



The SpringDale Messenger

ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc.



City of Greater Geelong's Youth Development Unit run activities around the Geelong region and they spent two days at the SpringDale Neighbourhood Centre on Fridays 3 & 10 July. There were skate ramps, X-BOX, Wii and movies all free. The youths had a chance to chill-out and

burn off energy on the ramps with their bikes, scooters and skateboards. Council is also involved with the CCP all ages band events at the Potato Shed and are currently setting up a Youth Action Team on the Bellarine Peninsula to plan and run more events and activities.

To get involved or for more information, call Monica Butler on (03) 5272 4699 or email mbutler@geelongcity.vic.gov.au and if you would like to receive emails of the details on events and activities for young people, join the database at www.youthcan.vic.gov.au



Some Like it Hot? Some Like it Mild?

INTERNATIONAL CURRY NIGHT
FRIDAY 14 AUGUST 6.30PM

\$10 per person (\$5 per couple if you bring a Curry)

Bring a Friend and enjoy the relaxed atmosphere and taste some fabulous food.

SpringDale Neighbourhood Centre. Book phone (03) 5253 1960.

**Come
along &
Enjoy**

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Sandra, Rhianon or Kate
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Community Events & Entertainment Calendar

August

2

National TreeDay

- National Tree Day
- visit: www.treeday.planetark.org/

6

- Kavisha Mazella Trio (Potato Shed)



11



- Bokashi Workshop
- Bus Trip across The Bellarine
- Bus trip to Ballarat



14



- Curry Night at SpringDale 6.30pm
- Battle of the Bands (Potato Shed)

18

- Vietnam Veterans' Remembrance Day



20

- 20, 21 & 22 Aug Man of Steel Bellarine Jongleurs (Potato Shed)



21

- 40 Hour Famine



24



- Business Breakfast SpringDale 7am
- Keep Australia Beautiful

Business Network Breakfast

25

- Australian Army Band (Potato Shed)



28

- Daffodil Day
- Spud Club (Potato Shed)



30

- Portarlington Market 9am-2pm



31



- SpringDale AGM 5.30pm
- Book in for September School Holidays Vacation Care

Copy Deadlines for September 2009 Issue - Monday 3 August

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• Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula and on our website worldwide.

SpringDale Neighbourhood Centre - Opening Hours **Monday to Friday 9am - 5pm** and by appointment.

Compiled & published by the
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The SpringDale Messenger

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 W: www.springdale.org.au

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material
 Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.

Views

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

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from the centre

with Anne Brackley [centre coordinator]

We have a steady stream of people who come through the SpringDale doors for the first time. Most people are very impressed by the range of services we offer and the friendly atmosphere that they find. People may come to have a guided tour, do some photocopying, use our computers, find out about groups, become an advertiser in the Messenger, book a child into Occasional Care or for a number of other reasons.

What is a Neighbourhood House? A Neighbourhood House is a place where diverse community groups and individuals gather to enjoy a balanced mix of community strengthening activities. Some Neighbourhood Houses specialize in one aspect of community life such as art or environment. SpringDale is committed to trying to serve all aspects of our community.

Things can happen quickly at SpringDale. A little while ago a member picked up a curry recipe and this turned into a curry evening which is coming up quickly – Friday, 14 August 6.30pm at SpringDale, \$5.00 for couples that bring a curry to share or \$10 a person. We have had a number of very successful international nights, but curries bring lots of nationalities together. Please book in for the evening with our office and let us know if you are bringing a curry its type and its heat rating.

Every month my heart is warmed by the number of new people who tell me how much they enjoy reading the SpringDale Messenger.

It is through the Messenger that you can learn of the interesting activities, opportunities and services available in our wonderful part of the world. It is only with the support of the Messenger advertisers that we can produce this free magazine. It is only with your support of these advertisers that they will stay with us. Please let our advertisers know that you saw their ad in the Messenger.

It is also through the Messenger that we encourage new ideas to be put forward, shared or promoted. The Card Group, Badminton, Kitchen and book groups all started this way. We promoted the idea of a fishing group and we now have enough names to call a first meeting Monday, 10 August at 2pm at SpringDale. Hope you can attend and we can listen to your new idea.

Lastly, I'd love to invite you to our Annual General Meeting. This year it is being held at 5.30pm Monday, 31 August at SpringDale. We will be celebrating last year's achievements, looking forward to the implementation of the new strategic plan and the launch of the 'Ted Chidzey Youth Encouragement Award'. Looking forward to seeing you and you might think about being part of our Committee of Management. Please let the office know if you are interested in either of the last offers.

Regards
Anne Brackley
for the SpringDale Team.



SpringDale Neighbourhood Centre 
Keeping the Community Connected

Business Network Breakfast

Business Breakfasts are a great way to make connections whilst hearing from nominated businesses in a relaxed environment. The Business Breakfast are held four times each year and the next one will be held on **Monday 24 August** at SpringDale at 7am. To make your reservation, please telephone SpringDale on (03) 5253 1960.

It is all about
your business

SpringDale AGM
MONDAY 31 AUGUST
5.30PM ALL WELCOME

**Have you enrolled
your kids for TERM 4
Vacation Care
at SpringDale?
Don't miss out ...
ENROL NOW.**

Conducted in a safe environment.
Child care rebate available. Register now.
Children between 5-12 years
Working in conjunction with Getting Active.

Vacation Care at SpringDale Holiday Program

Don't let your kids be bored.
Come along and enjoy the holiday program at SpringDale.

The highlights of this coming holiday program are:
Christmas Wooden Craft, Christmas Felt Craft, Card Making, Window Painting, Cooking, Sand Bottles and lots more. Getting Active Sessions every day.

If you like to **learn**,
and **meet** like minded
people, come and **enrol**
in one of our **courses**.



Visit SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale
and ask for your copy of the latest Course & Opportunity Guide

We are always interested
in new ideas for SpringDale.
If you have a Hobby
a special interest perhaps
a course. Then please contact
the team at SpringDale.



Phone the SpringDale Neighbourhood Centre (03) 5253 1960 for more information



Clifton Springs Primary School farewells Principal



Above
L-R: Shannen Lattin, Debra Herbertson,
Connor Sheedy, Jasmine Reed

Right
L-R: Alexandra Harper, Shenae Kenny presenting
Debra Herbertson with a card from their class.



School Captain, Connor Sheedy commenced his farewell speech as follows...

"Mrs Herbertson, Well, where do I start? Thank you for making Clifton Springs Primary School a better place. Thank you for showing us, particularly the preps, ones and twos the difference between right and wrong. Thank you for running weekly programs such as the assembly so students have the experience to speak in front of what seems like a million people.

Thank you for always greeting us as we walk to school, and walking back out. Thankyou for always being there when each and every one of us needed guidance. So on behalf of Clifton Springs Primary School and it's outer communities, I would like to say thank you for all you have done in the past 3 years, and I wish you very well in Bairnsdale."

I would like to sincerely thank the Clifton Springs Primary School community for the support they have given me during my

4 years at their wonderful school. I have found working within this community to be extremely rewarding and have greatly appreciated the many positive relationships I have made with staff, students and parents. The staff are dedicated to providing the best learning opportunities for their students and have been forward thinking in their delivery of curriculum, ably supported by Administration, Aides, Parents and School Council. I firmly believe this is an outstanding school and it will continue to offer a quality education for their current and future students.

I have also greatly appreciated the positive relationships I have formed within the Clifton Springs/Drysdale community as effective schools are critical to the wellbeing of any community.

I wish the Clifton Springs Primary School all the best for term 3 under the very capable direction of Acting Principal, Janice Nation and the new Principal will be appointed for term 4. I look forward to visiting to see the

progress and achievements of the school in the near future.

Debra Herbertson, Principal

Family Law Worries?

Come in for a free chat

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a week or when available.**



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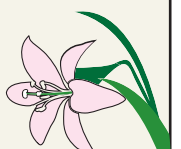
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High on the Hog by Dennis Saliba



The SpringDale Messenger is pleased to announce a new contributor to the pages of this magazine.

We have procured the expertise of Dennis Saliba, a Financial Planner with Bendigo Financial Planning. Dennis has offered to write an article for us covering such topics as wealth accumulation strategies, pre & post retirement planning, Centrelink issues, estate planning and personal & lifestyle protection to name a few. Dennis has over 37 years experience in the banking industry of which the last 17 years have been within the financial planning industry. Dennis is a resident of the Bellarine Peninsula having moved here in 1990.

Dennis has written numerous economic articles over the years and is currently a regular contributor to the economic pages of The Geelong Advertiser.

Dennis holds a Diploma in Financial Planning (Dip FP) and is an Associate of the Financial Planning Association of Australia (FPA). Dennis is based at the Bendigo Bank, Ocean Grove and has an office at the Drysdale Community Bank to offer a financial planning service to the residents of the Drysdale Community.

Buying your First Home

Becoming a homeowner is the dream of many Australians, but we all know that getting into the property market for the first time isn't cheap. That's why a plan, good saving habits and realistic expectations are important.

Your first home may not be the dream home you aspire to in the best suburb, but that's okay. We don't call it your first home for nothing.

The government incentive for first home buyers has been extended an extra six months to allow prospective purchasers to save and attain a foothold in the housing market.

