

The SpringDale Messenger

ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc.



Congratulations
to Hailey Smith
- Dux of Duntroon



Four and a half years ago we printed Hailey Smith's photo on the front of the Messenger when she won a scholarship to the Australian Defense Force Academy. Now we are lucky enough to announce that Hailey has completed her 4 years of study (3 years at ADFA and the last at Duntroon) and was presented at graduation with the Queen's Medal for being the Dux of Duntroon.

We would like to congratulate Hailey on her achievement as the most decorated cadet of 2008 and wish her success in the next chapters of her life.

'Raising of the Quilt' by the Springers Quilting Group



More than 4 years ago a Community Quilt project was suggested to enable members of the community the opportunity to participate in a long lasting, visible art work.

During Adult Learners' Week in 2004 an activity day was held at SpringDale and one of the activities was to decorate a square for the quilt. Many people have participated in the creation of this quilt. A group of students and parents from Drysdale Primary School joined the squares together and decorated outer squares to frame the quilt. The last stage of backing and

quilting was completed by the Springers Quilting Group.

We did our best to invite everyone, who participated in the creation of the quilt, to the 'Raising of the Quilt'.

We now invite everyone to come and visit our newest example of community cooperation and celebration. The quilt is on display in the SpringDale foyer and is well worth a visit. While in the foyer please take a few minutes to view this beautiful community quilt.

Thank you to everyone who helped to complete this valuable community asset.

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Westpac

Shop 9 Supermarket Complex Drysdale

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Sandra, Rhianon or Kate
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Community Calendar

February

15

Drysdale Market
9am-1pm



22

Portarlinton Market
9am-2pm

23

SpringDale Business Breakfast 7am



March

1

Clean Up Australia Day



8

Bellarine Agricultural Show



9

Labour Day



15

Drysdale Market
9am-1pm



27

The Tank [Potato Shed]



28

Bunyip at Drysdale Primary

29

Portarlinton Market
9am-2pm

31

Nominations close
Adrian E. Mannix Community Service Award



The Write Stuff [Potato Shed]



Copy Deadlines for March 2009 Issue - Monday 2 February

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SpringDale Neighbourhood Centre

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All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.

Views

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

The SpringDale Messenger

Production & Designed by **Lyn Ingles - blue pencil publishing**

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from the centre

with Anne Brackley [centre coordinator]

This year has already started with great enthusiasm and energy as SpringDale ran our first vacation program for children aged 5 to 12 years old, successfully with the help of the team at Getting Active. We are already planning the program for the Easter school holidays and vacancies are filling fast.

Due to community requests we are working with the City of Greater Geelong to be able to offer some activities during school holidays for young people aged over 12. Please let us know if you'd like to help us organise these activities.

Our Occasional Care program has limited vacancies for children aged 0 – 6 years old and our courses for people 1 – 99+ are filling too. There is something for almost everyone at SpringDale.

I was lucky enough to be given an introduction to pole walking by our group leader, Helen, just before Christmas and many people have seen me out walking during summer. If you have tooted or waved, I am sorry if it looks as if I haven't responded – it's tricky to get my hands out to do so. I am enjoying using the poles and find myself walking quicker and further.

Another result of a recent workshop is the chocolate sponges that are now being shared at SpringDale. We have to thank Sharon for sharing her talents with our community and know that they are being put to good use. (Another reason for me to be Pole walking!)

Thank you to everyone who participated in our community consultation in December. We received some interesting feedback and some good ideas for the future. We would love to hear from anyone with an idea or suggestion at any time.

I was lucky enough to speak to the View Club last year and this has meant a number of new memberships and opportunities for community members at SpringDale. I would love to be invited to speak to your group this year to bring to life all the things that happen at SpringDale. Looking forward to hearing from you. **Our contact details are phone (03) 5253 1960, fax (03) 5253 3050 and email office@springdale.org.au**

Happy New Year

Anne Brackley

on behalf of the team at SpringDale.

UPDATE @ SpringDale



The Team at **SpringDale** would like to welcome you all back after a hectic Christmas and New Year.

No sooner had we closed the COLOURED cover of our December edition, it was time to return.

We came back to the office with such enthusiasm and encouragement from the Community and Business sector to continue using colour in the Messenger for our first edition for 2009 in the February issue.

We hope you enjoy the **'NEW LOOK MESSENGER'** and we shall endeavour to continue quality and choice.

Let us know what you think of our new look Messenger.

Email the messenger at **office@springdale.org.au**

St Leonards Community Space

We hope you all had a safe and happy Christmas. Now is the time to start thinking about coming along and joining some of our groups and courses that we have available. Please feel free to pop in for a 'cuppa and a chat'. If you have any ideas for further groups or courses please let us know.

We are now conducting a Games afternoon

- **Mahjong, Cards, 500 and Scrabble** this will meet **Thursday 1pm weekly**.
- **Junior Beading** will resume 2nd & 3rd term.
- **Personal Computers Help Group** are looking for an enthusiastic person to come along and assist. **Tuesday weekly 9.30am - 12noon**



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**TERM II
COURSE GUIDE
MARCH
ISSUE**

The Bunyip Festival - 'Living fine in 2009'

The Bunyip Festival for 2009 has the theme 'Living Fine in 2009'. The planning is well underway for our **29th Bunyip Festival** to be held on Saturday, 28 March 10am-3pm.

Family Law Worries?

Come in for a *free* chat

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We have a long list of environmentally friendly and healthy lifestyle businesses and not-for-profit groups that will showcase their products and initiatives on this day.

We would love to hear from groups who would like to provide refreshments for the day and we are still looking forward to many more local businesses and not-for-profit groups who would like to be part of our day.

The rides this year will be far more exciting and there will be day passes available again before the day. There will be our annual auction and the third annual Battle of the Bands.

The raffle tickets will be out at the start of February and there are \$3,000 worth of prizes on offer still for only one dollar a ticket.

Looking forward to any questions or suggestions,
Anne Brackley
phone (03) 5251 2250
or mobile 0407 529 205



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Adrian E Mannix Community Service Awards

The award is an opportunity to recognize the voluntary efforts of individuals made in the local communities of Clifton Springs, Drysdale, Indented Head, Portarlington and St Leonards.

The Drysdale Rotary Club, Portarlington/Drysdale Lions Club and SpringDale Neighbourhood Centre have joined together to provide this award, in memory of the contribution made by Adrian E. Mannix O.A.M. The winner will receive a trophy and \$500.00 to donate to the charity/cause of their choice.

Over the last 7 years we have had more than 50 nominees and last year we changed a couple of operational procedures. Nominees are all issued with a certificate of recognition and the winner is invited to attend the award dinner. We have asked previous nominees to

remain eligible to be chosen as the winner without having to be nominated each year and this seems to have been well received.

Adrian Mannix passed away on 24 February 2001 and during his life carried out an extraordinary amount of community work.

