



The SpringDale Messenger



ABN 21 404 220 267 >> Compiled & Published by the

SpringDale Neighbourhood Centre Inc.

Adrian Mannix Community Service Awards 2008 and the winner is...

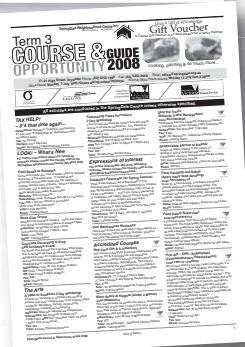


Gerald Edgar being congratulated
by Cr. Tom O'Connor

Congratulations to Gerald Edgar on being awarded the 2008 Adrian Mannix Community Service Award. Gerald received this prestigious community award on Wednesday, 28 May at a ceremony at Portarlington Golf Club. The Adrian Mannix Community Service Award recognizes and honours an individual who has contributed significantly to the local community.

Gerald born in Liverpool, came to Australia in 1963,

moved to the Bellarine Peninsula in July 1989 prior to retirement in 1993. For nearly twenty years Gerald has involved himself with conscientious dedication and enthusiasm in many valuable community roles including Australian Emergency Management, Meals on Wheels, Concern, Parish Councillor and Elder, SpringDale Neighbourhood Centre and SpringDale Singers.



In this issue

- **Term 3 COURSE GUIDE • HEALTH • COOKING**
- and lots more...

The Men's Shed is on the way



Lisa Neville announced a \$50,000 grant for the Sea Change Men's Shed to be situated in St Leonards on the Bellarine. The Sea Change Men's Shed team is Denis Plant, Mal Carson, Evan Sutton who are the enthusiastic initiators of this project.

The team and Anne Brackley have met with City of Greater Geelong to secure additional funds and a suitable site for the Shed.

The group continues to seek support from businesses and community members to enable the Shed to be established as soon as possible.

More details about this project are available from the SpringDale Centre (03) 5253 1960.

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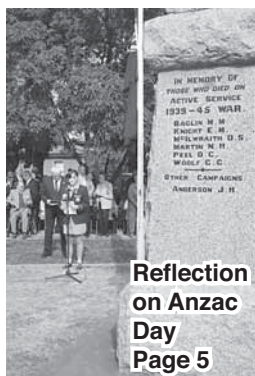
Shop 9
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Complex
Drysdale

Contact
Wayne, Lisa, Bev,
Sandra, Rhianon & Kate
(03) 5251 1624

INSIDE THIS ISSUE



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GUIDE
Pages
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**Reflection
on Anzac
Day
Page 5**

Deadlines for July 2008 Issue Copy 2 June 2008

Distribution **Saturday 28 June 2008**

Circulation **5000 Copies**

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula and on our website worldwide.

SpringDale Neighbourhood Centre
Opening Hours **Monday to Friday 9am - 3.30pm**
during school terms and by appointment.

Compiled & published by the
**SpringDale Neighbourhood
Centre Inc.** A0024916V

17-21 High Street Drysdale
Postal Address:
PO Box 80 Drysdale

The SpringDale Messenger
Designed by **Lyn Ingles - blue pencil publishing**

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.

Views

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

For all editorial and initial advertising enquiries.
SpringDale Neighbourhood Centre
P: (03) 5253 1960
F: (03) 5253 3050
E: messenger@springdale.org.au
W: www.springdale.org.au

BUSINESS DIRECTORY CLOSED

The business directory is now closed and thank you to all businesses that are participating.

The new Welcome Kit is available at the SpringDale Centre and if any new residents would like to collect a copy, please come to the SpringDale Centre

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.

The calendar is an 'easy to see list' of **happenings** in our area. To help you to plan an event, access our website www.springdale.org.au to view events.

If you wish to place your event in the **website, calendar** and further issues of **The SpringDale Messenger** please email, write or call the event details to our office.

June 2008

- 5 World Environment Day**
- 6-9 National Celtic Festival Portarlington**
- 9 Queen's Birthday holiday**
- 9 C/S GLG58/59 NHW Graffiti talk 7pm**
- 10 CWA Drysdale meeting 1pm CS Golf Club community rooms**
- 14-15 Scrap Metal Drive rear Drysdale Scout Hall**
- 24 CWA Drysdale meeting, 11am, Craft Day, CS Golf Club community rooms**
- 27 Term 2 ends**
- 28 Portarlington market 9am-2pm**

July 2008

- 8 CWA Drysdale meeting 1pm CS Golf Club community rooms**
- 14 Term 3 begins**
- 14 C/S GLG58/59 NHW Winter Dinner 6.30pm**
- 22 CWA Drysdale meeting, 11am Craft Day, CS Golf Club community rooms**
- 23-26 Peninsula Players perform 'Murdered to Death'**
- 27 Portarlington market 9am-2pm**

Facilities @ the SpringDale Centre

- Personal use of Computers
- Internet Access • Photocopying • Faxing
- Laminating • Room Hire • Crockery Hire
- Tables & Chairs Hire
- SpringDale Messenger in large format

- Reasonable Rates
- Concession Rates for Members

The SpringDale Messenger





news

from

The SpringDale Neighbourhood Centre

Anne Brackley
centre coordinator

Dear friends

What is Community Development – Community development seeks to empower individuals and groups of people by providing these groups with the skills they need to effect change in their own communities. This is about 90% of our job at SpringDale or maybe you could even call it Capacity building or acknowledging because most people have the capacity but may have never taken the challenge to go down the path.

Many activities on Neighbourhood House week demonstrated Capacity building. The Italian Cooking in Portarlington allowed many people to learn a new skill, to share sometime, to enjoy fellowship and to help plan future activities. The Open day at St Leonards Community Space allowed similar experiences with another group of people.

We are working towards a Fillipino night in August and hopefully an English music hall evening later in the year. Please feel free to suggest any other international evenings that you would be willing to help organise and celebrate your family's heritage.

More changes at SpringDale include the renovation of the hall kitchen, which is encouraging everyone to be flexible. We have been working towards this since it was removed from the major renovation plan 6 years ago. It will improve our capacity within the centre to provide tea facilities for multiple groups at the same time and we are also installing a coffee machine so that the coffee courses can commence. Please register your interest in learning to make or appreciate coffee. Steve and Deb at 'The Zoo' next door have been very helpful getting us down this path.

Some of our new courses that are proving successful are 'Tummy, hips and thighs' and 'Cup Cakes' these will be scheduled again for next term, also Ebay sellers ran

this term and we hope to be able to run this on a more regular basis – so you can learn how to move excess equipment onto someone else.

SpringDale is undertaking a Strategic Planning exercise and we would love to hear from anyone who has an idea for the future of SpringDale. Please send in ideas or email or arrange a meeting with me to discuss where you would like to see SpringDale in 5 years.

Thankyou to everyone who continues to praise the way the SpringDale Messenger is developing, every positive comment makes us work that little harder to ensure our commitment to a quality document. Unfortunately we tested the patience of the Drysdale CWA in the last issue – as we printed that they meet on the 3rd Tuesday of the month – their members were surprised at the change – really they meet on the 2nd Tuesday of each month. We thank the CWA for understanding that we are human and we apologise for all the calls our misprint caused.

Have a great month and please try and find the fun in all you do.

Anne Brackley
for the SpringDale team.

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What's Happening?
@ The SpringDale Centre

SpringDale Singers

Founded more than ten years ago to fulfil a cultural and social need for the community, The SpringDale Singers still continues to grow. There are no auditions; any person is welcome to attend and make connection with others who enjoy music.

The conductor, Mr Gerald Edgar, has been with the group since inception, and provides a wonderful direction for the mixed voice choir. The SpringDale Singers produced a CD last year with many magnificent songs including Men of Harlech, King all Glorious and Come to the Fair. A few copies are still available for \$12 each.

The SpringDale Singers meet every Tuesday from 1.30pm to 3.30pm in the SpringDale Hall.

WHO? WHAT? & WHERE?

Clifton Springs GLG 58 & 59
Neighbourhood Watch

Fundraising Trivia Night

Saturday 12th July 2008

**Clifton Springs
Bowls Club,
6.30 for 7 pm.**

Lots of prizes! Why not make up a team (8 members max)

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From Lisa Neville's desk



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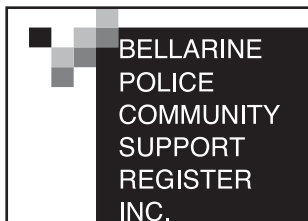
Congratulations to Clifton Springs Primary School which was one of hundreds of Victoria's most creative and dynamic schools to have been recognized for excellence in teacher training and development. Performance and Development Culture accreditation recognizes



NEIGHBOURHOOD WATCH INFORMATION

GLG 58,59 - Mark Cline
C/Springs Bowls Club
Clifton Springs
(03) 5253 2717
2nd Monday • 7.00pm

GLG 68 - Doug Palmer
SpringDale, Drysdale
(03) 5251 2522
4th Monday • 2pm



"What is the Bellarine Police Community Support Register"

NEED TO KNOW MORE?

Telephone our office on **5255 3968**
weekdays between 9.30 and 12 noon

Brochures and Registration Forms are
available at Pharmacies on the
Bellarine Peninsula.

schools that have high-quality mentoring and induction programs for new teachers, excellent processes for developing and managing staff and a school culture that is supportive of professional growth.

PREMIER'S READING CHALLENGE

While on the topic of schools, just a reminder that the 2008 Premier's Reading Challenge continues until August 31. This is not a competition, but aims to promote a love of reading in all Victorian students in prep to year 10. Over the past 3 years, Victorian students have read more than 7 million books and have discovered new worlds, new words and new ideas. The first \$2 million of the overall \$6 million Book Fund includes \$10 000 for every council in Victoria, \$1 million for school libraries and funding for Vision Australia so vision impaired students are able to take part in the Reading Challenge. I encourage young readers of the SpringDale Messenger to keep on reading!

FUNDING TO BUILD MEN'S HEALTH AND WELLBEING IN BELLARINE

I was delighted to announce funding for the SpringDale Neighbourhood Centre to build new Men's Shed in St. Leonards to give local men a place to get together, be creative and get involved in community activities that interest them. This involvement, as well as volunteering, has great benefits for the individual happiness and health of local men and the wider community. St. Leonard's Seachange Shed will give older men in the area a relaxed place to learn new skills while working on projects that provide practical benefits to the local community.

This project has strong support from the City of

Greater Geelong and will link to activities run by SpringDale and Bellarine Community Health. The St. Leonard's Seachange Shed is one of 25 projects across the State to share in \$1 million in the first round of Men's Sheds program grants. The Victorian Government is investing \$2 million over 2 years to expand Victoria's existing network of Men's Sheds. My sincere congratulations to all who worked so hard on the submission, and it was a pleasure to meet so many of them at the SpringDale Neighbourhood House last month.

