



# The SpringDale Messenger



ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc.

## 'The Directory' - getting down to business



Left:  
*John Murphy - President SpringDale Neighbourhood Centre with Anne Brackley - Centre Coordinator*

Top Right:  
*Craig Taylor - Manager Bendigo Bank Drysdale and Doug Carson*

Bottom Right:  
*Julie Aylwin - Assistant Coordinator and Caroline Rickard - CJ Keane Drysdale*



The SpringDale Neighbourhood Centre launched the *North Bellarine Business & Services Directory* to an audience of local business people who enjoyed an evening with networking, food and wine. It was launched by John Murphy and Anne Brackley who gave some history to the update of the latest edition.

The Directory was home delivered and has proven to be a popular asset to the Centre, business community and local residents.

The cover depicts photographs by local photographer Tim Pescott, compiled by Diane Bennett and Kaye Beresford and was printed by Press Here in Ocean Grove. The Centre is very proud of their new Directory and are already working towards the next edition being issued in December. If you are interested in becoming part of the 2010 edition please register your interest at the SpringDale Neighbourhood Centre or phone (03) 5253 1960.

Continued - Page 12



### North Bellarine Business & Services Directory

Helping you to use local businesses and keep the Peninsula working.  
Available at the SpringDale Neighbourhood Centre  
*Don't miss out on your copy*

**IN THIS ISSUE:**

- |                                    |    |
|------------------------------------|----|
| • Bunyip Festival                  | 6  |
| • Directory Launch                 | 12 |
| • Kell's Corner                    | 14 |
| • The Lions Club Youth of the Year | 19 |

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Wayne, Lisa, Bev,  
Sandra, Rhianon or Kate  
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- Open Saturday
- Home Loan Centre
- Good Term Deposits Rates

# Community Events & Entertainment Calendar May

1 <b>Chris Wilson</b> (Studio) <b>Queen of Bingo</b> (Potato Shed)	2 <b>Lisa Edwards</b> (Studio)	8 <b>Andrea Marr</b> (Studio) <b>Desperate Housewives</b> (Potato Shed)
9 <b>Bobby Flynn</b> (Studio)	10 <b>Mother's Day</b>	11 <b>National Volunteer Week &amp; Neighbourhood House Week</b> commences
15 <b>Loud Shirt Day</b> to help the deaf <b>Phil Manning</b> (Studio)	16 <b>Car Boot Sale</b> St James' Drysdale 8.30am - 12noon	17 <b>Drysdale market</b> 9am - 1pm
20 <b>Peninsula Players</b>	21 <b>Peninsula Players</b> <b>All Souls</b> (Potato Shed)	22 <b>Peninsula Players</b> <b>All Souls</b> (Potato Shed) <b>Drysdale VIEW Club</b> 11am Leopold Sportsmans Club
23 <b>Peninsula Players</b> <b>All Souls</b> (Potato Shed) <b>Melinda Schneider</b> (Studio)	25 <b>SpringDale Business Breakfast</b> 7am <b>Adrian E. Mannix Community Service Award Dinner</b> Portarlington Golf Club 6.30pm	
26 <b>National Sorry Day</b>	29 <b>Spud Club</b> (Potato Shed)	31 <b>World No Tobacco Day</b> <b>Portarlington market</b> 9am - 2pm

## Copy Deadlines for June 2009 Issue - Monday 4 May

**Distribution** - Saturday, 26 May 2009  
**Circulation** - 5,500 Copies

• Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula and on our website worldwide.

**SpringDale Neighbourhood Centre** - Opening Hours **Monday to Friday 9am - 5pm** during school terms,  
**9am - 12noon** during school holidays and by appointment.

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**The SpringDale Messenger**

Production & Designed by **Lyn Ingles** - blue pencil publishing

For all editorial and  
 initial advertising enquiries.  
**SpringDale Neighbourhood Centre**  
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 W: [www.springdale.org.au](http://www.springdale.org.au)

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

### Editing of Contributors Material

**Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.**

### Views

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

## Facilities for Hire & Services @ the SpringDale Centre

- Personal use of Computers
- Internet Access • Photocopying • Faxing
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- SpringDale Messenger in large format

- Reasonable Rates
- Concession Rates for Members





## from the centre

with Anne Brackley [centre coordinator]

### *Many things happen in May.*

Neighbourhood House Week 11-17 May,  
Volunteers Week 11-17 May, Adrian  
Mannix Award Dinner 25 May and the list  
goes on. It is a great time to thank a  
volunteer that you know – the sport coach,  
the youth leader, the president, secretary  
or treasurer of your club, the person who  
helps with reading at school, the person  
who delivers the Neighbourhood Watch  
newsletters, all the people who try so hard  
to make our lives so much fuller.

Community runs on volunteer spirit, being  
able to give without thought of return. I am  
supported by so many volunteers, I'll be  
busy just saying thank you this month.

SpringDale will have some special events  
happening in Neighbourhood House Week.  
Please keep an eye open for more  
information as plans become more  
formalised.

We are all getting very excited about our  
up coming bus trips. We have 14 people  
keen to enjoy the Bellarine Peninsula with  
us on the cross Peninsula bus and we  
have almost enough people for 2 buses  
to Melbourne later in May.

Many people from outside the area have  
picked up the Messenger and are so  
pleasantly surprised by the content, layout  
and presentation of our monthly magazine.  
Congratulations to Judy, Julie and Lyn for  
all the energy and expertise that they  
contribute to the Messenger.

Six members from the Pole Walking group  
trained as Pole Walking facilitators. It was a  
very interesting training provided by  
Leisure Networks. Brooke is now working  
with us to complete our qualifications. The  
group continues to welcome new people.  
We now have a dedicated notice in our  
window as to where the next walk starts.  
Our start time is 8.50am for 9am start for  
the non daylight savings months.

The Ladies Kitchen is gaining numbers  
weekly. They share recipes and try new  
ideas and have fun at the same time. The  
Men's Kitchens now have waiting lists,  
maybe we'll have to think about afternoon  
or evening groups. Cooking together and  
sharing meals and friendship is what our  
kitchens are all about.

I was welcomed into the Senior Citizens  
the other day to visit one of their  
enthusiastic groups. They have a great set  
up and would love to see some new faces  
walk through the door. Thank you for being  
so warm and friendly and a piece of your  
40th Anniversary cake was delicious.

Thank you to everyone who supports  
SpringDale and makes it such a special  
place in our community.

**Keep well,  
Regards from Anne Brackley  
and the SpringDale team**



## What's New

### Expressions of Interest

#### Jewellery Maintenance

Do you have silver or gold jewellery hidden in the  
bottom draw or tucked away in your jewellery box  
that might require a simple clean or even small  
repairs. Jeff Dean an experienced Jeweller,  
will be at SpringDale and able to assist you  
with those treasures. There will be a cost for  
this service.

#### Spring Fishers

Seeking all those who love fishing and enjoy like  
minded people looking to share different stories about  
the *one that got away*, discuss the best places to fish  
with possibility of creating a fishing group. Is there  
anyone out there who would be interested in  
facilitating this new group?

**Please phone SpringDale (03) 5253 1960  
and express your interest.**

#### 2010 North Bellarine Business & Services Directory

Don't be left out! Be early with your entry in the  
2010 Directory. For more information phone  
SpringDale (03) 5253 1960.

**Vacation Care at SpringDale  
will be offered once  
again during  
3rd Term School Holidays.  
Please enrol early  
to avoid disappointment**

## Vacation Care at SpringDale Holiday Program

**Don't let your kids be bored.**

**Come along and enjoy the holiday program at SpringDale.**

• Indoor/outdoor activities • Artist in residence • Incursions & more  
Conducted in a safe environment.

Child care rebate available. Register now.  
Children between 5-12yrs (4yrs old may be  
accommodated if vacancies are available).

Working in conjunction with Getting Active.

**Thought about trying a new hobby or pursuing  
an interest or even learning new skills?  
Like to meet new people?**

... visit the **SpringDale Neighbourhood Centre**

**17-21 High Street, Drysdale and ask for your copy of the Term II Course Guide**

**Phone the SpringDale Neighbourhood Centre (03) 5253 1960 for more information**





Visit the **SpringDale Neighbourhood Centre** and enquire about the diverse courses that are happening this term including **cooking, coffee making or computers** and lots more to choose from.

