



The SpringDale Messenger



ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc.

Beautiful Guide Brides



130 Years of Wedding Dresses A Fashion Parade

Come and see how the dresses in this Parade have been cherished over time. Styles have changed over the years, but there is nothing more elegant than a beautiful wedding gown. Some of the earlier dresses have been a real challenge to find models for, as the brides who wore them were so petite.

Drysdale Guides have been very helpful and are so excited to be part of this project to model these gowns. The Parade is a fundraiser for the St James' Hall Restoration Fund, and St James' is extremely grateful to all the models, the ladies who have lent dresses and accessories, to the SpringDale Neighbourhood Centre and to a large group of supporters who have helped to arrange this show and provide the afternoon tea.

Come and see for yourself and step back in time at the
SpringDale Neighbourhood Centre, 2.30pm Saturday 13 November,
\$12 including a Wedding Tea.

Tickets available from the SpringDale Centre,
members of St James' Church and Pauline Cline, Tel. (03) 5253 2717.

Photograph Lyn Ingles / Inset Photograph Michael Chambers

Westpac

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Contact

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Sandra or Rhianon
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COMMUNITY EVENTS AND ENTERTAINMENT CALENDAR NOVEMBER

- 2 MELBOURNE CUP DAY - SPRINGDALE CLOSED
- 6 HARVEST PRODUCE SWAP AND SELL, SPRINGDALE 9AM-11AM
- 8 NATIONAL RECYCLING WEEK STARTS
- 11 REMEMBRANCE DAY SERVICE 10.50AM - DRYSDALE CENOTAPH
- 13 WEDDING DRESS PARADE SPRINGDALE 2.30PM
- 19 COOEE CABARET NATIONAL FILM & SOUND ARCHIVE POTATO SHED
- 20 GALA DAY - GEELONG
- 21 RUN GEELONG
DRYSDALE MARKET 9AM-1PM
- 22 BUSINESS BREAKFAST SPRINGDALE 7AM
- 23 BOO-HISS CHRISTMAS MELODRAMA POTATO SHED
- 26 JONGLEURS VARIETY NIGHT POTATO SHED
- 28 DANCEHOUSE SPECTACULAR POTATO SHED
PORTARLINGTON MARKET 9AM-2PM

IMPORTANT REMINDER*

Don't miss the deadline
for the December issue.
Have your copy into the
SpringDale office by

Monday, 1 November
Be early to make sure
you are included.



SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

Facilities for Hire & Services @ the SpringDale Centre

- Personal use of Computers
- Internet Access
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- Faxing
- Laminating
- Room Hire
- Crockery Hire
- Tables & Chairs Hire
- SpringDale Messenger in large format

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MEMBERS ON
VARIOUS SERVICES



Publisher of
**The SpringDale
Messenger**



• Reasonable Rates • Concession Rates for Members

Copy Deadline for December 2010 Issue Monday, 1 November 2010

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Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

SpringDale Neighbourhood Centre

Opening Hours **Monday to Friday 9am - 5pm** and by appointment.

Compiled & published by the

SpringDale Neighbourhood Centre Inc. A0024916V

17-21 High Street, Drysdale Vic 3222

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E: messenger@springdale.org.au W: www.springdale.org.au

The SpringDale Messenger

Production & Designed by **Lyn Ingles - blue pencil publishing**

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy.

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



from the centre

Anne Brackley [centre coordinator]



Hi everyone

It's a great time for us to thank the bodies that fund us. People often ask where our money to fund such great programs comes from – about 33% is from grants. So let us take the time to thank the State Government for a quarterly grant to help us carry out community development, thank you to the Adult Community Further Education who help to subsidise education for those who have achieved only up to level 10 or form 4 and thank you to the City of Greater Geelong who provide a grant to help us deliver specific parts of programs.

Thank you to Department of Education and Early Childhood Development who give us a small grant to help us provide Occasional Care at a reasonable rate and they also help people have subsidized Occasional Care if they are attending an Adult Community Further Education subsidized class, lastly Department of Education and Workplace Relations who subsidize Vacation Care and allow us to keep fees reasonable.

The other two thirds of our funds come from fees we charge for services, classes, advertising in the Messenger, Occasional Care and Vacation Care fees, money our groups pay to help us keep the doors open and fees from photocopying and hall hire.

Thank you to everyone who helps us continue to grow and support a wider range of services each year. Last year our turn over was \$385,000 this is a 100% increase in the last 6 years.

The SpringDale artists recently held a very successful art show. In our preparations for the event, I learnt that

approximately 60 have to come to an art show for a painting to be sold and if 10% of displayed works sell, then it is a successful show. Our Art show sold approximately 50% of works displayed. Well done everyone for all your efforts and congratulations for all your success.

Another Art show has been scheduled for the last weekend in November. This time it will showcase the works of Wayne Elliott, a strong supporter of SpringDale Neighbourhood Centre. Wayne's businesses have always been advertised on the front of the Messenger since it commenced almost 20 years ago.

Wayne has led a number of SpringDale groups including being the President of the Drysdale Clifton Springs Community Association, when it was auspiced by SpringDale.

I would like to thank Pierce and a new volunteer Grace who have put hundreds of hours into improving our website and Liam Way who has recently created a DVD about SpringDale. I love all the things that all our people achieve every week.

Anne Brackley

on behalf of the SpringDale Team



COURSE UPDATE

@ SpringDale



New Course

George Stawicki Holiday Photography

George has just returned from Europe with a great idea for another course. Holiday photos should bring back the excitement and adventure of your trip. Yet many people find their photos disappointing. This short course is designed to teach you how to take fantastic holiday photographs in a few easy steps. Say arrivederci to problems including poor composition, bad lighting, over/under exposure and plain old boring pictures. Next trip, people might actually be asking to see your happy snaps. This course comprises 2 three hour sessions.

Date/time: Tues 23 and Tues 30 Nov
6.30pm – 9.30pm

Fee: \$60

Christmas Workshop

Come along and join us and have a bit of fun. One of our main activities will be making a chocolate Christmas tree. Phone (03) 5253 1960. Please book as places are limited at SpringDale Neighbourhood Centre

Date /time: Mon 13 Dec, 6.30pm

Fee: \$5.

Materials: Inquire at SpringDale reception.

Thank you to the
Bellarine Peninsula
Community Bank for the
information sign.

Business Network Breakfast

It is all about
your business



SpringDale Neighbourhood Centre Inc.
Keeping the Community Connected

Mark this
date in
your diary

**Monday
22 November**

The guest speaker will be from the **Small Business Victoria Mentoring Program**. This will be a great opportunity to hear an excellent presentation.

