

The SpringDale Messenger



ABN 21 404 220 267 Compiled & Published by the SpringDale Neighbourhood Centre Inc.

Families enjoying Bush Dancing at SpringDale



Term 2

Course Guide
Pages 11-14



**The vibe is alive
at SpringDale.**

Entertainment – Bush dances, Tango, Art classes and shows, Singing, Writing, and our new Theatre Group – so much activity.

Physical activities – Yoga, Pole Walking, Cycling, Cooking.

Activities to keep your brain active - Computer Classes, Cryptic Crosswords, Scrabble, Mah Jong, Mindfulness, Cooking and Volunteering. What will you choose next?

Anne Brackley
Coordinator SpringDale Neighbourhood Centre



Enjoyment for all the family

Another wonderful well supported evening. This was an event directed at families and was a very successful night.

Everyone danced to the music of the *Wombat In The Woolshed Bushband*. The hall turned colour blue for the occasion and the rhythm kept everyone on the dance floor.

The next dance is on Saturday 13 April at 7.30pm. An activity for all ages as all SpringDale activities are.



Saturday 23 March
Drysdale Primary 10AM - 3PM
Fun for all ages, Rides, Cha Cha, Auctions, Stalls, food and more

FOR MORE INFORMATION CONTACT
DRYSDALE PRIMARY SCHOOL 5251 2272 OR CLIFTON SPRINGS PRIMARY SCHOOL 5251 3581



What's on - March 2013

Saturday

2

Harvest Basket Produce Swap
9am-11am SpringDale

Sunday

10

Bellarine Agricultural Show 9am-4pm

Tuesday

12

Clifton Springs Fountain Meeting
at SpringDale 7.30pm

Saturday

16

Spud Fest - Potato Shed

Sunday

17

Drysdale market 9-1

Tuesday

19

Rock And A Hard Place - Potato Shed

Thursday

21

Drysdale Guides - I am Powerful Night
6pm - SpringDale. See page 23.

Friday

22

Potato Shed Spud Club

Friday

29

Good Friday
SpringDale open 9am - 6pm
for Royal Children's Hospital Appeal donations.
Bellarine Camera Club Photography Show

saturday

30

Rotary Club Drysdale Easter Art Show
Bellarine Camera Club Photography Show

sunday

31

Easter Sunday
Rotary Club Drysdale Easter Art Show
Portarlington market 9am-2pm

Events - March

- 1 Australian International Airshow
- 3 Clean Up Australia Day
- 8 International Women's Day
- 11 Commonwealth of Nations Day
- 21 Harmony Day
- 22 World Water Day
- 23 Earth Hour
- 24 Blokes Day Out Festival - Geelong
- 24 Run for the Kids - Geelong
- 29 Good Friday
- 31 Easter Sunday
- 31 Neighbour Day

APRIL Sat 2 -Wed 6 Roger Jolly Pirate Adventures

Deadlines 2013

April Issue

Bookings/copy required 1 March 2013
Distribution Saturday 30 March
Circulation 7,000 copies

It's all about your business



Support your local magazine
The SpringDale Messenger
and reach over
7000 homes each month in Drysdale, Clifton Springs, Portarlington, Indented Heads and St Leonards.

For more information call (03) 5253 1960.

SpringDale Neighbourhood Centre Inc. acknowledges the support of:



SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.

If you wish to place your event in the calendar and further issues of **The SpringDale Messenger** please email, write or call the event details to our office.

SpringDale Neighbourhood Centre

Opening Hours **Monday to Friday 9am - 5pm** and by appointment.

Compiled & published by the **SpringDale Neighbourhood Centre Inc.** A0024916V
17-21 High Street, Drysdale Vic 3222 | Postal Address: PO Box 80 Drysdale

The SpringDale Messenger | Production & Creative by Lyn Ingles - blue pencil publishing

For all editorial and initial advertising enquiries:

SpringDale Neighbourhood Centre P: (03) 5253 1960 F: (03) 5253 3050

E: messenger@springdale.org.au W: www.springdale.org.au

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula. All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. **Views** expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



from the centre

Anne Brackley [centre coordinator]



Dear Everyone

This year has started fantastically. Classes, Groups, Occasional Care, Community Support, Member renewals all are going so well. Expressions of Interest turned into an eight week Mindfulness Class and maybe an Intermediate one to follow. We received more than enough interest to hold Introduction to iPad classes and we have started the Novice Cooking Classes. Thank you to everyone who has decided to come to SpringDale to learn something, share something or do something. People continue to remark on the welcoming atmosphere and the friendliness that they feel once they come through the door.

The celebrations of the 100th Anniversary of the SpringDale Hall have inspired so many people. The numbers in our choirs have swelled. So many people enjoyed the Family Bush Dance, that we have scheduled another for Saturday 13 April – hoping that we can cater for more than 70 people as we did in January. The local band, Wombat in the Woolshed, were fantastic and we look forward to a long relationship with them. We are already plotting and scheming for the next Sci Fi day. Thank you to everyone who helped make these events so successful.

Australia Day was extremely well attended in Drysdale and we were lucky enough to have Simon McKeon as the key note speaker. Simon was Australian of the Year in 2011 and my family was lucky enough to spend some time transporting him to and from Drysdale. Simon also agreed to come to a breakfast at SpringDale, on Australia Day and shared some of his wisdom and knowledge with the people in attendance. Simon likened the Neighbourhood House to the next level of government after Federal, State and Local. I had never thought of our role in those terms before.

If you have email or a mobile phone and if you would like to be contacted when events like breakfast with Simon crop up – please sign up for the SpringDale Mailing List down the bottom of the SpringDale Home page – please press Subscribe. Please ring SpringDale with your mobile phone number and we'll text you, or your home phone number or fax or even your home address. We promise not to abuse this trust but we need to be better connected to ensure all have the same opportunities.

I am so happy to live in the best part of the best part of the world but I continue to at grieve the fact that Drysdale is vanishing. Five percent of Drysdale became Curlewis late last year. Curlewis now comes down to Jetty Road and Grubb Road.

The concept of a grand entrance to town can no longer happen. The green belt separating the towns, which was a goal of the Bellarine Strategic Plan has been ignored. Along Jetty Road near Clifton Springs Primary School there is now a convergence of three town names. I am not sure why our lives have to be complicated in this way.

The City of Greater Geelong talk about the growth of the Drysdale Area as Drysdale continues to shrink. Drysdale is named after Anne Drysdale, the first lady to get the vote in Australia although it was for only a short period of time. I feel as though we have had our land taken away after a war that we never had a chance to fight. Whenever I speak of this I end up in tears.

I continue to love our area no matter what it is called – maybe SpringDale should try and add Curlewis into the mix – maybe we could become SpringDalewis.

Hope you have a great month
Anne Brackley
For the whole SpringDale Team.



What's on @ SpringDale



A great opportunity for New SpringDale Advertisers.

- A 60mm x 50mm advert in the **SpringDale Messenger** magazine.
- Line listing in the **North Bellarine Business and Services Directory**
- A web page as displayed above - optimised for mobile phone platform
- Single Membership of the **SpringDale Business Network**

Great value for \$175.00

Contact **SpringDale 5253 1960**



\$45

per day

Have fun learning and sharing skills

Autumn

Tuesday 2 April - Friday 12 April

Sessions run from 8am to 6pm.

Extended hours.

Book now!

Limited spaces

Call 5253 1960 B/H

Child Care rebate available

Email: office@springdale.org.au



Combined Probud of Drysdale/Clifton Springs

Christmas Lunch with The Melodairs

In December we held our Christmas Lunch at Springs Golf Club, when we reminisced about our recent fun Trivia meeting and spring BBQ held in November, as well as enjoying a great meal with music from The Melodairs. It was a good way to finish the year off with a flourish!



Our Caravans and Cabins Friends are currently visiting Paynesville, and no doubt will return with stories of fun but perhaps also of the recent tragic bushfires. We are also readying for our bus trip to Tallangatta coming in April. The next Club meeting will be on Monday 11 March (yes, Labour Day), when we will be having another Trivia Morning by popular demand.

Our regular monthly meetings are held in the Members' Room of the Clifton Springs

Golf Club from 10 am on the second Monday of each month. We are a social club for ladies and gents - visitors and prospective members, singles and couples, are welcomed at all our meetings and activities, including our monthly Coffee Club, so come along and check us out.

Please contact Dorothy on (03) 5251 3702 for further information about the Combined Probud Club of Clifton Springs/Drysdale.

Rotary Club supports Cancer



I cannot imagine that there are many readers out there who have not been affected by cancer either by having it themselves, or knowing someone who has won the battle or even those who have unfortunately lost the battle. Research will eventually find a cure but much needed funds are always required to continue this valuable work.

The Andrew Love Cancer Centre in Geelong helps many, people with their support and care. Diagnosing, medicating, listening, being there. By way of support to this great Centre the Rotary Club of Drysdale annually sells raffle tickets to raise valuable funds for this research. Last year the Club handed over \$6,000. This year our goal is to make that donation larger. Will you help us?

Members will be located in various shopping centres in Leopold, Drysdale, Portarlington and Queenscliff. Would you have a spare dollar or two in your purse or wallet to support cancer research?

1st Prize is an Original Oil Painting by Hugh Guthrie painting valued at \$1800, 2nd Prize a \$1000 Travel Voucher from Harvey World Travel, 3rd Prize Original Pastel Colour painting by Orlando Patrian valued at \$600, 4th Prize Officeworks \$200 Office Chair, 5th Prize Humble Chef \$50 meal voucher and 6th Prize Van Loons Nursery meal \$40 voucher. The raffle will be drawn at the Easter Art Show which will be held at the Christian College Sports Stadium, Collins Street, Drysdale.

With Easter being March 30 and 31 why not plan to come and have a look at the range of paintings on display and see if you are lucky enough to win one of the prizes.

our reader's feedback

Traffic Issues

I am sick of the amount of traffic passing through Drysdale. Parking is difficult and with the new houses being built it will be even worse.

Paul, Drysdale.

Bypass

A bypass is definitely needed in our town. We should all support the DCSCA in their campaign.

Neville, Drysdale.

Traffic Lights

Within 5 years Drysdale will be over populated and the infrastructure hasn't been planned properly. Maybe traffic lights at Jetty Road roundabout for a start.

Linda, Drysdale.

Dust on our Roads

Many people are very concerned re the state of our gravel roads and the dust that overwhelms houses as the cars pass. Can we get together to draw this to the attention of Council.

Anne, Drysdale.

Dog Park

Is it possible to have a dog off-leash park in our community?

Hiliary, Clifton Springs.