Previous winners of the award were:

2002 Bernard Filbay

2003 Sydney Payne

2004 Thelma Evans

2005 Ethel Harrold

2006 Lex Mortimer

2006 Norma Mortimer

2007 Julie Tucker

2008 Gerald Edgar



Nominations are currently open for the 2009 Adrian E. Mannix OAM Community Service award. Nomination forms and criteria guidelines are available from SpringDale. **Nominations close on March 31, 2009.**

HELP us save our Church Hall


This is the plea from parishioners of St James' Anglican Church in Collins Street, Drysdale. Their heritage listed Church Hall is showing its age and is in need of much t.l.c. They would love to extend and modernise it to make it a much more flexible building and a great place for community use. Investigations have tracked down the original plans in the Victorian State archives. These show that the builder was a Mr Lane and that the architects, JVT Ward & AEH Carleton, who formed their partnership in 1897, also designed other halls similar to St James' in and around Melbourne. However, St James' Church Hall is the only one of these still being used for its original purpose, and so the porch, front hall and stage must be retained and restored. The photograph shows the

porch of St James' Hall with the only remaining gothic style window. Building anything costs money, but renovating a Church Hall built in 1906 will cost mega-bucks.

However, the parishioners are not deterred, and fundraising continues, so watch out for notices about planned events. Subject to all the necessary permits and planning processes, something may be about to happen. If you would like to make a donation to the building fund, cheques can be made payable to 'St James' Restoration Fund' and sent to The Parish Treasurer, St James' Vicarage, PO Box 365, Drysdale, Vic 3222.

Times are hard at the moment and you might instead consider making a bequest to St James' Restoration Fund in your will. Then, at some time in the future, your generosity will help to pay off the outstanding loan, which will inevitably arise because of the cost of the renovations to the Hall. If you can help in any way, thank you so much for your support – it will mean a great deal to our community!





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**NEIGHBOURHOOD
WATCH INFORMATION**

GLG 58,59 - Mark Cline
C/Springs Bowls Club
Clifton Springs
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GLG 68 - Doug Palmer
SpringDale, Drysdale
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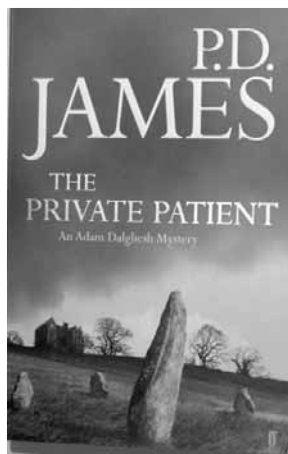
Register your interest

The Year: **1969**

The School: **Drysdale Primary School**

The Class: **Grade 6**

Call SpringDale (03) 5253 1960 to register to be invited to attend the 40 year reunion in 2009.



The Book Club - 'The Private Patient'

Last month we had a very lively time and were able to welcome two new members. While some are on holiday, we still had eight members, which is a good sized group.

The book we have just read, 'The Private Patient' by P. D James, was again well reviewed by the group, with a considerable amount of in depth analysis. The author is well known for her excellent books, and although some members felt that 'The Private Patient' did not reach the standard of some of P. D. James previous books, we gave it an average score of about seven out of ten.

The group had been disappointed by the previous book, 'The Household Guide To Dying', so our choice for December and the Christmas period was very welcome. Our next book is called 'Scar Tissue' by Anthony Kiedis, and for March we have selected 'The Spare Room' by Helen Garner.

Our next meeting is on Monday, 2 February at 7.30pm. Anyone who feels they would like to come and join us would be very welcome, please contact the SpringDale on (03) 5253 1960 for more details.

Kaye

St James' Book Sale 2009



If you were there, you will know what a success it was. If you missed it, mark your diaries for January 2 – 3, 2010 – it will be worth it! In the first hour after opening on Saturday January 3, 500 people were through the door and the activity inside the Hall was frenetic.

Eight book packers and three cashiers hardly kept the queue at bay, but the atmosphere was extremely good humoured. The location, Drysdale Community Activity Centre, is a wonderful venue, very light and airy, so the interior of the Hall never felt stuffy and there was plenty of room to browse. Our thanks to Drysdale Primary School for use of this excellent facility.

The only sour note was the disappearance of two rare books, one worth \$200, the other \$100 in the first few minutes of the sale. They are presumed stolen.

By the end of the two days, over 2000 people had visited the sale and everyone had a good time. A surprising number of visitors were from Melbourne, with many taking the trouble to phone first with specific queries about the location of categorised books in the Hall, or asking for particular authors. The piles of books diminished quickly and everyone seemed to find something to take away with them. The special children's section with kindy tables and chairs was extremely popular and provides a safe and absorbing environment for kids whilst the adults look for their own bargains.

All the books are donated to the sale, and St James' says a very big 'Thank You' for the generosity of the donations. Collection of books for next year is already available, so phone any of the following if you have spare books on offer:
Dorothy & Robin 5251 3702;
Pat & John 5253 2322;
Maggie & Gordon 5251 2256;
Tom & Betty 5251 2594;
Graham & Gwen 5253 1230;
Kevin & Bev 5253 2470.

St James' wishes you all a very Happy & Safe 2009

Library Lovers Day



For centuries 14 February was known as Valentine's Day, a time for romantics to celebrate and exchange gifts. Now a new era has begun with library enthusiasts claiming the day, Library Lovers Day 14 February, 2009.

According to the 2007/08 Annual Report of the Geelong Regional Library Corporation, there has been an increased usage, with 58,772 books and magazines added to the collection.

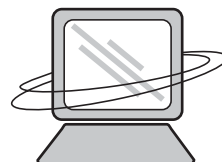
Australian public libraries will offer special programs and competitions to mark the occasion.

Why not visit your local library now and see the great range of books, audio books, newspapers, CDs, and DVDs that are available.

Visit: www.librarylovers.org.au

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A Cook's Tale

Sara Hussen Benn trained at the Ecole Ritz Escoffier in Paris and cooked authentic French food.

The Potato is not a Cherry



A Simple Cherry Dish

Cherries, pure icing sugar, thick cream

Rinse the cherries, remove the stalk (not the stone) enough water to cover and simmer gently. When the cherries are softened, drain off the liquid, pat the cherries dry with a paper towel. Sprinkle lavishly with the pure icing sugar and serve with a jug of thick cream.



nor is this Cook Augustus Escoffier.

One grows deep in the soil, earth fed, earth coloured – the other? Ah, the other! tree born, wind caressed, coaxed by warm sun into life “full of gaiety, full of Springtime!” The Cook is in love with the cherry tree, loving its blossom, desirous of its fruit. The Cook fills her mouth with the complete fruit, juggling them between her teeth – mouth pouting over the multitude. The greedy Cook sucks on. As a child her desire to be once and for all a cherry, seduced her to swallow the stones.

