

The SpringDale Messenger



ABN 21 404 220 267 Compiled & Published by the SpringDale Neighbourhood Centre Inc.

This one didn't get away

Members of the **Drysdale Sports Fishing Club** showing the results of a great fishing expedition at Portland. Ten kilometres off shore two fishermen hooked up, played the fish for one and a half hours to get them near the boat.

Ray Stratton landed his with the assistance of 'Puddy'. Craig almost landed his fish but the rod snapped under the stress, cut the line and the fish got away.

The 118kg tuna that Ray landed may enable him to bag the annual trophy. Good luck Ray - *tight lines*.



L to R: Ray Stratton, behind the tuna Craig Trewin, the 118kg tuna, twin brother Wayne (Puddy) Trewin.

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The SpringDale Neighbourhood Centre provides Courses and Group activities where you are able to make new friends and learn new tasks. Look on our website www.springdale.org.au for more information on your local centre providing these vital services to our community.



What's on - August 2013

Saturday

3

Harvest Basket Produce Swap
9am-11am SpringDale

Thursday

8

Friday

9

Saturday

10

Into The Woods
Bellarine Secondary College Potato Shed
Kevin Mahoney playing at the Clifton Springs Golf Club

Tuesday

13

Coppin The Great - Morning Showtime, Potato Shed

Friday

16

Holka Polka - Bellarine Juniors Potato Shed

Saturday

17

Holka Polka - Bellarine Juniors Potato Shed
First Aid Class SpringDale (Sat 17 - Sat 24)

Sunday

25

Portarlington market 9am-2pm

Monday

26

Business Breakfast SpringDale 7am

Friday

30

Alice - Bellarine Jongleurs - Potato Shed

Saturday

31

SpringDale AGM 10am
Alice - Bellarine Jongleurs - Potato Shed

Events - August

Monday 12

RSPCA Cupcake Day

Saturday 17 - Friday 23

Children's Book Week

Monday 19 - Sunday 25

Keep Australia Beautiful Week

Friday 23

Daffodil Day

Saturday 24

**Plant Sale Botanic Gardens
10am - 4pm**

Sunday 25

**Plant Sale Botanic Gardens
10am - 4pm**

Deadlines 2013

September Issue

Bookings/copy required 1 August 2013
Distribution Saturday 24 August
Circulation 7,000 copies

It's all about your business



Support your
local magazine
**The SpringDale
Messenger**
and reach over
7000 homes each
month in Drysdale,
Clifton Springs,
Indented Heads
and St Leonards.

For more information call (03) 5253 1960.

SpringDale Neighbourhood Centre Inc. acknowledges the support of:



SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.

If you wish to place your event in the calendar and further issues of **The SpringDale Messenger** please email, write or call the event details to our office.

SpringDale Neighbourhood Centre

Opening Hours **Monday to Friday 9am - 5pm** and by appointment.

Compiled & published by the **SpringDale Neighbourhood Centre Inc.** A0024916V
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For all advertising enquiries: office@springdale.org.au OR P: (03) 5253 1960 F: (03) 5253 3050

**For all editorial enquiries: E: messenger@springdale.org.au
W: www.springdale.org.au**

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula. All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. **Views** expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



from the centre

Anne Brackley [centre coordinator]



Dear Everyone

I was lucky enough to attend a training session the other day that was entitled Recruit, Retrain and Exit Staff. I was feeling a bit guilty attending and thought I was skilled in this area. As the session started I became very excited – it was the best session that I have ever attended. Although the advertised topic was covered, it was not the real thrust of the session for me. It was about Emotional Intelligence, it was about how to get better output out of staff through praise. It is counter-productive to focus on things that people don't do well, research shows that actually decreases productivity by 19%, so even the things that people are good at don't get all their attention and go backwards. The session talked about alignment of values, that the job advertisement should talk about value matching, not just having induction but allowing time for On Boarding, taking time to integrate the new person into the organisation. I came home so excited. I have known these ideas to be true but did not realise there was a movement towards these ideas.

It was highlighted that everyone should know their strengths. I thought I had a fairly good idea about that but I actually participated in an online survey
http://www.authentic happiness.sas.upenn.edu/Entry.aspx?url=http://www.authentic happiness.sas.upenn.edu/tests/SameAnswers_t.aspx?id=310

My top 5 strengths were defined as Creativity, ingenuity and originality, curiosity and Interest in the World, Zest, enthusiasm and Energy, Hope, optimism and energy, Hope, optimism and future mindedness, lastly Humour and playfulness. It was so interesting seeing what the answers to 240 questions turned up. Wouldn't it be great if we knew what all our skills were and we ensured that in each group there was a great mix of skills and that we understood each other's strengths and gave people opportunities to use them. I suppose this leads into the next revelation.

Slicing a loaf of bread the other day, something I have not done for a number of years. I held the knife firmly, I confidently moved the knife across the bread and I sliced evenly and achieved exactly what I started out to do. In using this skill, a skill that I have gained over more than 45 years, I was surprised that I cut the bread so well. I remembered when I tried to cut a slice of bread when I was young and I cut some bread but it wasn't a slice – it was a small wedge – I remembered giving up. I remember trying again at a later age. I remember making rusks for my babies and that's probably when I honed the skill. Probably I've only sliced 10 loaves of bread in my life. I was so surprised that my body remembered how to do this so well.

The point that I am trying to make here is that it's a great idea to try skills, but don't be scared to leave it for a while and have a go later. That's what our classes try to do. We try

to provide classes for people who maybe didn't have a good first experience and who feel they might like to have a go at gaining a new skill now. We try to have classes that people are looking for and we try to meet needs as quickly as we can.

I love the generosity of our community, after watching a recent TV program about people doing it so harshly, a lady came to SpringDale with a great idea to collect and parcel toiletries to help other women. She has contacted ten of her friends who are willing to give a toiletry product – a packet of tissues, shampoo, soap, toothbrush etc each week to be part of a hamper. She understands that this will only make four hampers a month and so we are asking if there are other people out there who might like to help – Community supporting Community. There is a drop off point at SpringDale if you would like to help.

Lastly, we have received a few wonderful donations which we have gratefully received and are actually raffling off to help us to generate some funds for the SpringDale Kitchen renovation. The prizes are a wonderful array of plates, saucepans, cutlery etc for someone moving out of home and a suite of stationery for those setting up a office. Tickets are 50 cents or 3 for a dollar and we'd love people to call in and buy a few tickets or ring and ask for some to be sent out.

Thanks for your support yet once again. Looking forward to seeing you at SpringDale for any of our usual activities or the Business Breakfast on Monday 26 August or at our Annual General Meeting on Saturday 31 August at 10am.

Anne Brackley
for the whole SpringDale Team.

COURSE UPDATE

@ SpringDale



Ukulele

First workshop Thurs 1 Aug – 2 classes each 1 hour in length – starting 9.30am and 10.30am – cost \$10 please prepay to ensure a spot. We are still working on a session out of hours for those who are interested. Ukuleles can be purchased for approx \$30 each. Thanks for showing so much interest.

Sewing for mums

We have been contacted by a couple of mums who would like to have a few classes in sewing for their children.

Tie-dyeing - Colour your wardrobe.

2 hour workshop teaching the basic techniques to **Tie-dyeing**. It's fun and see results of your work in a short time.

Age Care Course

We have been hosting Certificate III in Aged Care Courses at SpringDale for more than 6 years but I have never seen a group demonstrate their appreciation to their trainer in such a thoughtful manner as our last group did. At this time Aged Care is a vital part of our lives. Caring for our aged community has never had such an impact on family lives.



Business Network Breakfast

Only \$10 per person

Guest Speaker
Liz Grant



Keeping the
Community Connected

Monday 26 August at 7am start

Our Guest Speaker is **Liz Grant, Program Coordinator of Small Business Smart Business.**

Liz is passionate about finding and sharing tools for small business that are easy to understand and apply for immediate impact. She also owns **Your Marketing Team**, a customer research and marketing business helping small businesses to grow.

Attending this event will give you and your business:

- Four key tools to reenergise your business.
- Ideas for how to implement these tools into your business now, for quick results.
- Opportunities to network and share ideas with other local businesses.

All this, plus a great breakfast, and still only \$10.00 per person.

Great Value. Make sure you bring your friends and colleagues.

Looking forward to seeing you at the breakfast gathering.