We welcome your comments please email to
messenger@springdale.org.au

Strawberry Fair

Wallington Primary School Strawberry Fair is a family fun day that highlights local produce with a strawberry flavour.

The Strawberry Fair on Sunday 3 March from 10am – 4pm at the Wallington Primary School provides for all the family for a gold coin donation.

Strawberries have been grown in the delightful rolling hills of Wallington for over 130 years. Try some strawberry pancakes, strawberry jam, strawberry milkshakes and strawberry wine and listen to musicians while you browse local stalls.

Bush & Beach in East Africa

With Glenn & Carol

This safari has been designed to take in the highlights of this wonderful country: migration and wildlife.

The safari finishes with a relaxed break in one of the most beautiful beach areas in the world - Zanzibar.

16 Days

15 Nights

28 Sept - 13 Oct 2013

Twin from

\$11,020pp*

Single from

\$13,390pp*



HARVEY
world travel

License No: 32223

The Travel Professionals
3 Wyndham St (next to ANZ Bank) DRYSDALE
Ph: (03) 5251 1125 Email drysdale@harveyworld.com.au

**Need a Will,
Power of Attorney
or Probate for a
loved one's estate?**

Come in for a *free* chat

RISTEVSKI
LAWYERS

**1 High St., Drysdale
(old Post Office) Ph: 5251 3453**

Marvellous March at the Shed

What a great start to the year we've had down here at the Potato Shed. Blues Boot Camp was a big hit in January and in February we were lucky enough to welcome veteran actor Henry Szeps in the great production *It's My Party And I'll Die If I Want To*. With the school term in full swing, the venue has been abuzz with all sorts of workshops and diverse classes.

If you haven't already, grab a copy of this year's season brochure from our reception, where you'll find everything you need to book shows and get involved with classes, workshops and all the excitement at the Bellarine's favourite community arts hub.

On Saturday 16 March, Crash Course Productions will once again turn up the volume with their all day, all ages, drug and alcohol free event Spud Fest. Featuring over 20 bands, two stages, free activities, stalls, food vans and fun and games, the 2013 Spud Fest line-up is set to bring the house down!

Coming up for the first Morning Showtime is *Rock and a Hard Place* from Drop Of A Hat productions. Tickets are just \$14 and include a scrumptious morning tea.

The show combines images, narration and an awesome rock n' roll band to tell the story of 1950s Australia, where ballads gave way to Bill Haley and Woomera moved from Blue Streak to the H Bomb.

For all you budding musicians, comedians, dancers and performers, don't miss the first Spud Club for the year on 22 March. The Bellarine's best Open Mic night kicks off at 6.30pm for juniors and 8.30pm for adults.

In the first week of April 2-6 check out *Roger's Jolly Pirate Adventure*, a fantastic new children's show for the Easter school holidays. Tickets are just \$8 per person or \$27 for a family of four and there are two performances a day at 10.30am and 1.30pm. On Saturday 6, there will be one performance only at 10.30am.

Remember, group discounts are available for all shows. To book your next night out at the Potato Shed simply visit www.geelongaustralia/potatoshor call the Shed directly on (03) 5251 1998 for more info. You can also check out the Shed's Facebook page Facebook/The-Potato-Shed

WIN 1 DOUBLE PASS

POTATO SHED

To enter fill out the coupon below and send or deliver to:
Springdale Neighbourhood Centre
High Street, Drysdale

'Rock and a Hard Place'

Tuesday 19 March at 10.30pm

*Morning Showtime Season
Includes Morning Tea*



Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSES 3PM FRIDAY 15 MAR

Saturday 16 March
1pm - 9pm



SPUDFEST

Tickets \$20 each

Don't miss this event

**ROGER'S
JOLLY
PIRATE
ADVENTURE**

WHAT'S ON

Tuesday 19 March
Rock And A Hard Place
10.30am
All tickets \$14,
including morning tea

Friday 22 March
Spud Club
(Juniors 6.30-8.30pm,
Adults 8.30pm-late)
Licensed bar \$6 entry,
first drink FREE.

Great for the Kids



Tuesday 2 – Saturday 6 April
Roger The Jolly Pirate
10.30am and 1.30pm
(Sat 6 Mar, 10.30am only)
\$8 per person, \$27 for a family of four

april

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998

**CITY OF GREATER
GEELONG**
WWW.GEELONGAUSTRALIA.COM.AU

Australia Day Activities



The Bellarine Historical Society participated in the Australia Day activities on the Village Green in Drysdale by providing a display of items from the museum and organising a competition to name the items and their use.

Many people were keen to know the real answers. *Objects were:* 1 - Rabbit trap. 2 - Hurricane. Lamp. 3 - Kerosene iron. 4 - Portable scales for heavy weights such as meat carcasses, bags. 5 - Baking dish for sponge fingers or éclairs. 6 - Coolgardie Safe for keeping meat and food fresh. 7 - Stirrer for milk vat. 8 - Candle mould. 9 - Fish plate for connecting railway line to sleeper. 10 - Nutmeg or spice grinder. 11 - Railway signal cap. 12 - Light Horse hobble chain.

The mystery object in the box was a flat iron. The bell shaped object has been



identified as a cap for a water pipe in a cistern or holding tank. When it was lowered over a 3 inch water pipe it created a vacuum seal and stopped the



water flowing. When it was raised again, water flowed. In the photo, the fishplate has number 12 under it by mistake. It was actually number 9 on the list.

Drysdale/Clifton Springs Walk of Witness

A walk through the streets of Drysdale on Good Friday, March 29, 2013 will witness to the True Message of Easter. For the past 17 years the Combined Churches of Drysdale and Clifton Springs have joined together to celebrate this important Christian day with a silent Walk of Witness commencing at 11.30am from St. James' Anglican Church.

A large wooden cross will be carried, hymns will be sung and church members will read passages from the Bible and prayers will be said at various stops along

the way. This **Annual Walk of Witness** hopes to convey to the community the true message of Easter – what happened all those years ago to Jesus on the Cross on Good Friday. The message brings hope to many, that in spite of our faults and mistakes, people do not have to carry guilt with them for ever, if they are truly sorry for what they have done.

Years ago

As reported in *The Argus* on Wednesday 19 February 1941
100th Birthday

Mr. W.H.Hancock, of Kilgour Street, South Geelong, who is said to be the oldest man in Geelong district, will celebrate his 100th birthday on Thursday. He was born at Collingwood, and was taken with his family to Drysdale when five years of age. Later he became a farmer at Drysdale.

World Day of Prayer



The World Day of Prayer service will be held at St James' Anglican Church on Friday 1 March. The theme of this year's service is 'I was a stranger and you welcomed me' and has been arranged by the women of France. All interested are invited to attend and meet for tea and coffee afterwards in the Church Hall.

• Clothing • Accessories • Shoes
• Luggage • Kids & Teens

SURE JUNCTION

Stocking all major surf brands

Open 7 days

Shop 4/11 Clifton Springs Rd

Drysdale 3222 [03] 5253 3088

www.surfjunction.com.au

DRYSDALE FAMILY SUPPORT

Working with and for the community

- Counselling Centre
- Foodbank Plus
- Second Chance Clothing

276 – 290 Jetty Rd Drysdale
Ph. (03) 5253 2099



The Book Club

The Casual Vacancy - JK Rowling

On Monday February 4, the Book Group met to discuss J K Rowling's *The Casual Vacancy*. For fans of Rowling's Harry Potter series, this book came as a surprise in many ways and raised the question of whether J K Rowling is really a good writer. Some readers were disappointed and this may have been a result of all the publicity that preceded the release of this book, her first novel for an adult audience. There is a large cast of characters in this story set in the pretty English town of Pagford. The petty squabbles, political aspirations and secret agendas are all worthy of a script for one of those well-known and enjoyed English police television series. This book does have that potential.

When Barry Fairbrother dies suddenly from an aneurysm, his death causes a vacancy on the Parish Council. The cause that Barry had been supporting

has created strong community feeling and resulted in a rift between many of the citizens.

Just some of the issues included in this book are relationships – between couples, neighbours, in-laws and families; racial and religious differences, snobbery, computer hacking, teenage angst and self-harm. Rowling has managed to include all these things and create many undercurrents while the task of filling the casual vacancy on the council is resolved. Our group found most of the characters thoroughly unlikeable but had to agree that we all know people like them. Rowling has succeeded in making a caricature of small English villages and their inhabitants.

One reader questioned if this was some sort of catharsis after so many novels for children – freedom to write about the seamier side of life while another felt that Rowling was writing with tongue firmly in cheek, having a good time and managing to produce a readable and saleable book.

Another commented that she initially expected to dislike the book but found herself forced to continue reading to “*find out what happens next*”. The mark of a clever writer! We managed to give this book average score of 7/10 but our individual scores were widespread from one to nine!

Next month we will discuss *A Suitable Boy* by Vikram Seth and the choice for April is Alice Sebold's *The Lovely Bones*.

Scrabble Word for March

- saz



This month the word is saz, a very old traditional Turkish string instrument.

Scrabble is a great game which presents a number of unique challenges to its players.

**Scrabble is played at
SpringDale every
Tuesday afternoon at 1pm.**

The Book Group meets at SpringDale on the first Monday of each month at 7.30pm. Our meetings are very informal and new members are always very welcome. For more details, contact SpringDale on (03) 5253 1960

golfing memberships

Golfing Memberships 7 Days
1 Mar, 2013 until 30 June, 2013 - \$250.00

Week Day Membership
1 Mar, 2012 until 30 June, 2013 \$187.00

Green Fee Players Welcome
- \$30 for 18 holes

For all
golfing and
membership
enquiries
please phone
(03) 5251 3391

FREE
Courtesy Bus Available
Friday & Saturday Nights
5pm - 11pm

Please contact Club for details & bookings.

For Bookings
& Information



“Play by the Bay”
Clifton Springs
Golf Club

Larger
Servings

Fast &
Friendly
service



Monday **Dinner: All Mains** **\$17***
*Conditions Apply

Tuesday **Dinner:**
Parma Night - 4 types! **\$15**

Wednesday **Dinner:**
220gm Porterhouse **\$16**

Sunday **Two Course**
Roast Lunch **\$19.50**

Everyday! **Two Course**
Lunch Special **\$15**

ENTERTAINMENT

Local Band
Sacred Cows
Appearing on

Saturday 2 March
8.30pm until 10.30pm.
70's, 80's & 90's Music mix
No cover charge

Keyboard Vocalist
Kevin Mahoney
Appearing on Friday evenings
1, 15 & 29 March in the
Bistro 6.30pm until 9.30pm.

