ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc.



All about the Girls



The final performance by Peninsula Players in 2008 is an all female production.



'Girls Night Out' consists of two one act plays. 'From Five to Five Thirty' by Philip Johnson and 'Monday to Friday' by Australian Playwright Ian Austin. Both plays are comedies - with a sting in the tail.

Peninsula Players was fortunate to enlist the talents of a past member Jacqui Connor as director. The casts for both plays performing duel roles will be Shirley Craig, Monique Smith, Meg Fahy, Lee Foyster, Nancy Zanker and Amber Patten. The plays will be set in the round which has the capacity to involve the audience. 'Girls Night Out' will be performed on Wednesday 3, Thursday 4, Saturday 6, December 2008 at SpringDale Community Hall Drysdale 8pm sharp. Tickets \$12 on sale from the Drysdale Pharmacy in Springs Road.

Drysdale Fire Brigade escorts Santa around Drysdale/Clifton Springs on Christmas Eve. Meet Santa at these locations from 6:30pm onwards:

Route 1 - Starting 6:30pm

Cnr Panpandi Dve & Carawatha Ave Cnr Beacon Point Rd & Dundundra Dve Cnr Thamballina Rd & Derribong Way Cnr Dandarriga Dve & Gumarooka Ave Cnr Coolangatta Dve & Beacon Point Rd Cnr Centaurus Ave & Country Club Dve Cnr Country Club Dve & Bayshore Ave Cnr Barongarook Ave & Bahloo Ave Cnr Boonderabbi Dve & Bampi St Cnr Boonderabbi Dve & Central Rd Cnr Bayshore Ave & Elanora Way Cnr Mirrabooka Dve & Maraboora Ave Cnr Jetty Rd & Pinaroo Ave Cnr Bayshore Ave & Kewarra Dve Cnr Jetty Rd & Hill St

Route 2 - Starting 6:30pm

Cnr Whitcombes Rd & Clifton Springs Rd Cnr Portarlington Rd & Bennett St Cnr Eversley St & High St Cnr Buccleugh St & Lennox Crt Cnr De Burgh Rd & Ryan Crt Cnr Station St & Geelong – Portarlington Rd Cnr Palmerston St & Granville St Cnr Duke St & Wyndham St Cnr Central Rd & Wyndham St Cnr Jetty Rd & Ada St Cnr Parakoola Dve & Leawarra Wav Cnr Amarina Rd & Lacoora Ave Cnr Nash Ave & Condy St Cnr Nash Ave & Barrands Lne Cnr Tony St & Barrands Lne

IN THIS ISSUE: SpringDale Course & Opportunity Guide, TERM 1, 2009. PAGES 13 - 16



estpac

Open Saturday Home Loan Centre Good Term Deposits Rates

Shop 9 Supermarket Complex

Contact Wayne, Lisa, Bev, Sandra, Rhianon & Kate Drysdale | (03) 5251 1624





Welcome to our Christmas **COLOUR** edition.

We hope you enjoy this issue, and if you would like to give us your opinion on our magazine, please refer to our Questionaire on pages 7&8. YOU MAY BE A WINNER.

Deadlines for February 2009 Issue Copy Monday, 5 January 2009

Distribution Saturday, 31 January 2009 Circulation 5000 Copies

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula and on our website worldwide.

SpringDale Neighbourhood Centre

Opening Hours Monday to Friday 9am - 5pm during school terms and by appointment 9am-12noon during school holidays.

Compiled & published by the SpringDale Neighbourhood Centre Inc. A0024916V

For all editorial and initial advertising enquiries.

SpringDale Neighbourhood Centre

P: (03) 5253 1960 F: (03) 5253 3050

E: messenger@springdale.org.au

W: www.springdale.org.au

17-21 High Street Drysdale PO Box 80 Drysdale The SpringDale Messenger

Postal Address:

Production & Designed by Lyn Ingles - blue pencil publishing

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.

Views

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Community Calendar 08/09

December 2008

- Peninsula Players perform at SpringDale 3-6
- **MAP Concert (Potato Shed)** 7 Spud Club – Break Up (Potato Shed) Open Mic Night (Potato Shed)
- 5 **International Volunteers Day**
- 9 **Charles Dickens (Potato Shed)**
- 12 **Drysdale Ladies Day View Club meeting** & christmas luncheon party at 11am (old sportsmans club)
- 19 Term 4 ends
- 21 Drysdale market 9am-1pm
- 25 **Christmas Day**
- 26 **Boxing Day**
- 27 Portarlington market 9am-2pm

January 2009

- 3-4 Book Sale St James' Anglican Church, Drysdale
- 5 SpringDale Office Hours 9am - 12pm
- 10 **Portarlington Mussel Festival**
- 13-16 Jack & the Beanstalk (Potato Shed)
- Tiffany Eckhardt & Dave Steel (Potato Shed) 17
- 18 Drysdale market 9am-1pm
- 25 Portarlington market 9am-2pm
- 26 Australia Day
- 28 Term 1 Commences.

Normal Office hours 9am - 5pm

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.

The calendar is an 'easy to see list' of happenings in our area. To help you to plan an event, access our website www.springdale.org.au to view events.

If you wish to place your event in the website, calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

Facilities @ the SpringDale Centre

- Personal use of Computers
- Internet Access
 Photocopying
 Faxing
- · Laminating · Room Hire · Crockery Hire
 - Tables & Chairs Hire
 - SpringDale Messenger in large format
- · Reasonable Rates
- Concession Rates for Members





The SpringDale Neighbourhood Centre

Anne Brackley centre coordinator

Hi Everyone

It's a great time of the year to look at what we've done in the last six months. It continues to get busier every day. People who come into SpringDale on a certain day each week are surprised to see it's just as busy on another day. We continue to try to do our best to make your visit special.

Recently the Pole Walking group started and they are having a great deal of fun walking and getting into a rhythm with the poles. Our book group has met a couple of times and is building in number. I only recently found out that Lucy Pope, the Book group facilitator, was a founding member of SpringDale almost 20 years ago. Thanks for helping again Sue.

The Women's Kitchen is about to start, now that it has a facilitator. Many people have seen how much fun the men are having on Wednesday and Thursday mornings and now we will have a women's group as well. I believe there are still other opportunities for other kitchen groups for young parents and perhaps for young people about to move out of home and go to university or get a flat etc.

The Life Perception group is going well and the Philosophy group has commenced. We are forging strong links with Centacare and Barwon Community Legal Service. We've held a successful Adult Learners' Week, Seniors Day, Pink Breakfast and even an Oaks Day luncheon. We've set up a School Holiday Program to run for 2 weeks in January from Monday, 5 January to Friday, 16 January 2009. We are hoping to have 20 children enjoy the activities and adventures with the 'Getting Active' team. The program will be very flexible and will be based at SpringDale.

Lynette's
User-Friendly
Computers
Personalised
Tuition
& Training
Phone (03) 5259 3963
Serving the Bellarine Peninsula

Our classes on offer at SpringDale and also at St Leonards Community Space continue to grow and vary. We look forward to sharing new courses with you next year – the schedule of classes for 2009 has already been drafted but there is always room for more.

We are currently working on a new Strategic Plan for 2009 – 2012 and we would love to hear your ideas. Enclosed is a questionnaire that we'd like you to complete and return. All questionnaires returned will go into a draw for a Lighthouse Olive Oil Hamper. Good luck.

Please have a safe and happy Christmas Season and I look forward to meeting you if I haven't yet and look forward to seeing you again if I have.

Lots of love and best wishes

Anne Brackley and the team at SpringDale Neighbourhood Centre

St James Anglican Church Grand Secondhand Book Sale Collins Street, Drysdale (Mel: P456, K9)

Saturday 3 Jan, 9am - 5pm and Sunday 4 Jan, 10am - 4pm 2009, Free entry.

Don't miss this annual event. So come and stock up - just for the holidays or for a whole year - great prices. Old and new books, fiction and non-fiction, hard covers and paperbacks, plus special interest magazines such as hobbies, collecting, home, health, fashion, cookery and gardening, children's books and old comics. Bring the kids - there is a children's area with low tables and chairs which is extremely well patronised. There is plenty of room to browse and wheelchair access is no problem.

If you have any queries, please do not hesitate to ring the organisers, Tom & Betty Wilson on (03) 5251 2594.





Children Who Like and Enjoy Music

An opportunity to learn to play an instrument is available at the SpringDale Neighbourhood Centre, 17-21 High St Drysdale. Please phone (03) 5253 1960 if you are interested. Enquire about the 'Benefits'



The ladies at Palmerston Court are knitting rugs to send to the Geelong Animal Welfare. If you have any spare knitting yarn please leave it at the office at SpringDale Neighbourhood Centre and we will happily pass it on.



"Please if you have any of my wool you are not using, take it along to spring Dale"

Family Law Worries?

Come in for a free chat

RISTEVSKI

LAWYERS

1 High St., Drysdale (old Post Office) Ph: 5251 3453



www.springdale.org.au The SpringDale Messenger <

From Lisa Neville's desk



BOATING SAFETY BOOST FOR THE BELLARINE

I was excited to announce a boost to boating safety across the Bellarine through the State Government's Boating Safety and Facilities Program 2008-09. Projects funded through the program will help make boating safer and more accessible for all recreational boaters. The aim is to continue to reduce the number of boating-related injuries and



GLG 58,59 - Mark Cline C/Springs Bowls Club Clifton Springs (03) 5253 2717 2nd Monday • 7.00pm

GLG 68 - Doug Palmer SpringDale, Drysdale (03) 5251 2522 4th Monday • 2pm

Bellarine Police Community Support Register



"We love the Register It makes us feel secure"

Telephone our office on Join For 5255 3968 weekdays FREE between 9.30 and 12 noon

Brochures and Registration Forms are available at Pharmacies on the Bellarine Peninsula. fatalities on Victoria's waterways. I'm pleased to report that Victoria has experienced a steady decline in boating related injuries in recent years.

Funding is provided to:

- Replace pontoons with new floating concrete pontoons and undertake minor access dredging at Queenscliff boat ramp
- Install a floating pontoon to service personal water crafts and small vessels at the Clifton Springs boat ramp.

BIKE GIVEAWAY PROVIDES PEDAL POWER FOR LOCAL STUDENTS

I was pleased to announce that two students from Clifton Springs Primary School received free bicycles as part of the Brumby Government's 1000 bike Ride2School giveaway. These bikes will help the Year 6 students who receive them make an active transition to secondary school and hopefully encourage them to continue to ride and stay fit throughout their lives.

Recipients of the free bikes will collect them from local bike shops, where they will be specially fitted to meet each student's needs. Each student will also receive a free helmet and bike lock. Congratulations to all the students across the Bellarine who will receive these bikes.

FIRST HOME BUYERS BOOST IMPLEMENTED

The Government has implemented the new First Home Owners Boost by introducing the State Taxation Acts Further Amendment Bill 2008 into Parliament. Victorians may now be eligible for up to \$29,000 towards their first home – more than the residents of any other state.

By entering into a contract for a newly constructed home from 14 October 2008 until 30 June 2009, Victorians may now

be eligible for cash grants of up to \$29,000 in regional areas or \$26,000 in metropolitan areas. Those buying an established home may be eligible for up to \$10,000 in Victorian Government grants and \$7,000 in Australian Government grants.

REMEMBRANCE DAY

At 11am on 11 November, I was encouraged to see all the Australians who participated in Remembrance Day traditions. Pausing for one minute of our day, to remember those who did not return home to loved ones and friends, is a small gesture to honour their sacrifice. Remembrance Day is an important time to pay tribute to Australians killed in conflicts from the Boer War through to modern day wars in Afghanistan and Iraq.

As always, please don't hesitate to contact my office on (03) 5248 3462 if there are any issues with which we may be able to assist.

Until next time, Hon Lisa Neville MP Member for Bellarine Ph: (03) 5248 3462

Letter to the editor

Letter to editor

As a new resident to Drysdale I found the SpringDale Messenger to be a well presented and informative magazine.

