Spring Dale Messenger



ABN 21 404 220 267 >> Compiled & Published by the

SpringDale Neighbourhood Centre Inc.

Cubs & Scouts show their appreciation





SpringDale Assistant Coordinator Julie Aylwin and SprinDale volunteer Nicole Simpson proudly show off their 'Certificate of Appreciation'

On Tuesday, 5 August the Drysdale Cubs and Scouts held their Annual General Meeting at their Scout Hall.

They were joined by family and friends for the presentation of the 'Certificates of Appreciation' to various community groups and business people who have aided the group throughout the year.

A 'The 100 Year Celebration of Scouting' scarf was mounted and framed with a certificate. The recipients were Mortimer Petroleum, Bendigo Bank, Rotary Club, CWA, Drysdale Craft Group, Lions Club, Clifton Springs and Drysdale Primary Schools - Bunyip Festival, GW & JM Simpson, Anne Brackley and The SpringDale Neighbourhood Centre. The Cubs and Scouts performed small plays to entertain an audience in between the annual reports and this was followed by a light supper.

TERM 4
OPPORTUNITY
& COURSE GUIDE
PAGES 11-14

Mestpac

Open Saturday Home Loan Centre Good Term Deposits Rates

Shop 9 Supermarket Complex

Contact

Wayne, Lisa, Bev, Sandra, Rhianon & Kate

Drysdale (03) 5251 1624

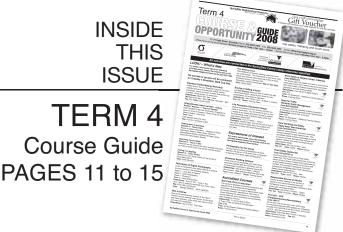


www.springdale.org.au Springdale Messenger<



INSIDE THIS **ISSUE**

TERM 4 Course Guide



Deadlines for October 2008 Issue Copy 1 September 2008

Distribution Saturday 27 September 2008 Circulation 5000 Copies

Distributed throughout Drysdale, Clifton Springs,

Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses

on The Peninsula and on our website worldwide.

SpringDale Neighbourhood Centre

Opening Hours Monday to Friday 9am - 3.30pm during school terms and by appointment 9am-12noon during school holidays.

Compiled & published by the SpringDale Neighbourhood

For all editorial and initial advertising enquiries.

Centre Inc. A0024916V SpringDale Neighbourhood Centre

P: (03) 5253 1960 F: (03) 5253 3050

E: messenger@springdale.org.au W: www.springdale.org.au

17-21 High Street Drysdale Postal Address:

PO Box 80 Drysdale

The SpringDale Messenger

Production & Designed by Lyn Ingles - blue pencil publishing

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.

Views

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Community Calendar

September 2008

0.010.0	
1-8	Adult Learners Week at SpringDale
5-6	The Lightkeeper Performance (Potato Shed
1-6	Lightkeeper Art Exhibition (Potato Shed)
9,10	Quirk (Potato Shed)
7	Fathers Day
9	CWA Drysdale meeting 1pm CS Golf Club community rooms
12	SpudCLUB (Potato Shed)
14	MAP Concert (Potato Shed)
14-15	Scrap Metal Drive rear Drysdale Scout Hall
16	Mind Your Manners (Potato Shed)
19	Term 3 ends
19	CCP – All Ages Event Battle of the Band (Potato Shed)
23	CWA Drysdale Craft Day 11am CS Golf Club community rooms
24	Transport Information Night 7pm Drysdale Fire Brigade Rooms
27	AFL Grand Final
27,28	GremLAN (Potato Shed)
28	Portarlington Market 9am-2pm
30	Encore 4 Kids (Potato Shed) presents HANSEL & GRETEL

October 2008

1,2,3	Encore 4 Kids (Potato Shed) presents HANSEL & GRETEL
9	Seniors Day at SpringDale
1-31	Victorian Seniors Festival Geelong
4-5	SpringDale Art Show 10am-4pm
6	Term 4 begins
16-19	Royal Geelong Show 2008
19	Drysdale Community market 9am-1pm
25	Drysdale Fire Brigade Garage Sale
	8.30am -12.30pm
26	Portarlington market 9am-2pm

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.

The calendar is an 'easy to see list' of happenings in our area. To help you to plan an event, access our website www.springdale.org.au to view events.

If you wish to place your event in the website, calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

Facilities @ the SpringDale Centre

- · Personal use of Computers
- · Internet Access · Photocopying · Faxing
- · Laminating · Room Hire · Crockery Hire
 - · Tables & Chairs Hire
 - SpringDale Messenger in large format
- · Reasonable Rates
- **Concession Rates for Members**



The SpringDale Neighbourhood Centre

Anne Brackley

Dear Friends

Taking opportunities when they arise is something I think I'm fairly good at. Last month I was able to take a couple of days off to show a very new friend around Melbourne and some of our part of Victoria. I took time to think about what makes us special, in this part of the world. People asked me why I would do something like this. I think it's because it was different. I knew it may not be easy as language was going to be a barrier and I wasn't sure whether it was going to be fun. But I was prepared to give it my best shot. We had a great time together, dictionaries in hand and a couple of gifts to buy, off we went to learn together.

I love learning new things. Life Long Learning is a concept that I hope we can all embrace. During the first week in September we celebrate Adult Learners' Week at SpringDale. We will be open for longer hours til 6pm every night. Visitors are most welcome to come and join our groups during that week and learn something about what opportunities we have on offer. If we don't have something that you'd like please let us know and maybe you could help us to get it going. Hope to see you sometime during that week.

It saddened me to hear that someone left SpringDale the other day unhappily. We try to make everyone's lives a little better for having visited us. Unfortunately sometimes we cannot help but we will go out of our way to try to help. We have so many dedicated volunteers who enable us to keep our prices to the minimum. One of our volunteers has a fan club forming - people are so disappointed when Brett isn't there. Thanks Brett and all our volunteers for all the hours they give to try to help so many in our community.

Philosophy is a topic that keeps popping up - I'd love to spend some time discussing philosophy with others in our community. I'm sure we have the expertise in our community to facilitate such a discussion. Please let me know if you would also like to be part of this new group or if you would like to help organise it.

I was recently lucky enough to witness a wonderful display of mutual respect between a wide range of young people during the preparation for a school performance. We are a very lucky community to have such well spirited young people.

It is interesting to see the similarities and differences between newsletters and course guides from other Neighbourhood Houses or Community Centres. So if you are wandering around the countryside looking for something to do - please feel free to try to acquire one for us to read.

Lastly, we are currently working on establishing a 'Ted Chidzey Award' for youth in our area. We are hopeful for it to be launched prior to the end of the year and to be awarded for the first time in May next year. We received some money in Ted's memory last year and will be looking to hold a fundraiser later this year to top the money up and to ensure the self sustainability of the award as I'm sure Ted would have insisted. There are so many of us who miss Ted dropping in and sharing his wisdom with us.

Warm regards from Anne Brackley on behalf of the team at SpringDale.



Adult Learners' Week

1 - 8 September

Adult Learners' Week provides opportunities to try new things. SpringDale will open from 9am-6pm Monday 1 to Friday 5 September.

Come for a visit and experience what we have to offer.

Stop Press **Fascinating Faces Portraiture Workshop**

Annette Playsted is pleased to announce that she will be joined by artists Sara Keranen and Janne Kearney at the forthcoming Fascinating Faces Portraiture Workshop. Both artists will be contributing their skills to the workshop program.

13 and 14 September at SpringDale. Don't miss it.

Seniors Day at SpringDale Thursday, 9 October, 10am - 3pm.

Our version of 'Antiques Roadshow' with Ian from Mill Markets who will evaluate your treasures. Admission \$5 includes lunch and antiques assessments. Talks on Seniors driving tips, business scams and other information and opportunities.

For the student artist it is an important moment of truth when you put a frame around your work and put it on display, but it is also exciting and an essential part of the learning in an art program.

Setting goals are also central to learning and motivation for art students. One group goal for the 2008 SpringDale Art Students is to produce art works for a public display. The art students are all working towards the Second SpringDale Art Students' Show in October.

Last year their first exhibition, launched at the mid year gathering of the Business Network received very encouraging feedback from those fortunate enough to see it. For most of the students it was their first time on show.

The 2008 SpringDale art student group has grown in number. New students in 2008 are learning how to see as an artist sees the world and how to develop works of art. Their sketchbooks will be on display and their first stand alone pictures. The advanced students are developing mature skills in a range of painting and drawing media and are more than ready to launch this their second show. Several of the Advanced Art group have been studying at SpringDale since 2006 and some are already seasoned exhibitors developing their skills in a supportive, but challenging group setting.

Sara Keranen's private art students in Drysdale have been invited to display their work with the SpringDale group. We commend their work to you.

Please keep these exhibition dates free:

Second SpringDale Art Students and Associates Show 2008

at the

SpringDale Neighbourhood Centre **Drysdale**

> Open to the public Saturday 4 October & Sunday 5 October Between 10am and 4pm

Works will be for sale.





Exciting New Fashions for Ladies and Men Now Stocking ...

- Sunny Girl · Spicy Sugar
 Equinox · Lovely Girl · All About Eve
- Just Add Sugar · Dressing Station · Peter Andrew · Bromley · Coast Clothing
- Also Larger Sizes

2 Brown St Portarlington P: (03) 5259 1422



2nd SpringDale Art Students & Associates Show 2008

SpringDale Neighbourhood Centre Saturday 4 & Sunday 5 October 10am to 4pm

Many works will be for sale to the public

ST. IGNATIUS COLLEGE, DRYSDALE

I am delighted that St. Ignatius College, Drysdale is to receive \$300,000 in a new round of funding for Catholic schools in Victoria under the State Government's needs Based Capital Assistance Funding for Non-Government Schools program. The funds will be used for the construction of student amenities, offices, a fitness room and a general learning area. This is especially pleasing as there are currently no amenities and change facilities associated with the gymnasium and sporting facilities. The proposed project will provide local sporting groups access to the oval and gymnasium facilities.



POLICE AMBULANCE Dial 000

NEIGHBOURHOOD WATCH INFORMATION

GLG 58,59 - Mark Cline C/Springs Bowls Club Clifton Springs (03) 5253 2717 2nd Monday • 7.00pm

GLG 68 - Doug Palmer SpringDale, Drysdale (03) 5251 2522 4th Monday • 2pm

Bellarine Police Community Support Register



"We love the Register It makes us feel secure"

Telephone our office on Join For 5255 3968 weekdays between 9.30 and 12 noon

Brochures and Registration Forms are available at Pharmacies on the Bellarine Peninsula.

From Lisa Neville's desk

GEELONG HOSPITAL NEWS

Recently, the first stage of the Geelong Hospital's new Emergency Department opened which is great news for Bellarine residents. The State Government has contributed \$26.1 million towards this, and when the second stage is completed there will be specialist areas and a much more spacious, safer and more comfortable environment for patients and their families.

The Teaching, Training and Research Centre on the Kitchener House site at Geelong Hospital will update its infrastructure thanks to a State Government grant of \$8 million to Barwon Health to provide training and research opportunities for the large increase in medical students. By 2016 Barwon Health will be training around 150 full-time medical students from Deakin University.

ARTS GRANTS

Calling all artists! The State Government's 2008-09 arts funding grants are now open for applications. Artists, arts organisations and community partnerships are being invited to apply through the Arts Victoria -run programs. Funding is available to support a range of arts activities including the creation and presentation of new work, programming, and education and community partnerships. There is a large variety of award categories available- for details, application forms and guidelines, visit www.arts.vic.gov.au.

SPORTS NEWS

Some readers of the 'SpringDale Messenger' will be pleased to learn that the 12th Australian Masters Games will be held in Geelong from 20 February- 1 March, 2009 and registrations are now open for sportspeople over 30.

There are 70 sports on offer for competitionincluding golf, bocce, darts, ten-pin bowling as well as the more traditional sports such as football, swimming and cricket. The games will be 10 days of serious sport and fun, and will be another opportunity for visitors, participants and supporters to enjoy what the beautiful Bellarine has to offer.

The Masters Games will provide, also, even more opportunities for us to get physically active and involved in the community- which is what the \$150 million 'Go for your life' campaign is all about. Even if you are not especially sporty, there will plenty of need for volunteers! Details are available on www.ausralianmastersgames.com or by calling 1300 725 266.

Still on a sporting theme, I was thrilled to attend the 'beyondblue Cup' match between Geelong and Hawthorn on Friday, 25 July not only as the Minister for Mental Health but also as an ardent Cats fan! The 'beyondblue Cup' is now a traditional match which aims to focus community attention on the recognition and treatment of depression. Unlike last year, I was pleased to present the Cup to Tom Harley after Geelong's win by 11 points.

