No. 57 MARCH 2012

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2012

METAL PROPERTY AND A DESCRIPTION OF A DE

Clifton Springs Hot Shots and Tomic a great combo

AVIS CUP

Turn to page 23 for more tennis news.

Term 2 COURSE & OPPORTUNITY GUIDE 2012

There will be no classes n ANZAC Day, Wed 25 April,

Top: Coach Mark Hagebols and President Graeme Reid on centre court with the Hot Shot juniors. Below: MLC Clifton Springs Hot Shot juniors with Bernard Tomic at the Davis Cup in Geelong.

> 2012 - Term 2 ½ Course Guide

Pages 11-14

in this issue.

Bunyip Festival

Saturday March 24 Clifton Springs Primary School - See Page 4



Contact our friendly staff for more information (03) 5251 1624 Home Finance Manager Available Good Term Deposits Rates

diary dates

WARCH

Friday 2 World Day of Prayer **Drysdale Community** Church 10.30am

Saturday 3 Drysdale Harvest Basket Produce Swap SpringDale 9am-11am

Monday 5 **Business Network** Breakfast SpringDale 7am

Sunday 11 Bellarine Agricultural Show

Monday 12 Labour Day Holiday SpringDale closed

Tuesday 13 Morning Showtime 10.30am - Potato Shed

COPY DEADLINES APRIL

Thursday 1 March 2012 **Distribution Saturday, 31 March Circulation 7000 Copies**



Sunday 15 March @ 2pm Monday 16 March @11am Shellie's Story - Potato Shed

Sunday 17 Drysdale Market 9am-1pm

Saturday 24 **Bunyip Festival Clifton Springs Primary School**

Friday 30 School Term 1 ends

Sunday 31 Portarlington Market 9am-2pm





It's all happening at the SpringDale Neighbourhood Centre





SpringDale Community Calendar is a SpringDaleNeighbourhood Centre initiative to support the whole community.

If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre

Opening Hours Monday to Friday 9am - 5pm and by appointment.



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Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc







Experience is what we gain from every situation and interaction. I believe in life long learning and over the past few months I have had the opportunity to learn many things. I thank everyone for the part they played in my learning and enabling me to become a stronger person.

SpringDale is a Neighbourhood Centre, which has life long learning opportunities as part of its purpose as an organisation. People come to us to learn in a structured, scheduled environment as part of a class. People come to us to learn in a more relaxed environment in our Special Interest Groups with a Group Leader, who is a volunteer and willing to share time, energy and skills with other interested people. People come to us as volunteers and learn new skills while having fun in the office or elsewhere in SpringDale. Children come to us to learn and have fun in our Occasional Care and Vacation Care Programs. People come to use our public computers and ask for assistance with many and varied projects.

It is the support that we give each other while learning together that makes SpringDale a very special place and the support doesn't just last for the time in the class or the time of the group meeting or program, our support is there almost 24 hours a day 7 days a week – or it seems like it some weeks.

If you still have not been inside SpringDale, I invite you to visit, to have a tour of the centre, to allow us to bring the activities to life for you. To show you our rooms, our facilities, to introduce our people (each day that can be different) and to show you the Jigsaw puzzle room, it has to be seen to be believed. Over the last couple of months we have had a huge increase in our membership and we thank everyone who has decided to support SpringDale in this way, we hope you enjoy being a special part of our SpringDale family.

The Committee of Management has recently undergone some changes and I look forward to working with Debra Winter as President, Tom O'Connor as Secretary, John Cottle as Treasurer, Committee Members Anna Hong, Wendy Thorn, Tony Gostelow, Kiri Raines, Jonathan Harris and Dianne Bennett. I sincerely thank the Committee of Management Members who have retired and wish them well with their next endeavours.

NORTH BELLARINE

2012 Edition

Re

Thank you for the support that you continue to give to SpringDale and our programs, thank you to everyone who has donated time energy and skills, thank you to everyone who has donated equipment to help us provide even a wider range of services. I continue to be overwhelmed by the goodwill given to SpringDale over the last 22 years and especially for the last 8 years, while I have been Coordinator.

Yours very sincerely and gratefully

Anne Brackley for the SpringDale team Coordinator SpringDale Neighbourhood Centre

P.S. See you at the Business Breakfast on Monday 5 March at 7am.

It's all about your business Be part of the upcoming edition now! North Bellarine Business & Services Directory

is a tool that other businesses and householders are coming to rely upon for information about local services. For information about colour display advertisement specifications and costings, please phone SpringDale Neighbourhood Centre (03) 5253 1960.

Final call for entries. Copy deadline Friday, 9 March 2012 Display advertisements are available.

Support Your Local SpringDale Neighbourhood Centre - Advertise Locally

Vacation Care O SpringDale Autumn Program Commencing

Monday 2 April - Friday 13 April Sessions run from 8.30am to 5.30pm

Book Now! Limited Spaces Fill the holidays with activities that inspire and entertain.



Give a present with a difference. Available at the SpringDale Neighbourhood Centre The JOLLY BUNYIP is

leaping into Clifton Springs School for stalls, rides, food, fun & auction. A family fun day.

High Quality Ink & Toner Cartridges without the expense!! Universal Ribbons & Toners Pty. Ltd.	 Ink Cartridges Toner Cartridges Fax Cartridges Copier Cartridges including all the major brands. Genuine Compatible Remanufactured For more information
Locally Owned & Operated Free Delivery call 5251 5777	call (03) 5251 5777 OR fax (03) 5251 5778
www.urt	.com.au





Wallington welcomes Strawberry Fair 30 years on

Wallington Primary School parents have been hard at work making strawberry jam for this year's Wallington Strawberry Fair to be held on Sunday 4 March. It is thirty years since this iconic event began, making it the longest running event of its type on the Bellarine. Regular fair goers remember the days that it was held in the paddocks across the road from the school with attendances estimated at up to 15,000 people. These days the Fair is held in the grounds of the Wallington Primary School which is transformed into a vibrant marketplace.

Strawberries are front and centre the heart of the day. In addition to the homemade strawberry jam, the day before the event, parents gather to hull more than 350 punnets of strawberries which are served up on the Sunday chocolate dipped, between pancakes, with scones, cream and on pavlovas. Punnets are also for sale, alongside strawberry milkshakes and a sparkling strawberry wine.



This year's Fair will offer something for everyone - all the old favourites with music, fresh produce, gourmet foods, hand crafted goods, face painting, rides, the auction and lots more. It's a fun day out for all the family.

Back again by popular demand, is the famous Poo Lotto – the centre of much laughter and discussion. This involves a big tarp on the ground with numbered squares and an animal from the nursery, either a duck, goat or rabbit. Participants pay money for a square, the animal is placed on the tarp and then the wait is on until the animal poos on one of the squares - the winner gets \$50.

Not to be missed - the Fair is the school's one big fundraiser of the year. The Wallington Strawberry Fair will be held on Sunday 4 March from 10am to 4pm at Wallington Primary School on Wallington Road.



4 The SpringDale Messenger March 2012



The Geelong Highland Gathering

Experience all things Scottish and Celtic at this year's Geelong Highland Gathering, celebrating its 55th year in Geelong. The 2012 Geelong Highland Gathering runs over 2 days at the Geelong Showgrounds. Saturday 17 March will see a free day of Solo Piping, Drumming and Mini Band Competition, while Sunday 18 March will see the traditional Highland Gathering. There will be plenty of interesting Scottish stalls selling everything from hand crafts to music and plenty of tartan goods. Pack your picnic, put on your best tartan and head to the Geelong Showgrounds for one of Geelong's premier events.

For further information visit www.geelonghighlandgathering.org.au or contact Daryl McLure (03) 5221 7224.

March Madness at Potato Shed

What a great start to the year it's been down at The Potato Shed. Not only did the Shed get a revamp over Christmas, Mother Goose made an appearance and everyone got their funny bone tickled in February with the first Victorian Regional Finals of Class Clowns. With the school term in full swing, the venue has been a buzz with all sorts of workshops and diverse classes, which is fitting given that this year's Season theme is Elements.

If you haven't already, then you've still got time to book for the hilarious Let The Sunshine on 6 and 7 March. Not to be missed, the play stars Peter Phelps of Stingers fame and Alexander Fowler, known for her work in Sons and Daughters.

Also coming up is the Morning Showtime Season on Tuesday, 13 March and on the 2 - 5 April is Bread and Butterflies, a fantastic new children's show that explores the magic of your backyard. One for the diary is Shellie's Story on 16 April. Shellie Morris is one of Australia's most inspiring Indigenous singer/songwriter/storytellers.

