

# The SpringDale Messenger

ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc.



## 3rd Art Exhibition - inspiring quality, diversity and skills



The first weekend in October featured a fabulous arts event full of new and inspiring artistic adventures in visual arts and music. The SpringDale Neighbourhood Centre Hall, Drysdale was filled with a brilliant display of paintings and drawings by both the SpringDale Artist Groups, tutored by Artist and art educator Annette Playsted, and the SpringDale Life Drawing group.

This was the 3rd annual exhibition and the high quality and diversity was appreciated by the large group of fortunate arts lovers who attended the exhibition and who enthusiastically purchased the works.

The public were further delighted by the first performance of the newly formed Bellarine Community Choir at the Celebration on Sunday afternoon. Led by Jenny Brown and Joy Porter the choir filled the hall with beautiful music, sung with skill and enthusiasm.

Guest speaker, Dr Gillian Turner delivered a challenging and inspiring address, and encouraged the artists to keep taking risks.

The quality of the whole event was a credit to all the artists who took part. Look out for this event in the future.



## Veggie swap - a growing idea

Clean Green Bellarine held their first ever fruit, veggie and seed swap at the SpringDale Neighbourhood Centre on Saturday, 3 October from 9-11am. If you've had a bountiful crop this winter, then we invite you to share your surplus in exchange for other homegrown produce or homemade goodies such as jams or chutneys. It was also a great opportunity to swap seeds or seedlings and feel inspired to get planting for Spring. The aim is to encourage food production in the community and provide access to fresh seasonal produce. It will also provide a forum for sharing knowledge and skills. So if you have a passion for growing or preserving food and want to make a genuine difference to our community and the environment, why not come along and get involved.

**The swap will be held the first Saturday of every month and operate on an honesty system. For more information, phone Jill on 0411 238 465 or Meredith on 0416 291 684.**

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# Community Events & Entertainment Calendar

## November

**Monday 2**  
**Picnic At Hanging Rock** (Potato Shed)



**Tuesday 3**  
**Picnic At Hanging Rock** (Potato Shed)  
**Melbourne Cup Day** - SpringDale Centre closed



**Sunday 8**  
**Mark Seymour - Deakin Waterfront Cafe**

**Monday 9 - Sunday 15**  
**Recycling Week**

**Tuesday 10**  
**Bokashi Workshop - SpringDale**



**Friday 13**  
**Clifton Springs Playgroup**  
**Twilight Market**



**Saturday 14**  
**Workshop - Pinewood Racing**



**Sunday 15**  
**Drysdale market 9am-1pm**  
**Pinewood Racing - Race Day**



**Thursday 19 & Friday 20**  
**Couch Potato Cabaret** (Potato Shed)

**Monday 23**  
**Business Network Breakfast**

**Business Network Breakfast**

**Tuesday 24**  
**A Russian Bride In Queenscliffe** (Potato Shed)



**Sunday 29**  
**Dancehouse Spectacular '09** (Potato Shed)  
**Portarlinton Market 9am-2pm**

### Copy Deadlines for December 2009 Issue - Monday 2 November

**Distribution** - Saturday, 28 November  
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• Distributed throughout Drysdale, Clifton Springs, Portarlinton, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula and on our website worldwide.

**SpringDale Neighbourhood Centre - Opening Hours Monday to Friday 9am - 5pm and by appointment.**

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All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

**Editing of Contributors Material**  
**Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.**

#### Views

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

## Facilities for Hire & Services @ the SpringDale Centre

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## from the centre

with Anne Brackley [centre coordinator]

I have just shared an inspirational week in Canberra. I was lucky enough to visit a significant number of National Buildings with a great group of school children. I learnt so much and came home with so many references to read and learn more.

Sir Walter Burley Griffin and his wife and partner are two people now on my list of people I would have loved to meet. What a visionary couple to have designed a city for 25,000 people, which is still able to cope with 300,000 employing Sir Walter's concepts.

Hopefully I can and will employ some of the inspiration at SpringDale as we implement our Strategic Plan together.

Over the last 20 years we have presented a wide range of courses some of which have attracted support from State Government funding from ACFE, Adult Community Further Education. ACFE have always been supportive of people who have not gained a great deal of formal education. ACFE now wish to focus strongly on employment skills.

As we plan our courses for next year we would love to hear from you with ideas for courses for us to offer. We have focused on Hospitality – Food Handling, RSA,

Coffee Making etc, Computer courses for businesses, First Aid and more recently Certificate 3 in Aged Care but there may be other courses that people would like to do locally. Please ring the office on (03) 5253 1960 with your ideas.

Many people have approached me recently about how good the curry night 'food' night might be. We are holding a **Malaysian night on Friday, 20 Nov** – Anna has been working towards this for many months and it should be a great night. If you would like to share a dish with us I would love to hear from you.

I would like to congratulate the team who has worked so hard to make a School Holiday program a reality at SpringDale. It was great to see so many children here last holidays. There is a varied program planned for 3 weeks of the January Holidays and I encourage people to book now to avoid disappointment. Well done Mercedes, Kristie and Bill.

Our 20 year celebrations will be held in December with more information about date and time next month.

Sincerely **Anne Brackley**  
Coordinator SpringDale  
Neighbourhood Centre



# UPDATE

@ SpringDale

## First Aid Courses at SpringDale - Enrol Now

**First Aid – CPR (Perform CPR)**

Code HLTCPR 201A (Cardiopulmonary Resuscitation)

**Anaphylaxis** - Code HLTCPR 201A/ 21659VIC

**First Aid – Level 2 (Apply first Aid)**

Code ALTF301B/21569VIC

Phone SpringDale (03) 5253 1960 to secure your place in these popular courses.

**Turn to page 19 for information on Food Handling Courses**

SpringDale Neighbourhood Centre   
Keeping the Community Connected

## Business Network Breakfast



Mark this date in your diary

Business Breakfasts are a great way to make connections whilst hearing from nominated businesses in a relaxed environment. The Business Breakfasts are held four times each year and the next one will be held on **Monday 23 Nov at SpringDale, 7am. To make your reservation, please call SpringDale on (03) 5253 1960.**

It is all about your business

## BOKASHI IT'S GREAT FOR THE GARDEN the Eco Bokashi Bucket

**Recycle 100% of your foodwaste**

**IT TAKES** • Citrus • Onions • Paper • Meat  
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**\$80**



Next workshop at SpringDale, Tuesday 10 November at 7.30pm

Enrol your kids early for  
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## Vacation Care @ SpringDale ★ Holiday Program ★

The highlights of this coming holiday program are:

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'Don't get bored during the holidays come and join us and have fun.'

• fun  
• games  
• friends

# Bokashi at Springdale - Anne Brackley

We have now sold almost 100 Bokashi buckets at Springdale. The Bokashi buckets are \$80 and this includes enough Bokashi grains for up to 12 months

(6 weeks if you are heavy handed). We also have the Bokashi grains for sale at \$7.50 for 1kg or \$15 for 3kg.

We have many schools committed to using Bokashi to enhance their environment including Clifton Springs and East Geelong Primary Schools, Bellarine Secondary College and we had chats to people from Drysdale and Leopold Primary Schools.

I have spoken to many different groups about the Bokashi system including garden clubs, Probus clubs, View clubs and Neighbourhood Watch groups. Our next workshop at Springdale will be Tuesday 10 November at 7.30pm.

Please feel free to come if you are thinking about Bokashi or if you have started and would like some assistance.

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Let me create an image for your business, then you can show off your business image.

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lyn ingsles graphic designer  
03 5253 1840 blupen@ncable.net.au

**Family Law Worries?**

Come in for a *free* chat

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**COMPETITION CLOSING 3PM THURS 5 NOV**

## The Potato Shed delivering great entertainment

Wow...I know we are always saying how busy things have been but October was huge! We started with Encore 4 Kids presenting The Emperors New Clothes, had two very successful Spud Club Open Mic nights, Concert for the Clans, Desperate Housewives, a live recording of Steve McEwan and the Yesmen, and as the Messenger reaches your mail box we will have just wrapped up a fantastic week of Children's Week Activities including our first Family Fun Day @ The Shed. Phew, now we just have to get ready for Christmas. Another great line up ahead for November including our very own Don't Be A Couch Potato Cabaret which the all abilities guys & girls have been working towards since February, so come along and show your support and join in the fun.