SOLAR ENERGY

Regional Victorians are urged to switch to solar hot water to save money and help the environment. The Regional Solar Hot Water rebate of up to \$2500 on the purchase of a solar hot water system effectively means that householders will pay the same for this as they would a traditional gas or electric system. Over the next 3 years, the State Government will encourage regional and rural Victorians to shift to solar when replacing hot water systems. To support this scheme, over 1000 plumbers will undergo training to assist with the increased business expected as a result of the rebate. Householders who want to check their eligibility can go to

www.resourcesmart.vic.gov.au/rebates

Until next time. Hon Lisa Neville MP Member for Bellarine

Rainbow Riders



Rainbow Riders is an Equine Assisted Growth and Learning Centre that provides a unique, long term, client focused day program for disadvantaged young people in the Geelong community. The program aims to improve self-esteem and confidence, social skills, behaviour modification and anger management. Eligible young people are those aged between 8 and 25 years who live with any form of disadvantage.

If you would like to help Rainbow Riders continue their work in the Geelong community by becoming a volunteer, by giving in kind support or by making a donation, telephone (03) 5264 1175 or visit their website at

www.rainbowriders.com.au

Donations of \$2 or more are tax deductible.

More Convenient Bankina

Home Loan Lender of the Year?

ANZ has won Money magazine's Home Loan Lender of the Year, again. That's nine times and counting. So now you don't have to spend endless hours searching for the best home loan options available. Independent researchers have done all the hard work for you. To find out more about ANZ's award-winning home loans, simply call our Mortgage Specialist, Murray on 0423 828 262 or Branch Manager, Jan on 5251 3433. Alternatively, drop into our branch at Shop 4, 3 Wyndham St, Drysdale. We've got time to listen.



Money magazine's Home Loan Lender of the Year 2005, 2006 and 2007. Personal Investor magazine's Home Lender of the Year 1999-2002, 2004 and 2005. Many of ANZ's Home Loans were awarded CANNEX mortgage star ratings in 2007. All applications for credit are subject to ANZ's normal lending criteria. Terms and conditions available on application. Fees and charges apply. Ask us for details. Australia and New Zealand Banking Group Limited (ANZ) ABN 11 005 357 522. M&CSAATCH ANZ4463/5/S ANZ016992

BUSINESS in Profile

BELLARINE AUTOS

BELLARINE AUTO SERVICES

Quality Mechanical Repairs
Mortimer St DRYSDALE

- - Tuning
 Servicing
 - · LPG Conversion
 - · EFI · RWC
 - · Tyres · Batteries
 - Licensed Vehicle Testers
 - Prop · J Pamplin [03] 5253 1644

Bellarine Auto Service was established in 1990.

This well known local business offers a large range of services including LPG conversions, new car book servicing tuning, tyres, batteries, pick-up and delivery of cars is also available.

Proprietor John Pamplin also offers a 10% discount for pensioners every Friday.

John has been in the motor industry for 30 years and has extensive experience in dealing



1st Year Apprentice Peter Browne and Proprietor John Pamplin

with Australian, Europian and 4WD vehicles.

John is assisted by his 1st year Apprentice Peter Browne.

For friendly, reliable and guaranteed good service visit John at **Bellarine Auto Services** which is located at **3 Mortimer St**, **Drysdale**.

Opening hours: 8am-5.30pm Monday to Friday Phone: 03 5253 1644

Ladies Probus of Bellarine Inc.

Forty members enjoyed a very successful theatre afternoon organized by Norma O'Donnell. The two films, Life in Mongolia and the Cave of the Yellow Dog were most entertaining. Afternoon tea brought the afternoon to a close.

Members continue to enjoy guest speakers at our meetings with entertainment & fellowship being the focal point of Probus.

At our August meeting Rotarian Ron Medson gave a very enlightening presentation on Road Safety, and many questions were asked. This was Ron's 30th Presentation this year;

Road Safety being one of Ron's commitments to the community through Rotary Community Service. His knowledge was much appreciated.

Bellarine Ladies Probus meet at the Clifton Springs Golf Club on the third Monday each month at 10am. If any lady would care to join us for morning tea, you are most welcome.

For further information contact Elaine Hurley on 5251 2217

BYTEBACK

Byteback is a free service available to residents and small business owners in the City of Greater Geelong who want to dispose of unwanted, old and unused computers. A new collection site has recently been opened in Drysdale and it is a great way to dispose of your waste. The Drysdale Resource Recovery Centre in Murradoc Road is open 8am-4.15pm, 7 days except Good Friday, Anzac Day and Christmas Day.

MALE VOCALISTS WANTED

The Melodaires Entertainment group is seeking male singers who would be interested in performing at various clubs in the Peninsula area.

For auditioning arrangements please contact Lorraine on (O3) 5251 2563.

SpringDale Badminton

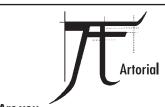
Spring-Agers
Inesdays 1pm -3.

Wednesdays 1pm -3.30pm Scout Hall, Princess Street, Drysdale. \$4 per session

For more information please call SpringDale (03) 5253 1960.







Are you –

looking for help with VCE Art or Studio Art?

Have you -

always wanted to learn how to draw and paint?

Would you -

like to understand more about contemporary art?

Do vou -

need an art work for your home or office?

If you answered YES to any of these, then contact Gillian on (03) 5253 2851

I am an experienced artist and teacher, and I enjoy meeting people of all ages who are interested in the visual arts.

I can be contacted at any time via email: drgturner@optusnet.com.au, m: 0417 321 323 p: (03) 5253 2851

VCE tutoring, individual/small group tuition, or to purchase original artworks.



WINDOUBLE PASS



Mark Seymour, former front man for the legendary
Australian rock band, Hunters and Collectors,
is set to perform live at Deakin's Waterfront café
in Geelong on ...

SUN 19 October 2.45PM DEAKIN WATERFRONT CAFE

To enter fill out the coupon below and send or deliver to: SpringDale Neighbourhood Centre High Street, Drysdale

Name:	 	 	-
Address			. I
	 		 -
		 	-

COMPETITION CLOSES 3PM FRIDAY 3 OCT



Phone No: (03)

acornproductions.com.au

SCRAP METAL DRIVE 14&15 September

1st Drysdale Scout Group's

3 monthly scrap metal collection point will operate again on the 14 & 15 September 2008 at the rear of the Drysdale Scout Hall, facing onto the car-park. If you have any scrap metal, please place it in the bin provided. Items such as old washing machines, dryers, fridges, freezers, sheet-metal, scraps of metal, old bikes, old guttering etc can be donated.

Please do not leave us any gas bottles and rubber tyres as we are charged for their disposal.

100% of all monies raised from this effort will go towards running our Scout Group.

Thank you for your past support.

For enquiries, please contact Sue Gibbons on (03) 5256 3809 after 5pm weekdays 1st Drysdale Scout Group.

Hello Everyone!

I have to reiterate the fact that you can send in any poetry, artwork, stories, issues or photos that you have to matthew.wade@live.com.au. Anyway, September might feel like a month where activities are non-existent, but Spring is here, and what better time to get into the volunteer scene? In this issue I am interviewing Michelle Suiter, Assistant Station Coordinator and Broadcast Trainer at The Pulse 94.7, about what it's like to work there, and why you should get involved. The school holidays are just around the corner as well so you should start thinking about how you would like to spend them. Try to think outside the box, like possibly do (volunteering) something you haven't done before.

Try checking for your radio's 'pulse'

The Pulse is Geelong's very own community radio station. It is run by around eighty volunteers, and a management team, who persevere in their dedication to providing listeners with quality programs. Michelle Suiter is one of these hard working people, incorporating the role of Assistant Station Coordinator with that of Broadcast Trainer at the station. I was lucky enough to have a few words with her.

So, tell me about how you got started here Michelle.

Well, it was for work placement, they put me here. I ended up doing a Certificate III course with the station. After a little while I really started enjoying it, so I stayed!

What about the radio station itself? What's it all about?

The Pulse is the only community radio station in Geelong. It's run by volunteers from the community, and it's all about serving the community. We keep the people of Geelong informed on up and coming events, and we keep them entertained. Also, people can use the station if they have an issue. Like, they can ring up and tell us about something and we'll deal with it on air.

And kids can join, my age? Why is it good for them?

Yes anyone who's interested can volunteer, even a five year old! We definitely need people behind the scenes, and we're always looking for new people. It's good for them because it's an awesome environment and you get to meet heaps of great and interesting people.

What skills do you get out of it?

You get confidence and communication primarily. I suppose you get a fair bit of team work skills as well. Your speaking skills improve also.

What encouraging words would you have for someone who is not sure?

Just that radio is a hard thing to get into professionally, and the community stations are easy, so you get a lot of experience in the industry by volunteering. Also it's heaps of fun, and it's very rewarding and worthwhile. We're definitely always looking for new people.

For now, it's goodbye until next time

Matthew

Crowded 'Kids out and about' Book Launch Day



Held at the Geelong Show Grounds the first 'Kids out & about' Launch Day went off without a hitch!

The Launch Day was organised as a release party for the first editions of 'Kids out & about' Children's Information Guide for the Geelong & District.

Over 2500+ people attended and a fantastic day was had by all. Children were all able to make use of the FREE activities that included: a 'Speciality Castles' Jumping Castle, Face Painting courtesy of Run M Ragged Newtown, Gymnastic equipment courtesy of YMCA Geelong. A stage was erected especially for the event by Marshall Hire in which dance schools, calisthenics, gymnastic centres and performances by Aerosport Allstars were enjoyed.

The stalls were also a big hit with the crowd. Balloons and chocolates were handed out by the Central Geelong meter maids.

We are pleased to announce that through our raffle we were able to raise \$665.00 for Cottage by the Sea in Queenscliff. A big thank you to our generous clients who donated the raffle prizes.

Overall 'Kids out & about' received positive comments from all whom attended with many asking when next years will take place.

The 'Kids out & about' team would like to thank all that attended and look forward to organising an even bigger event next year. We hope to see you all there.

www.kidsoutandabout.com.au

Transport on the Bellarine Peninsula – Information Night

Wednesday, 24 September at 7pm in the Drysdale Fire Brigade Rooms, Princess Street, Drysdale.

The Drysdale/Clifton Springs Community Association Inc. invite all interested members of the community to meet Mr. Peter Hibbert who will discuss the Transports Needs and Options on the Bellarine Peninsula as part of his study in the 'Building Bellarine Connections Transport Project' at this public meeting.

This Project aims to improve the transport options within townships, between townships and the connections to and from Geelong.

The Community Association urge the community to attend and discuss this very important matter of Public Transport in the area. There will be ample time given to "Questions and Answers".

The Project is being conducted by the Borough of Queenscliffe, the Bellarine Community Health Centre and the City of Greater Geelong with funds provided by the Victorian State Government. Please attend and put the needs of your community on the record.

Entertainment at the POTATO SHED

Yet another month has passed and we are already half way through Term 3 and well on our way to Christmas. August was another busy month with the long awaited touring shows, A Man for All Seasons and First Step On a Tram Is Hell bringing professional theatre to the Bellarine and receiving rave reviews. The Bellarine Jongleurs, in their 20th anniversary year, performed Peter Pan, The Croc Rock Musical featuring a number of local talented performers. The month will conclude with the first performances of The Lightkeeper which will include an Art Exhibition curate by Dr Gillian Turner.

We continue adding more to our community classes, in late July Active Kids Australia was launched at the Potato Shed and The Ballet School held the first of its Thursday evening classes on Thursday, 28 August.

CCP really fired things up in August with two gigs including a Hardcore / Metal gig and the Spud Club was once again a hit. If you love a good jam session or just want to have a go come along and see what's happening.

WIN

A DOUBLE PASS AND COMPLIMENTARY DRINK EACH TO

'Mind Your Manners!'



TUES 16 SEPT @ 8PM The Potato Shed

To enter fill out the coupon below and send or deliver to: SpringDale Neighbourhood Centre High Street, Drysdale

Name:			
Address			
, taa. 000 _			 _

Phone No: (03)

COMPETITION CLOSES 3PM WED 10 SEPT

POTATO SHED

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the **Potato Shed on (03) 5251 1998.** Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

TUESDAY 16 SEPTEMBER

Don't miss the World Premiere of the latest comedy show by Wendy Grose! Mind Your Manners! "It's not that your manners are bad, it's just

that you don't harmers are bad, it's just that you don't have any at all!" Set in the format of a travelling musical TV show, 'Mind Your Manners!' visits Drysdale to enlighten the locals on how to mind their 'ps and qs'. The show will feature a variety of songs selected from the last 200 years of rich offerings. The show is a lively musical romp through the minefield of 21st century manners, featuring two of Australia's finest artists - the energetic Wendy Grose (actor/soprano) and celebrated Len Vorster (piano).

