# **'ingDale**



ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc

# Come and Celebrate the 30th Bunyip Festival



ring your friends and family

It is hard to believe that this will be the 30th Bunyip Festival. Over the last 35 years so many people have had so much fun bringing this festival together, sharing great food,

entertainment and excitement with our community and also raising hundreds of thousands of dollars for Drysdale and Clifton Springs Primary Schools.

This year we will have Lisa Neville opening the festival at 10am, with the newly formed Bellarine Community Choir singing. There will be food, showbags, rides, second hand books, white elephant, cake stalls, demonstrations, market stalls and Battle of the Bands.

It began as community festival to celebrate 100 years of Drysdale Primary School and continues to strive to be a festival for all.

Please come along and celebrate the longest running Festival on the Bellarine on Saturday 20 March 10am-3pm at **Clifton Springs Primary School, Jetty Road Clifton Springs.** Please phone (03) 5251 3158 for more details.



Start something exciting today and enrol in a course from the comprehensive 'Course & **Opportunity Guide'** 

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Wayne, Lisa, Bev, Sandra, Rhianon or Kate

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## COMMUNITY EVENTS AND ENTERTAINMENT CALENDAR

# MARCH

- BELLARINE AGRICULTURAL SHOW
- · CLEAN-UP AUSTRALIA DAY
- · SKIPPING GIRL VINEGAR POTATO SHED

- INTERNATIONAL WOMEN'S DAY
- LABOUR DAY HOLIDAY

SATURDA

 SPUD FEST POTATO SHED

· ST IGNATIUS OPEN DAY POTATO SHED

 BUNYIP FESTIVAL AT CLIFTON SPRINGS PRIMARY SCHOOL

- GEELONG HIGHLAND GATHERING 9AM-5PM
- · DRYSDALE MARKET 9AM-IPM

22 · GEELONG HARMONY CHORUS SCHOOL WORKSHOP POTATO SHED

- TERM I ENDS
- SPUD CLUB POTATO SHED

EARTH HOUR B.30PM-9.30PM

PORTARLINGTON MARKET 9AM-2PM

 NOMINATIONS CLOSE ADRIAN MANNIX AWARD



SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

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#### Copy Deadline for April 2010 Issue Friday 1 March

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SpringDale Neighbourhood Centre

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The SpringDale Messenger

Production & Designed by Lyn Ingles - blue pencil publishing

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

#### **Editing of Contributors Material**

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



SpringDale Neighbourhood Centre will be CLOSED on Monday 26th April. Anzac Day Holiday

#### Dear Friends

Thank you to everyone who has renewed their membership over the last month. It is heart-warming to hear so many people ask to renew their membership, looking forward to participating with us this year and thank us for the services that we provide.

I heard someone speak about the interesting people that you can meet if you have money and travel in those circles. I laughed and then reflected on how rich life is at SpringDale because of the enormous variety of people that we are lucky to meet; ranging from children just starting out on life's journey, to special people who have held powerful national and international jobs, to truck drivers who enjoy calligraphy to PhD holders and the list goes on and on.

We have had a steady stream of people through the door to offer their skills to our community. New ideas include felting, card making, doll making and energy sharing. More information about these courses will follow. We love to hear from people who have developed skills and would now like to share these skills with our community.

I would like to congratulate City of Greater Geelong Youth Development team for running an exciting program of activities for our local youth members during January. The car park was transformed into a skate park and the hall was transformed into an activity centre which included card making, jewellery making and Wii playing.

We look forward to this team regularly visiting the centre in the next school holidays and also being at the Bunyip Festival.

The Vacation Care program which began just over a year ago is proving to be very successful and worthwhile for our community. This was a goal of our Strategic Plan and we thank the community for supporting this program so well. We only have positions for 20 children and bookings for next school holidays are filling fast.

I watched a DVD about Pythagoras recently. I had only known of his mathematical equation but the DVD went on to outline his work in developing a community that he wished to live in. My role as Coordinator of SpringDale is one of community development but I had never looked at it from Pythagoras' perspective. I seem to be trying to develop the community in which I wish to live I think that is why I love investing my time at SpringDale so I can help to develop the community in which I want to live.

Isn't it amazing that everything I do relates back to SpringDale. Hoping to see you at SpringDale soon.

Warm regards

#### **Anne Brackley**

for the SpringDale team



Sample of the cards that can be produced in the Card Making Class.

# UPDATE @ SpringDale

#### What's new

#### **Free Ballet Session**

Refresh or learn about ballet for free with tips, positions and technique on Monday March 15 at 11am. Please ring SpringDale on (03) 5253 1960 to make your reservation.

#### Men's Wed Night Cooking

Experience the creative, social and health benefits of cooking through an informal class. Tempting recipes including Coconut Curry Chicken, Spanish Fish Cakes and Pineapple Upside-Down cake will be selected. Be quick to reserve your place in this new group on Wednesday nights from 5pm to 8pm. Please phone SpringDale on (03) 5253 1960 to secure your position.

#### **Monthly Friday Slow Cooking**

This is a wonderful opportunity to get together once a month for men and women to learn slow cooking techniques and to share a meal together at the end of the evening. The first session will be on Friday April 16 and the tutor is Gaylia Lowe. See Course Guide for more information.

#### Volleyball

No experience or bikinis necessary and play with a soft ball to exercise with lots of laughs. Drysdale Scout Hall on Mondays from 9 -10am. \$3 per session. For further enquiries ring Pauline Cline on (03) 5253 2717.

#### **Card Making**

Make your own personal greeting cards and impress your family and friends. This course will be held over 4 weeks, each week using different techniques. Course fee \$40 includes materials. Expressions of interest should be directed to SpringDale.

# Vacation Care @: SpringDale Holiday Program

Enro I your kids early for Easter Holidays
SpringDale Vacation Care.

Don't miss out Book today.

BOOK NOW!

The highlights of this coming holiday program are:

Excursion to the Ocean Grove Pool, Easter Egg making and painting, Finger puppets, Getting Active sessions, Musical Instruments and more.

\$40 per day Child Care Rebate available.

# Phone SpringDale (03) 5253 1960

Children between 5-12 years.
Conducted in a safe environment.
Register now.
Working in conjunction with Getting Active.

fv*n* games f**rie**nds



# The Course & Opportunity Guide has so much to offer....

Come and enrol in one of our diverse courses or join the variety of groups we conduct.

Visit SpringDale
Neighbourhood Centre,
17-21 High Street, Drysdale
to book into your Courses.

See pages 11-14 this issue

Phone the SpringDale Neighbourhood Centre (03) 5253 1960 for more information

The SpringDale Messenger <

# VPSSA Service Award for Mrs Mac

At the end of 2009 a representative from the Victorian Primary Schools' Sports Association (VPSSA) invited Marilyn McLaren to a special ceremony where she was presented with a **VPSSA Service Award. The following** is the citation for the award.

"Marilyn has been a Grade 5/6 teacher at Drysdale Primary School for the past 20

Congratulations

- well done.

years. During that time she has organised and coached teams to participate in all VPSSA district and school events. This has included netball, soccer, football, swimming, cross country,

track & field, touch football and cricket. She has made a considerable contribution to Drysdale Primary School swimming and surf life saving programs. She has given her time to not only support the school program, but to provide students with additional opportunities outside school hours.

Mrs. Mac has also made a significant contribution to the VPSSA State Swimming program. Since 2001 Marilyn has been a coach with the state team, including involvement in the 2005 and 2008 Pacific School Games. She has been the convenor for VPSSA Swimming since 2004 and been the VPSSA State Swimming Championships convenor since 2004.

> Marilyn has made an excellent contribution to school sport in a number of sports over many years. Her contribution extends from school sport at the local

level through to the Pacific School games. She is a worthy recipient of the VPSSA Service Award."

Mrs Mac is one of the fantastic teachers at Drysdale Primary. She is to be congratulated on receiving this service award. We are all looking forward to another wonderful year at DPS.



Award recipient Marilyn McLaren

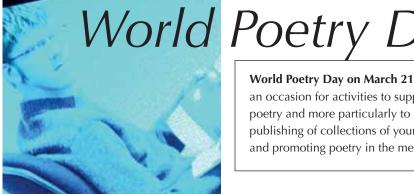


### De Facto Law **Worries?**

Come in for a free chat

A W Y E R S

1 High St., Drysdale (old Post Office) Ph: 5251 3453



MY VOICE - Therese Bryant

I have heard my voice again today As I struggle with what others have me do. I am me and why do they try and change me Asserting their pain to try and sway.

I have had my own pain and born it Do I have to have others' pain too? My voice asks this of me Or is it that I care too much.

World Poetry Day on March 21 provides

an occasion for activities to support poetry and more particularly to promote publishing of collections of young poets and promoting poetry in the media.

They come and go these people in my life Some to teach, some to listen They come borne of strife Or is it that I am afraid to let them in.

I must listen to my voice As it is there to guide me While I journey along my own path Be thy own truth it is telling me.



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# Bagpipes, Tartan & Highland Flings

Held at a new location on the Fyansford Common





No need to travel all the way to Scotland to experience all things Scottish, just take a short trip to Fyansford Common and join in the fun. This year the Geelong Highland Gathering celebrates its 53rd anniversary on **Sunday 21 March**. Witness or partake in traditional highland dancing, Clan Tents, Haggis Hurling, massed pipe bands, genealogical displays, wood-chopping competitions, archery, variety of market stalls and children's activities.

A great day out for all the family on Sunday 21 March from 9am to 5pm.

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#### High on the Hog by Dennis Saliba

Dennis Saliba is a Senior Financial Planner and Representative of Bendigo Financial Planning, a part of the Bendigo and Adelaide Bank Group.

#### You are Unique

Because U are unique it is very important when seeking financial advice that advice be tailored to your specific circumstances.

In life, people, governments and organisations are quick to categorise each other. If we can be labelled, we can be more easily understood and compared to others of a similar age group, background or level of education. Yet life isn't like this anymore,

Whilst some people marry and have children at a young age, others focus on education and career. Some will see the value in buying property, whereas others will use the share market and managed funds to grow their wealth. For many of us, better managing the money we do have and making ends meet will always be the key priority.

None of this can be neatly categorised. Just because you are officially a baby boomer doesn't mean that your ready for retirement. If you're Gen X you may not be at the peak of your earning potential or even ready to settle down.

And if others call you *Generation Y*, that doesn't mean you can't be financially savvy and already setting yourself up for a more comfortable future - one where travel, new job opportunities, investments and other competing priorities can happily co-exist.

That's the risk of putting labels on people and relying on demographics. We can fail to recognize people's unique ambitions, their personal goals and personal circumstances. So, whatever stage you're at in life - no matter how old you are, what you earn or what you own - all that matters is making the most of what you have, let's call it Generation U.

Now that you have recovered from the festive season, why not make it a New Year's ambition to seek the help of a financial planner to determine your investment goals and financial strategy before making your next investment decision. Your financial planner can then help you make informed decisions about how to invest and protect your money to achieve these goals.

Courtesy of the Geelong Advertise

This information is of a general nature only and not intended to provide neither technical nor detailed advice. Information in this article is based on information believed to be accurate and reliable at the time of publication. You should seek individual advice regarding your personal situation.



GLG 58,59 - Mark Cline C/Springs Bowls Club Clifton Springs (03) 5253 2717 2nd Monday • 7pm

GLG 68 - Doug Palmer SpringDale, Drysdale (03) 5251 2522 4th Monday • 2pm

GLG 69 - Steve Ball Clifton Springs Primary School 0403 607 544

2nd Monday • 7pm



September, BJ's 5 to 11 years Peggy The Pint Sized Pirate By D. Bocaz-Larson

Email: bellarinejongleurs@hotmail.com www.bellarinejongleursbigpondhosting.com



## <u>bellarine memories</u>

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## Drysdale Guides - proud history

This will be a great year to be a Guide as there are so many activities planned including campfires and get togethers. Planning is well under way and if you have been connected with the Guiding community over the years you might like to know about these.

I am happy to say that I have been a Guide for 44 years and a leader for 33.

I love that I have made a promise and accepted a short but comprehensive list of 10 laws that helps me to be able to make decisions daily.

Recently at a school council meeting I was surprised to hear that the Department for Education and Early Childhood Development had asked all schools to write a policy that looks awfully like the Guide laws defining

respect, consideration, making good use of time and opportunities. Lord Baden Powell knew that these laws or rules were important to keep young people on track more than 100 years ago. They were valid then as they are now.

Drysdale Guides have a proud history of youth development, service and care for our community.

Drysdale Guides meet at SpringDale on Thursday afternoons and evenings and provide activities and opportunities for girls aged between 5 and 18.

#### **Anne Brackley**

for the Drysdale Guide Family

# World Day of Prayer 2010

The Christian churches of Cameroon have prepared the order of service for this year's World Day of Prayer. Our local Day of Prayer Service will be held at St. Thomas' Catholic Church on Friday March 5 at 10am. All people are invited to attend and to join us in a cuppa afterwards.

The theme of this years' service is *Let Everything That Has Breath Praise The Lord* and the Cameroon artist drew inspiration for the cover from Psalm 150, v.6.



# Great shows at the *Shed*



This month sees some fabulous musical talent coming to the Shed beginning with one of the most talked about bands in Australia, Skipping Girl Vinegar playing Sunday Afternoon on the Labour Day long weekend. Get a table together and bring a basket of goodies for the afternoon.

CCP's popular Spud Fest returns with an exciting line up of bands including Perfect Fit, Electric Dynamite, No Way out, Nick Lovell and many more.

And of course our regular Open Mic Night is back again in March, all welcome. See you at the Shed!

For further information on any of our upcoming events or to book tickets call the Potato Shed on 52511998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.







**Show and dates for the 2010 Morning Showtime Season are;** 

#### 7 March Skipping Girl Vinegar

2pm

Adult: \$16 Conc: \$13 Table Seating

Licensed Bar, BYO basket supper.

#### 13 March SPUD FEST

All Ages - Drug, Alcohol & Smoke Free Event Noon – 10pm Presale: \$15 Door: \$20

#### 14 March St Ignatius Open Day

11am - 2pm All Welcome

#### 22 March Geelong Harmony Chorus School Workshops

#### 26 March Spud Club

6.30pm – Children / Teenagers 8pm – Adults \$6 entry includes 1 complimentary drink

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the **Potato Shed on (03) 5251 1998.** Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

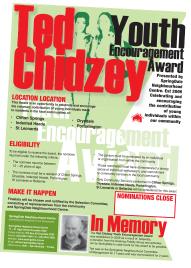
POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998



## Youth Encouragement **Award**

This award is in honour of a beloved, former Committee Member of SpringDale Neighbourhood Centre, Ted Chidzey, and







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Pages 11-14 Course & Opportunity Guide

Link to the solutions on the website is:

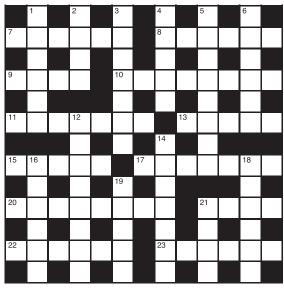
Crosswoi

http://www.crosswordsforfun.com.au/uploads/solutions/February2010.pdf

#### Across

- A bird that you can feed seed to in the park. (6)
- Charles Dickens novel. 8 Twist. (6)
- 9 What ice cream will do if it is left out of the freezer. (4)
- Vanilla, strawberry and chocolate flavour, Neapolitan
- The main vegetable in a coleslaw. (7)
- What you do if you say 'yes' to something. (5)
- Another word for clever. (5)
- The body of water between England and France is the . (7) English
- A vegetable that is shaped like an umbrella. (8)
- Dalmatians and Rottweilers. (4)
- A piece of land in the middle of the sea. (6)
- A shell-fish that is able to make pearls. (6)

- A building you go to see a movie in. (6)
- A bird's home. (4)
- A whole cricket team's turn to score runs. (7)
- A quantity of twelve. (5)
- A colourless gas that forms part of the Earth's atmosphere. (8)
- A period of ten years. (6)
- You celebrate one of these every year. (8)
- 14 Liquid used for washing your hair. (7)
- 16 Dessert, Chocolate
- 18 AFL team, West Coast . (6)
- 19 Cars and trucks are driven on these (5)
- A writing table that you sit at in the classroom or office. (4)



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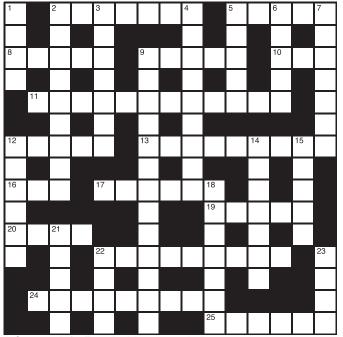
# Crossword

#### **Across**

- 2 Written acknowledgement of payment. (7)
- 5 Military wind instrument. (5)
- 8 Coconut meat. (5)
- 9 Details. (5)
- 10 Voice opinion. (3)
- 11 Works of art. (12)
- 12 Match up with. (5)
- 13 Without any obstacles. (9)
- 16 Droop. (3)
- 17 Lengths of thread or yarn coiled and knotted. (6)
- 19 Computer correspondence. (1-4)
- 20 Decorate. (4)
- 22 Song by Glen Campbell. (9)
- 24 Bewildered. (9)
- 25 Continent. (6)

#### Down

- 1 Texan city. (4)
- 2 Rescinding. (9)
- 3 Blues guitarist, Eric \_\_\_\_\_\_. (7)
- 4 Diplomat. (9)
- 5 Fundamental. (5)
- 6 Lawn mower fitting, \_\_\_\_ catcher. (5)
- 7 Grounded. (7)
- 9 Soothsayer (7-6)
- 12 Property. (6)
- 14 Country whose capital is Quito. (7)
- 15 Premature. (5)
- 18 Beach. (7)
- 21 Cove. (5)
- 22 Stare open-mouthed. (4)
- 23 Excavate (4)



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Link to the solutions on the website is: http://www.crosswordsforfun.com.au/uploads/solutions/February2010.pdf

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of puzzles, and at the same time shows your branding/logo and a special offer/advertisement,

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3		7		8	4			
9	4	5						1
6					1		9	5
7	8					4		

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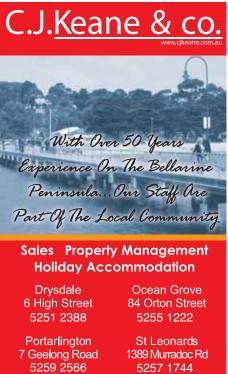
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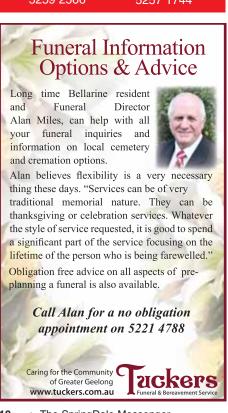
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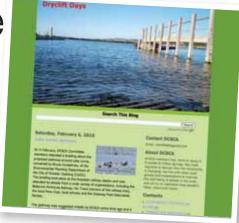
## We're online

In January, DCSCA went online, in the form of a blog called 'Dryclift Days'. We regularly post information about our activities, so that you easily see your community association working for you. To visit our blog, type

http://drycliftdays.blogspot.com/ into the address bar of your search engine (e.g. Google), then press 'Return'. Tell us what you think! You might like to become a 'Follower': click on the 'Follow' button on the right hand side of the screen and follow the instructions.







#### **Engaging with Councillors**

The DCSCA Committee has initiated quarterly meetings with our two Local Councillors - Rod Macdonald (Cheetham Ward) and John Doull (Coryule Ward). Our first meeting with John Doull was on 18 January; our first with Rod Macdonald was on 5 February. We told each Councillor of people's continuing dissatisfaction with the Council's public communication and consultation processes - most recently around the Council's proposals to rezone parts of Drysdale; and we said that these concerns were shared by other community associations on the Bellarine. DCSCA has tried to make our criticisms constructive and so we have proposed some simple changes to improve the

Council's communication and consultation policies. We have sent these to Cllrs. Doull and Macdonald and to all the community associations in the Affiliation of Bellarine Community Associations (ABCA). Other community associations have responded that they have had similar problems. See DCSCA's proposals on our blog: type 'Council consultation procedures' in the 'Search' bar.

## Keeping up with developments

- Rezoning Drysdale. CoGG proposes to rezone parts of Drysdale. Its proposals take the form of Amendments C103 and C194 to the Greater Geelong Planning Scheme. DCSCA submitted its comments on these proposals. To see these proposals explained and to see DCSCA's submission, Please visit our blog.
- 2. A Festival of Glass. DCSCA has started planning a unique cultural event for the Bellarine Peninsula the Drysdale Festival of Glass. To be held early in 2011, the Festival will combine art, craft and industry in a celebration of the beauty, usefulness and adaptability of glass. For more information, see our blog and/or e-mail us.

Contact DCSCA, by e-mail: dryclift@bigpond.com or by post: PO Box 581, Drysdale, 3222.

Patrick Hughes, Secretary

## Adrian E. Mannix Community Award

# Nominations are currently open

for the 2010 Adrian E. Mannix OAM Community Service award. Nomination forms and criteria guidelines are available from SpringDale and nominations close on March 31, 2010.

This is an opportunity to recognise the voluntary efforts of individuals made in our local community. The Drysdale Rotary Club, Portarlington/Drysdale Lions Club and SpringDale Neighbourhood Centre have joined together to provide this award, in memory of the contribution made by Adrian E. Mannix OAM.

The winner will receive a trophy and \$500.00 to donate to the charity of their choice.





# Term 2 COURSE & OPPORTUNITY GUIDE 2010

17-21 High Street Drysdale

Phone: (03) 5253 1960 (03) 5253 3050 Fax:

groups@springdale.org.au Email:

Office Hours **Monday to Friday** 9am - 5pm











#### All courses & groups are conducted in the SpringDale Centre unless otherwise specified.

Interested in taking a day trip to Daylesford? Then

come along and share that experience with others

Learn how to sew a lined tote bag. Use remnants of

goods in style. Basic machine sewing skills required.

General Interest & Skills

**Espresso Coffee Making Workshop** 

Industry? Improve your knowledge, skills and

Dates/times: Sat 1 May or Sat 5 June at 10am

techniques, understand the workings of the

Espresso machine and the coffee culture.

Looking for employment in the Hospitality

fabric to make a fabulous tote bag to carry your

BYO own sewing machine. Pattern supplied.

Dates/times: Wed 21 April - Wed 5 May

together on the bus to visit the renowned Spa

Day Trip to Daylesford

Date/Time: A Sunday in May

Patchwork Tote Bag

Country. Approx \$20.

Tutor: Sonia Walder

Fee: \$60

Fee: \$25

1.15 - 3.15pm (3 weeks).

#### **New Courses**

#### **Theory of Music**

Would you like to read or learn how to better read music? This course is for those of us whose knowledge is rusty with the passage of time. Dates/times: Wed 21 April - Wed 23 June 1pm-3.30pm

Tutor: Jenny Brown Fee: \$100 Conc \$80

\$55 subsidised tuition fee + \$25 services fee

#### **Flannel Patchwork Quilts**

Learn how to sew a frayed edge quilt/throw using lovely soft flannel fabrics just in time for winter. Would suit the beginner quilter as accuracy with stitching is not vital. Class covers rotary cutting, basic machine piecing and machine quilting techniques. Quilt size 120cm x 165cm. Pattern supplied. BYO sewing machine, fabric, threads etc.

Materials list available early May Dates/times: Wed 19 May - Wed 2 June

1.15pm -3.15pm

#### **Introduction to Farm Management**

This is designed for those with an interest in practical agriculture and wish to acquire some necessary skills. This course is recommended by Bellarine Landcare Group.

Upgrade to Office 2007 - Word & Excel

For anyone with a basic knowledge of Windows and

by introducing you to Word & Excel 2007 and show

you how they can be used together so you can work

(Familiarity with previous version of Office)

(\$50 subsidised tuition fee + \$30 services fee)

Dates/times: Fri 23 April - Fri 11 June

Office, this course is aimed to update your knowledge

Dates/times: Tue 27 April + Wed 12 May

6pm - 9pm

Tutor: Geoff McFarlane

Fee: \$80 including dinner \$55 conc

#### Accredited Courses

#### **Test & Tag Course**

Tutor: Jordon Smith

The aim of the course is to provide the knowledge and skills to completely meet the AS/NZS 3760:2003 in Service Safety Inspection of Electrical Equipment. Dates/times: Sat 8 May 9am - 4pm

Tutor: Diversitat Fee: \$225

Small groups, so enrol early,

#### **Construction Induction** (formally Red Card)

As set out in Part 5 of the Occupational Health & Safety Regulations, a person must not do construction work at a workplace unless they are registered, or taken to be registered, to perform

that work

Dates/times: Sat 12 June 9am – 5pm Fee: \$155 Tutor: Diversitat

#### Food Handling and Safety

(Apply basic food handling) Code FDFCORFSY1A

Great for school leavers, volunteers and those already employed in food related areas. This accredited module will give knowledge and skills in correct and safe food handling, storage and hygiene. Update your skills and improve your

job prospects today.

Dates/times: Sat 1 May 9am - 3pm Fee: \$165 or \$120 concession Tutor: GATE \$15 manual

#### **Food Safety Supervisor**

#### Code THHGHSO1B, THHBCC11B, THHS2CC3B

Food businesses must have a Food Safety Supervisor. The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. Pre-requisite: Participants must have successfully completed Basic Food Handling and Safety (course listed above).

Dates/times: Sat 8 May 9am - 3pm

Fee: \$165 or \$120 conc

(\$50 subsidised tuition fee + \$15 services fee

+ \$15 manual) Tutor: GATE





Covers all areas relating to the service of alcohol in and around licensed premises. Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

Dates/times: Dates/times: Sat 22 May 9.30am - 1.30pm Fee: \$85

Tutor: Diversitat Fee: \$85





#### First Aid Courses



#### First Aid - CPR (Perform CPR)

Code HLTCPR 201A (Cardiopulmonary Resuscitation) Do not wait until it's too late. Learn CPR today. CPR training offers learners the opportunity to achieve confidence in the performance of cardiopulmonary resuscitation in a safe environment. It is recommended that CPR updates are undertaken annually. First Aid/CPR is the first 3 hours of First Aid Level 2. See that course for details.

Dates/times: Sat 22 May 9am - 12noon (1 session) Tutor: National First Aid Fee: \$60

#### First Aid - CPR (Perform CPR) and Anaphylaxis



HLTCPR 201A/ 21659VIC

Code HLTCPR 201A/21659VIC

It is recommended that CPR updates are undertaken annually. Within this combined course, learn to administer adrenalin for Anaphylactic reaction. This program is designed to provide knowledge and skills to the first-aider to be able to perform emergency administration of prescribed adrenalin using the injecting device (EPIPEN). This is when a person (particularly children) have suffered a potentially life threatening anaphylactic reaction.

Accredited Certificate valid for 12 months First Aid/Anaphylaxis is 3.5 hours

Dates/times: Sat 22 May 9am - 1.30pm (1 session)

Tutor: National First Aid Fee: \$90

#### Men's Night Kitchen Wednesdays 5pm-8pm

more effectively and efficiently.

Skill Level: Beginner +

Fee: \$160 or \$80 Conc

**Tutor:** Pierce Jaques

4pm - 6.30pm (8 sessions)

#### Expressions of Interest

#### **Organising Homes**

Are you interested in de-cluttering your home, office or garage. Learn how to downsize, update and refresh your home or present it for sale. Are you ready for a change? If you are interested in this workshop, please let us know when and what times of availability.

#### First Aid – Level 2 (Apply First Aid)

Code ALTFA301B/21569VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylatic updates) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 1 & Sat 8 May 9am - 5pm

(2 sessions)

Fee: \$160 Tutor: National First Aid



#### Art and Craft

#### Discover the Artist Within Part 1

A course about drawing.

This is an art course for adults who have always wanted to learn to draw well, a skill that can be acquired. Annette will teach you how to use your eyes as an artist does in a step by step way. Progress is assured and this course also works well as a refresher course or a course for a new student of art.

Materials required: sketchbook and 2B & 4B pencils Dates/times:

Wed 21 April - Wed 9 June 10.30 - 12.30pm Tutor: Annette Playsted Fee: \$130

#### SpringDale Artists Tutored Group

Making art in a learning environment This course is for artists and hobbvist artists wanting to continue to develop skills and approaches to improve their practice. Annette will work one on one with participants to provide feedback and teach advanced skills and approaches. The group environment is supportive and we work towards exhibiting together from time to time. Participants provide their own materials, but advice is available about acquiring materials.

Dates/times: Wed 21 April - Wed 9 June 1pm - 3.30pm or 4pm - 6pm (8 sessions) Tutor: Annette Playsted Fee: \$130

#### **Leadlighting Course**

Originally used to grace the windows of cathedrals, to tell biblical stories in colour and shapes. Leadlighting became fashionable as an art space form to beautify private homes and commercial buildings. You will make a small piece to treasure and learn all the skills to create your own masterpieces.

Dates/times: 5 Tuesday evenings in 3rd term

6pm-7.30pm

Fee: \$160 Materials: Included Facilitator: Anne Osborne.

#### Children's Programs

#### **Music and Movement**

Enjoyment of music, dance and song to encourage the development of beat, rhythm, tempo, pitch and harmony - all while having fun. This is a great way for little ones to develop confidence, self-esteem, concentration, memory, listening, language and self-expression.

Dates/times: Wed 21 April - Wed 16 June 9.15am - 10am (8 sessions)

Tutor: PSD Education Fee: \$50

#### Jump, Munch 'n' Grow

Come on kids, come and get fit through games, sports and learning more about, nutrition building, self esteem and learning social skills.

Date/ time: Mon 19 April - Mon 21 June (no classes 26 April & 14 June)

#### Health & Wellbeing

Tai Chi combines movement, meditation and breath regulation to enhance the flow of vital energy in the body, improve blood circulation and enhance immune functions. Jun Yi has extensive Tai Chi experience including high rankings in several Chinese national championships.

Dates/times: Fri 23 April - Fri 18 June 9.30am - 10.30am (9 sessions) Tutor: Jun Yi Weng Fee: \$90

#### Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed. Dates/times: Mon 19 April - Mon 21 June 9.15am - 10.45am (8 sessions) Fee: \$65 (no classes 26 April & 14 June) OR Thurs 22 April - Thurs 17 June 6pm - 7.30pm

OR Thurs – 22 April - Thurs 17 June 7.45pm - 9.15pm (8 sessions) Fee: \$90

Tutor: Glenda Breedveld

Materials: Mat supplied but feel free to bring a rug.

#### Computers

All computer classes are held at SpringDale Neighbourhood Centre Computer Room. Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension.

#### Introduction to Computers A/B

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do. Skill Level: Beginner

Dates/times: Tues 20 April - Tues 8 June 9.30am - 12noon (8 sessions)

Fee: \$160 or \$80 Concession

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Lyn Brook, Lynette's User Friendly Computers

#### Introduction to Computers C/E

(Intermediate Word - follows on from A/B class) Learn how to create tables, use tabs, columns, clipart and place a border, send and receive emails. Understand the Internet and browse different search engines. Learn about virus protections.

Skill Level: Beginner + Thurs 22 April - Thurs 10 June 9.30am - 12noon (8 sessions)

Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Lyn Brook, Lynette's User Friendly Computers

#### Introduction to Computers D

(Creative Projects)

Create Greeting Cards using Microsoft Publisher. This class will make you more creative and assist with personalising your greeting cards, Christmas cards/birthday gift tags. Let your imagination run wild!

Skill Level: Beginner ++

Dates/times: Tue 20 April - Tue 8 June 12.45pm - 3.15pm (8 sessions) Fri 23 April - Fri 11 June 9.30am - 12noon (8 sessions)

Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Lyn Brook, Lynette's User Friendly Computers

#### Word & Excel for Small Business.

Small Business owners and staff never have enough hours in the day. This course will fix that by improving your efficiency, productivity and profitability. Learn how to format a personalised mailout to your customer, an eNewsletter, use style sheets in Word, add an automatic Table of Contents, include hyperlinks to Skill Level: Intermediate

Dates/Times: Wed 21 April - Wed 9 June 10am - 12.30pm

Fee: \$145 or \$80 concession (\$50 subsidised tuition fee + \$30 services fee) Tutor: Jonathan Harris JNH Software P/L

#### **MYOB** for Beginners

These sessions are designed for those just starting out. This course will give you a basic foundation of how to use MYOB in your business.

Skill Level: Intermediate

Dates/times: Mon 19 April - Mon 21 June

9.30am - 12noon (8 sessions) (no classes 26 April & 14 June)

Fee: \$160 or \$80 Conc plus Manual \$45 (\$50 subsidised tuition fee + \$30 services fee)

Tutor: Brian Knight,

Round Table Business Consultants



#### eBay - Sellers

Learn how to sell on eBay. Do you have some interesting articles that you've considered selling on eBay and weren't sure how to start. Come along and learn from an eBay trained professional.

Skill Level: Intermediate +

Dates/times: Tue 18 May and Tue 25 May 6.30 - 9.30pm (2 sessions)

Fee: \$90 or \$82 conc Tutor: Angelo D'Angelo

#### **Email & Internet**

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including voice, video and interactive chat and learn how to check for and avoid viruses, Trojans and worms.

Skill Level: Beginners

Dates/times: Wed 21 April - Wed 9 June

1pm - 3.30pm (8 sessions) (no classes 26 April & 14 June)

Fee: \$160 or \$80 conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Jonathan Harris, JNH Software P/L



#### Advanced MS Publisher

Extend your skills in MS Publisher. Design and produce more exciting professional looking documents for your personal and business requirements

Dates/times: Mon 19 April - Mon 21 June 4pm - 6.30pm

Fee: \$160 or \$80 conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Jonathan Harris, JNH Software P/L

#### **Picture Editing & Movies**

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn how to use a Memory Stick and how to resize pictures and share them with your family.

Materials: Photos optional

Dates/times: Mon 19 April - Mon 21 June

12.45pm - 3.15pm Fee: \$160 or \$80 conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Jonathan Harris, JNH Software P/L



#### **Digital Photography Doctor**

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperature, different file formats, downloading images, red eye reduction and lighting techniques.

Dates/times: Tues 20 April - Tues 11 May

7pm - 9pm (4 sessions) Fee: \$100 or \$92 conc Tutor: George Stawicki

#### French for Beginners.

Want to keep your mind young, meet new people and have lots of fun all in the space of an hour? Come and develop new skills, exercise your mind and challenge yourself by learning a new language! We will be studying French through a variety of mediums. Do come along and join me no matter what your level or ability. All Welcome. This course is for beginners, no prior knowledge required.

Dates/Times: Tues 20 April - Tues 8 June

1.15pm - 2.15pm (8 sessions). Tutor: Laurent Boulanger

#### **Intermediate French**

For those with some prior knowledge of the language or VCE Level.

Dates/times: Tue 20 April - Tue 8 June 10.30am-

11.30am (8 sessions). Fee: \$90 Tutor: Laurent Boulanger

#### **Bridge for Beginners**

Enjoy the challenge of learning how to play Bridge by our experienced tutor.

Date/time: Wednesdays 9.30am - 11.30am

Tutor: Mark Cline Fee: \$30 per term Room: Training Room

#### **SpringDale** OCCASIONAL CARE

This will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself.

#### Sessions:

Monday, Wednesday and Thursday 9am - 2pm.

Tuesday, Friday 9am – 12noon.

For further information please phone Occasional Care on (03) 5251 1627.

Sessions run during school terms only.

#### **SpringDale** VACATION CARE

Enrol your kids early for Easter Holidays SpringDale Vacation Care.

Children between 5-12 years. Conducted in a safe environment.

Register now. For further information please phone SpringDale on (03) 5253 1960.

#### Special Interest Groups

To participate in any of the following groups SpringDale Membership \$5 per year, and \$2 per session unless otherwise specified.

#### **Monday Meditation**

Clear away the cobwebs! Clear the mind, relax the body and boost your energy. Enjoy simple enjoyable meditation techniques which can help you do all this

Dates/times: Mondays from 9.30am - 10.30am

Tutor: Sheila Crowley

#### **German Language Group**

A new group has been formed at SpringDale. Meeting 1st Monday of the month at 10.30am.

#### **Sharing of Wisdom**

Enjoy the company of others and discuss many

and varied topics of interest.

Date/times: 1st Friday of each month

1.15pm - 3.15pm Facilitator: Bill Moriaty

#### Life Drawing

For those who enjoy the experience of Life Drawing. Mon 1.30pm - 4pm. Waiting list may apply.

#### SpringDale Writers

A group to inspire and encourage each other in writing, in a friendly and supportive environment. We aim to do various writing activities that will stretch and expand our viewpoint.

Date/time: Mon 2pm - 3.45pm

#### **Book Club**

All avid book readers come and share your opinions and interpretations of selected titles.

Date/time: 1st Monday of each month.

Tutor: Lucy Pope

#### **Activities and Games**

#### Fun Volleyball - NEW GROUP

No experience or bikinis necessary! We play with a soft beach ball, and the aim is exercise with a lot of laughs. Other session times possible - please

register your interest.

Dates/times: Mondays from 9am - 10am

Cost: \$3.00 per session Location: Drysdale Scout Hall

Enquiries: Pauline Cline Ph: (03) 5253 2717

#### SpringDale Badminton

Any new interested players please contact SpringDale. Wednesdays 1pm - 3.30pm weekly at The Scout Hall Drysdale. Fee: \$4 per session.

#### SpringDale Chess Club

Today, chess is one of the worlds most popular games played by millions of people worldwide. Currently in recess. We welcome it to commence again.

#### SpringDale Jigsaw Club

Borrow a jigsaw from a big library at the bargain price of 40¢. Come along to the SpringDale Centre Hall on the first Thursday of the month from 10am - 12noon.

#### SpringDale Mahjong Club

Mahjong involves skill, strategy and a certain degree of chance. This group meets Wednesday from 10am - 12noon.

#### SpringDale Scrabble Club

Weekly scrabble group is held on Tuesday afternoon, 1pm – 3pm and caters for players of all abilities and new players are always welcome. Fee: \$1pp.

#### **Card Games**

Members enjoy playing a variety of card games including Canasta, Euchre and 500. This group meets Monday afternoons from 1-3pm.

#### SpringDale Crosswords

Come along and discover the real benefits of regular puzzling. Keep your brain and mind fit and active Paper and web based crosswords.

Dates/Times: Friday weekly from 23 April

10am - 12noon

Facilitator: Catherine Eagleson

#### **Line Dancing**

If you can count to four and can tell your left foot from your right, you can line dance! Join our group. Every Wednesday except school holidays 10.15am - 12.15pm. \$8 per session.

#### Parents and Children

#### **Bellarina Toy Library**

Tuesday mornings 9am - 10am. We have some fantastic toys to borrow (ages 0 - 6 years) so come along and see what we have to offer. Membership \$10 per term entitles access to Portarlington Toy Library.

#### **Portarlington Toy Library**

Wednesday and Thursday mornings 11am - 12noon and 1st & 3rd Monday evening 6pm - 7pm. Operates out of the Portarlington Pre-school. Look for the balloons and sign. New members welcome.

#### Craft

#### **Springers Quilting Group**

Dates/times: Meets on the 4th Thursday of the month at SpringDale from 10am - 12noon.

#### Scrapbooking

Preserve photos in a creative ways. All welcome, beginners will be shown techniques. Dates/times: Last Wednesday of the month, 7pm - 10pm.

Fee: \$11 per session Facilitator: Bronwen Elliott

#### Textile Arts & Crafts Group

Are you looking for inspiration with selected craft pieces you've attempted to create or design. Then come along and enjoy this new group of like minded people who are passionate about guilting, felting/embellishing and mixed media projects, cloth dolls and textile arts.

Dates/times: Every Tuesday 1.30pm - 3pm Facilitator: Jill Birse

#### Computers

#### PC User Help Group

We can encourage people to follow their interest in computers and share this interest with others. Date/times: Meets 2nd Tuesday in the month 4pm – 5pm.

#### Health and Wellbeing

#### Men's Kitchen - NEW GROUP

We will be running a men's kitchen every Wednesday evening from 5pm - 8pm. Facilitator: Gaylia Lowe Fee: price depends on menu

#### Men's Kitchen - Wednesday Group

Come along and enjoy making delicious tasty meals from start to finish. This is a fun group where humour exists, friendships are formed and appetites are fullfilled.

Fee: Price depends on menu

Dates/times: Wednesdays 10am - 2pm

OR Thursdays 10am - 2pm

#### Men's Kitchen - Thursday Group

Due to the overwhelming success of our 'Men's Kitchen' we have created a new group. Come along and make delicious, tasty meals from start to finish and enjoy the friendships.

Dates/times: Weekly Thursdays 10am - 2pm

Fee: price depends on menu

#### Ladies Kitchen - Friday Group / Weekly

A new group has emerged due to the popularity of our 'Men's Kitchen'. Ladies come along and enjoy the company of others that are looking to create delicious meals that are quick easy and affordable

Dates/times: Weekly Fridays 10am - 2pm

Facilitator: Geoff & friends Fee: price depends on menu

#### **Pole Walking Group**

Pole Walking is enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those

employed during a vigorous walk. Dates/times: Weekly Mondays

(Please contact SpringDale for meeting points)

Facilitator: Harold Waldron

#### **Homework Group**

For Years 5 & above. Help with numeracy and

literacy skills.

Dates/times: Wednesdays from 4 - 5pm

Facilitator: Bob Marmion

#### **Harvest Basket**

Meets 1st Saturday of every month and operates on an honesty system outside SpringDale (inside if wet) to swap home grown vegies.

Dates/times: 9am – 10am Swap

10am - 11am Vegies available for purchase

#### SpringDale Singers

A long established and informal non-performing choir which sings both simple and challenging music in full harmony, wholly for the enjoyment of singing. Former choir or music group members can sing again and non-singers are also welcome.

Dates/times: Tuesdays 1.30 - 3.30pm

#### Segullah Music Group

This music group consists of lessons offered to children who may otherwise not be able to afford them.

Dates/times: Tues, Wed & Fri 4pm - 5pm

#### Music

#### **Bellarine Community Choir**

Do you enjoy singing and giving enjoyment to others through music? Peninsula residents are welcome to join this new choir, established to perform at functions on the Bellarine. Men and women are required to sing 4 part harmony.

Dates/Times: Thursdays at 1.30pm at SpringDale

#### Non SpringDale Classes & Groups

#### Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense

of well being. Dates/times: Term 2 classes commence on

Tues 20 April 9.30am – 10.30am (intermediate) and 11am-12noon (beginners to intermediate)

Thurs 22 April 6.45pm - 7.45pm (intermediate to advanced)

Thurs 22 April 8pm – 9pm (beginners to intermediate)

**Tutor:** Monique MacLeod **Fee:** \$105 (8 weeks)

Venue: Drysdale Physiotherapy & Sports Injury Clinic,

27-29 High Street, Drysdale. **Phone:** (03) 5251 2958 to book.

#### **Bellarine Woodworkers Inc.**

Meet first and third Monday of the month at 1.30pm at SpringDale Neighbourhood Centre. New members welcome. Just turn up.

# St Leonards Community Space

The St Leonards Community Space group has been operating under the auspice of SpringDale for almost 2 years. They have recently formed a Committee of Management and will regularly review and determine classes to be offered at the Space. We look forward to printing their information in the near future.

Contact **St Leonards Community Space** for term 2 classes – they will be published on their website in the near future.

#### **St Leonards Special Interest Groups**

There are many groups meeting at St Leonards Social Chat, Craft, Family History, Art Appreciation, Combined Games, Casual Art, Art Appreciation, Junior Craft, PC Help and Beginners Painting.

#### Privacy: The SpringDale Neighbourhood Centre

respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

#### Enrolment & Payment Conditions

#### **ENROLMENT**

To book into a class, **phone (03) 5253 1960**, or call in person, at **SpringDale Neighbourhood Centre**, **17–21 High Street**, **Drysdale**,

**Email:** office@springdale.org.au or send in the course booking slip. (see below)

- If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees.
- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

#### **PAYMENT/ REFUNDS**

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
- If there are not enough enrolments to successfully run a course it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

		Postcode
1ob: F	ax/deliver/email	
would like to enrol in / information	about: (course name/s and dates/times)	
lease tick one: $\square$ Attached is m	y cheque for the course	
$\beth$ I will come in and pay for the co	ourse at least a week prior to the course co	ommencing.
I have completed the credit care	d slip below:	
isa /Mastercard : Credit card No:		Expiry date:/
lame of Cardholder:		Amount:
ignature:		
comments / suggestions / other inf	ormation that you require	



## around the garden

no DIG garden



The last few months have seen

changes in my garden. Certain plants that weren't holding up to the drought were transferred to the compost. The roses, salvias and most Mediterranean plants and fruit trees survived quite well. I decided to create a no dig garden. Sounds easy enough. Wrong. To build a 'No dig garden' you require, newspaper, manure, pea straw, compost and of course, vegetable seedlings or seeds. The garden has a northerly aspect between the shed and the fence, forming a perfect micro climate. I gathered the paper, filled the

wheelbarrow with water and made my way to the site.

Next, I wet the newspaper and laid it straight onto the ground. On top of this I laid pads of pea straw, manure then compost. More pea straw was added. Now I had to water the whole lot. Sounds so simple really.

Did I forget to mention that a barrow load of water is really heavy, straw bales are really heavy, as are bags of manure and more barrow loads of compost. At the end of the day I was thankful that it was a no dig garden because I had no digging left in me

To build a 'No dig garden' you require, newspaper, manure, pea straw, compost and of course, vegetable seedlings or seeds.

Now came the fun part, planting. In went six Tommy Toe tomatoes, two celery plants, six lettuces, two zucchinis and six capsicums. I lost a few to the dreaded earwigs and if anybody has any ideas on how to eliminate earwigs, please let me know. The plants that survived have flourished. I call this patch my *Amazonian vegie jungle*. Give no dig gardening a go, it is really easy and low maintenance.

Now is the time to feed citrus. Dynamic

Lifter is a good all round fertilizer. Water it in well. You can plant broccoli, beans, cabbages, carrots, leeks and lettuces. I am currently trialling a winter variety of Siberian tomatoes.

Don't forget to pick up any fruit that may have fallen from your fruit

trees. This will stop any further diseases. I managed to save the apples from the scorching hot weather this year by throwing an old sheet over the tree.

If anyone is interested in gardening then come along to the Clifton Springs Garden Club. Our next meeting is Monday 15 March at 7.30pm at the Drysdale Uniting Church Hall. We have laughs, guest speakers, bus trips and self drive outings.

For further information ring Lorraine on (03) 5251 1660.



(03) 5251 1195

3/31 Murradoc Rd, Drysdale



Native to China and grown for many thousands of years, lychees were brought to Australia by Chinese miners in the mid 1880s. Lychees are the size of a walnut shell, pink to reddish-brown in colour, with a textured thin and brittle skin, composed of numerous small, flat, wart-like bumps.

When peeled they reveal a pearly white flesh which has a delicate sweet taste. In the centre is a shiny brown seed. The Australian Lychee Growers' Association is the national peak body that represents all lychee growers in Australia.



The commercial lychee growing district extends for 2500 kms down the east coast of Australia from Cooktown in far North Queensland to Coffs Harbour in New South Wales.

Lychees are an excellent source of vitamin C and supply some dietary fibre, high in calcium, potassium and phosphorous. So next time you are at the greengrocer or supermarket, why not purchase a few and enjoy this exotic sweet fruit. They are simply great for school lunches.



# Graham - Award Winning Lion



Above: Governor Bob Gilchrist, Graham & Moira Gibson, Club President Geoff Webster

Portarlington's Graham Gibson has received the Lions Alan J Holding Community Service Award from visiting

District Governor Bob Gilchrist.

Graham has been very active in his communities wherever he has lived, including a volunteer firefighter for 50 years and, amongst other things, was an organiser of Colac's famous 6 Day Race. To encourage older people keep fit, he started the Portarlington Pedal Group which has grown rapidly.

District Governor Bob Gilchrist was delighted to induct two new Members, Alby Rhodes and Steve Dyer during his official visit held at the Lions Den, Lions Village, Portarlington. District Governor Bob expressed his admiration at the amount of work done by the Lions of

#### ZEN again

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Zen-again offers a holistic & personal approach to your health & wellbeing.

- Full Body Massage
   Kahuna Massage
   Reflexology
   Body Talk & Reiki
   1/4hrs
   \$60
  - Indulgent Foot Massage • Soak, Massage & Reflexology. 30min - \$30 Australian Bush Flower Remedies

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\*NEW Customised to your needs!
Flower essences help restore emotional balance,
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Visit our website: www.zenagain.com.au. TAM CORLESS: 0417 057 566. Wallington.



Above: Alby Rhodes, District Governor Bob Gilchrist Steve Dyer, Club President Geoff Webster

Portarlington/Drysdale Club and their great support not only for their local communities, but also Lions Australia wide and internationally. "Your Club had proved very successful in Youth Activities, with 7 Primary Schools involved in the Worldwide Peace Poster Competition, 9 children sponsored to Lions Licola Wilderness Holiday Camp for underprivileged children, and 5 contestants in the Australia wide Youth of the Year Quest" said Lion Bob.

"The newly formed Men's Shed at Clifton Springs received wonderful financial and moral support, as did the recently reformed Mussel Festival, which was financially backed by your Lions Club to ensure it got off the ground. The Club also ran their Crayfish Spinning Wheel, Sausage Sizzle and managed the rubbish bins for the Festival" said Lion Bob.

Lions meet on the second and fourth Wednesdays of the month and are always looking for more members to help in and around their community. Anyone interested can phone Membership Officer lan Cook on (03) 5251 3779.

For more information please contact Publicity Officer Lion Cam McLean on (03) 5259 1481.

# Drysdale Ladies Probus Inc.



In the lead up to the summer season, our ladies were very busy. The Happy Wanderers enjoyed their annual ferry trip to Sorrento, partaking in a wonderful sightseeing walk around the Sorrento coastline. Lunch was at the Sorrento Hotel soaking up the lovely views. Nineteen members of the Getaway Group travelled to Halls Gap in the beautiful Grampians. We toured the infamous J-Ward, an old jail for the criminally insane and Aradale, a former lunatic asylum. No trip to the area is complete without a visit to Seppelts Great Western. In high 30 degrees temperatures, the underground drives were a welcome 15 degrees. It was a delight to see how the fire ravaged area of 2006 has regenerated.

November saw the Club change their meeting venue to the Drysdale Football Club. This promises to be an exciting way forward for our Club. Pre Christmas gatherings were enjoyed by all Activity Groups. The Club Christmas luncheon was once again a most enjoyable afternoon. The visit from Santa was appreciated with a gift for each member. The Portarlington Guide ladies provided yet another very tasty meal. We were entertained by the Melodaires with toe tapping songs that we could all relate to of yesteryear.

This Club is truly Probus – Fun, Friendship and Fellowship.

President Heather Joseph



# Remedial, Sport & Relaxation Massage

Julie Mather from 'Massage' at Queenscliff will now be available at the Drysdale Health Group

Drysdale Health Group 27-29 High Street Drysdale, 3222

For appointments phone (03) 5251 2958

> The SpringDale Messenger www.springdale.org.au

# Creative Chicken

# Grilled Chicken with Pesto Toasts

This Italian style dish is richly flavoured with pesto, which is a mixture of basil, olive oil, pine kernels and Parmesan cheese.

Serves 4

2 quantities of Pesto Sauce (see recipe) 8 part-boned chicken thighs 1 tbsp olive oil for brushing 400ml tomato paste 12 slices French Bread 85g freshly grated Parmesan cheese 55g pine nuts or flaked almonds assorted salad leaves, to serve

Make the pesto sauce.

Arrange the chicken thighs in a single layer in a wide flameproof dish and brush lightly with olive oil. Cook under a preheated hot grill for 15 minutes turning occasionally until golden brown. Insert the skewer into the thickest part of the meat to make sure there is no trace of pink in the juices.

on the banks of the Yarra River, now known

Peninsula was inhabited by aborigines who

spent much of their time around one of the

few reliable sources of fresh water - McLeods

Waterholes, where they gathered for feasting

and the holding of corroborees. John Batman

had been looking for land for the grazing of

Before Batman's arrival, the Bellarine

as Melbourne.

Pour off any excess fat. Warm the tomato paste and half the pesto sauce in a small saucepan and pour over the chicken. Cook for a few more minutes under the preheated hot grill, turning until the chicken is coated.

Meanwhile spread the remaining pesto sauce onto the slices of bread, then arrange the bread over the chicken and sprinkle with Parmensan cheese.

Scatter the pine nuts over the cheese.

Cook under the hot grill for 2-3 minutes or until golden brown and bubbling.

Serve with salad leaves.

HINT: You may store pesto in the refrigerator for about 4 weeks. Cover the surface of the pesto with olive oil before sealing the container or bottle, to prevent the basil oxidising and turning black.



# Easy Pesto Sance

Approx 40 fresh Basil leaves 3 cloves Garlic, crushed 25g pine nuts 50g finely grated Parmesan cheese 3 tbsp extra virgin olive oil salt & pepper

Rinse the basil well and pat dry with paper towel. Place the Basil leaves, garlic, pine nuts and grated Parmesan cheese in a food processor and blend for 30 seconds, or until smooth. (You may use a mortar & pestle). Keep the processor moving slowly and add the olive oil drop by drop and then season to taste with salt & pepper.

# Regular monthly meetings on the second Tuesday of each month at 7.30pm include speakers and audio-visual presentations on subjects of local history, whilst excursions to places of historical interest are held from time to time. A large range of local history publications are also available for purchase from the Society.

The maintenance and survival of this historical archive depends on the people of this peninsula. The Bellarine Historical Society is a non-profit making organisation. We welcome new members who may wish to become involved. Please telephone Lynette Willey on (03) 5253 1715 or email Pam Jennings on pje23513@bigpond.net.au if you would like to know more.

The Bellarine Historical Society web site http://www.zades.com.au contains a wealth of local historical information.



which led to the rapid growth of Melbourne as the capital. The Bellarine Peninsula became the original granary for Melbourne, supplying much needed supplies of wheat and other grains, hay, firewood, onions, peas and potatoes.

To get to know more of our extraordinary history come along to the Bellarine Historical Society Museum, located in the old Court House in Drysdale. The Court House is open to the public each Sunday until the last Sunday in April between 1.30pm and 4.30pm, then the last Sunday each month until December.







#### The Book Club

## **Biographies**

On Monday 1 February, the Book Club did something new we discussed a type of book, rather than a specific book. We chose Biographies and, as usual, the result was a really diverse collection of books, covering composers, musicians, artists, writers politicians and sportspeople.

To some extent, any biographer or autobiographer explains their individual subject either as a special, perhaps unique, individual or as a reflection of the social and cultural conditions of their time. Our range of books certainly illustrated that range of approaches, with subjects as diverse as tennis player Arthur Ash, playwriter Alan Bennet and composer George Handel.

The Book Club meets at the SpringDale Centre on the first Monday of each month at 7.30 pm for about 90 minutes, ending with a cup of tea. Our meetings are very informal and we always make new members feel welcome. On Monday 1 March, we'll discuss Harlan Coben's Hold Tight and on Monday 5 April, our choice is Henry Handel Richardson's Australia Felix. (Geelong Libraries has copies of each book.) For more details, contact the SpringDale Centre on (03) 5253 1960.



# our reader's feedback

#### Good recipes

My daughter and I always enjoy reading your cooking pages. Is it possible please, to have some Thai recipes that are easy to prepare and cook?

Pat from Drysdale.

Editor: Thank you Pat, will do our best.

#### **Photocopying**

I agree with Bob from Clifton Springs in the February issue of the Messenger. SpringDale is a great place for photocopying at a reasonable price. Bill Jones, Drysdale.

Editor: Glad to assist in a positive way.

#### Crosswords

I love the crosswords but feel the solutions should appear in the same magazine as I do not have internet connection.

Kathryn, Drysdale.

Editor: We will investigate the possibility.



#### **Combined Probus** Club of Clifton Springs/Drysdale

Our January meeting was attended by 39 members and 1 visitor who heard from Michelle Van Liessum of Tucker Funeral Services. Michelle answered all the members' questions and cleared up quite a few misconceptions, so everyone left better informed.

The next meeting on Monday 8 March will hear from Tim Acton of Seniors Travel on coach travel options. In March there is also a trip arranged to the Champion Horses rest home. The Caravan and Cabin Friends are active at this time of year with visits to Daylesford in March and Camperdown in April.

Memberships are still available for both couples & singles. Guests and visitors are most welcome to all our meetings, held on the second Monday of each month at Clifton Springs Golf Club Members Room starting at 10am.

For further information contact Brian on (03) 5253 1448.

Now settled on the Bellarine

### Piano Teacher

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Teaching area of Specialty - Children Study Focus - Musical Expression

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# **Portarlington Football Ground**

- · Furniture · Cars · Boats · Trailers
- · Any quality items in good condition
- · Electrical goods in working order tagged 'not tested'
- · Tools · No Mattresses · No junk · No Livestock

Professional Auctioneers. All proceeds to worthwhile Charities

- mainly local causes Items for sale on commission
- · Donated Items gratefully accepted

Commission Items must be delivered to

Portarlington Football Ground No 2 by 9am Sunday, 11 April 2010

Donated items can be picked up by Lions Unsold Items must be removed by 6pm that day by owners Portarlington/Drysdale Lions Club

Contact Lion: Robert (03) 5259 3113 for more details



Contact Secretary Wilma Mansell (03) 5253 1246

Football Club rooms.



> The SpringDale Messenger www.springdale.org.au

## Bring your family to The 20th Bellarine Agricultural Show

Join in all the fun at the 20th annual Bellarine Agricultural Show to be held at the Portarlington Recreation Reserve on Sunday March 7, 2010. New this year will be rock climbing, go carts, carousel, train rides and bungee run along with all the

old favourites including art show, dog jumping, horses, cattle, handcraft exhibition. For further information visit www.bellarineshow.com.au and make sure you come and see the best of the region's produce and livestock.





"On Tuesday mornings once a month what about a bus tour around the Bellarine with Kel? Let's call it uncovering treasures on the Bellarine" I said to Kel the other day and then he told me of the treasure he had found behind the Drysdale Hotel many years ago. It's a good story.

"I was working for Reg Butcher on transport and I asked the hotel owners if it was possible to grow a few potatoes in the vacant land behind the pub to help make ends meet. They said yes and so I borrowed a horse, harness and single plough. While I was carting seed potatoes from Ballarat I bought a small lot and decided to plant them in the ploughed ground."

"After months of growing, weeding and tending I decided to dig the potatoes with

a 5 tyne potato fork.

After digging for a short time I heard a noise on the tynes and I investigated the sound. I rubbed the stones on my trousers and uncovered, to my amazement, a 2 shilling piece. I kept finding more and more."

"Reg Butcher and Frank Hills came across the road to see how my crop was faring. I told them that I had found money. They went *bazoukas*. In the first load of our round mouthed shovel we uncovered 32 shillings - more than my weekly wages!"

"Reg and Frank jumped in the air and said don't tell anyone about this. We dug out enough money to buy Tatt's tickets, which were only available from Tasmania, for 5 years. Of course me being a blabber mouth I told Maxie Nash and he placed a wire bed base against the fence and uncovered a substantial amount too"

Reg Butcher kept the money and bought the tickets and Kel got the spuds – about 4 ton to the acre. I asked if they won anything with the Tatts tickets – "Not a brass razoo" was the response.

I love listening to Kel's stories.

**Anne Brackley** 

## **BELLARINE FENCING Co**

We do Picket & Paling, Fences & Gates.

Phone: Andrew & Gayle Baylis on 5251 3090 or 0417 544 887







#### drysdale fish+ chickens

# BusinessProfile

**Drysdale Fish and Chickens** is owner by Mersina Malakellis and Kosta Moliyviatis between them they have over 75 years of experience dealing in the seafood industry.

The Malakellis family started cooking fish and chips during 1971 in Geelong West and progressed to Portarlington, Barwon Heads, Queenscliff and Drysdale. On the Moliyviatis side, Kosta has been involved in the fishing industry – catching, sourcing, importing and wholesaling fish. His involvement in the industry since 1973 enables him to source the best seafood and fish from anywhere. As a retailer he now understands why quality is so important.

Salads are made with passion and dedication to the best product possible each day. Fresh roast chickens are available daily.







Catering is our specialty
Shop 3/30 High Street Drysdale
Phone (03) 5253 1000

The shop is closed on Mondays until Melbourne Cup Weekend.

### 90 years ago

As reported in The Argus on Thursday 23 December 1920 GOLF LINKS PREPARED FOR HOLIDAYS.

In anticipation of a large number of golf players visiting Clifton Springs and Queenscliff during the holidays, links have been prepared. At Clifton Springs the greens have been topdressed and the long grass destroyed. A series of competitions will be arranged by 'Dick' Banks. The championship at Clifton Springs will be played on New Year's Day.

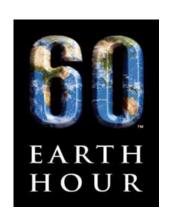




## International Women's Dav



Each year on 8 March, hundreds of International Women's Day events occur all around the world. International Women's Day is a major day of global celebration for the economic, political and social achievements of women past, present and future. The first International Women's Day was established in 1911. Next year will represent an important milestone.



Participate on Saturday 27 March

Earth Hour is a symbolic event that has inspired the world, reaching more than one billion people in 2009. You can show your support for action on climate change by turning off your lights and other electrical appliances for one hour on Saturday 27 March from 8.30pm to 9.30pm to show your concern and commitment.







# State Emergency Service SES Trainees on the Bay



SES Trainee Sarla Holmes undertaking instruction from trainer Paul Finn

The late night callouts to road accidents and the long days spent on rooftops in strong winds are usually the first things that come to mind when thinking of the State Emergency Service (SES), but it also has quite a nautical twist as Bellarine and Geelong SES volunteers are currently learning.

Bellarine and Geelong SES are nearing completion of a six month Rescue Boat Crew Person course that should see 5 members qualify upon successful completion of their assessment to be held at Camperdown on the 20 and 21 March.

"It is a very comprehensive course, but allows qualified crew to be operational anywhere in Victoria and potentially Australia should an emergency require the SES to activate their rescue boats," says Bellarine Unit Controller Patrick Culton who qualified as a crew person for the rescue boats in 2009 and has been on hand to help the new trainees in 2010. Trainees are able to obtain their Victorian Boat licence and learn about various boats and parts, anchors, navigation, trailers, emergency and standard operating procedures, and undertaking risk assessments.

This month finally saw the trainees hit Port Phillip Bay to put the theory into

practice and under extremely blustery conditions, the first training session proved to be quite a wet one!

"Although we all got very wet, learning to operate the boats in those sorts of conditions was actually really good practice," says Bellarine SES volunteer and trainee Sarla Holmes.

"We don't just learn how to operate the boats, but also how to launch and retrieve them, problem solve mechanical issues and rescue people who may be trapped in flood waters or other water emergencies," says Holmes.

The first training session provided plenty of opportunity for practice, as trainees learned to manoeuvre the boats, nose them onto moorings, reverse, tow and solve real life problems like a broken bilge.

"Not many SES units have boats, so it is really a specialised course we get to undertake. It's been really practical and fun, even in the bad weather," says volunteer Holmes.

For further information contact:

Sarla Holmes Media Liaison Officer 0410 491 279





#### Drysdale Senior Citizens Club

# Memberships are increasing this year

To welcome in the New Year, we had a very successful sausage sizzle on our return to the club after the Christmas break. Sausage sizzles have become a weekly feature for lunch on Tuesdays, followed by bingo at 1pm.

Our membership has increased and we now have a variety of new activities. On Mondays, Wednesdays and Fridays starting at 1pm we have carpet bowls. You can still come along even if you have not played before, as we have a very friendly group who are happy to teach you. On Tuesdays at 11.30am we have our sausage sizzle, though on occasions we may have hamburgers. On Australia Day we had lamb chops, sausages, salads and sweets at a cost of only \$4. Following on at 1pm, we have eyes down for our weekly bingo. Come along and see if you can take off the Jackpot. We have our gentle exercise class on Wednesdays at 11am. This involves moving to music and weight training and is always interesting and lots of fun. Thursdays we have our craft day when the ladies make some lovely garments and rugs for distribution to good causes. Cards, darts and snooker are also available on most days. The centre is open Monday to Saturday and anyone 55 years and over is invited to join the club.

For enquiries, phone Pat or Gloria on (03) 5251 2983.



#### Rotary Club of Drysdale

My Rotary colleagues and I are challenged each Rotary year to adapt to a specific phrase of encouragement. This year the phrase is "the future of Rotary is in your hands." Part of the Rotary Club of Drysdale's fulfilment of this phrase this year has included among recent community awards, a donation to the SpringDale Neighbourhood Centre to purchase a tank to endorse saving of water resources. The tank will assist in providing water for a plot of vegetables grown on site.

Among other international assistance, the Rotary club is committed to:

- an ongoing direction to eradicate polio from world health concerns.
- Shelter-boxes with many items for assistance in disaster areas, such as Haiti.

Closer to home, the club is once again conducting its annual Easter Art Show raffle, selling tickets at venues across the Bellarine. The major beneficiary is the Andrew Love Cancer Centre at Geelong Hospital. Our club also collects goods for Rotary International's Donations in Kind, including household items (excluding electrical and mattresses), computers (in any condition), school textbooks and stationery items. The Rotary Club is also responsible for the running of the Portarlington Miniature Railway at Point Richards which raises valuable funds for

If you are a businessperson in the Drysdale area (current or retired), you may be encouraged to come along to a Rotary meeting and find out more about the work we do.

many community charities.

Meetings are held each Monday night at the Clifton Springs Golf Club, 6 - 6.30pm. Meetings include dinner and a guest speaker. For more details please contact the Secretary on (03) 5259 2412.

## Congratulations

Mens Probus Club -

# Celebrating 25 Years

The Mens Probus Club of the Peninsula was the first Probus Club to be formed on the Bellarine Peninsula and is proud to be celebrating its 25th Anniversary in March this year, 2010.

Being the only Probus Club in the area it attracted interest and members from all over the Peninsula, with membership peaking at 159 in 1999.

While all members are much appreciated, it is the Club's wish to say a special thank you to those members who have remained with our club even though other clubs have been formed throughout the district. The Club meet on the first Monday of each month at the Drysdale Football Club at 9.15am. On Monday 1 March the AGM will be held.

# Thanks for the Tank



This essential watertank has been made possible by the **The Rotary Club of Drysdale**.

Thank you for the wonderful donation.



# Drysdale Health Group

# Proa & Pi

Proactive, Preventative & Professional

- Physiotherapy
- Podiatry
- Psychology
- Myotherapy
- Exercise Physiology
- Acupuncture
- Pilates
- Naturopathy

Businesses are separate entities and located at

27-29 High St Drysdale (03) 5251 2958

#### WORLD GLAUCOMA WEEK



Glaucoma is a worldwide

epidemiological challenge affecting approximately 4% of the global population with an estimated 50% of glaucoma cases remaining undiagnosed. Research shows that in 2010, an estimated 60.5 million people globally will be living with either angle closure glaucoma or primary open angle glaucoma. World Glaucoma Week offers an opportunity to educate patients with glaucoma and those at risk for the disease by raising awareness and providing helpful tips about the importance of early diagnosis and appropriate treatment. Glaucoma Week runs from March 7 - 13. Please visit http://www.glaucoma.org.au/ if you wish to find out more about glaucoma.

#### MAGGIE GOVE N.D.

Bowen Therapist & Naturopath

Member of A.N.T.A.

Drysdale Clinic [03] **5251 1188** 

Opening Hours
Wednesday - Saturday
[Rear of Elegant Profile]

> The SpringDale Messenger www.springdale.org.au

#### Start of a New School Year

Many people will know of a young person who started either Prep or Year 7 this year. More than 45,000 Preps began their education at a Victorian Government School and each student received a 'Back to School Bag' filled with items to assist with starting school. The Brumby Government is delivering a 2010 Primary Kit for Preps which includes an art smock, library bag, water bottle, free book voucher, photo frame fridge magnet and an alphabet CD. Families of every Victorian child starting in Prep and Year 7 will also benefit from the Brumby Labor Government's \$300 School Start Bonus to help with school cost of essential

school items such as uniforms, school bags and shoes.

### Boost for Bellarine and Surf Coast Lifesavers

Surf Lifesaving Clubs throughout the Bellarine have each received a \$5000 boost from the Brumby Labor Government as part of a statewide program to reduce the number of drownings in Victoria. Every Lifesaving Club in Victoria will receive this funding under a \$290,000 Victorian Government program, aimed at supporting the clubs and encouraging Victorians to play it safe by the water. Clubs in this region to receive funding include Ocean Grove and

Point Lonsdale. These clubs are not only vital in preventing drownings and injuries but they also offer people of all ages an opportunity to get together and do something for their community. From supporting the Nippers program, to fundraising, administration and patrolling the beaches, Lifesaving Clubs are among thousands of Victorian organisations that rely on volunteers. Summer can be the time of year we draw most heavily on volunteers, from lifesaving to fire-fighting and providing support for those in drought conditions in the regions.

The Brumby Labor Government is committed to supporting these wonderful people who give up their time for others. Volunteering is not only an invaluable support for Victoria's communities but also offers strong benefits to the volunteers themselves. Since 2004, the Victorian Government has provided more than \$5 million in Victorian Volunteer Small Grants to more than 1400 community organisations. To apply for a Victorian Volunteer Support Grant visit www.grants.dpcd.vic.gov.au or contact 1300 366 356 for more information.

As always, please do not hesitate to contact my office on (03) 5248 3462 if there are any issues with which we can be of assistance.

Lisa Neville MP Member for Bellarine

#### 2010 season at the SpringDale Football (Soccer) Club

The summer months have been busy for SpringDale Football Club and things are getting a lot busier as we approach the 2010 winter season. Our squads are training and looking out for the last few players to make up the spaces in our junior teams. As well as entering a senior men's team, we anticipate entering the following mixed junior teams into the local Football Federation Victoria administered programs (subject to confirmation of age groups from FFV): Under 12's, Under 10's, Under 8's, Under 6's and Under 4's (Internal Club Program – Fun/Development Sessions).

Please get in touch with us if you have children in these age groups who are keen on playing soccer, all abilities and confidence levels will be made very welcome. We are the first football club on the Bellarine to achieve Football Federation Victoria group stage accreditation and we are committed to the equitable development of all our players to their maximum potential, with fair play and social inclusion much more important to us than winning trophies.

All of our coaches are members of the FFV Coaches Association and are being developed and mentored to become accredited coaches to the highest possible level of ability and qualifications.

Aside from preparing for the outdoor season, the club's other current activities include:

- Running the Drysdale based Bellarine Futsal League (men's competition)
- Facilitating local Primary School Futsal sessions
- Working with Council to establish new shared use sports (including soccer) facilities in Drysdale
- Working with Football Federation Australia in developing partnerships with grass roots football in Indonesia.

Phone 0428 501 150 Geoff Briggs, Club President or visit www.springdalefc.com.au for further information.

SpringDale Football Club are proud supporters of SpringDale Neighbourhood Centre, Headspace Barwon and Drysdale & Clifton Springs Community Association.











# berships

- New 7 Day Golfing Memberships only \$212, 10 March – 10 June
- Weekday Membership only \$157, 10 March - 10 June
- Daylight Saving Memberships From Sun 1 Jan to Sun April 4, 2010 6 Months Golf for just \$210.00
- Green Fee Players Welcome - \$25 for 18 holes

For all golfing and membership enquiries please phone (03) 5251 3391

#### **MEAL**

**MEMBERS DRAWS** Friday & Saturday Nights

- Friday all categories Saturday
- Golfing Members only · Regular Raffles
- every Friday night

**SPECIALS** Try our fabulous Lunches priced from \$8.00

Monday-Friday only

**POTS FOR GLASSES PRICES Friday Night** 5.30-7pm

# & entertain

- Sunday \*Carvery 3 Course \$15.50
- Sunday Night is \*Parmi Night Original, Italian, Aussie or Hawaiian \$13.50ea
- Friday Night is \*Steak Night Porterhouse or Rump \$17.50
- Saturday Lunch \*Soup & Main \$10.00 \* Conditions Apply

Includes: 2 Course Meal

Saturday 13 March

Bookings please phone (03) 5251 3391

Present this coupon & SAVE with the...

meal

Monday to Thursday Evening Meal in the Springs Bistro

- \* Buy one main meal off our menu and receive another of equal or lesser value on presentation of this coupon.
- Not valid Public Holidays or Long Weekends Valid to 31 March 2010.
- Conditions apply not available on all meals.

For Bookings & information please phone (03) 5251 3391 **Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS 3222** 



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