The First Home Owner's Boost is to be phased out from September and abolished by the end of the year.

Even if you are not able to take advantage of this incentive but plan to buy a home eventually, there are some important planning procedures that you should put into place.

The most important thing is to start saving for a deposit. The bigger the deposit, the less you will need to borrow, the lower the mortgage repayments and the more choice you may have to find the home you really want.

No matter which way you look at it, to save for a home deposit you will need to set a budget. Review the amount of money coming in (your income) and list all your regular expenses. Remember to leave a little extra aside for unexpected costs and the occasional treat. Any money left over at the end of the month should be put aside for your deposit.

If you can, eliminate debt as the less money you owe elsewhere, the better position you will be in for a home loan. Be aware of extra debt such as credit cards, store cards, car loans and personal loans as the interest you are paying can add up fast.

Budget for the unexpected. Before you decide to leap into the property

market, make sure you

are aware of all the unexpected costs. Don't forget to include in your budget the home loan application fees, legal fees, mortgage insurance, stamp duty and house and contents insurance when doing your final calculations.

For more comprehensive information, can I suggest you pick up a free copy of "Your house - the first home buyers guide" from any branch of the Bendigo Bank.

Reprinted by courtesy of The Geelong Advertiser.

Dennis Saliba is a Senior Financial Planner and Representative of Bendigo Financial Planning, a part of the Bendigo & Adelaide Bank Group and can be contacted on 0412 826 636 or dennis.saliba@bendigobank.com.au

This information is of a general nature only and not intended to provide neither technical nor detailed advice. Information in this article is based on information believed to be accurate and reliable at the time of publication. You should seek individual advice regarding your personal situation.



'The most important thing is to start saving for a deposit.'

TAX RETURNS

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Letter to the editor

\$50 NOTE

Anne's reference in her June issue report to David Unaipon, featured on the \$50 note, reminded me of the time when I met the gentleman. It was 1940, I was in year eight at Echuca High School, and whilst riding home from school with two mates I noticed the signboard at, as I recall, the Anglican Church hall, advertising a visiting exhibition of aboriginal artifacts and weapons. We decided to have a look and on entering we found we were the only viewers. I vividly recall the scene, the low afternoon sun was streaming in giving beautiful light to the large collection of exhibits. I guess it was early spring, and this elegant dark gentleman appeared and introduced himself as David Unaipon (he pronounced it as you-nye-pon). He offered to guide us through the exhibits and we accepted, then began an hour's illustrated journey, with explanations given in a soft, expressive voice of aboriginal culture, beliefs, customs and tribal life. We were all impressed by Mr. Unaipon's articulation and presence and the fact that he took the trouble to give his time to three twelve-year olds.

It astounds me that this memory is so vivid, even thinking hard I recall very little of that year. The only other event of note was achieving 96% for sheetmetal at school in second term and finishing the year's work in August (I never ever did any more sheetmetal).

Nowadays I have trouble remembering what happened last month!

Ray Austen

Inquire about the benefits



Children Who Like and Enjoy Music

An opportunity to learn to play an instrument is available at the SpringDale Neighbourhood Centre, 17-21 High St Drysdale.
Please phone (03) 5253 1960 if you are interested.

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Bellarine Police Community Support Register Inc.

In October of this year the Register will be celebrating its third anniversary. Currently 1602 residents of the Bellarine Peninsula have registered their personal and contact details on the data base held at the Bellarine Police Station.

Ages of those registered ranges from 1-50years (33 Registrants) to 100-110years (3 Registrants) and all the ages in between.

The details recorded on the data base become available to Police when called out on Welfare or Emergency calls. Unfortunately, Police have recently been required to make a number of such calls and these have necessitated them

breaking into the properties to check on residents. The other problem the Police have encountered is then being able to contact next of kin. These problems do not arise for those who have registered because this information is available on the data base.

All those who register are supplied with personal laminated ID cards and other safety items. Registrants are also advised to purchase key safes and personal alarms to improve their safety measures.

Brochures and Registration Forms are available at pharmacies.

For further information we invite you to contact the Bellarine Police Community Support Register Inc on (03) 5255 3968 any Monday to Friday between the hours of 9.30am until 12 noon.

Ann Nichol OAM
Committee Chairperson

Neighbourhood Watch GLG 69 - Clifton Springs

Have you been considering attending a Neighbourhood Watch meeting but are concerned that you don't know anybody?

**Well! here is your
BIG chance ...
join us for dinner at
the Drysdale Hotel**

**When?
Saturday 15 August
@ 7pm**

Contact Steve on 0403 607 544
to book in for what will be
a great intro to your local
Neighbourhood Watch group.



NEIGHBOURHOOD WATCH INFORMATION

GLG 58,59 - Mark Cline
C/Springs Bowls Club
Clifton Springs
(03) 5253 2717
2nd Monday • 7pm

GLG 68 - Doug Palmer
Springdale, Drysdale
(03) 5251 2522
4th Monday • 2pm

GLG 69 - Steve Ball
Clifton Springs Primary School
0403 607 544
2nd Monday • 7pm

Plant your mark on our planet on National Tree Day



This year **National Tree Day** is on **Sunday, 2 August 2009**. In the 14 year history more than 13million native trees and shrubs have been planted by more than 2 million volunteers.

Australia need trees to protect the environment and absorb greenhouse gases, tackle salinity, reduce soil erosion and provide habitat for native birds and animals. To find a **Tree Day** site nearest you, visit www.treeday.planetark.org/

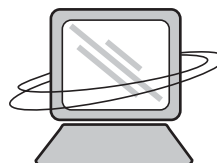
If you can lend your support Phone Springdale or (03) 5253 1840 or call Linda Gallus (03) 5251 5362

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Combined Probosc Club of Clifton Springs/Drysdale

The annual show of member's hobbies, arts and crafts took place in June. This was followed in July by guest speaker Enid Baker, who entertained the members with her amusing presentation. Also in July, 40 members celebrated the Club's 9th birthday with a lunch at Portarlington Girl Guides Hall. The Cinema Group enjoyed Russell Crowe and Hellen Mirren in State of Play, and the Coffee Club continues to meet monthly at The Zoo.

Our next trip is planned for Aug/Sept to Canberra, and some seats are available for non-members.

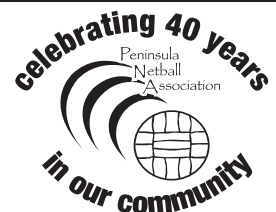
The next Club meeting is on 10 August, when Pauline and David Bice with their dog Lexi will talk on Hearing Ear Dogs who provide the ears for the deaf and hearing impaired.

Memberships are still available for both couples and singles. Guests and visitors are most welcome to all our meetings, held on the second Monday of each month at the Clifton Springs Golf Club members room, starting at 10am.

For further information contact Brian on (03) 5253 1448.



*Displays of
arts and
crafts at the
member's
annual show.*



**Spring Season
commencing 9 sept**
ENTRIES OPEN NOW
Ages 9U,11U,13U,15U,17U
Ladies & Mixed. Get in early!

Drysdale Recreation reserve
Wednesdays from 4.30pm onwards

Contact Chris (03) 5251 3537
or Lyn 0422 415 340

School Holiday fun was a hit at the shed



**Chris Warwick
& Marcus Savidis
in concert at the
Potato Shed**

School holiday fun was once again a hit at the shed when Encore 4 Kids returned with the classic *Sleeping Beauty!* Spud Club proved to be quite a hit with its new foyer location and lounge style feel. This time around we were treated to the comedic talent of Hayley Brennan who performed two stand up routines in preparation for her debut at the Comedy Club, we wish her well and hope to see her back at the Shed soon. Make sure you check out this month's list of coming events including **Kavisha Mazella Trio**, this years **Bellarine Jongleurs**

production *Man of Steel* and the return of **Australian Army Band** in the fourth of our Morning Showtime series. Looking ahead we are busily planning activities for Children's Week including a *Family Fun Day* on **Sunday 25th October**, lock this into your diaries or contact the Shed for more information or if you wish to be involved. **For further information on any of our upcoming events or to book tickets call the Potato Shed on 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.**

WIN double pass at the potato shed Australian Army Band



SATURDAY 25 AUGUST'
Morning Showtime @ 10.30am

To enter fill out the coupon below and send or deliver to: **SpringDale Neighbourhood Centre
High Street, Drysdale**

Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSSES 3PM FRIDAY 14 AUGUST

POTATO SHED

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the **Potato Shed on (03) 5251 1998**. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

Thursday 6 August
Kavisha Mazella
Trio @ 8pm

*First visit
to the
Potato
Shed*



Kavisha Mazella Trio play an energetic fusion of Italian folk and country music with Kavisha's original music and lyrics. This show is rich in humour, pathos and audience participation. The show demonstrates Kavisha's experience of migration and finding one's place in Australia spiritually and physically.

... WHAT'S ON @ THE POTATO SHED

31 July

Spud Club Open Mic Night – all welcome!
6.30pm – Children / Teenagers
8pm – Adults - open
\$5 entry includes 1 complimentary drink.