COMING UP AT THE SHED IN SEPTEMBER

9 & 10

Quirk

Collision Dance delve into dreams

12

SPUD Club

Entry - \$5.00 including 1 free drink.

14

MAP Concert

19

CCP – ALL AGES EVENT Battle of the Bands

27 & 28

GremLAN 24 Hour Computer Games

30 SEPTEMBER AND 1, 2 & 3 OCTOBER

Encore 4 Kids – presents this classic children's show HANSEL & GRETEL Entry - \$7.50 or \$25.00 for family of 4

The Lightkeeper

By AWGIE award winner
Verity Laughton
Directed by Carole Mallett
With Rob MacLeod as Jack

Performances
Fri - Sat 29, 30, Aug 8pm,
Fri - Sat 5, 6, Sept 8pm
Sat 6 Sept 2pm Matinee

Art Exhibition
Curator: Gillian Turner
from Fri 29 Aug to Sat 6 Sept

The Potato Shed
(Bellarine Multi-Arts Centre)
• Tickets \$22.00 • Concession \$18.00
• Groups 20+ \$16.00

Box Office: 5251 1998
Peninsula Drv. Drysdale

Peninsula Drv. Drysdale or from any City of Greater Geelong Customer Service Centre



POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998



www.springdale.org.au The SpringDale Messenger <

Op Shop Fashion Parade - Lots of Fun ...

Another great afternoon of Fashion, Fun and Food at Drysdale Community Church.

Our 2nd Combined Fashion Parade saw three local Op Shops again taking part - Second Chance Clothing, 16 Pinnaroo Avenue, Clifton Springs, Concern Op Shop and Lifeline Op Shop, both in Village Walk, Drysdale.

We had nine ladies from the three shops, plus two very brave males and little 6 year old Sarah modelling some pre-loved fashions.

It was a great afternoon with over 70 people attending and lots of bargains to be had.

Our MC was 'local identity' Slavko, who again entered into the spirit of the day and added to a fun afternoon.

We raised a fantastic \$1,000.00 which will be divided amongst the three shops to support their various causes.

We would like to say a big 'thank you' to our generous sponsors Bendigo Bank, who donated \$100.00, and Bakers Delight who supplied scones for afternoon tea.

Thank you so much to all who came and all who helped to make it such a great afternoon.





Can we raise \$200 to foster a koala?

The Australian Koala Foundation is the principal non-government, not-for-profit organization dedicated to the conservation of the wild koala and its habitat. It is estimated there are less than 100.000 koalas left in the wild today. Koalas are unique animals and it is important that we all do something to help them as they are our history and heritage. The Drysdale Girl Guides will help by selling koala tattoos, stickers and black noses. If the Drysdale Girl Guides can raise \$200 they can foster a koala for one year. Please try and help save these marsupials.

For further information, contact Anne Brackley at SpringDale on (03) 5253 1960.

Can we help?

Some of you will be aware of an ABC TV programme on Fridays at 6.30pm. In this programme viewers are asked to send in questions and the presenters try to answer them.

We thought that we would try to provide a similar service for our community, with the emphasis on the Bellarine Peninsula, although we are quite happy to try to answer any question.

With the combined resources of SpringDale, and the people of the local area we are sure that we will be able to solve many queries. If you have any queries or answers please send them to SpringDale at office@springdale.org.au , by mail to PO Box 80, Drysdale or you can drop them off at SpringDale.

To start the ball rolling we have a few questions.

- Cobb & Co travelled through the area.

 Does anyone know where they picked up and put down passengers?
- 2. There were evidently five churches in Church Road, Bellarine. Does anyone know where they were situated?

Art happening in Drysdale

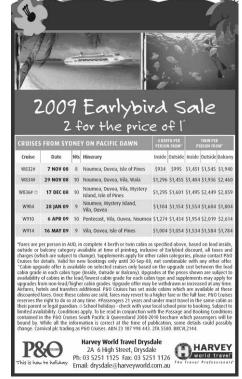
Drysdale Community Church is hosting an Art Expo commencing Friday, 31 October and continuing through Saturday and Sunday, 1 & 2 November at 276-290 Jetty Road, Drysdale. For those artists familiar with St. Joseph's Art Expo, the Drysdale Expo will be run along the same lines giving local artists the opportunity to display a good selection of their works, and providing an opportunity for our community to view and purchase from our many talented artists at studio prices.

Local artists are invited to show their work for sale by contacting our office for an application form or for any further information. The number of stalls will be limited so please apply early.

Some of the proceeds will be used to fund programs for people in our community who normally would not have access to art programs or who may have special needs.

Drysdale Community Church Office open Monday -Thursday phone (03) 5253 2241.





a Cook's Tale

Sara Hussen Benn

Sara Hussen Benn trained at the Ecole Ritz Escoffier in Paris and cooked authentic French food.

For more information emails the activities the property of th

For more information email: thestationbandb1@bigpond.com or call Sara & John Benn on (03) 5281 1667

The Cooks GBC of Paris

The Cook's has abandoned and deserted the pots and pans of home for the pots and pans of Paris! Weeks and weeks of abundant pleasures (that is food, food, food) await her – her anchor and delight will be the Ritz Escoffier School of Cooking, a return to her Master, Chef August Escoffier, and Paris, Paris, Paris all around her every which way, upstairs, downstairs, in an ecstacy of gourmamising.

Cook's Personal GBC

- A. Art, Aries sausage and Angelina's hot chocolate.
- B. Bonnard, borche, baguettes and Bernhardt's rooms.
- C. Coffee (bitter, nasty), cheese (President Brie), cemeteries.
- D. Dogs, Dogs Gertrude is able to sit in a café.
- E. Endless walking tout Paris on foot.
- F. Fritters (hot chips in the snow).
- G. Galleries, gardens, gloves.
- H. Hats, Russian with Sherlock Holmes ear–muffs, theatre Huchette-ionesco play running for 20 years.
- I. I, I, me, me, self, self, in Paris IIe de la Cite.
- J. Jam and baquettes for breakfast.
- K. Kitchen and cooking gadgets galore. Knize Ten cologne for the husband.
- L. Little Russia and Rue Daru-St Alexander-Nevaska Cathedral, Luxembourg Marionettes.
- M. Meringues, Madeleines, macaroons from Laduree.
- N. Notre-Dame.
- O. Orangerie, oval Monet rooms.
- P. Prunes, Paris in a snowdome, Place Dauphine, Pont Nuef.
- Q. Queues, queues, queues.

- R. Rue de Rivoli, River Seine, Right Bank, Recipes of the Ritz.
- S. Sainte-Chapelle, La Samaritaine Department Store.
- T. Tuilleries' Carousel..
- U. Umbrellas, Utrillo.
- V. Virgin Mary in Nativities, Vuillard.
- W. Walking, Winter lights, waiters (snooty).
- Extacv.
- Y. Young children, Les infants Du Paris and their Mamas.
- **Z.** Zadkine sculptures.

Recipes of Ecole Ritz Escoffier, Paris

Apples Caramel(Pommes Carameilzed).Cheesecake(Tarte au Fromage Blanc).Chestnut tart(Tarte aux Chataignes).Chicken with mushroom garnish(Poulet Chasseur).

Chocolate-Nougatine Tart (Tart Guanaja).

Frozen Chestnut Souffles (Souffle Glaces aux Marrons).

Frozen fruit (Fruit Givres).

Mushroom Tartin (Tartin de Champignons).

Quiche Lorraine (Quiche Lorraine).

Sole Tante Marie (Sole Tante Maria, trad. Recipe).
Souffle Crepe with Lime (Crepes Souffles au Citron Vert).

Snow Eggs (Oeufs a la Neige).

Tiramisu (Tiramisu).

If you would like a copy of any of these wonderful French recipes please contact the SpringDale Centre and we will arrange for a copy to be sent out to you.

Ring, Ring!

How many ring pulls from aluminium cans do you need to weigh one kilo? What's in ring pulls that makes them so valuable? Answers: 35,000 and titanium. And the importance of this? ONE kilo of fused ring pulls provides enough material for Thailand's Mobile Artificial Legs Production Unit to make components for TWO prosthetic legs for victims of landmines.



We at SpringDale are collecting "ring things" and passing them on so they are put to good use. If you would like to help collect them, they can be left at SpringDale.

'Christmas' in the SpringDale Kitchen

Members of the 'SpringDale Men's Kitchen' celebrated 'Christmas in July' and invited their partners and family to the celebration.

Tables were set, food was served and all had a wonderful time.

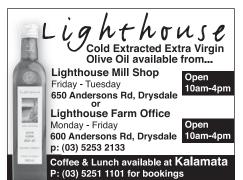
Letter of Thanks

Thank you all for the great 'Christmas in July' lunch. It was a thoroughly pleasant day and the food was so good. What a good idea this group is. Keep up the good food.

Heather Sprake



Enjoying Christmas lunch



www.lighthouseoliveoil.com.au

The Drysdale

COFFEE • LUNCH • DINNER

OPEN 7 DAYS

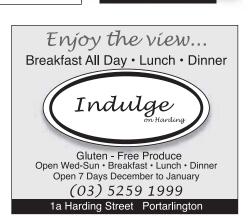
Lunch & Dinner

Reservations (03) 5251 2301

• Sports Bar • TAB • Kids Playroom
• Alfresco Beer Garden

Drysdale Hotel

High St DRYSDALE



Portarlington/Drysdale Lions Club

Annual Report

At the Lions Club Changeover Dinner, held at their newly refurbished Den, outgoing President Cam McLean handed over to new President John Harman, and highlighted the following activities.

Elderly

Yard cleanups for pensioners at Portarlington, Indented Head and St Leonards. A Lions Club display at the Portarlington Seniors Expo. Removal of old fences at the Village for contractors to replace. Delivered the last two lots of wood for pensioners.

Outgoing President Cam McLean congratulates incoming President John Harman

Community Involvement

Supported Clifton Springs Community
Association in applying to Envirofund to
enhance the Adrian Mannix Walk. Provided
finance towards SpringDale Neighbourhood
Centre's Welcome Kit. Conducted Sausage
sizzles for Portarlington Mill's 150th celebration
and Church by the Bay's Carols by Candlelight.
10 Teddy Bears provided to CFA Drysdale and
Portarlington for traumatized children. Delivered
then removed trestles for the Drysdale Flower
Show.

Youth Involvement

Provided \$200 to Bellarine College's Youth Fest and to Queenscliff Cottage by the Sea. Conducted a Peace Poster Competition at Portarlington and Clifton Springs Primary Schools. The Youth of the Year Quest was successful. Hosted 5 European Exchange Students. Sent 6 Primary School students, two each from Drysdale, Portarlington and St Leonards schools to Lions Licola Village.

Fund Raising

Our Charity Golf Day netted \$4200 for Licola Village and Save Sight First 2.

Netted \$1500 from a Garage Sale and sales of Canola bales. Profit increased at our annual Crayfish Spin.

Health

Donated \$400 towards a Hart Walker for children. Funded a special Tricycle for Ellie, a local child. The Great Grocery Grab provided \$883 to Lions Cord Blood project. Lions Hearing Dogs received \$200. Cooked and delivered chips for the Good Friday Seafood Feast.

Membership

With 3 members coming in and 1 resigning due to relocation to Roxby Downs, an increase to 26 means our membership is healthy. However, we welcome anyone who wants to contribute to their community in an enjoyable way.

Contact Secretary Ray Meaney on (03) 5259 1782

Community Enterprise Foundation

Bellarine Peninsula Community Grants Program

Applications from community organisations are sought to develop and enhance the Bellarine Peninsula community.

Applications from the Bellarine Peninsula community that address the following areas will receive priority:

- · Families and youth activities
- Public health programs
- Public education
- Innovative community services
- Cultural and arts initiatives
- Environmental projects

Who is eligible for support?

Organisations, clubs or community groups that apply:

- Must be recognised as an endorsed charity by the ATO with Deductible Gift Recipient Status or be a not-for-profit organisation; and
- Should have an ABN

For more information or to apply phone 1300 304 541 between 8am and 8pm Monday to Friday, email foundation@bendigobank.com.au or visit the Bellarine Peninsula **Community Bank**®branches.

Dankebranenes.

To apply application forms must be forwarded to PO Box 480, Bendigo, VIC 3552 by close of business Friday 3 October 2008. Successful applicants will be advised in writing.