Please register by **Thursday 22 August 2013**

• E: support@springdale.org.au • Phone (03) 5253 1960

• SpringDale Neighbourhood Centre 17-21 High Street Drysdale 3222 Melway 456 J11



our reader's feedback

New technology

Travelling in a car alone to Melbourne recently, I got lost. Now I am going to buy some new technology and sign up for a course of lessons at SpringDale.

Margaret, Clifton Springs.

Winners

Congratulations to John Brumley and Peter Munster for services recognised on the front cover of the Messenger last month. They have done much for their community and hope others can follow their example.

Katie, Drysdale.

Ducks

Being an overseas visitor, it was a pleasant sight to see so many lovely ducks on Lake Lorne. The Bellarine is a great place for birds.

Trevor, United Kingdom.

Barking Dog

There is a barking dog somewhere close by that often troubles me. Why can't owners look after their animals and exercise them regularly.

Jack, Drysdale.

Thank You Chris

Sincere thanks to Chris Walsh for his attention to Kel during his fall. Thank you also for letting us know that Kels fall was not due to the footpath.

Anne, SpringDale.

We welcome your comments in this our Readers Feedback column, please email to messenger@springdale.org.au

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AGM SpringDale - Saturday 31 August

As we prepare for the 2013 Annual General Meeting (AGM) of SpringDale Neighbourhood Centre we have chosen to hold it on Saturday 31 August 10am.

You may think that this is a strange time for an AGM but this time slot was popular last year during the summit and so we hope it is popular again.

This AGM will include voting on a new Constitution for SpringDale in line with changes introduced by the Associations Incorporations Act 2012.

At the conclusion of the meeting there will be a delicious morning tea.

All members and friends are welcome.

The AGM is a time to celebrate and reflect on the achievements over the last year and look forward to the coming year. The President and Committee of Management of SpringDale believe it is also a great opportunity to meet with other members of the community.

You are invited to attend the AGM on Saturday 31 August 2013 at 10am at SpringDale Neighbourhood Centre, 17 – 21 High Street, Drysdale.

Most Popular Course at SpringDale

The most popular courses at SpringDale at the moment are those connected with new technology, **iPads** and **iPhones**. If you are interested in learning some tips and tricks with your devices, SpringDale is the place for you. An **iPad** is a portable touch-screen wonder. You can shoot a video, take photos, play music and find information in an instant. Classes are run almost every day to suit everybody at SpringDale, so there is no reason why you should not get involved.



SpringDale has its own iPads which you can operate and learn how to use all the functions.

Reporting the news for the SpringDale Messenger

A few groups have recently approached us about how to start sending in articles about their club or group. They are looking to inform our community and also to recruit new members or support. Stories are submitted via email if possible to messenger@springdale.org.au in a Word document.

Our Policy states that articles can be up to 350 words with a photo or up to 400 words without, but your article comes to life with a photo. We ask that articles be written with the distribution date in mind and be submitted on or

before the first day of each month. The SpringDale Messenger is distributed in the last weekend of the month ready for the next month.

It is home delivered in Clifton Springs, Drysdale and St Leonards and shop delivered in the Bellarine. Each day we receive such great feedback about this asset of our area.

Thanks for considering being part of our award winning magazine.

Reporting the NEWS



SpringDale Vacation Care

\$45 per day

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Email: office@springdale.org.au



August at The Shed great entertainment

It's hard to believe that we're already in August! To keep you going through this long winter month we've come up with lots of toasty Potato Shed treats. One not to miss on 13 August is *Coppin The Great*. Colin and Shirley return to the Shed for the Morning Showtime Season with this amazingly entertaining musical tale of *George Coppin*, the man who brought music to Geelong and theatre to Australia. Our Morning Showtime Season is super popular these days, so we do recommend that if you can, book in advance.



Bellarine Secondary School will be holding their annual production on the 8, 9 and 10 August. They are staging the junior version of the smash hit musical *Into The Woods* well worth a look. Two very special shows for all the family are also heading your way in August. On 16 and 17, you can enjoy *Holka Polka*. Join Brenda the good little witch in this beguiling show that brings some old fairy tale characters to life in a modern and enchanting way (suitable for primary aged children). On Friday 30 and Saturday 31 August, you can also catch *Alice*. Directed by Sonya Niemann, with musical direction by Connor Sheedy, you'll meet all your favourites including the Queen of Hearts, singing flowers and the sad mock turtle. *Alice* is suitable for a teenage and adult audience.

So, whatever else you are up to this August, make room for an evening out at the Potato Shed or get involved in one of our great community activities. Group discounts are available for all shows.

Visit www.geelongaustralia.com.au/potatoshed/ or call us on (03) 5251 1998 for more info. And remember, you can follow us on Facebook.

WIN 1 DOUBLE PASS

POTATO SHED

To enter fill out the coupon below and send or deliver to:
Springdale Neighbourhood Centre
High Street, Drysdale



Coppin The Great

**Tuesday 13 August
10.30am session
Includes Morning Tea**

Name: _____

Address: _____

Phone No: (03) _____

COMPETITION CLOSSES 3PM FRIDAY 9 AUG

COMING TO THE SHED IN AUGUST

8, 9 & 10 August
Into The Woods
Bellarine Secondary College
7.30pm
Adult - \$15, Conc - \$12
OR \$40 per family of 4.

13 August
Coppin The Great
Morning Showtime
Presented by
Drop of a Hat Productions
10.30am
\$14 includes Morning Tea.

16 & 17 August
Holka Polka
Bellarine Juniors
Fri 16 - 7pm,
Sat 17 - 1.30pm
\$12 per person
OR \$40 per family of 4.

30 & 31 August
Alice
Bellarine Jongleurs
Fri 30 - 7pm,
Sat 31 - 1.30pm & 7pm
\$12 per person
OR \$40 per family of 4.



**Tuesday
13 August
at 10.30am**

*Coppin
The
Great*

Morning Showtime
Presented by
Drop of a Hat Productions



Bellarine Secondary
College Presents

**8, 9 & 10 August
Into The Woods
Bellarine Secondary
College. 7.30pm**

B.J.'s Present

HOLKA POLKA

16 & 17 August
Holka Polka
Bellarine Juniors
Fri 16 - 7pm,
Sat 17 - 1.30pm

Fun for all
the kids

By D.M. Bocaz-Larson

LIMITED SEASON

Fri 30 - 7pm,
Sat 31 - 1.30pm & 7pm

The Bellarine Jongleurs present

ALICE

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.

POTATO SHED

The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale.
Ph: 5251 1998

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Economic Development Drysdale/Clifton Springs/Curlewis

Three ideas from the Community Summit held in November 2012 that have not had a lot of airplay yet were:

1. a pier for Clifton Springs
2. a lookout for Drysdale
3. a regular forum in which great ideas could be discussed, debated and promoted.

A meeting to focus on all these topics will be held on Monday 9 September at SpringDale at 7pm. All are welcome and please invite another person to come with you and encourage them to do the same.

Updates - there was a meeting held at MP Lisa Neville's office in which local government officers, councillors and community members were invited to talk about the project to increase the liveability of Drysdale by providing extra access options. It has been suggested that more research is needed into the destination mapping of trips and therefore better accessed to informed decision making. On the National Broadband Network (NBN) front - I was pleased to be able to have an excursion to Channel 7 to see their implementation of the NBN. Channel 7 Melbourne is able to schedule all the news for all the mainland states of Australia which has been a large boost for the Melbourne economy. What great ideas will our community come up with?



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The SpringDale *Streetscape to Artscape* Project

An application for a City of Greater Geelong Arts Grant for the next stage of the *Streetscape to Artscape* project has been applied for. This part of the project is to encourage artists to create an idea for a piece of art in line with the *Streetscape to Artscape* Plan. It is hoped that with the Arts Grant we will be able to fund some artists to take their ideas to concept plans which we hope we can then seek funding for over the next number of years from whatever sources we come across. If you would like to be part of this project we would love to hear from you. **Please contact SpringDale (03) 5253 1960.**



Four Corners stimulated project

A member of our community was moved to action when she saw a recent *Four Corners* program which highlighted problems faced by some families in parts of the Geelong area. She has started to package care packages for the mothers in a family - the person who usually has to care for everyone else deserves some care too and perhaps a number of us can help. 10 people have already volunteered to donate an item a week to go into these care packages but that only gives us 4 packages a month containing things such

as soap, shampoo, conditioner, tissues, toothbrush, toothpaste and other useful items.

"As I was hearing about the concept I remembered back to packages for those at fighting in the Second World War."

