ingDale ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc.



en kicked to success

Drysdale footballer Ben Allison wins PURA Power Kick at Skilled Stadium



Ben Allison has won the final of the U/16 PURA Power Kick with a kick of 53.5 metres from ten other contestants. Ten finalists from ten local Football clubs kicked just before the Geelong/Brisbane game at Skilled Stadium. Ben won \$500 and \$2000 for Drysdale Football Club. Ben, a Year 10 student at Bellarine Secondary School won the Drysdale Football Club U/16 section with a kick of 62 metres.

Ben was presented with a signed football from two Geelong players. He then went on to be placed second from thirty other boys in the semi final at Skilled Stadium giving him and nine others the chance to kick off in the final.

Ben has played junior football in the ruck position for the Geelong Falcons and Interleague for the past three years.

Olympic Gold Medallist and PURA milk ambassador Kieran Perkins presented Ben his cheque in front of the Premiership Stand at Skilled Stadium.

New in town?

Come and join in our 'Welcome Morning Teas' on the 4th Monday each month at SpringDale.

Harvest Basket

Swap & sell home produce with other gardeners. 9-11am, 1st Saturday of every month at SpringdDale.



Inside this issue:

COURSE GUIDE

Something you would like to learn in your spare time or to further your career? See the NEW **COURSE GUIDE** on Pages 11-14

Annual SpringDale Artists' Exhibition 2010



estpac

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Good Term Deposits Rates

COMMUNITY EVENTS AND ENTERTAINMENT CALENDAR

SEPTEMBER

- 4 DRYSDALE HARVEST BASKET PRODUCE SWAP SPRINGDALE 9-11
- 4 ORGAN BOY, POTATO SHED
- 5 FATHER'S DAY
- 10 CLIFTON SPRINGS ART MARKET & AUCTION AT SPRINGDALE
- 10 & 11 THE SWIMMER & PEGGY THE PINT SIZED PIRATE, POTATO SHED
- 13-19 NATIONAL STROKE WEEK
- 14 THE BARD BARED THE TRUE STORY OF ROBERT BURNS, POTATO SHED
- 17 SCHOOL TERM ENDS
- 17 CCP GIG, POTATO SHED
- 18 ART EXHIBITION SPRINGDALE 10-4
- 19 ART EXHIBITION SPRINGDALE 10-2.30
- 22 DCSCA AGM 7PM SPRINGDALE
- 25 AFL GRAND FINAL DAY
- 26 PORTARLINGTON MARKET 9-2
- 29 BLUE RIBBON DAY

28 - 1 OCT THE 3 BEARS FOLLOW THE YELLOW BRICK ROAD, POTATO SHED



Don't miss the deadline for the October Issue. Have your copy into the SpringDale office by Wednesday, 1 September.

Be early to make sure you are included.



SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

Facilities for Hire & Services @ the SpringDale Centre

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- · Tables & Chairs Hire
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Spring Dale

Spring Dale

· Reasonable Rates · Concession Rates for Members

Copy Deadline for October 2010 Issue Wednesday 1 September 2010

Distribution - Saturday, 25 September 2010 Circulation - 6500 Copies

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

SpringDale Neighbourhood Centre

Opening Hours Monday to Friday 9am - 5pm and by appointment.

Compiled & published by the

SpringDale Neighbourhood Centre Inc. A0024916V

17-21 High Street, Drysdale Vic 3222 Postal Address: **PO Box 80 Drysdale**

For all editorial and initial advertising enquiries:

SpringDale Neighbourhood Centre P: (03) 5253 1960 F: (03) 5253 3050 E: messenger@springdale.org.au W: www.springdale.org.au

The SpringDale Messenger

Production & Designed by Lyn Ingles - blue pencil publishing

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributors are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger.

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



Dear Friends

Our new event sign is doing its job – daily we have many people coming into SpringDale because of the information on the sign. The sign was funded by a grant from the Bellarine Peninsula Community Bank (ie Bendigo Bank Drysdale) and we thank them for supporting this venture. Our new door is working well giving us greater options for use of that room.

The Cheese Making classes have started very well with the next round of classes being set up to make Camembert and Ricotta. The people who attended have also suggested a cheese club. When you come to a SpringDale event you will probably be able to taste a cheese made at SpringDale – if it lasts that long!

The Grant Writing Workshops went incredibly well. There were more than ten organisations represented. Thanks to Lynda Hansson from City of Greater Geelong for her demystification of the City of Greater Geelong grant options. We all learnt something from the session, even those who had written many successful grants. There were so many ideas being shared between groups that will hopefully lead to many successful partnerships. We highlighted many thousands of dollars of projects to improve community assets and prepare for the expected increases in population.

Our annual Art Show will be held on Saturday 18 and Sunday 19 September. Members of our Life Drawing Group and our art students will have many wonderful pieces on display. We have planned a Wellness day for Saturday, 2 October. It will be a day for personal wellness and hopefully community wellness – check SpringDale's website. Our Welcome Morning Teas happen on the 4th Monday each month. Eileen Bain is our hostess and she would love to have more people to welcome and a few more long time residents to help welcome newer people.

Hoping to see you at SpringDale soon. Warm regards **Anne Brackley** for the SpringDale team.



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Final Call Entries close 24 September

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up to date
& informative
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A business Initiative of the SpringDale Neighbourhood Centre Inc.

17-21 High Street, Drysdale Vic. 3222 (03) 5253 1960 www.springdale.org.au

COURSE UPDATE

@ SpringDale



Cheese Making

We have had great success with the Cheese making workshops having already held 4 introductory classes and are now booking people into a Camembert and Ricotta workshop on September 5, 11 and 12 from 10am – 4pm. Yoghurt and Feta workshop will be on September 4 from 10am – 4pm.

All workshops are \$65 each.

Chainmaille

People have shown interest in Chainmaille and so it will be scheduled for two Saturdays in fourth term.

Scienceworks and Point Cook Excursion



We have a small bus load organised for our excursion to Scienceworks and Point Cook. There is still an opportunity to book in to come with us on Sunday 12 September for \$20 each. Please register your interest with the office on (03) 5253 1960.

Writers Group

All are welcome to attend SpringDale Writers' Group first guest speaker evening. June Alexander, author and journalist, is speaking at SpringDale on **Tuesday 14 September**, from 7pm –9 pm. Tea and coffee will be available. Entry is a gold coin donation. *To book please contact:*

Therese: 0412 183 635 or Deb: 0404 589 188.

William Sheahan

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SpringDale Neighbourhood Centre
High Street, Drysdale

Name:			

Address

Phone No: (03)

Competition closes 3pm Wed 29 Sept

Quality Art to be exhibited at SprinaDal



This upcoming 4th Annual exhibition certainly shows the quality of the local art group.

A developing tradition of quality art making is emerging at SpringDale. Art groups, workshops and courses at SpringDale encourage art activities in our community. The major art event is the annual SpringDale Artists' Exhibition which showcases these activities and is held each spring. This year the exhibition will be open to the public on Saturday 18 September from 10am to 4pm and on Sunday 19 September from 10am to 2.30 pm.

Oil and acrylic paintings, watercolours, drawings and mixed media art works will be offered for sale at very affordable prices. There will be a gold coin entry and proceeds will go to the SpringDale Centre.

At 2.30pm on Sunday, to close the exhibition, the artists and their family and friends will come together to celebrate another successful year of art making. At this private function, those gathered will be addressed by guest speaker John Caskey, a distinguished South Australian Art Educator, and entertained by The Golden Strings.

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Art lovers enjoying the 2009 SpringDale Artists; Exhibition (Photo Lyn Ingles, 2009)

Graeme L Smith & Co



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Mention this advertisement and receive a 1 hour free consultation.



Enquiries for Stalls & donation Please call Tracy 0435 841 994

ENTRY GOLD COIN DONATION

years ago

As reported in The Argus on Tuesday 1 December 1908 **Clifton Springs**

A party of medical gentlemen to the

number of about 70, representing the Victorian Medical Association, on Sunday visited the Clifton Springs Hotel, at the invitation of Mr. T. B. Nunan, the proprietor, for the purpose of inspecting the new medical baths lately installed at the hotel. The party went down by the Courier and were met by drags at Portarlington and driven to the hotel, where they were entertained at lunch by the proprietor.

(A Drag is a large heavy coach with seats inside and on top.)







The Little Tykes Xylophone found in the music section of the Toy Library encourages the child to experiment with sounds. To quote from educators about the benefits of music "children are attuned to pitch and rhythm". They naturally like to skip and dance and sing. This toy is suitable for all pre-schoolers.

Spinners and Would-be Spinners

It seems that there are several neglected spinning wheels lurking in cupboards and under the stairs in our area, so we should be able to get a small group together. In addition to the wheel that has already been given to SpringDale, another has been offered on permanent loan, so if anyone would like to take up this enjoyable and relaxing pastime, we could accommodate them as well as those who are already able to spin.

The Textile Craft Group that meets on Tuesday afternoons has said that we may join them, so please let SpringDale know if you are interested. Joan Golding











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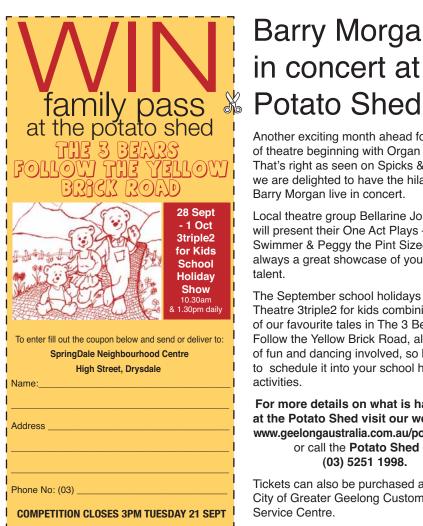
Drysdale **Community Bank**®branches 11 Clifton Springs Road, Drysdale phone 5253 3192

Phone 1300 304 541, email foundation@bendigobank.com.au or visit our website www.bendigobank.com.au/foundation

Applications close – Friday 17 September 2010

The Bellarine Peninsula Community is a management account of Community Enterprise™ Charitable Fund.Community Enterprise™ Foundation ABN 69 694 230 518. Community Enterprise™ Charitable Fund ABN 12 102 649 968. The Bendigo Centre, Bendigo, VIC, 3550. (S29444) (06/10)

Bendigo Bank



Barry Morgan in concert at the

Another exciting month ahead for lovers of theatre beginning with Organ Boy. That's right as seen on Spicks & Specks we are delighted to have the hilarious Barry Morgan live in concert.

Local theatre group Bellarine Jongleurs will present their One Act Plays - The Swimmer & Peggy the Pint Sized Pirate, always a great showcase of young local

The September school holidays will see Theatre 3triple2 for kids combining two of our favourite tales in The 3 Bears Follow the Yellow Brick Road, always lots of fun and dancing involved, so be sure to schedule it into your school holiday activities.

For more details on what is happening at the Potato Shed visit our webpage at www.geelongaustralia.com.au/potatoshed/, or call the Potato Shed on (03) 5251 1998.

Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.



CAMERA CLUB

As a result of ever growing membership, the Bellarine Camera Club has moved to SpringDale Neighbourhood Centre and meets every second Tuesday. The next meeting will be on 14 September at 7pm for a 7.30pm start. Entry is \$1.00 a night for tea and coffee etc. A \$5.00 membership to SpringDale is an annual cost to cover insurance and operation costs. For further information email the club secretary on

bellarine.camera.club@gmail.com or visit our website

www.tinyurl.com/bellarinecamera or ring the Competition Secretary Shane on 0413 607 370.

We hope the club will expand into a vibrant group catering for the needs of all ages. We have an active committee who will work with the Neighbourhood Centre, to not only expand the pleasure of photography, but give the community another activity to be involved in.





10 & 11 Sept The Swimmer & Peggy the Pint Sized **Pirate** All Tickets - \$15



What's on at the Shed in September

4 Sept - Organ Boy 8 pm

Tickets - Adult - \$22, Conc - \$18

10 & 11 Sept - Bellarine Jongleurs One Act Plays

The Swimmer & Peggy the Pint Sized Pirate 7pm Friday; 2pm Saturday All Tickets - \$15

14 Sept - The Bard Bared The True story of Robert Burns

Morning Showtime 10.30am, \$13.50 incl. Morning Tea

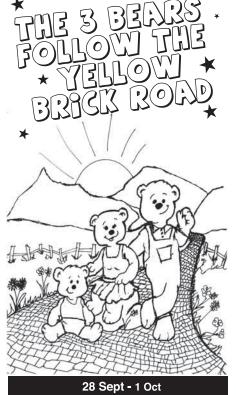
17 Sep - CCP Gig

All Ages - Drug, Alcohol & Smoke Free Event 6pm - 10pm - no pass outs Tickets - \$10 at the door

28 Sept - 1 Oct The 3 Bears Follow the Yellow Brick Road

3triple2 for Kids School Holiday Show 10.30am & 1.30pm daily Tickets: \$7.50 each & \$25 Family (4)

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong CustomerService Centres



3triple2 for Kids School Holiday Show 10.30am & 1.30pm daily Tickets: \$7.50 each & \$25 Family (4)

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale. Ph: 5251 1998



The Book Club - Enduring Love - Ian McEwan

On Monday 2 August the Book Group gathered to discuss Ian McEwan's novel

Enduring Love. The author has written ten novels of which three have been made into films. He also won the Booker Prize in 1998 for his novel Amsterdam. Ian McEwan is a crime/thriller writer and many critics consider him a maestro at creating suspense which integrates imagination with emotional alertness.

The member's comments on the book, as usual, were very varied. For some of us it was agreed that McEwan's *Enduring Love* became buried under too much factual detail which was irrelevant to the plot.

Other members thought that his book was beautifully written and his use of language

enhanced the story. The book was awarded 6 out of 10.

Members present were happy to welcome a new member to our group. We have great fun discussing, dissecting and disagreeing (in the nicest possible way) with each other, after which we enjoy a well earned cup of tea.

Our next meeting will take place at the SpringDale Centre on **Monday 6 September** at **7.30pm** when we shall discuss the book *A Year in Provance* by Peter Mayle.

Our choice for **Monday 4 October** will be any novel by Augustus Burrows.



Author Ian McEwan

C.J.<u>Keane & co.</u>



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PROBUS FOR MEN



The word PROBUS is an amalgum of the words Professional and Business.

Probus is an Association of Active Retirees who join together in Clubs, the basic purpose of which is to provide regular opportunities to keep their minds active, expand their interests and enjoy the fellowship of new friends.

The PROBUS Club of the Peninsula was the first to be formed on the Bellarine Peninsula, as a Mens Probus Club, and remains a Mens Club to the present day and is simple in structure and free from the constraints and obligations of service clubs. It involves members at minimum cost. Non political and non sectarian, the club is non profit making and non fundraising. Meetings are held on the first Monday of each month at the Drysdale Football Club rooms, commencing at 9-15am and comprise a club business session, morning tea and a guest speaker on a topic of mutual interest.

Meetings normally finished by 11-30am. Bar-B-Qs following meetings are arranged periodically as well as special lunches, including partners. Trips, tours and social events are made available for member participation.

For membership details contact the Probus Club of the Peninsula, PO Box 44, Drysdale, 3222, or phone 5251 3194 or 5251 2693. Enquiries Welcome.

From the SpringDale Committee

Last month I reported our achievements of the past year and delivered my report as President at our Annual General Meeting. I will now brief you on the year ahead. Our goals are as follows:

- 1. Spreading Great Community Messages.
- a. The SpringDale Messenger circulation will increase further and become a full colour magazine.
- b. Our website will contain more input from our groups and more current information.
- c. We want to explore the use of email for the speedier circulation of event promotions.
- 2. Our diverse community.
- a. We are investigating new cooking groups as a way of integrating minority groups in the community.
- **b.** More homework groups, and other teenage activities.
- **c.** Participation in the Bellarine Connections Group for community transport.

Community Market

3rd Sunday each month

OCTOBER - MAY

Drysdale Reserve

Craft & Produce

For Information

Jenny 0432 183 115

9am - 1pm

d. More morning Teas.

Drysdale

3. Training for a positive future.

- **a.** Regain our Registered Training Organization status.
- b. Conduct new accredited courses.
- 4. Maintaining social connections.
- a. Implement a HELP NEEDED listing.
- Seek funding for a part time coordinator installed at St Leonards Community Space.
- 5. Room for our Centre to grow.
- **a.** As need arises utilize other halls and spaces.
- **b.** Keep Paul Jamieson of the CoGG abreast of our growing space needs.
- 6. Going even greener.
- a. Make SpringDale a community example for alternate power sources with information exchange.
- **b.** Investigate and implement other *Sustainable Community* initiatives.
- c. Start a community vegie garden.
- 7. Getting Governance and management right.
- **a.** Continue to meet our operational budget.

With your help, all this and more is realistically achievable.

The COM has created SpringDale membership categories- the current \$5pa for an individual member who has access to our affiliated groups and discounts with office services is unchanged. A new *Incorporated Group Membership* of \$30pa which gives incorporated groups

'In the Village Walk

access to the SpringDale office services. A new *Whole of Life* membership - at a fee of \$100.

This new membership category has been requested by several current members who would prefer to pay a membership fee in support of SpringDale once, and never again. So it is in effect a membership pre-payment system.

We have also implemented a *Life Member* category – for SpringDale members who have given exceptional service to the SpringDale Neighbourhood Centre

As you may not be aware, SpringDale is manned by volunteers, without whom we could not survive. In the coming term we are desperately in need of volunteers with Strategic Marketing and Journalism experience. If you are such a person or know someone who is, please make yourself known to either myself or Anne Brackley.

Jonathan Harris

President, SpringDale Committee of Management.









spanakopita

- 1 tblspn butter, plus $\frac{1}{2}$ cup butter melted
- 1 small diced onion
- 2 cloves crushed garlic
- 1kg fresh stemmed spinach
- 1/2 tspn ground or freshly grated nutmeg Salt & pepper to taste
- 1 cup crumbled Feta cheese
- 1 egg plus 1 egg yolk
- 3 tblspns heavy cream
- 8 sheets filo pastry

Preheat oven to 180°. In a large sauté pan, melt 1 tablespoon butter over a medium heat and cook the onion and garlic until they are fragrant and lightly brown, approx 2-3 minutes. Add the spinach leaves and cook uncovered until they are limp and tender, and no liquid remains in the pan. Add the nutmeg and season with salt and pepper. Let it cool completely.

In a large bowl combine the Feta, egg, egg yolk and cream. Coarsely chop the spinach and stir it into the cream mixture. Lay 1 sheet of filo pastry flat on the work surface. Brush the pastry lightly with melted butter, working from the edges towards the centre, laying the remaining 7 sheets over the first, lightly buttering each one.

Spoon the spinach mixture down the long edge of the pastry about 5cm from the bottom and 2½cm from the bottom and 2cm from each side. Fold the side flaps over the filling, roll the strudel tightly into a long roll. Brush it with butter and place it seam side down on an ungreased baking sheet.

Bake until golden, 20 to 25 minutes. Let the strudel rest for 5 minutes. Using a serrated knife, slice into 8-10 pieces. Serve warm.

Baklava

This is a popular delicious Greek sweet.

Filling

1½ cups finely chopped walnuts1 cup finely chopped almonds

⅓ cup granulated sugar

1 tspn ground cinnamon

1/4 tspn ground cardamon

1/8 tspn ground cloves

20 sheets filo pastry sheet 3/4 cup unsalted butter, melted

Syrup

- 1 cup granulated sugar
- 1 cup water
- 1 cup honey
- 1 x 10cm strip of lemon peel ½ vanilla bean, halved lengthwise
- 1 cinnamon stick

Lightly butter or vegetable spray a baking tray. In a small bowl, combine the walnuts, almonds, granulated sugar, cinnamon, cardamom and cloves. Set aside. Using the bottom of the baking tray as a guide, cut the filo pastry to fit, discarding the scraps. Place 1 sheet on the base and lightly butter, lay another 3 sheets on top, buttering between each layer. Sprinkle 1/3 of the nut mixture over the pastry. Lay another 4 filo sheets above the already pastry and mixture in the tray, buttering in between each sheet. Sprinkle with another \(\frac{1}{3} \) of the nut mixture and lay another 4 sheets of buttered filo pastry. Sprinkle the final amount of the mixture and lay the last 8 sheets of buttered filo on top. Using a sharp knife, score the top in a diamond fashion, cutting through just the top layers. Prepare the honey syrup, combine all the ingredients in a large saucepan.

International Food Nights

So far this year we have had a Filipino Night and a Curry Night covering many different cultures – what other nights would you like to have?

Is there anyone out there who would like to share their national foods and culture with the rest of us?

Do you have any suggestions?
Anne Brackley & Dianne Bennett

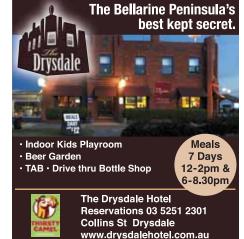


Bring the syrup to the boil over a medium heat. Reduce the heat to low and simmer the syrup until it is the consistency of thick maple syrup, about 10 minutes. Remove the syrup from the heat and let cool slightly. As soon as the baklava comes from the oven, pour the still-warm syrup over it. Let the baklava cool completely. It may be served at room temperature or chilled. To store, lightly cover the baklava and refrigerate for up to 4 days.



Gateway Plaza
Bellarine Hwy LEOPOLD

The Bellarine Peninsula's







Blue Ribbon Day on September 29

is a very special occasion in

Victoria. It is an expression of remembrance and appreciation for the Victorian Police force. Blue Ribbon Day started 11 years ago following the murder of Sergeant Gary Silk and Senior Constable Rodney Miller in Moorabbin on August 16, 1998. Police members put their lives on the line each day keeping the community safe. You can support Blue Ribbon Day by collecting a ribbon at a Police station, authorised newsagent or RACV shop.



POLICE FIRE AMBULANCE **Dial 000**

NEIGHBOURHOOD WATCH INFORMATION

GLG 58,59 - Mark Cline C/Springs Bowls Club Clifton Springs (03) 5253 2717 2nd Monday • 7pm

GLG 68 - Doug Palmer SpringDale, Drysdale (03) 5251 2522 4th Monday • 2pm

GLG 69 - Steve Ball Clifton Springs Primary School 0403 607 544 2nd Monday • 7pm



Clifton Springs Bayside

Personal Safety Tips

DO NOT KNOCK

Sick of salespeople door knocking your home? The Consumer Action Law Centre has released a Do Not Knock sticker that warns sales representatives that they are in breach of the law if they knock on a door to which the sticker is affixed. The sticker can be downloaded from: consumeraction.org.au/downloads/DO ORKNOCKB.pdf

Should you want a sticker sent to you, mail the Law Centre a stamped, self addressed envelope, marked 'Doorknock Sticker please' to:

Consumer Action Law Centre, Level 7, 459 Lt Collins St, Melbourne, 3000.

The Law Centre also wants to know about your experiences with door knockers. Email them at info@consumeraction.org.au with your story – it can be anonymous if you like.

You can also:

- · Lodge a complaint with relevant dispute resolution schemes.
- · Complain to the relevant regulators or government agency.
- · If your complaint is about energy marketing, the Law Centre strongly encourages you to contact the Australian Energy Market Commission.

You can contact them by emailing submissions@aemc.gov.au or by calling (02) 8296 7800.

Do Not Knock stickers are also available for collection at a range of community organisations around Victoria. For more details see the Law centres web site at:

www.consumeraction.org.au/

WARNING! SCAM ALERT:

Scammers are falsely using Consumer Action's name to obtain banking details from their victims. Consumer Action is not responsible for these calls and would never contact anyone requesting bank details. We strongly advise the public not to give out this information.

Our next NHW meeting will be on Monday 13 September, and the speaker will be Rhonda Rotherham, NHW Division Co-ordinator, who will update us on some of the structural changes happening now in NHW.

Call into the SpringDale Neighbourhood Centre for a copy of the 'Little Black Book of Scams Your guide to scams, swindles, rorts and rip-offs.



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Call us on 5272 4805 to find out more about becoming a Care Provider or to enquire about a child care placement. Further information can be found on the City's website www.geelongaustralia.com.au/community/family

WWW.GEELONGAUSTRALIA.COM.AU



Term 4 COURSE & OPPORTUNITY GUIDE 2010

17-21 High Street, Drysdale

Phone: **(03) 5253 1960** Fax: **(03) 5253 3050**

Email: groups@springdale.org.au

Office Hours Monday to Friday 9am – 5pm











All courses & groups are conducted in the SpringDale Centre unless otherwise specified.

For more information or to register your expression of interest about these and the following activities please contact the friendly team at SpringDale Neighbourhood Centre (03) 5253 1960

New Courses

Cheese making

Make your own Christmas presents with delicious cheeses for your family and friends. Camembert, Ricotta, or Blue Vein workshops on November 6, 7, 13, 14 from 10am - 4pm.

Fee: \$65 per session

Card Stitching

Learn the art of Card stitching on Friday mornings. **Fee:** \$6 for up to 3 cards.

Tai Chi - Evening Session

Tai Chi is a series of continuous circular, slow, smooth flowing movements that has numerous health benefits for people of all ages.

Dates/times: Tues 12 Oct – Tues 30 Nov 6pm – 7pm (8 sessions)

Fee: \$80 Tutor: Jun Yi Weng

Supporting your Children through the loss and grief experience

Has your child's pet died or has a friend died? Are you divorced or separated? So often we forget our children's feelings of loss when we go through our own loss. Maybe you just don't know what to do for them. Come along and find out how to best support your child through their experience of loss.

Dates/times: Wed 10 Nov & Wed 17 Nov

7pm - 9.30pm

Fee: \$ 40 Tutor: Therese Bryant

Chainmaille

Chainmaille is an ancient and traditional classic style of jewellery, dating back thousands of years. Aluminium rings used in class will be supplied. Students will start by making a bracelet in the European style and a necklace using the Japanese style. The workshop will be on a Friday or Saturday morning.

New Groups

Card making

A new card making group has started on 3rd Thursday of each month at 7pm for \$12.

Expressions of Interest

Picture framing

A new workshop for people who would like to frame their prints and save money. This workshop will give you the skills to cut, join and assemble a frame.

Organising Homes

Are you interested in de-cluttering your home, office or garage. Learn how to downsize, update and refresh your home or present it for sale. Are you ready for a change?

Spinning wool classes

Do you have or know someone who has a spinning wheel in the house? Why not drag it out and enjoy this relaxing pastime. Suitable for beginners or someone who wishes to brush up on an old skill.

Bridge for Beginners

Enjoy the challenge of learning Bridge on Wednesday mornings with an experienced tutor

Craft

Mosaics

Decorate a terracotta plate or pot. Please bring any old jewellery or special pieces of broken crockery that you would like to include on your piece. **Dates/times:** Thurs 28 Oct or Sat 30 Oct 9.30am –

1.30pm (1 session). **Fee:** \$65 or \$60 conc **Tutor:** Claire Hogan

Patchwork Tote Bag

Learn how to sew a lined tote bag. Use remnants of fabric to make a fabulous tote bag to carry your goods in style. Basic machine sewing skills required. BYO own sewing machine. Pattern supplied.

Dates/times: Fri 15 Oct – Fri 29 Oct

1.15pm - 3.15pm (3 weeks).

Fee: \$60

Tutor: Sonia Walder

Childs Patchwork Skirt Class

Whip up this fun, feminine child's skirt using a creative mix of floral fabrics. Made from simple rectangles, this pattern free skirt is the perfect project for using up small quantities of fabric

Dates/times: Fri 5 Nov – Fri 19 Nov 1.15 – 3.15pm (3 weeks)

Hospitality

Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry? Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture. Small groups, so enrol early. Dates/times: Sat 6 Nov or Sat 4 Dec at 12noon Fee: \$25

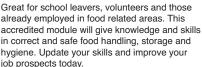
Tutor: Jordon Smith

a a

Food Handling and Safety

(Apply basic food handling)

Code FDFCORFSY1A



Dates/times: Sat 16 Oct 9am – 3pm **Fee:** \$165 or \$120 Conc + \$15 manual

Tutor: Diversitat

Food Safety Supervisor

Code THHGHSO1B, THHBCC11B, THHS2CC3B

Food businesses must have a Food Safety Supervisor. The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. Pre-requisite: Participants must have successfully completed Basic Food Handling and Safety (course listed above).

Dates/times: Sat 6 Nov 9am – 3pm **Fee:** \$165 or \$120 Conc + \$15 manual

Tutor: Diversitat

Responsible Service of Alcohol

Covers all areas relating to the service of alcohol in and around licensed premises.

Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

Dates/times: Sat 23 Oct 9.30am – 1.30pm Fee: \$85 Tutor: Diversitat

First Aid Courses

First Aid - CPR (Perform CPR)

Code HLTCPR 201A

(Cardiopulmonary Resuscitation)
Do not wait until it's too late. Learn CPR today.
CPR training offers learners the opportunity to achieve confidence in the performance of cardiopulmonary resuscitation in a safe environment. It is recommended that CPR updates are undertaken annually. First Aid/CPR is the first 3 hours of First Aid - Level 2. See that course for details.

Dates/times: Sat 6 Nov 9am – 12noon (1 session)
Tutor: National First Aid Fee: \$60

First Aid – CPR (Perform CPR) and Anaphylaxis

HLTCPR 201A/ 21659VIC Code HLTCPR 201A/ 21659VIC

It is recommended that CPR updates are undertaken annually. Within this combined course, learn to administer adrenalin for Anaphylactic reaction. This program is designed to provide knowledge and skills



to the first-aider to be able to perform emergency administration of prescribed adrenalin using the injecting device (EPIPEN). This is when a person (particularly children) have suffered a potentially life threatening anaphylactic reaction.

Accredited Certificate valid for 12 months Dates/times: Sat 23 Oct 9am - 1.30pm

(1 session)

Fee: \$90 Tutor: National First Aid

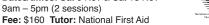
First Aid - Level 2 (Apply First Aid)

Code ALTFA301B/21569VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylatic updates) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 6 Nov & Sat 13 Nov

9am - 5pm (2 sessions)



Test & Tag Course

The aim of the course is to provide the knowledge and skills to completely meet the AS/NZS 3760:2003 in Service Safety Inspection of Electrical Equipment.

Dates/times: Sat 6 Nov 9am - 4pm Fee: \$225 Tutor: Diversitat

Construction Induction (formally Red Card)

As set out in Part 5 of the Occupational Health & Safety Regulations, a person must not do construction work at a workplace unless they are registered, or taken to be registered, to perform that work.

Dates/times: Sat 16 Oct 9am - 5pm Fee: \$155 Tutor: Diversitat

Art and Craft Discover the Artist Within Part 2

This course will explore the wide range of two dimensional art methods and media, from drawing in charcoal, pastels or pen and ink to painting in water colour or acrylics or mixed media. Annette will teach you how to use different art materials and lots of different approaches. The idea is to explore and find your preferred medium. This course works well as a refresher course or a course for new students to art. Materials required: a sketchbook or paper for planning, 2B + 4B pencils, 2 sheets of A3 pastel paper (any colour) and 2 sheets A3 water colour paper. Other materials will be provided or suggested at the course.

Dates/Times: Tue 12 Oct - Tue 30 Nov 10.30 - 12.30pm (8 Sessions)

OR Wed 13 Oct - Wed 1 Dec 10.30 -12.30pm

Tutor: Annette Playsted Fee: \$130

SpringDale Artists Tutored Group

Making art in a learning environment This course is for artists and hobbyist artists wanting to continue to develop skills and approaches to improve their practice. Annette will work one on one with participants to provide feedback and teach advanced skills and approaches. The group environment is supportive and we work towards exhibiting together from time to time. Participants provide their own materials, but advice is available about acquiring materials.

Dates/times: Wed 13 Oct - Wed 1 Dec 1pm - 3.30pm or 4pm - 6pm (8 sessions) Tutor: Annette Playsted Fee: \$130

Children's Programs

Music and Movement

Enjoyment of music, dance and song to encourage the development of beat, rhythm, tempo, pitch and harmony $\stackrel{\cdot}{-}$ all while having fun. This is a great way for little ones to develop confidence, self-esteem, concentration, memory, listening, language and self-expression.

Dates/times: Mon 11 Oct - Mon 6 Dec 9.15am - 10am (9 sessions) Tutor: Kristen Begg Fee: \$50

Health & Wellbeing

Tai Chi

Tai Chi combines movement, meditation and breath regulation to enhance the flow of vital energy in the body, improve blood circulation and enhance immune functions. Jun Yi has extensive Tai Chi experience including high rankings in several Chinese national

Dates/times: Fri 8 Oct - Fri 3 Dec 9.30am - 10.30am (9 sessions) Fee: \$90 OR Tues 12 Oct - Tues 30 6pm - 7pm (8 sessions) Tutor: Jun Yi Weng Fee: \$80

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed. Dates/times: Mon 11 Oct - Mon 6 Dec 9.15am - 10.45am (9 sessions) OR Mon 11 Oct - Mon 6 Dec 6pm - 7.30pm

OR Thurs 14 Oct - Thur 9 Dec 7.45pm - 9.15pm (9 sessions) Fee: \$75

Tutor: Glenda Breedveld

Materials: Mat supplied but feel free to bring a rug.

Computers

Limited subsidised places are funded through ACFE Funding (Adult **Community & Further Education)** and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension.

Introduction to Computers A/B

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do.

Skill Level: Beginner

Dates/times: Tues 12 Oct - Tues 7 Dec 12.45pm - 3.15pm (8 sessions) (No classes due to Melbourne Cup)

Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Lvn Brook, Lvnette's User Friendly Computers

Introduction to Computers C/E

(Intermediate Word - follows on from A/B class) Learn how to create tables, use tabs, columns, clipart and place a border, send and receive emails. Understand the Internet and browse different search engines. Learn about virus protections

Skill Level: Beginner + Dates/times: Thurs 14 Oct - Thurs 2 Dec

1pm - 3.30pm (8 sessions)

Fee: \$160 or \$80 Conc.

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Lyn Brook, Lynette's User Friendly Computers

Intro to Computers F

Learn how to install & uninstall programmes, clean up deleted items and documents, use cleaner and defragger to keep your computer running smoothly, download software from the internet free, antivirus programmes and others from the internet. Set up your computer the way you want it.

Skill Level: Beginner++

Dates/Times: Tues 12 Oct - Tues 7 Dec 9.30am - 12noon (8 sessions) (No classes due to Melbourne Cup)

Fee: \$160 or \$80 Conc

(\$50 Tuition fee + \$30 services fee) Tutor: Lyn Brook, Lynette's User Friendly Computers

Word & Excel for Small Business

Small Business owners and staff never have enough hours in the day. This course will fix that by improving your efficiency, productivity and profitability. Learn how to format a personalised mailout to your customer, an eNewsletter, use style sheets in Word, add an automatic Table of Contents, include

hyperlinks to other websites. Skill Level: Intermediate

Dates/Times: Mon 11 Oct - Mon 29 Nov

1pm - 3.30pm (8 sessions) Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Jonathan Harris JNH Software P/L

MYOB for Beginners

These sessions are designed for those just starting out and will give you a basic foundation of how to use MYOB in your business.

Skill Level: Intermediate

Dates/times: Mon 11 Oct - Mon 29 Nov 9.30am - 12noon (8 sessions)

Fee: \$160 or \$80 Conc plus Manual \$45

(\$50 subsidised tuition fee + \$30 services fee)

Tutor: Brian Knight,

Round Table Business Consultants

eBay – Sellers

Learn how to sell on eBay. Do you have some interesting articles that you've considered selling on eBay and weren't sure how to start. Come along and learn from an eBay trained professional.

Skill Level: Intermediate + Dates/times: Tue 12 Oct + Tue 19 Oct

6.30pm - 9.30pm (2 sessions)

Fee: \$90 or \$82 Conc Tutor: Angelo D'Angelo

Email & Internet

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including voice, video and interactive chat and learn how to check for and avoid viruses, Trojans and worms.

Skill Level: Beginners

Dates/times: Mon 11 Oct - Mon 29 Nov

4pm - 6.30pm (8 sessions) Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee)

Tutor: Jonathan Harris, JNH Software P/L

Computer Performance & Maintenance



Do you wonder why your computer slows down or runs out of disc space. We will discuss the causes of and how to fix these issues. This entails clearing your computer of unnecessary files and how to keep your computer running at its best performance. We also show you how to fix your computer when it does not boot into Windows and how to respond to error codes on your computer.

Dates/times: Wed 13 Oct - Wed 1 Dec 9.30am - 12 noon (8 sessions)

Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Jonathan Harris, JNH Software P/L

Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn how to use a Memory Stick and how to resize pictures and share them with your family.

Materials: Photos optional

Dates/times: Wed 13 Oct - Wed 1 Dec

1pm - 3.30pm (8 sessions) Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Jonathan Harris, JNH Software P/L

Digital Photography Doctor

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperature, different file formats, downloading images, red eye reduction and lighting techniques.

Dates/times: Tues 26 Oct - Tues 16 Nov

7pm – 9pm (4 sessions) Fee: \$100 or \$92 Conc Tutor: George Stawicki



French for Beginners.

Want to keep your mind young, meet new people and have lots of fun all in the space of an hour? Come and develop new skills, exercise your mind and challenge yourself by learning a new language! We will be studying French through a variety of mediums. Do come along and join me no matter what your level or ability. All Welcome. This course is for beginners, no prior knowledge required.

Dates/Times: Tues 12 Oct - Tues 7 Dec 1.15pm - 2.15pm (8 sessions). (No classes due to Melbourne Cup)

Fee: \$90 Tutor: Laetitia

Intermediate French

For those with some prior knowledge of the language or VCE Level.

Dates/times: Tues 12 Oct - Tues 7 Dec 10.30am-11.30am (8 sessions). (No classes due to Melbourne Cup)

Fee: \$90 Tutor: Laetitia

Non SpringDale Classes & Groups

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being

Dates/times: Term 2 classes commence on Tues 5 Oct - Tues 7 Dec (10 weeks) 9.30am -10.30am (intermediate) and 11am - 12noon (beginners to intermediate)

Thurs 7 Oct - Thurs 9 Dec (8 weeks)

6.45pm - 7.45pm (intermediate to advanced) 8pm - 9pm (beginners to intermediate)

Tutor: Monique MacLeod Fee: \$135 (10 weeks)

Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale.

Bellarine Woodworkers Inc.

Meet first and third Monday of the month at 1.30pm at SpringDale Neighbourhood Centre. New

members welcome. Just turn up.

SpringDale OCCASIONAL CARE

This will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself.

Sessions: Monday, Wednesday and Thursday 9am - 2pm. Tuesday, Friday 9am - 12noon.

For further information please phone Occasional Care on (03) 5251 1627. Sessions run during school terms only.

SpringDale VACATION CARE

Enrol your kids early for Spring Holidays in the SpringDale Vacation Care. Children between 5-12 years. Conducted in a safe environment.

Reaister now.

For further information please phone SpringDale on (03) 5253 1960.

Special Interest Groups

To participate in any of the following groups SpringDale Membership \$5 per year, and \$2 per session unless otherwise specified.

German Language Group

This group is designed for German speaking people and meets on the 1st Monday of the month at 10 30am

Life Drawing

For those who enjoy the experience of Life Drawing. Mon 1.30pm - 4pm. Waiting list may apply.

SpringDale Writers

A group to inspire and encourage each other in writing, in a friendly and supportive environment. We aim to do various writing activities that will stretch and expand our viewpoint. Meets on the 1st Monday of the month.

Book Club

All avid book readers come and share your opinions and interpretations of selected titles. Date/time: 1st Monday of each month.

7.30pm - 9pm Tutor: Lucy Pope

Homework Group

For Years 7 & above. Help with numeracy and literacy skills.

Dates/times: Wednesdays from 4pm - 5pm

Activities and Games

Facilitator: Bob Marmion

SpringDale Badminton

SpringDale Jigsaw Club

Any new interested players please contact

SpringDale. Wednesdays 1pm - 3.30pm weekly at The Scout Hall Drysdale. Fee: \$4 per session.

SpringDale Mahjong Club

Mahjong involves skill, strategy and a certain degree of chance. This group meets Wednesday from 10am - 12noon.

SpringDale Scrabble Club

Weekly Scrabble group is held on Tuesday afternoon, 1pm - 3pm and caters for players of all abilities and new players are always welcome. Fee: \$1pp.

Card Games

Members enjoy playing a variety of card games including Canasta, Euchre and 500. This group meets Monday afternoons from 1pm-3pm.

Line Dancing

If you can count to four and can tell your left foot from your right, you can line dance! Join our group. Every Wednesday except school holidays. 10.15am - 12.15pm. \$8 per session

Parents & Children

Drysdale Toy Library

Wednesday mornings 9am - 10am. We have some fantastic toys to borrow (ages 0 - 6 years) so come along and see what we have to offer. Membership \$10 per term.

Portarlington Toy Library

Wednesday and Thursday mornings 11am - 12noon and 1st & 3rd Monday evening 6pm - 7pm. Operates out of the Portarlington Pre-school. Look for the balloons and sign. New members welcome.

Craft

Textile Arts & Crafts Group

Are you looking for inspiration with selected craft pieces you've attempted to create or design. Then come along and enjoy this new group of like minded people who are passionate about quilting. felting/embellishing and mixed media projects,

cloth dolls and textile arts.

Dates/times: Every Tuesday 1.30pm - 3pm

Facilitator: Jill Birse

Computers

PC User Help Group

We can encourage people to follow their interest in computers and share this interest with others. Date/times: Meets 2nd Tuesday in the month

Health & Wellbeing

Men's Kitchen - Tuesday Mornings

We will be running a Men's Kitchen every Tuesday morning 10am - 1pm

Facilitator: Maria Menheere

Location: St Leonards Recreation reserve

Fee: price depends on menu

Men's Kitchen Wednesday Morning

Come along and enjoy making delicious tasty meals from start to finish. This is a fun group where humour exists, friendships are formed and appetites are fullfilled.

Fee: Price depends on menu Dates/times: Wednesdays 10am - 2pm OR Thursdays 10am - 2pm

Men's Kitchen Wednesday Evening

We will be running a Men's Kitchen every Wednesday evening from 5pm - 8pm. Facilitator: Gaylia Lowe Fee: price depends on menu

Borrow a jigsaw from a big library at the bargain price

of 40¢. Come along to the SpringDale Centre Hall on

SpringDale Course & Opportunity Guide 2010

Men's Kitchen

- Thursday Morning

Due to the overwhelming success of our Men's Kitchen we have created a new group. Come along and make delicious, tasty meals from start to finish and enjoy the friendships.

Dates/times: Weekly Thursdays 10am - 2pm

Fee: price depends on menu

Ladies Kitchen - Friday Morning

Ladies come along and enjoy the company of others that are looking to create delicious meals that are quick, easy and affordable.

Dates/times: Weekly Fridays 10am - 2pm

Facilitator: Geoff & friends Fee: price depends on menu

Pole Walking Group

Pole Walking is enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those

employed during a vigorous walk. Dates/times: Weekly Mondays

Facilitator: Harold Waldron

Harvest Basket

Meets 1st Saturday of every month and operates on an honesty system outside SpringDale (inside if wet) to swap home grown vegies.

Dates/times: 9am - 10am Swap

10am - 11am Vegies available for purchase.

Fun Volleyball

No experience or bikinis necessary! We play with a soft beach ball, and the aim is exercise with a lot of laughs. Other session times possible - please register your interest.

Dates/times: Mondays from 9am - 10am

Cost: \$3.00 per session

Location: Drysdale Scout Hall

Enquiries: Pauline Cline Ph: (03) 5253 2717

Bellarine Camera Club

For all enthusiastic photographers. Meets every 2nd Tuesday at 7.30pm at SpringDale.

Segullah Music Group This music group consists of lessons offered

non-singers are also welcome.

SpringDale Singers

Music

sing 4 part harmony.

to children who may otherwise not be able to

Dates/times: Tuesdays 1.30pm - 3.30pm

Bellarine Community Choir

Do you enjoy singing and giving enjoyment to others

through music? Peninsula residents are welcome to

on the Bellarine. Men and women are required to

Dates/Times: Thursdays at 1.30pm at SpringDale

A long established and informal non-performing choir

which sings both simple and challenging music in full

harmony, wholly for the enjoyment of singing. Former

choir or music group members can sing again and

join this new choir, established to perform at functions

Dates/times: Tues, Wed & Fri 4pm - 5pm



St Leonards Community Space

The St Leonards Community Space group has been operating under the auspice of SpringDale for almost 2 years. They have recently formed a Committee of Management and will regularly review and determine classes to be offered at the Space. We look forward to printing their information in the near future.

Contact St Leonards Community Space for Term 4 classes – they will be published on their awebsite in the near future.

St Leonards Special Interest Groups There are many groups meeting at St Leonards -

Social Chat, Craft, Family History, Art Appreciation, Combined Games, Casual Art, Art Appreciation, Junior Craft, PC Help and Beginners Painting.

Privacy: The SpringDale Neighbourhood Centre

respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

Enrolment & Payment Conditions

ENROLMENT

To book into a class, phone (03) 5253 1960, or call in person, at SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale, OR Email: office@springdale.org.au

- If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees.
- · Your enrolment is confirmed when payment is received.
- · Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- · We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
- · If there are not enough enrolments to successfully run a course it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.
- · Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

Bellarine Landcare

Volunteers assisted Bellarine Landcare Group to plant 740 indigenous shrubs and grasses along the Bellarine Rail Trail as part of Planet Ark's National Tree Day on August 1. Bellarine Landcare Group is revegetating a section of the Bellarine Rail Trail between Banks Road and Swan Bay Road with a total of 9000 plants in 2010, funded under a commonwealth Caring for our Country grant.



A Craft success story



Six years ago our beloved Craft Shop faced disaster and several committee members resigned. The remaining members decided that the shop would not be closed and a new committee was formed. After a few cups of tea and a lot of discussion, it was decided to give our shop the direction, respect, and perseverance it deserved after 21 years of trading.

We unanimously decided to each put in \$20 as a voluntary donation, pay increased commission on our goods, stop mailing cheques and cut back rosters and unnecessary expenses

Funeral Information Options & Advice

Long time Bellarine resident and Funeral Director Alan Miles, can help with all your funeral inquiries and information on local cemetery and cremation options.



Alan believes flexibility is a very necessary thing these days. "Services can be of very traditional memorial nature. They can be thanksgiving or celebration services. Whatever the style of service requested, it is good to spend a significant part of the service focusing on the lifetime of the person who is being farewelled." Obligation free advice on all aspects of preplanning a funeral is also available.

Call Alan for a no obligation appointment on 5221 4788

Caring for the Community
of Greater Geelong
www.tuckers.com.au

Tackers
Funeral & Bereavement Service

immediately. Helen Lucas took over as President at this difficult time, followed by Jeanette West, both doing a wonderful job.