Community Enterprise™ Foundation ABN 69 694 230 518. Community Enterprise™ Charitable Fund ABN 12 102 649 968. (67718-v1) (13/08/2008)

Bellarine Peninsula Community

Bank®Branch



Our Clifton Springs?

Clifton Springs as we all know is a delightful place on the Bellarine Peninsula. Probably what most people do not know is that Clifton Springs is a village located in Ontario County, New York, United States. In the US 2000 census the population of Clifton Springs, New York, was 2,223.

The village takes its name from local mineral springs. Sulphur Springs, as it was originally called, has attracted many thousands of people, who come to enjoy the benefits of the sulfur waters.

Today Clifton Springs has a hospital with an entire wing, offering the mineral waters with many other therapies for health and healing.

State of the Art Technology

Small Business - Commercial - Residential

Home Automation - Electrical - Data Security - CCTV - Access Control Audio/Video Distribution.

www.glrsolutions.com.au

Phone: **0425798788** 03 52345234



R.E.C 3297 A.B.N 99 078683691 P.S.B.R 717-637-70S

TAX RETURNS

Lilkendey Taxation & Financial Services

Reg Tax Agent, CPA, CFP

- Mobile Service Standard \$85
- Concession \$80 2 Returns \$155
 - Prompt refunds Quality Service,
 Appointments Day & Night
 - Also Financial & Investment advice

Phone (03) 5259 3704 · Mobile 0414 952 906 25 Spray Farm Lane Bellarine 3221 SpringDale Neighbourhood Centre Inc

Term 4



Give a Gift of Knowledge

Gift Voucher

Course Gift Voucher is an ideal present for a family member

GUIDE OPPORTUNITY 2008





cup cakes, mahjong and much more...

17–21 High Street Drysdale Phone: (03) 5253 1960 Fax: (03) 5253 3050 Email: office@springdale.org.au
Office Hours during school holidays: Monday 22 Sept to Friday 3 Oct 9am – 12noon · Normal Office Hours resume Monday 6 Oct 9am – 3.30pm











All activities are conducted in the SpringDale Centre unless otherwise specified.

LOOK! - What's New

For further information about the following activities please contact the friendly team at the SpringDale Neighbourhood Centre (03) 5253 1960.

No courses or groups will be conducted on Tuesday 4 November, Melb Cup Day.

Espresso Coffee Making Workshop

Coffee lovers! Yes, our Espresso machine has been installed and we are conducting coffee making workshops. Come and learn to make that perfect cup of coffee. Small groups, so enrol early.

Dates/times: Wed 8 Oct 6pm – 8pm

OR Wed 22 Oct 6pm – 8pm **OR** Wed 5 Nov 6pm – 8pm

Fee: \$25 Tutor: Jordan Smith

RESEARCHING FAMILY HISTORY - Getting Started / Session 1 – Thurs 30 October

Each member to tell their family story. Suggestions given for lines of research. Please bring any family stories, photos, recordings.

Time: 10am

Each session lasts one hour. **Fee:** Cost for 4 sessions is \$20.

Getting down to business Session 2 – Thurs 6 Nov

Places to obtain information – Registry of Births, Marriages, Deaths, State Library, Victorian Genealogical Society, Geelong Heritage Centre, Geelong Family History Society.

Searching Far and Wide Session 3 – Thurs 13 Nov

Research on the internet and other possible overseas sources for which there may not be internet access.

Putting it all together Session 4 – Thurs 20 Nov

Writing your own family history for the benefit of future generations.

Tutor: Peter Munster

Techniques of Digital Photography

Learn to manipulate your digital camera to achieve the best results on the following subjects.

Week 1 - Land, Sea & Flowers Week 2 - Child Photography

Week 3 - Portraiture

Week 4 - Photo Manipulation

Dates/times: Tues 14 Oct - Tues 11 Nov 7pm - 9pm (4 sessions excl Melb Cup Tues 4 Nov)

Fee: \$100 \$80 Concession

Tutor: George Stawicki • BYO CAMERA

Men's Kitchen

Due to the overwhelming success of our 'Men's Kitchen' we are creating a new group. Come along and make delicious, tasty meals from start to finish and enjoy the friendships.

Dates/times: Thurs 16 Oct 10am-2pm

Pole Walking Group

Pole Walking is enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk.

Information session commences Mon 27 Oct 10am

Tutor: Helen Watts

Buying or Selling a Home

Let **Ann Wojczuk** show you how to select the right Real Estate Agent, prepare your home for sale, presentation and maximum exposure.

Dates/times: Wed 19 Nov 7pm – 8.30pm (1 session)

Fee: \$20 Room: Training Room

Life Perception Discussion Group

Discuss the essence of life's journey and how we relate to each other. You are invited to join us over a cuppa at our weekly discussion group to explore the fascinating range of eclectic topics within this awareness-raising field.

Dates/times: Thurs 10.30am – 12noon.

Facilitator: Wendy Page, who for the past 20 years has had a strong curiosity about this subject and would like to share with those that want to find out more.

Expressions of Interest

For further information about the following activities please contact the friendly staff at the SpringDale Neighbourhood Centre.

Photography for the Young

Do you have a budding photographer at home between the age of 10-16 years who is interested in learning more about digital photography?

Christmas Beading Giftware

Come and join our workshop and make those decorative beaded gifts for Christmas such as a crystal angel, bookmark or glowing suncatcher.

Dates/times: Wed 3 Dec 6.30pm – 8.30pm (2hr session) Fee: \$25 plus Bead Kits start at \$5 Tutor: Linda Wharton Room: Training Room

Accredited Courses

Red Card (OH & S induction)

The course is designed to provide participants with specific OH & S compliance and legislative information relating to a range of topics which relate to industry induction requirements. Red Card is issued following the assessment as a competent permit holder for entry to building and construction sites throughout Victoria.

Dates/times: Fri 31 Oct 9am-3.30pm or Tues 21 Oct and Wed 22 Oct 6pm-9pm

Fee: \$190

Tutor: Vic Bodsworth-Additional Training Options

Room: Training Room

Work Safely at Heights (Under 2 Metres) Code MNMG237A

This course caters for people who work in environments where falls of less than 2 metres may occur and covers Work Safe Codes of Practice requirements, legislation, regulations and Job Safety Analysis.

Dates/times: Tues 28 Oct 5.30pm-9.30pm

Tutor: Vic Bodsworth - Additional Training Options
Room: Training Room

Stop the Traffic Worksite Traffic Management



Participants earn the capability of being competent to manage and control worksite traffic requirements.

Dates/times: Sat 25 Oct 11am-5pm Fee: \$190

Tutor: Vic Bodsworth - Additional Training Options

Room: Training Room

Code BCCCM3003B

Food Handling and Safety (Apply basic food handling) Code FDFCORFSY1A



Great for school leavers, volunteers and those already employed in food related areas. This accredited module will give knowledge and skills in correct and safe food handling, storage and hygiene. Update your skills and improve your job prospects today.

Dates/times: Mon 25 Oct 9am - 3pm
Fee: \$85 Tutor: GATE Room: Kitchen

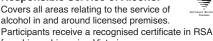
Food Safety Supervisor Code FDFCORFSY1A



Food businesses must have a Food Safety Supervisor. The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. Pre-requisite: Participants must have successfully completed Basic Food Handling and Safety (course listed above).

Dates/times: Mon 27 Oct 9am - 3pm Fee: \$85 Tutor: GATE Room: Kitchen

Responsible Service of Alcohol



from Liquor Licensing Victoria.

Dates/times: Sat 22 Nov 9.30am - 1.30pm

Fee: \$65 Tutor: Diversitat Room: Kitchen

First Aid – CPR (Cardiopulmonary Resuscitation)



Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. First Aid/CPR is the first 3 hours of First Aid - Level 2. See that course for details.

Dates/times: Sat 8 Nov 9am-12noon (1 session)

Tutor: National First Aid Fee: \$45

Room: Occasional Care

First Aid - CPR / Anaphylaxis (Cardiopulmonary Resuscitation) Code VBP112 / 21659VIC

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. Within this combined course learn to administer adrenalin for Anaphylactic reaction. This program is designed to provide knowledge and skills to the first-aider to be able to perform emergency administration of prescribed adrenalin using the injecting devise (EPIPEN). This is when a person (particularly children) have suffered a potentially life threatening anaphylactic reaction.

Accredited Certificate valid for 12 months First Aid/Anaphylaxis is the first 3.5 hours of First Aid - Level 2. See that course for details.

Dates/times: Sat 8 Nov 9am-12.30pm (1 session) Tutor: National First Aid Fee: \$85

Room: Occasional Care

First Aid - Level 2 Code 21593VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylatic updates) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 8 Nov and Sat 15 Nov 9am-5pm

(2 sessions) Fee: \$185

Room: Occasional Care Tutor: National First Aid

First Aid - Level 2

Code 21593VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR update) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 8 Nov and Sat 15 Nov 9am-5pm (2 sessions) Room: Occasional Care

Art and Craft

Discover the Artist Within

Foundation Course – the first stage in the journey. If you have always wanted to create art but didn't get a chance to learn how to draw or about art methods or if you want support and instruction in a personalised, step by step approach. This course wlll teach you to use your eyes as the artist does, allowing you to gain confidence to express yourself and create art

Materials required: A4 sketch book, 2B pencil, protective clothing (eg. old shirt). Other items will be

supplied or suggested during the course. **Dates/times:** Tues 14 Oct – Tues 9 Dec 11am - 1pm (8 sessions excl Melb Cup Tues 4 Nov)

Dates/times: Wed 15 Oct - Wed 3 Dec

4pm-6pm (8 sessions)

Tutor: Annette Playsted-Simmons Fee: \$120

Room: Recreational Room

Advanced Art Course Continue the journey

If you have completed the Foundation Art Course 'Discover the Artist Within' or you have completed a foundation art course elsewhere or if you are a practising artist and want input and feedback then this course is for you. Choose from the following possibilities to specialise in or explore over time. Portraiture, Still Life, Landscape, using chalk pastel, oil pastel, ink and wash or mixed media drawing, acrylics or water colours.

Materials required: A4 sketch book, 2B pencil, protective clothing (eg. old shirt). Other items will be supplied or suggested during the course.

Dates/times: Wed 15 Oct - Wed 3 Dec 1pm-3.30pm or 4pm-6pm (8 sessions)

Tutor: Annette Playsted-Simmons Fee: \$120

Room: Recreational Room

Fascinating Faces Portraiture 2 Day Workshop

Learn to see and draw the human face with clarity and as a vehicle for expression. Key aspects to drawing a portrait will be taught in a supportive and relaxing way.

Materials: Materials required are inexpensive. Dates/times: Sat 13 Sept 10.30am-12.30pm then 1.30pm - 4pm AND Sun 14 Sept 10am - 12.30pm then 1.30pm-4pm (2 sessions)

Tutor: Annette Playsted-Simmons Fee: \$90

Room: Hall/Rec Room

Jewellery Making

You will have a chance to craft a silver wire bracelet and a contemporary silver art charm and more. Come along for a one day workshop and create your own jewellery. Feel free to bring along silver or 9 carat gold jewellery that you would like to re-fashion quickly and easily - the results can amaze. Dates/times: Sat 8 Nov 1pm - 5pm (1 session)

Tutor: Jeff Dean Fee: \$60 (includes materials) Room: Hall

Children's Programs

Music and Movement

Enjoyment of music, dance and song to encourage the development of beat, rhythm, tempo, pitch and harmony - all while having fun. This is a great way for little ones to develop confidence, self-esteem, concentration, memory, listening, language and self-expression.

Dates/times: Wed 8 Oct - Wed 10 Dec 9.15am -10am (10 sessions) Tutor: PSD Education Fee: \$60 Room: Centre Hall

Health & Wellbeing

Tai Chi combines movement, meditation and breath regulation to enhance the flow of vital energy in the body, improve blood circulation, and enhance immune functions. Jun Yi has extensive Tai Chi experience including high rankings in several Chinese national championships.

Dates/times: Fri 10 Oct - Fri 12 Dec

9.30am - 10.30am (10 sessions) Tutor: Jun Yi Weng Fee: \$100 Room: Centre Hall

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed. Dates/times: Mon 13 Oct - Mon 15 Dec

9.15am-10.45am (10 sessions) Fee: \$100 OR Thurs 9 Oct - Thurs 11 Dec 6pm - 7.30pm **OR** Thurs 9 Oct - Thurs 11 Dec 7.45pm - 9.15pm (9 sessions) Fee: \$90

Thurs 13 Nov – No Yoga Class

Tutor: Glenda Breedveld Materials: Mat supplied but feel free to bring a rug.

