

# The SpringDale Messenger

ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc.



## Fun, Food and Friendship for the 'Filipino Evening' at SpringDale



*What is the difference between Philippines and Filipino?*

One is the country the other the people.

Would you like to know more? Why not join us at SpringDale Neighbourhood Centre for our international Filipino evening. The Filipino Australian Friendship Dancers will combine with the Silayan Dance Academy to demonstrate their cultural dancing. So come along, kick up your heels (literally) and cook up a storm or at least sample the cuisine. You can test your skills at the traditional dancing, especially the most famous Tinikling dance. This originated on the Leyte Island and stems from the long legged "tickling bird" which the farmers tried to catch in the rice paddy fields.

This is more commonly known as the stick dance where the dancer jumps in and out of

rapidly clapped bamboo poles. The trick is not to get your ankles in the way. Recently some members of SpringDale had the pleasure of watching these skilled dancers perform many of their dances, but the Tinikling was amazing.

The evening will incorporate Fun, Food and Friendship and we really look forward to sharing the evening with you on **Saturday, 16 August at 7pm at SpringDale Neighbourhood Centre.**

**Cost \$10 adults and \$5 for children.**  
**For tickets or further information please phone SpringDale on (03) 5253 1960.**  
*Wendy Thorn*

*So far we have showcased Japanese, Italian and next is our Filipino night.*

*Can you help us with other countries culture?*



## Term 3 Course & Opportunity Guide 2008 UPDATE PAGE 5

**What's your favourite section of the Messenger?**

**What other interests would you like to read about?**

**Phone, email or come and have a coffee and share your ideas.**

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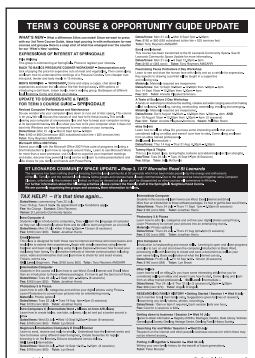
**Contact**  
Wayne, Lisa, Bev,  
Sandra, Rhianon & Kate  
**(03) 5251 1624**

**Drysdale Village  
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**THRIFTY-LINK  
HARDWARE**

**The Arcade  
High Street  
DRYSDALE 3222  
(03) 5251 3267**

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### Deadlines for August 2008 Issue Copy 2 July 2008

Distribution **Saturday 22 July 2008**

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**Distributed throughout** Drysdale, Clifton Springs, Portarlinton, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula and on our website worldwide.

#### SpringDale Neighbourhood Centre

Opening Hours **Monday to Friday 9am - 3.30pm**  
during school terms and by appointment.

Compiled & published by the  
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**PO Box 80 Drysdale**

#### The SpringDale Messenger

Designed by **Lyn Ingles - blue pencil publishing**

All contributors are asked to provide their articles on disc,  
Microsoft Word document or email it for ease of processing.  
Contributors are still accepted as written copy but need to be  
submitted in the week prior to our copy deadline.

#### Editing of Contributors Material

Contributors should note that the right to modify submitted  
articles is retained by The SpringDale Messenger.

#### Views

Views expressed in this newsletter are not necessarily  
the views of the publisher, the SpringDale Neighbourhood Centre Inc.

## Community Calendar

**SpringDale Community Calendar** is a  
**SpringDale Neighbourhood Centre** initiative  
to support the whole community.

The calendar is an 'easy to see list' of **happenings** in our  
area. To help you to plan an event, access our website  
[www.springdale.org.au](http://www.springdale.org.au) to view events.

If you wish to place your event in the **website, calendar** and  
further issues of **The SpringDale Messenger** please email,  
write or call the event details to our office.

## July 2008

- 8 CWA Drysdale meeting 1pm**  
**CS Golf Club Community Rooms**
- 12 Trivia night CS Bowls Club 6.30pm**
- 13 'Kids out and about' Book Launch**  
**Geelong Showgrounds, 11am-2pm**
- 14 Term 3 begins**
- 14 C/S GLG58/59 NHW Winter Dinner 6.30pm**
- 22 CWA Drysdale meeting, 11am Craft Day,**  
**CS Golf Club community rooms**
- 23-26 Peninsula Players 'Murdered to Death'**
- 27 Portarlinton market 9am-2pm**

## August 2008

- 2 Weekend Plant Sale**  
**Geelong Botanic Gardens**
- 3 Bokashi Workshop 2-4pm**
- 8 Beijing Olympics start**
- 12 SpringDale Business Breakfast 7am**
- 16 Filipino night SpringDale 7pm**
- 24 Beijing Olympics finish**
- 31 Portarlinton Market 9am-2pm**

## Facilities @ the SpringDale Centre

- Personal use of Computers
- Internet Access • Photocopying • Faxing
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- Reasonable Rates
- Concession Rates for Members

The  
**SpringDale  
Messenger**





# news

from

The SpringDale Neighbourhood Centre

Anne Brackley  
centre coordinator

## Hi everyone

Wow – if you haven't been to SpringDale for a while you'll be surprised. The Hall kitchen has been completely renovated. There are now servery windows into the foyer. We now have a coffee machine and so the coffee making courses are about to start.

The demonstration kitchen has a new deep sink for all our pots and pans used in creating culinary delights. The facilities in Occasional Care play space have been renovated and we would love to loan out the playground in the future for families that have children with a disability.

Our Community Notice board near Thriftlylink has been recently replaced with a well crafted notice board which is easy to open and looks very special. Sincere thanks to John Brumley for his expertise and for his off sider who helped install it.

We held a very successful Biggest Morning Tea organized by Rayna McKeon and raised over \$300 for The Cancer Council. We were addressed by Pat Norman and everyone looks forward to a bigger better event next year.

The new Welcome Kit has been launched and is now readily available at the Real Estate Agents and SpringDale to

welcome and inform new residents. The kit contains information designed to help new residents to become part of our community.

Hopefully our new signs for SpringDale are on the way. We hope to have an event sign out the front to display up coming events, signs to inform about room locations and signs which will display the names of groups that meet at SpringDale.

The SpringDale website continues to be updated regularly so each week it might be worth a look to see if something special has cropped up that you might like to know about. Maybe you'd like to be on an email list to notify you each time it changes. Just send us your email address to [office@springdale.org.au](mailto:office@springdale.org.au)

SpringDale is going greener. We have joined the Grow me the Money campaign and Waste Wise Geelong. Our first challenge is to reduce our garbage and to reduce our paper usage by 20%. We'll keep you informed of our progress.

Please remember all suggestions are welcome at SpringDale. Looking forward to seeing you soon.

**Regards Anne Brackley  
for the SpringDale team**

## SPRINGDALE BUSINESS BREAKFAST

If you would like a scrumptious breakfast with all the trimmings, SpringDale Neighbourhood Centre invites you and your business to come along to a BUSINESS BREAKFAST to meet other business owners in the area on **Tuesday, 12 August, 2008** at **7am** in the **SpringDale Community Hall**. The cost is **\$8**.

**If you are interested in attending, this event, please ring SpringDale on (03) 5253 1960 to make your reservation.**

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What's Happening?  
@ The SpringDale Centre

## It's tax time again at SpringDale and we are here to help with – **TAX HELP**

**Tax Help** is a network of community volunteers who provide a free and confidential service to help people complete their tax returns at tax time. These volunteers are people from the community who give up their time each year. They are not Tax Office staff, but they receive training and support from the Tax Office.

The service is **FREE** and available to people on low incomes, retirees, pensioners and students. There are set upper income thresholds to qualify for tax help.

**Please ring SpringDale on (03) 5253 1960 for more details or to make an appointment.**

### WHO? WHAT? & WHERE?

Clifton Springs GLG 58 & 59  
Neighbourhood Watch

**Fundraising Trivia Night  
Saturday, 12 July 2008**

**Clifton Springs  
Bowls Club,  
6.30 for 7 pm.**

Lots of prizes! Why not make up a team (8 members max)

Nibbles and tea/coffee & slices provided.

Drinks from the Bar  
Raffle & Fun Auction  
Tickets \$10 each / \$75 for 8  
**PHONE: (03) 5253 2717**

**ADVANCED BOOKINGS ESSENTIAL**

## Police Summons?

Come in for a *free* chat

**RISTEVSKI**  
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**1 High St., Drysdale  
(old Post Office) Ph: 5251 3453**

## From Lisa Neville's desk



### GO FOR YOUR LIFE!

Congratulations to Clifton Springs Primary School on receiving a \$6000 grant under the Healthy Start in Schools Grants program. This scheme aims to promote healthy lifestyles and physical activity that assists students develop and maintain

their health and well-being. I understand that the grant will be used for equipment for the canteen, sport and P.E. kits and portable football goals. Other schools on the Bellarine which received funding are Leopold Primary School, Newcomb Park Primary School and Ocean Grove Primary School.