TOURISM AWARDS NOMINATIONS OPEN

Tourism operators on the Bellarine are urged to nominate for the 2008 Victorian Tourism Awards. The awards, with categories ranging from accommodation to tourism marketing, ecotourism and tourism training, celebrate and reward innovation and excellence and provide the winners with a valuable promotional tool. For more information, visit www.victoriantourismawards.com.au or ring my office on (03) 5248 3462.

NEW V/LINE TIMETABLE

For those who travel by V/Line, there is now a new timetable which includes faster and more services from Marshall, Geelong and South Geelong stations. For more information, please visit www.vline.com.au or ring 136 196 or my office on (03) 5248 4362. As always, please do not hesitate to contact my office on (03) 5248 3462 if there are any issues with which we can be of assistance.

Until next time,
Hon Lisa Neville MP
Member for Bellarine

The Bellarine Ladies Probus Club

The Bellarine Ladies Probus Club held their first meeting for the Probus year with their new office bearers. The guest speaker for the day was Phillipa Challis, her subject being laughter, and I can assure everyone, laughter it was. Phillipa's talk of sixty minutes duration showed the young and not so young, how one can

forget their ills through laughter. That hour of laughter, which was hilarious, had one and all, up laughing.

Our meetings are held at the Clifton Springs Golf Club on the third Monday of each month and new members are welcome.

The Potato Shed Master Plan

The popular Potato Shed is almost at full capacity. Come along to one of our community forums to share your thoughts and ideas for the future of the Potato Shed as a Master Plan is developed:

When: Tuesday 20 May 2008

Where: The Potato Shed, 41 Peninsula Drive, Drysdale

Time: Afternoon forum 1.00pm to 2.30pm
Evening forum 7.00pm to 8.30pm

If you are unable to make it to one of the forums, there will be the opportunity to have your say via an online survey at www.geelong-australia.com.au, also available in hard copy from all City of Greater Geelong Customer Service Centres, the Potato Shed, Bellarine Secondary College and Saint Ignatius College.

Enquiries can be directed to Rob MacLeod on (03) 5251 1998.

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We remebered with dignity



Residents of Drysdale and Clifton Springs remembered our ANZAC tradition

On the 25 April, 2008 the Drysdale School Hall was the venue for the traditional ANZAC service and was attended by a great many of the Clifton Springs and Drysdale residents. The Guest speaker Major Alex Kostadinovit was from the Soldier Career Management Agency at Fort Queenscliff.

After the service everyone walked to the Cenotaph in High Street for the march by the RSL members, scouts, cubs and guides and Major Alex Kostadinovit took the salute.

The laying of the wreaths took place and many by private people in memory of their family members who had been lost during the wars. The attendance was a wonderful representation of the district. There was the traditional lowering of the flag, Last Post, then concluded the service with Reveille.

There was also great interest in the wreaths after the ceremony and parents took their children and explained to them the reason for them being there.



A tribute to the fallen



Major Alex Kostadinovit



The history is passed on...



Girl Guides paying their respects



A personal tribute

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Drysdale Cub Group visited Drysdale RSL Sub Branch for ANZAC

The Drysdale Cub Group was welcomed on the evening of Monday, 14 March at the RSL Sub Branch Hall and a talk was given by Mr Geoff Wisbey about Anzac Day and the events surrounding this important date.

Mr Wisbey himself was called up to service in the Army on 10 March, 1942 and was discharged on the 28 June, 1946.

He conducted an interesting explanation of the memorabilia that is displayed in and around the walls of the RSL Hall and among the articles is a flag that was from the *HMAS Melbourne*, a beautiful clock where the numerals are replaced by the words 'Lest We Forget' and this was presented a while ago to the RSL Group by a Drysdale resident Mr Walter Nieuman. More information about Drysdale and district was explained with the reading of names from the Roll of Honour where it was declared that 110 men went to WWII from Drysdale and a Mr Cherry from Murradoc Hill won the Victoria Cross.



Mr Geoff Wisbey explaining about his medals



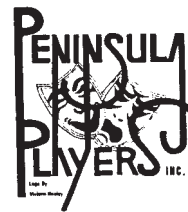
A recruitment poster for women to join the Army

The cubs were allowed question time and listened intently to all his answers. Many asked about the articles in the hall and where they all came from. They were given a questionnaire after the talk and were all over the hall seeking the answers.

On their return to the cub hall they clearly showed they enjoyed their evening as the information they had gathered was forthcoming in their group discussion.

They were all very well informed about ANZAC Day and all that surrounds it.

The story of ANZAC goes on and with the enthusiasm to which these Cubs showed there is no sign of it ever abating.



Murdered to Death

"Romeo, Romeo, where for art thou Romeo?"

Yes! Where are all the Romeo's in the Drysdale/Clifton Springs area.

Peninsula Players have postponed their production of mid April, due to the lack of actors auditioning for roles. If you are between the ages of 16-50 years old, Peninsula Players NEEDS YOU!!

Experience is not necessary, just a willingness to learn, not only to act but also as support crew - (building sets, backstage work, properties, lighting and music). All interesting work with a friendly group. Our rehearsal nights are Monday and Wednesday each week from 7.45pm to 10.00pm. Come along and meet our members. We look forward to meeting you at SpringDale Community Centre.

Our next production is *Murdered to Death* by Peter Gordon, a hilarious comedy, from July 23 to 26 at 8.00pm sharp at SpringDale Community Centre.

For further information contact Rhena King on 5251 2431.

William Sheahan

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Drysdale Senior Citizen Club

Our trip on Tuesday, 8 April to Gentle Annie's at Deans Marsh was a lovely day. The weather was perfect, our lunch was delicious, especially the berry pie and cream. I think it was enjoyed by all. It was such a lovely day some of the members went berry picking and got a lot of strawberries and raspberries to take home.


Monday 2nd June we have Bingo, eyes down at 1.15pm with a trading table, raffle and afternoon tea. Everyone is welcome. It's just a fun day. Monday 16th June we are having soup and sandwiches at the club at 12noon followed by indoor bowls, cards and snooker. Please put your name on the board for catering purposes. If you

can't get to the club just give us a ring on (03) 5251 2983. The cost is \$5.00 and you pay on the day.

Monday 14th July we will have our A.G.M. at 1.00pm and we would love a few new faces to help on the committee. It would be nice if Bill, Mary and myself could get a break. We will always be here to help you. Also think about a few ideas of what you would like done next year. The annual fees are still the same \$15.00 and we start collecting on the 1st July.

To our sick members, we have a few, we send our best wishes and love to them all, and hope to see you again fit and well.

Esther and Mary.




SPORTSMAN'S NIGHT

A riotous and energetic one man comedy inspired by the real life events of a country footy club banned for a melee that got out of hand. Written and performed by award winning comedian Damian Callinan

Where: Potato Shed
When: 8pm, Thursday 19 June – bar open from 7pm

Tickets: 52511998
Full \$19.50 / Conc. \$17.50



POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale. Ph: 5251 1998

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Helping Jacob and his family

Around 200 people enjoyed the entertainment of Sarah Carroll, The Gems, Ted & Ethel, Utopia & D.J. Slav.

Dave Langley from The Kempe Group made Jacob and Joshua Marsden honorary members of the Kempe Group and presented the family with a cheque for \$5000. He went on to explain that he has a business acquaintance interested in Jacobs plight and he handed the family another \$5000 cheque kindly donated from his friend. Next a presentation of a Playstation 3 to Jacob and some Lego to Joshua.

Frank O'Neil on behalf of the Lions Club Hamlyn Heights donated \$5000. He also presented another \$5000 to the Marsden family which is proceeds from the Lions Christmas Cakes.



Fierce bidding for auction items which were all donated by local businesses. There were footy jumpers, posters and much more.

Jacobs Night was widely supported by over 50 businesses, clubs and individuals who donated the auction items, money and entertainment. Their involvement in the evening proceedings was the reason it was so successful. A big thank you to all concerned.

Friends of the Bellarine Rail Trail

Recent works by Vic Roads have seen the rail trail extended to Strong Street in South Geelong, with the construction and sealing of a new section which now takes the starting point of the trail nearer to the South Geelong Rail Station. Sealing with bitumen enables more people to enjoy using the trail, especially those in wheelchairs or parents pushing a stroller to take small children on an enjoyable outing.

It is hoped that sealing of the section between Melaluka and Christies Road in Leopold will commence soon following the recent approval of a State Government grant of \$150,000 for this and other works intended to also include the provision of a toilet block and car parking facility at Christies Road.

The Friends group have been busy recently spreading almost forty truckloads of mulch, provided by COGG, at "Friends Park" the old Curlewis Station site. Despite the ravages of the drought causing some tree losses, the area is now showing vigorous growth with a great variety of flourishing native vegetation. This additional mulching will assist in maintaining the benefits of the revegetation work in the area, helping to now make it a restful oasis for all walkers, bike riders or picnickers. Bird watchers will also find this section of the trail well worth a visit.

We hope to commence new plantings at several locations soon, subject to the arrival of much needed rain. Readers may be interested to view our recently upgraded web-site www.fbrt.com.au for further information regarding the rail trail.

Peter Cowden

Alan still pounding the Boards!!



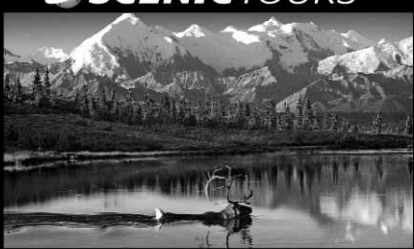
Retired performer, Mr. Alan Wilson a local identity, is directing The Melodaires entertainment group. Alan's experiences date back to the 60s and 70s when he was performing in television and hotel floor shows.

His latest direction skills have been with the Queenscliffe Lighthouse Theatre where he was successful in directing Almost Anything Goes, Just Call Me Al and Nostalgia.

Alan is currently performing with B.E.A.T., the newest musical comedy group in Geelong. He is very keen on directing local amateur productions and can be reached on 5251 2563.

The Melodaires will be presenting their new show at different venues commencing in June.

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A Cook's Tale

Sara Hussen Benn trained at the Ecole Ritz Escoffier in Paris
and cooked authentic French food.
For more information email: thestationbandb1@bigpond.com
or call Sara & John Benn on (03) 5281 1667



Sara Hussen Benn

Year of the Potato 2008



On 1st January 2008 the United Nations officially launched the International Year of the Potato 2008 endeavouring to raise awareness of the humble potato and to establish the potato's potential as a 'food of the future'.

