the Geelong community.

It's all a part of the stress that people experience at this time of year. We don't want to offend someone by overlooking them and putting the friendship at risk. And we can have the same expectation of others and not want to be overlooked also. That can be as simple as the Christmas card list or the present list. Either one has the potential of upsetting someone.

What if we did people a favor? What if we let them off the hook? Perhaps the best gift we could give them and ourselves is to take away the expectation and to not allow ourselves to be under the pressure of expectation.

Let's do something radical and change the atmosphere this Christmas. We can do it by not expecting cards or gifts from people and letting them know that we honestly wouldn't be offended and that we would still be their friend. Let's lift the burden of expectation from those that we care about.

When we place no expectation on those that we give to, it makes giving even more special. It is no strings attached giving. I give to you to bless you and you don't have to do anything in return. I simply give because I want to, not because I have to. I give to give, not to get.

Here's a thought for you - "Command them to do good, to be rich in good deeds, and to be generous and willing to share." 1 Timothy 6:18.

Also, the spirit of giving is at the heart of Christmas. God loved the world so much that he gave His son, so that we would have a better life.

Jake Hogendoorn on behalf of Drysdale Community Church, wishing you all a very happy Christmas and a prosperous New Year

Christmas Shopping in your own home



Rachael and Anita have recently opened new local business 'RaaN Décor' dealing with how your home can be made more beautiful and functional.

With Christmas quickly approaching and not knowing what to buy your special family member or friend, 'RaaN Décor' have a large selection of gifts that would suit anyone or any occasion.

Whether it is a cushion for your someone to rest their head, or a candle and holder for your festive table along with stylish white serving ware that will make your festive fare look even more delicious.

Their items consist of Natural Stone products, statues, pottery vases, modern lamps, decorative ornaments, candles and holders and so much more.

So purchase your Christmas gifts locally and save time running from store to store. 'RaaN Décor' has a huge range to choose from at very affordable prices.

Festive Season Greetings from Rachael and Anita to all their customers. Thank you for all your support. Call us for more information Don't delay... Christmas is on the way...



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Here's a gift that will last long after the holidays.

This holiday season, give a two-month membership to Curves for just \$150. With Curves, you'll be giving a unique workout that combines strength and cardio for amazing results. And trainers who are always there to teach and inspire. It's a gift that could change someone's life forever.





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ARE YOU MAKING USE OF THE GYM 2-3 TIMES PER WEEK?

Research shows that weight resistance training is helpful in maintaining and improving the health of the elderly in our society. Many people with Arthritis, Diabetes, Osteoporosis and Heart conditions, benefit by working out at the gym regularly.

COME ALONG TO OUR INFORMATION SESSION

WEDNESDAY 12TH DECEMBER AT 2PM AT U2 FITNESS CENTRE 33 MURRADOC ROAD, DRYSDALE

Learn how you will benefit from a fitness program. We look forward to meeting you. Please book your place on **(03) 5253 1795**

From the Management and Staff at U2 Fitness Centre, we would like to wish all of our clients a very Merry Christmas and prosperous New Year 2008

> The SpringDale Messenger www.springdale.org.au



Allergy and Anaphylaxis

As a parent of two children with allergies, I would like to increase our community's awareness of allergic and anaphylactic (lifethreatening) reactions. Education and awareness is the key to helping families and friends reduce the risk of their loved ones having a reaction.

Allergic reaction is the body's way of "identifying the allergen as an invader". The body then reacts by initiating the natural response to fight it. The allergen can be foods such as eggs, nuts dairy, shellfish or even

environmental things such as pollens and chemicals. The physical symptoms range from sneezing, coughing, welts, itchy and watery eyes and vomiting, to the more severe symptoms of Anaphylaxis.

Anaphylaxis involves more than one body system, specifically: respiratory (coughing, difficulty breathing, wheezing); cardiovascular (may lower blood pressure, heart rate may increase); gastro intestinal (vomiting, nausea); and skin (swelling of the lips, eyes, tongue and face, itchiness, welts). This requires immediate medical attention, and possibly the use of an

Epipen® (adrenaline injection), which the person is likely to have with them. An Ambulance should be called as soon as

Knowing what to do when a reaction occurs is vital, but prevention is better than any cure. Here are some methods we practice in our own home:

- Plan ahead prepare food the children can have and take it with us, (including parties);
- Educate families, friends and the children themselves about their individual allergies and the action plan;
- Wash hands before and after eating.
 No sharing of utensils or food.

These are just some of the simple things we can do to help people with allergies live a normal life. They do not have to be treated as if it is a contagious disease and you do not have to scrub your house with disinfectant before you have them over. At the same time, this condition should not be taken lightly. Your understanding of their needs is paramount.