One of the most significant changes I have noticed has been the comradeship we have all shared. We all have a say today and we are all part of our Community Craft Shop. Our Craft Shop has come along way since the disastrous period, when we found we nearly had to close. We have added some much needed facilities these past few years including two beautiful gas fires, microwave oven, bar fridge, had the floors re-polished, new Heritage Craft signs outside, new power points, fittings and light shades. Our coordinator, Claire Herrick, added elegance to our décor, with her beautiful attention to detail and creativity. We held Christmas and Spring Fairs at SpringDale and enjoyed popular street stalls outside our shop to raise community awareness and good-will. Last year we proudly celebrated our 27th Anniversary and now with our new attitude and awareness, we can look forward to many more years as our Community Craft Shop, unique to Drysdale, continues to evolve, while supporting and encouraging local crafts and also

Shah Computer's World

Computers, Software Networking

& Training
Fahim Shah

Managing Director



P: 03 5258 5109 M: 0401 560 763 E: fahimshah@bigpond.com 6 Pelham Court, Point Lonsdale, Victoria 3225

our reader's feedback

We welcome your comments about the content of our SpringDale Messenger. Forward your emails to messenger@springdale.org.au

Health issues

Am really impressed with the health page in your magazine. It is always very informative. I especially liked the recent article on Healthy Bones and I often exercise with my plants.

John, Drysdale.

Editor: Thank you, it is great to get such positive feedback.

Library makeover

I read in your magazine recently that the Drysdale branch of the Geelong Library is to be refurbished. This certainly needs to be undertaken and look forward to the result. **June**, Clifton Springs.

Editor: Our library is a well used asset and the refurbishment will be appreciated by many.

Sports Galore

Your June issue had some great sporting reports – golf, bowls, croquet, football and soccer. Hope this continues. lan, Clifton Springs

Editor: This month more news from Drysdale Cricket and Peninsula Athletics.

Kids in the Kitchen

My kids and I cooked the Vegie Burgers on the weekend and although the kitchen was a little messy, the kids loved them. Easy one for the kids, easier for the Mums. Great recipes, keep them coming.

Christine Phillips, Drysdale

Editor: We can only express our delight in the acceptance of our recipes and we will certainly keep them coming.

supporting charities, our main charity being Cottage by the Sea. We have wonderful committee members who continue to give so much of their time and effort to the efficient running of the shop and we swell with pride for what we have achieved, with perseverance, optimism and ongoing hard work. Lastly we have immense pride in our community, to our valued and loyal customers and local business that have continued to support us.

Kaye McIntosh *President*, *Drysdale Community Craft Club Inc.*



1 High St., Drysdale (old Post Office) Ph: 5251 3453

Winners are Grinners

At this time of the year the senior students at Drysdale Primary compete against other schools in Geelong in all of the major sports. Children take to the field to play football, netball, soccer and t-ball. Interested children try out at school and then teams are selected. This year the girls' teams have starred. On the big day of the Barwon Zone finals, the girls' football team donned their football jumpers and put their mouth guards in. They had a wonderful day, winning all of the games and coming home with the big trophy. The girls could not contain their excitement so when they arrived back at school, covered in mud but eager to show off their spoils, they visited the classrooms to make sure that the boys could see their trophy. As the girls' said "Now at Drysdale Primary School, 'playing like a girl' is not an insult, much to the boys' disgust."

The girls' t-ball team also played very well and will compete in the regional grand final in Warrnambool. Both the girls' and boys' soccer teams did very well to win the district finals. At Drysdale Primary we are very proud of the achievements of our children and we are equally pleased with the high participation levels and the positive attitudes which encourage everyone to have a go. Clare Wilson, *Principal*

The Combined Probus Club of Clifton Springs/Drysdale

Celebrating 10 Years



In July we celebrated our 10th Birthday with a great lunch at the Drysdale Football Club rooms. We have 13 Foundation Members, including our Foundation President Dick Safstrom, still active in the club, and almost all were able to get to the lunch. Several of our members had decorated the club room, and the tables were resplendent with balloons and streamers. After a delicious lunch, Margaret Robinson, Probus District 9780 Chair, presented our current president, Brian Coles, with the 10 Year Certificate and congratulated the Club for its ongoing success.

At our next meeting on 13 September Val Sutherland will tell us about wheel chairs for land mine victims in Cambodia; we are also looking forward to our theatre trips to West Side Story this month and to Mary Poppins in October.

We are a club for singles and couples, and welcome visitors to all our activities. Meetings are held on the second Monday of each month in the Clifton Springs Golf Club Members' Room from 10am.

Please contact Dorothy on (03) 5251 3702 for further information.



COUNSELLING CENTRE

Professional Counselling at Affordable Rates
Qualified, Experienced and Caring Counsellors

For more information or to book an appointment phone **5253 2099**

Cost: Single \$40 (Concession \$25)

Couple \$45 (Concession \$30)

Family \$50 (Concession \$35)

Fee subsidy may be applied for. Application forms available at:

Drysdale Family Support Office, 276 – 290 Jetty Rd Drysdale.



Drysdale Senior Community Club



Do you wish to meet like-minded people around your own age with which to share time? The Drysdale Senior Community Club provides this. We have different activities from Monday to Saturday. These include carpet bowls and snooker on three days. We also have Yoga, Weight Watchers, table tennis, cards, craft and exercises. On Tuesdays we have a cooked lunch followed by bingo. You do not need to play bingo but must have your name down at least the day before for lunch. Join us for afternoon tea any week day from 2-2.30pm. We have outings at least once a month on a Thursday. Recently we went to the Gateway Hotel in Geelong for morning tea, lunch and entertainment. A bus is always provided from our premises to take us to the venues.

Our agenda for the next months is:-Thursday 2 September, Father's Day, we visit Lara Senior Citizens Club to share a meal and to participate in a raffle, gifts, door prizes, sing-along and pokies. Cost \$10.00 which includes the bus fare. Thursday 14 October we have a concert by the Troubadours from Ocean Grove at 1.30pm in our club rooms. Cost, a gold coin. We shall have a hearing-aid check in November. Time and date to be advised. On Friday 17 December we have Christmas lunch at our premises. Cost will be subsidised and therefore is only \$15.00 which includes entertainment and a small gift. For further information phone



(03) 5251 2983.

Working with and for the community

- Counselling Centre
- Foodbank Plus
- Second Chance Clothing
- Life Skills Seminars
- Smile (Support for Single Mums)
 276 290 Jetty Rd Drysdale
 (03) 5253 2241



health & wellbeing



Smiling is a great way to make yourself stand out while helping your body to function better. Smile to improve your health, your stress level and your attractiveness. Smiling is just one way to live longer. Smiling can also lower your blood pressure. Give it a try if you have a blood pressure monitor at home. Sit for a few minutes, take a reading. Then smile for a minute and take another reading while still smiling and you should notice a difference. Another alternative could be to bring some humour into your conversations. A smile costs nothing and it could add to your life.

FAST campaign National Stroke Week

National Stroke Week will be held from 13-19 September, 2010 and is the basis for continuing public education about stroke awareness and prevention in the community. Stroke is Australia's second biggest killer with one occurring every 10 minutes. Strokes can occur to anyone of any age and any time. The FAST test stands for Face, Arms, Speech, Time and is an easy way to remember the first signs of stroke. Thinking FAST involves asking these simple questions:

Face - Has the person's face drooped on one side? Can they smile?

Arms – Can the person raise both arms? Speech - Do they have difficulty speaking or understanding?

Time - If you see any of these signs act FAST, call 000 immediately.

If you recognise the signs of STROKE act





Calling all past and present members of the Springs TOWN Club. You are invited to our 10th Birthday celebration at 10am, Monday 20 September 2010,

at Drysdale Uniting Church Hall. Contact Dianne on (03) 5253 3337 for more information.





A car free day encourages motorists to give up their car for a day and September 22 is World Carfree Day. As the climate heats up, World Carfree Day is the perfect time to take the heat off the planet, and cycle, walk or use public transport, instead of the motor car.

Try some beetroot juice



A new study from the United Kingdom suggests that beetroot juice boosts stamina and could help you exercise for longer because the nitrate it contains reduces oxygen uptake. Scientists believe the finding will be of interest not only to athletes but also to elderly people and those with metabolic, respiratory or cardiovascular diseases.









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- Psychology
- Myotherapy

- Exercise Physiology
- Acupuncture
- Pilates
- Naturopathy
- · Remedial Massage

27-29 High St Drysdale (03) 5251 2958



Rotary Club of Drysdale

Jessie Harman in her first 'Gig' as District Governor, said the changeover presented an opportunity to reflect and think about how to maximise the benefits of being in Rotary – its great personal satisfaction whilst at the same time helping the local Community. "The opportunities, to serve others less fortunate than ourselves are priceless and we cannot put a value on the friendships we make. University studies have revealed, people who focus on helping others, live longer and happier lives, " DG Harman said. She concluded her speech with a quote from: Winston Churchill, "We make a living by what we get; we make a life by what we give." Outgoing President Stuart Baker reflected on a year in which he built up friendship and fellowship and saw an increase in membership. He praised the Art show chair Mercedes Drummond for her role in a very successful Easter Show at LINC, with profits of almost \$20,000 going to local charities. He also highlighted the Club's 35th Anniversary dinner held at Queenscliff. Incoming President Keith Stasinowsky pointed out the new year's motto "Building communities - Bridging confidence." He emphasised the importance of quality fellowship and to see Rotary as the Club of choice. He promised to start on time, end on time and most importantly to have a "Bloody" good time.



The Club is currently seeking new members, if you would like to add a new perspective to your life, other than business or retirement, consider the fun and fellowship of The Rotary Club of Drysdale. Information may be gained by contacting Ron Medson on (03) 5253 2940 or 0418 396 099 for an informal coffee and chat, on the features and benefits of becoming a Rotarian.

Drysdale RSL ANZAC Tradition Youth Group



Drysdale on Sunday, 12 September 2010 from11am to 4pm. A BBQ Lunch for \$6.00 per person is available and afternoon tea/coffee is free.

afternoon teas.

Experienced members will be available to show the attendees around the historical items and answer any questions.

Schools Year 6 – 12, Guides & Scouts, Youth Groups, Church Groups, youth between 11 and 18 are all encouraged to attend and parents and other adults are most welcome.

For more information conatct Bill Derham (03) 5253 1666.

Enquire about our exciting Christmas

Workshops



Local Traffic Concern

A new group is being established to

encourage youth to participate and gain

understanding of the ANZAC spirit. The

Our Ladies Auxiliary are noted for their

initial get together will be at the RSL Hall,

Motorists have recently been observed making turns without signalling in the Drysdale shopping precinct. Of particular concern is the dog-leg in Palmerston Street. When heading west from the supermarket, where the main traffic turns left into Eversley Street and a motorist wishes to continue along Palmerston Street, it is law to use a right turn signal at this intersection.

A full report on the Rotary Club of Drysdale's involvement in Regional Road Safety, will be in next month's Messenger.

Ron Medson Barwon Boadsafe







around the garden



The days are slowly getting longer and the air has that 'I am alive' feel to it. The winter season has come to a close and spring has begun. Trees are blossoming in our town and the bees are hard at work gathering pollen. The sound of lawnmowers and whipper-snippers fill

the suburbs.

The flowers of daffodils and jonquils will have finished now so just leave them to feed the bulbs for next years flowering. Sow seeds of tomatoes in toilet rolls filled with potting mix and feed with a weak solution of Nitrosol or Thrive. When 10 cm tall pop the whole lot into a well prepared vegetable plot. Not only are you helping the environment by recycling but it will also stop the plant from suffering transplant shock. This method also works well with capsicum, chilli, zucchini, cucumber, and most herb seeds. Peas, beans, corn, and potato benefit better from direct sowing.

With spring, comes the invasion from the bug world. White caterpillar moths love nearly everything in the garden, but I have found that by leaving half egg shells in the garden does deter them somewhat. I read the other day that snails can sleep continuously for three





Winkle. Multiguard snail pellets can control them. These pellets are safe for animals. However, still be careful with them as they could make Fido pretty sick.

When planting in the garden consider your neighbours. Careful planning at planting time could save you dollars in the future. Try to keep trees and hedges trimmed and climbers should be contained in your yard. What may be lovely to you could become a nightmare for your neighbour. Good neighbours make a happy life.

Spring is a wonderful time. Let the sun shine on your back as you toil away in the flower or vegetable garden. Sunshine is Vitamin D and this builds strong bones. Fresh home grown vegetables grow healthy bodies. Do yourself a favour. Get out there and get some dirt on your hands and enjoy life.

Happy gardening Lorraine

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unch for a Launch

A Casserole Lunch marked St James' Day on Sunday 25 July which was also the occasion for the Launch of the Public Appeal for Funds for the Restoration of St James' Hall in Collins Street, Drysdale. As you can see from the attached photograph, the Barometer was showing that half of the \$625,000 needed is already available, but much more hard work will be required to raise the remainder. Noel Schofield and Pauline Cline, members of St James' Building Committee, are shown flanking Cr Rod Macdonald who was there to lend his support to the event.

Fundraising events already on the calendar are a Parade of old wedding dresses at SpringDale Neighbourhood Centre, a Jazz performance at the Potato Shed on Sunday 17 October at 4pm - A Tribute to Benny Goodman - featuring The David Gardner Swing Quartet with tickets available from the venue or bookable at the COGG Customer Service Centre in Hancock Street, Drysdale, and of course the well known and highly

anticipated

Annual Secondhand Book Sale on Saturday 8 and Sunday 9 January 2011.

You may have already received a leaflet in your letter box asking for donations of books and magazines, but if you haven't, expect one soon.

This time of year is perfect for spring cleaning jobs inside the home. The aim is to collect earlier this year in case work starts on the Hall before sorting can be completed.

The Parish Treasurer is currently working to establish an account to which tax deductible donations to the Fund may be made, and it should already be in place by the time this report is published. Cheques can be made out to: 'Bellarine Anglican Parish Approved Building Fund account' and sent to St James' Church, PO Box 365, Drysdale 3222. Please don't forget to enclose your



name and address so the tax receipt can be returned to you. St James' says a big Thank You to everyone for supporting this venture.

Book Sale enquries: Tom & Betty Wilson (03) 5251 2594, all other queries: Pauline Cline (03) 5253 2717.

Community Mens' Shed

Excitement is in the air. Trenches have been dug for sewage, power and water and connected to the

existing shed facilities. Site for new shed now

levelled. Great big piles of earth for use in future

landscaping work dominate the area. Ah, we are really starting to go places now. We envisage that construction of the new larger shed will be well

Our State Government Grant will be fully expended

with these works but more needs to be done and

additional funds and support required to undertake

Paving, disabled access, landscaping, safety signage

and much more. We are seeking alternative sources

of revenue and are eager to use some of our skills

for the communities benefit. Community

organisations, businesses or private individuals

who wish tasks or projects to be completed that we

could accomplish for some financial return or have

other suggestions, are invited to contact us.

Forthcoming fund raising efforts will include car

boot trash and treasure markets (commencing on a

Saturday morning late October - more info later),

smaller handyman services at reasonable costs

(primarily to work not serviced within the area) and

timber ornaments eg. mobiles, garden or house

signs or those unusual 'one off' items which cannot

be found in stores. We are expanding activities into

Matters involving our activities can be directed to

Brian on (03) 5251 1277, David on (03) 5253 1664,

or Bill on (03 5253 2721. We meet on Mondays

from 1.30pm at the shed which is at the rear of the

premises of the Baptist Church, 45 Central Road,

metalwork and light welding.

Clifton Springs.

advanced by the publishing of this edition.

works due to our partial funding.

Clifton Springs

NEWS from Lisa Neville MP Member for Bellarine

Boost for Drysdale CWA and their Volunteers

The Country Women's Association in Drysdale has received a Brumby Labor Government \$1430 funding boost to support volunteers in the latest round of Victorian Volunteer Small Grants program. The Drysdale CWA will use the funding for food handling training for those who provide catering and food sales fundraising. I want to thank all the volunteers who give their time to help others who need it and this funding will help them continue their work.

Bellarine VicSES gets Boost

Emergency Services on the Bellarine Peninsula have received a major boost with the \$250,000 heavy rescue truck and refurbished boat which I handed over to Bellarine VICSES Unit in Drysdale recently which will help local VICSES volunteers as they respond to a range of emergencies both on land and sea. Bellarine VICSES Unit's 25 volunteer members answer up to 100 storm, flood and road rescue call outs a year and do a remarkable job of protecting their fellow community members, from Ocean Grove and Barwon Heads right around the peninsula to Queenscliff, Portarlington, Drysdale and Leopold.

Hon Lisa Neville MP **Member for Bellarine** (03) 5248 3462

Bellarine Ferry Service

The results of a survey by the Victorian Government and City of Greater Geelong into potential patronage numbers for a ferry service between Portarlington and Melbourne were recently released. The survey indicated that regular commuter numbers could be relatively low with a possible 400 commuters choosing to travel by ferry to work in Melbourne on a weekday basis.

The survey also reported an additional 500 non-commuter passengers may use the ferry for other activities. The ferry survey results are available on the Parks Victoria website www.parkweb.vic.gov.au, the City of Greater Geelong and Department of Transport sites.

Guides Braving the Cold

It was with great pleasure that on the evening of 31 July I officially opened the Girl Guides Brave The Cold Sleepover at The Mill in Portarlington. The event, held on an annual basis, brings Guides from all over the region together to raise awareness of homelessness and the impact this has on families and the community. Each year the event raises money for charity and this year, the Guides supported Time For Youth.

Of course, we are always happy to receive visits from guests or potential members. **BELLARINE FENCING Co**

We do Picket & Paling, Fences & Gates.

Phone: Andrew & Gayle Baylis on 5251 3090 or 0417 544 887







Drysdale & Clifton Springs Community Association Inc.

Six weeks after DCSCA members and friends in the Save Our Springs Street Open Space (SOSOS) group asked councillors Rod Macdonald, John Doull, Andy Richards and John Mitchell to discuss The Community Plan for the Springs Street Reserve with them, they still have no answer. Cllr. Andy Richards told DCSCA that the councillors are waiting for Council officers to brief them about the issue. DCSCA responded that it expects those officers to know local people's wishes as expressed in the Community Plan.

The Festival of Glass

The Festival of Glass has launched its blog site. For up-to-date Festival news and views, together with pictures of exhibits, just type the blog's address in the title bar of your search engine. Go to: festivalofglass.blogspot.com/

Advocacy at work

New Members

Pressure from DCSCA members and friends led the City of Greater Geelong (CoGG) to postpone a planned internal review of its proposal to levy landowners in Central Road between \$3,000 and \$256,888 each towards the estimated \$1,492,827 cost of a new main drain for a retirement village in Central Road. On 15 July, some objectors received an invitation to the internal review Panel that was due to meet on 20 July, just three working days away; other objectors only received their invitation on 19 July. DCSCA told Panel chair Cllr. Jan Farrell that three working days was insufficient notice and on 19 July, Cllr. Farrell postponed the Panel until 16 August.

A small but significant victory for local democracy.

And finally DCSCA's Annual General Meeting is on Wednesday 22 September 7pm. at SpringDale Neighbourhood Centre, High Street, Drysdale. We're trying to make it a bit different this year and we'd love to see you. Contacting DCSCA: PO. Box 581, Drysdale, Vic. 3222; or dryclift@bigpond.com

For up-to-date news, please visit DCSCA's blog drycliftdays.blogspot.com/ **Patrick Hughes**, *Secretary*

Drysdale Croquet Player Represents Victoria



Drysdale Croquet Club will be represented when Victoria contests the Interstate Teams Golf Croquet Tournament to be held on the Sunshine Coast at the beginning of September. Jim Saunders, who has only been playing croquet for five years, has been selected in the Victorian team to play in this major event. Each State plays a round robin contest, the winner of which wins the Interstate Shield. Victoria has won the Shield for two of the last three years and hopes to repeat its success this year.

(Watch the next issue of Springdale Messenger for information of Drysdale Croquet's Come and Try days to be held early November)

Have you ever considered playing BOWLS or CROQUET

Why not contact The Drysdale Bowling and Croquet Club



Pale Hateley (Bowls) | Min Rippon (Croquet) | 0427 091 374 | (03) 5250 1071

Clifton Springs Bowling Club Welcomes

All players receive free coaching lessons, Mondays from 1pm being the preferred day.

Loan bowls for new bowlers are also freely available. Simply approach Evelyn, Rob or Joe and you will be made most welcome.

Social bowls is also played throughout the week. Tuesday is Ladies' Day commencing at 10am. Uniform is not necessary on social days. Men play on Wednesdays and Fridays commencing at 10am. Attire is Mufti. Visitors are always most welcome at Clifton Springs.





You may have wondered about Quarry Park, the reserve that is located on the way out of Drysdale heading towards Portarlington. Kel recalls the gravel being hand mined by Ron Fisher, Teddy Fisher and Rob Reynolds. The gravel was used to make footpaths around Drysdale and other parts of the Bellarine. In between layers of gravel there were seams of pipe clay. Kel says that you can still distinguish these layers at Quarry Park. The pipe clay was picked out and placed in piles. On Thursdays it was then loaded onto a big wagon pulled by George Wisbey's Clydesdales. The wagon was weighed on the weighbridge near the Drysdale Train station and then hand loaded onto railway trucks and sent to Glassworks in Melbourne along with the shell grit from the local beaches.

The weighbridge, which is still near the Drysdale station had a small office about the size of a toilet. Ted Wisbey manned the weighbridge. The weighbridge was used until the 1960's. Although it was built for horse drawn wagons which were approximately 5 feet wide, it was still used for trucks by weighing the front axle and then the rear one. To enable the weighbridge to be used once trucks had dual rear wheels there were planks of wood that could be placed under the inner wheels so the load could still be weighed.

Kel's Tours

You will all know about Kel's Corner; well, Kel has branched out and is now offering Kel's Tours. You may have lived at Drysdale for many years, but by joining Kel on one of his tours you will gain an amazing insight into Drysdale's past. You will discover a wealth of knowledge about our agricultural past, about where the gold mine was and even where the coffins were made. You may even be offered morning tea at Crimea House. To register your interest for one of the tours, please contact the SpringDale office.

Kel Davis and Anne Brackley, the scribe.



SpringDale Football Club heading for the finals



The outdoor season is drawing to an end, but before the club's summer programs kick in, the mens Yellow team will be competing in the 3rd division finals series. The yellows have been in the top four for most of the season and will be looking to finish strongly to take momentum into the semi finals and then, hopefully, the 3rd division play off final.

Also in division 3, the reds team have continued to struggle with injuries, but despite having only nine men, they did the double over the local rivals from St Leonards, Bellarine Sharks, with an astonishing 19-0 home victory. Darren Roddis scored 12 goals and his brother, player coach Daniel Roddis netted 6 goals in what may be a record score in the local region.

The under 7's and under 9's mixed junior teams continue to develop strongly in the small sided football matches which are structured to develop their technique and confidence.

Over the summer, the club will be running outdoor futsal (5 a side) programs in Drysdale for juniors (all welcome), as well





as social futsal matches for senior mens and senior womens. As the outdoor season comes to a close, coaches will also become available to come into local primary schools to assist with football (soccer) and futsal programs.

The second season of the Bellarine Futsal League, the senior mens midweek futsal competition, will start in late spring. Please get in touch if you are either thinking of putting a team in or are looking for a team to play for.

The club thanks its sponsors and community partners - Momentum Energy, Lisa Neville MP, Headspace Barwon, **Drysdale & Clifton Springs Community** Association and the SpringDale Neighbourhood Centre for their fantastic support of community football and futsal.

To find out more, contact Geoff Briggs on 0428 501150, or visit our website at www.springdalefc.com.au.





Golfers win again

Lady members of the Clifton Springs Golf Club are once again celebrating as on Monday 28 June, 2010 their Captain, Anitra Franklin, won the South Western District Ladies Golf Association's (SWDLGA) prestigious Rene Austin Brooch and Salver.

The event is in memory to, and commemorates the work of Miss Rene Austin who was the founder of the SWDGA in 1933 and was President of the Association until her death in 1957. Anitra, playing off a handicap of 13, finished with a score of 89 Gross and 76 Nett to take out the event. Congratulations Anitra.

The Club also added the Portarlington Salver to its trophy cabinet on Friday 2 July, when the team of Marcia Williams, Lois Matheson and Robyn Wilkie took home the prize with a score of 105 points.

Enter now for Lions Charity Golf Day

Entries are open for the 2010 annual Portarlington/Drysdale Lions Club Charity Golf Day to be contested a Clifton Springs Golf Club on Sunday 3 October. Teams of four (men and women) are welcome to register for the day, proceeds from which will assist local charities and community groups. Entry for the Ambrose competition is \$40 a head and includes a two-course meal at the fun-filled presentation luncheon following play. Players compete for a host of valuable team and individual prizes and thousands of dollars worth of raffle prizes will be drawn at the wind-up. The annual Lions Charity Day has been a highlight of the Peninsula golf calendar for more than 15 years and has raised many thousands of dollars for local community projects. Sponsorships are still available and offer rare opportunities to get your business name and message to a wider audience.

To register interest, players and sponsors should contact Gary Doolan, President, on (03) 5251 1380 or 0409 983 652 or Gary Bennett on (03) 5259 3220 or 0428 542 560.

Peninsula Little Athletics is a fun and safe environment for your child to participate in and learn The program offers age groups from U/8 – U/15 and an on-track program for 6 year olds. Registration day will be held at Drysdale Primary School mid September, keep an eye out in your local school newsletter/notice board for the registration date. For further details please contact Teresa Barmby 0402 131 463.





Bellarine Sharks tackle cancer - Call to Arms



The Bellarine Sharks soccer club have joined big name sporting stars, Socceroos' Tim Cahill, Essendon's Andrew Welsh and Parramatta Eels' Tim Mannah in Cancer Council's *Call To Arms* to help tackle our toughest opponent vet – cancer.

Bellarine Sharks spokesperson Murray Hall said the Bellarine Shark teams have fundraised during home games by selling sausages and taking donations and have worn a yellow armband for their Call To Arms matches during July at Lake Reserve in St Leonards, "We feel it's important to support Call To Arms to raise funds and awareness for cancer in men. The stat of 1 in 2 men affected by cancer by the age

of 85 is confronting to say the least," said Murray. "Having lost my own father to cancer last year I encourage everyone to support this worthy cause. Our players will wear yellow armbands to support men who have survived cancer, those currently facing cancer and to remember mates who have lost their lives to cancer".

Cancer Council spokesperson Irene Manitta said compared to women,

Australian men are more likely to be diagnosed with cancer and less likely to survive their diagnoses and supporting *Call To Arms* is a great way to spotlight this pressing health issue. "*Call To Arms* is a chance for all local sporting clubs, like the Bellarine Sharks, to rally together and help raise funds to help prevent cancers in men, find new treatments and fund support programs for men facing cancer," Ms Manitta said.

Pictured here are the Bella Fruitz
Bellarine Sharks Women's team and
some of the men who support them each
week. The girls had no hesitation when
asked to support the appeal to raise funds
for Men's Cancer Research. Their
enthusiasm for the cause has been
reciprocated throughout the club.
Visit www.calltoarms.com.au
for more information on Call To Arms.

Drysdale Tennis Club





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Drysdale Cricket Club

The Drysdale Cricket Club invites all under age players, girls and boys, to the club to sign on for season 2010-11 on Wednesday 1 September between 6 and 7pm. The club last year ran Three Under 11's, Two Under 13's, Two Under 15's and One Under 17 side with great success. For those girls thinking of playing this year, the lower age levels played against a number of female opponents last season and the Hawks would like to encourage girls at all age levels to take up the challenge and smack some of the boys around the park.

As we are all aware Junior teams will also require coaches. For those parents who are keen to be involved with the development of their kids, please do not hesitate to put your name forward to coach or to assist with the coaching and training duties.

For more information in regards to the upcoming season please contact the club via e-mail at drysdalephantom@rocketmail.com or look on the clubs website http://drysdale.cricketvictoria.com.au/ or contact John Gibson on 0458 959 147. *Go The Hawks*

Drysdale Guides in Action

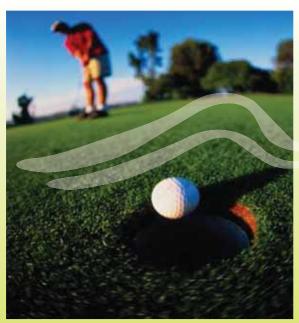
I was lucky enough to be the leader in charge of this year's Brave the Cold sleepout. Approximately 60 people raised more than \$2,500 to help youth organization *Time for Youth*. We spent almost 24 hours together at Portarlington with girls and leaders from all over the Geelong and surrounding areas. We survived the cold, wet weather with smiles on our faces. Thank you to everyone who helped organise or donate food, goods or money to this fundraising effort. Thanks to Lisa Neville MP for spending time with us over dinner. If you have been a Guide and would like to attend the Barwon Region 100 year celebration coming up please contact me for details on (03) 5251 2250.

Yours in Guiding Anne Brackley









golfing memberships

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For Bookings & information



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please phone (03) 5251 3391 Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS 3222 Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au