



The SpringDale Messenger



ABN 21 404 220 267 Compiled & Published by the SpringDale Neighbourhood Centre Inc.

Volunteer's are Vital



Above: Pierce, Michael (back), Kiri and Sarah
Right top: Colin Right: Lizzie



Above: Barbara and Rayna



Left: Brian

During May we take the opportunity to thank all volunteers, for the thousands of hours per month, that are given to ensure that we have a rich community. Fire Brigade, State Emergency Service, Country Women's Association, Lions, Rotary, sports club Presidents, Secretaries, Treasurers, Coaches, Guide Leaders, Scout Leaders, School helpers, festival volunteers, Community Association office bearers, Potato Shed volunteers, Landcare volunteers, church volunteers, Tax Help and Neighbourhood House volunteers.

Thank you so much for everything you do to support our community. Please take the time to thank each volunteer who helps to make your life more enjoyable and richer because of their efforts.



A way that we are thanking our volunteers at SpringDale is with a **Volunteer of the Month**.

Our first **Volunteer Of The Month** is **Lizzie Iversen**. Lizzie thank you so much for the hours you devote to SpringDale and to other organisations in our community. You are a pleasure to work with. Your integrity is an example to us all.

Thank you to everyone who helps at SpringDale and beyond.

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diary dates

MAY

Thurs 3, Fri 4, Sat 5, Sun 6 May

Entertaining Mr Sloane

POTATO SHED

Saturday 5

SpringDale Harvest Basket

Produce Swap 9am-11am



Friday 11 May

CCP Gig

All ages smoke, drug
and alcohol free event

POTATO SHED

Friday 18 May

Trip on a Cargo Ship
6pm at SpringDale



Desperate Housewives

POTATO SHED

Saturday 19

St James' Trivia night



Saturday 19 – Monday 20 May

LAN-AID

POTATO SHED

Sunday 20

Drysdale market

9am-1pm



Monday 21

SpringDale Business

Breakfast 7am



Robocup. Bellarine

Secondary College

POTATO SHED

Tuesday 22 May

Just Like That

The Tommy Cooper Story

POTATO SHED

Wednesday 23

Adrian Mannix Award night

25 May

Spud Club-Open Mic Night

POTATO SHED

Saturday 26

St James' Open Hall

Day 10am-4pm

Sunday 27

Portarlington market

9am-2pm



COPY DEADLINES JUNE

Tuesday, 1 May 2012

Distribution Saturday, 26 May

Circulation 7000 Copies



Drysdale Clifton Springs Community Association

Wednesday 2 May

at SpringDale Neighbourhood Centre commencing 7pm.
Discussing The Dell and Drysdale Ring Road.

It's all happening at the SpringDale Neighbourhood Centre

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The SpringDale Messenger



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SpringDale Neighbourhood Centre Inc. acknowledges the support of:



GEELONG

Department of Planning
and Community Development

Department of Education
and Early Childhood Development



SpringDale Community Calendar is a SpringDaleNeighbourhood Centre initiative to support the whole community.
If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre

Opening Hours Monday to Friday 9am - 5pm and by appointment.

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Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. **Views** expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



from the centre

Anne Brackley [centre coordinator]



Dear Everyone

Everything is going so well at SpringDale thanks to all our volunteers who so generously give their time and expertise. During May there is Volunteer Week and then Neighbourhood House Week. Please check the website or the notice board for special events each day. Our Adrian Mannix Community Service Award Dinner is on Wednesday, 23 May and it will be our 11th presentation of the award. SpringDale enjoys partnering with the Portarlington/Drysdale Lions Club and the Rotary Club of Drysdale to present this award.

SpringDale has also launched a Volunteer of the Month award and our first recipient is Lizzie Iversen. Our thanks go to

Lizzie for all the time and expertise that she gives to SpringDale and our community. Lizzie is one of approximately 100 volunteers who give their time to SpringDale and our community.

Something new to share with you this month is the uploading of our Pole Walking Group walks onto a reasonably new website called www.walkingmaps.com.au which is sponsored by Vic Health. It is a great site for people to upload favourite walks that they would like to share with others. It is an interactive site and people comment on your walk. You can add photos and descriptions to the walk. This seems like a great site and I have been praising it ever since I saw it. Wouldn't it be great to have hundreds of favourite walks down on the Bellarine.

Last year a feature of our program was wellness, this year it seems to be art, all

sorts of different forms of art. Drawing, Painting, Mosaics, Felting, Singing, Writing and I wonder what will be next. We are going to hold a few Felting Workshops over the next few months so that we have the skills to benefit fully from a world famous felter, Catherine O'Leary's workshop in November 10-12.

The Economic Development Team are back in full swing and we have surveyed many businesses and received many forms from interested community members. We look forward to holding a summit or a "think tank" to enable all ideas to be shared and a plan to be created to help direct Drysdale and Clifton Springs in the way we want it to advance.

I was lucky enough to attend the Association of Neighbourhood Houses and Learning Centres annual conference recently with many of the SpringDale Committee of Management. We learnt a great deal and we were inspired by many attendees – but one of the important facts stated by James MacIsaac, DHS was "High functioning Neighbourhood Houses play a critical role in driving change for the community". That's why, we are working towards an Economic Development Plan and an Artscape plan and assisting on so many other fronts.

It is an exciting time at SpringDale and we look forward to sharing it with you.

Anne Brackley

Coordinator SpringDale Neighbourhood Centre for the whole SpringDale team.



COURSE UPDATE MAY 2012

Pilates

There will not be any classes held from Thursday 24 May - Thursday 7 June inclusive. Classes will resume on Tuesday 12 June and finish with the end of term on June 28.

NEW - Design Basics Course

Enjoy learning to work with your inspiration for visual art forms. Find out how to develop your ideas, select and decide how to gather resources, to plan and to design for art work. You will be introduced to basic elements and principles and guided through the creative process, in methods that can be applied to layout for graphics and to the composition of a broad range of visual art. No previous design experience is needed however the ability to visualise through drawing and to handle cutting and measuring tools will be necessary.

Dates/times: Mon 14 May – Mon 25 June 9.30am – 12.30pm (6 weeks)

Fee: \$65 (ACFE funded)

Expressions of interest

**New Group
Argentine
Tango**

See page 21



Take a trip on a cargo ship

Nan and Brian Bodsworth will take us on an armchair ride, glass of wine or cup of tea in hand, on a cargo ship for a great voyage across the high seas. Nan and Brian have been on 4 different cargo ships and they would love to share their experiences with us as we travel with them through their images.



Friday 18 May 6pm at SpringDale for armchair travel followed by a light supper \$10 – proceeds to the kitchen renovation.

Business Network Breakfast



**Monday, 21 May
starting at 7am**

The next Business breakfast will be held on Monday 21 May starting at 7am.

The Business Breakfasts started in 2005 after requests by a few businesses for a regular get together of business people in Drysdale. We always have a speaker and over the years it has ranged from business mentors to the CEO of Barwon Waste Management.

Our breakfasts compromise of fruit juices, fruit and cereals and yogurt, bacon and eggs, sausage and toast – your choice all provided by our volunteers. Hoping that you might like to come along and enjoy our friendship and meet some other business people to be part of your network.

We would like to invite business owners to the second Business Network Breakfast for 2012 on Monday 21, May at 7am. Business owners come together in a friendly atmosphere and learn from each other and guest speakers. Being part of a strong business network enables you to maximise your results.

Phone SpringDale on (03) 5253 1960 and reserve your place now.



NEWS from Lisa Neville MP Member for Bellarine

Drysdale Village Medical Centre

Congratulations to the owners and staff of the Drysdale Village Medical Centre on the recent move to your terrific new premises. The refurbishment of the former Palmerston Court Nursing Hostel to become a medical centre required an enormous amount of planning and has resulted in an excellent multidisciplinary care clinic for the local community. I am pleased the Federal Government provided a grant to assist with the project and congratulate the Centre for their successful grant application.

Well done to all on having the foresight to see the possibilities for transforming the former nursing hostel into a medical centre to provide expanded services to the growing local community now and into the future.