## Family Law Worries?

Come in for a *free* chat

# RISTEVSKI

L A W Y E R S

**1 High St., Drysdale  
(old Post Office) Ph: 5251 3453**

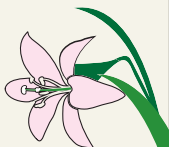
## William Sheahan

Funerals 5251 3477

*Incorporating*

*Drysdale & Peninsula  
Funeral Services  
Murradoc Road Drysdale*

*"Committed to Caring"*



# Approach to colour



The recent Art Workshop on Colour held at the SpringDale Centre was full to overflowing with adventurous artists keen to try new approaches to the use of colour. In a 2 day 'hands-on' programme, the participants worked through experiments with colour schemes using paint and pastel learning to recognize the power of colour and ways of using it more effectively. They

were tutored by Annette Playsted, a local artist and art tutor at SpringDale, as they explored the broad palette of colours from rich hues to soft shades and into the deep, dark shades that provide contrast and drama. The happily stretched and somewhat 'liberated' artists agreed that the weekend had been a comprehensive and highly satisfying experience.

Other practical art workshops will be held at SpringDale from time to time during 2009 – watch the SpringDale Course Guide for details. Participants do not need to be experienced artists to do Annette's workshops or term courses; they just need a keenness to learn and an interest in art.



## DRYSDALE FAMILY SUPPORT

Working with and for the community

- Counselling Centre
- Foodbank Plus
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- Life Skills Seminars
- Smile (Support for Single Mums)  
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# New Zealand a truly 'perfect place'

Courtesy  
**Carol McCarthy**  
Harvey World Travel

*It's a bit of a joke in here about where is my favourite travel destination.*

It is usually the last place I've been to. Now regardless that I only returned from New Zealand last night it truly is my favourite place.

It is just so unbelievably beautiful and SO green. The food & wine is great, our dollar is good and the weather a lovely mild 24 degrees. Perfect.

I started in Christchurch for the Harvey World Travel conference, where I am very proud to say, my Ocean Grove store was a finalist in the office of the year awards.

This is a very prestigious award within the Harvey World Travel group and Lesley and the girls have done a marvellous job.

After 2 days of brain drain and catching up with old friends at the conference we picked up a hire car and drove across the country through Arthurs Pass. We based ourselves for the first few days in a little town on the North West coast called Westport.

Here we had organised a fishing guide who wanted to try something new and different.

We spent 2 days rafting down the Buller

& the Karama Rivers spin fishing for trout. We (well Glenn mainly) managed to catch about 20 fish a day. All were released back to the river. The fishing was fabulous but the scenery was absolutely spectacular.

We gently rafted down the rivers fishing as we went and occasionally stopping to fish from the banks. This is a wonderful way to fish when you don't have fly fishing skills or want to walk for miles up the streams.

We then zigzagged across to Hamner Springs where we stayed at a lovely family owned fishing and shooting Lodge for the night and spent the afternoon lolling in the Thermal Pools. From here we drove up the east coast to Kaikoura. This is famous for the whale watching trips but as we were just passing through we only stopped for a feast of Crayfish, Whitebait and Scallops from one of the stalls set up on the beach.

Luckily we had a lovely bottle of NZ wine in the car to compliment our picnic.

Up through Blenheim and the Marlborough Region to Nelson. Here we caught one of the boats to the Abel Tasman National Park. Beautiful beaches and fantastic walking trails.



*"New Zealand is my favourite holiday destination" - Carol McCarthy*



A week here just wasn't enough.....

*I will be back!*

## Letter to the editor

### Another satisfied client

*Since joining the Thursday Men's Cooking Classes in October last year, I have really enjoyed this experience in learning how to prepare and cook meals with my cooking mates. I must thank Geoff, Rayna, Rita and Barbara for making each Thursday a very enjoyable experience in preparing and cooking very tasty meals which we all enjoy. I also enjoy the company of my cooking mates, where we share fun times together, cracking the occasional joke and cooking scrumptious meals. My thanks to the Springdale Centre for making such a great course available for we 'old' blokes.*

**Don Goodridge**

## Drysdale Guides in Action

What a busy month we've had. The Junior Guides are proud of the purses they made in leatherwork and did many other projects. The Senior Guides helped the Bunyip festival on a number of fronts including helping to put the Easter Baskets together. Then we held a camp.

Due to the fire risk, the Region Camp was postponed but the Guides still wanted to camp - so they camped in my back yard. That's what happens when the girls lead the program! We had a great weekend. The girls were very comfortable turning everything into a game outside. I hope my neighbours coped with the raised levels of fun and laughter.

**Yours in Guiding Anne Brackley**

**Espresso Coffee Making Workshop**  
(Adaptable for personal or employment opportunities)



**Course Commences at Springdale Sat, 16 May 9.30am - 1.30pm**



Call & register your name

**Please phone (03) 5253 1960**  
Springdale Neighbourhood Centre



**UPGRADE**

Your 1st Aid Certificates  
& CPR Courses  
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**Phone (03) 5253 1960**

Springdale Neighbourhood Centre



Require your  
Responsible  
Service of Alcohol  
Certificate?

**Course Commences at Springdale Saturday, 16 May 9.30am - 1.30pm**

**Call & register your name**  
**Please phone (03) 5253 1960**  
Springdale Neighbourhood Centre

**Car Boot Sale**  
**Saturday 16 MAY**

**8am - 12 noon**

**ST JAMES' CHURCH CAR PARK**  
**COLLINS STREET DRYSDALE**

Car Boot Vehicles \$15 payable on entry.

Fundraising for St James' Church Hall.

If you are not selling, entry is FREE.

Sausage Sizzle.

**Enquiries (03) 5253 1230**

# All the fun at the Festival



Wow what a great day. The 29th Bunyip Festival was a huge success and as was said about the Olympics in Sydney, this was the best Bunyip Festival ever. The weather was very kind, the atmosphere was great, the rides were more exciting, the food was delicious, the talented young people were easy to listen to, all in all a great day.

As I reflect over 9 years as the convenor I remember the highlights of each Festival.



The clearest memory is of the large number of parents and teachers that I have been lucky to get to know during this period. Many have become close friends because of the interesting times we've shared in managing the event.

Then there was the time the Roulettes came to the Festival. I still have their 6 month program for that year and the Bunyip Festival was up there with the Australian Grand Prix and many other international events.

Sam Morrissey came up with our theme "The Bunyip has More in 2004". That year we tried to live up to Sam's theme. We tried to have more of everything. More food, more rides, more fun, more market stalls, more everything.

Each person who joins the team brings different skills and ideas and leads the

Festival down new paths.

In the last few years we've held the Battle of the Bands and this has been embraced in our community.

Over the years the Bunyip Festival has raised more than \$600,000 for Drysdale Primary and Clifton Springs Primary

School. It is heartwarming that the two school communities can work so well together. Well done everyone for all your efforts I love working with you all.

**Anne Brackley**

Convenor Bunyip Festival 2001-2009



**POLICE  
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AMBULANCE  
Dial 000**

## NEIGHBOURHOOD WATCH INFORMATION

**GLG 58,59 - Mark Cline**  
C/Springs Bowls Club  
Clifton Springs  
(03) 5253 2717  
2nd Monday • 7pm

**GLG 68 - Doug Palmer**  
SpringDale, Drysdale  
(03) 5251 2522  
4th Monday • 2pm

**GLG 69 - Steve Ball**  
Clifton Springs Primary School  
**0403 607 544**  
2nd Monday • 7pm

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Tuesday 4.30 - 10.00 Juniors/Seniors  
Thursday 6.00 - 9.00 Intermediates

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Lisa • 5256 1957



# Wow! a great start to touring season at The Potato Shed

Wow, what a great start we had to the 2009 touring season. The Potato Shed was brimming with patrons when Mick Thomas brought his original musical, *The TANK* into town as part of the 2009 Unearthed Season. Audiences were enthralled with the story, humour and songs, including a number of special encores, all presented in a cabaret style format. The next show in the touring season is *Queen of Bingo* on Friday 1st May so be sure to get a table together for what should again be a night filled with lots of laughs and the chance to win a frozen turkey! *Queen of Bingo* will also be performed for Morning Showtime on Friday, 1 May. The much anticipated Morning Showtime season was also kicked off in April starting with an enthusiastic crowd enjoying *Over the Sea to Skye* which told the story of Scotland's beautiful lyrical music. A major highlight of April was of course Spud Fest which saw more than 200 young music fans flock to the shed for the annual Youth Week spectacular.