Shirley *Drysdale*

PAGES 13 - 16

COURSE &
OPPORTUNITY GUIDE
TERM 1, 2009

bellarine memories

funerals celebrations telling your story

Funeral Directors who offer much more than funeral services.



Richard Grimmett



cnr. Grubb Road and Sinclair Street, Ocean Grove 5255 5500 www.memories.net.au

BUSINESS in Profile

PROVINCIAL Home Loans



'When passion and purpose collide with great service, excellence is inevitable.'

Rod and Michelle Ryan have been helping the Geelong, Bellarine and Surf Coast residents with their home loan experience for some 11 years now.

With Rod's honest and straight forward approach and Michelle's follow up and customer service skills you will be looked after every step of the way.

Combine these skills with their genuine desire to help people and you have a recipe for success. As Rod says, "When you love what you do, it's hard not to be passionate about it".

This husband and wife team work together to provide specialist, residential and investment lending services. Available 7 days a week, these dedicated loan experts remove the complexities around obtaining a loan. With dependable information, and one on one professional service, they make financing fast and easy.

Call Rod and Michelle at Provincial Home Loans today on Office 5251 1807 or Rod's mobile on 0419 005 755.



MORTGAGE ORIGINATOR Independent Licensee. 0019 Rocket Vic P/L ABN 24 081 815 554

Home Loans... Home Loans...

Just where do you start? At Provincial Home Loans

we care about what we do and will guide you every step of the way.

For all of your
Home and Investment Loan needs call
Rod Ryan your local Home Loan Specialist.
Mobile 0419 005 755
Office 5251 1807 Available 7 days

Celebrating over 10 years of serving the Geelong community.

SpringDale Occasional Care

SpringDale Occasional Care is located in Drysdale at the Neighbourhood Centre in the building facing Princess Street. Occasional Care allows you the flexibility to leave your child in an early childhood environment to socialize and interact with other children.

The centre takes a maximum of 15 children in each session, accepting children from 6 weeks to 6 years of age, offering both 3 and 5 hour sessions each week, with a 'pay as you come' policy.

Jean and Janet are both fully qualified in Childcare, CPR, First Aid and Anaphylaxis training and provide a safe, warm and welcoming environment. The program consists of a variety of open-ended experiences which encourage each child to develop at their own pace. There are still limited places available for 2009.

You are most welcome to come in and have a look at the centre or for more information, please ring (03) 5251 1627.



WIN

To enter fill out the coupon below and post or deliver to: SpringDale Neighbourhood Centre High Street, Drysdale

Name:_____

Address _____

Phone No: (03) _____

DINING, SHOW & GIFT PACKAGES BE IN THE DRAW TO WIN 1 OF 5 PRIZES



COMPETITION CLOSES
3PM TUESDAY 16 DECEMBER

- Drysdale Hotel
 - Voucher to value of \$50
- Acorn Productions

 Deakin Waterfront Café only
 - 2 Open vouchers \$50
- 'Indulge on Harding' Portarlington Voucher to the value of \$25
- Matilda's Christmas Gift Package
- Clifton Springs Golf Club Golfing Gift Package

># ->#

Bellarine Peninsula Community Branch Ltd backs the Pony Club upgrade



The Bellarine Peninsula Community Branch Ltd in Drysdale has given sponsorship of \$500.00 towards the upgrade of the club's cross country jumps course. The work will enable the club to comply with the required competition and safety standards so it can be used for the club's One Day Event competition in early February, and for all future competitions.

This event attracts more than 120 pony club riders from across the region and is one of the major fundraisers for the Drysdale & Leopold Pony Club.

If the course could not be upgraded by early January, then there is a risk that this event will be cancelled.

The course is made up of a series of jumps which are used at regular club rallies for training and at interclub competitions.

The Drysdale & Leopold Pony Club is totally run by volunteers and has around 80 members aged from 6 to 25 years, including one member who recently competed in the Beijing Olympics and a number of members who compete at State and National level.

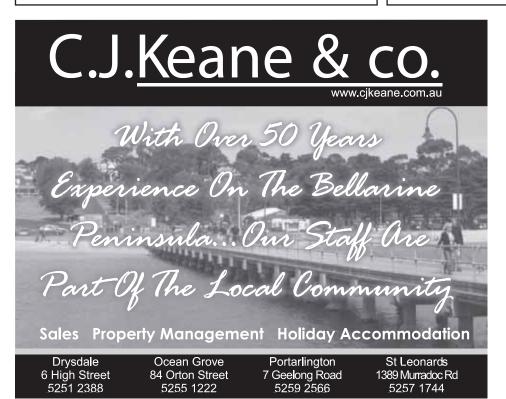
International Volunteers Day

International Volunteers Day was declared by the United Nations General Assembly in 1985 and will be celebrated again this year on Friday 5th December. Around the world volunteers play a vital role as they contribute their time and energy to the community. Their commitment and enthusiasm is always greatly appreciated. The Geelong Volunteer Resource Centre hold information sessions for potential volunteers each month and if you are interested in volunteering you can contact them on (03) 5221 1377 or visit the website www.geelongvolunteer.org.au/

Woodwork exhibition

As we approach the holiday season, members are hard at work completing items for exhibition and sale at our annual exhibition to be held at the Uniting Church hall, Hesse Street, Queenscliff on Saturday and Sunday, 3rd and 4th January 2009 from 10am to 5 pm.

A raffle for good prizes will be held in conjunction with the show, where we will be joined by the Barwon Valley Woodwrights to increase the volume of reasonably priced sale items. Demonstrations of wood turning, scroll sawing and model boat building will also take place.



SECOND CHANCE CLOTHING REW OPENING HOURS GREAT RANGE OF SUMMER STOCK Monday-Friday 10am-4pm Closed Saturday VOLUNTEERS ARE NEEDED... We need you! Do you have some spare time during the week? If so we would like to invite you to help out in our outlet at 16 Pinnaroo Avenue, Clifton Springs

Call (03) 5251 1920 to speak to our staff.



SpringDale Neighbourhood Centre – Can you help us?

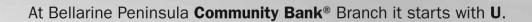
The Committee at SpringDale Neighbourhood Centre is planning for the future so that we meet the changing needs of our community.

Please take a moment to answer the following questions to help us with our survey and return this form to our office at 17-21 High Street Drysdale and come in for a cuppa or mail to SpringDale Neighbourhood Centre, PO Box 80, DRYSDALE, 3222.

You can be in the draw to WIN a Christmas Hamper donated by 'Kalamata Café' at Lighthouse Olive Grove if you deliver your form before 15 December 2008 at the Centre.

Tell us what you know about the SpringDale Neighbourhood Centre.	
Have you used any of the services and activities of the C	Centre? If you have tells us what you think.
What did you like best about the Centre?	
Was there anything about the Centre that you think could be improved?	
Is there a service not currently offered that you would like to see at the Centre?	
	Turn to page 8 for more information

Don't forget to deliver this form to the centre for your chance to be in the draw to WIN the Christmas Hamper.



Successful communities just don't appear out of nowhere.

At Bellarine Peninsula **Community Bank®** Branch we know that to help a community become a success, we must first help the members of that community.

It's not rocket science, just a simple fact. And from this fact has arisen the business philosophy behind our branch. A philosophy where we give back to the community that supports us. A philosophy designed to benefit you.

Bellarine Peninsula **Community Bank**® Branch has always been a bank with a difference. We want U to join us.

To find out more drop into one of our branches at 44 Newcombe Street, Portarlington or 11 Clifton Springs Road, Drysdale.



Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL 237879 (\$20549) (09/08)

Bellarine Peninsula Community Bank® Branch



www.springdale.org.au The SpringDale Messenger <



SpringDale Neighbourhood Centre – Can you help us?

The Committee at SpringDale Neighbourhood Centre is planning for the future so that we meet the changing needs of our community. Please take a moment to answer the following questions to help us with our survey and return this form to our office at 17-21 High Street Drysdale and come in for a cuppa or mail to SpringDale Neighbourhood Centre, PO Box 80, DRYSDALE, 3222.

You can be in the draw to WIN a Christmas Hamper donated by 'Kalamata Café' at Lighthouse Olive Grove if you deliver your form before 15 December 2008 at the Centre.

SpringDale Neighbo	urhood (Centre p	ublishe	s the S	pringDa	e Messe	nger.			
What do you like most about the Messenger?										
What would you like to see in the Messenger?										
Has there been anything in the Messenger that has tempted yo to visit the Centre, but haven't omade it? Why?	ou						Ī			
Some information about you	ı please: Na	me:				Pho	one:			[For competition purpose only
AGE: (Please circle one)	< 18	19-25	26-35	6-45	46-55	56-65	66-75	75+		
SEX: (Please circle one) On't forget to deliver	Female	Male	oontro i			e circle one)		3222	3223 VINI +6	Other

SCHOOL HOLIDAY PROGRAM



SpringDale School Holiday Program will be presented by 'Getting Active' from Monday 5 January to Friday 16 January 2009.

Fee-free everyday banking for a year. Nothing "everyday" about that.

Streamline Unlimited

Open a Streamline Unlimited account between 7 July and 30 September 2008 and enjoy unlimited Commonwealth Bank Branch, ATM, phone, Internet, and EFTPOS transactions fee-free for a year*. Just make monthly deposits of at least \$2,000 (such as your salary) and say goodbye to a year of fees. Hello Streamline Unlimited.

To apply, ask us in any branch or call 13 2221 today



third party payments within a transfer group, nor-Commonwealth Bank. ATM here and all ATMS overease. ETPOS transactions oversease and separate services such as bank cheques, periodic payments and transfera/deposits to other banks. If you fall to make the minimum deposits of \$2,000 in any full calendar month during the first 12/month period, then the minimum deposits of \$2,000 in any full calendar month during the first 12/month period, then the account will be laide to the monthly account fee (currently 85 per month) from the first business day of the next month. At the end of the 12 month period from account opening, the then current monthly account fee will apply. Offer is available to new Streamfee blankflad accounts only and is limited to one account per usoner. As this advice, below period without taking into account your objectives, financial situation or needs, you shought, before acting on this advice, consider its appropriateness to your circumstances. Full terms and conditions issued by Commonwealth Bank of Australia ABN 43 123 124 are available on request. If you have a complaint, the Bank's displace resolution process can be processed on 13 2221.

Getting Active was established in December 2007 by Kristie and Bill Miles. Both Kristie and Bill were interested in starting a business that catered for active children's parties. They had two toddlers at the time and were finding it difficult to find someone who catered for this age group in the Geelong region. Kristie and Bill wanted to provide Geelong parents with the option to have a party at home that was active, fun, and all inclusive. This idea broadened to include school sessions, toddler classes and corporate events.

Getting Active are now working with SpringDale Neighbourhood Centre to provide families with the option of a holiday program for children to participate in active fun every day within a structured environment. It will also aim to foster a fun, positive and all-encompassing experience with a variety of activities, excursions and incursions.

Their broad range of activities allow them to cater for children with special needs and they currently work with children who have a variety of conditions including Aspergers, Autism, ADHD and Heart complaints.

As well as being professional business owners, Bill and Kristie are Secondary School teachers and have current Victorian Institute of Teaching registrations. All of the Getting Active staff have either their teaching qualifications, or current working with children checks.

To find out further details or register your interest in the Christmas holiday program, please ring SpringDale Neighbourhood Centre on (03) 5253 1960.



Join the 'Crosswords for Fun'

community to keep your mind fit and brain active.

www.springdale.org.au

P.O. Box 515 Drysdale Vic. 3222 Phone: **(03) 5259 1788** Fax: (03) 5259 1799 Email: **info@crosswordsforfun.com.au**

www.crosswordsforfun.com.au

Potato Shed

- hosting popular shows

November kicked off with Year 10's from Christian College performing 'Charlotte's Web'. Collision were back by popular demand with their original contemporary dance piece - Quirk. Morning Showtime returned with Top of The Pops once again proving very popular and tickets sold in record time once again for Dancehouse Spectacular which is going to finish out the month.

End of year Christmas catch ups are beginning. Our first one has come and gone already - Couch Potato Christmas party, a great time was had by all and a lot of excitement was generated for next years Couch Potato Cabaret.