China has become the world's top potato producer, ahead of Russia and Europe. China and India alone produce a third of the world's potatoes. Over the years Drysdale, Mannerim and Clifton Springs was perfect for potato farming with its sandy loam soil. Potatoes are abundant in carbohydrates, high in protein, rich in Vitamin C and potassium. So next time you eat a meal make sure the potato is on the menu. Desiree, Coliban, Pontiac, Sebago, boiled, mashed, baked, fried or scalloped; potatoes are scrumptious and healthy.

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The Drysdale

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Lunch & Dinner
Reservations (03) 5251 2301

- Sports Bar • TAB • Kids Playground
- Alfresco Beer Garden

Drysdale Hotel
High St DRYSDALE



A STAR - GAZEY FOR PERIWINKLE

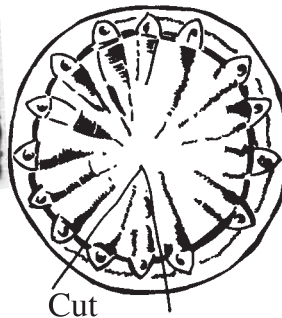
The Cook is surrounded by fish, parts of fish – heads, tails, fins, sad reproachful eyes, and silver scales. Today the Cook's cat has her 20th birthday – Periwinkle (an old name meaning 'beloved' or 'heart's treasure') has always fancied fish. And so now Periwinkle demands fish, fish, fish. The Cook wonders if Periwinkle has been reading Virginia Woolf whose food hovered around herrings, haddock, and kippers. The fish pie, or tart, or flan, is forever linked with magic and religion. "Friday is fish day", the badges and medallions wrought in the shape of the fish, the eye of the fish the mark of prestige, the head of the fish being, by rights, the possession of the chief of the tribe, the scales sprinkled on sticky surfaces to glint in the sunlight like angel's wings, all support the current importance of the fish. Fish lives on thinks the Cook, well for some time more, and is still a respectful dish to serve. The Cook is talked into a grand Periwinklean fish delight. To the fish mongers! Oh, thinks the Cook, all those sightless eyes, those imploring mouths, still open to make their final appeal, please, please, let me live. Come on Cook, come on, gather up all your resolve. Look the fish squarely in the eye. The Cook finally confronts the fish monger.

Dare I tell this bright young (heartless) boy that he is not to strike off the head! The Cook lectures him or someone (or indeed anyone!) on the value of the complete body to the flavour of the fish and the finished dish. The Cook seeks out the brightest eye, the firmest flesh, and holding them to her nose, choose those still smelling of the sea. How many would the 20 year old Periwinkle manage to enjoy? As many as the Cook can save from the worse fate of

being tossed out as rubbish. Flushed, flustered, frumpy from the battle with herself the Cook bears her basket home to a sleeping birthday cat and 200 fish to prepare. Not yet dear cat, not yet, Cook struggles to regain hold of the sardines. But, thinks the Cook, I have resurrection in hand.



Star Gazey



STAR- GAZEY

A family – size circular pie, serves 8
Slit and gut small fish (Sardines – allowing 2 per portion)

Removing the fins and wiping off the scales. Season well, putting a spoonful of finely chopped onion and dill into the belly – this improves the flavour and keeps the fish moist while baking. The pastry needs to be short-crust (bought) and the underside crust rolled out rather more thinly than the top. The top may be brushed over with melted butter.

Cook at 190° until puffed and golden.

'Food in England' Dorothy Hartley.
Macdonald – London 1964

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9am to 4pm

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CORYULE WARD/UPDATE

Cr. Tom O' Connor CoGG / Coryule Ward

Welcome everyone to the colder months and, hopefully, many more rainy days! The shorter daylight hours are more apparent to some than others, probably none more so than our local pentathlete, Angela Darby. Angela's training day starts at 5am and doesn't finish until well after dark. Currently preparing for the Beijing Olympics, Angela is self-funded and when you consider the five events – shooting, horse riding, swimming, running and fencing – the costs are significant. A fundraiser to help Angie in her efforts was held on Friday 2 May at Café Kalamata, generously supported by Philip Myer. Thanks to all who came along to meet our Drysdale star and show your support. Anyone interested in contributing to Angie's training fund should contact Kalamata Café in Andersons Road.

Key projects and issues

The Drysdale/Clifton Springs Structure Plan is a key focus at the moment and consultants are now hard at work. Letters are on the way out to business owners and occupiers for the initial community session on May 29th at The Potato Shed. The first of the big issues for the Structure Plan will focus on improving commercial and retail accessibility, while maintaining the character of our townships. Here, the use of 3D Virtual Reality modelling will help by bringing the planning process together with the look and feel to life.

We have made great progress with the new bus shelters and the curved roof design is a very stylish alternative to the typical drab and featureless bus shelter form. The shelter to be installed west of the Jetty Rd/Geelong-Port Rd roundabout heading into Geelong is a top class look and will provide transport users with a much needed place to wait in relative comfort.

Looking ahead into June, the biggest event on the calendar and probably the hottest (no pun intended) topic around is World Environment Day on 5 June. Stand by for details of our many activities planned from 3-6 June. The key event will be held at the Potato Shed on the evening of 5 June, including speaker Barrie Pittock and a presentation on how households can reduce carbon emissions.

Discussions continue with VicRoads on the Grub Rd./Jetty Rd. roundabout, the Drysdale Bypass, High Street pedestrian crossing, and maintenance issues on the main arterials into and out of the township.

Community support and involvement is a big part of what keeps our townships attractive and our coastline in pristine condition. The Clifton Springs Coastal Management Plan works program is in place and the first community get-together is programmed for early next month to plan tasks for the coming months.

I'd like to congratulate everyone for getting involved in our community and will update you again next month. In the meantime, and any other time, please don't hesitate to contact me about issues in our area.

My direct line is **0439 303 537** and email address **toconnor@geelongcity.vic.gov.au**.

Bridge that Gap

Do you like card games? Do you enjoy mental stimulation and meeting new challenges? Do you want to learn a new skill? If so, you should try the card game of Bridge.

The bidding process in each game of Bridge is a language which should be able to tell you a great deal about the cards held both by your partner and by your opponents. Reaching the right "Contract" – how many "Tricks" you can make – is the first challenge. The second is to play the cards well to achieve or exceed the Contract. A game can be as informal as the players determine, or it can be deadly serious. In 1931 in Kansas City, Mrs Bennett famously shot her husband dead after a bitter quarrel because he had played so badly as her Bridge partner. The murder trial judge, also a Bridge player, agreed that the wife had suffered severe provocation and acquitted her!!!

You don't have to suffer the same fate. There is a lot to remember... that's the mental stimulation bit. If you want to learn a new skill... there's a Beginners' Bridge Class run right here at SpringDale. And if you want the chance to make new friends, then the opportunity to play at any Bridge Club countrywide, and meet like minded people, is within your grasp. You will be made most welcome. Interested? Well, come on and Bridge that gap!

Enquiries:

SpringDale (03) 5253 1960; Ocean Grove Bridge Club (03) 5256 2550; Geelong Bridge Club (03) 5248 2978.

Combined Probus Club Clifton Springs and Drysdale

Memberships are available for both couples and singles. New members and guests are most welcome. Meetings are held on the second Monday of each month at the Clifton Springs Golf Club, Members Room, starting at 10am. Our next meeting will be on Monday 9th June and feature the members displaying their crafts and hobbies. This could range from absailing to zoology but please don't quote me on that.

Forthcoming trips include visits to Skilled Stadium and the Old Geelong Gaol. In addition the caravans/cabins group visit a number of locations throughout the year, so please feel free to come along and join us, because next month (July) is our annual anniversary lunch.

For further information please contact Brian on (03) 5253 1448.

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Rotary Children's Park

- Miniature Train Point Richards

Operating:

1 June 1pm - 4pm

8 June 11am to 4pm

- Queens Birthday special running

15 June 1pm - 4pm

6 July 1pm - 4pm

13 July 11am - 4pm

- School holiday special running

20 July 1pm - 4pm



BELLARINE

VETERINARY PRACTICE

OPENING HOURS

Mon - Thurs 9am- 6.30pm

Friday - 9am-5pm

Sat - 8.30am - 12.30pm



108 HIGH STREET DRYSDALE
(03) 5253 1393 Consulting by Appointment

Funeral Information Options & Advice

Long time Bellarine Peninsula resident and Funeral Director, Helen Trigg, can help with all your funeral inquiries and options. As Helen says, "we specialise in the different. The impossible takes a bit longer." For obligation free advice call Helen for an appointment on **5221 4788**



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Term 3 COURSE & GUIDE OPPORTUNITY 2008

17–21 High Street Drysdale Phone: (03) 5253 1960 Fax: (03) 5253 3050 Email: office@springdale.org.au
Office Hours: Monday 7 July 9am-12noon during school holidays. Normal Office Hours resume Monday 14 July 9am-3.30pm



Department of
Victorian
Communities



All activities are conducted in the SpringDale Centre unless otherwise specified.

TAX HELP!

– *It's that time again...*

Dates/times: Mondays/ Tuesdays commencing 21 July until 16 September by appointment only. Conditions apply.

Fee: No Charge

Contact: Chris Reymers

Venue: SpringDale Neighbourhood Centre

LOOK! – What's New

For further information about the following activities please contact the friendly staff at the SpringDale Neighbourhood Centre (03) 5253 1960.

From Beads to Bracelets

Come and create your own bracelet which is classical and funky at the same time. It combines the movement of pounded metal with the sparkle of crystals and the calm of pearls. What a captivating and lovely way to spend your day. Glass beads and quality thread used.

Materials: \$15 for bead kit

Dates/times: Tues 19 August 6pm-9pm (1 session)

Fee: \$85 + \$15 Kit (which is purchased at the time of the workshop).

Tutor: Linda Wharton

Room: Training Room

Book Club Group

Attention! all avid book readers... come and share your opinions and interpretations of selected titles.

Date/time: 1st Monday of each month.

Commencing 4 August 7.30pm – 9pm

Tutor: Lucy Pope

Room: Training Room

Cup Cake Decorating & Icing NEW ADVANCED CLASS

For those who enjoyed the Cup Cake Workshops, due to demand we have an advanced workshop designed to cater for creative and more intricate and varied decorations. So book early to avoid disappointment. Limited numbers.

Dates/times: Tues 22 July 6.30pm-8.30pm

OR Thurs 7 Aug 6.30pm-8.30pm

OR Tues 2 Sept 6.30pm-8.30pm.