Anne Brackley

If you would like to help please contact SpringDale or bring any items for this project to SpringDale for inclusion for the monthly packing of our care parcels.

Years ago As reported in The Argus on Thursday 4 July 1889



SpringDale Artists Exhibition

Saturday 21 September
Sunday 22 September
10am - 4pm

SpringDale
Neighbourhood
Centre, Drysdale
Entry by Gold Coin
All works for Sale.



GEELONG

The formal act of driving the first pile of a new jetty at Clifton Springs, Drysdale, took place yesterday, in the presence of between 50 and 60 persons. The first section of the new jetty will extend 2,500 feet into the sea.

Family Law Worries?

Come in for a *free* chat

RISTEVSKI
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1 High St., Drysdale
(old Post Office) Ph: 5251 3453

Gillian's Bunyip is a winner

Local artist and resident of Clifton Springs, Gillian Turner has been announced as winner of the Geelong Bunyip Art Competition. In late June, Gillian was presented with a certificate and the \$1000 winner's cheque.

From a total of 180 entries, the 12 selected finalists including Gillian's winning Bunyip painting are currently on show in the *Rumour Has It* exhibition at the National Wool Museum, Geelong, until 13 October 2013.



**SpringDale Course
& Opportunity Guide
September Issue.**

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Free Bridge - come and try Come and try session

Learn to play bridge, the most popular card game in the world, at a FREE session at the Geelong Bridge Club.

This exciting event will be held on Tuesday 1 October at 1.30pm at the Geelong Bridge Club, 148 Portarlington Road, Newcomb. For bookings and enquiries please email dotgeoffread@gmail.com or phone (03) 5258 3424.



golfing memberships

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For Bookings
& Information



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Monday **Dinner: All Mains**
*Conditions Apply

\$17*

Tuesday **Dinner:**
Parma Night - 4 types!

\$15

Wednesday **Dinner:**
220gm Porterhouse

\$16

Sunday **Two Course**
Roast Lunch

\$19⁵⁰

Everyday! **Two Course**
Lunch Special

\$15

ENTERTAINMENT



Kevin Mahoney

Appearing

Friday 9 August

Be entertained and
enjoy the music.

**Present this coupon
& SAVE**

Buy 1 main get 2nd main half price
equal or lesser value (main meals only)
Tuesday-Thursday evenings*

Valid from 1st to 31st August 2013

* Not valid Public Holidays or Long Weekends
* Conditions apply - not available on all meals.



2013
august



Phone (03) 5251 3391 Clifton Springs Golf Club Clearwater Drive CLIFTON SPRINGS 3222
Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au



Drysdale Rotary

It was a pleasure to be invited to join members of the Drysdale Rotary Club for their meeting at the Clifton Springs Bowling Club recently. Drysdale Rotary is a very proactive club, successfully running the popular Easter Art Show as well as the Children's Park and Miniature Railway at Point Richards. They make a significant volunteer contribution to the community in so many areas and I enjoyed hearing about their other current projects.

Parks Victoria Jobs

As the Member for Bellarine and the Shadow Minister for Environment for Climate Change, I have been voicing my concerns about the significant impact of Parks Victoria staff cuts. I am concerned that these frontline job cuts could see some of Victoria's pristine parks closed and will hamper efforts to restrict invasive pests and weed growth.

Parks Victoria staff, including those working in the Bellarine and Geelong regions, do a fantastic job of protecting and enhancing Victoria's environment and their work is critically important in maintaining our natural environment. I will continue to raise my concerns with the State Government about this issue and push for Parks Victoria to be supported in their environmental work, rather than hindered by staff cuts.

Ambulance Services

I recently raised in Parliament my concerns about ambulance response

times in the Geelong region. I called on the Premier to ensure that emergency patients in Greater Geelong have access to ambulance services when required. I will continue to watch this issue and push for adequate resources for the Bellarine and Geelong to cater for our growing population.

Fire Services Levy

This is an issue that I raised with the Treasurer in Parliament, highlighting four examples of significant increases in Bellarine, despite the State Government assuring us that people who had paid the Levy in the past would be better off. I asked the Treasurer to review these cases and look at the overall impact of the new Fires Services Property Levy.

The four cases included a local resident who used to pay \$310 now facing a bill of \$491, a property owner whose levy will be \$600 more in 2013-14 than last year, and the not-for-profit Queenscliff Golf Club facing an increase from \$85 to \$2,496.10.

These are all people who are happy to pay the levy, but these increases are unacceptable.

If you are concerned about the amount you have been told you will pay through your Council rates from 1 July, or that your insurance company has charged you for the fire services levy beyond 1 July, you can contact the Fire Services Levy Monitor on 1300 300 635, or contact my office for assistance.

As always, please don't hesitate to contact my office if there are any issues

I may be able to assist you with.

Hon Lisa Neville MP
Member for Bellarine
(03) 5248 3462



Volunteer of the Month



Tony Gostelow

Tony started attending SpringDale as a member of the Thursday Morning Men's Cooking Group, he then became an inaugural member of the SpringDale Wheelies and more recently a member of the SpringDale Committee of Management. Tony took a lead role in the Centenary Celebrations of our Hall last year and compared two of the events. Fortunately for many of us Tony is heading a team of re-upholsterers who are fundraising for the SpringDale kitchen renovation. Anyone who would like to learn this skill and work with Tony and his team would be most welcome. Thanks Tony, sorry you thought there was only one chair to be covered!

Funeral Planning, Options & Advice

with Alyson Burchell from Tuckers



Providing free information and practical advice about different types of Funeral Plans. Alyson is available on the 1st Friday of every month at the SpringDale Neighbourhood Centre.

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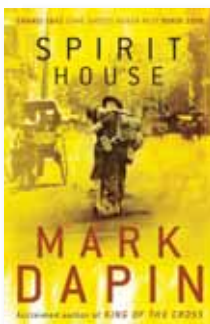
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The Book Club - *Spirit House* by Mark Dapin

On Monday, 1 July, the Book Group met to discuss *Spirit House* by Mark Dapin. Published in 2011, *Spirit House* is the story of a returned soldier who was a prisoner working on the Burma Railway. 'Jimmy' Reubins is now in his 70s. His memory is full of the mates who died. Anzac Day 1990 triggers off the final actions of a man who has suffered years of PTSD. His behaviour has been driving his wife quietly crazy for years. Frida is tolerant but gradually finding it more difficult to cope. Jimmy fills the bath, he looks for elephants, buries things in the garden (biscuits, supplies) becomes irrational and of course, has nightmares. He is a heavy drinker and most of his time is spent with his Jewish mates who are also returned servicemen. They all knew each other before the war and meet regularly at the RSL. Yiddish words are scattered through, leaving the reader to interpret. Jimmy's 13 year old grandson has come to stay with Frida and Jimmy after his parents have separated. The story is told in David's voice as he accompanies his grandfather everywhere.

Most readers have found this book somewhat difficult and confrontational in its depiction of life in the Japanese



prison camps.

There is violence and cruelty - war in all its atrocious reality. The climate and conditions were also cruel, causing immense suffering. Attempts made by some prisoners to understand their enemies mostly conclude that everyone is just following orders and that those giving the orders have no idea what they are doing. Jimmy tells the story simply, without embellishment, in

stages, to his grandson while they build the Spirit House together.

As with stories based on real events, our group discussed the mingling of facts with fiction.

Mark Dapin manages to draw an accurate picture of Sydney before the war and Bondi in the 90s. His main characters are sometimes larger than life but believable because of their circumstances. The

survivors share a comfortable camaraderie and well-disguised affection for each other due both to shared experiences during the war and mateship in their youth. They are characters that most readers will like and care about. We rated this book seven out of ten.

Next month at our September meeting we will discuss the author Anita Shreve.



Mark Dapin

The Book Group meets at SpringDale on the first Monday of each month at 7.30pm. Our meetings are very informal and new members are always very welcome. For more details, contact SpringDale on (03) 5253 1960

CHILDREN'S BOOK WEEK

Children's Book Week will be from 17 – 23 August and during this time schools and libraries offer activities and competitions to encourage children to enjoy reading. The Drysdale Library has many wonderful free books for young children and young adults to borrow and cover a wide range of topics including adventure, animals, fantasy, mystery and sport. The Drysdale Library holds sessions for baby time 0 – 12 months every Wednesday from 11.30 am – 11.50am. Sessions for pre-school children are held every Tuesday from 10.30am – 11.15am. No booking is required.

Reading is fun and important and can make your imagination fly.

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VIEW 12th Birthday Celebration

Drysdale Ladies VIEW Club recently celebrated their 12th Birthday at the Portarlington Golf Club. The theme for the day was Year 12 - Red Letter Day.

So of course wearing red was what most people did. We had 25 visitors join with our 60 members to enjoy the day. Among our visitors were our Zone Councillor, Mary Fielding, Smith Family Learning for Life coordinators, Jacqui and Mara; visiting club members from Altona, Geelong and Macedon Ranges VIEW clubs. Mary Fielding presented 10 Year Service pins to Margaret Howard and Heather Sprake.

Following lunch we were entertained by one of our members, Jennie Tonzing, who took us on a journey of her life through song and anecdotes. Jennie was accompanied by Ron Sudden who also had us laughing and singing along. Drysdale VIEW consists of ladies from Drysdale, Clifton Springs, Portarlington, Newcomb, Ocean Grove, Leopold and Indented Head.

VIEW stands for Voice, Interests and Education of Women. We are a friendship club which supports The Smith Family's Learning for Life (LFL) Programs. LFL assists disadvantaged students and their families.

Jennie McMahon
Publicity Officer

You are invited to come, enjoy and be informed about

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Your heart is also affected by music. When you listen to a high energy music track, your heartbeat accelerates or decelerates according to the pace of the music.

Next time you return home after a stressful day, relax with some music and you will soon feel rejuvenated.

Reducing stress not only makes you feel much better, it can also bring improved health.

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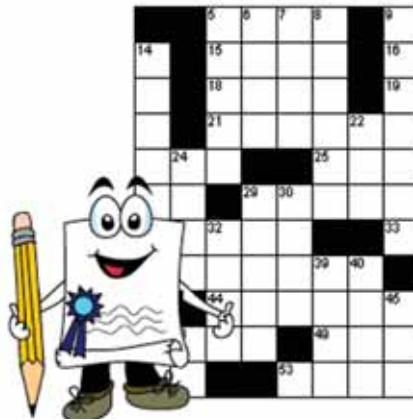
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16-22 Palmerston St Drysdale



A Different Type of Brain Training

As our population ages, we are all concerned with keeping our brains active. We have a small group at SpringDale who is taking on this challenge. One way to ensure that we keep our language skills is to spend time with words and word play. To do this we are working on solving cryptic crossword puzzles.



These word puzzles are challenging and we have a lot of fun solving them. We are a self-help group who learn from each other. We meet every Friday 10am at the SpringDale Neighbourhood Centre in Drysdale. The cost is \$1 per week and supports the many community projects at SpringDale.

Please ring (03) 5253 1960 for more information or just come along and you will be made most welcome.

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**"Caring for our bodies means caring for its architecture
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us reach our potential," says Dr Sharon Pedersen-Jones.**

Corrective Chiropractic Bellarine
caring for family health and wellness ...

One of the biggest fears we can have is speaking in front of strangers. In high school it was daunting, but these days it's not so hard as I've got an important message to share.

Recently I spoke to some workers in a factory, many of whom had suffered injury on the job. I was invited to help prevent future mishaps. Some workers laughed when the boss introduced me as the local Chiropractor, saying that nobody there had a 'bad back'. **So I decided to share a story that changed their thinking about chiropractors only being needed for 'bad backs'.**

On 18 September 1895 in Iowa, a janitor named Harvey Lillard stopped to talk with a Dr Palmer who was working late in his clinic. Lillard told Dr Palmer that 17 years ago he bent over and heard a 'pop' from his back, after which he became almost deaf. Fascinated, Dr Palmer tested a theory he was researching. He examined Lillard and found a lump on his back. Palmer recognised it as a badly misaligned vertebra and reasoned that since it occurred when Lillard went deaf, that restoring it to its proper position might also restore Lillard's hearing. Dr Palmer performed an adjustment by pushing the vertebra back into its normal position.

What happened next changed history. Lillard went to the open window and heard a sound he hadn't heard for 17 years – the clatter of horse's hooves.

Chiropractic was born! Today, Chiropractic is one of the fastest growing healing professions in the world, with

over 6,000 Chiropractors world wide serving over two million people every day.

➔ People see Chiropractors for help with headaches, migraines, chronic back pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, asthma, allergies, numbness in limbs and sports injuries just to name a few things. While Chiropractors receive thanks for helping people with many of these problems, they cannot take this credit.

➔ The truth is that Chiropractors have never healed anyone of anything. What they do is perform a specific adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that.

When spinal bones shift out of alignment, they can choke messages running through the tiny nerves that exit the spinal cord. Chiropractors call this Vertebral Subluxation. Tension from prolonged or unusual patterns of sitting and standing, strain from walking, exercising or sporting injuries and stress from personal, professional or emotional tension all affect our body's alignment and can cause dysfunction.

➔ Often this happens without symptoms as only a small percentage of our nervous system carries or perceives pain.

Our body can be heavily stressed without any alarms or bells going off.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Normally our new patient examination costs over \$210, but readers of The Springdale Messenger can receive our complete consultation (along with x-rays if required) for only \$47!

➔ To take advantage of this offer, you can phone my assistant, Liz, on 5253 2800 and schedule an appointment. By bringing in the coupon below, you will receive your special offer of only \$47 for a comprehension consultation. I look forward to meeting you and helping you and your family achieve optimum health.

Dr Sharon Pedersen-Jones,
Chiropractor

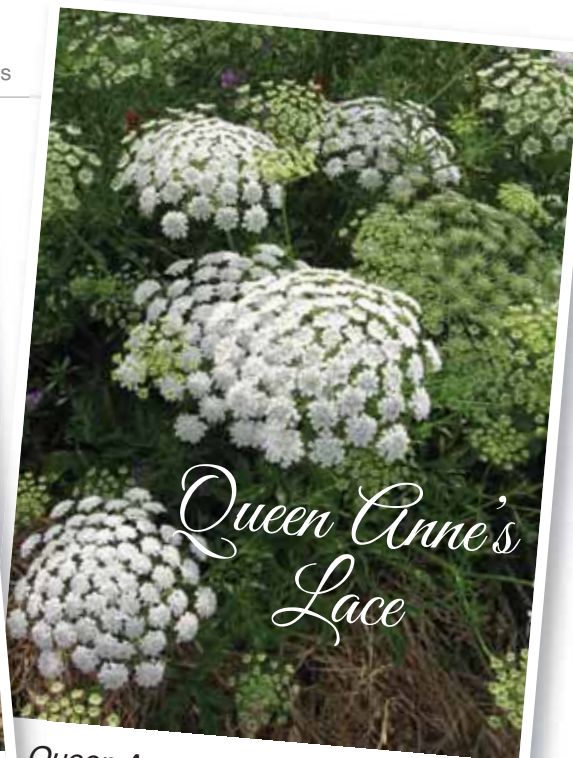
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Please tick ☐ **YES! I would love to receive a complete consultation for only \$47!**
I would like to make an appointment as soon as possible.

Please contact us on 5253 2800 or call into our office, **Corrective Chiropractic Bellarine**, at 13 Dunburra Ave, Clifton Springs to take advantage of this offer. *June SpringDale Messenger*



Sandy loam will produce beautiful sweet carrots like this one.



Queen Anne's Lace

Queen Anne's Lace is a wild carrot. Your carrots will produce similar flowers in their second spring.

Beautiful root vegies

Ever wondered why a carrot is the shape it is? No, this isn't a trick question. A carrot is beautifully engineered to push deep into the soil in search of water and nutrients. It stores these in the swollen top part of the root (tuber) until its second spring, when it uses the stored energy to make a spectacular flower stalk topped with a feathery 'umbrella' of small flowers.

With parsnips, it's the same story. What's more, you'll find many other spike-rooted plants as you weed your garden – dandelions, thistles and mallows among them. Typically, these plants thrive in the less fertile, neglected parts of the garden – like our lawn, for example.

What that tells us is that these root crops are at home in soils that are poor in nitrogen and they don't mind having to go deep to find water.

Quite the opposite of heavy feeders like cabbages and the solanum family – tomatoes, eggplants etc.

Carrots and parsnips won't protest if you overwater and overfeed them – they'll just get lazy and send out roots sideways into the topsoil. The result will be weirdly forked and 'hairy' tubers that are too much bother to cook with.

In the next few weeks, your garden soil will begin to warm as spring approaches. Yet it's still nicely moist from winter rains and heavy morning dew. This is the perfect time to get a crop of root vegetables established.

The best way to grow root veg is from seed. Choose a bed which has recently grown a greedy crop like cabbages. Do not fertilise the soil. Cultivate it carefully, removing any stones, bits of wood, etc. Water generously and leave to settle.

Make a wide, shallow groove and sow your seeds into it. I sow them in a zigzag pattern rather than a straight row – it helps to spread them out. Don't stress too much about exact spacing, but try to avoid big clumps of seed.

Cover carefully with a thin layer of soil and water in. Until your seeds germinate you must keep the bed moist. In warmer weather a single layer of damp newspaper or old hessian helps, but right now in August you can probably get away

without that. Check the bed every couple of days and give it a light watering unless you've had rain.

When your carrots and parsnips have a few leaves each, you can thin them if you like. Personally I've never found this necessary with carrots – when I pull one, the others swell to fill the space.

Sometimes a carrot will decide to flower in its first spring. It's worth leaving it if you can, to enjoy the pretty flowers which are a magnet to ladybirds, hoverflies and other beneficial insects.



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Keep Australia Beautiful

Keep Australia Beautiful Week runs from **19 – 25 August** and aims to demonstrate the easy ways people can help the environment and also save money by making a few simple changes around the home and in their daily lives. Visit kab.org.au/keep-australia-beautiful-week/ to see how you can make a difference.

This year '*Littering is just plain wrong*' is the message that all Australians should heed.

Plant Sale



The **Growing Friends Nursery** is holding a weekend plant sale from **24 - 25 August from 10am – 4pm** and there will be a large range of plants including perennials and drought tolerant species propagated by the nursery from plants at the Geelong Botanic Gardens.

The Growing Friends Nursery is located at the rear of the Botanic Gardens behind the Botanic Gardens Office.

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Recycling update

The City of Greater Geelong residents can recycle more items kerbside than ever before.

Residents can now also include in their household recycling bin metal pots and pans (no glass lids), empty rigid plastic containers (no motor oil or hazardous material containers), and plastic toys (no batteries).

Visit www.geelongaustralia.com.au to find out the full list of household recycling items.

Clifton Springs
Garden Club

Garden Club

Should I plant a butterfly garden? How do I care for my roses?
Gardening can sometimes be a struggle.

Maybe if you join the Clifton Springs Garden Club, other gardeners can help you solve your problems.

Clifton Springs Garden Club meets every third Monday evening at 7.30pm in the Drysdale Uniting Church Hall, Palmerston Street, Drysdale. Please ring Lorraine on (03) 5251 1660 for any enquiries.



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MY VIETNAM EXPERIENCE

Part 2



GIVING THE
CHILDREN
HAPPY AND
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MOMENTS

Because the kinder room was bright and cheerful compared to the rest of the orphanage, we cleaned up an area at the back and also partitioning it off, making a safe space for the volunteers to bring over the disabled children.

These children were bathed, put into clean clothes and given muscle therapy work during the day whilst having the constant stimulation from the kinder children. This area will be a permanent fixture in the room now, so the next volunteers arriving can continue with the development. As you can imagine, the recording and documenting of all the changes is very important to ensure the work continues and this is written up by the volunteers and then filed at the Projects Abroad office. The education of the nannies is also a vital part of the orphanage for the health, wellbeing and development of the children.

The kindergarten is an important project as it provides an opportunity for the

children to one day be able to go to the local school.

The children were obviously used to saying goodbye and welcoming new people into their world. Talking to the other girls I was working with, as we were all there for different lengths of time, we felt that the most important thing was to give the children some happy and positive moments in their day and I think we all achieved this.

Jean Richards
SpringDale Occasional Care

Jean continues her story on her recent journey to Vietnam.

The children are like sponges and want to try whatever is offered to them. We went shopping in our break and purchased some basic fit together blocks, books, coloured plastic cups, enough for each child. Another carer bought a fishing set, which fascinated and engaged them for ages.

During week 2, I had a chance to do some experiences with the children, mainly using supplies I had taken over. Janet had made simple booklets with Australian animals to colour in, they really enjoyed this as they were familiar with koalas and kangaroos.

I also did a basic pasting using coloured shapes on white paper, which we displayed on the wall.

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Bellarine Secondary College will be running their annual Youthfest day on September 12 at the Drysdale Campus. Youthfest is a day run by youth for youth, to celebrate and acknowledge a wide range of areas, some focusing on multiculturalism and multi-faith. A group of students work together to form better community connection and show what they're able to achieve. The group would like to kindly ask the community for any donations of fishing net to help assist with decorating classrooms as we wish to hang decorations off the roof of the rooms. **If you are able to help us with a donation, please contact Ms. Shamsili on 0407 815 246 or Anne Brackley at SpringDale. The Youthfest group and Bellarine Secondary College thank you in advance and welcome anyone to come along if they please.**

Luscious Lemon Poppy Seed Biscuits

200g plain flour
pinch of salt
50g icing sugar
50g brown castor sugar
1 lemon - grated zest
2 tspns poppy seeds
120g chilled and diced butter
1 egg beaten

This recipe is from the cookbook titled 'Easy Baking' shown right. Illustrated on this page are more covers from her many and varied books she has authored.

Place the flour, salt, sugars, grated lemon zest and poppy seeds in a food processor and process till thoroughly mixed. Add the diced butter and process until the mixture resembles breadcrumbs. Add the egg and process till it clumps together.

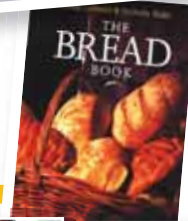
Shape the dough into a log about 7cm in diameter and wrap it in foil. Chill until hard at least 2 hours, or up to a week, then the mixture can be sliced and baked when needed.

When ready to cook the biscuits, slice the log into 5mm thick. Place them slightly apart on baking paper. Bake at 180° until the edges are just beginning to turn golden brown. 10-12 minutes.

Remove from tray and allow to cool, let cool completely if placing in a storage container.



Linda Collister



Linda Collister knows how to bake - she trained at *L'Ecole de Cuisine La Varenne* in Paris and *Le Cordon Bleu* in London, and is the author of *The Great British Bake Off: How to Bake (the perfect book for beginner bakers)*, *How to Turn Everyday Bakes into Showstoppers* (simple, clever baking to impress) and *Learn to Bake* (easy baking for kids).



Visit: www.divinechocolate.com/uk/people/linda-collister for more information about this wonderful cook.

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Cupcake Day for the RSPCA is the sweetest day of the year!

Monday 19th August 2013



Cupcake Day on **Monday 19 August** for the RSPCA is the biggest bakeoff in the Southern Hemisphere and involves Cupcake Cooks around Australia baking cupcakes and hosting a Cupcake Party to raise vital funds for the **RSPCA**.

Visit www.rspcacupcakeday.com.au/ to see how you can become involved.

The Dell

A DCSCA led consortium, The Dell Community Environment Day was held recently and about two hundred people including Bellarine Landcare Group, Bellarine Bayside, Bellarine Catchment Network, Corangamite CMA, City of Greater Geelong, Clifton Springs Lions Club and pupils from Drysdale and the Clifton Springs Primary Schools attended.

In blustery conditions, the gathering rotated around five activity areas to gain a better awareness and appreciation of The Dell values. These elements focused on a range of activities that helped students and community members to connect with The Dell and through this knowledge, attach a greater sense of ownership of The Dell.

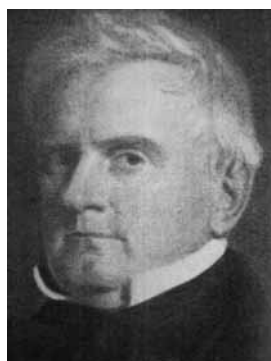
The Dell has a rich cultural heritage history, with significant values identified. Historically, the traditional Wada Wurrung values were discussed, with food and other resources. The Dell's earliest known white settlers date from the 1850's where they farmed the site. The creation of the Dell and the geological processes were discussed, as well as the formation of the Clifton Springs Mineral Company and establishment of a 26 room hotel at the top of the cliff. The rich history of the site was brought to life through this session.



Led by Bellarine Bayside and Bellarine Landcare Group this activity had students potting up various indigenous plants including River Red Gum, Common Tussock Grass and Native Indigo. Students learnt about the importance of local indigenous plants nurseries and how they are important for revegetating the Bellarine. Each student was provided with one tubestock plant to take home and plant out in their garden or school. Seedlings were provided by the Bellarine Secondary College and Bellarine Landcare Group Nursery.