6 Aug

Kavisha Mazella Trio
8pm
\$22Ad 18.50 Conc

14 Aug

Battle of the Bands
All Ages - Drug, Alcohol & Smoke Free Event
6pm – 10.30pm
Tickets: \$10 (at the door)

20, 21, 22 Aug

Man of Steel
Bellarine Jongleurs
7.30pm
Ticket Price TBA

25 August

Australian Army Band
Morning Showtime 10.30am
Tickets: \$13.50 (Incl. Morning Tea)

28 August

Spud Club Open Mic Night – all welcome!
6.30pm – Children / Teenagers
- Advance booking available
8pm – Adults - open
\$5 entry includes 1 complimentary drink.

*Back by
Popular
Demand*



Tuesday 25 August
Australian Army Band
Morning Showtime @ 10.30am

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998

CITY OF GREATER
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Ron Barassi - Guest of Honour at Drysdale Football Club

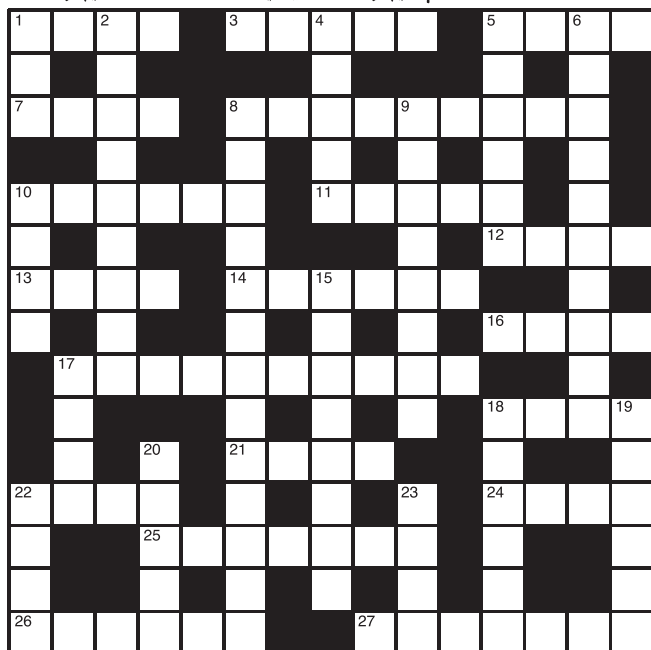


Football legend and Victorian of the Year Ron Barassi pictured here with Clifton Springs resident Murray Spencer at Saturday's football game between Drysdale and Portarlington, was attending and conduct some activites for the Drysdale Football Club, who were the VCFL 'Game of the Month'.

Ron tossed the coin prior to play and presented a medal to the best 'Player-on-the-ground', he met with the supporters and really enjoyed the game of football which he said was slightly slower than AFL but could see and enjoy the play.

He was very relaxed and was representing VCFL sponsor WorkSafe.

CROSSWORD



CROSSWORDS FOR FUN © ALL RIGHTS RESERVED

Across

- 1 Not at home. (4)
- 3 Quick. (5)
- 5 Competent. (4)
- 7 Couturier, Christian _____. (4)
- 8 Blunders. (9)
- 10 U.S. playwright, Thornton _____. (6)
- 11 Summer dish. (5)
- 12 Hot and dry. (4)
- 13 Dancing style. (4)
- 14 Commotion. (6)
- 16 Adhesive. (4)
- 17 Standard unit of measurement that is used in recipes. (10)
- 18 Hive insects. (4)
- 21 Flows back. (4)
- 22 Hereditary unit. (4)
- 24 Shock. (4)
- 25 Oxford college. (7)

26 Zone. (6)

27 Belgian city. (7)

Down

- 1 Help. (3)
- 2 Patron saint of dentists. (9)
- 4 Storylines. (5)
- 5 Schedule. (6)
- 6 Done at very short notice. (4-6)
- 8 Futurologist. (7-6)
- 9 Australian stretch of land, _____ Plain. (8)
- 10 Fuse pieces of metal together. (4)
- 15 French governmental period. (8)
- 17 Factual. (4)
- 18 Grant. (6)
- 19 Satire. (4-2)
- 20 Refute. (5)
- 22 Jewels. (4)
- 23 Family. (4)

19 Send-up, 20 Rebüt, 22 Gems, 23 Clan.
6 Last-minute, 8 Fortune-teller, 9 Nullabor, 10 Weld, 15 Republic, 17 True, 18 Bestow,
25 Balliol, 26 Sector, 27 Antwerp. **Down:** 1 Aid, 2 Apollonia, 4 Plois, 5 Agenda,
13 Line, 14 Uproar, 16 Glue, 17 Tablespoon, 18 Bees, 21 Ebbs, 22 Gene, 24 Sun,
Across: 1 Away, 3 Rapid, 5 Able, 7 Dior, 8 Flounders, 10 Wilder, 11 Salad, 12 Aird,

SOLUTION

Drysdale & Clifton Springs Community Association Inc.

At the June meeting of the committee it was decided that the funds of the Association needed to be looked at in order for the Association to begin to provide basic services to the community. Nobody wants an increase in membership fees, but in our case the committee felt that the current membership at \$5.00 per annum was a fairly insignificant amount for 12 months membership, and if we want to fund projects for the community, then we have to build up a decent funding base to do so. The only other option is to apply for grants, which is no easy matter. We have been trawling the grants application lists for appropriate categories to suit the projects we have in mind, but so far there seems to be little choice.

We have increased the individual membership fees to \$10.00, and for the Clubs or Groups \$20.00 for 2 representatives. We are also on a membership drive to try and attract more members and we will be using the very fine services of the SpringDale Messenger in order to inform all the residents of Drysdale and Clifton Springs what is happening with the Association. Even at \$10.00, it will take 100 members to bring in one thousand dollars, so

we will still be looking to fundraise extra money for community projects. This is why we need more members with new ideas. At least 2 schools have been in contact with us to assist with the provision of bike shelters, and another to assist with computer learning aids. These are very needy projects and the Association is continually looking to help.

Previously the Association applied for a grant to produce and distribute newsletters to some 4000 households, which cost around \$700.00 per issue, so in order to do 4 newsletters per year, the cost is about \$3000.00. Most grants are for "one off" situations, so we are unable to apply for another newsletter grant, besides we think that the Messenger is probably going to provide the same information in a much more cost effective manner.

We also realize that we have not been so good at communications, and we have made steps to correct that issue. All known previous members will be contacted at their last known address and be given a new membership form, which will ask for an email address. Email is going to be the best way in which we can distribute news to our members. We are also going to look at producing a 'Facebook' web

page, aimed more at the younger people in the area.

There has been some talk about a Farmer's Market for the area in the past few weeks, and one of the people involved recently gave the Association a briefing on just where the group is currently situated. There is still much research that needs to be done before the Market ever becomes a reality. The group does not want to have something set up that is doomed for failure, fearing that perhaps there is not enough local produce or goods to support a vibrant market place. It sounds an exciting venue for our town, but as the group says, there is work to be done.

Our councillors are supporting our push for a walking track around Lake Lorne. Yes, we recognize that there is precious little water there at present, but it will return, and we will eventually have a walking track around it. It will be a multi-purpose track, suitable for those who want a quiet walk, or those from the Athletics club, who currently have to go to Geelong for many of their events, and it will also cater for the local schools. Until next month, **Doug Carson** Secretary ccd21@bigpond.net.au

Clifton Springs Preschool ... ready for any emergency



The children at Clifton Springs Preschool had an action packed term 2, ending with a visit to Geelong Hospital and a visit from the Drysdale Fire Brigade. During the term the dolls and teddies have had full checkups and any scrapes or bumps tended to by the future doctors and nurses at the kinder, even the teachers and parent helpers have been bandaged up. All the children had a great time at the hospital and were able to practice their new skills.

The children were full of questions for Louise and Angus from the Drysdale Fire Brigade and they listened intently to all the safety information and all practised - Stop, Drop, Cover and Roll - as they all covered their face with their hands and roll to smother the flames, as well as - Get down low and go go go! Angus also put on the BA Suit (Breathing Apparatus Suit) to show the children how they look in the event of a real fire. This is very important and shows the children not to be afraid or run and hide from a fire fighter. Outside the Fire Engine

was waiting with all the children having a chance to climb on board.

Thank you to Geelong Hospital, Drysdale Fire Brigade, parents and staff for a great end to term 2.

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Drysdale Senior Citizens

A warm and friendly winter welcome started off at the club last month with a great soup day. The ladies are to be congratulated for the range of delicious soups that were enjoyed by all. This lunch, held at the centre, was followed with a DVD proving a most enjoyable and entertaining day.

Bingo is on again on Monday 3 August at 1.15pm, along with some good bargains on the Trading Table. Monday 10 August at 1.30pm we have a visit again from the Danny Blume clothing company. The cost is \$2 at the door and we provide afternoon tea whilst you can browse, try on and purchase some lovely garments.

Lunch is one of the regular monthly outings, and is always enjoyed by the members, the next one being at the Clifton Springs Golf Club on Tuesday 25 August at 12 noon. If you are interested, please put your name on the list at the club and let us know if you require transport. Everyone is welcome to come along and enjoy some good company.

