ringDale



ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc



An important time every year is the National Volunteer Week which commences the Monday, 10 May 2010. Volunteers make a vital contribution in Australia and without volunteers organisations like the CFA, Smith Family, Meals on Wheels, SES and Lions could not exist. SpringDale has more than 40 enthusiastic volunteers whose varied skills are very much appreciated and without them SpringDale would not function efficiently. We are in debt to these volunteers who provide the essential running of our good community service. Maybe you can volunteer today and help a worthwhile organisation.

SpringDale Volunteers

Top Left: Judy Williams

- Sub-editor SpringDale Messenger,

and Sharon Walters Town by Town correspondent.

Top: Rayna McKeon

- Kitchen Facilitator

Top Right: Michael Barnard

- Office duties

Right: Lindsay Wright

- Office duties







Shop 9 Supermarket Complex Drysdale

Contact

Wayne, Lisa, Bev, Sandra, Rhianon or Kate

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- **Open Saturday**
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COMMUNITY EVENTS AND ENTERTAINMENT CALENDAR

M/A\99

- DRYSDALE HARVEST BASKET PRODUCE SWAP, SPRINGDALE 9-11
- . WORLD ASTHMA DAY
 - · CLASS CLOWNS, NATIONAL SECONDARY SCHOOL COMEDY COMPETITION POTATO SHED
- · SPUD CLUB POTATO SHED
- 9 · MOTHER'S DAY
 - MOTHER'S DAY WALK EASTERN BEACH RESERVE
- 10 • NATIONAL VOLUNTEER WEEK STARTS
 - NHW CLIFTON SPRINGS 7PM. GUEST SPEAKER CRAIG TAYLOR, BENDIGO BANK
- 12, 13, 14, 15
 - THE GOLDEN LEGION OF CLEANING WOMEN POTATO SHED
- 14 · LOUD SHIRT DAY AT SPRINGDALE
- 16 • DRYSDALE MARKET 9-1
 - MILLION PAWS WALK
- 24 • BUSINESS BREAKFAST SPRINGDALE 7AM
- 25 . MORNING SHOWTIME AUSTRALIAN ARMY BAND POTATO SHED
- · AUSTRALIA'S BIGGEST MORNING TEA 27
- · ST JAMES' CHURCH CAR BOOT SALE 8.30AM
 - INTERNATIONAL MEN'S BREAKFAST, SPRINGDALE BAM
 - · WHAT A MAN'S GOTTA DO POTATO SHED
- 30 • PORTARLINGTON MARKET 9-2
- 31 ADRIAN MANNIX COMMUNITY SERVICE AWARD DINNER



SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

Facilities for Hire & Services @ the SpringDale Centre

- · Personal use of Computers
- Internet Access
- Photocopying
- Faxing
- Laminating
- · Room Hire
- · Crockery Hire
- · Tables & Chairs Hire
- SpringDale Messenger in large format



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SpringDale Neighbourhood Centre

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The SpringDale Messenger

Production & Designed by Lyn Ingles - blue pencil publishing

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



Dear Friends

I look forward to sharing words with you each month. I try to think of something to say that each and every person who reads this may draw ideas, information or inspiration. At the moment I'm enjoying a few days away from work. I love taking the time to look around me and think. I love taking time to be quiet and read. I love taking time to catch up on movies that have been released. I love taking time to do the ordinary every day things. I love making time to make dinner slowly and to prepare meals ahead for the busy months to come.

Men's Kitchen at St Leonards

Special things happen at SpringDale every day. The other day three things converged to encourage us to set up a Men's Kitchen in St Leonards. Our Men's Kitchen groups are proving to be so much fun. Approximately 30 men participate weekly in the 3 established kitchens and we have a Ladies Kitchen on Friday mornings. These groups make approximately 200 meals each week and have fun doing so. We already have a couple of names for the new kitchen at St Leonards and a facilitator so it will start quickly, please let us know if you would like to be part of this group.

Volleyball, Walking, Badminton

The Volleyball group has commenced and is enjoying their weekly game, as does our Badminton group. Our Pole Walking group continues to grow in numbers, there are now 25 members of that group. Some members of the Pole Walking group would like to share Pole Walking with community members during the evening. Please register your interest in trying this activity.

Neighbourhood/Volunteer Week

Neighbourhood House Week and Volunteers' Week both happen in the week 10-16th May. It gives us all a great

opportunity to say thank you to those volunteers who help to improve our lives. The CFA and SES volunteers who are there in times of emergencies, our volunteer sporting coaches and trainers, the leaders of youth groups, the club Presidents, Secretaries, Treasurers and other office bearers, the special people who do the dishes, deal with the rubbish, write the newsletters. Please let them all know that you are grateful for every little or big thing they do to make our lives and our community a much richer place to live.

During Neighbourhood House Week you might like to venture through our doors for the first time to experience what happens at SpringDale. You might see groups or classes in action, you might have a cuppa and a chat, you might wander through the different rooms and learn all the different activities that happen in all the different spaces spread throughout the week and the month. If you are a regular at SpringDale maybe take the opportunity to try something different. We have 2 bus trips happening as

The other day, I was privileged to see some of the Writing Group's words and asked if I could print part of Jock's writings here. Jock wrote, "Timing. Timing is the secret of the engine. On the steam engine a valve has to open when the piston is at the top The internal combustion engine needs valve timing and also spark When I read this short piece I instinctively replaced engine with life. I believe timing is the secret to life and also having the spark available. Hope your timing is ok and you have plenty of spark!

Hoping to see you at SpringDale soon. Warm regards

Anne Brackley

for the SpringDale Team

UPDATE @ SpringDale



ourse Update

We now have a Mosaics teacher. We have received many requests to run a Mosaics course and now we have a register your interest so we can contact you when we have more details.



Now is the time to collect buttons, foil, ribbons and beads and start your own craft box. Your children and grandchildren might enjoy being creative and it should keep them busy for a few hours.

For more crafty ideas why not visit SpringDale on a Tuesday from 1.30pm to 3pm and meet the Textile and Craft Group. They are a great bunch of people and welcome any person who is interested.

Be part of the Mother's Day Walk Sunday, 9 May

4km & 8km walk Eastern Beach Reserve Geelong Call Curves (03) 5253 3029

for more information

Vacation Care & SpringDale Holiday Program

Bookings are open for the Winter program. We only have 20 places each day, so get in quick



Children between 5-12 years. Conducted in a safe environment. Register now. Working in conjunction with Getting Active.

Phone SpringDale (03) 5253

SpringDale Neighbourhood Centre Inc.





It is all about Breakfast your business

Monday 24 May

Business Breakfasts are a great way to make connections whilst hearing from nominated businesses in a relaxed environment. The Business Breakfasts are held four times each year and the next one will be held on Monday 24 May at SpringDale at 7am. To make your reservation, please telephone SpringDale on (03) 5253 1960.

Nicholas Stephens wins 'Youth of the Year' Regional

DEAF KIDS

TALKING

Bellarine College student, 17 year-old Nicholas Stephens of Clifton Springs, has been judged the Winner of the Lions National Bank Youth of the Year Regional Final against 5 other contestants. Representing various Lions Zones around the Geelong and Bellarine area, the 6 Regional Finalists, from Bellarine College, Christian College, Geelong Grammar and Oberon High School, were interviewed by the Judges then spoke in front of about 100 Lions members at Bucklev's

Restaurant. Lion Adrian Miles, National

LOUD

SHIRT

Chairman of the Lions NAB Youth of the Year Quest, was very impressed with each of the contestants and believes the standard is getting better each year.

"This is an important Project for our Youth" said Lion Adrian.

"To have the opportunity to progress through the various processes of developing a CV, going through an interview, answering two impromptu questions in front of an audience then presenting a 5 minute prepared speech, is a worthwhile challenge".

"Many employees are impressed when they are told an applicant for a job has been a contestant in Lions Youth of the Year Quest" he added.

Year 11 and 12 students are urged to enter the 2010/2011 local Lions Club's NAB Youth of the Year and should talk to their English teachers about obtaining an Entry Form from their Lions Club Youth Chairman.

For more information contact:

Lion Cam McLean Publicity Officer (03) 5259 1481.

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Being DAD after Separation

Our business wants to help

get deaf kids talking!

Gold Coin Donation to participate

at SpringDale

As part of 'Blokes Day Out' **Catholic Centrecare Family** Services invite Dads to enjoy pizza and join in a FREE

> WORKSHOP on the struggles and joys of being Dad after



WHEN?