### HERITAGE GRANTS

Readers of the SpringDale Messenger may be interested in the Victoria's Heritage: Strengthening Our Communities Grants program which is part of the Victorian Government's 4 year heritage strategy being implemented by Heritage Victoria. Under this scheme, local communities are able to apply for grants to help them conserve, manage and interpret Victoria's heritage, and areas like Drysdale have much history to be preserved and showcased for future generations. Applications close on Thursday, 24th July and can be accessed on [www.heritage.vic.gov.au](http://www.heritage.vic.gov.au). For more information, please contact my office on (03) 5248 3462.

### CFA VOLUNTEER WELFARE FUND

We know that SpringDale Messenger readers appreciate the wonderful job done by CFA volunteers, across the Bellarine Peninsula and throughout Victoria. We're delighted to report that, in acknowledgement of their service, the Government is establishing a \$2 million Welfare Fund to support volunteers across the State.

In the past there has been a fund which covered urban brigade volunteers only, and this new funding will ensure that rural brigades will also be covered.

This is a very positive development that recognises the highly valued contribution the CFA makes to our community.

### MENTAL HEALTH CONSULTATION

In my role as Minister for Mental Health, I recently called for community input on a plan for a new approach to mental health in Victoria. The consultation paper summary *Because mental health matters: A new focus for mental health in Victoria*. The paper talks about the importance of services for young people and an approach to treating mental illness based on prevention and early intervention that will pay dividends in the long term.

Many people in our local community have talked to me about depression and mental illness and so I encourage any of you who are interested to be part of the consultation process. Copies of the consultation paper are available by ringing 9096 0477, or the electorate office on (03) 5248 3462, or online at [mhreformstrategy@dhs.vic.gov.au](mailto:mhreformstrategy@dhs.vic.gov.au).

### CHRONIC WOUND CARE PLAN

As the Minister for Senior Victorians I was delighted to announce last week that older Barwon and South Western residents will receive improved wound management thanks to an \$874,000 Victorian Government grant. Improving wound management is the focus of a range of initiatives to add to the comfort, care and safety of older citizens. Complications from chronic wounds are a significant cause of public hospital admissions and a big worry for older people because as we age, wounds get harder to heal. This new program will assist both staff and older people with the care and treatment of wounds through training and equipment.

**As always, please do not hesitate to contact my office on 5248 3462 if there are any issues with which we can be of assistance.**


Until next time,  
Hon Lisa Neville MP Member for Bellarine

### Letter to the editor

Dear Editor,

In your last issue, the report by Drysdale Police Beat was most interesting. On a number of occasions I have seen cyclists not wearing a helmet and am very upset as they could be seriously injured or killed. Victorian cyclists are required by law to wear a helmet whilst riding on the roads, bicycle paths, footpaths, recreational parks and car parks. The helmet is to the cyclist, what the seat belt is to the motorist.

Claire Jones  
Clifton Springs



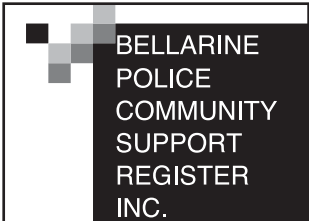
**POLICE  
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**NEIGHBOURHOOD  
WATCH INFORMATION**

**GLG 58,59 - Mark Cline**  
C/Springs Bowls Club  
Clifton Springs  
**(03) 5253 2717**  
2nd Monday • 7.00pm

---

**GLG 68 - Doug Palmer**  
SpringDale, Drysdale  
**(03) 5251 2522**  
4th Monday • 2pm



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## Home Loan Lender of the Year?

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Money magazine's Home Loan Lender of the Year 2005, 2006 and 2007. Personal Investor magazine's Home Lender of the Year 1999-2002, 2004 and 2005. Many of ANZ's Home Loans were awarded CANNEX mortgage star ratings in 2007. All applications for credit are subject to ANZ's normal lending criteria. Terms and conditions available on application. Fees and charges apply. Ask us for details. Australia and New Zealand Banking Group Limited (ANZ) ABN 11 005 357 522. MBSAATCHI ANZ4463/5/S ANZ016992

# TERM 3 COURSE & OPPORTUNITY GUIDE UPDATE

**WHAT'S NEW** - What a difference 24hrs can make! Since we went to press with our 3rd Term Course Guide, ideas kept pouring in with enthusiasm for new courses and groups. Here is a snap shot of what has emerged over the counter for our 'What's New' update.

## EXPRESSIONS OF INTEREST AT SPRINGDALE

Phone Springdale (03) 5253 1960

### Pole Walking

This group is commencing at Springdale. Phone to register your interest.

### BACK TO BASICS PRESSURE COOKER WORKSHOP – *Demonstration only*

Tired of paying the price for expensive cuts of meat and vegetables. Then come along and learn how to understand the workings of a Pressure Cooker. Turn cheaper cuts into quick, tender and tasty meals in 15 minutes.

**LADIES IN APRONS** How about a "Women's Kitchen? Come on girls, don't let the side down. Share your recipes and have a great time as well. We can't let the lads out cook us". If you would like to be part of the action in this new concept group, join in the great Springdale cook up. Everyone most welcome.

**MEN'S MORNING – WORKSHOP.** Come and enjoy a cuppa, chat about life experiences and even the tale about 'the fish that got away'. With options of introducing a dart team, indoor bowls, men's walking group, Barbeques at different local locations. Come and share your ideas.

### Digital Photography Doctor

Confused by all the settings on your new digital camera?

Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperture, different file formats, downloading images, red eye reduction and lighting techniques.

**Tutor:** George Stawicki

## UPDATE TO COURSES/DATE & TIMES

### FOR TERM 3 COURSE GUIDE – SPRINGDALE

#### Revised Computer Performance and Maintenance

**Dates/times:** Mon 21 July – Mon 8 Sept 4pm – 6.30pm **NEW TIME**

**Fee:** \$160 or \$80 Concession (\$55 subsidised tuition fee + \$25 services fee)

**Tutor:** Tony Reymers AMGARR



### Microsoft Office 2007/Vista

**Dates/times:** Mon 21 July – Mon 8 Sept 7pm – 9.30pm **NEW TIME**

**Fee:** \$160 or \$80 (\$55 subsidised tuition fee + \$25 services fee)

**Tutor:** Tony Reymers AMGARR



### Email and Internet

This course has been transferred to the St Leonards Community Space. See St Leonards Community Space Update for more information.

**Dates/times:** Mon 21 July – 8 Sept 12.30pm – 3pm

**Fee:** \$160 or (\$63 conc) **Tutor:** Tony Reymers AMGARR



### Fascinating Faces Portraiture 2 Day Workshop

**Materials:** Materials required are inexpensive

**Dates/times:** Sat 13 Sept 10.30am – 12.30pm then 1.30pm – 4pm **NEW TIME**

Sun 14 Sept 10am – 12.30pm then 1.30pm – 4pm

**Fee:** \$90 **Tutor:** Annette Playsted Simmons

### A Taste of Sculpture 2 Day Workshop

**Materials:** Materials required are inexpensive.

**Dates/times:** Sat 9 August 10.30am – 12.30pm then 1.30pm – 4pm **NEW TIME**

**AND** Sun 10 August 10am – 12.30pm then 1.30pm – 4pm (2 sessions)

**Fee:** \$90 **Tutor:** Annette Playsted-Simmons **Room:** Hall/Rec Room

### ebay Sellers

Learn how to sell on eBay. Come along and learn from an eBay trained professional.

**Skill Level:** Intermediate +

**Dates/times:** Thur 14 Aug – Thur 21 Aug 6.30pm – 9.30pm

**Fee:** \$80 **Tutor:** Angelo D'Angelo



### Tummy Hips & Thighs

This is a low impact class, toning thighs, buttocks and abdominal pelvic floor strengths.

**Date/Time:** Tues 29 July – Tues 16 Sept 6-7pm (8 Sessions)

**Fee:** \$80 **Tutor:** Sally McDonald

## ST LEONARDS COMMUNITY SPACE UPDATE - Shop 3, 1377 Murradoc Road St Leonards

The response has been nothing short of amazing from the local community at St Leonards which has been made possible by the energy and enthusiasm of Neville, Terrielyn and the wonderful volunteers. Some groups and courses have already commenced. Due to the demand we have put together extra Computer Classes, unfortunately the numbers are limited, so if you've missed out please don't be disappointed as other courses will commence in 4th term.