Headlined by local chart toppers The Galvatrons and The Red Shore the crowd was treated to a fantastic line up of local talent. It will be hard to follow on from such a great month however girls, get ready to leave the men and the kids at home for the return of The Gems - Desperate Housewives this time it's a Country Night so get ready for some boot scootin' baby! Tickets are selling fast and this is always a popular night so pre booking is essential. Later in May Anglesea Performing Arts presents Daniel Keene's *All Souls* - which explores relationships and what it means to belong. Directed by Iris Walshe-Howling this captivating script evokes humour and raw emotions, not to be missed.

**For further information on any of our upcoming events or to book tickets call the Potato Shed on 52511998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.**

# WIN

double pass  
at the potato shed

## Desperate Housewives Country Night



with The Gems  
friday 8 may

@ 8pm for 8.30pm start

To enter fill out the coupon below and send or deliver to: **Springdale Neighbourhood Centre**  
High Street, Drysdale

Name: \_\_\_\_\_

Address \_\_\_\_\_

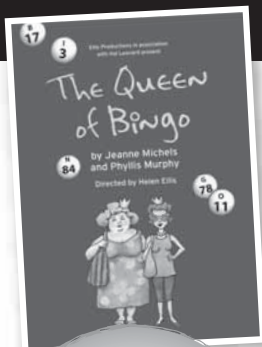
Phone No: (03) \_\_\_\_\_

**COMPETITION CLOSSES 3PM MONDAY 4 MAY**

## POTATO SHED

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the **Potato Shed on (03) 5251 1998**. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

## ... WHAT'S ON @ THE POTATO SHED



### 'The Queen of Bingo'

Friday 1 May  
• Morning Showtime - 10.30am  
\$13.50 including Morning Tea  
• Evening Performance - 8pm  
Adults: \$22.00  
Conc: \$18.50

## WANTED Desperate Housewives Country Night 8TH MAY



with 'THE GEMS'

• BYO Nibbles & Alcohol • TIX \$20  
• 8pm Table Seating • Fun Starts 8.30am

leave the men & kids at home



## ALL SOULS

Directed by IRIS WALSH-HOWLING  
& JANINE MCKENZIE

**21, 22, 23 MAY @ 8PM**  
**MATINEE SAT 23 @ 3PM**

**1 May - Queen of Bingo**  
**Morning Showtime** 10.30am  
\$13.50 incl. Morning Tea  
**Evening Performance** 8pm  
Cabaret style BYO nibbles  
Bar Open from 7.30pm  
Adults: \$22 Conc: \$18.50

**8 May**  
**Desperate Housewives**  
**- Country Night**  
8pm for 8.30pm start  
\$20 per ticket - BYO drinks & nibbles  
Bookings Essential

**21, 22, 23 May**  
**All Souls**  
8pm 21, 22, 23 May  
3pm Matinee 23 May

**29 May**  
**Spud Club**  
Open Mic Night - all welcome!  
6.30pm - Children / Teenagers  
8pm - Adults  
\$5 entry includes 1 complimentary drink.

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre  
is located at 41 Peninsula Drive, Drysdale.  
Ph: 5251 1998

CITY OF GREATER  
GEELONG

WWW.GEELONGAUSTRALIA.COM.AU



# Give Mum a hug - and support Breast Cancer research



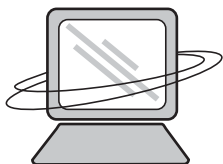
Mother's Day was created as a day for each family to honour their Mother and it is celebrated on different days throughout the world. Some Mothers will receive breakfast in bed, others chocolates. A simple flower is all that is needed to show your love and appreciation or you can just give Mum a hug.

Each year on this day many Australians come together in a nationwide community event, The Mother's Day Classic, to walk or run with family and friends to help raise money for breast cancer research. In Geelong, on Sunday May 10, participants meet at Eastern Park, Geelong Waterfront at 8am.

**For more information please contact 1300 855 609.**

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## Combined Probus Club Clifton Springs/Drysdale

The newly formed Coffee Club met at The Zoo with 25 members attending, much to the delight of Marie who organised the event. The picnic lunch at McLeod's Waterhole was not so well attended (almost like a committee meeting).

Trips and Tours took about 35 members and friends on a bus to Melbourne to tour Guide Dogs Victoria and the Police Museum which was enjoyed by all. The Cinema Group enjoyed 'Gran Torino' recently, and Clint Eastwood's performance certainly made their day.

The Easter Monday meeting heard an interesting talk from Judith Fisher on English parks and gardens. The next meeting is on Monday 11 May, when the guest speaker, Margaret Beatty, will tell us about organ donation.

Memberships are still available for both singles and couples. Guests and visitors are most welcome to all our meetings, held on the second Monday of each month at the Clifton Springs Golf Club, Members Room, starting at 10am.

**For further information contact Brian on (03) 5253 1448.**

## The Book Club

### *Colour: travels through the paint box.*

On Monday 7 April, the Book Club met to discuss Victoria Finlay's *Colour: travels through the paintbox*. Finlay was Arts Editor of the Hong Kong based South China Morning Post and *Colour* was her first book.

On a childhood visit to Chartres cathedral in France, Finlay was mesmerised by the blues and reds of its stained glass windows. Her fascination lay dormant for many years until she realized that art history is usually about artists, not the paints and dyes they used. She looked for a book about this topic, couldn't find one and decided to write *Colour*. Each chapter of the book examines the history and uses of a particular colour and Finlay travelled the world to assemble her material. (*Each of the several editions of the book has a different cover.*)

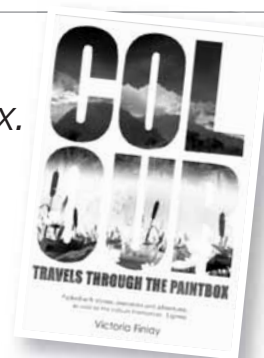
*Colour* had a mixed reception. Some people enjoyed it, others found it hard to read at one go, but said that each chapter was interesting in itself. We rate it 7/10.

The Book Club meets at the SpringDale Centre on the first Monday of each month

at 7.30pm  
for about  
90 minutes,  
ending with  
a cup of tea.

On Monday 4 May, we'll discuss *Gomorra*, by Roberto Saviano; June 1 will be a BYO, when each member will introduce a book that they've read recently; and on 6 July, we'll discuss *House of Sand and Fog*, by Andre Dubus. New members are always very welcome.

**For more details, contact the SpringDale Centre on (03) 5253 1960.**





### THE CASE OF THE MISSING MESSENGERS

Please go to all those places where you store your magazines and books. Perhaps you may have copies hidden of our 3 missing editions of the SpringDale Messenger, **August 1992, February 1993, and March 1993.** Unfortunately these copies have disappeared from the office and are vital for historical records.

## Adrian E. Mannix Community Service Award 2009

The presentation will take place on Monday 25 May 2009 at the Portarlington Golf Club at 6.30pm for 7pm start and members of the public are welcome to attend. This event is proudly supported by the Portarlington/Drysdale Lions Club, Drysdale Rotary Club and SpringDale Neighbourhood Centre. The two course dinner costs \$23.00 and tickets are available from the above organizations. This should be a wonderful evening and a great way to recognise the efforts of individuals in our community.

## Drysdale Ladies Day View Club

The next meeting will be held on May 22 at the Leopold Sportmans Club, 135 Kensington Road, Leopold at 10.30am for an 11am start.

**For more information phone Gloria (03) 5253 3256 or Wendy (03) 5257 1009**

# Craft, Chat and Cuppa group



I heard a whisper the other day about a group that meets weekly to make items for World Vision to distribute. They invited me over to see their cupboard of things that are almost ready to be given away. I had only been in their building a few times before on Anzac Day and on a couple of other occasions.