Things are starting to quieten down in December however we still have our final morning showtime - 'A Christmas Carol', and The Spud Club Christmas party and final jam session for the year. The Shed will fire up again in January with the first of our school holiday shows for 2009 with Encore 4 Kids performing 'Jack & The Beanstalk', always popular so don't miss out. We also have a Tiffany Eckhardt & Dave Steel concert scheduled for January, great entertainment for the Summer holidays.



It's an ideal gift and an enjoyable night out at the Potato Shed ...



for Christmas...

call (03) 5251 1998 for more information

13-16 JANUARY JACK & T EANSTAL

Encore 4 Kids School Holiday Show 10.30am & 1.30pm daily

AT THE POTATO SHED

To enter fill out the coupon below and send or deliver to: SpringDale Neighbourhood Centre High Street, Drysdale

Name:			
Address _			

Phone No: (03)

COMPETITION CLOSES 3PM FRIDAY 19 DECEMBER

POTATO SHED

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

CHARLES DICKENS **PERFORMS** 'A CHRISTMAS CAROL'

Bookings Recommended

> 10.30AM & 7.30PM TUESDAY 9 DECEMBER

Dickens, played by Phil Zachariah, presents his uproariously funny, profoundly moving story of redemption; of a soul saved and a life made good.

"This outstanding performance was created with the assistance of Dickens' own prompt copy, including directions in the author's handwriting, and numerous contemporary accounts. This production defies expectations." Anne-Marie Peard, AussieTheatre.com

Tickets

Morning Showtime: \$13 including Morning Tea **Evening Session:**

·Adult \$17.50 · Family \$50 · Child/Concession \$13.50

13-16 JANUARY JACK & THE

Encore 4 Kids School Holiday Show

10.30am & 1.30pm daily Tickets: \$7.50 OR \$25 Family (4)

COMING UP AT THE SHED

7 December MAP Concert - All Welcome! Tickets - Full: \$10 Conc: \$5

Spud Club - Break Up Open Mic Night – all welcome!

7pm \$5 entry includes 1 complimentary drink. \$12 Family Ticket

9 December Charles Dickens – A Christmas Carol Refer to ad for further details

13 - 16 January Jack & the Beanstalk Refer to ad for further details

Tiffany Eckhardt & Dave Steel Refer to ad for further details



ANUARY 2009

Tickets Available at all City Of Greater Geelong Customer Service Centres or Credit Card Bookings (03) 5251 1998

Show 8pm · Bar opens 7pm · Drinks at Bar prices

POTATO

The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale. Ph: 5251 1998



GIFT VOUCHERS FOR CHRISTMAS

The SpringDale Messenger < www.springdale.org.au

Rotary Club of Drysdale



During the last month Rotary Club of Drysdale members have been actively promoting the Rotary Children's Park at Point Richards. Recent works have included another platform to enable childrens' birthday parties to run independently of general public use of the railway.

Rotarians promoted the Rotary Children's Park at the Royal Geelong Show which included a model of the railway, an engine and carriage.

It was a popular draw-card for many children and train enthusiasts alike.

Normal running days are the 1st and 3rd Sunday of the month from 11am – 3pm.

BBQ lunch available, children's playground.

Bookings for Children's parties, please call (03) 5259 1340.

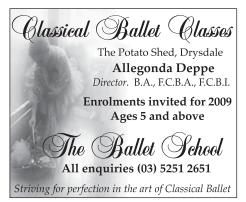
Coming Events:

For a great family day out, spend New Year's Eve with us Rotary Family Fun Day at the Rotary Children's Park 4-9pm. It's on again! The annual Rotary Club of Drysdale Easter Art Show Raffle. Ticket sales begin in mid-January. Rotarians will be located at various venues across the Bellarine. Tickets sell for \$1 each, and the major beneficiary is once again the Andrew Love Cancer Centre at Geelong Hospital. Last year, the Rotary Club donated \$8000 to this great cause.

The Rotary Club of Drysdale meets at Clifton Springs Golf Club each Monday evening for dinner 6 - 6:30pm.

Membership inquiries should be directed to (03) 5251 5381.





Drysdale Art Expo 2008



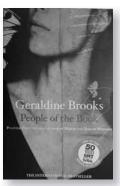
L-R:
Barbara Abley,
Jake Hogendoorn,
Diane Bennett

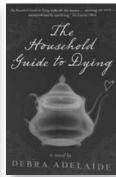
After a word of welcome to artists, friends and visitors, Cr. Barbara Abley officially opened the inaugural Drysdale Art Expo.

A great selection of work from our region's wonderfully talented and creative artists was on display and offered for sale at Drysdale Community Church. Delighted visitors spent the weekend browsing and admiring sculpture, glassware, realist and abstract works. All displays were a credit to their creators.

New friendships were forged, new fans were made, money was raised to fund art programs for our community's disadvantaged, and a few lucky visitors found themselves the proud owners of some very reasonably priced works, having submitted the winning bids for the Silent Auction. As Cr. Abley commented, "from little things, big things grow", and we are already looking forward to the Drysdale Art Expo 2009.

The Book Club





The club loved Geraldine Brooks book called 'People of the Book' which we have just read. Geraldine is a Pulitzer Prize winner, and has appeared on 'Enough Rope' with Andrew Denton, and also been featured on 'First Tuesday Book Club'.

The book is inspired by the true story of the Sarajevo Haggadah, and a recent



Working with and for the community

- Counselling Centre
- Foodbank Plus
- Second Chance Clothing
- · Life Skills Seminars
- Smile (Support for Single Mums)

276 – 290 Jetty Rd Drysdale Ph. (03) 5253 2099 reviewer described it as "brilliantly interweaves an epic historical saga of persecution and survival with a powerful modern-day tale".

One of the good things about the book club is to hear the different viewpoints of the readers, and this time we also rated the book on a scale of 1 to 10. It scored an average of above 8 out of 10, so I think that shows how much the club enjoyed it.

We are continuing to explore the 'Books Alive' guide, and have chosen another book called 'The Household Guide to Dying' which fortunately is fiction, but promises to be an enjoyable book. Again it is different from the previous books we have read, and it will be interesting to see how the group likes it.

The next meeting will be on December 1, so again, anyone who would like to come will be very welcome, and if you have time to read the book first that would be even better. We had more new members again last month, who helped us enjoy the evening. **Kaye.**



ALL WELCOME 276 – 290 Jetty Rd Drysdale (03) 5253 2241

Drysdale Community Bank® Project

You can own shares in Drysdale **Bank®**

Collect your Prospectus now

Have a say in the future of our community. For further information:

Paul Jones 0419 354 259 Chris Reymers 5251 2145 Craig Taylor 5253 3192 or 0409 554 127







feasibility







launch



Bendigo **Bank**

It's all about working together

www.bendigobank.com.au

rwww.springdale.org.au The SpringDale Messenge> 11

Clifton Springs Primary School

World Teachers' Day

Our school celebrated World Teachers' Day on October 31 with all our teachers being presented with a badge of honour acknowledging the fantastic contributions they made to our school and to wider society. Staff identified the reasons why they enjoyed teaching and appreciated the special morning tea provided for them. We have an outstanding teaching staff who are very dedicated to the students they work with but also to our school. They all bring unique skills and talents which greatly enrich our school environment and we appreciate their commitment.

Swimming Program

Our Grades Prep to 4 began their swimming program early in November this was a nine day intensive program conducted at the Portarlington Pool. We noticed significant improvement in swimming skills and confidence over these days students really enjoyed the activities and drills they were learning.

School Concert

Our Annual School Concert was a fantastic event and we all thoroughly enjoyed the performances of all grades, the school choir and the grade 6 graduating students. Our theme this year 'Once Upon a Time' was a celebration of books and the story written by our Music Director, Mr. Beales, really showcased the talents of our students. We also have many talented parents who put together some amazing costumes.

Carols by Candlelight

Our school community invites the wider community to attend our Carols by Candlelight celebration on Friday,



Miss O'Connell on World Teachers' Day

12 December. We have organised an evening full of fun and entertainment and families are invited to bring along a picnic tea or share in our barbeque. There is no cost for this event and many of our students will be involved in performing.

Enrolment into our school

We still have vacancies in our Prep program and offer a curriculum based on developmental inquiry learning, linked to a strong values program and enhanced by our Information Communication Program. There are many enrichment programs offered in our school which include specialist areas in Physical Education, Visual Arts, Music/Performing Arts and Indonesian as a second language. We promote a healthy lifestyle by encouraging our students to bring brain food to school, participate in our daily fitness program and care for the environment. We foster a caring and supportive family environment where students are treated as individuals and parents are seen as partners in the learning journey. Enrolment forms are available at the office.

Golf Winner



Rae Moody, a local Drysdale resident, recently spent 2 weeks in Alice Springs competing in the Alice Springs Masters. Rae had a successful golf tournament winning Bronze in Gross, Nett and Stableford.

Alice Springs Masters Games is a biennial sporting event aimed at attracting and encouraging mature people to participate in competitive events. This was the 11th Games and Rae has competed in all of them.



The Year: 1969

The School: Drysdale Primary School

The Class: Grade 6

Call SpringDale (03) 5253 1960 to register to be invited to attend the 40year reunion in 2009.





Geelong Office 72-76 Ryrie Street, Geelong PH: (03) 5224 1133 FAX: (03) 5201 1222 **Drysdale Office** 11 Clifton Springs Road, Drysdale www.scc.net.au

- > Tax Returns
 - Individual
 - Business

Business Services

- Small business advice
- Improvement monitoring
- Buying or establishing a new business
- Appraisal & evaluation
- Business plans
- Self Managed Super Funds
- Wealth Creation Strategies

Funeral Information Options & Advice

time Bellarine Peninsula resident and Funeral Director, Helen Trigg, can help with all your funeral inquiries and information on local cemetery and cremation options. Tucker's staff are happy to cater to all cultures and needs. As Helen says, "we specialise



in the different. The impossible takes a bit longer." Obligation free advice on all aspects of pre-planning a funeral is also available.

Call Helen for an appointment on 5221 4788.



www.tuckers.com.au Grovedale, Lara and Geelong West

Term 1 COURSE & OPPORTUNITY GUIDE 2009

17–21 High Street Drysdale Phone: (03) 5253 1960 Fax: (03) 5253 3050 Email: groups@springdale.org.au

Office Hours during school holidays commencing: Mon 5 Jan 9am – 12noon

Normal Office Hours resume Wed 28 Jan 9am - 5pm





Department of Victorian Communities





All courses & groups are conducted in the SpringDale Centre unless otherwise specified.

LOOK! - What's New

For information about the following activities please contact the friendly team at the SpringDale Neighbourhood Centre (03) 5253 1960.

SpringDale Neighbourhood Centre will be closed on Monday 9 March – Labor Day

Willkommen... Bienvenue... Welcome!!!!

Want to keep your mind young, meet new people and have lots of fun all in the space of an hour? Come and learn new skills, exercise the mind and challenge yourself. And the best way is to learn a new language. Why not give it a go? The study of French and or German through Listening, Speaking, Reading and Writing activities. Do come along and join me no matter what your level or ability. All are welcome.

French for Beginners

The study of the French language, basic conversation skills.

Dates/times: Tues 10 Feb - Tues 31 Mar

10am - 11am (8 sessions) **Fee:** \$90

Intermediate French

For those with some prior knowledge of the language

Dates/times: Tues 10 Feb – Tues 31 Mar 11.15am – 12.15am (8 sessions)

Fee: \$90

German for Beginners

No prior knowledge required. **Dates/times:** Tues 10 Feb – Tues 31 Mar 12.30pm – 1.30pm (8 sessions)

Fee: \$90

Intermediate German

For those with some prior knowledge of the language

Dates/times: Tues 10 Feb - Tues 31 Mar

1.45pm – 2.45pm (8 sessions)

Fee: \$90

Tutor: Sue Smith (Previous Grammar School Teacher in the UK) **Room:** Training Room

Ladies Kitcher

A new group has emerged due to the popularity of our 'Men's Kitchen'. Ladies come along and enjoy the company of others that are looking to create delicious meals that are quick, easy and affordable. **Dates/times:** Comme

Facilitator: Pam Reymers & Assistant

Room: Kitchen

Healthy Meals in Minutes

Healthy meals in minutes, quick hearty and healthy meals that can be prepared in a flash or pre made and frozen. Perfect for those families who want to put something yummy on the table in a flash without labouring over a hot oven for ages.

