



The SpringDale Messenger



ABN 21 404 220 267 >> Compiled & Published by the SpringDale Neighbourhood Centre Inc.

Wellness at SpringDale



A new **Wellness Group** is forming at SpringDale we have more than 10 practitioners ready to share a variety of Healing and Wellness modalities with you and approximately 10 people ready to participate.

Our **Wellness Group** will commence **Monday 2 May 11.00am -12.30pm**. We have planned the first 8 weeks and I am excited by what is about to be part of SpringDale.

A different practitioner will share his/her skills with the group each week. It will allow members of this group to try many different Wellness techniques and experience a wide range of opportunities. The Wellness techniques to inspire and entice you include Bowen Therapy, Massage, Raw Foods, Naturopathy, Sounding, Pole Walking, Belly Dancing, Ortho Bionomy, Blood Group Diet, Aroma Therapy, Toxic Chemical Information, Psoas Muscle, Meditation and Vegetarian Cooking.

L-R: Diana, Daphnee, Jennifer, Joy, Lisa & Harold

Inset: Jarrod

I believe we can work towards having our part of the Bellarine being renowned for Wellness as it used to be last century when ferries of people would arrive at Clifton Springs and take the waters. It is part of our heritage, let's make it part of our future.

**SEE PAGES 3,4,14,15 & 17
FOR COURSE UPDATES AT SPRINGDALE**



**IN THIS
ISSUE**

Hospitality Classes	13
Delicious Asian Recipes	12 & 13
Steve is in our Garden	14
Beyond Zero	21

Westpac

Shop 9 Supermarket Complex Drysdale

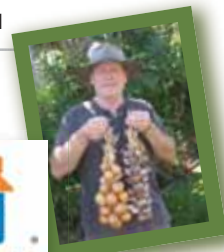
Contact

Wayne, Lisa, Bev,
Sandra or Rhianon
(03) 5251 1624

- Home Finance Manager Available
- Good Term Deposits Rates

events may

Sunday	1	Messenger copy deadline June edition
Tuesday	3	Cruising with Shandelle / Morning Showtime Potato Shed
Wednesday 4 / Thursday 5 / Friday 6		Sirens Collision Dance Company Potato Shed
Saturday	7	Class Clowns Potato Shed Drysdale Harvest Produce Swap SpringDale 9am-11am
Wednesday	11	Neighbourhood House Day
Friday	13	CCP Gig Potato Shed
Sunday	15	Drysdale Market 9am-1pm
Friday	20	Spud Club Open Mic Night Potato Shed
Saturday	21	Desperate Housewives Hollywood Theme Potato Shed
Monday	23	Business Breakfast SpringDale 7am
Friday	27	Flotsam & Jetsam Potato Shed
	27	The Keeper Potato Shed
Sunday	29	Portarlington Market 9am-2pm
Monday	30	Adrian Mannix Dinner 6.30pm for 7pm
Tuesday	31	Julia Childs Day at SpringDale



**Business
Network
Breakfast**



**IMPORTANT
REMINDER***
Copy deadlines are the
1st of each month.
Contact SpringDale for
copy of the 2011 dates.
(03) 5253 1960



**Adrian
Mannix
Dinner**

**Copy Deadline for June 2011 Issue
Sunday 1 May 2011
Distribution - Saturday, 28 May 2011
Circulation - 6500 Copies**

SpringDale Neighbourhood Centre Inc. acknowledges the support of:



SpringDale Community Calendar is a SpringDaleNeighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre
Opening Hours **Monday to Friday 9am - 5pm** and by appointment.

Compiled & published by the
SpringDale Neighbourhood Centre Inc. A0024916V
17-21 High Street, Drysdale Vic 3222
Postal Address: PO Box 80 Drysdale

The SpringDale Messenger
Production & Creative by Lyn Ingles - blue pencil publishing

For all editorial and initial advertising enquiries:
SpringDale Neighbourhood Centre P: (03) 5253 1960 F: (03) 5253 3050
E: messenger@springdale.org.au W: www.springdale.org.au

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material
Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy.

Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

*It's all happening
at the SpringDale
Neighbourhood Centre*

Publisher of **The Springdale Messenger**
Magazine also supplied in A3 format.

**The
SpringDale
Messenger**

Large variety of accredited
courses and hobby activities
for your participation.

**Vacation Care Programs
for kids**

www.springdale.org.au

Laminating Faxing Room Hire
Internet Access Photocopying
Personal use of computers

• Reasonable rates
• Concession rates for Members

The SpringDale Neighbourhood Centre 17-21 High Street Drysdale Vic 3222
P [03] 5253 1960 Fx [03] 5253 3020 E office@springdale.org.au



from the centre

Anne Brackley [centre coordinator]



I'm so excited I'm not sure what to talk about first. Only yesterday we were notified that we had been successful in being awarded a grant, stay tuned for more information next month.

Last weekend an American trainer led her only Australian three day workshop at SpringDale. We auspiced a small grant for the Bunyip Festival. There's so much to share with you about Volunteer Month, a new Health Group and so many more other things about to start or change.

Firstly, it's Volunteer Month, a time when I love to focus on all our incredibly wonderful volunteers. During each visit I love to thank each volunteer but its during this month that volunteers should understand the gratitude that the community has for their skills, energy and time that they freely give in support of our community.

Volunteers are the life blood of SpringDale. On average approximately 80 people donate 5.4 hours each. So many people donating hundreds of hours to SpringDale each week is heartwarming. The skills these people bring is how we have such a varied suite of services and programs. Thank you to everyone who helps in any way – you are SpringDale.

Volunteers help our community in so many other ways. We know of more than 100 community groups in our local area and each of these have a President, Secretary, Treasurer and other Committee Members and other people who take on fundraising or coaching or leadership positions. Well done to everyone who has given time this year to make our part of the world the best place to live.

I'm sure every one of us can think of something that we have done in service of someone else or our community. I love the feeling that I get after doing something that I know may make a difference and I love being able to do it freely.

Late last year a friend, Allison Baensch, suggested that we refer to our part of the Bellarine as the *centre of health* for this part of the world as we used to be when people came to *take the waters*. This was a great idea and a number of us are working together to make this come true. We held a meeting in which 10 wellness practitioners met to formulate how a Wellness Group could be formed and a roster themselves so everyone only needs to be available once a term to run a session.

Our new Wellness Group commences on Monday, 2 May 11am – 12.30pm. Cost will be \$5 to be a member of

SpringDale and \$5 a session. We have a couple of names already and we look forward to this growing into one of our biggest groups.

Lastly I would like you to know of a coup that we are still celebrating. Allison Baensch decided that she wanted to learn more about the Psoas muscle and so she started emailing Liz Koch in USA. Liz eventually agreed to come out and run a three day workshop in Australia – at SpringDale! It was a great success with people coming from all over Australia to attend and spend time on the Bellarine which helps to give us more weight behind Drysdale being the health capital of Victoria. Well done Allison we look forward to learning about the Psoas muscle from you.

What will next month bring?

Regards from

Anne Brackley

for the whole SpringDale Team.

New Groups

Raw Foods Group

We have a new group starting on the first Sunday of each month, from 12noon til 2pm. Cost is \$4 donation. All welcome to attend. Please bring a raw plate to share, from vegies, fruits, nuts, seeds, and other delicious foods.

Cheese Club

First Saturday of the month. For people who have done Cheese classes at SpringDale.
Fee: \$1 plus cost of ingredients.

Wellness Group

Each Monday in school term. From 11am to 12.30pm.
Fee: \$5 per week, plus \$5 SpringDale membership (*if not already a member*).

Sewing classes – Term 2

There has been some changes to the Term 2 Sewing Classes. The new design for the quilt is to be called *Peace and Plenty*.
Date/time: Friday 3 June – Friday 17 June (3 weeks) 12.30pm – 3.30pm.
Fee: \$90



UPDATE @ SpringDale

Lose weight by changing your mind

Come along for this exciting new 6 week program and find out how to lose weight and take control. Learn how to reprogram your relationship with food and find the secrets to food addictions.

Date: Friday 13 May – Friday 24 June (with 1 week break in the middle)

Time: 9.30am – 12.30pm **Price:** \$149 including a work manual.

Save money, save energy, save water Workshop

Would you like to reduce your power and utilities bills? The tutor is Margot Busch from St Laurence Community Services.

Date/time: Monday 9 May 12.30pm – 2.30pm, with a free lunch included, OR Wednesday 8 June 6pm – 8pm (light tea included).

Cheesemaking

There has been a change of date for the Introduction to Brie workshop which was on Sunday 29 May, and has been changed to Sunday 22 May, and the Introduction to Camembert was on Saturday 28 May has been changed to Saturday 21 May.

New Course

Certificate III in Education Support

Will commence on Tuesday 3 May. The course will be held on Tuesday and Wednesday from 6pm to 10pm. It is a 27 week course including Saturday and Sunday from 9am – 5pm, (last weekend) monthly. Concession available.

Give the
Gift
of knowledge

The SpringDale Neighbourhood Centre



Give a present with a difference.
Available at the
SpringDale Neighbourhood Centre



Anna Leong

Family Services Champion
SpringDale Committee of Management

SpringDale Committee of Management is concerned about the social wellbeing of our community. The strength of our community depends on the extent to which individuals in our community have and benefit from close ties with family and friends, involvement in the community and with social groups.

The Strategic Plan goal that I have chosen to champion is:

"MAINTAINING SOCIAL CONNECTIONS – KEEPING PEOPLE CONNECTED WITH EACH OTHER."

Social isolation can be caused by withdrawal or avoidance of contact or with family, friends, people in the community due to factors - disability, illness, financial situation, personal problem, cultural differences and so on.

An isolated individual does not feel like a member of the community, nor has friends or someone on whom he or she can rely on in times of need or distress. Without the emotional, spiritual and psychological support important to mental and physical health, it is often difficult to resolve the issues they face.

According to Wikipedia, social isolation can contribute toward, or be the result of, many emotional, behavioural and physical disorders including anxiety, panic attacks, eating disorders, addictions, substance abuse, violence and illnesses.

Social isolation may not be by choice, so it is not a question of leaving them to their fate because they choose to drop out of social contact.

SpringDale is working towards achieving this goal through the following strategies:

- Support initiatives that promote mental health and wellbeing of the community
- Provide and promote opportunities for participation in community life
- Build stronger, healthier communities that reduce social isolation.

We hope that our community members engage in community life so that we are socially connected, have access to social networks, engage in a variety of social and or physical activities to attain mental wellbeing. According to the Victorian Health Survey 2007, people who participate and those who can obtain help when needed, are healthier and feel more positive about their community.

If you need help or if you are aware of anyone who needs help, please ring or visit SpringDale. We love to welcome new people and connect into something that may suit.

Please think about coming to our Coffee Club on Monday, 23 May at 10.30am, Julia Child's day on Tues 31st May and or our Italian night on Friday 3rd June. All these activities are for people to taste what can happen at SpringDale.

Julia Childs Day

Wear your pearls and pinny, and prepare to *Cordon Bleu* together. Make *Beouf Bourguignon* and let's create delicious French cuisine.

Dates/times: Tues 31 May, 10am – 3pm

Fee: \$25 Bring containers for extra goodies.

An Italian Evening

Join Jackie in an Italian revolution of tastes, smells and visions of the Mediterranean with her delicious Italian meals. Soak up the atmosphere of olive oils, garlic and pasta. Sounds great? Well! do not hesitate, book now for this amazing evening.

Date/times: Fri 3 June 6pm

Fee: \$20 **Tutor:** Jackie

Graeme L Smith & Co

Chartered Accountants

ABN 24 228 638 514



Graeme L Smith FCA



"When any company director experiences a financial downturn whether it is caused internally or externally, the first call that he is likely to make is to his accountant or solicitor."

Before you make that call, call me.

More than 30 years experience in the insolvency profession.

Over the last 5 years assisting directors with the problems they may encounter when they are faced with insolvency.

I advise you, not your creditors."

M 0432 370 297

Fx 61 3 5253 3428

E g.smith25@bigpond.com

PO Box 468 Drysdale Victoria 3222



Mention this advertisement and receive a 1 hour free consultation.

High Quality Ink & Toner Cartridges without the expense!!

Universal Ribbons & Toners Pty. Ltd.

Locally Owned & Operated
Free Delivery call 5251 5777

www.urt.com.au

- Ink Cartridges
- Toner Cartridges
- Fax Cartridges
- Copier Cartridges including all the major brands.
- Genuine
- Compatible
- Remanufactured

For more information
call (03) 5251 5777
OR fax (03) 5251 5778

Years ago

As reported in The Argus on
Saturday 14 March 1925

GEELONG AND DISTRICT

Great interest was taken in the meeting at Drysdale, convened by the acting district postal inspector (Mr. A.G. Porritt) to determine a site for a new post-office. The meeting lasted for three hours and a keen debate took place on the merits of the site secured by the department and a corner site, which the progress association is prepared to hand over to the department.

Business Network Breakfast

Mark this date in your diary

Monday 23 May at 7am

Invitation to Business Owners

The next **Business Breakfast** will be held on **Monday 23 May at 7am** and the guest speaker will be **Steve Atkinson** who is presenting Emergency Management Plans in his role as Deputy Fire Chief of Drysdale Fire Brigade.

An inspiring speaker and hope you will be able to attend. Please reserve your place now.

Phone SpringDale on (03) 5253 1960 and reserve your place now.



SpringDale Neighbourhood Centre Inc.
Keeping the Community Connected

Need a Will, Power of Attorney or Probate for a loved one's estate?

Come in for a *free* chat

RISTEVSKI
LAWYERS

1 High St., Drysdale (old Post Office) Ph: 5251 3453

Adrian Mannix Community Service Award 2011



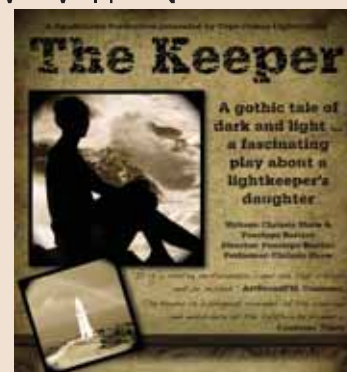
This presentation will take place on Monday 31 May at the Portarlington Golf Club 6.30pm for 7pm. A two course dinner costs \$25 and tickets are available from SpringDale Neighbourhood Centre, Lions Club of Portarlington/Drysdale or Drysdale Rotary Club. This should be a memorable evening and a great way to recognise the effort of individuals in our community.

A big thank you

A big thank you to the Potato Shed community for joining us in the celebration of our 10th birthday. A great night was had by all who participated and attended. It was a true display of the wonderful community spirit of the Potato Shed. Collision Dance Company returned in April with *Out of Sight* and we are delighted that they will be back in May with *Sirens*, another dance piece with a difference. This year Class Clowns will take place on a Saturday, this is part of the Melbourne International Comedy Festival and offers budding comedians an opportunity to work with a professional comedian for a day and to then perform in the evening. Come along and show your support to our young talent. Get ready girls, The Gems are also back this month with *Desperate Housewives*, Hollywood Theme so book your table asap, always a sell out. The month will finish with *The Keeper*, a compelling new show based on lighthouse life in the early 20th Century.

For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centre.

WIN DOUBLE PASS



The Keeper
27 May 8pm

To enter fill out the coupon below and send or deliver to:
SpringDale Neighbourhood Centre
High Street, Drysdale

Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSING 3PM MONDAY 16 MAY

Desperate Housewives

21 May

Hollywood Theme
7.30pm for 8pm start

\$20
all tickets

WHAT'S ON IN MAY

3 May
Cruising with Shandelle
Morning Showtime
10.30am
\$14 includes morning tea

4, 5 & 6 May
Sirens
Collision Dance Company
8pm / \$15 all tickets

7 May
Melbourne International Comedy Festival
Presents... Class Clowns
Workshops - 1pm
Contact Potato Shed for registration details.
Performance - 4pm / Gold coin donation

13 May
CCP Gig
6pm - 10pm
All ages smoke,
drug and alcohol free event

20 May
Spud Club Open Mic Night
6.30pm - Kids
8.30pm - Adults
\$6 all tickets

21 May
Desperate Housewives
Hollywood Theme
7.30pm for 8pm start
\$20 all tickets

27 May
Flotsam & Jestsam
Schools Season
Schools to contact
Potato Shed directly.

27 May
The Keeper / 8pm
Adult - \$24 Conc. - \$19

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.

The Keeper

A gothic tale of dark and light ...
a fascinating play about a lightkeeper's daughter

Writers: Christie Shaw & Penelope Bartlan
Director: Penelope Bartlan
Performer: Christie Shaw

"It's a riveting performance - and one that should not be missed." ArtSoundFM, Canberra.
The Keeper is a poignant reminder of the courage and endurance of the lighthouse pioneer.
Canberra Times

27 May
The Keeper / 8pm
Adult - \$24 Conc. - \$19

Cape Otway Lightstation
www.lightstation.com

ARTS VICTORIA

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998

CITY OF GREATER
GEELONG
WWW.GEELONGAUSTRALIA.COM.AU



Scams



Safer Communities
Greater Geelong, Surf Coast & Colac Otway

1) The Nigerian scam, also known as 419

Most of you have received an email from a member of a Nigerian family. It is a desperate cry for help in getting a large sum of money out of the country. The scammer is promising obscenely large payments for small unskilled tasks. This scam, like most scams, is too good to be true. Yet people still fall for this money transfer con game.

2) Advanced fees paid for a guaranteed loan or credit card

If you are thinking about applying for a "pre-approved" loan or a credit card that charges an up-front fee, ask yourself: "why would a bank do that?". These scams are obvious to people who take time to scrutinize the offer. Remember: reputable credit card companies do charge an annual fee but it is applied to the balance of the card, never at the sign-up.

3) Lottery scams

Most of us dream of hitting it big, quitting our jobs and retiring while still young enough to enjoy the fine things in life. Chances are you will receive at least one intriguing email from someone saying that you did indeed win a huge amount of money, and you forget that you have never ever entered this lottery in the first place. The catch: before you can collect

your winnings, you must pay the processing fee of several thousands of dollars.

4) Phishing emails and phoney web pages

This is the most widespread internet and email scam today. It is a sting con game. Phishing is identity and password theft based on convincing emails and web pages. They frighten or entice you into visiting a phoney web page and entering your ID and password.

Tip: the beginning of the link address should have https://. Phishing fakes will just have http:// (no"s" . If still in doubt, make a phone call to the financial institution to verify if the email is legit. In the meantime, never click on the link in any suspicious email.

5) Items for sale overpayment scam

This involves an item for sale such as a car or truck. The scammer finds your ad and sends you an email offering to pay much more than your asking price. The reason for overpayment is supposedly related to the international fees to ship the car overseas. In return, you are to send him the car and the cash for the difference. The money order you receive looks real so you deposit it into your account. In a couple of days your bank informs you the money order was fake. You have

now lost the car and the cash you sent with the car.

For further information regarding SCAMS please visit
www.scamwatch.gov.au

Crime Stats for GLG68 Drysdale

- Recent **criminal damage** has been reported in Wyndham Street.
- **Burglary** has taken place at Murradoc Road.
- **Wilful damage and injury** in Bennett Street and High Street,
- **Theft** has occurred in Wyndham Street.

Area GLG69

After an extraordinary meeting held on the 21 March 2011 NHW Area 69 has decided that, as a result of declining interest, we would discontinue as a community group.



**POLICE
FIRE
AMBULANCE
Dial 000**

NEIGHBOURHOOD WATCH INFORMATION

GLG 58,59 - Mark Cline
C/Springs Bowls Club
Clifton Springs
(03) 5253 2717
2nd Monday • 7pm

GLG 68 - Barbara Lamperd
SpringDale, Drysdale
(03) 5253 2191
4th Monday • 2pm



Volunteers



National Volunteer Week 9-15 May

National Volunteer Week provides an opportunity to highlight the role of volunteers in our communities and to say thank you to the more than 5 million Australians who volunteer.

Australian volunteers are essential to society and many charities would struggle

to survive without the support of their volunteers. Australian volunteers contribute more than 700 million hours of community service to so many areas. Visit www.volunteeringaustralia.org for further information.



BUNYIP FESTIVAL

Congratulations to Drysdale Primary School and Clifton Springs Primary School communities for another successful Bunyip Festival this year.

This is a very popular event on the Bellarine calendar and is a fantastic fundraiser for the two Primary Schools. There is an enormous amount of planning and hard work that goes into this event and I congratulate Ann Brackley and all the volunteers, parents and staff who get involved in making it such a success.



WALK SAFELY TO SCHOOL DAY

Friday May 20 is National Walk Safely to School Day in Primary Schools around Australia. Now in its 12th year, Walk

Safely to School Day promotes the vitally important message: Active Kids are Healthy Kids. The event encourages parents, carers and their children to build regular walking to and from school into their daily routine, because children need at least 60 minutes exercise each day. Getting up half an hour earlier and walking with a child teaches them the value of a healthy lifestyle and helps set them up for a day packed full of learning. Those who must drive are encouraged to park the car a fair few blocks away and walk the rest of the journey. This also aims to decrease dangerous vehicle congestion around schools and reduce carbon emissions from idling cars.

Visit www.walk.com.au for more information.

EMERGENCY: SPORTING AND RECREATIONAL EQUIPMENT GRANTS

Local community-based clubs or organisations delivering sport and active recreation are eligible to apply for grants to replace essential sporting or first aid equipment that has been lost or destroyed as a result of fire, flood, significant sport event, theft or criminal damage. Grants of up to \$2,000 are available up to 3 months after the loss or damage.

Program guidelines are available online www.dpcd.vic.gov.au.

DRYSDALE ROTARY CLUB ART SHOW

The Drysdale Rotary Club held their Annual Easter Art Show with over 400 paintings available for sale and included displays of student art. A highlight this year was the launch of the Young Artist Mentorship Program with students from Geelong High School and Bellarine Secondary College exhibiting Year 11 Art. I was very proud to be the sponsor of this great initiative.

As always, please don't hesitate to contact my office if there are any issues I may be able to assist you with.

Hon Lisa Neville MP
Member for Bellarine
(03) 5248 3462

Seth - Cancer Journey



In appreciation of the generosity shown by local business and community; we would like to extend a thank you on behalf of Seth, his family and carers.

The monies raised provided grocery vouchers and financial support during Seth's Journey. Since his surgery on his hand late last year Seth has returned to school and has completed Chemotherapy in April.

With us, your
investment is as
safe as houses



Contact Marita today and find out how to get the best out of your investment

Stockdale & Leggo Drysdale

19 Clifton Springs Road, Drysdale, VIC, 3222
Phone (03) 5251 1566 Fax (03) 5251 3334

Stockdale & Leggo

**William
Sheahan**

Funerals 5251 3477

Incorporating

Drysdale & Peninsula
Funeral Services
Murradoc Road Drysdale



"Committed to Caring"



kel's corner

I am lucky enough to have shared 2 years worth of Kel's stories with you. We have all learnt so much together and Kel has become a very special member of SpringDale. He has attended many events and entertained and assisted in many ways. Kel has created, grown and

tended a garden at SpringDale and many of our Kitchen Groups have enjoyed cooking Kel's rhubarb from the garden. Kel has instigated guided tours for many residents on bus trips and shared his remembrances with us all. He has looked after so many of us. Thanks Kel. We look forward to many more stories.

Kel came down to Lorne with me the other day as a travelling companion. He told me of many escapades, including catching the Trans Otway little low bus to Lorne to roller skate, sleeping under a tree at night and hitch hiking back after a full weekend. The roller skates were hired and made of steel and he skated

on a concrete/bitumen slab on our left on the way into Lorne.

Kel remembers toll gates at the start of the Great Ocean Road. He remembers the bridges only being one lane. He spoke about the returned soldiers who built the road using wheelbarrows, shovels and picks. It is a great part of Australia. While we were in Lorne we met a couple of ladies from the Bacchus Marsh Neighbourhood Centre. Kel asked them "Do you know that Bacchus Marsh was the hottest place in Victoria?" "Is that right?", I said. I looked at him and asked why? He said "Because it is near Melton!"

Kel Davis & Anne Brackley

Pilgrimage to Living Water

Water plays such an important in our lives – quenching thirst, feeding gardens, creating a space to reflect over or a place to play in and enjoy.

Drysdale Uniting Church, through its Worship @ 9 group, is holding a Pilgrimage to Living Water on Saturday 28 May 2011 and would be pleased if members of the community would like to join us.

The Pilgrimage is an initiative of the national Assembly of the Uniting Church that involves walking, or driving, between various locations to then consider the importance of water through readings, reflection and prayer. Our pilgrimage will start at Lake Lorne, at the walking track in Reserve Road, Drysdale (off Portarlington Road) at 10.30am and finish at Clifton Springs harbour (below end of Jetty Road) at about 3pm.

There will be six stopping points and we are allowing people to drive between these points if they do not want to walk. We will carry an icon painting with us to be used at each station and will be joined by Rev. Dr. Rob Gallacher, from the Uniting Church Icon Schools, Hawthorn, who painted the icon and who will lead the icon contemplation. A barbecue lunch will be provided, so we would appreciate advice of likely attendance by Wednesday 25 May. It is suggested that people bring a folding chair to be used at each stopping point and this can be transported by those driving. Transport can also be arranged for those leaving cars at the start or finish.

Please advise of your participation or seek further information from Wayne on (03) 5251 2210 or wayne.myers@deakin.edu.au

Economic Development



Drysdale/ Clifton Springs is a designated a growth area, current population of 13,000 and anticipating 4500 new dwellings being built next five years, which may double our population. Unlike Armstrong Creek development, there is minimal commitment to employment opportunities.

The City of Greater Geelong formulated a Structure Plan for Drysdale in 2009, which allows for only minimal economic development in Drysdale. This commits Drysdale to be a dormitory town, from which most of our citizens must travel significant distances to employment.

As Australia strives to minimize carbon miles, we strive to plan opportunities for our residents to increase the economic sustainability and reduce the reliance on travelling to employment.

If you are interested in hearing about a local community project concerning this subject which is about to commence please register your interest at SpringDale phone 5253 1960.

Anne Brackley
Coordinator SpringDale
Neighbourhood Centre Inc

When family and friends can't be there ...

No matter the distance they can still be a part of the celebration of life with **Tuckers Funeral Webcasting**

- Funeral Webcasting is a **free** service available from Tuckers
- Includes a **live internet broadcast** that is also available to view for up to 30 days. Safe and secure online for family and friends all over the world
- Can be broadcast to the internet from almost **any location**

Call today or visit our website for more information

Tuckers est 1883

Funeral & Bereavement Service Servicing All Areas www.tuckers.com.au 5221 4788

NOW OPEN

Monday - Friday
8.30am - 5.30pm
Saturday
10.00am - 2.00pm



• Design • Print • Office Supplies

13 Sykes Place, Ocean Grove, Vic. 3226
Telephone: 5255 2663 Fax: 5255 2386

Toy of the Month



This month's toy is a small trampoline which will fit into a back garden. Experts agree that children need more exercise as popular computer and video games offer minimal opportunity for exercise.

"Trampoline jumping improves coordination". www.familyrapp.com

"Trampolines can be good for children, providing exercise and increased sociability."

They can ensure that children get enough active play. Trampolines can provide a great way for your children to exercise and have fun.

<http://ezinearticles.com/>

The Drysdale Toy Library is open on Wednesday morning from 9am to 10am.

Ann Ferguson
Drysdale Toy Library Coordinator

our reader's feedback

Maria Island

What an interesting article of The Maria Island Walk in Tasmania. I think it will be a wonderful place for my family to visit later this year.

Joan, Clifton Springs.

Editor: *I loved Tassie when we visited last year.*

Bunyip Festival

The Bunyip Festival was cool. I loved the coiled potato.

Jack, Drysdale Primary School.

Editor: *I love the Bunyip and I'm glad you loved the food.*

Great cover

It was certainly a great front cover last month. Lest We Forget.

Old Digger, Drysdale.

Editor: *A member of the Drysdale RSL emailed to say she loved the cover too.*

Something Big?

Some towns around Australia have 'Big Things' as a tourist attraction like the Big Banana, Big Cow and Big Shell. Could Drysdale have something Big?

Pam, Drysdale.

Editor: *It already does Pam, a big community spirit.*

'Can you hear the Cars coming' was excellent and so true. (April Issue)

Thank you for placing in the article for walking the correct way along our roads. I hope people are drawn to the article

especially the parents because it is so true. Their young kids are walking to bus stops and along our roads on the wrong side and they are listening to their ipods. I agree with the article that they cannot hear or be aware when their attentions are elsewhere. So, please tell your kids to at least walk against the oncoming traffic and make sure they see the cars coming. I don't want to hit someone that steps out in front of me because they did not see or hear my vehicle approaching. I drive my young children to school every morning and I am already telling them what is correct and what is not and why. They are telling me now who is walking the wrong way. Perhaps we can save someone by just being a little more attentive on our very busy roads.

Christine M, Portarlington.

Editor: *Thank you Christine, we are pleased that you saw our article as a safety warning. We care for our kids so they in turn must take care themselves and do the right thing on the road. It is just as easy to do the right thing and stay safe as doing the wrong thing.*

If anyone would like a copy of the article for poster or information purposes, please contact the SpringDale Centre.



coastal lighting

Interior & Exterior Lights

Electrical and data accessories

Garden Lights

Low Voltage Down Lights

Floor & Table Lamps

*Discount applies for house lots

Open times:

Monday to Friday 9.30am - 5pm

Saturday 9am-12noon

11 Marine Parade
(Off Sinclair St, Industrial Estate)

OCEAN GROVE

PHONE (03) 5255 5555

* Conditions apply

For a wonderful dining experience...
The Metro



7 pce dining with
1800mm long table.
RRP \$1249

Our catalogue
Sale Price **\$899**

BELLARINE FURNITURE

7-9 Marine Parade, Ocean Grove
Ph: 03 5255 2288 Fax: 03 5255 4499
info@bellarinefurniture.com.au
www.bellarinefurniture.com.au



Harvey World Travel Drysdale

3 Wyndham St

(next to ANZ Bank) DRYSDALE

Phone (03) 5251 1125

Email drysdale@harveyworld.com.au

GREAT SERVICE GREAT HOLIDAY!

Heart Week - Educating Australians

Heart Week runs from 1-6 May and aims at educating Australians to better identify heart problems. If you think heart disease only affects older men, you're wrong. It is the number one killer of women in Australia. The Heart Foundation aims to provide up-to-date, high quality information regarding cardiovascular health to the professional community.

Visit www.heartfoundation.org.au for further information.

Heart Tips

- Eat fish at least twice a week
- Walk for 30 minutes a day.

Research has confirmed that it is never too late to start being active and people who do no physical activity are twice as likely to die from coronary heart disease than those who do regular, moderate physical activity. Regardless of your age, the health benefits start to occur as soon as you take up regular physical activity.

People who are regularly physically active tend to:

- have improved long-term health
- be less likely to have a heart attack
- feel more energetic
- manage their weight better
- have a healthier blood cholesterol level
- have lower blood pressure



- have stronger bones and muscles (less osteoporosis)
- recover better from a heart attack (if this has occurred)
- feel more confident, happy, relaxed and are able to sleep better.

Practical tips to help you get active:

Choose activities you enjoy; in that way, you will be more likely to keep doing them.

Vary the type of activity you do, so that you don't become bored with the one thing, therefore increasing your chance of maintaining your activity throughout life.

Set yourself small, realistic goals for your activity. For example, "Tomorrow I'll start with a 15-minute walk to the train station rather than driving".

Purchase a pedometer and set yourself targets to work towards. This will help to keep you motivated and will give you a sense of achievement.

Set aside certain times of the day or one period that suits you to be active - you're more likely to be committed if you schedule it into your routine.

Be active with friends or your family. This way you can motivate and encourage one-another and have fun at the same time.

Join a club or a group, and enjoy some physical activity while socialising. The social support you may gain from being active with others can also improve your health.

Combine regular physical activity with healthy eating to look after your heart health and help you achieve and maintain a healthy weight.

Enjoy healthy eating

Healthy eating is not "dieting" and is not about following strict rules. Instead the emphasis is on enjoyment and nourishment. In summary, healthy eating is about choosing:

mainly plant-based foods - vegetables, fruit and legumes (dried peas, dried beans and lentil and grain based foods (preferably wholegrain) such as bread, pasta, noodles and rice

moderate amounts of lean meats, skinless poultry, fish and reduced fat dairy products, and

moderate amounts of polyunsaturated or monounsaturated oils and fats.

For further information and practical tips about being more active and healthy eating, contact the Heart Foundation's national information service Heartline 1300 36 27 87 or visit Heartsite www.heartfoundation.com.au

Remedial, Sport & Relaxation Massage

Treat your Pain, Promote Healing, Reduce Stress & Prevent Injury

Corporate & Home Visits by appointment

Health Fund Rebates available

AAMT Member

Tuesday & Thursday (03) 5251 2958
Other times including weekends & evenings 0409 511 662

The best Mother's Day gift EVER

Mum joins for **FREE** **May 2-11**
A new member can join with her mum and they both will share the service fee.*

curves.com *Curves* Strengthening Women™
World's Leader in Women's Fitness
5253 3029
6-8/21 Clifton Springs Road, Village Walk, Drysdale 3222

*Offer based on first visit enrolment, minimum 12 months direct debit programme. New members only. Not valid with any other offer. Valid only at participating locations. © 2011 Curves International, Inc.

• Bowen Technique (NST)
• Naturopathy
• Therapeutic Touch

Natural Therapist
Wholistic Body Therapy

Maggie Gove N.D.
Clifton Springs 3222

Phone (03) 5251 1188
Member ANTA, TTAA, ISSSEEM

christie whitehand
is now at
RAZORZ EDGE
unisex hairdressing salon
For appointments
(03) 5251 5644
15 dumburra avenue
clifton springs vic 3222



Drysdale T.O.W.N. Club

Over Eat Over Easter

Easter has become a food celebration. Not only are we faced with chocolate eggs, chickens, bunnies and bilbies, we are encouraged by supermarket chains to have *Family Feasts*.

This Easter was a long one with additional holidays for ANZAC Day. Have you used the time enjoying all the food and chocolate, spent your time being a couch potato watching TV or have you exercised and enjoyed yourself but with restraint?

If you are feeling overweight, ask your doctor for a goal weight then come and join Drysdale T.O.W.N. Club. We meet Wednesday mornings in the Drysdale Football Clubrooms at 9am. At Drysdale T.O.W.N. Club you will be with people

who share similar issues and who are working towards reaching or maintaining their goal weight. Drysdale T.O.W.N. Club is a non-profit community group which doesn't promote shakes, puddings, powders or tablets. We encourage the development of a balanced food plan that works for you as well as regular exercise. If you are interested in joining Drysdale T.O.W.N. Club, you will need a doctor's certificate with your goal weight. We do charge a one off joining fee as well as a regular small weekly fee.

Please contact Lyn Ward on (03) 5252 1292 or 0417 536 619 if you are interested.



Red Cross Day

On 8 May is World Red Cross Day which highlights the role of its staff and volunteers in saving lives and assisting vulnerable communities around the world. Red Cross is always there for people in need, providing relief in times of crisis and care for the most vulnerable in Australia and around the world.

The Red Cross has recently assisted in Japan when the earthquake and tsunami struck on 11 March and in Christchurch when the earthquake occurred on 22 February and the Victorian and Queensland floods. Your donation to Red Cross would be greatly appreciated.



Jelly Baby



May is **Jelly Baby Month**, with Jelly Baby themed merchandise appearing across Australia, to provide critical support for diabetes research. The target for 2011 is to raise over \$1 million. Help them reach their goal by buying some special products.

Prunes



Prunes have some amazing health benefits. Prunes are very high in fibre and are low in calories and fat free. Prunes are high in antioxidants that help slow the ageing process. Prunes contain potassium and iron which are essential for healthy blood. They are a low GI food which is ideal for people with diabetes. Why not snack on some prunes now and reap the benefits.

First Aid – Level 2 (Apply First Aid)



Code ALTF301B/21569VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylactic updates) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 14 May & Sat 21 May 9am – 5pm (2 sessions)

Fee: \$160 **Tutor:** National First Aid

FLU INJECTION CLINICS

Drysdale Village Medical Centre
7 Palmerston Street Drysdale
(03) 5253 1002

■ Attention all patients of **Drysdale Village Medical Centre**

■ Flu clinics are now being run daily from **Tuesday - Friday**

■ An **evening clinic** is also available **Wednesday 5pm-7pm**

step into life®

Group Outdoor Personal Training

Penny Tomkinson

Personal Trainer

T (03) 5257 1676

M 0403 896 104

www.stepintolife.com

oceangrove@stepintolife.com

Affordable Group Outdoor Personal Training for all fitness levels, body types and ages. FREE trial session available.

We do it outdoors

Gianna Venturi

Bowen & Remedial Massage Therapist

Ocean Grove Soft Tissue Therapy
at 20 Bonnyvale Road, Ocean Grove
(03) 5255 5229 or 0409 864 250



AAMT Member
Health Member Rebates



foot health care
for all ages

Michael A. Nicol

Matthew Payton

Kirrilee Sing

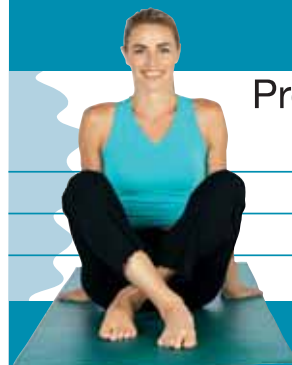
- General Consultations
- Diabetics & High Risk
- Orthotic Therapy • Nail Surgery
- Veterans Affairs
- TAC & Work Cover

03 5251 2958

27-29 High Street
DRYSDALE 3222

Drysdale Health Group

Proactive, Preventative & Professional



• Physiotherapy

• Psychology

• Exercise Physiology

• Pilates

• Podiatry

• Myotherapy

• Acupuncture

• Remedial Massage

27-29 High St Drysdale (03) 5251 2958

Asian Style Cooking

Exquisite Catering Pty Ltd t/as
Shazanna's
 Family Indian Restaurant
 Dine In or Take-Away
 Lunch - Wed, Thur & Fri 12 to 3
 Dinner - Sun-Thur 6 to 9
 Fri & Sat 6 to 10



• SUNDAY BUFFET LUNCH - Adults \$19.95, Kids \$12.95.
 • MONDAY NIGHTS - Pensioners 20% Discount
 Dine in or Take Away orders over \$30.
 • TUESDAY NIGHTS - All kids meals \$5.95
 OR \$7.95 with dessert & drink.

Shop 3, Village Walk Drysdale (03) 5253 2728

drysdale
fish+chickens

For the freshest and best quality fish and chips

phone orders welcome
5253 1000

3/30 high street drysdale

Beef in Oyster Sauce

The oyster sauce gives the beef the extra richness and depth of flavour.
 To accompany the dish, all you need is plain boiled rice or noodles.

Serves 4

350g round or rump steak
 15ml vegetable oil
 300ml beef Stock
 2 cloves garlic, finely chopped
 1 small carrot, thinly sliced
 3 celery sticks, sliced
 15ml dry sherry
 5ml castor sugar
 45ml oyster sauce
 5ml cornflour
 15ml cold water
 4 spring onions cut into 2.5cm lengths
 ground white pepper
 rice or noodles, to serve.

Slice the steak thinly. Place the slices in a bowl, add 5ml of the vegetable oil and stir to coat.

Bring the stock to boil in a large saucepan. Add the beef and cook stirring for 2 minutes. Drain reserving 45ml of the stock, set aside.

Heat the remaining oil in a non-stick frying pan or wok. Stir-fry the garlic for a few seconds, then add the carrot and celery and stir-fry for 2 minutes.



Stir in the sherry, castor sugar, oyster sauce and a large pinch of pepper. Add the steak to the pan with the reserved stock. Simmer for 2 minutes.

Mix the cornflour to a paste with the water. Add the mixture to the pan and cook, stirring, until thickened.

Stir in the spring onions, mixing well, then serve at once with rice or noodles.

Have you met the Zoo Crew?
 Come on in and say Hello!

The Girls

Narelle Walder	- N.Rell
Emily Sinclair	- Rose
Janice Naylor	- Cruella
Kylie Lowne	- Cookie
Kat Roberts Haige	- Oh! You Silly Tomato
Tamara Ross	- Edward Sissorhands
Gemma Naylor	- Gemski
Cassie Sherwell	- Double Ding
Jade Johnson	- Yeti
Leanne McConnell	- Lea Lea
Sarelle Kemp	- Red Bull
Tamika Blake	- Little One
Monique Terry	- Monnie

The Boys

Blaise White	- Yes! Mum
Lester Naylor	- Oh! O! Danger
Barnabas Jones	- Barny

Café Zoo
 Drysdale

Café • Bistro • Bar
 Functions & Catering



FREE

VENUE HIRE*

Enquire about our
FUNCTION OPTIONS
FOR ALL OCCASIONS.

* Conditions Apply

Friday Night Meal Deal



Buy one main meal and receive another for HALF PRICE

Purchase a **main meal** from our 'Main/Specials Menu and receive the same priced or lesser priced meal for **HALF PRICE**

Present this coupon to receive this offer.
 Valid Friday nights
 5pm until 8.30pm.

Café Zoo

Valid till 27 May 2011

**Open
 7 Days**

Breakfast ■ Lunch ■ Coffee & delicious food all day



Phone: (03) 5251 5333

23 High St Drysdale Victoria 3222



Asian Style Cooking

Braised Eggplant & Zucchini



Eggplant, zucchinis and some fresh red chillies form the basis of a dish that is spicy, simple and quite sensational. Serves 4.

1 eggplant approx 350g
2 small zucchinis
15ml/1 tbsp vegetable oil
2 cloves garlic, finely chopped
2 fresh red chillies, seeded and finely chopped
1 small onion, diced
15ml/1 tbsp black bean sauce
15ml/1 tbsp dark soy sauce
45ml/3 tbsp cold water
salt

Trim the eggplant and slice it in half lengthways, then slice it across into 1cm thick slices. Layer the slices in a colander, sprinkling each layer with salt. Leave the eggplant in the sink to stand for about 20mins.

Roll cut the zucchinis by slicing off the one end diagonally, then rolling the zucchini through 180° and taking off another diagonal slice, which will form as triangular wedge. Make more wedges with the zucchini in the same way.

Rinse the eggplant slices well, drain and dry thoroughly on kitchen paper.

Heat the oil in the wok or non-stick frying pan. Stir-fry the garlic, chillies and onion with the black bean sauce for a few seconds.

Add the egg plant slices and stir-fry for 2 minutes, sprinkling over a little water to prevent them from burning.

Stir in the zucchinis, soy sauce and measured water. Cook, stirring occasionally, for 5 minutes.

Serve hot garnished with chilli flowers.

Hospitality Courses at SpringDale



Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry? Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture. Small groups, so enrol early.

Dates/times: Sat 7 May or Sat 4 June

10am – 12noon Fee: \$30

Tutor: Jordon Smith

Food Handling and Safety

(Apply basic food handling)

Code FDFCORFSY1A

Great for school leavers, volunteers and those already employed in food related areas. This accredited module will give knowledge and skills in correct and safe food handling, storage and hygiene. Update your skills and improve your job prospects today.

Dates/times: Sat 7 May 9am – 3pm

Fee: \$100 Tutor: Diversitat

Food Safety Supervisor

Code THHGHSO1B, THHBCC11B, THHS2CC3B

Food businesses must have a Food Safety Supervisor.

The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. Pre-requisite: Participants must have successfully completed Basic Food Handling and Safety (course listed above).

Dates/times: Sat 14 May 9am – 3pm

Fee: \$100 Tutor: Diversitat

The Bellarine Peninsula's best kept secret.

OPEN MIC THURSDAYS from 7pm

- Indoor Kids Playroom
- Beer Garden
- TAB • Drive thru Bottle Shop
- Courtesy Bus Available

Meals 7 Days 12-2pm & 6-8.30pm

The Drysdale Hotel
Reservations 03 5251 2301
Collins St Drysdale
www.drysdalehotel.com.au

Bella Fruitz
Only Fresh Wholesale Produce

Compare Our Quality Fresh Fruit & Vegetables, Cheeses Nuts, Breads, Biscuits, Pasta Varieties and much more...

Delivering in Geelong & The Bellarine Peninsula

Locally Owned & Operated - A great reason to shop and support local business

Shop 3/19 Clifton Springs Road, Drysdale. (03) 5251 2453 'In the Village Walk'



around the **garden**



Steve with some of this summer's harvest

May in the edible garden: early onions and garlic

The humble onion may not have the glamour of eggplants or asparagus, but for me it is one of the stars of the garden. Now that the summer vegetables have finished, I'm keen to get started with early onions and garlic.

I choose a bed that hasn't been used for onions, garlic or leeks for 2-3 years. The soil should be moderately rich, pH about 6.5-7. If it has just grown a hungry crop like zucchini, I fork in 2 bucketloads of compost per square metre.

Early onions: Growing onions from seed is easy and gives you access to heirloom varieties. Here's how:

Sow about 30 seeds per 10cm pot. Cover with a thin layer of seed raising mix, then water and place in light shade. In about a month your seedlings should look like fine grass, about 5 cm long.

In your onion bed, prepare wide drills 3 cm deep. Gently break up your pot full of onion seedlings, trying not to snap off the long taproot. Shake off the potting mix for easy handling of the seedlings.

Lay them 10cm apart with the roots in the drill and the shoots resting on the side. Cover the roots with fine soil, then water in gently. Within about a week, your seedlings should all be upright. Don't mulch as this may cause onion rot.

My favourite early onion is Barletta: flattish white bulbs that are great for salads or in pasta sauce.

Note: Don't sow late onions (Creamgold etc.) until July. Check the instructions on the seed packet.

Garlic: Break a good-sized bulb into cloves. Stick the cloves into the soil, point up, 10 cm apart. The tip should be about 1 cm below soil level. Water in, then don't water again until the green shoots break the surface.

If you have cloves left over, interplant them with cabbages or broccoli. The garlic won't produce big bulbs, as the brassicas will take most of the nutrients – but the garlicky smell helps keep aphids away.

More info in our Drysdale Harvest Basket blog.

Go to www.drysdaleharvestbasket.org and follow the link.

LOOK AT THIS ROOF

- ♦ Cement Terracotta Restorations
- ♦ Cleaning, pointing & rebedding
- ♦ Re-coating
- ♦ All roof repairs
- ♦ Quality Products
- ♦ All areas
- ♦ Free quotes
- ♦ 10 Year guarantee

www.lookatthisroof.com.au

1 8 0 0 0 0 7 4 1 1

Dr Steve Williams is webmaster of the Drysdale Harvest Basket Group. When he needs a break from gardening he writes school textbooks.



Drysdale Timber & Hardware

**TRADE
ENQUIRIES
WELCOME**

"We're local,
why shop
anywhere
else?"

**For all your
hardware
requirements**

- Timber • Hardware
- Brick Paving
- Garden Supplies
- Paint & so much more...

Come in and see our extensive
Hardware & timber range.

**36 Murradoc Road Drysdale
(03) 5251 2852**

Equipment for
the tradesman
or handyman.



OPEN Mon-Fri 7.30am - 5pm • Sat 8am - 4pm

DRYSDALE CARPET COURT

Large range of Carpet,
Vinyl, Laminate Flooring
Engineered Timber Flooring
& Solid Timber Flooring

Neil Petrie
P: (03) 5253 1855
Mob: 0419 519 030
63 Murradoc Rd Drysdale
dry1@optusnet.com.au

www.carpetcourt.com.au

BELLARINE BGS

GLASS & SCREENS

- Security Doors • Shower Screens
- Wardrobe Doors • Mirrors • Flyscreens
- Glass Repairs • Balustrading

**7 Days
A Week**

**Fast Glass Repairs
Same Day Service**

Ph: (03) 5253 2301

38 Murradoc Road Drysdale 3222
D Ward Facsimile 03 5251 3905

Environmental Farm Planning



Are you new to land management? Or have you been farming for years? Would you like to know more about sustainable farm and land management practices? Do you want to learn about increasing productivity, building soils and biodiversity? Are you interested in reducing greenhouse gas emissions and understanding how land management and farming will fit into Australia's low carbon future? SpringDale Neighbourhood Centre, with sponsorship from the DPI Farm Services Victoria – Climate Change Initiative, invite your participation in the Environmental Farm Planning Project using the Environmental Best Management Practices (EBMP) Program.

This program is free to participants, and includes a copy of the EBMP workbook and computer software. The EBMP workbook guides you through a self-assessment of environmental management for your farm and covers all

aspects of farm management and property planning. The training will be conducted by Geoff McFarlane. Over the last decade, Geoff has made several personal trips to Canada to become familiar with the very successful Environmental Farm Planning program in that country.

Over 3,500 farmers in Victoria have been involved with EBMP since 2002 – courses have been conducted by Department Primary Industries, Catchment Management Authorities, Victorian Farmers Federation and Landcare. EBMP allows farmers to assess their own management and develop their own business plans to achieve a best practice standard which suits them.

So, whether you are a new landholder, or an old hand, have five acres or five hundred acres, Environmental Farm Planning can improve your environmental credentials and property outcomes.

The **EBMP Workshop** will be conducted in Drysdale over two nights – Tuesday 3 May and Tuesday 10 May, 2011. 6.30pm to 10pm. Dinner is provided.

For more information about the course, visit www.environmentalfarmplan.org.au or contact the SpringDale Neighbourhood Centre Phone 03 52531960

Brendon Brice Electrical Pty Ltd

- All types of Electrical work
- Domestic, commercial & Industrial
- Installation Maintenance
- Stove & HWS repairs
- Computer Network Cabling
- Telephone/Internet Points
- Split system Air-conditioning

R.E.C. 11835 A.C.A. (AUSTEAL) LIC 092 09602334 CFC Lic. A000870

MOBILE **0416 165 855** OFFICE **(03) 5255 5555**

FAX: **(03) 5255 5122**

11 Marine Parade OCEAN GROVE

Drysdale Village HARDWARE



THRIFTY-LINK
HARDWARE

Nothing's too hard

The Arcade High Street
DRYSDALE
(03) 5251 3267

Geelong Cleaning Company

- Window Cleaning
- High Pressure & Exterior Cleaning
- Commercial & Builder Cleans
- Move In / Move Out Cleans

Your local
Professionals

Call today for your **FREE Quote:**
Ian Day 0425 724 020

Rick Paradise

THE MOWING BLOKE

- All aspects of Garden Care
- Workcover accreditation

(03) 5251 2234
Mob 0434 493 123

& PAINTING?



For the
BIGGEST
Paint and
Accessories
store on the
Peninsula...

MIGHTY HELPFUL
MITRE 10
WALLINGTON

OPEN 7 DAYS

A Rose to aid depression



beyondblue Rose

Photograph Courtesy
Peter Nosow - Landsdale Rose Gardens Landsdale, WA.

This exciting new rose was introduced at the 2011 Melbourne International Flower and Garden Show. The rose has pale, lavender blue flowers with few thorns and grows to just over a metre in height. The rose is available from Landsdale Rose Gardens and part of the sale proceeds of each rose will be donated to beyondblue, the organisation that



provides great assistance for those with depression.

"This rose will grow well in all the southern states and wherever roses are currently grown," Peter Nason says.

Acting CEO of beyondblue: the national depression initiative, Clare Shann said: "We are delighted and proud that Landsdale Rose Gardens has developed this rose for us. It is a wonderful way to raise awareness of depression and we thank Peter Nosow and his colleagues for their generosity.

"It's great that people can contribute to the work we do at beyondblue by buying a rose and at the same time, they'll have a beautiful flower to enjoy as well."



Know your rights with telemarketers

Consumer Affairs Victoria can help you understand your rights when it comes to dealing with telephone salespeople (also known as telemarketers).

If you don't want to talk to a telephone salesperson, be up front about it. Otherwise, they will keep talking. Say 'I'm not interested', or simply hang up the phone. They cannot call you again for 30 days about the same product.

Listing your phone number on the Australian Government's Do Not Call Register can help you avoid getting telephone sales calls. Register by phone on 1300 792 958 or online at donotcall.gov.au.

Telemarketers can only contact you between:

- 9am and 8pm, Monday to Friday, and
- 9am and 5pm Saturday

They must not contact you on Sundays or public holidays.



If you buy something over the phone, the supplier must send you a written agreement about what you have bought. You have the right to 'cool off' - change your mind - up to 10 days after you receive that agreement.

For free advice and assistance with telemarketers, visit Consumer Affairs Victoria at:

Geelong
65 Gheringhap Street
(03) 5224 8072

Our mobile service also regularly visits your area. Call us for details.

Consumer Affairs Victoria
consumer.vic.gov.au
1300 55 81 81 (local call cost)

Cancer Connect



Cancer Council Victoria has a Cancer Connect program and is able to link people over the phone to others who have been through a similar experience. **Call the Cancer Council Helpline on 13 11 20 from Monday to Friday, 8.30am to 6pm and find out all about the Cancer Connect program.** You will be connected with a trained volunteer who has had a similar cancer experience to you in terms of cancer type, cancer treatment, age and family circumstances. All volunteers are fully trained and understanding and can offer emotional and practical support to people affected by cancer.

It is free and confidential.

Girl Guides



Drysdale Senior Guides have been so busy helping with the launch of the Festival of Glass, making Fairy Floss at the Festival of Glass, helping at Clean up Australia Day at the Basin, participating in the Bellarine Show in a number of categories, enjoying Chines New Year activities and wearing international uniforms at Thinking Day. **The Junior Guides** have welcomed six new Guides so far this year and everyone is enjoying the activities.



DRYSDALE
FAMILY SUPPORT

Working with and for the community

- Counselling Centre
- Foodbank Plus
- Second Chance Clothing

276 - 290 Jetty Rd Drysdale
Ph. (03) 5253 2099

Welcome to... Bellarine Peninsula Christian Church



Service 10am every Sunday at the Senior Citizens Hall, Village Green, Drysdale.
Other meetings during the week.
Pastors David & Carla Evans
Enquiries please phone (03) 5251 3440



Declaring Jesus Christ as Lord.
This church is a member of the Crosslink Christian Network



Drysdale Clifton Springs Community Association

Protecting our open spaces

Drysdale and Clifton Springs residents are seeing open spaces and paddocks disappear in favour of housing estates and shops. Planning controls can ensure that new developments include open spaces, but a manufactured park within a housing estate or next to a shopping centre is rarely in a prime location with good views and beautiful surroundings. Such locations are very attractive to developers and, as each one is built on, the community loses another open space. DCSCA's 'Open Spaces Network' aims to promote the area's open spaces, protecting them from inappropriate development. Each site in the Network will be kept as simple as possible, highlighting its natural characteristics and featuring appropriate local indigenous plants; and each will have its own 'Friends of ...' group to assist in its upkeep.

The first two sites in the Network are the Foreshore and the Dell; other sites include Lake Lorne, Springs Street, Quarry Park, Griggs Creek and Beacon Point. 'Friends of The Foreshore' and 'Friends of The Basin' convened on Clean

Up Australia Day and each group is planning its future work with help from Bellarine Catchment Network, Bellarine Landcare and the state Department of Sustainability and Environment.

If you have a connection with any of the open spaces in the Network and would like to help to protect and enhance it, please contact DCSCA.

Building the 2012 Festival of Glass

Fifteen exhibitors anxious to secure a place in DCSCA's 2012 Festival of Glass have booked their places already. The enormous local support for this year's Festival could be used to grow local jobs and the local economy and DCSCA continues to press the City of Greater Geelong to promote the Bellarine Peninsula as a centre of glass-based art, craft and industry. DCSCA would like to see a greater diversity of local jobs, especially for young people, so that the growing local population can choose to work on the Bellarine or commute elsewhere.

Contacting DCSCA:

PO Box 581, Drysdale, Vic. 3222; or dryclift@bigpond.com

For up-to-date news, please visit DCSCA's blog -

drycliftdays.blogspot.com/

Patrick Hughes, DCSCA Secretary

Art Classes at SpringDale



Would you like to join an Art Class?

A Foundation Art Course in Drawing for Adults

Drawing is an enjoyable pastime and a fundamental skill that we can learn or improve. Rediscover past ability or learn from absolute scratch. A range of subjects, ideas and drawing media will be explored in a supportive learning environment.

Dates/times: Tue 3 May – Tue 28 June
9am – 11am (8 sessions)

Fee: \$130 **Tutor:** Annette Playsted

An Intermediate Art Course in Painting and Drawing for Adults

This course is for art students who have studied a foundation art course at SpringDale or an equivalent basic art course and wish to further develop skills and knowledge in a supportive learning environment with likeminded people. Advanced drawing and painting skills will be taught and ideas explored with an emphasis on individual needs and preferences

Dates/times: Tue 3 May – Tue 28 June
11am – 1pm or Wed 4 May – Wed 29 June
10.30am – 12.30pm



golfing memberships

7 Day Golfing Memberships

1 May, 2011 - 30 June, 2011 - \$110

Weekday Membership

1 May, 2011 - 30 June, 2011 - \$83

NO JOINING FEE

Green Fee Players Welcome

- \$25 for 18 holes

For all golfing and membership enquiries please phone

(03) 5251 3391

Clifton Springs Golf Club

"Play by the Bay"

**fine dining
& entertainment**

- Sunday ***Lunch** 3 Course **\$16.50**
- Sunday Night is ***Parmi Night**
Original, Italian, Aussie or Hawaiian **\$14.50ea**
- Friday Night is ***Steak Night**
Porterhouse or Rump **\$18.50**
- Saturday Lunch
***Soup & Main \$10.00**

* Conditions Apply

meal specials

Try our fabulous Lunches priced from \$8.50

Monday - Friday only

Present this coupon & SAVE
Buy 1 main get 2nd main half price equal or lesser value (main meals only)

Monday-Thursday*

* Not valid Public Holidays or Long Weekends
Valid to 31 May 2011

* Conditions apply - not available on all meals.

may

Includes 2 course meal \$55 per person

Book early! 5251 3391

CHAIN REACTION
A Tribute to the Australian John Farnham

Saturday 21 May 2011



Dining Hours
• Lunch 12 - 2pm
• Dinner 5.30pm - 8.30pm

pots for glasses prices

Friday Night 5.30-7pm

For Bookings & information please phone (03) 5251 3391 Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS 3222
Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au

Drysdale Senior Citizens

Seniors turned 42

It was our birthday recently and we turned 42. A great achievement for the **Senior Citizens of Drysdale**. On a weekly basis the clubrooms are open to the following activities: carpet bowls, cards, craft and snooker. **Phone (03) 5251 2983 if you are interested in any of these activities.**

Left: Members of the craft group Betty Sawder (oldest female member) and Val Polly who donated \$100 to the Worlds Greatest Shave. Vice President Jack Williams is presenting the cheque to club member Nola Deane.



Combined Probus Club of Clifton Springs/Drysdale

At our last meeting Jarrod Carter (pictured left), a local naturopath, spoke to us about the importance of natural food, mineral balance (including testing us for zinc deficiency), natural remedies and the range of other naturopathic healing treatments. After the meeting our annual Autumn BBQ was held under the tree at the Springs in perfect Autumn weather; the men cooked whilst the ladies had provided a range of salads and slices to complement the meal.

Next month, 9 May, Christine Middleton will present A Scottish Tale at our Club meeting.

Our meetings are held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month. We are a combined Club for women and men, and visitors and prospective members, singles and couples, are welcomed at all our meetings and activities.

Please contact Dorothy on (03) 5251 3702 for further information.

Lions Hearing Dog Visiting Local Businesses

Evan, the Lions Hearing Dog, delivered to Drysdale resident Helen Campbell recently, will be visiting Portarlington to let shopkeepers and businesses know he is in the North Bellarine area.

A purebred Longhaired Pomeranian, Evan has been sponsored by the Lions Club of Portarlington/Drysdale, who will help to settle the dog in with on-site repetitive training for 3 months. You may spot Evan with his bright orange collar and lead getting around as Helen's new helper and companion.

Lions Hearing Dogs began in Australia 30 years ago and Evan is Dog No 479 to be delivered from the Lions Centre at Verdun in the Adelaide Hills.

Nearly all Hearing Dogs, usually chosen under 2 years old, come from the Adelaide RSPCA Dog Pound or Animal Welfare Centres. They are carefully selected for friendliness, intelligence and rapport with people. Hearing Dogs must be bright, healthy, obedient and reactive to all sorts of issues which can happen in a hearing handicapped person's home. Once selected it remains in the Centre's quarantine kennels for 2 to 4 weeks before being placed with other Trainee Hearing Dogs. After fully mastering basic obedience training, they move to the higher level, reacting to various sounds and visiting shopping centres, restaurants, public transport or anywhere the recipient could go.