The group is part of the Drysdale Senior Citizens and they meet on a Thursday afternoon from 12noon to 3.30pm. Many of their group have been meeting for 25 years. It began as a craft class and I understand that Marj Wisbey was the craft instructor. Now the people share craft ideas and a few members simply come for the "Chat and Cuppa".

I loved looking at the well made items and the youngest of the group was knitting Easter chicks for her grandchildren. I shared a cuppa, that I said no to initially, but they were very accommodating and I also had a piece of the 40th Anniversary cake.

The group would love new members who enjoy craft or who would just like to chat. Stay tuned for more visits to the Seniors, now that I'm over 50 years old, I'm eligible to become a member.

Thanks Joyce and team for welcoming me so warmly.

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## LOCAL BUSHFIRE EFFORT

Our local community has made a great contribution to the overall bushfire effort.

CFA volunteers from across the Bellarine Peninsula travelled to the bushfire affected areas, including Kinglake complex, Kangaroo Ground, Beechworth, Alexandra, Healesville, Ovens and Traralgon. They confronted the worst natural disaster in our history with courage and determination. Our sincere gratitude to all of them, and to their families and supporters.

Thanks also to the local employers who generously and without hesitation gave their staff leave to go to fight the fires, and to the CFA Region 7 operational team who co-ordinated the effort.

Our local Red Cross have also played a very significant role in the relief and ongoing recovery effort, providing emergency support to communities devastated by the tragedy. Their compassion and practical assistance has been vital in helping people begin to get their lives back in order.

And people from across Bellarine have been enormously generous, donating both goods and money to help those Victorians who have had such a shocking experience and need our ongoing support and assistance.

## VicHEALTH ACTIVE CLUB GRANTS PROGRAM

A wide range of sporting clubs and codes will benefit from the \$1.1 million VicHealth Active Club Grants announced recently. The Drysdale-Leopold Pony Club and the Drysdale Football Club were recipients, along with 4 other sporting clubs on the Bellarine. By providing funds for essential sporting equipment, sports injury prevention equipment, portable shade or volunteer training, the Active Clubs grants are a practical way to encourage more people join in and get active.

## SCHOOL- BASED VOLUNTEERING

Another important grant has been awarded to both campuses of Bellarine Secondary College to help students in a range of volunteering and community projects as part of the Advance program which is a component of the Victorian Government's Respect Strategy. Through the program, schools and their students have the opportunity to make a real difference to their local area and to form strong partnerships with a diverse range of community organisations.

For example, at the Drysdale campus, 2 groups of year 10 students were involved in the Youth Advance Drysdale program.

The students and program have formed a strong partnership relationship with the Ocean Grove Surf Lifesaving Club and completed the surf rescue certificate, first aid modules and outdoor education activities such as initiative tasks, rock-climbing, camping and peer coaching.

At the Ocean Grove campus, students completed the learning modules through a combination of activities including volunteering and managing small projects. Fundraising for the CFA was a very important part of the program.

## GEELONG HOSPITAL EMERGENCY DEPARTMENT

Residents of the Bellarine and Geelong now have even quicker access to vital emergency treatment at the Geelong Hospital thanks to a \$26.1 million investment by the Victorian Government.

The new state-of-the art emergency department is double the size of the old emergency department and will greatly improve emergency treatment by providing better access to diagnostic assessment and a well-planned home care program.

Barwon Health will receive a further \$2 million over the next three years to implement a new model of care in the emergency department that will help to stream patients to a dedicated and relevant assessment area. This is in addition to the improvements already made from the \$143 million of capital works investment for the McKellar Centre, the Andrew Love cancer centre and the Geelong Hospital.

As always, please don't hesitate to contact our offices if there are any issues we may be able to assist you with.

**Hon Lisa Neville MP**  
**Member for Bellarine**  
**(03) 5248 3462**

Bellarine Police Community  
Support Register Inc.

## AFTERNOON TEA THURSDAY 7 MAY @ 2pm

SpringDale Neighbourhood Hall  
High Street Drysdale

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NB. organisations operating in the  
public interest are still able to call.

# 81 years ago

*As reported in the Argus on Saturday  
February, 11, 1928:*

## Drysdale children at Zoo

Children attending schools in the Drysdale district visited the Zoological Gardens yesterday on the occasion of the annual picnic from that district. The party which comprised about 150 school children, 10 teachers, and many parents and friends, arrived at the Zoo at 11 o'clock, and immediately dispersed over the grounds. Luncheon was enjoyed on the lawns in ideal weather, and few of the many wonders of the gardens escaped the bright eager eyes of the youngsters. Picnics of the kind have been important events in the lives of school children in the Drysdale district for many years, and they are becoming increasingly popular.

# National Volunteer Week 11-17, May 2009

Volunteers at the  
SpringDale  
Neighbourhood  
Centre  
right: Anna  
below: Lizzie



National Volunteer Week provides an opportunity to say thank you to the volunteers across Australia who generously give their time and assistance to many organisations. This year the theme is Volunteers: Everyday people, extraordinary contributions. SpringDale has over 30 energetic and enthusiastic volunteers who are committed to ensuring SpringDale functions smoothly.

Now is the time to help your local community by becoming a volunteer and provide skills that will help organisations and not-for-profit businesses. Meals-on-Wheels are always looking for volunteers. Lions Australia is committed to serving our communities and need more volunteers. Maybe you can help by volunteering today. Volunteers are vital to Australia's social structure.

## Music & Movement



Commences  
Wednesday, 29 April

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SpringDale Neighbourhood Centre



# Cooking @ THE CENTRE - FROM THE MEN'S KITCHEN

## Best Ever Curried Sausages

*This tasty recipe is a winner and your family will ask for second helpings.*

### Ingredients:

- 750g thin sausages
- 1 onion, finely chopped
- 1 granny smith apple, finely chopped
- 2 teaspoons curry powder
- 1 tablespoon plain flour
- 2 teaspoons brown sugar
- 1½ cups beef stock
- 2 teaspoons mango chutney
- 2 teaspoons sultanas
- 1 teaspoon apricot jam
- 1 tomato, diced
- 1 tablespoon coconut
- 1 cup milk
- Salt and pepper to taste

### Method:

Gently boil the sausages for approximately 15 minutes, then peel off skin and cut in half. In a frying pan, add a knob of butter and sauté onion and apple for 10 minutes. Add curry powder, flour and brown sugar, and brown for 5 minutes. Add beef stock, chutney, sultanas, apricot jam, salt and pepper. Gradually add milk, tomato and coconut. Place sausages into curry mixture, simmer gently for 15 minutes and serve with fresh beans and boiled rice.

**Serves 6 – 8.**

## Mixed Bean Soup

*Soups will be back on the menu, easy to prepare and tasty to eat. This hearty soup will suit anyone, it can be adapted to any vegies you have at hand.*



### Ingredients

- 1 tbsp vegetable oil
- 1 red onion, halved & sliced
- 100g diced potato
- 1 diced carrot
- 1 sliced leek
- 1 green sliced chilli
- 2 cloves crushed garlic
- 1 tsp ground coriander
- 1 tsp chilli powder
- 1 litre vegetable stock
- 450g drained mixed canned beans ie: red kidney, borlotti, black eyed.
- salt & pepper to taste
- 2 tbsp chopped coriander to garnish

### Method

Heat the vegetable oil in a large saucepan and add onion, potato, carrot and leek. Sauté for approx 2 minutes, stirring until the vegetables are slightly tender.

Add the sliced chilli and crushed garlic and cook for a further minute. Stir in coriander, chilli powder and vegetable stock.

Bring soup to the boil reduce the heat and cook a further 20 minutes or until the vegetables are softened then stir in the beans, season well with salt and pepper, then, cook a further 10 minutes stirring occasionally, garnish with chopped coriander when serving. Serve with warm fresh cob loaf of bread.