If you are sitting at home all cold and alone, come along and play carpet bowls, snooker or cards, or do some crafts. We have a really friendly group of people who laugh a lot and really enjoy themselves. You don't have to be a 'gun' player, we all had to learn at first.

Best wishes and a speedy recovery to any of our members who are unwell, hurry back soon.

TravelSmart at Drysdale Primary

Recently we had two special guests from the City of Greater Geelong, Selma Tron-Nykios, Travelsmart Geelong and Vicki Shelton, Paths & Roads, at our assembly. They came to present us with signage to commemorate

our participation in the City of Greater Geelong and Department of Transport program called TravelSmart.

The TravelSmart campaign is an incentive campaign to encourage primary school children to use sustainable transport modes such as walking, riding or using public transport instead of the normal means, the car. It encourages ways that ensure less traffic on our roads, less pollution and more available interaction within our environment.

When Drysdale Primary School started this program an average would see 20% of our students either walk or ride to school. Twelve months later we average 53% participation. We have a special day,



such as our 'Walk on Wednesday' days the participation increases to up to 70%. All in all we believe this campaign has been a great success.

Approximately 65-70% of students at this school helped the planet by walking, cycling or scooting to school in April

and May for our Walk on Wednesday Campaign.

What are the benefits for Travelling Smarter?

- Increased physical activity.
- Greater spatial awareness and knowledge of home and territory.
- Greater readiness for children to settle into class work upon arrival.
- Reduced traffic chaos and pollution around schools.
- Increased neighbourhood safety.
- Greater sense of wellbeing and resilience for students due to increased self esteem and confidence.

Clare Goodier
TravelSmart Co-ordinator
Drysdale Primary School.

outside the BOX with Pierce Jaques

Internet Relay Chat (IRC) started life before the World Wide Web was born, but only by a small margin. If you can imagine having a telephone conversation with one or more people simultaneously, but typing rather than talking, then you'd be pretty close to what IRC is.

Before this, internet communication was done by email.

IRC – Another way of transferring large files (and keeping in touch)

The benefit this technology had over email was its immediacy: whatever you typed – after hitting the enter key – would appear instantly on the screen of everyone else taking part in the same 'Chat'; similarly whatever they typed, in reply, would appear below your typing on your screen. The flow of these conversations depended upon your typing speed, especially if more than two people were involved. As a result each participant tended to be colour coded. This technology is also the birthplace of abbreviated English and typographical symbols still in use today as 'text-speak' and emoticons.

BTW (By The Way) this language is also used in number plates – where number replace letters – such as CL34N – CLEAN :) The ':' is an emoticon – if you look at it sideways it makes a smiley face! Barry Humphries would not be amused :)

Today this technology has been updated and expanded to include devices such as Webcams, which have become possible due to advances made with the World Wide Web. The most common version of this today is known as IM – Instant Messaging.

For me though, the major benefit of using Instant Messaging is that it can also be used to

send files directly to each other – while connected. It is similar to sending an email attachment; however the file is copied directly from one computer to the other. In order to take advantage of this, each person involved will need to have the same (if not similar) program installed on their computer.

I've recently added the Google Talk program – their version – to the training room computers at SpringDale; so hopefully this application will also be included as part of the training at SpringDale in the near future.


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Classes commence on Monday 3rd August at 4.15pm-5.15pm for 7 weeks. Cost \$55

Tutor: Mandy Brilliant (PSD Education)



health & wellbeing

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Now is your time. The number of overweight Australians is increasing and is now at 7.4million: that is two thirds of adults and one quarter of children are now overweight or obese.

We gain weight when we eat more energy (kilojoules/calories) than we use (in metabolism and physical activity) in a day.

The current environment allows easy access to high energy foods and fluids, often in large portion sizes. There are lots of weight loss fads but most people regain the lost weight, and often gain even more.

Successful weight loss requires ongoing commitment to healthy lifestyle, including healthy foods and regular movement.

Follow our tips, and learn ways to lose weight, keep it off and be healthy for life.

Eating better:

- Include at least 2 pieces of fruit and 5 serves of vegetables a day
- Include breakfast
- Choose wholegrain breads and cereals mostly
- Choose reduced fat dairy
- Choose lean meat
- Limit high fat and sugar foods and fluids to once a week
- Eat small serves
- Drink water

For more information go to
www.healthyweightweek.com.au
OR visit www.daa.asn.au.

For expert nutritional advice, contact Angela Walker or Hilary Hoevenaars (Accredited Practising Dietitians) at Bellarine Community Health through the Service Access Officer (03) 5258 0812.

hair hints

- If your hair is feeling too heavy and full but you don't want cut off all your hair then have some layers cut in to it and that will help make your hair feel a little lighter without losing your length.
- Use a Shampoo and Conditioner suited to thick or course hair.
- Use a suitable styling product before blow drying your hair and a finishing product to help smooth off the hair. Ask your hairdresser for advice on the right product for your hair.
- When drying your hair with a hair dryer, always dry the root area in the direction you want your hair to sit. eg: If you want to achieve flatter hair then dry the roots of your hair down or if you are wanting volume then dry the roots of your hair off away from your head in the direction you want it to fall.

Courtesy - Emma Harrison, Em-Vious Hair Studio



A quick idea for foot relief

Keep a small bottle of water in the fridge for the express purpose of using it to roll your feet over after a long walk or if you have been standing for a few hours and your feet are feeling uncomfortable. It will make your feet feel refreshed and make the muscles relax.

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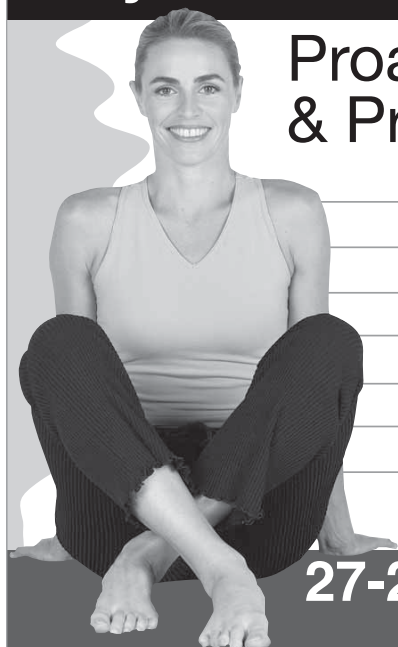
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BUSINESS *in Profile* CURVES



April (Proprietor), Carol, Andrea Faye & Debbie

Curves Bellarine is about to celebrate their second birthday.

"We are even more excited and passionate about women's health and fitness today after seeing hundreds of our members experience amazing health benefits and enjoyment of strength training" said owner, Ms April Archbold.

Curves is a facility specially designed for women featuring a complete 30 minute workout that is fast, fun and safe. Recently we were very excited to be selected to upgrade our facility to incorporate CurvesSmart, the most advanced fitness technology in the world.



Curves Bellarine is open:

Monday to Thursday

from 6.30am until 11.30am
and 2.30pm until 7pm

Friday 6.30am until 11.30am
and 2.30pm until 6pm

Saturday 7.30am until 11.30am

*It's great to be at Curves
Drysdale Village Walk Drysdale*

Winter ailments

This winter, many of us are feeling tired, run down and susceptible to colds and flu. Jarrod can help strengthen our immune systems, and increase our energy levels.



Often, we buy a supplement from a supermarket or health shop and do not feel the desired benefits. This may be because it is not the right supplement for us, or we may not be absorbing it effectively. A nutritional program can be tailored for you to ensure you are taking the right supplements for your body. Jarrod commonly treats digestive complaints such as bloating and irritable bowel syndrome. Other conditions treated include menstrual complaints, stress, skin conditions, headaches, insomnia, allergies and childhood illnesses.

Naturopathic medicine can work in combination with orthodox medicine to achieve the best possible results for you.

Health fund rebates are available.
All enquiries are welcomed.

Jarrod joined the Drysdale Health Group team at the beginning of the year. He specialises in nutrition, herbal medicine, vitamin and mineral therapy, homeopathic remedies and tissue salts, he also performs a number of diagnostic tests at the clinic and can also refer to pathology technical laboratories for tests, when required. Courtesy Jarrod Carter - Naturopath



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Drysdale Rotary donates Clifton Springs Playgroup a Literacy Library boost



The Clifton Springs Playgroup were given a wonderful donation by Drysdale Rotary of \$200 worth of books to aid their Literacy Library for the littlies. They comprised of computers, books, and alphabet mats. They were presented to the group by Ken Steel, President of Drysdale Rotary along with Dianne Stone, President, Ladies of Rotary. A 'Certificate of Appreciation' was then presented to Ken and Dianne by Myalie Loveday, President on behalf of the members of the Clifton Springs Playgroup for their generous donation.

Above: Myalie Loveday, President presenting Certificate of Appreciation to Ken Steel, President Rotary and Dianne Stone President, Ladies of Rotary along with Lillian Clarke.

Left: Playgroup members and children with their new books and items donated towards their Literacy library.

Rotary have been busy with their 2008/09 donations to the district with almost \$50,000 which had doubled within this term and has been distributed to local and overseas communities in need. \$10,000 donated to Andrew Love Research Centre from the proceeds of the Annual Rotary Art Show raffle, Springdale Neighbourhood Centre water tank, \$2000 for the Police Register and a further donation to bushfire areas with the gifts of Rotary Shelter Boxes.