The Business Breakfasts are held four times each year and the next one will be held on **Monday 22 November at SpringDale at 7am. To make your reservation, please telephone SpringDale on (03) 5253 1960.**



Building on Books

The fundraising appeal for the renovation of St James' Hall and development of the Church Complex in Collins Street, Drysdale is now in full swing so please help to continue raising funds at their next Secondhand Book Sale. If you have books to donate, please contact any of the numbers below and they will gladly collect.

Old and new books, fiction and non-fiction, hard covers, paperbacks and large print books (but please no school or university textbooks and no encyclopedias) are all wanted. Also up to date special interest magazines such as hobbies, collecting, home, fashion, cookery and gardening, comics and even old sheet music in good condition.

If you have never attended one of these Book Sales, you might be impressed by the scale of the operation. As you can see, it is quite an exercise, with all books individually priced inside the front cover and laid out in categories. The event is well worth a visit, so Thank You for your support, tell your friends and mark your calendars now.



St James' Church,

Collins Street, Drysdale 8 – 9 January 2011
Saturday 9 am – 5 pm . Sunday 10 am – 4 pm. Free Entry.

Contacts for book collection:

Tom & Betty Wilson 5251 2594 Dorothy & Robin Chase 5251 3702
Pat & John Marks 5253 2322 Gwen & Graham Peacock 5253 1230
Kevin & Bev Steen 5253 2470

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Toy of the Month

This month we feature the **Little Tykes Catch 'n' Count Fishing Set**. Toddlers aged 3-5 can explore how things work by imitating the adult world. They discover the world around them through familiar and fun activities.

The Drysdale Toy Library is open
on Wednesday morning from
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Drysdale Ladies Probus visit the Queenscliff Fort

Several members of the Drysdale Ladies Probus Club visited and took a very historical, enlightening and interesting guided tour of the Fort Queenscliff Museum. At the time we were there, this iconic landmark was celebrating the 150th anniversary of a military presence at Shortland Bluff. The photo of the group is taken beside an 8 inch Armstrong Disappearing Gun, mounted on a hydro pneumatic carriage. Shells were loaded in the breach in the lowered position and the gun was raised hydraulically to fire. Fort Queenscliff dates from 1860 when an open battery was constructed to defend the entrance to Port Phillip Bay. The fort is still used today by the military. A trip well worth taking to a place full of history not to be forgotten by Australians.



Ladies standing in front of the 8 inch Armstrong Disappearing Gun

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Jack and Julie have lived in Old High Street for 35 years. Now retired, and with the kids moving on, they recently bought a new plasma TV and sound system.

This prompted them to check their home and contents cover. And just as well – because what they hadn't realised was how valuable their home, and all the things in it, really are.

All the books, CDs, clothing, furniture and collectables Jack and Julie have acquired over the years, actually add up to much more than they expected.

And whilst we hope they never have to make a claim, at the Bendigo we're here to provide peace of mind in case they ever need to.

To find out if your home and contents are fully covered, call into 11 Clifton Springs Road, Drysdale or phone 5253 3192.

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Term 4 a busy time at Clifton Springs Primary School

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Term 4 is a busy and productive term, with our whole school participating in the swimming program, bike education program for Grade 4 students and the transition of our Grade 6 students into Secondary College and the Kinder children into Prep will begin.

Our 2011 Prep Orientation program will take place over 3 days this term; Tuesday November 16, Thursday November 25 and Tuesday December 7. The transition between kindergarten and primary school is set to be even smoother in future, as Northern Bellarine schools and kindergartens take part in a Department of Education and Early Childhood Development (DEECD) initiative entitled 'Transition : A Positive Start to School'. This initiative is being lead in the North Bellarine Early Years Network, by Clifton Springs Primary School and Drysdale Pre-School in cooperation with the Geelong Kindergarten Association and will investigate what anxieties parents and children may have, using the focus question "What are the anxieties for you and your child when they begin school?" Information gained will be used to make the transition process between kindergarten and school as easy and as stress free for everyone.



Madeline and Kyle
enjoying Bike Ed



ENROLMENTS

If anyone still wishes to enrol for our 2011 school year, please contact the school on (03) 5251 3581 or collect enrolment forms from the Administration Office.

Ray White.
Bellarine



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So you know

The **So You Know** initiative has just been launched. This anti-social behaviour campaign is a joint venture between the City of Greater Geelong, Geelong Police and the Geelong Local Safety Committee. Posters containing penalty information will be displayed in licensed venues to warn people of the fines they face if they misbehave.

Immediate penalties for anti-social behaviour are:

- | | |
|---|--------------|
| 1. Underage consume or possess alcohol | \$60 |
| 2. Open container of alcohol in a public place (COGG) | \$100 |
| 3. Production of false identification | \$239 |
| 4. Use indecent, obscene, offensive language | \$239 |
| 5. Damage to property (including graffiti) | \$239 |
| 6. Failure to move on | \$239 |
| 7. Drunk and Disorderly in a public place | \$478 |
| 8. Riotous/offensive/indecent behaviour | \$478 |
| 9. Fail to leave licensed premises when drunk, violent or quarrelsome | \$478 |
| 10. Failure to abate noise | \$597 |
| 11. Supply alcohol to underage persons | \$717 |

At our September meeting Rhonda Rotherham, Divisional Coordinator for NHW, updated us on the changes happening to the scheme. Rhonda said that there are 23 NHW Areas remaining across Geelong, although many have closed.

The Loss of Crime statistics has affected the interest in NHW meetings and many groups are struggling to continue. Road toll, Public Order and Theft from Cars are the big issues. One idea that has come out of the desire to re-launch NHW is a name change to 'Safer Communities Group' – what do you think?

Would that help you understand what Neighbourhood Watch is really about?

Enquiries:
NHW Secretary Pauline
(03) 5253 2717.

Our next meeting will be on
Mondy 8 November, 7pm at
Clifton Springs Bowls Club
and our guest speaker will be
John Rae & Geoff Henderson
of the Bellarine Ferry group.



The circus in Drysdale

Holden Brothers or Perry Brothers circus would often come to Drysdale and set up on the common on the corner of Princess and Eversley Streets. During the show they'd ask for someone to come and ride the mule, wild horse or donkey. Guess who was the first to be nominated? "Get Kel Davis" was the call.

"The animals were bare backed and a donkey or mule doesn't have much wither to hang on to. They'd hold the animal while you got on, then they'd let it go and you'd race flat chat across the arena. The animal would put its head down once it got to the other side of the arena and give a buck and you'd go flying through the air," said Kel.

"Sometimes you'd do a double somersault in the air and land thinking that you'd broken every bone in your body. People would be roaring and clapping and carrying on while I limped off slowly waving to the crowd to get my prize – guess what it was – a granny smith apple. I'd suffer for weeks afterwards," said Kel.

Kel tells me that sometimes he'd get on backwards "wrap my arms around its flanks and scissor my legs around his neck so I could hang on and not get hurt. If the circus had camels, we'd find out the word to get them to sit and stand and exercise the camel until it had enough" Kel stated. What will he tell us next.

Anne Brackley



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NEIGHBOURHOOD WATCH INFORMATION

GLG 58,59 - Mark Cline
C/Springs Bowls Club
Clifton Springs
(03) 5253 2717
2nd Monday • 7pm

GLG 68 - Doug Palmer
SpringDale, Drysdale
(03) 5251 2522
4th Monday • 2pm

GLG 69 - Steve Ball
Clifton Springs Primary School
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Supporting individuals and families living with Parkinson's



EARLY ONSET GROUP

Meets on the 2nd Thursday in Geelong from 5-8pm for a mixture of social activities and expert guest speakers.

For details call David at Parkinson's Vic 1800 644 189

OR

THE GEELONG GROUP

Meets the last Friday each month from 2-4pm at the Barwon Health Centre 104-108 Bellarine Highway. Carers & friends all welcome.

Contact Harold Waldron 0417 549 437 A/H (03) 5259 3134

understand • share • support • encourage

Closer to home the McLeod's Waterholes, located within the Drysdale Recreation Reserve, is a good place to get some practice. McLeod's Waterholes has an important aboriginal and early settlement heritage, provides habitat for many bird species and is a great place to walk and appreciate nature. They are named after Dr. Angus McLeod who was an early pioneer.

years ago

As reported in The Argus on Wednesday 16 February 1916
Soldiers Help Comrade's Mother.

In the vicinity of the Clifton Springs military convalescent home, Mrs. Hammond, a widow, has a farm. Her two sons are on active service and the crop was lying in the fields unharvested. The men at the home heard of the circumstances and Sergeant Stewart organised a working-bee. Twenty five of the convalescent soldiers visited the farm on Monday and Tuesday and as the result of their labours the harvesting has been completed. They carted and stacked 100 tons of hay in two days.

GEELONG GEM

10am - 5pm daily

Show

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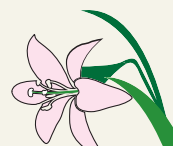
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Geelong Ladies Welsh Choir visits Portarlington

The Uniting Church is bringing the renowned Geelong Ladies Welsh Choir to Portarlington on Sunday 7 November, at 2pm, to present a pleasant Sunday afternoon of Choral Music to suit all tastes. The event will be held in the church hall, Newcombe Street, Portarlington. The choir has recently returned from a tour of New Zealand where their performances were well acclaimed. Tickets are \$10 which will include a cuppa, home made biscuits and slices, at the conclusion of the program. Tickets may be obtained from Barry Ruler on (03) 5259 3304 or they will be available at the door.

Boo-Hiss at the Potato Shed always good fun

November sees another exciting free event come to the Shed when the National Film and Sound Archive presents *Cooee Cabaret*. Audiences young and old will delight in the sounds and songs that so many Australians know and love as three mischievous characters take us on a quirky journey through Aussie history, music and memories. Bookings will be essential for this totally free live show, so don't miss it on November 19.

And those much-loved characters from Drop of a Hat Productions return to bring

our Morning Showtime season to a close on November 23 with their annual Boo-Hiss Christmas Melodrama, featuring plenty of laughs, songs and Christmas cheer.

We've been hard at work preparing for next year's exciting theatre season, which marks the 10th anniversary of the Potato Shed. Keep a look out for our posters revealing the name and theme of next year's season over the coming weeks.

For more details on what is happening at the Potato Shed visit our webpage at <http://www.geelongaustralia.com.au/potatoshed/> or call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

WIN DOUBLE PASS

23 November

Boo-Hiss Christmas
Melodrama Morning Showtime

A Russian Bride
in Queenscliffe

Victorian Melodrama



10.30am incl. Morning Tea

To enter fill out the coupon below and send or deliver to:
SpringDale Neighbourhood Centre
High Street, Drysdale

Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSSES 3PM THURSDAY 18 NOV

23 November

Boo-Hiss Christmas Melodrama Morning Showtime

10.30am \$13.50 incl. Morning Tea

A Russian Bride
in Queenscliffe
Victorian Melodrama



19 November 1.30pm & 7.30pm
BOOKINGS ESSENTIAL

FREE
EVENT

What's on at the Shed in NOVEMBER

19 November

Cooee Cabaret
National Film
& Sound Archive
1.30pm & 7.30pm Free Event
BOOKINGS ESSENTIAL

23 November

Boo-Hiss
Christmas Melodrama
Morning Showtime
10.30am
\$13.50 incl. Morning Tea

26 November

Jongleurs Variety Night
Bellarine Jongleurs
7.30pm \$12

28 November

Dancehouse Spectacular
Ocean Grove Dancehouse
11.30am & 2.30pm
Adults \$15, Conc \$12

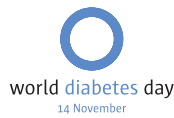
POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998

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World Diabetes Day

14 NOVEMBER WORLDWIDE



**UNDERSTAND DIABETES
KNOW THE WARNING SIGNS**

frequent urination

weight loss

lack of energy

excessive thirst

Diabetes can affect anyone.
If left untreated, it is deadly.

If you show these signs, seek medical attention now.
These signs can be mild or absent in people with type 2 diabetes.
See all the warning signs at www.worlddiabetesday.org

www.worlddiabetesday.org

International Diabetes Federation

World Health Organization

World Diabetes Day is celebrated every year on **November 14** and the slogan for 2010 is *'Let's take control of diabetes. Now'*.

1.7 million Australians are diabetic and type 2 diabetes is Australia's fastest growing chronic illness and often goes undetected. Diabetes is a complex disease, which can affect the entire body. In Australia, nearly two thirds of men and half of women are overweight. This is a key factor in the alarming rise of type 2 diabetes.

Cinnamon Extract

One area of current diabetes research involves the investigation of certain cinnamon extracts for the control of diabetes. A recent study showed that after just 40 days on a cinnamon extract supplement, subjects demonstrated significantly lowered levels in blood glucose, triglycerides and cholesterol. Sprinkle on some spice. Cinnamon is very safe and inexpensive.



Visit www.worlddiabetesday.org
or www.diabetesaustralia.com.au for more information.



Say Hello to your neighbour on 21 November. The aim on **World Hello Day** is to say Hello to ten people thus demonstrating the importance of personal communication for preserving world peace. Many Australians do not know their neighbours and often become upset about problems with their neighbours especially with fences and trees.

Say Hello, Hullo or G'day, offering a friendly greeting to your neighbour. Good neighbours benefit our community and make it a great place to live.

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Prostate Awareness Support Group

An informal group of men and their partners meet monthly for two hours to share their experiences.

The Geelong group meet on the last Friday of each month at 10am at St. John of God Hospital, behind the cafeteria on the ground floor.

The Bellarine group meet on the second Thursday of each month at 7.30pm at the Ocean Grove Community Health Centre.

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Run Geelong is a fun run for runners and walkers of all abilities, no matter your fitness level. The event course takes in some of Geelong's iconic landmarks, the Waterfront, James Harrison Bridge, Eastern Gardens and Skilled Stadium.

All proceeds will be donated to the redevelopment of the Geelong Hospital Children's Ward. Join over 5,000 participants on 21 November for a great event and a worthy local cause.

Visit www.rungeelong.com.au information.



Men's
Night
was an
exercise
for success



A big thank you to all who came to Curves **first Men's Night** where over 50 members and their partners participated in a fundraising auction evening and over \$4700 was raised. Thank you to all businesses who donated their goods and services to make the night a great success and in turn assisted a Curves member with their charity.

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mysterious middle eastern

Middle Eastern cooking reflects a combination of many cultures.



*Fruity taste with
a hint of ginger.*

*You may use fresh
or precooked beetroot.*

*Serve if you like with
roasted butternut squash
or plain, buttery Couscous
with pistachios.*

Beef Tagine with beetroot and oranges



Ingredients

1 tablespoon olive oil
plus a knob of butter
3-4 cloves crushed garlic
1 red onion, halved
lengthways
40gm grated fresh ginger
1 red chilli, sliced and deseeded
2 teaspoons coriander
2 cinnamon sticks
3-4 beetroot, peeled and quartered
500gm lean beef cut into cubes
2 thin skinned oranges cut into
segments
1 tablespoon dark runny honey
knob of butter
2-3 tablespoons pistachios
parsley
salt
pepper

Put oil and butter in a tagine, add garlic, onion, ginger and stir until they begin to colour. Add chilli, coriander, cinnamon sticks and beetroot and sauté for 2-3 minutes. Place in beef and sauté for 1 minute. Add water to cover and bring to boil. Reduce the heat, cover with lid and simmer for 1 hour until meat is tender. Add orange segments, honey and season with salt and pepper. Cover with lid and cook for further 15 minutes. Melt butter in saucepan, add pistachios stirring over medium heat until golden brown. Sprinkle over the tagine together with parsley. Serve immediately with couscous.

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mysterious middle eastern

Middle Eastern cooking reflects a combination of many cultures.



Ingredients

1 cup dried chickpeas
½ cup tahini
½ cup lemon juice
3 tablespoons olive oil,
plus extra for drizzling
2 cloves chopped garlic
1 teaspoon cumin
salt
sweet paprika for garnish

Hummus



Place chickpeas in a large bowl, cover with water and soak overnight. Drain chickpeas and place in a large saucepan with enough water to cover by 5cm. Bring to boil over high heat, then reduce to a simmer and cook for an hour or until chickpeas are tender. Drain, reserving 1 tablespoon of whole chickpeas and ¼ cup of cooking liquid. Place chickpeas, reserved cooking water, tahini, lemon juice, oil, garlic and cumin in food processor and blend until smooth. Season with salt. Spoon hummus into a shallow bowl, scatter with the reserved chickpeas, then drizzle with extra oil and sprinkle with paprika. Serve warm or at room temperature.

Chickpeas can help lower cholesterol and improve blood sugar levels. You can use 2 x 400gm cans of drained chickpeas instead of dried ones

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Coffee Club



This is an open invite to all locals to call in for a cup of coffee and chat on the fourth Monday of the month between 10.30am and 11.30am and meet new and friendly faces at SpringDale.

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around the garden

Daylight savings is good for gardeners

Spring is well and truly upon us and daylight savings allows us extra time to spend in our gardens. Following the recent heavy rain now is the time to mulch the garden. This reduces water loss and weeds and also keeps the soil temperature down. It also makes for happy worms. In between showers fertilise everything. Citrus are extremely hungry, and will benefit from cow or sheep manure being spread around the drip line and then mulched.

Fertilise the veggie garden with blood and bone and potash. Plant sweet corn, tomatoes (try heirloom varieties for flavour), cucumbers, zucchinis, celery, capsicum, beetroot, eggplant and any other salad vegies.

Sprinkle potash around tomatoes to improve fruit size. Plant basil, marigolds, and parsley throughout the veggie patch.



Basil is said to improve flavour, and parsley will be a home for ladybirds whilst marigolds deter nematodes in the soil. Traditionally, Melbourne Cup day is tomato planting time. For dessert crops, plant watermelon, rockmelon, honeydew and strawberries.

Provide a thick mulch of pine needles under strawberry plants. Cover plants with a cloche made from onion bag netting, this protects the fruit from blackbird attack.

Clifton Springs Garden Club next meeting is Monday 15 November at 7.30pm in the Drysdale Uniting Church Hall. Everyone is welcome to come along to our friendly club. Enquiries Lorraine (03) 5251 1660.



Old CD's hung around the vegie patch and in fruit trees will also deter birds. Start a Christmas pot. This could be a planting of herbs, or cherry tomato with basil and lettuce, or colourful petunias or brilliant marigolds. Potted up now and they will be ready for a Christmas Day display.

We tend to overlook the simple flowers in favour of the newest trendy ones. Take good old nasturtiums for instance. Considered as a weed by some gardeners this little plant really is a giant in the plant world. Plant it under apple trees to deter codling moth, add leaves and flowers to a salad. Use seeds as capers or let dry and grind for a mild peppery taste. They are high in Vitamin C. Lastly, chop a cup of leaves, add to 3 cups of hot water, a dash of soap flakes and bingo, you have an organic spray for aphids. Nigella or Love in the Mist seeds can be used instead of poppy seeds. Marigold petals can be used in salads.

Rose petals and Lavender heads can be used in potpourri. As you can see, flowers have many uses, arranging them in a vase is just one option.

Enjoy the longer days.

Happy gardening,

Lorraine.

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The 4th SpringDale Artists' Exhibition

Another successful SpringDale Artists' Exhibition was held recently; the culmination of a year of art-making at SpringDale in the various art courses tutored by Annette Playsted and work provided by the Life Drawing Group. The display was very varied in approach and media and drew large crowds throughout the weekend.

Anne Brackley, the coordinator of SpringDale opened a new event, the Friday Evening Preview, which provided the first taste of the show for our SpringDale community.

On Sunday afternoon John Caskey, an experienced art educator from South Australia, addressed the artists and their families at a closing ceremony to celebrate the artwork. He praised the concept of this type of community art exhibition and made many useful comments to encourage the artists in their future pursuits.

A lovely youthful string quartet entertained the gathering. With the support of the 40 artists, excellent artwork sales and generous gold coin donations from the



Photograph Lyn Ingles

public, the exhibition raised almost \$750 for the ongoing work of SpringDale. The artists thank the public for their patronage and SpringDale staff for their help.

The organising committee of the 4th SpringDale Artists' Exhibition.

L-R, Shirley Penman, George-Ann Gunn, Denise Main, Annette Playsted, Anne Murray and Gwen Cook.

Recycling is good



National Recycling Week is an established and highly regarded annual campaign which aims to improve the environmental benefits of kerbside, industrial and community recycling programs. Commencing on November 8 the campaign promotes community re-use and recycling initiatives like school, office and home Swap Parties.

Get a group of friends together to swap clothes, toys, books and DVDs to name just a few. Recycling has environmental, economic and social advantages.

Rick Paradise

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The Book Group - Author - *Augusten Burroughs*



In October, the Book Group met to discuss a writer rather than a particular book. Augusten Burroughs had been chosen and although he had been an alternative keynote speaker at the 2008 Melbourne Writers' Festival, most of us had not heard of him.

Born Christopher Robison in US in 1965, he changed his name at age 18 and his first book *Sellelevision* was published in 2000 based on his experiences in advertising. Burroughs' other books include *Running With Scissors*, *Magical Thinking*, *Dry*, *Possible Side Effects*, *A Wolf at the Table* and *You Better Not Cry: Stories for Christmas*. One of these has already been made into a film with two others in the process.

Most Book Club members read *Running With Scissors*. A couple had read *A Wolf at the Table*. *Magical Thinking* and *Possible Side Effects* were read by two of our group. This made for a good cross section of Burroughs' writing. We always enjoy these evenings as it provokes lively discussion of the similarities or differences between books by the same author.

In all of these books, which he claims to be autobiographical, Burroughs paints a picture of himself as a needy child in a

highly dysfunctional family. As a pre-teenager, he is signed over by his bi-polar mother, into the guardianship of her psychiatrist. Now divorced from Burroughs' father, this allows her to devote herself to writing poetry and indulging in lesbian relationships. Augusten then spends most of his teenage years as part of a family who live in incredible squalor.

He became the victim of an adult male sexual predator and participated in this relationship with a twisted aim of hurting his supposed lover emotionally as often as possible over a long period of time whilst flaunting this affair in the face of his mother who actually encouraged it.

The content of all books we read is extremely confronting and the strong language may be highly offensive. Burroughs undoubtedly has some ability as a writer. Our Group was unable to relate to this humour and our mark out of ten varied from 2 to 7.

The Book Club meets at the SpringDale on the first Monday of each month from 7.30 to 9pm.

In November we will discuss *Snobs* by Julian Fellowes and December is *The Monkey's Mask* by Dorothy Porter.

We DO meet in January when we will each share a personal choice of book. For more details, contact SpringDale on (03) 5253 1960.

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Pampered pets paying a heavy price

*Courtesy
Bellarine Veterinary Practice*

Dogs and cats are getting fatter as loving owners give their pets too many treats and not enough exercise. Up to 40% of dogs and 33% of cats are now classified as overweight or obese. Like humans, fat pets are more likely to suffer conditions such as heart and respiratory illnesses, diabetes and arthritic problems.

Many owners associate giving treats as kindness but giving them treats all the time is extremely detrimental to their health and may eventually kill them. With many pets being left for long periods of time, owners compensate by feeding them extra treats and goodies to make themselves feel better - *the humans that is*. The animal then gets used to this yummy ritual and gets the puppy dog eyes, drooling and even the meowing and rubbing along the legs down to a fine art.

A much healthier alternative is to grab the lead, the ball and don on the sneakers and get them active. Not so easy with cats obviously but they love to play with moving objects such as string or feathers on a stick or draped around their cat poles. Our barking friends LOVE going for a walk and getting out of the confines of the backyard.

Dogs would prefer a romp in the park or a swim at the beach over a few liver treats any day. Not only have you made your dog happier, but you have kept those unwanted calories off - and helped burn a few too - *and maybe for yourself*. Half an hour a day is all it takes. So instead of a daily pig ear, liver treat or raw hide bone, cut that back to a few times a week and get active with your favourite four legged friend.

Welcome to...

Bellarine Peninsula Christian Church



Service 10am every Sunday at the Senior Citizens Hall, Village Green, Drysdale.
Other meetings during the week.
Pastors David & Carla Evans
Enquiries please phone (03) 5251 3440



Declaring Jesus Christ as Lord.
This church is a member of the Crosslink Christian Network

At the Harvest Market



A lovely selection of fruit and vegies was on offer at the recent **Harvest Market Swap** at SpringDale



Drysdale Clifton Springs Community Association

Drysdale & Clifton Springs Community Association Inc.

Growing the local economy was the subject of DCSCA's public meeting on 22 September. Speakers discussed the employment implications of a range of developments, including the proposed ferry service between Portarlington and Port Melbourne and a proposed indoor horse training facility. Other people spoke about losing farming land to housing estates and about the area's growing population having to commute to Geelong and Melbourne for work.

The discussion about the local economy was part of DCSCA's 2010 Annual General Meeting, which also featured performances by local acoustic trio *Steer* plus displays by the Bellarine Historical Society, the Festival of Glass committee, the Corangamite Catchment Management Authority, Youth Foundations Victoria and the MISSION board and three door prizes.

Advocacy at work

DCSCA has seen inadequacies in the Council's public consultations so often that, backed by the Affiliation of Bellarine Community Associations, we submitted a draft consultation policy to the Council. We were, therefore, pleased to learn of an

internal review by the Council of its consultation policy and we have offered our assistance.

Local action on climate change

DCSCA is trying to act locally on climate change. We've called for a proposed trial in Geelong of an electric car system to include Clifton Springs; we're pressing the RACV and the Environment Protection Authority - organisers of a test-drive of low emission vehicles (LEVs) in Melbourne in October - to repeat it on the Bellarine; and we're exploring how local people can benefit from the Victorian Government's five-year Electric Vehicle Trial.

And finally

More than thirteen weeks after DCSCA members and friends in the Save Our Springs Street Open Space (SOSOS) group asked councillors to discuss The Community Plan for the Springs Street Reserve with them, they still have no answer. We'll continue to press for a satisfactory response.

Patrick Hughes, Secretary

Contacting DCSCA: PO Box 581, Drysdale, Vic. 3222;
or dryclift@bigpond.com

For up-to-date news, please visit DCSCA's blog
- drycliftdays.blogspot.com/

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Turning Scrap into Art

Last month Val Sutherland gave us a fascinating presentation of his experiences building wheelchairs for land mine victims in Cambodia. Val travelled under the auspices of AusAid, and trained the local young people to build the bikes entirely from recycled scrap materials. Slides and photos showed the joy and dedication of those youngsters. Another aspect was the multitude of decorative and useful items built from burnt out AK 47 rifles and which are sold to raise funds to build not only the wheelchairs but also community buildings including schools. We were all impressed with Val's dedication, perseverance and skills.

This month our annual Trivia Meeting and BBQ will be held on Monday November 8



and visitors, ladies and gents, will be welcomed. We also have a trip to Scienceworks and our Caravan group is going to Gellibrand.

Meetings are held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month. Please contact Dorothy on (03) 5251 3702 for further information.

our reader's feedback

Buy local

Please encourage our local growers and refuse to buy asparagus from Peru, grapes from USA and garlic from China available at Woolworths. I definitely support the Harvest Swap at SpringDale each month.

Tim, Clifton Springs.

Editor: *Harvest Swap was a great idea for the community.*

Informative Magazine

Recently, while recovering from a hip replacement, I took time to read your magazine and found it quite informative.

John, Drysdale.

Editor: *We like providing as much information as possible to help the community.*

Recipes

I have a collection of your recipes now, which have proved useful and delicious on many occasions.

Trish, Drysdale.

Editor: *Most people seem to enjoy our recipe pages.*

ICE

Just thought some of your readers who have a mobile phone might like advice that was given to me. Program the letters ICE (in case of emergency) into your speed dial and number with it. This could help in a crisis.

Denise, Clifton Springs.

Editor: *That certainly is good advice Denise.*

Noticeboard

The SpringDale noticeboard is very prominent and catches the eye on passing. Could it be used on Total Fire Ban days to alert the community.

Bob, Drysdale.

Editor: *Thanks Bob, that is definitely something to think about.*

Looks good

You guys are doing a fantastic job, the Messenger seems to look better each issue.

Geoff, Drysdale.

Editor: *Thanks for the positive feedback Geoff.*

Drysdale Senior Citizens



The National Seniors will hold a Millers fashion show on our premises on 9 November at 1pm. The cost \$10.00 to be donated to charity.

On Monday we have Yoga, carpet bowls, cards and snooker. Tuesday, Weight Watchers and a cooked lunch always very popular, which is

followed by bingo. Wednesday exercises, carpet bowls and snooker. Thursday cards, craft, snooker, choir singing and our new activity, Line Dancing. There is Yoga in the evening. Friday, carpet bowls and snooker. Saturday, cards, darts, snooker and table tennis. We have our Christmas Lunch on 17 December on the premises. Cost will be subsidised therefore only \$15.00 including entertainment and a small prize. There is an outing once a month normally on a Thursday afternoon.

For further information phone (03) 5251 2983.

We enjoy giving you up-to-date information about our activities and wishing for our lively, friendly citizens to share them with you. We have added another new activity. It is Line Dancing for beginners, to be held on Thursday mornings at 10am. We are really looking forward to this and we'll be wearing safe, comfortable shoes.

On Cup Day, the 2 November we'll celebrate with chicken and champagne and a prize will be awarded for best hat and outfit. Please be there at 11.30am.

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Introducing the SpringDale Committee of Management



L-R Anna Hong, Graeme Smith, Sarah Baker, Jonathan Harris, Brian Sprake

Over the next few issues the SpringDale Committee of Management (COM) would like to introduce themselves to you.

President: Jonathan Harris

Jonathan has lived on the Bellarine Peninsula for 27 years and has been on the SpringDale COM for the last 3. Since 2003 he has owned and run a computer software and repair company – JNH Software Pty Ltd. As a small business owner Jonathan is well experienced in managing staff, finances and project management to ensure he brings projects in on time and on budget.

Vice President: Graeme L Smith

Graeme is a Fellow of the Institute of Chartered Accountants with 40 years experience in the insolvency sector. He had 30 years service in the Australian Army commanding two of Australia's well known Reserve Regiments, moved to Clifton Springs 4 years ago and desires to assist the community and improve its amenities. He is on the Committee of Bellarine Community Health and the Committee for Bellarine.

Treasurer: Craig Taylor

Although Craig lives in Ocean Grove, the purpose of the Community Bank in which he is employed, is similar to SpringDale. He has been employed at the Drysdale Community Bank branch since 2007 and has lived in the Bellarine area for the past 12 years. Craig believes SpringDale is a great vehicle in providing a broad range of services to the local area.

Committee Members:

Anna Hong

Anna has lived in Clifton Springs since January 2008 and works at the Disability Resource Center of Deakin University. Anna started as a volunteer to assist SpringDale in registering as an RTO (Registered Training Organization). She also helps to coordinate the Ladies Kitchen on Friday mornings.

Brian Sprake

Brian is a former Business Banking Manager with Westpac, retired after 42 years and moved to the Bellarine 8 years ago with his wife Heather. He enjoys being part of the Men's Kitchen Group where he learns the art of cooking and sharing great fellowship. Other interests include most sports and Seniors Health/Fitness programs.

Sarah Baker

Sarah escaped Melbourne to make a life change at the age of 26, moved to Clifton Springs 2 years ago and just loves it here. She runs her own business, baking Gluten and Egg Free cookies. She is a trained Disability worker, which she did for 8 years before starting her own business.

WELLNESS EXPO AT SPRINGDALE



Diana Alexander passing on her serene treatment.



Harold Waldron showing Ed & Win Scouler the finer points of Pole Walking



Lizzie Iversen inquiring about Optimal Movement from Lyndall Dew



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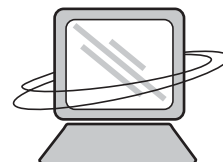


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Wayne Elliott began painting for fun some 20 years ago after taking an interest in art. Like most story telling artists Wayne has painted stories about things that have interested him throughout life. Many of these interests relate to country communities, landscape and pastimes especially sport. His rawness, the primary colours and simple style have attracted many people to his art. Stephen Naylor (Lecturer in Art Theory at James Cook University) described his exhibition at Mildura City Art Gallery as a celebration of the country. Wayne Elliott's raw expressions of life in rural regions of Victoria and NSW document the noise, sounds and energy of places where they are set. Much of Elliott's work has a chaotic dynamism; many of the works use central/circular compositions that radiate the energy from the event outward to the perimeter of the work. This system is a common feature in the works of Rubens, El Greco, Delacroix and Gericault and one quite difficult to achieve with such consistency. Wayne has had many group and solo exhibitions throughout Australia and overseas. He has been an Artist in Residence with Arts Victoria schools program and been shortlisted for the Alice Springs Contemporary Art Prize, Broken Hill Art Prize, Cricket Art Prize and other awards. Wayne recently was selected as part of the Art box project for City of Greater Geelong.

The artistic facets of Wayne Elliott



"Twenty years of galleries, halls, streets and tents" - Wayne Elliott

Wayne will be exhibiting his works at SpringDale. Opening night is Friday 26 November at 7pm for viewing, launch of the exhibition 7.45pm then Saturday 27 November 9.30am to 4.30pm and Sunday 28 November 10.30am to 3.30pm.

Entry will be by gold coin donation with proceeds going to the Ted Chidzey Youth Encouragement Fund.

REMEMBRANCE DAY 2010

November 11th, 11am 1918 and the guns of the 1st World War ceased. So many lives lost, so many families shattered, so many men injured. 1945 and once more the sirens heralded the end of another war. People were recorded dancing in the streets, hats were flung high and laughter after so many years of oppression was heard from the lips of those who were not grieving over the loss of husband, son, father or other kin; for them that siren of victory was too late.

Korea, Vietnam, Somalia, Iraq, Afghanistan, Timor and Cambodia have all seen the blood of Australians shed on their soil. Lives given willingly from a nation that believes in democracy, freedom of speech and the right to live in peace and who fights for those who are oppressed by tyranny.

Australia with England, Canada and the United States join together to remember the former Armistice Day, now known as Remembrance Day. It was Edward George Honey, a Melbourne journalist who first proposed a period of silence for National Remembrance day in May 1919. So for sixty seconds of time in the 11th month, on the 11th day and at the 11th hour we pause to remember those lives lost, cut short and never having the opportunity to live like we do. On this day in Australia, what do we remember? As our heads are bowed in silence what do we think of?

Do we thank God that we live in a free country and that men and women died to enable us to live in such a way? Do we ask ourselves if our democracy is taken for granted? Do we ask ourselves if we have become passive in guarding our freedom?

Australia is indeed a lucky country as we have never had to fight a war within our land. We must remember those who made it possible for us to live in freedom for that is the reason they died.

Remembrance Day. Remembering those who have paid the ultimate sacrifice in the past and remembering those who are this day fighting for the freedom of other people in other nations so they too can live free from tyranny and fear. **Carla Evans**
Lest we forget.

Remembrance Service

On the 11th hour of the 11th day of the 11th month, November, a service will be held by the Drysdale RSL at the Cenotaph in the main street of Drysdale.

Members of the public are invited to attend the service commencing at 10.55am. Children representing local schools of Drysdale, Clifton Springs, Moolap and Wallington will pay their respects.



Percy Herbert Cherry VC, MC

Percy Herbert Cherry VC, MC (4 June 1895 – 27 March 1917) received the Victoria Cross, the highest military decoration awarded for valour in the face of the enemy. Cherry was born at Drysdale and at the age of seven his family moved to Tasmania and bought an apple orchard. In 1913, Cherry was commissioned as a second lieutenant and enlisted in March 1915 and served at Gallipoli before transferring to the Western Front. In early March 1917, Cherry was decorated with the Military Cross following an attack on Malt Trench. He was awarded the Victoria Cross posthumously for his actions during an attack on the French village of Lagnicourt.



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NEWS from Lisa Neville MP Member for Bellarine



Hon Lisa Neville MP
Member for Bellarine
(03) 5248 3462

BUS BOOST FOR THE BELLARINE

I was delighted to be present at the announcement of 284 new weekly local bus services as part of an \$80 million Brumby Labor Government package to improve frequency of services and serve the growing Geelong region which will begin on Monday, 25 October.

Enhancements to the Bellarine transit network will see services improved in Ocean Grove, Point Lonsdale, Queenscliff, Drysdale, Clifton Springs, Portarlington and St Leonards. As I move around the Bellarine, many constituents have told me that increased bus services will be very welcome, so it is great to be able to provide these details:

**76 Queenscliff to Geelong
via Ocean Grove
10 weekday, 15 weekend**

**78 Clifton Springs and Drysdale
16 weekday, 28 weekend**

**79 St Leonards, Portarlington,
Drysdale, Geelong
10 weekday, 4 weekend**

**80 Ocean Grove, Barwon Heads
via Marshall to Geelong
8 weekday, 9 weekend**

**82 Queenscliff to Ocean Grove
8 weekend**

For more information about regional services and fares, visit
www.viclink.com.au
or phone my office on (03) 5248 3462.

GRANTS AVAILABLE TO SHARE YOUR COMMUNITY HISTORY

I am aware that the Drysdale and Clifton Springs areas have long and interesting history and I am encouraging community groups to apply to share in \$350,000 in funding to preserve and share local stories. Applications are now open for community groups to apply for grants of up to \$12,000 for individual projects as

part of the latest round of the Brumby Labor Government's Local History Grants Program.

The Local History Grants Program aims to support projects that can help communities connect with their heritage – whether it is compiling a book, creating a website, purchasing preservation equipment, staging an exhibition or passing on the skills needed to share stories with future generations. The program is administered by Public Record Office Victoria. Examples of past projects funded through the program include:

- Newspaper microfilming and digitising;
- Work on the archives of historical societies, churches, schools, fire brigades and other groups;
- Projects for exhibitions in community halls and other public facilities;
- School-based projects;
- Historical murals and signage projects;
- Many book publishing projects.

**Applications close on Friday,
19 November, 2010. For details, visit
<http://www.prov.vic.gov.au/lhgp/welcome.asp> or phone the grants
administration officer at the
Public Record Office Victoria
on (03) 9348 5688 or call my office.**

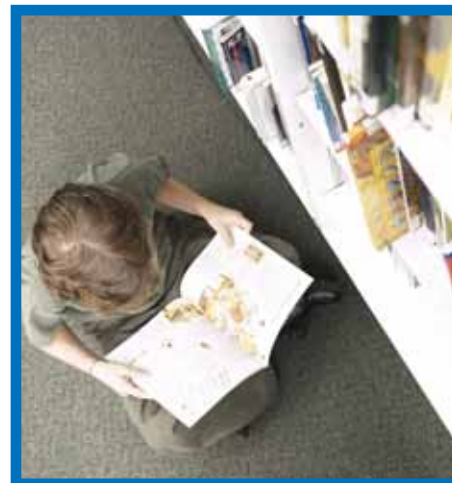
BREATHING NEW LIFE INTO DRYSDALE LIBRARY

Families in Drysdale will soon have a revitalised library thanks to a \$240,000 partnership between the Victorian Government and Geelong City Council which was successful in receiving a \$160,000 Living Libraries grant. This is part of the Government's commitment to ensuring that all Victorians have access to good quality library facilities and community services. The redevelopment of Drysdale Library will increase public floor space so that the library can provide more high quality services to local residents, such as children's and youth programs. The upgrade will also boost public Internet access.

As always, please don't hesitate to contact my office if there are any issues I may be able to assist you with.

**Hon Lisa Neville MP
Member for Bellarine
(03) 5248 3462**

Lions Sponsor Children's Literacy in Schools Program



To encourage literacy for our children, the Lions Club of Portarlington/Drysdale has sponsored an Authors in Schools Literacy program for Clifton Springs, Drysdale, Portarlington and St Leonards Primary Schools. A famous author plus a top illustrator will attend and run 2 workshops at each of the 4 schools during the school term.

Following similar successful workshops last year, they will heavily involve children in discussions on techniques of working up ideas for stories plus the illustrations to go with them. Lions believe this is an important Program which has proved to have a very high success rate wherever it has been conducted.