**Thank you Sara & John,**  
We have enjoyed your quirky 'Cook's Tale' along with her accomplices and appreciate the huge effort that you both went to every month for the SpringDale Messenger.  
*We wish you both well.*

## Turmeric is good

Research has shown that diets rich in curcumin, a compound found in turmeric, help protect the brain from Alzheimer's disease. Turmeric is a popular spice used in mid-Eastern and Asian dishes and a member of the ginger family. India has a population of over 1 billion people and a very low rate of Alzheimer's. Why not enjoy a nice curry with turmeric or mussels in a creamy turmeric sauce tonight. Turmeric is not expensive and could be very beneficial for your health and well being.



## Very Delicious

Fragrant aromas waft through the air on a Tuesday when **The Bee Box** hire the SpringDale kitchen to make pots of chutney and preserves.

Jams including strawberry, marmalade and nectarine together with chutneys, including Californian, date and traditional tomato and beetroot relish are all available for sale at SpringDale for \$6 each.



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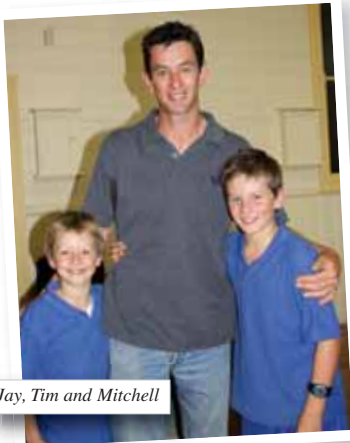
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# Business Directory Launch

Continued from front page



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Donna, Faye & Pauline



April



Judy & Patricia



Peter & Jonathan



Brian & Lizzie



Peter



Tony



Lorraine & Pat



Mark & David



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## Business Breakfast

SpringDale Neighbourhood Centre invites you and your business to come along to a **BUSINESS BREAKFAST** to meet other business owners in the area on Monday, 25 May, 2009 at 7am in the SpringDale Community Hall. The guest speaker will be Jake Hogendooren talking on Time Management. The cost is \$10. If you are interested in attending this event, please ring **SpringDale on (03) 5253 1960** to make your reservation.

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Competition closes 3pm Friday 5 June

## Geelong bushfire service on Sunday



Left to right: Mayor Cr John Mitchell; David Tournier representing the Wathaurong community; Cr Barbara Abley and head of Geelong Interfaith Network Monsignor James Murray

The City of Greater Geelong and the Geelong Interfaith Network held an interfaith remembrance and thank you service on Sunday 5 April at St Mary's Church to commemorate the 2009 Victorian bush fires.

The service was an opportunity for people to share their feelings, to remember the lives lost and to give thanks to the efforts of those who gave help said Geelong Mayor Cr John Mitchell.

"The scale of the fires was almost unimaginable and this disaster has had a profound effect on people Australia-wide," said the Mayor.

"The bush fires are likely to leave a long term psychological effect on people, and not just those who were directly involved."

"The interfaith remembrance and thank you service was for everyone who has been affected by the bush fires and I encouraged people to participate in this free event."

The Mayor said the City of Greater Geelong had committed to providing long term support to the communities affected by the fires.

"We have committed to making available whatever resources are needed anytime during the recovery operations – we are mindful that the rebuilding will take a long time so we are in it for the long haul," said Cr Mitchell.

Various staff members from the City of Greater Geelong have worked in the bush fire zones since February.

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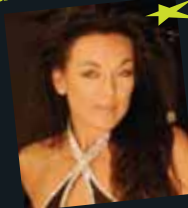
**Chris Wilson & The Spiderman**  
 Friday 1 May 8pm



**Bobby Flynn**  
 Saturday 9 May 8pm



**Lisa Edwards**  
 Saturday 2 May 8pm



**Phil Manning**  
 Friday 15 May 8pm



**Andrea Marr**  
 Friday 8 May 8pm



**Melinda Schneider**  
 Saturday 23 May 8pm



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## kell's corner



*George Hayes  
- Soldier - 9th Cavalry Regiment*

From the comments we've received, I understand people enjoyed hearing Kell's story. I love listening to a good story and Kell can tell a good story. I'm enjoying getting to know Kell through our weekly rendezvous. Over the last couple of weeks Kell has talked to me about Drysdale in the 1940s onwards. I still need to learn more from him before I try to write it as an article about this for you to enjoy.

This month Kell took on the extra role of roving reporter and encouraged me to bring my camera and note pad to visit a 97 year old man, George Hayes. George was born in Horsham in 1912 and moved to Drysdale in 1984.

The main purpose of our visit was to reunite George with the type of saddle

and gear that he used as a soldier in the 9th Division Cavalry Regiment serving in the Middle East and Borneo. George still has his spurs and memories.

We carried in the saddle and reigns and George held them and started to feel the well worn leather. The memories started to flood back. Kell led the discussion and I tried to capture the stories. George's only riding experience prior to the army was on the merry go round. He attended a 5 month training course at Randwick and came out as a 2nd Class Warrant Officer on £3 a week. He is very proud of the fact that he was the 2nd Best Turned Out Trooper at one stage. George's first horse was a remount and the horse's number was 303. He told a story of being in the Middle East and waiting for a lift to Tel Aviv. A Red Cross vehicle pulled over to pick up George and his friend "Greasy". Greasy dived into the car to sit next to the female driver, much to George's disappointment. For the entire trip Greasy tried to "chat up" the lady. They eventually found out that she was Lady Blamey, the General's wife. She told Greasy to look after himself.

George had a batman for part of his time in the army and his batman had previously been an undertaker. He was in the army for 25 years and saw duty also in New Guinea and various parts of Australia, including Cowra during the break out.

When George came to Drysdale he had a corgi and he walked it daily. He eventually walked his dog and Miss Shepard's corgi as well. George misses his dog and Kell now takes his dog to visit George.

George had many other stories that I didn't capture quickly enough. I will have to invest in a small recorder for these visits. Thanks George and thanks Kell for bringing this story to our attention.

# 1007 Bonnets are leaving for Hobart



*Pat Whitford  
has been  
instrumental in  
organising the  
'Blessing of the  
Bonnets' and  
the making  
and creating  
of so many  
Bonnets.*



"Thank you to all the wonderful ladies who made bonnets to honour the convict women of Australia. Our small area of The Bellarine and the Greater Geelong area made 1007 a wonderful effort", said Pat Whitford.

**The bonnets will now travel to Melbourne where they will be blessed on Saturday, 2 May at 2pm at the Church of St Peter and St Paul, South Melbourne, located at the corner of Dorcas and Montague Streets.**

All are welcome and after the ceremony they will be taken to Hobart.

**You can see more about the Bonnets and their history by googling 'Roses of the Heart'. It has been a most inspiring journey. Thank you Pat for getting so many involved. It has been a beautiful project to work on, and, a wonderful tribute to our ladies who came to Australia first and paved the way for us.**

## Funeral Information Options & Advice

Long time Bellarine Peninsula resident and Funeral Director, Helen Trigg, can help with all your funeral inquiries and information on local cemetery and cremation options. Tucker's staff are happy to cater to all cultures and needs. As Helen says, "we specialise in the different. The impossible takes a bit longer." Obligation free advice on all aspects of pre-planning a funeral is also available.

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# YOUTH PAGE

WITH MATT WADE

**Hello everyone,**

and welcome to the May issue of the Youth Page. Granted, it's been temporarily dormant for the past few months, but it's officially back, and filled with exciting opportunities and potential time-consuming activities for you to occupy yourselves with. In the foreground of these opportunities, the Cancer Council is running a SunSmart competition, which is run annually, giving you the power to creatively express your ideas on protection from the sun and why it's so beneficial also, does a \$5000 grant to aid in the funding of your very own project sound nice? What if the project pertained to promoting positive body image messages for the 'Go for your life' program? Within this issue, these prospects will be explored, giving you the information necessary to be involved. So give them a browse, and hopefully they will intrigue and inspire you to unleash your artistic flair.

The Cancer Council, in conjunction with SunSmart, are running a competition for children aged 12-17, promoting awareness in skin protection from the sun, and the potential prize involved is motivation enough [uh.. a 32GB Apple iPod touch, anyone?]. It also allows you to release your creativity in a torrent of ways, either by choosing to write a story, shoot a video or take some photos; whichever is your desired preference it must relate to the message of good SunSmart behaviour, and originality is of the essence. All that's needed is a creative idea, that can grow and flourish into a fun story, movie or series of photographs. Don't stress if you're thinking that you won't have enough time to complete it, as entries for the competition won't need to be hurriedly sent in, the due date not being until the 6th November, 2009. I previously mentioned that this competition was run annually, and the reason for this is that the 'National Skin Cancer Action Week' is run from the 15-21 November, so the competition works interdependently with it, giving children aged between 12-17 years the opportunity to be involved in it.

