



The SpringDale Messenger



ABN 21 404 220 267 >> Compiled & Published by the

SpringDale Neighbourhood Centre Inc.



Photograph Lyn Ingles

Growing Green for the Future

A transformation is taking place and there are obvious benefits and lessons for us all to learn in making full use of our water reserves.

Drysdale Recreation Reserve is growing with the community future in mind. The playing surface on the oval has recently been sown down to a drought variety of couch grass.

An extension and upgrade of the club rooms is about to recommence in anticipation of completion for your local football and netball competition starting dates.

After years of drought the playing surface has been unfit for cricket and football, postponing the seasons start and the finals having to be played on alternative grounds. The impact on the cricket, football and netball clubs financial position has been dramatic.

“This is Drysdale and surrounding communities greatest asset”

Your local clubs combined with some of the business people and hard working community leaders instigated the re-sowing during November. Watering was via an irrigator with

water donated and carted by a local family business. Undertaken for ten days twenty four hours in ideal hot conditions with round the clock monitoring, a sensational strike rate was achieved.

Our Recreation Reserve is a picturesque park adjacent to the lake, ideal for picnics, fishing or just feeding the ducks. The reserve is used by a variety of organisations including a monthly market, football, netball,

cricket, fire brigade training and competition with bike riders, leisurely walkers, also the playground being a favourite for the kids.

The main pavilion requiring major upgrading, an expansion is now underway to keep in line with our rapidly growing community needs and demands. All the works are being completed with community interest at heart, mostly by community minded people generously donating their time and resources to achieve a beneficial outcome.

So next time you need to fly a kite, relax, watch or play sport, visit your local recreational reserve, our community's biggest asset catering for over ten thousand people at Drysdale.

• SpringDale going Green - The Bokashi Initiative Pg17 • Bunyip Festival Pg 11 • 2007 in Review Pg18

Drysdale Village HARDWARE



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Drysdale

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Pam or Colleen
(03) 5251 1624

INSIDE THIS ISSUE



THE
BOKASHI
INITIATIVE

Page 17



THE
BUNYIP
IS COMING

Page 11

Deadlines for March 2008 Issue Copy 4 February

Distribution **23 February 2008**

Circulation **5000 Copies**

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Heads, St Leonards, Ocean Grove and selected businesses on The Peninsula.

SpringDale Neighbourhood Centre

Opening Hours **Monday to Friday 9.30am - 3.30pm**
during school terms and by appointment.

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PO Box 80 Drysdale

The SpringDale Messenger

Designed by Lyn Ingles - blue pencil publishing

All contributors are asked to provide their articles on disc,
Microsoft Word document or email it for ease of processing.
Contributors are still accepted as written copy but need to be
submitted in the week prior to our copy deadline.

Editing of Contributors Material

Contributors should note that the right to modify submitted
articles is retained by The SpringDale Messenger.

Views

Views expressed in this newsletter are not necessarily
the views of the publisher, the SpringDale Neighbourhood Centre Inc.

BOOK NOW!

Are you an owner/operator of a business
or service on the North Bellarine Peninsula?
Join many of the businesses who are already
part of this successful directory for only
\$25 per entry. Our Business Directory is now
closing bookings for the 2007-2008 edition.
Circulation to homes within the areas of:
Drysdale, Clifton Springs, Portarlington
& St Leonards.
Call (03) 5253 1960 to book your entry

Community Calendar

**SpringDale Community Calendar is a
SpringDale Neighbourhood Centre initiative
to support the whole community.**

The calendar is an 'easy to see list' of **happenings** in our
area. To help you to plan an event, access our website
www.springdale.org.au to view events.

If you wish to place your event in the **website, calendar** and
further issues of the **SpringDale Messenger** please email,
write or call the event details to our office.

January

- 26 Australia Day
- 28 Australia Day Public Holiday

February 2008

- 2 Detox Your Home
– Chemical disposal Service Bemont 1pm - 4pm
- 5 Pancake Tuesday
- 10 Snap Ironman Triathlon, Geelong
- 17 Drysdale Community market 9am-1pm
- 19 SpringDale Business Breakfast 7am
- 24 Portarlington market 9am-2pm

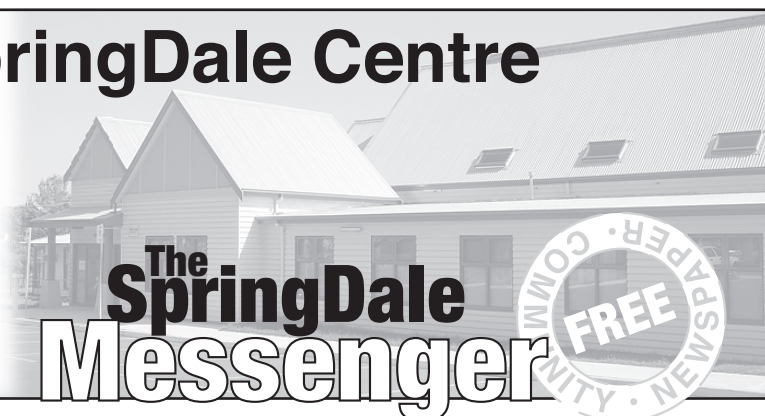
March 2008

- 2 Clean Up Australia Day
- 9 Bellarine Agriculture Show
- 10 Labour Day holiday
- 15 Bunyip Festival at Clifton Springs Primary School
- 16 Drysdale Community market 9am-1pm
- 20 Term 1 ends
- 21 Good Friday
- 23 Easter Sunday
- 30 Portarlington market 9am-2pm
- 31 Nominations close
Adrian E. Mannix Community Service Award

Facilities @ the SpringDale Centre

- Personal use of Computers
- Internet Access • Photocopying • Faxing
- Laminating • Room Hire • Crockery For Hire
- Tables & Chairs for Hire
- SpringDale Messenger in large format

- Reasonable Rates
- Concession Rates for Members





news

from

The SpringDale Neighbourhood Centre

Anne Brackley
centre coordinator

Happy New Year, I hope you are enjoying the year so far. I was interested to hear that so many people have included 'going greener' as a goal for the year. SpringDale also has this as one of our goals for the year so maybe we can all do this together.

Just before Christmas we held a very successful workshop for contributors to the SpringDale Messenger. Many questions were answered and many suggestions were made about improving our newsletter. We rely on residents to contribute information and articles to the Messenger and if you would like to write for a club or a group regularly or just every so often that would be great. We also rely on the advertisers who enable us to provide a free newsletter and so we do ask you to support our advertisers and let them know you appreciate their contribution that they make to our community.

Our Occasional Care area has undergone a few more improvements over the last month. We now have a shed for large outdoor equipment and we look forward to renovating the outside toilets and providing more opportunities for our community. Jean and Janet are waiting to welcome all the children and families for 2008 and we still have a few vacancies on a couple of days.

Our SpringDale groups continue to grow in number. We look forward to continue working with the Portarlington Neighbourhood House Group, the St Leonards Community Space Group and the Sea Change Men's Shed group. All of these groups are very active and looking forward to suggestions from people about the type of programs to run in these areas. If you have any ideas or suggestions please contact SpringDale.

The courses for 2008 are all planned and enrollments are rolling in. We have organised a Certificate 3 in Aged Care course to begin on Thursday, 21 February 9am – 3.30pm. The course will run on Thursdays and Fridays for 19 weeks. In 2006 we ran this course and all the participants enjoyed themselves and many of them still remain in contact with each other. If you are looking for a career change maybe this could be a step in the right direction. The Food Handling class will be Monday, 3 March and the Food Supervisors class is on Monday, 17 March.

Our first Business Breakfast for 2008 will be held on Tuesday, 19 February and we are looking forward to another great turn up. The breakfast is delicious, the networking profitable and the discussions are thought provoking. Our Business and Services Directory didn't quite make it to print prior to the Christmas season so there are still a couple of days to have your business included or to make any changes to organizational contact details. I'm looking forward to another great year and looking forward to welcoming old friends back to SpringDale or introducing new friends to what we have to offer.

**Regards Anne Brackley
on behalf of SpringDale Team**



CFA VOLUNTEERS

CFA needs more volunteer firefighters. If you think you can help your community and are over 16 years then
phone **1800 232 636**
or log on to **www.cfa.vic.gov.au**

Family Law Worries?

Come in for a *free* chat

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What's Happening?
@ The SpringDale Centre

SPRINGDALE Business Breakfast

SpringDale Neighbourhood Centre invites you and your business to come along to a **BUSINESS BREAKFAST** to meet and greet other business owners in the area on **Tuesday, 19 February 2008 at 7am** in the SpringDale Community Hall. The cost is \$8.

If you are interested in attending this event, please ring SpringDale on (03) 5253 1960 to make your reservation.



Children Who Like and Enjoy Music

An opportunity to learn to play an instrument is available at the SpringDale Neighbourhood Centre, 17-21 High St Drysdale. **Please phone (03) 5253 1960 if you are interested.**

LOCALS GIVEN BRAVERY AWARDS

The Royal Humane Society of Australasia Inc. awarded Gary Tracey of Clifton Springs, Ian Zanon and Wayne Stephens of Queenscliff, Bravery Decorations last October at Government House, Melbourne. On 10 November 2005 the three men who were members of the Coast Guard Queenscliff, rescued the crew of the disabled 36-foot yacht 'Beefor' in Bass Strait in treacherous conditions. Congratulations to these men for their valuable efforts.

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From **Lisa Neville's** desk



DRYSDALE SES OPENING

It was a great pleasure to be invited to officially open the new facility extension to the Bellarine Headquarters of the State Emergency Service, in Drysdale. The SES response area encompasses the towns of Leopold, Drysdale, Portarlington, St Leonards, Indented Head, Queenscliff, Point Lonsdale, Ocean Grove and several rural communities.

As a community, we rely on the SES in crisis situations whether through their Road Crash Rescue, Storm and Flood Damage work, Land Search, Urban Search and Rescue, Flood Boat rescue, or their work in supporting the CFA and Victoria Police. Funding of \$27,000 was provided by the Victorian State Government's Community Safety Emergency Support Program and local volunteer groups around the Bellarine Peninsula raised \$13,000. The Bellarine SES has a proud history dating back to 1977 and the new extension will ensure they can continue to help our local community well into the future.

BELLARINE SEAFOOD, WINE AND FARM GATE TRAIL

It was great to visit the Bellarine Estate Winery recently to announce a grant of \$29,500 to assist Bellarine Tourism in establishing a new 'Bellarine Seafood, Wine and Farm Gate Trail' to promote the region's food and wine products. Wine and food producers are joining forces and the project will help producers across the Bellarine Peninsula to promote our growing local wine and food industry. It will also help attract more day and overnight visitors to the area which will boost local tourism and create new jobs.

The project includes: establishing base criteria for businesses to become involved in the trail, including making sure participating wineries produce wine that consists of 85% local fruit, a marketing plan, a map and photo library and conducting networking workshops to ensure that members of the trail are aware of other businesses in the area.

An increase in visitors will boost sales for local businesses that participate and encourage operators to increase the number of days they are open,

which will generate employment opportunities for Bellarine.

MOSQUITOS

I'm sure that many readers are only too aware of the increase in mosquitos recently. The City of Greater Geelong's control program has involved aerial and ground spraying on a regular basis, and I was able to announce that the State Government has contributed an extra \$45,000 to assist with this procedure. However, we will all need to be vigilant about cleaning up pools of stagnant water around our homes, and covering up and using repellent when outside.

WELCOME TO SCHOOL

Many families will have spent part of this holiday season preparing their children for school, and I am pleased to announce a publication which may provide assistance. It is the Welcome to School- A Parent's Guide to Victorian Government Schools which provides a range of useful information for parents of children who are entering prep in 2008. For a copy visit www.education.vic.gov.au/welcometoschool/ or ring my Electorate Office on (03) 5248 3462.

As always, please do not hesitate to contact my office if there are any issues with which we can be of assistance on (03) 5248 3462.

Until next time,
Hon Lisa Neville MP
Member for Bellarine

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Neighbourhood Watch

NEWS

Clifton Springs Neighbourhood Watch

GLG69 volunteers were busy at Clifton Springs Primary School on Monday, 17 December. We marked 21 bikes and one scooter. Thankyou to Rhonda Rotherham for her help.

On Wednesday, 19 December we presented 45 certificates to the children who successfully completed their bike safety program and at the end of Term we presented 2 certificates and \$25 vouchers for a community service to Georgia Pontifex and Chelsea Novoselac.

Well done girls and thank you to Surf Junction for providing one of these vouchers. **Kath Renfrew**



NEIGHBOURHOOD WATCH INFORMATION

GLG 69 - Ron Renfrew
Springdale Drysdale
(03) 5253 2207

2nd Wednesday • 7.30pm

GLG 58,59 - Mark Cline
C/Springs Bowls Club
Clifton Springs
(03) 5253 2717

2nd Monday • 7.30 EDST • 7.00 EST

GLG 68 - Doug Palmer
Springdale, Drysdale
(03) 5251 2522
4th Monday • 7pm

Home Loan Lender of the Year?

More Convenient Banking

ANZ has won *Money* magazine's Home Loan Lender of the Year, again. That's nine times and counting. So now you don't have to spend endless hours searching for the best home loan options available. Independent researchers have done all the hard work for you. To find out more about ANZ's award-winning home loans, simply call our Mortgage Specialist, Murray on 0423 828 262 or Branch Manager, Jan on 5251 3433. Alternatively, drop into our branch at Shop 4, 3 Wyndham St, Drysdale. We've got time to listen.



Money magazine's Home Loan Lender of the Year 2005, 2006 and 2007. Personal Investor magazine's Home Lender of the Year 1999-2002, 2004 and 2005. Many of ANZ's Home Loans were awarded CANNEX mortgage star ratings in 2007. All applications for credit are subject to ANZ's normal lending criteria. Terms and conditions available on application. Fees and charges apply. Ask us for details. Australia and New Zealand Banking Group Limited (ANZ) ABN 11 005 357 522. M&CSA/CHI ANZ4463/5/S ANZ016992

Bellarine Peninsula Community Bank® Company is planning to establish a Community Bank® branch in Drysdale.

The Company's plan is to convert the existing Drysdale Sub Branch over the next six months, which they purchased as the original Bendigo Bank Agency in April 2007.

A selected group of locals have formed a steering committee and are focusing on gaining indicative pledges of support from locals prepared to purchase shares in a community company.

If the community purchase the franchise to operate the branch, a percentage of those profits will remain in the area, to be allocated to community projects at the discretion of a local community company.

Committee Chairman Chris Reymers said "The committee is confident that the people of Drysdale and Clifton Springs will put their support behind the campaign."

For further information on the conversion please contact Chris Reymers on (03) 5251 2145.



Sheena Dudgeon, Wendy Calder, Mandy Pitchford, Craig Taylor.

The Sub Branch will continue to offer the full range of personal and business banking services.

For further information on your banking needs please contact either the Branch manager Craig Taylor on (03) 5259 3266 or call into the sub branch.



Community banking can start at home – your home.

Jade's dream home has three big bedrooms, a gourmet kitchen and is a great investment.

And with a home loan from the Bendigo, Jade also got a great interest rate, the flexibility to make additional repayments, and to redraw them when she needs to.

But what surprised Jade, was that her home loan helped build a scout hall and is teaching local young people to stay safe on the road.

At the Bendigo we know there's more to home loans than the interest rate. That's why we let you choose the perfect home loan for you – and look for ways to help your local community too.

So if you're after the perfect home loan, there's only one bank you need to know. Visit your local branch at 11 Clifton Springs Road, Drysdale or phone 5253 3192.

Terms, conditions, fees and charges apply. All loans subject to the bank's normal lending criteria. Bendigo Bank Limited ABN 11 068 049 178 AFSL 237879 (S16008) (08/07)

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Bank**
banking

www.bendigobank.com.au



Drysdale Guides having fun



The diversification of fun is a contributor to the Guides success.

Drysdale Guides have fun no matter what they are doing. Last year we raised money for guides overseas while we pretended to visit other countries and learn about their games and traditions.

We planted seedlings at the Dell. We participated in a Race Around Melbourne event, we learnt many new skills and even held a 'Thank God you're here' evening.

We finished the year with a Christmas concert and look forward to all the exciting and wonderful things that 2008 will bring. If you are a girl or young lady between 5 years and 18 years old you might like to try Guides this year.

We meet at SpringDale Neighbourhood Centre on Thursdays from 4pm or ring Anne Brackley on (03) 5251 2250 for more details.

Graffiti Policy

The City of Greater Geelong adopted a Graffiti policy in 2001 and since that time the level of graffiti has been reduced.

It would be appreciated if you could please report graffiti on council property such as community centres, bus shelters, toilet blocks and playground equipment. If your own property has been graffitied, help is available.

For further information please contact the Council on (03) 5227 0270.

Drysdale Senior Citizens Club

Here we are at the start of another year, we hope you all had a happy Christmas and we wish you all the best for this year. Monday, 4 February we have Bingo and our trading table, with afternoon tea. Eyes down at 1.15pm. Exercise class will start again on Wednesday, 6 February 2008. Monday, 11 February we have Danny Blumes fashions starting at 1.30pm. Everyone is welcome, so come along and bring a friend. Cost \$2.00 at the door with afternoon tea.

**Esther - President
Mary - Secretary.**

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Pet Notes

Contributed by
Bellarine Veterinary Clinic

I'll have the works thanks!

Maltese, Pomeranians, Chinchilla, Persians and so many more 'hairy' breeds can look beautiful if they are groomed and kept well brushed on a regular basis. Sometimes though, this just is not possible. Not only can time be an issue but sometimes the little critters just don't like to be groomed. They see the brush coming and the teeth are barred, claws are ready and the whole experience is put on the back burner.

That's where a groomer is needed! It is recommended that fluffy pets are clipped and tidied up a few times a year, especially before the hotter months approach. Grass seeds and the heat can cause problems for these breeds and keeping their coats short will definitely help.

Brushes and shampoos are items that come with owning a long haired breed. There are many types of brushes that are suited for different breeds. For example, husky's have an extremely thick coat and require a brush that actually striped out the loose fur. If you are unsure of what brush is best suited for your pet, please have a chat to your local veterinary clinic.

A shampoo/conditioner that we use in our clinic is 'Dermcare's Aloveen'.

These products are formulated with extracts of oatmeal in an Aloe Vera gel base. It does not contain any irritating soaps and is pH balanced. Aloveen's soothing properties are derived from the anti-itch effects of oatmeal.

The conditioner can be used in 3 different ways.

- 1 After using shampoo, apply conditioner sparingly and lightly rinse off.**
- 2 Apply a 20c size dollop of conditioner to your palms and work through a dry or damp coat. Do not rinse off.**
- 3 Dilute a small amount of conditioner to a water spray bottle and use on the coat daily or when required.**

By having a variety of ways to use the conditioner, it then reduces the amount of baths your pets may need. Dogs are bathed a lot more than required and ideally should be bathed no more than once a month – even one every 2 months if possible. Dogs often smell 'doggy' no matter what you bath them in and regular brushing will keep their coats clean by stripping the dirt. If animals are flea'd with an effective treatment, bathing them for 'de-fleaing' purposes is not required. Over bathing can take the natural oils out of the animal's coat and cause dryness and itching.

If your dog is a tad smelly, using the conditioner as a leave in or spray, keeps the coat shiny and best of all – it smells WONDERFUL!



Colin Parkinson with his pet 'Millie' visiting Bellarine Veterinary Clinic. Colin and his wife and grand-daughter were on holidays from Pascoe Vale and enjoying their stay in Portarlington.

BELLARINE VETERINARY PRACTICE

OPENING HOURS

Mon - Thurs 9am- 6.30pm

Friday - 9am-5pm

Sat - 8.30am - 12.30pm



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Bellarine Historical Society

Old Court House Museum
Main St, Drysdale

Opening Times:
EVERY SUNDAY

January - April 1.30 – 4.30pm

MARCH MEETING:

Wednesday, 12 March, at 7.30pm
Court House Museum, Drysdale

The Society is looking towards a busy 2008 with an Arts & Crafts weekend later in the year, with proceeds going to the Royal Childrens' Hospital Appeal (Uncle Bob's Club) & the Bellarine Historical Society. We will also have a Public Records of Victoria Travelling Display on 'Working the Land' in September.

A special project to be undertaken this year is the compiling of a booklet on asparagus growing, which was a large industry in the district in the 1930-40s. If anyone has photos or information they would like to contribute, please contact Pam Jennings (03) 5250 4177.

If any Schools/Groups would like to arrange a special visit to our Museum, please contact our President, Noel Lindsay (03) 5251 2693 or nlindsay@pipeline.com.au

New members & visitors are always welcome. If you have an interest in family or local history, we would be delighted to have you on board.

Will 2008 make you or will you make 2008?

Another year lies in front of us and we wonder what it will bring. We often wonder what will happen in the year ahead and how it will affect us. We wait with anticipation as we step into another School year, work year or event that happens to be scheduled. We wait, wonder and hope, but do we have to?

Here is a quote to consider:

"People can alter their lives by altering their attitudes." William James (1842–1910).

We often live life reactively, that is responding to the circumstances, when in fact we can live it in a proactive way. We can make decisions beforehand that will determine how things affect us and how we will approach the year ahead.

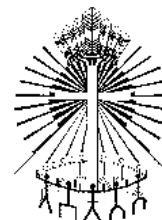
John F Kennedy said, "Ask not what your country can do for you, but what you can do for your country." This is a profound

statement about the power of attitude.

The Bible, in Philipians 4:8 encourages us, "Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."

It is how we determine to see things that will determine how we are affected by things. In 2008 I encourage you to take a positive attitude, an attitude that looks at possibilities and not problems. A changing of our perspective will change how we see the year when we get to the end of it. We can make decisions now that will make this year better than it may well have been.

Jake Hogendoorn Pastor
Drysdale Community Church.



Focus on Guyana

Guyana is the only country in South America to be a member of the British Commonwealth. The original inhabitants were nine Amerindian tribes. Its population is not around 800,000. The name Guyana means 'Land of many waters'. There are many beautiful lakes and waterfalls.

The Christian Churches of Guyana have planned the service for this year's **WORLD DAY OF PRAYER**. Our local Day of Prayer Service will be held on Friday March 7 in the Uniting Church, High Street, Drysdale commencing at 10am. All are invited to attend and stay for a cuppa afterwards.

The service will include music of South America. Members of all the Drysdale Churches will take various roles in the service, to represent themes of past injustices and persecution in Guyana, present social problems, parents, young people and our common humanity and Love of God. There will be a speaker.

Funeral Information Options & Advice

Long time Bellarine Peninsula resident and Funeral Director, Helen Trigg, can help with all your funeral inquiries and information on local cemetery and cremation options.

Obligation free advice on all aspects of pre-planning a funeral is also available.

Call Helen for a no obligation appointment on 5221 4788.



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On behalf of your local police at Drysdale, we hope that you all enjoyed a great Christmas and all the very best for a safe, happy and prosperous 2008.

The holiday season is now winding down and you will have noticed the increased traffic, both pedestrian and vehicular, in and around the town. This holiday build up can often lead to frustration, impatience and sometimes even physical confrontation on roads, footpaths, shops and other places. If everyone can try to be a little bit more patient, take a deep breath and relax, it will make these situations much easier to cope with and avoid any associated stress.

There have been numerous reports in relation to people using what are now called 'Monkey' Bikes and other unregistered two wheeled vehicles on our roads, footpaths and reserve areas. This practice is not only illegal, but it is also dangerous. Police will be targeting these vehicles and their drivers over the next few months. Residents are encouraged to report such instances to their local police station.

As the hot weather continues, please be aware that as well as providing opportunities for family leisure activities, it also brings its own inherent set of problems. Residents are strongly encouraged to be vigilant and attentive in regards to young children in and around water.

The lasting and collateral impact that a loss of a child can have on a family is devastating. Alcohol issues seem to arise during this time of year, again police urge residents to take care and be responsible in the distribution and consumption of alcohol during the summer season. We want everyone to enjoy themselves, but not at the expense of the general community.

A conscientious member of our community has handed in a small bracelet, which was found in and around the Drysdale Shopping area. Anyone who thinks that they may have lost the bracelet, or own it, please make contact with the Drysdale Police Station.

BELLARINE POLICE COMMUNITY SUPPORT REGISTER INC.

Do you worry about getting assistance in an *EMERGENCY?*

Over 800 people have answered this question by recording their contact details with the:

BELLARINE POLICE COMMUNITY SUPPORT REGISTER INC.

The register is a Community Police initiative launched in October 2006. Registration is free to users. Brochures and Registration Forms are available at Pharmacies on the Bellarine Peninsula.

NEED TO KNOW MORE?

Telephone our office on 5255 3968
weekdays between 9.30 and 12 noon

Email: bpsupportregister@bigpond.com
www.community-support.blogspot.com
P.O.Box 819 Ocean Grove 3226

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faces of Ray White

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matt winzler is committed to delivering top results to his clients with a straight forward, friendly and appropriate manner.

Matt's real estate experiences are derived from residential, rural and business sales delivering excellent results on a consistent basis.

With over 10 years personal experience in the real estate field and an ever growing presence and committed development in today's market, Matt has the professionalism and skill to negotiate and achieve results often in excess of his clients expectations.

Matt, his wife and family are local residents and enjoy a long standing involvement with the communities of Clifton Springs, Drysdale and Leopold.

Matt's clients can take advantage of his extensive networks throughout these communities and the Ray White Super Group allowing him to deliver the best possible outcome for you.

On a personal note Matt and his family enjoy walking their dogs and attending social and community events. Matt comes from a rural orientated background, has played rugby union for 15 years and enjoys surfing, camping and family activities.



Ray White
GEELONG

janis pearson
sales consultant
mob: 0428 625 113
email: janis.pearson@raywhite.com

With a friendly and bubbly personality, Janis Pearson makes for a strong and successful real estate agent. Her diverse career history allows extensive understanding of all aspects of real estate, from people to property.

She describes herself as a committed and capable agent who is willing to go the extra mile. "I understand the process of selling and buying property can be overwhelming, and I am here to make the transition as pleasant as possible" Janis explains.

Respecting the sometimes emotional and stressful process of real estate is something Janis also holds in high priority. "Keeping vendors well informed throughout with a high level of communication is also very important."

When selling and buying your property let Janis Pearson commit her knowledge and skills to achieve the end result you are entitled to.



Ray White
GEELONG

ATMOSPHERIC JOURNEYS



L-R:
Annette Playsted,
Elizabeth Towers,
Sara Keranen

Three Bellarine Artists are combining their talents to put on an exhibition, **Atmospheric Journeys**, in Drysdale at SpringDale Neighbourhood Centre High Street. Annette Playsted, Sara Keranen and Elizabeth Towers are three very different artists who are all inspired by the beauty of the Drysdale, Clifton Springs and wider Bellarine area.

Annette Playsted has a foremost interest in landscape. Her work consists of acrylics on canvas, pastels on paper and water colours. She graduated from the Tasmanian School of Art in 1970 and has extensive experience as a secondary art teacher. She has been a resident of Drysdale since 2005 where she teaches art at the SpringDale Neighbourhood Centre. Her most recent exhibition *Shoreline Symphony*, a one-person show, was held in 2006 at the Portarlington Mill and she currently displays her work in the foyer of a prominent Drysdale business. Annette's collection of landscapes are in response to the beautiful, resilient Drysdale and Clifton Springs area where

she has been surprised and inspired by the changing mood in the landscape in response to weather shifts and from season to season.

Sara Keranen has been an artist and designer for the last 20 years after training in the UK in Cardiff. She also teaches art in Drysdale. Her works have evolved as she and her family moved to Drysdale where lifestyle countryside and the weather meet. She is inspired by the calm waterholes, wave drenched beaches, rolling vines, natural concert amphitheatres and fantastic light. In her work she has included a number of watercolours, which have helped her understand the composition of the light through the trees, over the water and hills. She has also painted in oils, which has given her solid layers of colour and texture whilst still creating an ambience. People are included in most of her work as she sees others enjoying the landscape not only dancing in the sunset but also simply strolling down the misty beach.

Elizabeth Towers is a local artist having lived on the Bellarine Peninsula most of her life firstly in Ocean Grove as a child then moving to Clifton Springs in 1980 with her husband. She completed her Diploma in Visual Art at the Gordon TAFE in Geelong. Her most recent exhibition was *In the Beginning God...* which was a one-person show at the Drysdale Community Church in November 2006. She has worked in a wide variety of mediums and styles but is now concentrating on capturing the landscape in her own particular style using oil on canvas. She attempts to interpret her feelings in response to the beautiful and ever changing waters of the bay right on our doorstep.

Atmospheric Journeys will open on Friday, 1 February, 6 – 8pm and will be open to the public Saturday 2 and Sunday, 3 February from 10am – 4pm at SpringDale Neighbourhood Centre. All works are for sale.

SpringDale Business Network Breakfasts

We've had some very positive feedback from our regular attenders for last year and that's great. It means we are meeting a need and providing a service that is appreciated. There have been some interesting speakers covering a wide range of subjects from 'Finding Your Primary Aim' in life, to eco-friendly ways of recycling kitchen waste. For many of our regulars, the Network Breakfasts are becoming a time to catch up and build relationships with other members of our business community, and this is being reflected in the warm, relaxed and welcoming atmosphere that has developed as we all get to know each other.

This is our 'primary aim' – to build a sense of community amongst our business men and women and those connected with various community service groups who also attend.

We are looking forward to another year of networking, and have again scheduled a Breakfast for each term with one or two extra opportunities to come together – perhaps a lunchtime or another evening as we did for the End of Financial Year Celebration.

We would also like to see our members taking advantage of these times to showcase their products and services. It's always helpful to know what is on offer in our local community so that we can buy locally and support one another.

If you are a business owner, or offering a service to our local community through an organization or agency, we would love to have you attend our Network Breakfasts.

Our next Breakfast will be held on Tuesday, 19 February, 2008, so please register your interest through SpringDale Neighbourhood Centre on (03) 5253 1960.

We wish you all an exciting and prosperous year ahead.

Dianne Bennett
SpringDale Business Network
Coordinator.

M.A.P Talent School



Come and have great fun learning the 'how to' of being serious performers in Dance, Singing and Acting.

Trish: 0403 023 523
Justyn: 0437 563 324

Three Bellarine Artists

- Annette Playsted
- Sara Keranen
- Elizabeth Towers

Atmospheric Journeys

**1st, 2nd, 3rd February, 2008
SpringDale Neighbourhood Centre
High Street, Drysdale**

Art to inspire and remind us that beauty surrounds us on the Bellarine. Oils, acrylics, watercolours and pastels. All works for sale

'The Bunyip is Great in 2008'

"He is big and green
and cuddly!"

Clifton Springs Primary School will transform into the home of the Bunyip on Saturday 15th March 2008 at 10am. This will be the **28th Bunyip Festival** – a joint partnership between Clifton Springs Primary School and Drysdale Primary School. I understand these are the only two primary schools in Victoria to share an event. The Bunyip Festival has raised over \$500,000 and this has enabled the schools to upgrade many facilities.

The Festival is comprised of many different parts. We try to have many interesting activities for all age groups. We would love as many community groups or sporting groups to have displays or to have a presence. We invite local businesses and groups to take up a market stall to enable the sale of produce or the display of their services. We invite food businesses and clubs to tender for a food stall as the schools have outsourced these in the last few years.

Our annual auction is enjoyed by hundreds of people who come to the Bunyip Festival to buy car service



Looking forward to seeing you there.
The Bunyip from Lake Lorne.

vouchers or family outing opportunities or hundreds of other things that are so generously donated by local businesses and companies. Our auctioneer again this year will be Daniel Lamana from Stockdale and Leggo and we sincerely

thank Daniel for his time and expertise again this year. The stage will be full of local performers, dance schools and in the afternoon we will be holding the third 'Battle of the Bands' competition.

Debbie Lee School of Dancing

Uniting Church Hall

- Classes held **Monday & Wednesday**
- Principal Teacher - **Debbie Lee**
- Classes for **boys & girls** 4yrs old to teenagers

- **End of year performance held at the Ford Theatre GPAC.**
(No sewing Involved.)

Let's Dance

Drysdale

- Hip Hop
- Funk
- Tap • Jazz
- Song & Dance

- **Enrolments being accepted for 2008**
- **New students and beginners welcome**

Phone Debbie Lee (03) 5250 3244 or 0418 317 487

Fun and caring class environment providing experienced dance tuition

Ladies Probus of Bellarine Inc.

'Happy New Year' to all our members, and everyone at SpringDale for keeping the community informed of activities taking place within SpringDale Centre and the local community.

The Fashion Parade went well with members showing off clothes from 'Le Shah Boutique'.

'Cottage By The Sea' were blessed last year with a donation of toys and games for the children at Christmas. Our club puts in odd change to the tin all year round then we visit Maggie at the Novelty Shop, who gives us more than the value of our collection in toys saying it gives her much pleasure to do it.

Norma, Iris, Ann and Liz took the gifts to Queenscliff. They were delighted to receive them.

Christmas Luncheon was enjoyed by all at the Springs Golf club. The Clifton Springs Primary School with their teacher entertained us with Christmas Songs and Carols. Santa and his Elf gave out

presents and sweets to the members. A lovely day enjoyed by all. Events to come. Show and Tell, at our next meeting. A visit to Barwon Park later in the year.

Yours in friendship.
Iris Liz Tolton.



Left: Fun and fashion enjoyed by all
Top: Gifts for 'Cottage by the Sea'

New Cubs invested

On the Monday, 3 December at Quarry Park Drysdale the committee of devoted volunteers prepared the BBQ meal for family and friends of the Drysdale Cubs & Scouts before the Ceremony to invest the new members into the groups. It was a very successful evening and all enjoyed the festivities.

The new members recited their 'Promise' to their leaders and the Cub & Scouting Movement and received their badges.



FREE FILM NIGHT

Thinking of travelling to Europe in 2008 or 2009?

Come along to our Scenic Tours information night for details on European River Cruises and coach touring, including details on our fully escorted 2009 European Tour.

Where: **Drysdale Bowling Club**
When: **Tuesday 12 February, 6pm**
RSVP: (03) 5251 1125 by 8 February

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6 High Street, Drysdale Vic 3222
Email drysdale@harveyworld.com.au



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Valentine's
Day*

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SES Extension

Thanks to a State Government grant of \$27,000 the Bellarine SES headquarters in Drysdale has been extended.

The new extension was opened last November by the Member for Bellarine, Lisa Neville.

The SES is a volunteer based organization responding to emergencies and working to ensure the safety of communities around Victoria.

For further information visit www.ses.vic.gov.au or in case of emergency the phone number is **132 500**.

advertorial - FIRST STEPS



Principal Elizabeth Loft is thrilled at the prospects available this year. Classes will be taking place both day and night in tap, jazz, ballet, funk, adult funk and tap. The very successful preschool dance is available again for all those budding stars of the future.

Term 1 begins Monday, 4 February.
Open days are: **Newtown Open Day - Tuesday 29th January 5.30 – 7pm.**
Drysdale Open Day - Tuesday 29th January 5.30 – 7pm.
Torquay Open Day - Wednesday 30th January 5.30 – 7pm.

Check out the web site:
www.firststepsdancestudio.net.au



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Classes held in: Ballet, Jazz & Tap, Funk, Little Fairies (under 4's beginner ballet), Song & Dance, Breakdancing, Exam Classes or Fun & Fitness.

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Qualified & Experienced Teachers Members of ATOD. Fully Insured.

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www.firststepdancestudio.net.au

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 - Photocopies • Faxing • Laminating
 - SpringDale Messenger in Large Format
 - Room Hire • Tables & Chairs for hire
 - Crockery for hire
- Reasonable Rates & cheaper rates for Members**

WOW and WOW again!

Thankyou so much!

On Sunday, 2nd December, Steve and I went to the Deakin Waterfront Café for the Ross Wilson concert with the tickets we won at the November Business Breakfast. The show was incredible and so was the venue! The support act was a truly talented young man, a local named Jaysun Carpenter. I'm sure he will go a long way in the music industry.

Ross Wilson and his band were also amazing. I thought that the show would only go for an hour if we were lucky, but Ross had us and the rest of the audience totally enthralled for nearly 2½ hours. A number of people were up and on the dance floor during the second half of the show.

The Café is the best venue! There are two levels of tables and chairs and a few people sat on the stairs between levels. We purchased a cheese platter (three cheeses, crackers and dips) and a few glasses of wine, all for under

\$20. Hot food and teal/coffee is available and the bar was open for the entire show, again the prices were very reasonable. If you prefer you can even take your own food, but they do not have a BYO licence.

Acorn Productions have already booked some great acts for this year and at \$25 a head tickets will sell like hot cakes!

WENDY STAPLETON – Dusty, Doris & Me Show – Saturday 23 Feb
‘THE EAGLES STORY’ – Take It To The Limit’ – Sunday 24 February
MENTAL AS ANYTHING – Sunday 2 April
DRAGON – Saturday 19 April
BRIAN CADD – Sunday 8 June

I have joined their email list to make sure I don't miss a show. Go have a look at their website for more information.

www.acornproductions.com.au

Thank you so much for the tickets it was a terrific day!

Regards
Maria Menheere

Deakin @ The Waterfront - Memories not just music

WENDY STAPLETON

‘Dusty, Doria & Me’
Saturday 23 February 8pm

Wendy Stapleton is a highly versatile and gifted performer. Wendy's live shows are always a pleasure for audiences, with highlights of cover versions of the hits of Dusty Springfield and Doris Day.

DON'T MISS the chance to see this talented performer in the intimate setting of Deakin Waterfront Café.

EAGLES STORY

Sunday 24 February 2.45pm
‘Take It To The Limit’

A salute to the extraordinary vocal and musical talents of the Eagles, a supergroup whose music has proven to have a staying power that few bands can lay claim to. The show presents an exciting, showcase of The Eagles smash hits such as Desperado, Hotel California, New Kid In Town, Lyin' Eyes, Heartache Tonight, Desperado, Tequila Sunrise, The Long Run, and many more.

Deakin Waterfront Café

Memories... not just music

WENDY STAPLETON



SAT 23 FEB

BOOK NOW

in DUSTY, DORIS & ME

8pm

THE EAGLES STORY



Take It to the Limit

2.45pm

SUNDAY 24 FEB
EAGLES STORY

Tickets GPAC (03) 5225 1200

Western Beach Rd. Opp Smorgy's On the Pier
www.acornproductions.com.au

Group Table Bookings
(03) 5247 1986

Little Athletics Club make a Splash for Christmas!!

The **Peninsula Little Athletics Club** celebrated Christmas with a splash at the Portarlington Resort Pool. The Christmas party was attended by the Little Athletes and their families and was a wonderful success. The theme for the day was Fun - the children enjoyed a swim in the pool, followed by a sausage sizzle and prizes for all.

The Athletes have enjoyed a great season to date, with some of our athletes breaking club records and also Geelong Centre records which is a fantastic achievement. Personal Bests have been recorded

for every athlete at Peninsula Little Athletics Club.

The Committee wishes to thank all the parents for their assistance during the season and wish all the Little Athletes good luck for the rest of the season in 2008.

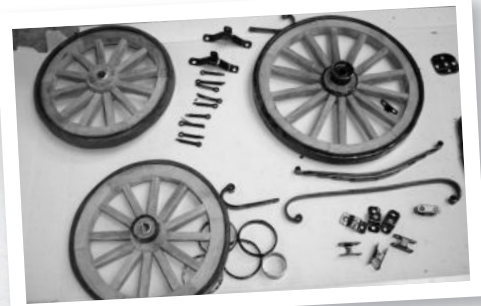
If any member of the community has any memorabilia, photos or information about the early years of the Peninsula Little Athletic Club we would love to hear from you. **Please call 0428 513 920.**



PIETER SPRUIT – WHEELWRIGHT Recreating history in a small way

On visiting Pieter Spruit in his workshop, the tools of his trade are various woodworking tools where one is adapted with foot control operation so he is able to use his hands fully to control the fine work he needs to do. His passion was evident with the progress of his latest model. There were minute metal pieces of a wagon that Pieter has painstakingly fashioned all by hand.

Pieter Spruit commenced his working life in Holland, apprenticed to a blacksmith at the age of 15 for about 8 years. This entailed a lot more than just making horseshoes. One of his tasks was to assist the wheelwright with shrinking on the steel tyres. The wheelwright was a master craftsman and Pieter thought he might like to do that type of work one day. Pieter migrated to Australia in 1955 and for a few weeks was employed at the Corpus Christi training college in Werribee as maintenance man. He then settled in Dandenong and it wasn't long before he commenced his own general engineering business which he operated for 21 years. After retiring and traveling around Australia, he then moved to Drysdale in 1986. His work became his hobby and one area in which he was able to put his skills to good use was working voluntarily for Landcare where he made hand seeders and other productive



Above: The pieces of the next wagon all are handmade, wheels, shackles rings and all.

Left: Pieter with three of his collection of wagons.

small tools to help with the planting and seeding.

Over the past few years Pieter changed from performing heavy duties to making wooden models, which also required engineering knowledge. The first model was a Dutch watermill, complete in every detail.

Pieter donated this to Van Loons Garden Centre. The next model was a wind driven flour mill, operated by a water wheel, and this model may be viewed at the Old Mill in Portarlington.

Pieter decided he would fulfill his ambition of becoming a wheelwright.

After much trial and error he succeeded in shrinking steel tyres onto small authentic, wooden wagon wheels. To put the wheels to good use he started making models wagons. He derives his ideas from a beautiful book called 'Australian Horse Drawn Wagons' by Michael Skinner that depicts an endless variety of wagons, from which Pieter is able to draw up his plans to scale.

For more information about Pieter's wonderful hobby or perhaps you may have some engineering technical advise please call (03) 5251 2202.

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A Cook's Tale

EPIPHANY TO CANDLEMAS

"Nevermore, nevermore" quoth the Raven (aka The Cook) nevermore, the Christmas Ham, the Christmas Turkey, the Christmas Cake, The Christmas Pudding, in their wraps, their plastic, their foil, their terrible disguises as FOOD – real food, fresh food, new food. The French term 'L'art D'Accommoder Les Restes' is nobler, is grander, is eminently more posh than the term 'left-over' (les restes). The look is ingenious disguising the left over ham, poultry, desserts, dried fruits and serving it tomorrow and tomorrow and tomorrow. It is all about the nature of disguise (precisely mutters the Cook – exactly what cooking is) today's liver, tomorrow's pate. All that remains of the high pomp of November, December and January celebrations is another cunning transformation of the Ham Bone that Husband felt had still "Quite a bit of meat here dear". The Christmas Turkey was transformed 6 times, the smaller birds 4 times, the the cakes 10 times, the puddings (never, all gobbled up at first sitting) 'new' dishes for ham, the ham,

the ham! The 13 Desserts Provence (mainly dried fruits) become the 20 desserts of Provence, The New Year's Eve festive board became sustenance of all January, the Twelfth Night galette des rois extended to the n'th night and the glorious Candlemas crepes (or, if Cook is heavy handed, pancakes) mercifully had only one appearance. Now the larder is bare! The Cook feels a stirring of high interest, stomach rising excitement as the bare larder, the cleaned refrigerator is apparent. The Ghost of Food Past has been exorcised! Cheerful now the cook goes on her merry marketing way, But! Oh Calamity! Oh Despair! Lamb, beef, pork, chickens, HAM are all rising up again. The Living Ghost of Christmas Food rises again!. But wait – the Cook rushing away stumbles into a new display. Oval, pristine, shining EGGS. Eggs, glorious eggs.

Sara Hussen Benn trained at the Ecole Ritz Escoffier in Paris and cooked authentic French food. For more information and dinner bookings please email thestationbandb1@bigpond.com or call Sara & John Benn on (03) 5281 1667.



Sara Hussen Benn

EGGS MIMOSA

As many hard boiled eggs as you wish.
Cut in half lengthwise.
Roughly mix yolks with mayonnaise
Stuff back into egg white halves.
Sprinkle with chopped chives.

CAVIAR EGGS

Soft boiled eggs (in shell)
Slice off top.
Fill with red caviar (sea weed product)

FREEDOM EGG

1 Paper bag, 1 hardboiled egg (still in shell)
1 paper screw of pepper and salt
1 stick celery
Open road

OR – if the Cook cannot get away with this – 3 little open tarts served together.

TARTLETES A LA PROVENCE

1. Onion and black olives mixture;
2. Gently simmered mushrooms and tomatoes.
3. Prawns and green olives dashed with crème fraiche.

Elizabeth David
'French Provincial Cooking'
Penguin 1973.

Summer is Seafood Time...

Flathead Fillets with Lemon

Ingredients

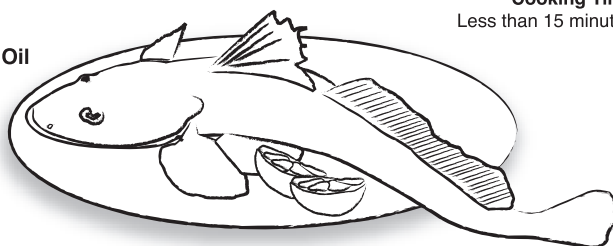
- 4 Flathead Fillets
- 1 Tablespoon Olive Oil
- 3 Lemons

Serving size

4 persons

Cooking Time

Less than 15 minutes



Method

Season **Flathead** with salt and pepper.
Heat the **olive oil** in a frying pan and cook the flathead, squeezing **lemon juice** over the top so it is literally steaming for 30 seconds to 1 minute.

Serve with...

Serve with a fresh green garden salad and boiled potatoes sprinkled with chives and butter.

Recipe Courtesy

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from the **garden gate**

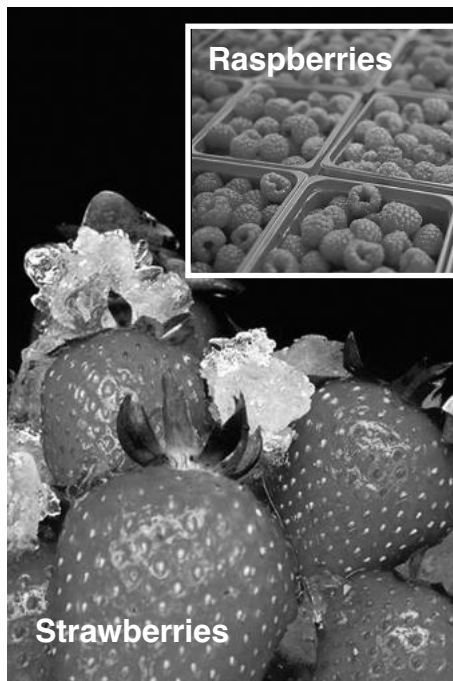
Berries - Raspberries, Blueberries, Strawberries

They say that the mosquitoes in the Northern Territory are as big as helicopters. They could not be more numerous or more savage than the Bellarine mozzies were in early Summer. Those pesky blood-suckers can even bite through clothing and they make trying to work in the garden at any time of day, a real pain. Here's hoping that the spraying will do the trick soon.

The trials of being a gardener will be understood by all dedicated gardeners. But keep on, keeping on, with spraying, watering, mulching and admiring your flowers.

Something for you to do this Summer. Visit one of the berry farms. Raspberries and strawberries should be plentiful till the end of the month and you may also find less common berries like American brambleberries, boysenberries, youngberries and jostaberries. It's a good practice to call the farm the morning of your visit to check what fruit is available for picking that day. Remember rain (what is that?) can ruin fruit, so keep an eye on the weather.

Recently discovered by us, is The Packing Shed which sells strawberries and also serves delicious lunches and afternoon teas.
150 Woods Road, Moolap, at the river end, off Coppards Road.
Phone (03) 5248 3991.



Try these, too....

Tuckerberry Hill Blueberry Farm,
35 Becks Road, Drysdale.
Phone (03) 5251 3468

Gentle Annie Berry Gardens,
520 Pennyroyal Valley Road,
Deans Marsh. Phone (03) 5236 3391

Pennyroyal Raspberry Farm,
115 Division Road, Murroon
(near Deans Marsh)
Phone (03) 5236 3238

Raspberries



Blueberries



Clifton Springs/Drysdale Garden Club.

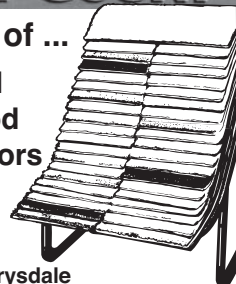
First meeting for 2008
is on Monday, 18 February
at 7.30pm at the
Uniting Church Hall, Drysdale.
There will be a
guest speaker and supper.

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SpringDale starts to go Green... the Bokashi initiative



'Bokashi' being used to prepare a garden bed.

Bokashi is a new word in my vocabulary. It was introduced to me by a Japanese microbiologist, Dr Tony Oh-Ishi about 6 months ago. Bokashi means to me, the recycling of my kitchen scraps into a special bucket, which sits in my pantry and creates a pleasant smelling 'pickled' product that can be used to fertilize the garden.

I have been using a Bokashi bucket for about 4 months now and Tony and I have established a vegetable patch using Bokashi to enhance the soil. I am very happy to present the results of our experiment so far.

We started to dig the garden bed on 18 November 2007, luckily Ron van Loenen from Dig'em Bobcat Services helped us the next day and made the task of digging 2 garden beds 1.5m x 10m and 60cm deep look very easy.

At the Business Breakfast on Monday, 25 November we were fortunate to have Greg Donoghue from Eco Organics as our guest speaker and many present were interested in the concept and want to trial the concept for themselves. Tony and I also presented our project to that stage.



Garden bed ready to be covered for 2 weeks for final fermentation prior to planting.

We planted tomatoes and strawberries on 5 December and the rest of the plants on 23 December.

We have invested the time and energy in building this garden to show case the benefits of using the results of the bokashi bucket. I am truly impressed by the results that I see daily. I am happy that I no longer place food scraps in the garbage and thus reduce my garbage output. I am happy that I can go near the food scraps as they convert to a very useful product and happy that it is conveniently kept in the pantry.

Apart from the benefits already outlined, I understand, that a very diluted solution of the

bokashi liquid 1:1000 can be applied to ovals/greens/lawns to increase the organic composition of the top soil and eventually the top soil will be able to capture and hold the night dew which will be enough to enable the grasses to survive and thus completely drought proof our ovals. I believe this is possible if we can convince enough people to create bokashi and collect the liquid for the good of the community.



Tony Oh-Ishi and Greg Donoghue from Eco Organics. Introducing awareness to the 'becoming green theme' at The SpringDale Business Network breakfast.



The Bokashi bucket makes disposing of food scraps so much easier to maintain. Purchase your bucket from the SpringDale Centre.

We are hoping to work with Barwon Waste Management Services early this year to enable buckets to be trialed and people to witness the results for themselves. We encourage people to let us know if they would like to participate and we will be writing to organizations inviting them to suggest a representative to trial the buckets for them. We already have the buckets available at SpringDale for \$100 each. Many people have said that they would like to use the buckets as presents others see them as an extension of their "going greener" philosophy.

Anne Brackley

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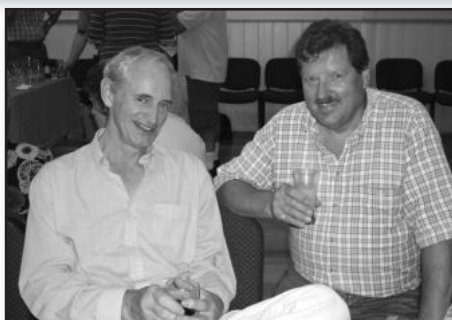
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2007 The SpringDale Neighbourhood Centre in Review

The SpringDale Neighbourhood Centre Christmas Party Celebrated another successful year at the Centre with invited guests including volunteers, tutors, contributors, advertisers and Committee of Management along with special guests.



The 'Chocolate Tree Workshop' was a very yummy event indeed!!!

The SpringDale Messenger Contributors Workshop



The 'Chocolate Christmas Trees' were beautiful and the class was a fun filled few hours.

The workshop was informative and helped to convey the needs of 'The SpringDale Messenger'


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The Adrian E Mannix OAM Community Service Award 2008

NOMINATIONS

Nominations are currently open for the 2008 Adrian E. Mannix OAM Community Service award. Nomination forms and criteria guidelines are available from SpringDale Neighbourhood Centre. Nominations close on Monday, 31 March 2008.

The Adrian E Mannix OAM Community Service Award 2008

Proudly supported by SpringDale Neighbourhood Centre, Rotary Club of Drysdale, and Lions Club of Portarlington/Drysdale.

ADRIAN E MANNIX COMMUNITY SERVICES AWARD

The award is an opportunity to recognize the voluntary efforts of individuals made in the local communities of Clifton Springs, Drysdale, Indented Head, Portarlington and St Leonards.

The Drysdale Rotary Club, Portarlington/Drysdale Lions Club and SpringDale Neighbourhood Centre have joined together to provide this award, in memory of the contribution made by Adrian E. Mannix O.A.M. The winner will receive a trophy and \$500.00 to donate to the charity/cause of their choice.

ADRIAN EDWARD MANNIX O.A.M.

Adrian passed away on 24 February 2001 and during his life carried out an extraordinary amount of community work including:

- 5 years Councillor Bellarine Rural City Council



- 1 term Mayor of Bellarine Rural City Council
- 25 years member of Portarlington/Drysdale Lions Club & District Governor 201 V2 (63 clubs)
- 15 years Treasurer & Life member of Drysdale Football Club
- 8 years Group Leader Drysdale Scout Group
- 4 years Treasurer Drysdale Primary School
- 2 years Secretary Drysdale Bush Nurse Centre
- 6 years Committee Drysdale Cricket Club
- 6 years Committee Lions Village
- 4 years Committee of Management SpringDale Neighbourhood Centre & 2 years Chairman
- Member of Inaugural Working Group Drysdale/Clifton Springs Association
- Committee Member Clifton Springs Foreshore Improvement Committee
- 6 months Manager Portarlington Foreshore Committee

PREVIOUS WINNERS

- 2002 Bernard Filbay
- 2003 Sydney Payne
- 2004 Thelma Evans
- 2005 Ethel Harrold
- 2006 Lex Mortimer
- 2006 Norma Mortimer
- 2007 Julie Tucker

advertorial - JUST VINTAGE



Just Vintage has been established by Elizabeth Kunelius for 3 years at Mortimer Street (Off Murradoc Road), Drysdale. The business is now stocked with gifts, statues for indoor and outdoor, Tibetan and Asian artifacts, incense sticks for the garden and 'mozzies', the ever popular Lavender Polish, books and so much more. Call in and see the diverse range of items.

Open 9am-4pm. Closed Tuesdays and Wednesdays.

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Drysdale Primary School

Another fantastic year at Drysdale Primary School has finished. Over the last weeks of term the kindergarten children had two visits to our school as part of their Prep Orientation. On their first visit they met their grade 6 student buddy for 2008. Their buddy showed them around the school and introduced them to their new teacher. The buddy system is a fantastic program that ensures the new prep children settle into playing outside with more confidence.

The kindergarten children then enjoyed a sizzling hot sausage in bread with sauce with their parents. On their second visit each child spent one hour in their new classroom with their Prep teacher for next year. The children had fun colouring, cutting and pasting

together a Christmas pudding. The new preps seem like a friendly, happy and very independent group of children. We have four prep grades for 2008, graduate teacher Emma Lamb is the fourth member of the prep team. In the last 2 weeks of 2007 the children enjoyed various Christmas concerts and class parties within their year levels.

The grade 6 children also had their graduation, which provided a great time for them to reflect on their time at Drysdale Primary.

It was also a nice time for teachers to look back on what their class achieved.

Danielle Thompson
(Prep teacher Drysdale Primary School)

Year 6
Students,
Tayla Loveday
and
Emily Bevan
after their
Graduation
Ceremony



Acupuncture: Ancient Medicine for Modern Times

Contributed by **Jenny Layton**



Who would want to have lots of needles stuck into them? Thousands of Australians who include acupuncture as part of their health care regime.

What is acupuncture?

It is a form of medicine that originated over 2000 years ago. Through all this time it has treated countless people for everything from backache to childbirth.

It involves inserting very fine needles into specific points along channels of energy flow that run across the body. A trained acupuncturist will combine the points in such a way as to rebalance body systems, thus allowing healing to occur.

What can it treat?

Acupuncture can be effective for conditions such as headaches, insomnia,

hormonal disturbances, pain of muscles or joints, anxiety or other emotional trouble, lowered immunity or post-viral conditions, digestive, respiratory or circulatory disorders. It can enhance overall wellness – energy levels, memory and concentration, or facilitate change in an individual's life. Acupuncture is great for pregnant women (given by a professional) as it can safely treat morning sickness, sciatica, hayfever or stress without any drugs to affect the child. It can even be used to facilitate labour and breastfeeding.

What does it feel like?

A normal treatment involves taking a history and checking the pulse and tongue for information about the state of the body. The practitioner will

probably ask strange questions that seem unrelated to the problem. This is because the person is seen as a whole, not just a body part. Then, about 10-15 very fine, disposable needles are inserted into the acupuncture points. Usually this is felt as a mild prick, then no pain. Tingling, numbness, heaviness or a moving sensation are often felt, and are quite normal. Needles are left in about 15 minutes. You wouldn't expect lying there with needles in you to be very relaxing, but it generally is, as the body lets go of tension, and systems rebalance.

Properly qualified acupuncturists are tertiary trained and are registered the Chinese Medicine Registration Board of Victoria.

Clifton Springs Foreshore Sub Committee vacancies

The position of Secretary is now vacant and we are still looking for community minded people who are available for one meeting a month to discuss all matters relating to the Clifton Springs Foreshore and assist us in our tasks. We deal with the Coastal Management Plan, grant applications, community plantings and clean ups, site review/assessment/recommendations and liaising with COGG, Parks Vic, DSE, local media and of course the community. New members are being invited to our first meeting in 2008 on 5 February, so if you are interested in joining us, please send us a short letter or email (1 page max) detailing your contact details and what you want to contribute to the Foreshore Sub Committee. Emails can be sent to

scsecretary@iprimus.com.au

or postal applications to

PO Box 581, Drysdale. 3222.

**Clean Up Australia Day
Sunday, 2 March.**

The Foreshore Sub Committee have committed to participate in the 2008 Clean Up Australia Day.

MAGGIE GOVE N.D.

Bowen Therapist & Naturopath

Member of A.N.T.A.

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health & wellbeing

Ian Fraser loves a good challenge. He is strong, focused and exudes a newfound confidence that can only be achieved through pushing through personal boundaries.

You may not know who he is or what he is capable of, but take a stroll up to U2 Fitness Centre in Drysdale and you'll find he's practically a celebrity.

The 53 year old from Clifton Springs is the winner of U2 Fitness' Fat Loss Challenge 2007. He lost 31.5kg and 154cm off his body; and gained pride and self-confidence.

The father of two joined the gym 15 months ago, after discovering he had high blood pressure. His Doctor recommended he take up regular exercise, "If I didn't change my lifestyle by pushing myself up to the gym, my life would've changed anyway...God knows what would've happened to me".

Despite finding it a struggle to go at times, Ian kept on at the gym. He believes that if it wasn't for the support from the centre's staff, he may not have come back. "They made it worthwhile. I have a lot of time and respect for their professionalism".

Ian and the others involved in the



Top: Ian Fraser, a winner in a competition and a winner to improve his lifestyle.

Left: A class under the instruction of Michelle Bridges from 'The Biggest Loser'

challenge would receive a new set of tasks every week. Whether it is running a certain distance on the treadmill, or a new exercise, the group offered encouragement and support for the gruelling 9-month period.

Ian received for his hard work \$600 from the Fat Loss Challenge's sponsor Provincial Home Loans and a personal training session with Michelle Bridges of Channel Ten's 'The Biggest Loser'.

The challenge started with around 60 people and dropped to 11. The challenge is not for the faint hearted, but Ian knows it is well worth it. He now has more

energy and determination that he shares with his proud family.

"I have a new outlook in life; the ability to try new things...I feel now I can".

U2 Fitness Centre is running the Fat Loss Challenge again in 2008, looking for new contenders to shed the pounds. As we can see through Ian's experience and that of the other contenders, there is weight to lose and life to gain.

For more information head up to U2 Fitness, see how Ian and many others are facing the challenge.

Brianna Doolan

U2 Fitness Biggest Loser 2008 - Part 1

20/20 Life Changing Club

Would you like to lose **20** pounds in **20** weeks?

Two consecutive 10 week sessions require to reach your goals!

20/20 Life Changing Club includes the following:

Flexible class times (Four workouts per week recommended)

■ Monday	1.00pm
■ Tuesday	10.30am
■ Wednesday	1.00pm
■ Thursday	6.30pm
■ Friday	10.30am
■ Saturday	10.30am

- Motivating group personal training & support
- Cardio training
- Resistance training in a circuit format
- Flexibility exercises
- Core Strengthening exercises

- Nutritional Counseling and meal planning
- Personal attention during classes
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- Regular weigh in
- 4 weekly awards

Join us Now!

OVERALL WINNER WILL RECEIVE \$1000 FROM SPONSORS
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\$200 per 10 week program for members
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Happy New Year to all and I hope you all had a wonderful festive season.

Here's to a great '08

Mosquitoes at low levels

There has been a significant drop in the number of mosquitoes recorded in monitoring traps at the start of January. The traps have recorded a huge 89% drop which is a great result considering the very heavy rainfall events in November and December. Treatments have included extensive helicopter spraying of inaccessible wetlands and the manual application to breeding sites in drains and other areas. This season's mosquito control program has been the most active and extensive ever conducted by the City with the volume of mosquito repellent used in December exceeding the usual amount used over a full year. You can help us by destroying sites on your own land that are caused by water standing in containers. Even a small amount of water in the bottom of a plant pot or pot saucer can provide a breeding site. So please be vigilant and check your pot plants and other water storage areas.

Residents can also check:

- Screening of water tank openings
- Checking for water retained in gutters or down pipes
- Screening of any openings to septic tanks in rural areas
- Buckets, empty containers or rubbish that may retain water

If you have any queries regarding the City of Greater Geelong's mosquito control program, please contact Health Services on (03) 5227 0411 or the website at www.geelongaustralia.com.au

Portarlington Early Years Network / Creating a Better Future for Our Children

This meeting on Friday, 22 February 2008 at Portarlington Kindergarten, Newcombe Street, from 9.30am to 11.30am is open to anyone who may be interested in participating in the development of an ongoing network in the Portarlington and surrounding areas to address the needs of local children and families.

The key issues are -

Children's Service Directory - Funding
Children's Week & Pram Stroll - Report Back
Portarlington Lets Read Project Implementation
Early Years Award
Working Group Reports
Early Literacy Sub-Group - funding application
Parenting Support Sub Group
- survey and workshop 2008
Local Agency / Project Updates
Event / Project Planning for 2008
Drysdale / Leopold Pony Club

As you are aware, we are unable to build the full size Kaolin Sand Structure, however the likely scenario will be as follows;

Do a full excavation of the area (60mts x 80mts) as discussed as a priority.

Cover as much of the excavated area as possible to finished levels, with the Kaolin Sand as budget allows. All other components ie, shaping spoon drain and re instatement works as discussed. I believe the thinking

here is sensible. At least prepare a full size area (60mts x 80mts) so that the main arena base is completed.

A full completion may be budgeted for down the track, so we are looking at a staged construction.

Public Transport / road safety and general community issues

Cleaning

There are valid concerns as to where general litter is left at the central City bus stops, prior being collected by the mechanical sweepers.

We are instructing staff to note your concerns and where possible to find a suitable location on the departure side of the bus stop, so as to minimise any impact on service users or the bus drivers.

With the initial early clean, timing is crucial to avoid delivery trucks and buses parking over set-up litter which, must be collected at a later time by cleaners once the vehicles move on.

To overcome this, we have introduced a second mechanical sweeper into the city/waterfront area.

Bus Shelters

As part of the Bellarine upgrade program, the review of Drysdale and surrounding area bus shelters last year have been followed up with a further on-site review mid January. The aim of this review is to provide shelters that are appropriately located, meet high standards of user comfort for size, weather proofing, and appearance, and have a low maintenance requirement.

Passenger and public transport -

- The unsafe and challenging issues due to inadequate slip lanes for major roadside tourist and residential developments;
- Inadequate run-offs and returns (bus bays) for busses and in turn the inconvenience to general traffic and also disabled passengers;
- Insufficient room for stationary vehicles adjacent to the main traffic strips eg. Grubb Road between Swan Bay Road and Bellarine Highway.

Township safety issues -

- Pedestrian crossings, manned and / or unmanned, for both schools and general pedestrian traffic;
- After-hours lighting conditions along the main arterials through the townships;
- Appropriate roundabout treatments to reduce the continual traffic bank-ups, especially during school start / finish times eg. Grubb Road / Portarlington Road / Jetty Road roundabout.

c) Main arterial safety issues -

- Deteriorated and dangerous condition of Murradoc / Portarlington / Grubb / Portarlington to Lonsdale roads due to the increased heavy commercial and industrial traffic along with the variable speed zones.

e) Cyclists -

- Inappropriate and poorly designated and maintained road shoulder pathways eg. Murradoc Road, from the Becks Road junction running west towards Drysdale to bottom of the hill, on both sides.

f) Additional key items -

The need to look seriously to the future before the Queenscliff and Portarlington Harbours are in full flight; before the Jetty Road and Arlington Rise developments have started; before the constantly increasing influx of tourists reaches a critical stage (whatever and whenever); before the ever increasing number of school children on public & private transport brings additional pressures; and before the heavy commercial sand, stone, waste and horse transport traffic movements reach a major crisis point.

Drysdale Library / Geelong Regional Library Corporation

Discussions are continuing with the Geelong Regional Library Corporation and interested community support

groups relating to strategy and plans to upgrade facilities in Drysdale - more as a community hub to serve all ages and abilities.

As previously reported, the concept is to increase size, make it more readily accessible, and upgrade the content and range of services to include youth spaces, homework help areas, community gathering and meeting places, as well as the range of print and electronic collections.

Planning - Municipal Strategic Statement

The first public presentation to approx 80 community at SpringDale covered current matters relating to the Rural Strategy, Housing Density Strategy, Portarlington-Indented Head Structure Plan and the coming Drysdale / Clifton Springs Structure Plan.

Foreshore Sub Committee - vacancies

Last newsletter we advertised vacancies within the Foreshore Sub Committee.

The position of Secretary is now vacant with Jane McDonald and her family moving. We are still looking for community minded people who are available for one meeting a month to discuss all matters relating to the Clifton Springs Foreshore. This position will also involve assistance with Coastal Management Plan, grant applications, community plantings and clean ups, site review / assessment / recommendations and liaising with COGG, Parks Vic, DSE, local media and of course the community.

New members are being invited to our first meeting in 2008 on 5 February. If you are interested in joining us, please send us a short letter or email (1 page max) detailing your contact details and what you want to contribute to the Foreshore Sub Committee.

Emails can be sent to

fscsecretary@iprimus.com.au or postal applications to PO Box 581 DRYSDALE VIC 3222

Clean Up Australia Day -2 March 2008

Linda Gallus has contacted the Clean Up Team and have registered our involvement. This will be confirmed after the Foreshore Committee meeting on the Tuesday, 5 February 7pm. We will do a clean up at The Dell and I will muster all the volunteers together over these holidays with Linda as the Site Coordinator and myself the Site Supervisor. COGG is to provide us with the bags, gloves etc and remove the rubbish after we have collected it - the same as last time we worked at The Dell.

I look forward to reporting new developments in our area in next month's newsletter.

Cr. Tom O' Connor
CoGG / Coryule Ward

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Also we are now able to manage your investment in the areas of Clifton Springs, Drysdale, St Leonards, Leopold and Ocean Grove. For **Property Management contact Marita Gleeson on 0432 826 820.**

PROPERTIES WANTED URGENTLY as we have a waiting list of tenants looking for properties.



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