Fee: \$30

Tutor: Debra Winter

Room: Kitchen

The Arts

A Taste of Sculpture 2 Day Workshop

A hands on workshop to introduce the exciting, creative and wider ranging area of art making called 'sculpture'. Modelling, carving, constructing, assembling, installing and arranging.

Materials: Materials required are inexpensive.

Dates/times: Sat 9 August 10.30am-1pm

2pm-4pm **AND** Sun 10 August 10am-12.30pm

1.30pm-4pm (2 sessions)

Fee: \$90

Tutor: Annette Playsted-Simmons

Room: Hall/Rec Room

Fascinating Faces Portraiture

2 Day Workshop

Learn to see and draw the human face with clarity and as a vehicle for expression. Key aspects to drawing a portrait will be taught in a supportive and relaxing way.

Materials: Materials required are inexpensive.

Dates/times: Sat 13 Sept 10.30am-1pm

AND Sun 14 Sept 10am-12.30pm & 1.30pm-4pm

(2 sessions)

Fee: \$90

Tutor: Annette Playsted-Simmons

Room: Hall/Rec Room

Expressions of Interest

For further information about the following activities please contact the friendly staff at the SpringDale Neighbourhood Centre.

Creating a Fascinator for Spring Carnival

'Pluck those feathers out of that duster'!!! This workshop will be conducted in September to coincide with Spring Carnival (demonstration only) of how to create a fascinator ... but! if you have a special hat or headpiece that needs 'twixing' bring it along and gather ideas on your project and after enjoy 'Chicken and a glass of Sparkling Wine'.

All are welcome to wear a favourite hat to this class. Come and share your ideas!

Dates/times: Sat 13 Sept 1pm-3pm (1 session)

Fee: \$15 per person

Tutor: Lorraine Coles / **Room:** Kitchen

Tool Maintenance Workshop

Need advice on how to sharpen tools or how to maintain, preserve and store them. One day workshop. Date/times to be advised.

Accredited Courses

Red Card (OH & S induction)

The course is designed to provide participants with specific OH & S compliance and legislative information relating to a range of topics which relate to industry induction requirements. Red Card is issued following the assessment as a competent permit holder for entry to building and construction sites throughout Victoria.

Dates/times: Fri 1 August 9am-3.30pm

or Tues 19 August and Wed 20 August 6pm-9pm

Fee: \$160

Tutor: Vic Bodsworth-Additional Training Options

Room: Training Room

Work Safely at Heights (Under 2 Metres)

Code MNMG237A

This course caters for people who work in environments where falls of less than 2 metres may occur and covers Work Safe Codes of Practice requirements, legislation, regulations and Job Safety Analysis.

Dates/times: Tues 29 July 5.30pm-9.30pm

Fee: \$70

Tutor: Vic Bodsworth - Additional Training Options

Room: Training Room

Stop the Traffic

Worksite Traffic Management

Code BCCCM3003B

Participants earn the capability of being competent to manage and control worksite traffic requirements.

Dates/times: Sat 23 August 11am-5pm

Fee: \$190

Tutor: Vic Bodsworth - Additional Training Options

Room: Training Room

Responsible Service of Alcohol

Covers all areas relating to the service of alcohol in and around licensed premises.

Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

Dates: Classes held regularly, phone for next dates

Room: Kitchen

Food Handling and Safety (Apply basic food handling)

Code FDFCORFSY1A

Great for school leavers, volunteers and those already employed in food related areas. This accredited module will give knowledge and skills in correct and safe food handling, storage and hygiene. Update your skills and improve your job prospects today.

Dates: Classes held regularly, phone for next dates

Room: Kitchen

Food Safety Supervisor

Code FDFCORFSY1A

Food businesses must have a Food Safety Supervisor. The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. Pre-requisite: Participants must have successfully completed Basic Food Handling and Safety (course listed above).

Dates: Classes held regularly, phone for next dates.

Room: Kitchen

First Aid – CPR / Anaphylaxis (Cardiopulmonary Resuscitation)

Code VBP112 / 21659VIC

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. Within this combined course learn to administer adrenalin for Anaphylactic reaction. This program is designed to provide knowledge and skills to the first-aider to be able to perform emergency administration of prescribed adrenalin using the injecting device (EPIPEN). This is when a person (particularly children) have suffered a potentially life threatening anaphylactic reaction.

Accredited Certificate valid for 12 months

First Aid/Anaphylaxis is the first 3.5 hours of First Aid - Level 2. See that course for details.

Dates/times: Sat 16 August 9am-12.30pm

(1 session)

Tutor: National First Aid

Fee: \$85

Room: Occasional Care

First Aid – CPR

(Cardiopulmonary Resuscitation)

Code VBP112

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. First Aid/CPR is the first 3 hours of First Aid - Level 2. See that course for details.

Dates/times: Sat 16 August 9am-12noon (1 session)

Tutor: National First Aid

Fee: \$45

Room: Occasional Care



First Aid – Level 2

Code 21593VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylactic updates) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 16 August and Sat 23 August 9am- 5pm (2 sessions)

Fee: \$185

Tutor: National First Aid

Room: Occasional Care



First Aid – Level 2

Code 21593VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR update) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 16 August and Sat 23 August 9am-5pm (2 sessions)

Fee: \$145

Tutor: National First Aid

Room: Occasional Care



Art and Craft

Discover the Artist Within

Foundation Course – the first stage in the journey.

If you have always wanted to create art but didn't get a chance to learn how to draw or about art methods or if you want support and instruction in a personalised, step by step approach. This course will teach you to use your eyes as the artist does, allowing you to gain confidence to express yourself and create art.

Materials required: A4 sketch book, 2B pencil, protective clothing (eg. old shirt). Other items will be supplied or suggested during the course.

Dates/times: Tues 22 July-Tues 9 Sept 11am-1pm (8 sessions)

Dates/times: Wed 23 July-Wed 10 Sept 4pm -6pm (8 sessions)

Tutor: Annette Playsted-Simmons

Fee: \$120

Room: Recreational Room

Advanced Art Course

Continue the journey

If you have completed the Foundation Art Course 'Discover the Artist Within' or you have completed a foundation art course elsewhere or if you are a practising artist and want input and feedback then this course is for you. Choose from the following possibilities to specialise in or explore over time. Portraiture, Still Life, Landscape, using chalk pastel, oil pastel, ink and wash or mixed media drawing, acrylics or water colours.

Materials required: A4 sketch book, 2B pencil, protective clothing (eg. old shirt). Other items will be supplied or suggested during the course.

Dates/times: Wed 23 July-Wed 10 Sept 1pm-3.30pm or 4pm-6pm (8 sessions)

Tutor: Annette Playsted-Simmons

Fee: \$120

Room: Recreational Room

Jewellery Making

You will have a chance to craft a silver wire bracelet and a contemporary silver art charm and more. Come along for a one day workshop and create your own jewellery. Feel free to bring along silver or 9 carat gold jewellery that you would like to re-fashion quickly and easily - the results can amaze.

Dates/times: Sat 9 August 1pm-5pm (1 session)

Tutor: Jeff Dean

Fee: \$60 (includes materials)

Venue: SpringDale Neighbourhood Centre/Hall

Crochet For Beginners

For anyone who is interested in the versatile art of crochet or just wishing to refresh their existing skills.

All you need is a crochet hook, thread and some spare time to turn your basic crochet skills into beautiful lace, toys, clothing and accessories.

Dates/times: Wed 30 July - Wed 3 Sept 1.30pm-3.30pm or 5.30pm-7.30pm (6 sessions)

Tutor: Catherine Hearse

Fee: \$60

Venue: SpringDale Neighbourhood Centre/Kitchen

Children's Programs

Music and Movement

Enjoyment of music, dance and song to encourage the development of beat, rhythm, tempo, pitch and harmony - all while having fun. This is a great way for little ones to develop confidence, self-esteem, concentration, memory, listening, language and self-expression.

Dates/times: Wed 16 July-Wed 17 Sept 9.15am-10am (10 sessions)

Tutor: PSD Education

Fee: \$60

Room: Centre Hall

Health & Wellbeing

Tai Chi

Tai Chi combines movement, meditation and breath regulation to enhance the flow of vital energy in the body, improve blood circulation, and enhance immune functions. Jun Yi has extensive Tai Chi experience including high rankings in several Chinese national championships.

Dates/times: Fri 18 July-Fri 12 Sept 9.30am-10.30am (8 sessions)

Tutor: Jun Yi Weng

Fee: \$80

Room: Centre Hall

Yoga

For fitness, stress relief and clarity of mind.

New students are warmly welcomed.

Dates/times: Mon 21 July-Mon 15 Sept 9.15am-10.45am (9 sessions)

Fee: \$90

OR Thurs 31 July-Thurs 18 Sept 6pm-7.30pm

OR Thurs 31 July-Thurs 18 Sept 7.45pm-9.15pm (8 sessions)

Fee: \$80

Tutor: Glenda Breedveld

Materials: Mat supplied but feel free to bring a rug

Room: Centre Hall

Computers

All computer classes are held at SpringDale Neighbourhood Centre/ Computer Room. Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension.

Introduction to Computers A/B

Introduction to keyboarding and mouse skills.

Learning to open and close programs and also to turn on and shut down the computer.

Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder.

Basic explanation of what the Internet can do.

Skill Level: Beginner

Dates/times: Tues 22 July-Tues 9 Sept 12.45pm-3.15pm (8 sessions)

Fee: \$160 or \$80

(\$55 subsidised tuition fee + \$25 services fee)

Tutor: Lyn Brook, Lynette's User-Friendly Computers



Introduction to Computer C

(Intermediate Word - follows on from A/B class)

Learn how to create tables, use tabs, columns, clip art and put a border around a letter.

Skill Level: Beginner+

Dates/times: Thurs 24 July-Thurs 11 Sept 12.45pm-3.15pm (8 sessions)

Fee: \$160 or \$80

(\$55 subsidised tuition fee + \$25 services fee)

Tutor: Lyn Brook, Lynette's User-Friendly Computers



Introduction to Computers D

(Creative Projects)

Create Greeting Cards using Microsoft Publisher.

This class will make you more creative and assist with personalising your greeting cards, Christmas cards/birthday gift tags. Let your imagination run wild!

Skill Level: Intermediate

Dates/times: Tues 22 July-Tues 9 Sept 9.30am-12noon (8 sessions)

Fee: \$160 or \$80

(\$55 subsidised tuition fee + \$25 services fee)

Tutor: Lyn Brook, Lynette's User-Friendly Computers



Introduction to Computers E

(Internet, Emails)

Learn to send, receive and reply to emails.