Tummy Hips & Thighs

This is a low impact class, toning thighs, buttocks and abdominal pelvic floor strengths.

Date/Time: Tues 14 Oct - Tues 9 Dec 6-7pm (8 Sessions excl Melb Cup Tues 4 Nov) Fee: \$80 Tutor: Sally McDonald Room: Centre Hall

Computers

All computer classes are held at SpringDale Neighbourhood Centre/ Computer Room. Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension.

Introduction to Computers A/B

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do.

Skill Level: Beginner

Dates/times: Tues 14 Oct - Tues 9 Dec (excl Melb Cup Tues 4 Nov) 9.30am - 12noon (8 sessions) Fee: \$160 or \$80 Conc (\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Computer C

(Intermediate Word - follows on from A/B class)

Learn how to create tables, use tabs, columns, clip art and put a border around a letter. Skill Level: Beginner+

Dates/times: Tues 14 Oct - Tues 9 Dec (excl Melb Cup Tues 4 Nov) 12.45pm - 3.15pm (8 sessions) Fee: \$160 or \$80

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Computers D (Creative Projects)

Create Greeting Cards using Microsoft Publisher. This class will make you more creative and assist with personalising your greeting cards, Christmas cards/birthday gift tags. Let your imagination run wild! Skill Level: Intermediate

Dates/times: Thurs 16 Oct - Thurs 4 Dec 12.30am - 3pm (8 sessions)

Fee: \$160 or \$80 Concession

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

eBay - Sellers

Learn how to sell on eBay. Do you have some interesting articles that you've considered selling on eBay and weren't sure how to start. Come along and learn from an eBay trained professional.

Skill Level: Intermediate +

Dates/times: Wed 15 Oct - Wed 22 Oct 6.30pm - 9.30pm (2 sessions) Fee: \$80

Tutor: Angelo D'Angelo



Microsoft Office 2007/Vista

Extend your skills with the Microsoft Office 2007/Vista suite of programs including a brief introduction to learn how to navigate around Vista. Learn to use Microsoft Word for more than a word processor, use Outlook to organise your important meetings and dates, discover how powerful Excel can be and learn to make presentations and slide shows for you family and friends with PowerPoint.

Skill Level: Intermediate + Dates/times: Mon 13 Oct - Mon 1 Dec 4pm - 6.30pm (8 sessions) Fee: \$160 or \$80 Conc (\$55 subsidised tuition fee + \$25 services fee) Tutor: Tony Reymers, AMGARR COMPUTERS

Email & Internet

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including voice, video and interactive chat and learn how to check for and avoid viruses Trojans, worms etc.

Skill Level: Beginners

Dates/times: Mon 13 Oct - Mon 1 Dec 7pm - 9.30pm (8 sessions) Fee: \$160 or \$80 Conc (\$55 subsidised tuition fee + \$25 services fee) **Tutor: Tony Reymers AMGARR COMPUTERS**

Revised Computer Performance and Maintenance



Do you wonder why your computer slows down or runs out of disc space. This course is for you. We will discuss the causes of and how to fix these issues. This entails clearing your computer of unnecessary files and how to keep your computer running at its best performance. We also show you how to fix your computer when it does not boot into Windows and how to respond to error codes on your computer. Dates/times: Mon 13 Oct - Mon 1 Dec

1pm - 3.30pm (8 sessions) Fee: \$160 or \$80 Conc (\$55 subsidised tuition fee + \$25 services fee) Tutor: Tony Reymers AMGARR COMPUTERS

Intermediate Computer

Students in this course will learn how to use Word, Excel, Internet and Email. More than an introduction to these software packages, it's how to get the best

Dates/times: Wed 15 Oct - Wed 3 Dec 12.30pm - 3pm. (8 sessions)

Fee: \$160 or \$80 Conc Tutor: Jonathan Harris

Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn Photostory to convert your pictures into an entertaining movie. Materials: Photos optional

Dates/times: Wed 15 Oct - Wed 12 Nov 10am-12noon OR Fri 17 Oct - Fri 14 Nov 4pm - 6pm (5 sessions) Fee: \$120 or \$60 Conc Tutor: Jonathan Harris

Digital Photography Doctor

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperature, different file formats, downloading images, red eye reduction and lighting techniques. **Dates/times:** Thurs 16 Oct – Thurs 6 Nov 10am - 12noon (4 sessions) Fee: \$100 or \$80 Conc

Tutor: George Stawicki

General Interest & Skills

Cup Cake Decorating & Icing BEGINNERS

Come along and dabble with cup cakes of many colours, designs and flavours. This workshop has been such a success and will be for a second term so book early! Don't miss out. Limited numbers. Dates/times: Sat 25 Oct 2pm - 4pm

Fee: \$30 Tutor: Debra Winter Room: Kitchen

Cup Cake Decorating & Icing ADVANCED CLASS

For those who enjoyed the Cup Cake Workshops, due to demand we have an advanced workshop designed to cater for creative and more intricate and varied decorations. So book early to avoid disappointment. Limited numbers.

Dates/times: Thur 13 Nov 6.30pm **OR** Tues 9 Dec 6.30pm - 8.30pm

Fee: \$30 Tutor: Debra Winter Room: Kitchen

Non SpringDale Classes & Groups

Bridge for Beginners

Come along and enjoy the challenge of learning how to play Bridge by our experienced tutor.

Date/time: Wednesdays 9.30am -11.30am Tutor: Mark Cline

For bookings (03) 5222 2736, 'University of the Third Age'

Venue: SpringDale Neighbourhood Centre

Room: Training Room

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being.

Dates/times: Term 4 classes commence on Tues 7 Oct, 9.30am - 10.30am (intermediate) and 11am-12 noon (beginners to intermediate) Thur 9 Oct, 6.45pm - 7.45pm (intermediate) 8pm - 9pm (beginners to intermediate)

Tutor: Monique MacLeod Fee: \$128 (10 weeks)

Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale.

Phone: (03) 5251 2958 to book.

Privacy: The SpringDale Neighbourhood Centre respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

SPECIAL INTEREST GROUPS

Bellarine Woodworkers Inc.

Meet first and third Monday of the month at 1.30pm at SpringDale Neighbourhood Centre. New members welcome. Just turn up!

SpringDale Singers

A mixed voice choir meeting on Tuesdays, from 1.30pm - 3.30pm in the SpringDale Neighbourhood Centre Hall. New members welcome. Persons interested may come as visitors on any Tuesday.

For those who enjoy the experience of Life Drawing. Mon 1.30pm - 4pm. Waiting list may apply.

Activities and Games

SpringDale Badminton

Any new interested players please contact SpringDale. Wednesdays 1pm-3.30pm weekly at The Scout Hall Drysdale.

SpringDale Chess Club

Today, chess is one of the worlds most popular games played by millions of people worldwide. Wednesday afternoons 1pm - 3pm. \$1 per session.

SpringDale Jigsaw Club

Borrow a jigsaw from a big library at the bargain price of 40¢, Come along to the SpringDale Centre Hall on the first Thursday of the month from 10am - 12noon.

SpringDale Mahjong Club

Mahjong involves skill, strategy and a certain degree of chance. This group meets Wednesday from 10am - 12noon. \$2 per session.

SpringDale Scrabble Club

Weekly scrabble group is held on Tuesday afternoon, 1pm – 3pm and caters for players of all abilities and new players are always welcome. \$1 per session.

Card Games

Members enjoy playing a variety of card games including Canasta, Euchre and 500. This group meets Monday afternoons from 1-3pm. \$2 per session in the SpringDale Centre.

If you can count to four and can tell your left foot from your right, you can line dance! Join our group. Commences Weds 8 Oct 10.15am - 12.15pm. \$7 per session.

Parents and Children

Bellarine Toy Library

Saturday mornings 11am-12noon. We have some fantastic toys to borrow (ages 0-6 years) so come along and see what we have to offer!

Portarlington Toy Library

Monday and Wednesday mornings 11am-12noon. Operates out of the Portarlington Pre-school. Look for the balloons and sign. New members welcome.

Craft

Springers Quilting Group

The group makes beautiful quilts for Palmerston Court Aged Care. Meets on the 4th Thursday of the month at SpringDale from 10am-12noon.

Scrapbooking

Preserve photos in a creative ways. All welcome, beginners will be shown techniques. Last Wednesday of the month, 7pm-10pm.

Crochet & Knitting

Caters for novices or those wishing to increase their skills. \$1 per session. Meets Tuesday afternoon 1pm-3pm. Group leader: Jan Westwood

Computers

PC User Help Group

We can encourage people to follow their interest in computers and share this interest with Liam Bennett and others. Meets 2nd Tuesday in the month 4pm-5pm.

Health and Wellbeing

Meditation

Mindfullness can be thought of simply as the self awareness that comes from systematically paying attention in a particular way on purpose in the present moment and non-judgmentally. This kind of attention nurtures greater awareness, clarity and acceptance of 'What is really going on within us'. First week of each term is an introduction to meditiation

Date/times: Tuesday 7 Oct 7.30pm-8.30pm weekly

Tutor: Max Simmons

Book Club Group

All avid book readers come and share your opinions and interpretations of selected titles

Date/time: 1st Monday of each month. 7.30pm - 9pm Tutor: Lucy Pope Room: Training Room

Come along and enjoy making delicious tasty meals from start to finish. This is a fun group where humour exists, friendships are formed and appetites are fullfilled. Every Weds 10am - 2pm and will commence Wed 8 Oct.

SpringDale

OCCASIONAL CARE

A three-hour session will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself. Sessions are: Tuesday, Wednesday and Friday mornings 9am – 12noon, Monday and Thursday 9am - 2pm. For further information please phone Occasional Care on (03) 5251 1627. Sessions run during school terms only.

Enrolment & Payment Conditions

ENROLMENT

To book into a class, phone (03) 5253 1960, or call in person, at SpringDale Neighbourhood Centre,

17-21 High Street, Drysdale,

Email: office@springdale.org.au or send in the course booking slip.

- · If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees.
- · Your enrolment is confirmed when payment is received.
- · Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- · We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip
- If there are not enough enrolments to successfully run a course it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason. you will be notified and your fees will be refunded in full.
- · Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- · If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

St Leonards Community Space

Shop 3, 1377 Murradoc Road St Leonards

Ongoing support for the St Leonards Community Space under the guidance of Neville, Terrielyn and volunteers is proving to be a great success. Please contact St Leonards Community Space (03) 5257 2032 or SpringDale Community Centre for further information about courses and groups. If our phone is unattended, please leave a message and we will return your call as soon as possible.

TAX HELP - It's that time again...

Dates/times: Mondays due to demand. By appointment only. Conditions apply. Fee: No Charge Facilitator: Sue Wood

Intermediate Computer

Students in this course will learn how to use Word, Excel, Internet and Email. More than an introduction to these software packages, it's how to get the best

Dates/times: Mon 13 Oct - Mon 1 Dec 9.30am - 12noon. (8 sessions)

Fee: \$160 or \$63 Conc Tutor: Jonathan Harris

Introduction Computer A

Students will be introduced to computers. They will learn the language of computer so they can talk knowingly about them and be able to start using them as a fun tool.

Dates/times: Mon 13 Oct - Mon 1 Dec 12.30pm - 3pm (8 sessions)

Fee: \$160 or \$63 Conc Tutor: Jonathan Harris



Introduction to Computers A/B

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do. Skill Level: Beginner

Dates/times: Fri 17 Oct - Fri 5 Dec 12.45am - 3.15pm (8 sessions)

Fee: \$160 or \$63 Conc Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction Computers C

(Intermediate Word - follows on from A/B class)

Learn how to create tables, use tabs, columns, clip art and put a border around a letter.

Dates/times: Fri 17 Oct – Fri 5 Dec 9.30am – 12noon (8 sessions)
Fee: \$160 or \$63 Conc Tutor: Lyn Brook



Introduction to Computers D (Creative Projects)

Create Greeting Cards using Microsoft Publisher. This class will make you more creative and assist with personalising your greeting cards, Christmas Cards/birthday gift tags. Let your imagination run wild!

Skill Level: Intermediate Dates/times: Wed 15 Oct - Wed 3 Dec 9.30am - 12noon (8 sessions) Fee: \$160 or \$63 Conc Tutor: Lyn Brook, Lynette's User-Friendly Computers



Introduction to Computers A

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do. Skill Level: Beginner

Dates/times: Wed 15 Oct - Wed 3 Dec 12.45am - 3.15pm (8 sessions) Fee: \$160 or \$63 Conc Tutor: Lyn Brook, Lynette's User-Friendly Computers



Students in this course will learn how to use Word, Excel, Internet and Email. More than an introduction to these software packages, it's how to get the best out of them.