Date/time: Wed 18 Feb – Wed 25 Mar (6 sessions) 6pm – 9pm.

Fee: \$120 includes meal each session.
Tutor: Deb Winter Room: Kitchen

Improvers Bridge

For those who know the rudiments of Duplicate Bridge and wish to improve their card play. Instruction and specimen hands followed by free play. Dates/times: Wed 4 Feb – Wed 1 April

9.30am - 11.30pm (9 sessions) **Fee:** \$30

Facilitator: Mark Cline Room: Training Room

SpringDale Crosswords.

Come along and discover the real benefits of regular puzzling. Keep your brain and mind fit and active. Paper and web based crosswords.

SpringDale Membership \$2 per year, \$1 per session. Dates/times: Fri 6 Feb 10am - 12noon

Dates/times: Fri 6 Feb 10am - 12noon Facilitator: Catherine Eagleson

Art Workshop

2 Day colour workshop for adults who paint or draw.

(Due to the overwhelming success of the previous workshop we are once again conducting this popular activity)

This two day workshop is for those who paint or draw and want to use colour more efficiently and effectively. The expressive power of colour will be fully explored. The relationships between colour and expression and the link between tone and hue will be the central themes and Annette will teach the skills of using colour, drawing on 20th Century Masters as role models and teaching practical skills about palette management, colour mixing and colour choice.

Materials required: A list will be available

on enrolment.

Dates/times: Sat 14 Mar AND Sun 15 Mar

10.30am - 4pm (2 sessions)

Tutor: Annette Playsted-Simmons Fee: \$95

Room: Hall/Rec Room

Textile Arts & Crafts Group

Are you looking for inspiration with selected craft pieces you've attempted to create or design. Then come along and enjoy this new group of like minded people who are passionate about quilting, felting/embellishing and mixed media projects, cloth dolls and textile arts.

Date/times: Commences weekly on Tues 3 Feb

1.30pm - 3pm

Fee: Membership \$2 per year, \$1per session

Facilitator: Jill Birse Room: Training Room

Philosophy Group

Enjoy the company of others and discuss many and varied topics of interest.

Date/times: 1st Friday of each month commencing

Fri 6 Feb 2pm - 3.30pm

Fee: Membership \$2 per year, \$1per session

Facilitator: Rob McCubbin Room: Training Room

Get More Out of Life

Regain and maintain your emotional and physical wellbeing. Learn to let go, relieve, eliminate, release, cope, gain, enhance, discover, find and regain ones purpose in life.

Dates/times: Sat 28 Feb 9am - 5pm
Facilitator: Pam Wright Fee: \$100 per person

Expressions of Interest

Certificate III in Aged Care

SpringDale Neighbourhood Centre Inc

With the demands for personal Carers within the Aged Care industry or people requiring carers in their homes this accredited Aged Care Cert III course will enable you to gain employment in this field.

Dates/times: To be advised

Tutor: GATE

Golf

Do you know what a *Birdie* or an *Eagle* is apart from a bird flying above you? And would you like some exercise and entertainment at the same time? Well, golf is your answer. Beginners you can learn this game from the ground up.

Rock n' Roll

Seeking a facilitator to conduct Rock n' Roll classes, to rekindle the magic of this great dance.

Creative Writing/Literature Course

'Inspired by Shakespeare'

Discover the parallel of Shakespearean and modern day literature. Activities will be readings, viewing and listening to short extracts from plays such as Macbeth, Romeo and Juliet, A Midsummer Night's Dream and individual creative writing inspired by themes and issues raised in each play. Emphasis will be on contemporary exploration of the plays rather than solely traditional reading. How often do you use Shakespearean language?

Room: Training Room
Tutor: Gillian Turner

Bokashi

Learn to recycle your food scraps? Interested in improving your garden? The Bokashi system is the answer you are looking for. For those already implementing this system, this is an update.

Facilitator: Anne Brackley Room: Kitchen

Public Speaking

Public Speaking, is it a gifted talent or something we acquire? Ever been asked to speak at a meeting without prior notice and left feeling "I could have done better than that"? Don't let this happen again be confident and prepared for the next time you are in this situation.

Tutor: Gillian Turner Room: Training Room

Laughing Group

This group will commence in 2nd Term 2009. Laughter is good for everyone, it eliminates stress, develops abdominal muscles and increases motivation. Join us for some fun.

Room: Hall

General Interest & Skills

Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry? Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture. Small groups, so enrol early. Dates/times: Wed 11 Feb OR Wed 18 March 6pm - 8pm Fee: \$25 Tutor: Jordan Smith

Accredited Courses

Red Card (OH & S induction)

The course is designed to provide participants with specific OH & S compliance and legislative information relating to a range of topics which relate to industry induction requirements. Red Card is issued following the assessment as a competent permit holder for entry to building and construction sites throughout Victoria.

Dates/times: Tues 10 & Wed 11 Mar 6pm - 9pm

Fee: \$190

Tutor: Vic Bodsworth-Additional Training Options

Room: Training Room

Food Handling and Safety (Apply basic food handling) Code FDFCORFSY1A

Great for school leavers, volunteers and those already employed in food related areas. This accredited module will give knowledge and skills in correct and safe food handling, storage and hygiene. Update your skills and improve your job prospects today.

Dates/times: Sat 21 Feb 9am - 3pm Fee: \$85 Tutor: GATE Room: Kitchen

Food Safety Supervisor Code FDFCORFSY1A

Food businesses must have a Food Safety Supervisor. The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. Pre-requisite: Participants must have successfully completed Basic Food Handling and Safety (course listed above).

Dates/times: Mon 2 Mar 9am - 3pm Fee: \$85 Tutor: GATE Room: Kitchen

Responsible Service of Alcohol

Covers all areas relating to the service of alcohol in and around licensed premises. Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

Dates/times: Sat 21 Mar 9.30am - 1.30pm Fee: \$65 Tutor: Diversitat Room: Kitchen

First Aid - CPR (Cardiopulmonary Resuscitation) Code VBP112

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. First Aid/CPR is the first 3 hours of First Aid - Level 2. See that course for details.

Dates/times: Sat 14 Mar 9am-12noon (1 session) Tutor: National First Aid Fee: \$45 Room: Occasional Care

First Aid - CPR / Anaphylaxis (Cardiopulmonary Resuscitation) Code VBP112 / 21659VIC

Do not wait until it's too late. Learn CPR today. It is recommended that CPR updates are undertaken annually. Within this combined course learn to administer adrenalin for Anaphylactic reaction. This program is designed to provide knowledge and skills to the first-aider to be able to perform emergency administration of prescribed adrenalin using the injecting devise (EPIPEN). This is when a person (particularly children) have suffered a potentially life threatening anaphylactic reaction.

Accredited Certificate valid for 12 months First Aid/Anaphylaxis is the first 3.5 hours of First Aid - Level 2. See that course for details. Dates/times: Sat 14 Mar 9am-12.30pm (1 session)

Tutor: National First Aid Fee: \$85 Room: Occasional Care

First Aid - Level 2 Code 21593VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylatic updates) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 14 Mar and Sat 21 Mar 9am-5pm (2 sessions) Fee: \$145

Tutor: National First Aid Room: Occasional Care

Art and Craft

Discover the Artist Within

a course about drawing

This is an art course for adults who have always

wanted to learn how to draw well, a skill that can be acquired. Annette will teach you how to use your eyes as an artist does in a step by step way.

Progress is assured and this course works well as a refresher course or a course for new students to art. Materials required: sketchbook and 2B & 3B pencils.

Dates/times: Wed 4 Feb - Wed 25 Mar 10am - 12noon (8 sessions)

Tutor: Annette Playsted-Simmons **Fee:** \$120 Room: Hall/Rec Room

Continue the Journey

making art in a learning environment

This course is for artists and hobbyist artists wanting to continue to develop skills and approaches to improve their practice. Annette will work one on one with participants to provide feedback and teach advanced skills and approaches. The group environment is supportive and we work towards exhibiting together from time to time.

Participants provide their own materials, but advice is available about acquiring materials.

Dates/times: Wed 4 Feb – Wed 25 Mar 1pm – 3.30pm OR 4pm – 6pm (8 sessions) Tutor: Annette Playsted-Simmons Fee: \$120 Room: Hall/Rec Room

Jewellery Making

You will have a chance to craft a silver wire bracelet and a contemporary silver art charm and more. Come along for a one day workshop and create your own jewellery. Feel free to bring along silver or 9 carat gold jewellery that you would like to re-fashion quickly and easily - the results can amaze.

Dates/times: Sat 7 Mar 1pm - 5pm (1 session) Tutor: Jeff Dean Fee: \$60 (includes materials)

Children's Programs

Music and Movement

Enjoyment of music, dance and song to encourage the development of beat, rhythm, tempo, pitch and harmony - all while having fun. This is a great way for little ones to develop confidence, self-esteem, concentration, memory, listening, language and self-expression.

Dates/times: Wed 4 Feb - Wed 1 April 9.15am -10am (9 sessions)

Tutor: PSD Education Fee: \$50 Room: Centre Hall

Health & Wellbeing

Tai Chi combines movement, meditation and breath regulation to enhance the flow of vital energy in the body, improve blood circulation, and enhance immune functions. Jun Yi has extensive Tai Chi experience including high rankings in several Chinese national championships.

Dates/times: Fri 6 Feb - Fri 3 April 9.30am - 10.30am (9 sessions)

Tutor: Jun Yi Weng Fee: \$90 Room: Centre Hall

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed. Dates/times: Mon 2 Feb - Mon 30 Mar (No courses on Labor Day 9 Mar) 9.15am - 10.45am (8 sessions) Fee: \$80

OR Thurs 5 Feb - Thurs 2 April 6pm - 7.30pm **OR** Thurs 5 Feb – Thurs 2 April 7.45pm – 9.15pm (9 sessions) Fee: \$90

Tutor: Glenda Breedveld

Materials: Mat supplied but feel free to bring a rug.

Tummy Hips & Thighs

This is a low impact class, toning thighs, buttocks and abdominal pelvic floor strengths. Resuming Term 2.

Computers

All computer classes are held at SpringDale Neighbourhood Centre/ Computer Room. Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension.

Introduction to Computers A

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do.

Skill Level: Beginner

Dates/times: Thurs 5 Feb - Thurs 26 Mar

1pm - 3.30pm (8 sessions) Fee: \$160 or \$80 Conc

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Computers C/E

(Intermediate Word - follows on from A/B class) Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do, also learn to send and receive and

delete emails. Set up address books. Learn about

virus protections. Skill Level: Beginner

Dates/times: Tues 3 Feb - Tues 24 Mar 9.30am - 12noon (8 sessions)

Fee: \$160 or \$80 Conc

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Lyn Brook, Lynette's User-Friendly Computers

Introduction to Computers D (Creative Projects)

Create Greeting Cards using Microsoft Publisher. This class will make you more creative and assist with personalising your greeting cards, Christmas cards/birthday gift tags. Let your imagination run wild!

Dates/times: Tues 3 Feb - Tues 24 Mar 12.45am - 3.15pm (8 sessions)

Fee: \$160 or \$80 Concession

Skill Level: Intermediate

(\$55 subsidised tuition fee + \$25 services fee) **Tutor:** Lyn Brook, Lynette's User-Friendly Computers

eBay - Sellers

Learn how to sell on eBay. Do you have some interesting articles that you've considered selling on eBay and weren't sure how to start. Come along and learn from an eBay trained professional.