6pm, Tuesday 18 May 2010

RSVP

To reserve your place please call by Tuesday 11 May 2010

Centrecare Catholic Family Services 03 5221 7055 SpringDale Neighbourhood Centre 03 5253 1960









Working with and for the community

- Counselling Centre
- Foodbank Plus
- Second Chance Clothing
- Life Skills Seminars
- Smile (Support for Single Mums) 276 - 290 Jetty Rd Drysdale (03) 5253 2241

Prepare to be busy... June Issue SpringDale Messenger Course &

Opportunity Guide



The most challenging thing I face these days is trying to understand what people are saying or writing. Where has all the plain English gone?

I am fed up with jargon, gobbledegook and weasel words.

For example:

Each room is a densely layered pastiche – from a decorating magazine.

This recipe captures the essence of the manifesto – from a cookery magazine.

Experience the creative spaces of Scotland - from a tourist blurb.

A delectable degustation lunch - from a Sunday newspaper.

Initiatives, goals and values, go to a new level, interact, source items and teamwork are ladled over every sentence. Punctuation is out of fashion so that I have to read the same sentence three times to understand it.

Realising I must keep up with the times - accommodate change - I shall endeavour some New Speak:

I am cognisant of your articulated key goals and values and will initiate progress of the guide lines to interact with market forces so that our networks are enhanced and the environmental footprint is negated and we can go forward with positive outcomes regarding your concern.

OK, you've got a problem.

I'll see if I can fix it.



St James' supports community.

Book Sale has worthwhile beneficiaries



Here David Lamont is presenting the cheque to the President of the Giggles Playgroup, Cherie Donselaar.

St James' Church is always very grateful to the community which supports it. At the Bunyip Festival the Acting Vicar, David Lamont, was delighted to present cheques of \$300 each from Book Sale proceeds to Drysdale and Clifton Springs Primary Schools. Betty Wilson, the Book Sale organiser, is an ex school librarian and always found it heartbreaking that children, whose parents could not afford to send them on school excursions, had to spend their day in the library instead of enjoying a day out.

Therefore, this money is intended to assist children from disadvantaged families to attend those outings they would otherwise have missed.

A cheque for \$100 was also donated from Book Sale proceeds to the Giggles Playgroup which holds two sessions in St James' Hall on a Wednesday.

Fundraising for the Church Hall renovations continues, with the first Car Boot Sale of the series making a profit of around \$550. St James' says a big *Thank You* to all those who came and supported this event. **The next Car Boot Sale is on Saturday 29 May at 8.30am.**

More good news was contained in News from Lisa Neville (April SpringDale, P11) under the heading *Church Hall Receives Heritage Funding Boost* as grant of \$50,000. However, many more dollars will be needed to complete the renovations, as the total expenditure is estimated at \$500,000.





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SpringDale Committee of Management

Meeting with City of Greater Geelong

To further the process of co-operative decision making for matters affecting our local community, the SpringDale Committee of Management recently met with Paul Jamieson, Manager Community Development, City of Greater Geelong. The purpose of the meeting was two-fold. Firstly to bring council up to date regarding our recent achievements and growth and secondly to identify our concerns regarding recent Council Planning projects and reports emanating from council.

The meeting started with a presentation to Paul that detailed our growth and achievements over recent years and how we are often experiencing space issues for the delivery of services that we offer. Paul was already aware of most of this content, if not its full detail. We then detailed our concerns regarding recent City of Greater Geelong planning documents. Specifically, we (SpringDale) were particularly disappointed that the

City of Greater Geelong- Drysdale Clifton Springs Structure Plan 2008/9 replaced several of our heavily utilised buildings with car parking.

Paul said that the SpringDale Neighbourhood Centre and the services it provides are valued by the council and will continue to form a vital part of any future plans for Drysdale. He said that the Structure Plan had already been amended to reflect this.

Paul spoke of the concept plan, designed during the Walkability/ Community Building consultation last year. He explained that this was to draw attention to planning issues that need to be addressed for the long term and into the future. He also explained that any specific changes in existing land use will still need individual planning action plans and approval prior to implementation.

Discussions continued around how council balances the needs of all sectors

in the community and how a future close working relationship between SpringDale and the council would assist to address all needs and concerns prior to any adverse planning decisions being contemplated by City of Greater Geelong.

This column will now be a regular SpringDale Messenger item, where the SpringDale Committee of Management brings to light items of public interest and issues for public discussion. We hope you find it of benefit.

As always, we welcome any feedback.

Regards

Jonathan Harris

President

SpringDale Committee of Management

DRYSDALE & CLIFTON SPRINGS COMMUNITY ASSOCIATION Inc.

Contacting DCSCA: PO Box 581, Drysdale, Vic. 3222; OR dryclift@bigpond.com For up-to-date news, please visit DCSCA's blog - drycliftdays.blogspot.com/

Changes to our towns

The last two DCSCA columns have mentioned City of Greater Geelong (CoGG) proposals to rezone parts of Drysdale & Clifton Springs as suitable for high-density housing. The proposals generated a lot of local opposition and



GLG 58,59 - Mark Cline C/Springs Bowls Club Clifton Springs

> (03) 5253 2717 2nd Monday • 7pm

WATCH INFORMATION

GLG 68 - Doug Palmer SpringDale, Drysdale (03) 5251 2522

4th Monday • 2pm

GLG 69 - Steve Ball Clifton Springs Primary School 0403 607 544

2nd Monday • 7pm

very little support. DCSCA helped residents of the Springs Street area of Clifton Springs to challenge proposals for a new housing estate there and CoGG eventually abandoned that plan. CoGG referred its remaining proposals to a Planning Panel appointed by State Planning Minister Justin Madden. If you would like information or advice about the Planning Panel, please contact DCSCA.

Money down whose drain?

CoGG has agreed with Melbourne-based Pinnacle Living to share the estimated \$1,492,827 cost of a proposed new drain for a retirement village in Clifton Springs and expects local landowners to pay most of it. The proposed new drain will serve an area bounded by Jetty Road, Ada Street, Thomas Street and Central Road. Most landowners in the area face bills of between \$3,000 and \$256,888. A public meeting on Wednesday 31 March (featured in A Current Affair) said unanimously that Pinnacle Living should pay for the drain, as they would profit from it. DCSCA is working with local residents to put their views to the CoGG and is also formally opposing the present

The Drysdale Festival of Glass

DCSCA has initiated this unique Festival, which will combine art, craft and industry.

The Festival organising committee meets regularly and is exploring dates and locations. At this point, the preferred date is a Saturday in mid to late February 2011. Word of the Festival is starting to get around - several local artists have contacted the committee.

Some committee members are booking stages and tables and organising entertainment, refreshments, car parking, etc.; others are investigating funding; others are listing potential participants including glass artisans, artists, companies, wholesalers.

For more information, see the DCSCA blog; and watch for news updates in the Bellarine Times and the Independent.

Patrick Hughes Secretary



0437 072 015 64 Beach Road Lower Bluff, St Leonards



A is for Animals at the National **Wool Museum**



1943-08-13. Northern Australia. A pet ring tailed possum examines Department of Information movie camera somewhere in North Australia and assumes the operators' stance. (negative by H. Dick).

A great exhibition is on now until 6 June at the National Wool Museum, 26 Moorabool Street Geelong, which relates to animals in times of war. Animals including horses, donkeys, camels and dogs have worked alongside Australians in war for over one hundred years. This exhibition is on loan from the Australian War Memorial in Canberra and contains some fascinating and moving stories.

Be sure to take the whole family to A is for Animals.

Full swing at the Shed

April saw the Potato Shed season get into full swing with some exciting touring and community events taking place including CCP's House vs Hurricane gig, Broken Leg Productions original - Dire Fear and the sellout performances of Cosi. Desperate Housewives will finish off the month in grand style with a Grease Lightning show. May is certainly not going to slow down, make sure you join the party. Know any teenagers who are budding comedians? We are delighted to announce that Damian Callinan is hosting Class Clowns at the Potato Shed this year. Class Clowns is a secondary school competition where budding students participate in workshops with Damian during the day before competing for a chance to perform at Australia's leading comedy festival. If you know someone who would be interested in giving it a go or you want to come along and see the competition contact the Potato Shed. In the touring season Australian Army Band return for morning showtime and another great comedy show What a Man's Gotta Do - a hilarious one man comedy musical.