To book your next night out at the Potato Shed simply visit: www.geelongaustralia/potatoshed or call the Shed directly on (03) 5251 1998 for more info.

You can also check out the Shed's Facebook page Facebook/The-Potato-Shed

Bread and

Explore the magic that

lies beyond the backyard

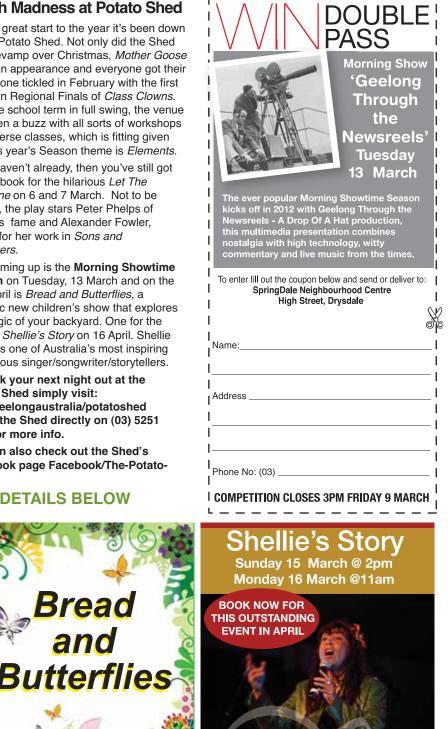
Monday 2 April - Thursday 5 April

Show 10am & 1pm daily

Tickets \$8pp

available at door.

SEE DETAILS BELOW



Shellie Morris is one of Australia's most inspiring Indigenous singer/songwriter/storytellers.

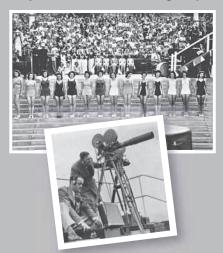
Shellie Morris is an Indigenous singer, songwriter and storyteller who performs earthy and honest songs about her life and the things that inspire her. She has a beautiful voice and her soulful enigmatic acoustic ballads are guaranteed to delight the listene Travel with her on an intimate journey as she shares her life through her music and her stories.

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998 Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.

The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale. Ph: 5251 1998



MORNING SHOWTIME **TUESDAY 13 MARCH** (10.30am – admission price includes morning tea)



The ever popular Morning Showtime Season kicks off in 2012 with Geelong Through The Newsreels. A Drop Of A Hat production, this multimedia presentation combines nostalgia with high technology, witty commentary and live music from the times.

POTATO SHED

Combined Probus of Clifton Springs/Drysdale

Last month Rosemary Malone from Gateways Support Services was our speaker, followed by lunch at Leopold Sportsmans Club. Rosemary told us of the community based disability services they provide to more than 1200 clients from Geelong to the South Australia border. These include testing children for autism (now 1 in 160 children) and helping them integrate into a regular kindergarten, respite for carers, and holiday programs for children and young people with severe disabilities. They build on the young people's strengths aiming to help them contribute to society, eg. a young person who enjoyed walking became a delivery person for a pharmacy and was thus able to meet and socialize with shopkeepers and shoppers. It was a most interesting talk and provided ongoing discussion amongst members. Our speaker this month, March 12, is Duane Dalton from Telstra who will bring us up to date with developments in telecommunications.

Our Caravan and Cabin Friends have planned a trip to Cobram in April, following up on our trip to Port Fairy in

ADVERTISE YOUR BUSINESS AND SUPPORT YOUR LOCAL COMMUNITY IN THE SPRINGDALE MESSENGER Phone (03) 5253 1960



February, and our Trip/Tour Friends plan to visit the Geelong Footy Club this month following their trip to Jirralinga Wildlife Park in February.

Our regular meetings are held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month. We are a combined Club for ladies and gents, and visitors and prospective members, singles and couples, are welcomed at all our meetings and activities.



We are wanting to increase our membership, so come along and check us out.

Please contact Dorothy on (03) 5251 3702 for further information.



Sunday 4 March, 10am - 1pm at the Dell, Clifton Springs Bring gloves, hats and a drink.

Are you leaving a will - or leaving a mess?

If you were to have a stroke or suffer dementia who would look after your affairs?

The answers are simple – have a proper Will and an enduring and medical power of attorney drawn professionally.



Bruce Arthur

For Conveyancing, Deceased Estates, Sales and Purchase of Business, Wills and Powers of Attorney.

Bruce Arthur

Your local Lawyer - at your service, 7 days.

I come to your home, an aged care facility or a hospital.

Phone: (03) 5258 4847 Mobile: 0402 133 455 Email: bwarthur@bigpond.com

Funeral Plans

Free Information and Practical Advice

Community Relations Officer, Alyson Burchell will provide local information and practical advice about funeral planning, funeral service options and local cemeteries.

1st Friday of every month 9.30am till 1.00pm

SpringDale Neighbourhood Centre High Street, Drysdale



Call Alyson on 5221 4788 or visit www.tuckers.com.au for more details

ackers

Tuckers Funeral & Bereavement Service - Est. 1883



For Bookings & Information

Phone: (03) 5251 3391 Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS 3222 Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au

golfing memberships

7 Day Golfing Memberships 1 March, 2012 - 30 June, 2012 - \$230.00

Week Day Membership 1 March, 2012 - 30 June, 2012 - \$175.00

Green Fee Players Welcome - \$25 for 18 holes

> For all golfing and membership enquiries please phone (03) 5251 3391

Courtesy Bus Available Friday & Saturday Nights 5pm - 11pm Please contact Club for details & bookings.

> or Bookings & Information



Enjoy a lovely meal and a spectacular view of the bay at **BAYSIDE BISTRO** Clifton Springs.

Monday Steak Night Tuesday Parmi Night Wednesday Pasta Night

BAYSIDE BISTRO also caters for special dietary requirements, functions and special occasions as well as providing you with special guest live performances and entertainment.

Phone (03) 5251 3391 Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS 3222



"Play by the Bay"

Meals consist of pastas, grills, seafood, salads, kids menu and desserts.

SPECIALS

2 Courses \$15

OR

Single Course

\$10

Keno



and dinner 7 days a week. For bookings please phone (03) 5251 3391

Present this coupon & SAVE Buy 1 main get 2nd main half price equal or lesser value (main meals only) Monday-Thursday*

Not valid Public Holidays or Long Weekends Valid to 31 March 2012



Conditions apply - not available on all meals.

Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au

What was old – is new again

This month's cookery page is dedicated to all those old recipes that we seem to revert to when we really don't want to spend a great deal of time in the kitchen but still produce a wonderful tasty treat for family or friends

I have to confess that I own over 300 cooking books ranging from beautifully bound international volumes, and popular chefs to my Grandmother's treasures



that show they have been used so many times. How many scraps of paper do we have and newspaper cuttings with recipes, and when waiting in the doctor's reception, have we ripped out that recipe we must have but never even make it. I have and so have a lot of you. I know I am in good company. I call it 'having great intentions but not just today' senario.

Why do I have so many cookbooks? Well! It is because they tell stories, I treat them as novels, I learn about the companionship of ingredients, and also about the authors writing about their passion. It does become compulsive to go into a book shop, look for the food section and then just float off into delicious land. If there are any of you with this disorder, welcome, because it is a great place to be in. Food, Glorious Food.

Thank you to my Russian Grandmother, Zina, who handed on some beautiful recipes but also some amazing times in her kitchen as kids, and, on the other side my Irish Grandmother who cooked roast lamb like no other. Bless their little cooking aprons to which I have to admit I have also inherited. - Lyn Ingles

NEW CATALOGUE

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FREE Delivery FREE setup FREE removal



www.bellarinefurniture.com.au

8 The SpringDale Messenger March 2012

Never Fail Sponge

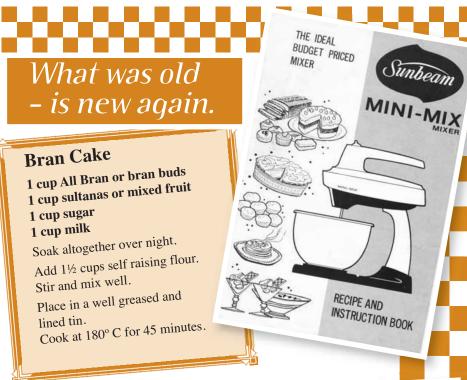
4 eggs ³/₄ cup cornflour ³/₄ cup castor sugar 1 tbspn custard powder ¹/₂ tspn bi carb soda 1 tspn cream of tartar Beat egg whites and sugar till stiff. Add egg yolks one at a time. Sift dry ingredients and fold in. Pour into two greased and lined sandwich tins. Bake in a moderate oven 20-30 minutes.

Visit:

www.agelesspatterns.com/aprons for some old fashioned aprons.



www.springdale.org.au



Cold Chicken & Rice

Salad

3 cups cooked chicken cut into strips. Place in a bowl with 2 cups cooked rice, ½ cup diced celery and ¾ cup pineapple pieces.

Sauce

and parsley.

3 tablespoons oil 2 tspns honey 1 tspn salt 1 tspn pepper good pinch paprika 1 tspn curry powder 2 tblspns pineapple juice 2 tblspns vinegar 2 dessertspoons lemon juice. Pour over chicken and stir well. Sprinkle with toasted almonds





www.agelesspatterns.com/apror for some old fashioned aprons.

The Book Club Author, *Gregory Day*



On Monday February 6, the Book Club met to discuss writer Gregory Day who is not only a novelist but also a poet and musician. He lives on the south coast of Victoria and this is where his fictional town of Mangowak and its surrounds form the setting for his books. Day has written three books. His first, *The Patron Saint of Eels*, published in 2005, was short listed for two awards and won the Australian Literature Society Gold medal in 2006. Ron McCoy's *Sea of Diamonds* was published in 2007 and *The Grand Hotel* in 2010.

As always, our diverse group enjoyed a lively discussion about this author and his books. It was agreed that he is a talented writer but as it is almost impossible to slot his books into a particular genre, he won some new fans and left others unimpressed. Some had read or listened to all of his books while those who had read only one may be encouraged to read others. Each of his books is quite different despite the setting being the same and some of the characters beginning to feel familiar. His writing is fanciful and includes elements of history, art, poetry, the Australian bush and coastal environment, colourful characters - some hard to believe in but nevertheless, amusing or interesting. He manages to slip in issues of urban development and cultural diversity and seems knowledgeable about the flora and fauna of the bush.

In an attempt to analyse Gregory Day's writing style, one of our group described him as a 'Picasso of Literature'. There is little doubt that his writing will delight some readers and disappoint others. Joining a book group encourages us to read books that we might not otherwise choose for ourselves and new members are always welcome at our informal meetings which are held at SpringDale on the first Monday of each month at 7:30pm. The book for discussion in March is *A Year of Wonders* by Geraldine Brooks and the choice for April is *The Help* by Kathryn Stockett.

For more details, contact SpringDale on (03) 5253 1960.

NEWS from Lisa Neville MP Member for Bellarine



FESTIVAL OF GLASS

Well done to all involved in organising the Festival of Glass at Drysdale in February. The festival is a great initiative of the Drysdale & Clifton Springs Community Association, bringing together the artists who work with and use glass, those in the commercial and building industry who design and build with glass, the culture and heritage of local glass and the innovations of glass for the future.

After a very successful first year in 2011, the festival has now cemented itself as a popular event on the Bellarine calendar. Along with many other sponsors and partners, I was pleased to support the event and I am delighted to see its continued success.

SPRINGDALE FOOTBALL CLUB

I am pleased to see the launch of another year of SpringDale Football Club's junior program.

Congratulations to Geoff Briggs and all the team for their hard work in initiating

and then supporting the growth of this soccer club on the Bellarine. Your effort as club officials and coaches has given many local children the opportunity to be involved in this sport and reap the benefits of being more active and being part of a team.

The community has also supported the club including SpringDale Neighbourhood Centre, the Bendigo Bank, headspace Barwon, the Drysdale Clifton Springs Community Association and both Drysdale and Clifton Springs primary schools. This club is a great example of what communities can do when they work together and I am pleased to support them again this year.

NATIONAL RIDE2SCHOOL DAY 2012

Friday March 23 is National Ride2School Day. This fantastic initiative has seen thousands of Australian children ride or walk to school, some for the first time ever.

It is great to see so many parents across the Bellarine proactively supporting their children to increase their physical activity by encouraging them to join in and ride or walk to school. This not only has benefits for children's general health and wellbeing, but has the added benefit that



Dirt Roads

Water is available now, so would it be possible to put water suppressants on the many dirt roads around Drysdale and Clifton Springs.

Michael, Drysdale.

Aldi

Aldi is the best thing that ever happened to Drysdale. **Penny,** Drysdale.

SpringDale

It is a shame SpringDale was closed for so long over the festive season. I tried to



276 – 290 Jetty Rd Drysdale (03) 5253 2241 get in but the door was locked. **Irene**, Clifton Springs.

Australia Day

Australia Day is a great occasion to celebrate and it is a pity that more people did not attend the Drysdale event. **John,** Drysdale.

Footy

The wait is almost over and the footy teams will be on the ground providing entertainment for all. Carn the pies. **Deidre**, Clifton Springs.

Bendigo Bank

Reading the SpringDale Messenger, I see that the Bendigo Bank supports so many community initiatives, good on them, they have our vote and our accounts. **George & Claire,** Leopold.

We welcome your comments in this our Readers Feedback column, please email to messenger@springdale.org.au



they are more alert and ready to learn when they are in the classroom.

Keep up the good work kids and continue riding or walking to school.

KEEP AUSTRALIA BEAUTIFUL AWARDS

I encourage Bellarine communities to nominate for the Keep Australia Beautiful Victoria awards.

Entries are open for the 2012 Clean Beaches, Sustainable Cities and Tidy Towns – Sustainable Communities Awards. Information and entry forms can be obtained from my office or via the Sustainability Victoria website: www.sustainability.vic.gov.au

As always, please don't hesitate to contact my office if there are any issues I may be able to assist you with.

Hon Lisa Neville MP Member for Bellarine (03) 5248 3462

Years ago

As reported in The Argus on Friday 8 September 1933 DRYSDALE BABY SHOW

The daffodil and baby show organised by the Drysdale centre of the Victorian Bush Nursing Association was opened by the mayor of Geelong (Councillor E. A. McDonald).

Results – Babies – Baby Under 6 Months William Evans. Baby Over and Under 12 Months Joseph Symons. Baby Over 12 and Under 15 Months Mary Henderson. Baby Over 18 Months and Under 2 Years Gladys Cox.





All courses & groups are conducted in the SpringDale Centre unless otherwise specified.

For more information or to register your expression of interest about these and the following activities please contact the friendly team at SpringDale Neighbourhood Centre (03) 5253 1960.

Scheduled Fees: Courses at nominated rates. Single Sessions: Incur a \$5 Administration Fee.

There will be no classes on ANZAC Day, Wed 25 April, or Queen's Birthday, Mon 11 June.

New Classes

Italian Language Classes

Daytime and evening classes in Italian Language are about to begin. For those going overseas, those wishing to speak to relatives or as a hobby. Basic grammar and conversation. Our tutor is an experienced native Italian speaker. Date/times: Wed 2 May - Wed 20 June 2pm - 3.30pm or 6pm-7.30pm Tutor: Enza Presepino Fee: \$120 (8weeks)

Felting on a silk scarf

Decorate a hand dyed silk scarf by felting wet wool tops and tussah silk onto it. Take home a beautiful scarf. Materials needed: 2 old towels and an Apron Dates/times: Sunday 27 May 1pm – 3pm Tutor: Lyn O'Brien Fee: \$25

World Famous Felting

In 2011, Allison Baensch invited the world authority on Psoas Muscle, this year we have a world famous Felting master. Limit of 12 spaces available. *Register your interest.*

Sewing a Bag with Sonia

Register your interest.

Intro to Web Design with WordPress

Create your own website (or blog) quickly and easily, without needing to learn programming, and then learn how to add images, videos, and links to your pages. If you know how to use MS Word you will have no problems with WordPress.

Dates/times: Fri 27 April – Fri 15 June 10am – 12.30pm Skill Level: Intermediate Fee: \$160 Conc \$80 Tutor: Pierce, Jaques



New Groups

Coin Club

Would like to hear from any people who are interested in being foundation members of a Coin Club at SpringDale. Please Contact Josh Gay on 0408 428 596.

New Dance Club for SpringDale

Contra Dancing will be held fortnightly on Fridays in the SpringDale Hall. Dates/times: Fri 2 March at 7.30pm Fee: \$5

Expressions of Interest

Is there anyone who would like to upgrade to the following programs and learn more about the new features and see what they can do for you?

Microsoft Office 2010

Windows 7

Data Backup

Have you ever wanted to backup your data and didn't know how? Well come along and learn the successful way of doing it?

Asthma Management Course

The First Aider will be able to perform and administer emergency Asthma Management First Aid procedures for Asthma related medical conditions. Emphasis is placed on practical decision making along with the application of skills in a simulated Asthma emergency. Participants will receive an Emergency Asthma Management – Asthma Awareness certificate. Date/time: TBA

Health & Wellbeing

Tai Chi

Tai Chi combines movement, meditation and breath regulation to enhance the flow of vital energy in the body, improve blood circulation and enhance immune functions. Our tutors have extensive Tai Chi experience.

Dates/times: Advanced: Fri 27 April – Fri 22 June 9.30am – 10.30am (9 sessions) Fee: \$90 Fri 27 April – Fri 22 June

10.45 – 11.45am (beginners) Fee: \$90 Tutor: Fred Vahland

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed. Dates/times: Mon 23 April – Mon 18 June 9.15am – 10.45am (8 sessions) Fee: \$90 or Thurs 26 April – Thurs 21 June 6pm – 7.30pm or Thurs 26 April – Thurs 21 June 7.45pm – 9.15pm (9 sessions) Fee: \$100 Tutor: Glenda Breedveld Materials: Mat supplied but feel free to bring a rug. Venue: Drysdale Senior Citizen's club, Cnr Clifton Springs Rd & Wyndham St

Dance classes for kids

Toddlers dance activity – let's have fun to music together. **Date/time:** Tuesday weekly, during school term from 9.15am – 10am **Fee:** \$5 per week/per class

Computers

Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension.

MYOB for Beginners

These sessions are designed for those just starting out and will give you a basic foundation of how to use MYOB in your business.

Skill Level: Intermediate Dates/times: Wed 2 May – Wed 20 June



6.30pm – 9.30pm (8 sessions) Fee: \$160 or \$80 Conc plus Manual \$45 (\$50 subsidised tuition fee + \$30 services fee) Tutor: Brian Knights, Round Table Business Consultants

Introduction to Computers A/B

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do. **Skill Level:** Beginner

Dates/times: Tues 24 April – Tues 12 June 9.30am – 12noon (8 sessions)



Fee: \$160 or \$80 Conc (\$50 subsidised tuition fee + \$30 services fee) Tutor: Lyn Brook, Lynette's User Friendly Computers

Introduction to Computers C/E

(Intermediate Word – follows on from A/B class) Learn how to create tables, use tabs, columns, clipart and place a border, send and receive emails. Understand the Internet and browse different search engines. Learn about virus protections. Skill Level: Beginner + Dates/times: Thurs 26 April – Thurs 14 June Ipm – 3.30pm (8 sessions) Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Lyn Brook, Lynette's User Friendly Computers

Intro to Computers F

Learn how to install & uninstall programmes, clean up deleted items and documents, use cleaner and defragger to keep your computer running smoothly, download software from the internet free, antivirus programmes and others from the internet. Set up your computer the way you want it.

Skill Level: Beginner++

Dates/times: Thurs 26 April – Thurs 14 June 9.30am - 12noon (8 sessions)

Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Lyn Brook, Lynette's User Friendly Computers

Word & Excel for Small Business

Small Business owners and staff never have enough hours in the day. This course will fix that by improving your efficiency, productivity and profitability. Learn how to format a personalised mailout to your customer, an eNewsletter, use style sheets in Word, add an automatic Table of Contents, include

hyperlinks to other websites.

Skill Level: Intermediate

Dates/times: Mon 23 April - Mon 18 June 1pm - 3.30pm (8 sessions) Fee: \$160 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Jonathan Harris JNH Software P/L

Email & Internet

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including voice, video and interactive chat and learn how to check for and avoid viruses, Trojans and worms.

Skill Level: Beginners

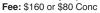
Dates/times: Mon 23 April - Mon 18 June 10am - 12.30pm (8 sessions) Fee: \$160 or \$80 Conc (\$50 subsidised tuition fee + \$30 services fee)

Tutor: Jonathan Harris JNH Software P/L

Computer Performance & Maintenance

Do you wonder why your computer slows down or runs out of disc space. We will discuss the causes of and how to fix these issues. This entails clearing your computer of unnecessary files and how to keep your computer running at its best performance. We also show you how to fix your computer when it does not boot into Windows and how to respond to error codes on your computer.

Dates/times: Wed 2 May - Wed 20 June 10am - 12.30pm (8 sessions)



(\$50 subsidised tuition fee + \$30 services fee) Tutor: Jonathan Harris JNH Software P/L

Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn how to use a Memory Stick and how to resize pictures and share them with your family.

Materials: Photos optional

Dates/times: Wed 2 May - Wed 20 June Ω 1pm – 3.30pm (8 sessions)

Fee: \$160 or \$80 Conc (\$50 subsidised tuition fee + \$30 services fee)

Tutor: Jonathan Harris JNH Software P/L

Digital Photography Doctor

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperature, different file formats, downloading images, red eye reduction and lighting techniques. Dates/times: Tues 1 May - Tues 22 May

7pm - 9pm (4 sessions) Fee: \$100 or \$92 Conc Tutor: George Stawicki

Holiday Photography

Say Ciao (bon voyage, good bye) to horrible holiday photos. Holiday photos should bring back the excitement and adventure of your trip. Yet many people find theirs disappointing. This short course is designed to teach you how to take fantastic holiday photographs in a few easy steps. Say arrivederci to problems including poor composition, bad lighting over and under-exposure, and plain old boring pictures. Next trip, people might actually be asking to see your happy snaps.

Dates/times: Tue 5 June and Tue 12 June 6.30pm - 9.30pm (2 sessions) Fee: \$60 Tutor: George Stawicki

Sound, Slides & Video

Learn how to combine music and other sound recordings with your photos; to make slideshows and videos for presentation, distribution on CD (or DVD), or viewing on the internet. Prereguisites: Images, Audio CD (or Cassette), Headphones Skill Level: Intermediate Dates/times: Fri 27 April - Fri 15 June 2pm - 4.30pm (8 sessions)

Tutor: Pierce Jaques Fee: \$160 Conc \$80

Craft

Picture Framing

This workshop is for people who would like to frame their prints just like a professional. Dates/times: Sat 12 May 10am - 2pm Fee: \$70 Tutor: Ron Badenhop

Hospitality

Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry? Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture. Small groups, so enrol early. Dates/times: Sat 5 May or Sat 2 June 10am - 12noon Fee: \$30 Tutor: Jordon Smith



Food Handling and Safety

(Apply basic food handling)

Code SITXOHS002A

Great for school leavers, volunteers and those already employed in food related areas. This accredited module will give knowledge and skills in correct and safe food handling, storage and hygiene. Update your skills and improve your iob prospects today. Dates/times: Sat 5 May 9am - 3pm Fee: \$100

Tutor: Ocean Grove Neighbourhood Centre

Food Safety Supervisor

Code SITXFSA001A

Food businesses must have a Food Safety Supervisor. The Food Safety Supervisor and/or the owner of the business is legally held responsible for all food safety practices carried out by every staff member. Pre-requisite: Participants must have successfully completed Basic Food Handling and Safety (course listed above). Dates/times: Sat 12 May 9am - 3pm Learn Fee: \$100

Tutor: Ocean Grove Neighbourhood Centre

Responsible Service of Alcohol

Covers all areas relating to the service of alcohol in and around licensed premises. Participants receive a recognised certificate in RSA from Liquor Licensing Victoria. Dates/times: Sat 19 May 9am - 1pm Fee: \$70

Tutor: Ocean Grove Neighbourhood Centre

First Aid Courses

First Aid – CPR (Perform CPR)

Code HLTCPR 201A (Cardiopulmonary Resuscitation)



Do not wait until it's too late. Learn CPR today. CPR training offers learners the opportunity to achieve confidence in the performance of cardiopulmonary resuscitation in a safe environment. It is recommended that CPR updates are undertaken annually. First Aid/CPR is the first 3 hours of First Aid Level 2. See that course for details.

Dates/times: Sat 12 May 9am - 12noon (1 session) Tutor: National First Aid Fee: \$60

First Aid – CPR (Perform CPR) and Anaphylaxis

Learn HLTCPR 201A/ 21659VIC Code HLTCPR 201A/ 21659VIC It is recommended that CPR updates are undertaken annually. Within this combined course, learn to administer adrenalin for Anaphylactic reaction. This program is designed to provide knowledge and skills to the first-aider to be able to perform emergency administration of prescribed adrenalin using the

injecting device (EPIPEN). This is when a person (particularly children) have suffered a potentially life threatening anaphylactic reaction. Accredited Certificate valid for 12 months

Dates/times: Sat 5 May 9am - 1.30pm (1 session) Fee: \$90 Tutor: National First Aid

First Aid – Level 2 (Apply First Aid)

Code ALTFA301B/21569VIC Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylatic updates) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 12 May & Sat 19 May 9am – 5pm (2 sessions) Fee: \$160 Tutor: National First Aid



Accredited Course

Combined - Certificate III Aged Care (CHC30208)

and Certificate III in Hom

and Community Care (CHC30308)

With the demands for personal Carers within the Aged Care industry or people requiring carers in Nursing Homes and private homes this accredited course will enable you to gain employment in this field.

Next course to commence in July. Book now. Fee: \$990 Full Fee or \$607.50 (funded price

including first aid). Additional charges for 1 text book at \$95 to be purchased from centre, \$25 for food safety practices including manual.

Payment plans available for this course. Tutor: Kerry Wilson

Learn

Venue: Ocean Grove Neighbourhood Centre



Discover the artist within

A foundation art course in drawing and painting for adults.

Drawing and Painting are enjoyable pastimes and there are fundamental skills that we can learn or improve. Rediscover past ability or learn from absolute scratch. A range of subjects, ideas and drawing and painting media will be explored in a supportive learning environment.

Materials List: A3 sketchbook and 2B and 4B pencils. Bring any other art materials that you already have.

Dates/times: Tue 1 May - Tue 19 June 9am - 11am (8 sessions) Fee: \$130 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee) Tutor: Annette Playsted



O





Discover the artist within

An intermediate art course in drawing and painting for adults, who have studied a foundation art course at SpringDale or an equivalent basic art course and wish to further develop skills and knowledge in a supportive learning environment with like minded people. Advanced drawing and painting skills and ideas will be explored with an emphasis on individual needs and preferences.

Materials List: A3 sketchbook and 2B and 4B pencils. Bring any other art materials that U you already have.

Dates/times: Tue 1 May - Tue 19 June 11am - 1.30pm or Wed 2 May - Wed 20 June 10am - 12.30pm

Fee: \$130 or \$80 Conc

(\$50 subsidised tuition fee + \$30 services fee)

Traditional & Digital Scrapbooking

Would you love to organise your precious memories by scrapbooking your photos. Come along and learn traditional & digital scrapbooking solutions. Material list for beginners, tools available for you to use and product available to purchase.

Day/Time: Every 2nd Wed 9.30am - 11.30am Fee: \$2 Tutor: Lyn Clough.

Mosaic Art Workshop

This workshop will introduce you to the world of Mosaic Art. You will need to have an image in mind that can be transferred onto a floor tile, or be spontaneous and go with the flow. Your creation can be used as either a garden feature or placed in your home. Use your choice of colours from old crockery and tiles. Some materials will be provided including the floor tiles. A list of what you need to bring can be obtained from the centre. This workshop will be inspiring and lots of fun.

Dates/times: Sat 21 April & Sun 22 April, OR Sat 19 May & Sun 20 May

1pm - 5pm (both days)

Fee: \$80 plus materials. List available from the Office Tutor: Jan Ferrari

General Courses

French for Beginners.

Want to keep your mind young, meet new people and have lots of fun all in the space of an hour? Come and develop new skills, exercise your mind and challenge yourself by learning a new language. We will be studying French through a variety of mediums. Do come along and join me no matter what your level or ability. All Welcome. This course is for beginners, no prior knowledge required. Dates/Times: Tues 24 April - Tues 12 June 10am - 11am (8 sessions) Fee: \$90 Tutor: Laetitia Cairncross

Intermediate French

For those with some prior knowledge of the language or VCE Level. Dates/times: Tues 24 April - Tues 12 June 11am - 12noon (8 sessions) Fee: \$90 Tutor: Laetitia Cairncross

SpringDale **Occasional Care**

This will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself.

Sessions: Monday, Wednesday and Thursday 9am - 2pm. Tuesday, Friday 9am - 12noon.

For further information please phone Occasional Care on (03) 5251 1627. Sessions run during school terms only

SpringDale Vacation Care

Enrol your kids early for Holiday Program in the SpringDale Vacation Care. Children between 5-12 years. Conducted in a safe environment. Register now. For further information please phone SpringDale on (03) 5253 1960. Fees: \$45 per day. Childcare rebate applies.

Non SpringDale Classes & Groups

Bellarine Woodworkers Inc.

All keen woodworkers have the opportunity to meet on the first and third Monday of the month at 1.30pm at SpringDale Neighbourhood Centre. New members welcome. Just turn up.

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention and direction Dates/times:

Tues 17 April – Tues 26 June (9 scheduled classes)

- 9.30am 10.30am (ball class)
- 11am 12noon (beginners to intermediate floor class)

Fee: \$124

Thurs 19 April – Thurs 28 June (8 scheduled classes)

• 6 45pm – 7 45pm

- (beginners to intermediate/advanced floor class) • 8pm – 9pm
- (beginners to intermediate floor class)

Fee: \$110

Tutor: Monique MacLeod Phone to book: (03) 5251 2958 Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale.

Positions Vacant



Experienced Staff Required for Vacational Care Programs at SpringDale

Please email, post or drop off your resumé to the SpringDale Neighbourhood Centre Inc. 17-21 High Street Drysdale Victoria 3222 PO Box 80 Drysdale Victoria 3222 Phone: [03] 5253 1960

Coordinator - Anne Brackley Email to: coordinator@springdale.org.au

Enrolment & Payment Conditions

ENROLMENT

To book into a class, phone (03) 5253 1960, or call in person, at SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale, OR Email: office@springdale.org.au

· If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees if applicable.

· Your enrolment is confirmed when payment is received.

· Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- · We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
- · If there are not enough enrolments to successfully run a course it will be cancelled.
- · If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- · If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

Privacy: The SpringDale Neighbourhood Centre

respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.



To participate in any of the following groups SpringDale Membership \$5 per year, and \$2 per session unless otherwise specified. Please call SpringDale to confirm details. These details are correct at time of publishing.

Coffee Club

This is an open invitation to all locals to call in for a cup of coffee and a chat on the fourth Monday of the month between 10.30am - 11.30am. Come along and meet new and friendly faces at SpringDale.

Bellarine Camera Club

For all enthusiastic photographers. Meets 1st & 3rd Monday at 7.30pm at SpringDale.

German Language Group

This group is designed for German speaking people and meets on the 1st Monday of the month at 10.30am.

Life Drawing

For those who enjoy the experience of Life Drawing. Mon 1.30pm - 4pm. Please call SpringDale to book.

Book Club

All avid book readers come and share your opinions and interpretations of selected titles. Meets 1st Monday of each month from 7.30pm - 9pm.

Write on Bellarine

A small group of committed writers meet 1st and 3rd Wednesday of each month from 7.30pm.

Write About

A small group of committed writers meet 2nd Monday of each month from 2.30pm and 4th Monday 7pm.

Homework Group

For Years 7 & above. Help with numeracy and literacy skills. Meets Wednesdays from 4pm - 5pm Facilitator: Bob Marmion

Activities and Games

SpringDale Badminton

Any new interested players please contact SpringDale. Wednesdays 1pm - 3.30pm weekly at The Scout Hall Drysdale. Fee: \$4 per session.

SpringDale Jigsaw Club

Borrow a jigsaw from a big library at the bargain price of 40¢. Come along to the SpringDale Centre Hall on the first Thursday of the month from 10am - 12noon.

SpringDale Mahjong Club

Mahjong involves skill, strategy and a certain degree of chance. This group meets Wednesday from 10am - 12noon.

SpringDale Scrabble Club

Weekly Scrabble group is held on Tuesday afternoon, 1pm - 3pm and caters for players of all abilities and new players are always welcome.

Card Games

Members enjoy playing a variety of card games including Canasta, Euchre and 500. This group meets Monday afternoons from 1pm- 3pm.

Line Dancing

If you can count to four and can tell your left foot from your right, you can line dance! Join our group. Every Wednesday except school holidays. 10.15am - 12.15pm. \$8 per session.

Parents & Children

Drysdale Toy Library

Wednesday mornings 9am - 10am. We have some fantastic toys to borrow (ages 0 - 6 years) so come along and see what we have to offer. Membership \$10 per term. Watch our website for new arrangements.

Portarlington Toy Library

Wednesday and Thursday mornings 11am - 12noon and 1st & 3rd Monday evening 6pm - 7pm. Operates out of the Portarlington Pre-school. Look for the balloons and sign. New members welcome

Art/Craft

SpringDale Artists

An Art Group for Artists and Hobbyist Artists If you are a person who likes to continue learning and developing your skills, sharing with other like minded artists and participating in workshops, excursions and preparing artworks for an annual SpringDale Artists' Exhibition, this might be the group for you. Coordinator and Art Tutor - Annette Playsted. Wed 1pm - 4pm weekly

Textile Arts & Crafts, Spinning Group

Are you looking for inspiration with selected craft pieces you've attempted to create or design. Then come along and enjoy this new group of like minded people who are passionate about quilting, felting/embellishing and mixed media projects, cloth dolls and textile arts. Dates/times: Every Tuesday 1.30pm - 3pm

Springers Quilting Group

Meets on the 2nd & 4th Thursday of the month at SpringDale from 10am - 12noon.

Card making

A card making group runs on the 1st and 3rd Thursday of each month at 7.30pm for \$12. Beginners welcome new techniques introduced regularly. Bring your imagination and friends along.

Computers

PC User Help Group

We can encourage people to follow their interest in computers and share this interest with others. Meets 2nd Tuesday in the month from 4pm - 5pm.

Health & Wellbeing

Raw Foods Group

The group meets on the first Saturday of each month from 12noon - 2.30pm.

Cost is \$4 donation. Meet up with others interested in learning about raw food, recipes, and resources Relax!! All welcome to attend. Please bring a raw plate to share, from vegies, fruits, nuts, seeds, ie: uncooked, vegetarian.

Cheese Club

Meets every 2 months. Next meeting Sat 2 June. This club is open to people who have attended cheese classes at SpringDale in the past. Starting at 10am. Cost is \$1 plus cost of ingredients.

Men's Kitchen – Tuesday Mornings

We will be running a Men's Kitchen every Tuesday morning 10am - 1pm Facilitator: Maria Menheere Location: St Leonards Recreation reserve Fee: price depends on menu

Men's Kitchen – Wednesday Morning

Come along and enjoy making delicious tasty meals from start to finish. This is a fun group where humour exists, friendships are formed and appetites are fullfilled. Waiting list applies. Fee: Price depends on menu Dates/times: Wednesdays 10am - 2pm

Men's Kitchen Wednesday Evening

We will be running a Men's Kitchen every Wednesday evening from 5pm - 8pm. Facilitator: Gaylia Lowe Fee: price depends on menu

Men's Kitchen Thursday Morning

Come along and make delicious, tasty meals from start to finish and enjoy the friendships. Dates/times: Weekly Thursdays 10am - 2pm Fee: price depends on menu

Ladies Kitchen – Friday Morning

Ladies come along and enjoy the company of others that are looking to create delicious meals that are quick, easy and affordable. Dates/times: Weekly Fridays 10am - 2pm Facilitator: Anna & Wendy Fee: price depends on menu

Pole Walking Group

Pole Walking is enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk.

Dates/times: Weekly Mondays 9am-10am or Thursdays 7pm - 8pm (Please contact SpringDale for meeting points)

Facilitator: Harold Waldron

Harvest Basket

Meets 1st Saturday of every month and operates on an honesty system outside SpringDale (inside if wet) to swap home grown vegies. Dates/times: 9am - 10am Swap 10am - 11am Vegies available for purchase.

Fun Volleyball

No experience or bikinis necessary! We play with a soft beach ball, and the aim is exercise with a lot of laughs. Other session times possible - please register your interest. Dates/times: Mondays from 9am - 10am Cost: \$3.00 per session Location: Drysdale Scout Hall Enquiries: Pauline Cline Ph: (03) 5253 2717

Bicycle Riding

Are you a push bikie? Would you like to get involved in cycling again? Join Marilyn and friends on riding adventures starting with bicycle safety. Date/times/fee: Tues 8.30am - Easy ride, Wed 8am Hard ride Leader: Marilyn Townsend

Music

SpringDale Singers

A long established and informal non-performing choir which sings both simple and challenging music in full harmony, wholly for the enjoyment of singing. Former choir or music group members can sing again and non-singers are also welcome.

Dates/times: Tuesdays 1.30pm - 3.30pm

Bellarine Community Choir

Do you enjoy singing and giving enjoyment to others through music? Peninsula residents are welcome to join this new choir, established to perform at functions on the Bellarine. Men and women are required to sing 4 part harmony.

Dates/Times: Thursdays at 1.30pm at SpringDale



One of the best parts of my role over the last three years has been getting to know Kel and Norma Davis. Although we have lived in Drysdale together for all of my life, I knew them only to say hello. My life is so much richer having Norma and Kel Davis as my friends.

I have spent many hours over the last three years at their kitchen table and in their lounge room.

They have both given thousands of hours of service to our community, as members of the CFA and auxiliary, as a Lion and with Meals on Wheels, with Community Health and so many other organisations. On behalf of our community I thank them for all they have given and all they have inspired to give as generously as they do.

Norma and Kel (or Lawrence as she calls him) have just celebrated their 65th Wedding Anniversary. They have shared 65 years of fun, happiness and close family life. Norma says that she has never wanted for anything and laughs about Kel picking her up from the hospital with baby John in a truck loaded with wood.

They live in the same house they have lived in for almost 65 years. They bought the block of land for \pounds 65 with money given to them for their wedding by Norma's parents and they paid a deposit on the house that cost £1600. Kel earned £3 per week. Kel remembers always having extra jobs lined up just in case Reg Butcher told him to take some time off. Kel said "If you're a worker you can make a go of anything – put your head down and don't give up".

Kel and Norma love talking about the times they shared at the CFA State demos. Norma fondly remembers cooking for their contingent of 90 from Drysdale. They remember their daughter, Sue falling in love with a life saver at the State demo in Mildura when Sue was 13. They have so many State demo stories to tell and some include my brother Chris, of whom they speak fondly.

At one State demo in Warnambool, Kel had gone to bed and was keen to sleep but a few of the Drysdale contingent decided to chat outside his room. He formulated a plan to move the people on and although Norma told him not to – he pulled back the curtains and showed more than most expect to see in a motel window. The people moved on. They both laughed remembering the story and the demo.

Kel remembers that the CFA didn't want him near the end of his active days because "..I got to the fires so quick, they thought I was lighting them!"

Kel continues to say that he and Norma have only had one argument – it started on their wedding day and is still going.



Congratulations Kel & Norma Davis 65th Wedding Anniversary

That is impressive after 65 years.

Two of the happiest community minded people I have ever had the privilege to meet. My life is so much richer for having Norma and Kel in my life. Congratulations on 65 years of marriage – I hope the argument continues for many years to come. Happy anniversary Norma and Kel (Lawrence) our community salute you.

Kel Davis and Anne Brackley

Congratulations to you both from the SpringDale Messenger team, staff, committee and volunteers of the SpringDale Neighbourhood Centre. Well done!

Drysdale's Best Value!



HEALTH & WELLBEING



Delicious Kale Salad

Fresh Organic Kale (wash, dry, and cut kale into bite-size pieces) Fresh Pine Nuts or nuts of choice

Dried Cranberries or your favorite dried fruit (cut up)

Toss with sesame seed dressing

You may also add your favorite cheese or use feta.

The good thing about this salad is that it is so easy and quick to make, and goes well with any Meat or Seafood dish

Portside Physiotherapy

Theatre Plaza, Harding Street, Portarlington Ph: 5259 1277 www.portsidephysiotherapy.com.au



03 5251 2958 27-29 High Street DRYSDALE 3222

hbour Day

Neighbour Day is Australia's annual celebration of community, bringing together the people next door, across the street or on the next farm for a beer. a barbie or just a cuppa. Held on the last Sunday in March every year, it's the perfect day to say thanks for being a great neighbour and for being there when I needed you most.

Jational Year of Reading

Australia has decided to celebrate the magic of reading by taking it to the next level and declaring this year, 2012, the National Year of Reading. Children will be encouraged to read and everyone will be helped to discover or rediscover the magic of reading.

Visit the Geelong Library and learn more about the facilities, collection items, programs and workshops that are offered.

Drysdale Health Group

Proactive, Preventative & Professional

 Physiotherapy 	• Podiatry
 Psychology 	Myotherapy
 Exercise Physiology 	Acupuncture
Pilates · Naturopathy	Remedial Massage

27-29 High St Drysdale (03) 5251 2958

Kale is gaining in popularity. Kale is an amazing vegetable being recognised for its exceptional nutrient richness, health benefits, and delicious flavour. Eating a variety of natural, unprocessed vegetables can do wonders for your health, but choosing super nutritious kale on a regular basis may provide significant health benefits, including cancer protection and lowered cholesterol. It belongs to the Brassica family that includes cruciferous vegetables such as cabbage, broccoli, and Brussels sprouts.

Greens in general are nutritious foods, but kale stands a head above the rest. Kale has powerful antioxidants, is high in fibre, vitamin K, vitamin A, vitamin C, calcium and potassium. According to recent research results, kale is an incredible source of well-absorbed calcium, which is one of the many factors that may help prevent osteoporosis.

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HEALTH & WELLBEING

World Kidney Day World Glaucoma Week

8 March



Diabetes and high blood pressure are both key risk factors for chronic kidney disease. World Kidney Day aims to raise awareness of the importance of our kidneys to our health, and aims to reduce the impact of kidney disease worldwide.

Visit **www.worldkidneyday.org** for more information.

New Lions Club for Clifton Springs Interested in serving your community? Want to make a difference?

Consider joining Lions, a new club is being formed in Clifton Springs. For details please call Terry Crosby 5259 1150 or 0411 123 360

CONTRA DANCING at SpringDale Every 2nd Friday



To find out more about Contra Dancing evenings contact SpringDale. It is a great way to socialise, have enjoyment and keep active. Glaucoma affects approximately 4% of the global population with an estimated 50% of glaucoma cases remaining undiagnosed. World Glaucoma Week which runs from 11 -17 March, seeks to raise awareness of this 'silent' eye condition. In Australia, glaucoma is a major cause of sight loss in adults over the age of 40. Australians will be encouraged during the week to undertake an eye check as early diagnosis and appropriate treatment are paramount in saving vision from glaucoma.



If you would like to find out more visit **www.glaucoma.org.au** and see if you are affected by glaucoma.

ADRIAN E MANNIX COMMUNITY SERVICE AWARD

Now in its 11th year, the 2012 Adrian E. Mannix OAM Community Service award is now accepting nominations. Nomination forms and criteria guidelines are available from SpringDale

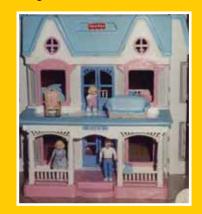
This is an occasion to identify the voluntary efforts of an individual made in our local community.

The Drysdale Rotary Club, Portarlington/Drysdale Lions Club and SpringDale Neighbourhood Centre have joined together to provide this award, in memory of the contribution made by Adrian E. Mannix OAM.

The winner will receive a trophy and \$500.00 to donate to the charity of their choice.

Nominations close 31 March, 2012.

Toy of the Month



The Toy Library has two lovely dollshouses available. These toys enable children to use their imagination.

Dollhouses are naturally inviting to a young child. In the scaleddown space of a dollhouse, they can create their own stories and build their own world.

Ann Ferguson Toy Library Coordinator

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Not all beetroot are red, as you can see from this multi-coloured bunch.

It's difficult to get excited about winter vegies when summer is still in full swing and you've got way too many tomatoes to harvest. It's worth the effort to plan ahead though, so that your autumn feast isn't followed by a winter famine. This is the time of year when I sow a lot of root vegetables. The last of the summer heat gets the seedlings off to a fast start, and hopefully winter rains will ensure a sweet, juicy crop.

Beetroot

Beetroot have big seeds and so are easy to sow in individual 2cm deep holes, which you can make with a pencil or the end of a bamboo. You will get multiple seedlings from some seeds, which you need to thin out if you want good beets. They like a rich, moist soil with plenty of compost or aged manure.

Carrots

You want a well-dug soil for carrots – no big lumps. Make a wide, shallow trench, eg. with the back of a rake, and sow the fine seed in a zigzag pattern. Cover with about 1cm of soil

and water well. For the next two weeks you must keep the seed bed moist, or

you will get no carrots. I cover mine with sheets of newspaper, which I keep damp by watering morning and evening. I remove the newspaper as soon as I see green shoots emerging. When the tops are about 10cm high you can side-dress with a balanced fertiliser – a handful per square metre is plenty. You can also thin your carrots at this time if necessary.



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around the garden

Parsnips

The seed is bigger and easier to handle than carrot seed, but the growing method is very similar. Parsnip seed must be fresh, or you will get poor germination. Unlike carrots, which should be harvested as soon as they are big enough, parsnips can stay in the soil all winter and will just keep getting better.

Florence fennel

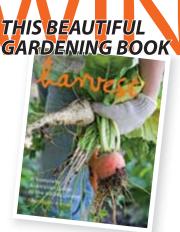
Not really a root vegetable, because it's the base of the stem that forms the bulb. However, fennel has a lot in common with carrots and parsnips: the long taproot, the delicate, feathery first growth and the long growing period over the cooler months of the year. Like most root crops, fennel really needs to be grown from seed. It likes a rich, moist soil, so work in a couple of bucketfuls of home compost or aged manure per square metre before you sow the seed.

More gardening info in our Drysdale Harvest Basket blog. Go to www.drysdaleharvestbasket.org and follow the link.

Friends of Edwards Point

The Friends of Edwards Point Wildlife Reserve is a group of people who maintain the natural environment of the reserve on a voluntary basis. They work in close conjunction with Parks Victoria, the government agency responsible for the management of the reserve. Edwards Point Wildlife Reserve is the last remaining stand of coastal woodland on the Bellarine Peninsula and home to a wide variety of indigenous plants and animals. The reserve is adjacent to the coastal town of St Leonards, but still retains its sense of wildness and tranquillity.

If you would like to find out more or become a member of the group, contact Karin Shepherd on (03) 5257 1340.



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OPERATION SAFE PLATE



Changing the plate

Save yourself the inconvenience of stolen registration plates and the cost of replacing them – have your vehicle's registration plates secured with one-way security screws on **Saturday 3 March in Corio Village Car Park, 9.30am - 3pm**. This is a free service provided by Neighbourhood Watch volunteers, but donations welcome.

PARK SMART - LOCK IT, REMOVE IT OR LOSE IT

Theft from cars still tops the chart of crimes committed on the Bellarine. It is NOT smart to leave your vehicle unlocked with valuables inside. Your items will be stolen. Much valuable police time will be taken up recording such thefts – thefts that could be so easily prevented if vehicle owners took responsibility.

BURGLARY PREVENTION

And close behind the frequency of thefts from cars is residential burglary. Burglars look for the easiest opportunity – they want to get in and out quickly. Breaching a lock takes time, so deters burglars. Secure doors, windows, garages and sheds – don't be a soft target.

SCHOOL SPEED ZONES

Children are our most vulnerable road users and to address this road safety issue school speed zones with lower speed limits were introduced in 2003. Motorists should be aware that children in traffic are not like adults. They can be unpredictable and because they are small, they can be hard to see. So take extra care and slow down when you drive past any school. Even a small reduction in travelling speed dramatically increases the chance of a child surviving a collision.

WHEN SCHOOL SPEED LIMITS APPLY

In 2012, with the exception of weekends and public holidays, school day speed limits will apply on all days in the following periods. So travel safely.

	START DATE
School Days Period 1	30 January 2012
School Days Period 2	16 April 2012
School Days Period 3	16 July 2012
School Days Period 4	8 October 2012



END DATE 30 March 2012 29 June 2012 21 September 2012 21 December 2012.



Bellarine Show 11 March

The Show was fortunate this year to receive an Arts grant from the City of Greater Geelong. The Arts Dept at COGG, particularly Duncan Esler, worked very hard to promote, fund and encourage the arts in the area, supported by Cr Barb Abley and

Cr Jan Farrell. Due to this help the Show is able to celebrate the 2011/12 COGG Arts theme of Windpower.

This is in recognition of Gilbert Toyne, a Geelong Inventor who in 1911 showcased his "aeroplane" clothesline at the Royal Geelong Show.

A book featuring Gilbert, called Hung out to Dry is available at The Geelong Heritage Centre. So in honour of this theme, the Show has two local artists creating art works live at the show. Noel Broadway lives in St Leonards, and taught for many years at Drysdale Primary School, while his daughter Annie is part of Redox Jewellery from the beautiful heritage building, The Wintergarden, Geelong. Other "wind" attractions include a working windmill, life size wind sculptures, and in the kids tentmake your own pin wheel, and paper plane comp.

A new attraction for the show is *Animals* of *Oz* (check out their website). Live at the Show will be marsupials, crocs, lizards, frogs, snakes -come and have a pat! Plus pony rides, gumboot tossing, hay rolling, nail driving, baby animals, craft demos, dog displays - just to name a few things.

Looking forward to seeing you there on 11 March.



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DCSCA's second annual *Festival of Glass* on 19 February, 2012 at Drysdale's Bellarine Basketball Stadium was a great success. We're grateful to everyone from the community who supported it, to the committee of volunteers who worked so hard to make it happen and, of course, to our sponsors.