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CLIFTON SPRINGS BOWLING CLUB

It was great to visit the Clifton Springs Bowling Club, to meet with members, and to announce \$60,000 for a new synthetic surface, funded through the State Government's Synthetic Surfaces Program (SSP).

The drought has forced us to think of new ways to keep sport alive in the face of climate change. Sport is the lifeblood of many local communities, not only as a means of keeping people active, but also as a social activity where friends meet and communities come together.

The Clifton Springs Bowling Club is a popular and significant community asset and I am delighted that this funding will mean they can play bowls all year 'round, no matter what the weather.

I congratulate the Clifton Springs Bowling Club committee for all their hard work and dedication to this project.

PT RICHARDS BOAT RAMP

Bellarine boating enthusiasts will benefit from an upgrade of the popular Point Richards boat ramp with the State Government announcing \$250,000 funding for dredging of the boat ramp.

I was pleased to congratulate the Bellarine Bayside Foreshore Committee of Management

Inc who received the funding in addition to the \$446,000 announced in January 2006.

The original grant was to redesign and build a safer boat ramp with greater capacity to meet usage demands. During the engineering and designing works, it was clear more funding was required to ensure the boat ramp could deal with the unique wind and sea movements.

This additional funding will enable all the works required to be done and ensure a safe, accessible and modern boat ramp.

The funding is part of a \$2 million boating infrastructure fund announced in November 2008 by the Honourable Tim Pallas, Minister for Roads and Ports.

This package is recognition of how important boating and access to boating facilities is to Victorians and the environment of Port Phillip and to the Victorian tourism industry and our economy.

DRYSDALE PRIMARY SCHOOL

I am delighted to announce that Drysdale Primary School will receive funding of \$3 million for a library and classrooms.

This will be a state-of-the-art development that will benefit both students and staff and is part of the State and Commonwealth Governments' commitment to make education a priority.

ADDITIONAL EARLY MORNING BUS SERVICE

I encourage early morning bus commuters from Clifton Springs, Drysdale, St Leonards, Indented Heads and Portarlington to take advantage of the new 6.10am weekday service.

Operating from St Leonards to Geelong on the Bellarine Transit bus network, the new service is operated by McHarry's Buses.

The state government introduced this extra option following consultation with commuters currently using the service through the Geelong Bus Review.

The service caters for the increased number of commuters using the 6.55am service and ensures that all commuters enjoy a safe and comfortable journey to Geelong.

This new service is in addition to the \$23 million state government budget boost to improve bus services in Geelong and Bellarine, including a new bus interchange in central Geelong, improved cross-town connections and better links to Deakin University and V/Line train services to better meet the needs of the community.

As always, please don't hesitate to contact my office if there are any issues we may be able to assist you with.

Battle of the Bands to Safety Education at Clifton Springs PS



Our term concluded by celebrating our student's achievements and their creativity.

Our Music teacher, Mr. Beales, organised the Battle of the Grades competition where students worked together in their class groups to perform and sing and dance for the wider community.

This activity was presented over the lunchtimes and we had many parents and friends come along to see the various grades perform. Each class selected a producer and choreographer to give directions to their class and team work was essential. The finalist was then invited to perform at our school assembly for the whole school community. Through these activities our students are provided with an opportunity to learn new performance skills in readiness for our Annual School Concert in Semester 2, which is a highlight of our school year.

Our students have all received their Semester 2 reports and have taken home portfolios of their learning throughout this

half year. Parents, students and teachers participated in Three Way Conferences to discuss progress made and to set learning goals for the remainder of the year.

During the last week our classes were also able to participate in a traffic education program, one called Safetyville for the senior students and the other being the RACV sponsored Street Scene. Being a Travel Smart school we believe it is essential to educate our students of travelling safely within their community when walking, riding, or travelling in the car.

We concluded the term with a social netball game between the staff and parents which was very much enjoyed by students, parents and staff. Despite a terrific challenge from the parents team, great teamwork and skilled play put the staff in front to finish the match. There are discussions about the next sporting event the parents and staff will compete in later in the year.

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around the garden

Clifton Springs Garden Club next meeting is 17 August at 7.30pm at the Drysdale Uniting Church Hall, Palmerston St. Drysdale. Come along and enjoy all gardening topics in a friendly and happy atmosphere



apples



pear



asparagus



jonquils



daffodil

Hello to all the gardeners out there. Now that it is August, we are finally into the last month of Winter. So far, the heavy good Winter rains, which were meant to occur have still eluded us. As I write this column a month in advance, I hope and pray that I am proven wrong. The heavy dews that happen overnight help to sustain some of our plants, but good rain is still needed in the region. I dread to think about our summer water restrictions. Enough doom and gloom. Let's get into the good stuff. Dirt, compost and plants. August is the last chance to buy and plant bare-rooted plants. When purchasing plants, look for good strong root growth and a well proportioned top. Many nurseries will give the novice gardener good advice about buying and planting bare-rooted stock. One tip that I do have is to discard the sawdust that comes with some roses. Throw it into the compost bin, not the hole. Look out for the new range of dwarf fruit trees. The variety of trees is getting bigger every year. Nectarines, peaches, apples, avocados, and now pear are available. Please note, the tree is dwarf not the fruit. These can even be grown in large tubs. A top quality potting mixture and added water crystals will see you eating lush juicy fruit in no time at all.

Now is also the time to purchase asparagus and rhubarb crowns. Plant asparagus crowns deeply to improve the diameter of the spears. Half fill the hole, wait six weeks and then completely fill in the hole. This allows the asparagus to grow up through the soil and minimises transplant shock. Rhubarb does not like to be planted too deeply, just under the soil surface is enough. It is a very hungry plant so use plenty of compost and animal manure. It also requires a sunny position; I find that the morning sun is the best.

If you can, spend some time, even ten minutes is enough, to go around the garden and inspect plants for bugs. These you can remove by hand, which is so much better than using pesticides. Be on the lookout for oxalis. It is now starting to rear its ugly head. For those who don't know this weed, it has a clover leaf and yellow flowers. Now is the time to remove it by hand, if you wait till it flowers it's too late. Small bulbils will have formed underground and by pulling it out then, they will spread everywhere. This will make it twice as hard the next year.

Flowering now are the daffodils and the jonquils. These cheery little bulbs always give the garden a golden glow in late winter and early spring. I was speaking to a fellow gardener last week who told me

that he had planted 2,000 daffodil bulbs in his garden. What a beautiful sight that will be in Spring. The month of August is the last chance to prune your roses. Get pruning now, quickly. Wallflowers, daisies and lavender are still blooming in the garden. My grevilleas are blooming their heads off and the honeyeaters love it.

Don't forget to prune the camellias after flowering; this will give you more flowers the following year.

In November the garden club will have a bus trip to Bleak House at Malmsbury. This



Bleak House

rose garden was designed and planted by the great rose guru, Susan Irvine. The bus trip is open to anybody with a gardening interest. More details to follow. If you have an interest in gardening, please come along to our garden club. You will be made most welcome.

Happy gardening, Lorraine

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Friends of the Bellarine Rail Trail

The Friends of the Bellarine Rail Trail volunteer group has been recognised by the City of Greater Geelong for their work along the trail, work which benefits all of the Bellarine community.

The presentation of an Environment Day Award was made on Friday 5 June by Mayor John Mitchell and Environment Portfolio holder Councillor John Doull, to key members of the group including Alistair Macintosh of Newcomb, and Fred Cook and Trevor Jennings both of Leopold. The award reads 'In recognition of outstanding services to the environment'.



Below: Our Works Coordinator Fred Cook standing beside the new signage at Curlewis.

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The group has committed many hours to revegetation of the 16 kilometre section of the trail between South Geelong and Drysdale since 2003, and the results of this effort are now obvious. Despite the drought, vigorous growth has transformed many areas along the old rail corridor, much of which had been almost bare of vegetation for years since the rail service was closed, or overgrown with weeds. This work has required careful planning and determined effort on the part of the volunteers not only to plant many thousands of native trees and grasses, but also to follow up with mulching, weeding and watering to ensure a high retention rate.

Two areas which have changed dramatically are at the site of the former rail station at Curlewis adjacent to Portarlington Road, and in the Leopold area between Christies Road and Kensington Road. This latter area has been the site of intensive effort particularly over the last two years with the planting of more than 4000 trees and grasses, whilst council has arranged and helped finance the sealing of this section of the trail together with the provision of a shelter and toilet block.

The Friends group has also installed several

seats and tables in this section so that it now provides an attractive place for both local residents and visitors to walk or ride for fitness and to commune with nature.

City of Greater Geelong has recently installed interpretative signage adjacent to the shelters at Curlewis, Moolap Station Road and at Christies Road Leopold. Each of these locations is rich in history which is briefly explained on each of the signs. For more information and photos visit our web site at www.fbrt.com.au

Peter Cowden
Friends of the Bellarine Rail Trail



The **Jane McGrath Rose** was launched at the Melbourne International Flower and Garden Show in April 2009. This pale pink English style bush rose believed to be completely resistant to black spot, was named in honour of the late Jane McGrath, wife of the cricketer Glenn McGrath. Eighty cents from the sale of each rose tree was donated to the McGrath Foundation for breast cancer research. Treloar Roses was inundated with customers and the roses quickly sold out. More will be available after April 2010. Make sure you do not miss out on obtaining a beautiful English rose.