“Will they grow Ma, will they?” With dreams of stalks and branches and bulbous rotund cherries the Cook passed her early springtime.

“But cherries don’t do as many things as potatoes Ma! do they? No mash, Ma, no crispy roasted crunchiness, Ma, no chips, Ma, French and pencil thin.” Cherries are not potatoes remembers the Cook, potatoes are not cherries. The Cook remembers a dress embroidered by her mother with cherries, two by two down a central panel. The time of the sermon in church was passed by counting the number of cherries on her dress and calling them Gertrude one, Gertrude two, and on and on - until she woke to her sister’s voice in her ear “wake up idiot!” The Cook has had many dreams of potatoes before dropping off to sleep but however buttered the small new potatoes are, however mashed with grated cheese, or are baked in milk, the cherry still challenged them in the delight of the year.

Ah! Sighs the Cook, the firstlings of our mouth are never with us for long. The tongue remembers, the teeth remember but present chewing blurs the sharp, unbearably pungent first bite, first swallow, and then the ever after search. No matter chides the Cook, you have potatoes in the pot, crispy bacon and finely chopped chives to smother them in. The Cook sings “I gave my love a cherry” No! the other way round “My love gave me a cherry” and then suddenly the Cook bursts into tears.

Bananas are good for you

In India, Alexander the Great had his first taste of a banana in 327 BC. Also in India, bananas were called ‘Fruit of the Wise Men’.

200 students at a Twickenham (Middlesex, UK) school were helped through their exams last year by eating bananas at breakfast, break and lunch in a bid to boost their brain power.

Research has shown that the potassium packed fruit can assist learning by making pupils more alert. Bananas are high in iron, fibre and Vitamin B.

Why not eat a banana today or bake a banana cake to receive an instant and sustained boost of energy and no doubt it could prove beneficial.



tip...

Ripen us in a fruit bowl at room temperature. When ripe we can be stored in the fridge. Our skins will turn black but our flesh will be unaffected.

have a go at this...

Banana Chips

Peel bananas and slice thinly. Bake in hot oven on non-stick paper or deep-fry until crisp. Serve hot or cold. Great for snacks.

Try this site.... www.freshforkids.com.au/fruit_pages/banana/banana.html

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The Rotary Club of Drysdale embraced the new year with a Family Fun Day held at the Rotary Children's Park at Point Richards on New Year's Eve. What a great day was had by all that attended. An estimated 3000 people - parents, grandparents and many excited children, clamouring to have rides on the train.

The Rotary Club has recently commissioned a new platform which allows 4 engines to work both platforms. Many children decided that they wanted a ride on an engine in every colour. Other attractions such as the new Jumping Castle, ice-creams, coffees and the ever popular BBQ added to the fun.

Coming Events

You are invited to attend another Family Fun Day, which is to be held on Sunday

8 March 2009, when Portarlinton Miniature Railway will celebrate its 10th Anniversary. Enjoy a great family day out from 11am-4pm. Train rides, jumping castle, BBQ, animals, clowns, magicians and much more.

The Rotary Club is also now involved in preparing for its major fundraiser of the year - the annual Easter Art Show, which will be held at the LINC (Leopold Indoor Neighbourhood Centre) on Easter Saturday and Easter Sunday (April 11-12).

Rotarians are selling raffle tickets in various venues across the Bellarine to raise money for the Andrew Love Cancer Centre in Geelong. Tickets are \$1 each, and we hope you can support this very worthwhile cause.

Combined Probus Club of Clifton Springs/Drysdale

2008 drew to a close with more than 20 new members inducted during the year. However, don't let this deter you as memberships are still available for both couples and singles. Guests and visitors are most welcome to all our meetings held on the second Monday of each month. This month on February 9 is a chance to see democracy in action at the AGM when members vote for the 2009 committee. Then in March by special request a Trivia morning will be held to test the brain cells. Tables will be organized randomly on the day to ensure a level playing field.

In April we return to our regular pattern of visiting guest speakers.

Our Christmas lunch at the Grand Hotel, Portarlinton was enjoyed by more than 50 members and guests.

In addition to monthly meetings we have the Crafty Friends, Movie Friends, Caravan & Cabin Friends meeting once a month as well as Trips and Tours.

For further information please contact Brian on (03) 5253 1448

Letters to the Editor

Congratulations on the outstanding presentation of your December edition. I found it so much easier to read on a white background and suggest future issues should all be white with different colour logos.

Ollie, Drysdale

Dear Editor

How nice to see the SpringDale Messenger come into colour. I received a pleasant surprise when it arrived last month. Keep up the great work and wonderful articles, especially the cooking page with stories and recipes also garden tips, both are my passion.

Ellie, Clifton Springs

Dear Editor

My message is, that your centre and magazine is a credit to all involved. I only drop in occasionally and am amazed at the variety and versatility of your projects and the enjoyment of all who attend.

Marie, Woodend

Portarlinton Miniature Railway

10th ANNIVERSARY

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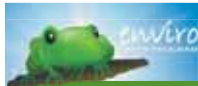


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Clifton Springs Primary School

Children's Garden:

Work has now commenced on our new Children's Garden which will enhance our play spaces and feature landscaped passive play areas. We have developed a design which incorporates our own jetty, board walks, boat, bollard walk and lighthouse keeping our theme of 'Learning by the Bay'. This project will develop over the next few months and our students are looking forward to seeing the various stages completed. We will be encouraging anyone to make donations of drought tolerant plants to vegetate our passive play area and dry creek bed. We must acknowledge the funding support from the Telstra Foundation and donations we have received from our parents so far.

Student Leaders:

Our student leaders have been selected for 2009. These roles are high profile roles in our school and we enjoy seeing our students further developing their leadership skills.



Welcome New Prep Students:

We welcome our new prep students who start their education and hope they settle into the school year well.

Market Van:

Our Market Van is well recognized in the community as we run the BBQ at the Drysdale Markets. However we are in need of replacing the van and are seeking either a sponsor or donation of a new van for us to refurbish. If any member of the

community can assist us it would be greatly appreciated. The Market Van has been operating for almost 20 years and has raised our schools significant funds over these years. Recent purchases have been the changeable sign on Jetty Road which keeps our community informed of events at our school and the purchase of laptops for use by students in Prep to Grade 6.

Calling all those interested

The **Bellarine Jongleurs Theatre Company** will be performing the productions listed below in 2009. We have four groups within our company: The Jongleurs 12 to 17 years old, The B.J.'s 5 to 11 years old, Blunt Productions - for adults, and Body Junction the dance Company section.

Blunt Productions:

Missing Dan Nolan by Mark Wheeler – May.

Based on the true story of Dan Nolan, a teenage boy who went missing in 2002. This unusual and deeply affecting play uses the actual words of Daniel's family, friends and the detective in charge to portray its important story.