For further information on any of our upcoming events or to book tickets call the Potato Shed on 03 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

double pass at the potato shed Please Tick your preference

Australian Army Band **Tuesday 25 May** Morning Showtime @ 10.30am

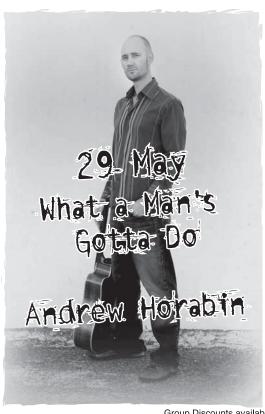
Includes Morning Tea

What a Man's Gotta Do Saturday 29 May 8pm Show

To enter fill out the coupon below and send or deliver to: SpringDale Neighbourhood Centre High Street, Drysdale

Phone No: (03)

COMPETITION CLOSES 3PM THURSDAY 20 MAY





What's on at the shed in May

4 May Class Clowns **National Secondary School Comedy Competition Hosted by Damian Callinan**

1pm - Workshops /4pm - Presentation Gold Coin Donation

7 May Spud Club

6.30pm - Children / Teenagers 8pm - Adults \$6 entry incl. 1 comp drink

12,13,14 & 15 May The Golden Legion of Cleaning Women **Blunt Productions**

7.30pm Adults: \$15 / Conc: \$13

25 May Morning Showtime **Australian Army Band** 10.30am / \$13.50 incl. Morning Tea

29 May What a Man's Gotta Do 8pm Cabaret Style Table Seating Adults: \$22 / Conc: \$15

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the **Potato Shed on (03) 5251 1998.** Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale. Ph: 5251 1998



FIRESTAR - the tribute rose - For more information www.firestar.org.au





The CFA has launched its first commemorative rose, *Firestar*, which pays tribute to the firefighters of Black Saturday. *Firestar* is a beautiful deep apricot rose which was first displayed at the Melbourne International Flower and Garden Show in March 2010 and will be available at Bunnings and Mitre 10 stores from June 2010. Proceeds from the sale of the rose will help provide new equipment and training for CFA brigades. Please buy one soon and help support a great organisation.

WORLD ASTHMA DAY 4 May 2010

World Asthma Day is held each year on the first Tuesday in May and is designed to improve asthma awareness and care around the world.

Asthma affects over 300 million people worldwide. During asthma attacks the smooth muscle cells in the bronchi constrict, the airways become inflamed and swollen and then breathing becomes difficult. Asthma is caused by environmental and genetic factors.

The Asthma Foundation of Victoria is a community based, not-for-profit organisation dedicated to providing asthma education, information, research and community support all year round.

The Asthma Foundation of Victoria has made available new Asthma Information Kits. These kits contain all relevant information and resources to assist you in understanding asthma and making informed decisions.



To order your free Asthma Information Kit please contact the Asthma Foundation of Victoria's HelpLine at advice@asthma.org.au or call 1800 645 130.

and is designed to



Bokashi Update

We now have approximately 150 Bokashi Buckets in circulation – people continue to stop me in the street and thank SpringDale for introducing this system to so many people.

I am also asked about my garden. The other day I had to admit that my garden had been a no dig garden for a while now as I hadn't devoted any time to it for ages. It's time for me to get back into my garden and get ready to have lots to swap at Harvest Basket later this year. If you would like to submit photos of your Bokashi garden or your produce we'd love to publish them. Buckets and Bokashi grain are still available at SpringDale as is Shift, a Bokashi product to help process dog droppings.

Funeral Information Options & Advice

Long time Bellarine resident and Funeral Director Alan Miles, can help with all your funeral inquiries and information on local cemetery and cremation options.



Alan believes flexibility is a very necessary thing these days. "Services can be of very traditional memorial nature. They can be thanksgiving or celebration services. Whatever the style of service requested, it is good to spend a significant part of the service focusing on the lifetime of the person who is being farewelled." Obligation free advice on all aspects of preplanning a funeral is also available.

Call Alan for a no obligation appointment on 5221 4788

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around the garden

As a gardener I hear many garden tales, some are good whilst others are not. An uplifting story was the one about a lady who had a strange plant growing in her vegetable patch. It did not resemble

anything else in her patch, so filled with curiosity she let it grow. And grow it did, tall and strong and after several weeks the mystery was solved. A beautiful sunflower emerged as large as the moon and of the brightest yellow

ever seen. She said that every time she saw it, it made her smile and she was glad that she let it grow.

The other story did not have such a happy ending. This gardener, weary from a long trip, went to check out his vegetable patch only to discover a bug invasion. In an attempt to save his remaining vegetables he went down to the shed and grabbed the bug spray and started spraying. A few days later all the vegetables started to die. Yes, you guessed it, he had mistakenly used a herbicide. He was devastated by his mistake.

With May come cooler days and nights. As the leaves fall, gather them up into a pile. When you have a big pile, pop them into

handful of manure or chook

and secure. Punch a few

Spring you should have a

for the garden.

lovely bag of compost ready

Lightly mulch the garden as this will stop

the surface from drying out but will still

allow any good heavy rain to penetrate

deep down to where it is really needed.

heads of emerging bulbs, this is the time

By now you will start to see the green

pellets a good squirt of water

holes in the bag and leave for

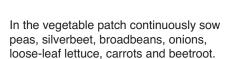
a few months. Shake the bag

once or twice a month and by

handy gardening Earwig capture solutions:

Crumpled newspaper in toilet rolls, shaken out daily into bucket of hot oil half buried in the soil. Containers of fish oil (tuna, anchovy) half buried in the soil. Result death by drowning.

water. Containers of water and linseed All these have proven to be effective.



Clifton Springs Garden Club next

meeting is Monday 17 May at 7.30pm at Drysdale Uniting Church Hall, Palmerston St, Drysdale. Our guest speaker, floral designer, Barry Calcutt. Come along and share in the delights of gardening.

Enquiries call Lorraine (03) 5251 1660.

You may think of beetroot as a summer vegetable but try it oven roasted. Simply delicious.

Till next time, happy gardening, Lorraine.

to give them a complete fertilizer. A fertilizer high in potash promotes black plastic bags along with a good flowers.

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The Springdale Messenger May 2010 <



As our pets get older and during the cooler months, there are a few things that we can do to make their lives more content.

- Arthritis Providing a warm and draft free bed can assist with old and sore joints. Medications and food supplements may also be required – especially during the winter months.
- Dental Hygiene A good mouth and teeth makes eating a lot easier. Not to mention nice smelling breath. Feeding special dental defense foods or fresh raw bones helps keep tartar build up under control.
- Nails As walking and activity becomes less frequent, your pet's nails may become long and sharp. Nail trims every few months will help.
- Diet A senior food has all the right minerals and vitamins for our furry friends.

Older Pets Check List

- Waist Line Overweight animals suffer in more ways than one. Carrying extra kilo's can effect their heart and put strain on their joints (arthritis).
- Veterinary Visits Yearly checks with your Vet is a must.
- Remind Them They Are Older –
 Sometimes our pets like to think they are still young. For example thinking they can still jump into the back of the car! A little assistance may be required for those things they just can't do anymore. Even their regular walks may have to be shortened.



 Mental Stimulation – They may have slowed down but keeping their mind active will help with boredom and anxiety. Stimulating toys such as Kongs and Everlasting Treat Balls for the yard and house help keep them busy.

Also DOGGY DAY PLAY is great for older dogs who love to socialise with other canine friends. Phone 03 5248 7444 for more information.

• Nana Naps – Sleeping becomes a big (and important) part of their day.

These simple guidelines will ensure your older pet's years as a senior will be enriched and comfortable. For more information please phone us on 03 5248 2009.

Drysdale Senior Citizens - always on the move

Our membership continues to increase. Our lunches are still every Tuesday with the menu changing every week. Bingo follows on at 1pm and our Jackpot has not gone off yet. Wednesday at 11am we have our gentle exercise class which involves moving to music and weight training. On Thursday we have a craft day when the ladies make lovely garments and rugs for distribution to good causes. Cards, darts and snooker are available on most days. The centre is open Monday to Saturday and anyone, no age limitation, is invited to come along and join the club. We had a trip to Highbury Tearooms on April 15. The club celebrated its 41st birthday with Don Woodcock being the oldest member and Betty Saunders her 90th on the same day.

Unfortunately our President, Pat Window, has resigned due to ill health. You will be missed at our meetings Pat.

For Senior Citizen enquiries please phone Mary or Jack on (03) 5251 2983.



Million Paws Walk



This promises to be a great day out for everyone.