## Skin protection provides impetus for wholesome competition.

So I implore you to consider this opportunity, or at least check out the more thoroughly detailed list of information on the website:

[www.cancer.org.au/cancersmartlifestyle](http://www.cancer.org.au/cancersmartlifestyle)  
- just follow the links to the SunSmart competition.

### Earn a grant to fuel your very own project!

The 'Go for your life' team, have devised a way for people to get involved in the community whilst obtaining the funding necessary to make a substantial impact. A \$5000 grant is available for projects that are aimed at people between 12 and 25 years of age. The projects should also be run by or actively participated in by people in that age group. These grants have been set up to give out money to help run community-based activities that:

- Promote positive body image messages
- Promote healthy lifestyle choices
- Build self-esteem



The Positive Body Image Grants started in 2007 to promote positive body image, an obviously positive and meaningful demeanour to adopt, as a lot of people have extremely low self-esteem, and it's an issue that can be tackled through the development of a project of your own choosing! If you're involved in a project, or wish to start one, or even with an organisation that deals with body image issues, and you're interested in applying for a grant, you can download an application form from by following the links at: [www.youthcentral.vic.gov.au](http://www.youthcentral.vic.gov.au) starting with the 'News' section. So if you enjoy getting involved in a good cause, but never quite have the funds to make your idea for a project happen, then this is your chance!

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## health & wellbeing

# Curves helps local community

Over the last five years, Curves clubs throughout the world have collectively donated over 23 million kgs of food to local food banks during their annual food drive.

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This year, members of Curves Bellarine have proudly donated 282 kgs of food to the local Food Bank at the Drysdale Community Church.

"The Curves Food Drive is always exciting," said April Archbold of Curves Bellarine, located at the Village Walk in Drysdale. "We have a chance to help so many people at a time when the food banks are at their lowest. Especially during these uncertain times, this food is needed more than ever. It's a win-win situation for everyone, and we're very proud to participate."

## Loud Shirt Day

Loud Shirt Day takes place on **Friday, 15 May 2009**. Everyone who participates makes a donation and all money raised will help deaf children across Australia. Donations \$2 and over are tax deductible. To find out more visit **the website below** and provide some much needed assistance.

[www.loudshirtday.com.au](http://www.loudshirtday.com.au)



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Jennifer Anderson Dip.T.P.Couns.

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Come to the party! Come and join Ron's family at his special party. You may recognise some family personalities in the play, though not in your family of course!

"Its My Party And I'll Die If I Want To" by Elizabeth Coleman is the first Peninsula Players production for 2009. This comedy is directed by Tony Wright, has Peninsula Player stalwart Russell Campbell playing Ron Patterson, his wife Dawn is Jacqui Connor, back on stage with us after several years absence.

To complete the Patterson family are the adult children. Michael played by Nick Frcek, Debbie played by Emma Solomon and Karen played by Monique Smith. Keith Lowe plays Ted Wilkins.

"Its My Party And I'll Die if I Want To" will be performed on Wednesday 20, Thursday 21, Friday 22 and Saturday 23 May, at the SpringDale Community Hall, Drysdale, 8pm sharp. Price still \$12. Bookings open 6 May at Drysdale Pharmacy, Springs Road. Phone (03) 5251 2671 or 5251 2431.

## Haircare Hints:

- If you have oily hair try shampooing your hair twice and then use your conditioner on the ends only.
- Hair expands as it dries...therefore tying up your hair too tightly in a ponytail when it's wet will cause breakage.
- If your hair is beginning to feel dry and limp it could be due to your health....if you are run down or stressed out your hair pays the price.

Courtesy Emma Harrison Em-Vous

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## BUSINESS in Profile

## DRYSDALE HEALTH GROUP

Nine years ago my family moved to Drysdale to run the Drysdale Physiotherapy and Sports Injury Clinic. It was a small practice offering physiotherapy and part time podiatry services.

It has always been a goal of mine to establish a diverse health centre where a group of professionals, co-located, can offer a community a broad range of services promoting physical and mental wellbeing.

The transformation of the Drysdale Physiotherapy Clinic into Drysdale Health group is the realisation of this goal.

The Drysdale Health Group comprises –

- **Physiotherapy** – Peter Terry, Mary Exton & Steve Rankine
- **Podiatry** – Matt Payton of Bellarine Podiatry
- **Psychology** – Mr Max Simmons
- **Myotherapy** – Margaret Hole
- **Exercise Physiology** – Lyndall Dew
- **Acupuncture** – Jenny Layton
- **Naturopathy** – Jarrod Carter
- **Pilates** – Monique MacLeod
- **Dental** – Reed Dental Clinic

Drysdale Health Centre is an exciting initiative and a great facility for the town.



L-R:  
Steve Rankine, Lyndall Dew,  
Peter Terry, Mary Exton  
& Matt Payton

The group delivers high quality, personalised treatment for pain disorders and sports injuries, and services to promote physical and mental wellbeing, fitness, exercise therapy, pilates, foot and dental care.

### Our hours of operation are:

Monday, Wednesday &  
Thursday: 8.45am – 8pm

Tuesday & Friday:  
8.45am – 6pm

For all appointments,  
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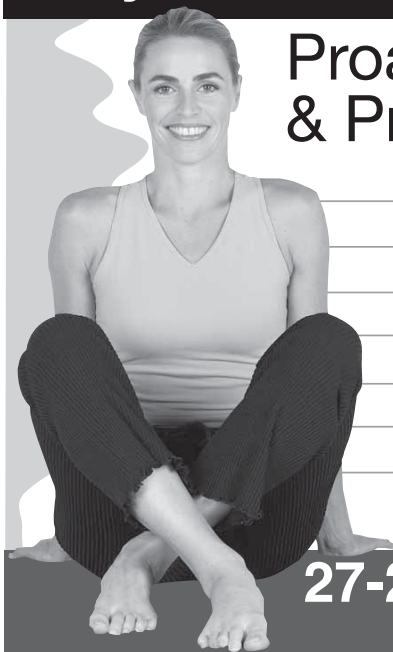
## Drysdale Health Group

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## around the **garden**

# Thankful for the rain

The rains have fallen, but still not enough to quench our thirsty soils. Harsher winter water restrictions are still with us, I think this will become the norm from now on.

I know that I am rethinking my garden and am looking more towards dry tolerant plants. Autumn is tidy up time. Now is the time to prune sun-touched plants from the summer's heat. Also prune pelargoniums if you haven't already done so. Salvias, daylilies and flaxes could also be pruned. Prepare the winter veggie garden by digging in blood and bone and aged manure. Leave for a few weeks then plant cauliflower, broccoli, cabbages, spinach, garlic, swedes and turnips. Watch out for the cabbage moth. Spray seedlings with a chilli spray or put upturned eggshells on the ground to deter them. The moths think that they are other moths, and do not settle.

The man of the house decided to help me in the garden on the weekend.

Lovely gesture, you say. I can assure you that Big Foot is alive and well. Weeds were pulled out and mistaken plants sheepishly put back. I was grateful, but breathed a sigh of relief when he went back into the garage. Retirement in the future will at least be interesting.

Ever wondered where your love of gardening came from. I can remember my Pop digging his veggie patch, tending to his chooks and always getting liquid gold from big drums in the shed. Cow manure tea. My mother was also a keen gardener. She loved roses. Everything she touched just grew. She always said a garden is the time for contemplation. Many a problem can be thought through whilst gardening. She was a very wise and gentle lady. Sadly now she is tending God's garden, but I think of her and Pop whilst tending to my own.

**Happy gardening,  
Lorraine**



**Clifton Springs Garden Club  
meeting is on 18 May at  
7.30pm at Drysdale Uniting  
Church Hall. Visitors made  
very welcome.**

**For details contact  
Lorraine on (03) 5251 1660  
or Rae on (03) 5251 2600**

## Bokashi Update - Anne Brackley

I was lucky enough to present the Bokashi methodology to the Clifton Springs Garden Club. There were approximately 50 people present and most seemed very interested to learn about my experiences with Bokashi. As I explained I have tried composting and worm farming but failed at both but I can do Bokashi.