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What's Cooking ... in our kitchens

Do you have a recipe you would like to share? If so drop it into the SpringDale Neighbourhood Centre and mark it 'Kitchen Page'. Thank you.

Try this yummy soup, always a hit with the family... a meal in a bowl.

PEA SOUP

- 1 packet Bacon chopped
 - 1 large Onion chopped
 - 2 Stalks Celery washed and chopped
 - 2 Cloves Garlic peeled, sliced thinly
 - 2 cups dried split peas
 - 8 cups chicken or vegetable stock
 - 2 Bay leaves
 - 1 tablespoon dried Rosemary
 - Salt & Pepper
 - 2 cups frozen peas
 - 1 tablespoon any Vinegar
- Place bacon in a large soup pot over a medium high heat.
 - When the bacon is brown and crispy drain away the fat, leaving about 2 tbsp in the pot.
 - Add onion, carrots, celery and garlic to the pot and sauté for a few minutes.
 - Add the dried peas, stock, bay leaves, rosemary and salt and pepper.
 - Bring to a simmer and continue cooking until the soup is thick and the peas are completely soft.
 - Stir in frozen peas and stir to heat through.
 - Stir in the vinegar and add salt and pepper

Here's another old favourite to warm you up on a cold night.

IRISH STEW Ingredients (serves 6)

- 1.25kg lamb neck chops, trimmed
- 1/2 cup plain flour
- 3 brown onions, chopped
- 1kg sebago potatoes, peeled, sliced
- 2 carrots, peeled, thinly sliced into rounds
- 2 tablespoons tomato paste
- 3 cups boiling water
- 3 beef stock cubes, crumbled
- 1 cup flat-leaf parsley leaves, chopped
- 1/4 cup mint leaves, chopped, to serve

Method

1. Cut chops in half. Place flour in a plastic bag and season with salt and pepper. Place chops in bag and shake well to coat. Transfer chops to a plate. Reserve flour.
2. Preheat oven to 130°C. Place onions, potatoes and carrots in an ovenproof dish. Top with half the chops. Repeat layers with remaining onions, potatoes, carrots and chops.
3. Whisk reserved flour, tomato paste and 2 tablespoons cold water in a large jug until well combined. Slowly add boiling water, whisking constantly. Add stock cubes and parsley. Stir to dissolve stock cubes.
4. Pour flour mixture over chops. Cover and cook for 4 hours or until meat tender and sauce thickened. Sprinkle with mint and serve.

Storing Garlic

When buying Garlic, look for large, clean, firm bulbs with dry unbroken skins.

Store bulbs and individual cloves in a specil garlic pot, a wire basket or a mesh bag. The bulbs can also be kept on a vegetable rack. Always place the garlic in a cool airy place away from steam. Do not put it in the fridge or where the temperature can spoil the flavour and dries it out.

Garlic Around The World

CHINA

Along with ginger, spring onions and soy sauce, garlic is one of the most commonly used flavouring ingredients in China, particularly in the northern provences where sweet -and-sour and stir-fried dishes are popular.

ITALY

Garlic is used all over Italy and is one of the favourite seasonings in Italian cooking. There are countless garlic flavoured sauces and dressings for pasta dishes, as well as salad dressings.

SPAIN

A once common sight in northern Spain was the itinerant garlic and chilli pepper seller, who travelled the country carrying large strings of

Garlic



A Clove of Garlic
Katy Holder
& Gail Duff

white garlic bulbs and dried red chillies on his shoulders. The simplest use of Garlic in Spain is one of the most delicious. Take a thick slice of new, crusty white bread, rub it with a cut tomato and then with a clove of garlic, and enjoy the taste.

FRANCE

Garlic has always been highly prized in France, where it flavours salad dressings, vegetable dishes and rich peasant stews. It is best loved in the region of Provence, where flower decorated braids of white bulbs are sold in every shop and market. All along the Southern coast, particularly around the Port of Marseille, garlic is used so lavishly that it is called *la vanille de Marseille*, in other words, the main flavouring (literally 'vanilla') used in this area.



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Country Women's Association



This extraordinary group of women have raised and distributed over \$120,000 in just the last ten years to some fifty community organizations ranging from Geelong Hospital Neonatal Unit to local CFA's and Drysdale SES. All these organizations have been the recipients of the distribution of funds raised through raffles, catering, sale of cookbooks and craft goods. Goods made and donated are Trauma Dolls, Teddy Bears, Prem. Baby Gowns and New Baby Kits for Hospitals and Treasured Babies, throw rugs to McKellar House, Jumpers for Aids Babies in Nigeria. Homeless Aid - Vic.

Relief Appeal received scarves, beanies, blankets and gloves.

In February members provided over 84 dozen individually decorated cup cakes for the VALID (Victorian Advocacy League for people with Disabilities) 'Having a Say Conference' held at Deakin University. They were celebrating the program's 10th Birthday. The efforts made by the CWA to make each cake something special for the occasion was greatly appreciated and certainly made an impressive display. So it goes to show CWA is not only 'Tea & Scones' but lots of cup cakes as well!

Another fundraiser that took off this year was the knitted 'Easter Chickens'. Over 150 were produced by the knitting brigade, filled with special chocolate Easter Eggs and sold with the Autumn Raffle tickets in the local supermarket complex. The only problem was keeping up with demand.

In February the CWA were able to send thousands of dollars, new toys and beautiful patchwork quilts, thanks to the Seachange Quilters Group to individual families who lost everything in the horrific fires.

The community can genuinely say when you support your local CWA you are supporting your community. Members would like to take this opportunity to thank all community members who have assisted them to raise these funds. Without the generous support of the community they would be unable to distribute funds to the deserving, hard working organizations.

New members are most welcome.
Enquiries: **Dorothy (03) 5251 3702**
or **Shirley (03) 5253 2757**.

Drysdale Ladies View Club Celebrating 8 years with 'A Little Bit Country'

On Friday, 26 June Drysdale Ladies Day View Club were joined by Alma Mayer (National Council) and Wendy McCarthy (Past National 1st Vice President) as well as representatives from Altona, Ballarat Day View Club, Ballarat Evening View Club, Geelong Day View Club, Geelong Evening View Club, Keilor, Point Cook and Doncaster View Clubs. Also in attendance were Jacqui and Mara from the Learning for Life Program which is a vital part of View Clubs. The theme for this very special 8th Birthday was 'A Little Bit Of Country'. Members and guests added to the fun by dressing up to match the theme of the day. Much fun and singing could be heard to our guest artist Norm Price who enthusiastically played country music. SpringDale Bootscooters gave a demonstration of Line Dancing



Sonia Pearson and Barb Austin kicking up their heels and thoroughly enjoying themselves

and a wonderful lunch was prepared and served by the chef and staff at Leopold Sportsmans Club. This was followed by the Birthday Cake also decorated to match the theme of the day. A wonderful day was had by all 108 people in attendance.

Retirement of Reverend Geoff Giddings

On Sunday, 30 August the Linked Congregations of Drysdale, Portarlington and St Leonards will join together to celebrate the ministry of Geoff. All those who have enjoyed the ministry of Geoff over his 7 years in Drysdale are invited to attend. The service will commence at 10.00 am in the Drysdale Uniting Church with lunch to follow in the hall.

Garage Sale – Fete

Back by popular demand, on Saturday, 8 August from 8.30am to noon in the church hall, at the rear of the church in High Street. Be early and pick up a bargain from our many stalls including bric-a-brac, plant and craft stalls, sausage sizzle and much more.

mainly music

Our mainly music program commenced in term 2. The aim of mainly music is to provide an environment where young children develop skills to enhance their early education, through the use of music, rhythm, rhyme, and other music related activities with the participation of a parent or primary caregiver. The music session is followed by morning tea, fellowship and free play. The program operates on Wednesdays during school term, for children from birth to pre-school age and commences at 9.30am for one hour in the church hall. The program is run by volunteers, with a \$5 charge per session made to cover expenses. Contact Renee on (03) 5251 2425 for more information.

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Drysdale Ladies Probus

We celebrated our 19th birthday at the beginning of the year. There are still quite a few foundation members attending our meetings and our membership is 124 at present.

Our happy, busy club has 8 interest groups each of which meet monthly, fortnightly or weekly. Our travel group 'Getaway' only meets 2-3 times during the summer months, and November last year we had wonderful times at the Otway Ranges and Bendigo.

Each month at our meetings there is a 5 minute autobiography by a member. We have also had many interesting guest speakers eg. a talk from owners of a 'Hearing Guide Dog', author and illustrator of children's books Nan Bodsworth. This month will be Barry Cato a former TV children's show presenter.

Our entertainment team have been busy too. There has been a fashion parade, plays & variety shows at the Potato Shed and the Ocean Grove Bowls Club, train trip and lunch at Queenscliff, tour of Cottage by the Sea which is our charity for this year, movies at Waurm Ponds and coming soon a tour and lunch at the Wool Museum. There is always something to look forward to down the track. Joining clubs like this is an excellent way to meet new people and make friends.