Understand how the Internet works and how to browse using different search engines. Create favourites for regular browsing in on the Internet. Discuss broadband versus dialup.

Skill Level: Intermediate

Dates/times: Thurs 24 July-Thurs 11 Sept 9.30am-12noon (8 sessions)

Fee: \$160 or \$80

(\$55 subsidised tuition fee + \$25 services fee)

Tutor: Lyn Brook, Lynette's User-Friendly Computers



eBay – Sellers

Learn how to sell on eBay. Do you have some interesting article that you've considered selling on eBay and weren't sure how to start. Come along and learn from an eBay trained professional.

Skill Level: Intermediate +

Dates/times: Thur 14 August-Thur 21 Sept 6.30pm-9.30pm (2 sessions)

Fee: \$80

Tutor: Angelo D'Angelo



Microsoft Office 2007/Vista

Extend your skills with the Microsoft Office 2007/Vista suite of programs including a brief introduction to learn how to navigate around Vista. Learn to use Microsoft Word for more than a word processor, use Outlook to organise your important meetings and dates, discover how powerful Excel can be and learn to make presentations and slide shows for you family and friends with PowerPoint.

Skill Level: Intermediate +

Dates/times: Mon 28 July-Mon 15 Sept 7pm-9.30pm (8 sessions)

Fee: \$160 or \$80

(\$55 subsidised tuition fee + \$25 services fee)

Tutor: Tony Reymers, AMGARR COMPUTERS



MYOB for Beginners

These sessions are designed for those just starting out. Learn how to set it up and get it going. This course will give you a basic foundation of how to use MYOB in your business.

Skill Level: Intermediate

Dates/times: Wed 30 July-Wed 17 Sept 7pm-9.30pm (8 sessions)

Fee: \$160 or \$80 (\$55 subsidised tuition fee + \$25 services fee) + \$45 course manual optional.

Tutor: Brian Knight, Round Table Business Consultants



Email & Internet

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including voice, video and interactive chat and learn how to check for and avoid viruses, Trojans, worms etc.

Skill Level: Beginners

Dates/times: Mon 21 July-Mon 8 Sept 1pm-3.30pm (8 sessions)

Fee: \$160 or \$80 Concession

(\$55 subsidised tuition fee + \$25 services fee)

Tutor: Tony Reymers AMGARR COMPUTERS



Revised Computer

Performance and Maintenance

Do you wonder why your computer slows down or runs out of disc space. This course is for you. We will discuss the causes of and how to fix these issues.

This entails clearing your computer of unnecessary files and how to keep your computer running at its best performance. We also show you how to fix your computer when it does not boot into Windows and how to respond to error codes on your computer.
Dates/times: Mon 28 July-Mon 15 Sept 6.30pm-8.30pm (8 sessions)
Fee: \$160 or \$80 Concession (\$55 subsidised tuition fee + \$25 services fee)
Tutor: Tony Reymers AMGARR COMPUTERS

General Interest and Skills

Cup Cake Decorating & Icing BEGINNERS

Come along and dabble with cup cakes of many colours, designs and flavours. This workshop has been such a success and will be for a second term so book early! Don't miss out. Limited numbers.
Dates/times: Sat 16 August 2pm-4pm
Fee: \$30
Tutor: Debra Winter
Room: Kitchen

The Written Word

Learn to express your thoughts on paper with the possibility of creating an income. The sessions are intended to assist anyone who is a beginner in the art of writing to appreciate the usefulness and also the importance of the written word. We discuss the principles of writing, types of writing and the importance of self editing.
Dates/Times: Fri 8 August-Fri 12 Sept 10am-12noon (6 sessions)
Tutor: Nina Syme
Fee: \$90
Room: Recreation Room

Non SpringDale Classes & Groups

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being.
Dates/times: Term 3 classes commence on Tuesday 15 July, 9.30am-10.30am (intermediate)

and 11am-12 noon (beginners to intermediate).
 Thursday 17 July, 6.45pm-7.45pm (intermediate)
 8pm-9pm (beginners to intermediate).
Tutor: Monique MacLeod
Fee: \$128 (10 weeks)
Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale.
Phone: (03) 5251 2958 to book.

Bridge for Beginners

Come along and enjoy the challenge of learning how to play Bridge by our experienced tutor.
Date/time: Wednesdays 9.30am-11.30am
Tutor: Mark Cline
 For bookings (03) 5222 2736, 'University of the Third Age'
Venue: SpringDale Neighbourhood Centre
Room: Training Room

Look what's new at PORTARLINGTON Senior Citizens Hall Newcombe Street Portarlington

First Aid – CPR/Anaphylaxis (Cardiopulmonary Resuscitation) Code VBP112 / 21659VIC

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. Within this combined course learn to administer adrenalin for Anaphylactic reaction. This program is designed to provide knowledge and skills to the first-aider to be able to perform emergency administration of prescribed adrenalin using the injecting device (EPIPEN). This is when a person (particularly children) have suffered a potentially life threatening anaphylactic reaction. Accredited Certificate valid for 12 months First Aid/Anaphylaxis is the first 3.5 hours of First Aid-Level 2. See that course for details.
Dates/times: Sat 14 June 9am-12.30pm (1 session)
Tutor: National First Aid
Fee: \$85
Venue: Portarlington

Tutor: National First Aid
Fee: \$45
Venue: Portarlington

First Aid – Level 2 Code 21593VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylactic updates) and is a requirement for many courses, organisations and work places.
Dates/times: Sat 14 June and Sat 21 June 9am-5.30pm (2 sessions)
Fee: \$185
Tutor: National First Aid
Venue: Portarlington

First Aid – Level 2 Code 21593VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR update) and is a requirement for many courses, organisations and work places.
Dates/times: Sat 14 June and Sat 21 June 9am-5.30pm (2 sessions)
Fee: \$145
Tutor: National First Aid
Venue: Portarlington

Groups

Coffee, Cake and Conversation

Is a drop in informal chat group (otherwise known as the 3C's). We meet and have a cuppa and a chat on

For further information about the following activities please contact the friendly staff at the SpringDale Neighbourhood Centre. We are currently organising the groups and courses. More information to follow.

the 2nd and 4th Tuesday of the month. 2.30pm-4pm in the Senior Citizens Centre.
Contact: Pat (03) 5259 3865

Port Snappers 'Photography Group'

Is a hobby/photography group. We learn from each other. We meet on the 1st & 3rd Tuesday of the month. 2.30pm-4pm at the Senior Citizens Centre.
Contact: Pat (03) 5259 3865

Walking Group

Meets 9.30am on the 3rd Tuesday of the month - last Tuesday of the month is a walk-away. New members are welcome and walk at your own pace.
 \$1 per week. They meet at the rear of Parks Hall.
Contact: Helen (03) 5251 1937

Pole Walking

This group will begin when all relevant requirements have been met. Please refer your expression of interests to Helen (03) 5251 1937

Dazzling & Sparkling Bead Workshop

Special occasion coming up? or wanting something unique to wear? Come along and create your own special glass beaded necklace and earrings from a selected kit. Glass beads and quality thread used.
Dates/times: Tues 26 Aug 9.30am-12.30pm (1 session)
Fee: \$85 plus \$15 bead kit.
 (Which is purchased at the time of the workshop).
Tutor: Linda Wharton

First Aid – CPR (Cardiopulmonary Resuscitation) Code VBP112

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. First Aid/CPR is the first 3 hours of First Aid -Level 2. See that course for details.
Dates/times: Sat 14 June 9am-12noon (1 session)



Look what's new at ST LEONARDS Community Space Shop 3, 1377 Murradoc Road St Leonards

Expressions of Interest

FUTURE WORKSHOPS

Budgeting for families and Tax Help

Cooking

Diabetic, Gluten Free.

Art Workshop

GROUPS

Textile Craft

Knitting and cross stitch.

Friendship Group

Coffee/cup of tea and a chat

Mah-Jong / Card Games

Men's Shed

Introduction to Computers A/B

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do.
Skill Level: Beginner
Dates/times: Wed 23 July-Wed 10 Sept 9.30am-12noon (8 sessions)
Fee: \$160 or \$80 (\$55 subsidised tuition fee + \$25 services fee)
Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Computers E (Internet, Emails)

Learn to send, receive and reply to emails. Understand how the Internet works and how to browse using different search engines. Create favourites for regular browsing in on the Internet.

Discuss broadband versus dialup.

Skill Level: Intermediate

Dates/times: Wed 23 July-Wed 10 Sept 12.45pm-3.15pm (8 sessions)

Fee: \$160 or \$80

(\$55 subsidised tuition fee + \$25 services fee)

Tutor: Lyn Brook, Lynette's User-Friendly Computers

Beads, Bangles and Baubles Workshop

Create from your own exotic colourful bead kit, earrings and necklace for that special occasion or gift. Glass beads and quality thread used.
Dates/times: Tues 9 Sept 6pm-8pm (1 session)
Fee: \$85 plus \$15 bead kit.
 (Which is purchased at the time of the workshop).
Tutor: Linda Wharton
Contact: SpringDale Community Centre



Bellarine Woodworkers Inc.

Meet first and third Monday of the month at 1.30pm at SpringDale Neighbourhood Centre, High Street, Drysdale. New members welcome. Just turn up!

SpringDale Singers

A mixed voice choir meeting on Tuesdays, from 1.30pm – 3.30pm in the SpringDale Neighbourhood Centre Hall. New members welcome. Persons interested may come as visitors on any Tuesday.

Life Drawing

For those who enjoy the experience of Life Drawing. Mon 1.30pm – 4pm. Waiting list may apply.

Bella Arts Group

An opportunity to share your art and to see the work of others. Ring the Centre for dates.

Activities and Games**SpringDale Badminton**

Any new interested players please contact SpringDale. Wednesdays 1pm-3.30pm weekly at The Scout Hall Drysdale.

SpringDale Chess Club

Today, chess is one of the worlds most popular games played by millions of people worldwide. Wednesday afternoons 1pm – 3pm. \$1 per session.

SpringDale Jigsaw Club

Borrow a jigsaw from a big library at the bargain price of 40c. Come along to the SpringDale Centre Hall on the first Thursday of the month from 10am – 12noon.

SpringDale Mah-Jong Club

Mah-Jong involves skill, strategy and a certain degree of chance. This group meets Wednesday from 10am – 12noon. \$2 per session.

SpringDale Scrabble Club

Weekly scrabble group is held on Tuesday afternoon, 1pm-3pm and caters for players of all abilities and new players are always welcome. \$1 per session.

Card Games

Members enjoy playing a variety of card games including Canasta, Euchre and 500. This group meets Monday afternoons from 1-3pm, \$2 per session in the SpringDale Centre.

Line Dancing

If you can count to four and can tell your left foot from your right, you can line dance! Join our group. Commences Wednesday 16 July 10.15am- 12.15pm. \$7 per session.

Parents and Children**Bellarine Toy Library**

Saturday mornings 10.30am-11.30am. We have some fantastic toys to borrow (ages 0-6 years) so come along and see what we have to offer!

Portarlington Toy Library

Monday and Wednesday mornings 11am-12noon. Operates out of the Portarlington Pre-school. Look for the balloons and sign. New members welcome.

Craft**Springers Quilting Group**

The group makes beautiful quilts for Palmerston Court Aged Care. Meets on the 4th Thursday of the month at SpringDale from 10am-12noon.

Scrapbooking

Preserve photos in a creative ways. All welcome, beginners will be shown techniques. Last Wednesday of the month, 7pm-10pm.

Crochet & Knitting

Caters for novices or those wishing to increase their skills. \$1 per session. Meets Tuesday afternoon 1pm-3pm. **Group leader:** Jan Westwood

Computers**PC User Help Group**

We can encourage people to follow their interest in computers and share this interest with Liam Bennett and others. Meets Tuesday afternoons 4pm-5pm.

Health and Wellbeing**Meditation**

Mindfulness can be thought of simply as the self awareness that comes from systematically paying attention in a particular way on purpose in the present moment and non-judgmentally. This kind of attention nurtures greater awareness, clarity and acceptance of 'What is really going on within us'. Starts Tuesday 22 July at 7.30pm-8.30pm weekly. Tutor: **Max Simmons**

Men's kitchen

Come along and enjoy making delicious tasty meals from start to finish. This is a really fun group where humour exists and appetites are fulfilled. On every Wednesday 10am-1pm and will commence 23 July.

SpringDale**OCCASIONAL CARE**

A three-hour session will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself. Sessions are: **Tuesday, Wednesday and Friday mornings 9am – 12noon, Monday and Thursday 9am – 2pm.** For further information please phone **Occasional Care on (03) 5251 1627.** Sessions run during school terms only.

Privacy: The **SpringDale Neighbourhood Centre** respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

ENROLMENT

To book into a class, **phone (03) 5253 1960**, or call in person, at **SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale.**
Email: office@springdale.org.au or send in the course booking slip. (see below)

- If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees.
- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
- If there are not enough enrolments to successfully run a course it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

Course Booking Slip (you will be sent a receipt & or confirmation of your booking)

Name:..... Address:.....

..... Postcode

Phone : (H) Bus:.....

Mob: Fax/deliver/email

I would like to enrol in / information about: (course name/s and dates/times)

Please tick one: ☐ Attached is my cheque for the course

☐ I will come in and pay for the course at least a week prior to the course commencing.

☐ I have completed the credit card slip below:

Visa /Mastercard : Credit card No: _____ Expiry date:..... /

Name of Cardholder:Amount:.....

Signature:.....

Comments / suggestions / other information that you require.....

I am interested in my child / children attending Occasional Care during this course if possible – **Yes / No**

Please post to SpringDale Neighbourhood Centre, PO Box 80, Drysdale 3222



2008

Drysdale Ladies Probus Club Inc.

Drysdale Ladies Probus members are always eager to see the annual fashion parade. This year the April monthly meeting show-cased Autumn/Winter garments from Le Shah Boutique - Drysdale Village. Michelle, owner of Le Shah Boutique gave an overview of the items worn, while her helper Karen, assisted ladies in the change room. Many thanks to Michelle for presenting her exciting range of clothing and to Karen for your much appreciated assistance. Thank you also to the eight ladies who were the models.

A small but very keen group of members, husbands, partners and friends drove to Castlemaine on Wednesday April 24th where they, along with many other groups, caught the steam train to Maldon. The Autumn trees in both Castlemaine and Maldon were glorious and the sun shone brightly for a perfect day. Although Maldon is quite a small town there was

plenty to see including a tasty ice-cream shop where several of our group sampled the contents before returning to the train for the trip back to Castlemaine and then home. We all agreed that it had been a very happy and worth while outing.

Interest Groups are a special feature of our club. We have Happy Hookers- Crochet, Calamities- Needlework, Bits & Pieces- Patchwork, Happy Wanderers- Walking, Bellarine Bookies, Merry Munchers and newly formed Coffee & Chat. These groups meet regularly and enjoy friendship and company along with their specific interest. Drysdale Ladies Probus welcomed ten visitors in April. We hope they will join the club and enjoy all the benefits it has to offer. If you feel that you would like to join our group please contact secretary Lynne Blake on (03) 5251 1113.

**Yours in friendship
Lesley Jones**



*Models showcasing evening wear from
Le Shah Boutique*

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**Ph/Fx
(03) 5253 1516**

'Op-ing' is fashionable...

After a huge attendance at the last years combined op shops fashion parade where they raised over \$1000, we are presenting another one on the Saturday, 12 July.

The three op shops who are supplying the clothing to be worn in the fashion show are Concern Drysdale, Second Chance Clothing at Clifton Springs and Lifeline.

The funds are divided and help Concern with food and clothing vouchers also material, Second Chance Clothing uses its proceeds towards Foodbank Plus.

If you wish to have an afternoon of great fun and fashion you are invited to attend this worthy function. All are welcome.

**For further information please call
Vicki at Lifeline (03) 5251 2368,
Joan at Concern (03) 5251 3640 or
Andrea at 2CC (03) 5251 1920.
Tickets are on sale at Second Chance
Clothing, 16 Pinnaroo Avenue,
Clifton Springs or Lifeline,
Village Walk, Drysdale.**

*Tickets may be purchased on the day.
Be early as there is great interest
in this event.*

Fashion Parade

**Tickets \$5
per person
Students:
Gold Coin
Donation**

Saturday 12 July

Drysdale Community Church Jetty Road Drysdale

*Come along and have a great afternoon and help
support the local op shops*

Sale of clothing, shoes bags & accessories

2pm - 2.30pm

Fashion Parade & afternoon tea 2.30pm - 4pm

**All proceeds will be donated to and for
more information please call:**

2CC - 5251 1920 Lifeline - 5251 2368

Concern - 5251 3640

• shoes • accessories • clothes



health & wellbeing

Welcome to the Badminton corner

Spring-Agers focus on having fun, as well as reaping the physical, social and mental health benefits of playing badminton!!

Have FUN!

Make FRIENDS!

Be ACTIVE!

ENJOY recreational Badminton!

The Spring-Agers recreational program is for persons who are retired, semi retired or persons wanting to meet others in the

Bellarine Community with a purpose to have fun.

Convenors of the program Lynn Hunter, Glenys Moodie, and Martin Wilson assures potential and past players that the group would play the game in a social and passive environment.

"It's not competition but it does give the heart and body some exercise". "There's no stress involved. You come down and play when you want and learn as fast as you want to learn".

Badminton has received the backing of



the SpringDale Neighbourhood Centre as the sport provides an alternative to being a couch potato. The idea started when Glenys and Lynn wanted to play badminton in Drysdale, their home town. The social program that commenced last August has a core group playing each Wednesday with the potential to extend to other days, subject to numbers.

We play at the Drysdale Scout Hall, across the road from the SpringDale Neighbourhood Centre, each Wednesday from 1pm to 3.30pm. So why not come and join us in a mid week stretch.

Return Unwanted Medicines (RUM)

The RUM project provides the safest and easiest way to dispose of unwanted and out-of-date medicines. It makes possible the return of all household medicines to any pharmacy at anytime, for free and safe collection and disposal. The RUM project is run by a not-for-profit company, The National Return and Disposal of Unwanted Medicines Limited, and has equipped over 5,000 pharmacies throughout Australia with large yellow containers for collection. For further information on the RUM project please visit www.returnmed.com.au or phone 1300 650 835.

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A closer look at District Nursing

By John Boyes

What is District Nursing? Many of us might think of 'All Saints' or 'Remote Area Nurse'. You may have had need of the service or know someone that has been seen by the Bellarine Community Health District Nursing service.

District Nurses in fact have diverse roles, using their experience and training to plan and deliver care to people in their local area. At Bellarine Community Health the District Nursing team has additional specialist skills in palliative care, wound care, continence advice, diabetes education, and midwifery.

District Nursing works in partnership alongside other community services. This includes GP's, Occupational therapists, Physiotherapists, Local Council's, Case

Managers, and Aged Care Assessment Service. Partnerships with hospitals provide care for those at home who traditionally would have been cared for in hospital or after an admission to hospital.

Bellarine Community Health District Nurses work to a philosophy of care that considers the physical, psychological, emotional and spiritual aspects of life as closely interconnected. Care is planned together with the patient and their family, respecting their individual rights and choices.

When a District Nurse visits you at home, for giving an injection or dressing a wound the initial visit will also involve a broad health assessment. This means that the nurse will look at how you manage the general tasks of daily living, such as showering, laundry, and shopping. This gives a clearer picture to help determine if more assistance is needed.

District Nurses often work with the elderly members of our community who may feel quite threatened and unwilling to accept help as they feel their independence is diminished. This is a normal and natural response to the ageing process. District Nursing's goal is to assist people in maintaining their maximum level of independence in their chosen place of residence. People are often pleasantly surprised and grateful after receiving

Bellarine Community Health District Nursing services. By working together we can come up with ways of making lives easier for those who need care at home.

**For further information call
District Nursing on telephone
(03) 5258 0812**

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@ the Potato Shed

8pm Thursday 19 June

Deliver your coupon to the
SpringDale Neighbourhood Centre

NAME

ADDRESS

PHONE NO:

Drawn Fri 13 June @ 3pm (REFER TO AD ON PAGE 7)

MISCHIEVOUS THOM

Mischievous Thom is a young, local band consisting of Brandon Davey (piano, rhythm guitar and lead vocals), Daniel McKoy (drums), Ivan Blacket (bass and backing vocals) and Mark Dodson (lead guitar and backing vocals). They are a mixture of grunge, alternative and soft rock, with melodic vocals and a more grunge style guitar. The four have been playing music for a large part of their lives, but only formed Mischievous Thom about five months ago.

Even though they haven't been together that long, they are already becoming a big success around the area, even coming a close second place in the Bunyip Festival Battle of the Bands. Most recently, they entered the street performers competition at the Apollo Bay Music Festival. They were voted the best street performers and were awarded the \$500 prize. The boys are planning on putting their winnings towards recording a CD.

This young and up-coming band is definitely one to look out for!



SCRAP METAL DRIVE

14 & 15 JUNE 2008

1st Drysdale Scout Group's

3 monthly scrap metal collection point will operate again on the 14 & 15 June 2008 at the rear of the Drysdale Scout Hall, facing onto the car-park. If you have any scrap metal, please place it in the bin provided.

Items such as old washing machines, dryers, fridges, freezers, sheet-metal, scraps of metal, old bikes, old guttering etc can be donated.

Please do not leave us any gas bottles and rubber tyres as we are charged for their disposal.

100% of all monies raised from this effort will go towards running our Scout Group.

*Thank you
for your past support.*

**For enquiries, please contact
Sue Gibbons on (03) 5256 3809
1st Drysdale Scout Group.**

National Celtic Festival

Celtic traditions are featured over the Queen's Birthday long weekend, June 6 – 9, at the picturesque town of Portarlinton. Performers will travel from United States, Scotland and New Zealand to entertain with music, dancing, poetry, drama and singing. This is a wonderful event and one of Australia's largest and most diverse celebrations of Celtic culture. **Tickets are on sale now at GPAC, phone 03 5225 1200 or visit www.gpac.org.au**

Further information for this event is available at www.nationalcelticfestival.com.au



YOUTH PAGE

WITH
MATT WADE

Hi everyone.

It's June now and I'm really trying to entice you with things to do, or in this issues case, music to listen to or books to read. I've compiled a list of a few songs that you out there in the community seem to have enjoyed over the past month, just so you can get an idea of what's in the charts. There's also some books that are a good read if your bored at home and have nothing to do, and they are definitely worth the time. So give the reviews a read, and decide for yourself if your interested.

Matthew

Email: negative.filmimg@hotmail.com

Top 5 Music Choices.

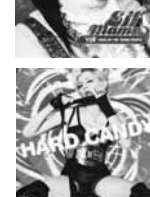
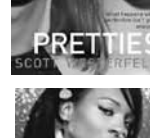
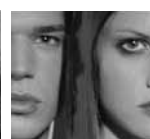
Matthew Wade : Shawty Get Loose - Lil' Mama ft. Chris Brown & T-Pain
"This song is definitely catchy. A must have for any fans of the hip hop genre"
Album - VYP: Voice of the Young People.

Renee Wade : Paralyser
- Finger Eleven
"An upbeat anthem. Guitar riffs are excellent, and the rock is sure to delight"
Album - Them vs. You vs. Me.

Thomas Kennedy : Hate
(I Really Don't Like You) - Plain White T's
"It's catchy. It's got more beat than, Hey There Delilah"
Album - Every Second Counts

Emma McQueen : Four Minutes - Madonna ft. Justin Timberlake & Timbaland
"This song is groovy, and is sure to be a hit with everyone, young and old"
Album - Hard Candy

Jessica Newnham : Bubbly
- Colbie Caillat
"This is like, my favourite song at the moment. Can't get it out of my head"
Album - Coco



The Scott Westerfeld Trilogy.

Uglies Pretties Specials

These exciting books from Scott Westerfeld are a worthwhile read. It follows the life of Tally Youngblood, in an almost futuristic world where once your aged sixteen you get an operation to make you supermodel beautiful. Anyone who looks normal is considered an ugly. The whole civilisation is oblivious to the fact that a dark secret is underneath the operation that miraculously transforms you into something that's almost non-humane. Once pretty and glamorous you move to a town where your life is one huge party after the other. But Tally and a group of rebels don't want their lives controlled, or turned into something that's not the real world, so they escape and what follows is a sci-fi thriller that will change her life forever.

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Saturday,
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Acorn is dedicated to expanding the audience for live entertainment. At the same time, we strive to bring a diverse range of only the very best performers to ensure timeless memories are created among our audiences.



ROSS WILSON Sunday 8th June 2:45pm Doors 2pm

Come on a musical journey with Ross Wilson and The Urban Legends at the Cafe this coming Queen's birthday long weekend. For much of the show Ross will be delving into his extensive repertoire of classic hits so don't miss your chance to see one of Australia's most famous and successful musician/songwriter and producer in this intimate performance mode.



MENTAL AS ANYTHING Sunday 22nd June 2:45pm Doors 2pm

25 Top 40 hits!!!
After twenty-seven years of playing their peculiar Australian brand of party music around the nation and the world, Mental As Anything are still one of Australia's premiere live acts. You can be sure that the endearing and enduring Mental As Anything will turn on a show which proves why the Australian public just can't get rid of the buggers; they're just too much bloody fun.



JAMES REYNE – Sunday 6th July 2:45pm Doors 2pm

James' latest album, EVERY MAN A KING closes a 30-year circle since he first led Australian Crawl into the front line of the Oz rock boom. His eye and pen grew sharper through a platinum-lined solo career, but never have his wit and poignancy been on more consistently solid musical ground than here. In over 20 years as a recording artist, he has sold over 1 million albums as a solo artist and just on 2 million with Australian Crawl, including 31 hit singles. He has without doubt the most distinctive voice of his generation.

The purpose of entertainment is to bring joy and happiness into one's life.

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MENTAL AS ANYTHING SUNDAY 22 JUNE

25 top 40 hits!
Ultimate party band

ROSS WILSON SUNDAY 8 JUNE

Come on a musical journey as Ross delves into his extensive repertoire of classic hits



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THE DETONATORS & MATT DWYER FRIDAY 6 JUNE

DEBORAH CONWAY SATURDAY 7 JUNE Singer-songwriter Deb from Do Re Mi This girl's a gem!



DUTCH TILDERS & LLOYD SPIEGL FRIDAY 20 JUNE

'ON THE ROAD AGAIN' Willie Nelson & Roy Orbison A Musical SATURDAY 21 JUNE



NICK BARKER & BAND plus SALLY DASTEY FRIDAY 27 JUNE

Clifton Springs Primary School

Our students are learning more about their environment this term with our curriculum organiser being, "Our Precious Earth". Using the integrated inquiry approach each level within our school are investigating questions about the environment in which they live.

Grade Prep to 2 students have asked: What makes a living thing?

Grade 3 /4 students have asked: Why do we need to care for our environment?

Grade 5 /6 students have asked: What are the issues facing our environment and how can we change our activities to make us more sustainable?

As with this approach to teaching and learning our classes are investigating a range of issues and have explored their local environment such as the Dell and McLeod's Waterhole determining the impact man has had on these local environments. Our junior classes have attended an excursion to the Barwon Waste Wise Education Centre and have gained a greater awareness of the need to reuse and recycle. This is essential knowledge our students need to gain if they are our caretakers of the future.

In addition our students have enjoyed interacting with our school's pet lizards as we now have a special play space for them in the school yard and they are exercised daily with their lizard carers. Our younger students have really enjoyed getting to know each one and are certainly eager when they have them visit their classroom as well.

We have been really pleased to see our water tanks finally installed to capture the rainwater to service our student toilet blocks. This initiative should save our school significant funds in the future as all toilets have also been upgraded to ensure they are also utilising a minimal amount of water.

Our fences are now installed around our Shade House, frog pond and vegetable patch and this will allow us to further develop the area with fruit trees being planted in an orchard. We have also put a fence up around our bike enclosure and extended it to accommodate double the number of bikes.

To celebrate the unique nature of each classroom each class has designed a totem pole which recognises each member of the grade and what they value. This is part of



our You Can Do It program. Within each totem pole students have placed special messages stating what they would like to achieve in the year. These will be opened up later in the year to determine if these goals have been reached.

During May we have also held our annual Community Breakfast and Open Day as part of Education Week and we are accepting enrolments for 2009 prep students. Please feel welcome to see our school in operation and see the learning that happens both inside and outside the classroom.

I'm feeling sad again ! Could I be depressed?

Most people feel low at times. Feeling sad or unhappy is a normal reaction to experiences that are stressful, upsetting or difficult. This feeling might last for a few hours, a few days or even a week. However, when feelings of sadness are extreme, are experienced nearly every day and last longer than a couple of weeks, it is important to determine whether the problem is depression. Depression is a common but complicated condition, difficult to define, hard to describe with accuracy and not easy to treat.

How would I know?

- Signs of depression include: difficulty coping with school or work; feeling down, restless and irritable;
- loss of interest or pleasure in life; feeling guilty, bad or worthless; tiredness or lack of energy; sleeping problems.

What causes depression?

- Physical & Genetic causes such as lack of sleep, poor diet, hormonal problems, chemical imbalance
- Background causes such as unresolved childhood difficulties – abuse, rejection
- Learned helplessness in situations where people have no control to relieve suffering, reach a goal or bring change
- Negative thinking – this can be both a cause and an outcome of depression

- Life stress especially when these stresses involve the loss of something significant such as a person, an opportunity, a job, status, health, freedom, or possessions.

- Guilt that a person has failed or done something wrong can bring feelings of self-condemnation, frustration, hopelessness and other symptoms of depression.

How could I help a depressed person?

People with depression could benefit from the following:

- Support to get appropriate diagnosis & treatment from a doctor, counsellor or psychologist
- Someone to regularly talk to such as a counsellor or psychologist
- Environmental change such as reduced workloads and modified routines
- Connectedness to a charismatic adult who gives positive strength & consistency
- Encouragement to continue positive contact with others and the world regardless of feelings
- Emotional support giving understanding, patience, affection & encouragement
- Not being accused of faking the illness, of laziness or expecting them to snap out of it.



What can I do if I think I'm depressed?

If several of these symptoms are present it would be beneficial to seek help. Most people with depression get better with help and early detection. This usually includes finding someone to talk to about it, and sometimes requires medication as well. Let someone such as a spouse, parent, friend, counsellor or doctor know if you think you might be depressed.

What if I'm not sure?
For more information visit:
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www.beyondblue.org.au
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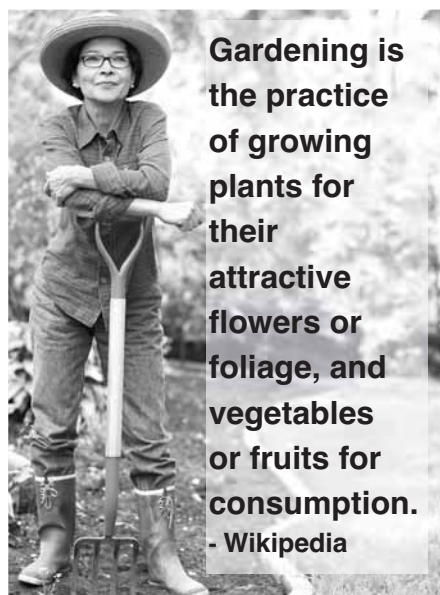
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from the garden gate



Gardening is the practice of growing plants for their attractive flowers or foliage, and vegetables or fruits for consumption.
- Wikipedia

In early April the club enjoyed a lovely trip to Werribee Rose Gardens. Even though it was late in the season there were still plenty of roses blooming. One that took everyone's breath away was an avenue of standard

Brass Band roses. Members who attended gained valuable knowledge from the numerous rose gardens volunteers. After a picnic in the park we visited a sensory garden where we touched, smelt and admired many plants. A good day was had by all.

Winters icy fingers have touched us this month with cold mornings but still mild days. Now is the time to plant a winter garden. With world food shortages pushing up supermarket prices, now is the time to grow your own fruit and vegetables. No room, you say! Try a potted garden. Fill large pots with good potting mix, best is better. Pop in some silverbeet, spinach, chinese broccoli, mini cauliflower, and even peas on a tripod. Leeks do well as does strawberries. Dwarf fruit trees are also prolific. Ballerina apples and Trixie peach and nectarine trees all do well in large pots. Lots of lemons are another good grower. Water crystals added to the soil will help with water restrictions.

Home grown fruit and vegetables have more flavour. They are better for you, as you know that if organically grown they are safe from toxic sprays. Herbs can be grown in pots and enjoyed all year round. With recent rains and extended watering times our gardens are starting to pick up. Bulbs are starting to poke their heads skywards. Use a liquid fertilizer to boost leaf growth and promote flowers. Now is the time to sharpen your secateurs and loppers in readiness for the winter pruning.

On cold winters days you can look through catalogues of bulbs, roses, fruit and veg and dream of the garden that could be. Colour still abounds though with geraniums, salvias and daisies brightening up our dreary winter days.

If you are interested in all aspects of gardening then come along to our garden club. Our speakers are varied and interesting. So far we have learnt about the wine industry, bugs and sex in the garden which was hilarious, and goat keeping. June will be a surprise speaker.

So come along.

Clifton Springs/Drysdale Garden Club meets Monday 16 June at 7.30pm Drysdale Uniting Church Hall.

Visitors and new members are made very welcome.

Enquiries Rae (03) 5251 2600 or Lorraine (03) 5251 1660

**Happy Gardening
Lorraine Wikman, President**

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The Lore of the Flight at the Drysdale Primary School

In term 2 the grade three's at Drysdale Primary School have been studying the topic of 'Flight'. To get the children inspired 'The Lore of the Flight Team' of Anne and Peter Mc Lean were invited to the school. Peter is an ex RAAF pilot and brings lots of experiences to share and a wonderful display of aircraft models.

On Tuesday it was Lore of the Flight day. Mrs McLean showed us the fastest plane in the world. The best thing was the balloon spinner.

Damon Salt 3D

Peter Mac had heaps of cool model planes. He even gave us helicopter things. The best bit was the rubber band planes. It was cool.

Mitch O'Hara 3D

We had Lore of the Flight it was superb. I learnt a lot of things about planes. My favourite plane was the blackbird. Peter made little planes made out of balsa.

Liam O'Dowd 3C

The children participate in lots of experiments which demonstrate the principles of flight.

An excursion to Point Cook where they will enjoy an interactive flight with a pilot qualified to fly one of their historic 'Airbirds', will conclude their study.



They made lots of wooden planes. He made a Coke plane that when he flew it came back to him. He made a weird plane that went high in the air and in the air it did flips.

Ryan Dunne 3D

Yesterday Peter and Anne came to Drysdale Primary School. They taught us about flying. That is why they are called 'The Lore of Flight'. Some people got to go out the front of all the grade three's and hold a plane. Peter was funny and told us stories that were true about him and his brother.

Cope 3D

Peter made two Coca Cola planes that were amazing. He made a propeller with a balloon attached to it. He gave the grade three's a propeller.

Lloyd Vella 3C

Yesterday we had some experienced pilots come to our school and teach us about flying. Peter taught us about small, fast, slow and big planes.

Dale Perkins 3C

We saw a propeller which was powered by rubber bands. He had a model plane of the Wright brother's plane and helicopters that he gave us.

Brandon Argent 3D



Drysdale POLICE BEAT

On behalf of your local police at Drysdale, we hope that you all enjoyed and celebrated a great ANZAC Day and paid tribute to all the Armed Forces personnel who sacrificed their lives over many conflicts for their country. 'Lest We Forget'

The town has recently experienced an increase in youth behavioural problems, in a number of local areas. These behaviours can be attributed to a number of reasons, but the main ones seem to be alcohol and parties. All residents that are considering hosting a youth party are advised to make contact with the local police station to discuss ways of ensuring the party runs and operates smoothly and safely.

Groups of youths are congregating in and around the central rotunda area of the shopping centre. While the majority of youths that meet there behave themselves in a responsible manner, there are a few who gathered at the rotunda for anti-social behaviour. Police would encourage residents to contact police if they see such activity taking place.

Local Police have observed a great number of people riding their bicycles in and around the town without wearing helmets. This is an extremely unsafe practice, as well as carrying a considerable fine. Police would strongly encourage all riders to wear correctly fitted and adjusted bicycle helmets when riding.

There are a number of unclaimed property items at the station, which have been located in and around the town. If you think you might have lost one of the items below, or know of someone who may have lost it, please make contact with the police station - Stone Ornaments, Garden Gnomes, Girls Mountain Bike, Sunglasses and a Mobile Phone.

Handy Hints

Here are some tips to manage your phone and messages before you go on holidays:

- Divert your home phone to your mobile or lower the volume on your phone
- On your answering machine say - **'We can't come to the phone right now'** rather than 'I'm on holidays and will be back on...'
- If you live alone, say **'We can't come to the phone right now'** rather than 'I can't come to the phone right now'.

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Clifton Springs Playgroup

Clifton Springs Playgroup has started the year off busier than ever. Our membership has been increasing with lots of new Mums and bubs joining our Babies Only Session on Wednesday afternoons.

We are running sessions every week day this year so there's flexibility for everyone.

Our playgroup caters for children up to 5 years. We have plenty of toys and activities to keep young minds occupied! Most of our sessions run for an hour and a half. With our unique membership of \$25 a term each family can enjoy coming to playgroup as often as they like – every day if they so wish!

Our fundraising efforts for 2008 will again include a Twilight Market towards the end of the year which we hope to get lots of Community Support for. It will again focus on Party Plan Operators displaying their wares with some items up for purchase on the night. Let's hope the weather is not icy and cold like last year so more people can enjoy the evening.

We are located at the top of the Dell in the Community Rooms based at Clifton

Springs Golf Club. With this fabulous view we would love to include an outside play area. We've been busy petitioning local council for a new playground to be built at the top of the Dell.

This has been a lengthy process for more than a year now. The playground is

Let your
kids play
by the
bay.

intended for everyone in our community to enjoy, not just our playgroup. Petitions around the local community last year showed there is a lot of support for this playground to go ahead. We hope our hard work will reap

results soon! Our thanks continue to go to the Dell Foreshore Committee for all their ongoing support regarding this proposal.

Remember that Playgroup is a great way to meet new friends and catch up with old friends while letting your children learn through play. Playgroup is open to Mums, Dads, Grandparents and Carers.

So if you're not involved in one, now's your chance!

To find out more about our playgroup sessions please contact our Vice President on (03) 5253 2804.

Clifton Springs Kindergarten



It's been an active, rewarding May for the children at Clifton Springs Kinder. On top of our regular days of play and learning, the three year olds and four year olds have enjoyed several 'special events' designed to build their understanding of the world and people around them.

On May 8 and 9, Mums, Grandmums and Aunties were invited to Kinder to celebrate Mothers Day with their children. This is an important day on everyone's calendar – the day we all get to thank our Mums for the love and care they've shown us over the year. And at Clifton Springs Kinder we celebrated the day with hand made presents and a morning tea. Thanks Mum!

On May 15, we had even more visitors at Kinder. This time, the three year old group brought along their favourite teddies for a special Teddy Bear's Picnic. The children had a great time with their favourite little friends as we enjoyed special teddy bear games, activities, dancing and a teddy bear story. And, of course, what would a teddy bear's picnic be like without teddy bear food! The next day, our four year olds took a very special trip to the children's ward at Geelong Hospital. This important day trip gave our children an insight into life in the children's ward, while making the prospect of a trip to the hospital less threatening for them. While there, the children got to tour the children's ward, have a look inside an ambulance and hear from a trained nurse, who explained what happens when you come to hospital. And, to keep the teddy bear theme going, the children even got to X-Ray a teddy bear to see what was inside.

For the rest of this term we'll be providing lots of activities designed to help the children develop their concentration and listening skills. We'll be focusing on helping the children play longer at activities and encouraging more meaningful involvement in their play. We'll also be focusing on listing skills – specifically on their ability to stop, look and listen when their name has been called.

Jo Aspland
5253 3137 or 0438 055 679

Drysdale Football Netball Club

This year the Drysdale Football Netball club is holding a Dinner Dance Auction on Saturday 28th June at the Geelong Football Club and everyone is invited. If you missed out on the last one we held back in 1999 (that everyone's still talking about) make sure you reserve yourself a place at this one! It will be a night to be remembered with a live local band, comedian and your chance to witness attempts to break TWO WORLD RECORDS! We would like to send out a huge thank you to all our members and the local businesses who have been so kind in donating so many fantastic goods and services which we will be auctioning on the night.

For all enquiries or if you have a business and would like to donate any items please contact Janine O'Connor on 5251 3828 or 0412 513 820.

After round five our A grade side remains undefeated sitting on top of the Rohm and Haas ladder with a huge win over the Geelong Amateurs (last years premiers)

55 to 36. B Grade are third; C grade are sixth and D grade are third.

Our junior sides have had varying results but have all been training hard and improving their skills every week. After round five their ladder positions are:-

19 & Under – 1st, 17 & Under – 9th, 15 & Under sect1. – 1st and 10th, 15 & Under sect 2. – 2nd, 13 & Under sect1. – 4th, 13 & Under sect2. – 3rd, 11 & Under – no ladder. Our 11 & Under and our two 13 & Under teams at Peninsula Netball Assoc. are also improving greatly and combining well with each new week.

Congratulations to the DFNC girls who represented the BDNA at Waverley on the first weekend in May. 17 & U sect 1. coached by Drysdale's Sharon Wilson won the tournament, 15 & U sect 1. won, 13 & U sect 1. were runners up and 13 & U sect 2. won.

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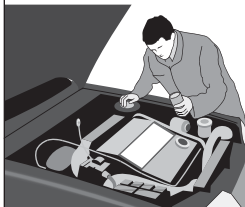
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