Training includes various common household sounds, telephone ringing, smoke alarm, door knock or bell, whistling kettle, baby crying and the list goes on.

Many a Lions Hearing Dog has saved the life of their owner/companion.

Lions Hearing Dogs have all the rights of a Seeing Eye Dog and can enter restaurants, theatres, doctors' surgeries, aircraft and public transport including taxis. The Program was set up and is still administered and fully funded by the Lions Clubs of Australia.



Helen Campbell with Hearing Dog - Evan



Reliable Service

- LOCAL • COUNTRY
- NEW SOUTH WALES
- SOUTH AUSTRALIA

Drysdale REMOVALS & STORAGE

03 5251 3674



Neighbourhood House Day 11 May

National Neighbourhood House Day celebrates the role that more than 1,000 Neighbourhood Houses and Community Centres throughout Australia play in their communities through provision of a range of services and activities designed to strengthen communities and support individuals and families. Why not visit SpringDale soon and find out about all the interesting activities on offer.



Clifton Springs Primary School - Welcoming teachers

Far Right: Clifton Springs PS Dance Group
Near Right: Brent Richards and Steve Barry are being presented with a cheque as proceeds from the Lions BBQ at the Bunyip Festival from Lion Gary.



It's hard to believe the first term is over already! We began the year welcoming 50 new students. We welcomed back Mrs Hansen who returned from her latest teaching stint in China and also Mr Beales who rejoined. We are pleased to introduce new staff, Jessie Rodgers and Erin Farmer. Bronwyn Love has taken on one of the Reading Recovery roles and Bronwen Elliott has volunteered to take on a second Reading Recovery role which will be amazing for our Year 1 students this year.

We also welcomed a number of new support staff including; Sarah Broadhead, who is our new chef running the exciting new kitchen garden program and canteen, and Joanne Smit who has joined

us all the way from Queensland and has taken on the Outside School Hours Care coordinator's position.

This year we have introduced a new initiative - a Kitchen Garden Program for students in Years 3 & 4. Sarah Broadhead is a qualified chef and is very experienced in setting up Stephanie Alexander Kitchen Garden Programs. The Year 3 and 4 students have been involved

in a 3 week rotation of cooking classes where they have had the opportunity to prepare and share high quality food together in our canteen kitchen.

Another very exciting curriculum initiative at CSPS is our Elective Curricular Activities or ECA. This gives senior students the opportunity to elect to take part in a series of four half term mini projects in an area of interest each semester. The dance group presented at the Bunyip Festival and the Garden Club have been busy harvesting a huge yield of spuds from the vegie garden where they are being used in the Kitchen.

We would like to thank Anne Brackley, the Bunyip committee and the Clifton Springs and Drysdale Primary School communities for sponsoring, supporting and donating to, our annual Bunyip Festival in March. A great day was had by everyone and it was a successful fundraising day for both schools.

We are hoping to run some school tours early in Term 2 for interested prospective parents. Please keep an eye on our website for those upcoming dates.

The Book Club - *Wolf Hall* by Hilary Mantel

On Monday, 4 April the Book Group gathered to discuss Hilary Mantel's novel *Wolf Hall*. Hilary Mantel was the winner of the 2009 Man Booker Prize. This book is quite a tome consisting of 650 pages covering the Tudor period of English history, more specifically the years when Henry VIII wanted to divorce his first wife and marry Anne Boleyn in the hope of producing a male heir for the throne of England.

The Roman Church was determined that the divorce would not be sanctioned. Politics, executions and murder were rampant during this period. Not much different from today. The author has gone to great lengths in



her research, specifically on Thomas Cromwell who is the leading character in the book and whom at this time Henry VIII admired and trusted explicitly.

This book is not for the fainthearted but with the help of a cast of characters, which the author lists at the front of the book, it becomes a very

enjoyable read. Rating average given for this book was 7 /10.

Our next meeting will take place at the SpringDale Centre on Monday, 2 May at 7.30pm when we shall discuss the book *The Good Mayor* by Andrew Nicholl. Our choice for Monday, 6 June will be *Inheritance* by Nicholas Shakespeare.

SMASH REPAIRS

5251 2322

VACC Approved Repairer.
Authorised Repairer for
Major Insurance Companies

10 Murradoc Road Drysdale.
admin@dds.com.au



John Pamplin Owner/Operator

John Pamplin established Bellarine Auto Services over 20 years ago in 1990. John has now had more than 30 years in the motor industry and is well known for the various services he offers from his Mortimer Street premises.

Services include LPG conversions, new car servicing, tuning, supply of tyres, batteries, RWCs and is a Licensed Vehicle Tester. Bellarine Auto Services will also arrange pick up and delivery of your car.

John also offers 10% discount for pensioners every Friday.

John's Apprentice, Peter Browne is now in his 4th year, and along with John is experienced in dealing with Australian, European and 4WD vehicles.

For friendly, reliable and guaranteed good service, visit **John at Bellarine Auto Services, located at 3 Mortimer Street, Drysdale.**

**Opening hours 8am – 5.30pm
Monday to Friday.
Phone 03 5253 1644.**

Bellarine Auto Service has supported the SpringDale Messenger since its first issue almost 20 years ago. Thank you John and your team for supporting our SpringDale Messenger we appreciate your loyalty and look forward to continuing the relationship.

BELLARINE AUTO SERVICES

Quality Mechanical Repairs
Mortimer St DRYSDALE



- Tuning • Servicing
- LPG Conversion
- EFI • RWC
- Tyres • Batteries
- Licensed Vehicle Testers

Prop • J Pamplin
[03] 5253 1644

News from Drysdale Primary School

Highlights from the 2011 Bunyip Festival

Photographs by George Stawicki

I hope everyone enjoyed the Bunyip Festival at Drysdale Primary School. Although the day was overcast, it didn't rain and we were all able to enjoy the day. It was a busy day with many people moving around the entertainment, food, market and ride areas. Everyone seemed to be enjoying the activities and entertainment that the festival had on offer. I would like to thank everyone who attended and helped on Saturday for their support of the festival. A successful festival just doesn't happen and many people put a lot of time and effort into ensuring the success of this event. I would like to thank the following individuals and groups for all of their work and support:

Bunyip Festival Committee:

Anne Brackley, Gary Vaughan, Jo Apsland, Julie Harrison, Kylie King, Michelle Powell, Karen Knight, Denise Kadenbach, Michelle Giblett, Matt Green, Belinda Van De Bruggen and Brent Richards.



Auction Sponsorship Sub-Committee:

Michelle Powell, Kylie King, Denise Kadenbach and Melissa Gething.

Market Stall Coordinators:

Michelle Powell, Kylie King and Michelle Giblett

Drysdale and Clifton Springs

Office Staff: Melanie Foord, Vanessa Thomson, Donna Mills, Denise Nicholls and Michelle Thomas

In conclusion I would also like to thank and acknowledge the support of:

- Staff, parents and students.
- The Drysdale and District Business community
- Major Sponsors: Pan Studios, Oxygen Music, Burbank, City of Greater Geelong
- Donors of Goods and Services
- Drysdale Lions Club

Steve Barr

Principal

Beyond Zero Emissions

— a plan for a cleaner,
greener Australia

Steve Williams

[BZE logo : <http://www.beyondzeroemissions.org/sites/beyondzeroemissions.org/themes/bze/logo.gif>]

Scientists tell us that climate change is a fact and that we are causing it by burning fossil fuels and clearing forests. Aussies are told that we have a bigger individual 'carbon footprint' than folk in most other countries.

We are also told that we are more vulnerable to climate change than other parts of the globe. Likely impacts include more frequent droughts and bushfires, and coastal erosion as sea levels rise. We Bellarine residents are exposed to these threats.

But what can we do about it? When I think about how we depend on fossil fuels for every aspect of our lives, changing to a 'low carbon economy' can seem a well-nigh impossible task.

Critics say that it can't be done: it will be too expensive, too risky and the technology isn't there yet. An economy based on renewable energy may seem a pie-in-the-sky dream.

No wonder some of us just want to stick our heads in the sand.



Enter a dedicated group of Aussie scientists and engineers whose mission is to show that the dream IS achievable. According to them, it can be done with technology that is available right now. Not just experimental new designs, but commercially proven technology that really works.

Beyond Zero Emissions (BZE) is a not-for-profit organisation that has collaborated with the University of Melbourne on a detailed roadmap to get us to zero CO2

pollution in just 10 years. Their first release is the Stationary Energy Plan – a program for replacing our dirty coal-fired power plants with a mix of sustainable, never-ending energy sources.

Euan Angus of BZE is coming to Drysdale on 4 June to present the Stationary Energy Plan and answer our questions about a future based on renewable energy. I'm sure I'm not alone in hoping that he has some convincing answers.

Saturday 4 June, 11am–1 pm at SpringDale

**Presentation and Q&A session:
Zero Carbon Australia 2020 Stationary Energy Plan**

**Speaker: Euan Angus of BZE
(beyondzeroemissions.org)**

Expanding Ideas - Community Development

Part of SpringDale's Community Development objective, to take an idea from the Community and try to attract enough energy around it to make the idea become an activity, course, opportunity or tangible. Everyone enjoys seeing their idea come to life. When people come to me with an idea, I ask them to write an article, for the Messenger, about their idea and call for expressions of interest. This allows the person to put energy into the idea and allows them to find out if other people are interested. We usually then call a meeting of interested people and hopefully we will have a core group of people that will be able to sustain and nurture the idea. Some ideas do need a critical mass to be able to start.

Just before the Messenger April edition went to print – Marilyn came to me and said she would like to participate in a cycling group. I asked her to write an article and within a week of the Messenger being delivered, Marilyn had been contacted by a couple of people and was planning the next steps to risk manage the new group's activities by hold a bicycle maintenance session before the group goes on its first ride.

Most of our groups have started in this way. Sometimes our groups take a number of months to get enough critical mass together and maybe a couple of articles. So please don't lose heart if it takes even up to 9 months – I have found this to be an average

gestation period just like having a baby. The other day I was invited into a meeting without knowing the agenda. It was a meeting of members of Bellarine Landcare, Swan Bay Catchment, Harvest Basket and myself from SpringDale. I was so surprised to hear that a couple of members of this team had been working towards an Environmental and Sustainability Resource Centre for the Bellarine for a period of time. SpringDale has also been working towards a similar goal. I felt privileged to be able to support this idea, take the idea to our committee and get full support for this concept for the Bellarine. Many groups have many ideas and a few were shared last year at our Grant Writing Workshops. Wouldn't it be great if we could create a register of ideas and link like minded groups together to support each other to enable ideas to become a reality more quickly for the groups and our community. Happy to talk to groups or individuals about this, people may know how other communities may deal with this or we might be able to devise a new methodology. I would love to work with a group of people on this. I believe it would help to build Community Capital and enhance Social Connectedness of not just individuals but of organisations.

Anne Brackley
Coordinator SpringDale Neighbourhood Centre Inc



Service

**All Mechanical Repairs Including
New Vehicle Log Book Servicing**

Nationwide Warranty
why travel when the best is right here in Drysdale

5253 1033

44 murradoc road, drysdale
drymot@bigpond.net.au



**Bellarine & Geelong
Antennas**

- TV Antennas
- Digital Set-Top Units
- Phone Points • TV Outlets
- Tuning TV/VCR • MATV
- Home Theatre Set-Up
- Boosters/Amplifiers

ALL AREAS 7 DAYS

Ph: 5241 6111 Mob: 0438 880 066

Solar Evacuated Tubes

Part 2

Bruce Appleford

Solar Evacuated Tubes

SOLAR EVACUATED TUBES are an Australian invention. This breakthrough technology comes byway of Sydney University, and is recognised around the world as a much better way to heat water using the sun's endless energy. They are like long vacuum flasks trapping the solar energy and transferring this heat to the water supply.

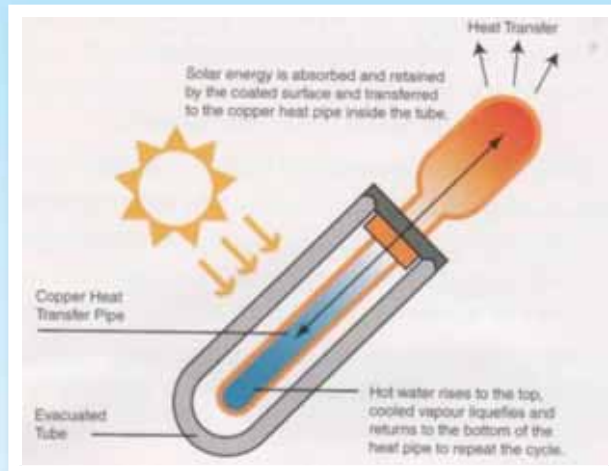
What are the tubes made of and how do they work?

Each evacuated tube consists of two glass tubes made of extremely strong Borosilicate glass. The outer tube is transparent allowing light rays to pass through with minimal reflection. The inner tube is coated with a special selective coating that features excellent solar radiation absorption and minimal reflection properties.

The top of the two tubes are fused together and the air contained in the space between the two layers of glass is pumped out while exposing the tubes to high temperatures.

This evacuation of the gasses forms a vacuum, which is an important factor in

the performance of the evacuated tubes. Just like the old fashioned glass lined Thermos flask, a vacuum is an excellent insulator. This is important, because once the evacuated tube absorbs the radiation from sun and converts it to heat, we don't want to lose it. When we are assembling all the parts of this solar heater, the most important is a thin copper pipe with a bulb on one end. This is the engine that heats the cold water, this piece of copper tube is a partially vacuumed pipe and contains a small amount of water (or evaporative liquid). As the radiated heat from the sun heats the inside of the evacuated tube, the water is turned to steam which is of course very hot, it rises up inside the copper pipe to the bulb where it comes



into contact with the cold surface of the bulb sitting in the cold water of the collector, it converts the steam to water, which falls down the copper pipe to begin the process again, as long as there is solar radiation this process of water to steam to water will continue, and hot water will be produced. The round surface of each tube passively tracks the sun as it moves across the sky. This means that the face of the absorber in each tube is always perpendicular to the sun, and the round surface catches and redirects the sun's energy inside. Because of the vacuum tube this solar absorber works in cold weather as well, it is like putting a super charger to your hot water tank. It is another great aussie invention.



Go Hawks

Be part of the action and enjoy all the highs and lows of the local footy team this year. You can see some contested possessions, powerful tackles, spectacular marks with power and strength in the air. With an oval ball you cannot predict where it will bounce but football is definitely an eye-catching game.

Round 5 for the Hawks is away against Ocean Grove on 7 May, Round 6 is home against Newcomb Power on 14 May and Round 7 is away against Geelong Amateur on 21 May.

Support the local team with the brown jumper and gold vee by attending one of their matches.

CWA

New Members Welcome

Meeting 2nd Tuesday of the Month.
Craft 4th Tuesday of the Month.
BYO Lunch.

For more information please call
Shirley (03) 5253 2757



YOUR ONE STOP SHOP FOR ALL YOUR MECHANICAL NEEDS DIMO'S MECHANICAL REPAIRS

Our workshop has up-to-date technology in 3D Wheel Alignment and we provide service in:

- Auto Electrical • A/C Servicing
- Log Book Servicing • LPG Conversions • RWC
- Exhaust Systems • Steering & Suspensions



FREE PICK-UP AND DELIVERY

10% DISCOUNT ON PRESENTING THIS AD

(03) 5253 1629

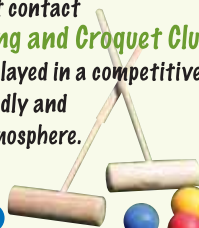
UNIT 4, 35-37 MURRADOC RD, DRYSDALE (Spiteri Place)

Have you ever considered playing BOWLS or CROQUET

Why not contact

The Drysdale Bowling and Croquet Club

where both games are played in a competitive, yet friendly and relaxed atmosphere.



For more information:

Vale Hateley (Bowls)
0427 091 374

Min Rippon (Croquet)
(03) 5250 1071



PETROL STATION & CONVENIENCE STORE

Petrol, Autogas, Bait & Fishing Supplies

CAR WASH

**Open 7 Days
6am - 10pm**



**97 High Street Drysdale 3222
Phone (03) 5251 2603**

Clifton Springs Bowling Club

- supports flood victims

On a sparkling sunny Sunday the 20 March, bowlers and their supporters gathered to help finalise the big fund raiser for the three stricken flood damaged bowling clubs of Charlton, Creswick and Bridgewater. The three clubs were well represented as were members from many other clubs from near and far, including Yarra Glen, Rosebud, Colac and Berwick. The three greens were filled to capacity with 160 bowlers. A novice was in each team, some barefoot, some very young and all the butt of good natured advice from the many onlookers.

The day ended in the well packed club rooms (after a very substantial afternoon tea) when the game winners all donated their winnings back to the Fund. The long awaited drawing of the twelve major raffles

prizes took place as well as the auctioning by a 'professional' of the many donated goods and finally the most important part of the day when officials from the three clubs were called upon to each receive cheques of \$3000 towards the rebuilding or relocation of their flood damaged clubs, with the balance put aside to assist other such clubs.

A big thank you for this successful appeal goes to the many generous businesses for their donations, to Alan Nettleby whose idea it was, to members of the Clifton Springs Bowls Club and to every supporter of this fun filled day. The final result being the wonderful sum of \$13,000.

**For further information contact
Alan Nettleby, Clifton Springs
Bowls Club.**



Clifton Springs Bowling Club

- 30 years young

The Clifton Springs Bowling Club began in 1977, and 25 enthusiasts became foundation members. Pauline Baker and Mabel Bant are two of those foundation members who still proudly maintain links with the club. Currently there are 210 pennant and social bowlers who enjoy participating in the competition and social games, as well as various social events.

Men and women bowlers have enjoyed the game at the Clifton Springs club now for more than 30 years, and over those decades facilities have developed impressively. Many of the additions have been added by volunteer labour. It was the member's own picks and shovels that largely developed the site of the club's original green, which was previously a grass tennis court. The club now maintains two synthetic and one grass green for the use of members, novices and visiting bowlers.



Volunteer labour also laid the first concrete walkways, but the impressive barbecue area, sprinkler system and the more recent pathways, were mostly installed by professional tradesman. The spacious dining room and bar are popular areas for the club's many social functions, and the roomy change and meeting room areas are well utilised by patrons.

The Clifton Springs Bowling Club has visionary plans for the future. Before long the planning committee hopes the install lights over the number one green, so members and visitors can especially enjoy bowling on balmy evenings.

Currently Clifton Springs is conducting a membership drive, and information flyers will soon be available for local citizens. It is people aged between 12 and 40 who are especially being targeted by the club, and during the year, local secondary school students will attend coaching

clinics at the bowling green.

In addition, on Sundays, novice bowlers of all ages are invited to don flat heeled shoes or play barefoot, when they enjoy fun sessions organised by club members. Participants do not have to provide their own bowls- the club can provide all the equipment needed for those who are starting out in this great game, which is much enjoyed by people of all ages.

FRANK BURGE CARS

(03) 5222 1606

172 Fyans Street
South Geelong

frankburgecars.motorsm.com

**Keith Purcell
Car Sales**

165 Fyans Street Geelong South Vic 3220

VACC

Ph: (03) 5221 6355 Mob: 0418 554 011
CASH FOR CARS & CAMPERVANS

LMCT 10461

Community banking can start at home – your home.

Jade's dream home has three big bedrooms, a gourmet kitchen and is a great investment.

And with a home loan from the Bendigo, Jade also got a great interest rate, the flexibility to make additional repayments, and to redraw them when she needs to.

But what surprised Jade, was that her home loan helped build a scout hall and is teaching local young people to stay safe on the road.

At the Bendigo we know there's more to home loans than the interest rate. That's why we let you choose the perfect home loan for you – and look for ways to help your local community too.

So if you're after the perfect home loan, there's only one bank you need to know. Visit your nearest Bendigo Bank branch at:

Bellarine Peninsula Community Bank® Branch,
44 Newcombe Street, Portarlington or phone 5259 3266.

Drysdale Community Bank® Branch,
11 Clifton Springs Road, Drysdale or phone 5253 3192.

Terms, conditions, fees and charges apply. All loans subject to the bank's normal lending criteria. Bendigo and Adelaide Bank Limited
ABN 11 068 049 178. AFSL 237879 (S34048) (03/11)