Marg Cato

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Does Neighbourhood Watch (NHW) interest you? Do you read the monthly leaflet? Do you watch out for your neighbour? Do you know the other people who live around you? Have you ever attended a NHW meeting? If the answer to the last 5 questions was Yes, Yes, Yes, Yes and Yes, don't bother to read on. If any were No, then perhaps you should think again.

If only for self interest, you need Neighbourhood Watch because most Insurance Companies charge lower House and Contents premiums if you live in a NHW area. If NHW is not operating in your area, it will hit you in the pocket. Then there is personal security, vandalism, graffiti, theft and burglary. Admittedly there's not a lot of it around, but if you attend the NHW meetings, you will be updated on what does happen and what to look out for.

We all bemoan the lack of Police resources, but there's nothing we can do about that. However we can help them do their job more effectively by being their

eyes and ears (and that doesn't involve snooping around).

If you see anything suspicious or report incidents/vandalism/graffiti as soon as you can, you may not receive any personal feedback, but action does get taken and can lead to some surprisingly good results.

If you haven't attended a NHW meeting recently, you might be pleasantly surprised if you did. You will find interesting speakers, lots of helpful information, fun events (involving food and wine), fundraising initiatives, opportunities to get involved in community action (but you won't be lumbered) and fellowship over tea or coffee and slices. If you have attended your local meeting recently and didn't enjoy it, gently provide constructive criticism, then everyone can benefit.

Neighbourhood Watch is the best Crime Prevention scheme around – so why not grasp the opportunity – don't leave it to someone else. See the details of local NHW meetings in this SpringDale Messenger.

The Book Club - *The House of Sand and Fog*

On Monday July 6, the Book Club met to discuss Andre Dubus's *House of Sand and Fog*. The book tells the story of Kathy Lazaro a young recovering alcoholic recently separated from her husband. Her family home is repossessed and sold at auction to Behrani, a former Iranian Air Force officer, for whom it represents his own version of the American dream - an entry to real estate and a passport to the future for his family. For Kathy, the sale of her home is the latest in a series of disasters that life has dealt her but there's worse to come. Behrani, Kathy and her new companion Lester find themselves sucked relentlessly and despite themselves into a vortex of horror.



Everyone agreed that the book was well written, the story was gripping and the characters were complex. Perhaps some of the characters needed to 'pull themselves together', but even this only showed the power of the writing. We felt that Dubus had handled the clash of cultures between the Iranian family and the American dream sympathetically and had avoided the temptation to make people the victims of circumstance. We gave the book 8½ out of 10 and we're looking for the subsequent film (starring Ben Kingsley as Behrani) on video.

The Book Club meets at the SpringDale Centre on the first Monday of each month at 7.30pm for about 90 minutes - ending with a cup of tea. On Monday 3 August our choice is *The Book Thief*, by Marcus Zukas; and on Monday 7 September, we'll discuss *Families: modern Australian short stories*, edited by Barry Oakley. Our meetings are informal and new members are always very welcome. **For more details, contact the SpringDale Centre on (03) 5253 1960.**

Need HELP with your Tax ?

Tax Help is available again this year from SpringDale and is a free and confidential service by volunteers to help people complete their returns at tax time. **Tax Help** is for people on low incomes, seniors, students and those with a disability. **If you need some assistance you can telephone SpringDale on (03) 5253 1960 and make an appointment.**

youthFEST

Bellarine Secondary College is presenting Youthfest on Thursday 10 September. Youthfest is organised by a creative team of students. The program for the day includes workshops, presentations, fun activities, food, music and performances.

Youthfest offers students a chance to try new things and experience activities not normally offered at school. This day is free to students and will be lots of fun. This year our 'One Voice' Youthfest theme relates to the promotion of diversity, mental health and wellbeing. Youthfest sees young people connecting with the community. It is also an opportunity for the community to connect to youth.

The Geelong Advertiser's Just Think campaign will also be featured throughout the event. A football banner competition will highlight the Just Think logo. Just Think calico bags have been designed, and creative song writers have been encouraged to incorporate the Just Think theme into their lyrics. A team of students have also set up a partnership with Headspace and hope to present a community information evening, highlighting the issues surrounding alcohol consumption in the community. Workshops will be held from 9.00am-10.30am, 11.00am-12.30pm and 1.30pm-3.00pm. Displays are requested for the lunchtime session from 10.30am -1.30pm. Some organisations are setting up a tent with display material and staff to inform participants about their services. Others will use a classroom for their presentations. We hope to see as many youth related organisations as possible represented on the day. Invitations have also been sent to local primary schools and links have also been made with several other secondary schools.

If you have any queries about this event please contact a Youthfest team member or Mrs Cheryl Linford on (03)5251 9000 or 0428 615 461.



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news

The recent bushfire support operations have been one of the largest for VICSES, with over 1000 volunteers from across the state deployed to assist over 43 days of operations.

VICSES played a number of key roles in supporting the efforts of the fire agencies, as well as coordinating relief centres across the state.

VICSES volunteers assisted at staging areas across the state, providing support including staging area managers, support personnel and lighting towers.

Taskforces of SES Volunteers from across the state were also deployed to assist with loss and damage assessments, traffic management points and clearing trees from roadways.

Other tasks performed by VICSES volunteers included assisting with

relocations, supporting with the coordination of immediate relief arrangements, delivering community warnings and information, transporting supplies and personnel, providing liaison officers in emergency coordination centres and incident control centres as well as providing supplies such as hygiene stations and temporary shelters.

Bellarine Unit was part of 3 taskforces deploying 6 volunteers during the operation.

Tasks performed by Bellarine volunteers included Lighting, Damage Assessment and assisting Forensic Police.

Bellarine SES Controller Pat Culton said that he was very proud of the efforts of the Bellarine volunteers during the operation. "The willingness to lend a hand and dedication shown by the Bellarine SES volunteers was outstanding. The support they provided to communities across Victoria contributed to an integrated multi-agency emergency service response."

In July, a further 2 taskforces were deployed to assist in clearing up of felled trees around fire effected properties. This was part of a 2 day operation, which had units from all over Victoria helping out.

VICSES is recruiting volunteers now.
For further information about becoming a volunteer, please call 1300 VIC SES (1300 842 737) or visit the VICSES website: www.ses.vic.gov.au



Kel's corner

Over the last month Kel has shared his time with many of our community. The Women's kitchen went on an excursion to Kel's farm and were treated to some beautiful rhubarb.

While we were there Kel mentioned that the leaves were great for cleaning saucepans. "Just boil a few leaves up in some water in a blackened pot and it will clean the black completely off". One of our ladies had great success with this.

Kel went home and told Norma what he had said and she asked how he knew this. He said "I learn't it a long time ago. Sorry I didn't tell you".

Now he's giving cleaning tips - what next?

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Portarlington Neighbourhood House News

The renovations of the Masonic Hall now known as the Portarlington Neighbourhood House are almost complete. The nail gun has been put away,

paint brushes washed and new carpet laid. As I write this I cannot believe that this time last year we were still looking for a room to begin building a community house for the Portarlington community. With the generosity of the members of the Masonic Lodge, the support of Community Development Unit, City of Greater Geelong, and the Community Building Initiative the community dream is about to become a reality.

To those who have supported this concept from the developing stage, a big thank you and to those groups who have made financial contributions and donations of materials we appreciate your support. I apologise to those who did not have their phone call returned, as the house was a construction site with limited access.

I had trouble locating the phone as it was buried in the sawdust, and the phone connection was found in a pile of cables.

The recent Art Show held on the Celtic Weekend was a huge success once the building materials were set aside and the floor swept. Visitors to the show were entertained by the newly formed, 'Brown Street' band. Many more local events are planned with the Neighbourhood House holding two events during the Senior's Festival in October.

We are down to the technology side of business, with data points, routers, servers, hard drives, software, printers, to be installed by the Technology Working Group, all volunteers, all ex Telstra employees.

If you have business skills, or wish to volunteer a few hours a week, please contact us at the Portarlington Neighbourhood House on (03) 5259 2290, your call will be returned as the phone has a permanent place.

Lorraine Stokes

Scrapbooking



Preserving personal photos has advanced a long way since photos were displayed on black photo mount corners. Modern scrapbooking involves creating attractive exhibits of precious memories with buttons, ribbon, stickers, beads, lace and stamps.

SpringDale Scrapbooking group meet on the last Wednesday of the month from 7-10pm at the SpringDale Centre. If you want to start your own scrapbook and learn new skills, beginners are welcome to attend.

Portarlington/Drysdale Lions Annual Changeover



Outgoing President John Harman reported on a successful year's activities for our local Lions Club, and thanked all members for their support.

Wrathall Park's BBQ at Indented Head was refurbished in cooperation with Bellarine Bayside. The painting, lilydale topping plus 4 new electric BBQs makes this popular facility much more attractive and usable. Annual events raised funds for various causes included Grocery grab at Drysdale Safeway for Lions Cord Blood Research Program and Golf Day Clifton Springs for Barwon Health's New Technology Operating Table.