**Master plan:** *The next stage of the Master plan process began in October with consultants being appointed to prepare a detailed business case and final design brief on the proposed expansion of the Potato Shed.*

# WIN double pass at the potato shed

## A Russian Bride In Queenscliffe

Includes Morning Tea



**TUESDAY 24 NOVEMBER  
@ 10.30PM**

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**COMPETITION CLOSING 3PM FRIDAY 13 NOVEMBER**

don't be a  
**couch  
potato**

POTATO SHED

**Cabaret**

**TWO PERFORMANCES ONLY**  
**THURS 19 @ 7.30PM**  
**FRI 20 @ 1.30PM**

Health Care Card Holders - Admission FREE  
General Admission - \$5

Victoria Department of Human Services  
VicHealth

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the **Potato Shed** on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

## ... WHAT'S ON @ THE POTATO SHED

**2 & 3 November**  
Picnic At Hanging Rock  
Christian College Yr 10 Performance  
7.30pm Tix \$8 at door

**19 & 20 November**  
Couch Potato Cabaret  
7.30pm Thursday 19 November  
1.30pm Friday 20 November  
Tix \$5. Health Care Card Holders - Free

**24 November**  
A Russian Bride In Queenscliffe  
A Boo Hiss Victorian Melodrama  
10.30am Tix \$13.50 includes Morning tea

**27 November**  
Bellarine Jongleurs Variety Night  
Clowning Around  
7.30pm Tix \$10

**29 November**  
Dancehouse Spectacular '09  
Ocean Grove Dancehouse  
11.30am & 2.30pm  
Adult \$15 Children \$7.50

## A Russian Bride In Queenscliffe Tues 24 Nov @ 10.30am



**POTATO SHED**

The Potato Shed, Bellarine Multi Arts Centre  
is located at 41 Peninsula Drive, Drysdale.  
Ph: 5251 1998

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# Men's Shed group discusses the post-carbon economy

At its meeting in September, the Drysdale Men's Shed group had a lively discussion about the implications for local communities on the Bellarine Peninsula of a move towards a 'post-carbon' economy.

The group heard from Patrick Hughes (Drysdale & Clifton Springs Community Association) that a 'post-carbon' economy is a response to an inter-related collection of crises: supplies of fossil fuels have peaked or will do so soon; food production and distribution can't match population growth; fresh water is increasingly scarce; biodiversity is decreasing rapidly; and climate change is making the earth a more dangerous place to inhabit.

In a 'post-carbon' economy, no oil, coal or gas is burnt without 100% carbon capture and carbon emissions are priced - like capital, energy and labour. A 'post-carbon' economy will foster lifestyles that are clean, de-carbonized, de-globalized and re-localized, durable, re-useable and renewable.

For the Men's Shed group, a key question was: What does the transition to a post-carbon economy mean to communities on the

Bellarine? Some communities are declaring themselves 'Transition Towns' and creating new ways to reduce their carbon emissions. For example, installing energy efficient lighting, heating and cooling; water efficient devices and water recycling systems; replanting underused land as revenue-generating 'carbon sinks'; developing reduced-input cultivation and processing; developing new services for hybrid and electrical vehicles. Many of those commercial activities come with carbon credits that are a new potential income source for tradespeople, such as gas and electrical engineers; and retailers in 'Transition Towns' are highlighting the low carbon costs of local products and services.



ABOVE: Patrick Hughes held a captivating discussion with members of the Men's Shed in Clifton Springs

Patrick concluded by stressing that around the world, people were acting locally to respond to climate change and the post-carbon economy; asked people to look out for initiatives around these issues by the Drysdale & Clifton Springs Community Association; and invited people to learn more about the issues by visiting his blog site - Hughes's News (<http://hughesnews.blogspot.com/>).

## NEWS from Lisa Neville MP Member for Bellarine

### Road Roundabout

I am pleased to see works underway at the Jetty Road roundabout following my recent announcement of a \$400,000 State Government boost to improve the safety of our local road network. These funds are being used to improve the

intersection on the Geelong-Portarlington Road at the roundabout with Grubb and Jetty Roads and install a new pedestrian crossing on the Drysdale-St Leonards Road near Blanche Street, St Leonards.

At the Jetty Road roundabout, an additional lane will be provided to the Geelong bound approach to improve capacity, eliminate long queues and reduce delays during peak periods. Grubb Road provides a vital north-south link between the townships of Ocean Grove and Barwon Heads to Drysdale and Portarlington. It also provides access to St Thomas Catholic Regional College and Bellarine Secondary College to the south of this intersection. These projects will reduce the risk of accidents by increasing gap times to provide more opportunity for drivers wanting to enter the roundabout from Grubb Road.

The new lane will separate traffic going through the roundabout and traffic turning left at the Geelong bound approach, and improve travel times for school buses in morning peak. This is a busy intersection, particularly at peak times, and it has been a concern for many local residents. I am delighted that this major investment will make it safer and improve the traffic flow.


### Free Internet For Victorian Government Schools In 2010

Bellarine government schools will enjoy

free internet access with the State Government announcing it will cover internet charges from the first day of term 1 in 2010. All Victorian government schools will have their internet charges covered, saving these schools projected costs of \$9.5 million annually. This is in addition to the recent announcement that all Victorian Government primary schools will receive a wireless access point upgrade. The \$7 million upgrade will mean up to 7,300 wireless access points will be delivered to schools and is set to boost network coverage and capacity for students who access the web. These wireless upgrades are an exciting initiative for Government primary schools and will give students fantastic access to internet across school grounds, allowing the whole classroom of notebooks to access wireless internet at once and students to take their learning outside the classroom. These are exciting investments in the education of our children and I am pleased to see it will benefit students in my electorate.

*As always, please don't hesitate to contact my office if there are any issues we may be able to assist you with.*

**Hon Lisa Neville MP**  
Member for Bellarine  
(03) 5248 3462



**POLICE  
FIRE  
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Dial 000**

**NEIGHBOURHOOD  
WATCH INFORMATION**

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**GLG 58,59 - Mark Cline**  
C/Springs Bowls Club  
Clifton Springs  
(03) 5253 2717  
2nd Monday • 7pm

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**GLG 68 - Doug Palmer**  
SpringDale, Drysdale  
(03) 5251 2522  
4th Monday • 2pm

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**GLG 69 - Steve Ball**  
Clifton Springs Primary School  
0403 607 544  
2nd Monday • 7pm



# The oil rig Kan Tan IV, passes us by



If you were wondering what was passing us by, it was the **Kan Tan IV** 13,000 tonne semi-submersible oil rig being towed out of Corio Bay and viewing local residents were all in awe of the size of this giant. It has been in Geelong harbour for repairs for the last couple of months.



## Bellarine Police Community Support Register

On 16 October 2009 the Register reached the third anniversary of its launch. Already 1700 residents of the Bellarine Peninsula have registered their personal and contact details on the confidential database held at the Bellarine Police Station.

For readers who have not heard about the Register it is a free service available to residents of the Bellarine Peninsula. The personal and contact details are available to Police in times of need.

In a recent report Bellarine Police Acting Senior Sergeant Craig Stevens referred to the value of the Register both for the Police and local residents:-

- Police regularly access the database to investigate concerns about residents from neighbours, families and medical practitioners

- When resident's details are on the database the investigation is often swift and quickly resolved with a few phone calls
- When a resident is not registered on the database the enquiry is often very protracted and in many cases requires forced entry into homes to check on the welfare of the occupants
- Ambulance personnel are able to obtain vital information if required by contacting Police.

### State Government Funding for community registers

Following the disastrous bushfires of last summer the Hon Lisa Neville MP, Minister for Senior Victorians, announced State Government funding to establish additional community support registers around the State and to expand the

services of existing registers. Consequently the Bellarine Police Community Support Register Inc. Committee has applied for a grant of \$10,000 in order to extend its services to the residents of the Bellarine Peninsula.

Brochures and Registration Forms are available at all pharmacies on the Bellarine Peninsula. For further information please contact the Bellarine Police Community Support Register Inc. on telephone (03) 5255 3968 between the hours of 9.30am until 12 noon Monday to Friday.

**Ann Nichol OAM**  
Committee Chairperson

# WIN

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### ■ blue pencil publishing

- Coffee Table Books

### ■ Matilda's

- Christmas Gift Package

### ■ Clifton Springs Golf Club Pro Shop

- Golfing Gift Package

### ■ Lighthouse Virgin Olive Oil

- Olive Oil Hamper

### ■ Drysdale Hotel -

- Voucher \$50

### ■ Em-Vious Hair Studio

- Hair Care Package

### ■ Crosswords for Fun

- Puzzle Package

### ■ The Zoo Café & Bistro

- Voucher \$20

### ■ Drysdale Fish & Chickens

- Voucher \$20

### ■ Curves

- Fitness Package

### ■ Press Here

- Voucher \$20

**Competition Closes**  
**3pm Tuesday 15 December**

# The Book Club -

## The Guernsey Literary and Potato Peel Pie Society

In October, the Book Club met to discuss *The Guernsey Literary and Potato Peel Pie Society* written by Mary Ann Shaffer & Annie Barrows. Mary Ann Shaffer was a 70 year old American former librarian who had been

interested in writing all of her life but never previously published. Sadly she became ill and did not live to see her book published. Her work was continued by her niece, Annie Barrows, also a writer.