Dates/times: Thur 16 Oct - Thur 4 Dec 12.30pm - 3pm (8 sessions) Fee: \$160 or \$63 Conc Tutor: Jonathan Harris



Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn Photostory to convert your pictures into an entertaining movie. Materials: Photos optional

Dates/times: Tues 14 Oct - Tues 18 Nov 1pm - 3pm (5 sessions excl Melb Cup, Tues 4 Nov) OR Thurs 16 Oct - Thurs 13 Nov 3.30pm - 5.30pm (5 sessions) Fee: \$160 or \$63 Conc Tutor: Jonathan Harris

Digital Camera

Learn the workings of your digital camera to get the best results. BYO Camera. Week 1 - Introduction; Week 2 - Flow camera works;

Week 3 - Lenses; Week 4 - Downloading and processing on computer.

Dates/times: Tues 14 Oct - Tues 18 Nov 10am - 11am

(5 sessions -excl Melb Cup Tues 4 Nov) Fee: \$50 Tutor: Bruce Jones



PHONE: (03) 5257 2032 OPENING HOURS: 10am until 3pm Tuesdays, Wednesdays & Thursdays

eBay Sellers

Learn how to sell on eBay. Do you have some interesting articles that you've considered selling on eBay and weren't sure how to start. Come along and learn from an eBay trained professional. Skill Level: Intermediate +

Dates/times: Thur 16 Oct & Thur 23 Oct (2 sessions) 6.30pm - 9.30pm Fee: \$80 or \$72 Conc Tutor: Angelo D'Angelo



RESEARCHING FAMILY HISTORY - Getting Started / Session 1 - Wed 29 Oct Each member to tell their family story. Suggestions given for lines of research.

Please bring any family stories, photos, recordings. Dates/times: 10am or 6pm if required. Each session lasts one hour.

Fee: Cost for 4 sessions is \$20.

Getting down to business - Session 2 - Wed 5 Nov

Places to obtain information - Registry of Births, Marriages, Deaths, State Library, Victorian Genealogical Society, Geelong Heritage Centre, Geelong Family History Society.

Searching Far and Wide - Session 3 - Wed 12 Nov

Research on the internet and other possible overseas sources for which there may not be internet access.

Putting it all together - Session 4 - Wed 19 Nov

Writing your own family history for the benefit of future generations. Tutor: Peter Munster

SPECIAL INTEREST GROUPS

Every Tuesday afternoon at 1.30pm, a great group of people who go out of their way to make everyone welcome. Come and join in for a cuppa and chat and make new friends.

Tuesdays at 1pm and is producing some fantastic work. Everyone from beginners to advanced is benefiting from learning and sharing their skills with one another.

Evening Cross-Stitch

Tuesdays at 7.00pm. Come and join us, both beginners and experienced are

Craft and Patchwork

Sharing knowledge on Wednesday afternoons starting at 1pm. The more experienced patchworkers are helping the others to make a patchwork bag and as always the crafties are doing great work This is a wonderful way to spend a Wednesday afternoon. There is a desperate need for thread for our sewing machine. Any other haberdashery or craft goods would be greatly appreciated.

Art Class

Wednesday evenings at 7pm and is primarily for beginners, but all are welcome. For those looking for a shared learning experience, this is an exciting experience.

Mahjong players welcome both experienced and advanced players. Beginners keep coming back, a testament to what a great game it is. Thursdays 10.30am.

Card Group

Thursdays at 1pm. At the moment "500" is the game of choice.

Scrabble Group

Thursdays at 1.30pm. "At times stygian, at times your cranium is in a pother, but to play worthily brings joyous rapture". So come along and do not let your intellect stupify.

Casual Art Group

Every 1st and 3rd Thursday of the month at 9.30am. So, if you like drawing or painting in a relaxed atmosphere with friendly people, come along.

Art Appreciation Group

Every 2nd Thursday of the month at 10am. Everyone contributed and thoroughly enjoyed the discussion at our first meeting. If you want to explore more about the world of art come along and join in. A fee of \$5 per session applies to this group.

Junior Beading

Every second Saturday at 10 30am. Check the noticeboard for the dates and during the school holidays we will endeayour to hold it every Saturday.

Drysdale Primary School

At the start of Term 3, the Preps and Grade Ones at Drysdale Primary School enjoyed swimming at the Portarlington swimming pool. Each day the children happily participated in a 30 minute swimming lesson learning lots of new skills. The program not only teaches the children how to swim, but also teaches them to be more aware of water safety. It was great to see the children's confidence grow over the two weeks. Some children can be quite hesitant and frightened at the start of the program to even put their head under the water. However, by the end of the program they can confidently dunk their head under the water, blow bubbles and kick. The program also promotes and encourages children to continue having swimming lessons after our school program

finishes. A big thank you to all the staff at Portarlington, parents and Drysdale staff who help to ensure the program runs smoothly. We look forward to its continued success in the

"I like putting my head under the water and blowing bubbles. It is also fun when we get to swim through the hoops". Hamish. P PT

"I like my swimming teacher she is nice. She puts things on the bottom of the pool and I like finding them'. Olga PB

"I have learnt how to kick using a kickboard and how to do torpedo. I can also blow lots of bubbles". Jeavyn PL

"I have learnt how to stay on the noodle horse, it is lots of fun swimming". Norman PB

Danielle Thompson

Prep teacher at Drysdale Primary

Drysdale Senior Citizens Club

We had our A.G.M. and had a good turn out. The new committee was voted in for next year, and there wasn't a lot of changes from last year. President Esther Lornie, Secretary Mary Carroll, Treasurer Bill Clasper, Vice President Joan Scothern, Committee, Val Taylor, Joan Clasper, Joyce Waixel, Les Brock, Peter Tyrrell and Gradie Hayman. We look forward to a good year working together.

Coming up we have Bingo on Monday, 1 September, eyes down at 1.15pm. We also have a trading table and afternoon tea. The hall is lovely and warm just what is needed in this cold weather. Everyone is welcome. Tuesday 16 September we are going to the Clifton Springs Golf Club for lunch. If you need

transport, please let us know and we can arrange a lift for you. If you like you can have a dabble of the pokies.

In October we have Seniors Week and we will be entertained by the Irish Society of Geelong followed with a nice afternoon tea. The cost is a \$2.00 gold coin at the door and everyone is welcome.

With this cold weather we seem to have more sick members than usual. We send our best wishes and hope it won't be long before we see them back. If there is anyone new to the area come up and see what we do. It's a very nice club and friendly people, you will be made verv welcome.

Esther and Mary (03) 5251 2983

Suzie and Cam McLean.

Portarlington Friends Group

Since being formed about June 2004 by several people, the Portarlington Friends Group is still going strong, having monthly meetings plus various monthly activities. The group was formed out of a need perceived by several Portarlington people who felt there was a need for such a group in the Bellarine area where single Over 50's could meet together in a casual way and just chat over coffee. There was a group who regularly met for



For advice regarding:

- **Investment Strategies**
- Retirement Planning
- Superannuation Advice
- Social Security Advice
- Tax Planning Strategies

FREE INITIAL CONSULTATION

Contact: Frank Tigani (03) 5221 2700

coffee then at various houses, and their first official function was the Melbourne Cup Day at the house of a member where they had a great time with their 'Fashions on the Field' and men's hat parade. Many other activities have been Golf Club dinner, Pre-Valentines Day BBQ, card nights, Ferry trip to Sorrento, mini golf and breakfasts. Members are from Portarlington, Leopold, St Leonards, Indented Head, Drysdale, Clifton Springs and Geelong. Whilst aimed at single people looking for companionship and friendship, there have been a number of couples formed out of the group, and one marriage,

Recently another couple from the group, Brian Sutterby and Coral Trollope announced their engagement to the delight of other members. Brian is well known in bowling circles and has been in the Friends Group almost since its inception, with Coral joining a little later. It is emphasised that Portarlington Friends Group is not a date making exercise, but simply a group of mature aged people getting together for companionship and fun.

Anyone interested in coming along can phone Ken Steel (03) 5259 2098 **Barb Lamperd** (03) 5253 2191



Funerals 5251 3477

Incorporating

Drysdale & Peninsula Funeral Services Murradoc Road Drysdale

"Committed to Caring





FOR PICK UP OF ITEMS PLEASE CONTACT:

Bev Serle Jenny Rundell 0431 476 311 Robert Aylwin

(03) 5251 2576 0424 699 271

Items can be dropped off at the Fire Station on a Sunday morning between 9am &10am commencing on Sunday, 4 October.

All proceeds go to the Drysdale Fire Brigade - A Volunteer Brigade serving the community

Fee-free everyday banking for a year. Nothing "everyday" about that.

Streamline Unlimited

Open a Streamline Unlimited account between 7 July and 30 September 2008 and enjoy unlimited Commonwealth Bank Branch, ATM , phone, Internet, and EFTPOS transactions fee-free for a year*. Just make monthly deposits of at least \$2,000 (such as your salary) and say goodbye to a year of fees. Hello Streamline Unlimited.

To apply, ask us in any branch or call 13 2221 today



Important Information: "Excludes international money transfers, whird party payments within a transfer group, non-Commonwealth Bank ATMs here and all ATMS overseas, EFTPOS transactions overseas and separa services such as bank civeleus, periodic payments and transfers/deposits to of banks, if you fail to make the minimum deposits of \$2,000 in any full calendard using the first 12-month period, then the account will be liable for the monthly at fee (currently \$6 per north) from the list subusees day of the next morth. Att of the 12 month period from account opening, the then current monthly account apply. Offer is available to new Streamine Unifinited accounts only and is inflament account per customer. As this advice has been prepared without taking into an objectives, financial situation or needs, you shopuld, before cating on this advice has been proprieted acting on this advice has been proprieted entiry on the subuse of the proprieted proprieted in the proprieted in the proprieted proprieted in the proprieted proprieted in the proprieted propriete objectives, final new shapes of the state of

www.springdale.org.au The SpringDale Messenger <

WANTED

DRYSDALE TENNIS CLUB SUMMER SEASON 2008/09 JUNIOR SENIOR PLAYERS

NEW COURTS WILL BE DONE PHONE SUE (03) 5253 1686

Aiming to improve your quality of life.

- All your Prescription & Health needs Home Medication Reviews.
- Our friendly staff have good practical advice.
 - Pharmacy product orders welcome

Your health professional

St. Leonards Pharmacy

1374 Murradoc Rd St. Leonards VIC 3223 P - (03) 5257 1365 F - (03) 5257 1173 E - stleonards@nunet.com.au

MAGGIE GOVE N.D.

Bowen Therapist & Naturopath

Member of A.N.T.A.

Drysdale Clinic [03] 5251 1188

Opening Hours Wednesday - Saturday [Rear of Elegant Profile]



health & wellbeing

National Stroke Week September 15 - 21, 2008

National Stroke Week is the basis for continuing public education about stroke awareness and prevention in the community.

Stroke is Australia's second single greatest killer and a leading cause of disability. Every year, Australians suffer over 53,000 strokes.

In 2008 the National Stroke Foundation is encouraging all Australians to know the warning signs of stroke - Facial

weakness, Arm weakness, Speech difficulties, **Time** to act fast – **FAST test**. Stroke is a medical emergency – time lost is brain lost, which is why it is important to be able to recognise the signs of stroke in yourself or someone you are with and call 000 immediately.

Getting to hospital guickly can save lives and reduce disability. FAST is an easy way to recognise and remember the signs

Reducing medication problems

Every year, in Australia, almost 140,000 people are hospitalised due to medicine misadventure. It has been found that up to 69% of hospitalisations could have been avoided if the consumer had greater support in managing their medicines.

Pharmacies are further developing ways of helping people to manage their medicines better.

One option is a Patient Medication Profile to assist people to take an active role in the understanding and management of their medicines. Another option is a Dose Administration Aid. These programs have been found to reduce hospitalisations and provide improved health outcomes and a better quality of life.

A Patient Medication Profile is a summary of all medicines taken by a patient, giving details about when and how to take them and what they are for. It gives the patient a greater understanding of their medicines and increases their confidence to manage their medicines themselves.

It also provides an excellent communication tool for when the patient sees other health professionals, such as their GP or specialist. It is particularly effective if a patient is admitted to hospital, allowing hospital staff to quickly identify the medicines they have been taking.

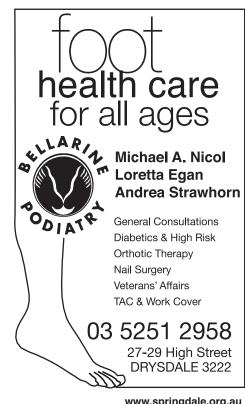
Dose Administration Aids are disposable packets that hold up to a week's worth of medicines in tamper evident sealed compartments. The pharmacy fills these packets for an individual patient, they include identification of the patient and their medicines to avoid any mix-ups. The medicines are packed by the days of the week and are also divided in to Breakfast. Lunch, Dinner and Bedtime compartments.

These services would particularly help people who are on a number of different medicines and those who may be confused by the medicines they take.

Anyone interested should contact their local pharmacy for more information.

Courtesy - St Leonards Pharmacy.

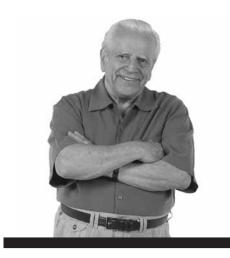




The Sharing of Wisdom

to suggest topics for discussion. The group will have no bias towards any religious group or political party. If religion or politics are mentioned, it will be in the generic sense.

The group will be kept to 8 -12 participants, so that everyone gets a say. There will be no texts to buy and no lectures. A small charge may be made to cover refreshments. To join up, contact the SpringDale on (03) 5253 1960.



As people age and mature, they gain some elements of wisdom. This wisdom is filtered through their own life experiences, so no-one's wisdom is the same. SpringDale is trying to start a small, informal group of mature people who would like to meet monthly to share their wisdom and philosophies. This group would meet on the second Monday of each month at 2pm, in the SpringDale Centre. A wide range of topics will be discussed, and participants will be able

Drysdale Health Group

Proactive, Preventative & Professional

- Physiotherapy
- Podiatry
- Psychology
- Myotherapy
- Exercise Physiology
- Acupuncture
- Pilates

Businesses are separate entities and located at

27-29 High St Drysdale (03) 5251 2958

Sare you ready for ?

1

is waiting to assist you with your reshaping program to a healthier, stronger you..



LIVING LONGER... LIVING STRONGER.

- Weight Loss Reshaping
- Toning & Firming Rehabilitation
- Group Exercise Personal Training

Classes to suit all Fitness Levels

Working to create a fun environment where people from all backgrounds can workout to their hearts content.

Don't wait! Join today to make a difference for tomorrow.

U2 FITNESS CENTRE
33 MURRADOC ROAD DRYSDALE

PH (03) 5253 1795

www.springdale.org.au The SpringDale Messenger <

Bokashi Update with Anne Brackley

Fermenting a better garden

We recently held a well attended Bokashi workshop at SpringDale. The participants shared in the preparation of food scraps for recycling. Everyone had a chance to help with the fermentation and we all learnt that this process helps to retain 50% more carbon than is retained in composting.

We were pleased to have Greg from Eco Organics and Dr Tony Oh-Ishi to support and guide us again.

Everyone either borrowed a bucket to trial for a few months or bought a bucket to use at home or some Bokashi grains or 'Shift' grains a special Bokashi formulation to be used on dog or cat faeces to help it break down and to help with odour.

The juice from the Bokashi bucket can be diluted 1:1000 and then applied to the garden as I did with spectacular results last summer. The diluted juice can also be applied to grass areas to also improve growth and to reduce the amount of water needed. I have shown this to be correct

in a couple of trials at SpringDale Occasional Care and also at my home in small plots set up specifically for this purpose.

My long term vision for this project is that so many people are producing so much Bokashi juice that they donate a portion of it to help to set our school and sporting club ovals up for

sustainability in our climate, with the organics levels in the top soil being raised to the point that minimal watering is necessary and if grey water is used the Bokashi juice helps to neutralize any side effects.

I am hoping we can bring this vision to reality. There is at least one oval that we could have easy access to if there are enough people willing to give this a go. I cannot do this by myself and I really need to be able to work with someone who can share this vision. We will be holding other workshops regularly. Please contact SpringDale to register your interest and to suggest the best time for the workshop to be scheduled.

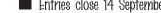
Lions Club of Portarlington/Drysdale Inc

Proceeds to Geelong Hospital 'Special 360 Pegree Operating Table'

Clifton Springs Golf Club Sunday, 5 October 2008 MENS & LAPIES AMBROSE Shotgun start 8.30am

Entry per player \$35 include fees/entry Prize, Lunch & Sausage Sizzle during the day Enquiries

- Geoff Webster (03) 5251 2990
- (03) 5259 1023 Rod Mortison
- (03) 5259 1352 John Harman





Kensington Retirement Village ✓ Comfort ✓ Contentment ✓ Community

Units Open for Inspection

Wed, Fri, Sat 10am - 4pm Sun 10.30am - 4pm **CLUBHOUSE OPEN - SEPTEMBER**

Additional Features include:

- ✓ Gymnasium
- ✔ Dining Room
- ✓ Theatre Room
- ✓ Kiosk
- Activity Room
- ✓ Dance Floor
- Outdoor Bowls ✓ Bar
- ✓ Indoor Heated Pool / Spa

For details and inquiries please contact Joe Longo



STAGE 1A - COMPL -- NOW OPEN FOR INSPECTION --

2 & 3 BEDROOM ARCHITECTURALLY DESIGNED UNITS AVAILABLE WITH SPECIAL SINGLE OR DOUBLE GARAGES.

2 & 3 BEDROOM UNITS STARTING FROM \$285,000 - \$347,500

phone: **03 5250 2156** mobile: **0409 857 563**

email: bel@pipeline.com.au

51-59 Kensington Road, Leopold

www.kensingtonretirementvillage.com.au

Park and Ride

Try an easy pedal along the well maintained and beautiful Bellarine Rail Trail. The Bellarine Railway now offers a Bike Hire Service from the Drysdale station. Leave your car at Drysdale and cycle to Queenscliff for an enjoyable outing.

For further information visit www.bpr.org.au or phone the Drysdale station on (03) 5251 3725.

If you enjoy this, then maybe you can participate in the Great Victorian Bike Ride which takes place from Saturday, 29 November to Sunday, 7 December 2008.

The Great Victorian Bike Ride commences in Ballarat and travels through Rokewood, Cobden, Mortlake, Dunkeld, Halls Gap and Beaufort. Contact Bicvcle Victoria or visit www.bv.com.au if you are interested in this great event.

Funeral Information Options & Advice

Long time Bellarine Peninsula resident and Funeral Director, Helen Trigg, can help with all

your funeral inquiries and options. As Helen says, "we specialise in the different. The impossible takes a bit longer." For obligation free advice call Helen for an appointment on **5221 4788**



Funeral & Bereavement Service

www.tuckers.com.au Grovedale, Lara & Geelong West



from the garden gate

Turn the winter fires off, dust off the winter blues and get cracking in the garden. September is the start of Spring and this is one of the busiest times for all gardeners. Spring is a frenzy of activity, not only for us but also for our feathered friends. The bees are buzzing gathering pollen and the birds are gathering nesting material in readiness for future offspring. A friend of mine had a lovely display of old mans' beard in her greenhouse, but was horrified to discover that it had disappeared. Weeks later we found a beautifully woven little nest in the lemon tree. Made from, you guessed it, her old mans' beard. A good tip for providing nesting material is to grab a small onion bag and fill it with wool scraps, cotton pieces, shredded paper, and animal fur from the vacuum cleaner. Hang the bag in a nearby tree and watch the bird's antics.

Handy Tips

Prune Camellias once they have finished flowering, and prune Hibiscus by half to

keep them compact. If it is frosty in your area wait till October. Watch out for aphids on new rose shoots just squash them or hose them off or you can wait for the ladybirds to gobble them up. Feed your rhubarb with a high nitrogen fertilizer to promote lovely big stalks. To control leaf curl on stone fruit spray with copper oxychloride, do this at bud burst. If you have a cold frame or hothouse now is the time to sow seeds of eggplant, capsicum, zucchini, pumpkin and tomatoes. For peas and beans a top tip is to soak the seeds in tepid water with a pinch of Epsom salts. Sow seeds the next day and they will rocket away. Feed the whole garden with animal manure and blood and bone in readiness for spring planting. To germinate carrot seeds - sow thinly on the soil surface, gently water and place a plank of wood on top of the seeds. When seedlings start to emerge remove the plank. In the flower garden cast seeds of cosmos, granny bonnets, petunias, and marigolds.

As the words of the poem written by William Wordsworth in 1804 say ...

" When all at once I saw a crowd, A host, of golden daffodils"

Maybe it is a good opportunity to take a trip to Kyneton and experience the '36th Kyneton Daffodil and Arts Festival' from

Thursday 4 – Sunday, 14 September, 2008. There will be a magnificent grand parade, art show, wonderful antique fair and much more.

For further information visit

www.kynetondaffodilarts.org.au or telephone 03 5422 2282.

If you do take the time to visit, please let us know how you enjoyed it.

Don't forget to visit the many open gardens in our area and in Melbourne. You can get some great ideas for your own garden.

Visit www.opengardens.org.au for updates or you can join our garden club and visit our gardens.

Next Meeting of the Clifton Springs/Drysdale Garden Club is Monday, 15 September at 7.30pm. Uniting Church hall.

For enquiries call

Lorraine (03) 5251 1660 or Rae (03) 5251 2600.

Happy Gardening Lorraine Wikman

Geelong Cleaning Company · Window Cleaning · High Pressure & Exterior Cleaning · Commercial & Builder Cleans · Move In / Move Out Cleans Call today for your FREE Quote: Ian Day 0425 724 020



Phone NED on **0429 142 268**

Kyneton Daffodil Festival



BELLARINE FENCING Co

We do Picket & Paling, Fences & Gates.

Phone: Andrew & Gayle Baylis on 5251 3090 or 0417 544 887





www.springdale.org.au The SpringDale Messenger <

The Dell National Tree Planting Day





The Tree Planting Day at The Dell was initiated by Matthew Crawley from the Swan Bay Integrated Catchment Management Committee (SBICMC). He contacted the Drysdale/Clifton Springs Community Association Foreshore Sub Committee and as asked if we would like to give a group of volunteers some work to do at The Dell on the foreshore at Clifton Springs.

The Mannerim Junior CFA volunteered to do some planting. They were led by Jeff Avery and Carolyn Bischoff who run the Junior Leaders/Development Program for 11 to 15 year olds. These young people are involved in a wide variety of activities including competitions and championships throughout the state. This is only their second planting day. The other one was at Barwon Heads.

A number of groups were represented together with individuals, landscape gardeners, land owners, City of Geelong (Matthew Jackman and Councillor Tom O'Connor), the Bellarine Landcare Group and the Drysdale/Clifton Springs Community Association Foreshore Sub-Committee. Many of these groups and individuals belong to the SBICMC and have developed strong links through their involvement in community volunteer days such as this one. Tony Veitenheimer (landscaper), Matthew Jackman (COGG), and Jim and Lyn Mason from the Bellarine Landcare Group, among others, offered their expertise on the day.

Up to 40 young people, leaders, parents and siblings planted 1,000 trees in just 2½ hours. This is a phenomenal effort and will help to stabilise the cliff, cover the slopes

and provide habitat for animals and birds. It will also serve to beautify The Dell into the future. The young plants were watered in, fertilised and provided with protective plant covers where necessary. Drooping Sheokes, Moonah and Melaleuca were among those planted along the pathway into The Dell. A rare small coastal plant, the Potalepis, which has attractive yellow flowers, was also planted on the slopes. It is very rare along the coast and virtually unique to Clifton Springs.

A barbeque lunch was provided by the Mannerim Fire Brigade at the conclusion to the planting. The community of Drysdale and Clifton Springs would like to sincerely thank these volunteers for all their hard work.

Linda Gallus

Combined Probus Clubs Clifton Springs/Drysdale

Under President Graham's leadership and members' efforts we have inducted 16 new members already this year. Memberships are available for both couples and singles. Guests and visitors are most welcome to all our meetings. These are held on the second Monday of each month starting 10am at the Clifton Springs Golf Club, Members Room.

At the last meeting Tom O'Connor recounted his experiences in Papua New Guinea. The last tour was enjoyed by 26 members at Club Cats and Skilled Stadium and the recently formed

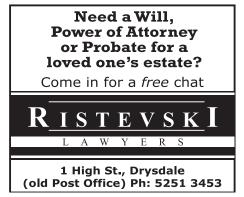
Theatre Group saw the film version of Mamma Mia. The Crafty Friends meet once a month and demonstrated their crafts and hobbies earlier in the year. Caravans and Cabins Group is currently in recess waiting for the warmer weather when several trips are planned.

Our next meeting will be held on Monday, 8 September when Barry Lingham of Go Birding Tours will be talking about 'Birds of the Bellarine'. (The feathered variety that is).