The RSPCA invites you and your dog to join in the RSPCA Million Paws Walk on Sunday 16 May at Eastern Gardens at 10am. Funds raised help assist the RSPCA to operate its animal shelters and provide community education on animal welfare issues.

It's the annual event for our pooches, so make sure yours is fitted out with their own Million Paws Walk merchandise. This bandana is available in three sizes and has an extra bit of stretch, just in case it's required. Make your pooch proud to be an ambassador of the RSPCA.

To register or for further information visit www.millionpawswalk.com.au or phone (03) 9224 2222.





Business insurance is easy with

Becoming a small business owner is probably one of the most satisfying decisions you have made in your lifetime. You are living the dream of many Australians and have taken on the challenge to build your company into a successful business. Whether you work alone or with a team, you will agree that one of the biggest challenges of being a business owner is finding the time to do everything.

Your business is important so it can be stressful having all the decisions rest with you. If things don't go to plan, it is not just your job that is at risk but your whole livelihood. Arranging business insurance can seem like a hassle and often confusing but you know that without sufficient insurance cover you could be in trouble if something goes wrong.

How would you continue to run your business if your laptop was stolen, or worse still, if your property was damaged in a fire?

At WFI, we have made business insurance easier to select and manage, leaving you more time to do what you do best, running your business. Designed with business needs in mind, WFI Commercial Plan offers you coverage including property damage, business interruption, burglary and theft and money cover.

WFI know that every business is different. This is why we give you the flexibility to choose the insurance cover required for your business by combining individual insurance policies into one integrated package. You can also incorporate a range of personal insurance covers into the same package, which is a great benefit.

By choosing WFI Commercial Plan you are selecting insurance cover that is backed by the security of WFI, an Australian insurer with a long and proud history of supporting businesses in Australia.

WFI are good people to know because we offer our clients a high level of personal service, delivered face to face on-site. This means you will be dealing with a dedicated Area Manager who will take the time to get to know you and your business. In the instance of a claim, your Area Manager and Claims Officer will work closely together to ensure a fast process.

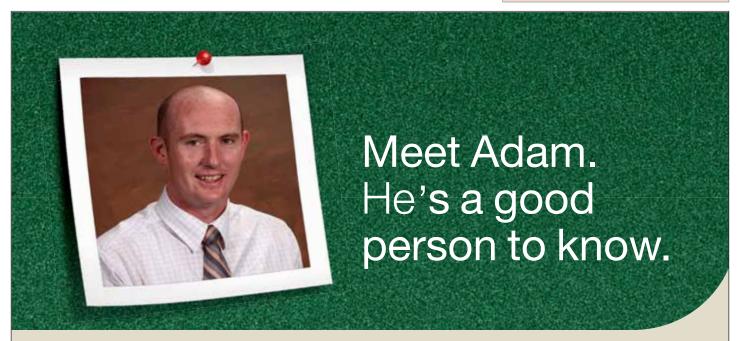
WFI operate with the simple philosophy of striving for excellence in claims and service.

For further information about our products, contact WFI on 1300 934 934 or visit www.wfi.com.au. Your local Area Manager will be happy to visit you on-site to review your insurance and provide you with an obligation free quote.

WFI is a trading name of Wesfarmers General Insurance Limited ABN 24 000 036 279 AFSL 241461, the issuer of our policies. Any advice we provide is of a general nature only and does not take into consideration your objectives, financial situation and needs.

Before acting on any advice you should consider its appropriateness. Contact WFI for a PDS to help decide if our policies are right for you. The information provided in this document is intended as a summary only and is subject to the terms and conditions of the policies. If you purchase any WFI product we will charge you a premium, plus any taxes and charges, based on your risk profile and circumstances. Where an authorised representative of WFI provides services to you, WFI pays them a commission of 5% to 10% of the premium (excluding taxes and charges). Where you have been referred to us by a third party and you decide to acquire a general insurance product from us, we may pay the referrer a commission at rates between 5% and 20% of the premium you pay for the product.





At WFI, our people find it easier to understand your business issues because they're locals. That's just one reason why WFI is a leading Australian rural and business insurance company. So, for personal service that comes to you, contact Adam Wray.

Adam Wray - WFI Geelong | 34B Malop Street | Phone 5225 5322 | Mobile 0412 117 458 | www.wfi.com.au

WFI is a trading name of Wesfarmers General Insurance Limited ABN 24 000 036 279 AFSL 241461

Good people to know.



Saster has gone, but... hocolate is

Chocolate Tudge Cake

Thin slices of this very rich and irresistible cake, served with a little cream, make an unforgettable end to almost any meal.

Ingredients

90g dark chocolate 175g butter 300g light soft brown sugar 2 eggs beaten 150ml boiling water

300g plain flour - sifted 11/2 tsp bicarbonate powder (baking soda)

1 level tsp baking powder

150ml soured cream

1 tsp vanilla flavouring (extract)

2 quantities Chocolate Fudge Icing Icing sugar for dusting

Method

Grease and line 3 x 20cm sandwich tins with baking paper. Melt the chocolate in a heatproof bowl set over a saucepan of gently simmering water, making sure the bowl does not touch the water or splash into the chocolate. Alternatively heat in the microwave on full power for about 11/2 minutes or until melted.

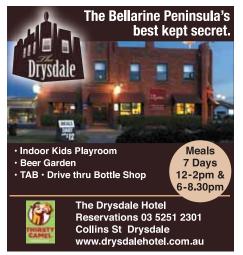
Cream the butter and brown sugar together until light and fluffy and pale in colour, then beat in eggs one

Beat the melted chocolate and boiling water together, leave to cool slightly then mix into the creamed mixture.

Sift the bicorbonate of soda and baking powder together and fold into the chocolate mixture, alternating with the soured cream and vanilla flavouring.

Divide the mixture between the cake tins and bake at 190°C for approx 25 minutes or until firm to touch.

Leave to cool in the tins then turn onto wire racks. Sandwich together with little icing between the layers and use the remainder on the top and sides of the cake. Dust with icing sugar when frosting is a little drier.





Chocolate Fudge Icing

A rich mixture that can be used to coat cakes when it is warm, or used as a filling if left to cool and then beaten till soft.

60g butter. 250g sifted icing sugar.

3 tbsp milk. 2 tbsp cocoa powder.

Melt the butter in a small saucepan with the milk. Add the icing sugar and cocoa and beat until smooth and glossy. Leave until tepid, then pour over the cake.

Variations for fudge Icing

Coffee Fudge Icing

Replace the cocoa powder with 2 teaspoons full of instant coffee granules.

White Fudge Icing

Use 2 tablespoons milk, add 60g white chocolate to the pan and omit the cocoa powder.

Hot Fudge Sauce

1 tbsp cocoa powder. 60g dark chocolate. 60g butter or margarine. 2 tbsp golden syrup. 150ml milk. 30g dark brown sugar. 1 tbsp cornflour.

To make the sauce, put the chocolate, cocoa powder, syrup, butter or margarine, sugar, milk and cornflour into a saucepan and heat gently, stirring until smooth.

Dust the pudding with icing sugar and serve with hot fudge sauce.





Chocolate Bread Pudding

This chocolate pudding is served with hot fudge sauce, and is probably the most delicious way of using up bread that is slightly stale. The bread can be left to soak in the chocolate mixture for several hours or overnight if preferred.

Ingredients

6 thick slices white bread, - with crusts removed 450ml milk 175g evaporated milk 2 tbps cocoa powder 30g dark brown sugar 1 tsp vanilla flavouring (extract) Icing sugar for dusting

Method

Grease a shallow ovenproof dish.

Cut the bread into squares and layer them in the dish.

Heat the milk, evaporated milk and cocoa powder until lukewarm, stirring occasionally.

Whisk together the eggs, sugar and vanilla.

Add the warm milk mixture and beat well.

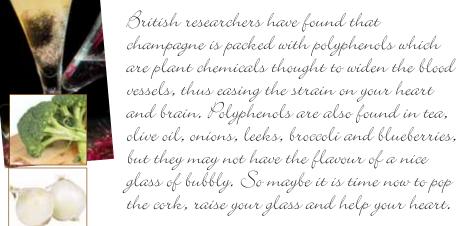
Pour into the dish, making sure that all the bread is covered.

Cover the dish with cling film and chill for 1-2 hours.

Bake the pudding in a preheated oven at 180°C for 35-40 minutes until set.

Allow to stand for 5 minutes.

Bubbly, broccoli & onions are all good for the heart



Smoking – give it up!



Smoking is a big health risk and has been linked to cancers of the mouth, bladder, kidney and stomach. Smoking whilst pregnant can lead to miscarriage or premature birth.

This year World No Tobacco Day on 31 May, 2010 draws attention to the harmful effects of tobacco marketing towards women and girls.

Maybe now is the time to make every day No Tobacco Day.

Do Not Knock

...stick it to your door



The Consumer Action Law Centre (CALC) has released a 'Do Not Knock' sticker, which warns sales representatives that they are in breach of the law if they knock on a door to which the sticker is affixed. You can download a sticker from the Consumer Affairs website or you can send CALC a stamped, self addressed envelope, and a sticker will be returned to the address you provide.

Send your envelope to: Consumer Action Law Centre, Level 7,

459 Little Collins Street, Melbourne, 3000.

CALC is also interested in hearing about your experiences with door knockers. For more information please visit the CALC website.

www.consumeraction.org.au



Dine in or Take Away orders over \$30.

TUESDAY NIGHTS - All kids meals \$5.95 OR \$7.95 with dessert & drink.

Shop 3, Village Walk Drysdale (03) 5253 2728

www.springdale.org.au

sylvia middleton

- A SCOTTISH WAR BRIDE



Rex and his beloved Scottish war bride Sylvia with their daughter Christine Middleton. Combined Probus Club of Clifton Springs/Drysdale.

A visit to the see the Living Equine Legends





Rex and Sylvia were in the audience and were thrilled to see their story unfold. Sylvia's wedding dress was included in the display of memorabilia belonging to them both.

There was also the traditional Address to

There was also the traditional Address to the Haggis where John McMaster performed the ceremony in true Scottish tradition. He was accompanied by Ron West, Scottish Piper Dale Keating and Graham Ingles. They paraded the Haggis past the audience and then John explained the tradition, made a speech in true Scottish dialect and saluted it with a small nip of whisky. The pomp and circumstance was a great spectacle.

The day was completed by an afternoon tea with Scottish fare.

It was a wonderful dedication to Sylvia and Rex with the beautiful performance by their daughter Christine.

If you are interested in *Memoirs of a Scottish War Bride* or would like to purchase a copy of *Lochs, Glens & Ingles*, you may contact Christine on **christine.mi@bigpond.com or telephone 0419 526 550.**

The Club had an interesting day trip to *The Living Legends Retirement Home* for Racehorses at the end of March in beautiful Autumn weather. Here we admired many Melbourne Cup winners and enjoyed morning tea in the homestead on the property before going to lunch at the historic Clarkefield Hotel. An enjoyable day was had by all.

Our May meeting is on Monday 10th and we still have memberships available for both couples and singles. Guests and visitors are most welcome to all our meetings, held on the second Monday of each month in the Clifton Springs Golf Club Members Room from 10am.

Contact Dorothy on (03) 5251 3702 for further information.

Address to the Haggis

L - R: Scottish Piper Dale Keating, Toastmaster John McMaster, along with Ron West and Graham Ingles.

On 28 March at the Portarlington Mill, Christine Middleton presented her rendition of her mother Sylvia's life in Memoirs of a Scottish War Bride. Christine also launched her new CD Lochs, Glens & Ingles which is a collection of beautiful Scottish songs about her parents and Scotland.

Her audience was treated to her storytelling with Christine playing the celtic harp, Matisse Schubert on the violin and Dale Keating playing the Scottish bagpipes.

Her story took us through the early years of Sylvia meeting her Aussie flyboy and keeping in touch while he was posted to different theatres of war in WWII. At the end of the war, after accepting a marriage proposal, Sylvia packs her belongings in her trunk including a wedding cake and 3 bottles of Malt Whisky from her hometown in Portsoy and then travels by ship to Australia to marry her man Rex Tate, a pilot in the RAAF.



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Bowen Therapist & Naturopath

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Local TOWN Club encourages healthy eating

We'd like to introduce you to The Springs TOWN (Take Off Weight Naturally) Club, based at the rear of Drysdale Uniting Church in High Street. The Springs Club has a membership of more than 30 women who meet every Monday from 9.15am. Meetings finish around 11am. In the Geelong area there are 22 Clubs with approx 950 members. Local clubs - The Springs, Drysdale, Bellarine and Gateway Leopold TOWN Clubs - are all on the Bellarine Peninsula. Each Club offers weekly and monthly incentive awards, regular competitions and social activities. The Springs TOWN Club will celebrate its 10th birthday in September 2010.

The inaugural TOWN Club started in East Melbourne in 1968 following a newspaper story on a similar club in America.

There are now 132 clubs in Victoria and southern New South Wales with membership around 5,500 members.

The aim of TOWN Clubs, a non-profit organization, is to provide information and skills for members to make healthy lifestyle changes resulting in lifelong healthy weight control and to prevent many of the lifestyle diseases common in Australia. People who are a bit shy about joining a weight loss group are invited to The Springs TOWN Club any Monday for a free morning to check out the group, its members and whether it's the right place for them. TOWN Clubs could be the answer you are seeking, an informal relaxed way to re-educate yourself about healthy living, effective weight control and lifestyle changes.

For more information on The Springs TOWN Club check the website www.townclubs.com.au or contact Dianne on (03) 5253 3337 or Jan (03) 5297 8162

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The fabulous sumptuous International **Men's Breakfast**



Kevin W. Fuller K.S.J, M.B.A., F.A.I.C.D., F.C.P.A., F.C.I.S., F.C.I.M.

RSVP Monday, 24 May for catering purposes, to register with payment:

03 5253 2721 The Clifton Springs Community Men's Shed 03 5259 3352 The Clifton Springs Community Men's Shed Helen 03 5253 1833 Bellarine Churches Network

Any inquiries please contact:

Rob Brown Ph 03 52513287 OR Mob 0407 916 502

Saturday, 29 May 2010, 8am **SpringDale Community Hall** 17-21 High Street, Drysdale

Super cooked breakfast @ \$10
It's time for men to enjoy breakfast together. Sponsored by The Clifton Springs Community Men's Shed, Inc. and the Churches Network of Bellarine. A great opportunity to hear the life journey so far of local boy Kevin Fuller. Kevin completed his term as World President of the Gideons International in 2007.

His life journey began in Drysdale where he was born and raised on his parents' farm. He accepted the Lord Jesus Christ as his personal Saviour when he was 25 years of age.

Following completion of his secondary schooling in Geelong he undertook 12 years of part-time study culminating with him receiving his Master of Business Administration degree from Deakin University. He was the Director of Administration and Finance for Target Australia and then Myer Stores Ltd and has been a restructuring consultant and interim Chief Executive for several large Australian and US corporations.

He joined the Gideon Ministry in 1972 and has been a leader at every level of the Australian and International organizations.

He currently resides at Point Lonsdale with his wife Anne and is President of the Gideons International in Geelong. Do your friends a great favour, bring them to experience a real men's time!

Do your friends a great favour, bring them to experience a real men's time!

Drysdale Health Group





Podiatry

- · Psychology
- Myotherapy
- Exercise Physiology
- Acupuncture

Pilates

Naturopathy

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JOIN FOR FREE* WHEN YOU DONATE A BAG OF GROCERIES.

Food or cash donation required to a local charity determined by the club. Offer based on first visit enrolment minimum 12 months direct debit programme. New members only. Not valid with any other offer. Valid only at participating locations from 1/6/10 to 19/6/10. © 2010 Curves International, Inc.

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Curves Bellarine Village Walk Drysdale

www.springdale.org.au The Springdale Messenger May 2010 <



All aboard the Island Passage

Courtesy Harvey World Travel

Welcome to the Autumn edition of *Great Getaways*. I hope everyone enjoyed the Easter break and are all looking forward to travelling again sometime soon.

There are some wonderful and exciting travelling experiences to be enjoyed on our doorsteps. We are fortunate to have international destinations only three or four hours away.

Perhaps you are looking for something completely different? Wanting that holiday getaway but don't have much time? Then maybe a short stay holiday to the majestic New Zealand or a tropical holiday to Vanuatu aboard the luxurious small ship *Island Passage*.