This book is different from anything that we have read recently in that it is written in the style of letters between various correspondents. Juliet was a columnist for a newspaper during WWII. She wrote frothy pieces designed to lighten the mood in war ravaged Britain.

Immediately after the war, her interest in Guernsey is piqued when she receives a letter from a resident on that island who has obtained a book previously owned by Juliet. As their correspondence continues, Juliet develops a fascination with the life of the islanders under German Occupation.

A well attended meeting of readers discussed the book, finding many faults or details that irritated. Despite this, the characters were well developed through

their letters to each other and gave many insights into what life must have been like during the war. Book Club members were fascinated by the snippets of history of Guernsey with many inspired to include that island on their next travel itinerary.

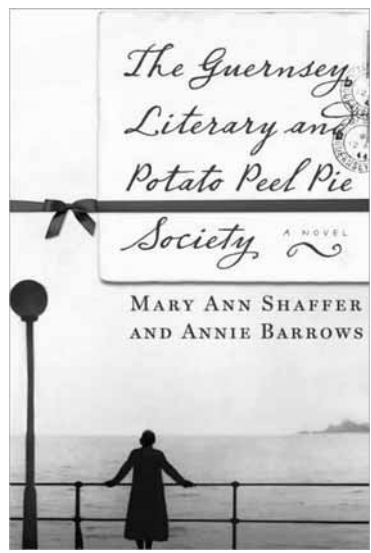
Debate was vigorous and with much laughter but the majority decision was that the book was a good read with a happy ending and one which we would happily pass on to friends.

For this reason, it rated nine out of ten with majority of members.

The book choice for Monday, November 2. is in a very different theme: *Medical Murder. Disturbing Cases of Doctors Who Kill*, by Robert Kaplan and on Monday December 7

we will discuss an author, rather than a specific title. This will be Shane Maloney, an Australian writer, whose many titles include *Sucked In; Stiff; The Brush Off; Nice Try; Something Fishy and The Big Ask*.

**The Book Club meets at SpringDale on the first Monday of each month at 7:30pm for about 90 minutes, ending with a cup of tea. Our meetings are informal and new members are always very welcome. For more details, contact SpringDale on (03) 5253 1960.**



# SpringDale Bus Trips

Due to an unexpected price rise, we have had to cancel our planned trip to the Melbourne Warehouse Outlets on **December 12**. We are now planning on visiting Bridge Road, Richmond and the Victoria Market on **Saturday, November 28**. We will be leaving SpringDale at 8am and hope to return by 5pm. The cost of this trip will be \$20 per person. **To book a seat call SpringDale on (03) 5253 1960.**

# Recycling Week

National Recycling Week runs during the second week of November from the 9 to 15. You can recycle wherever you are, whether at home, work or school. When you recycle one glass jar, a milk carton or a single newspaper you may not think you're doing much for the environment. However, you need to remember that millions of other people are doing the same as you. For further information visit <http://recyclingweek.planetark.org/> to help the environment.

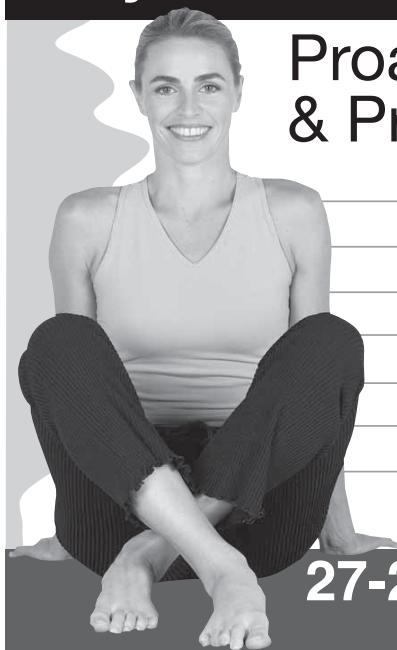
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## Combined Probos Clifton Springs/Drysdale

In September the members were so impressed with David Hooker from Alzheimers Australia explaining how the brain works and ways to keep it active that they requested a Trivia Morning for the November meeting. In October John Hare told the story of his experiences as a child refugee from England to Australia during WW2. Our regular monthly activities include lunch, coffee morning, cinema & crafts.

President Graham is hosting a Melbourne Cup day lunch and the Caravan & Cabins Friends have come out of hibernation. As the year draws to a close we look forward to our Christmas lunch at the White Eagle.



Memberships are still available for both couples & singles. Guests & visitors are most welcome to all our meetings held on the second Monday of each month at Clifton Springs Golf Club members room starting at 10am. **For further details contact Brian on (03) 5253 1448.**

### Drysdale & District DENTURE CLINIC

**Gavin Braybrook**

Dental Prosthetist

• Monday, Tuesday, Thursday 9am - 4.30pm  
• Friday 9am - 12noon  
• Wednesday 9am - 3.30pm  
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### Remedial, Sport & Relaxation Massage

Julie Mather from 'Massage' at Queenscliff will now be available at the **Drysdale Health Group** 27-29 High Street Drysdale, 3222



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## High on the Hog by Dennis Saliba

*Courtesy of the Geelong Advertiser*

### Mortgage Stress

Mortgage Stress? Images from the US showing rows of empty houses left vacant by owners who have defaulted on their mortgage has become one of the defining images of the global financial crisis. Being able to walk away from mortgage stress in the US is possible due to their system of non-recourse lending which simply means that the lender can only seize the house. The lender cannot pursue the outstanding debt from the borrower. In Australia you still retain your debt if you default on your home loan, but there are steps you can adopt before mortgage stress eventuates. In many cases mortgage stress is not actually about the mortgage, but other debts. As money becomes tight, the importance of maintaining a home loan takes precedence over other financial commitments which become neglected. This is often seen with debt accumulated through "in-store" finance arrangements that offer a set period of interest free time for repayment, and are actually accompanied with a credit card. The culture of "have now/pay later" can create problems in more difficult times. As the economy slows, remaining financially buoyant for some may mean the asking of a few searching questions about lifestyle choices, and the close monitoring of expenditure and income.

If you do find yourself in real difficulties with your home loan, the key thing to remember is to communicate your trouble with your lender as soon as possible. There are a number of strategies that lenders can implement to help people get back on their feet. You could arrange to extend the loan term to reduce payments or take a repayment holiday for an agreed period until your situation improves. Your lender might also agree for you to postpone payments, pay part payment, or pay interest only for a set time. Although it can be a daunting prospect to confront possible financial difficulties, burying your head in the sand is not an option. You need to take remedial steps at the earliest possible time. If you wish to receive a simple paper based *Budget Planner* contact your local branch of the Bendigo Bank.

**Dennis Saliba is a Senior Financial Planner and Representative of Bendigo Financial Planning, a part of the Bendigo & Adelaide Bank Group.**

*This information is of a general nature only and not intended to provide neither technical nor detailed advice. Information in this article is based on information believed to be accurate and reliable at the time of publication. You should seek individual advice regarding your personal situation.*

## Good News

Everyone loves a good news story, and although Drysdale Family Support deals with a lot of families who are experiencing hardship, we often have some really good outcomes that are worth celebrating. It's wonderful when circumstances and people work together to bring about that outcome. To some it's coincidence, while others believe that God is actually at work in our lives to help one another and to bring about a good result.

Recently I took a phone call from a single mum who was at the end of her tether. We had helped her with an application to an agency for a new washing machine and drier to replace her broken down machines, but after 8 weeks of waiting, and tackling the family washing throughout our cold, wet winter, they still hadn't turned up. Who knows what happened to her application, but meanwhile the rules had changed and because she had sent the old machines to the tip without being inspected, the agency would not replace them.

Her situation really touched our hearts, so we promised (some would think rashly) that by the end of the day we would have a new washing machine and drier for her. We actually prayed that God would do something special, and then got on with the rest of the day. By early afternoon, a lovely retired gentleman who has dropped in once or twice before, came into the office with a significant amount of money, and asked us to give it to someone who needed it. After a phone call to Cool Cats in Geelong, and a very good deal from them, we had a washing machine and drier being delivered that afternoon to a very excited single mum.

This is a wonderful example of how we all as a community can listen to those little 'inner voices' and make ourselves and our resources available to one another to share the things that we have been blessed with. Together we can create many more good news stories.

**Dianne Bennett**  
Drysdale Family Support.

### Free Legal Advice

Barwon Community Legal Service provides free face to face legal advice appointments, on the first Tuesday of every month at the SpringDale Neighbourhood Centre.

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### Welcome to... Bellarine Peninsula Christian Church



Service 10am every Sunday at the Senior Citizens Hall, Village Green, Drysdale.

Other meetings during the week.

**Pastors David & Carla Evans**

Enquiries please phone (03) 5251 3440



Declaring Jesus Christ as Lord.

This church is a member of the Crosslink Christian Network



# Local triathlete Jeff Beavis is Hungary for competition in 2010

Clifton Springs triathlete competitor Jeff Beavis is looking forward to participating in the 2010 World Championships in Hungary. He has certainly shown his stamina and passion to compete as in 2007 Jeff finished 99th, 2008 placed 69th and this year he placed 37th.

"Triathlon is something I always wanted to do - since I was a teenager watching the Ironman classics with Dave Scott and Mark Allen on TV during the late 80's early 90's. I have always loved swimming and am competitive by nature which helps." Jeff explained.

After losing a lot of weight in 2003 and improving his fitness he won a bet with his daughter's swimming teacher about completing a Lorne 'Pier to Pub' swim. He decided to give a beginner triathlon a go in November 2003 and has been hooked ever since.

He was part of the Australian Age Group Team for the last 3 Triathlon World Championships - 2007 in Hamburg Germany, 2008 in Vancouver Canada and this year at the Gold Coast Queensland. "I had to compete in various races around Australia in order to gain points for selection. As you can imagine, this year was very competitive with the World Championships being on home soil - racing in the Green and Gold was a dream come true."

There are several distances to choose from but they all involve a swim, a bike ride and finish with a run. He has competed in both the Sprint Distance 750m swim, 20km bike ride, 5km run and the Olympic Distance 1500m swim,



'Competing in other countries also gives the competitors a chance to sightsee and enjoy the experience of being in a different environment.'

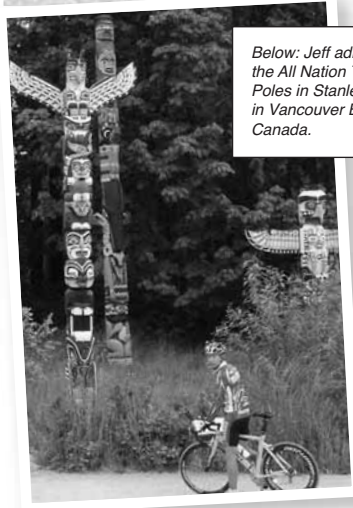
40km bike ride, 10km run. Jeff's favourite is the Olympic Distance as it is more challenging.

"I train for essentially 2 hours each day from Monday to Friday, usually before work and also after work, which makes for very early starts as I work fulltime. My training includes swimming, running and also on my bike in the garage using a wind trainer. I go for a 2-3 hour run of approx 20-30kms on Saturday mornings and a 3-4 hour bike ride, 90+kms followed by run on Sunday mornings. I try and have a day off every 3rd Sunday. Most of my training is done on my own with occasional support from a Melbourne based coach online, but when I get the chance I swim with a morning squad under Bruce Swain at BASC Ocean Grove, and usually try to ride with a group of mates from Portarlington on the Sundays." Jeff explains.

"I have just had a short break from training and racing will start again in November. I will be aiming to make the team again for next year when the 2010 World Championships are in Budapest Hungary." Jeff says with anticipation.

Triathlons are the only sport where participants have the opportunity to compete alongside elite athletes on the world stage.

Jeff is hoping for sponsor support so he may purchase a new bike and again represent Australia in the World Championships in Hungary. His family and close friends give Jeff great support and perhaps some of us might like to do the same.



Below: Jeff admiring the All Nation Totem Poles in Stanley Park in Vancouver BC Canada.

## Lions Club helps save Carbon Emissions



The Portarlington/Drysdale Lions Club, in conjunction with the Bendigo Bank, is undertaking a Light Globe Changeover Program in the North Bellarine area.

Teams of Lions Club members will be removing old globes and replacing them with new energy efficient lamps at no cost to the residents. A special training program will be conducted to ensure all safety aspects are covered and the Lions Club will be using appropriate safety equipment.

President of the local Lions Club, Geoff Webster, said "We are more than happy to help the Bendigo Bank in their efforts to

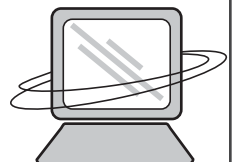
be involved in a program which will help reduce carbon emissions. We are also grateful to Bellarine Bayside for supplying us with safety gloves and fibre glass ladders as part of the program".

'Ban the Globe' commenced in October and residents can apply through the Bendigo Bank to make appointments with Lions members to visit their homes and do the changeover.

This will save an estimated \$30 per quarter energy costs in the home, reduce carbon emissions and help reduce greenhouse gasses and the adverse effect they have on our environment.

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# Concert Spectacular at Drysdale Primary



Excited children and proud parents there were aplenty at the end of Term 3. It was the time of the annual school concert. The students had practised all term and were ready to perform. This year the producer/director was Ms. Kethly Hemsworth. Ms. Hemsworth, the new Performing Arts teacher, had us all, students, parents and teachers, working together to present the concerts over two days and two nights.

The Preps, for their first time on stage, performed beautifully, singing their songs about Australia. Each year level presented a concert item with the Year 1's doing Mr. Men, the Year 2's a dinosaur theme, the Year 3's songs and dances about water, the Year 4's took us on a

Peter Combe Journey and the Year 5's used lots of energy and enthusiasm in their presentation of Australian Rock.

This year the Grade 6 students performed "Seussical" the musical. Stunning costumes some of which were made by

parents, some taken from the school's costume room and some borrowed from St. Josephs College, adorned the children as they performed the seventy minute musical. The children knew their lines, the songs and dance routines to perfection. They



were ready to have fun and entertain us all. And they did.

The concert is a time for Drysdale Primary when the whole school community gathers to celebrate the skills, talents and successes of the students. Underlying the whole event is a sense of great achievement and teamwork. The children develop that important feeling of belonging and being a part of something which is special.

During Term 4 we have camps and excursions for all year levels. These provide more exciting learning opportunities for the children.

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## Drysdale Senior Citizens

We had a lot happening during the October Victorian Seniors Festival. The Club is going very well with good crowds coming along to the Centre to join in the celebrations. The TAC's Community Mobility Program was very interesting and helpful in advising people on mobility and age-related skills and the Devonshire tea provided was really appreciated.

Lunch, along with Morning Melodies, the Concorde Concert and the great Mystery Trip were greatly enjoyed by the Members.

November is starting with our usual Bingo on Monday 2 with eyes down at 1.15pm.

Following, we are having a Melbourne Cup Luncheon on Tuesday 3 at the Centre.

This month's lunch will be on Tuesday 17 at the Ocean Grove Bowling Club.

Along with these activities are our usual carpet bowls, exercises, cards and craft and snooker.

Our major approaching event is our Members' Xmas dinner party, including some great entertainment. This is being held this year on Monday 21 December, so please mark your diary.

You too, could join in the fun, don't sit at home alone, come along and join us.

We would like to send best wishes to any members who are not well, our thoughts are with you, hurry back.

Pat & Gloria

## 79 years ago

As reported in the Argus on Tuesday, 6 May 1930

### Drysdale

The Methodist autumn flower show showed a profit of £54. The batting average trophy in the Geelong senior matting competition was won by Richard Grigg of the Drysdale club.

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### MULTICULTURAL GROUP

A multicultural group has commenced at Springdale Wednesday mornings at 9.15am. Dr John Norman is the facilitating this group. The focus is on conversational english with an Australian lilt. **For more information contact Springdale (03) 5253 1960.**

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# Meals without Meat

People choose to eat vegetarian food for all sorts of reasons, whether on moral grounds, health reasons, economic or simply because they prefer the flavour. Everyone enjoys good food and serving vegetarian meals is another way to be introduced to 'Meals without Meat'.

## Spinach Frittata

450gm Spinach  
2 tsp water  
4 eggs, beaten  
2 tbsp single light cream  
2 garlic cloves, crushed  
50gm cup canned sweetcorn, drained  
1 celery stick, chopped  
1 red chilli, chopped  
2 tomatoes, seeded and diced  
2 tbsp olive oil  
2 tbsp butter  
25gm cup pecan nut halves  
2 tbsp grated Pecorino cheese  
25gm Fontina cheese cubed  
Pinch of Paprika

Cook the spinach in 2 teaspoons of water in a covered pan for 5 minutes. Drain thoroughly and pat dry on absorbent paper towel.

Beat the eggs in a bowl and stir in the spinach, single (light) cream, garlic, sweetcorn, celery, chilli and tomatoes until the ingredients are well mixed.

Heat the oil and butter in a 20cm heavy based frying pan.

Spoon the egg mixture into the frying pan and sprinkle with pecan nut halves, Pecorino and Fontina cheeses and Paprika. Cook without stirring over a medium heat for 5-7 minutes or until the underside of frittata is brown.

Put a large plate over the pan and invert to turn out the frittata. Slide it back into the frying pan and cook a further 2-3 minutes. Serve the frittata straight from the frying pan or transfer to a serving pan.



### Cooking tip -

Be careful not to burn the underside of the frittata during the initial stage of cooking – this is why it is important to use a heavy based frying pan or skillet. Add a little extra oil to the pan when you turn the frittata over if required.

## SpringDale Ladies Kitchen

Someone once said the most precious thing in life is good company and good food and if that's the case that's just what happens at the Ladies Kitchen every Friday.

So if any one wants to join in, please feel free to join us on Fridays at 10am and enjoy lunch with us. We would also like to thank Rob for filling in for Anna who was on holiday for two weeks, which was much appreciated.

Also thanks to Geoff for coordinating this group. His energies and his enthusiasm bring highlights to this group.

# Pesto Potatoes

This recipe is a winner every time... tasty, fresh and a lovely warm side dish with your summer salads.



900g small new potatoes  
75g fresh Basil  
2 tbsl pine nuts  
3 cloves garlic, crushed  
100ml olive oil  
75g freshly grated Parmesan and Pecorino cheese mixed  
salt & pepper  
fresh basil sprigs for garnish

Cook the potatoes in a saucepan of boiling salted water for 15 minutes or until tender. Drain well, place into a serving dish and keep warm.

Place the basil, pine nuts, garlic and a little salt and pepper into a food processor. Blend for 30 seconds, adding gently some olive oil until smooth.

Remove from the processor and stir in the cheeses. Spoon the pesto sauce over the potatoes and mix well.

Garnish with fresh basil sprigs and serve immediately.

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# Sarah turns a Food Intolerance into a business that helps others too

*Catering for her own dietary needs, Sarah is now helping others.*

What did Sarah Baker do when she was out somewhere and wanted a tasty snack that catered to her special dietary needs? She made her own!

When she attended work and other social functions, Sarah began taking plates of her cookies muffins and cakes to share. Many friends had not realised that gluten free products could taste so good. They started asking her to make trays of cookies for them.

Late one afternoon whilst out shopping she stopped at a café and asked if they had anything gluten and egg free. Their answer was, unfortunately no, but wished they could get some. She told them about the cookies she was making for herself and friends.

A sample pack was quickly made up and delivered to the café.

Sarah contacted the council and asked about getting her kitchen registered.

Within a week and just in time to meet the delivery date of the café's first order, the council had inspected and registered her kitchen.

A friend mentioned that the Australian Taxation Office offered a free service where a representative would come to your home and help you set up. He spent a number of hours helping her to organise her books.

**Sarah is on her way to become the 'Gluten Free Cookie Queen'**

To sell her cookies labelled as Gluten free they needed to be laboratory tested to prove that they are. After a trail of phone calls, she found herself talking to a laboratory that would test her cookies for Gluten and Egg free to Australian Food Standards.

Strict adherence even to the use of separate utensils is a must, if your customers have allergic reactions to certain foods. The Coeliac Society website is a good resource for information on Gluten intolerance.

Sarah's Gluten and Egg Free cookies are an example of turning a negative into a positive. **They may be in your favourite café, or contact Sarah directly to order your own packs, by telephoning Sarah on 0427-646-274 or emailing at [sarahbakersgoodies@gmail.com](mailto:sarahbakersgoodies@gmail.com) for a price list.**



## Experiment with herbs and spices

Vegetables mix well with herbs, but most people are reluctant to experiment with them. Often they have been served food with herbs in quantities far too large for that dish. Herbs are meant to complement, not to dominate a dish.

There is a tendency, by those who like to keep a selection of herbs on the window sill or in a spice cupboard, to use several herbs at the same time. There are few herbs that complement each other. So if in doubt use one.

When using dried herbs instead of fresh ones, the flavour is more concentrate so use less amounts. Herbs are sometimes expensive to purchase so why not grow your own and when you have an abundance, pick them on a dry weather day prior to the sun rising and hang them up in bundles in a cool place or lay them on brown paper in a cupboard. Do not oven dry herbs as they will lose their pungency. When they have dried strip the leaves from stalks and store them in air tight jars. The seeds may be kept for the following year and store in an envelope or once again in an air tight container, name and date the seeds.

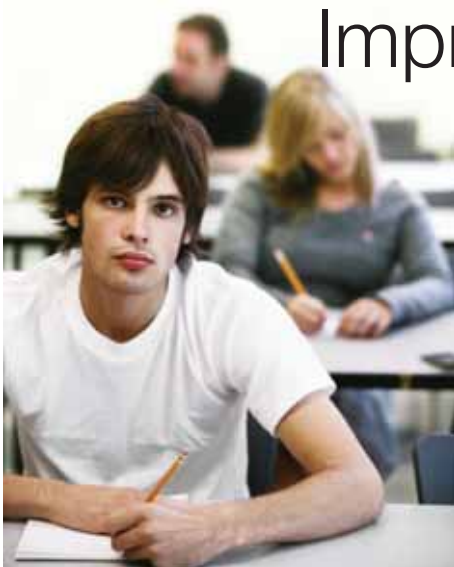
### CUT OUT & KEEP

**Following is a table of herbs that complement fresh foods. However, because everyone has a different palate, try experimenting with variations of your own.**

<b>Aniseed</b>	– carrots, beans peas	<b>Fennel</b>	– asparagus, beans, potatoes, carrots, peas, onions, leeks, celery & cream sauces
<b>Basil</b>	– salad vegetables, tomatoes, eggplants	<b>Ginger</b>	– all vegetables
<b>Caraway</b>	– beetroot, cabbage, onions	<b>Marjoram</b>	– vegetables stews, potatoes, peas, carrots
<b>Cardamon</b>	– beetroot, cabbage, eggplants	<b>Mint</b>	– most young vegetables, peas, carrots, corn, new potatoes
<b>Celery seeds</b>	– salad vegetables, cabbage, beetroot, sweet potatoes	<b>Mustard seeds</b>	– cabbage, potato salad
<b>Chervil</b>	– asparagus, salad vegetables, potatoes, tomatoes, beans, spinach	<b>Nutmeg</b>	– asparagus, spinach, broccoli, brussels sprouts, pumpkin
<b>Chives</b>	– salad vegetables, mashed potato, tomato, asparagus, carrots	<b>Oregano</b>	– tomatoes, eggplant, zucchini
<b>Cinnamon</b>	– sweet potatoes, corn, carrots	<b>Paprika</b>	– corn, cauliflower
<b>Coriander</b>	– soups, casseroles, eggplants, zucchini, pumpkin	<b>Parsley</b>	– all vegetables
<b>Cumin</b>	– eggplants, zucchini, tomatoes, onions, cabbage, pumpkin	<b>Rosemary</b>	– peas, spinach, cabbage, vegetable stews
<b>Dill</b>	– all spring vegetables, salad vegetables, cucumbers, cabbage, eggplant, zucchini, marrow, pumpkin	<b>Sage</b>	– onions, tomatoes, leeks
		<b>Sesame seeds</b>	– all salad vegetables, eggplants, cauliflower
		<b>Thyme</b>	– eggplants, onions, beetroot, zucchini, marrow, cauliflower



## Improving teenage performance



Jan was concerned about her 15 year old son. His school marks were dropping and he was becoming non communicative. He seemed unhappy and didn't seem to be getting as much satisfaction from playing football as he once had. He loved to sleep and consequently had stopped eating breakfast. He would buy his lunch at the school canteen, eat at the shops with his friends on his way home, and often miss eating with the family at night because of footy practice.

Higher levels of behaviour and emotional problems are associated with a more Western style of eating

she made him wholegrain rolls of meat and salad lunch and fruit for snacks. She replaced water and milk as drinks in the fridge instead of soft drinks. Jan made an effort to have dinner ready for when he

came home from his footy practice. Jan used a strength based approach by providing healthy food options for her son. Both Jan and her son noticed the improvement in his concentration and subsequently how much better he felt.

**If you have any concerns regarding a dietary issue for yourself or any member of your family, consult a**

**Dietitian at Bellarine Community Health.**

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Research shows that eating breakfast can improve cognitive function, academic achievement and school attendance and can enhance the quality of students' diets and is associated with less mental distress among adolescents. The more core food groups included in the breakfast, the more the behaviour improves.

Jan decided to visit her local community Dietitian. She discovered that there is a link between Western-style diets and more mental health problems in teenagers. Higher levels of behaviour and emotional problems are associated with a more Western-style of eating, namely a diet high in takeaway foods, red meat, confectionary, soft drinks, white bread and unrefined cereals, while these problems are less among teens with a healthier style of eating, specifically those who ate more fruit and vegetables.

After some negotiation Jan was able to encourage her son to get to bed earlier so he could get up in time to eat a balanced breakfast of wholegrain cereal, reduced fat milk and wholegrain toast. Most days



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## Buy Nothing Day

The International **Buy Nothing Day** is a day designed to increase participants' awareness of their spending habits and to think about mass consumerism and its effect on the cultural and natural environment of the world. People are encouraged to not make any purchases throughout the entire day and will be celebrated in Australia, on **Friday 27 November, 2009.**

## Funeral Information Options & Advice

Long time Bellarine resident and Funeral Director Alan Miles, can help with all your funeral inquiries and information on local cemetery and cremation options.



Alan believes flexibility is a very necessary thing these days. "Services can be of very traditional memorial nature. They can be thanksgiving or celebration services. Whatever the style of service requested, it is good to spend a significant part of the service focusing on the lifetime of the person who is being farewelled."

Obligation free advice on all aspects of pre-planning a funeral is also available.

**Call Alan for a no obligation  
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# Vacation Care Program is full of fun



Once again the Vacation Care Program, run by the Getting Active team, was a great success. The children enjoyed a variety of activities last holidays including sand bottles, window painting, creating mini volcanoes, Christmas craft, Footy Friday, cooking, soap monsters, a trip to the cinema, a jumping castle, Getting Active sessions and much more. We have received very positive feedback from both our parents and the children and it is great to see the kids in the street saying they can't wait to see us again in the next holidays. Here is what some of our parents had to say.

*"Excellent, our kids had a lovely balance of exercise, craft activity and creativity as well as the chance to enjoy a movie".*

*"Loved the Getting Active component of the holiday program".*

*"Very well organized, excellent staff knowledge. I felt comfortable leaving my child".*

Most days of the last school holidays were fully booked. In order to provide a quality program we have restricted our numbers to 20 per day therefore if you are interested in booking in your child for the January school holidays we suggest you book in now to avoid disappointment. **We are looking to offer three weeks of Vacation Care starting the 11 January 2010 (numbers permitting).** Some of the activities planned include; cooking, tennis, excursions, garden creations, cricket, kite making, wooden craft, circus theme day, Australia theme day, pirate day and mini golf. Due to increased demand, in order to ensure your place a deposit must be given at time of booking and full payment must be received prior to the commencement of the program.

Holiday Programs are designed for the kids to be active and creative

Failure to do so may result in the loss of your child's place. We are pleased that our program has been so well received and are committed to continue providing a quality program for our community. Thank you to Mercedes for all her hard work behind the scenes and also to Brett. From all of us at the Getting Active team we would like to thank all the families that have supported the program this year and look forward to caring for your children in 2010.

**Enquiries and bookings for the January holiday program are being taken by the Springdale Neighbourhood Centre (03) 5253 1960.**

**Kristie Miles, Director**  
Getting Active

## Drysdale & Clifton Springs Community Association

### Consultations or Public Relations

Drysdale and Clifton Springs are changing very quickly, as people who live and work here know. Some people welcome this, believing that any development will be good for the area. Others believe that 'growth for growth's sake' will destroy the towns' character and history. As the Drysdale and Clifton Springs Community Association (DCSCA) discusses local developments with organisations such as the Council, VicRoads and Barwon Water, we emphasize that by itself, consultation isn't enough; people who are consulted must see their views being acted upon or receive a clear explanation as to why not. Otherwise, consultation is just Public Relations by another name.

At present, it isn't always clear whether and how CoGG councillors and officers are hearing and acting on citizens' voices. DCSCA has opened discussions with local councillors about how to improve CoGG's consultation processes.

### Meeting and greeting the locals

DCSCA's incoming committee is keen to meet the various groups and organisations in our community. We're actively asking

people what they think about developments in Drysdale and Clifton Springs and whether and how DCSCA can help to get their views heard and acted upon.

We're also trying to raise DCSCA's profile in the community by explaining why the DCSCA exists, what we do, how people can get involved in our work and the benefits of doing so. If your group or organisation would like someone from the DCSCA to talk about its work and the benefits of forming a partnership with us, we'd love to hear from you.

### Keeping up with developments

1. Jetty Road. CoGG has published the report of an independent Planning Panel that was established to consider various objections to this development. Most of the objections came from the current property owners, so much of the Panel's report concerns them, too. Local residents' objections receive little consideration. See the report at: [www.geelongaustralia.com.au/residents/planning](http://www.geelongaustralia.com.au/residents/planning)
2. Drysdale Town Centre. CoGG officers have produced a further Draft Drysdale Community Infrastructure Report. It is

accompanied by a summary list of the points made so far in public consultations, in which DCSCA has been very active.

**For a copy of the Draft Report, contact Ms Carmel Boyce, a Social Planner with CoGG (Tel. (03) 5272 4702; email [cboyce@geelongcity.vic.giv.au](mailto:cboyce@geelongcity.vic.giv.au)).**

**Contact DCSCA. By email: [dryclift@bigpond.com](mailto:dryclift@bigpond.com)**

**By post: P.O. Box 581, Drysdale, Vic. 3222**

**Patrick Hughes, DCSCA Secretary**

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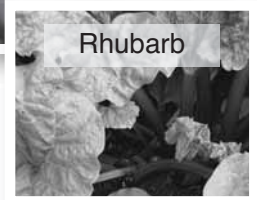


## around the **garden**

# Gardening - a great cost effective and fitness regime



Cucumbers



Rhubarb



Radish



Tomatoes

The pleasure of creating a garden is so worthwhile especially when you can eat what you grow.

Melbourne Cup day is the time that all conservative gardeners plant out their tomato crops. The day and night conditions, that is temperature, is now perfect for optimum tomato growing. Choose a fruit and flower fertiliser to promote a healthy and high yielding crop. If the weather stays good you should be enjoying them at Christmas.

*I have my own salad recipe...  
it follows something like this.*

**Take one punnet each of the following ingredients; tomatoes, cucumbers, lettuce, radish, onions.**

*Prepare the dressing...*

**Combine in a bucket, animal manure, add a few cupfuls of blood and bone, a dash of potash and stir to combine.**

**Add to the soil, wait a week or so then pop the ingredients into this mixture.**

**Keep adding worm juice at regular intervals and soon you will be enjoying your own home-made salad. Corn, beans and zucchini can also be added now.**

mulch the entire garden. This helps to prevent moisture loss.

All bulbs will benefit from a good feeding of Dynamic Lifter now, as this will encourage new flowers for next season. The flower garden is blooming its head off and this year seems to be just perfect for the roses. Prune camellias and daisies as they finish flowering. Don't forget to check moisture levels in pots, as these can dry out quickly. An application of a good wetting agent will help this problem.

Now is the time to enjoy your garden before the weather becomes too hot. If you put in some effort now you will reap the rewards.

*Till then, happy gardening,*  
**Lorraine**

If you grow asparagus, keep picking it regularly as this crop literally grows before your very eyes. I heard that 2cm a day had been recorded. Rhubarb is also a quick grower but it has a voracious appetite so apply manures or liquid feed regularly.

As we are still on water restrictions, saving water is top priority. Keep buckets in the shower, and jugs in the kitchen basins and you will be surprised at just how much water can be harvested. October had some really good rain and now is the time to

Rick Paradise

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# Lions Peace Poster Competition



*Judges determining the winners*

The judging of the Portarlington/Drysdale Lions Club Peace Poster Competition was conducted at the Lions Den at Portarlington by 3 teams of local artists, who sifted through some 150 entries prepared by local students. Five Primary Schools participated and the winning entries were selected as follows

#### **Christian College**

1st Rochelle Fitzpatrick,  
2nd Madeline Baker, 3rd Lucas Arnold

#### **Clifton Springs**

1st Shaun Jarvie, 2nd Elizabeth Sprigg,  
3rd Emily Roberts

#### **Drysdale**

1st Holly McDonald,  
2nd Emily Kennedy-Davis,  
3rd Emma Hayden

#### **Portarlington**

1st Ianthe Chester, 2nd MJax De Boo,  
3rd Rachel Middleton

#### **St Leonards**

1st Tylak McIntosh, 2nd Maddi Maloney,  
3rd Jayden Hall

The five winning students have taken the first step to becoming internationally recognized artists selected from their local school's competition.

Their winning entries will now be forwarded onto the Lions District to face stiff competition at the District Final, then Multiple District Final [Australia/Papua New Guinea] followed by the International Final to be held at the United Nations Headquarters in New York.

President Geoff Webster said that Lions members and judges alike were very impressed with the creativity and expressiveness shown by our young artists. These young future citizens had obviously thought deeply about the meaning of the 'Power of Peace' – the theme of the Peace Poster Competition.

"We are also very grateful for the involvement of artists from the Port Art Group and Geelong College who made up the 3 teams of judges". President Geoff said. "Our involvement with young people is an important part of Lions activities," he added.

Next month our Club will be holding our Youth of the Year local final and we also hope to become involved with the Childrens Charity Network by investigating the running of Seminars for budding young authors and book illustrators.