For further information please contact Brian on (03) 5253 1448.s



Even Hawks & Bombers supporters admired the Premiership Cups at Skilled Stadium.







Join us Great music, relevant messages, friendly atmosphere.

Sunday 10.00 am (Includes Kids ROK Zone & ROK Toddlers)

> 276 – 290 Jetty Rd Drysdale (03) 5253 2241

Beacon Point Kindergarten



What an exciting program we have in store here at Beacon Point. Given the recent cold snap, we started the term exploring the theme of winter and the children have really enjoyed the 'snow corner' and playing with the icebergs, penguins and polar bears. Continuing with the snow corner, we followed with an 'enchanted' week. The snow corner became a Narnia of sorts and the children could step through the wardrobe into the enchanted land, using their imaginations and props to invent their play. We've also had an enchanted area with fairies, dragons, Kings and Princesses and lots of fun guided activity to support these themes.

Our Perceptual Motor Program (PMP) is a great way of fostering and developing new skills within the children. Over the past two terms we have seen real improvement in the coordination of the children tackling tasks such as throwing a bean bag into a rebound net and then re-catching it with the opposite hand, batting a balloon to a friend (and keeping it off the ground) and spinning on 'scooter boards'. PMP continues all year and is an

activity that challenges the children, yet they thoroughly enjoy it.

Breakfast at kinder is always a treat, the children come along in their pyjamas and enjoy a smorgasbord of choice with their friends. Another big favorite is when in the evening the children bring along their dads, or significant other, to share their kindergarten experience. I am sure that you can imagine the children's enthusiasm in showing their dad their work.

The three year old group has also been very entertained with Julie, our three's teacher, planning a stimulating and exciting program for them each week, building on their confidence and ability to focus on a particular task and their negotiation skills.

Once again, I would like to remind any families looking at kinder for next year that enrolments are now being taken and we would love the opportunity to show you our kinder at work.

Please feel free to call past or phone us at the kinder on (03) 5253 1550 Kirsty Allan.

Mature Age Driver Information Session

At SpringDale Community Hall Thurs, 9 Oct 12noon for 12.30pm start 'Mobility and Safety for older Drivers'

Are you approaching 60 or beyond? Then one of the most important issues we should consider as we move through life, is to maintain our ability to drive with complete safety on today's roads.

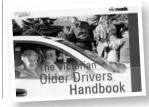
We have a great opportunity to update our road rule knowledge and driving skills, by attending a free 45 minute information session with Ron Medson from the Barwon Community Road Safety Council.

The purpose of the session is to ensure experienced, older road users in the region, keep on driving their vehicles longer but safer.

Information includes: safe driving practices, road rules, trip planning, good health, medicines and vehicle safety.

Copies of the 'Victorian Older Drivers Handbook' and a voucher entitling you to a subsidised 'refresher' lesson, with a professional driving instructor who will also be available on the day.

"Over the years our road laws have changed, the roads have become more complicated and crowded and vehicles have changed. This refresher lesson is an effective way increase your confidence in our modern society. Staying safe on the road leads to a significant reduction in the road toll". Ron Medson, past Deputy Chair, Roadsafe Barwon. Further information may be obtained by phoning Ron (03) 5253 2940 or email rmedsonihc@tpg.com.au



Proudly supported by the City of Greater Geelong and The Rotary Club of Drysdale.



MORTGAGE ORIGINATOR Independent Licensee. 0019 Rocket Vic P/L ABN 24 081 815 554

Home Loans... Home Loans... Home Loans...

Just where do you start? At Provincial Home Loans

we care about what we do and will guide you every step of the way.

For all of your Home and Investment Loan needs call Rod Ryan your local Home Loan Specialist. Mobile 0419 005 755 Office 5251 1807 Available 7 days

Celebrating over 10 years of serving the Geelong community.



Drysdale Office 11 Clifton Springs Road, Drysdale www.scc.net.au

- Tax Returns
 - Individual
 - Business
- **Business Services**
 - Small business advice
 - Improvement monitoring
 - Buying or establishing a new business
 - Appraisal & evaluation
 - Business plans
- Self Managed Super Funds
- Wealth Creation Strategies

www.springdale.org.au The SpringDale Messenger <

ROTARIANS INDUCTED AS PAUL HARRIS FELLOWS



At the Rotary Club of Drysdale's recent Changeover night, three members were inducted into the Paul Harris Hall of Fame for their outstanding service to Rotary and the community.

The recipients of the award were:

Dr. Mike Rickard for his steering of the Club's annual Easter Art Show.

Joe Groom for his services in the operation of the Portarlington Miniature Railway at the Rotary Children's Park, located at Point Richards.

Bill Blackley was awarded the Paul Harris Sapphire Pin, a prestigious award that acknowledges Rotary service over many years. Bill's services to the Club include long-serving Treasurer and Board member.

Recent guest speakers have added to the Club's weekly meetings with visits from Bellarine Community Health and Barwon Water.

Miniature Rail Running Times

October Saturday 4 18
November Sunday 2 16
December Sunday 7 21
Time of Operation 11am to 3pm

Are you a Rotarian recently moved to the Bellarine? We invite you to dine with Drysdale Rotary. We meet for dinner at Clifton Springs Golf Club on Monday evenings 6pm for 6:30pm. Bookings (03) 5259 1788 by midday Sunday.

Trivia Night - no Trivial Result



The Clifton Springs Neighbourhood Watch Trivia Night at Clifton Springs Bowls Club was an absolute sell out. Over 140 Trivia enthusiasts packed the room as Question Master and NHW Coordinator Mark Cline kept the questions coming. A team from the NHW group had generated a fantastic selection of gifts and vouchers, very generously donated by local Drysdale

and Clifton Springs Businesses and Clubs, and the evening included a superb fundraising auction and raffle. The Bowls Club bar was busy all evening and tea/coffee and a delicious selection of home made slices were much appreciated during the interval. There was considerable chatter and fellowship as the evening progressed with

enthusiasm and cheers over right answers mounting - competition was hot!

The evening was held to raise funds for Drysdale CFA who needed to upgrade some of their emergency equipment and for the SpringDale Neighbourhood Centre in Drysdale who are planning to install a wind-powered generator. The result was a magnificent \$3000, shared equally between these two organisations. A big thank you to all who donated gifts and vouchers, to the team who collected the donations, to the NHW ladies who made the slices for the interval, to the helpers on the evening, to Clifton Springs Bowls Club for hosting the event and to NHW Group GLG 58 &59 for this magnificent initiative. A great community result by all involved.

'A Christmas Celebration' in aid of Evie







Left: John Rule and Lance finding the winner of the 'jar of jelly beans'

Right: Santa bringing the Christmas spirit to a very enjoyable and charitable event.



A very successful 'Christmas in July' dinner was held to raise funds for cancer research on behalf of Evie, a three year old with cancer.

Over 70 folk were entertained with fine food, a laden trading table, Dutch auction and the appearance of Santa bearing gifts.

Our thanks must go to the Ocean Grove Senior Citizens, Drysdale Rotary Club and all who worked tirelessly to make the night a success. The final effort for Evie is a raffle with the first prize being a weeks holiday in Mildura for four, second prize a Wok donated by Curtis Stone, third prize a Floating Santa by Delighting, fourth prize Binoculars by Keven Paisley and fifth prize a basket of Rip Curl Goodies.

The raffle will be drawn at SpringDale on Monday, 1 September and tickets are also available there at the cost of \$2.00 each.

Pat, Lorraine and Lynette

> The SpringDale Messenger www.springdale.org.au



City of Greater Geelong Community Buses

The City of Greater Geelong's community buses have started the new financial year with a new look, new logo, new locations and an updated brochure. Community Buses provide affordable transport for community groups with costs subsidised by the City of Greater Geelong.

The fleet of modern and reliable mini buses are available for hire by non-profit volunteer run, incorporated community groups. To better serve our community, priority is given to applicants that are disadvantaged geographically, physically, socially or economically.

Buses are not available for use by commercial organisations, for paying passengers or for parties.

 The bus sizes include a 9 seater (with hoist and accommodation for one wheelchair), 8 x 12 seaters and 1 x 22 seater. All seating numbers include the driver.

- Eligible community groups are required to supply their own driver who must have a current full Australian Drivers Licence.
 An articulated licence is required by the driver of the 22 seater bus.
- A cost of \$26 applies to the 9 and 12 seater buses and \$45 applies to the 22 seater bus for each 4 hour period, or part thereof.

For further information about hiring a bus including Locations and Conditions of Use, please see the City's new Community Buses...going places brochure. Before any bus hire can be approved, Group and Driver Registration forms are to be completed.

Brochures and forms are available on line at www.geelongaustralia.com.au, at Customer Service Centres or please telephone the City of Greater Geelong's Customer Service Department on (03) 5227 0270.

Book Club News

The new SpringDale Book Club had its first meeting on 4 August at the SpringDale Centre. The nine present members had a lively informal discussion, with Lucy Pope keeping us all in the right direction, after an introduction from Anne Brackley.

Lucy has kindly agreed to be our Secretary, and there is plenty of room for more members. We have chosen our first book to read, *A Thousand Splendid Suns* by Khaled Hosseini, subject to availability.

The next meeting has been delayed a week in view of holidays arranged by the group,

so we will meet next on Monday, 8 September.

We look forward to seeing all who would like to come.

Kaye



Drysdale Ladies Probus Club

As I have been in Melbourne for a month attending to and supporting family members, it was very nice to return to the wonderful peace and calm of Clifton Springs even though I have brought the horrible flu with me. As I was not at our June meeting I have copied this article from our Drysdale Ladies Probus Club Newsletter as I believe our guest speaker was very interesting and informative and other groups and clubs maybe interested in asking Ron Medson to speak at their group.

Our Guest Speaker for June was Ron Medson, Deputy Chair, Barwon Community Road Safety Council. Ron is with Road Safe Barwon on behalf of the Rotary Club of Drysdale. His responsibility on the Councils to represent Mature Age Drivers in the region. It was a very interesting topic that involves either ourselves or someone known to us. There were many tips for safer driving, including planning route and time, health & fitness, keeping the car well serviced and making sure the tyres are in top condition. Some members took advantage of Ron's offer of a Refresher Lesson Discount Voucher which provides a subsidised to take a lesson with an experienced instructor to brush up on the latest road law changes. Copies of the Victorian Older Drivers' Handbook were available and these can be obtained from Vic Roads and the COGG Service Branch at Drysdale.

This information is important to all our older residents especially as I heard on the news whilst I was away that we Seniors may very soon have to sit a driving test every two years.

Best wishes from cold but very sunny Clifton Springs.

Yours in Probus Friendship Lesley Jones

COME AND JOIN LITTLE ATHLETICS!

Registration Night and first training session for the 2008/2009 season is to be held on:

Thursday, 4 September
Drysdale Primary
School Oval
Clifton Springs Rd, Drysdale
4pm – registration
4.30 to 6pm – light training session

Season scheduled to commence Saturday, 4 October at Landy Field

Enquiries

Ray Hobbs - 0428 513 920

(03) 5251 3920

Kathy Ball - 0414 862 658

(03) 5251 2995







Clifton Springs Golf Club - entertainment, dining, golf and more.

Present this \$ coupon & SAVE with the



Monday to Thursday Evening Meal

*Buy one main meal off our menu and receiveanother of equal or lesser value on presentation of this coupon.

- * Not valid Public Holidays or Long Weekends
 Valid till 30 September 2008
- * Conditions apply not available on all meals

POTS FOR GLASSES PRICES Friday Night 5.30-7pm

MEAL SPECIALS

Try our fabulous Lunches priced from \$7.00 Mon-Fri only

members draws

FRIDAY & SATURDAY NIGHTS
Friday - all categories
Saturday - Golfing Members only
Regular Raffles every Friday Night

Friday Night is STEAK NIGHT

Porterhouse or Rump (Served with Salad and chips) \$16.00

A la carte meals also available

Sunday Night is PARMI NIGHT

Original, Italian, Aussie or Hawaiian (Served with Salad & Chips)

Only \$12.50 ea

7 Day Golfing Memberships only \$515.00* WEEKDAY MEMBERSHIP ONLY \$385.00*

*Sept 1 '08 to June 30 '09

Membership payments by instalments available

Green Fee Players Welcome Enquiries to the Club (03) 5251 3391

BORN TO RUN'

The Australian
Bruce Springsteen Tribute Show
SATURDAY 4 OCTOBER

2 course meal and show \$50.00pp Book now to avoid disappointment

For bookings and further information telephone the club on (03) 5251 3391

Clifton Springs Golf Club

Clearwater Drive



CLIFTON SPRINGS