Island Passage is a beautifully appointed 45 metre 5 star ship that spends the summer months cruising Auckland's Hauraki Gulf in the North Island of New Zealand. The ship can cater for up to 10 couples, or can do group trip of passengers just wanting to enjoy fishing for



New Zealand's Kingfish and Snapper. Guests can comfortably fish from the three large tenders, where all the fishing tackle is supplied. The couple's trips are also a huge draw card to the *Island Passage*. Guests can spend up to four hours a day fishing, whilst

partners or non-fishos can spend their time visiting local island wineries, snorkelling, swimming with dolphins, sea kayaking, or even exploring in the ships five seater helicopter. Or perhaps just sit and relax in the lounge or spacious outdoor living area.

During the winter months or from May to September

each year the *Island Passage* makes her way to the tropical island paradise of Vanuatu. Enjoy cruising the outer islands of Vanuatu aboard the 500 tonnes of sheer luxury. You might think you know tropical island scenery like the back of your hand, but if you haven't yet journeyed around the islands of Vanuatu in the Western Pacific then there is much to learn. The landscapes are multi-layered, like somebody's superimposed one tropical paradise over the top of another. The rugged mystery of the high volcanic terrain shrouded



with jungle, tugs at your spirit of adventure, while the sublime turquoise and white of the beaches satisfies your hedonistic urge to find perfect paradise.

Once again the beautiful Island
Passage caters for groups just wanting to go fishing in this game and light sport tackle Mecca, or for groups wanting to spoil themselves in luxury with scenery, snorkelling or incredible island culture. View the spectacular land diving

on Pentecost Island, Vanuatu's idea of bungy jumping!

Carol and Glenn will be hosting a trip aboard *Island Passage* to Vanuatu in May 2011, should anyone be interested please pop in and see Carol at the Drysdale office. And enjoy this magnificent adventure on a five star vessel at an economy price.

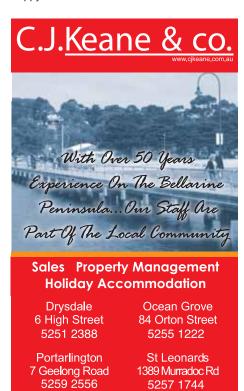
Please feel free to call in and chat to any of our professional and well travelled consultants and let us help you plan your trip of a life time.

Happy and safe travels.









Understanding is the key to dealing with hearing impairment

Better Hearing Australia (Geelong) is a non-profit, voluntary, self-help group for hearing impaired adults and their families. Understanding is the key to dealing with hearing impairment and understanding comes from knowledge. The purpose of our group is to spread that knowledge through community structures and bring the services of Better Hearing Australia to a broader section of the general public.

Better Hearing compliments the services of Hearing aid Providers, Audiometrists, Audiologists and Specialists. The services we can provide include Hearing Advisory, Referral Assistance, Information Sessions, Hearing loss management and demonstrating Assisted Listening Devices. Better Hearing also provides a quarterly magazine and the Geelong branch sends out quarterly newsletters to its members.

Being a voluntary group, Better Hearing Australia (Geelong) relies partly on membership fees to fund its activities and office. Membership is \$30 a year for individual members and \$45 a year for joint membership. Better Hearing Australia (Geelong) office is open on Mondays 9.30am - 4pm and Thursdays 11.30am - 3.30pm. Visitors are most welcome.

Better Hearing is always looking for volunteers to train as Hearing Rehabilitation Tutors. If you have a teaching or nursing background, you may be interested in contacting us.

Better Hearing Australia (Geelong) 199 Thompson Road, North Geelong. 3215. Telephone (03) 5278 8300.

Creedence Clearwater Recycled Brian Cadd and Russell Morris

8:00pm 2:45pm

SAT 15 MAY SUN 30 MAY BOOK NOW! \$25pp OR \$28 @ door Group Table Bookings (03) 5247 1986 Western Beach Rd. Opp Smorgy's On the Pier www.acornproductions.com.au

Adrian E. Mannix Community Service Award Monday 31 May

This presentation will take place on Monday 31 May at the Portarlington Golf Club at 7pm. A two course dinner costs \$23 and tickets are available from SpringDale Neighbourhood Centre, Lions Club of Portarlington/Drysdale or Drysdale Rotary Club.

This should be a memorable evening and a great way to recognise the effort of individuals in our community.



A NEW PROBUS YEAR

March 23 2010 saw the changeover of Presidents and some new committee positions for the Drysdale Ladies Probus Club at the Drysdale Football Club rooms venue.

Heather Joseph, the outgoing President, presented the ceremonial collar and President's badge to Heather Gould.

Thank you to all the new committee members for volunteering to fill these positions, thus keeping this great club ticking along.

The "GEMS" are already hard at work arranging some trips and entertainment to keep us occupied.

If you are new to the area, or newly retired, there is no better way to meet new friends or experience a variety of other group activities, than joining a Probus Club.

If you are interested or require further information please phone the Secretary, Wilma Mansell, (03) 5253 1246.



ADVERTORIAL



Jill McCallum looking after women at 'Lilly Bliss' in Ocean Grove

"Customer service is our priority and our range caters for all women including those with speciality needs in lingerie undergarments" says Jill who is a professionally trained bra fitter.

"We at Lilly Bliss provide a professional fitting service to make sure you have the style and fitting you desire and with which you are comfortable" she added.

More than 80% of women are ill fitted in their bras. This may not be giving you the suport you require and can cause discomfort. Well fitted bras make women feel more confident.

Please come in and have a chat with us to discuss your needs, and we will be more than willing to assist you and make you feel more confident.

We look forward to seeing you.



COMPLACENCY - A Reminder

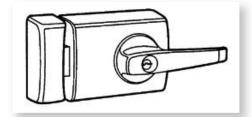
I suspect that the vast majority of our Community think as I did, that we live in a safe and friendly environment here in Drysdale/Clifton Springs. BUT last week around midnight, I was sleeping away when I was woken by a groaning noise. What I discovered was a man lying on my veranda across my front door step. He then became upright and started banging on the glassed area of my door and yelling out.

I dialled 000, gave my details to Police Department and was informed they would be there as soon as possible as they would have to come from Geelong. Next thing I heard was banging on my bathroom window. I dialled 000 again to update them and let them know I was becoming extremely anxious as he was now at the back of my home. The genuine polite response was that they will be there as soon as possible.

Two Police Officers arrived with spotlights blazing, and began their search 35 minutes after my initial call. This person was not found. The Police were most kind, efficient and comforting, assuring me that they would stay around the area for 15 minutes and cruise the streets. They reassured me as best they could, and off they went. Next morning I discovered that he had also been in my unlocked car.

Simply and because it was a cool night, I had closed up all windows and front timber door. I was most fortunate in that apart from a shake up, no harm was done to me or my property.





Make sure you purchase a reputable brand locking device to give you peace of mind and ease of operation. Check with an accredited locksmith for further information.

The population of our Bellarine has grown considerably over these past few years, and the Police Department have limited members to attend to situations like mine. They certainly do the best they can with the number of officers available, but it would be more of a comfort to have a 24 hour Station closer than Geelong, and not have to wait 35 minutes. No matter how safe and secure we might feel in our very own sleepy hollow, we should be sensible too. Remember to lock up doors, windows, cars, gates and basically take precautions to ensure safety within our own sanctuary – our home.

Cubby Owner on CC Drive.

Years ago

As reported in The Argus on Monday 24 September 1934

DRYSDALE

The Drysdale Cricket Club has been re-formed. Councillor R.G.Hall is president, Messrs. R.H.Gallop and R.Grigg are vice-presidents, Mr.H.Abbott secretary and Mr.A.L.Peel treasurer.

The main road known as Grubb road connecting Drysdale and Ocean Grove has been renamed and gazetted Ocean Grove road.

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our reader's feedback

Where is the sport?

Australians have always loved sport and with so many sporting clubs in our region it is sad to see that the Messenger does not have many contributions from sporting bodies

John / Clifton Springs

Editor: We are working on that John.

See page 23 this issue.

Book Review

I do indeed like your articles pertaining to the Book Club where a book is reviewed and rated. It is informative, well written and I can see if I would like to borrow it from the library.

June / Drysdale

Editor: Thanks June, keep the library informed as well about our Book Club. They will I am sure assist in getting the volume for you if not on their shelves.

Good hours

Really pleased to see that SpringDale is now opening during school holidays and becoming more like a regular business in the community.

Robert / Clifton Springs

Editor: We are a business Robert and having great fun as well. Come back and visit often. You are most welcome.

Health Checks

Thanks for your article on World Health Day. I will write that in my calendar each year and ensure that all my health checks are up to date.