Jongleurs:

Man of Steel – August.

This is a spoof play based very loosely around the story of Superman. Lots of fun characters, dances and singing, including gangsters, cleaning ladies, cheerleaders etc.

B.J.'s - No final decision of a play yet but it will be a full play with songs, dancing and acting.

We are looking for backstage crew, directors, choreographers, scenery designers, costumer coordinator and designer, stage managers etc. for all of these productions. We are a non profit group so all of these roles are in a volunteer capacity. We are willing to work alongside young people who have an interest in trying their skills in these areas.

Any graphic art students who are interested in creating posters or program designs, or setting up media data projection for use within these productions are also sort. Body Junction are also looking for any new choreographers wishing to try out their moves.

Anyone interested in taking on any role with any of the groups should contact Lorraine Hall on the email address to indicate their interest, with a short piece of information about their previous experience if any.

Any new young people who are interested in joining any of the groups can also contact Lorraine by email. Currently we have around 30 young members in each of our groups.

For more information email **Lorraine Hall** on davidehall@bigpond.com

CALLING ALL BONNETS

Just a quick reminder if anyone has or would like to make a bonnet for a female convict could they please do so in the next two weeks.

So far Bellarine and Geelong area have made 906 and we would like to send 1000 bonnets.

Pre made bonnets available @ \$3.50 per bonnet, just require your name and convict name.

For further information
Contact Pat (03)5253 1866



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Potato Shed

- ready for a busy year

Where did the time go, Christmas has come and gone and we are into another year – Happy 2009 everyone! I have to tell you about our final touring show which was held in December 2008 when a captivated audience, myself included, were treated to a very special performance of Charles Dickens performs A Christmas Carol. Phil Zachariah, reading from Dickens own prompt copy, kept the audience enthralled with his unique portrayal of the numerous characters bringing the story to life. This was a one man performance with a very simple set and some highly effective lighting design which set each scene perfectly, a sensational way to end the 'Hidden Treasure' season. After a short break the Shed came back to life again in



January with the first of our school holiday shows for 2009 with 'Encore 4 Kids' performing 'Jack & The Beanstalk' and a very special concert with Tiffany Eckhardt & Dave Steel, great entertainment for the Summer holidays. Looking forward, we are very excited about 2009 and have another fantastic Season of touring shows planned.

See below for Potato Shed UNEARTHED THEATRE SEASON 09 and don't forget to contact the Potato Shed if you wish to be added to the mailing list.

For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

WIN

double pass
plus

two complimentary
drinks on arrival

friday 27 march
the tank

AT THE POTATO SHED

To enter fill out the coupon below
and send or deliver to:

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Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOS 3PM WEDNESDAY 18 MARCH

POTATO SHED

WHAT'S ON
@ THE
POTATO
SHED
2009



The Tank

Friday 27 March

A rollicking piece of musical theatre that features songs written and performed by Australia's own Mick Thomas and friends. It celebrates the idea of family and spirit of place. **8pm**

\$22 Adult \$18.50 Conc \$16.50 Gr



The Write Stuff – for the right reasons

Tuesday 31 March
Two original plays – The House Always Loses & The Crook looking at the impact of gambling on society and individuals. Funded by Department of Justice, Geelong Repertory Theatre Company.

1pm & 7.30pm All Tickets \$5



Queen of Bingo

Friday 1 May

The perfect show for everyone who loves a laugh! Great Audience Participation includes a quick bingo game with the winner taking home a frozen turkey.

8.00pm. \$22 Adult \$18.50 Conc \$16.50 Gr



Spaznuts

Thursday 18 June

Back by popular demand, Damian Callinan returns with a show about his own experiences exploring how fertility shapes identity and what one goes through when that option isn't available. **Hilarious!!! 8pm**

\$22.00 Ad \$18.50 Conc \$16.50 Gr



Kavisha Mazzella Trio

Thursday 6 August

New music with ancient roots: Northern Hemisphere meets Southern, Old World meets New with a Mediterranean gypsy folk twist. A delight for the senses. **8pm**

\$22.00 Ad \$18.50 Conc \$16.50 Gr



The Grimstones - Hatched

Tuesday 15 September

'Hatched', a gothic fairytale told with giant books, old world marionettes and sign language. This is a magical and inspiring tale, sprinkled with comedy. **Not to be missed!!!! 11.30am & 1.30pm**

\$7.50 each \$5 Sch Gr



Spontaneous Broadway

Sunday 25 October

Fast, funny and brilliant. Everything musical comedy should be. Whether you love musical theatre or loathe it, you will adore this improvisational feast! A delight for all ages.

3pm \$20 Ad \$13.50 Conc \$55 Fam

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998

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 - * Incursions & More
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APRIL HOLIDAYS**

Kristie & Bill Miles

0413 605 057

www.gettingactive.com.au

"WORKING WITH THE SPRINGDALE NEIGHBOURHOOD CENTRE"

Child Care Rebate Available
Book GETTING ACTIVE TODAY!

Getting Active are now working with the SpringDale Neighbourhood Centre to provide families with the option of a Holiday Program on the Bellarine Peninsula and although it is a structured program it allows for flexibility and in particular emphasises an active component for all children. It also aims to foster a fun, positive and all encompassing experience with a variety of activities, excursion and incursions. Kristie Miles reported that "Our broad range of activities allows us to cater for children with special needs. We currently work with children with a variety of conditions including allergies, Aspergers, Autism, ADHD and heart complaints. As well as being professional business owners, both Bill and I are secondary school teachers and have current Victorian Institute of Teaching registrations. Being teachers provides us with value added skills. We ensure that a safe environment through our sound communication skills, clear expectations of behaviour, adhering to quality standards and respect for all during our structured programs".

All of the Getting Active Staff have either their teaching qualifications or current Working with Children Checks. The cost is affordable for families and parents can access a Child Care Rebate through the SpringDale Neighbourhood Centre.

Our first holiday program was launched over the Christmas break with the program running for two weeks, between the 5-16 January. The children who attended had a wonderful time doing a variety of activities including, baking biscuits, excursion to the Marine Discovery Centre, Craft activities, Tracey's Mobile Animal Farm, science experiments, plus many other exciting things. We pride ourselves on our flexibility and meeting the needs of our clients. For example earlier drop off or later pick up times were available to parents on request.

The SpringDale vacation program will now be running every school holidays and is now in the process of taking enrolments and deposits for the April Holidays. A detailed program with dates, costs and times are available now. Bookings are essential.

Enquiries and enrolments are welcomed through SpringDale Neighbourhood Centre on (03) 5253 1960. Alternatively please feel free to contact Kristie Miles from Getting Active on 0413 605 057.

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The Melodaires

- love to entertain



The Melodaires entertainment group has commenced rehearsals for their 2009 shows based on the music of Orbison, Bassey, Como and Presley.