**For further information please contact Publicity Officer Lion Cam McLean on (03) 5259 1481.**



During the month I was approached by a long term resident of Drysdale Pat Rawlings (nee Lunn). Pat wanted to share some of her memories with the community as well. Kel and I met with Pat and it was interesting to hear so many shared memories and tales.

Over the next month we will put Pat's memories of living in a small shop in High Street and *manning* the Drysdale

telephone switch board into some interesting stories for us to enjoy. Last month we wandered down the East side of Princess Street in the 1940s – now we'll wander back up the West side.

Drysdale Police Station and gaol was where the City of Greater Geelong Day Care centre and the Drysdale Kinder are. The Policeman of the day, Bob Clarke, would have watched you driving around and would issue a license after observation. He would say something like "I've been watching you lately – you've been doing a fair bit of driving" and that was the test, then Bob would write out the license.

SpringDale now stands where there used to be a grassy area at the back of the Methodist Church Hall.

The last building on Princess Street is the Drysdale Historical Society but in 1940's the back two rooms housed the Bellarine Council Office, run by Arnold Dean and Miss Moffat. Kel would go there to trade starling eggs for pennies. The front part of the building was the Drysdale Court House. We both remember it being used as the first Kinder in Drysdale after it ceased to be the Court House and Council Office.

**Anne Brackley**

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**Dates/times:** Mon 23 Nov 9am – 3pm

**Fee:** \$85 **Tutor:** GATE **Room:** Kitchen

**Don't delay - phone SpringDale on (03) 5253 1960 for more information - your inquiry is welcome.**



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Bianca & Lily

After an information packed visit from the Drysdale Fire Brigade, four year old Lily put all her new knowledge into action. On a drive home from town, Lily and her mother Nicole were confronted with the sight of a car fire. Lily quickly recalled all she had learned. She told her mother to stay calm and asked her to call 000. Lily then asked Nicole to check if anyone was in the car, to get them to stay calm, to get down low and go, go, go and said that if they did have any fire on them to stop drop and roll. Luckily no one was in the car but Nicole was so proud of Lily and how calmly she reacted to the situation. After receiving a thank you note, the Drysdale Fire Brigade also said how proud they were of Lily and made a return visit to the Pre-school to thank Lily in person.

## Letters to the editor

*I just wanted to let you know what a wonderful way you keep us in touch with what is happening in our lovely town. The 'Walk to Water' event inspired my friend and I to walk the rail trail which we have been keen to do for some time. We were pleasantly surprised to see so much that you don't get to see when travelling in the car. It would be handy to have a couple of seats along the way to recharge your body.*

**Well done to Patsy and her team  
Thanks again SpringDale,  
Debbie N  
Drysdale**

## South Australia – ahead of the rest

*Over the past three weeks I travelled around many parts of South Australia. What a change from Victoria. Wherever we went there was no rubbish. Perhaps there are three reasons: For many years South Australia have had a deposit on bottles and cans. They are the first State to ban plastic bags. Finally, and probably most importantly, wherever you travel there are rubbish bins. Victoria's idea of taking home your rubbish works for probably 90% of the community; however there are 10% who will never conform. Why should the rest of us suffer?*

*The rubbish here has to be picked up by councils or VicRoads. Wouldn't it be easier for them to empty bins.*

**Lindsay Wright  
Bellarine**

## Bellarine Rail Trail - intensive planting program progressing



Left: Bellarine Secondary College  
Below Left: North Geelong Special College  
Below: Leopold Scout Group

We welcome the opportunity to work with any other youth groups who may be interested to do so



thousand new seedlings direct from seed or cuttings. Many of these seedlings have now been planted and as we move towards the expected dry summer season, our work emphasis will be upon maintenance of the existing plants and weeding of the plantations.

We extend a warm welcome to those interested in joining us in this continuing revegetation project along the Bellarine Rail Trail. Our volunteers come from far and wide – Newcomb, Geelong West, Leopold, South Geelong, Whittington, Wallington, Drysdale, Clifton Springs, Bellarine, Portarlington and Ocean Grove - and all enjoy the teamwork involved and the camaraderie generated.

In recent weeks we have also enjoyed the participation in our working bees of students from Bellarine Secondary College, North Geelong Special School and also members of the Leopold Scout Group. It is gratifying to see younger members of the community involved in this revegetation program, and we welcome the opportunity to work with any other youth groups who may be interested to do so.

**Peter Cowden**

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Bellarine Rail Trail Progress 2009 has been another year of accomplishment for The Friends of the Bellarine Rail Trail group. Recent good rains after years of drought have been helpful, and provided us with conditions favourable to our intensive planting program. Our total plantings now exceed 52,000 plants, with a high retention rate due to the use of recycled water, provided courtesy of City of Greater Geelong, and considerable mulching. Barwon Water has allowed us the use of their Community Nursery in South Geelong, to propagate several





L-R: Jeff, Norma and Jack.

We commenced as a family business in 1960 as DG & NJ Mortimer general carriers and firewood merchants. During the period from 1960 to 1990 we were carriers and potato growers with a small petroleum business. We had contracts with the State Rivers and Water Supplies for ten years, also with other farms.

When David and Chris became managers of the company it became almost wholly a petroleum company with a wholesale business covering a fair portion of Western Victoria. We also have three Service Stations at Drysdale, Batesford and Meredith.



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## Drysdale Guides

I would like to congratulate the Drysdale Guides on their participation in the Lady Stradbroke Cup Camp again this year. Lady Stradbroke was the wife of the Governor of Victoria from 1921 to 1926. On her return to England she had a silver cup crafted to be given to the winner of an inter company competition. Each region has a Lady Stradbroke Cup Camp usually annually. Our region's camp was held at Moggs Creek. Most of the Drysdale Guides had not been to this camp before and enjoyed being able to cook their own meals and roster their own tasks etc.



Well done girls.

Anne Brackley, Drysdale Guide Leader

## Bunyip Festival

It's true, the 30th Bunyip Festival in 2010 and it will be held at Clifton Springs Primary School. We have asked the students to come up with the theme and we encourage any group who would like to participate in the day or anyone who would like to help us out by donating a prize for the major raffle.

It is a great way to get your name in 20,000 houses. Looking forward to hearing from anyone who would like to take us up on this offer.

Anne Brackley  
on behalf of the Bunyip  
and the Bunyip Festival





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L-R: Jeff, Norma and Jack.

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*Well done girls.*

**Anne Brackley**, Drysdale Guide Leader

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on behalf of the Bunyip  
and the Bunyip Festival



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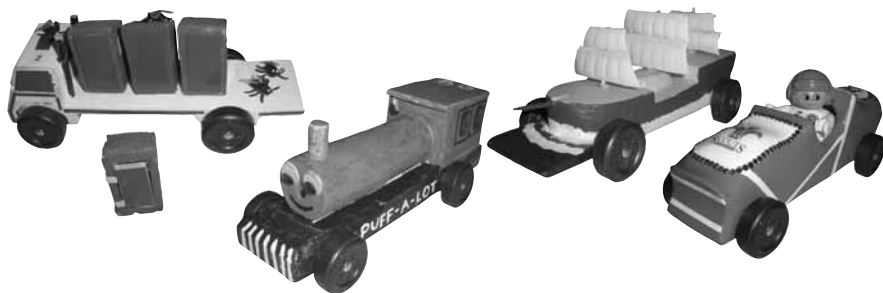
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# Pinewood Racing - a heap of fun



What is a Pinewood Race? A heap of fun! It is kids and parents racing hand-made, gravity-powered, wooden cars of various shapes and colours, rolling on plastic wheels down a nine and three-quarter (9¾) metre long, straight track. Each racer is only allowed to race one car (this rule is relaxed for parents). This race competition is only a small part of the annual event held in August. The building of the car, from coming up with the design to applying the last coat of paint is where the real fun is at.

This block of wood on wheels may end up looking like a car, an animal, a UFO, a vegetable or even a coffin on wheels. On race day bring your whole family and all your friends.

## How does it work?

1. **Get a kit – (Official BSA Pinewood Kit which includes 15cm block of wood, 4 axles, 4 wheels and car number decals)**
2. **Design a car with your own imagination**
3. **Shape and paint the block of wood**

## 4. Add the wheels and axles

## 5. Race with new friends

## 6 Have FUN.

*Under 14 year olds only, you don't need to be a Scout!*

The event is hosted by the 1st Portarlington Scout Group. Parents welcome to have a go. Kits cost \$20.00 and are available from Jocelyn phone **0407 886 170** or email

**gl@portscouts.com.au** – Bookings Essential – Limited Kits Available. Cost covers – The kit, car building workshop e.g. *paints, weights, tool use etc, Race Day costs, Certificates and more.*

**Workshop Date (for designing, painting and building cars):  
Saturday, 14 November 2009**

**Race Date: Sunday, 15 November 2009**

Workshop and Race Day will be held at the Portarlington Scout Hall.