Clare / Drysdale

Great recipes

Congratulations on your recipes featured in your mag (No 36). I picked up a copy when passing through Drysdale. The Cucumber Relish was a real winner. The recipe was quick and easy to prepare but above all tasted fantastic. It's great to see you covering such a wonderful range of recipes. My children loved your Thai Chicken Stir Fry. I can't wait to try your next lot of recipes.

Melissa Armstrong / Geelong Editor: Glad our recipes suit the whole family. We aim to make them really delicious. See page 12... Yum!



BusinessProfile

Drysdale Removals & Storage



Drysdale Removals is a locally owned and operated by Gary and Anne Taylor. Drysdale Removals is a family business which has been in operation for over 25 years. Our two sons Brent, Joel and our nephew Jonah are all part of our working team.

We are very obiliging to your needs, no job is too big, travelling local, country and interstate. We also have self storage which operates in conjunction with our removal business. We pride ourselves in being No 1 in service.

Sponsoring local sporting clubs Drysdale Football Netball Club is another of the community involvements we have.

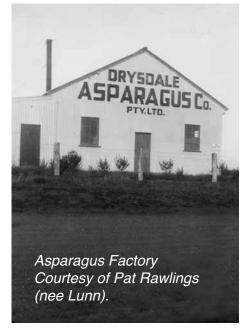
Above: The Drysdale
Removals Storage
Area

Left: Brent & Jonah



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A few people have said that they would love to tour the Bellarine with Kel and see the sights and hear the stories first hand. What sort of things would we see? One of the first things Kel would show us is the house where the McKiernans lived and brought up 12 children. He might take us to the Peppercorn trees and the Morton Bay Fig that have been in Drysdale for more than 100 years.

We might wander down to the mineral springs area and Kel could point out where the baths were and retell his antics down there. We might then wander to the west side of the Clifton Springs beach and he could show us where he quarried hell grit for glass making, then on to Coryule, where Kel performed some repairs years ago.

Kel might then show us where the Asparagus factory was sited on Clifton Springs Road and tell us about the asparagus farms close by. Then back up to the centre of town to see where he found treasure and maybe back to SpringDale for a cuppa and to plan the next expedition.

If you would like to be part of this wandering local history lesson please register your interest at SpringDale phone (03) 5253 1960. Our first day will be Tuesday, 11 May leaving SpringDale at 9.30am, cost will be \$5 to help cover the cost of the bus.

This will be another Neighbourhood House Week activity.



30th Bunyip Festival - a great result Thanks from the Bunyip and the Bunyip Organising Committee.



Photographs Lyn Ingles

Thank you so much to everyone who made the 30th Bunyip Festival so successful. Thanks to everyone who helped set up the event so efficiently. Thanks to Honourable Lisa Neville MP for opening the event and to the Bellarine Community Choir for singing. Thank you to everyone who ran a stall and special thanks to Portarlington /Drysdale Lions Club who ran a very successful sausage sizzle and gave all the profits to the schools. Thanks to Daniel Lamana for being our auctioneer again and doing such a great job of selling the wonderful prizes that our businesses generously

Thanks to everyone who performed, everyone who made cakes, everyone who helped on a stall and everyone who bought something. The rides were great, the day was fantastic. The day ended with the drawing of the major raffle and 12 Easter basket raffles. The Bunyip Festival continues to provide a great day for everyone who participates and has provided more than \$500,000 over the life of the Bunyip Festival to help the schools provide better facilities for students and also for our community. It's great that Drysdale and Clifton Springs Primary Schools work so well together to bring this event to life each year.







SpringDale has been running bus trips for the last couple of years. Some trips are to specific places such as an art gallery, a market or a Men's Shed. One of our next trips is to Daylesford and this was a suggestion from a previous bus trip. Trips or places to visit can be suggested by anyone. Bus trips provide people who may not be comfortable driving long distances with these opportunities, at a reasonable price and with a group of like minded people.

My favourite trip is about to happen again on Thursday 13 May. Last year I suggested organising groups of people to catch the regularly scheduled McHarry's bus to tour around the Peninsula. I shared a great day with a small group of people. We caught the bus outside SpringDale at about 9.45am and visited Ocean Grove and Point Lonsdale and then went onto Queenscliff where we spent about 30 minutes having morning tea and shopping. We then caught the bus back to Drysdale, swapped buses outside SpringDale then went onto Portarlington, Indented Head and St Leonards for lunch. After 45 minutes we caught the bus back to Drysdale.

It was the most wonderful day travelling on the ordinary buses that we are lucky enough to have running around our beautiful

peninsula daily. My bus fare cost me \$3.90 and most people were charged \$1.90 not bad four 4 hours touring one of the greatest places in the world.

I look forward to sharing this trip with other people who want to learn how to look at our peninsula and appreciate our special part of the world. See you at SpringDale on Thursday 13 May at 9.30am please phone (03) 5253 1960 to let us know you are coming.

We are still looking for people who are interested in coming to Scienceworks and Point Cook and we are also eager to hear any other suggestions by phoning (03) 5253 1960.

Anne Brackley A happy traveller.



Bunyip Festival

I was pleased to again open the annual Bunyip festival at Clifton Springs Primary School recently. It is a unique event that combines the efforts of the school communities across Clifton Springs and Drysdale primary schools, including parents, staff, students and community volunteers who pull this event together to raise funds to make these two great schools even better. I offer my congratulations to the Clifton Springs and Drysdale primary school councils and principals. I especially want to acknowledge Anne Brackley, whose enthusiasm for the event has ensured its success over a number of years.

Drysdale Police New High-Tech Van

I am delighted that Drysdale Police are amongst the first in the state to receive a new high-tech divisional van as part of a state-wide rollout of 200 vehicles to help keep Victorians safe. The vans are equipped with the most up-to-date technology and will be a great asset for the police station and the community.

Victoria Police members provided significant input into the vehicle designed to ensure the new divisional vehicles meet the operational needs of today's officers.

ANZAC Day

ANZAC Day was an important opportunity to come together as a community to remember all those who served and those who were lost. In particular, it was a time for us to remember the men and women of our community who gave so much on our behalf. ANZAC Day is always a moving and significant time when we pay our respects to soldiers who have served in previous wars and who are currently serving overseas. Lest we forget.

Vic Health Active Club Grants

Congratulations to Parallel Sports Incorporated servicing the Bellarine and Geelong region who have been successful in the 2009/10 Vic Health Active Club Grants Program. They are amongst 500 organisations across Victoria being funded with the aim of increasing participation in sport and active recreation. It's great to see this newlyformed local group involved in providing sporting opportunities for the physically disabled with a team of wheelchair athletes and also offering activities such as wheelchair basketball.

Self Help Group Funding

I was pleased to announce that community self-help groups on the Bellarine Peninsula will share in more than \$164,000 in funding from the State Government to help them with their important work. Included in the list are: the Bellarine Peninsula Chronic Fatique Support Group for people with CFS, fibromyalgia and multiple chemical sensitivity; the Mood Support Group; Geelong & Bellarine Cancer Patients Support Group based in Clifton Springs and the Prostate Support Group based in Leopold.

As always, please don't hesitate to contact my office if there are any issues I may be able to assist you with.

Hon Lisa Neville MP Member for Bellarine (03) 5248 3462

High on the Hog by Dennis Saliba

Courtesy of the Geelong Advertiser

Pension increase

A recent media release by the Minister for Families, Housing, Community Services and Indigenous Affairs confirmed that around four million Australians have received an increase in their Centrelink Pensions and other income support payments as at 20 March 2010 through indexation. This pension indexation increase is driven by wages growth in the six months to December 2009.

Pensions are indexed twice a year to the highest increase of three measures which are: (a) the consumer price index, (b) the pensioner living cost index and (c) the growth in male total average weekly

earnings. The Government's Pension Reforms increased the effective benchmark for singles from 25% to 27.7% of the "male total average weekly earnings".

Centrelink pension payments have therefore increased by \$29.20 per fortnight for singles on the maximum rate, and \$44.00 per fortnight for couples combined on the maximum rate. Following these increases, total pension payments for those on the maximum rate, including the base rate and pension supplement will be \$701.10 a fortnight for singles and \$1,057.00 per fortnight for couples combined.

People eligible for the Age Pension, Disability Support pension (adult rate), Carer Payment, Veteran Income support payments, Wife pension, Widow B Pension and Bereavement Allowance will all benefit from the increases. Parenting Payment has also increased on 20 March by \$26.80 a fortnight for singles.

Adult rates of allowances such as Newstart and supplementary payments are also indexed on 20 March each year to the CPI increase for the previous six months. Allowance rates for single people (21 or over, without children) will increase by \$6.80 a fortnight. Rent assistance will also increase.

We have very briefly covered the Centrelink pension increase as at 20 March 2010 in their basic form. For more detailed information about the changes to the pension system and how this may affect your individual circumstances you should talk to your financial planner.

Dennis Saliba is a Senior Financial Planner and Representative of Bendigo Financial Planning, a part of the Bendigo & Adelaide Bank Group.

This information is of a general nature only and not intended to provide neither technical nor detailed advice. Information in this article is based on information believed to be accurate and reliable at the time of publication. You should seek individual advice regarding your personal situation.







Clifton Springs Primary School

Innovate, Engage, Excel

A new motto for Clifton Springs Primary School

Following a great deal of debate and weighing up many alternatives, the Clifton Springs Primary School Council has decided on a new motto: Innovate, Engage, Excel. After a school community consultation process in term one, it was decided that after 21 years as a school, we needed a new motto that said more about our culture and values as they have evolved significantly since the school was first opened.

Selecting a new motto was a very difficult decision. There is so much that we wanted to communicate to the wider community about a school that has a track record for innovative curriculum design and being at the forefront of environmental and sustainability education. We also wanted it so that children come first and that the school community works hard to engage

students through every possible opportunity. We also needed a motto to our students. We hope that these three

Our previous motto Learning by the Bay reflected the beautiful surroundings that our school is set in. We aim to retain this connection by keeping the school emblem design which shows the picture postcard view of the You Yangs rising up from the bay as you drive down Jetty Road.

Over the next term the school community will be consulted about how we define each of these words and how our school will live them out in a meaningful way.

Belinda Vander Bruggen

Assistant Principal Clifton Springs Primary School

reflect the high expectations we have for words can do all of this.

with Pierce Jaques

Dropbox

Several months ago I was reading an article about email etiquette, and the biggest bugbear of that publication's readers was attachment size.

(How it can hinder or even disable the flow of email to your Inbox.)

With the increasing pixel count of each new digital camera, the size of a single snapshot has been steadily increasing. It is now possibly for a single photo taken with the default settings of the camera to be around 3 Megabytes in size. Unfortunately the rest of the systems involved have not kept up with the same rate of incremental expansion. In short the photos taken from your digital camera today are now getting too big to be reliably emailed. (This is not a fault of your camera, you should be taken photos at the best quality you can!)

One great solution to this is Dropbox. This website and software solution allows you to share your photos with whomever you wish by granting them access to your section of the website. Once the application is installed, you simply copy your photos to the newly created Dropbox folders, inside Documents on your computer, and they will be uploaded to your online account. You then give permission to friends or family by inviting them to access these folders online.

The thing which really stands out about this service, other than the 2 Gigabytes of free space, is that the indented recipient of your photos does not have to install anything on their computer to access them. (They simply access and download the files online.)

For more information, and a cute video explaining how it all works, go to:

http://www.dropbox.com/ **Pierce Jaques** pierce@ingot.net.au

Country Women's Association

Our country women - fulfilling their busy missions

The Drysdale branch of the Country Womens Association had a busy month in March, celebrating its 62nd birthday with a special afternoon tea on meeting day, participating in the Bellarine Show and helping in the cooking section, having a stall at the Bunyip festival, selling raffle tickets and little knitted chickens for Easter, all rounded off with a visit to the Ballan Quilt show organised by Geelong Group President.

All proceeds from our many activities go to local organisations when we disburse our funds in August.

May is membership recruitement month and if you would like to join or just come

and have a visit with us you would be most welcome. We meet at the Clifton Springs Golf Club in the room down under the Bistro on the second Tuesday of the month at 1pm.

For further information contact Dorothy (03) 5251 3702 or Shirley (03) 5253 2757.

If you are interested in what the Country Women's Association is all about visit www.cwaofvic.asn.au and see why we flourish in our communities.

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GO HAWKS

Support the **HAWKS...**Purchase a Membership for the 2010 season

Footy is thriving and the Hawks are hopeful of another good year. Put on your boots, slip on your jumper, bring along the kids and support your local football team.

The matches arranged for the Hawks for May – home against Geelong Amateur on May 1, away against Queenscliff on May 8, home against Newcomb on May 15, Bye on May 23 and away against Torquay on May 29.

Like all clubs, memberships are vital to the Drysdale Football Club (DFC) and there is still time to buy one now. Running the DFC is an enormous job which is done completely by volunteers. All areas desperately require helpers, so if you can assist in any way, please contact the club.

SpringDale Football Club - ON the

SpringDale FC are putting the final pieces into place for the 2010 outdoor soccer season, which is due to kick off in the first weekend of May. Please get in touch if you are interested in playing in one of our senior or junior teams, as the final few spaces are filling up fast. The club has entered the following teams into competition:

2 x senior mens teams

1 x under 9's mixed team

2 x under 7's mixed teams

The club also runs a soccer program for those children who are 5 years old or younger, with the aim being to develop their coordination and skills, to learn the basics of being part of a team and above all to have fun.

Registration for competition and fun programs is necessary, fees are \$75 for juniors to play in competition or \$30 to take part in the training programs. All fees contribute to the cost of insuring our young players and contributing towards overheads.

Training for juniors is now run indoors at Drysdale Primary School Hall, from 6pm onwards on Friday evenings. At the same location on Wednesdays, the senior mens team train by having a social futsal (5 a side soccer) match at 7.30pm onwards, social players are welcome to come and have a kick, players of all abilities and fitness levels will be made welcome.

Whilst pre-season preparations have taken up most of our time, we did make an appearance at the Bunyip festival in

Rick Paradise

Output

March, where our club's stand was very busy with the large numbers of children, who won a free prize each for having a go at scoring a goal. Our thanks go to the organisers of this excellent family event.

Watch this space for news on how we go in our first season of competition, or contact club president Geoff Briggs on 0428 501150, or visit our website at www.springdalefc.com.au

Best Regards, Geoff Briggs / 0428 501 150





by Harold Waldron of Portarlington who agreed to take over after the sad passing of Helen Watts in 2009. On Monday mornings at 10 to 9.00 for a 9.00 start we meet and sign on at one of eight locations which include the Curlewis Rail Trail, Drysdale Railway Station Trail, Anderson Road Rail Trail and the foreshore at St Leonards. There are some younger members, but most of the group are retirees, so we walk alone, in pairs or groups for half an hour or less according to fitness and health, at our own pace, then return to the starting point.

This usually results in valuable even exhilarating and scenic exercise, with the bonus of camaraderie. There is no hint of compulsion, competition or pressure, and motivation is ensured. As well as Harold and Doug carrying first aid kits, front and rear, we avoid crossing roads so the walks are safe and of course we're open to suggestions for new locations. Gratefully we contribute a dollar towards costs.

Initially you are provided with poles and only buy your own when you're convinced you'd like to continue. The poles can look strange at the height of our Australian summer, but apparently the origin of their use for walking was off-season training for cross-country skiing. There are so many styles as there are members, but several have been trained and are happy to demonstrate and assist. The more authentic the action with the poles, the greater the upper respiratory and cardiac value of the activity. Most people also feel more secure supported by the poles on varied terrain. A DVD is available for those keen to perfect the technique.

SpringDale

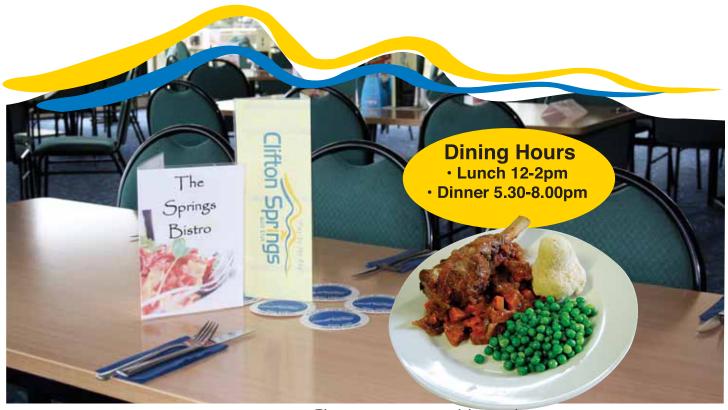
notball Club

So, walking is good for you, pole walking is better.

We often gather for coffee at a local café and had an enjoyable Christmas morning tea at Van Loon's Nursery. If you would like to join us please contact SpringDale for more details.



www.springdale.org.au The Springdale Messenger May 2010 <



emberships

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