The 2012 Festival of Glass attracted over fifty exhibitors and featured a huge range of glass art, craft and manufacturing, including mosaics, jewellery, glass beads and bead-making, stained glass, slumped glass, ceramics, leadlighting, glass etching and sandblasting. There were demonstrations of glass working techniques and displays of historical and collectable glass. There was a range of competitions and a Festival raffle, with \$1,500 worth of prizes donated by the exhibitors.

The Festival of Glass is a DCSCA initiative and this year's Festival attracted major sponsorship from the City of Greater Geelong and the Bendigo Bank. DCSCA President and chairperson of the Festival organising committee Doug Carson said, 'Local people have supported this local initiative and have been joined by many Victorian and interstate visitors. We're very grateful for everybody's support, which has shown once again - that the Festival of Glass has the potential to become Australia's primary showcase for glass-related art, craft and industry, driven by the active support of local glass workers.'

Keep those open spaces

The parks in London were once called 'London's lungs' and DCSCA is working hard to ensure that our local 'lungs' keep as much open space as possible After many years of pressing the City of Greater Geelong to create a walking/cycling track around Lake Lorne, DCSCA was pleased (and relieved!) to hear that work on Stage One of the project will start in 2012.

In another initiative, DCSCA's Neil McGuinness is working hard to outline a Bellarine Bike Trail, linking walking/cycling trails in each town on the Bellarine. If our campaign for a Drysdale bypass succeeds, this will make the streets of Drysdale and Clifton Springs safer and more 'walkable' for all.

Contacting DCSCA: P.O. Box 581, Drysdale, Vic. 3222; or dryclift@bigpond.com

For up-to-date news, please visit DCSCA's blog -

drycliftdays.blogspot.com/ Patrick Hughes, DCSCA Secretary

Drysdale Primary School

Looking forward to a prosperous 2012



More than 100 new students have joined Drysdale Primary School and new teachers to the school this year are Mrs. Samantha Schepisi in Year 1 and Mr. Damien Van Wyk in Year 4.

We look forward to the valuable contributions they will make to the school.

We look forward to the traditional Family BBQ night on March 8, where the Drysdale Primary School community have the opportunity to come together to



www.springdale.org.au



welcome our new students, families and staff to the school.

Our community has again showed its enormous value as a dedicated group of families helped with the mowing roster, maintenance of the vegetable garden and participation in the working bee.



Another group of parents and staff are working hard behind the scenes to help organise and coordinate the 32nd Bunyip Festival. This year, it is Clifton Springs Primary School's turn to host the festival, which will be held on Saturday, 24 March. *Shane Kennedy*



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Winter preparation on track

Springdale Football Club, the soccer club representing Drysdale and Clifton Springs, has had a busy summer. As well as having a number of futsal teams playing at different venues around Geelong and the Bellarine, the club also launched the annual Albion Cup. This friendly charity soccer match between England and Scotland successfully raised awareness of and \$506 for 'Bravehearts', an organisation combating child sexual abuse in Australia (www.bravehearts.org.au). The squads were selected from first generation English and Scots from across the Geelong, Bellarine and Surfcoast region. England won 3-1 in front of a decent crowd that included Senator David Koch who tossed the coin for kick off and Councillor Rod Macdonald, pictured presenting the Albion Cup along with Brian Smith of the cups sponsors, Alba Scaffolding and Rigging of Torquay, to England captain Craig Plummer of Springdale FC.

Active After School Community programs ran at St Leonards Primary School and Portarlington Primary School in term 4 last year and the club is running programs at Drysdale Primary School and Christian College in Drysdale in term. Our junior futsal team, Springdale Yellow Submarines, are set to kick off again at Barwon Valley Activity Centre, looking to follow up on 2011's trophy success.

The club is expecting to enter under 7's mixed, under 9's mixed and under 11's girls teams into the local small sided football social competition that runs on Sunday





mornings through the winter months, so please get in touch if you want to be involved in any of our junior teams or training programs (you don't have to play on weekends to come to training). Junior training is at 6:15pm Wednesday's, initially at Clifton Springs Primary School playing field, then moving on to Drysdale Primary School Hall as daylight saving ends. There will be two senior mens sides this year, one in division 2 and one in division 3. Both squads are structured to provide accessible competitive football to players who are looking to play with like minded social oriented team mates who give their all on match day. Our approach has led to success on the field as well as unprecedented interest, so please get in touch if you are keen to get involved in outdoor games on Sundays, competitive indoor leagues midweek or social kickabouts indoors on Wednesdays in Drysdale.

Seniors: Jarrod Gladman 0431 215 722. Juniors: Paul Rawson 0414 461 112.

Visit our website at www.springdalefc.com.au Geoff Briggs

Rotary Mentorship Progress





We are fast approaching another Drysdale Rotary Easter Art Show which this year is back in town. Christian College, Drysdale will be the 2012 host of the event.

It's time to give you an update on the two students who were lucky enough to be the recipients of being mentored by two amazing artists. After spending some time with Wayan and Courtney this is what I found out about their time with Jill and Bruno.

Wayan's inspiration for his submission came from friends who saw him painting some canvas shoes that he was doing for himself. Wayan's shoe art was completed with Indian ink and fineliner pen in a 5 hour session one night.



Wayan's work with the mentors has taught him time, patience, that nothing is a mistake and work with other mediums including watercolours. Courtney's family and life experiences inspired her mixed medium self portrait of photos on canvas with acrylic paint. This artwork took about three weeks to complete. Working with the mentors, Courtney has learnt new techniques showing different ways of doing art. Eventually this may lead her to an Arts degree at Uni but leaving doors open, it is still early days yet.

As you can see both students are as diverse as Art itself. We wish them well as they continue. We look forward to seeing their new submission at this coming Easter Art Show.

The Art Show is on Easter Saturday and Sunday. Between now and then in various locations we will be selling Raffle tickets to raise valuable funds for the Andrew Love Cancer Centre, they are only \$1 each. So look out for the Rotary symbol and the smiling Rotarians at a local supermarket near you.



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Tennis Coaching at Clifton Springs Tennis Club

The Clifton Springs Tennis Club offers a professional coaching service for all ages and standards. Coach Mark Hagebols has been head coach at Clifton Springs for over 10 years.

Club profile - Mark Hagebols - Coach Over the years Mark have been involved in local clubs as a player, coach and committee member. These have included Bannockburn, Highton, Grovedale, Geelong Lawn, Wandana Heights and Clifton Springs. Mark is currently heavily involved in Clifton Springs as the Club Coach and as a Committee Member. He has been coaching for fifteen years and the last ten of those have been at Clifton Springs. Coaching sessions are from Monday to Friday at Clifton Springs from 4pm to 7pm and Sunday in Geelong. He caters for all ages from 5 years to adult and all different stages of development. There are a few options for coaching:

- Private and Semi Private Lessons
- Group Lessons (max 4 persons)
- Squads for fitness and practice Match Play.

Mark also delivers a program promoted and supported by Tennis Victoria called MLC Tennis Hot Shots. It is a competition format that is designed to make it fun while learning the fundamentals of tennis.

During the Davis Cup Tie, Mark and his the Clifton Springs juniors were lucky enough to be invited to demonstrate the MLC Hot Shots in front of 4000 people and the tennis world. Twelve up and coming players in the current Clifton Springs MLC Hot Shots Program dressed up in their uniforms and played on the Match Show Court just before Lleyton Hewitt and Chris Guccione played. It was so exciting to be so close to the Australian Team and to meet players like Bernard Tomic and the Australian Team Coach, Patrick Rafter. A day we will always remember!

The MLC Hot Shots:

- Is for 5-10 years old
- Uses low compression tennis balls and modified courts
- Balls are slower which make it easier to play giving more time and control
- Has 3 levels : Red(small crt) Orange (3/4 full crt) Green Balls(full crt)
- Program offers children the chance to be ball boys and girls at the Australian Open through the MLC Ball Kid Program

- Program has a Talent Search Day
- Deliverer organises MLC Challenge Events, Clinics and Camps

To Register for MLC Tennis Hot Shots or any coaching, Mark Hagebols 0416 288 956

COMPETITIONS & SOCIAL TENNIS FOR 2012

NIGHT TENNIS

Monday – Mixed, Tuesday – Mens, Wednesday – Mixed, Thursday – Ladies.

SATURDAY COMPETITIONS Contact – Paul Roberts 0428 201 182

JUNIOR COMPETETIONS Contact – Di Green 0488 109 191

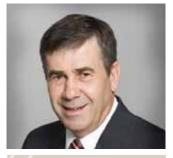
MIDWEEK LADIES Contact – Glenda Callow 5251 2796

COACHING Contact - Mark Hagebols 0416 288 956 Graeme Reid - President



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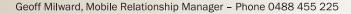
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