**For further information about the following activities please contact the friendly staff at the Springdale Neighbourhood Centre.**

**We are currently organising the groups and courses. More information to follow.**

## TAX HELP! – It's that time again...

**Dates/times:** commencing Tues 22 July,

Tues 19 Aug, Tues 9 Sept. By appointment only. Conditions apply.

**Fee:** No Charge **Contact:** Chris Reymers

**Venue:** St Leonards Community Space

### Intro Computer A

Students will be introduced to computers. They will learn the language of computer so they can talk knowingly about them and be able to start using them as a fun tool.

**Dates/times:** Mon 21 July - Mon 8 Sep 9.30pm – 12noon (8 sessions)

**Fee:** \$160 (conc \$63) **Tutor:** Jonathan Harris



### Email/Internet

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including video, video and interactive chat and learn how to check for and avoid viruses, Trojans, worms etc.

**Skill Level:** Beginners **Fee:** \$160 (conc \$63) **Tutor:** Tony Reymers AMGARR



### Intermediate Computer

Students in this course will learn how to use Word, Excel, Internet and Email. More than an introduction to these software packages, it's how to get the best out of them.

**Dates/times:** Tues 22 July – 9 Sept 1pm – 3.30pm. (8 sessions)

**Fee:** \$160 (conc \$63) **Tutor:** Jonathan Harris



### Photostory 3 & Picasa

Learn how to edit, file, categorise and archive your digital photos using Picasa.

Learn Photostory to convert your pictures into an entertaining movie.

**Materials:** Photos optional

**Dates/times:** Tues 22 July – Tues 19 Aug 4pm- 6pm (5 sessions)

**Fee:** \$120 (conc \$60) **Tutor:** Jonathan Harris



### Intro Computers C (Intermediate Word - follows on from A/B class)

Learn how to create tables, use tabs, columns, clip art and put a border around a letter.

**Dates/times:** Wed 23 July – Wed 10 Sept 9.30am-12noon (8 sessions)

**Fee:** \$160 (conc \$63) **Tutor:** Lyn Brook



### Beginners Introduction Computers E Email/Internet

Learn to send, receive and reply to emails. Understand how the Internet works and how to browse using different search engines. Create favourites for regular browsing in on the Internet. Discuss broadband versus dialup.

**Skill Level:** Intermediate

**Dates/times:** Wed 23 July – Wed 10 Sept 12.45 – 3.15pm (8 sessions)

**Fee:** \$160 (conc \$63) **Tutor:** Lyn Brook



### Intermediate Computer

Students in this course will learn how to use Word, Excel, Internet and Email.

More than an introduction to these software packages, it's how to get the best out of them.

**Dates/times:** Thurs 24 July – Thurs 11 Sept 1pm – 3.30pm (8 sessions)

**Fee:** \$160 (conc \$63) **Tutor:** Jonathan Harris



### Photostory 3 & Picasa

Learn how to edit, file, categorise and archive your digital photos using Picasa.

Learn Photostory to convert your pictures into an entertaining movie.

**Materials:** Photos optional

**Dates/times:** Thurs 24 July – Thurs 21 Aug 4pm-6pm (5 sessions)

**Fee:** \$120 (conc \$60) **Tutor:** Jonathan Harris



### Intro Computer A

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do.

**Dates/times:** Fri 25 July – Fri 12 Sep 9.30 – 12noon (8 sessions)

**Fee:** \$160 (conc \$63) **Tutor:** Lyn Brook



### eBay Sellers

Learn how to sell on eBay. Do you have some interesting article that you've considered selling on eBay and weren't sure how to start. Come along and learn from an eBay trained professional. **Skill Level:** Intermediate +

**Dates/times:** Thur 24 July & Thur 31 July (2 sessions) 6.30pm – 9.30pm

**Fee:** \$80 (conc \$72) **Tutor:** Angelo D'Angelo



### RESEARCHING FAMILY HISTORY - Getting Started / Session 1 – Wed 9 July

Each member to tell their family story. Suggestions given for lines of research.

Please bring any family stories, photos, recordings.

**Dates/times:** 10am or 6pm if required. Each session lasts one hour.

**Fee:** Cost for 4 sessions is \$20.

### Getting down to business – Session 2 – Wed 16 July

Places to obtain information – Registry of Births, Marriages, Deaths, State Library, Victorian Genealogical Society, Geelong Heritage Centre, Geelong Family History Society.

### Searching Far and Wide – Session 3 – Wed 23 July

Research on the internet and other possible overseas sources for which there may not be internet access.

### Putting it all together – Session 4 – Wed 30 July

Writing your own family history for the benefit of future generations.

**Tutor:** Peter Munster



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 Phone: **(03) 5224 1133** Facsimile: **(03) 5201 1222**  
 Drysdale Office: **11 Clifton Springs Road, Drysdale**  
**www.scc.net.au**

## Seachange Shed St. Leonards UPDATE

Now that our funding of \$150,000 and land is assured we are moving into the final stages of planning and building. We are planning a huge workshop 24 X 12 meters, fully equipped for woodwork and other crafts. There is a comfortable meeting room, kitchen and BBQ for fellowship and other activities.

Our community garden will mean that we can grow vegetables and plants for sale, along with products for sale made in the workshop. This will help our funding of the project long term.

### Our current needs are

- Wanted volunteers to help with building & grounds

- Wanted gardeners to develop our community garden
- Wanted Registered Tradesmen to help with building
- Wanted donations of Workshop Tools/equipment (we will collect)
- Wanted Finance for equipment and furniture etc

### If you are interested in becoming involved please contact:

**Mal Carlson** (03) 5257 1479  
**Evan Sutton** (03) 5257 1319  
**Denis Plant** (03) 5257 3313  
**Email: seachange@inbox.com**



Denis Plant speaking at the Launch at the Springdale Centre of the 'Men's Shed' for St Leonards.



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# Riding for the Disabled



**Riding for the Disabled** Barwon Centre is part of an Australian wide volunteer, not for profit organization providing horse riding and associated activities for people with disabilities. Barwon Centre is situated at Wallington on the outskirts of Geelong and provides horse riding experience for 42 children, with 30 wonderful volunteers assisting in the experience. It has been operating for 30 years and has helped hundreds of children and young adults to enjoy an improved quality of life resulting from these activities.

Trained riding coaches take the sessions helped by other volunteers. Some of our coaches have been with the centre since its inception and we are extremely grateful for their dedication. People from all walks of life are volunteers with us and it is not necessary to have experience with horses.

If you feel that you can contribute to the happiness and wellbeing of a child with a disability, please call Hon. Secretary, **Genni Briese on (03) 5250 4271 for more information.**

## Mahjong



Do you want to play with Dragons, Bamboos, Flowers and Circles? We would welcome new players to join our friendly group at SpringDale.

Mahjong is not difficult to learn, although it requires concentration. It is great for keeping the brain active, a lot of fun and highly addictive.

**Wednesdays 10–12noon**

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## Today I did something for the good of my community.

### I did all my banking.

Whether revitalising our shopping strip, directing profits to community projects or supporting schools, charities and sporting clubs, Drysdale branch is proving that many hands make light work.

And just by doing something as simple as your banking, you'll be helping to build an even better Drysdale & districts.

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Monday to Friday 9am - 5pm, and Saturday from 9am to 12 noon.

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# How can I help?

## Separation and divorce?

Separation and divorce do not only affect the adults in the family, but the children as well. When adults are experiencing their own pain and adjustment to the separation or divorce, it is possible for them to be unaware of their children's pain and emotional needs.

## How might my separation or divorce affect my child?

Effects on the children may include:

- stress-related physical illness
- guilt – the children may consciously or unconsciously take the blame for the marriage break-up
- anxiety and depression
- frequent bargaining that things will return to what they were - fantasy, unreality
- low self-esteem and indifference to others
- confusion – emotional, identity, gender
- father hunger (Absent Father Syndrome)
- grandparent confusion and lack
- resentment and hatred or love/hate for one or both parents
- schoolwork is affected – general performance is much less than average, 70% are more likely to repeat a grade or be expelled, they are less likely to graduate satisfactorily from High Schoolwork
- promiscuity (especially with girls) drug and alcohol experimentation is higher, and addiction also many leave home early
- delinquency and crime is much higher they are more likely to become divorced themselves



- more likely to have problems with trust, intimacy and sexuality

## What might my child be feeling or thinking?

Many thoughts may go through children's minds following the divorce or separation of their parents. Typical ones are:

- "It must be because I'm bad"
- "I want everything like it was before"
- "Nobody loves me any more"
- "I'm no good"
- "I'm nobody"

Feelings may include sadness, guilt, anxiety, relief, fear, depression, anger, broken-heartedness, isolation and powerlessness.