We are currently looking for new members (male & female) who enjoy performing. Our director is local identity Alan Wilson and our pianist, Elizabeth Coyne.

We rehearse 2 hours per week on a Tuesday afternoon.

We would like to say thank you to those who booked 'The Melodaires' to entertain in 2008. Alan is also very keen to direct local amateur productions.

For further information please ring Lorraine on (03) 5251 2563

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turn to
page 23

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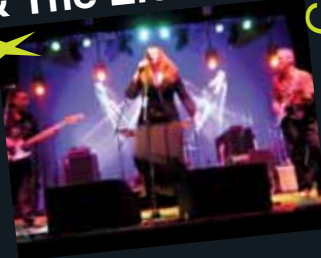
Saturday 7 Feb

8pm

Tickets:

Pre sale \$15

Door \$17



Rory Ellis & Band

With special guest
Album launch

Saturday 28 Feb

8pm

Tickets:

Pre sale \$15

Door \$17



James Blundell with Peter Denahy & Bec Lavelle

Sunday

1 March

7pm

Tickets:

Pre sale \$25

Door \$28



Geelong's newest live music venue

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Try Guiding... and have heaps of fun



The Drysdale Junior Guides finished the year purchasing presents for the Christmas Wishing tree and have started collecting cans for a World Vision project to get water for a whole village. These projects show a few of the things that Guides do as service for others.

Giving Service is one of the seven fundamentals of the Guide program, the other six are: keeping the Promise and Law, enjoying the Out of Doors, exploring World Guiding to promote peace and understanding, sharing Guiding traditions, Leadership Development and participating in the Patrol System.

One of our leaders recently celebrated her 21st birthday and it was an opportunity for past and present members and leaders to join Polly's family and celebrate with her. Congratulations Polly.

Guides is open to girls 5 years old to 18 as a youth member and 18 to 90+ as an adult member. We look forward to hearing from girls interested in trying Guides.

Phone Bronwen Elliott on (03) 5251 3083 or Anne Brackley on (03) 5251 2250.

So why should I buy an Apple computer?

In a corner sits an object that is marvelled from a distance. Its design is unique.

Its smooth curves and clean lines set it apart from the rest. It is, of course, an Apple Computer. But why a Mac?

Those that have owned Apples for most of their lives will know the answer to this question. Those that have only just discovered them will also know the answer.

That answer is, because they just work.

Apples are known for the sturdiness of their Operating System. Or, in the case of the latest models, Leopard. Leopard includes such things as iLife. A handy little suite of programs that helps you organise photos, burn personal movies and dabble around in music burning as well as creating your very own.

They are also known for their inability to contract viruses. Those of you reading this who have only ever used the humble



PC will say 'Yeah right, prove it to me.' But this is a very true fact. Anyone who has ever used an Apple will tell you they have never encountered it or considered it an issue.

When you think of the amount of money PC user's spend on ridding their computers of the useless things, particularly after half of their important information and files has gone to heaven, it makes the Apple look like a very worth while consideration.

Too expensive? Once upon a time, yes. They could cost you thousands of dollars more than an everyday PC computer with similar features. Now, when you consider that a basic, Apple laptop is sitting in the same price range as a low to mid range PC laptop, again the Apple is looking to be a rather wise investment.

Whether you own an Apple or are considering buying one, the SpringDale Neighbourhood Centre is looking for people interested in an Apple discussion group to be conducted monthly for an hour. If this sounds like you, please contact

Tina Ridgeway on 0402 302 579, or the Centre on (03) 5253 1960.

Scrabble - have your way with words



Do you realize that Mel Gibson, Derryn Hinch, Joan Collins and Queen Elizabeth 2 all have something in common?

They all play Scrabble.

Scrabble is played by forming interlocking words on a board using lettered tiles. Scrabble originated in America in 1931 by an unemployed architect in Connecticut. Scrabble is the world's best selling word game and played in 121 countries.

It is useful to know your two letter words and there are 120 of them. 27 are in everyday use like it and in, which only leaves 93. Qi meaning Chinese life force and za, a slang term for pizza, are now part of the 'Official Scrabble Players Dictionary'.

Why not be part of the weekly Scrabble group at SpringDale every Tuesday from 1pm to 3pm.

New players are always welcome.

recycle old house linen

An old pillowcase is handy in the laundry.

Place your delicate hosiery or linen items into it before placing them in the washing machine.

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Domain Name

There are three main things to consider when registering a domain name.

The choice of Domain Name Registrar (an accredited company authorized to register Internet Domain Names), the Name Server – a computer connected to the internet which hosts your domain name's records, kind of like adding your details to the 'internet phone book' – which will most likely be at the same company, and the Host of your Internet Services (the company through which your website and email are accessed) which may not necessarily be the same company as mentioned above.

You can register your domain name just about anywhere, although there may be some restriction to registering an Australian Domain (.AU) overseas.

There are 26 accredited Domain Name Registrars (according to auDA) these organizations manage the registration of all Australian domains – ccTLDs – domains that end in .AU.

In fact most companies that register domain names on the internet like your ISP – Internet Service Provider – for example, say iiNet or BigPond, are really just reseller for one or more of the accredited registrars mentioned above.

There is nothing to stop you from registering a domain name, before you have a website or need to use the domain name for email. You can go directly to one of the accredited registrar's website and order it online – assuming you have a credit card.

There is one catch however, a bit of a 'chicken or egg' dilemma; you will need an email address to confirm (and manage) your domain name's

registration. Actually it is possible to do everything by Fax, but this involves a lot of proof of identity documentation – which can take a while to process. And you still need to manage your domain name with an email address once you've finally got one, which means more Faxes and proof of ID documents to make these changes. You might not have a credit card anyway.

It is easier to have a third party, who have a credit card and an existing email address (like a.person@springdale.org.au), to register (and manage) the domain name for you – on your behalf – with one of the various registrars.

When you decided to use the domain name you have registered, for email or a website, you will need to alter the IP address details, in the records of

the Registrar's Name Server computer, to those supplied by the company who will be hosting your internet service.

An IP address is a set of four numbers separated by dots, which is used to locate a specific computer over a network, including the Internet. So the IP address of www.springdale.org.au is 203.0.178.91

So when SpringdAle launched their website, someone will have set the corresponding 'A' record – used for websites – of their Domain Name to the IP address above, so that anybody could then access the SpringdAle website by typing 'www.springdale.org.au' in the address bar of their browser.

If you are currently looking to register a domain name, so you can start using a website or just want to use it sometime in the future, and want to know more, send me an email - messenger@springdale.org.au

**outside
the
BOX**
with Pierce Jaques



the shed

It seems that the garden shed or garage becomes a storage area where nasty stuff that is unsuitable to be in the house gets placed. Paints, weed killers, sharp and heavy tools along with insecticides and chemicals that can be potentially hazardous to children. It is obvious that a clean and tidy shed is not only more user friendly to make projects etc, but also a lot safer.