Come
listen and
enjoy

Present this coupon

& SAVE

Buy 1 main get 2nd main half price
equal or lesser value (main meals only)
Tuesday-Thursday evenings*

Valid from 1 March - 31 March 2013

* Not valid Public Holidays or Long Weekends
* Conditions apply - not available on all meals.



2013
march



Phone (03) 5251 3391 Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS 3222
Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au

Community Garden Project

An exciting Community Garden Project is about to commence at Drysdale Community Church on Jetty Road. The aim of the Project is to give the community the opportunity to Plant, Grow and Eat healthy seasonal produce.

The Project is being coordinated by Natalie Nevistic, who is extremely enthusiastic about the possibilities that the Project presents. Natalie envisages a Project that will involve the community from the very beginning, starting with the set up and development through to accessing the garden and enjoying its produce.

The layout and construction would enable people of all ages and abilities to be involved. It will provide an atmosphere that will encourage participation and interaction.

It is anticipated that the project will facilitate the imparting of experience and knowledge from those who know about gardening to those who are just beginning. Younger generations can be involved in seeing how the food they eat is produced, what is seasonal and the transition from seed to mature plant. The produce will benefit those who grow it, the local Foodbank and other community

groups who may need or use seasonal produce in their operation.

Natalie will soon be approaching local businesses, groups and individuals to give them an opportunity to be involved through the provision of materials, services and other contributions to get the Project started and maintained. She will also be following through on various opportunities for funding so the Project can continue to be developed.

Drysdale Community Church and Drysdale Family Support are very positive about the possibilities and potential of this Project and look forward to seeing the benefits it will bring to our local community.

If you are interested in assisting, providing resources or have any inquiries, please contact the Drysdale Community Church Office on (03) 5253 2241.

Garden Club

If you have an active interest in the art of gardening then become a member of the Clifton Springs Garden Club.

Clifton Springs Garden Club meets every third Monday evening at 7.30pm in the Drysdale Uniting Church Hall, Palmerston Street, Drysdale.

Please ring Lorraine on (03) 5251 1660 for any enquiries.

Volunteer of the Month

Drysdale Harvest Basket happens on the first Saturday of each month and **Jill Pring** has been the facilitator and the face of the group since its inception. We thank Jill for the countless hours that she has devoted to the group and our community via this group. More than one hundred members of the group have reduced carbon miles over the last three years. The group has shared food, time and ideas. The atmosphere in the SpringDale Hall during the Harvest Basket session is just like visiting a rain forest. The collaboration is inspirational – thanks so much Jill.



Jill Pring

For all your building and renovation needs come to **Fagg's Mitre 10 Wallington** - we have it covered.

With a huge range of products, great advice, friendly service and plenty of easy parking right at our door, you are sure to find something mighty helpful to get your next project underway.

STORE NOW COOLED & HEATED

FAGG'S MITRE 10

MIGHTY HELPFUL HOME IMPROVEMENT

365 Grubb Road, Wallington Ph: 5250 2855

24/7 Grass Garden General MAINTENANCE

Lawns / Edges / Rubbish Removal / Pruning
Hedging / Gutters / Ride On Mowing
Windows / Chainsaw Work
Yard & Garden Clean Ups / Landscaping
Preparing Property For Sale / **MULCHING SERVICE**

David 0416 016 856
Debi 0416 752 994

BELLARINE BGS

GLASS & SCREENS

- Security Doors • Shower Screens
- Wardrobe Doors • Mirrors • Flyscreens
- Glass Repairs • Balustrading

7 Days A Week Fast Glass Repairs ✓
Same Day Service ✓

Ph: (03) 5253 2301

38 Murradoc Road Drysdale 3222
D Ward Facsimile 03 5251 3905

Garlic can go in from March until the shortest day of winter. The cloves sprout and get established in the cool, damp winter weather, then lengthening days and increasing temperatures are a signal to the plant to form a bulb.

Although garlic will grow in quite poor soils, you'll get better, bigger bulbs if you provide some extra tucker. One way to do this is to dig a trench one spade deep, and spread a generous layer of well-rotted cow, horse or sheep manure in the bottom. Then fill back in and plant your garlic cloves as normal – pointy end up, with the tips about 1 cm below the surface of the soil. As the roots spread down in search of food and water, they'll find a nice larder of nutrients just where they need it.

Garlic and onions both dislike acidic soils, so if your soil pH is less than 6.5, sprinkle a top dressing of garden lime when you've planted the cloves.

ONIONS

Early onions can go in from April until the shortest day, after that you should plant late varieties. Ask for 'early or short-day' onions or 'late or long-day' onions.

I've tried various methods of growing onions over the years. Direct sowing of the fine seed will work, but will produce patchy results. Transplanted seedlings are fiddly to handle and easily disturbed by rampaging blackbirds.

The trick is to transplant onions in bunches of three or four. That way the spindly little seedlings have some pals for mutual support. When they mature, they swell up as normal to form nice, round, fat bulbs.

Start off with a seedling pot full of good, moist seedling mix. (I use Jiffy pots made of paper or coir, because they're easy to pull apart.) Sow the seed quite thickly on

I only dug up and cured the last of my long-keeping onions in February, so it's hard to believe that it's already time to think about the next crop of onions and garlic. But it is!



Grow, you little beauties ...



... and grow they did

the surface of the potting mix: you can sow 30 to 40 seeds per pot. Then cover with a thin layer of potting mix and water gently.

Your seedlings will come up like fine grass. When they're about 5 cm tall, it's time to transplant them. Gently remove the pot without damaging the seedlings (that's where the Jiffy pots are useful), then separate the seedlings, shaking the potting mix off their roots. Gather them in bunches of three or four, and using a sharp pair of scissors snip off the tops at about 3 cm and the roots at about 1 cm. It sounds brutal but it's actually good for the plant!

You can then plant the little bunches of onions at about 15 cm distance from each other and water in gently. Because the long, trailing roots have been snipped, they can now grow straight down, anchoring the plants. The tops won't dry out because they've been cut short, reducing transplant shock. Trust me: *it works a treat!*

Thompson Direct Painting
Top quality work
and great rates.

*No! Job Too Big
No! Job Too Small*

Ian Thompson 0428 378 131
Clifton Springs

Call us now for a FREE quote.

**LOOK
AT THIS
ROOF**

- ♦ Cement Terracotta Restorations
- ♦ Cleaning, pointing & rebedding
- ♦ Re-coating
- ♦ All roof repairs
- ♦ Quality Products
- ♦ All areas
- ♦ Free quotes
- ♦ 10 Year guarantee

www.lookatthisroof.com.au

1 8 0 0 0 0 7 4 1 1

**Geelong
Cleaning
Company**

- Window Cleaning
- High Pressure & Exterior Cleaning
- Commercial & Builder Cleans
- Move In / Move Out Cleans

**Your local
Professionals**

Call today for your FREE Quote:
Ian Day 0425 724 020

CARPET COURT
DRYSDALE FLOORING CENTRE

Large range of Carpet,
Vinyl, Laminate Flooring
Engineered Timber Flooring
& Solid Timber Flooring

Neil Petrie
P: (03) 5253 1855
Mob: 0419 519 030
63 Murradoc Rd Drysdale
drysdale@carpetcourt.com.au

www.carpetcourt.com.au

Perfect Plums

Plum Cake

Recipe by: Diana Boskma

3 level tbspn yeast
125ml of milk, warmed
450g plain flour
1 tspn sugar
2 eggs
75g butter
Pinch of salt
75g caster sugar
6 fresh ripe plums
75g icing sugar
Pinch of cinnamon

Dissolve yeast in warm milk and add 1 teaspoon sugar to get it started.



Leave for 10 - 20 minutes, or until frothy.

Preheat the oven to 180°C.

Place all the other ingredients, except the plums, in a large bowl.

Stir in yeast mixture and knead into a dough ball. Let it rise until doubled.

In the meantime take the stones out of the plums, cut them in half and then make a small cut in the lower half of the halved plum.

Knead the dough again and place in 23cm baking tin. Arrange the plums so they are peeking out a little from the dough.

Bake for 30 to 45 minutes, checking after 30 minutes to see if it is ready.

Mix icing sugar with a pinch of cinnamon. Spread it over the still hot plum cake right after it comes out of the oven.

Ready! Eat it slightly warm

The Drysdale Hotel



- Indoor Kids Playroom
- Beer Garden
- TAB • Drive thru Bottle Shop
- Meals to 8.30pm daily
- Bottleshop 10am – 10pm daily
- 10am – 11pm Friday & Saturday



The Drysdale Hotel
 Reservations 03 5251 2301
 Collins St Drysdale
www.drysdalehotel.com.au



Chinese Pork with Plums

Recipe by: Zoë Harpham

2 tbspn vegetable oil
4 lean pork loin steaks
800g plums, halved, stoned and roughly chopped
4 spring onions, cut into 2cm lengths
4 orange sweet potatoes, peeled and cut into 1cm cubes
230g can water chestnuts, drained and rinsed, then sliced
3cm piece fresh ginger, peeled and grated
2 garlic cloves, crushed
1 red chilli, deseeded and finely chopped (optional)
2 tspns sugar
1 tbspn soy sauce
1 tbspn cider vinegar
2 tbspn Chinese rice wine
or dry sherry
¼ tspn five-spice powder
2 tbspn chopped fresh coriander

Preheat the oven to 180°C. Heat the oil in a large flameproof casserole dish, then briefly fry the pork steaks on both sides until lightly browned. Add the plums, spring onions, sweet potatoes and water chestnuts to the casserole dish, then stir everything together.

Put the ginger into a small bowl. Add the garlic, chilli if using, sugar, soy sauce, vinegar, wine or sherry and the five-spice powder. Mix well, then spoon the mixture over the ingredients in the casserole dish. Cover with the lid, then cook in the oven, stirring occasionally, for about 45 minutes until the meat is tender and the sauce has thickened.

Taste the sauce and add more sugar or vinegar if needed, depending on the flavour of the plums, to give a good balance of sweet and sour tastes. Scatter the chopped coriander over the top and serve.

Visit:

<http://allrecipes.com.au/recipes/tag-409/plum-recipes.aspx>

Goodies by the Bay
 Gifts, homewares and more!

now open



Gayle Baylis
 12 Pinnaroo Ave
 Clifton Springs
 0408 513 090

www.goodiesbythebay.com



Computers



Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension. \$55 Concession Fee consists of the following:
\$25 subsidised tuition fee + \$30 services fee

MYOB for Beginners

These sessions are designed for those just starting out and will give you a basic foundation of how to use MYOB in your business.