Bunyip Festival

This year it was Clifton Springs Primary School's turn to host the Bunyip Festival and I am pleased that it was such a successful day. Well done to everyone from both Clifton Springs and Drysdale Primary School communities for so much hard work to organise and present such a great fundraiser for your schools. This event is also well supported by the wider community

and it's great that the schools receive strong local support. I know it has become a much loved event for children from all over the region who look forward to this fun family day every year.

Bellarine Agricultural Show

It was a pleasure to again attend the Bellarine Agricultural Show this year. The weather was great which added to the success of the show that has continued to go from strength to strength. There were added attractions this year including the Australian Year of the Farmer Roadshow and the celebration area on the City of Greater Geelong's theme "Wind Power". I noticed the kids' activity tent was a huge success and was very impressed with the SES and their display of the Jaws of Life equipment. I congratulate the organisers and all those involved in making the show the success it is on the Bellarine events calendar.

Drysdale Sports Precinct

The State Budget is due in the first week of May and so I have raised in Parliament the need for the current Government to fund the Drysdale Sports Precinct. The value of having access to sporting grounds in the local community is well known. This is particularly important for our young people and we know the demand is there in Drysdale. I will continue to push for appropriate funding to make sure the Drysdale community has the sporting precinct it needs and deserves.

Day Out with Thomas

It was fun for all at the Bellarine Peninsula Railway's Day Out With Thomas on the Long Weekend. There were so many excited children arriving to see Thomas,

some of them probably for the first time ever and certainly many returning again to see him again. What a delight to be able to offer this experience on the Bellarine Peninsula and congratulations to all the Bellarine Peninsula Railway's volunteers who put in all the hard work to make this day happen.

Bellarine Community Survey

Thank you to all residents of the Bellarine electorate who have taken the time to fill in the community survey recently posted to you. I appreciate the time you have taken to provide me with feedback about living on the Bellarine. This information is important in determining issues that need attention and highlighting what you, as a community, see as significant today and for the future of the region.

As always, please don't hesitate to contact my office if there are any issues I may be able to assist you with.

Hon Lisa Neville MP
Member for Bellarine
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Years ago

As reported in The Argus on
Wednesday 23 May 1912

Aerogen Gas for Township

DRYSDALE

The aerogen gas plant which has been installed in Drysdale was officially inspected tonight by members of the shire council and other district representatives.

Drysdale is the first town in Australia to install the light under the direct control of the council. Street lamps of 70 candle power have been burning for the past 14 nights between 5.30pm and 11pm at a cost stated to be about one penny per burner per night.



Mayhem at The Shed

May is shaping up to be a great month for community shows and events here at the Potato Shed. From Thursday 3 - Saturday 5 and Sunday 6 Theatre 3triple2 will perform Joe Orton's famous and first play *Entertaining Mr Sloane*. A black comedy which caused considerable scandal on its premiere back in 1964, the play is now a standard of British theatre that continues to shock audiences worldwide. On 11 May, Crash Course Productions will stage an *All Ages* event from 6pm-10pm to celebrate *IDAHO*, the International Day against Homophobia and Transphobia.

On 18 May, why not slip on a sari and come and shimmy and shake with the *Desperate Housewives Bollywood Night!* This performance by everybody's favourite's *The Gems* is bound to be loads of fun as always.

If gaming is more your thing, the 24-hour LAN-sAID charity event on 19 & 20 May promises lots of computer fun for those who can stay awake. The popular Morning Showtime Season continues on 22 May with another British favourite. Tommy Cooper: *Just Like That* is a hilarious look at the life of the British magician and comedian who died in front of millions of TV viewers back in 1984.

Also not to be missed is Spud Club on Friday 25, where you and your friends can take to the spotlight and show off your musical, performing and stand-up talents.

For more information visit:

www.geelongaustralia.com.au/potatoshed

Call us for tickets on (03) 5251 1998

or visit our Facebook page today.

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High Street, Drysdale

Name: _____

Address _____

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Just Like That
The Tommy Cooper Story
Morning Showtime, 22 May, 10.30am
including Morning Tea



COMPETITION CLOSING 3PM THURS 17 MAY

MORNING SHOWTIME

Tuesday 22 May
10.30am

Admission price \$1, includes morning tea



3,4,5,6 May
Entertaining Mr Sloane
Theatre 3triple2
3,4,5 at 8pm
6 at 4pm
Adult - \$22. Conc. - \$18

11 May
CCP Gig
6pm - 10pm
Tix \$10 at the door
All ages smoke, drug
and alcohol free event

18 May
Desperate Housewives
Bollywood Theme
7.30pm. \$20 booking essential
BYO Nibbles and drinks

19 - 20 May
LAN-AID
24 hour computer
gaming meet. \$40
Tix - 0425 378 433 (Jacob)

21 May
Robocup. Bellarine Secondary College
9am - 3pm

22 May
Just Like That
The Tommy Cooper Story
Morning Showtime
10.30am
\$14 including Morning Tea

25 May
Spud Club-Open Mic Night
6.30pm - 8.30pm Juniors
8.30pm - Late - Adults
\$5 entry includes free drink
\$15 (family 4)

Theatre 3222

ENTERTAINING Mr. SLOANE

MAY
3
4
5
6

Joe ORTON 5251 1998 POTATO SHED

Thursday 3, Friday 4, Saturday 5 at 8pm
Sunday 6 at 4pm
Theatre 3triple2

THE GEMS

DESPERATE HOUSEWIVES RIGHT
BOLLYWOOD
STYLE

FRIDAY 18 MAY at 7.30pm
BYO nibbles & drinks
Grab your girlfriends and book a table.
Bookings essential. \$20pp.

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998 Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.



The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998

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SES Opens the Flood Gates

to rescue a trapped person. Can you see yourself doing these things? If the answer is yes then we want to hear from you.

The Victoria State Emergency Service is a volunteer based organisation. The VICSES is the lead agency for Storms, Floods, Tsunamis and Earthquakes. We also assist other agencies such as police and ambulance. In addition the Bellarine SES is one of the units accredited for road crash rescue, as well as responding to calls in our own unit area there are

many times when members can assist other SES units. The Bellarine unit had members assist during the Melbourne Christmas Day storms and the recent floods throughout Victoria. SES members have the opportunity to participate in a range of different training courses including First Aid, OH&S, Road Crash Rescue, Rooftop Safety, Flood Boat training and many more. The recent storms and floods have shown the value of volunteers within the community. Without the tireless efforts of volunteers from VICSES and other agencies many communities would have suffered more damage and heartache than they did. The Bellarine SES is looking for new members who want help out the community and are

willing to respond to calls at all hours of the night and day.

Bellarine Unit Controller Dion Henderson stated "We often struggle to get members who can respond to calls during business hours as a lot of our members work out of the area or cannot leave during work. New members are always welcome and we encourage people to come along and see what the SES is all about".

Anyone who is committed to helping their community and would like more information about joining the Bellarine SES, please contact the Bellarine Unit on 0427 074 029 or bellarine@ses.vic.gov.au.

Neighbourhood Watch - Be safe...always



House Numbers

Is your house number clearly visible from the street?

Your house number should be clearly visible from the street to allow quick identification for emergency services and postal services - consider painting your number on the street kerb.

Teen Drinking Law The Law

It is now against Victorian law to serve alcohol in a private home to anyone under 18, unless their parents have given permission. The law still allows your parents to serve you alcohol at home. Adults who break the law face fines over \$7,000 - the same amount a licensee would be fined for selling alcohol to a minor.

In most circumstances, people under the age of 18 are not allowed to possess or consume alcohol. There are also laws against using or creating false evidence of age documents.

Go to www.responsiblealcohol.vic.gov.au for a full explanation of these laws.

Residential Burglary Preventative Measures

Having your home broken into can be an extremely distressing experience. Many people feel violated with the thought of a stranger going through their personal belongings. However, here are simple and effective measures you can implement to significantly reduce the incidence of burglary at your home. Get to know your neighbours - this is a key element to home safety and security. Report any suspicious behaviour to police at the time on 000.

An overflowing mailbox can be a sign that you are away from your house. If you are away, make sure your mailbox is cleared regularly and you cancel delivery of newspapers. The post office can hold or redirect your mail. A lock on your letterbox can prevent the theft of your mail which can reduce the incidence of Identity Theft - having your personal identity assumed and used by someone else for financial gain.



Rubbish

Don't leave boxes from newly purchased goods on the nature strip. Ensure you shred or destroy all personal information on bills and banking statements before placing in the recycle bin. A rubbish bin left out well after rubbish collection can indicate that you are not home. Ask a trusted neighbour to bring your bin in if you are going away.

Doors and Windows

A security screen door can provide an additional level of security and should comply with Australian Standards. All external doors should be of solid construction and preferably have a solid frames should be sturdy and free from rot.



**Do you visit our website?
The Neighbourhood Watch website
www.nhw.com.au
provides heaps of timely information
for the community.**

**William
Sheahan**

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Attention Year 10-12 Electronic Gamers

Do you want to learn how to create games or have created games already? You are wanted by the Australian Centre for the Moving Image (ACMI). The inaugural 'Hothouse' will focus on creative game development in a creative game studio facilitated by industry representatives and games educators.

There is a criterion that must be met but you never know if you are interested in creating games have a look. For more information and application forms go to www.acmi.net.au/hothouse

You need to hurry because applications close Friday 18 May, 2012.

Drysdale Senior Citizens

Drysdale Seniors provide a wide range of social and leisure activities such as billiards, bingo, cards, gentle exercise and indoor bowls for mature aged people. You are most welcome to visit and make some new friends in the community.

For more details about Drysdale Seniors please phone (03) 5251 2983.

our reader's feedback

Slow Down

I am amazed at how many cars speed around our local streets. Please slow down and keep within the 50kph.

Craig, Clifton Springs.

Smoke Alarm

Thank you for reminding me to change my battery in the smoke alarm. It used to be in the papers and on the radio, but did not hear or see anything this year except in the Messenger.

Linda, Drysdale.

Photocopies

It was great to learn that your Centre does reasonably priced photocopies. I have been going into Geelong but now I have found you, it is much easier and will save me money.

Tegan, Drysdale.

We welcome your comments in this our Readers Feedback column, please email to messenger@springdale.org.au

Neighbourhood House Week



Neighbourhood Houses
The heart of our community

Neighbourhood Houses are known by many different names. These names include Community Houses, Living and Learning Centres, Neighbourhood Centres and Learning Centres.

Whatever the name these places are local organisations that provide social, educational and recreational activities for their communities in a welcoming supportive environment.

Neighbourhood House Week 2012 runs from Monday 7 to Friday 11 May. Come along to Springdale during this week and find out all about this great community asset.

golfing memberships

7 Day Golfing Memberships

31 May, 2012 - 30 June, 2012 - \$115.00

Week Day Membership

31 May, 2012 - 30 June, 2012 - \$85.00

Green Fee Players Welcome

- \$25 for 18 holes

For all golfing and membership enquiries please phone (03) 5251 3391



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* Conditions apply
- not available on all meals.



may
2012

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TUESDAY
PARMI NIGHT \$17.50

WEDNESDAY
STEAK NIGHT \$18.00

OPEN: 12 noon for lunch, and dinner 7 days a week.

For bookings please phone (03) 5251 3391

COME AND ENJOY THE GREAT VIEW, ATMOSPHERE AND DELICIOUS MENU

Adrian Mannix Community Service Awards



Adrian Mannix

The eleventh Adrian Mannix Community Service Award will be presented on Wednesday 23 May at the Portarlington Golf Club. The award celebrates service to our community and allows us to remember a resident

who went out of his way to make the Bellarine a better place.

As a youngster, with various physical disabilities, because of thalidomide, born without feet and only a couple of fingers on one hand, Adrian mastered calligraphy. Adrian stopped cricket balls with his artificial legs. Adrian regularly volunteered to help other people and give to the community.

Over the eleven years more than 50 people have been nominated for this annual award. The process around the award has changed a number of times over the years. The award is now drawn from all the pool of nominees from this year and past years. The award winner receives a cheque for \$500 to go to the organisation of his/her choice. The winner is contacted before the dinner and has a opportunity to invite friends and relatives to be part of their special evening.

It is a great evening with people from Rotary, Lions, SpringDale and the public enjoying a meal and conversation together as we celebrate our community and service performed for us. A pleasant evening with good food and great company. Buy a ticket and come along for the evening.

Adrian Mannix Community Service Award

Adrian Mannix Community Service Award dinner will be held at **Portarlington on Wednesday 23 May 6.30pm for 7pm start**. Tickets are available from the Drysdale Lions, Portarlington Drysdale Rotary and SpringDale, \$25 for a two course meal. All welcome.



Kel's corner

When I was married, I joined the Drysdale Urban Fire Brigade (not Rural as you would be if you were fighting a fire in Mannerim – because we have articulated water). For house fires we would plug the hydrant into the main outside in the street. The Fire Brigade were in charge of making sure the fire plug lid was always visible at night and accessible. Plug inspection. In those days about 1950 the Fire Brigade met in a small tin shed near between the National Bank and Jim Bennett's house. After Jim Bennett died, Bill Nichols lived in the house. Bill had played footy for Drysdale in the early days – he'd returned from being a

prisoner of war in Germany – he had survived because of his experience as a postal worker, which was used by the Germans during his imprisonment. He took over the post office after Burnett after his return.

They asked me to become a member and so I said yes. Part of being a member of the brigade was to keep fit and competent in using the equipment by participating in the Fire Brigade training events and competitions. During the March long weekend and Easter we would travel by steam train in the very early days to go to the distant places like Mildura as the only car we had to go to the competitions was Ces Bennett's. Ces Bennett was captain and Ron Fisher was Lieutenant. We were billeted in homes of people for the meeting. I can

remember staying at Gruter Blink's place all together Brian and Ray Bennett, Brian Gallop, Noel Lennox, Morrie Wilson, Eric Robinson, Ces Bennett, Ron Fisher, Pat Crowe and me – the strongest got to stay in the bed the rest slept on the floor. To get to Mildura we caught a steam train from Geelong to Melbourne, then another steam train from Melbourne to Ballarat and then onto Mildura.

There were about fourteen teams in the night running competition, which was "dry

running" over the winter, Drysdale won a large number of trophies in these competitions. Kel's favourite part of the running was the marshal running – One Man or Two Man marshal running – running with hydrants and hoses but you didn't actually turn on the water (dry running).

The brigade didn't have a "wet running" track and so practised in Collins Street and Princess Street, on the gravel roads until about 1968 when the Fire Brigade built the running track in the Drysdale Recreation Reserve (now shared by the Netball Association). Kel leant his truck so the overhead lights could be picked up in Melbourne from Whelan the Wrecker and had to pretend that we had done the ladder work until we bought a second



Drysdale Firebrigade Headquarters

hand Fire tower from Werribee Fire Brigade. Kel also built a monument to Ron Fisher which is near the track in the Reserve.

Kel is one of the Drysdale Fire Brigade Life Members.

Thanks to the Bellarine Historical Society for supplying one of the photos last month. Lynette Willey supported our article last month with very little notice and we are grateful for her assistance.

Kel Davis and Anne Brackley

Paris? Rome? Venice?
Mexico? Canada? Africa?
New Zealand? Tahiti?
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Carol and the crew at

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Learn to Love Loaf-ing



What could be more a tantalising and wonderful smell than the pervasive aroma of fresh bread baking in the oven? Or those nose-tickling scents of banana bread and bran muffins? What is more soul-satisfying than the nourishment of loaves made from the true grains of the earth? Sadly in all too few homes does this old factory love affair take place. We herewith bring back those loving, loaf-ing days when bread was a treat. Once bread was highly esteemed as a nutritious and wholesome food - the "staff of life," poets called it. "Lady" became a title of respect among the Anglo-Saxons because it meant "giver of the loaf." The Egyptians were proud to be known in the Eastern world as "bread-eaters" - they devised more than fifty different kinds; they offered it in tribute, placed it in their tombs as sustenance in the hereafter and they paid the workers who built eternal

pyramids a daily wage of three loaves of bread plus two jugs of the beer they called "liquid bread." For thousands of years, whole grain bread was the staple food of humble people throughout Europe and there is good reason to believe they were healthier than noble who dined on richer fare.

To appreciate how it came about that bread lost its importance in our lives, we must consider two things-first, the structure of wheat itself, and second, the history of flour milling.

In structure, the grain of wheat consists of concentric layers somewhat like the growth of rings in a tree. Outside are the brown layers containing much indigestible but valuable fibre - the bran. In the centre is the white endosperm which makes up

85 percent of the weight of the grain and contains most of the starch along with the less concentrated protein. At the base of the kernal, barely visible to the naked eye, is the tiny wheat germ or embryo from which a new wheat plant can grow. The wheat germ makes up about 3 percent of the total weight of the grain but is extremely rich in concentrated protein, fat and several of the B vitamins.

In ancient times the milling of wheat meant merely crushing the grains coarsely between two textured stones. Flour made in this way was course-textured and brownish, but it contained all parts of the grain - the bran and vitamin rich wheat germ along with the starchy white endosperm. Today we call it 100 percent extraction flour, no part was discarded or lost in processing.

Banana Date Bread

Yield - 1 loaf

- 2 cups un-bleached white flour
- 1½ tspns baking powder
- ½ tspn baking soda
- ½ tspn cinnamon
- ¾ cup cut, pitted dates
- ⅓ cup boiling water
- 1½ cups mashed, fully ripe bananas
- 1½ cups wheat bran cereal
- ½ cup margarine
- ½ cup undiluted concentrated apple juice
- 2 eggs
- ½ cup coarsely chopped nuts (optional)

Preheat the oven to 180° and oil a loaf tin. Stir together the flour, baking powder, soda and cinnamon. Set aside. In a small mixing bowl, stir together the dates and water.

Cover, let stand 10 minutes. Add mashed bananas and cereal. Let stand 2 to 3 minutes or until cereal is softened. Meanwhile, in a large mixing bowl beat the margarine and apple juice concentrate until well blended. Add the eggs. Mix well. Stir in the cereal mixture, the dry ingredients and the nuts. Spread the batter in the prepared pan and bake 1 hour or when a skewer that is inserted into the centre of the loaf comes out clean. Let cool for 10 minutes before removing from the loaf tin. Cool completely. For easier slicing, wrap tightly and store overnight. Enjoy.



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Beyond the Silver Anniversary: Peninsula Probus boxes on

Next month The Probus Club of the Peninsula completes its twenty-seventh year. Fittingly its silver anniversary was under the care of Noel Lindsay, the local historian.

The year following (2011-12) the departing president was Syd Jackson, noted for his military career. The incoming President Geoff Giddings, recently led a local Christian congregation. If you were to trace back through the clubs history you would find among the Presidents a captain of industry, an academic or two, engineers from various fields' need I go on. The name PROBUS explains the intention of the club – it was set up for retired (or semi-retired) professional or business people. Whether this label still holds I'm not sure, it's no longer an issue, nor should it be. Members have a great range of interests and abilities, and come in all shapes and sizes.

The club operates around a monthly meeting, jocular and informal despite the structure. The meeting gives an account of club activities and has a guest speaker on any subject under the sun. Club activities mainly trips and tours to entertainments and educational outings. Bus tours to the country are carefully planned, whether by train to Warrnambool or bus to the tram boat on the Yarra, with thoughtful arrangements made for lunch and afternoon tea. Prices are kept as low as possible.

Clubs may cater for men or women only or for men and women. There are strong reasons for both styles of club. Which you join depends largely on personal preference. The Probus Club of the Peninsula has about 80 members, of which at least 60 are actively involved. There is room for more members, with a special need for younger men (in your

sixties qualifies, you are classed as younger but under sixty and you're a mere boy)! And there is always an opportunity to lead, indeed there is a need for new leaders to come in and for those who never imagined such a role to discover new horizons in their life.

Those who might be interested are welcome to come as visitors, so simply phone one of the following:
Geoff Giddings (President) (03) 5257 3175,
Peter Hoornweg (Secretary) (03) 5251 3194
or Percy Pyne (Treasurer) (03) 5251 3775.

Meeting Times: **General Meeting**
1st Monday each month at
Drysdale Football Clubrooms
9.15am to 11.30am.

David Kerr, Club Historian

Lions in Action

At their March meeting,

Portarlington/Drysdale Lions renewed their sponsorship of four young disabled swimmers at the Portarlington heated pool. This is the third year of sponsoring swimming lessons for these young people, who need special care in the pool.

Lions helped the Our Women Our Children Committee with their Easter Egg Hunt by handling the car parking. Any funds received by the Lions Club were donated to the Committee's cause.

The Portarlington Neighbourhood House requested assistance in setting up the newly built shed at the rear of their Brown Street premises. A Lions Club sub-committee will meet with the Neighborhood House Coordinator Julie Hyslop to discuss strategies for getting involvement in Men's activities in the new shed. This will not be part of the Men's Shed Australia Association, but a local Men's Activity Facility under the management of the Neighbourhood House Committee.



Children's Charity Network

The Authors in Schools Program is being funded by the Lions Club this year in 4 local Primary Schools in the North Bellarine area. Literary skills and illustrating techniques will be covered in workshops by well known and established authors and illustrators. Previous workshops have been highly successful and the response from Primary School children has been intense. Lions Clubs see literacy is an important topic for young people and an extremely worthwhile Program in which to be involved.

Bunyip Festival Popular

Portarlington/Drysdale Lions were kept busy at the Bunyip Festival with their sausages sizzle. The \$1500 raised will be donated to Drysdale and Clifton Springs Primary Schools.

Peace Poster Competition

Six local Primary Schools will be involved in the Lions International Peace Poster Competition this year. The theme is "Imagine Peace" and is designed to have children all over the world think about World Peace.

Peninsula Probus President (2012-3)



Geoff Giddings
completed the 4-year

degree in theology at Melbourne University in 1978 at the age of 34. His school education reached Form 3 after as his family moved from place to place in the orchard country of Southern New South Wales. He could have stayed longer than the 3 years at Wentworth High but preferred work on the orchard. He moved from job to job, fruit picking among other jobs. His favourite was bread delivery because it began early and was done by midday, hence being kinder to the skin cancer that plagued him from age 17. His first taste of ministry took place in Swan Hill, where as a member of a Pentecostal church he became in time its leader. He then approached the Methodist Church, and upon completing his studies was appointed, in 1979, as Minister of Kaniva Uniting Church. He served at four churches over 30 years, concluding his career with a six year term at Drysdale. When asked why he felt drawn to the ministry he said, "Well, the hours are regular and the pay is good." Somehow I think there was much more to it than that.

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New Lions Branch at Clifton Springs Growing



At their March meeting, the Branch Club set up by Portarlington/Drysdale Lions appointed Joan Cook as Coordinator and Paul Taylor as Secretary/Treasurer. Joan is the wife of Lion Ian Cook, who has years of experience in the Lions organisation and currently is a very active member of Portarlington/Drysdale Lions Club, mainly handling projects with Youth, Primary Schools and conducting the Annual Australia Day Breakfast on the Drysdale Green.

People interested in becoming involved in their community through the new Lions group can contact Membership Officer Lion Alby Rhodes on (03) 5253 2631.

At the Bunyip Festival, five further names with people showing interest were taken and have been invited to the next meeting.

Lions are grateful to Keane's Real Estate for allowing the use of their Meeting Room above their offices. This will be the venue of the Club Branch Meetings until they become fully established.



Have your say

Please participate in the Economic Development Plan.

A number of businesses have participated in the Economic Development Project Survey but we'd love to speak to every business. Please let Anne Brackley know if you have 30 minutes to invest in thinking about the Economic Future of Drysdale Clifton Springs. **Phone 5253 1960 or email coordinator@springdale.org.au**

HELP NEEDED

The SpringDale Messenger

The Serial Acquisitions Department of the State Library of Victoria has requested a copy of all the issues of The SpringDale Messenger. They have requested that they be hard copies (actual issues). We have gone through our archives and have found that we don't have a copy of every issue.

So THIS IS HOW YOU CAN HELP.

Do you have any old copies of **The SpringDale Messenger** that we can have to forward to the State Library? We are looking for issues from December 1991 to February 2009 including: April, May, September, October and December 2009 issues, and the March 2010 issue.

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Heart Week 2012



Heart Week runs from
Sunday 6 May to Saturday 12 May and during this time the **Heart Foundation** will be urging all Australians to learn the warning signs of a heart attack. For free, confidential heart health information go to www.heartfoundation.org.au for all the details. Heart disease is preventable.



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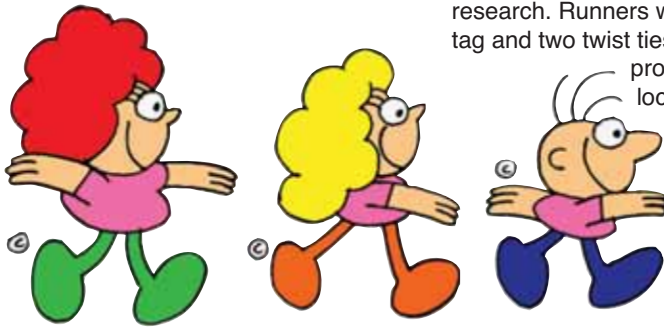
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Mother's Day Classic



On Sunday 13 May 2012, from 7am to 12noon at the Eastern Beach Reserve, Waterfront Geelong the Mother's Day Classic 4km and 8km walk or run, will be held to raise money for breast cancer research. Runners will be given a timing tag and two twist ties and water will be provided at drink stations located on the course.

For safety reasons please do not bring dogs, rollerblades, skateboards or bikes on the course.

However prams are permitted on the course.

The Mother's Day Classic includes lots of extra activities for kids and adults including warm-up aerobics, a food court, entertainment plus a kids activity area with a petting farm and a jumping castle. All participants receive a 2012 medallion, which cleverly converts to a key ring and lanyard. Age category medals and great spot prizes including weekend packages, meals and gift baskets will be given.

For more event information visit
www.mothersdayclassic.com.au or
ring 1300 762 241.

YOGA for backs



Recent studies on lower back pain have quoted yoga as helping to improve symptoms.

Yoga has been used for thousands of years to promote health and many people with back problems have found yoga increases strength and flexibility and relieves pain.

For those interested in yoga classes please contact SpringDale on (03) 5253 1960.

World Asthma Day May 1

World Asthma Day takes place each year on the first Tuesday in May. Initiated by the Global Initiative for Asthma in 1998, the National Asthma Council Australia embraces World Asthma Day and marks the occasion to highlight the need for ongoing care and vigilance in managing asthma.

Visit www.nationalasthma.org.au or phone 1800 032 495.



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Mothers Day

Mothers Day, Sunday 13 May, is the annual celebration of mothers and the hard work they do. Make a difference in her day and let her know that you care. Give her a hug, a bunch of flowers or breakfast in bed to show your appreciation.

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The Book Club - *The Help*

On Monday 2 April, the Book Club met to discuss Kathryn Stockett's *The Help*. As this book is extremely popular since the release of the movie, some of the group had not been able to obtain a copy. Some had down-loaded it and others had resorted to watching the film as an alternative. This made for an interesting discussion and comparison between the book and the film.



between the children and their black carers was intimate and loving, the relationship between these women and their employers was mostly very different.

Kathryn Stockett was born and raised in Jackson, Mississippi but chose to write about a time before she was born. This is well written and a fascinating insight into the racial divide of the times. One member of our group had noted that this book

Skeeter returns to her hometown from university and finds that her maid Constantine has disappeared and explanations are not forthcoming. When Skeeter, who wishes to become a journalist, finds a job on the local newspaper writing a column which gives readers answers to their house-keeping problems, she needs the help of Aibileen whose area of expertise this is. Skeeter's eyes are opened to a situation that she has never really seen before and the idea of telling a story from the aspect of a black woman working in a white world is born.

Black women were employed in every white household of social standing and these maids worked as cooks, cleaners and child-minders. While the relationship

was rejected more than 60 times before being finally published and there was discussion about why this might be so. There are a few small errors for the pedantic reader to note, but generally, this first novel for a young writer is a huge success and even the harshest critics in our group rated it nine out of ten.

The book to be discussed at our May meeting is *A Visit from the Goon Squad* by Jennifer Egan and in June, it will be Tamara Mckinley's *Dreamscapes*.



Author

Kathryn Stockett

Our meetings at SpringDale on the first Monday of each month at 7.30pm are informal and new members are always very welcome. For more details, contact the SpringDale Centre on (03) 5253 1960.

New residents

Are you new to the area or is your neighbour new to the area? We would like to invite you or you and your neighbour to join us, the 'Friendly Cuppa and Chat Group' that meet at 10.30am on the 4th Monday of the month at SpringDale Neighbourhood Centre. You will be met by ladies and gentlemen who have a wealth of knowledge of this area that spans 6.6 decades to the present time, to share with you. As well as

personal anecdotes and experiences to share they have literature and welcome packs to present you with that will introduce you to the attractions and facilities that are available on the Bellarine. All of this will be given to you over a welcoming cuppa of tea or coffee and morning tea.

This group was started by Eileen Bain, after some discussion with Anne Brackley, when she moved into the area in 2010. They both agreed that a group like this would help newcomers transition into their new hometown easier. The group is open to people of all ages; they may even have information about clubs and activities for children, teens and adults of all ages, their parents, grandparents and great grandparents. All are welcome. If you are a resident of our area and would like to share your knowledge and be part of the welcoming team, please come.

For more information, email office@springdale.org.au headed 'Attn: Eileen Bain' or ring SpringDale office on (03) 5253 1960.

Welcome to... Bellarine Peninsula Christian Church

Service 10am every Sunday at the Senior Citizens Hall, Village Green, Drysdale.
Other meetings during the week.
Pastors David & Carla Evans
Enquiries please phone (03) 5251 3440



Declaring Jesus Christ as Lord.
This church is a member of the Crosslink Christian Network

Combined Probud Club of Clifton Springs/Drysdale

Modern technology and BBQ's, crafty ladies and clever men



Last month Duane Dalton of Telstra gave us an insight into the modern technology of i-units, 3G, 4G etc, after which we enjoyed our autumn BBQ under the tree at the Springs.

This month we have our annual Crafty Ladies and Clever Men show and tell of their handiwork, always a popular meeting, to be held on 14 May. Our Caravan and Cabin Friends were off to Cobram last month and a report will follow in the next Messenger. Our Trips and Tours Friends have other outings planned following their recent successful trips to Jirahlinga and the Geelong Footy Club.

Our regular meetings are held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month. We are a combined Club for ladies and gents, and visitors and prospective members, singles and couples, are welcomed at all our meetings and activities.

We are wanting to increase our membership, so come along and check us out. Please contact Dorothy on (03) 5251 3702 for further information.

Observing the 6 June, 2012 Transit of Venus from Australia

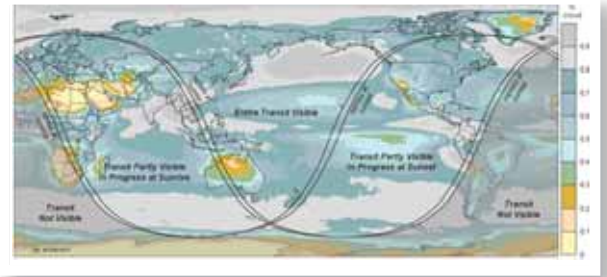
Visit <http://www.joe-cali.com/eclipses/PLANNING/ToV2012p/2012TransitOfVenus.html>



venus

Transit visibility is provided by Fred Espenak in this cloud map by Jay Anderson. The chart at right shows the average June afternoon cloud cover in percent. Data were extracted from satellite imagery acquired between 1982 and 2007 and have a resolution of 0.5° in latitude and longitude. Cloud amounts should be used with caution, as satellite observations are subject to many biases; relative cloudiness is more reliable than the absolute cloud percentages.

Northern Australia is the best site for viewing the entire transit. Excellent sites for viewing a partial transit can be found in the southwestern USA, the Middle East, and Madagascar.



Thank you for bringing this important event to our attention

A transit of Venus is one of the rarest of all astronomical events. It occurs when the orbit of the planet Venus take it between the Earth and the Sun.

Our generation is very fortunate to have two such transits occur in our time. My grandparents, born between 1901 and 1910 never saw a Venus transit in their lifetimes. The last transit was in December 2004, the next on June 5th/6th, 2012. Transits don't occur every 8 years. They occur in pairs separated

by 8 years with more than a century gap separating each 8 year pair. The next pair of Venus transits occur over a century from now on 2117 Dec 11 and 2125 Dec 08. The last pair were in 1874 and 1882 and the pair before that were in 1761 and 1769. Observing and timing the 1769 transit was the main reason that Captain Cook and Charles Green were appointed by the Royal Society to travel to Tahiti in 1769 (see sketch).



Drysdale & Clifton Springs Community Association Inc.

Budget bids

DCSCA is preparing a list of items that it would like to see in the City of Greater Geelong's budget for next year (2012-2013) and we'd like to hear from anyone with ideas for projects. The present (2011-2012) budget includes funds for another netball court at the Drysdale Reserve and for a Beacon Point Master Plan, plus funds to start implementing the Lake Lorne Master Plan. Each of those projects has started, but the creation of a Bellarine Lookout - also funded - has stalled.

Jetty Road

- safety first or second?

DCSCA has shown CoGG engineers that the design of the new shared footpath along Jetty Road's western side poses risks to pedestrians and cyclists. For example, where Jetty Road crosses Griggs Creek - already a dangerous bottleneck - the path narrows from 2.5m to 1.5m; and the path is bordered by open drains into which anyone could fall. Engineers are supervising the path's creation, but you don't need an engineering qualification to spot a dangerous hole in the ground! DCSCA's Doug Carson outlined DCSCA's work on this issue to the Clifton Springs Primary School Council, which is concerned about the risks to its students and, indeed, to anyone using that path.

Greening The Dell

DCSCA has convened a working group to design and deliver the re-vegetation of the area around The Dell's new Lookout. The working group includes representatives of the Dept of Sustainability & Environment, Bellarine Landcare, Bellarine Catchment Network, Greening Australia and the City of Greater Geelong. The group is planning an 'away day' at The Dell, when local school students will learn how the re-vegetation project will take account of the area's indigenous plants and animals. The project is funded by the \$15,000 grant that DCSCA has received from the Commonwealth Government's Caring for our Country program. DCSCA participated actively in designing the signage at the new Lookout and the re-vegetation project will complete the process of making the area an attractive amenity for residents and visitors alike.

Contacting DCSCA: PO Box 581,
Drysdale, Vic. 3222; or
dryclift@bigpond.com

For up-to-date news, please visit
DCSCA's blog -
drycliftdays.blogspot.com/

Patrick Hughes,
DCSCA Secretary



Barwon Community Legal Service

Barwon Community Legal Service invites service providers and community workers to a FREE information session. This is an opportunity for new and existing workers to explore legal issues that affect your clients and members of our community. Thursday 17 May 2012, 10.45am to 3.30pm at Centenary Hall, 1-15 Cox Road, Norlane.

For further information, contact
Jillian Chapman on 1300 430 599.



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time for beans

Who says vegies can't be ornamental?

This is a good time of year to sow broad beans. You can wait until the spring, but beans which are sown now will be hardier and less appetising to bugs when the weather starts to warm again. These will be big plants come spring, so choose a spot where they won't shade out lower-

growing plants. Broad beans enjoy plenty of organic matter, so dig in a couple of buckets of compost (not manure) per square metre before you sow them. Sowing broad beans is easy: poke them into the soil to a depth of about 8cm, cover and water in. There is no need to water again until the seedlings emerge. Protect the seedlings against slugs and snails. When the stalks get over 50cm tall, protect them against wind damage. People have all kinds of creative solutions for that – I'll leave it to your ingenuity!

Like other legumes, broad beans extract nitrogen from the air. A symbiotic fungus in the soil helps them to do this. It's a fascinating subject, but I won't go into more detail here. The main thing is, they don't need high-nitrogen liquid fertilisers or chook manure. You'll end up with a lot of leaf and not much bean. What broadies do need is potassium to create plentiful flowers and bean pods, so give them a side dressing of sulphate of potash powder as soon as they're up



Top: Crimson Beans

and growing strongly, and regular fortnightly waterings with dissolved sulphate of potash as soon as they start to flower.

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Legumes store nitrogen in little white nodules on their roots. That's plant food for your next crop of vegies, so don't pull out the beans when they're done. Instead, chop them off just above ground level and leave the roots to break down in the ground. Different varieties of broad bean vary considerably in the size and taste of the bean. It's a matter of personal preference, but I reckon you can't go past Aquadulce for taste, though the crimson-flowered varieties are prettier.

More gardening info in our
Drysedale Harvest Basket blog.
Go to
www.drysdaleharvestbasket.org
and follow the link.

International Composting Awareness Week

is a week of activities, events and publicity to improve awareness about the importance of this valuable organic resource and to promote compost use, knowledge and products.



International Composting Awareness Week 7-12 May
www.compostweek.com.au



SpringDale actively supports sustainability initiatives.

Farm Day



Farmers are opening their properties this year for **Farm Day** on **26 & 27 May**. Last year 400 farms including dairy, horticulture and grain, showed city people to understand more about rural life. Visit www.farmday.com.au for all the information you require if you wish your family to partake in this event.

WIN THIS BEAUTIFUL GARDENING BOOK

Learn all about the basics of successful edible gardening – from climate, soil and propagation to pests and diseases, crop rotation and organic gardening. Full of tips, step-by-step gardening techniques and fascinating historical background, *Harvest* is your definitive guide to growing your own delicious produce.



Harvest - A Complete Guide to the Edible Winner of the Horticultural Media Associations Silver Laurel Award for Best Gardening Book.



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National Trust award on our doorstep



St James' Church Hall - Drysdale

St James' Church Hall has just been selected to receive a Heritage Award as part of the National Trust Heritage Festival 2012 and the team behind this refurbishment are thrilled and honoured by this recognition.

Many thought the old Hall should have been demolished and it would certainly have been much cheaper to start from scratch, but their determination has paid off and this award recognises those in the community who have demonstrated excellence in retention, restoration and reuse of heritage places and appropriate new work in a heritage area.

This project would not have been possible without finance from the following

organisations and sincere thanks are extended to them for their generous support: a Community Infrastructure grant of \$235,000 from the Department of Planning and Community Development and a Heritage Victoria grant of \$50,000 (both State – Victoria); two Councillor Community Grants of \$2,420 each, for kitchen equipment, from the funds of COGG Councillors, Rod Macdonald and John Doull and a gift of \$3,000 from the Bendigo Community Enterprise

Financed with generous donations.



Pauline Cline

Foundation in partnership with the Bellarine Peninsula Community Bank to purchase meeting room chairs.

Heritage places are an integral part of our community and these

awards help to promote and conserve our wonderful old buildings.

It's (H)all happening

Funeral Plans

Free Information and Practical Advice

Community Relations Officer, Alyson Burchell will provide local information and practical advice about funeral planning, funeral service options and local cemeteries.

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St James' Hall in Collins Street, Drysdale is now available for hire. Hall bookings commenced on 16 April and to publicise the beautiful transformation that has taken place, St James' is holding an Open Day in the Hall on Saturday 26 May, 10-4. You are all invited to come and look around – there will be craft and cakes, preserves and provisions on sale and delicious refreshments available.

Don't miss out. St James' Hall Booking enquiries: 0468 381 529.

St James' still needs to raise the final \$100,000, so there will be one of their well supported **Trivia Nights on Saturday, 19 May**, generously hosted by Clifton Springs Bowls Club, Springs Street (opposite Clifton Springs Golf Club) with doors open at 6.30pm for a 7pm start. Tea/coffee/slices will be provided during the interval, plus a fun raffle and drinks from the Bar (bring your own supper but no BYO drinks).