During the month Alston Callendar spoke to me about her success with Bokashi. She told me of the amazing success that she's having, using the diluted liquid on potted plants.



I would love to tell more people and have more workshops so please register your interest with SpringDale. We now have approximately 80 Bokashi buckets in use in this area.

**Til next time, Anne Brackley**

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# District Governor visits Portarlington



Lions District Governor, Mary Harlow, visited the Portarlington - Drysdale Lions Club last week where she presented the ALAN J HOLDING AWARD for 2009 to Mrs. Lesley Joy Taylor of Drysdale. This District Award is given to recognise a person who has given significant service in their local community.

Over many years Lesley has been involved in many community groups which include; Drysdale and District Health Centre since it began in 1989, Drysdale Football Club 30 years on fundraising now a life member of the club, Drysdale Community Crafts treasurer for 22 years, Drysdale Fire Brigade for some 20 years, Uniting Church Drysdale since she was 16 when she started teaching there, Geelong Hospital Auxiliary for 10 years, Drysdale Primary School Mothers Club, Meals on Wheels in the Drysdale - Clifton Springs area for 17 years and is a standby member still.



L to R  
Geoff Webster,  
John Harman (Pres),  
Lesley Taylor,  
Alan Taylor,  
Mary Harlow  
(Dist Gov)

Lesley has been involved in the catering side of many of the groups mentioned; her cakes have a pretty good reputation. Her husband Alan's mother was the original baker in Drysdale. As a member of the Fire Brigade before it was automated, Lesley was responsible for ringing the bell to alert the community that there was a fire,

and for brigade members to attend immediately. Lesley has 5 married children and is the proud and loving grandmother of 14 grandchildren. Lesley is a very public spirited, unassuming and generous member of the community, who is a very worthy recipient of this prestigious award.

## Lions/NAB Youth of the Year Quest

Lions popular and prestigious Youth of the Year Quest is arousing much interest as it moves on to the State & National finals. The second & third stages of Lions Youth of the Year were held at Portarlington recently. The two Zone final winners from Bellarine Peninsular Clubs to go onto the Region Final were Lucy O'Neal and Cassandra Page. Congratulations to you both.

Bellarine Secondary College can be proud of their contingent of excellent contestants – well done and thanks to their teacher and coach Ms Meg Fahy for her support to the kids.

The Region Final for Clubs from Little River to Torquay including all Geelong clubs, was also held at Portarlington. Cassie Page from Bellarine Secondary College and representing Portarlington Drysdale Club won the Public Speaking Award and Daniel Nam Tran from Geelong Grammar and



Left: Judges & contestants - Robyn Sadler, Cam Emerson, Dianne Nash, Daniel Nam Tran, Cassandra Page, John Emerson, Joy Porter, Lucy O'Neil

Below left: John Emerson – Region Chairman, Cassie Page – Winner Public Speaking Award, Joy Porter – Chairman of Judging Panel

Below: Daniel Nam Tran – Winner of Region 2 – Youth of the Year Award with John & Joy



Representing the Lara Club won the Youth of the Year Award. All contestants were excellent and the judges found it difficult to separate them. The other contestants were Lucy O'Neil representing Barwon Heads Club, Dianne Nash representing Geelong Breakfast Club, Claire O'Reilly representing Geelong Club, and Megan Jolly representing Corio Bay Club.

Daniel then competed for our Region against all Clubs from Footscray to Portland in the District Final where he won the Public Speaking Award for the V2 Lions District, a very commendable achievement. Well done and congratulations Daniel.

The community should be proud of the calibre of the many young people who have shown their considerable community contribution, their leadership and academic skills, and their ability to think & speak on their feet, through the Lions Youth of the Year program generously sponsored by the NAB – our future is in good hands.

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# Make your own short film

Make your own Short Film – FREE! For people aged 13-18 years living in Indented Head, St. Leonards and Portarlington.

Bellarine Community Health (BCH) has funding from VicHealth to run an exciting new project for young people to make short films.

The Building Social Connections with Young People project works from BCH, in partnership with Youth Foundations, Headspace and City of Greater Geelong Youth Development Unit, are interested in working with young people aged 13-18 years living in Indented Heads, St Leonards and Portarlington.

This project is being undertaken to enable young people to get together and meet other young people in their local community. Research shows that spending

Bellarine Community Health Inc.

**The Health Exchange**



time with other people is beneficial for health and well being.

The Building Social Connections with Young People project aims to promote wellbeing by young people working together to make short films about living on the Northern Bellarine Peninsula. The project is looking for young people and film experts to develop ideas, story scripts and skills in film and production making.

The project finishes in June 2009.



**Any young people aged 13-18 years living in Indented Heads, St Leonards and Portarlington who are keen to become budding film producers or those who simply want to be involved in the film making process, in front or behind the camera, please contact Louise van Herwerden, BCH on (03) 5258 0891 or email [louise.van@bch.org.au](mailto:louise.van@bch.org.au).**

## library week



Australian Library and Information Week commence from 25 May until 31 May and aim to raise the profile of libraries and information service professionals in Australia. A world of information is available at your libraries and membership is free. The Geelong Regional Library has 13 branches and the Drysdale Library is located at 18-20 Hancock Street, Drysdale. Visit a library to find out new services and professional skills available to the community.

Libraries are your passport to knowledge and discovery as well as connect people to ideas.

## Drysdale Senior Citizens Club

We had a lovely month in March. First we had a bus trip to The Royal Hotel in Queenscliff, the meal was delicious and very promptly served, then we dropped some of the members at the bowling club to play the pokies and the rest of us had a walk around the shops and a cup of coffee. An enjoyable day was had by all. We also had the club's 40th birthday in March and were entertained by Shirley Power who is a beautiful entertainer and everyone thought she was wonderful. This was followed by afternoon tea and everyone ate up big and went home happy. April 21 there was a trip to Roberta's Cottage in Winchelsea where we had lunch and a stroll around their gardens. It was a very pleasant day.

The first Monday in May we have Bingo, then on the May 12 we are organising a trip on the Bellarine Train to Queenscliff with a stop over, so we can have lunch or fish and chips and a look around. We hope the



*Betty Saunders our oldest member cutting the cake at the clubs 40th birthday 2009*

weather will be good and it will be a change from the bus. We have other things coming up but not yet finalised.

We have a few sick members and some we haven't seen for a while, so we wish you all the best and hope to see you all soon.

**Esther and Mary**

## Great Views Road Closed

The Great Ocean Road is closed to all traffic during the marathon weekend when a unique opportunity is available to run or walk this magnificent icon. The Great Ocean Road Marathon is on from May 16-17, 2009 and has four different courses, 6.5kms, 14kms, 23kms and 45kms and a wheelchair challenge is available on the 14kms course.

It is estimated that over 3,000 runners will take part with some international runners including Ethiopian, Wella Amare.

For further information visit [www.greatoceanroadmarathon.com.au](http://www.greatoceanroadmarathon.com.au) now.



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# 'Cheque' this out



L-R: Debra Herbertson from Clifton Springs Primary, Pauline Cline, and Clare Wilson from Drysdale Primary.

St James' parishioners have donated money raised from their annual Secondhand Book Sale to local kids. Betty Wilson, Book Sale Organiser, presented a cheque for \$100 to Kellie Tobin and Caroline Gay, organisers of the Giggles Playgroup, which meets in St James' Church Hall on Wednesday mornings. The playgroup has become so popular with local mums that a second weekly session is being planned. Enquiries about the Hire of St James' Hall phone (03) 5253 1230. Pauline Cline, who is responsible for the

Book Sale Publicity and Administration, presented cheques for \$300 each to the Principals of our local Primary Schools. This money will be used to assist with pupils' expenses in attending school outings and educational visits. Without this support, some families would be unable afford the extra cost of sending their children on such trips.

St James' says a big Thank You to everyone who has donated books for the Annual Book Sale and is delighted to help our local community in this way. As ever, collection of books is continuing as their Church Hall is in need of much restoration.