Skill Level: Intermediate + Dates/times: Fri 6 Mar - Fri 13 Mar 10.30am - 1.30pm OR Wed 11 Mar - Wed 18 Mar

6.30pm - 9.30pm (2 sessions) Fee: \$90 or \$82 conc Tutor: Angelo D'Angelo

Microsoft Office 2007/Vista

Extend your skills with the Microsoft Office 2007/Vista suite of programs including a brief introduction to learn how to navigate around Vista. Learn to use Microsoft Word for more than a word processor, use Outlook to organise your important meetings and dates, discover how powerful Excel can be and learn to make presentations and slide shows for you family and friends with PowerPoint.

Skill Level: Intermediate + Dates/times: Wed 4 Feb - Wed 25 Mar 1pm - 3.30pm (8 sessions) Fee: \$160 or \$80 conc (\$55 subsidised tuition fee + \$25 services fee) Tutor: Jonathan Harris, JNH Software P/L

Email & Internet

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including voice, video and interactive chat and learn how to check for and avoid viruses, Trojans, worms etc.

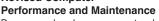
Skill Level: Beginners

Dates/times: Wed 4 Feb - Wed 25 Mar 10am - 12.30pm (8 sessions)

Fee: \$160 or \$80 cond

(\$55 subsidised tuition fee + \$25 services fee) Tutor: Jonathan Harris, JNH Software P/L

Revised Computer



Do you wonder why your computer slows down or runs out of disc space. This course is for you. We will discuss the causes of and how to fix these issues. This entails clearing your computer of unnecessary files and how to keep your computer running at its best performance. We also show you how to fix your computer when it does not boot into Windows and how to respond to error codes on your computer.





Dates/times: Wed 4 Feb - Wed 25 Mar 4pm - 6.30pm (8 sessions) Fee: \$160 or \$80 conc (\$55 subsidised tuition fee + \$25 services fee) Tutor: Jonathan Harris, JNH Software P/L

Intermediate Computer

Students in this course will learn how to use Word, Excel, Internet and Email. More than an introduction to these software packages, it's how to get the best out of them.

Dates/times: Mon 2 Feb - Mon 30 Mar (No courses on Labor Day 9 Mar) 3.30pm - 6pm (8 sessions) Fee: \$160 or \$80 conc



Tutor: Jonathan Harris, JNH Software P/L

Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn Photostory to convert your pictures into an entertaining movie.

Materials: Photos optional Dates/times: Mon 2 Feb - Mon 2 Mar

1pm-3pm (5 sessions) Fee: \$120 or \$60 conc

Tutor: Jonathan Harris, JNH Software P/L



Non SpringDale Classes & Groups

Digital Photography Doctor

Confused by all the settings on your new digital

camera? Learn how to get great results from

a qualified teacher and master photographer.

different file formats, downloading images,

red eye reduction and lighting techniques.

Dates/times: Tues 10 Feb - Tues 3 Mar

Understanding shutter speeds, ISO, aperature,

Bridge for Beginners

7pm - 9pm (4 sessions)

Fee: \$100 or \$92 conc

Tutor: George Stawicki

Come along and enjoy the challenge of learning how to play Bridge by our experienced tutor.

Date/time: Wednesdays 9.30am -11.30am Tutor: Mark Cline

For bookings (03) 5222 2736, 'University of the Third Age'

Venue: SpringDale Neighbourhood Centre

Room: Training Room

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being.

Dates/times: Term 1 classes commence on Wed 4 Feb, 9.30am - 10.30am (intermediate) and 11am-12noon (beginners to intermediate) Thur 5 Feb, 6.45pm – 7.45pm (intermediate) 8pm – 9pm (beginners to intermediate)

Tutor: Monique MacLeod Fee: \$115 (9 weeks)

Venue: Drysdale Physiotherapy & Sports Injury

Clinic, 27-29 High Street, Drysdale. Phone: (03) 5251 2958 to book.

Privacy: The SpringDale Neighbourhood Centre respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

Special Interest Groups

Bellarine Woodworkers Inc.

Meet first and third Monday of the month at 1.30pm at SpringDale Neighbourhood Centre. New members welcome. Just turn up!

SpringDale Singers

A mixed voice choir meeting on Tuesdays, from 1.30pm - 3.30pm in the SpringDale Neighbourhood Centre Hall. New members welcome. Persons interested may come as visitors on any Tuesday.

Life Drawing

For those who enjoy the experience of Life Drawing. Mon 1.30pm - 4pm. Waiting list may apply.

Activities and Games

SpringDale Badminton

Any new interested players please contact SpringDale. Wednesdays 1pm - 3.30pm weekly at The Scout Hall Drysdale.

SpringDale Chess Club

Today, chess is one of the worlds most popular games played by millions of people worldwide. Wednesday afternoons 1pm – 3pm. \$1 per session.

SpringDale Jigsaw Club

Borrow a jigsaw from a big library at the bargain price of 40¢. Come along to the SpringDale Centre Hall on the first Thursday of the month from 10am – 12noon.

SpringDale Mahjong Club

Mahjong involves skill, strategy and a certain degree of chance. This group meets Wednesday from 10am - 12noon. \$2 per session.

SpringDale Scrabble Club

Weekly scrabble group is held on Tuesday afternoon, 1pm - 3pm and caters for players of all abilities and new players are always welcome. \$1 per session.

Members enjoy playing a variety of card games including Canasta, Euchre and 500. This group meets Monday afternoons from 1-3pm. \$2 per session in the SpringDale Centre.

If you can count to four and can tell your left foot from your right, you can line dance! Join our group. Commences Weds 28 Jan 10.15am - 12.15pm. \$7 per session

Parents and Children

Bellarine Toy Library

Saturday mornings 11am-12noon. We have some fantastic toys to borrow (ages 0-6 years) so come along and see what we have to offer!

Portarlington Toy Library

Monday and Wednesday mornings 11am-12noon. Operates out of the Portarlington Pre-school. Look for the balloons and sign. New members welcome.

Craft

Springers Quilting Group

The group makes beautiful quilts for Palmerston Court Aged Care. Meets on the 4th Thursday of the month at SpringDale from 10am-12noon.

Scrapbooking

Preserve photos in a creative ways. All welcome, beginners will be shown techniques. Last Wednesday of the month, 7pm-10pm.

Crochet & Knitting

Caters for novices or those wishing to increase their skills. \$1 per session. Meets Tuesday afternoon 1pm-3pm. **Group leader:** Jan Westwood

Computers

PC User Help Group

We can encourage people to follow their interest in computers and share this interest with Liam Bennett and others. Meets 2nd Tuesday in the month 4pm - 5pm.

Health and Wellbeing

Book Club Group

All avid book readers come and share your opinions

and interpretations of selected titles. Date/time: 1st Monday of each month.

7.30pm – 9pm Tutor: Lucy Pope Room: Training Room

Men's Kitchen-Wednesday Group / Weekly

Come along and enjoy making delicious tasty meals from start to finish. This is a fun group where humour exists, friendships are formed and appetites are fullfilled. Dates/times: Wed 4 Feb 10am - 2pm

Men's Kitchen - Thursday Group / Weekly

Due to the overwhelming success of our 'Men's Kitchen' we are creating a new group. Come along and make delicious, tasty meals from start to finish and enjoy the friendships.

Dates/times: Thurs 5 Feb 10am - 2pm

Pole Walking Group

Pole Walking is enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk.

Commences weekly on Mon 2 Feb 9am

Tutor: Helen Watts

Fee: \$2 Membership, \$1 per session

Life Perception Discussion Group

Discuss the essence of life's journey and how we explore the fascinating range of eclectic topics within this awareness-raising field.

Dates/times: Thursdays 10.30am - 12noon. Facilitator: Wendy Page

Fee: \$2 Membership, \$1 per session

SpringDale OCCASIONAL CARE

A three-hour session will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself. Sessions are: Tuesday, Wednesday and Friday mornings

9am - 12noon, Monday and Thursday 9am - 2pm. For further information please phone Occasional Care on (03) 5251 1627.

Sessions run during school terms only.

Enrolment & Payment Conditions

ENROLMENT

To book into a class, phone (03) 5253 1960, or call in person, at SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale,

Email: office@springdale.org.au or send in the course booking slip.

- · If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees.
- · Your enrolment is confirmed when payment is received.
- · Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- · We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
- · If there are not enough enrolments to successfully run a course it will be cancelled.
- · If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- · If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

St Leonards Community Space

St Leonards Community Space under the guidance of Neville, Terrielyn and volunteers is continuing to grow with great enthusiasm and interest from the residents and general public. Please contact St Leonards Community Space (03) 5257 2032 or SpringDale Community Centre for further information about courses and groups. If our phone is unattended, please leave a message and we will return your call as soon as possible.

(03) 5257 2032 **OPENING HOURS:**

10am until 3pm Tuesdays, Wednesdays & Thursdays

Introduction to Computers A

Introduction to Computers C/E

(Intermediate Word - follows on from A/B class)

For those with no computer skills and / or no typing know how. Learn the basic skills of using a keyboard and mouse by playing solitaire and using a typing tutor (using one finger on each hand if necessary). Learn how to navigate your way around the computer and start it up and shut it down by doing the following: open and close procedure, open programs such as solitaire and Word and use the typing tutor program.

Skill Level: Beginner

Skill Level: Intermediate

Dates/times: Thurs 5 Feb - Thurs 26 Mar 9.30am - 12noon (8 sessions) Fee: \$160 or \$63 Conc Tutor: Lyn Brook, Lynette's User-Friendly Computers

Learn how to create tables, use tabs, columns, clip art and put a border also learn

how to browse using different search engines. Discuss broadband versus dialup.

Fee: \$160 or \$63 conc Tutor: Lyn Brook, Lynette's User-Friendly Computers

to send, recieve and reply to emails. Understand how the internet works and

Dates/times: Wed 4 Feb - Wed 25 Mar 9.30am - 12noon (8 sessions)

OPTIONS

The Computer Course selection for the following dates and times will be determined by popular demand.

The dates are Tues 3 Feb - Tues 24 Mar 3.30pm - 8.30pm The choices are the following:

Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn Photostory to convert your pictures into an entertaining movie. Materials: Photos optional Fee: \$120 or \$63 conc (5 sessions) Tutor: Jonathan Harris, JNH Software P/L

OR

OR

Intermediate Computer

Students in this course will learn how to use Word, Excel, Internet and Email. More than an introduction to these software packages, it's how to get the best out of them. Fee: \$160 or \$63 conc (8 sessions) Tutor: Jonathan Harris, JNH Software P/L

Advanced Computer Classes

Designed for advanced computer skills and those with a great knowledge of mapping around their computer. Fee: \$160 or \$63 conc (8 sessions) Tutor: Jonathan Harris, JNH Software P/L



Introduction to Computers D (Creative Projects)

In this class you will have the opportunity to use a range of commercially available software such as Hallmark Card Studio, Print Master 17, National Geographic Greeting Cards and Microsoft Publisher to create greeting cards (Xmas, birthday & special occasions etc.). Learn also to create attractive note pads; envelopes; calendars, and small business or gift cards (using sticky labels).

Skill Level: Intermediate

Dates/times: Fri 6 Feb - Fri 27 Mar 9.30am - 12noon (8 sessions) Fee: \$160 or \$63 conc Tutor: Lyn Brook, Lynette's User-Friendly Computers

Digital Camera

Learn the workings of your digital camera to get the best results. BYO Camera.

Week 1 - Introduction; Week 2 - Flow camera works;

Week 3 - Lenses; Week 4 - Downloading and processing on computer.

Dates/times: Tues 17 Feb - Tues 17 Mar 10am - 11am OR Thurs 19 Feb - Thurs 19 Mar 7pm - 8pm (5 sessions)

Fee: \$50 Tutor: Bruce Jones

Advanced Computer Classes

Designed for advanced computer skills and those with a great knowledge of mapping around their computer. (8 sessions)

Skill Level: Competency in all computer skills.

Dates/times: Thurs 5 Feb - Thurs 26 Mar 1pm - 3.30pm (8 sessions) Fee: \$160 or \$63 conc Tutor: Jonathan Harris JNH Software P/L

RESEARCHING FAMILY HISTORY FOR BEGINNERS Getting Started / Session 1 - Wed 4 Mar

Each member to tell their family story. Suggestions given for lines of research. Please bring any family stories, photos, recordings.