## What can I do to help my child through this?

Be open to talk and listen to them. Remember that every feeling you face they do also, perhaps even more so because they are powerless in the situation. Recovery from divorce largely involves facing reality, learning to forgive, and restructuring one's life. It will involve helping the child to work through many or all of the following:

- ~ the stages of loss – shock, numbness, denial, emotional outbursts, bargaining, anger, fear, panic, guilt, depression, isolation, acceptance, new strengths, new relationships, new patterns, helping others, adjustment
- ~ dealing with resentment & working through forgiveness
- ~ learning how to tell others what they are going through
- ~ accepting changes in their relationships & building relationships in a new way

**Gayle Hogendoorn**  
Coordinator / Counsellor  
Drysdale Family Support  
Counselling Centre

## Drysdale Senior Citizens Club

We don't know if anyone has noticed but the club has had a new coat of paint on the outside, so everything is looking bright and clean. Inside is always warm and friendly so come up and have a look and have a cup of tea with us.

Monday July 7th is Bingo day with our trading table and afternoon tea, everyone is welcome. The prizes are not big, but we have fun.

Monday July 14th we have our A.G.M. at 1pm. We need all members to attend, and we would like some new committee members.

Tuesday 22nd July we are having a trip to Corio Village to do some shopping then lunch at one of the clubs. \$7.50 for the bus and buy your own lunch.

A few of our members have been in hospital so we hope it won't be long before they are fit and well. We all send our good wishes.

**Esther & Mary**

## Combined Probus Club Clifton Springs/Drysdale

Memberships are available for both couples and singles. New members, guests and visitors are most welcome. Meetings are held on the second Monday of each month at the Clifton Springs Golf Club, members room starting at 10am.

Our next meeting is on Monday, 14 July. The guest speaker will be Taylor Rettke who will talk about his music scholarship to Geelong Grammar and his experience at the Timbertop Campus. As an added bonus he will be playing some keyboard jazz. After the meeting we will be celebrating our 8th birthday with an anniversary lunch at the Clifton Springs Golf Club.

**For further information please contact Brian on (03) 5253 1448**

## Funeral Information Options & Advice

Long time Bellarine Peninsula resident and Funeral Director, Helen Trigg, can help with all your funeral inquiries and options. As Helen says, "we specialise in the different. The impossible takes a bit longer." For obligation free advice call Helen for an appointment on 5221 4788



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Wedding Dress  
This beautiful pre-loved ivory wedding dress, size 12, with a separate bodice, ribbon back ties, skirt veil and shawl, is available for \$100 to some lucky person. For further information phone Springdale on (03) 5253 1960.

# SPRINGDALE BUSINESS NETWORK

I love it when passionate, community minded people get together and share their dreams and aspirations for their lives, their businesses and their community. Swimming pools, community fitness centres, a local hospital and a restaurant overlooking the Dell.

These are just a few of the inspiring ideas that were put forward during a brainstorming session at our May Business Network Breakfast.

As our guest speaker Janet Schultz encouraged us, we heard from bankers, real estate and travel agents, school teachers, accountants and bookkeepers, tradesmen, and many other small business owners and community leaders. As each group shared their vision, our picture of the Drysdale/Clifton Springs and greater Bellarine area became more and more exciting. In five or ten years time we could see a vibrant, growing, well-planned community caring for all ages, providing resources for all of its socio-economic groups and offering an ever expanding retail and business sector.

As we discovered that morning, there is real power in sharing our dreams.

I loved Craig Taylor's dream of a community hospital in The Bellarine, and how many of us have wandered down to the Dell on a sunny winter's afternoon and thought, what a great place for a restaurant overlooking this beautiful bay.

There were some great conversations taking place as people prepared to leave, so I hope they will continue over the next weeks and months, and maybe even years, speaking these dreams into an ever closer reality. And if you've still got something percolating away inside of you, why not call into SpringDale one day and share your dreams over a cup of coffee. After all, our thriving SpringDale Neighbourhood Centre as we know it today with all of its services and activities, started with just a small group of passionate people sharing their dream for a caring community centre. As the saying goes, "Without a vision, the people will perish."

We look forward to seeing you at our next Business Network Breakfast on Tuesday 12th August, 2008 at 7am at SpringDale.

**Dianne Bennett**  
**Business Network Coordinator.**

## Four of a kind... and lots of fun



We watched Michael Byers from Portarlington and his four beautiful dogs Cas, Gemma, Cooper and Jay playing ball in the park near the Netball courts. They made a beautiful sight with their leaping and chasing the ball. They became an immediate delight for my grandson Ace James who had great fun throwing for them and clapping when they caught it and brought the ball right back to his feet.

## Delicious Guide Biscuits for sale...



Support a fantastic youth program by purchasing some Guide Biscuits. They taste great and support a terrific organization. All the funds raised from the sale of Guide Biscuits support Guide programs.

**Please telephone Anne Brackley at SpringDale on (03) 5253 1960 if you are interested in buying some delicious biscuits.**

### A FUN RECIPE USING THE GUIDES BISCUITS

Sandwich two or three mini marshmallows between **Chocolate Guide Biscuits**. Wrap in cling wrap.

Place the wrapped sandwich into small zip lock bag or oven bake bag. More than one sandwich can be placed in each bag. Place sealed bag into boiling water and leave until chocolate and marshmallows have melted (about 5 - 10 minutes)

Carefully remove bag from the boiling water, when opening the wrapped biscuit sandwich be carefully not to burn yourself.

### Position Available - Road Trauma Support Team Victoria.

**Position Available**  
A suitable person is required as a community educator in the following areas: Road Traffic Awareness Seminars, Youth Road Trauma Awareness Programme and School and Community Programmes. Employment is for 12 months with appropriate salary. Qualifications in community services, education or related fields are essential.

**Enquiries to Christine Harrison 9877 7922 or email [chris.harrison@rtstv.org.au](mailto:chris.harrison@rtstv.org.au)**



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## bellarine memories

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telling your story*

Philip Christian

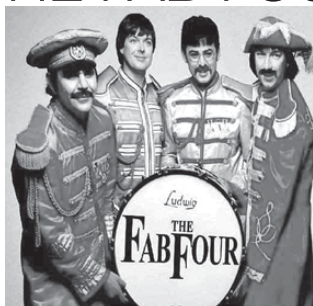
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**COMPETITION CLOSSES 3PM FRIDAY 18 JULY**

## Adrian Mannix Community Service Award 2008



Winner of the 'Adrian Mannix' Award Gerald Edgar and his wife Marguerite

What a great night we had on Wednesday 28th May. Good food, good conversation and a great reason to get together – the celebration of community service in our area. Gerald Edgar has been a generous contributor to our community since he and his wife moved here 22 years ago. I have been lucky enough to work with him personally at SpringDale. He is always well prepared and committed to the service that he is performing.

After much discussion and debate, about the way the Adrian Mannix Community Service Award is administered, the nomination guidelines were changed last year. The changes seem to have been successful. I'd like to outline them to help people work toward nominating other

special people in the community to enable us to have the greatest pool of experience to choose from.

Once someone is nominated their name joins a pool of names to be selected from. Each year they will have an opportunity to update their community service resume without re-nomination. The Nomination forms have just been reviewed again and so have the guidelines for nomination and I ask you to please pop into SpringDale or ring or email for a copy of these so you can start to think about all the people who are doing great things for our community in our community. Please have a think about the people you know and please nominate someone whose community service we should celebrate.

## Meet Stacey, your new Branch Manager

Stacy Klemm  
Branch Manager



My name is Stacey and I'm the new Branch Manager at the Drysdale branch.

The team at Drysdale branch can provide access to products and services you may need including :

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To arrange a no-obligation appointment or to discuss your financial needs, simply drop into our branch and speak to Stacey or one of our friendly staff, or call us on 03 5253 1203.

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## Ladies Probus of Bellarine Inc.

Bellarine Ladies Probus Club inducted two new members at our May meeting, and after morning tea, members enjoyed an excellent speaker from the Department of Justice, Community Affairs Victoria. Barbara took us through the pitfalls of door to door salesman, and nuisance telephone calls and advised one and all, if they have any concerns to contact her on (03) 5224 8072.

Probus information and workshop day conference, held in Geelong, was attended by 130 delegates from Geelong and district. The Bellarine ladies delegates enjoyed this day immensely.

## giggles



**Bellarine Mums & Bubs Well Being Group. (Playgroup)**  
**St. James Anglican Church Hall**  
**Collins Street, Drysdale.**  
**Every Wednesday at 10am**  
**(except school holidays)**  
**Phone: Kellie 0425 793 510**

Since our last meeting, members were very sorry to learn of the sudden passing of our member, Cecily Fricker. At the service held at Portarlington, family and friends, from many organisations, gathered to bid her farewell.

**If any ladies feel they would care to join us, contact me on (03) 5251 2403. We meet on the 3rd Monday of each month at the Clifton Springs Golf Club.**

**Pat Peel 5251 2403**

## Archibald Prize Exhibition at Bendigo

On Thursday, 5 June some members of SpringDale's Art classes and their tutor, Annette, joined with the Casual Art group of St. Leonards to view an exhibition at Bendigo Art Gallery where the paintings of the finalists and the winner of the 2008 Archibald Portrait Prize were on display.

Judging by the animated discussions in the bus, it was a very successful outing, and we are looking forward to future occasions where we could be in for more treats of the same kind. Thanks to Anne Brackley for her kind assistance, and to the volunteer bus driver.

**Laurel Wilkinson**

## Are you a Parent/Guardian of a 0-13year old living in GEELONG area?

*If you answered YES then this article is for you...*

'Kids out & about' is a NEW Geelong owned/ based Children's Information Guide.

'Kids out & about' is a full colour, annual guide that will be invaluable to every parent in Geelong. Topics featured include; Parties & Functions, Health & Safety, Pregnancy & Birth, Entertainment and Retail.

Each copy includes a 'Kids out & about' Savings Card, which is valid for the entire financial year listing over 50+ savings throughout Geelong.

'Kids out & about' also includes editorials, websites for Parents/Guardians & Children, Calender of Events, Market Listing and more...

**For further information contact Melissa – 0448 543 743 or log onto [www.kidsoutandabout.com.au](http://www.kidsoutandabout.com.au)**



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  - Entertainment
  - Parties & Functions
  - Calendar of Events
  - Editorials
  - Retail Outlets
  - Pregnancy & Birth
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**Melissa 0448 543 743**

[www.kidsoutandabout.com.au](http://www.kidsoutandabout.com.au)

## 'Kids out & about' BOOK LAUNCH

INVITATION TO THE GENERAL PUBLIC

**Where?** Geelong Showgrounds – Hall of Agriculture

**When?** Sunday 13 July

**Time?** 11am – 2pm

First 500 families through the gate will receive a FREE 'Kids out & about' goodie bag. 1 in 5 goodie bags will have a Beanie Kid inside!

**\$5.00 from every copy sold will be donated to our chosen charity.**

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[melissa@kidsoutandabout.com.au](mailto:melissa@kidsoutandabout.com.au)



Nicole Prestipino

## No doubting Dubai as a holiday destination



I recently had the chance to experience the amazing city of Dubai. It is an architect's dream with the amount of construction going on, and with all the excavation a light dust haze lingers above the city.

Dubai has some fascinating sights representing both the old and new, from the Al Fahidi Fort to the ultra modern Burj Al Arab Hotel at Jumeirah beach.

Families are well catered for with attractions such as the indoor ski slope at the Mall of the Emirates and the Wild Wadi waterpark. A must is the Sundowner Dune Dinner Safari. This tour leaves the busy city behind and transports you by four-wheel drive deep in to the heart of the desert. We enjoyed a thrilling ride over the sand dunes followed by an

Arabic dinner in Bedu tents, and then tried henna tattoo's and camel rides to complete a fantastic tour. The city is cheap to get around by taxi and shopping in the gold and spice souks is an interesting experience, and a complete contrast to glitzy shopping malls dotted all over the city.

If you are considering a trip to Europe, consider flying Emirates and experiencing the delights of Dubai on a stopover for a few days. Emirates are an award winning airline and offer flights via Dubai to many European cities and I can recommend both economy and business class after being fortunate enough to experience both. Add the city of merchants to your list of places to stop - you won't be disappointed.



## The Peninsula Probus Club

Retired and semi retired residents of the Bellarine Peninsula are invited to join the members of this club, and their wives, at the Geelong Football Club on Monday 4 August, at 9.30 am.

The Peninsula Probus Club is holding its monthly meeting in the Fred Flanagan Room at Kardinia Park, where the Guest Speaker will be Mr. Bob Gartland, the well-known Estate Agent and Director of the Geelong Football Club. His talk will be on the subject of Geelong – one on which he is well qualified to speak.

If you would like to join us for an interesting day, hear the latest footy and city news, have the opportunity to watch your favourite team training, and enjoy a two course lunch after the meeting, please contact the President of our Club, Mr. Barry Waller on (03) 5253 1688. Booking is essential. Cost for the day is \$20.00 which includes morning tea, two course lunch, all you want to know about Geelong, and (what more could you ask?) a chance to watch the players training!

So bring your wife, partner, friends and neighbours to this the August meeting and enjoy.

**R B Waller**  
**President**  
**Peninsular Probus**

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# A Cook's Tale

Sara Hussien Benn trained at the Ecole Ritz Escoffier in Paris and cooked authentic French food.  
For more information email: thestationbandb1@bigpond.com or call Sara & John Benn on (03) 5281 1667



Sara Hussien Benn

The sun goes – the rain comes and the Cook fills the larder with tins of golden syrup and jars of treacle. Emulating the warmth and the glow of hot Summer the sweet excites the mind and fills it with fables and tales of long ago. Songs sung around the hearth, the feet in slippers resting on the hob. All we need, thinks the Cook, is an old three legged – pot, its contents oozing and bubbling and singing an old song.

*"Tomorrow is my daughter's wedding day, a thousand pounds I have to give away. On second thoughts I think it best, to put it back in the old iron chest"*

The Cook chuckles at the old miser's ballad and turns back to stirring golden syrup into the stew of lamb shanks, onions and marrow scraped from the bones. The Cook serves the marrow bone baked, then sent to table wrapped in a napkin and sprinkled with pepper and salt. A side dish of wafer – thin hot toast accompanied this. Gertrude, the Cook's dog then carries off the bones. Following this indulgence into food in the Georgian period the Cook begins to prepare a Winter feast for an ancient French beaux – the affair, not the friend, giggles the Cook – Winter not Christmas, but he wants chestnut soup, oysters, turkey, and of course Buche de Noel. Whilst the Cook waits for the peeled chestnuts to boil energetically for 20 to 30 minutes she stuffs the turkey, to be served with pistachio sausages – nuts freshly shelled mixed with finely chopped coriander and pork shaped into logs then gently poached until shape holds. The Cook thinks how dull it all sounds when ready it makes the most delicious sausages. Shaking and moving the chestnuts the Cook considers the fun that fortune tellers have with their prophetic reading

of roasted chestnuts – the chestnut is named after a suitor – if 'he' jumps from the heat into your lap 'he' will pop the question – if 'he' pops in the fire and burns up love is lost for ever.

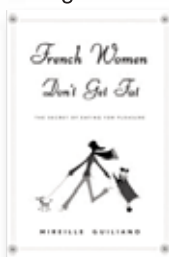
## CHESTNUT SOUP

Serves 4

### Ingredients

- 1 pound (500 grms) peeled chestnuts (jars of peeled chestnuts can be purchased at most fine grocery stores)**
- 2 to 3 cups beef or vegetable stock**
- 1/2 cup heavy cream**
- Salt and freshly ground pepper**
- 1 tablespoon unsalted butter**
- 2 tablespoons minced parsley**

1. Put the peeled chestnuts in a saucepan with 2 cups of stock. Bring to a simmer, uncovered for 40 to 50 minutes, adding more stock, if necessary, to keep the chestnuts covered.
2. When the chestnuts are tender, drain, reserving the stock. Puree the chestnuts in a food processor or blender. Return the pureed chestnuts to the reserved stock, stirring, and add in the heavy cream. Season with salt and pepper to taste. Just before serving add the butter and parsley.



'French Women Don't Get Fat' and 'French Women For All Seasons' by Mireille Guiliano, Alfred A. Knops (Borzo Book Publisher)

# Blueberries

- fruity favourites



Some yummy!! ideas to use Blueberries

### Blueberry Pikelets

Mix into your favourite pikelet mixture. Serve topped with a spoonful of cottage cheese and extra blueberries.

### Blueberry Salad

Toss with sliced rockmelon, celery, shallots and toasted pecan nuts. Serve on a bed of English spinach leaves. Combine natural yoghurt with some milk until smooth and add some wholegrain mustard. Drizzle over salad with chopped parsley and chives.

### Blueberry Tarts

Stir us through sour cream sweetened with honey. Spoon into prepared pastry cases. Decorate with a sprig of mint.