Tickets \$10, (teams of 8 max) available from SpringDale or from Pauline Cline (03) 5253 2717. Book early for Trivia on Saturday, 19 May.

Another fundraiser for St James' Hall will be a mid year Secondhand Book Sale in the Hall itself over the Queen's Birthday weekend, with refreshments available - all the books on offer are newly donated.

As usual they will be categorised and individually priced with many bargains to be found and with a special children's section providing low tables and seating. But more stock is always needed so if you have books or good quality magazines to donate, (excluding text books or encyclopaedias) please ring any of the following below and they will gladly collect.

**Dorothy and Robin (03) 5251 3702
Pat and John (03) 5253 2322,
Tom and Betty (03) 5251 2594,
Kevin and Bev (03) 5253 2470,
Graham and Gwen (03) 5253 1230.**

Books can also be left under cover outside the door of the Parish Office (opposite the door to St James' Church). **Mid year Book Sale: 9am–10am June, Sat 9am-5am, Sun 10am-4pm.** Free entry, all ability access. The Parishioners have been tireless in their fundraising activities and there has been tremendous support for this project from the whole community, so St James' extends a big Thank you to all who have contributed.

St James' looks forward to welcoming you to our newly refurbished Hall complex, Saturday May 26, 10am-4pm. Come and have a sticky beak and a sticky cake!

Doing our bit for Charity

The Drysdale Primary School community has been very busy of late raising funds for some very worthy causes. Late last year, Grade 3 student Millie Stannard addressed the school and asked for all of their loose change to send to Timor to help provide for the local orphaned children. She enlisted the help of other Grade 3 students to head around the school each day to collect loose change from staff and students. Millie recently took the change with Sarah Skeene into the Newcomb NAB bank to make use of their coin counting machine. When the girls arrived wheeling the coins on a trolley, the staff were a little nervous as the machine had never been used for so much money in one transaction! The girls busily fed the coins into the machine and watched in delight as the total amount kept on building. The excitement rubbed off on a number of other customers who were waiting in the bank and they generously donated some of their own loose change. The final amount was a little short of Millie and Sarah's prediction of \$1250. Sensing their disappointment, NAB customer Laurie Blick decided to chip in some coins to get the girls to their



total. The \$1253.20 raised by Millie, has now been sent to Timor.

In another fundraising initiative, Prep teacher Mrs Tara Van Winckel, Grade 6 student Adam Monaghan and Grade 1



student Angus Parnell all took the brave step to participate in the World's Greatest Shave. The school held a Crazy Hair Day with staff and students arriving in a colourful assortment of hairstyles, wigs and hats. Through gold coin donations, the school raised over \$550, which was combined with the \$3000 Tara has already raised through her network of family and friends to be donated to the Leukaemia Foundation. In total, over \$4000 was raised by the three brave participants. The big shave occurred at Assembly in front of the whole school and was such a success, it even rated a mention on Neil Mitchell's radio show.

We are very proud of the members of our school who have willingly devoted so much time and effort in raising valuable funds for some extremely worthwhile causes.

Country Women's Association Vic. Inc. Drysdale Branch Serving The Community Since 1948

Welcome to Country Women's Association Vic. Inc. DRYSDALE BRANCH.

The Country Women's Association of Australia Inc. was formed in 1922 in New South Wales. The Country Women's Association of Victoria Inc. was established in March 1928. In its early years influential women travelled the State, gathering in new members and starting Branches. Women were hungry for companionship and new skills. While the emphasis has changed as the years have flown, this is still essentially what the Association can offer to both country and city women. Drysdale Branch was established in March 1948 and at present has 43 active members who meet in the Community Rooms at the Clifton Springs Golf Club on the second Tuesday of each month at 1p.m. Special Craft Day the fourth Tuesday 11a.m. to 3p.m.

We are very aware of the tremendous growth in our community numbers in recent years including women of all ages and interests and now offer the opportunity of establishing an "Evening Group" to cater for all aspects of time schedules and interests.



The CWA Inc. is a non-party political and non-sectarian organization for women of all ages, that promotes a progressive and vibrant association, meeting needs in a caring and responsive manner, offering opportunities for friendship, sharing skills, personal growth, leadership and the pursuit of key social issues.

Various fund raising activities are held during the year. The funds raised by these activities are distributed among a number of local "Not For Profit Organizations" ranging from schools to S.E.S. and C.F.A. Goods are also made and donated to Geelong Hospital, Cottage By the Sea etc.

If you are interested please fill in the form below and drop it into the box at "Giftwrapped" opposite Safeway Checkouts Drysdale.

**Or call Shirley 5253 2757
Joy 5251 3696 Dorothy 5251 3702**



I am interested in Drysdale CWA

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Meeting Time: Afternoon or
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Geelong Parkinson Support Group

We are lucky to have Harold Waldron as the Group Leader for the last 25 years of the Parkinson Support Group, Geelong and district. Harold has been part of the group since it started 30 years ago and 25 of those as group leader.

The Support Group caters for Parkinson's carers neighbours and any interested persons who attend the regular monthly meetings. They are from 2pm – 4pm at the Barwon Community Health Centre, 104 – 108 Bellarine Highway, Newcomb, on the last Friday of each month. Three hours free parking is available at the site. Guest speakers are present at most meetings.

Parkinson's Disease is a disability disease, but with correct levels of medication and a positive attitude you can still enjoy life. Harold receives calls from recently diagnosed people and the conversation usually goes something like: "Do you play tennis, do you play golf, what's your handicap?"

Did you play last week, why aren't you going to play this week?

Do what you enjoy. My wife lived with Parkinson's, and me for 30 years after diagnosis.

We understand the difficulties that can arise and we're always there for you. We're a friendly group and everyone is always welcome."

Harold supports Parkinson

Harold Waldron is a SpringDale Group leader, 2010 Adrian Mannix Award winner and worthy recipient of the 2007 Sir Zelman Cowen Award for outstanding voluntary service

to the Parkinson's community. Harold has led the Geelong Support Group for the past 30 years and is still going strong.

Parkinson's disease is a degenerative disorder of the central nervous system. Early in the course of the disease, the most obvious symptoms are movement-related; these include shaking, rigidity, slowness of movement



Harold Waldron



and difficulty with walking and gait. Later, cognitive and behavioural problems may arise, with dementia commonly occurring in the advanced stages of the disease.

Sir Zelman Cowen, a brilliant Rhodes scholar and ex Governor-General, was diagnosed with Parkinson's at the age of 76, and became a great supporter of Parkinson's Victoria.

In November last year, the Geelong Parkinson's Support Group and the Ringwood Parkinson's Support Group both celebrated their 30th birthday and these two groups are the longest running Parkinson's Support Groups in Victoria. Geelong Parkinson's Support Group Leader Harold Waldron does the honours cutting the group's 30th Anniversary cake.

If you would like to know more about this group please contact Harold on 0417 549 437.

My First Six Months with the Drysdale Singers

Poem incomplete - you may call into SpringDale to read the completion of this delightful poem.



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When I was asked me to come down to the Drysdale Singers and join the Choir, I thought, I'm untrained, I can't sight read, and as a singer I didn't aspire.

On the first day I was so nervous that I headed for a back row seat, so as not to be heard or seen,

But Gerald had other ideas, he moved me right up the front to help me, or was he just being mean?

At first I wasn't quite sure if I'd stay or not, or maybe to something else I'd switch, But it didn't take me long to realize that by joining this choir, I'd really found my niche.

Gerald has officiated as the conductor of the Drysdale Singers for many years, He has a lot of organization to carry out behind the scenes, and is ably supported by his peers. He makes sure that each program is evenly balanced with a varied repertoire of choices, Spirituals, songs of praise, show stoppers and Classics to test the choir's voices.

Gerald is a perfectionist and he works hard to make each item sound as harmonious as it can be, So after many repetitious adjustments and final touches, a perfect performance he's ready to see.

Gerald is a stickler for punctuality and he hates to start late,

When we take a while to settle down, he gets a bit edgy and works himself into a state.

After our holidays we were rudely talking too much, while poor Gerald was standing on the podium waiting to begin,

So he took out his whistle and blew it loudly, and we all nearly jumped out of our skin.

One of our friendly, competent conductors is the lovely Rhena,

She is always bright and cheery, and nobody could be keener.

Before singing she likes us all to be happy, and to look like we're enjoying ourselves with a big smile on our face,

To take a deep breath, sitting up straight not slumped down, have eye contact and our frowns we must erase.

Rhena usually chooses a selection of comedy pieces with clever lyrics and a lot of frivolity,

We enjoy singing these and it's all light hearted fun, but doesn't detract from the quality.

However her choice of, 'Look at My Impeccable Husband'. a French bawdy conversation piece, has caused quite a stir,

And this decision has made keeping control of some choir members very difficult for her.

One afternoon, the middle sopranos tittered and gave saucy giggles, I must admit the words are slightly risqué,

So Rhena has to chastise them with a wry smile, tongue in cheek, flay.

Molly Collyer



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SPORT

AUS KICK

The 2012 AFL season is now upon us and in conjunction with NAB the Auskick programme is now in full swing. The 2012 Auskick Clinic for Drysdale is run every Sunday from 9.30am to 11am at the Drysdale Primary School oval.

In 2011 we had just over 130 local children participate from the local area from Drysdale, Clifton Springs, and St. Leonards. Off the back of what was a very successful year we expect numbers this year to be higher.

Children whom turn 5 years old this year up to grade 3 and 4's can participate.



We encourage parents to register their children for the 2012 Auskick Clinic at www.aflauskick.com.au

The Auskick Programme offers so much more than just knowing how to kick a footy. The Clinic is all about having fun, learning new skills, respecting fellow players and parents and last of all giving our kids a healthy lifestyle.

If you would like to know more about the local clinic or have any questions please feel free to contact the Auskick Coordinator for Drysdale Callum Cormack 0412 214 248.

SpringDale Pole Walking



Many members keen to improve their level of fitness walk each Monday morning. We have ten different routes, some quite interesting and it is a good way to start the week. Our Thursday evening walks proved successful while daylight saving was on and will continue when daylight saving commences later in the year. Pole Walking has much more benefits than ordinary walking. It activates 90% of the body's muscles and gives 20 to 25% greater cardio fitness benefit than regular walking. All welcome to give it a try. **Please contact SpringDale or Harold Waldron on (03) 5259 3134 or 0417 549 437.**

Argentine Tango *Exciting news*

Argentine tango lessons are coming to Drysdale soon. Come along and tango the winter blues away. If you can walk you can tango. No partner necessary, suitable for everyone, learn to focus your mind and strengthen your core balance. Be taught by a friendly teacher, dance to wonderful tango music and release your soul. Get those feet moving and you will notice the general improvement to your health. Lessons are \$8.00, 7pm – 9pm on a Tuesday evening, commencing June.

Interested beginners, please contact SpringDale to register and we will contact you with further details. Come on blokes – it's easier than you think and a great way to meet people and make new friends.



Coryule Chorus in Concert



The Coryule Chorus will present a concert for the residents of The Bellarine on Sunday June 3 at 2.00pm in the SpringDale Hall. Gold coin donation. This local choir rehearses weekly at the Drysdale Senior Citizens Hall and has been preparing for a busy 2012 concert season. In May the Chorus will be workshoping the varied program of Celtic songs, musical comedy, some old favourites and contemporary 4 part choral music with Choir maestro Faye

Dumont, in preparation for several public performances including the Celtic Festival in June and this Pleasant Sunday Afternoon Concert at Springdale

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SPORT

Clifton Springs Tennis Club



Club Championships

What a great turnout we had for our club championships this year. This was the first occasion that we have held the championships as a twilight event, finishing with the A grade Mens final under lights. It was very well attended and a credit to Paul and Joan Roberts for their efforts in organising the day. Our champions for 2012 are as follows:

- A Mens - Greg Luke
- A Ladies - Tess Havelberg
- B Mens - Neil McGuinness
- B Ladies - Sharon Reid

Trivia Night at Golf Club

In March we held our trivia night at the Clifton Springs Golf Club, who are one of our major sponsors. We had over 120 participants, with a good mixture of club members and locals in attendance. The trivia night was hosted by Odd Sox Trivia, who did an excellent job and we would recommend their services for such fundraising efforts. There was a huge range of prizes, auctions and raffles with the highlight being a signed cats football jumper auction at the end of the night. Thank you to all the local businesses who supported the evening.



Above: Peter Van Wyk accepts his Life Membership
Left: Club champions 2012 Sharon Reid, Greg Luke, Tess Havelberg, Neil McGuinness

Life Membership - Peter Van Wyk

At the trivia night, club stalwart Peter Van Wyk was honoured with Life Membership of the Clifton Springs Tennis Club. Peter joined our club in 1989 and has held positions such as Junior rep, Senior rep, Secretary and President, along with continually playing for our club. Under Peters Presidency, our new floodlit artificial courts were built. Congratulations Peter on a well deserved honour.

New Gold Sponsor

Welcome to Mortimer Petroleum as a new gold sponsor of our club. Thank you to Kristine and staff for being part of our rapidly growing community organisation. The Clifton Springs Tennis Club places a high value on the long term relationships with all of our sponsors and we promote their services at every opportunity.

Graeme Reid
President



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SPORT

The Bellarine Sharks Soccer Club run another successful Bellarine Cup



Above: The Barwon Heads, Winning Mens and Womens Club Teams

As part of Cultural Diversity week this year the Soccer Clubs on the Bellarine Peninsula competed in the Bellarine Cup on Sunday 25 March. The Bellarine Cup is a preseason round robin competition between the local soccer clubs of Surfside Waves (Ocean Grove), Bellarine Sharks (St Leonards), Surfcoast S.C. (Torquay) and Barwon Heads S.C. Each club was invited to enter a team of Men and a team of Women to represent their club. It is a handicap event with the larger clubs with more senior teams in the normal home and away season giving up handicap goals to the smaller clubs with less senior teams. The winning team is the one which accumulates the most goals as an aggregate from both their men's and women's teams less their handicap. Last year the result came down to the very last goal of the day by Ocean Grove who took out the inaugural cup over their Bellarine Shark rivals.

The Cup was held at Howard Glover Reserve in Geelong's Eastern Gardens. The round robin competition was played out over 12 games on the day. A well stocked canteen and sausage sizzle ensured a great days entertainment.

The results on the day were as follows, Womens Cup (Sponsored by Warrailly Coast) was won by Barwon Heads (3 points) second Bellarine Sharks. Mens Cup (Sponsored by Anytime Fitness) was won by Barwon Heads (net 5 points) second Bellarine Sharks (4 points). Therefore the Bellarine Cup (an aggregate Mens and Womens Club event Sponsored by Bella Tiles) was clearly won by Barwon Heads (8 points) with Bellarine Sharks as runners up (4 points).

Murray Hall

President of the Bellarine Sharks and instigator of the event

RSPCA Million Paws Walk



The RSPCA invite you and your pooch to join in the RSPCA Million Paws Walk to be held at the Eastern Gardens at 10am on Sunday 20 May. It is set to be a fantastic day for the family and your pet including pet advice, displays, dog competitions, demonstrations, BBQ, food and prizes. The picturesque 2km walk will be around the Eastern Gardens Circuit, so grab your lead, attach your pooch and come along. Funds raised through the walk will go towards RSPCA programs, adoption, veterinary services and campaigns. The RSPCA investigates more than 50,000 of animal cruelty or neglect each year.

Visit www.millionpawswalk.com.au/ for further information.

Drysdale Hawks



With footy now in full swing you can enjoy a great day out and support your local team.

Round 5 for the Hawks is home against Geelong Amateur on 5 May, Round 6 is away against Queenscliff on 12 May and Round 7 is home against Newcomb Power on 19 May.

Bellarine Fly Fishing Association

Fly fishing is an angling method in which an artificial fly is used to catch a fish. The Bellarine Fly Fishing Association meets on the first Monday of each month at the Bellarine Secondary College at 7.30pm.

Any person interested in finding out more should contact Tony on 0409 545 929.

Have you ever considered playing BOWLS or CROQUET

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