Skill Level: Intermediate

Dates/times: Wed 24 April – Wed 12 June

6.30pm – 9.30pm (8 sessions)

Fee: \$160 or \$55 Conc plus Manual \$45

Tutor: Brian Knights, Round Table Business Consultants

Introduction to Computers A/B

Introduction to keyboarding and mouse skills. Learning to open and close programs and also to turn on and shut down the computer. Introduction to Basic Word, processing skills with learning to create and save a document as well as your own name folder. Basic explanation of what the Internet can do.

Skill Level: Beginner

Dates/times: Thurs 2 May – Thurs 20 June

1pm – 3.30pm (8 sessions)

Fee: \$160 or \$55 Conc

Tutor: Lyn Brook, Lynette's User Friendly Computers

Introduction to Computers C/E

(Intermediate Word – follows on from A/B class)

Learn how to create tables, use tabs, columns, clipart and place a border, send and receive emails.

Understand the Internet and browse different search engines. Learn about virus protections.

Skill Level: Beginner +

Dates/times: Tues 23 April – Tues 11 June

1pm – 3.30pm (8 sessions)

Fee: \$160 or \$55 Conc

iPad for Beginners

Have you been given or have just bought an iPad and not sure where to start? This could be the course for you. Learn how to use basic iPad functions, practise scrolling learn about iPad apps and much more in a fun supported environment.

Skill Level: Beginner

Dates/times: Thurs 2 May – Thurs 20 June

9.30am – 12noon (8 sessions)

Fee: \$160 or \$55 Conc

Tutor: Lyn Brook, Lynette's User Friendly Computers

iPad For Small Business

Are you wanting to *get mobile* in your business? This course will show you how to use the iPad to improve your productivity. Learn how to configure the Google Calendar for mobile use, iPad apps, synchronising your iPad with your desktop and the importance of backups.

Dates/times: Wed 24 April – Wed 12 June

1pm - 3.30pm (8 sessions)

Fee: \$160 or \$55 Conc

(\$50 subsidised tuition fee + \$30 services fee)

Tutor: Jonathan Harris JNH Software P/L

Word & Excel for Small Business

Small Business owners and staff never have enough hours in the day. This course will fix that by improving your efficiency, productivity and profitability. Learn how to format a personalised mailout to your customer, an eNewsletter, use style sheets in Word, add an automatic Table of Contents, include hyperlinks to other websites.

Skill Level: Intermediate

Dates/times: Mon 22 April – Mon 17 June

10am – 12.30pm (8 sessions)

Fee: \$160 or \$55 Conc

Tutor: Jonathan Harris JNH Software P/L

Email & Internet

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including voice, video and interactive chat and learn how to check for and avoid viruses, Trojans and worms.

Skill Level: Beginners

Dates/times: Mon 22 April – Mon 17 June

1pm - 3.30pm (8 sessions)

Fee: \$160 or \$55 Conc

Picture Editing & Movies

Learn how to edit, file, categorise and archive your

digital photos using Picasa. Learn how to use a Memory Stick and how to resize pictures and share them with your family.

Materials: Photos optional

Dates/times: Wed 24 April – Wed 12 June

10am - 12.30pm (8 sessions)

Fee: \$160 or \$55 Conc

Tutor: Jonathan Harris JNH Software P/L

Intro to Web Design with WordPress

Create your own website (or blog) quickly and easily, without needing to learn programming, and then learn how to add images, videos, and links to your pages. If you know how to use MS Word you will have no problems with WordPress.

Dates/times: Fri 26 April – Fri 14 June

10am – 12.30pm (8 Sessions)

Skill Level: Intermediate

Fee: \$160 Conc \$55

Tutor: Pierce Jaques

Sound, Slides & Video

Learn how to combine music and other sound recordings with your photos; to make slideshows and videos for presentation, distribution on CD (or DVD), or viewing on the internet.

Prerequisites: Images, Audio CD

(or Cassette), Headphones

Skill Level: Intermediate

Dates/times: Fri 26 April – Fri 14 June

2pm – 4.30pm (8 sessions)

Tutor: Pierce Jaques **Fee:** \$160 Conc \$55



Join like minded people like Hugh and Margaret learning the skills on the computer.

See more information on this section - Computers.



Accredited courses



First Aid – Level 2 (Apply First Aid)

Code ALTFA301B/21569VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylactic updates) and is a requirement for many courses, organisations and work places.

Dates/times: Sat 11 May & Sat 18 May (2 sessions)

Full Fee: \$180 **Funded Fee:** \$140 **Conc:** \$55

Tutor: National First Aid

Food Handling and Safety

(Apply basic food handling)

Code SITXOHS002A

Great for school leavers, volunteers and those already employed in food related areas. This accredited module will give knowledge and skills in correct and safe food handling, storage and hygiene. Update your skills and improve your job prospects today.

Dates/times: Sat 4 May 9am – 3pm

Fee: \$120 **Funded:** \$90 **Conc:** \$55

Tutor: Ocean Grove Neighbourhood Centre

Responsible Service of Alcohol

Covers all areas relating to the service of alcohol in and around licensed premises. Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

Dates/times: Sat 11 May 9am – 1pm

Fee: \$90 **Conc:** \$60

Tutor: Ocean Grove Neighbourhood Centre



Courses after hours

Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry? Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture. Small groups, so enrol early.

Dates/times: Sat 4 May, Sat 1 June

10am – 12noon **Fee:** \$30

Tutor: Jordon Smith

First Aid – CPR (Perform CPR)

Code HLTCPR 201A

(Cardiopulmonary Resuscitation)

Do not wait until it's too late. Learn CPR today. CPR training offers learners the opportunity to achieve confidence in the performance of cardiopulmonary resuscitation in a safe environment. It is recommended that CPR updates are undertaken annually. First Aid/CPR is the first 3 hours of First Aid - Level 2. See that course for details.

Dates/times: Sat 11 May 9am – 12noon (1 session)

Tutor: National First Aid **Fee:** \$60

Digital Photography Doctor

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperture, different file formats, downloading images, red eye reduction and lighting techniques.

Dates/times: Tues 30 Apr – Tues 21 May

7pm – 9pm (4 sessions)

Fee: \$100 or \$92 Conc **Tutor:** George Stawicki

Holiday Photography

Say *Ciao* (bon voyage, good bye) to horrible holiday photos. Holiday photos should bring back the excitement and adventure of your trip. Yet many people find their photos disappointing. This short course is designed to teach you how to take fantastic holiday photographs in a few easy steps. Say *arrivederci* to problems including poor composition, bad lighting over and under-exposure, and plain old boring pictures. Next trip, people might actually be asking to see your happy snaps.

Dates/times: Tue 28 May and Tue 4 June
7pm – 9pm (2 sessions)

Fee: \$60 **Tutor:** George Stawicki

Picture Framing

A workshop for people who would like to frame their prints.

Dates/times: TBA

Fee: \$70 **Tutor:** Ron Badenhop

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

Dates/times: Thur 2 May – Thur 20 June
6pm – 7.30pm or Thur 2 May – Thur 20 June
7.45pm – 9.15pm (8 sessions)

Fee: \$95 **Tutor:** Glenda Breedveld

Materials: Mat supplied but feel free to bring a rug.

Venue: Drysdale Senior Citizen's Club,
Cnr Clifton Springs Rd & Wyndham St

What's your idea for a new group or course?

Do you have an idea for a new group or course that you might like to start or suggest? Come along and discuss your ideas. Don't let them fade away



Groups after hours

Book Club

All avid book readers come and share your opinions and interpretations of selected titles. Meets first Monday of the month at 7.30pm.

Write on Bellarine

A group of dedicated writers meet 1st and 3rd Wednesday of each month from 7.30pm.

Music Group

Music is played for pleasure, exploration and performance, ranging from pop, jazz, standards and classical. A new music group now meets weekly every Wednesday at SpringDale from 7pm – 9pm.

Men's Kitchen

– Wednesday Evening

We will be running a Men's Kitchen every Wednesday evening from 5pm – 8pm.

Waiting list applies.

Facilitator: Gaylia Lowe

Fee: price depends on menu

Harvest Basket

Meets 1st Saturday of every month and operates on an honesty system outside SpringDale (inside if wet) to swap home grown vegies.

Dates/times: 9am – 10am Swap

10am – 11am Vegies available for purchase.

Cheese Club

Meets every 2 months. Next meetings on Sat 13 April, then Sat 1 June starting at 9.30am. This club is open to people who have attended cheese classes at SpringDale in the past.

Starting at 9.30am.

Cost is \$1 plus cost of ingredients.

Argentine Tango

Come along and learn the Argentine Tango.

If you can walk you can tango. No partner necessary, suitable for everyone, learn to focus your mind and strengthen your core balance. Be taught by a friendly teacher. **Dates/times:** Every Tuesday. 7pm – 9pm **Fee:** \$8



*Anyone for a game of cards?...
you are welcome to join anytime.*



*Take your poles and walk with friends.
Great exercise for mind and body.*

To be a member of a SpringDale Group you must be a member of SpringDale Neighbourhood Centre (\$5 per year). Group fees range from \$1 to \$11 per session.



Courses during the day



Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension. \$55 Concession Fee consists of the following:
\$25 subsidised tuition fee + \$30 services fee

Discover the artist within - Level 1

An Introductory or Refresher Art Course in Drawing and Painting for Adults. No previous knowledge required.

Dates/times: Wed 24 April – Wed 12 June 9am – 11am (8 sessions)

Fee: \$130 **Conc:** \$55 **Tutor:** Annette Playsted



Discover the artist within - Level 2

An Intermediate Level Art Course in Painting and Drawing for Adults who have completed a foundation art course. This course aims to increase media knowledge in the techniques and processes of painting and drawing, improving skills and confidence.

Dates/times: Tues 23 April – Tues 11 June 9am – 11am (8 sessions)

Fee: \$130 **Conc:** \$55 **Tutor:** Annette Playsted



Develop the Artist Within – Advanced Workshop program

This program is for hobbyist artists or art students who have studied at the intermediate level and want to further develop their knowledge and broaden skills and perceptions. Workshops will include: Experiential Media broadening to include new approaches to two and three dimensional media, Building self-expression, ideas and approaches, building colour and tonal awareness, and shared adventures into Art theory and Art history.

Dates/times: Tues 23 April – Tues 11 June 11am – 1.30pm (8 sessions)

or Wed 24 April – Wed 12 June 11am – 1.30pm

(8 sessions) **Fee:** \$140 **Conc:** \$55

Tutor: Annette Playsted



Cooking - for the Novice

Learning to cook is like learning to drive. It is easy and enjoyable. You can learn to make a variety of tasty, healthy meals in a friendly atmosphere.