### Blueberry Sauce

Heat 1/2 cup water and 1/2 cup sugar, stir constantly until the sugar dissolves. Boil for 3 minutes without stirring. Cool. Puree 250g blueberries with the sugar mixture. Stir in 250g whole berries. Serve chilled over waffles and ice cream.

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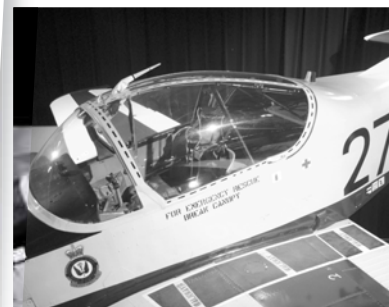
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# A Museum to visit and reflect upon...



The Hangars have all types of planes, helicopters, jets and even the fuselage of a 'Catalina' Flying Boat. These have been rebuilt by volunteers.



Looking for  
somewhere different  
to take the family  
during the holidays?

**Why not take them to the RAAF Museum RAAF Base Williams Point Cook Victoria**

The RAAF Museum is about a 30 minute drive from Geelong along the Princes Freeway. Take the Point Cook Road exit and follow the tourist signs to the museum. The RAAF Museum is approximately 400 metres beyond the entrance to the RAAF Base.

**Tuesday to Friday: 10am-3pm**  
**Weekends and Public Holidays:**  
**10am-5pm**

**The Museum is closed on Mondays, Good Friday and Christmas Day. Admission to the RAAF Museum is free. Donations are gratefully accepted.**

#### Tours

You can gain a unique insight to Australian aviation history, the Air Force and RAAF Base Point Cook by taking one of our guided tours. Guided tours are conducted by RAAF Museum staff and trained volunteer host officers.

Free parking is available across the road from the RAAF Museum. Bus parking is

available on the southern side of the museum. Toilets are available at the museum. Wheelchair access is available to all parts of the RAAF Museum excluding the upper deck of the Restoration Hangar. Limited access to the lower deck of this area can be arranged for people with special needs.

#### Visit

**http://www.airforce.gov.au/raafmuseum** for more of an insight of this wonderful museum.

#### Search for Volunteers

The RAAF Museum is interested in hearing from people that may be able to offer their time to the RAAF Museum as a Volunteer. We are looking for people with a lot of time, or even a little! An understanding of Air Force history is helpful but not essential. Reliability, ability to work as part of a team and enthusiasm are welcomed.

Volunteers are vital to the smooth running of the RAAF Museum and take part in a range of activities including acting as tour guides, assisting visitors, helping in research or with technical projects, such as restoration and aircraft cleaning.

If you would like to offer your time as a Volunteer, or simply want to talk over the options available, phone the Volunteer Coordinator on (03) 9256 1300 during business hours or email us at [raafmus@ozemail.com.au](mailto:raafmus@ozemail.com.au) with the word 'volunteer' in the subject line.

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## from the garden gate

Do you ever feel that you could do with a makeover? I know there are times when I could. Our gardens can also do with a bit of sprucing up. It can either be a major overhaul, which can be expensive and also muscle wrenching, or something small. Professional landscapers will do the job for you but, if like me, you will tackle the job yourself.

Small makeovers can be simple but still have the WOW factor. A grouping of pots, always an odd number, looks good planted in a similar colour scheme or you can be adventurous and combine bold contrasting colours. Soft pinks, creams and lavenders give a romantic feel whilst oranges, reds and purples have a feel of Tuscany. Potted fruit trees can be under planted with geraniums or orange and yellow calendulas. A standard topiary can be planted with pansies or over spilling lobelia. A large pot centred in a circular gravel path also adds interest especially if planted with wisteria, or even a grevillea. Let your imagination go wild and have a bit of fun.

A narrow passageway can also be transformed by adding coloured gravel or mulch and by using the same coloured pots and plantings will turn a dull area into a real pleasure. By spray painting the fence, say a smoky blue, this will highlight the green plants. Add a few garden features such as mosaic plaques or wind chimes and if you must even a gnome. A birdbath, in my books is a definite requirement as well as a bird feeder.

Just remember one thing. It is your garden and it only has to please you. It could be a cottage garden, native garden, modern minimalist, vegetable or just a small patio garden. If it gives you pleasure and it makes you happy then that is the most important thing. We are not aiming to win gold medals at Chelsea Flower Show (well done guys!), but aiming to please ourselves.

There will not be a formal meeting of the garden club this month as it is our social get together. August speaker is yet to be



*From birdbaths to gnomes from arbors to coloured pots ... there is a lot to select to suit your garden.*



confirmed. If you would like to come to our meetings we would love to see you there and we will make you very welcome.

Clifton Springs/Drysdale Garden Club meets on the third Monday of the month at 7.30 pm at Drysdale Uniting Church Hall. Visitors and new members welcome.

**Enquiries Rae (03) 5251 2600 or Lorraine (03) 5251 1660.**

Happy gardening  
**Lorraine Wikman, President.**

### National Tree Day

**National Tree Day, organised by Planet Ark, will be held on Sunday 27 July 2008.**

Trees consume carbon dioxide and produce oxygen, helping reduce the greenhouse effect. Trees provide food and shelter for animals and plants. Trees bind the soil preventing erosion. National Tree Day is a great way to help protect the environment by planting trees and shrubs.

**For more information call 1300 885 000 or visit [www.planetark.com/treeday](http://www.planetark.com/treeday)**

## Bokashi Update

Anne Brackley



We have been successful in getting a small grant from Barwon Waste Management to support a workshop to be held on Sunday, 3 August 2pm – 4pm. I encourage everyone who has an interest in learning about Bokashi to attend. We will have a small number of Bokashi Bins to loan out and give people the opportunity to trial them. Greg Donaghue from Eco Organics will help us with the session. **Please book in at SpringDale on 5253 1960.**

## The Dell Project

The Green Corps project at the Dell will run from 7-11 July and will involve weeding, mulching and planting. Matt Jackman will be the COGG representative on site and the COGG will provide the plants and soft water saving tubes for the project.

Eventually, it is hoped that a playground outside the Community Rooms will be developed, which will make a nice place for children to play.

Rick Paradise

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## We are still keeping up with Jeff

### 2008 World Triathlon Championships – Vancouver, BC

Vancouver – cold, wet & miserable – this is summer?? Due to the cold weather & persistent rain the Opening Ceremony was cancelled and the swim shortened to 1100m. Am ready to head to marshalling when the announcement is made - start delayed by 60 minutes. Then I find out the swim is cancelled – not happy Jan! Am halfway around the world so may as well enjoy it. The race ends up a 3km run, 40km bike ride and 10km run. Gun goes off – we go hard anyway! I am the 69th across the line in my age group and the 9th Australian!



We have been keeping up with Jeff Beavis and his passion for running and swimming!! ... we will keep you informed as to what he will be up to next... Good on you Jeff... well done.

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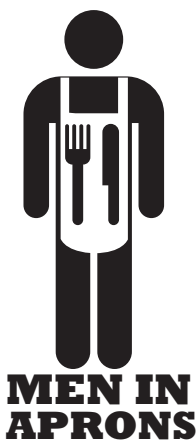
**PH (03) 5253 1795**

## Anaphylaxis

Anaphylaxis is a severe, sometimes life threatening, allergic reaction that occurs within minutes of exposure to an offending substance. Foods that may trigger anaphylactic shock include eggs, seafood, peanuts and milk. Insect stings, dyes, chemicals and drugs can also cause a reaction. Anaphylaxis is preventable and treatable.

**If you would like to find out more about anaphylaxis and attend the next Anaphylaxis Workshop to be held at SpringDale, please telephone SpringDale on (03) 5253 1960.**

A great way for men to get together is in the kitchen. With easy to follow recipes, you will soon be able to make enjoyable meals like classic lasagna, lamb stir-fry noodles, marinara linguini or margarita mousse. The only cost involved is for the ingredients.



**MEN IN APRONS**

**The Men's Community Kitchen is held every Wednesday in the SpringDale Kitchen from 10am to 2pm. For further information please phone SpringDale on (03) 5253 1960.**

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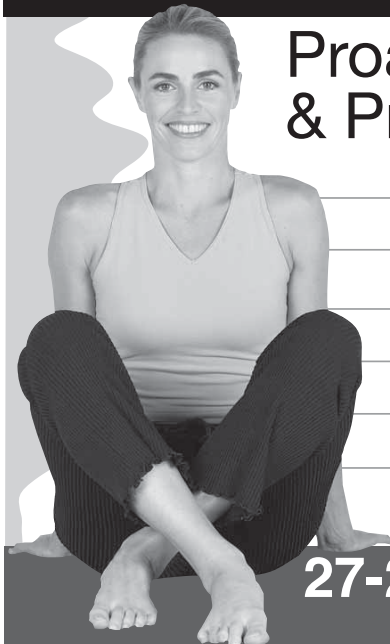
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## Welcome to the July issue, everyone!

One of the most prominent times you have the opportunity to just relax, and not worry about schoolwork or getting up early in the morning is definitely the school holidays, and thankfully, they've arrived! As it is winter at the moment, you probably won't be hitting the beach anytime soon, although that doesn't stop there being plenty more for you to do! You could catch up with a couple of friends and organise to see a movie in town, as there are big name blockbusters on the screen at the moment, such as Prince Caspian, Indiana Jones: Temple of Doom, Sex And the City Movie & Kung Fu Panda. Or if you don't feel like getting out in the cold temperature, and would much rather relax, why not grab a book from your local library and catch up on the fictional lives of Harry Potter or a new book you've yet to read? Either way, do something that you'll enjoy to reduce the boredom that the school holidays sometimes induce.

Also, I have a new email address, so if you have any questions or interests that you wish to express to me, please do so at [matthew.wade@live.com.au](mailto:matthew.wade@live.com.au)

*Until next time .... Matt*

### Veronica's Release is Long Overdue.

I wonder, does anyone remember that tv show that used to be on, not so long ago, about a teenage girl who was also a private investigator, helping out the rich and powerful students at her high school deal with the secrets in their private lives? There was a time when Veronica Mars was on during primetime on channel 10, but then, it began to be showed later and later until it was no longer showed at all. Now, I personally thought it was a great show, and I thought, it didn't matter that it was no longer on television, because I could just buy the box sets when they came out. Imagine my annoyance when I found out that Australia weren't planning on selling any of the seasons at all! Now, I'm not quite sure what their reason was for doing this, but it doesn't really matter now that they finally have decided to release it, and they have, as of June 4th! The story is set in the seaside community of Neptune, California, where only the most wealthy make the rules. Veronica

# YOUTH PAGE

WITH  
MATT  
WADE



(Kristen Bell) used to be one of the popular girls, until her best friend Lily died, and her sheriff father was fired for naming Lily's rich father as the lead suspect. Now her dad has started a small Private Investigation business, with Veronica's help. The intelligible, curious 17-year old, goes day by day getting through school, while at night she helps to crack the most dangerous and intriguing secrets that rock the small town. There is also some guest spots, from celebrities such as Paris Hilton, and Veronica's quick-witted sense of humour helps make the show great. I certainly recommend that you give this gem a go, as it won't fail to delight the viewer.

## POTATO SHED

### COMING UP AT THE SHED

8-11

JULY 08

**Little Prince (for little kids)**  
Encore4Kids will again perform for the school holidays - with the classic tale ....  
**The Little Prince**  
2 shows per day 10.30 & 1.30pm

18

**CCP Gig**  
Punk/ Metal / Hardcore  
All Ages Event

24-26

**Jungle Fantasy**  
Bellarine Secondary  
College Production

22

**Morning Showtime - 10.30am**  
**The Australian Army Band Melbourne**, commanded by Major Peter Grant. From Opera to Jazz, Tchaikovsky to Top 40 their extreme flexibility is displayed every time they perform.

## THE AUSTRALIAN ARMY BAND MELBOURNE



June has been another busy month at the Shed with some great events that were well attended. **CCP's SpudFEST '08** was a huge success with over 300 patrons enjoying 12 hours of live music. The second of our professional touring shows **Damian Callinan's SPORTSMAN'S NIGHT, Winter Solstice One Act Plays** - and the return of **Geelong's Grumpy Old Men** drew much interest and terrific feedback.

## DON'T MISS THE MOST OUTSTANDING PRODUCTION OF THE YEAR

**2 AUGUST**  
**SATURDAY 8PM**

**A Man For All Seasons**  
Robert Bolt's compelling masterpiece that follows the life and death of Sir Thomas More in a wonderfully crafted examination of personal conscience verses political expediency. With an outstanding cast of well known actors.



For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre  
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### Get Better Acquainted with Narnia's Origins!

Do you like the two Chronicles of Narnia films that have made their way to our movie theatres? Well, they're both based on books by C.S. Lewis, and if you haven't read them yet, then it might interest you to take a look at them, as they are every bit as good as the movies, if not more so. There are actually seven books that make up the Chronicles Of Narnia series, two of them having already been made into movies. You could buy the book that contains all seven novels if you wanted, as I'm sure it will occupy your time and you'll get a good read out of them also! The stories follow the lives of four orphans: Peter, Susan, Edmund and Lucy, and their adventures in the mystical world of Narnia. As with most good books, there is a bad guy, or girl, and lots of obstacles along their travels. If you have seen one or more of the movies then these stories are definitely for you, and even if you haven't, these books are sure to surprise and keep your eyes glued to them for hours!



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### JAMES REYNE – DEAKIN WATERFRONT CAFE Sunday, 6 July 2.45pm Doors 2pm

James' latest album, EVERY MAN A KING closes a 30-year circle since he first led Australian Crawl into the front line of the Oz rock boom. His eye and pen grew sharper through a platinum-lined solo career, but never have his wit and poignancy been on more consistently solid musical ground than here.



### FAB FOUR – DEAKIN WATERFRONT CAFE Sunday, 27 July 3pm Doors 2pm

Adelaide's own Fab Four are known throughout the world as the best at what they do. The show is the complete Beatles story, covering the entire span of the Beatle's amazing career. The relevant cast members play instruments not usually covered by most Beatles acts also. Songs such as 'Let It Be', 'Hey Jude' and 'The Long and Winding Road' are played on piano by Peter (Paul McCartney), and even the traditional Indian instrument 'the Sitar' is played by Gary (George Harrison), adding that authentic element to the Beatles classic; 'Norwegian Wood'.



### RICK PRICE – THE STUDIO Saturday, 12 July 8pm Doors 7.30pm

Rick Price possesses one of the most celebrated and soulful voices in contemporary Australian music. A diverse and successful recording career now spanning almost two decades. Rick will be performing at The Studio to launch the album and perform all his classic hit singles.

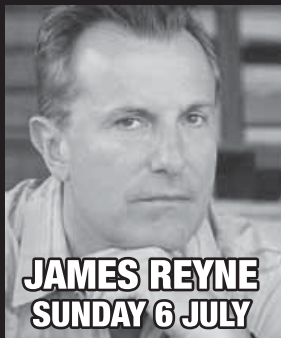
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### RICK PRICE SATURDAY 12 JULY

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### ACHTUNG BABY U2 TRIBUTE SENSATION SATURDAY 19 JULY



All those great U2 songs in a brilliant live show

## Clifton Springs Primary School

Recently our school played host to the wider school community when we held our Community Breakfast. This was part of our Education Week activities and we estimated about 150 families came into our school to enjoy breakfast together prior to school commencing. We were very pleased to receive many donations of food items from our own school community but received wonderful support from many local businesses and organisations.

We acknowledge the support of The Good Egg Farm, Firth's Butcher, Baker's Delight, Safeway Drysdale, Bella Fruit and Geelong Milk who donated items for our breakfast. We also had fantastic support from the Drysdale Guides and Springdale Neighbourhood Centre who assisted us cooking equipment, crockery and cutlery.

Students from Bellarine Secondary College, Year 9 Moving On program and our Junior School Council also assisted in running the event. This really was a full community effort and very successful judging by the happy faces we saw at breakfast.

Our Junior School Council have been very active in running a number of events for worth causes, and recently held a 'Biggest Morning Tea' for the Anti-Cancer



*Enjoying brekky*



*Learning the ropes....*

Council. They provided morning tea for our students, staff and parents and raised over \$600 for this very worthy cause.

Our Grade 5 /6 students had a fantastic Outdoor Education Camp at Cave Hill Creek, near Beaufort during May. They experienced a variety of activities which included bush cooking, orienteering, abseiling and canoeing. These outdoor education activities are fantastic to encourage team work and many students experience such activities for the first time when on camp. We appreciate the support of our parents who send along their children and those volunteers who assist us with running the camp.

We have also held Open Day and Night School through May and this allowed working parents to come along to school to see it in operation. The students thoroughly enjoyed having parents come along, especially at night time and proudly gave them a tour of their classrooms sharing the work they had done. Our Open Day was also available for parents looking to enrol their child in Prep for 2009 and many families enjoyed visiting the prep rooms and seeing other programs in operation. Enrolment for 2009 are open and tours can be arranged for parents who may wish to visit our school.

## Drysdale Ladies Probus Club Inc.

One of our founding members Mavis Quarell gave a short talk about the formation of her musical and entertainment group Show Biz. Mavis was instrumental in forming the group, which began in 1968 and now performs between 6 – 8 concerts a year. In between concerts they are welcomed into nursing homes where a little bit of cheer brings sunshine into the lives of others who may not be able to travel to a theatre. A small fee is now charged to cover the cost of petrol/costumes. We hope to see Mavis and her group entertain our club again in the very near future.

Guest speaker for May was well known former journalist, radio and television personality Annette Allison who is now Community Relations Manager for the Royal Flying Doctor Service of Australia (RFDS). The first flight of the RFDS took place 80 years ago when John Flynn saw the need for a medical service in the outback. John Flynn was born in Moliagul, Victoria in 1880 but grew up in Sunbury. He went to Melbourne University where he studied to be a minister of religion. His first placement was at Beltana. Many people were dying in that area due to a lack of medication. John Flynn together with Clifford Peel and Alf Tragor formed the Transport and Communication service that later became the Flying Doctor Service. When the Queen visited Australia in 1954 it became, by her command, the Royal Flying Doctor Service. Of special interest to many members of our club was the fact that the RFDS is called the Air Ambulance service in Victoria. 80% of the operating costs are funded by the State and Federal Government, which supplies 47 aircraft. Fund raising covers the remaining costs. The RFDS is known as the "worlds largest waiting room" for people who work, live

and play in Australia. Annette reminded us that many people who travel around Australia are frequently needed by the RFDS.

May marked 80 years of dedicated service from this unique and iconic Australian Service. Thank you Annette, for your valuable and informative talk about this wonderful, free service, which originated in Australia and which supplies medical service to the outback as well as to rural and country areas Australia wide.

**Yours in Probus friendship  
Lesley Jones**

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Drysdale Primary School had a fantastic time celebrating Education week. We do so many great things at our school, it was a good opportunity for friends and family to come and be a part of different curriculum activities during the week.

The Preps got creative using paper bags to make scary monster puppets. They each enjoyed having a turn introducing their puppet to the visitors who came in to watch. The Grade Ones enjoyed making a boat out of plasticine after reading the big book 'Who Sank the Boat?'

*"I had to mould the plasticine into a boat that would float. Using icy pole sticks and match sticks I made a ladder underneath to help it float. When I tested it in the water it floated!" Tilda 1C*

The Grade Two's made dinosaur projects and drew beautiful illustrations to compliment them.

*"We had to write interesting dinosaur stories. We showed our parents our work. Mrs Faithfull took pictures of us with our mums and dads. We had so much fun!" Jodie & Zoe 1I*



Education Week was full of wonderful activities

The Grade Threes and Fours had an information night showing the parents how to use the new interactive white boards.

*"On Wednesday grade 3 and 4 parents came to see the electronic whiteboards. Mrs Foord was showing the parents how to look up about all the major events. In Miss Sier's room we did fractions on the interactive whiteboard. Then we went into Mrs Carlon's room where we played a game called Battle Ships. In Mr Stephens room we played Trap Door and we versed the parents. The kids won. My dad thought it was GREAT". Sean & Callum 4L*

The Grade Five's had two different sessions parents could come and be involved in. The first was a bike education lesson where the children are being taught how to be safe on the roads.



Parents were included in the fun...

The second lesson was in the computer room. The children used a program called Photo Shop, where they had to edit and transform their pictures.

The three Grade Sixes did rotations and moved around each other's grade. They completed 3 activities; 3D glasses, Spot the Difference and learning about newspaper ads.

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# Fashion Parade

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**Students: Gold Coin Donation**

**Saturday 12 July**  
**Drysdale Community Church Jetty Road Drysdale**  
*Come along and have a great afternoon and help support the local op shops*

**Sale of clothing, shoes bags & accessories**  
**2pm - 2.30pm**  
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**All proceeds will be donated to and for more information please call:**  
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# Bellarine Rail Trail Family Fun Day



The cycle pack – prepare for take off



The symbolic planting of Chocolate lillies



Melaleuca armillaris, full of rabbit warrens

## Enviro Bike Ride Report

The Bellarine Rail Trail (BRT) Family Fun Day, Enviro Bike Ride was held on Sunday 27th April. The Family Fun Day is a successful program that has been run over a number of years. This year saw an environmental flavor added to the program through the Swan Bay Integrated Catchment Management Committee and Bellarine Landcare Group. The Enviro Bike Ride was led by Kate Lockhart and Matt Crawley who provided interpretation of the BRT environmental values and issues.

The bike ride was fully booked with a total of 30 participants split into two groups. A better than forecast day provided pleasant riding conditions to take in the scenery. The theme of the ride was opportunity.

Some of the current environmental values are still improving, or addressing weed and other issues. There were 17 site stops along the ride, these attempted to identify and add knowledge on various aspects of the trail. Some of the sites included the following.

### Site 1 - Heathy Vegetation Type - Remnant Manna Gum

Sandy soils and Bracken Fern are characteristic of Heathy Woodland

vegetation, this site is classified as a remnant woodland. What is lacking at this site is floristic diversity, understorey, herb rich layer probably due to over grazing.

### Site 5. The Good, The Bad and The Ugly.

A native species *Melaleuca armillaris* is not local to the Bellarine Peninsula. While this is not necessarily a huge problem, the species does provide perfect harbour / habitat for rabbits. Tree Lucerne is a fodder crop but can also be an environmental weed as well and the Manna Gum, is one of four Eucalypts indigenous to the Bellarine.

### Site 8 Native Grasslands – Biodiversity Hotspots.

This site is floristically rich. It contains significant species on the Bellarine including, Chocolate Lillies, Golden Moths, Bulbine Lillies, Leopard Orchid and others.

This site is under risk from slashing and weed infestation from *Watsonia*. In 2007 the BLG and SBICMC conducted a habitat restoration and information day at this site to learn more about the Grassland values and remove *Watsonia*.

At Site 8 the participants were provided an extra activity that no one expected, the planting of Chocolate lillies. 30 were left there with holes pre dug so the riders just had to place them in the ground, unexpected yes but this provided each rider with more connection to the site.

The diverse group of riders added so much to the ride. We had local landholders such as Jim and Lynne Mason who discussed the revegetation that they had been doing along Yarram Creek. This was clearly visible from the BRT and provided a tangible link about what was being achieved for the participants.

Suma Park station saw about half of the riders catch the train back to Drysdale, while the remainder continued on with Matt to learn more about Swan Bay, finishing with a well earned cuppa in Queenscliff. After a positive turnout and post response, it is hoped that the ride will take place again next year.

**Thanks to all sponsors and participants and especially Henry Cycles for donation of a helmet. For further details contact Matt Crawley, Bellarine Landcare and Coastcare Coordinator on (03)5257 4426.**



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## Cleaning Windows Austrian Style!

No! not sport, but none the less .... these men in the photographs are showing daring feats of agility especially 18 floors up and only a rope tied to each other... ! As we watched these men we were wondering if they had any OH&S rules in Vienna to guide them on their safety procedures. Obviously not!  
Photography Lyn Ingles



### Leisure Networks

Leisure Networks Association, Geelong would like to extend an invitation for your club or group to join their sportslink website.

Sportslink is a localised website for groups and clubs within the Barwon region which provides valuable resources, information and advice for volunteers. Registration is free.

For further information you can phone David Barnes on (03) 5224 9934 or visit [www.sportslink.org.au](http://www.sportslink.org.au)

## Drysdale Football Netball Club

Eight rounds of the season have now been played and all teams are travelling along nicely. Our A Grade team still looking the goods undefeated and sitting on top of the Rohm and Haas ladder. Could 2008 be their year? Let's hope so!

The club held a trivia and pizza night for all of the Junior members, a HUGE thanks to the Drysdale Fire Brigade for the use of their facilities and Les at Pinky's pizza for an enormous amount of pizza. We had a fantastic turn out with approximately 120+ kids filling the fire station, a great chance for all to get to know one another away from the courts!

It's starting to get very cold at training as winter is upon us but thanks to the facilities at St Ignatius we will be able to train indoors on Thursday nights if needed. Seniors have also been training on Tuesday nights over at Collendina Boxing Arena getting a great fitness work out.

The Drysdale Football Netball Club netballers, committee and coaches would like to thank the Drysdale & Clifton Springs communities, businesses and organisations who continually support our rapidly expanding club.  
A big thanks to all our sponsors for 2008.

## Spotlight on Sport



Netball players  
showing their versatility



Listening  
to the coach...

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