Crayfish Spins added funds for general charity and community work. Our involvement with parking the Avalon Air Show, plus assistance at the Bellarine Agricultural Show, Portarlington Expo, Mussel Festival, Celtic Festival and Portarlington Football Club were important for general assistance to our North Bellarine Communities.

In all over \$21,000 was handed to various charity causes, including \$6,000 for Black Saturday Bushfires.

The Celtic Festival sausage sizzle provided a cheaper food alternative, particularly for families, and our help at the gates for Portarlington Football Club and Portarlington Agricultural Show freed Committee Members for other duties.

Our Youth of the Year Contestant Cassie Page won the Public Speaking section of the Regional Final. Six local Primary School students were sponsored to a holiday camp at Lions Licola Wilderness Village. Our Peace Poster Competition for Primary Schools encouraged students to think about World Peace. A special Tricycle was presented to a young handicapped girl. The front garden at Drysdale's Christian College was landscaped with Lions physical and financial help.

In handing over, Lion John Harman and his Lions Lady Kayleen wished Incoming President Geoff Webster and his Lions Lady Pearl of Drysdale, all the best for a successful year. Lion Evan Sutton of St Leonards is Secretary and Lion Gary Doolan of Clifton Springs is Treasurer.

Funeral Information Options & Advice

Long time Bellarine resident and Funeral Director Alan Miles, can help with all your funeral inquiries and information on local cemetery and cremation options.



Alan believes flexibility is a very necessary thing these days. "Services can be of very traditional memorial nature. They can be thanksgiving or celebration services. Whatever the style of service requested, it is good to spend a significant part of the service focusing on the lifetime of the person who is being farewelled."

Obligation free advice on all aspects of pre-planning a funeral is also available.

Call Alan for a no obligation appointment on 5221 4788

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Caring for the Community
of Greater Geelong

SpringDale Football (soccer) Club

A new football (soccer) club has been formed by experienced coaches, referees, players and administrators to represent Clifton Springs and Drysdale. SpringDale Football Club will build on the growing interest in the game, taking direction from Football Federation Australia's National Football Development Plan.

To this date the club has operating men's futsal, facilitating soccer for people with learning difficulties (with Leisure Networks), building partnerships (including with the SpringDale Neighbourhood Centre), building administrative infrastructure and has been developing its program plans in partnership with Football Federation Victoria and Futsal Geelong. The club will initially focus its work on running a variety of futsal (5 a side soccer) programs including social (for fun), competition and primary school programs, with a view to entering junior teams under the SpringDale FC banner into local small sided game competition at the soonest opportunity.

Whilst club policy will ensure that player development, enjoyment and good sportsmanship will take priority over competition results, club policy will also provide young players of all abilities with equal opportunity to develop their skills to their potential, through the application of Football Federation Australia's National Football Curriculum for coaching and the ongoing training, mentoring and accreditation of our coaches.

For further information on this initiative, visit our website at www.springdalefc.com.au or contact Geoff Briggs on 0428 501 150.

Bellarine Ballroom Dance Festival

A weekend festival of dance has been organised for next month, September. Dance festivals are held in many parts of country Victoria during the year, however, this will be a first for the Bellarine. With its pristine coastline, wineries etc. the area is certainly an ideal location for this type of gathering.

The event is expected to bring Ballroom dancing to the heart of the Bellarine, at the same time promoting business in the region by fostering our local precinct as a major centre for dance, fine food, entertainment and relaxation.

A group of dancing enthusiasts from Drysdale, Clifton Springs, Portarlington and St Leonards are named the **'Portarlington Community Dance Group'**. This spectacular event is scheduled for 11, 12 & 13 September and will be held at the Community Hall Portarlington.

This weekend "springtime" dance festival is a great opportunity for all ballroom dancers in the region to get together, or even watch the entertainment over the three day period.

**For further information contact
Ron Medson on (03) 5253 2940
or 0418 396 099**

87 years ago

**As reported in the Argus on
Tuesday, 7 March 1922**

Drysdale, Monday. Last week several visitors from Melbourne have been at Drysdale following a reported find of oil-bearing seepages near the township.

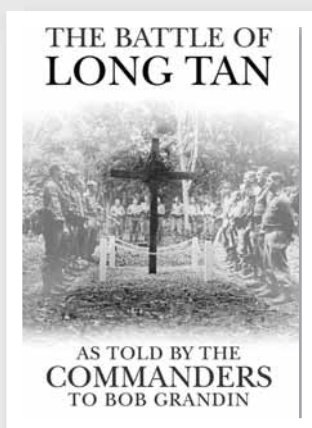
The site is sandy, undulating country of low agricultural value. No work has been done. A bore sunk about two miles away in search of water, struck brown coal several inches in thickness. Residents are not over-confident of oil being found.

VIETNAM VETERANS' DAY

On **Vietnam Veterans' Day, 18 August**, everyone is given the opportunity to remember all those who served and died during the Vietnam War. On 18 August 1966, eighteen Australian soldiers lost their lives and twenty-four were wounded in the Battle of Long Tan.

A feature film, written and directed by prominent Australian filmmaker Bruce Beresford, about the Battle of Long Tan is due to be released in 2011.

Lest We Forget.



Volunteers are needed for

Uniting Care Op-Shop

The Op-Shop, situated in Village Walk, Drysdale, performs a vital function in raising funds for disadvantaged families and individuals in the Geelong region (including the Bellarine).

The Op-Shop is operated under the auspices of Uniting Care, the welfare arm of the Uniting Church. There is a locally elected Committee of Management, supervising the Drysdale operation. Currently, the shop has about 70 volunteers. The shop operates five and a half days per week throughout the year. Shifts for volunteers are of three hours duration. Volunteers can do as little as one shift per month. New volunteers are given training prior to being rostered for duty. More volunteers are needed.

Anyone who has a little time to spare and is interested in meeting new people, as well as providing a worthwhile service, would be most welcome.

**If you are interested, please contact
Tony Freemantle on (03) 5253 1974.**

I've got a few problems

They say we are becoming a more individualistic society. Yeh ok, so we live in a greater community of Drysdale and Clifton Springs but, do we really live in a community? I don't think so. We live near each other but within homes segregated by fences and inside our walls. We have done well at cultivating lives that protect us from having to meaningfully interact with anyone.

Despite these things I have grown absolutely convinced, through personal experience and study that for humans to be healthy inside and out they have to relate to other humans closely enough to be real. To be honest. To even be, when necessary, dependent. To be community.

So as a local church Pastor, I've got a few problems. Firstly I am convinced a church should be a gathering of people that actually want to be 'real'; valuing accountability and honesty, but too often church is the place where people can be the most fake. And my second problem is that the individualistic trends of society

are largely opposed to the elements of real community that I would like to cultivate.

Despite these odds, at Clifton Springs Baptist we plan to continue to provide practical opportunities for you to begin to engage with other people. Weekly activities such as craft groups, a Men's Shed, children's playgroups, gatherings on Sunday mornings or weeknights are all great activities. Yet all these are ultimately common interest groups that we use as an excuse to cultivate real relationships. To cultivate community.

Anyone is welcome to join in with any one of these activities. Contact us and we will be more than happy to answer your questions.

**Phone: Monday to Friday 9-5 on
(03) 5253 1833 or drop into the church:
Tuesday, Wednesday or Thursday
mornings.**

Pastor Timothy J. King

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golfing memberships

**NEW 7 DAY GOLFING
MEMBERSHIPS ONLY**

\$582 August 09 - June 10

WEEKDAY MEMBERSHIP

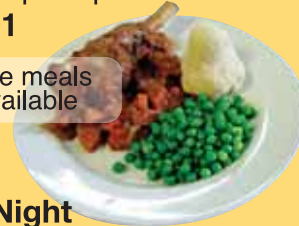
ONLY \$437 August 09 - June 10

- **Green Fee Players Welcome**
\$25 for 18 holes

For all golfing and membership enquiries
please phone (03) 5251 3391



A la carte meals
also available



- **Sunday *Carvery**
3 Course \$15.00
- **Sunday Night is *Parmi Night**
Original, Italian, Aussie or Hawaiian **\$13.00ea**
- **Friday Night is *Steak Night**
Porterhouse or Rump **\$17.00**
- **Saturday Lunch *Soup & Main \$10.00**

* Conditions Apply

**POTS FOR
GLASSES
PRICES**
Friday Night
5.30-7pm

**MEAL
SPECIALS**
Try our fabulous
Lunches priced
from \$7.50
Monday-Friday
only

MEMBERS DRAWS

- **Friday & Saturday Nights**
- **Friday** - all categories
- **Saturday**
- Golfing Members only
- **Regular Raffles**
- every Friday night

Night Fever
A Tribute to the Bee Gees
Sat, 5 Sept 2009
2 Course Meal
\$50.00 per person

Present this coupon & SAVE with the...

\$6⁵⁰
meal
deal

**Monday to Thursday
Evening Meal in the
Springs Bistro**

- * Buy one main meal off our menu
and receive another of equal or lesser
value on presentation of this coupon.
- * Not valid Public Holidays or Long Weekends
Valid to 31 August, 2009.
- * Conditions apply - not available on all meals.

For Bookings and further information please telephone the club on (03) 5251 3391

Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS