

Adrian Mannix Community Service Award Winner 2013 John Brumley



L to R: Bruce Van Every (Rotary club Drysdale), Deb Winter (SpringDale), Winner John Brumley and John Emerson (Portarlington/Drysdale Lions Club)

John has been a tireless worker for the Rotary Club of Drysdale since 1985 and has received 3 International Rotary awards to date. John was on a member of the founding committee for the Portarlington Miniature Train in 1997 and continues to still be part of this team. John spent 15 plus years on the building committee for the Bellarine Community Health building in Drysdale.

John made the Drysdale Community Notice Board for SpringDale Neighbourhood Centre and has made wooden items for every church in Drysdale. In John's words "I have been busy all my life and I still like to be busy". Congratulations John and sincere thanks from our community.

Queen's Birthday Honours O.A.M. for Peter Munster

Congratulations Peter on your well deserved award. Peter Munster O.A.M., his citation reads 'For community service and the preservation of St. Leonards history'. When Peter came to St. Leonards 25 years ago he was under the impression there was little of historic interest. But he gradually came to realise that this was quite wrong and that in fact St. Leonards had a history which was unique on the Bellarine Peninsula. We look forward to sharing Peter's story in the next SpringDale Messenger. We appreciate having your books for sale at SpringDale.



Would like to paint, cook, sew, play cards or join a walking group? Collect your copy of the July/September Course and Opportunity Guide from the SpringDale Neighbourhood Centre now! Join us, learn and have fun. Look on our website www.springdale.org.au.



What's on - July 2013

Monday to Friday 1 to 12 SpringDale Vacation Care
now 6.30am to 6.30pm. Bookings essential

Saturday 6 Harvest Basket Produce Swap
9am-11am SpringDale

Saturday 9 Little Red Riding Hood - Potato Shed
9 July - 12 July

Saturday 13 Family Bush Dance, SpringDale 7.30pm-11pm

Monday 15 School Term 3 commences

Tuesday 16 Scones, Lamingtons and Chocolate Roll
- Potato Shed

Australia Day Celebrations
- meeting SpringDale 7.30pm

Wednesday 17 In the Middle of the Night - Potato Shed
Drysdale Clifton Springs Community Association
meeting Topic is *The Clifton Springs foreshore - what has been happening and what is proposed*,
7pm at SpringDale - all welcome

Thursday 18 Australia Day meeting at SpringDale - 7.30pm

Friday 26 Ellipsis - Potato Shed

Saturday 27 Art - Potato Shed

Sunday 28 Tree planting Drysdale 10am-3pm
Portarlington market 9am - 2pm

Events - July

Monday - Wednesday 1 to 31 Dry July
for positive drinking habits

Monday - Wednesday 1 to 31 JulEYE
for healthy eyes

Sunday - Saturday 14 to 20 Diabetes Week

Sunday 28 National Tree Day

Sunday 28 Christmas at
St Leonards Bowling Club

Wednesday 31 Ted Chidzey Youth Award
nominations close

Deadlines 2013

August Issue

Bookings/copy required 1 July 2013
Distribution Saturday 27 July
Circulation 7,000 copies

It's all about your business

Support your
local magazine
**The SpringDale
Messenger**
and reach over
7000 homes each
month in Drysdale,
Clifton Springs,
Portarlington,
Indented Heads
and St Leonards.

For more information call (03) 5253 1960.

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Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula. All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.

If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre

Opening Hours Monday to Friday 9am - 5pm and by appointment.



from the centre

Anne Brackley [centre coordinator]



Dear Everyone

There are a few times a year when you can stop and think about where your organisation is going and how you are travelling. Seven people from SpringDale recently attended the Neighbourhood House annual conference. It was a chance to meet other Neighbourhood House people, share ideas and successes, to hear about new directions for government and to be inspired by great speakers.

One of the best sessions was given by Peter Kenyon *The Power of Creative Community Engagement* from the Bank of Ideas (Initiatives for the Development of Enterprising Action and Strategies). It was a great presentation and so inspiring. I found myself in tears being so moved by the passion and conviction with which Peter spoke.

Peter lists on his website the hundreds of community groups that he has worked with over the last few years. It would be fantastic if we could have him as a guest speaker at a community event, maybe the Saturday morning of the next summit next November. Please start to talk to me about the best weekend to hold it this year.

Another time when we reflect is during the writing of the Annual Report and preparing for the Annual General Meeting (AGM). Our AGM will be in late August, the date will be set soon. We will have our Strategic Plan to present and our implementation of the new Associations Incorporated Reform Act via our Constitution.

We have presented the Ted Chidzey Youth Award at our AGM for the last 3 years and we would love to have youth members nominated for this award during July (nominations close 31 July 2013). Please find the nomination form on our website or obtain a copy via the office.

One of our long term goals has been to upgrade our Registered Kitchen. We have been working towards this goal for many years. Gaining support from Drysdale Community Bank, Portarlington Drysdale Lions Club, Drysdale Football Club and the Drysdale Rotary Club and a great deal of fundraising that we have done. We have recently received a quote for \$35,000 to install the equipment. We still need to raise \$17,000 for this purpose. This could be 1000 people supporting this project with \$17 each or it could be made up of many other combinations of support. If you can help we would love to get this project started as soon as possible. We recently raised a little more money through supporting the Clifton Springs Men's Shed breakfast and we take up every opportunity that we possibly can.

Looking forward to sharing good news with you about this next month.

It will be Tax Help time again, starting later in July. Thanks so much to Brian Sprake again for accepting this role for us. Last year we supported more than 80 people and started new relationships with a number of these people.

We sincerely thank all our contributors to the SpringDale Messenger. We rely entirely upon articles from our community and so it is our community's voice that you hear. If you would like to contribute an article please email

messenger@springdale.org.au or call the office on (03) 5253 1960. We have a Messenger Policy published on our website for your reference.

Lastly we continue to be asked about particular types of classes and our ability to enable them to happen quickly and easily. Mostly we only need 3 or 4 people to start a class and so if you have an idea and you have 2 or 3 other people who might like to learn a new skill, please let us know the best time of day and day of week and we'll try to find a tutor and schedule it to suit you. At the moment we are brewing an evening sewing class for children's clothes for new mums – please let us know if you are interested. Also George Stawicki is interested in sharing more of his talents of enhancing photos and building on the photo taking skills that he has shared with many of our community. We have had a great response to the ukulele class concept and this is about to start.

Please remember to look for the fun in everything that you do.

Anne Brackley

For the whole SpringDale Team.

COURSE UPDATE

@ SpringDale

Aged Care Class – Starting Thursdays, Fridays

Combined - Certificate III Aged Care (CHC30208) and **Certificate III in Home and Community Care** (CHC30308) With the demands for Personal Carers within the Aged Care industry or people requiring Carers in nursing homes and private homes this accredited course will enable you to gain employment in this field.

Next course commencing Thur 25 July.

Book now.

Fee: \$775 Full Fee or \$627.50 (funded price including first aid). Additional charges for 1 text book at \$95 to be purchased from the Centre, \$25 for food safety practices including manual. Payment plans available for this course.

Tutor: Kerry Wilson

Introduction to the Art of Gentle Bodywork

What is gentle bodywork?

Gentle bodywork (in this case mainly Ortho-Bionomy) involves working with people to enhance health and speed recovery after injury. Also, gentle bodywork can help to prevent injuries by promoting the body's natural balance, ease of movement and flexibility. The techniques are safe, nonobtrusive and comfortable. Movements are made slowly and gently, guided by the body's own preferences. Gentle bodywork can be useful for the relief of headaches, muscular and joint pain, sports and other injuries of short or long term duration, as well as reducing stress and easing many health issues.

What will happen in this class?

We will personally experience, learn and exchange simple, gentle and effective positional releases for most joints of the body. Each participant who completes the class will gain a treasury of tools for either self-help or for assisting family members, friends and others to banish or avoid pain and tension. Practitioners from other modalities, such as massage therapy, often learn Ortho-Bionomy to develop and lengthen their practice, since this method can relieve practitioners' existing discomforts as they work. There are no prerequisites for the class, not even the presence of pain!

Dates/times: Mon 22 July to Mon 9 Sept 2013
12.30pm till 3pm each day

Fee: \$160 Conc: \$80

Tutor: Dr Allison Baensch

Call into the SpringDale Neighbourhood Centre to collect your updated Course and Opportunity Guide.



**SpringDale
Vacation
Care**

Have fun learning and sharing skills

Winter

Monday 1 July - Friday 12 July

Sessions run from 6.30am - 6.30pm.

Extended hours.

\$45

per day

6.30am
to 6.30pm

Book now!

Limited spaces

Call 5253 1960 B/H

Child Care rebate available



Email: office@springdale.org.au

our reader's feedback

YouTube

I would rather visit SpringDale in person than sit at a computer on YouTube.

Tina, Drysdale.

I'm so glad you feel that way but some people aren't able to visit due to various reasons and so we are offering other opportunities.

SpringDale Car Park

Recently I witnessed a man exiting the SpringDale car park the wrong way, even though there is a large NO EXIT sign there. Please take care on the roads and make sure you obey all road signs.

Jason, Drysdale.

We need to be careful and respectful as we drive anywhere.

Orange Cake

The orange cake in the Messenger was the best cake ever. I've baked it four times already. It's true.

Petra, Drysdale.

Thanks Petra, I haven't tried it yet but you have inspired me to try it.

Volleyball

I'm loving volleyball on a Monday morning. I found it in the SpringDale Messenger.

Lots of laughs.

Wendy, Drysdale.

Thanks for letting us know how effective the Messenger can be – linking people to activities.

Flu

Had my flu injection last week so am now ready for winter.

Brenda, Clifton Springs.

Had my flu injection last week so am now ready for winter.

Goodbye Ford

It was very sad to learn of the demise of Ford and feel sorry for their workers and families. Maybe tariffs should be revised on all imported vehicles.

Tim, Drysdale.

We welcome your comments in this our Readers Feedback column, please email to messenger@springdale.org.au

**Need a Will,
Power of Attorney
or Probate for a
loved one's estate?**

Come in for a *free* chat

RISTEVSKI
LAWYERS

**1 High St., Drysdale
(old Post Office) Ph: 5251 3453**

COURSE UPDATE @ SpringDale (Continued)

Discover the artist within - Level 1

A Foundation Art Course in Drawing and Painting for Adults.

Class materials required: A3 Sketchbook or A3 visual diary, 2B and 4B pencils.

Dates/times: Wed 31 July to Wed 18 Sept 9am – 11am (8 sessions)

Fee: \$130 **Conc:** \$55 **Tutor:** Annette Playsted

There is an information sheet on each of Annette's Art courses that can be collected from the SpringDale Office.

Discover the artist within - Level 2

An Intermediate Level Art Course in Painting and Drawing for Adults who have completed a foundation art course. This course aims to increase media knowledge in the techniques and processes of painting and drawing, improving skills and confidence.

Dates/times: Tue 30 July – Tue 17 Sep 9am – 11am (8 sessions)

Fee: \$130 **Conc:** \$55 **Tutor:** Annette Playsted

There is an information sheet on each of Annette's Art courses that can be collected from the SpringDale Office.

Develop the Artist Within – Advanced Workshop program

This program is for hobbyist artists or art students who have studied at the intermediate level and want to further develop their knowledge and broaden skills and perceptions. Workshops will include: Experiential Media broadening to include new approaches to two and three dimensional media, Building self-expression, ideas and approaches, Building colour and tonal awareness, and shared adventures into Art theory and Art history.

Dates/times: Tues 30 July to Tues 17 Sept 11am – 1pm (8 sessions)

Or Wed 31 July to Wed 18 Sept 11am – 1.30pm

Fee: \$140 **Conc:** \$55 **Tutor:** Annette Playsted

There is an information sheet on each of Annette's Art courses that can be collected from the SpringDale Office.

Snap to successful pictures

George Stawicki has been running courses at SpringDale for many years now and has perceived a need for another course to assist people to enhance their photos. He has proposed the course - From Snaps to successful pictures and is proposing the pilot course to run for 8 hours over 4 Tuesday evenings in July / August / Fee \$100 or concession /seniors \$90. There is potential for this course to run on other days / evenings as well. If you have completed one of George's other courses or if you would like some help enhancing your photos this course maybe the one for you

The course outline: How do you progress from snaps to successful pictures? With software – the secret ingredient. Many people don't realise that taking a digital photograph is just the first step. But if you want to achieve a professional result, there is so much more you can do to enhance your photograph using software. You can lighten, darken, sharpen, add, cut, make collages, add text, change it to black and white, and add colour highlights, do fancy borders, to name a few. Your teacher is a professional who knows all the current software and all the shortcuts.

Please register your interest with SpringDale (03) 5253 1960 or email office@springdale.org.au

Ukulele

Ukulele Sessions about to commence.

We have had a great response to this course and details are being finalised.

Call SpringDale for further information.

Expressions of Interest

- Sewing for new mums with Sonia
- Show your interest please call SpringDale (03) 5253 1960

Tax Help

Tax Help is a network of community volunteers who provide a free and confidential service to help people complete their tax returns during tax time. **Tax Help** is for people on low incomes, seniors, students, those with a disability and Aboriginal and Torres Strait Islander people. **Tax Help** is suitable for people earning around \$50,000 or less a year with fairly straight forward tax affairs.

Tax Help operates from 1 July until 31 October.

Tax Help provides guidance to those wanting to do their own tax returns and explains the benefits of using e-tax to prepare and lodge personal tax returns.

Tax Help can also provide assurance to those who have completed their return that they have done it correctly.

Contact SpringDale on (03) 5253 1960 if you would like to make an appointment.



Do Not Call Website

Being called by telemarketers and making your life miserable with all the calls? You can do something about it today, register on the **DO NOT CALL** website and stop a large percentage of the nuisance calls today.

**www.donotcall.gov.au OR
CALL 1300 792 958**



Presents ...

Drama With Deana

Drama and Presentation Skills Workshops for children in grades 1-6.

Wednesdays 4.20 - 5.30pm
SpringDale Hall



www.facebook.com/SpeakTrainWrite

Well supported Acts at the Shed

We've got some great winter warmers for you down at the Shed this July! The school holidays are upon us again and between 9-12 July, *Little Red Riding Hood* will be skipping into the forest and keeping the little ones entertained. There are two shows each day at 10.30am and 1.30pm and for anyone who has been before, you know they fill up fast so don't miss out!

July's Morning Showtime (16 July) will have you rolling in the aisles as the ever popular Christine Middleton returns to the Shed with *Scones, Lamingtons and Chocolate Roll*. Christine appears as a feisty restaurant owner with stories, poetry, photos and songs from 1940s outback Australia.

On Saturday 20 July, we've managed to secure one of the most unusual and interesting shows you're likely to catch this year with *In The Middle of the Night* (and other stories of love, loss, desire and grief). Be enchanted by Alex Pinder's beautiful stories and poetic images from the heart of India – ideal for everyone who loves language, nature and intrigue!

Attitude Dance also return in July (26) with *Ellipsis*, a series of new performance pieces from some of the Bellarine's best dancers.

Blue Cow Theatre cross the water from Tasmania on 27 July with their production of *Art*. This hilarious play of ideas has been a hit in the West End, Broadway and around the world. *Art* is a wise, witty and intelligent comedy that touches a universal nerve. At the Shed for one night only so don't miss out and book early.

Groups discounts are available for all shows at the Shed. To book your next night (or morning) out simply visit: www.geelongaustralia/potatoshed or call us on (03) 5251 1998 for more info. Like us on facebook to keep up to date with the latest news!



WIN 1 FAMILY PASS (4)

POTATO SHED

To enter fill out the coupon below and send or deliver to:
Springdale Neighbourhood Centre
High Street, Drysdale



LITTLE RED RIDING HOOD

Tuesday 9- Friday 12 July
10.30am & 1.30pm sessions

Name: _____

Address: _____

Phone No: (03) _____

COMPETITION CLOSSES 3PM MONDAY 8 JULY

WHAT'S ON in JULY

9 – 12 July

Little Red Riding Hood
10.30am and 1.30pm

\$8 per person \$27 family (4)

16 July

Scones, Lamingtons and Chocolate Roll

Morning Showtime 10.30am
\$14 includes Morning Tea

20 July

In the Middle of the Night

7.30pm
Adult - \$20 Conc - \$15

26 July

Ellipsis

7.30pm
Adult - \$20 Conc - \$15

27 July

Art

8pm Adult - \$36 Conc - \$32
Groups 20+ \$28

SCONES, LAMINGTONS AND CHOCOLATE ROLL



'Meet 1940s outback restaurant owner Sheila'

Tuesday 16 July

Morning Showtime 10.30am
\$14 includes Morning Tea

ART

Saturday 27 July 8pm

'Wise, witty and intelligent comedy that hits a universal nerve!'



Friends. You love them but sometimes you just cannot understand them. Especially when they do something completely unexpected, something that makes you wonder how they ever became your friends in the first place.

The main players in this show are Serge, Marc and Yvan.

ART is created by Yasmina Reza and translated by Christopher Hampton

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998

CITY OF GREATER
GEELOG
WWW.GEELONGAUSTRALIA.COM.AU

Economic Development In Drysdale Clifton Springs Curlewis

After reading the draft City of Greater Geelong City Plan, it was interesting to see the allocations of funding over the 4 years of the plan. If you haven't had an opportunity to read it we'll try to analyse the amounts per postcode and those that are really spread across the municipality. There are millions being spent at the Drysdale Landfill over the next 4 years but I'm not sure that it is going to benefit us as a community but it would be great if we could leverage off this investment.

There have been a number of forums about Skilling the Bay – having attended the community one - the words being spoken are the same as those being spoken in our part of the world last year.

I think the way to formulate a solution emerged at the launch of Clean Tech Innovations Geelong. Keith Fagg welcomed everyone and informed us that innovation is a key to the new city plan and innovation is one of the 4 key council values.

Professor Goran Roos, who has been a "thinker in residence" was the key note speaker at this launch.

He spoke of Australia's woeful rate of converting Research and Development investment into productivity, compared to so many other parts of the world. Professor Roos lead us through a change in mindset. In Australia we see a tree as a ton of wood or wood chip, in Norway they see it as molecules to make essence and increase its value, in America they take the atomic view and see it as carbon fibre.

He implored us to always have a mindset to constantly strive for value adding.

What can we produce that no one else can produce? He assured us that we can't compete on cost.

It was interesting to hear that Germanic countries invest 4 weeks per employee in education per year. Professor Roos spoke of Cooptition - cooperation and competition. I think we are starting to see more of this in Australia where companies partner on some fronts but compete on others.

We also heard about a challenge that was set in England a few years ago. The Justice system decided it was sick of not



being able to recycle mattresses and each year had to put hundreds of mattresses into landfill. They announced that in 3 years they would only purchase recyclable mattresses and within 3 years recyclable mattresses were available.

At an Expansive Learning Network meeting recently we were encouraged to take a month to focus on taking risks. In trying to keep everyone safe maybe we are losing the edge that taking risks gives us.

It would be great if we could continue this discussion in Drysdale. Please let us know if you would be interested in continuing this conversation on the Bellarine. To sign up for reminders about events follow this link -

<http://lists.springdale.org.au/>

Anne Brackley

TOY LIBRARY

At the **Drysdale Toy Library** you can borrow from a vast array of well made toys that have been designed to support your child's skill development and imagination. The library caters for pre-school children and has a range of items covering all stages of growth and development.

The Drysdale Toy Library is open every Tuesday from 4pm to 5pm and has some fantastic toys to borrow. Membership for the Drysdale Toy Library is \$10 per term.

OPEN
Monday - Friday
9.00am - 5.30pm
Saturday
10.00am - 2.00pm



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13 Sykes Place, Ocean Grove, Vic. 3226
Telephone: 5255 2663 Fax: 5255 2386

Support your community

North Bellarine Business and Services Directory

We would like to encourage all businesses, whether big or small, to advertise in the 8th edition (2013) of the North Bellarine Business & Services Directory.

This will help us in our aim to give local businesses the exposure they need and connect them with our community members.

The Directory is an invaluable source of information that helps the people in our community to *Shop Local* which complements our *Learn Local* theme for our many courses at SpringDale. We always welcome any new advertisers as our ultimate aim would be to have all local businesses advertise in the Directory. This would then allow the community to recognise and support many more local traders. We are working hard and devoting many hours to this project to develop the Directory into a successful and valuable source of information for the visitors and residents of our wonderful community.

If you have received an email inviting you to advertise with us, we really need to hear back from you to let us know whether you would like to take up the offer or not.

Of course we hope you will help support the project team to produce an exciting and informative book. If you have advertised with us before, please consider doing so again to enable us to make this year's publication the most outstanding one yet.

We would urge all businesses on the Bellarine Peninsula and beyond to fill out a form, available from SpringDale or online at www.springdale.org.au and make themselves known to the community in the Directory.



It's all about your Business

New Felting Group at SpringDale

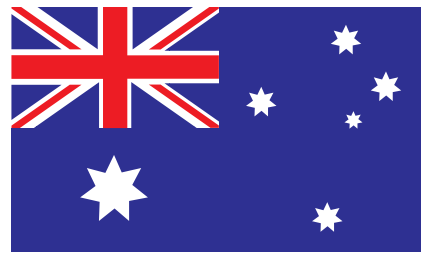


SpringDale is welcoming a new **Felting Group** that will meet on the first Saturday of each month. The inaugural meeting is on Saturday 6 July 10am to 3pm at SpringDale Neighbourhood Centre in the room to the left of the main entrance. The aim of the group is to enjoy felting together and share and develop our felting skills. All are welcome. You can be an advanced felter who just wants to set aside time to felt or a beginner who wants to develop their skills or you might just like to pop in to see what felting is all about. Participants can help each other learn but this is not a class. Cost is a \$1 per person and some felt making materials will be for sale.

What is felting? Well you take some wool (before it gets spun into yarn), lay it out and do all those things you should never do to wool that makes it shrink – wet it with hot soapy water and rub it then roll it.

You can make scarves, hats, bags and more. For more information call Julie on 0409 511 662.

Australia Day Committee



Anyone interested in helping with the Australia Day Celebrations in Drysdale for 2014, please come to a meeting at SpringDale at 7.30pm on Thursday 17 July. **For any further information please contact Lion Ian Cook on (03) 5251 3774.**

Scrabble word for July is *pyx*

Scrabble is a very popular game and thinking of high scoring or unique words during the middle of the game is sometimes quite difficult.

This month the word is *pyx*. Pyx is a small box or container used in ancient times.

Scrabble is played at SpringDale every Tuesday afternoon at 1pm.



golfing memberships

Golfing Memberships 7 Days
1 July 2013 until 30 June, 2014 - \$825.00

Week Day Membership
1 July 2013 until 30 June, 2014 \$620.00

Green Fee Players Welcome
- \$30 for 18 holes

For all golfing and membership enquiries please phone (03) 5251 3391



FREE
Courtesy Bus Available
Friday & Saturday Nights
5pm - 11pm

Please contact Club for details & bookings.

For Bookings & Information

TAB Keno
Clifton Springs
Golf Club
"Play by the Bay"

Larger Servings

Fast & Friendly service



Monday **Dinner: All Mains** \$17*
*Conditions Apply

Tuesday **Dinner: Parma Night - 4 types!** \$15

Wednesday **Dinner: 220gm Porterhouse** \$16

Sunday **Two Course Roast Lunch** \$19⁵⁰

Everyday! **Two Course Lunch Special** \$15

ENTERTAINMENT



Kevin Mahoney
Appearing 1st Friday of each month.
6.30pm - 9.30pm

Thought about Christmas in July?

See Anthony at Bayside Bistro

Present this coupon & SAVE

Buy 1 main get 2nd main half price equal or lesser value (main meals only) Tuesday-Thursday evenings*

Valid from 1 July - 31 July 2013

* Not valid Public Holidays or Long Weekends
* Conditions apply - not available on all meals.



july 2013

Phone (03) 5251 3391 Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS 3222
Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au



Bellarine Community Support Register

I was honoured to be invited to officially open the Bellarine Police Community Support Register's annual fundraiser, the Victorian Police Bands concert in Portarlington recently. The Bellarine Community Support Register supports isolated, older and disabled residents across the Bellarine who need social contact, information on safety and security through a register overseen by volunteers and Bellarine Police. These residents can also receive a regular phone call from volunteers to keep them connected. Based at the Bellarine Police Station in Ocean Grove, residents can provide information necessary in an emergency such as contact details for their doctor and pharmacist, property access details and even information about their pets. In an emergency, this information can be accessed by police and other emergency services. For anyone who thinks they, or someone they know, could benefit from the service, I encourage them to contact the Register to talk about registering.

I would also encourage Bellarine residents who have some spare time available to volunteer to assist with the Register. Email bpsupportregister@bigpond.com or call (03) 5255 3968. Congratulations to all those involved on a great event, and on the wonderful work that's done through the Register.

Drysdale Bypass

Recently in Parliament I raised the issue of the Drysdale Bypass with the Minister for Roads. I called on the Minister to make available the work that VicRoads are doing in assessing the benefits of a new road to bypass Drysdale. Many of you have raised your concerns with me about the traffic issues you confront getting into Drysdale, or getting through the town to travel further on. It's important that VicRoads and Council work together to resolve these traffic congestion issues, both in the short and long term as the population continues to grow. I will let you know the response I receive from the Minister, and keep you posted on this important local issue.

Bellarine Secondary College Arts Awards

It was great to attend morning assembly at the Bellarine Secondary College's Drysdale campus recently. I was delighted to have the opportunity to present students with Awards for their artwork which had been exhibited at the Rotary Club of Drysdale's Annual Easter Art Show. It's been a pleasure to sponsor the Commended Award and the Highly Commended Award for talented young artists. Congratulations again to all the students who participated and the staff and parents who encourage and support them. Like many others, I look forward to next year's Art Show and the contribution the young artists will make to this important local arts event.

As always, please don't hesitate to contact my office if there are any issues I may be able to assist you with.

Hon Lisa Neville MP

Member for Bellarine

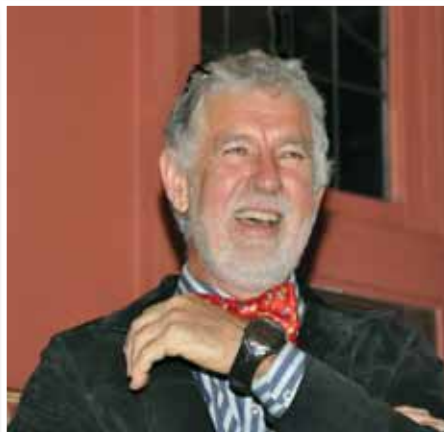
(03) 5248 3462

Play Mahjong

Mahjong is an ancient game with a very modern presence. As you learn more about this fascinating game played by millions around the world, don't be surprised if you, too, don't find yourself around a mahjong table, stacking and moving tiles with three of your friends. If you have never played mahjong but would like to try it out or want to meet new friends in a casual environment, join the group at SpringDale.

TheSpringDale Mahjong Club meets every Wednesday from 9.30am to 12 noon.

Goodbye, Mr Green 27 Years at Drysdale Primary School



To Mr Green

I am proud to have been in the last group of Grade 3 students that you taught at DPS. I remember when we did an experiment of making blue and green pancakes and we cooked them on a small gas burner. It was my favourite because they were so yummy. I remember when you did the experiment with the Milo tin explosion and we all got a big fright. I also liked doing the parachute drop experiment where Mr Green went on top of the hall roof to drop everyone's parachute down. We were also the first grade to use the vegetable garden even though nothing grew in time for us to harvest. I remember seeing Mr Green at the school on the weekends from my Nan's house fixing things, building things and helping out with the gardeners. He always organised the working bee before the school term started. Drysdale Primary School will miss you and not be the same without you.

Kirsty Vella

At the function Matt's devotion to Drysdale Primary School and the students and his significant contribution to the local community were highlighted.

Along with his family, more than one hundred parents, teachers and former colleagues gathered at the Geelong Club to celebrate Matt Green's career in education. Matt has been a teacher with the Victorian Education Department for thirty-seven years, with twenty-seven of those years being at Drysdale Primary.

The following letter from a student epitomises the high regard the school community has for Matt.

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Celebrated Education Week and Red Day

Clifton Springs Primary School celebrated Education Week with an Open Day, which was very well attended. Families coming in throughout the day to visit classes and engage in learning with students and staff. Prospective parents were given the opportunity to attend tours with Principal Brent Richards, where he outlined our culture of learning and the quality programs we offer. A walk through our innovative learning spaces and our first class facilities not only gave families an insight into our quality curriculum, but allowed visitors to talk to students about their individual learning goals. A highlight for the week was the cooperative learning day on Friday and our Red Day in support of the Salvation Army. The entire school was involved in multi-age activities themed around *Looking after Ourselves and the Environment* and was a huge success. A Scholastic Book Fair celebrated National Month of Reading.

At Clifton Springs Primary School we are working hard with our community to make our vision and values lived through identifying observable actions which reflect our values. As a community member we would love to have your input. Log on to the following website to contribute. <http://bit.ly/CSPSVALUES>

Enrol Your Child for 2014 Now

We are taking enrolments for 2014 now and encourage all families of prospective students to enrol as soon as possible.



Enrolment forms can be obtained from the school office or on our website www.cliftonspringsps.vic.edu.au. Choosing a school for your child can be a big decision. If you missed out on visiting us during Education Week, **please call the school on (03) 5251 3581** to make a tour time.

We encourage families to visit our school and see first-hand all the great things Clifton Springs Primary School has to offer.

The transition program for our new prep students will begin in Term 3 with our Dip into DIP (Developmental Inquiry Play) sessions on 20 August, 28 August and 5 September. Families who have already enrolled their child will receive a personal invitation with more detailed information, early in Term 3. Our more formal transition into the classroom will continue later in Term 4.

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HEALTH & WELLBEING

Beetroot

Beetroot is also known simply as beet, or by its scientific name *Beta vulgaris*. It is an edible root that is enjoyed by many people and occurs commonly on Australian hamburgers. Despite its humble origins, beets have been established to possess powerful nitric oxide and exercise boosting potential.

Beetroot has been cultivated for thousands of years and was probably first farmed in the Mediterranean before it spread around the world. Beetroot is rich in the B vitamin folate. It also contains a variety of other vitamins and minerals such as vitamin B6, vitamin C, iron, and potassium.



DRY JULY

Clear your head, make a difference

Dry July is a not-for-profit organisation determined to improve the lives of adults living with cancer through an online social community giving up booze for the month of July. Dry July is also a chance to raise awareness of individual drinking habits, the value of a balanced healthy lifestyle and an awareness of a healthy attitude to alcohol consumption. Visit www.dryjuly.com for further information.



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caring for family health and wellness ...

One of the biggest fears we can have is speaking in front of strangers. In high school it was daunting, but these days it's not so hard as I've got an important message to share.

Recently I spoke to some workers in a factory, many of whom had suffered injury on the job. I was invited to help prevent future mishaps. Some workers laughed when the boss introduced me as the local Chiropractor, saying that nobody there had a 'bad back'. **So I decided to share a story that changed their thinking about chiropractors only being needed for 'bad backs'.**

On 18 September 1895 in Iowa, a janitor named Harvey Lillard stopped to talk with a Dr Palmer who was working late in his clinic. Lillard told Dr Palmer that 17 years ago he bent over and heard a 'pop' from his back, after which he became almost deaf. Fascinated, Dr Palmer tested a theory he was researching. He examined Lillard and found a lump on his back. Palmer recognised it as a badly misaligned vertebra and reasoned that since it occurred when Lillard went deaf, that restoring it to its proper position might also restore Lillard's hearing. Dr Palmer performed an adjustment by pushing the vertebra back into its normal position.

What happened next changed history. Lillard went to the open window and heard a sound he hadn't heard for 17 years – the clatter of horse's hooves.

Chiropractic was born! Today, Chiropractic is one of the fastest growing healing professions in the world, with

over 6,000 Chiropractors world wide serving over two million people every day.

➔ People see Chiropractors for help with headaches, migraines, chronic back pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, asthma, allergies, numbness in limbs and sports injuries just to name a few things. While Chiropractors receive thanks for helping people with many of these problems, they cannot take this credit.

➔ The truth is that Chiropractors have never healed anyone of anything. What they do is perform a specific adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that.

When spinal bones shift out of alignment, they can choke messages running through the tiny nerves that exit the spinal cord. Chiropractors call this Vertebral Subluxation. Tension from prolonged or unusual patterns of sitting and standing, strain from walking, exercising or sporting injuries and stress from personal, professional or emotional tension all affect our body's alignment and can cause dysfunction.

➔ Often this happens without symptoms as only a small percentage of our nervous system carries or perceives pain.

Our body can be heavily stressed without any alarms or bells going off.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Normally our new patient examination costs over \$210, but readers of *The Springdale Messenger* can receive our complete consultation (along with x-rays if required) **for only \$47!**

➔ To take advantage of this offer, you can phone my assistant, Liz, on 5253 2800 and schedule an appointment. By bringing in the coupon below, you will receive your special offer of only \$47 for a comprehension consultation. I look forward to meeting you and helping you and your family achieve optimum health.

Dr Sharon Pedersen-Jones,
Chiropractor

BONUS OFFER

Please tick



YES! I would love to receive a complete consultation for only \$47!

I would like to make an appointment as soon as possible.

Please contact us on 5253 2800 or call into our office, **Corrective Chiropractic Bellarine**, at 13 Dunburra Ave, Clifton Springs to take advantage of this offer.

June Springdale Messenger



HEALTH & WELLBEING



1-31 July
JulEYE

JulEYE is the national eye health awareness month that takes place during July each year. JulEYE encourages all Australians, no matter their age, to have their eyes checked regularly. Vision loss can affect people at any time in their lives, and it will often happen gradually so that by the time it becomes noticeable the damage is done. 200,000 Australians are currently suffering from vision loss related

to eye disease and every year a further 10,000 Australians will lose part of their vision or go blind.

A regular check up will help maintain eye health and detect any signs of early disease to allow for the best chance of treatment. To find out more, go to www.eyefoundation.org.au and find out all the details.

Glamorous Nails

Nails are a big accessory and a woman is never fully dressed until her fingernails are painted.



Gone are the days of pink or red nail varnish, now fingernails are more sophisticated and display stick-on patterns, dazzling diamantes, stripes, dots and plaids. Beautiful nails always make a good impression, so now is the time to pamper your hands, dress your nails, add some bling and feel great.

Nail art is a fun activity that can be accomplished with friends or family.

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The Painter, the Cook and the Art of Cucina

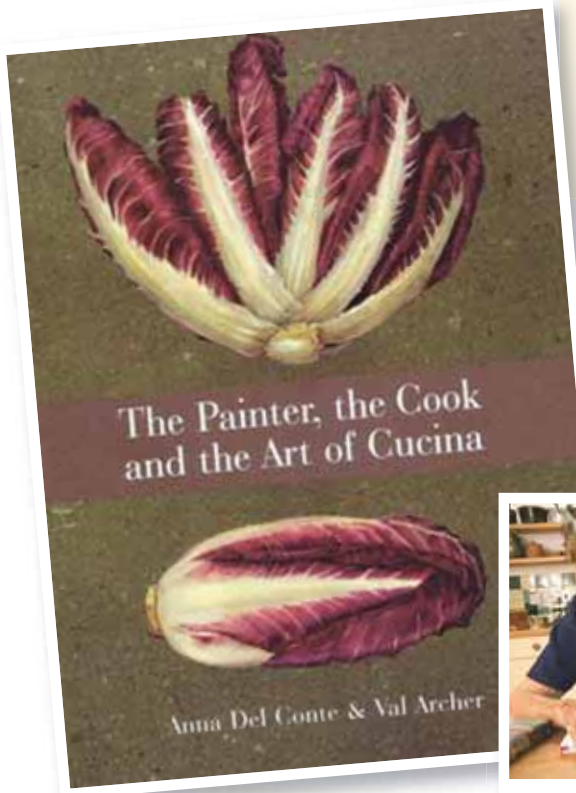
"I found this book in a very little bookshop tucked away in an arcade in Melbourne and was just delighted with the artistry, menus and the stories that are within the pages. For those who are cookbook collector fanatics like myself, will really appreciate this cookbook. If you never cook any of the recipes, I can understand that because you will imagine the dishes already prepared and have a mind feast without using the kitchen utensils at all! Happy reading." Lyn Ingles

A joy to read and visualise food

This is a visually stunning book that takes you on a gastronomic journey revealing the products, the produce and the cooking of six regions in Italy - Piedmont, Veneto, Liguria, Le Marche, Puglia and Sardinia.

Anna Del Conte provides a unique insight into these undiscovered parts of Italy that will make you want to visit after enjoying Val Archer's paintings and Anna's stories.

Anna observes how passionate Italians are about the flavour and variety of their foods, seasonality, regional specialties and recipes, local producers and local food customs. In each region there are recipes chosen to represent the best use of the local produce, from restaurants or directly from local cooks. This is a totally original food book, is a title that is lavishly illustrated with original paintings, over 100 rich oils by a leading painter.



Anna Del Conte

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La Salsa di Musciolo del Principe Carlo

(Prince Charles Mussel Sauce)

2kgs mussels
200ml white wine
2 glassfuls of extra virgin olive oil
½ onion very finely chopped
Little parsley
1kg canned tomatoes
Salt and freshly ground pepper

*This is a sauce that
was cooked for
Prince Charles.*

Scrub the mussels and remove the beards. They should all be closed - throw away any that remain open when you tap them. Heat the wine in a large pan and add the mussels, then cover the pan and return to the boil. Reduce the heat and cook for 10 minutes until all the mussels have opened. Discard any that have not opened. When cool enough to handle, remove the mussels from the shells and chop them finely.

Heat half the oil in a large pan and cook onion until very soft. Add the parsley and then the tomatoes. Cook for 10-15 minutes, stirring until the sauce has amalgamated. Meanwhile, put a large pan of water on to boil and cook your pasta for the time stated on the packet. Drain the pasta and add the sauce. Stir in the mussels together with a glassful of their juices and the remaining oil. Stir well to heat through and serve.



Frittata di Zucchini

Frittata is the Italian answer to a Spanish Tortilla. It can be made with cheese, all sorts of vegetables and even pasta. *Serves 4-6*



A handful of fresh flat-leaf parsley
1 garlic clove
7-8 tablespoons extra virgin olive oil
3 medium or 3 small red onions
- finely chopped
4 large courgettes (zucchini) chopped
5 large eggs, beaten
salt

Roughly chop the parsley and garlic together on a board and set aside. Heat 4-5 tablespoons of the oil in a 30cm non-stick frying pan and add onions and courgettes. Cook until soft and golden, stirring frequently. Add the chopped parsley and garlic and season with salt. Stir thoroughly, then put into a bowl and leave to cool. Wash the pan.

When the vegetables are cool, add the eggs and mix well. Heat the remaining oil over a low heat in the non-stick frying pan and add the egg mixture, spreading it out over the base of the pan. Turn the heat down as low as possible and cook very slowly for 10-15 minutes. When the eggs have set and thickened and only the top surface is runny, place under a hot grill for 30 seconds to 1 minute until the top is set but not browned. Loosen with a spatula and slide onto a warmed plate, cut into wedges and serve. Delicious hot or cold and ideal for lunch boxes.



Visit: <http://www.bookdepository.co.uk>
or keep a look out in the better book stores

My Helpful Hint

Talking about making asparagus rolls – cut the crusts off and ROLL THE BREAD FLAT then the asparagus rolls don't taste just like bread, butter the flat bread and roll it up diagonally, you can actually taste the asparagus. *Thanks Susan for a great hint.*



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MY VIETNAM EXPERIENCE



Jean Richards
SpringDale Occasional Care

Part 1
Part 2 August Issue



MY JOURNEY
TOOK ME
OUT OF MY
COMFORT
ZONE.

My 2 weeks in Vietnam was an amazing experience which really took me out of my comfort zone, not only working at the refuge but travelling on my own. After researching many volunteering organisations, I found that the UK based company *Projects Abroad* was the most suitable for me allowing 2 week placements as most have a minimum of 1 month.

The first working day was my induction which included, learning more about the pagoda in which I was to be placed, the rules and regulations about living in the volunteer house, information regarding back-up/support services, security procedures in the house, transport to and from work, social nights to get to know the other volunteers, as well as answering any questions that I had.

I was to be working at Bo De Pagoda, which was in Hanoi, across the bridge over the Red River. It is a refuge and orphanage for all ages of homeless people and is predominantly run by women monks, but the physical day to day caring of the children is done by the nannies. The nannies are homeless women, with some having children in the orphanage. They are provided with food and somewhere to sleep in return for looking after the children. The volunteers who are placed at the refuge are also encouraged to work with the nannies to help educate and offer guidance in regards to hygiene practices, caring for babies and appropriate discipline for the children. The kindergarten hasn't been operating for long and my job is to work

alongside and support the teacher in order to further establish the room, help with the daily running of the sessions, help supervise the children, as well as developing trust and positive communication with the nannies.

The kinder teacher is doing an amazing job considering the children all have either physical, social/emotional problems and have never had structure or stimulation in their day. There is between 12-15 children each day, and I'm guessing, aged 18mth – 8yrs, as their ages aren't known. The sessions begin 9am – 11am, the children then have lunch and a nap, then 2pm – 4pm. We begin each session with washing faces, hands, feet and applying cream to their skin. The children then have English or Vietnamese language lessons, where they each have a writing book and pencils.

Day out with Thomas

Thomas the Tank Engine has been captivating children since 1946 and has become a huge worldwide success with generations of children. Day out with Thomas weekends brings Thomas and his Friends to life and creates a special day for families to enjoy together. The Bellarine Railway has a unique collection of heritage steam and diesel locomotives from around Australia. This collection includes a range of small and large locomotives that resembles many of the characters in the stories and includes Thomas himself.



books, crayons, stickers, etc.) for the showbags or providing activities for the children on the day. These days everyone wants to know how they can get the most "bang for their buck". Well the Railway advertises each event in newspapers and flyers in the local area as well as all over Victoria. So you gain significant exposure by being a part of this very successful event.

The Bellarine Railway has held 12 Day out with Thomas events since Easter 2009 and each event attracts up to 2500 patrons over 2 days. The next event will be held on 12 and 13 October and while we already have several local organisations and volunteers involved in the events, we need more to make each event special for the children.

Business involvement: This is a wonderful way for the local businesses to support a very worthy, not-for-profit, volunteer run organisation and gain exposure for your business. We have opportunities for donations of gift certificates for our raffle, donations of child activities (colouring

Individual involvement: Circle 12 or 13 October and join our great group of volunteers at the Queenscliff Railway station to make the event possible for the children. We always need people to give out showbags, sell tickets, apply Thomas tattoos, staff the kiosk, check wristbands at the gates, help with parking, and guide people on and off the platform. Although the event goes from 9.30am to 4pm, you only need to work a few hours, and the smiles on the children's faces will stay with you for days.

For further information regarding how you can help, contact Kate on (03) 5258 2069.

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The Book Club - *The Dovekeepers*

On Monday, 3 June, the Book Group met to discuss *The Dovekeepers* by Alice Hoffman. This novel is based on the true story of 900 Jews who had gathered from around AD 70 on a mountain outside the Judean desert to escape persecution by the Romans who were gradually conquering their lands. The Siege of Masada was well documented by the Jewish prisoner Flavius Josephus who became a historian for his Roman captors.



which, most of us know very little. It was a visit to a museum where she saw artefacts from this period that inspired Alice Hoffman to write her book which is her 23rd novel.

Not a book for everyone but our group rated this book eight out of ten.

Next month we will discuss Mark Dapin's *Spirit House* and in August, we will each bring a biography of our own choice.

The dove-keepers of Masada were vital to the prosperity and security of the community on the mountain. They were an important source of manure for the gardens and orchards as well as eggs. It was forbidden to kill the doves.

This novel is written in four main parts and the story is told by each of four women who were assigned to dove-keeping duties on their arrival at Masada.

Yael is the daughter of an assassin who has not forgiven her for being the cause of her mother's death in childbirth. She flees her home in Jerusalem in the company of her father, another warrior and his wife and two small children with the aim of joining her brother Amran at Masada. It is a perilous journey which only Yael and her father survive.

Revka is a baker's wife who has seen her daughter brutally murdered and becomes responsible for her two grandsons who had been hidden behind a waterfall. They became mute as a result of witnessing this dreadful event and the subsequent revenge of their grandmother.

Aziza is the firstborn child of Shirah, the witch. She has lived many years of her life in disguise as a boy after being attacked as a girl-child. Her stepfather allows her to live this way and encourages her in her hunting skills. She gradually becomes a warrior who is able to take her younger brother's place in battle.

Shirah is known as *the witch of Moab* and has travelled to Masada to be with her lover who is the warrior leader of the Jews on the mountain.

This is a long and complicated story and some readers have found that lengthy descriptive passages slowed the action. Lovers of historical novels will appreciate reading about an era and events about

The Book Group meets at SpringDale on the first Monday of each month at 7.30pm. Our meetings are very informal and new members are always very welcome. For more details, contact SpringDale on (03) 5253 1960

Ted Chidzey Youth Encouragement Award

There are plenty of young people achieving great things in our community and the **Ted Chidzey Youth Encouragement Award** is a wonderful way to recognise them.

It is open to young people aged between 12 to 25 years who have made a positive and worthwhile contribution to our community.

Anyone can nominate a young achiever for this special award.

If you know someone in the local community whose activities deserve a wider recognition please contact SpringDale for a nomination form. SpringDale supports and encourages inspirational young people.

Entries close on 31 July, 2013.

Combined Probus Club Of Clifton Springs/Drysdale

CRAFT DAY

Last month we held our annual Craft Day – always one of the highlights of our Probus year. This year it was good to see our newer members bring along several crafty items, including a stone carving. Overall we had a great spread of craftwork from a cuckoo clock built by one of our older members through quilts, knits and other handwork to woodwork, paintings and photos. XThe day was again voted a great success and we finished off with a fine lunch at the Springs.

You are welcome to our regular monthly meetings, held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month.



Please contact Dorothy on (03) 5251 3702 or Peter on (03)5253 2212 for further information.

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Fund Raising Appeal

The **Lions Club of Clifton Springs** is raising funds for a local 5 year old boy, Ryan Wookey, who has been diagnosed with Osteogenesis Imperfecta (Brittle Bone disease) and severe Epilepsy. To achieve his independence \$30,000 is needed for him and his family to have an Alert Dog. The Alert Dog is able to identify any pre-seizure episodes thus alerting Ryan, Ryan's family and friends and community members of impending seizures which will prevent further fractures due to Brittle Bone disease. The Lions Club of Clifton Springs is actively fundraising for Ryan and his family to achieve their goal. Rattle tins are placed around the community and donations are greatly appreciated or can be forwarded to Lions Club of Clifton Springs, PO Box 656 Drysdale Vic 3222 along with any other information or enquiries.

Grant For Lions Trailer

Recently the Lions Club of Clifton Springs has been successful in acquiring a new

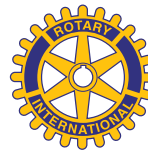


barbeque trailer through a generous grant from local Councilors Rod MacDonald and Lindsay Ellis of the City of Greater Geelong. The Lions Club of Clifton Springs is now fully equipped to hold their

fundraising barbeques with proceeds raised returning back into the community.

Judy Weekes
Publicity Officer,
Lions Club of Clifton Springs

Are you new to the area and like helping others?



I realised it is time for me to put pen to paper or should I say fingers to keyboard. There is always something happening at the Rotary Club of Drysdale. There are people serving on BBQ's there are people serving at the Point Richard Miniature Railway there are people busy planning next year's Annual Art Show and many other activities.

Are you new to the area and need something to help you meet new people? Have you just retired and you now feel you have some time to give back to the community which may have supported you and your family for many years? Do you have a local business and want to participate in something extra that will give you the opportunity to network? Our Rotary year runs with the financial year so we are just about to start a new year. What does that mean for you the

reader? Well I am here to appeal to you to consider joining the Rotary Club of Drysdale. We have had an awesome year raising funds and giving it back to our community here and overseas but our membership numbers are dwindling due to many members having given freely of their time and energy to the club for many years and are now enjoying joining the caravan set, or giving themselves a well earned rest.

I have been a member for over two years and have to say that I have met a great group of very friendly caring people who have become friends. It has benefitted my professional career as well as I have been able to network amongst the members and their families. I believe that I am making a difference, it may only be small, but a lot of small differences add up to a big change.

Our meetings are held at the Clifton Springs Golf Club, so why not come along and try it out. Time is 6pm for a 6.30pm start. Men and women of all ages welcomed. Want more information, contact Brian Gray (03) 5259 1127 our Membership Secretary to book your spot at the table.

Caroline Rickard
Publicity Officer for the Rotary Club of Drysdale



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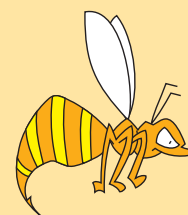
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Drysdale Guides



Senior Guides continue to prepare for our annual camp with the Drysdale Junior Guides. This year will be very different with the Senior Guides leading the camp with a Superhero theme. The planning has been going very well and we all look forward to sharing the time.

Anne Brackley
Drysdale Guides



**BEE IN MY
BONNET**

Slip and fall

How many people have to slip, fall and injure themselves on the brick footpaths in our shopping centre before something is done. They don't even have to be wet for someone to slip. Recently our dear friend Kel tripped outside the Pharmacy and had to be taken to hospital in an ambulance. Fortunately, he is okay but it could have been very different.

From the SpringDale Volunteers

The SpringDale Streetscape to Artscape Project



The local art discussion progressed this month with the draft *Streetscape to Artscape* Plan for Drysdale/Clifton Springs/Curlewis being released and available for comment until the end of August. Hundreds of hours have been invested in the draft plan and I hope you enjoy reading it as much as I have enjoyed writing it.

This is a draft document and although a number of people have helped to edit it, prior to its release I hope that we have put a quality document in front of you. Please feel free to suggest changes, suggest inclusions, suggest assistance and feel free to volunteer. I thank the many people who participated in bringing the document to this point. I am working on an application for another round of funding from City of Greater Geelong Arts Grants and would be happy to share this responsibility with other art focused members of our community.

David Fitzsimmons, City of Greater Geelong and Viktor Cebergs, sculptor, presented a sculpture proposal that has been developed for the park above the Clifton Springs Boat Harbour. The design is a modern take on the paddle steamers. Thanks to everyone who attended and helped make this such a great night with much robust discussion.

The working party who have been investigating the Clifton Springs Fountain, presented their findings which included information about the sale of the blocks on either side of the fountain. We now understand that they were sold to reclaim outstanding rates owed by the developers. The working group continue to investigate possibilities for this site.

The meeting was filmed and a link to the video is <http://goo.gl/bgn5r> just in case you wish to revisit it or see it for the first time.

Anne Brackley



Postscript:

On Landline the other day I loved seeing a statue of Eliza Furlonge which is very similar to the way I envisage a statue of Anne Drysdale – but I see more sheep – here is a link to a video of the unveiling of this piece of art in Campbelltown, Tasmania. I hope you enjoy this clip.

<http://www.youtube.com/watch?v=q9CRzSlnak0>

28 July National Missing Persons Week



National Missing Persons Week aims to raise awareness about the significant number of young Australians reported missing. Out of the estimated 35,000 people who are reported missing each year, approximately 20,000 are under the age of 18.

www.missingpersons.gov.au/awareness/campaigns.aspx

Drysdale Seniors

If you are tired of the cold weather and sitting home twiddling your thumbs, this would be a good time for you to come and visit the Drysdale Senior Citizens Club. You will be able to make some new friends and enjoy a wide range of social, recreational, and cultural activities.

The Drysdale Senior Citizens Club, Town Square, Corner Wyndham Street, Drysdale is open from Monday to Saturday. For further information please phone (03) 5251 2983.

Mens Probus

The Bellarine Mens Probus Club meet on the first Monday of each month at the Drysdale Football Club rooms. Probus is an association of active retirees who join together in clubs, to provide regular opportunities for them to keep their minds active, expand their interests and to enjoy the fellowship of new friends.

If you are interested in finding out more about this group please phone Jack Barnes on (03) 5251 2488.

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in our Garden It's payback time!

Our vegie patch has been working hard all summer, producing sackfuls of potatoes, a year's supply of tomatoes, strings of onions and garlic, stacks of pumpkins, armfuls of carrots and heaps of beetroot. In taking this rich harvest from the garden, I'm removing nutrients. All this food didn't come from nowhere: it was built using nutrients from the soil. Unless I put an equivalent amount of nutrients back into the ground, I'm living on my soil's capital. Pretty soon that capital will all be spent. One easy way I can put something back is by growing a 'green manure' crop. This is a crop that I grow to feed the soil, not myself. A typical green manure consists of a legume (eg. peas, beans, lupins, vetch, clover) to capture nitrogen from the air and fix it in the soil, plus a cereal grass (eg. barley, oats, millet, sweetcorn) to capture carbon from CO₂ and turn it into bulky organic matter. Soil needs organic matter in order to hold onto water and nutrients. Green manure crops also take up nutrients from the subsoil. When they die, these nutrients will be available in the topsoil for next season's food plants. There are lots of other benefits of growing green manures. They smother weeds; they protect your soil from heavy winter downpours and drying winds; they provide habitat for

earthworms and beneficial microbes. Some green manures (eg. mustard) can even 'fumigate' the soil, getting rid of harmful nematodes and root rot fungi. If I grow mustard before tomatoes, I rarely lose a tomato plant to wilt.

To grow a green manure crop, prepare your soil as usual, removing weeds and breaking up big lumps of soil, then rake a thin layer (say 2 cm) of soil to the sides of the bed. Sow the seed thickly and evenly over the bed – be generous, you can't overdo it – then rake back the soil to cover it. Water in. You may want to cover



Top: Preparing a bed for a green manure crop

Left: Some of the seeds you can sow as green manure

the bed with netting until the seeds germinate. (You want healthy soil, not healthy sparrows and pigeons.) After a couple of

weeks, your bed should have a thin green flush of first growth. After a couple of months, it will be thickly covered in knee-high, lush, green plants.

At that point it's time to chop down your green manure crop. You can cut it with garden shears or a sickle and leave it on the surface as a mulch. You can smash it down with a fork and dig it in. Either way, be sure to knock it down before it flowers and sets seed.

Keep the soil moist until the green manure has broken down. This will take about a month. You can now plant or sow your new season's crops into the revitalised soil. Sources for green manure seeds and information:

www.edenseeds.com.au;
www.greenharvest.com.au;
www.diggers.com.au Check out
www.drysdaleharvestbasket.org for more gardening topics.

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28 July National Tree Day



Planet Ark is calling for people to connect with nature by getting involved in National Tree Day, Australia's largest tree-planting and nature care event.

Each year over 300,000 people take part at 3,500 sites around the country. More than 17 million seedlings have been planted in the event's history.

People can participate by becoming National Tree Day site coordinators or attending plantings in their local areas. treeday.planetark.org/



Drysdale Tree Planting

The Bellarine Landcare Group is hosting a **National Tree Day** activity along the Bellarine Rail Trail, between Bridge Street and Princess Street, Drysdale on **Sunday, 28 July 2013** from 10am to 3pm. The Bellarine Landcare Group is aiming to improve wildlife corridors along the rail trail, creating a link to Lake Lorne by increasing biodiversity of indigenous flora. Join other like-minded individuals and come along and do your bit for the local environment.

Contact Emma Camilleri
on 0457 333 727 for any information.

Years ago

As reported in The Argus on
Thursday 5 May 1881

GEELONG

Slow progress is being made with the agitation at Drysdale for the introduction of a diamond drill in that locality in search of coal seams. The surrounding local bodies sympathise with the movement, but want to know the cost of the drill. This information is yet to be obtained.

Garden Club

If you are interested in sharing gardening ideas and learning gardening tips from others, please come along to the Clifton Springs Garden Club. Meetings are held every third Monday evening at 7.30pm in the Drysdale Uniting Church Hall, Palmerston Street, Drysdale. The July meeting is to be replaced with a dinner and all visitors are most welcome. For any further details about the dinner or the Clifton Springs Garden Club, **please contact Lorraine on (03) 5251 1660.**

The Clifton Springs Garden Club is holding a Gala Open Day on 5 October, 2013 as part of the City of Greater Geelong's Seniors Month. Please put this date in your diary and watch this space for further update

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Bellarine Camera Club

Another interesting month for the Bellarine Camera Club. At a recent meeting one of our own experienced members, David Potter, gave an insight into the use of *Back Button Focus* and *Rear Curtain Flash*. You could have heard a pin drop as the talk unfolded and some of our more experienced members were taken into parts of their camera they knew were there, but were unsure how to use. Judging by the questions and the casual follow up discussions after, a lot was learnt by all.

The subject of a recent Competition night was *Colourful* and, excuse the pun, it was a colourful night with some really imaginative images created and judged by BCC member and photography tutor Martin Young. Another large judging task, with some 65 entries – the results on the night were:

Print Section:

1st Place - *Spilt Sherbets*, image maker Roger Northam

2nd Place - *Anzac Day*, image maker Gordon Trill

3rd Place - *Neptune's Garden*, image maker Janetta Green

Merits were awarded to Liam Hobbs, *Balloons in the Sky* and Roger Northam, *Pencil Wheel*.

Electronic Section (EDI):

1st Place – *100's & 1000's Kisses*, image maker Liam Hobbs

2nd Place – *Vegetables*, image maker Tony Cavanagh

3rd Place – *Colourful Slinky*, image maker Kerriane Hobbs

Merit awarded to Darren Henry, *Pretty Toxic*.

Image of the Competition:

Spilt Sherbets, image maker Roger Northam.

What made the night really interesting was Martin took the trouble to crop and adjust some of the EDI image entries to give advice to members on his tips to improve images. We all learnt something from this exercise.

Are you interested in photography and learning more about your camera?

Go to

<http://bellarinecameraclub.org.au>

for more details about the club and meeting dates/agendas.

Bellarine Camera Club meets at Drysdale Springdale Hall twice a month and offers members a chance to learn, grow, and share ideas with other like-minded photographic enthusiasts.

The club provides a positive environment for members to learn about photography and develop photographic skills through competitions, presentations by local professional photographers, photographic image specialists, retail discounts, and social activities. Our club welcomes new members with various photographic interests and at all skill levels.

We endeavour to make all experiences both rewarding and enjoyable.

Like to know more - please contact:

Secretary, Val Moss 0407 019 939

val.moss@bigpond.net.au or

Membership, Roger Northam

0419 254 525,

northam25@bigpond.com

for further information.

A day in the life at the Men's Shed at Clifton Springs

It seems many people imagine a bloke needs great skills to become involved with a Men's Shed. Well one doesn't. Sure a few blokes have great capabilities but in reality our members are ordinary chaps from a wide range of work and hobby backgrounds. Our Shed is basically a place where men gather for social interaction and provides various activities. A typical Monday at the Shed would be:

10am - *Shed is opened*. Resident Chef Del fires up the urn. Toy Boys head for the wood Shed to continue production and painting. JH starts his fine art work (on old tools etc) in the rec room which houses our pool table, dart board and library. Scotty and Nicho start repairs on a trailer in the metal workshop. Quartermaster *Treasure* ponders our equipment inventory and stock. *Farmer Davo* plonks himself on a chair with a cuppa and starts chatting - to anyone! Watto and Mr T are



engaged in the computer café solving all manner of matters.

11am - Billy starts tending *his* garden. Seems its *Smoko* time in the *Geriatric Centre* (our social/meeting room) and great discussion begins – footy, cars, holiday, life's problems, and more. Shortly some return to whatever they were doing. Others just hang about the Geri Centre. *WO Len* starts a renovating project whilst Derek (*Mr. Fixit*) arrives and looks around and starts repairing something/anything.

Noon - BYO lunch time and fellas are back in the Geri Centre amid a noisy din. Franko, Willy, Waggies and others arrive to join us. Soon about 30 are chatting away when a trivial pursuit session starts which causes much banter, confusion, chatter, disputation of questions etal.

1pm - *El Presidente* bangs his gavel to commence a short meeting. A quick whip around members enlightens us about a footy trip, a breakfast, a fundraising BBQ, a film night (with wives, girlfriends), a fishing trip and other sundry matters. As always the *Lil Scots* recites a

humorous joke (*concentrate closely on his accent*).

1.30pm - Fellas head off to what they were doing in various activities with a number staying and just chatting. Chaps wander in and out of the Geri Centre.

3.30pm – Tools begin to be put away. Fellas bid farewell and another day is done.

Our Shed is at 45 Central Road, Clifton Springs. Phone 0459 213 153. Visitors are most welcome any Monday 1.30pm to 3.30pm.



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Safer Communities News

Number Plate Thefts

Unfortunately, number plate theft is all too real in the Geelong region and owners face inconvenience and expense as they replace the stolen plates. Watch out for free NHW *PLATE DAYS* where, for a small donation, special screws are applied to your number plates by volunteers. These screws are also available from stores like Bunnings.

Thefts From Cars

This easily preventable crime is still continuing, with offenders often smashing windows of the vehicle to gain access. Stolen items include GPS units, cash and wallets. Please do not leave valuables in your vehicle. Apart from the loss of property, having to repair the damage is a great inconvenience and can be expensive. Don't become a victim! **LOCK IT, REMOVE IT or LOSE IT**

Take Care Around Cyclists

During winter, shorter days mean many cyclists are on our roads in poor light conditions. At night or early morning, cyclists are encouraged to ensure they wear reflective clothing and their bike has working lights.

House Numbering

Is your house number clear?

Working out which house is which can cost precious minutes during an emergency. **Can we find you?** Paramedics, Police Officers and Firemen encourage all residents to be prepared for emergencies by regularly checking that they have visible house numbers – you never know when an emergency will occur.

14 – 20 July

Diabetes Week



Diabetes is a complex condition, which can affect the entire body. Diabetes is a chronic condition, which means that it lasts for a long time, often for someone's whole life. At present there is no cure for diabetes. In Australia, nearly two thirds of men and half of all women are overweight or obese. This is a key factor in the alarming rise of type 2 diabetes. Visit www.diabetesaustralia.com.au to find out if you are at risk of developing diabetes. **Diabetes Week runs from 14 – 20 July.** Making healthy food and drink choices is the key to managing diabetes.

Subscribe to our Newsletter

To receive a copy of the Geelong and Surf Coast Neighbourhood Watch News, email us at: nhwgreatergeelong@gmail.com and we will add you to our distribution list.



Drysdale Clifton Springs Community Association

Planting time at the Dell.

Over the past 8 months there has been periodic work going on at the Dell, as part of a grant which was obtained by DCSCA from Caring for our Country. This included clearing a lot of woody weeds and mulching that material to provide cover for a planting program.

We are pleased to say that at the environmental day at the end of April, 150 students from the Drysdale and Clifton Springs Primary Schools, over 200 new plants were planted in a specially prepared area near the base of the steps.



In the areas where the clearing had taken place, new plant growth has emerged, with the "good guys" outnumbering the bad ones. The bad ones are being selectively removed as part of the ongoing maintenance program.

Next General meeting.

Wednesday 17 July at Springdale Hall. We have invited the City of Greater Geelong's environmental officer to give a brief information talk on the way in which the Council will be looking after the foreshore, particularly in line with the new budget allocations announced earlier this year.

Contacting DCSCA:

P.O. Box 581, Drysdale, Vic. 3222;
or dryclift@bigpond.com
For up-to-date news, please visit
DCSCA's blog -
drycliftdays.blogspot.com/



Go Hawks.

It is now more than half way through the season and The Hawks are on track for another premiership. Be part of the action and enjoy some local footy. Round 13 for the Hawks is home against Portarlington on 13 July, Round 14 is home against Geelong Amateur on 20 July and Round 15 is away against Queenscliff on 27 July.

Go Hawks.



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Congratulations to five outstanding youths



L to R: Tuesday King (Clonard College); Genevieve Nicholls (St. Ignatius College); Chelsea Hall (Geelong High School) Jarrod Williams (Bellarine Secondary College); Maddison Pearson (Mathew Flinders Girls College)

Portarlington & Drysdale Community Bank

Branches congratulate our five outstanding youth who have been presented scholarships to attend the Bendigo Bank's Magic Moments Youth Leadership & Business Summit 2013 in Queensland for 5 days.

Magic Moments youth programs are Australia's leading Youth Leadership & Business Program for 14-17 year olds.

The program is 5 days of full immersion learning and teaches leadership skills, business and investing basics and Quantum learning in a fun and interactive environment.

Our Community Bank is proud to sponsor Maddison Pearson, Genevieve Nicholls, Jarrod Williams, Chelsea Hall and Tuesday King to represent the Bellarine Peninsula Community at the Summit.

Library Chatter

eBooks

Geelong Regional Library has a growing collection of eBook titles for your eReader, iPad or tablet device. eBooks are available even when our libraries are closed, they return themselves automatically and don't incur overdue fines. You will need a library membership to download the titles.

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Volunteer of the Month



Eileen Bain

Our Welcome Ambassador

Eileen moved to the area approximately 3½ years ago and came into SpringDale within her first couple of weeks to offer her services. Eileen is a life member of the Sunbury Visitor Information Centre and had vast experience of escorting tours around the district and generally helping new people to the area.

Eileen was the perfect person to facilitate our Welcome Morning Teas and has done so ever since. Eileen welcomes people with morning tea on the fourth Monday in each month and is so happy to have made many friends through these events.

Thank you Eileen for the gift of friendship and inclusion that you give to our community.

St Leonards Bowling Club



Christmas in July

Enjoy **Christmas in July** on **Sunday 28 July** at the St Leonards Bowling Club, 1274 Murradoc Road, St Leonards. Cost \$25 per head for a 2 course luncheon from 1pm - 2.30pm and entertainment from 3pm - 4pm. Raffle will be drawn on the day.

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kel's corner

Kel recalled Morris Jacobs Department Store, the men's wear section in Malop Street where Bay City is now. Opposite it was a vacant block of land bordered by McCann Street, Little Malop, almost to Yarra Street (there was a vege market on Yarra) and Malop Streets. On this site Coles Variety would hold an annual variety show. Across the road on the south corner of Yarra and Little Malop Streets there was Heaths Motors Service Division, where you drove your car in for service. It was then elevated up to the first floor for the actual service to be carried out.

At the start of the school season when you were getting new clobber, Mr Jacobs would hold the back of a shirt or jacket so that it looked as if it fitted well, while you looked in the mirror and when you got home you realised it was way too big. This meant you only had to shop every couple of years. "Each year when we bought new boots, on the way out of the shop Dad would tap me on the shoulder and say 'Can you take bigger steps son to make the boots last longer?'" Kel retold.

Stables were directly behind Morris Jacobs' shop. You would ride the horse and jinker in from Drysdale and leave it in the stable, with feed brought from home, water was available, you had to pay a small fee for this service – it's like paying parking money. Going home at night after shopping, you lit your lamp on your horse drawn jinker.



Above: Kel, Naomi Mannix, Jane Helmer
Left: Kel and Bonnie Lassie Leander Boyle beside him along with 2 young girls in their Sunday best.



Kel Davis takes people at the centenary for rides along the main street in this jinker.

Kel's jinker jaunt back into history

Drysdale's Kel Davis revelled in the atmosphere of the weekend's celebrations of the centenary of the Drysdale Court House and Shire Hall.

Dressed in an old morning hat complete with top hat and a stone carriage in the lead, he put a dash of elderly gentleness at the last ever riding through the street in his jinker with a horse, Rod, and a driver, Naomi Mannix.

The jinker, pulled by the three-year-old team, Leander Boyle, was just one of the many fine examples of past transport which took part in the procession down High Street.

Vintage and vintage cars lined along the main "bush" as they were given to do on a warm day – the Western Pine Band played, and a changing and a band of old and new.

To join the celebrations and participate in the procession on Saturday, many dressed in period costumes.

Young girls were in their "Sunday best" of the 1880s with multi-layered dresses, checking scarves, large aprons with wafled and decorative buttons, and of course, hair buns.

The event house and shire hall, the reason for all the celebration, in 1880 years old this month.

A plaque commemorating the centenary was unveiled by the Shire President, Cr. Stuart Hume, after the procession.

The hall is unique because it was built by the Shire and the Law Department of Victoria.

The Shire Historical Society has received it and holds a collection of old shire papers and various articles of the shire's past, including photographs of residents who lived in the shire hall.

27. 300

The lamp had a candle in a holder with red glass at the back and plain glass in front – wouldn't dazzle you I assure you! Kel recalls laying underneath the horse rug on the floor of the jinker on the way home with his brother Keith. Kel restored 2 jinkers and Kel's horse Rod (an Anglo-Arabian) was used to pull the

jinkers and he was in a lot of processions through Drysdale (see photos) and Kel helped to train people to handle a horse and jinker on the road with Rod's help.

Local artist, Mrs Chapman painted the horse, Rod and jinker, Leander Boyle and Kel in the jinker. This painting was hung in the Geelong Art Gallery for quite a while. One day Kel called in and pointed to the painting and got a crowd to come over – Kel the art critic – laying it on a bit more.

Kel has recently had a few visits to hospital and so hasn't been as visible. He is back on his feet again but he continues to say that this is his last year of sharing his stories with us and that we'll have a party at the end of the year. I hope that those of us who love hearing his stories continue to let him know that we would love him to continue if he is well enough. Although Kel finds it hard to recognise you, he'd love you to say hello if you see him. He has been attending the welcome morning teas at Springdale on the fourth Monday at 10.30am, perhaps you'd like to meet him there.

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