## Clifton Springs Primary - A message from our new principal Brent Richards



*I am honoured to be joining the Clifton Springs Primary School Community and thank them for the extremely warm and encouraging welcome. I have a wife named Georgia and 3 children Finn 7, Neve 6, and Jonty 2. We currently live in Bannockburn and I am commuting to Clifton Springs daily.*

*I have taught in a range of schools from small country schools to large inner city and suburban schools both in Victoria and the United Kingdom. I am in my eighth year as a Principal.*



*I have a passion for public education and have been successful in working with students, staff and the community to develop a rich and engaging school environment. I have an entrepreneurial and innovative history in school improvement and look forward to gaining an insight into the opinions and ideas of all members of the wider CSPS learning community.*

*The focus for every government school is to give every student a quality education and that is certainly the focus at Clifton Springs Primary School. The heart of a quality education is to provide a strong focus in the core areas of Literacy and Numeracy complimented by opportunities to enrich, extend and engage students through a rich authentic curriculum. I have a very keen interest in sustainability and the environment. Obviously the fact that Clifton Springs Primary School already has a keen focus in these areas,*



*made the Principal position here very appealing to me and I feel that we have made a good match.*

*I met with the Parents and Friends Association and it was great to hear some of the interesting things the PFA are doing to raise funds to support the students at Clifton Springs Primary School. I am eager to work hard with the school council to benefit all members of our school community.*

*The school is celebrating its 21st birthday on November 20th with a community bush dance at night and many memories of the first 21 years on display throughout the day.*

*Again my thanks to everyone for the warm welcome that I have received already from many of you and I look forward to meeting more community members.*

**Brent Richards, Principal**

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# The Bellarine Sharks Soccer Club prepares for a Bumper Season of Soccer

Australians are preparing for their national soccer teams entry into the World Cup next year. With nearly one million people already playing soccer in Australia numbers are set to boom with our World Cup campaign in 2010. The Bellarine Sharks Soccer Club provides soccer teams for players particularly from the towns on the north side of the Bellarine Peninsula including St Leonards, Indented Heads, Portarlington, Clifton Springs and Drysdale although some players do come from outside this target area. The club is fully aware of the surge of public interest in the world game with 7 teams this year set to expand into double figures next year. In preparation for this expansion the club has supported parents who have shown an active interest in helping out on the field as junior coaches. Pictured are this years graduates from the FFV Grassroots Junior Coaching Course held at the club during the season. From left to right our new coaches are Leon Moulton, Blake Schembri, Paul Clissold, Mario Lazaric, Matt Nagler, Mark Gillies, Raff Trinidad and Keith Smith. Unfortunately Tanya Hogan was absent from the photo.



These newly qualified coaches will be the backbone of our development of junior teams and will join the rest of the coaching staff at the Bellarine Sharks in 2010.

As the winter season comes to a close the Bellarine Sharks is organising indoor training at Bellarine Secondary Colleges Gymnasium every Sunday morning from 11 to 1pm. Starting with primary school aged children at 11 and older youth and adults at 12 noon. **Anyone interested in joining in the Sunday indoor sessions should contact Murray or Donna on (03) 5257 2106. Training will run until Christmas.**

## St Leonards Primary School

### Sports, science and spelling

St. Leonards Primary School has been very busy with students involved in a variety of academic, sporting, environmental and artistic programs. We have moved out of the old school into portables in preparation for our new school building to begin. The original school building that we now use as a library will be retained, but the office, staff room and classrooms will all be part of the new facility.

Students from grades 3 and 4 played a round robin bowls competition at St. Leonards Bowling Club, supported by club members who gave them some pointers on how to play. The winning team was Taylah, Cooper, Chelsea and Brody. Thanks to the Club and particularly Ian and Rob for their patience and assistance.

Some students participated in the University of NSW Australian Schools' Competitions. We have received results for Science and Spelling.



Distinction and Credit certificates were awarded to:

#### Science

**Distinction:** Jayden Hall, Liam Campbell  
**Credit:** Cailen Lee

#### Spelling

**Distinction:** Kalvan Cripps  
**Credits:** Zac Thompson, Cailen Lee

St. Leonards Gold Under 14 basketball team played off on the winter season Grand Final and won 41 to 39, a fantastic performance. Austen Krueger was named Most Valuable Player for the game. Well done, boys.

Bay FM's Breakfast with Laurie and Paula was broadcast from our school recently. Many students had the opportunity to present the weather or tell a joke on radio. There were lots of games and prizes and a sausage sizzle breakfast.

We are now accepting enrolments for 2010, so if you have a child commencing school next year, or if you know of someone who does, please make sure you collect an enrolment form from the office.

Natalie Jenkins

## Clifton Springs Playgroup Twilight Market

Don't forget the **Twilight Market** held in the **Clifton Springs Primary School** on **Friday 13 November, 6-8.30pm.**

More market stalls, entertainment for the kiddies, sausage sizzle and drinks, coffee van, hot donuts and ice creams, jewellery, plants, scrapbooking and so much more.

Come along and support this major fundraiser for the group and enjoy it all, bring the family, something for everyone.

**For more information - Bridie Newell**  
**Market Coordinator 0423 301 009**

## Invitation Twilight Triples for Triers

**Lawn Bowls at Drysdale Bowling Club**

*Perhaps you have never bowled before or maybe you have been on a bowling green just a few times. In either case, this event will be for you!*

The Drysdale Bowling Club invites you and two partners to enter a team in our **Twilight Competition** for inexperienced bowlers to commence at 6pm sharp on Wednesday evenings on:

2009	2010
25 Nov	27 Jan, 3 Feb
2 Dec	10 Feb, 17 Feb
9 Dec	24 Feb

Your team of three inexperienced bowlers will have an experienced bowler on the green with you showing you what to do. You may nominate him/her or we will nominate one for you. He/she will be your Host and Manager. Teams may change players (in case of other commitments or illness etc) but we ask that each team plays on every one of the listed evenings. Flat soled shoes are required and bowls will be provided. \$6 per head per week includes a sausage sizzle before the game and supper afterwards. **Hope to see you there!**

Entry forms can be obtained from the Drysdale Bowling Club by phoning 5251 2335.



**CLIFTON SPRINGS TENNIS CLUB INC**

**Tennis Players Wanted**  
**Clifton Springs Tennis Club**

**Tuesday Night Mens Competition**  
**A & B Grade Standard Singles And Doubles**



# Clifton Springs Golf Club...

## Entertainment Dining, Golf and more...



**New Daylight  
Saving Dining Hours**  
• Lunch 12-2pm  
• Dinner 5.30-8.30pm

**'play by the bay'**  
fantastic views at...

  
**Clifton Springs**  
GOLF CLUB

## golfing memberships

- **NEW 7 DAY GOLFING MEMBERSHIPS ONLY**  
**\$423** November 09 - June 10
- **WEEKDAY MEMBERSHIP**  
**ONLY \$317** November 09 - June 10
- **DAYLIGHT SAVING MEMBERSHIPS**  
From Sunday October 4, 2009  
to Sunday April 4, 2010  
**6 MONTHS GOLF FOR JUST \$380.00**
- **Green Fee Players Welcome - \$25 for 18 holes**  
For all golfing and membership enquiries  
please phone (03) 5251 3391
- **Sunday \*Carvery** 3 Course **\$15.00** 
- **Sunday Night is \*Parmi Night**  
Original, Italian, Aussie or Hawaiian **\$13.00ea**
- **Friday Night is \*Steak Night**  
Porterhouse or Rump **\$17.00**
- **Saturday Lunch \*Soup & Main \$10.00**  
\* Conditions Apply

**POTS FOR  
GLASSES  
PRICES**  
**Friday Night**  
5.30-7pm

**MEAL  
SPECIALS**  
Try our fabulous  
Lunches priced  
from \$7.50  
**Monday-Friday**  
only

**MEMBERS DRAWS**  
• **Friday & Saturday Nights**  
• **Friday** - all categories  
• **Saturday**  
- Golfing Members only  
• **Regular Raffles**  
- every **Friday night**

**'Take It To  
The Limit'**  
**The Eagles Story**  
**Saturday 21 Nov**  
**2 Course Meal**  
**\$50.00 per person**

Present this coupon & **SAVE** with the...  
**\$6<sup>50</sup>** **meal deal**  
**Monday to Thursday**  
**Evening Meal in the**  
**Springs Bistro**  
\* Buy one main meal off our menu  
and receive another of equal or lesser  
value on presentation of this coupon.  
\* Not valid Public Holidays or Long Weekends  
Valid to 30 November, 2009.  
\* Conditions apply - not available on all meals.

For Bookings and further information please telephone the club on (03) 5251 3391  
**Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS**