

The 2013 Festival of Glass – more exhibitors and more diversity



Brenda Page from Blue Dog Glass demonstrating her designs.

Photography Lyn Ingles

The third **Festival of Glass** will be bigger and more diverse than ever.

Glass Expo

Seventy sites displaying a greater diversity of glass art, craft and industry than ever before. Exhibitors from across Victoria, from Queensland and – our first international exhibitor – from Denmark! **Sunday February 17, 10am to 4pm** at the **Bellarine Secondary College Sports Centre in Peninsula Drive, Drysdale** and there is **Free Admission**.

- Grand raffle for over twenty pieces of exhibitors' glass art and craft as prizes
- Cash-prize competition for the best piece of glass art or craft
- Bottleneck guitar concert with Alister Turril and his band; includes an auction for prized pieces of collectible glass.
- Saturday February 16, Harvester Moon restaurant**
- Classes in glass arts and crafts by exhibitors
- Better ventilation! Last year's Festival happened on an especially hot day; at this year's glass Expo, *fans of the Festival will be cooled by Festival fans.*

David Smith
pointing out the
intricacies of a
torpedo bottle.



Geoffrey Edwards, Curator of the Geelong Museum, who officially opened the Festival of Glass 2012.

Opportunities for local business

The 2013 **Festival of Glass** can boost local business. The glass Expo is likely to attract several thousand people to Drysdale, many of whom will also visit the Drysdale Market on the same day and the Bellarine Peninsula Railway. Local businesses open on the day of the 2012 festival had major increases in sales from the 6,500 festival visitors. Some local businesses are preparing already for the 2013 **Festival of Glass** – contact the festival committee if you want to be part of the action.



More news on the Festival of Glass on pages 8 & 9 this issue

What's on - February 2013

Saturday

2

Harvest Basket Produce Swap
9am-11am SpringDale

Tuesday

12

Pancake Day - Shrove Tuesday

Thursday

14

Valentine's Day

Saturday

16

Bottleneck Guitar Evening with Alister Turill
and his band at Ha rvester Moon restaurant

Sunday

17

Festival of Glass
Drysdale Market 9am - 1pm



Saturday

23

Class Clowns - Potato Shed

Sunday

24

Portarlington Market 9am - 2pm

Monday

25

SpringDale Business
Network Breakfast 7am



Tuesday

26

It's My Party And I Will Die If I Want To - Potato Shed

Wednesday

27

Rainbow Fairies - Potato Shed

Events

DonateLife Week

Sunday 24 February to Sunday 3 March

Walk and Talk Organ Donation

Sunday 24 February, 9am - 11am

World Cancer Day

Monday 4 February

Ovarian Cancer Awareness

All of February

2013 Australian International Airshow

Friday 1 to Sunday 3 March 2013.

Clean Up Australia Day

Sunday 3 March

Deadlines 2013

March Issue

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It's all about your business

The 2013 Festival of Glass
- more exhibitors and more diversity.

The third Festival of Glass will be bigger and more diverse than ever.

Glass Expo
Recently also displaying a greater diversity of glass art, craft and industry than ever before. Exhibitors from across Victoria from Queensland and our first international exhibitor - from Queensland. **Friday 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31 March** (subject to change). **Friday 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31 March** (subject to change). **Drysdale and from 11am to 5pm.**

Opportunities for local business
The 2013 Festival of Glass will have local business opportunities. The glass Expo will be to attract several thousand people to Drysdale. Many of these will be from the Drysdale Market on the same day and the **Biggest Peninsula Market**. Local businesses open on the day of the Festival and local major retailers in the town from the 17th to the 24th. Some local businesses are preparing already for the 2013 Festival of Glass - expect the Festival committee if you want to be part of the action!

More news on the Festival of Glass on pages 6 & 9 this issue
www.springdale.org.au

Support your local magazine
The SpringDale Messenger
and reach over 7000 homes each month in Drysdale, Clifton Springs, Portarlington, Indented Heads and St Leonards.

For more information call (03) 5253 1960.

SpringDale Neighbourhood Centre Inc. acknowledges the support of:



SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.
If you wish to place your event in the calendar and further issues of **The SpringDale Messenger** please email, write or call the event details to our office.

SpringDale Neighbourhood Centre
Opening Hours **Monday to Friday 9am - 5pm** and by appointment.

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Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. **Views** expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



from the centre

Anne Brackley [centre coordinator]



Wellness is at the heart of everything we do at SpringDale, people's long term wellness – in the form of classes to keep people's minds fit and engaged, courses to help people improve their working lives, courses to enrich their beings and courses to keep them physically well. This term we are introducing a few new courses. Two that I would especially like to bring to your attention are – a course on Gentle Body Work, which is being run by Allison Baensch and a Mindfulness class which is being run by Max Simmons. Both Allison and Max have run classes for us before and both have a gentle approach to wellness. One course is for the body and the other for the mind. Gentle Body Work is scheduled for a series of Mondays and we are still to schedule the Mindfulness class – but perhaps there will be a call for a daytime and an evening class.

Our Special Interest Groups allow like-minded people to meet regularly to share an interest - Pole walking to Computers, Singing to Book Club, Writing to Cooking, Badminton to Scrabble, Cycling to Mah jong, Life Drawing to Line Dancing, Toy Library to Harvest Basket, Jigsaw Library to Friendly Cuppa Group – we hope there is something for everyone and if not we'd love to hear your idea and help you to start off a group that would interest you. Some of our groups have been with us for more than 20 years and some groups have a short life span.

All groups are built on good will and sharing a time and skills with each other.



Thanks to the City of Greater Geelong for their sponsorship of the SpringDale Hall 100 Year Celebrations.

Thanks also to everyone who helped make all the events such a success. We look forward to creating another 100 years of memories together.

To be part of one of our groups there is a \$5 membership fee and for most of these groups there is a minimal charge for each session of \$1 to help cover SpringDale infrastructure costs and some groups collect an extra amount to help pay for equipment or group expenses.

We also try to help with the wellness of the community as a whole, supporting many external groups through the Messenger and other practical administrative supports. We try to support our local businesses and look forward to their support again this year with their financial help to the Messenger and thus to the centre and our community.

I am sure that this year will be a great year – looking forward to all the opportunities that may eventuate – even as I write I have just been contacted by a lady who would like to run a Braiding workshop – 3 hours and she would like to know if people might be interested.

Who knows what we'll be offered next.

Have a great month.

Anne Brackley

for all the SpringDale Team

Autumn SpringDale Vacation Care

Limited vacancies.

**Tuesday 2 April
- Friday 12 April 2013**

**\$45 per day CCB & CCR for
those eligible**

What's on @ SpringDale

Expression of interest

Queenscliff Trip

We are considering organising a trip to Queenscliff via public transport (*by bus \$1.80 return concession*). While there, we will be participating in a guided **Historical Tour of Queenscliff**, the cost of which will be \$12 for a 45 minute tour and afternoon tea.

Novice Cooking Class

Learning to cook is like learning to drive. It is easy and enjoyable. You can learn how to make a variety of tasty, healthy meals in a friendly atmosphere by a chef. Strictly for beginners.

SpringDale membership

It is time to renew your SpringDale membership. For those who have paid early a big thank you. Your renewal is vital to accomplish the many important services provided by SpringDale.

Annual fees for SpringDale are due on 1 February and are \$5 for individual members, \$20 for not-for-profit group membership, and \$100 for life membership. Membership entitles you to reduced fees on photocopies, faxing and laminating, as well as the opportunity to belong to one of our many Special Interest Groups.



Geelong Mayor Keith Fagg attending the Business Breakfast at SpringDale

Business Breakfasts

The **SpringDale Business Network Team** would like to wish you all the best for a busy and prosperous 2013. We will have another line up of interesting and informative speakers for you at our quarterly Business Network Breakfasts.

A number of businesses joined us for the first time in 2012 and we always enjoy welcoming new people, so please spread the word and invite your colleagues along. We look forward to seeing you at our first **Business Breakfast for 2013** on **Monday 25 February**. The dates for this year will be **Monday 25 February, Monday 27 May, Monday 26 August and Monday 25 November 2013**.

our reader's feedback

Valentine

I never receive a Valentine's Day card but every time I walk into SpringDale I feel important.

Trish, Drysdale.

House Sitters

House sitters are a great asset when you need a holiday. Our latest sitters really enjoyed the Bellarine Peninsula.

Joe, Clifton Springs.

Tidy Town

Wycheproof was named the 2012 Tidy Town of the Year. This year the community should see that Drysdale takes the award.

Rob, Drysdale.

Great Magazine

I just wanted to express my gratitude to everyone concerned with the running of the SpringDale centre and the wonderful magazine The Springdale Messenger. It is a wonderful community magazine and a pleasure to look through, in fact I look forward to opening it. I am currently advertising within the magazine and I have had great results. Thank you so much.

Sharon Munt

We welcome your comments in this our Readers Feedback column, please email to

messenger@springdale.org.au

Years ago

As reported in The Argus on Saturday 1 April 1939

MINISTER'S TRANSFER DRYSDALE

The Rev. L. Lovell, who has been transferred to Ballarat, was presented with a chiming clock by members of the Drysdale Church congregation. Mrs. Lovell was given a set of crystalware by the Drysdale Ladies' Guild. Mr. Lovell will be succeeded by the Rev. R. G. Castles, from Beeac.

De Facto Law Worries?

Come in for a *free* chat

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NEWS from Lisa Neville MP Member for Bellarine



New Year Greetings

As this is the first SpringDale Messenger for 2013, may I wish you all a very Happy New Year and I look forward to continuing reporting to you through the column throughout the year. I hope everyone has enjoyed the festive season and some summer fun on the Bellarine. It is always great to see people enjoying all the Bellarine has to offer, not only the locals but those from interstate and overseas who have come to share our beautiful neighbourhood.

COGG Community Sustainability Program

The City of Greater Geelong has launched ecoCHALLENGE@home, a great new program to assist households reduce their water and energy consumption. Residents can register for a qualified consultant to make a free assessment of which sustainability products suit their situation - from solar electricity and solar hot water, to LED lighting and rain water tanks.

As the Shadow Minister for Environment and Climate Change, I encourage Bellarine residents to visit the Geelong ecoCHALLENGE@home website www.enviroshop.com.au/geelong-ecochallenge or phone 1300 206 113 for more details.

Community Support Register

Just a reminder to Bellarine residents about the Bellarine Police Community Support Register Inc. which is a register of information provided by elderly residents or those in need of community support who are living on the Peninsula. The register is based at the Bellarine Police Station in Ocean Grove and residents can provide information necessary in an emergency such as contact details for their doctor and pharmacist, details about property access and even information about their pets. In the event of an emergency, this information can be accessed by police and other emergency services.

For further information, visit **www.community-support.blogspot.com**, email **bpsupportregister@bigpond.com** or call **(03) 5255 3968**.

As always, please don't hesitate to contact my office if there are any issues I may be able to assist you with, or if you would like further information about any of these items in the column.

Hon Lisa Neville MP
Member for Bellarine
(03) 5248 3462

2013 Australian International Airshow



The **Australian International Airshow** is a pinnacle event for the Geelong Region, attracting crowds in the tens of thousands. The Airshow at Avalon Airport is a unique and exciting event when you can wander amongst the most amazing aircrafts in the world, be entranced by the dazzling aerobatic displays or just soak up the atmosphere by the runway.

The Airshow runs daily from **Friday 1- Sunday 3 March 2013**.

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CFA needs you

CFA has evolved from its informal beginnings in community based fire brigades to become one of the world's largest volunteer based emergency service organisations. CFA members are wholly committed to the prevention, preparedness, response and recovery phases of emergency situations, providing a diverse range of risk reduction, fire suppression and incident management services to minimise the impact of fires and other emergencies on Victorian communities.

To register your interest in becoming a CFA volunteer or to find out more call 1800 232 636.



Welcome to 2013 at the Potato Shed

This year is shaping up to be lucky for everyone down here at Drysdale's multi-arts hub. There are so many highlights in this year's program that it's hard to pick just one.

Celebrating its milestone 18th birthday, *Class Clowns* on **Saturday 23 February** is Melbourne International Comedy Festival's one-of-a-kind, national comedy competition for teenagers in Secondary Schools around the country. Entry is free and there will be a workshop at 1pm followed by a public performance at 4pm.

On **Tuesday 26 February at 8pm**, you can enjoy even more hilarity with *It's My Party and I'll Die If I Want To*. Since its 1993 premiere at La Mama in Melbourne, Elizabeth Coleman's gruff, well-ordered, quintessentially Aussie family drama tells the story of Ron who has 111 minutes left to live. In a final gesture, he hosts a family

party. This dark and deliciously funny comedy is guaranteed to make you laugh, but the elbow-jabbing at your ribs is sharper than expected.

For all those budding dancing fairies between the ages of 2-3 or 4-5, why not enrol in Dance Initiative's fantastic new themed dance programs for children. This term's theme is *Rainbow Fairies* and there will be workshops on **13, 20 and 27 February** with a concert on **Wednesday 27 at 2pm**. Remember, group discounts are available for all shows. Watch this space for more info and to book, call us today on **(03) 5251 1998** or drop in to **41 Peninsula Drive, Drysdale**.

You can also find us at www.geelongaustralia.com.au/potatoshed or visit our **Facebook page**. Until next time and we hope to see you at the **Potato Shed soon**.

WIN 1 DOUBLE PASS

POTATO SHED

To enter fill out the coupon below and send or deliver to:
SpringDale Neighbourhood Centre
High Street, Drysdale



Tuesday 26 February at 8pm

Name: _____

Address: _____

Phone No: (03) _____

COMPETITION CLOSSES 3PM FRIDAY 15 FEB



Tuesday 26 Feb @ 8pm

A great comedy

It's My Party and I'll Die If I Want To

Sunday 3 March @ 2pm

Two great stars

Stories Of Ghosts adds layers of wood, strings and air, creating a sound that veers from delicate and melancholy to savage and fierce.

Deborah Conway Willy Zygiier

Ghost Stories



2013 Class Clowns Saturday 23 February

The Future of Oz Comedy

FREE ENTRY

What's on

Saturday 23 February
Class Clowns Workshop 1pm, Performance 4pm
FREE ENTRY

Tuesday 26 February
It's My Party and I'll Die If I Want To
8pm
\$36, \$32 (Conc)
Groups of 20+ \$28

Wednesday 27 February
Rainbow Fairies Performance
2pm. (Workshops are \$35, including costumes and tea party)

Sunday 3 March
Stories of Ghosts
Deborah Conway and Willy Zygiier
2pm.
\$36, \$32 (Conc),
Groups of 20+ \$28

march

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on **(03) 5251 1998**. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998

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WWW.GEELONGAUSTRALIA.COM.AU

Overseas Care Packages

The 429 Squadron of the Australian Air Force Cadets (AAFC), comprising 21 cadets and 3 uniformed staff based at Fort Queenscliff, are a community based volunteer child development organisation working with children between the ages of 13 and 19, developing young people in a military and aviation environment. After discussion with the National Co Ordination Welfare Centre the AAFC committed to helping in the support of deployed troops and a national request for support went out to all squadrons Australia wide. With the help of cadets, staff, parents and families of 429 Squadron we were able to put together 46 care packages which were sent from Drysdale Post Office on Saturday 1 December. Many thanks to Mr Jason Hockey and his staff of the Drysdale Post Office for their support and assistance on the day.

Michael Dare
Commanding Officer
429 Squadron



L-R: Flight Lieutenant (AAFC) Michael Dare, Cadet Annabel Thompson, Mr Jason Hockey and Leading Cadet Riley Smith.

New music group



Music is played for pleasure, exploration and performance, ranging through pop, jazz, standards and classical.

A new music group now meets weekly every **Wednesday at SpringDale from 7pm – 9pm.** Come along and enjoy a good time.

Too Many Holiday Calories

Come and lose them with us, the **SpringDale Pole Walking** group. We have 10 scenic walking routes and walks commence at 9am Monday mornings and 7pm Thursday evenings. No experience necessary.

The **SpringDale Pole Walking** group started 5 years ago and numbers have steadily increased ever since and now up to 30 people can regularly be seen across different routes on the Bellarine Peninsula. You don't cross any roads and the group caters for fast and slow walkers. Poles will be loaned for 5 walks, after which you will have to purchase your own.

Phone SpringDale on (03) 5253 1960 if you would like to lose some calories and join a fun walking group.

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Our service is State and Federal Government regulated, providing child care in the homes of council approved Family Day Care Educators.

Educators to provide casual back up care also required.

For more information on becoming a Family Day Care Educator or to make a child care inquiry, log on to www.geelongaustralia.com.au/community/family or call us on 5272 4805.

Drysdale Cemetery and the land reserved for extension

On Monday 19 November 2012, I attended a public meeting at SpringDale, hosted by the Geelong Cemeteries Trust. The purpose of the meeting was to allow representatives of the Trust to present information on the operations of the Trust, its current works, the ongoing maintenance of the Bellarine Peninsula cemeteries, and to gather ideas from the local community regarding their expectations of the Trust and their local cemetery.

An extensive PowerPoint presentation gave a comprehensive overview of the Trust and its operations.

However, to those members of the local community who were present, there was a glaring omission in the information.

A persistent rumour has been spreading throughout Drysdale and Clifton Springs that the 10 acres on the current cemetery's Western side, reserved for the future expansion of the Drysdale cemetery, have been scheduled for sale. This rumour has been reinforced by the bewildering decision by the City of Greater Geelong to rezone this land for subdivision. This rumour was put to the representatives of the Trust who emphasised the fact that the land in question was owned by the Trust and that the future of the land was in the hands of the Trust. When pressed as to whether this land was for sale, the reply was that the Trust had to consider all options in its operations, but that no decision had been

made regarding the sale of the land.

There followed a spirited but courteous discussion, in which community members emphasised that the Drysdale cemetery was an historic cemetery, containing the Crimean War Veterans' Cemetery together with the graves of many of the pioneers of the district, and those of generations of families – many of whom still lived locally and who naturally expected they would be eventually laid to rest there. Although the cemetery is historic, it is still very much a working cemetery.

It was also pointed out that the population of Drysdale was expanding rapidly and that the land reserved for expansion would be needed in the not-too-distant future. Although, in the very long term, the Drysdale cemetery would reach capacity, there was simply no rational basis for forcing its premature closure.

The Trust members appeared to take these

remarks onboard, and emphasised that they were committed to genuine consultation as evidenced by their presence at SpringDale, and that no decision regarding the Drysdale cemetery would be made without appropriate publicity and consultation. However, we should remain aware that circumstances may change; the membership of the Trust may change, with a different emphasis on priorities and that the land set aside for expansion remains – in the eyes of influential people with no commitment to Drysdale – as a tempting source of easy finance.

I would urge local residents and all those with an interest in the cemetery to let the Geelong Cemeteries Trust know of our concerns. We need to remain vigilant. The contact details of the Trust are:

**141 Ormond Road, Geelong East.
Vic 3219. Phone (03) 5221 1077.
Email: info@gct.net.au**

Elaine Hurley



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Valid to 28 Feb 2013
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feb

2013

A bypass for business

2013 will be a crucial year for DCSCA's campaign for a Drysdale bypass. All political parties are preparing for the 2014 state elections and as the seat of Bellarine (including Drysdale and Clifton Springs) is likely to be marginal, a strong call for a Drysdale bypass is likely to create a significant response!

A Drysdale bypass is attracting growing support, but it won't necessarily - and by itself - improve the quality of life in the town. Indeed, as it takes away traffic, a bypass could also take away trade and weaken the local economy. However, DCSCA has said consistently that with careful planning and preparation, a bypass could both relieve traffic and boost local businesses.

Some simple practical steps can help Drysdale to benefit from the bypass:

- Build a distinct identity to attract visitors despite the reduced through traffic.
- Provide good signage to the town from the bypass.
- Use the bypass to stimulate local light industry, with positive 'knock on' benefits to existing local businesses.
- Develop a broad-based strategy to build the town as a trade centre with a strong economy.

DCSCA sees the bypass as part of a broader alternative economic development strategy for north Bellarine. That strategy would create a new light industrial precinct in Murradoc Road by (i) extending the existing *business/industrial* zoning eastwards to Clarendon Road; (ii) building new roads into the area north of Murradoc Road to promote commercial development in it. New, tree-lined service roads on the north and south verges of Murradoc

Road would offer easier delivery access and imaginative outdoor dining and performance spaces; new businesses in the precinct would have easy access to major roads via the bypass, which will cross Murradoc Road near Clarendon Road; and business traffic to and from Melbourne on the proposed Portarlington ferry could avoid congested local roads. The result would be greater diversity and quality of jobs, with positive 'knock on' effects for existing local businesses - but only if we plan for it.

Contacting DCSCA: PO Box 581, Drysdale, Vic. 3222; or dryclift@bigpond.com

For up-to-date news, please visit DCSCA's blog - drycliftdays.blogspot.com/



*'Red Chrissy' platter.
V-A Glass
Hand-made glass bead.
Janet Jenkin*

Preparations are almost complete for the third annual **Festival of Glass** on the **Saturday 16 and Sunday 17 February** 2013 in Drysdale. The focus of the 2013 **Festival of Glass** is a glass Expo on Sunday 17 February, 10am to 4 pm at the Bellarine Secondary College, Sports Centre in Peninsula Drive, off Anderson's Road, Drysdale. The glass Expo consists of stalls by glass artists, craftspeople and businesses; exhibitions of glass art, sculpture, jewellery and mosaics; demonstrations of glass-working techniques; displays of historical and contemporary glass collectibles; and a glass-related competition. Cr Keith Fagg, Mayor of Geelong, will open the event. **ADMISSION IS FREE.**

Last year's Festival of Glass Expo featured 50 exhibitors and attracted over 6,500 visitors; the 2013 Expo will feature at least 60 exhibitors from across Victoria and - for the first time - from interstate. (*Two exhibitors' work illustrate this article.*) At Geelong's community arts and festivals award night in December, people commented consistently on the *originality, quality and style of Festival of Glass* exhibits. Many said that they had attended the 2012 Festival (*despite the hot day!*) and were definitely coming to the 2013 Festival. They were delighted to learn that many exhibitors were local people, but were impressed that the Festival is also attracting exhibitors from interstate.

Bottleneck Guitar Night



Other **Festival of Glass** events will occur before and after the glass Expo. The first is a Bottleneck Guitar Evening with Alister Turril and his band on **Saturday 16 February** at the **Harvester Moon restaurant, 2320 Portarlington Road, Bellarine (5259 3200; www.harvestermoon.com.au)**. The evening costs \$55 p.p. and includes dinner and an auction of glass art. Plans are underway for a post-Expo exhibition of competition winners, plus short courses in glass arts and crafts.

The **Festival of Glass** is an initiative of the Drysdale & Clifton Springs Community Association Inc. It is unique in Australia and joins just a handful of equivalent events worldwide (e.g. Wanganui, NZ; Houston, USA; Stourbridge, UK). We thank our major sponsors the City of Greater Geelong and the Bendigo Bank.

Contacting DCSCA: PO Box 581, Drysdale, Vic. 3222; or dryclift@bigpond.com

For up-to-date news, please visit DCSCA's blog - drycliftdays.blogspot.com/



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art, craft & industry

2013 festival of glass

bellarine secondary
college sports centre.

free
admission
10am - 4pm

Sunday 17 February
10am - 4pm

Stalls by glass artisan
and craftspeople;
demonstrations
of techniques; exhibitions
of glass art & jewellery;
competitions.



The 2013 Festival of Glass happens between 10am and 4pm on Sunday 17 February 2013
at Bellarine Secondary College Sports Centre off Anderson's Road, Drysdale (Melway 470 F3).

The annual **Festival of Glass** is a unique cultural event that celebrates the beauty and versatility of glass.

The focus of the 2013 **Festival of Glass** is a glass expo at the **Bellarine Secondary College Sports Centre** in **Drysdale**, showing the connections between glass art, craft and industry. The expo consists of stalls by glass artists and craftspeople; exhibitions of

glass art, sculpture, jewellery and mosaics; demonstrations of glass-working techniques; displays of historical and contemporary glass collectibles; and glass-related competitions.

Other **Festival of Glass** events will occur at venues around Drysdale in the days before and after the expo.

The 2012 **Festival of Glass** featured 50 exhibitors in its expo, which attracted over 6,000 visitors. Festival visitors can enjoy a full day out in Drysdale, as the monthly Drysdale Market happens at the Drysdale Reserve on the same day and the historic Bellarine Peninsula Railway runs twice daily between Drysdale & Queenscliff.

For more information

www.festivalofglass.net.au

Blog: www.festivalofglass.blogspot.com Email: ccd21@bigpond.net.au

Sponsors / Supporters 2013 Festival of Glass

Bellarine Rail Trail

Now some 10 years since the Friends of the Bellarine Rail Trail group - www.fbrt.com.au - commenced revegetation work on the section of the trail between South Geelong and Drysdale, we look forward to the next decade of volunteer activity.

Our group has been fortunate to be led by dedicated people who have seen their vision for the trail become a reality, so that today we can all enjoy walking, running, riding or picnicking in this park-like environment which not so many years ago was an unattractive wasteland. Our volunteers come from many parts of the Bellarine and also from the adjacent Geelong suburbs, all driven by the desire to see our peninsula realise its potential. The Bellarine Peninsula is one of Victoria's very special places, a desirable place to live but one faced with growing demands brought about by rapid population growth and the consequent environmental pressures that come with such growth. The coastline is just one obvious attractive feature, but we are very fortunate to also have the rail trail, and places such as Lake Lorne and McLeod's waterholes as part of our natural heritage. We need to value what we already have and to maintain and where possible improve the existing natural assets - the local environment which surrounds us. The rail trail is an opportunity for people to be involved in positive action towards this outcome.

To build on these 10 years of progress, we need people who can give some time, men and women who wish to make a positive contribution to ensure continuing progress.



For those who enjoy outdoor activity - perhaps as an alternative to the successful Men's Shed movement - we welcome enquiries as to how you may become involved. It is totally voluntary; you can give as little or as much of your

time as you wish. It is also a way of helping to keep fit, and an opportunity to mix with like-minded people whilst learning more about the natural environment, knowledge which may even be used to advantage in your own garden.

The accompanying photos taken at the site of the former Curlewis rail station in 2003 and 2011, show a graphic example of the improvement which can be achieved in less than 10 years. A very satisfying result for all the volunteers concerned.

Peter Cowden

For the Friends of the Bellarine Rail Trail Inc.



An Opportunity for Anyone to Explore the Meaning of Life
THE ALPHA COURSE
 (10 weekly sessions) alpha.org.au

- **What is the point of life?**
- **What happens when we die?**
- **Is forgiveness possible?**
- **What relevance does Jesus have for our lives today?**
- **How can I make the most of the rest of my life?**
We welcome you to join us for an evening with a difference. Enjoy a great dinner together, meet some new friends, then listen to some enlightening speakers that will challenge your outlook of life!


Date/time: Commences Wednesday 27 February 2013 at 6.30pm – 9pm

Venue: SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale VIC 3222

Any questions? Contact Gill King on (03) 5251 2121 or 0416 042 121

To register: Contact Brett at SpringDale on (03) 5253 1960

OR email **Anna Leong: annaseetho@yahoo.com**



The alpha course alpha.org.au
 Explore the meaning of life
"Christianity is not about religion it's about faith, about being held, about being forgiven"
At the heart of it, it's about finding home"
 – Bear Grylls

WHAT?

The **Alpha Course** is an opportunity for anyone to explore the Christian faith in a relaxed, non-threatening and fun setting over 10 weekly sessions. It provides an opportunity to answer some of life's difficult questions, from a Christian perspective. There is a meal together at the beginning of each session which gives you an opportunity to get to know each other, followed by a DVD presentation and small group discussions.

Listen, learn, discuss, discover and ask anything
 – no question is too simple or too difficult.

The Alpha Course covers such topics as

'Who is Jesus?', 'Why did Jesus die?', 'The Bible', 'Prayer', 'How can I make the most of the rest of my life?', 'How can I resist evil?' and 'Does God heal today?'

WHO?

The Alpha Course is for ...

Those who have heard about Christianity and would like to check it out. Those who are new to Christianity and want to explore the fundamental foundations of being a Christian. Those who have grown up in the church or around it but haven't felt they have really grasped it in a way that gives them confidence of God's salvation and purpose for their life.



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Energy and Water Tips



On 21 November 2012, the Energy and Water Ombudsman (Victoria) (EWOV) attended SpringDale Neighbourhood House to explain EWOV's role and how it helps energy and water consumers in Victoria. We discussed common complaint issues including high bills, hardship and door-to-door marketing. EWOV representatives, Belinda and Sarah showed useful videos about key energy and water issues and provided copies of easy to understand brochures and fact sheets. These videos and other materials are also available to view on EWOV's website www.ewov.com.au. If you have a problem with your gas, electricity or water, your first step is to call your company. If you are unable to resolve your concerns after that, call EWOV on 1800 500 509.

The following tips were shared with the group:

Tips to save electricity

- Heating and cooling contribute the most to an energy bill.
- Set your thermostat to 20 degrees for heating and 26 degrees for cooling to save energy and money.
- Use door snakes and heavier window coverings to keep heat or cold in.
- Turn all appliances off at the wall when not in use. A TV and DVD player left on

standby mode can contribute about \$26 a year to your power bill.

- When buying new appliances look for a high star ratings and low kWh.
- If possible, don't use oil heaters or portable heaters - these can be inefficient and very expensive.

What if you can't afford a bill?

- Call your energy company or water corporation and tell them. Request a payment plan that you can afford.
- Make sure all relevant concessions are applied to your bills.
- If you are worried that the bill is too high, look at a bill for the same period last year and compare how much energy or water you used and the cost, and check that the bill is based on an actual meter read and not an estimate.

Music in the Gardens



Once again there will be music in the gardens every **Summer Sunday** in **February** from **5pm to 7.30pm**. On the Bunya Lawn of the **Geelong Botanic Gardens** you can bring your own picnic, rug or folding chair and join in the wonderful atmosphere.

Sunday 3 February – Soul Sister Swing

Sunday 10 February – Hip Cats

Sunday 17 February – The Junes

Sunday 24 February – Sweethearts

Come with friends and family and enjoy great music in a wonderful, exotic garden setting.

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Providing free information and practical advice about different types of Funeral Plans. Alyson is available on the 1st Friday of every month at the SpringDale Neighbourhood Centre.

Call Alyson at Tuckers on **52214788** or visit **www.tuckers.com.au**

Welcome to... Bellarine Peninsula Christian Church

Service 10am every Sunday at the Senior Citizens Hall, Village Green, Drysdale.
Other meetings during the week.
Pastors David & Carla Evans
Enquiries please phone (03) 5251 3440



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The Importance of Play in Early Childhood

Lisa Shearer

Play is a vital part of development in early childhood. It provides children with the opportunity to learn and practise new skills, exercise their imaginations and explore how the world around them works. Cognitive development and problem solving skills are both supported by children play, as it exercises their minds. Play also gives children the opportunity to promote the development of vital social skills when they play with others. Generally children enjoy playing, and see play as a form of having fun. It is how they learn about the world around them, and try to interpret this knowledge. This enjoyment is important as it allows children to build up a connection between having fun and learning. This is vital for children as they get older and go to school, as they will associate learning with a positive feeling.

Through play children explore the world around them and then try to develop their understandings from this exploration. Play also often features numerical aspects, such as colour, shape, size, and order, including matching games, creative



play, 'sand cooking', and construction activities. Outdoor play is also a vital part of children's development because not only does it promote physical activity in young children, but it also promotes their mental and emotional health, as exposure to nature has been proven to reduce stress and anxiety in young children. Exposure to nature at an early stage is also important as it helps children develop an appreciation and respect of nature that they will carry on through their later years. Play is a vital part of every childhood, and it should be promoted for every child.

Lisa is currently studying a Bachelor of Early Childhood Education at Deakin University.



Clean Up Australia Day takes place every year on the first Sunday of March. From Perth to Penrith, hundreds of thousands of Australians get stuck in and Clean Up their local environment by collecting and removing rubbish on **Clean Up Australia Day**. In 2012 more than 591,400 volunteers across Australia helped by donning gloves and filling up **Clean Up Australia Day** rubbish bags with an estimated 16,199 tonnes of rubbish at 7,363 registered sites across Australia. Let us hope that this year will be even bigger and collect more rubbish from around the country.



kel's corner

I was lucky enough to share some time with Kel and Norma the other night. A couple of sentences into conversation a story about their house started to unfurl.

Their house was one of the first to be built in Drysdale after the World War II. People were only allowed to build homes up to 11 squares in size and weren't even allowed to build a porch. You needed permits for everything, including the iron for the roof and electric hot water service. The builder at the time used Kel and Norma's permit to arrange iron and hot water service for another house that he was building as he hadn't put in the right permits and so it took almost two years to finish Kel and Norma's house.



Dick Davis was the carpenter for the builder and built most of Kel's house. Each day he would walk to the building site carrying a saw, a level, few nails and a spade. Kel carted the timber for the house from Ballarat. Kel went to Paraparap near Anglesea on the back road to cut trees and split posts for the fence to go around the house. During the cutting of the logs one of the teeth broke off the cross cut saw that he borrowed from Les Gray.

Les was a wood cutter for Reg Butcher and this saw was one of his tools of his trade. Kel was worried about giving the saw back as there was no fixing it. Les said "Its wonderful how even a saw can lose its teeth as it gets older".

The quarter acre block on which the house is built cost £66 and people thought that was way too much as wages at the time were £3 a week. The house was less than £2000 to build (block and all), and the loan was over a period of 30 years. They paid an extra 2 shillings a payment to ensure that if the bread winner died, the wife would have the house paid over. The loan was with a building society that Bob Farrow ran and they both remember a dinner that they went to in Geelong, at the end of the 30 years to celebrate the end of the loan. Many other local couples were at this dinner celebrating the same milestone.

A few extra details that Norma remembers is the amazing feel of turning on a tap and hot water coming out. Both Kel and Norma remember many funny stories. During one of their first dinners at the house – it was a warm night and they had both doors open, while they were eating a gentleman just ran through the house. This neighbour had started to walk through their house while it was being built, and had almost 2 years to practice this skill. People didn't have flywire on doors, the open doors must have looked like an invitation.

Anne Brackley for Norma and Kel Davis

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Wiggy's Jazz Quartet is coming to Drysdale



Wiggy, Doug Wignall, a drummer - has been playing in bands since he was 16.

A now retired publican, he successfully ran the Mt Jeffcott Pub, then known as a *Jazz Pub* providing country entertainment for the surrounding district in the late 1980s. He has a wealth of experience, playing in bands all over Victoria and attending festivals both state-wide and interstate. A favourite venue is the *Jazz Mass* - part of Jazz Festival held at Barham annually. Doug's Quartet includes three Barry's. Barry Currie a music teacher from Ballarat, who plays reeds (sax, clarinet and flute). Barry Hirst a bowler from Belmont with 53 years' experience, on piano. Barrie Edwards a professional muso from Geelong on double bass. You can see and hear these guys on **Sunday 17 February** at the **Drysdale Bowling and Croquet Club** from 2pm-5pm. Tickets \$10 at the door include Nibbles. Bar will be open. Cheese Platters for sale. Tea and Coffee available. **Contact Judy Welch (03) 5253 3354 (A/H)** for bookings or enquiries.

Drysdale Seniors Dine Out



A change of venue this year for the Drysdale Seniors Christmas lunch proved to be a great success. The event was held in St James' Hall and 80 very appreciative members of that group were first treated to drinks in the foyer and then a traditional Christmas lunch beautifully produced by the St James' ladies catering team. The tables were decorated by Mary Wilson and her team and musical entertainment was provided by Ron Sudden who played many of the old familiar Christmas tunes.

As you can see from the photo, it was a very colourful and festive celebration and the area in the foreground, in front of the stage, was very popular for dancing between courses.

The Drysdale Seniors have an exciting year ahead with plenty of social and recreational activities for older people, including cards, snooker, pool, bus trips and luncheons.

For further information please phone (03) 5251 2983.

Debbie Lee School of Dancing

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- **End of year performance held at the Ford Theatre GPAC.**
(No sewing Involved.)

Let's Dance

Drysdale

- Hip Hop
- Funk
- Tap • Jazz
- Song & Dance

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- **New students and beginners welcome**

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Rotary Junior Community Award



Back from left: Andrew Page, Laura, Dayna, Zoe, Stephen Barry
Front from left: Isabelle, Holly, Julia & Caitlyn

Seven Drysdale Primary School students were recently given the opportunity of participating in the Junior Community Award. Credit goes to each and every one meeting the challenge set before them and doing it so well. The Junior Community Award scheme started as a need identified by teachers and parents in a group of four Primary Schools in Australia in 1997.

The need was to involve young people in a direct and positive way to use their skills and abilities to benefit both themselves and the local community.

The program is specifically designed for boys and girls in their final year in Primary Schools. It is non-competitive and can be achieved by children of all physical and academic abilities. To achieve the Award children take part in a range of activities in each of the following four areas- Community Service, Social Experience, Physical Recreation and Skills.

Each student recently spoke in front of the Rotary Club of Drysdale which proved that they have benefitted from the program in increasing their confidence and also showed some students have built in leadership ability. I can't wait to see what the future brings for the lives of these students.

Remember they are our future generation. Certainly seeing these kids restores my faith in the future of this country of ours.

Caroline
Rotary Club of Drysdale

Bellarine Jongleurs Inc.

Junior Theatre Company

PLAYS FOR 2013



BJ'S
5yo - 11yo
Holka Polka



JONGLEURS
12yo - 17yo
Alice

A Fairy Tale Mystery
& A World of Make Believe
Sounds like fun?

Boys & Girls Aged 5 - 17 Years old.
Do you enjoy acting, singing or dancing?
Come and join the
Bellarine Jongleurs Amateur Theatre Company
Rehearsals: **Thursday @ 5.30pm.**
(excluding school holidays).
Based at **The Potato Shed in Drysdale.**

Call **0427 420 294**
or **bellarinejongleurs@hotmail.com**
Places are limited and will close March 7, 2013

Combined Probus Club
of Clifton Springs/Drysdale

Trivia & BBQ



Late last year we held our annual Trivia Quiz meeting when we pitted our knowledge against our Quiz Masters, Brian and Jill. A lot of fun ensued, and a surprising variety of knowledge was unearthed. All voted it a great meeting and requested another soon! Our Spring BBQ followed at the home of two of our members, which was voted our best BBQ ever.

Our Caravans and Cabins trip to Peterborough was a great success, and plans are under way for another in February, along with a bus trip to Tallangatta in April.

Our next Club meeting will be on Monday 11 February, when we will all be looking forward to the year's activities.

Our regular monthly meetings are held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month. We are a social club for ladies and gents - visitors and prospective members, singles and couples, are welcomed at all our meetings and activities, including our monthly Coffee Club, so come along and check us out.

**Please contact Dorothy on
(03) 5251 3702 for further information.**

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Green Tea Cake

Green Tea Cake

- 2 large eggs
- 1 cup flour
- $\frac{2}{3}$ cup sugar
- $\frac{1}{2}$ cup butter
- 1 tbsp matcha (green tea powder)
- $\frac{1}{2}$ tsp baking powder

Cream butter in a bowl.

Add sugar in the butter and mix well.

Gradually add beaten eggs and stir well. Sift flour, baking powder, and green tea powder together and add the flour to the egg mixture.

Pour the batter into a buttered loaf pan.

Bake in preheated 170°C oven for about 30-40 minutes.



Green Tea Honey Cake

Green Tea Honey Cake

Cooking spray

- $\frac{1}{4}$ cup honey
- $\frac{2}{3}$ cup sugar
- 4 large eggs
- 4 large egg yolks
- $\frac{1}{3}$ cup fat-free milk
- 1 cup SR flour
- 2 tbsp green tea powder
(or pulverise green tea leaves with a clean coffee grinder)

Preheat oven to 180°C.

Coat a 23cm round cake pan with cooking spray; line bottom of pan with wax paper. Coat wax paper with cooking spray; set aside.

Place sugar, eggs, and yolks in a large bowl; beat with a mixer at medium speed until thick and pale (about 6 minutes).

Combine milk and honey in a small bowl; stir well with a whisk. Add milk mixture to egg mixture, stirring well.

Lightly spoon flour into a dry measuring cup; level with a knife.

Place flour in a small mixing bowl; add tea, stirring well with a whisk.

Fold flour mixture into egg mixture. Pour batter into prepared pan.

Bake at 180°C for 30 minutes or until a wooden pick inserted in centre comes out clean.

Cool in pan 10 minutes on a wire rack; remove from pan. Cool completely on wire rack.



Chocolate & Matcha
Green Tea Cake

Chocolate & Matcha Green Tea Cake

- 1 $\frac{1}{4}$ cups plain flour, sifted
- 3 large size eggs
- 8 tbsp melted butter
- $\frac{3}{4}$ cup castor sugar
- 1.5 tsp Matcha tea
- 1 tsp baking powder
- 1.5 tsp sifted unsweetened cocoa, diluted with 2 tbsp cold whole milk
- 85gm chocolate with 70% cocoa, melted
- A pinch of salt

Beat up the eggs well to obtain a white frothy color. Melt the butter and pour it on the eggs and stir well.

Mix baking powder and salt to the sifted flour and add it to the eggs to make the batter. Separate the batter into two halves.

Add the melted chocolate and the cocoa which has been diluted in cold milk.

Mix the matcha tea into the other half.

Take 6 small size moulds and grease them properly. Sprinkle some flour on the greasy surface.

First pour some chocolate batter in each of these moulds followed by some matcha tea batter. Put the moulds in a preheated oven and bake at 180°C for 30 minutes.

For more information and Green
Tea recipes please
turn to page 18

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Don't waste your GREEN WASTE

As summer draws to a close, the food garden yields increasing amounts of green 'waste' – corn stalks, brassica stumps, spoiled fruit, salad greens that have gone to seed, mouldy zucchini leaves – the list goes on. What to do with it all? In fact, this biomass isn't waste at all, and it would be completely crazy to waste it. These plants have been gorging themselves on the nutrients in your soil and sucking up your scarce water all summer – and now you're going to put them in the green bin for the council to take away?

If you can find any space in your garden to do so, it's much better to turn this biomass into living, nutrient-filled compost to replenish your garden soil.

Some people seem to find composting a bit of a dark art, but it's really dead simple:

carbon + nitrogen + oxygen + water = compost (eventually)

If the contents of your compost bin either turn to brown gloop or fail to decompose



Hot composting in progress
Beautiful compost – once was kikuyu and carpet weed

at all, you haven't got the balance quite right. In the first case, you have too much moisture and nitrogen (*green juicy stuff*); in the second, too much carbon (*brown woody stuff*) and not enough water.

Here are some different forms of composting. I'm sure you have space to try at least one of them in your garden.

Cold composting

This is the classic gardener's way of making compost, and probably produces the best compost, full of nutrients and beneficial bacteria. You add a little of this and a little of that as you go along. Turn your compost at least once a week to make sure it has enough air in it, and don't let the rain soak it. It can take six months to mature. It won't get hot enough to kill some seeds.

Hot composting

You build a hot compost heap all at once. Put together at least a cubic metre of material in layers of carbon-rich and nitrogen-rich material. Water it thoroughly as you go, so that all the material is thoroughly damp. Within about five days,

your compost should reach 60°–70°C at the centre. Then you need to turn it every two days for a month. It's a tough physical workout, but produces a lot of compost quickly and will kill most weeds and seeds. I've made good compost out of carpet weed and kikuyu grass using this method.

Trench composting

Dig a trench about two spades deep, bury your vegetable waste (preferably finely chopped) and fill back in. Plant seedlings or sow seeds on top. They will have a rich nutrient source to grow into.

Worm farming

Compost worms turn decaying vegetable matter into beautiful nutritious worm castings full of amino acids and beneficial bacteria. Note that any seeds that go in will probably sprout. You can also install 'worm feeding stations' in your garden beds. They can be as simple as a bottomless bucket with a lid, sunk into the soil. The vegetable peelings etc. that you put in will attract earthworms from your soil, so you don't need special compost worms for this.

More gardening info on our Drysdale Harvest Basket website.

Go to www.drysdaleharvestbasket.org.

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New SpringDale Theatre Group Seeks Talent

Are you a keen actor, playwright or someone who would love to work backstage in a theatre production? The SpringDale Neighbourhood Centre is proud to announce the launch of the SpringDale Community Theatre and is seeking expressions of interest from local citizens.

"The SpringDale Community Theatre is going to set a benchmark in community theatre," says Dr Laurent Boulanger, the founder and Program Director of the this exciting project. "The sole aim of the Theatre Group is to nurture local talents, to give young and old a platform to showcase their acting skills, but also other creative skills, such as writing, set design and other technical aspects of theatre production and to entertain locals of all age group. What is going to set us apart is that we are only going to produce work written by local playwrights."



Judy Davis and Laurent Boulanger in *The Eye of The Storm*, directed by Fred Schepisi.

Unlike other community theatres that rely simply on volunteers, the SpringDale Community Theatre will remain non-profit, but a percentage of the revenues from the ticket sales will be used to pay everyone involved in the production of the play. "Obviously, as a community project, the ticket sales have to cover the cost of the play, and a percentage goes towards the next production, but the rewarding aspect for anyone involved is that they will also see some financial incentive in working on a play," Dr Boulanger says. The more successful the plays will be, the better the returns. All proceeds after cost will be divided equally amongst all those who have worked on the plays as a great incentive to promote the work word-of-mouth.

"We cannot guarantee tickets sales, but we can aim at developing and producing scripts that will attract locals from all age groups – the idea is to develop dramatic

ideas that deal with issues important to the Drysdale and Clifton Springs community, and those are issues concerning young people, adults and elderly citizens."

A local Clifton Springs resident for seven years, Dr Boulanger teaches professional writing, including Scriptwriting, Journalism and Fiction in the Swinburne University's online Postgraduate Program in Writing. A seasoned actor, producer and scriptwriter, he has appeared in several television shows and commercials, and last year appeared against Judy Davis in *The Eye of The Storm* and Frank Woodley in the ABC show *Woodley*. He is also the writer-director of the feature film *Six Lovers* and has worked in the past with The Melbourne French Theatre.

If you are interested in joining the SpringDale Community Theatre, please leave your name and contact details with the front desk.

Garden Club

If you love gardening and flowers and would like to meet other people with similar interests, the **Clifton Springs Garden Club meets every third Monday evening at 7.30pm in the Drysdale Uniting Church Hall, Palmerston Street, Drysdale.**

Come and join our happy and relaxed gardening club.

Enquiries ring Lorraine on (03) 5251 1660.

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Green Tea and its value

Green tea originates in China and has been used as both a beverage and a medicine in most of Asia for decades. Green tea is a powerful antioxidant with anti-cancer properties and there is also evidence to show that it can help with fat burning. Aim for a cup after each meal. Caffeine free varieties are also available. If the flavour of plain green tea isn't for

you, the flavoured varieties are fine and remember, the longer you leave the tea bag in, the better it is for you. Japanese Matcha green tea has been ceremoniously used over the centuries to celebrate the belief held by the Japanese that tea is a gift from the heavens and has spiritual and restorative properties. Just two cups of brewed Matcha green tea has



nearly 20g of calcium, and 7 times more antioxidants than the same amount of orange juice. Next time you get a few spare moments try making some green tea ice-cream, putting it in a salad dressing or baking a healthy green tea cake.

My Perfect Green Iced Tea Recipe

My favourite way to drink green tea is as iced tea. If you don't make it right, however, it can be very bitter. Here's how to make perfect iced green tea every time!

Place 4 bags into a litre container and fill with cold water, preferably filtered. I usually use flavoured tea bags — peach, mango, orange, and berry are some of my favourites. Let it steep for 3-4 hours in the fridge. That's all there is to it! It will never be too weak or too bitter. Cold-brewed tea actually delivers more health benefits than hot-brewed, since none of the beneficial compounds are destroyed by heat.



Green Tea Cookies



1 cup butter, softened
1/3 cup honey
3 bags green tea blend with lemongrass
1 egg yolk
1 teaspoon peppermint extract
2 1/2 cups plain flour
1 teaspoon baking powder

In a medium bowl, mix together the butter and honey until smooth. Empty the contents of the tea bags into the mixture and discard the bags. Mix until well blended. Stir in the egg yolk and peppermint extract. Blend in the flour and baking powder. Divide into 3 sections, wrap in waxed paper or plastic wrap, and refrigerate for 1 hour. Preheat the oven to 190°C. On a floured surface, roll out one portion of the dough at a time to 6mms thickness.

Cut into 5cms round shapes using a cookie cutter. Place cookies onto ungreased baking sheets spaced 3cms apart. Bake for 7 to 10 minutes in the preheated oven, until the tops are dry, and the edges begin to brown lightly. Transfer to wire racks to cool. Store in an airtight container at room temperature when completely cooled.

World Cancer Day



The probability of developing cancer is rising as more people live to an old age and lifestyle changes occur globally.

World Cancer Day on Monday 4 February unites the world in the fight against the disease. Visit www.worldcancerday.org to find out how you can play a part.

After Hours Medical Help

A new website will help residents and visitors to get after hours medical help in Geelong, Bellarine Peninsula and the Surfcoast/Otway region this summer. The website is at www.docgeelong.com and is also available via your mobile phone.