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Bellarine 19th Agricultural Show

Enjoy a traditional country show at Portarlington Recreation Reserve on Sunday, 8 March 2009. Open from 10am till 4pm, there will be plenty for all the family including many farm displays, entertainment, lucky dips and floral art. Guess the Weight of the Steer competition, Gum Boot toss and Cowlotto will be special features.

Further information can be obtained from Don McDonald on 0412 306 678 or email bellarineagshow@hotmail.com

Gardening Tip

To revive cut flowers plunge the stems into boiling water. By the time the water is cool, the flowers will have revived. Cut off the ends of the stems and place the flowers in fresh cold water.



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We recognise U, as in us, as in our community. Since 1999 the Bellarine and Drysdale **Community Bank®** Branch have been working with the local community to make possible the projects we know you consider important.

In fact, we've contributed more than \$250,000 to local community projects and initiatives. And as more people do their banking with us, this number will continue to grow.

After all, at Bellarine and Drysdale **Community Bank®** Branch it really does start with U – and U have a choice.

Drysdale Community Bank® Branch
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T 5253 3192

Bellarine Peninsula Community Bank® Branch
44 Newcombe Street, Portarlington
T 5259 3266

Bendigo and Adelaide Bank Limited
ABN 11 068 049 178 AFSL 237879. (S22071) (12/08)

At the Bendigo it starts with U.



Official Opening of the Drysdale Bendigo Community Bank



Top: Melissa Pearce (Regional Operations Manager – Geelong) & Gaylene Smyth (Customer & Community Manager – Geelong) heralding the opening of the new branch.



Left: Ian Faulkner, Branch Manager at Portarlington and Springdale coordinator Anne Brackley

Bottom left: Musician – Bree-Arne Chamley

Below: Lions BBQ



The Drysdale Bendigo Community Bank was officially opened on the Tuesday, 13 January 2009 by Mr Mike Hirst, CEO of Bendigo & Adelaide Bank Ltd and Mr Russell Enders, Chairman of the Bellarine Peninsula Community Branch Ltd.

Apart from being a very warm day, the opening was well received by the Bank's shareholders and the community who attended with the Lions Club conducting a sausage sizzle, the Rotary Club of Drysdale supplying their jumping castle and other entertainment provided such as face painting and music for the kids.

With over 200 Community Banks throughout Australia, the profits they generate from the local community carrying out their banking needs, go back into the local community in the way of grants, sponsorship, shareholder dividends and donations.

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health & wellbeing

I think I can ... I know I can

Bellarine Community Health is committed to a vision which promotes wellness. Chronic Disease self management programs implement this vision through a client centered approach. This means that people with a chronic disease are the most knowledgeable about their life, their health and wellbeing. In the program health professionals listen to your issues and work with you as a team to improve and promote wellness.

The program includes:

- Better Health Self Management
- Health Coaching
- Flinders Model Care plans

Better Health Self Management, is a six week program, in a friendly group setting where you learn how to manage your condition.

Flinders Model and Health Coaching is an individual program, where you work one-on-one with a health care professional, to develop a personalized care plan that is committed to you achieving your desired health outcomes.

Ultimately, confidence and motivation are two of the biggest barriers which prevent people with chronic conditions such as: Arthritis, Diabetes, Heart, Lung and Muscular Skeletal Diseases from achieving a life of wellness. Comments from participants who recently attended Better Health Self Management included: "I now have renewed confidence to believe in myself and live again to enjoy my life". From a couple who attended the program: "This has given our marriage a

renewed sense of joy and confidence that we did not think possible."

The individual and group Chronic Disease Self management programs offered at Bellarine Community Health work towards building peoples' confidence, motivation and self belief. If you have a chronic disease and would like to achieve wellness through participating in these programs,

contact our Service Access Officer on (03) 5258 0812.

For further information about the program contact Helen O'Regan Chronic Disease Self Management Nurse on (03) 5258 0814.

Bellarine Community Health Inc.
The Health Exchange



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- Pilates
- Naturopathy

Businesses are separate entities and located at

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(03) 5251 2958

12th Australian Masters Games



Peter Phillips from Perth WA who will be competing at the games

The Australian Masters Games will be held in Geelong from February 20 to March 1, 2009 with over 70 sports participating. Archery, Basketball, Boccee, Bowls, Futsal, Weightlifting and Golf to name just a few. For the full list of sports visit the website www.australianmastersgames.com



12th AUSTRALIAN
MASTERS GAMES
20 February - 1 March
Geelong 2009

Venues will be in and around Geelong, the Bellarine Peninsula and the Surf Coast including the Drysdale Croquet Club, Portarlington Golf Course and Leopold Sportsmans Club.

Make sure you help any visitors navigate events and venues to ensure this event is successful.

For further information visit the website above or telephone 1300 725 266.

General Enquiries
12th Australian Masters Games
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Phone 1300 725 266
Email: admin2009@CASEvents.com
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from the **garden**

Bokashi Update

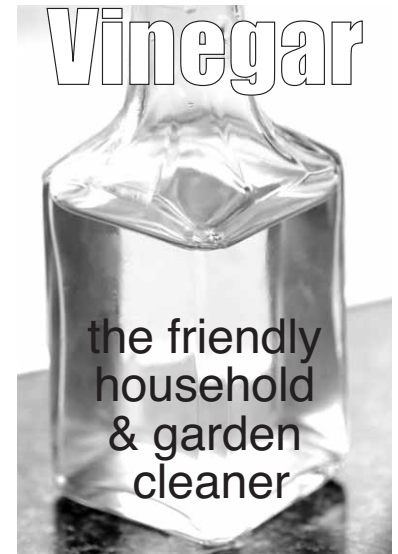
- Anne Brackley

I am so pleased I invested a number of hours in the garden during October, because I have had very few hours to invest since then. The occasional weed gets pulled but there's been little time for anything else. I have picked a number of zucchinis, a couple of lettuces and the tomatoes are ripening well.

As I write this the egg plants and capsicums are in flower and I have many pumpkins on the vine. The difference in the two garden beds is quite dramatic with most plants being twice the size in the Bokashi plot as in the non Bokashi plot. Many people decided to give Bokashi

buckets as Christmas presents and so the number of people using the Bokashi system continues to grow. We have Bokashi buckets (\$80) and the Bokashi grains (1kg \$7.50 and 3kg \$15) for sale at SpringDale. We also have Shift, special Bokashi grains that help dog droppings to break down more quickly.

For further information on any Bokashi products please contact Anne Brackley at SpringDale on (03) 5253 1960.



- Clean concrete on your driveways and paths with undiluted distilled Vinegar over the area and do it again until the stain disappears.
- To catch the bugs while having an outdoor BBQ, place a bowl of Apple Cider Vinegar near some of the food but not near people and you will see that the bugs really do like the bowl of 'good juice' for them.
- Pour undiluted Vinegar around the kids sand-pit to keep cats from visiting and leaving their deposits. Re-apply a few months later as required.
- To avoid rough skin after your day in the garden, rinse your hands in distilled Vinegar before washing them.



Clean Up Australia

Maybe you can be part of Clean Up Australia Day and join thousands of people around the country, as they collect rubbish from streets, parks and beaches. Clean Up Australia Day this year is March 1, 2009.

If you want to do something positive for the environment register for Clean Up Australia Day 2009 now. Visit www.cleanup.com.au for further details.

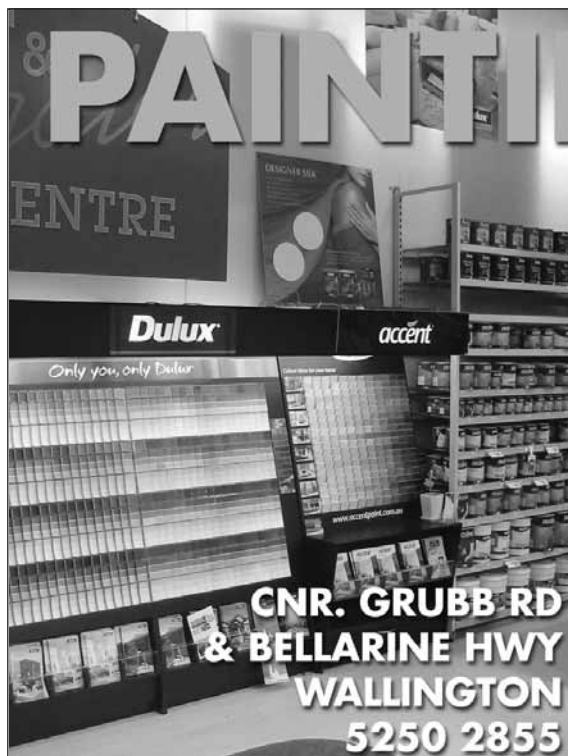
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Port Snappers is a photography hobby group meeting in Portarlington.

Port Snappers began as a good idea at the end of 2007. The good idea was realised when we became a hobby group auspiced by the Portarlington Neighbourhood House at the beginning of 2008.

So far our meetings have been a mix of learning to use our digital cameras by sharing information and enjoying our own and other people's photos.

During 2008, our meeting themes included 'Beaches and Boats', 'Buildings', 'Foodscapes' and 'Portraits' (which included Wendy's chooks and Jenny's magnificent frogs!). Jude demonstrated how she had used her photos taken in Vietnam to build a movie using Photostory and the standout session was a

demonstration of macro photography which has influenced our appreciation of close up photos especially of flowers. We ran our first 'in-house' mini competition for the most imaginative photo featuring the RSL building which was won by Gemma for her combination of Simpson's donkey with the flowers on the memorial wall.

We have established a productive and enjoyable tradition of participating in Portarlington community events by creating photo exhibitions and by recording Portarlington events for community groups to use in documenting their projects and publicising their activities.

This year we will be meeting fortnightly on Monday afternoons, venue yet to be arranged. The cost works out at \$3 a session, all photographers welcome regardless of experience.

Contact Pat Crotty, group facilitator, if you would like to know more on (03) 5259 3865 or by email: editor@quotidian.net



Do not forget that Red Cross collectors will be visiting your house sometime during March for the Red Cross Calling Appeal, which raises funds for people during times of crisis.

Since 1914 Australian Red Cross volunteers have been responding to need at local, national and international levels. Your donation will help continue to support those in need.

Telephone: 03 8327 7700
Facsimile: 03 8327 7711
Email: vicinfo@redcross.org.au
or visit www.redcross.org.au

Twilight Market - for the little kids



Clifton Springs Playgroup held their annual 'Twilight Market' in the hall at the Clifton Springs Primary School and raised funds towards toys and equipment for their playgroup that meets weekly at the Clifton Springs Golf Club.

The Market was well supported by local businesses and the public.

As always the sausage sizzle was popular and the ladies were busy keeping up the demand for their flavoursome fair.

Supporting businesses were from a diverse source such as temporary tattoos, clothing, fudge, educational books and activities, games, jewellery, plants and much more.

The Committee would like to thank the businesses who participated.

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Hanging Rock



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the history.*

The 'Rock' can tell you many tales of the regions history ... from bushrangers to the horse race meetings to being a movie set for the now famous Peter Weir film 'Picnic at Hanging Rock', it is all happening at this significant site in Victoria.

Hanging Rock is an extinct volcano and formed about 6 million years ago. It is 150 metres on the surrounding plain. There is a high content of soda in the solid lava and along with the rainwater falling over it, it has created the different rock formations known to geologists as 'soda trachyte'.

A wonderful area for families gathering to enjoy a day having a picnic or if you are racing minded there are race meetings. Walking paths and trails weave in and around the base of the Rock, and the main walk is wide and sealed which is made easier for all levels of fitness.

There is fishing in the dam which is stocked regularly along with the highlight of climbing to the pinnacle for the most magnificent view of the Macedon Ranges.

The wildlife consists of kangaroos, wallabys, koalas, and an echidna often making a special appearance.

The cafe serves modern cuisine and gift shop for the ever popular souvenirs.

During the warmer months the ranger will conduct a night tour, pointing out the nocturnal animals. It's lots of fun.

Bookings are essential.

The site receives no Government funding so all monies from entry are used on the maintenance of the Rock and surrounding developments and areas. Separate entry fees apply for special occasions.

Hanging Rock is on South Rock Road Woodend. A great day out for the family.

Open Daily except Christmas Day, Monday to Sunday 9am - 5pm
(Later if weather permitting) Office Hours (03) 5421 1449
www.visitmacedonranges.com/hangingrock



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The dry, hot weather is now upon us. The **Country Fire Authority (CFA)** is one of the world's largest volunteer based emergency services and responds to a range of different incidents. CFA brigades are strongly supported by local communities and attend more than 1000 house fires each year.

Most house fires start in the kitchen, so please remain alert and take extra care when cooking. To keep track of the latest fires and incidents on your computer visit
www.cfa.vic.gov.au/incidents

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'ATTITUDES 6' - Artists pleased with public response



Susanne Johns introducing the artists L to R - Julie Morison, Dresley Robins, Gillian Johnson, Jan Vetma and Jenny Lester-Smith.

'Attitudes Art Group' artists Jenny Lester-Smith, Susanne Johns, Dresley Robins, Julie Morison and Jan Vetma along with guest mosaic artist Gillian Johnson, were very pleased with the public response to the 6th Annual Attitudes Art show held at the Portarlington Mill during December and January.

The Attitudes exhibition was well attended and the introduction was given by Susanne Johns and the event was officially opened by Mr Andrew Mason, President of the Portarlington Mill. The artists showed diversity in painting portraits, floral art and landscapes which were enhanced by their own unique styles.

Clean Up - Mobile Phones



It is estimated that 21 million mobile phones are in use in Australia and potentially 16 million defunct or unused mobile phones. If you have an old mobile phone lying around in your house, you can help the environment by returning it for recycling.

Aussie Recycling Program and MobileMuster recycle mobile phones to protect our environment and conserve our natural resources.

There are a number of drop off locations around Geelong including the Drysdale Library, 18-20 Hancock Street, Drysdale.

Further information can be obtained at www.recyclingnearyou.com.au/phones GeelongVic

Help someone to see

Eyesight problems can affect anybody and those people less fortunate than us require your old prescription glasses. Lions Australia has a program Lions Recycle for Sight which has been collecting and recycling spectacles over the last 17 years, bringing to developing countries the gift of sight. Many optometrists assist this scheme for recycling in Australia and overseas.



You can drop your old prescription glasses at Moran Pritchard & Roche Shop 2, 7 Palmerston Street, Drysdale.

Plastic Bag & Waste, Clean Up Australia Day - www.cleanup.org.au

In 2006, 33.7% of all items collected on Clean Up Australia Day were plastic and 7.4% of all plastic items were supermarket retail shopping bags. An average of half a million shopping bags are collected every year on Clean Up Australia day.

Plastic shopping bags appeared in the Top Ten Rubbish Items in the 2006 Clean Up Australia Day Rubbish Report.

What can I recycle?

There are 2 types of plastic bags:

1. High Density Polyethylene (HDPE) bags - They are the thin singlet bags used by over 80% of retailers, including supermarkets. These can be recycled at most supermarkets. Generally they are not collected through your local kerbside recycling, however one or two local councils are currently trialling their collection - contact your local council first to see if they collect plastic bags.

2. Low Density Polyethylene (LDPE) bags - These are the thicker bags used by less than 20% of retailers, usually for luxury goods. While they can be recycled there are few collection points. Check

with your local council to see if they collect LDPE plastics.

How does plastic litter harm the environment?

Many thousands of marine mammals and seabirds die every year around the world as a result of plastic litter. When the animal dies and decays the plastic is free again to repeat the deadly cycle. There are 2 major reasons that plastic bags are particularly problematic in the litter stream:

1. They last from 20 - 1000 years.
2. They escape and float easily in air and water, travelling long distances.

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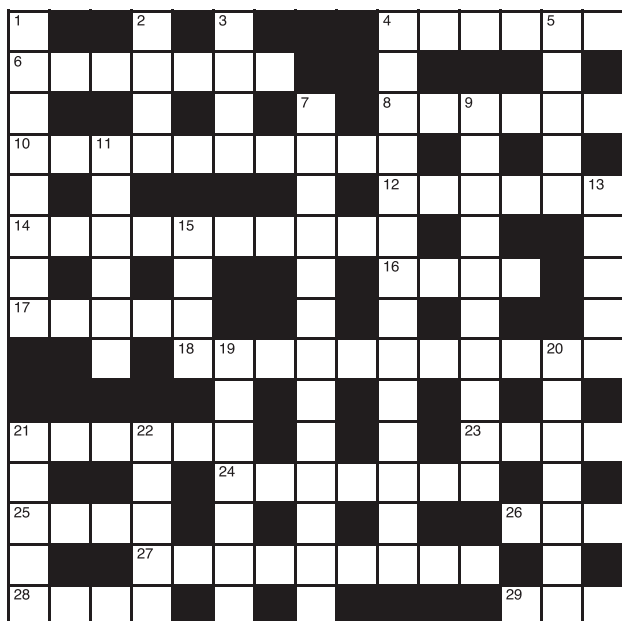
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Across

- 4 Dilapidated. (6)
 6 Friendly. (7)
 8 City square. (6)
 10 Take a picture of. (10)
 12 Agitate. (6)
 14 Disasters. (10)
 16 Ground cover. (4)
 17 Musical instrument, pipe _____. (5)
 18 Purpose. (11)
 21 Lyrical. (6)
 23 Unable to be found. (4)
 24 Flexibility. (7)
 25 Independent passage at the end of a musical composition. (4)
 26 Drone. (3)
 27 MRI stands for Magnetic _____ Imaging. (9)
 28 Bodies of water. (4)
 29 Make a request. (3)

Down

- 1 Chilled Spanish soup. (8)
 2 Reality. (4)
 3 Burgee. (4)
 4 Elegance. (14)
 5 French composer. (5)
 7 Orthopaedic treatments. (13)
 9 Correctly. (10)
 11 Be given no option. (6)
 13 US actor, _____ Hawke. (5)
 15 Asian starling. (4)
 19 Artist and pioneer of Cubism, Pablo _____. (7)
 20 Shell-fish with the ability to manufacture pearls. (7)
 21 Agreements. (5)
 22 Rips. (5)

See solution below

SpringDale Pole Walking Group - going from strength to strength



The SpringDale Pole Walking group is going from strength to strength, under the leadership of Helen Watts. Many people have started to improve their health and fitness by pole walking.

The group currently meets on a Monday morning but there is an opportunity for other times to be suggested to cater for those who are unable to attend during the day.

We have developed a brochure to help people to understand the benefits of pole walking and look forward to sharing this opportunity with people aged 8 – 80+ in 2009.

Information sessions will be held on the second Monday of each month at 8am at SpringDale. Please ring the office to book (03) 5253 1960. Information session is free.

To become a member of the pole walking group, it only costs \$2 to become a member of SpringDale (this entitles you to many other benefits as well) and \$1 per week that you walk. Poles are on loan to you until you decide to buy some for yourself.

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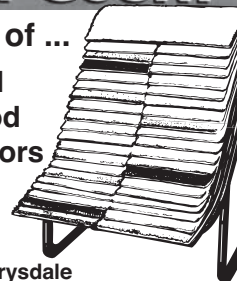
Crossword solution
 ACROSS: 4 SHABBY, 6 AMIABLE
 8 PLAZZ 10 PHOTOGRAPH, 12 INCITE
 14 CALAMITIES 16 TURF, 17 ORGAN,
 18 APPLICATION, 21 POETIC,
 3 LOST, 24 AGILITY, 25 CODA, 26 BEE
 27 RESONANCE, 28 SEAS, 29 ASK.
 DOWN: 1 GAZPACHO, 2 FACT, 3 FLAG,
 4 SOPHISTICATION, 5 BIZET,
 7 MANIPULATIONS, 9 ACCURATELY,
 11 OBLIGE, 13 ETHAN, 15 MYNA,
 19 PICASSO, 20 OYSTERS, 21 FACTS,
 22 TEARS.

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* Conditions Apply

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