For further information on this topic and some useful links to related sites, you can visit www.allergyfacts.org.au.

Rhoda Jamieson



Mindfulness Meditation Practice at SpringDale

Local health psychologist, Dr Max Simmons facilitates a weekly mindfulness meditation practice at SpringDale Community Centre on Tuesday evenings between 7.30pm and 8.30pm.

Mindfulness meditation can be thought of simply as the awareness that comes from systematically paying attention, on purpose, in the present moment, and non-judgmentally, to what is closest to home in your experience; namely this very moment in which you are alive, however it is for you – pleasant, difficult, or not even on the radar screen – and to the body sensations, thoughts and feelings that you may be experiencing in any moment.

Mindfulness is the art of living consciously.

Reed

Dental

Centre

Dr John Reed

& Associates
(ADA)

Mindfulness will not conflict with any beliefs or traditions. It is not mystical or necessarily connected with any religion; it is not trying to sell you anything, especially not a new belief system or ideology. It is simply a practical way to be more in touch with the fullness of your being through a systematic process of self-observation, self-inquiry, and mindful action.

The 60 minute session involves both guided and non-guided sitting or body scan meditation and concludes with reflections of our individual practice.

The group is open to all people of any age, gender, ethnicity or disabilities. We welcome experienced and not-so-experienced meditators.

MAGGIE GOVE N.D. Bowen Therapist

& Naturopath
Member of A.N.T.A.

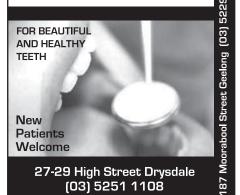
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27-29 High St Drysdale (03) 5251 2958

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Drysdale Primary School - Grade 6 Canberra Camp

On Monday, 8 October, 90 Grade 6 children from Drysdale PS, departed at 6am for their exciting week in Canberra. This camp is the culmination of our school camping program which starts in Grade 3 with an overnight camp to Sovereign Hill, then our Grade 4 three day camp to Warrnambool and our Grade 5 cycling camp to Maldon for 5 days!

We visited Mount Ainslie lookout for its spectacular views, Questacon for great science fun, the High Court was majestic, the National Museum had great interactive displays, at Telstra Tower you saw EVERYTHING far below and at our night visit to Cockington green we were amazed at the perfect miniatures! All that was just in ONE DAY! The Australian Institute of Sport was a big hit as we saw the gymnasts training (some as young as 7), Parliament House was massive and impressive and we found the War Memorial a very special place to visit. By Friday we were very tired and happy but glad to be on our way home – we'd had a fantastic time and learnt so much."

(Marilyn McLaren Grade 6 teacher)

This camp was a great camp. On Monday I woke up at 4.30am. That's 2 hours and 30 minutes before the time I usually wake up. My favourite places on camp would be Questacon, the AIS, Parliament House and the National Art



Gallery. The War Memorial was very sad, Telstra Tower was very high, Mt Ainslie was beautiful and my friends were very funny. **Joel**

Out of the whole camp, my definite favourite was Parliament House. I asked lots of questions and found lots of answers. **Tali**

Camp was packed full of exciting things. My favourite was the AIS because I love sport and it was awesome to see the gymnasts doing back and front flips. **Hayden**

Everyday on camp was a busy adventure – we were never allowed to sleep in! We went to so many fun places, I couldn't describe them all. My favourite place would have to be Questacon because it had the best activities. What a great camp! Meredith

On Thursday at camp, my cousin, Craig, picked me up and took me for tea at the AIS. He is one of only three Victorian swimmers there. We went to see the new \$17,000.000 pool! It has cameras everywhere. There is also a special house that has nitrogen pumped in so that it lowers the oxygen in the air allowing the red blood cells a chance to get to your arms and legs so you get stronger. Some people stay there for 1-2 weeks. Tim

Mrs Thompson

(Prep teacher at Drysdale Primary)

Ladies Probus Club of Bellarine Inc.

The speaker at our meeting was Dr. Petra Santri, Dr Santri has spent years completing her PhD on Women in Development in Cambodia. Her talk touched on her previous experience as a Graphic Artist for which she has been for 20 years and her experience in Cambodia. Dr Petra Santri is also a Master in Linguistics. I admire the courage she has shown doing a job like that. Another one of our members Rosemary Kerr gave support to Dr Petra during her talk.







In early December, thanks to the Generosity of our members, a box of goodies will be taken over to Cottage by the Sea by some of our members for the children to enjoy.

Many thanks to Anne and the staff of SpringDale Messenger and we wish them and all our members a very happy festive season and a healthy new year!

Our Christmas Luncheon will be held the 3rd Monday of December at the Clifton Springs Golf Club.

Yours in Friendship, Iris Liz Tolton.













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