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Donate Life Week

DonateLife Week runs from **Sunday 24 February** to **Sunday 3 March** and is Australia's national awareness week to promote organ and tissue donation. During **DonateLife Week**, the organ and tissue sector will be holding a range of events to encourage Australians to set time aside during the week to talk about organ and tissue donation. Visit www.donatelife.gov.au/resources/donatelife-week-2013 if you would like to become involved and donate your organs.

Walk and Talk Organ Donation

Walk from **Steampacket Gardens** to **Rippleside Park** to promote organ and tissue donation on **Sunday 24 February** from 9am – 11am. Entry is free and a free Barbeque will be provided.

For any more information please contact Kathryn on 0411 232 458.

Being Mindful – an introduction to mindfulness meditation

While we can't stop the waves that often overwhelm us, we can learn to sur.

Mindfulness is an ancient Buddhist practice which has profound relevance for our present day lives. This relevance has nothing to do with Buddhism per se, or with becoming a Buddhist, but it has everything to do with waking up and living in harmony with oneself and with the world.

Mindfulness simply means paying attention in a particular way: on purpose, in the present moment, and non-judgmentally.

This 8 week course will provide a reliable grounding in mindfulness practice. Each session will provide simple ideas about the concept of paying attention in the present moment, followed by practical mindfulness exercises.

Please contact SpringDale if you are interested in this course.

New Year's Resolutions

The New Year has always been a time to reflect on the changes we want or need to make in life and to follow through on those changes. Last year the top New Year's resolution was, yes you guessed it to lose weight. That was followed by improving fitness, saving money, enjoying life, quitting smoking and spending more time with family.

It is not surprising to find that weight loss is one of the most popular New Year's resolutions. Hypnotherapy can make the shedding of kilos easy and effortless, by reprogramming the mind. Problem foods or drinks can be eliminated in one session.

Also top of the list is fitness. Regular exercise has been associated with more health benefits than anything else known to man. Studies show that it reduces the risk of some cancers, increases longevity, helps achieve and maintain weight loss, enhances mood, lowers blood pressure, and even improves arthritis. In short, exercise keeps you healthy and makes you look and feel better. Hypnotherapy can motivate you to get out, give you all the determination to get your energy levels soaring!

If you have resolved to make this the year that you stamp out your smoking habit, then Hypnotherapy can definitely sort this inconvenient habit out.

Many people use the New Year as an incentive to finally stop drinking.

Once again just a 'bad habit' that can be re-programmed.

Given the hectic, stressful lifestyles of millions of Australians, it is no wonder that "enjoying life more" has become a popular resolution. It's an important step to a happier and healthier you! When you

take steps to manage stress, you help protect yourself from serious health problems like heart disease and depression.

Hypnotherapy can assist you in getting your 'mojo' back.

Happy New Year, Happy New You.

Ovarian Cancer Awareness Month

Each year in February, Ovarian Cancer Australia runs a national Ovarian Cancer Awareness Month campaign to highlight the symptoms of ovarian cancer. In most cases, the exact cause of ovarian cancer remains unknown. Please visit www.ovariancancer.net.au if you require further information or support.

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One Day Workshops

Sculpture Workshop

Date/time: Sat 23 Feb 10am - 4pm
SpringDale Recreation Room

Fee: \$80

Carving stone, modelling clay, assembling materials, installing or arranging objects: the fundamental areas of sculpting will be explored with the opportunity to try one medium of choice in this one day adventure into the three dimensional world of sculpture.

A tool list will be available on registration.

Portraiture Workshop

Date/time: Sat 23 Mar 10am - 4pm
SpringDale Recreation Room

Fee: \$80

A day of drawing the human face. An instruction or refresher session in the morning will be followed by the opportunity to draw or paint from a model in the afternoon. A limited number of places are offered to experienced artists to attend the afternoon session only.

Tutor: Annette Playsted.

Conversations about Art

Have you ever heard people throwing away lines like "there are no artists in our family" or "he or she is the only 'arty' one. I can't even draw a stick figure myself" or said to me as an art tutor, "you would be wasting your time on me, Annette. I can't draw, never have been able."

There is an adamant tone to those well trotted out comments often designed to change the subject away from a difficult, disappointing place of unfulfilled hopes. Art brings out basic instincts in the feeling domain: anxiety about experiences that did not work for people when they tried or an inner euphoria when making art has become an avenue of enjoyment. When you watch artists at work, they seem to do their drawings, paintings, or sculptures effortlessly, but that is an illusion. An artist has acquired skills and awarenesses that all of us deserve to acquire with the right lessons. I use the word right, not to suggest there are correct lessons but fundamental ones which unlock the skills of seeing.

My task is to teach those lessons to as many people as I can so they can experience the joys and trials of drawing and acquire the skills of seeing as the artist sees. Those skills can then be applied to any art media a person wants to use but drawing is the fundamental phase. Being able to draw doesn't make you an artist but it does unlock the door to the possibilities of making art.

The skills of drawing allow you to record what you see clearly, and the bonus is how you see the world around you once you have the skills; what you notice and enjoy. My students often tell me they notice and take in so much more and really enjoy, rather than endure visits to places like art galleries or other beautiful places when on holidays.

SpringDale offers art classes.
You could join one.

Annette Playsted

Art Tutor at SpringDale

Safer Internet Day

Safer Internet Day on Tuesday 5

February encourages families, libraries and schools to learn and connect together. Take positive actions and teach each other about staying safe online. The internet offers an exciting world of experiences for children and the whole family. It can be entertaining, educational and rewarding.



However, using the internet also involves risks and challenges.

Try to keep an eye out for anything that may be suspicious and visit www.cybersmart.gov.au/SID2012.aspx for further information.

Scrabble Word for February



Scrabble can be extremely competitive and can improve your logic skills and vocabulary.

This month the word is *xu*.

Xu is the monetary unit of Vietnam.

Scrabble is played at SpringDale every Tuesday afternoon at 1pm.

Toolbox Parenting Program

A session for parents of children 0-6 years, run over 6 weeks, commencing on **Thursday, 21 February 2013 at 7.30pm** in the **Drysdale Uniting Church Hall**.

Build a great family team and have fun on the way! The course covers: Parent Types, Tools to engage cooperation, Making Memories, Developmental Stages, Discipline and Being the parent your child needs.

The most important years in your child's development are these early years. So what really matters? Learn how to lay the building blocks for a great future through small group sessions with a trained facilitator.

The cost of \$40 a single, \$70 a family includes an extensive manual for each person to keep and supper and is

sponsored by the Drysdale Uniting Church, *Reaching out with God's love and care.*

Contact the facilitator:

Val Lestrangle, on (03) 5251 3125 for more information or to enrol.

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The Book Club

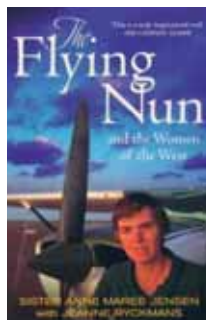
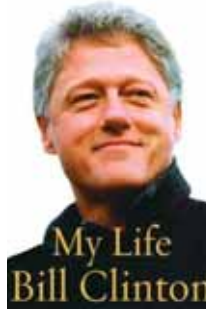
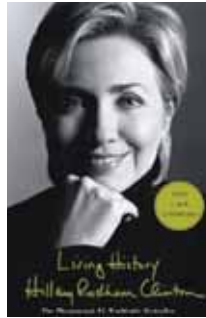
On Monday 3 December the Book Group had a BYO biography evening to round off the year.

Keen readers, of course, we read many books throughout the year and all agree that being members of a Book Group encourages us to read books that we might not necessarily choose for ourselves. It was quite clear on Monday night, that we all enjoy biographies.

Among the books brought in for discussion, several were the stories of various politicians including, Bill Clinton - *My Life*, Hilary Clinton - *Living History*, Gough Whitlam and John Howard. The first two are autobiographies and the last two were written by journalists.

The True Story of Julie Walters reminded us of the talent of this popular and versatile English actress and comedienne and the huge number of roles that she has played already.

A very personal story written by a relative of one of our group, *Minky's Story* told of her life with her husband in post-war Borneo and the various ventures that they pursued in a colourful life on their return to Australia.



The Flying Nun is the story of Sister Anne Maree Jensen who learned to pilot a small plane in order to take over the vast outback ministry of an ageing priest. Some of the many women to whom she devoted her life and work also tell of that relationship and its impact on their lives in isolated communities and far-flung stations.

Otherland by Maria Tumarkin is the tale of a mother returning for a holiday to the land of her birth, Russia, with her Australian-born teenage daughter. *Callas* tells the story of the Greek-born daughter of a pharmacist and her rise to world fame through her wonderfully versatile voice and her talent as an actress.

The story of an unusual friendship between an Iraqi woman living in Baghdad where she lectures in English literature and an English journalist is told in *Talking about Jane Austen* in Baghdad. Two women with very different lives connect and form a deep friendship.

The book selected for February is J K Rowling's *The Casual Vacancy*.

The Book Group meets at SpringDale on the first Monday of each month at 7.30pm.
Our meetings are very informal and new members are always very welcome.
For more details, contact SpringDale on (03) 5253 1960

View Club

Did you know? That *VIEW* stands for VOICE, INTERESTS and EDUCATION of WOMEN. We are a national network of womens' clubs, and we are a valued part of The Smith Family. Our local Club's membership has grown to over 80 members, who have enjoyed a very successful past year of social activities, fun and friendship along the way, as we continue to support The Smith Family's Learning for Life programs, to assist disadvantaged school children to participate fully in their school activities.

There are over 700 children in these programs in our region alone, and the results over the past 15 years or so, have been outstanding.

It gives encouragement to children to continue their education, thereby increasing their chances of gaining worthwhile employment afterwards, and thus breaking the cycle of entrenched poverty.

Our main fundraiser for last year was our annual Fashion Parade and Luncheon, held again in the Club Rooms of the Clifton Springs Bowling Club. Well over 100 members and their guests attended. The fashions were from Le Shah Boutique in Drysdale and it was pronounced a resounding and most enjoyable success.

Our club meets for a business and social lunch in the Function Room of the Portarlington Golf Club, on the fourth Friday of the month.

VIEW women are committed to actively contributing to their communities, while building a network of personal friendships along the way, and having fun at the same time. VIEW members can access events including annual regional galas, zone conferences and the annual national conventions are held in a different part of Australia each time. We hear inspiring guest speakers, learn more about the changing world and network with members from other Clubs. VIEW Clubs provide leadership opportunities and members can, if they wish, volunteer in the community, as part of The Smith Family's activities.

Booking Good



Yet again, St James' Secondhand Book Sale on 5 – 6 January has been a wonderful example of Community spirit. The bags and boxes of donated books and magazines left in the porch outside the Parish Office at St James' has swelled over the last few months to magnificent proportions and the ladies who sort, price and categorise the books have been working flat out to get ready for the latest sale. Thank you to all who donated, and to those who attended the sale and came away with armfuls of bargains, which is helping to pay off the loan, currently standing at \$95,000, for the residual costs of the restoration of the heritage listed St James' Hall which is now available to the community for Hire, both for individuals and organisations – see contact details below.

As always, the children's section at the Book Sale was extremely popular, with low seating allowing kids to browse on their own whilst their parents/grandparents searched for their own favourite authors or perused the range of non-fiction topics on offer.

An innovation this year, in addition to the sale of refreshments, was a sausage sizzle run by volunteers from a group of St James' Keen-Agers providing table tennis facilities for the 55+ age group in St James' Hall, and they were thrilled that they raised \$438 over the two days towards table tennis equipment. A COGG small grant application is in progress for table tennis tables and associated equipment and the plan is to start the session early February - see below for contact details and more information on this project.

St James' Hall Hire enquiries:
 Pat Whitford 0468 381 529.

St James' Keen-Agers Table Tennis enquiries: Martin Wilson (03) 5251 1418.

If you are interested, phone
Wendy on (03) 5257 1009,
 or **Jennie (03) 5297 8489.**

We are proud to be VIEW women, and welcome new members.

Laurel Greenhalgh
 Drysdale Ladies Day VIEW Club

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SPORT

SpringDale FC prepare for 2013 soccer season

SpringDale Football Club, the soccer club representing Drysdale and Clifton Springs, is looking to build upon its successful 2012 season with a range of senior and junior teams for 2013. 2012 witnessed a growth in junior participation numbers (*with mixed under 7's and under 9's teams*) and the continued development of all players and teams within the club, with the men's first team making it through to the division 2 grand final and achieving promotion to division one.

Over the summer, the club coordinated the second Albion Cup, an annual charity international friendly game (*England v Scotland and Australia v Ireland*) that raises awareness of and money for Bravehearts, an organisation combating child sexual abuse in Australia.

www.bravehearts.org.au

The club's commitment to our local community continues into 2013, with accredited coaches running Active After School Communities soccer programs at Drysdale Primary School and Clifton



Springs Primary School in term 1 and at Portarlington Primary School in term 2. The club is expecting to enter under 7's mixed, under 9's mixed and under 11's boys and under 11's girls teams into the local small sided football social competition, so please get in touch if you want to be involved.

The club is also continuing discussions with all levels of government for the development of soccer facilities in Drysdale at the planned Drysdale/Clifton Springs Sporting Precinct. See our website or contact our coaches for further details. Come and join/support the club that supports our local communities.

For Seniors contact **Jarrold Gladman** on 0431 215 722, for Juniors contact **Paul Rawson** on 0414 461 112, for all other matters contact **Geoff Briggs** on 0428 501150 or visit our website at www.springdalefc.com.au

Geelong Multi Sport Festival

A multi sport and lifestyle festival incorporating triathlon, fun run, ocean swim, family and youth activities and sports/lifestyle expo. The events are open to participants of all abilities and will be held from **Friday 8 February to Sunday 10 February** at the Geelong Waterfront.

Visit www.usmevents.com.au to find out about this sport festival.

Golf Masters Silver Medal Winner



Rae Moody in the company of a great athlete Dawn Fraser

SpringDale member, **Rae Moody**, achieved success at the 2012 Alice Springs Masters Games by winning a Silver Medal in the Women 80 Plus Years Golf event. Rae has participated in golf at Alice Springs since the event began in 1986. Rae plays golf at Clifton Springs and is looking forward to the next Masters Games in two years time. Congratulations Rae.

Go Hawks

Drysdale Football Club has signed local coaching legend John Fitzgerald to fill the vacancy left by the departure of James Colbert. Fitzgerald has a rich history in local coaching. The former St Joseph's premiership captain and Geelong AFL player has taken both South Barwon and Bell Park to premierships over the past decade. The football season will soon be here again and we will be able to see some great tackles and kicks on the field.

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Tennis clubrooms opening



The Clifton Springs Tennis Club celebrated the opening of their clubroom extensions in late November, which has been a two year program that has provided the community with an outstanding sporting facility. A crowd of approx 100 people including Cr Rod MacDonald and the Hon Lisa Neville were in attendance for the evening, which included all the major sponsors and a special presentation to the life members of the Clifton Springs Tennis Club. Community representatives from SpringDale, Rotary and Lions Club were also on hand to enjoy the celebration.

Graeme Reid,
President
Clifton Springs Tennis Club

More Women *Play By the Bay*

Once famously described as a good walk spoiled, it seems as though more of our local women are discovering the attractions of the game of golf. Due to the many pressures facing the modern family, the numbers of people actively playing golf across Australia has reduced over the past few years, but this does not appear to be the case at **Clifton Springs Golf Club**.

With a variety of membership options to suit all pockets and circumstances, a good teaching professional in Anthony Bergin from The House of Golf and a friendly and welcoming group of women, the number of women members has risen from 75 just four years ago, to well over 90 now and the women members make up over 25% of the total playing membership of the golf club. The women's Captain told us that their members come from all walks of life,



from all backgrounds with varying ages and abilities. With that in mind nobody should be put off giving golf a try. You might be surprised at how enjoyable the game can be when played in the company of like-minded people.

If you would like to give golf a try, or if you already play but would like to join a club that is moving forward, contact the Pro Shop on (03) 5253 1488.

River Run



The **River Run Geelong** is a fun run along the banks of the Barwon River, starting and finishing at Barwon Valley Park covering both 5km and 10km courses on Sunday 24 February from 8am – 11am.

Contact **Justin Higgins** on
0448 854 146 or email
pbevents1@hotmail.com
for the latest details.

**All sporting associations
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Drysdale /Clifton Springs Community
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Contact the SpringDale
Neighbourhood Centre
on (03) 5253 1960
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