Dates/times: Fri 26 April – Fri 14 June 11am – 2pm (8 sessions)

Fee: \$55 **Tutor:** Sarah



French for Real Beginners

Want to keep your mind young, meet new people and have lots of fun all in the space of an hour? Come and develop new skills, exercise your mind and challenge yourself by learning a new language.

We will be studying French through a variety of mediums. Do come along and join me no matter what your level or ability. All Welcome. This course is for beginners, no prior knowledge required.

Date/time: Tue 23 Apr – Tue 11 June 9am – 10am (8 Sessions)

French for Advanced Beginners.

For those who have attended the Beginners Class in 2012.

Dates/Times: Tues 23 April – Tues 11 June 9.30am – 10.30am (8 sessions)

Fee: \$90 **Tutor:** Laetitia Cairncross

Intermediate French

For those with some prior knowledge of the language.

Dates/times: Tues 23 April – Tues 11 June 10.30am – 11.30am (8 sessions)

Fee: \$90 **Tutor:** Laetitia Cairncross

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

Dates/times: Mon 22 April – Mon 10 June 9.15am – 10.45am (7 sessions) **Fee:** \$95

Tutor: Glenda Breedveld

Materials: Mat supplied but feel free to bring a rug.

Venue: Drysdale Senior Citizen's Club, Cnr Clifton Springs Rd & Wyndham St.

Career Development Program

How to market yourself - an employability skill Do you need to write or update your resume? Don't know how to sell your employability skills in an interview? Perhaps you need to organise a portfolio as part of an application into a course of study or job application. This workshop will teach you how to promote yourself. At the end of this workshop, you will have a better understanding of how to analyse advertisements, set goals and write your own action plan. **Dates/times:** Tuesday afternoons **Fee:** \$10 **Tutor:** Dorothy Pearce

Betty
scrabbling
around...
searching for
the elusive
20 points....!



Groups during the day

The friendly Cuppa and Chat Group

Call in for a cup of coffee and a chat on the fourth Monday of the month between 10.30am – 11.30am.

Life Drawing

For those who enjoy the experience of Life Drawing. Mon 1.15pm – 3.45pm. Please call SpringDale to book.

SpringDale Badminton

Wednesdays 1pm – 3.30pm weekly at The Scout Hall Drysdale. **Fee:** \$4 per session.

SpringDale Jigsaw Club

Borrow a jigsaw from a big library 40¢ each. The first Thursday of the month from 10am – 12noon.

SpringDale Mahjong Club

This group meets Wednesday from 10am – 12noon.

SpringDale Scrabble Club

Held on Tuesday afternoon, 1pm – 3pm and caters for players of all abilities and new players welcome.

Card Games

Play Canasta, Euchre and 500. This group meets Monday afternoons from 12.30pm – 3pm.

Line Dancing

Join our group. Every Wednesday except school holidays. 10am – 12noon. \$8 per session.

Mac User Group

Do you own an Apple appliance? Would you like to discuss any problems and learn how to utilise your Apple computer, iPad, iPhone with other Apple users? Share your knowledge.

Dates/Times: 1st Tuesday of the month. 3.30pm

SpringDale Artists

An Art Group for Artists and Hobbyist Artists Continue learning and developing your skills, sharing with others, participate in workshops, excursions and preparing artworks for an annual SpringDale Artists' Exhibition. Wednesday 130pm – 4.30pm weekly

Textile Arts & Crafts, Spinning Group

Come along and enjoy quilting, felting/embellishing and mixed media projects, cloth dolls and textile arts.

Dates/times: Every Tuesday 1.30pm – 3pm

Springers Quilting Group

Meets on the 2nd & 4th Thursday of the month at SpringDale from 10am – 12noon.

PC User Help Group

Interested in computers, share this interest with others. Meets 2nd Tuesday in the month from 4pm – 5pm.

Men's Kitchen – Tuesday Mornings

Tuesday morning 10am – 1pm
Location: St Leonards Recreation reserve
Fee: Price depends on menu

Men's Kitchen – Wed/Thurs Morning

Waiting list applies. Fee: Price depends on menu
Dates/times: Wednesdays 10am – 2pm

Pole Walking Group

Enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk. **Dates/times:** Weekly Mondays 9am-10am (Contact SpringDale for meeting points)
Facilitator: Harold Waldron

Fun Volleyball

We play with a soft beach ball, and the aim is exercise. Other session times possible register your interest. **Dates/times:** Mondays from 9am – 10am
Cost: \$4.00 per session **Venue:** Drysdale Scout Hall

SpringDale Wheelie Riders

Would you like to get involved in cycling again? Riding adventures starting with bicycle safety.

Date/times/fee: Mon, Tues & Wed 8am. Rides vary in difficulty. **Leader:** Marilyn Townsend

SpringDale Singers

A long established, informal non-performing choir which sings both simple and challenging music. Former choir or music group members and non-singers are also welcome.

Dates/times: Tuesday 1.30pm – 3.30pm

Bellarine Community Choir

Peninsula residents are welcome to join this new choir, performing at functions on the Bellarine. Men and women are required to sing 4 part harmony.

Dates/Times: Thursdays at 1.30pm at SpringDale

Traditional & Digital Scrapbooking

Would you love to organise your precious memories by scrapbooking your photos. Come along and learn traditional and digital scrapbooking solutions. Material list for beginners, tools available for you to use and product available to purchase.

2nd Thursday of the month 1pm – 3.30pm
Fee: \$2 **Tutor:** Lyn Clough.

Write About

A small group of committed writers meet on the 2nd Monday from 2.30pm – 4.30pm.

Cryptic Crosswords Group

Have you ever wondered how Cryptic Crossword Puzzles work? Join a group of like-minded crossword fans to learn and share the skills needed to solve Cryptic Crosswords. We will solve cryptic puzzles together in a fun and non-competitive atmosphere. This group is open to all levels of expertise from beginners to those who want to extend their knowledge. **Date/Time:** Friday weekly at 10am.
Fee: \$1 per session.



Expression of Interest

Coin Club

Would like to hear from anyone interested in being foundation members of a **Coin Club** at SpringDale. Please contact Josh Gay on 0408 428 596.

Data Backup

Have you ever wanted to backup your data and didn't know how? Well come along and learn the successful way of doing it.

Gluten Free Cooking Session

Would you like to learn more about cooking delicious Gluten free foods? Including how to look at ingredient lists to work out what is or is not gluten free. Join a session that we will cook a meal to try or take home
Date/time: TBA **Fee:** \$30 Conc \$25
Facilitator: Sarah Baker

SpringDale Occasional Care

This will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself.

Sessions:

Monday, Wednesday and Thursday 9am – 2pm.
Tuesday, Friday 9am – 12noon.

For further information please phone Occasional Care on (03) 5251 1627.
Sessions run during school terms only.

SpringDale Vacation Care

Enrol your kids early for **Holiday Program** in the SpringDale Vacation Care. Children between 5-12 years. Conducted in a safe environment. Register now. For further information please phone **SpringDale on (03) 5253 1960.**

Fees: \$45 per day.
Childcare rebate applies.

Drysdale Toy Library

Tuesday 4pm – 5pm. We have some fantastic toys to borrow (ages 0 – 6 years) so come along and see what we have to offer. Membership \$10 per term. Check out our website for more information.

Portarlington Toy Library

Operates out of the Portarlington Pre-school. New members welcome.
Dates/times: TBA

Dance classes for kids

Toddlers dance activity – let's have fun to music together.
Date/time: Tuesday weekly, during school term from 9.30am – 10am
Fee: \$3 per week/per class



Non SpringDale Classes & Groups

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention and direction.

Dates/times: Tues 16 April – Tue 18 June (10 weeks)
• 9.30am – 10.30am (ball class)

• 11am – 12noon
(beginners to intermediate floor class) **Fee:** \$125

Thur 18 Apr – Thur 20 June (10 weeks)

• 6.45pm – 7.45pm
(beginners to intermediate/advanced floor class)

• 8pm – 9pm
(beginners to intermediate floor class) **Fee:** \$140

Tutor: Monique MacLeod

Phone to book: (03) 5251 2958

Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale.

Bellarine Woodworkers Inc.

All keen woodworkers have the opportunity to meet on the first and third Monday of the month at 1.30pm at SpringDale Neighbourhood Centre. New members welcome. *Just turn up.*

Come and join in our classes, gain knowledge and make friends

Our classes have a welcoming atmosphere and are affordable.

Is there something that interests you and there is not a course to attend... please! Let us know.

Do you have an idea for a new group or course that you might like to start or suggest? What is your dream that we can help make come true?

For more information or to register your expression of interest about these and the following activities please contact the friendly team at
SpringDale Neighbourhood Centre (03) 5253 1960

Scheduled Fees: Courses at nominated rates. **Single Sessions:** Incur a \$5 Administration Fee.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



CITY OF GREATER
GEELONG



Department of Planning
and Community development



Department of Education
and Early Childhood Development



Australian Government
Department of Education, Employment
and Workplace Relations

Enrolment & Payment Conditions

ENROLMENT

To book into a class, **phone (03) 5253 1960**, or call in person, at **SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale, OR**
Email: office@springdale.org.au

- If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees if applicable.
- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

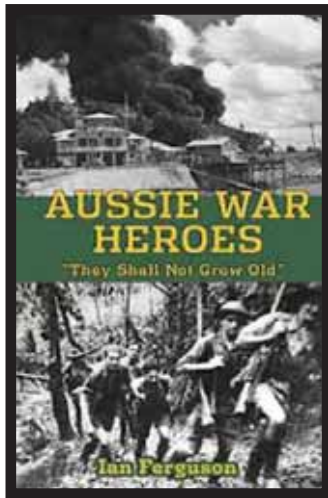
PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
- If there are not enough enrolments to successfully run a course it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

Privacy: The SpringDale Neighbourhood Centre

respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

Clifton Springs author - Ian Ferguson



Clifton Springs author **Ian Ferguson** has included profiles about local identities in his most recent book titled *Aussie War Heroes: They Shall Not Grow Old*. Five Victoria Cross (VC) recipients, who have family connections on or near the Bellarine Peninsula, are profiled in the book. James Newland was born in Highton, Rupert "Mick" Moon, who was previously Managing Director of Dennys Lascelles, died in Geelong at the age of 94. Albert Jacka, Australia's first VC inductee, was born in Winchelsea, while Percy Cherry, an Aussie hero from the Western Front, spent his early years in Drysdale. In more recent times, Ted Kenna, who was awarded a VC in recognition of his acts of bravery on the Kokoda Trail, lived his final years in a Drysdale nursing home, before he passed away at the age of 90 in 2009. Ian's book begins with pre-Boer War skirmishes of the late nineteenth century, and traces Australia's involvement in international wars up to the present conflict in Afghanistan. Both decorated and little known Aussie war heroes come to life for the reader, and the deeds and personalities of these brave men and women are revealed in fascinating detail. Reasons for our participation in various conflicts are analysed, and outcomes from each war are frankly evaluated.

Australian heroes from notorious World War 11 POW camps are also featured, as are the impressive contributions of Sir John Monash, Sir Harry Chauvel, Reg Saunders, Nancy Wake, Vivian Bullwinkle and many other gallant men and women.

Writing Group Making Impressions

Write on Bellarine began as Good Neighbours in Queenscliff four years ago, before moving to Drysdale and the SpringDale Neighbourhood Centre. Four of the original members are still involved with the group and a number of local writers have been contributors during the group's existence. Currently seven writers share their passion for writing and critique each other's work. Strong friendships and respect have grown within the group with members exhibiting contrasting styles of poetry, prose and other forms of writing.

2011 saw the reaching of a few milestones including the publishing of *Write on Bellarine*, the first anthology for the group.

The book has been well received and as well as being a contributor to that publication, Bryan Humphrey, a tutor at Deakin, has also produced a personal collection of poems and prose titled *Release*. Another member, Roy Johnson, won a section of a local poetry competition.

Born in New Hampshire in the United States, his work by his own definition, 'could be considered whimsical, quirky, quixotic or even chaotic and sometimes nostalgic' but regardless of definition he just hopes people enjoy his work. His soft American accent gives his work an extra dimension.

Roy's winning poem

One Day

*We live in a small town.
It used to be a village
but has grown.
We used to have two petrol stations,
Now we have none.
We have been promised another ..
One day.
We have two small supermarkets
And have been promised another ..
One day.
We have a pier which needs
upgrading
And have been promised a Safe
Harbour ..
One day.
We have a greater number of older
citizens*

*And have been promised a residential
village ..
One day.
The school needs work
An upgrade has been promised ..
One day
I have heard there is to be a new
complex
With 8 apartments, a café, a wine bar
and a bordello uptop ..
One day,
very,
very soon.
Let's go back to the small village
with two petrol stations and
supermarkets,
and start again.*

**Write on Bellarine meets on the first and third Wednesdays
of each month at 7.30pm at SpringDale.**



"Committed to Caring"
cnr High St & Murradoc Rd, Drysdale
Phone - 03 5251 3477

24 Hours - 7 Days

~ Caring experienced staff
to meet individual needs
~ Prepaid & Prearranged
Funerals also available

* New Chapel* * Seating for 200+
* Audio / Visual / Recording * Catering



HEALTH & WELLBEING



Eat your plums

This stone fruit is a sweet, yet healthy way to satisfy your hunger. One medium size fresh plum contains 113mg of potassium, a mineral that helps manage high blood pressure and reduce stroke risk. According to dieticians, plums rank low on the glycemic index, which means eating them can help control your blood sugar and reduce the risk of type 2 diabetes. Plums are also rich in vitamins A and C and contain a lot of nutritious trace minerals that maintains the health and vitality of the body. Be careful when eating, however, if you have a history of kidney stones. Plums are among the foods that contain oxalates that may make kidney stones return or worse. Plums are delicious, nutritious and they are far less expensive than those exotic fruits.

Blokes Day Out Festival 2013

The **Blokes Day Out Festival** is a unique event in the Barwon region that celebrates what it is to be male. It aims to put the focus on male health and wellbeing with a huge range of local services and groups uniting to deliver a free fun day out for boys, men, their friends and families. The festival will be on **Sunday 24 March from 10am – 3pm at Eastern Beach, Geelong Waterfront**. There is no entry fee and it should prove an interesting day.



March against Melanoma

Skin cancer and melanoma are leading health issues in Australia. Over 400,000 Australians are treated for skin cancer each year and this disease is unfortunately continuing to rise. Skin cancer is Australia's most common and most preventable cancer. Two out of every three Australians will be diagnosed with skin cancer before the age of 70. Melanoma is less common than other skin cancers, however it is much more dangerous if it is not found early. Check your skin regularly and seek medical advice if you notice anything suspicious.

The entire month of March is dedicated to raising awareness for melanoma.



4-17
March



World's Greatest Shave

Every hour somebody in Australia is diagnosed with lymphoma, myeloma or leukaemia. Every second hour, somebody dies from one of these diseases. **The World's Greatest Shave** has raised in excess of \$120 million since 1998, and uses the raised funds to support patients and families living with these blood disorders. Funds are also used to support blood cancer research to help find better treatments and cures. www.worldsgreatestshave.com/

World Kidney Day - March 14



Every year on the second **Thursday of March** in more than 100 countries is **World Kidney Day**. Kidneys play a vital role in keeping us alive and well. More than 5% of the adult population have some form of kidney damage. Kidney disease can be detected early.

OBJECTIVES TO:

- Raise awareness about our Amazing Kidneys.
- Highlight that diabetes and high blood pressure are key risk factors for Chronic Kidney Disease (CKD).
- Encourage systematic screening of all patients with diabetes and hypertension for CKD.
- Encourage preventive behaviours.
- Educate all medical professionals about their key role in detecting and reducing the risk of kidney disease, particularly in high risk populations.

Drysdale Health Group

Proactive, Preventative & Professional

- Physiotherapy
- Podiatry
- Myotherapy
- Exercise Physiology
- Acupuncture
- Pilates
- Naturopathy
- Remedial Massage

27-29 High St Drysdale
(03) 5251 2958



foot health care for all ages

Michael A. Nicol
Kirrilee Sing
Grace Byrnes

- General Consultations
- Diabetics & High Risk
- Orthotic Therapy • Nail Surgery
- Veterans Affairs
- TAC & Work Cover

03 5251 2958
27-29 High Street
DRYSDALE 3222

Exciting news for Drysdale and District

This year for the very first time Drysdale and District will be appearing on the Country Board on Channel 7 for the **Royal Children's Hospital Good Friday Appeal**. The Drysdale Football Club, the Drysdale CFA and the local Uncle Bobs Club Bellarine Group will all be working together to put our area on the map in terms being recognised for what the town raises for the **Good Friday Appeal**. Activities leading up to Good Friday will include Easter Egg Raffles, by the local Uncle Bobs Club outside Safeway. The Drysdale Hotel is also running a raffle and many business's have GFA Collections tubs raising money through out the year for the Appeal.

As per usual the local Drysdale Football club and CFA will be conducting their annual door knock, thank you to the many volunteers' members they have on the day. Collectors will also be at Mortimer's Petrol Station and the SpringDale Community Centre will be open all day taking any donations that anyone may wish to drop off. SpringDale will be open from 9am to 6pm. Thank you to everyone who have committed to helping with this years Royal Children's Hospital Appeal and our first local recognition on Channel 7's Country Board.

Bob Willey.



SpringDale open all day on Good Friday for anyone to drop in donations

Best of the Bellarine on show



The Bellarine Show has been a highlight of the year in the region for the past 22 years. It show cases the regions first class agricultural offerings as well as providing a fun days entertainment for all the family with a huge array of activities on offer to see and do. There is something for everyone. If your interest is agriculture then the show features horses, cattle and poultry.

If your interests are more on the artist side then may be a visit to the artist in residence who this year is Denis Massoud, world champion sand sculptor. The Beale Family who specialise in Australian Irish music and early Australian bush poetry are also a highlight of this year's show. Photography, cookery, flowers, floral design, pot plants, fruit, vegetables and produce are also not to be missed.

If handcrafts, home brew or maybe gadgets are more your thing then don't worry they are all part of the show this year. The handcrafts on show this year include patchwork, sewing, lace work, crochet, embroidery, felting, spinning, weaving and knitting just to mention a few. All members of the community are welcome to enter their work and be in the running to win prizes in the various sections.

So now is the time to get your items ready to enter. Pick up a schedule with entry forms from Rick and Jenny at Portarlington Post Office, SpringDale Community Centre at Drysdale or Indented Heads General Store and put Sunday 10 March in your diary. The show is held on the Sunday of the Labour Day long weekend so it is ideal for visitors to also be able to head down from Melbourne or other regional areas and join locals to enjoy a day at the Bellarine Show at Portarlington Recreation Reserve.

Even your pets are welcome to attend and enter the pet competition with a child under 16 but don't forget to include the lead or cage. What are you like at tossing a gumboot? Make sure you are around by 11am to show us your skill and maybe pick up a prize for your efforts

If you can't throw then maybe just enter the 'Best decorated gumboot' section! Family tickets are \$25 with adults \$10 and under 16's \$5. The Bellarine Show, Sunday March 10 at Portarlington Recreation Reserve.



Changing Minds Clinical Hypnotherapy

Specialising in:

- Weight issues inc. gastric band
- Smoking cessation

Assist with breaking unwanted habits, stress, anxiety, fears, emotional issues, confidence and more.

\$70 per session

Please call me for a free consultation.

Tel. 5251 5157 or 0450 723 540

Sharon Munt BA Hons D.M.H.D.Hyp.CPNLP Dip

www.springdale.org.au

Earth Hour 23 March



Earth Hour is an international sustainability movement, where individuals and businesses are encouraged to turn off all lights for an hour. Earth Hour aims to increase awareness of the impact we have on our world through the use of fossil fuels and electricity. www.earthhour.org/

Portside Physiotherapy



Theatre Plaza, Harding Street, Portarlington

Ph: 5259 1277

www.portsidephysiotherapy.com.au



It looks like being another busy year and I will continue to follow up issues you raise with me through contact with Council, the State Government, by raising issues in Parliament, and in the media when appropriate. Local issues that continue to be of concern include police numbers in Bellarine, the staffing of the Bellarine fire station, the condition of some of our busiest roads, and funding for projects including the Drysdale Clifton Springs Sports precinct.

Police Numbers

As you probably remember, I have raised this issue in Parliament and followed up with the Minister because of the concerns of many residents and businesses about Bellarine Police being rostered on in Geelong and Corio. Concerns were increased when it was clear that there would be no additional Police over the busy summer months, unlike in the past when the Police presence was doubled to manage the doubling of our population, with tourists and holiday-makers visiting the Bellarine.

The Minister has only offered to look into the situation so I will be monitoring the situation and listening to residents' experiences and will continue to push the current State Government to ensure we have the appropriate Police presence in Bellarine in 2013.

Bellarine Fire Station

I am pleased to report that, in response to a question I raised in Parliament last year, I have heard from the Minister that a senior position at the fire station has been advertised and has hopefully, by now,

been filled. This is a positive sign that with the completion of the building, the jobs will be filled and the fire station will have the appropriate number of staff to support the great work the many CFA volunteers do across the Bellarine. However, if there are delays or no further action I will again follow up with the Minister as a matter of urgency.

Bellarine Roads

The state of our busy roads has been of concern to residents, businesses and organisations providing services across the Bellarine. I have raised the issue with the Minister and in Parliament and some work has been undertaken by VicRoads. I will continue to push to have all our busy roads brought up to standard, despite the millions of dollars that the current State Government has cut from the budget.

Putting Locals First

This program, run through Regional Development Victoria, provides funding for local projects, including initiatives to help connect people to services, activities or resources within communities. Other categories cover initiatives to help communities respond to challenges or take up opportunities, developing skills and supporting volunteers, economic development and job creation, and local infrastructure. Applications for grants through the program are open throughout the year and I encourage local groups and organisations to visit the Regional Development Victoria website www.rdv.vic.gov.au and click on the Regional Growth Fund, or phone my office for more information.

As always, please don't hesitate to contact my office if there are any issues I may be able to assist you with.

Hon Lisa Neville MP
Member for Bellarine
(03) 5248 3462

Playgroup needs you



Clifton Springs Playgroup has been running in Clifton Springs at the Golf Club lower level rooms for over 30 years. For many families it has been a fun, weekly outing and a great excuse for catching up with friends and meeting new people, while keeping the kids entertained and providing a fun learning experience. Due to unsure members and unfilled committee positions for 2013 the playgroup may have to close, which would be a shame as it has played a significant part in the Drysdale, Clifton Springs and even the Portarlington communities. The playgroup has been operating Wednesdays and Fridays 10am-12noon and is part of the Victorian Playgroup Association.

Anybody who is interested in joining or would like to become a group leader or part of the committee, please contact Sheridan on (03) 5251 2568 or visit www.playgroup.org.au

Playgroups are a very affordable activity for you and your child.

Funeral Planning, Options & Advice

with Alyson Burchell from Tuckers



Providing free information and practical advice about different types of Funeral Plans. Alyson is available on the 1st Friday of every month at the SpringDale Neighbourhood Centre.

Call Alyson at Tuckers on **5221 4788** or visit **www.tuckers.com.au**

...for a life worth celebrating.
www.tuckers.com.au 5221 4788

Tuckers
Funeral & Bereavement Service

Welcome to...
Bellarine Peninsula Christian Church

Service 10am every Sunday at the Senior Citizens Hall, Village Green, Drysdale.
Other meetings during the week.
Pastors David & Carla Evans
Enquiries please phone **(03) 5251 3440**

Declaring Jesus Christ as Lord.
This church is a member of the Crosslink Christian Network

Safer Communities News



Child Restraints

By law all people travelling in a motor vehicle must travel in a restraint that is properly adjusted and fastened. The information below will help you choose and use the right restraint for your child.

Find out about the restraint laws for occupants under 16 years of age.

The type of restraint will depend on your child's size. To protect your child in a crash:

- the restraint must be the right size for the child
- the restraint must be properly adjusted and fastened
- the restraint must be correctly fitted to the vehicle.

Children need different restraints as they grow. The restraint must be the right size for the child, properly adjusted and fastened, and correctly fitted to the vehicle.

Railway Station Car Park Security

Commuters were greeted at Geelong Railway Station recently by Victoria Police Community Liaison and Transit Officers together with Neighbourhood Watch volunteers and V Line staff, issuing car sun shades and Car Park Security brochures aimed at reminding commuters to secure their vehicles when leaving them parked at railway station car parks.

The Top 10 items stolen from cars are: Laptop, Cash, Bags, Mobile phones, Sunglasses, Cameras, Wallets, MP3 Players, car stereos and handbags.

Did you know? Most insurance companies no longer cover property stolen from vehicles - even with comprehensive policies.

Keep Left Unless Overtaking

Drivers are reminded to *"Keep left unless overtaking"* or risk a fine of \$224 and the loss of two demerit points.

Clean Up Australia March 3



Clean Up Australia Day encourages all Australians to take to their local park, beach, bushland or streets and help collect rubbish. Individuals and local groups can either organise a **Clean Up Site** or volunteer to join an existing Site. www.cleanup.org.au/CleanUpEvents/clean-up-australia-day-2012.html

Ride2School Day 22 March



Ride2School day encourages children to become more active and healthy in and out of school. Children participate by walking, riding or scooting to school.

www.bv.com.au/general/ride2school/

Making Waves

A new group called the Music and Poetry Group meets on the third Sunday of every month at Springdale, between 2-5pm. There are \$2 door raffles to pay for the guest act of the day.

If you sing or recite or read poetry, please text Jill to book a spot on 0431 606 476.

Adults and children welcome.

Tea and coffee provided.

Say Hello Neighbour



Being friendly with your neighbours can make your life easier and more enjoyable. Introduce yourself to your neighbours and say hello. If you are planning to do anything that may affect them, it is advisable to let them know in advance. Good neighbours watch out for each other and respect each other's boundaries. **Sunday 31 March is Neighbour Day.**



presents...

'Drama with Deana'

Presentation Skills and Drama Workshops for Children in Grades 1 to 6

Tuesdays & Wednesdays

Primary Juniors ('P.J.s'), Grades 1 to 3 - 4.15 until 5pm

Primary Seniors ('P.S.s'), Grades 4 to 6 - 5.15 until 6pm

Workshops Start Tuesday March 5th at the Springdale Hall

\$12

\$10 each if you have more than one child coming

Arrive 15 minutes before class to register

Class sizes are limited so book now to secure your place.

Deana Simile

Director

Bachelor of Education, Specialist Drama and English, Certificate 4 Training and Assessment, Presentation Skills Specialist, Certificate 4 in Micro Business Operations, Diploma of Business Management, Current Registration with the Victorian Institute of Teachers (V.I.T.) Award winning Actor and experienced Drama teacher.



m.0417 935 096 p.(03) 5251 3858 e.deana@speaktrainwrite.com.au



– when only the best will do

Our first dentists came to Drysdale around 1980. Before that all dental services were accessed in Geelong and Kel listed off many names. Due to Kel's long hours of work it was tricky for Kel to get to the dentist but one stormy, summer evening Kel found himself with a serious dental problem.

"On a return trip to Drysdale, in a livestock semi trailer, while a thunderstorm was brewing, I had a tooth that almost jumped out of my mouth – the pain was terrific," said Kel. When Kel arrived home, he and

Norma tried a variety of home remedies but there seemed to be no hope – which is a term I rarely hear from Kel's mouth. Kel sought help and through investigation found out there was a retired Harley Street dentist, Dr Renouf, living in Portarlington. (Please note this dentist had the same name as one of the early Drysdale doctors but we understand was no relation.)

"We got onto him eventually by phone and he said he would come up to the house, we didn't have a car at the time. Dr Renouf decided not to take the tooth out that night as it would be hard to control the bleeding because of the heat and humidity. But he said he could stop

the pain with a concoction that he could paint onto the side of my face over the gum and within ¼ hour it will stop hurting. He stayed with me and the concoction worked," Kel remembered so clearly.

Dr Renouf asked Kel to come down to his house the next morning and he would remove the tooth. Dr Renouf only had lounge chairs and so they picked the highest one. He gave Kel a glass of brandy and Kel gave Dr Renouf the go ahead, in an inebriated voice. The tooth came out and Kel went back to work. Now we are lucky enough to have access to many dental services. PS Congratulations to Kel and Norma for 66 years of marriage.

Highland Gathering at Deakin Sunday 3 March



Experience all things Scottish and Celtic at the Geelong Highland Gathering in the beautiful surrounds of Deakin University, Waurn Ponds. Witness or partake in traditional highland dancing, be captivated by the true essence of folk music, experience Scottish Country Dancing displays, rove amongst a variety

of authentic market stalls, see some haggis tossing, caber tossing, genealogical displays and wood-chopping competitions.

The Highland Gathering will be on Sunday 3 March from 10am – 4.30pm and is a great family day out.

Harmony Day 21 March



Harmony Day is celebrated around Australia on **21 March** each year. It's a day when all Australians celebrate our cultural diversity. The day is also the United Nation's International Day for the Elimination of Racial Discrimination. Harmony Day is managed by the Department of Immigration and Citizenship (DIAC) and gives people the opportunity to celebrate what makes each Australian unique and share what we have in common.

www.harmony.gov.au/

International Womens Day March 8



International Women's Day is a day to celebrate the contribution and achievements of all women. It is an opportunity to remember the barriers that women have broken through, and the accomplishments they have made despite barriers.

www.un.org/en/events/womensday/

OPEN
Monday - Friday
9.00am - 5.30pm
Saturday
10.00am - 2.00pm

• Design • Print • Office Supplies

13 Sykes Place, Ocean Grove, Vic. 3226
Telephone: 5255 2663 Fax: 5255 2386

DRYSDALE
motors

**All Mechanical Repairs Including
New Vehicle Log Book Servicing**

Nationwide Warranty
why travel when the best is right here in Drysdale

5253 1033

44 murradoc road, drysdale
drymot@bigpond.net.au

An exciting start

It was with a mixture of excitement and possibly some nerves that 72 Preps enjoyed their first days of school. This year, there were joined by our new Principal Mr. Philip Dunlop-Moore who also enjoyed his first days, although perhaps a little less nervous!

"As a someone who has been a principal and teacher for over 27 years in many different schools, I know just how it feels to start at a new school. I was very pleased to see so many happy faces throughout the first week," said Mr. Dunlop-Moore.

Mr. Dunlop-Moore joins Drysdale Primary School from Whittington Primary School where he was Principal for three years. Prior to that, he worked for the UK government and has been Principal in three schools in England.

Our students have already impressed Mr. Dunlop-Moore on a number of occasions with their obvious school pride and friendly welcomes. The applications for School Captains and Vice-Captains were a highlight with an exceptionally high standard of presentations from all candidates.

"To have 17 grade 6 students perform so admirably is testament to the quality of the education they have received at



Four generations of Drysdale Primary School students, Kel, John, Shaun and Mia Davis

Drysdale Primary as well as the active involvement of the wider school community. Everyone should be proud of how well these young children acquitted themselves in what would be for many, a very stressful occasion," said Mr. Dunlop-Moore.

There was one Prep starting this year with a rare and special connection to the school. In the Davis family, Mia has a lot of people to turn for advice on what to expect at Drysdale Primary School. Mia is a fourth generation DPS student, and her father Shaun, grandfather John and great grandfather Kel were all on hand to experience her first day at school. The fact that Mia is not the first fourth generation student says a lot for the strength of the local Drysdale community.

The school has changed a lot since Kel's days and we continue to work hard on improving the facilities for our children.

Over the summer holidays, a new playground was installed for the Grade 5 and 6 students and it has already proven very popular.

Our community has again showed its enormous value over the summer holidays as a dedicated group of families helped with the mowing roster, maintenance of the vegetable garden and participation in the working bee. All of their hard work enabled the school year to start smoothly and we thank them for their efforts.

Another group of parents and staff are working hard behind the scenes to help organise and coordinate the 33rd Bunyip Festival. The festival will be held at Drysdale Primary on Saturday 23 March. For more information, be sure to search for the Bunyip Festival page on Facebook.

Active in Parks

Geelong's Active in Parks program has come to Drysdale. Get out, get active and get healthy in Geelong region's parks. The Geelong region has a multitude of beautiful parks and a program has been developed to help people get healthier and more active.

Sessions will be held at the **Drysdale Recreation Reserve at 9.30am. March 5 – Park Games, March 12 – Group Exercise Session, March 19 – Yoga and March 26 – Group Exercise Session.**

The facilitator is **Anna Brown** and you can telephone her on **0429 401 390** for any information.

Children's Walk-a-thon



On **Sunday 24 March from 10am – 3pm** at Eastern Gardens, Geelong, **Bravehearts** have organised a walk to create awareness and raise funds to stop child sexual assault in our society. Visit **www.bravehearts.org.au** for all the relevant information.

Give Golf a Go



Give Golf a Go gives people of all ages the opportunity to learn golf in a cost effective and relaxed group environment. People can enrol in female only, male only or mixed group clinics at various golf venues across Victoria, all year round. Visit **www.golfvic.org.au** to register your interest.

YOUR ONE STOP SHOP FOR ALL YOUR MECHANICAL NEEDS
DIMO'S MECHANICAL REPAIRS
 Our workshop has up-to-date technology in 3D Wheel Alignment and we provide service in:
 • Auto Electrical • A/C Servicing
 • Log Book Servicing • LPG Conversions • RWC
 • Exhaust Systems • Steering & Suspensions
FREE PICK-UP AND DELIVERY
10% DISCOUNT ON PRESENTING THIS AD
(03) 5253 1629
 UNIT 4, 35-37 MURRADOC RD, DRYSDALE (Spiteri Place)

Do Not Call Website

Being called by telemarketers and making your life miserable with all the calls? You can do something about it today, register on the **DO NOT CALL website** and stop a large percentage of the nuisance calls today.

www.donotcall.gov.au OR CALL 1300 792 958

Bellarine & Geelong Antennas

- TV Antennas
- Digital Set-Top Units
- Phone Points • TV Outlets
- Tuning TV/VCR • MATV
- Home Theatre Set-Up
- Boosters/Amplifiers

Same Day Service Available

ALL AREAS 7 DAYS

Ph: 5241 6111 Mob: 0438 880 066

Alcantarea imperialis rubra WOW! it's huge



This exotic South American plant has been grown in Drysdale. For over 40 years Jim Stebbing has been trying to see this rare plant in bloom and finally it has happened. This regal flower is approximately 1.8metres high and should be in bloom for two months. *Well done Jim.*



PETROL STATION & CONVENIENCE STORE

Petrol, Autogas, Bait & Fishing Supplies

CAR WASH

Open 7 Days
6am - 10pm



97 High Street Drysdale 3222
Phone (03) 5251 2603

Bellarine Auto Service

Quality Mechanical Repairs Since 1990



Professional Repairs and Servicing
Log Book Servicing
Supply and Fit Tyres and Batteries
Brake and Exhaust
EFI

Tunit Diesel Performance Chips
Diagnostic Machine Testing

3 Mortimer Street, Drysdale
(03) 5253 1644



Community Award Adrian Mannix Award



You are encouraged to nominate someone who you consider plays an important role in making a positive difference to the local community.

Adrian E. Mannix Community Award Nomination Forms can be obtained from SpringDale and nominations close on 31 March, 2013.

The Drysdale Rotary Club, Portarlington/Drysdale Lions Club and SpringDale Neighbourhood Centre have combined together to provide this award in memory of **Adrian E. Mannix OAM.**

The winner will be presented with a trophy and \$500 to donate to the charity of their choice.

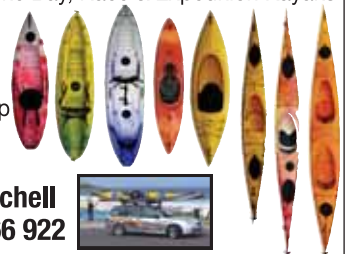


All sporting associations have your news published in this Drysdale /Clifton Springs Community SpringDale Messenger Magazine.

Contact the SpringDale Neighbourhood Centre on (03) 5253 1960 for more information.

Rafta Kayaks On the Bellarine

- Composite Bay, Race & Expedition Kayaks
- Fishing & Plastic Kayaks.
- Sit on top
- Canoes.



Bob Mitchell
0418 366 922



www.raftakayaks.com

Help our Guides to Change the World

Drysdale Guides are holding an I am Powerful night on **Thursday 21 March 6 - 8pm.** we would love to hear from ladies/girls who would like to be part of this evening and we would love to hear from girls/ladies who would like to attend. The guides are currently creating the program but would love to feature strong women who have changed the world.

Please let us know if you can help inspire the next generation of girls and women and raise some money along the way for CARE Australia. Ph 0407 529205. Cost of the evening will be \$10 this includes dinner please book in to help us with catering – it would be great if we could have a hall full and raise \$1000.

Anne Brackley
Drysdale Guides

Economic Development in Drysdale Clifton Springs

As a result of the well attended Town Summit held at Springdale last year, we submitted the results to City of Greater Geelong for consideration for the next City Plan. A few people put their hands up to help progress issues raised and we are working with Mark Kelly, Innovative Regions Facilitator Geelong. In a discussion with Mark, he spoke of disruption theory - as I have devoted my life to trying to develop things that are sustainable I hadn't really thought about disruptions causing innovation or innovations causing disruptions. That is really what we need to do – stop the escape spend and keep businesses in our area economically viable, promote the Pier and Lookout concepts which would be great for residents and visitors alike, raise our profile as an area that



must have access to the national broadband to support 6 schools and 4 medical centres as well as the rest of our businesses and our community. If you have any time to help us it would be gratefully accepted.

The first meeting about the future the Clifton Springs fountain is scheduled for Tuesday 12 March 7.30pm. There was a wide variety of thoughts concerning the fountain – please come along and share your views.

Anne Brackley
Coordinator Springdale
Neighbourhood Centre

Advertorial

One of the biggest fears we can have is speaking in front of strangers. In high school it was daunting, but these days it's not so hard as I've got an important message to share.

Recently I spoke to some workers in a factory, many of whom had suffered injury on the job. I was invited to help prevent future mishaps. Some workers laughed when the boss introduced me as the local Chiropractor, saying that nobody there had a 'bad back'. So I decided to share a story that changed their thinking about chiropractors only being needed for 'bad backs'.

On 18 September 1895 in Iowa, a janitor named Harvey Lillard stopped to talk with a Dr Palmer who was working late in his clinic. Lillard told Dr Palmer that 17 years ago he bent over and heard a 'pop' from his back, after which he became almost deaf. Fascinated, Dr Palmer tested a theory he was researching. He examined Lillard and found a lump on his back. Palmer recognised it as a badly misaligned vertebra and reasoned that since it occurred when Lillard went deaf, that restoring it to its proper position might also restore Lillard's hearing. Dr Palmer performed an adjustment by pushing the vertebra back into its normal position.

What happened next changed history. Lillard went to the open window and heard a sound he hadn't heard for 17 years – the clatter of horse's hooves.

Chiropractic was born! Today, Chiropractic is one of the fastest growing healing professions in the world, with

over 6,000 Chiropractors world wide serving over two million people every day.

People see Chiropractors for help with headaches, migraines, chronic back pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, asthma, allergies, numbness in limbs and sports injuries just to name a few things. While Chiropractors receive thanks for helping people with many of these problems, they cannot take this credit.

The truth is that Chiropractors have never healed anyone of anything. What they do is perform a specific adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that.

When spinal bones shift out of alignment, they can choke messages running through the tiny nerves that exit the spinal cord. Chiropractors call this Vertebral Subluxation. Tension from prolonged or unusual patterns of sitting and standing, strain from walking, exercising or sporting injuries and stress from personal, professional or emotional tension all affect our body's alignment and can cause dysfunction.

Often this happens without symptoms as only a small percentage of our nervous system carries or perceives pain.

Our body can be heavily stressed without any alarms or bells going off.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Normally our new patient examination costs over \$210, but readers of *The Springdale Messenger* can receive our complete consultation (along with x-rays if required) for only \$75

To take advantage of this offer, you can phone my assistant, Liz, on 5253 2800 and schedule an appointment. By bringing in the coupon below, you will receive your special offer of only \$75 for a comprehensive consultation. I look forward to meeting you and helping you and your family achieve optimum health.

Dr Sharon Pedersen-Jones, Chiropractor

AUTOPRO DRYSDALE

Large range of automotive spare parts, batteries, filters, oil, seat covers and so much more

2/31 Murradoc Road, Drysdale VIC 3222
Tel: (03) 5253 2811
autoprodrysdale@aanel.com.au

McKINLEY AUTOMOTIVE

MECHANICAL SERVICE AND REPAIRS 5253 2505

- All Mechanical Repairs & Servicing
- Pre-purchase Inspections
- New Car Log Book Servicing that does not affect your New Car Warranty

Where caring for your car is our priority.
51 Murradoc Road Drysdale

Reliable Service

- LOCAL • COUNTRY
- NEW SOUTH WALES
- SOUTH AUSTRALIA

Drysdale REMOVALS & STORAGE
03 5251 3674

Your Home

Choose a home loan that's right for you

At Bendigo Bank, we understand that your needs are likely to be different to anyone else's – you are unique.

You may be purchasing your first home, refinancing an existing loan, or even purchasing your next home or investment property.

Whatever step you're taking, Bendigo Bank offers you the freedom and flexibility to make your home loan work for you.

And remember, when you choose to borrow with Bendigo Bank you not only make a decision that benefits you, you make one that benefits your community.

Drop into your nearest branch at 44 Newcombe Street, Portarlinton, phone 5259 3266 or 1/13 Hancock Street, Drysdale, phone 5253 3192 and let our qualified lenders help you take the next step in life.



Terms, conditions, fees and charges apply. All loans subject to the bank's normal lending criteria. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL/Australian Credit Licence 237879. HL22-1171-001 v2 (19/11/2012)