**If you have books or good quality magazines to donate, and would like them collected, please ring any of the following numbers:**

<b>Dorothy &amp; Robin</b>	<b>(03) 5251 3702</b>
<b>Pat &amp; John</b>	<b>(03) 5253 2322</b>
<b>Maggie &amp; Gordon</b>	<b>(03) 5251 2256</b>
<b>Tom &amp; Betty</b>	<b>(03) 5251 2594</b>
<b>Graham &amp; Gwen</b>	<b>(03) 5253 1230</b>
<b>Kevin &amp; Bev</b>	<b>(03) 5253 2470.</b>

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## Crafty Ways - a popular pastime

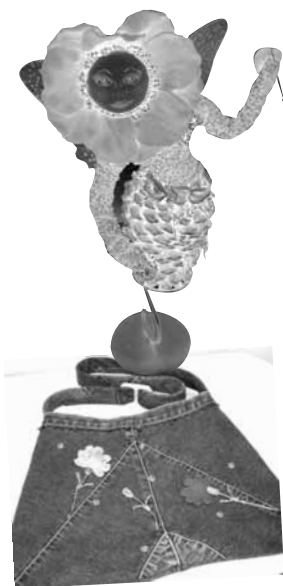
Craft is making a comeback so why not jump on the bandwagon and join a nice group at SpringDale who meet each Tuesday from 1.30pm – 3pm.

They already have several members with different interests, who are happy to share their skills and knowledge. Interests include knitting, crochet, embroidery, felting, paper crafts, mixed media and cloth doll making to name just a few. Some of the group are currently making a handbag from recycled denim. They are all different, just like the ladies making them.

Evelyn showed the group how to begin 'scrumbling' which is a fantastic way to use leftover balls of wool and fancy yarns to make stunning garments or rugs.

The art doll, pictured, was made with a pinecone as part of the body and painted with metallic paint. Wire wrapped with wadding and fabric form the upper body and arms and the head is an artificial flower with a fabric face. Wired ribbon, beads and store bought 'wings' were added to finish the doll.

The **CRAFT TIP** for the month is when using pinecones for craft decorations, bake them on a foil sheet for about one hour at 200 degrees which will kill any bugs and dry up the sap.



## Drysdale Primary School Reunion



Congratulations to Carmel Monaghan and her team for putting on a wonderful 40 years since grade 6 reunion. A great time was had by all. Two 'students' came back from Queensland, a few travelled hundreds of kilometres within Victoria, some travelled from the environs on Geelong and some of us still live in Drysdale.

The day started with photos and lots of stories. Geoffrey Talbot had brought a grade prep/one photo that not many people had ever seen. Most people were easy to recognize but a couple stumped me. We talked and talked. Then we took more photos so we'll have something to look back on at the next reunion.

Mr Gore, our grade 4 teacher, was welcomed by the group and in the afternoon we visited Drysdale Primary School, thanks to Principal Clare Wilson, and walked down through the old corridor that used to seem much bigger.

It was a great day. Carmel was able to track down almost the entire class and almost everyone came.

*Thanks Carmel for such a great day.*

## ICT @ DPS

What an exciting term it has been in ICT at Drysdale Primary School. With the introduction of the Netbook Trial across the region our Year 5 Students have been extremely busy. The students have been so excited having their own netbook that they have personalized with screen backgrounds, mouse cursors, Microsoft messenger etc. At school they have been busy learning internet protocols, file management and transferring network files to complete Maths and English activities in the classroom. They are also looking forward to emailing with students at Clifton Springs Primary School.

Another exciting project underway is our Year 4 student Skype project with Kardinia International College. Online via videoconference they discuss a "Think Tank Topic." Some feedback for our students so far have been that it was very exciting but at the same time they were nervous about the new experience. We are looking forward to continuing this project next term.



Our Year 6 students have been concentrating on file management, scanning and transferring photos from USB devices and preparing documents that will be ultimately put together at the end of the year to create their individual Digital Portfolio.

The junior students have been working through a variety of multimedia programs covering a range of skills. It is amazing to see how far they advance in just one term especially the prep students now logging on and using programs independently.

The new Intranet is also taking shape. The staff and students are learning how to

contribute to the ongoing expansion of information and media on the intranet. The new intranet has taken a significant step into merging the schools internal network.

These are exciting times for the children and the teachers at Drysdale Primary.

We look forward to sharing more about learning with and about computers during **Education Week** which runs from **17 - 23 May**.

**Joanne Black**  
ICT Co-ordinator  
Drysdale Primary School

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# More sharks required



The **Bellarine Sharks Soccer Club** still needs players. This year the Bellarine Sharks have entered 7 teams into the Geelong regional competition. Players are still required for both Women's and Under 15 boys teams. The under 15 boys play on Sunday mornings at 11 am and we would

love to have some Saturday football players playing in our Sunday games. Our home games are played in St Leonards.

**If you would like to play and want further information please call Murray Hall on (03) 5257 2106.**

## Go Drysdale Hawks

Drysdale's first premiership was in 1903 when the team was presented with an impressive marble clock, which can still be seen in the clubrooms today.

Drysdale has 2 Senior and 12 junior teams this season and with their ground resown with drought tolerant grass everything is on track for a good year. May 9 and May 30 will be home matches for Drysdale, so come along and support your local football team.

## What is a standard drink?



Many different alcoholic drinks are available. Some are 'easier' to drink than others – for example if they taste sweet – but remember they all contain alcohol. We measure the amount of alcohol in 'standard drinks', with one standard drink containing 10 grams of pure alcohol.

### What's the limit?

Australian medical experts (National Health and Medical Research Centre Council) recommend that to avoid long term harm:

- **Males have no more than four standard drinks a day and no more than 28 standard drinks a week.**
- **Everyone should have at least one to two alcohol-free days every week.**
- **Females have no more than two standard drinks a day and no more than 14 standard drinks per week.**

Drinks should not be consumed quickly (no more than two drinks in the first hour for males, and no more than one drink an hour for females). Take special care if taking medication, are pregnant, or will be driving, operating machinery or doing something that is risky or needs skill.

Headspace have a well set out website so visit [www.headspace.org.au](http://www.headspace.org.au) for more information.

If there is someone that you are worried about and not sure what to do, contact headspace Barwon

**headspace Barwon**  
**at Clockwork (03) 5222 6690**  
**headspace Barwon**  
**at Jigsaw (03) 5279 2754**

## Clifton Springs Primary School

### Curriculum Focus:

We launched our new focus for term 2 with a visit from the Life Education Van stimulating lots of discussions and curiosity about the topic of "How Our Body Works". Throughout the term our students will be researching and reporting their findings to their classmates and parents about this major topic.

The topic makes links between many areas of our curriculum and assists our students to learn more about their body and how to care for themselves, ensuring a healthy lifestyle and sense of wellbeing. This is essential learning and links well with our strong values approach. This term we are teaching our students the importance of Persistence, one of the essential skills of being a successful student.

### Staying Healthy:

Another focus for our school this month has been training for the Athletics Carnival in May. Our school has a real commitment to providing a quality Physical Education Program which provides for a daily fitness program, weekly PE classes for all students, a Perceptual Motor Program and weekly sports activities. In addition we encourage our students to eat healthy brain food, have a healthy canteen menu and encourage our students to walk or ride to school where possible. Our school was recently recognised as being an exemplary school in promoting Physical Education and Wellbeing and have become a Case Study for other schools to learn from.

### Facilities:

Our school grounds are looking terrific and the recent work done in landscaping some play spaces and gardens have been very

*Right: Monique Beavis – icing a cake during our Celebration Day.*

*Below: Dedication and officially opening our Children's Garden and Wendy's Walk in memory of our crossing lady. Gaye Jennings (daughter of Wendy) and Art Teacher, Corinne Bentley cutting the ribbon.*



much appreciated by our students and the wider community. Our walking tracks are enjoyed during fitness time and before and after school. The gymnasium is well used by our school on a daily basis but also after school for our Active After School Sports Program. This term we have dance classes, soccer and multi-sports for our students to enjoy over a 7 week program.



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- Saturday Lunch \*Soup & Main \$10.00

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