Lions President Gary Doolan said
"Our children are our future and these opportunities provide the potential to uncover some budding writers who may not have had the motivation or knowledge before these Programs came along."

**For more information contact
Lion Cam McLean, Publicity Officer,
on (03) 5259 1481.**

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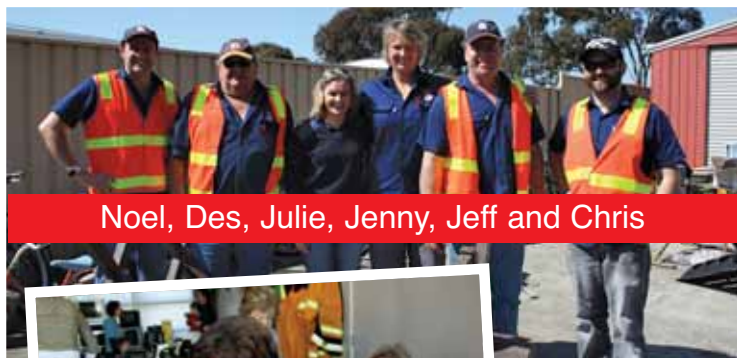
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Drysdale Fire Brigade Annual Garage Sale



Noel, Des, Julie, Jenny, Jeff and Chris



It was all hands on the goods at the **Drysdale Fire Brigade Annual Garage Sale**, the weather was warm and a perfect day to display all the items up for sale. The crowds were a plenty and the food that was on offering was prepared by *head cook* Robert Aylwin and mates. There was an amazing array of furniture and bric-a-brac along with the other fundraiser which was the raffle where Margaret (pic left) was momentarily keeping Bev Searle busy.

Well done everyone for your efforts.

SpringDale FC summer soccer programs start



Bonnie Spain

*'No experience
is necessary
for any
of these
programs,
all are
welcome'*

and female youth social futsal at Drysdale Primary School Hall between 7pm and 8pm and mens social futsal at Drysdale Primary School Hall between 8pm and 10pm. No experience is necessary for any of these programs, all are welcome.

The club is supporting the Yellow Submarines under 9's futsal team at Barwon Valley Activity Centre running late afternoon on Fridays and we are also entering teams into futsal competitions under the SpringDale FC banner. We have an under 16 girls futsal team (Bonnie Spain pictured) competing at Corio Leisuretime Centre on the Friday evenings and we have a mens futsal team in the Bellarine Futsal League which runs each Monday evening starting 1 November from 7.30pm at the Bellarine Aquatic and Sports Centre in Ocean Grove.

SpringDale FC is a provider of soccer coaching to local primary schools through the Active After Schools Communities program and coaches are also available during school times to assist with the running of soccer programs. Please contact us to find out more about these services.

We are recruiting players of all abilities, fitness levels, ages and genders for both our summer and winter programs (new senior womens team will start in 2011), coaches and volunteers always welcome too (subject to Working With Children Checks). To find out more or to get involved, visit our website at www.springdalefc.com.au or contact **Geoff Briggs on 0428 501 150.**

Thanks to our friends and partners - *Momentum Energy, Lisa Neville MP, Headspace Barwon, Drysdale & Clifton Springs Community Association and the SpringDale Neighbourhood Centre.*

Geoff Briggs

The term time summer programs will kick off on Wednesdays at the start of November. Juniors soccer will operate on the playing field at Clifton Springs Primary School between 6pm and 7pm, womens

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Bellarine Singers end season with gusto

Entering the SpringDale Hall with all the voices at full range, piano in tune and conductors pushing the boundaries to gather the most from their choir was an amazing enjoyable experience. The audience participation was vibrant and expressive. It was wonderful to see so many having an amazing reaction to music and those that were performing having a greater time expressing it. Well done all, it was quite a session and I will be back to hear more when you return. *Lyn Ingles*



Photographs Lyn Ingles

Bellarine Sharks season ends



This season's winter soccer came to an end with the Bellarine Sharks Senior Women playing Corio Bay in the grand final. The girls of both sides had a nervous start however eventually Corio Bay broke through to score the first goal of the day. In an extraordinary burst of brilliance just before half time the girls from Bellarine bounced back to score 3 goals in 5 minutes. At half time the score was 3-1 with Bellarine well on top. After half time the game slowed as the girls from both sides tired however the Bellarine team still maintained control of

the ball for most of the time until the last 10 minutes of the game when Corio Bay broke through to score their second goal and in the last 3 minutes they scored the equaliser and so at full time the scores were level at 3 all. The game went into a further 30 minutes of extra time but neither team could score and so after 2 hours of exhausting grand final football the game would be decided upon a penalty shoot out. Even then the game was taken to the last kick of the 10 penalty shots to decide the game which Corio Bay finally won. After the game the Bellarine Sharks Senior Women's team sweeper, Kym Talbot was awarded Best and Fairest for the Geelong Regions Div.2 Senior Women. The Sharks now look forward to their 6 weeks of indoor training which started on Sunday 17 October at Bellarine Secondary College 3pm juniors and 4pm youth/seniors.

Call Murray or Donna on (03) 5257 2106 if you would like to be involved.
Preseason outdoor training starts on Collendina Beach in February 2011.

Murray Hall

*Bellarine Sharks
Womens Captain
Bridget Wallace
clearing the ball
in defence.*



Peninsula Little Athletics



Peninsula Little Athletics is a fun way to get fit and compete with your friends. It is part of the founding centre for Little Athletics in Australia and provides a range of athletic events for children aged between 7-14. Training is Thursdays at Drysdale Primary School from 5pm to 6pm and competition is Saturdays at Landy Field.

**For further details please contact
Teresa Barmby on 0402 131 463.**

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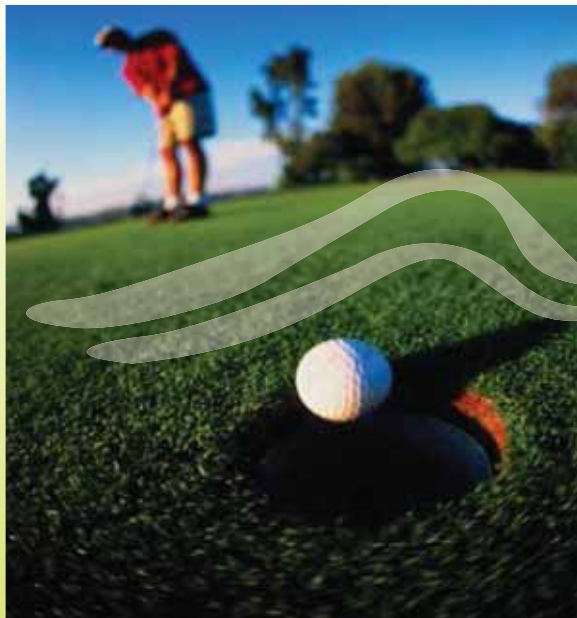
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