My O.A.M. 'citation' was 'For community service and the preservation of St. Leonards history'. When I came to St. Leonards 25 years ago I was under the impression there was little of historic interest. But I gradually came to realise that this was quite wrong and that in fact St. Leonards had a history which was unique on the Bellarine Peninsula. Unlike other places it was a 'company town', established in 1857 by a colourful ex-naval officer, business entrepreneur and steamship owner Captain George Ward Cole. When I wrote my history of St. Leonards in 2008 I was mystified as to

Preservation of History Peter Munster O.A.M.



Captain George Cole



why he called his township St. Leonards. He came from the north of England and as far as I know he had no connection with St. Leonards-On-Sea in Sussex or any other St. Leonards. But recently a friend of mine, David Wilkinson, found behind a cupboard an 1849 map of the Port Phillip District which he had bought from a secondhand bookseller over 50 years ago. This map showed the properties such as Coryule which the lady squatters Miss Drysdale and Miss Newcomb had purchased, and also an extensive sheep run which extended from present-day Indented Head to Queenscliff, which was leased by a friend of Captain Cole called James C. Langdon. And Langdon's name was printed right beside the St. Leonards Salt Lake, indicating that he had a shepherd's hut there. And what did he call this

squatter's run? None other than ST. LEONARDS! So when his friend George Ward Cole established his little town in 1857 he had a ready-made name for it - St. Leonards. Thus the discoveries by historians is never ending! This and other new material I am including in a new edition of my book. The complex and to me quite baffling work of computer editing is being done by I.T. expert Pierce Jaques, who is well known to SpringDale members. He hopes the new edition will be ready soon and proceeds from the sale will go towards the renovation of the Memorial Hall in St. Leonards. The story of the building of this Hall in 1926 by soldiers who returned from World War I is another fascinating part of St. Leonards history. The stories just keep coming.

Peter Munster O.A.M.
St. Leonards



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Vietnam Veterans Remembrance Day

Vietnam Veterans Commemorative Walk

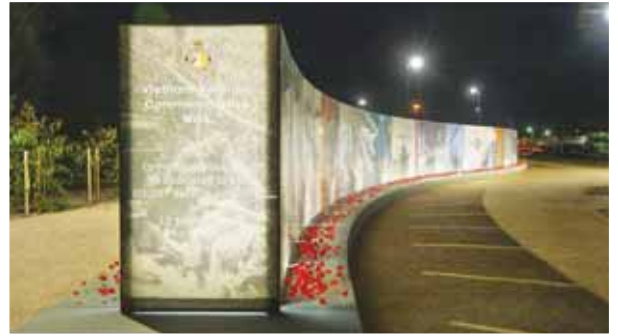
The Vietnam Veterans Commemorative Walk is a new development in High Street, Seymour which commemorates the 60,000 men and women who served during the 14 years of the Vietnam War. Opened in March this year the Walk provides a valuable insight into this tumultuous time in Australia's history. The Walk is a meandering red earth path set in native trees and grasses that resemble rubber trees and rice paddies. These two plants are synonymous to Vietnam. Along the length of the Walk are walls with the names of the personnel who served in Vietnam. Contemplation areas are incorporated into the Walk as a place for people to sit and reflect on the sacrifices of those that went before us serving our country. The Vietnam Veterans Commemorative Walk is a lasting and highly visible addition to Australia's living military history.

Lest We Forget.

Vietnam Veterans Day is commemorated on **18 August** every year and recognises the efforts of Vietnam Veterans across the community and pays tribute to the men and women who paid the ultimate sacrifice in protecting their country.

Vietnam Veterans Memorial Service

On **18 August at 12.30pm**, **Vietnam Veterans** will march along Swinburne Street, North Geelong to the corner of Melbourne Road at the Vietnam Memorial. Contact Rieny Nieuwenhof, President Geelong and District Vietnam Veterans Association on **0417 414 689** or email **rnieuwenhof@gmail.com** for more information.



Picture Source: <http://www.digiglass.com.au/wp-content/uploads/2013/05/Lit-at-night2.jpg>

Drysdale RSL Sub-Branch

The Drysdale RSL meets on the second Thursday of each month at the RSL Hall at 1.30pm.

Drysdale RSL Women's Auxiliary

The Women's Auxiliary meets on the first Tuesday of the month at 1.30pm at the RSL Hall, Princess Street, Drysdale.



DVA

Lifestyle Sessions

The Department of Veterans' Affairs is running a physiotherapy/fitness/improved lifestyle program for DVA members at the gym in Murradoc Road, Drysdale. This is a free service and is designed to help ex-servicemen and women and their partners, who wish to be more active and to help with existing injuries. It consists of one to one session with a qualified physiotherapist for thirty minutes up to three times per week. Each program is specially designed to cater for the individual needs of each participant. This program has been running for several weeks now and has proved to be a valuable experience for the participants. Ex service men or women with white or gold cards and their partners and full gym membership for the duration of the program.

Brochures are available from SpringDale and you can contact Michelle McIntosh 0402 522 790 for more information or call in to the gym and meet her on Monday, Wednesday or Friday mornings.

SpringDale Vacation Care, Winter Program

"SpringDale Vacation Care is awesome" – Piper, 8. SpringDale Vacation Care runs for two weeks every school holidays, and we have a great time doing all kinds of activities and going on excursions. We are halfway through our winter program and have been to the Ocean Grove Pool, played tennis at the Clifton Spring Tennis Club, cooked spaghetti, made warm fuzzy bags, watched some movies, played the Wii and made dream catchers. Next week we are going to the Ocean Grove branch of the Geelong Regional Library, will be having a pyjama day, will be making animal masks, will be doing some science experiments including making goo, and we have a celebration day including a disco to end the week. We also have a sport session every day, learning sports like basketball, football, working together (team sports), and a personal best challenge.

Here are some of the things children who come to Vacation Care have to say:

"My favourite sport was team sports" – Will, 9.



"Vacation Care is a very good place for kids to play" – Madison F, 6.

"I wish that Mummy went to work so I could come again" – Angelina, 8.

"My favourite part of Vacation Care is playing with my friends" – Piper, 8.

"I had fun making warm fuzzy bags" – Madison M, 5.

"I like making dream catchers because they are pretty" – Madison F, 6.

Katherine Menheere
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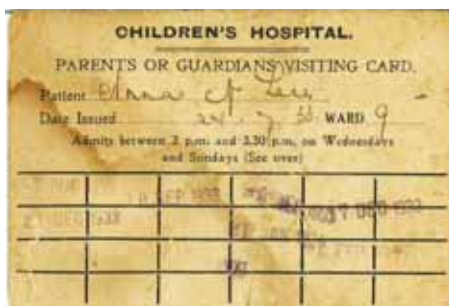
**Kel's
corner**

SS Edina came into Portarlington

Kel and I were talking about the jetty at Clifton Springs, then we started to talk about paddle steamers and ships that docked here and at Portarlington. The ship the Edina was used as public transport to Geelong and Melbourne. It wasn't a big ship and it was a steamer.

Kel was telling me how his wife Norma had to get to the Children's Hospital via the Edina eighty years ago. Because of hydatids, Norma had to be a patient for almost nine months from the age of 4 til almost 5. After such a long stay Norma thought the hospital was home. It is believed that the dogs next door were fed on offal and it is from that the dogs became infected and then Norma and her sister Thelma also became infected.

It is interesting to look at the Children's Hospital Parent's or Guardian's Visiting



Hospital card

card that Norma still has from then. It outlines the rules that are so different to what we are used to today. Norma's parents visited only seven times over those nine months. There were various treatments including five operations to improve her health. Her surgeon was William Upjohn who became knighted later in life.

Once home Norma was fed Chinese herbs and water of boiled hops from Tasy and this put Norma off alcohol for life. The other taste sensation she remembers is Hypol - its fishy flavour was something to make the best of us cringe. She took this for years as part of the convalescence.

Norma thinks that her dad picked her up

in Stuart Sutherland's private car (Stuart had a bus line on the Bellarine and her dad would drive casually for him). Norma still shudders when she sees a dog licking a child as this is the way that hydatids can be transferred and she remembers and still has the scars from her therapy. If hydatids get to the brain it is fatal.

Kel has wanted us to write about this for ages and is so happy that we have been able to. Kel wants everyone to know that sometimes it can be transferred through animal droppings to vegetables and so you must wash the vegies well to avoid contamination.

Kel retold the story of what happened to the Edina. It had its engines removed and was converted into a lighter (barge). I picture it as a trailer for other ships. As Corio Bay was very shallow, goods would need to be transported to Melbourne where they were then loaded on larger vessels. Kel remembers pairs of bales of wool being loaded on the remains of the Edina called Dinah, it was in service until 1958. Kel continues to meet people in the street and looks forward to capturing other people's stories.

Anne Brackley

SS Edina -

Source: Museum Victoria

The Edina was one of the longest serving steam vessels anywhere in the world. Built on the Clyde by Barclay, Curle & Co. she was an iron hull single screw steamer of 322 tons with three masts. In 1855 Edina was requisitioned by the Admiralty from her owners the Leith, Hull & Hamburg Steam Packet Co. to carry stores and horses to the Black Sea during the Crimean War. After return to her owners Edina traded around the UK and Mediterranean before being purchased and used as a blockade runner during the American Civil War carrying cotton from the Confederate states in 1861. Edina arrived in Melbourne under sail in March 1863 and was purchased by Stephen Henty for use from ports in western Victoria and later carried gold prospectors across the Tasman to New Zealand. After a refit in 1870 she was used in the coastal trade along the Queensland coast for Howard Smith until returning to Victoria and the Melbourne-Geelong trade as a cargo-passenger vessel.



Above: SS Edina _ Victoria Museum

The Edina had two narrow escapes from destruction in 1898 and 1899 when she collided with other steamers, both being sunk. A further refit in 1917 altered her appearance with a new mast, funnel, bridge and promenade deck. By 1924 Edina had made over 12,000 Melbourne-Geelong passages and carried over one



Above: http://www.maritimequeenscliffe.org.au/PortPhillip_Steamers.htm

million people on the service. A further collision in July 1931 which sank the tug Hovell forced Edina onto a mudbank on Port Phillip Bay. She was taken out of service in 1938 but was later renamed Dinah and used as a lighter until 1958 when she was broken up and her remains used as land-fill.



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Music and poetry

Making waves music poetry arvo is a SpringDale group activity and is a community initiative for people in the community to come out and share their talents with other like-minded souls. If you can spin a yarn, sing, recite a poem, then come along and enjoy the action on the third Sunday of every month at SpringDale from 2pm to 5.30pm. Entry is \$5 at the door.

To book a performance or for more information, please email Jill Meehan on jillfolksinger@hotmail.com or ring 0431 606 476.

This is a great opportunity to participate in and enjoy all the fun of some talented members of the local community.

Become part of the Bellarine SES



A volunteer based organisation, Victoria State Emergency Service (SES) provides emergency assistance to the community 24 hours a day, seven days a week. SES is the control agency during emergency responses to flood, storm, tsunami and earthquake in Victoria, and is the largest provider of road crash rescue in the state. The Bellarine SES Unit is a part of Victoria SES and is made up of a group of dedicated volunteers from right across the Bellarine Peninsula.

To register your interest in becoming a volunteer with the SES, or to find out more, please contact the regional office during business hours on (03) 5226 4771 or alternatively email southwest.office@ses.vic.gov.au with your enquiry. SES has the support of more than 5,500 volunteers across Victoria and you could be part of this vital community organisation.

Registration Stickers are being abolished



Residents of the Bellarine and Victoria will be pleased to hear that car registration stickers will be scrapped from January 1 next year. Other Australian States have already abolished registration labels which were first introduced in the 1920s. Drivers will still be sent registration renewal certificates, to remind them to pay their registration.

Motorists will not have to peel off and replace stickers on their windscreen each year.

Visit the VicRoads website at www.vicroads.vic.gov.au for more information about the changes.

International Lighthouses Weekend



Queenscliffe Maritime Museum will celebrate the **International Lighthouses Weekend on 17 and 18 August** at Point Lonsdale lightstation with a flag raising ceremony at 10am Saturday, lighthouse tours both days (bookings required), and broadcasts to lighthouses around the world by the Geelong Amateur Radio Club.

Visit www.maritimequeenscliffe.org.au for all further information. There are three significant lighthouses on the Bellarine Peninsula: Queenscliff's Black and White

Lighthouses, and the Point Lonsdale Lighthouse. They have long been guiding ships through what some sailors claim to be the most dangerous passage of water in the world, the infamous 'Rip'. There are three black lighthouses in the world. One is at Queenscliff made of unpainted black stone. The other two are at Cork, Ireland and in Texas, U.S.A.

<http://www.visitgreatoceanroad.org.au/queenscliff>

Neighbourhood Watch - Be safe...always



Safer Communities News Identity Theft At Tax Time

With tax time now here, the ATO has advised that the number of email scams reported to them has tripled to almost 11,000, compared to the same quarter last year. Traditionally, email and phone scams around this time of year are rife – using the busy tax time as a way of tricking people into giving away their personal details such as tax file numbers, and banking and credit card information. If you receive any unsolicited emails or calls claiming to be from the ATO, be wary and do NOT give out any personal information. If you do, you may find a scammer using your information fraudulently through identity theft. The ATO has advised that they will NEVER send you an email requesting you to confirm, update or disclose confidential details like your name, date of birth, address, passwords or credit card details.

Here are some tips from the ATO to help protect your identity:

Only certain people and organisations can ask for your tax file number. DO NOT provide your tax file number online unless you are certain about the authenticity of the person requesting it.

Ensure your computer has up to date security software including antivirus, anti-spyware, anti-spam and firewall protection to protect from malicious programs.

Enable automatic updates for your computer's operating system and applications including your web browser to ensure they remain up to date.

Use a spam filtering product to help block fake emails or emails containing viruses. If you receive a spam email, delete it and do not open email attachments from unknown sources.

If you think you may have been the victim of a

scam, or that your identity has been stolen, contact the ATO immediately by phoning 1800 060 062 (8am-6pm, Monday to Friday).

LBO – Look before opening

LBO – Look before opening is a bicycle initiative to change driver behavior and habits. With increasing traffic congestion, commuting by bicycle is becoming more and more popular. Cyclists are being seriously injured and killed by drivers who simply forget to check for bicycles before opening their car door.



LBO was created in response to the number of cyclists being killed or seriously injured due to car dooring. With a small – but noticeable – visual cue in the form of transparent bicycle shaped stickers, every time they open their door, drivers are reminded to Look Before Opening. A sticker on the inside drivers window of your car serves as a visual aid to remember to **Look Before Opening**.

Get your free sticker today - visit <http://www.lookbeforeopening.com/>

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Bellarine Woodworkers - men from all walks of life



*The presentation of the tables to Noah's Ark by Toy Group members
Chris Reymers and Lindsay James*



all occasions eg. jewellery, document boxes etc. The Intarsia group produce pictures from various coloured timbers. Model makers make a range of scale models including boats, cars and trucks. The Toy makers produce toys for sale, charities and kindergartens. Members in this group have just finished six specialised tables and two doll houses for the children at Noah's Ark.

The Bellarine Woodworkers Club is planning to conduct a basic wood working course commencing Term 4 'Working with Wood'. The aim is to teach basic wood skills and training in the use of equipment. Any person is invited to show an expression of interest in the course by contacting SpringDale.

Members in the Bellarine Woodworkers come from all walks of life and occupations. Engineers, Bankers, Carpenters, Joiners and Teachers are among the many trades and professions represented. We cater for all types of woodworking.

The club currently has five groups. They are: Wood turning, Box Making, Toy Making, Intarsia and Model Making. Membership is open to both men and women and tuition is available in most

disciplines. We welcome all interested people to attend our meetings held on the first and third Mondays of each month at 1.30pm at the SpringDale Neighbourhood Centre, High Street, Drysdale. Our club has a fully equipped workshop in Drysdale. Special interest groups meet regularly to work on projects.

Woodturning caters for beginners to advanced members. Box Makers learn to use the full range of wood working equipment and skills to produce boxes for

Combined Probus Club Of Clifton Springs/Drysdale

Drive n Seek

Last month we held a **Drive n Seek** outing for members and friends. Starting and finishing at The Zoo, we traversed the Bellarine Peninsula following various clues to direct us. All had a great time, and the winners were a crew of our newer members, who are shown in the photo with their winners' cup.

We are a social club for ladies and gents, couples and singles, and you are welcome to our regular monthly meetings held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month.



**Please contact
Dorothy on (03) 5251 3702
or Peter on (03) 5253 2212
for further information.**

Scrabble Word for August - Mazy



For Scrabble fanatics an unfamiliar word is sometimes very crucial to the game. This month the word is mazy.

Mazy means like a maze or confused or dizzy.

Scrabble is played at SpringDale every Tuesday afternoon at 1pm. Visitors Welcome

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Wheelie Riders

There is no better way to experience the beautiful Bellarine than to spend it riding on a bicycle. Discover new trails and hidden secrets as you cycle with a friendly group of people. Get off your couch, grab a set of wheels, but forget the lycra. The SpringDale Wheelie Riders undertake rides which vary in difficulty and start from SpringDale almost every day. Contact SpringDale if you wish to join this friendly group.

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Drysdale Guides

When you thought it couldn't get better the Ranger Guides were spectacular in their organisation skills to very competently lead a 3 day camp. They planned together, shared the leadership roles and trusted each other to carry out their assigned or volunteered roles.

They created a warm friendly atmosphere for young Guides on their first sleepover, they backed each other up and although felt a little stress every now and then - were fantastic and even remembered to take photos!

The theme was super hero camp and it was an exciting theme to live up to and

reveal all the super powers. A great weekend in which the adult leaders were allowed to fill tiny gaps and to work on loose ends that might normally be missed. Well done girls you are an asset to our Guides and our community.

Polly's award for 'Pride of Workmanship'



One of our favourite Girl Guides, **Polly Munday** from Clifton Springs received an award, *Pride of Workmanship* in July from the Rotary Club Geelong.

Polly was nominated for always displaying her kindness, dedication and her commitment to her work at Dial A Lunch in Geelong.

Well done Polly, we are so proud of you.



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Volunteering at the Bellarine Railway



I'm sure you have all heard the whistle of the train as it enters or leaves the Drysdale station every Sunday and occasionally during the week. You might even have said that you want to take a ride on the train someday. What you may not know is that the railway, officially run by the Geelong Steam Preservation Society (GSPS), is completely run by volunteers. From the Board of Directors and officers all the way down to me, we are all volunteers. You can, of course, simply become a member of the society without volunteering, which provides you with the member benefits, but you will miss out on all the fun of volunteering.

Quite a few of our volunteers work directly with the public during our train running days. During the winter that is only on Sunday, but during school holidays, we also run on Tuesdays and Thursdays. During these days, volunteers provide support in the kiosk/gift shops at Queenscliff and Drysdale selling tickets and souvenirs, help passengers on and off the trains and provide the required guard, fireman and train driver for the train. If we have enough volunteers, a volunteer rides on the train and provides commentary during the ride.

The good thing about being a volunteer is that you can provide support in any way you want, and if you don't have the training for a task and want to get it, one

of the volunteers at the railway will train you. For example, if you would like to drive a train (steam or diesel), the railway has a path that you can follow to become a driver. This includes online training and tests as well as first-hand experience. If you are interested in timber working, a significant number of our carriages are almost all timber, as are our station buildings, fences and parts of our sheds. If you are interested in metal working or working on steam or diesel engines or even our small fleet of road vehicles, the various departments are always looking for more help and are willing to train you should you desire. Should you wish to attend or obtain further information regarding membership or volunteering, contact Kate at (03) 5258 2069.

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Bellarine Camera Club

At our June meeting we had plenty of discussion on the increasingly interesting and popular subject of making a book of your images. Several makers, and their options, were shown and discussed. All agreed it was a great way showcase your images and bring them out of your computer and on display. Many styles were discussed, from lifestyle, family, art and just making a book – all good fun.

On the 17 June was our competition judging night for Portraits – there were some wonderful submissions, which were judged by photographer Ross Dean. Images ranged from the imaginative to the absolute wonderful people portraits, including some gorgeous children and baby portraiture.

Awards were:

Print Section:

1st Place – *Baby Lewis* by Kristy Wiffen

2nd Place – *The Columbian* by Darren Henry

3rd Place – *Miss Cheeky* by Kristy Wiffen
Merits awarded to Darren Humphrey *Rick Brewster*, Bernie Henry *Emily*, Kerriane Hobbs *Eye Spy with My Little Eye*, Darren Henry *Adam*, Roger Northam *Master Looking at Sea*, Darren Henry *Bridget*, Ellen McIlroy *Portrait with a Difference*.

Electronic Section (EDI):

1st Place – *Nice Hat* by Martin Young

2nd Place – *Just Him* by Kerriane Hobbs

3rd Place – *Don* by David Potter

Merits awarded to Martin Young *Baby Love*, Jon Bagge *Look Both Ways*, Kristy Wiffen *Miss Marlee*, Jon Bagge *Moody Me*, Janet Young *Mr Mischief*, Kerriane Hobbs *Penny For Your Thoughts*, Darren Hobbs *Wonderment*.

Image of the Competition:

Nice Hat – image maker Martin Young.

After the judging awards Ross showed a screening of historic portraits by Lord Snowdon. Not only were we in awe of these portraits but it was also a great walk down memory lane seeing some of the people Lord Snowdon had photographed, from actors, singers, politicians and royals.

Are you interested in photography and learning more about your camera?

Visit <http://bellarinecameraclub.org.au> for further details about the club and meeting dates/agendas.

BCC meets at Drysdale SpringDale Hall twice a month and offers members a chance to learn, grow and share ideas with other like-minded photographic enthusiasts. The club provides a positive environment for members to learn about photography and develop photographic skills through competitions, presentations by local professional photographers, photographic image specialists, retail discounts, and social activities. Our club welcomes new members with various photographic interests and at all skill levels. We endeavour to make all experiences both rewarding and enjoyable. If you would like to know more please contact:

Secretary, Val Moss
val.moss@bigpond.net.au
0407 019 939

Membership, Roger Northam
northam25@bigpond.com
0419 254 525.

Tax Help

Tax Help is a network of community volunteers who provide a free and confidential service to help people complete their tax returns during tax time. **Tax Help** is for people on low incomes, seniors, students, those with a disability and Aboriginal and Torres Strait Islander people. **Tax Help** is suitable for people earning around \$50,000 or less a year with fairly straight forward tax affairs.

Tax Help operates from 1 July until 31 October.

Tax Help provides guidance to those wanting to do their own tax returns and explains the benefits of using e-tax to prepare and lodge personal tax returns.

Tax Help can also provide assurance to those who have completed their return that they have done it correctly.

Contact SpringDale on (03) 5253 1960 if you would like to make an appointment.



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New courts are coming

The Clifton Springs Tennis Club is pleased to announce the extension of tennis courts at our Jetty Road tennis facilities. The extra courts will accommodate our rapid growth and ensure that our members and community have access to the best facilities available. Funding has been provided by the latest COGG 2013 budget announcement, along with a grant from Tennis Australia and a large contribution from our own club funds. Congratulations must go to our hard working committee who have all played a major part in our success.

The two new floodlit courts will be of plexicushion surface and will adjoin our existing 6 courts. Plexicushion is a grand slam surface used at the Australian Open. These courts under lights will transform our complex into one of the best tennis facilities outside Melbourne. We will now have 8 courts, 4 of these floodlit and with three different surfaces. Combined with our new outdoor area, it is definitely the best environment to enjoy your tennis.

Graeme Reid
President



President Graeme Reid with Cr Rod MacDonald at the Jetty Road tennis facilities after the funding announcement

Bellarine Rail Trail Run



The Bellarine Rail Trail Run is a 17 or 34km group training run on Sunday 18 August and is free. You still need to register and be issued with numbers. The 17km course is from Drysdale to Queenscliff; the 34km is Queenscliff to Drysdale and return. The trail is tremendously scenic and ideal for running. Visit www.brtrun.com.au for all the information.

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Australian Masters Games



The Australian Masters Games is a biennial sporting event that is regarded as one of the premier and largest participation events on the Australian sporting landscape and in 2013 Geelong will host the 14th edition of the Games. With over 60 different sporting options the Games will attract close to 10,000 participants. The Australian Masters Games will be held from Saturday 5 October to Saturday 12 October, 2013 and during this time 1500 friendly, good-humoured people are required to become Games volunteers.

Please contact the Australian Masters Games as soon as possible on (03) 4242 4304 or email: amg.volunteer@unisport.com.au if you can be of assistance.



Go Hawks.

The footy season is drawing to an end and the Hawks are in a good position to win another flag. Why not come and support your local team as they battle it out for the 2013 premiership cup.

Round 16 for the Hawks is away against Newcomb on 3 August, Round 17 is home against Torquay on 10 August and the final Round 18 is home against Barwon Heads on 17 August.

Go Hawks.



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