Getting down to business - Session 2 - Weds 11 Mar

Places to obtain information - Registry of Births, Marriages, Deaths, State Library, Victorian Genealogical Society, Geelong Heritage Centre, Geelong Family History Society.

Searching Far and Wide - Session 3 - Weds 18 Mar

Research on the internet and other possible overseas sources for which there may not be internet access.

Putting it all together - Session 4 - Wed 25 Mar

Writing your own family history for the benefit of future generations. Dates/times: 10am or 6pm if required. Each session lasts one hour.

Fee: Cost for 4 sessions is \$20. Tutor: Peter Munster

Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn Photostory to convert your pictures into an entertaining movie.

Materials: Photos optional

Dates/times: Tues 17 Feb -Tues 17 Mar 1pm-3pm (5 sessions) Fee: \$120 or \$60 conc Tutor: Jonathan Harris, JNH Software P/L



St Leonards Special Interest Groups

To participate in Groups at the St Leonards Community Space the requirement is to become a member at cost of \$2 membership fee per year. Each group is \$1 per session per person unless otherwise specified.

Friendship Group

Every Tuesday afternoon at 1.30pm. Come and for a cuppa and chat and make new friends.

Beading Group

Tuesdays at 1pm. For beginners to advanced.

Evening Cross-Stitch

Tuesdays at 7pm. Both beginners and experienced are welcome.

Craft and Patchwork

Wednesday afternoons starting at 1pm. Everybody welcome.

Wednesday evenings at 7pm and is primarily for beginners.

Mahjong players both experienced and advanced players. Thursdays 10.30am.

Card Group

Thursdays at 1pm. At the moment "500" is the game of choice.

Scrabble Group

Thursdays at 1.30pm.

Casual Art Group

Every 1st and 3rd Thursday of the month at 9.30am. Drawing or painting.

Art Appreciation Group

Every 2nd Thursday of the month at 10am. A fee of \$5 per session.

Junior Beading

Every second Saturday at 10.30am. Check the noticeboard for the dates and during the school holidays we will endeavour to hold it every Saturday.

CAMPING SEASON AT DRYSDALE PRIMARY

Clare Wilson Principal

Excitement, enjoyment, entertainment, education. All of this happens during the Drysdale camping program. Term 4 is the time when the children in Years 3 to 6 have their trip away from school.

The Year three's were all dressed in period costume to go on their overnight stay to Sovereign Hill. They made the most of all of the opportunities on offer at Sovereign Hill – gold panning, visiting the Red Hill mine, going to school in the 'olden day' classroom, watching 'Blood on the Southern Cross' and much more. For many it was their first stay away from home.

Kangaroobie, a camp in the Otways, was the destination for the Year four students. Three full days of adventure, learning about shipwrecks and exploring Loch Ard Gorge. At Kangaroobie the children had lots of fun doing farm activities, canoeing, archery, tackling the ropes course and learning bush games. The Sound and Light Show at Flagstaff Hill was a feature for many of the students.

Bike Education was the focus for the Year five's week long stay at the Blue Light camp in Maldon. Everyone rode their bikes, on roads and on tracks through the bush, to the many different activities. The policeman in charge of the camp reinforced all of the bike riding skills and rules that the children had been practising during their 'bike-ed' program at school.

Our camping program culminated in Year six with a week long tour to Canberra. It was a huge trip but worth the effort as the children got to see and experience the many things our national capital has to offer. The High Court, Questacon, Old and New Parliament House, the Australian Institute of Sport, The National Gallery, the Australian War Memorial were just some of the places the children visited.

The camping program at DPS offers many things to the children – a wonderful range of activities and learning opportunities, a chance to build relationships and increase self awareness and the opportunity to accept challenges in a supported and caring environment. Each camp provides another step for the children to become resilient, confident individuals who can display endurance and persistence when needed.



Top: Outside the new Parliament House, Canberra Below: Bike Camp at Maldon.



Drysdale Senior Citizens

Our trip to the tulip farm on October 7 went very well. The day was a bit cold but when you see all the beautiful flowers you forget about the weather. There was also a bush band playing and that kept your feet tapping. Everyone enjoyed the day and we arrived back at 5pm.

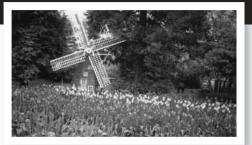
Once again Christmas is getting close and everyone will be very busy. For the month of December we have Bingo on the December 1 with our trading table and afternoon tea starting at 1.15pm. Monday, 8 December we have our Christmas Lunch and entertainment which is for members only and we have a great time. The entertainer will be Brendan Scott starting at 12noon, so it will be a great show.



Exciting New Fashions for Ladies and Men Now Stocking ...

- Sunny Girl · Spicy Sugar
 Equinox · Lovely Girl · All About Eve
 Just Add Sugar · Dressing Station
- Peter Andrew · Bromley · Coast Clothing
 Also Larger Sizes

2 Brown St Portarlington P: (03) 5259 1422

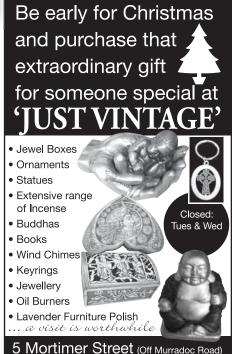


Monday, 15 December we have Danny Blume at 1.30pm and afternoon tea. The cost is \$2.00 at the door. We have a raffle of vouchers that you can spend at the show. Our club will be closing for Christmas from Monday, 22 December and opening on Monday, 5 January.



We would like to wish everyone a very Merry Christmas and a happy New Year, especially our sick members and hope 2009 will be a better year for you all.

Esther and Mary



The SpringDale Messenger <

DRYSDALE Phone: (03) 5251 3081

Ga Cook's Tale Sara Hussen Benn trained at the Ecole Ritz Escoffier in Paris

and cooked authentic French food. A Christmas Fantasy

One morning the Cook had been balancing her books - how does minimum money feed maximum guests? Her ancient French Uncle once copied the banquet prepared by the impoverished but event-loving, fanatical party giving, the Duc de Montage. In the cellar wine of such lineage no servant was allowed to walk in its presence only he Le Duc, had a touch, breathed so lightly, walked so gently, that would not damage the precious venerable liquid. But the foreign king was coming for the Christmas Eve reception and the reputation of France was imperilled. After hours of desperate thought Le Duc went to visit his Great Aunt a woman so powerful, so magnificently creative, that her very gaze shook the fibres of one's being. Her intelligence reduced one to a shivering imbecile. Le Duc sat at her feet and endured the scorching humiliation, Le Duc fainted when she told him what to do.

One hundred guests were summoned by choristers clad in cloth of tissue of gold. Their arrival was scented by the cascades of rose petals falling like snow from silk canopies. Children dressed in white lace led them to the Banqueting Hall which was lined with silver cages holding tiny songbirds. The guests settled onto the embroided, beaded and fringed oak stools. The rose scent arising from their silken counterpanes made them dream of love. Each guest sat down to the signs of precious metal dinnerware platters of first pewter, then silver then gold.



Sara Hussen Benn

The golden goblets were filled many times with the rarest of liquids, crushed diamonds floating nectar from the bees before the trumpeteers announced the advent of food. Ah! Breathed the Cook NOW the food -What did they eat? What were they served? The ancient French Uncle tapped his nose, "Dreams" he said "Desires" he said. The Cook was nonplussed. Her ancient kinsman laughed "They were served dreams on golden plates eaten with ivory spoons. Dreams. There was no food. Each course, and there were 35, was announced by a singing angel but nothing was served! The enchanted, entranced, intoxicated guests eat air." "Eh?" queried the flabbergasted Cook, "Eat air?" "Their fancies, their desires, their guests they all drank deep into their longings, their yearnings, their heart desires.'

The Cook sat alone at her desk and her unfulfilled menu card. It is Christmas after all, she mutters, they will stuff themselves all through Advent, right through Christmas Eve, again on Christmas Day, why not let them eat air, wrapped in gossamer, silver of gold tissue of 'what if' or 'once in a lifetime' or even 'now or never'. The Cook shivers at her daring, shivers at her thought of guests groaning in despair, the hungry, the greedy, the unthankful, the wistful, all alike in their dashed expectations. Uh, laughs the Cook, let them eat cake!

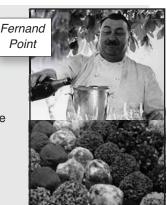
The Cook, The Husband, The Dog (Gertie) all wish you a very warm, lick lustre Christmas.

Truffes au chocolat

(Chocolate Truffles)

Melt 125 grams of chocolate in a bain marie, add to it a spoonful of water, a spoonful of finely granulated or caster sugar, 100 grams of butter and a yolk of egg (which must not be added until the chocolate has cooled considerably). Leave for five hours then make balls of the size you like and roll them in powdered chocolate.

The truffles should be made the day before they are eaten. Fernand Point





High St DRYSDALE



Indulge' in delicious Christmas Shortbread

This recipe is courtesy of 'Indulge on Harding' Portarlington



Ingredients

- 225g Plain flour
 - · 115g Rice flour
- · 116g Castor sugar · 225g Butter

Place all ingredients into a food processor and mix until it forms a ball.

Place mixture on a sheet of baking paper onto the baking tray you intend to cook on. Place another piece of baking paper over the mixture and roll out between the two sheets then refrigerate for 1 hour. Peel off top layer of paper and cut out biscuits with Christmas shaped cookie cutters. Pull away the excess and make more from the pieces. Bake in 180° preheated oven till golden brown.

Gluten free Shortbreads



Ingredients

Makes one round of shortbread

- 175g gluten-free flour mix
- 50g granulated sugar
- · 100g hard margarine or butter or 75ml olive oil

Method

Mix all the dry ingredients together. Then rub in the butter until a fine mixture or soft dough is produced - this will depend on the type of butter or margarine used. Press well into a greased tray to the final thickness required for the biscuits. It is much easier to make one large shortbread and score it before cooking than to make separate biscuits. Cook in a preheated oven 150°C. Bake for 30 to 40 minutes until light brown.

Ginger Shortbread

Add 10gms powdered ginger to the dry ingredients.

Cinnamon Shortbread

Add 5gms powdered cinnamon to the dry ingredients.



SEASONS MENU **OPEN FOR** DINNER

LUNCH 7 DAYS Breakfast Sat & Sun Dinner Fri & Sat

Kalamata restaurant is nestled mongst the Lighthouse Olive Groves. Enjoy a meal inspired by the islands of the Mediterranean, while taking in the panoramic views of Swan Bay & beyond.

650 Andersons Road Drysdale Vic 3222 Mel Ref 471 K4 Bookings (03) 5251 1101



BELLARINE FENCING Co

We do Picket & Paling, Fences & Gates.

Phone: Andrew & Gayle Baylis on 5251 3090 or 0417 544 887

INDENTED HEAD & ST. LEONARDS

LAWN MOWING & GARDENING SERVICES

Free quote @ competitive rates

Phone Ned 5259 2216 or 0429 142 268



The beds were planted on Sunday 19 October – it took all day to plant. Both beds were planted with the same plants at the same time. I tried to put the same quality plants in each bed. I planted 3 types of tomatoes, basil, eggplant, capsicum, cucumber, lettuces, spring onions, snow peas, silver beet, beetroot, coriander, 3 types of pumpkins and zucchinis. Oh and I moved a couple of strawberries from last year.

I'm so happy to be 2 to 21/2 months ahead of where I was last year. The tomatoes each have a very strong metal star picket next to each of them.



Last year I started with thin canes and worked up through much more substantial stakes and then went on to star pickets to try to support the load. This year, I went straight to the metal pickets with the opportunity to extend them if necessary.

As more and more people take on the Bokashi system maybe we should think about having a Bokashi support group so that people can easily share ideas and results. I'm hearing about excellent results - looking forward to hearing about your efforts and being able to publish these with photos.

> Interested in learning more about Bokashi? See pages 13-16

Want to be an owner builder?





Start with us at owner builders assistance

We provide step by step help from a registered builder, and with the confidence and knowledge to understand the process, you can now afford to build your dream home.

For more information call us today

(03) 5251 1620



For advice regarding:

- **Investment Strategies**
- Retirement Planning
- Superannuation Advice
- Social Security Advice
- Tax Planning Strategies

FREE INITIAL CONSULTATION

Contact: Frank Tigani, CPA Authorised Representative (03) 5221 2700 AFSL No. 243287



from the garden gate

It's December and our thoughts turn to Christmas. This year has flown past and vet again Christmas has caught me by surprise. Santa will be coming down the chimneys and probably getting stuck from too much eating. I have seen him around on the towns' rooftops. For me, a simple Christmas spent with friends and family is more precious than meaningless gifts. Don't get me wrong, a bit of bling goes a long way. Who knows what the weather will be? This year we are dumping the traditional hot dinner and going all Aussie - Christmas BBQ style. That way he cooks and we sit back and watch. Sounds good to me.

Don't forget that Christmas is all about giving. Plants are always a favourite, whether it is flowers, a shrub or even something ornamental for the garden. Even gnomes are popular for some people. Friends of mine quite often make up a pot of herbs or a salad pot to give. I can always remember who has given me what in my garden, even when I can't remember the plants name. Remember, it is the thought that counts at Christmas and the joy that you receive from giving.

Now, to garden chatter. December is dry and watering has become more difficult now with tighter water restrictions. One hour twice a week may just keep some gardens going, but if you use your laundry grey water it will probably see us through. The plants that survived last year were roses, lavender, some natives, bulbs, daisies and many fruit trees.

lavender

'Plant marigolds, calendulas, garlic chives, garlic and lavender in the vegetable garden to ward off pests.'



The days of watering willy nilly are gone forever. We, as gardeners, have become very efficient at saving water and should be congratulated. Who says you can't have your garden and eat it too! One good tip is to water deeply and to keep

mulching and adding compost, as this helps the soil to retain moisture. Also pray for rain.

versatile garlic

Keep deadheading your flowers, especially roses and grevilleas. Plant marigolds, calendulas, garlic chives, garlic and lavender in the vegetable garden to ward off pests. Last month, we had a huge invasion of aphids and thrip just before our show.

The Clifton Springs Garden Club will resume in February, for another year of interesting speakers and garden bus trips. If you would like to come along, please do and then you can chatter with other gardeners. We do have lots of fun. Till next year, have an enjoyable Christmas and a happy New Year. Travel safe, keep cool and enjoy the quiet moments in your garden.

Happy Gardening, Lorraine Wikman President









www.springdale.org.au The SpringDale Messenger < 2

Drysdale POLICE BEAT

Another holiday season is about to land upon us and no doubt you will have noticed the increased traffic, both pedestrian and vehicular, in and around the town. We have new Traffic Control Signals now in operation in High Street, just opposite the main shops, hopefully, that should have an impact on general traffic flow. Your local police have been working hard during the preceding months in a targeted effort to reduce speeding and drink driving incidences in and around our town. I am pleased to say that we have achieved a significant drop in those areas. Everyone should be congratulated and on behalf of your local police, thanks for listening and responding to the message. Having said all that, it is important that we keep speeding and drink driving concerns in mind given the time of year quickly approaching.

Police will continue to monitor, intercept and enforce all areas of motoring behaviour especially in regards to speeding and drink driving.

I am extremely pleased to announce that we have successfully re-launched one of our struggling Neighbourhood Watch Areas. At a meeting at Clifton Springs last month, a group of enthusiastic local citizens put their hands up to assist with the struggling area and are now committed to getting it up and running again – what a fantastic effort! This is what Neighbourhood Watch needs, it is a wonderful support for police and it gives a sense of community pride and achievement in the way we can all assist out own local community. I recommend Neighbourhood Watch to you all, for a small commitment a month, you can have a say in the safety of our community. Give it a go.

I would like everyone to remember that if you have lost anything of late, please make contact with the police. We have lots of items handed into us and you never know, we might just have it. So, before you take any action in regards to lost/misplaced items, contact your local police. We also have a large 'Key Box' available to look through in case you have lost your keys recently.

I would like to also advise residents that the Victoria Government recently initiated a 'Gun Amnesty' as part of Community Safety Week for the month of October. I'm not sure if it will continue, but it is a timely reminder to those of you that may have illegal firearms on your possession or in your homes to get things sorted out as soon as possible.

Grant LANGMAID O.I.C. Drysdale Police

Older Road **User Safety**

Safety for 'Older Drivers' has become a real passion for one resident of Clifton Springs. Past Deputy Chair of the Barwon Community

Road Safety Council Ron Medson has been a community 'Road Safety' presenter for six years and says roads have become more crowded over time

and road rules and signage have changed accordingly. Driving has become more complex as a result, so the issue of safety in new cars has become increasingly important particularly for older drivers. As we age our bones become more susceptible to injury and therefore extra care needs to be taken, not only when handling a vehicle and also as a pedestrian. Trip planning is important and a safe time to do our shopping or book an appointment is inside school hours 9am -3pm. Other tips are checking the

'blind spot', mirrors alone are not enough, a head check is also important when changing lanes, pulling out, reversing or doing u-turns. Ron has given 43 Road

Safety presentations this year (including one here at SpringDale last month) plus various clubs and groups to older road users,



numbering approximately 4000 people. The 45 minute information session covers driving tips, vehicle safety, health and fitness and planning for change and future mobility. It also provides an opportunity to ask those questions that have concerned you! The talk is available free of charge to groups within the Bellarine, Geelong and Surf Coast region. Ron strongly believes knowledge is the most powerful weapon we possess when it comes to the skills we need when driving a motor car.

'Barwon Roadsafe' has also developed a special 'refresher lesson' designed to update your road rule knowledge and is an effective way to improve your confidence, to drive on into the future. Over 1000 Geelong and Bellarine residents have taken advantage of this offer, it is not a test and has no connection to your licence, just simple steps to becoming a more confident, skilful and better driver.

Ron became involved with Barwon Roadsafe through his involvement with the Rotary Club of Drysdale and believes the program is a great service to the community and if you wish to take advantage of a discounted refresher lesson or receive a Victorian Older drivers handbook, or your club or group is interested in a free Road Safety presentation, please contact Ron Medson on 5253 2940 or 0418 396 099.



'Keeping Older

Drivers Safe

and Mobile'

- ✓ Gymnasium
- ✓ Dining Room
- ✓ Theatre Room
- ✓ Kiosk
- ✔ Activity Room
- ✓ Dance Floor
- ✔ Bar
- ✓ Outdoor Bowls
- ✓ Indoor Heated Pool / Spa

For details and inquiries please contact Joe Longo phone: 03 5250 2156 mobile: 0409 857 563 email: bel@pipeline.com.au

51-59 Kensington Road, Leopold

-- NOW OPEN FOR INSPECTION --

AVAILABLE WITH SPECIAL SINGLE OR DOUBLE GARAGES.

2 & 3 BEDROOM UNITS STARTING FROM \$285,000 - \$347,500

2 & 3 BEDROOM ARCHITECTURALLY DESIGNED UNITS

www.kensingtonretirementvillage.com.au

Combined Probus Club Clifton Springs/Drysdale





Mr Ted Hefferman

In October our guest speaker was Ted Hefferman, well known local specialist, who told us about his interesting career in surgery. This was followed by lunch at the Leopold Sportsmans Club. Everyone is now looking forward to the Christmas lunch on Monday, 8 December at the Grand Hotel, Portarlington.

With more than 20 new members inducted this year the caravan, cabin friends, crafty friends and the newly formed movie friends have continued to

flourish. Memberships are still available for both couples and singles. Guests and visitors are most welcome to all our meetings held on the second Monday of each month.

Members are invited to nominate for 2009 committee closing date Monday, 19 Jan for elections at the February meeting.

For further information please contact Brian on (03) 5253 1448

Drysdale Ladies Probus

One of our members, Bev Mason, gave an interesting and very humorous account of growing up in a country area at our October meeting. Bev told us of a local identity whom she and other children had to pass on their way home from school. This person used to sit outside smoking and would jump up and yell at the kids as they went by. Of course in their young minds this became a big thing and many stories abounded about this person. Bev explained that later after she had finished her nursing training she returned to the local hospital and as a very new nurse was taken to each room and shown around. When they got to Room 3 who should be there, but this person from her childhood. Bev said that she broke into a cold sweat. Later however they became very good friends. Life certainly takes some very unusual turns sometimes. Bev also told how the cook was regarded as a most important person and that the nurses had to do extra duties such as the night staff having to keep the fire going all night so that the porridge and bread could be made in the morning. No excuses were allowed even if it had been a

busy night and the fire was forgotten. A terrible row ensued if the fire was out and not only was the cook a very unhappy person but there was no breakfast! A block of ice had to be kept behind the fan to keep the patients cool in the hot weather.

Also at our October meeting another member Sandra Giddings arranged for her daughter Michelle to speak of her involvement with Kaszazz. Michelle explained that she became a Kaszazz consultant when her children were small as she was able to fit it in around their needs. She said it was a fun way to earn an income, with on going training and support where you can work from home around the family and have flexible working hours. Kaszazz has a huge range of scrapbooking and stamping products. Michelle demonstrated the making of cards and showed some of the very creative photograph albums, boxes and cards. Thank you to all concerned. It was a most interesting and fun morning.

Yours in Probus Friendship Lesley Jones

State of the Art Technology

Small Business - Commercial - Residential

Home Automation - Electrical - Data Security - CCTV - Access Control Audio/Video Distribution.

www.glrsolutions.com.au

Phone: **0425798788** 03 52345234



R.E.C 3297 A.B.N 99 078683691 P.S.B.R 717-637-70S

Portarlington Mussel Festival



Portarlington is the mussel capital of Victoria and the Portarlington Mussel Festival will again be held on Saturday January 10, 2009 to promote mussels and local produce.

There will be mussels to sample and available for purchase fresh from the Pier, and a charter boat will run trips to the mussel farms.

This year the South American band Inka Marka will entertain visitors outdoors while other entertainment will be held inside the community hall. This event is free to the public and further information is available at

www.portarlingtontourism.com.au/mussel or contact Jenny Macaulay on (03) 5259 1593.

Let go of -Anger, Resentment, Guilt, Regret Past Relationships.

Emotional Freedom Specialist
Pam Wright
Suite 3,
88 Sydney Parade Geelong
Free CALL 1800 814 313

Bellarine & Geelong

- TV Antennas
- Digital Set-Top Units
- Phone Points TV Outlets

Same Day Service Available

- Tuning TV/VCR MATVHome Theatre Set-Up
- Boosters/Amplifiers

ALL AREAS 7 DAYS
Ph: 5241 6111 Mob: 0438 880 066

www.springdale.org.au

Large Range of ...

Carpet + Vinyl

Floating Wood

Neil Petrie

03 5253 1855

0419 519 030

Laminate Floors

63 Murradoc Rd Drysdale



health & wellbeing

7

Drysdale & DistrictDENTURE CLINIC

Gavin Braybrook

Dental Prosthetist

Monday, Tuesday, Thursday 8.30am - 4.30pm
 Friday 8.30am - 2pm
 Wednesday 8.30am-3.30pm
 Saturday morning & AH by appointment only

Shop 5, 19 Clifton Springs Road Drysdale, Victoria 3222

P: (03) 5251 1683 M: 0406 124 318

Aiming to improve your quality of life.

- All your Prescription & Health needs • Home Medication Reviews.
- Our friendly staff have good practical advice.Pharmacy product orders welcome

Your health professional

St. Leonards Pharmacy

1374 Murradoc Rd St. Leonards VIC 3223 P - (03) 5257 1365 F - (03) 5257 1173 E - stleonards@nunet.com.au

Remember Pink ...



On Tuesday, 14 October over fifty people gathered to enjoy a delightful breakfast in SpringDale Hall, which was decorated with pink balloons, pink serviettes and pink flowers. It was a tremendous success and a wonderful community effort for Breast Cancer. We hope to invite you all next year and make this an annual event to raise money for research on behalf of Breast Cancer Australia. Donations are always acceptable at National Breast Cancer Foundation. Donations \$2 and over are tax deductible.



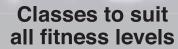


be active, feel good to live stronger and live longer

Join one of our classes that will specifically target your needs.

- Gold Club
- Weight resistance training and circuits for over 55's.
- Pump
 - Weight training exercises using bars and adjustable weights, in the fun of a group fitness class.
- · Fitball Abs · Spin Cycle
- Rehabilitation Group Exercise
- Personal Training and so much more...

TRY 'MAXRIDE PUNCH' NOW!



The friendly staff at **U2 FITNESS** are waiting to assist you with your reshaping program to a healthier, happier and stronger you.



OPEN: · Monday to Thursday 6am to 9pm · Friday 6am to 8pm · Saturday 7.30am to 1pm

U2 FITNESS CENTRE
33 MURRADOC ROAD DRYSDALE

PH (03) 5253 1795

Curves opened its doors to raise awareness of Breast Cancer

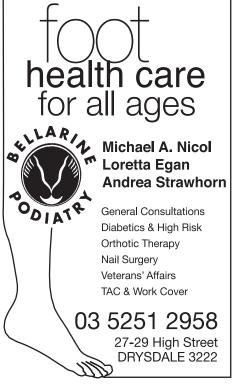
Curves Bellarine recently hosted a fabulously fun Girls Night In. There were 25 displays of locally produced goods and services. Over 150 women had the opportunity to make a great start on their Christmas shopping while indulging in a massage, eyebrow waxing and manicures.

Guest presenter, Karen Todd, social worker from Barwon Health, shared some insights about preventative measures that we all need to practice, including healthy eating, maintaining good exercise habits, and being 'sun-smart'. Karen also spoke about cancer support services and groups available in our area.

Curves is the official supplier of Olivia Aids. The Olivia Aid, developed by Olivia Newton-John and world-renowned breast cancer surgeon Dr Ernie Bodai is an ingenious breast self-exam tool that greatly enhances a woman's ability in detecting an abnormality, which in many cases will lead to early detection and a better chance for a cure.

Donations from Bakers Delight, Bella Fruitz, Cinnabar Bakery, Gosh Beauty,

MAGGIE GOVE N.D. Bowen Therapist & Naturopath Member of A.N.T.A. Drysdale Clinic [03] 5251 1188 Opening Hours Wednesday - Saturday [Rear of Elegant Profile]



Rainbow Beauty Centre, The Zoo and massage at Queenscliff were greatly appreciated and contributed to a very successful event. A total of \$760 was raised for the Cancer Council.

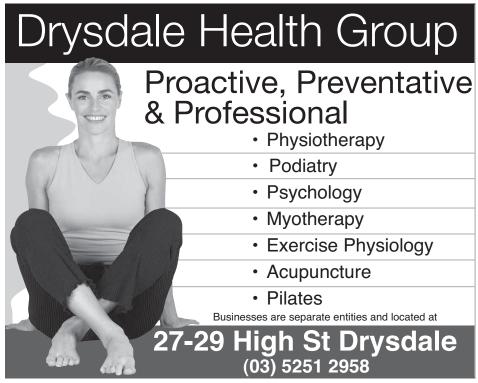
Winners of the Bra Competition

- 1. Judy Lewicki 2. Kylie Wall & Lyn Arthur
- 3. Stanka Davis 4. Julie Couchman
- 5. Norma Todd

This effort raised a wonderful \$500.75 for the 'Jane McGrath Foundation' towards the need for more 'Breast Care Nurses'. Thankyou to all who made the Bras and helped raise the money for this worthy appeal. They were all beautiful.



Curves April Archibold and Barwon Health representative Karen Todd



Over 10,000 locations worldwide.

5253 3029 Drysdale Village Walk Drysdale

www.curves.com



Our fun and effective 30-minute circuit works every major muscle group and burns up to 2000 kilojoules every workout. Fitness is a gift that she'll really enjoy!

The power to amaze yourself."

*New members only. Not valid with any other offer. Valid only at participating locations. ©2008 Curves International, Inc.

www.springdale.org.au The SpringDale Messenger <



health & wellbeing

No more aches and pains...

By Liz Womersley and the Physiotherapy team

Bellarine Community Health (BCH) provides Physiotherapy services at their site in Ocean Grove, Point Lonsdale, Drysdale and Portarlington with a service currently being established in St Leonards. Limited home visits are available, rehabilitation and aquatic physiotherapy services are also provided. Physiotherapists assess, diagnose and treat people with a wide range of movement, pain and musculoskeletal problems so they can return to their optimal activity levels after illness or injury. All Physiotherapy treatments are tailored to provide the most appropriate management of a persons' condition and incorporate a range of treatments including soft-tissue techniques, mobilisation and exercise. Emphasis is placed on education and appropriate



exercise advice to allow people to achieve long term results and an improved capacity to self manage their condition. The Physiotherapy team are skilled in the assessment and provision of walking aids along with treatment and exercise prescription to reduce the risk of falls. A limited range of group programs such as physiotherapy exercise, aquatic physiotherapy and cardiac rehabilitation

Bellarine Community Health Inc.

The Health Exchange

are available and provide participants access to appropriate exercise in a supervised group setting.

Where suitable, participants may be

Where suitable, participants may be referred onto a Bellarine Community Health Physical Wellness Program (PWP) which provides graduated strength training programs in a range of settings to facilitate continued improvement. These programs are very popular with local communities on the Bellarine Peninsula, providing both exercises to improve strength and a way to meet other peers. Referrals are accepted from a range of sources including self, GP's, Hospital and other health professionals. All clients are prioritised based on a range of criteria and due to demand a waiting period may apply. To access this service please contact the Service Access Officer on (03) 5258 0812.

A story of survival

1989: What do you say when your GP tells you that you have a malignant melanoma 1-2nd level on your thigh? You say "But it's only a little mole". Hospital within 48 hours, surgery, and 4 weeks later you walk unaided.

1991: What do you say when the surgeon tells your husband that he has to undergo open heart surgery? You say "But he's just a little out of breath". Surgery, 3 months later he is back at work. He survived.

1992: What do you say when after a mammogram, your GP tells you that you have breast cancer? First you panic, this can't be happening, you have booked the trip of a lifetime to the Northern Territory, the Ghan, the works, leaving in 2 weeks time. You say "Sorry, can't have

surgery now, see you when we get back". Surgeon says "NOW". Into hospital, surgery, plus 6 weeks radiation, months later you do that trip. You survived.

1998: What do you say when the surgeon tells you after a colonoscopy, "Sorry, you have bowel cancer". You're speechless, you get angry, why me again. You have surgery, you get on with it. You survive once again.

1999: What do you say when the GP tells your husband that he has prostate cancer, "\$#*&///, No, No, you must have the wrong file". He didn't, 6½ weeks of radiation. He survived.

We think back sometimes and wonder how we coped. Guess we were the lucky ones, we were book-ends, a wierd sense of humour helps. Your life changes, yes,



but now you stop and smell the roses, you take that trip now, take up painting, do volunteer work, whatever. You sweat the big stuff and ignore the rest. I have a theory, when you are born, you have an expiry date stamped on your bottom in invisible ink.

Val Clifton Springs







Drysdale CWA 60th year coming to a close





the families suffering the effects of the drought, bushfires and floods have been collected, packed and sent to where the need

has been greatest.

The community can genuinely say when you support your local Country Women's Association you are supporting your community. The Branch Members would like to take this opportunity to thank all community members who have assisted them to raise these funds. Without the generous support of the community they would be unable to distribute the funds raised to the deserving and hard working organisations. New members are most welcome, with enquiries to:

Joy (03) 5251 3696 or Shirley (03) 5253 2757.

As our 60th historic year comes to a close we are pleased that once again we are able to distribute to local organisations, schools and McKellar Centre, some \$6,000, raised through raffles, catering and sales of books and craft goods. Trauma Dolls, Teddy Bears, Prem. Baby Gowns and New Baby Kits for the Geelong Hospital and Treasured Babies, Knitted and Crochet throw rugs to Grace McKellar House, Jumpers for Aids Babies in Nigeria, Homeless Aid - Vic. Relief Appeal - Beanies, Scarves, Blankets & Gloves have been made and delivered. As well as pamper packs for

Children's Christmas Program



All children of prep age to grade 6 are invited to attend the Drysdale Uniting Church's Children's Christmas Program which provides a Christ-centred experience reflecting the celebration, joy, wonder and mystery of Christmas. Participants will enjoy activities of stories/drama, music and craft activities.

Dates: Thursdays 4 and 11 December, commencing at 5pm with registration and finger food, concluding at 6.15pm and Sunday, 14 December at 6pm with

a special family service/bbg tea to which parents, families and friends are invited

Where: Drysdale Uniting Church and Hall, High Street, Drysdale (access from the car park in Palmeston Street)

There is no charge for this program, but donations towards cost of food and craft materials welcome.

For enquiries or enrolments contact: Colleen Diamond (03) 5251 3749 or Val Lestrange (03) 5251 3125 (AH)

Come along and have fun!!

Other Christmas Service times at the Drysdale Uniting Church

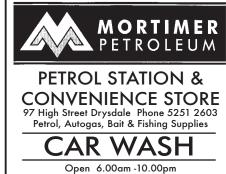
Christmas Eve Service Wednesday, 24 December at 11.30 pm

Christmas Day Service

Thursday, 25 December at 8am



44 murradoc road, drysdale drymot@bigpond.net.au





Hello and welcome to December's issue of the Youth Page.

The Christmas holidays are nearly here, giving all of you the chance to have six free weeks on your hands. Why not get involved in a pet project, or spend some time out in the Summer heat, with your friends. On the December 7, the grand opening of the Youth Activities Area on the Waterfront will occur, including a lot of fun activities, food and performances. It will definitely be a great afternoon for not only yourself, but the whole family as well. So read up on the following article which contains all details of the event, and don't hesitate to immerse yourself in fun-filled activities over these Summer holidays.

Youth Area to Open in Style

The Youth Activities Area on the Waterfront is nearly finished in its construction. To celebrate the opening of this area, there will be a massive event held at the location. The launch of the space will be held on Sunday 7 Dec, and there will be heaps of things on the day, including; skating, snowboarding, bands' live performances, box wars, free rides, food, theatre performances, basketball and much more. At the moment, the form of the area is really starting to look like the finished product and the structures look great.

So make sure you remember the date Sunday 7 December from 12noon to 5pm. Also, if you would like to be involved in planning the launch plus other future events, join YAAPA (Youth Activities Area Programming Activists), by phoning Monica on (03) 5272 4683 or mbutler@geelongcity.vic.gov.au. You could alternatively fill out the application form on the website: www.youthcan.vic.gov.au



www.springdale.org.au The SpringDale Messenger <



Green Fee
Players
Welcome
Enquiries
to the Club
(03) 5251 3391

7 Day Golfing Memberships only \$370.00* WEEKDAY MEMBERSHIP ONLY \$265.00*

*Dec1 '08 to June 30 '09 (03) 5251 3391

Sunday *Carvery
3 Course \$14.50

18 holes

Sunday Night is *PARMI NIGHT

Original, Italian, Aussie or Hawaiian
Only \$12.50 ea

A la carte meals also available

POTS FOR GLASSES PRICES Friday Night 5.30-7pm MEAL SPECIALS rv our fabulou

Try our fabulous
Lunches priced
from \$7.50
Mon-Fri only

For bookings and further information telephone the club on **(03) 5251 3391**

Clifton Springs Golf Club

Clearwater Drive CLIFTON SPRINGS

Friday Night is *STEAK NIGHT

Porterhouse or Rump \$16.50

Saturday Lunch
Soup & Main
\$10.00

* Conditions Apply

members draws

FRIDAY & SATURDAY NIGHTS
Friday - all categories
Saturday - Golfing Members only
Regular Raffles every Friday Night

music by

off the Record'

Fancy Dress

Prizes available

carton character

Theme

3 Course Meal & Show

Bookings now being taken so be early to avoid disappointment.

\$60 per person

