

## A New Garden for our Community

How wonderful to be able to change  
a paddock into a thriving garden like this...

*We have a very generous community.*

We have been offered some space for a Community Garden. The area of the property is 35metres x 45metres and is close to water and toilet amenities.

We are sure there are gardeners and people out there who would like to be involved in a community project like this. So many communities all over Victoria are involved in community gardens and find they have add-ons such as meeting new friends, exchanging ideas and views on small agricultural techniques, supply of fresh produce and the most important element, being part of the process with like minded people who enjoy a challenge.

We welcome your interest and potential inclusion in this wonderful project.

Please contact SpringDale if you would like to be part of this exciting venture.  
Phone (03) 5253 1960 Anne Brackley.



**24th Annual Bellarine Agricultural Show**  
Portarlington Recreation Reserve  
Sunday 9 March, 2014 from 9am.



**Bunyip Festival**  
Saturday 22 March  
10am – 3pm

Clifton Springs  
Primary School

**PAGES 11-14  
COURSE &  
OPPORTUNITY  
GUIDE**

# Community CALENDAR

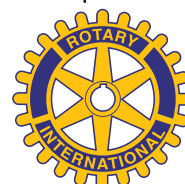
SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

**COPY DEADLINE** for April 2014 **Bookings/copy required** by 1 Mar 2014 **Dist:** Sat 29 Mar **Circ:** 7000 copies

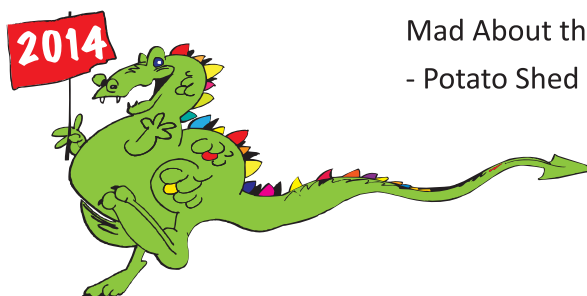
SpringDale  
Neighbourhood  
Centre  
Opening Hours  
Mon to Fri 9am - 5pm  
and by  
appointment.



- |                  |           |   |
|------------------|-----------|---|
| <b>Saturday</b>  | <b>1</b>  | Harvest Basket Produce Swap 9am – 11am<br>Book Fair/Fete Lumen Christi Church Leopold 9am – 2pm   |
| <b>Sunday</b>    | <b>2</b>  | Clean Up Australia Day - Clifton Springs Boat Harbour 9am-2pm<br>or McLeods Waterholes 9am-11am<br>Wallington Primary School Strawberry Fair 10am – 4pm<br>Geelong Highland Gathering, Deakin, Waurin Ponds |
| <b>Tuesday</b>   | <b>4</b>  | Pancake Day Drysdale Uniting Church 5.30pm – 7.30pm<br>They're Playing Our Song - Potato Shed 8pm   |
| <b>Wednesday</b> | <b>5</b>  | They're Playing Our Song - Potato Shed 12noon   |
| <b>Friday</b>    | <b>7</b>  | Spud Dance 6.30pm – 9.30pm  |
| <b>Sunday</b>    | <b>9</b>  | Bellarine Agriculture Show  |
| <b>Monday</b>    | <b>10</b> | Labour Day Public Holiday. <b>SpringDale closed.</b>  |
| <b>Sunday</b>    | <b>16</b> | Drysdale Market 9am – 1pm   |
| <b>Tuesday</b>   | <b>18</b> | The Grumpy Old Men - Potato Shed 10.30am  |
| <b>Friday</b>    | <b>21</b> | Spud Club - Potato Shed<br>Juniors 6.30pm-8.30pm. Adults 8.30pm till late.  |
| <b>Saturday</b>  | <b>22</b> | Bunyip Festival Clifton Springs Primary School 10am – 3pm<br>Spud Fest - Potato Shed 4pm – 9pm  |
| <b>Sunday</b>    | <b>23</b> | MND Walk at Barwon Valley Fun Park<br>Rotary Club Highton Family Day  |
| <b>Saturday</b>  | <b>29</b> | Plant Sale Botanic Gardens 10am – 4pm   |
| <b>Sunday</b>    | <b>30</b> | Portarlinton Market 9am – 2pm<br>Plant Sale Botanic Gardens 10am – 4pm<br>Blokes Day Out Festival, Eastern Beach, 10am – 3pm<br>Mad About the Buoy An Afternoon with Noel Coward<br>- Potato Shed 2pm       |



# MARCH



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All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



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Department of Planning  
and Community Development



Department of Education  
and Early Childhood Development





# Coordinators News

Anne Brackley



## Dear Everyone

Hope you are having a great year. Maybe you have taken the time to meet someone new, to learn something new and to do something to help someone else. The last one in this list is sometimes the hardest to do, but if you keep your eyes open there will be something big or small for you to do. Maybe it is just picking up a paper in the street, wheeling a rubbish bin off the street, letting someone who looks stressed go before you in a queue. It's great to see the faces of people you've helped and it's great to know you've done something that no one will ever know it was you – it's a secret that only you know and you'll be surprised how good you will feel.

A couple of years ago we supported a campaign of Random Acts of Kindness and perhaps it's time to put some energy into this again. If you have been the recipient of an act of kindness please feel free to Pay it Forward – you may never be able to thank or pay back the person who helped you – the trick is to try to help someone else so that the positive energy keeps building. Wouldn't it be great if we could map where random acts of kindness are happening and display it to help everyone feel great about where they live. Please let us know if you have received a random act of kindness and we'll put it up on a map – on our Wall of Wisdom.

Community building depends upon these acts and the generosity of spirit to share our time, energy and skills. SpringDale thrives on these acts daily and in turn, SpringDale people try to share energy, skills, and time with our community every day.

Our main goal at SpringDale continues to be community building and strengthening, this is an underlying principle in all our activities, programs and events but every now and then

we show that we are human and we do make mistakes. One of our advertisers was generous enough to say "if you don't make mistakes you are probably not trying hard enough."

2014 is the United Nations International Year of Family Farming. Family Farming plays a significant role in eradicating hunger and poverty, providing food security and nutrition, improving livelihoods, managing natural resources, protecting the environment and achieving sustainable development, in particular in rural areas.

I was lucky enough to grow up as a potato farmer's daughter. We grew up learning the responsibilities of farming. I became skilled in helping with the cutting, planting, watering, picking, grading, washing, packing and selling potatoes.

Our Harvest Basket Group continues to encourage people to grow vegetables, to share knowledge and the group gives people opportunities to swap vegies that are in excess of need. It would be great if we could develop some family farming opportunities.

Sometimes things change around us quickly and if it is possible for you to give us your email address to let you know of community events and activities that would be great – please email [admin@springdale.org.au](mailto:admin@springdale.org.au) or sign up on the home page of our website [www.springdale.org.au](http://www.springdale.org.au)

Hope you have another great month and please let us know if you have community building ideas that you would like to support.

**Anne Brackley**  
for the SpringDale Team



Come and join the fun, learn something new, make friends, exercise, read, create a jigsaw, cook, use a computer, dance and be part of a group in your community.

**Purchase a Membership to the SpringDale Neighbourhood Centre.**

**Fees are \$12 per year OR \$100 Life Membership**

Call (03) 5253 1960 for more information

**Gift Vouchers available.**

*Make a wonderful gift for a family member or friend.*

## BUSINESS SERVICES AT SPRINGDALE

### Photocopying

A4-single copy	10c
Double sided	15c

A3-single copy	20c
Double sided	30c

### Colour Photocopying

*Even if only a small amount of colour on page*

A4 single copy	75c
A3 single copy	\$1.50

### Computer/ Internet use

Per session	\$1.00
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### Fax Machine and Scanning

For 1st page	\$1.00
For each additional page	10c

### Laminating

A4-pocket	\$1.00
A3-pocket	\$2.00

### Shredding machine

Up to 10 pages	50c
Up to 50 pages	\$1.00
Up to 100 pages	\$5.00

### Binding Documents

Up to 25 pages	\$5.00
Up to 100 pages	\$7.00

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Fax: (03) 5253 3050

Email: [office@springdale.org.au](mailto:office@springdale.org.au)

**COURSE & OPPORTUNITY GUIDE**  
**MARCH 2014**  
**PAGES 11-14**

Be early and register your interest to avoid missing out.



## Australia Day Awards

Congratulations to local Australia Day awards recipients Malcolm Skilbeck and Ralf Harries.

Malcolm Skilbeck was awarded the Officer of the Order of Australia for distinguished service to tertiary education as an administrator, researcher and author, and through significant contributions to curriculum development and policy formation, both nationally and internationally.

Ralf Harries was awarded the Ambulance Service Medal which recognises distinguished service by the men and women of Australia's ambulance service.

Congratulations also to Fr Kevin Dillon who was awarded the Member of the Order of Australia for significant service to the Catholic Church in Australia, to health and social welfare support services, and to veterans. Many of you will know Fr Dillon who is Parish Priest at St Mary's of the Angels in Geelong, through his valued association with St Ignatius College at Drysdale. I am so pleased to see their contribution recognised with these Honours.

## Justice Of The Peace

It was an honour to be invited to officially open the new Justice of the Peace (JP) Signing Branch at SpringDale Neighbourhood

Centre. The service is free, staffed by volunteer JPs, and will be open on Mondays and Wednesdays from 9am-12.30pm. It will include witnessing of statutory declarations and affidavits, certifying a true copy of an original document, witnessing copies of birth, death and marriage certificates, through to certifying a person's identity.

Congratulations to all those involved, particularly Ivan Hawthorn, a well-known local JP, who played a critical role in setting up the new service, working with Anne Brackley. Anne has yet again shown great leadership and demonstrated the effective support and assistance that SpringDale consistently provides to the community.

Congratulations also to Heather Gould, Robyn Chase, Graeme Allison and Bob Bailey, the President of the Geelong Royal Victorian Association of Honorary Justices, for their committed volunteer work. This new service will be of great benefit to Bellarine.

## 2014 Festival Of Glass

I was delighted to once again participate in the Opening Ceremony for the Festival of Glass in Drysdale, this year officially opened by Councillor Rod Macdonald. As always, the Festival has attracted huge crowds of enthusiastic visitors to see the wonderful display of talent from across the Bellarine and beyond. It is a great occasion for showcasing local talent and promoting galleries,

workshops and activities, all building on the Bellarine's long history with glass. Congratulations to the Convenor, Doug Carson, to Patrick Hughes, the artists and artisans, and all those involved in organising yet another highly successful Festival.

## 2013/14 Recreational Fishing Grants Program

While applications for the 2013/14 Recreational Fishing Grants - Large Grants Program closed on February 28, the Small Grants program is open all year round.

Small Grants of up to \$5,000 (GST exclusive) are available for small projects to improve recreational fishing. For more information including Conditions and Guidelines and online application forms visit [www.depi.vic.gov.au](http://www.depi.vic.gov.au)

As always, please don't hesitate to contact my office if there are any issues I may be able to assist you with.

## Hon Lisa Neville MP

Member for Bellarine  
(03) 5248 3462

## Bridge - Come and Try Day - Thursday 6 March SpringDale Neighbourhood Centre

This is a great opportunity to come and have fun playing one of the most fascinating and absorbing card games. This is for beginners, so don't feel you have to know anything about cards. It's a game that can be played and enjoyed at any level. If you like the idea of learning Bridge we will be following on from the 'come and try day' with a set of eight 1½ hour weekly lessons at a total cost of \$80. Bridge 10.30am - 12noon, cost \$5.

"I'm Alison Feiner and I'll be teaching the sessions. I started playing more than 20 years ago and have built up a group of Bridge



friends during that time right around Australia. I am a member of the Ocean Grove Bridge Club and the Geelong Bridge Club having the rank of State Master. I look forward to meeting you in March".

## Donating Old Crockery



Steve Duffield on his way to deliver a piece of Clifton Springs Hotel crockery to the Bellarine Historical Society. This piece will join other pieces already in the collection. Thanks Steve for your generous donation

## Computer Repairs Servicing & Tuition



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## Family Law Worries?

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1 High St., Drysdale  
(old Post Office) Ph: 5251 3453



# Another Big Year in 2014 at the Shed

Another big year to come at the Potato Shed. *Blues Boot Camp* was a big hit once again and we hosted the first of what we hope to be many themed film nights beginning with *The Rocky Horror Picture Show*, fun and games prevailed. It would be great to hear any ideas for future film nights.

If you haven't already, grab a copy of this year's season brochure where you'll find everything you need to book shows and get involved with classes, workshops and all the excitement at the Bellarine's favourite community arts hub.

Our season commences with a romantic comedy *They're Playing Our Song*, starring Scott Irwin (*Hairspray*, *Les Miserables*). For something different we will also have *Mad About the Buoy – An Afternoon with Noel Coward* performed by Tim McKew. For the pre teens we are starting something new this year and hope to get the support of the local community. *Spud Dance* is a fully supervised alcohol/smoke/drug free event aimed at giving 12 – 16 year olds a safe, fun night out with their friends. Each event will have a theme and feature a DJ, games and giveaways. \$5.00 entry and the first one kicks off on Friday 7 March. Let us know if you



want to be part of the organising committee as we bring this initiative to life.

For all you budding musicians, comedians, dancers and performers, don't miss the first *Spud Club* for the year on 21 March. The Bellarine's best *Open Mic* night kicks off at 6.30pm for juniors and 8.30pm for adults. For all other events at the Potato Shed be sure to visit [www.geelongaustralia/potatoshed](http://www.geelongaustralia/potatoshed) or like the Shed's Facebook page [Facebook/The-Potato-Shed](https://www.facebook.com/The-Potato-Shed).

To book your next night out at the Potato Shed simply or call the Shed directly on (03) 5251 1998 for more info including how to get VIP prices.

**WIN** ONE DOUBLE  
PASS  
**POTATO SHED**



**Sunday  
30 March  
'Mad About  
the Buoy'  
An Afternoon  
with  
Noel Coward  
2pm**

To enter fill out the coupon, send or deliver to:  
Springdale Neighbourhood Centre  
High Street, Drysdale

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone No: (03) \_\_\_\_\_

COMPETITION CLOSSES 3PM TUES 25 MARCH

## Whats' on at the Shed

### Tuesday 4 & Wednesday 5 March *They're Playing Our Song*

Tuesday - 8pm  
Wednesday - 12noon  
Adults - \$36 Conc: \$32  
VIP / Groups 10+: \$28

### Friday 7 March *Spud Dance*

6.30pm – 9.30pm  
12 – 16 Year olds  
Fully Supervised  
Drug / smoke / alcohol free event.  
\$5 entry

### Tuesday 18 March *The Grumpy Old Men*

Morning Showtime  
10.30am  
\$15 includes Morning Tea.

### Friday 21 March *Spud Club*

(Juniors 6.30-8.30pm, Adults 8.30pm-late).  
Licensed bar \$6 entry, first drink free.

### Saturday 22 March *Spud Fest*

4pm – 9pm  
Fully Supervised  
Drug / smoke / alcohol free event.  
All tickets \$15

### Sunday 30 March

**Mad About the Buoy**  
*An Afternoon with Noel Coward*  
2pm  
Adult - \$20 Conc / VIP - \$18

### Tuesday 4 & Wednesday 5 March *They're Playing Our Song* Tuesday 4, 8pm Wednesday 5, 12noon



**Come along  
and enjoy  
a show at  
The Shed!**

In a story based on the real-life relationship of composer Marvin Hamlisch and lyricist Carole Bayer Sager, a wisecracking composer finds a new, offbeat lyricist.

### Tuesday 18 March, 10.30am *The Grumpy Old Men ~ Morning Showtime*

The middle aged moaners are back to complain again about their irritations and (dis)spirited views of modern life.



**Sunday  
30 March  
'Mad About  
the Buoy'  
An Afternoon  
with Noel Coward  
2pm**

Catch him before  
his New York Season!  
Starring the  
Dazzling Tim McKew.

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres. The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale Ph: (03) 5251 1998

**POTATO SHED**

CITY OF GREATER  
**GEELONG**

[WWW.GEELONGAUSTRALIA.COM.AU](http://WWW.GEELONGAUSTRALIA.COM.AU)

# Special things have happened so far



## McHarrys in town

A few special things have happened during 2014 so far. McHarry's Buslines has decided to move to Drysdale and has purchased land in Murradoc Road near the Ring Road reserve. They plan to operate 20 buses from the site and approximately 25 staff members. That means another 25 people to have lunch, make purchases, get vehicles serviced.

Mel McNeice said "It is fantastic that McHarry's has decided to move to Drysdale. I welcome the company and staff with open arms."

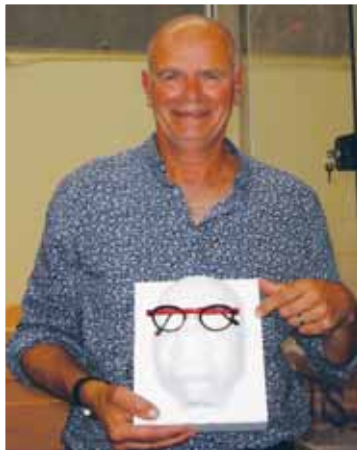
## 3D Printing - new technology

One of the most exciting businesses to come to the Bellarine had its launch recently. We've heard so much lately about 3D printers but I was so excited to have been at the launch of a 3D excavator in Portarlington. *Perfect Again*, the first of its kind in the world, designing light weight customised breast forms for women who have had a mastectomy. I look forward to hearing about the successes that this business generates.

*What will we be able to celebrate next month? Keep the successes coming.*

*Top right: Proudly holding his portrait is Dr Mike Birrell, a much loved and very well known Bellarine GP who helped set up then worked for years at Pt Lonsdale.*

*Right: Julie in the company of Franco Pierucci...the tech genius!*



## Is Your Business or Service on Target for Providing Exceptional Service?



**Win \$200 and Reward** someone local for exceptional service. The **Rotary Club of Drysdale** is seeking out those in local retail or service businesses who provide service excellence. We are seeking nominations from the community and are willing to reward the best story (200 Words or less) with \$200 with a similar amount to be awarded to the business or person nominated.

Nomination forms will be available in participating businesses displaying the Rotary poster with this distinctive **Dart Board** on it.

**So! put pen to paper and write your entry which tells a story of someone who has gone the extra mile for you in the last 12 months. It may be the cheery welcome or it may be the extra special service.**



2/31 Murradoc Road, Drysdale VIC 3222  
Phone: (03) 5253 2811 or visit [autoprodrysdale@aanet.com.au](mailto:autoprodrysdale@aanet.com.au)

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# Is One Post Box Enough?

In response to comments by residents about lack of Street Posting Boxes (SPBs) in Drysdale and Clifton Springs, DCSCA contacted Australia Post with a request for more post boxes.

Drysdale currently has one SPB for its approx 4500 residents – at the Post Office.

Clifton Springs currently has 2 SPBs for its approx 7500 residents – at the shopping centre alongside Jetty Road and one at the shopping centre alongside Beacon Point Road.

DCSCA suggested 2 additional SPBs – one at Drysdale Station and one at the new shopping centre soon to be constructed at the Jetty Road development (now zoned Curlewis).

Unfortunately, DCSCA has now received 3 letters from Australia Post, all indicating that their response to our issue is to relocate an “underperforming” SPB from Clifton Springs to the new Curlewis shopping centre.

During protracted communications, DCSCA presented evidence to Australia Post that, compared to other areas, the people of Clifton Springs are already significantly underserved with SPBs. Also that the relocation proposed by Australia Post would leave Clifton Springs even worse off - with only one SPB for the 7500 residents.

DCSCA received assistance from Lisa Neville,

who raised the issue with Richard Marles who wrote to the Minister for Communications, the Hon Malcolm Turnbull regarding our concerns on 18 December, 2013.

On receipt of the latest Australia Post letter (dated 22/1/14) DCSCA believes Australia Post intends to proceed as follows: -

Sometime over the next few weeks Australia Post will conduct an audit of mail volumes at the SPB at the Jetty Road shops.

The SPB will be declared “underperforming” and relocated to the new shopping centre at the Jetty Road development in Curlewis.

**Neil McGuinness** Secretary DCSCA

Should you wish to ask Australia Post a question on this matter they may be contacted by email at [auspost@mailap.custhelp.com](mailto:auspost@mailap.custhelp.com)

Or by mail at:

Australia Post  
Attn Southern Contact Centre  
PO Box 7252, Mount Waverley VIC 3149



**DCSCA has sought assurance from Australia Post that they would not declare an SPB underperforming without presenting the evidence to the community. Australia Post has not responded to this request.**



The last letter was received from: -  
Allison Quach, National SPB Coordinator  
National Resolutions, Australia Post  
Ref VH2692013, VH2607276

**Goodies by the Bay**  
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**golfing memberships**

**Golfing Memberships 7 Days**  
1 Mar 2014 until 30 June, 2014 - \$275.00

**Week Day Membership**  
1 Mar 2014 until 30 June, 2014 \$207.00

**Green Fee Players Welcome**  
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**For all golfing and membership enquiries please phone (03) 5251 3391**

**FREE Courtesy Bus Available**  
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**SPECIAL Daylight Saving Unlimited Golf after 3pm for only \$18.**

For Bookings & Information

**Clifton Springs Golf Club** "Play by the Bay"

**JAZZ at the springs** is coming to the Springs in the Bistro, Sunday Arvo. Date to be confirmed. Phone 5251 3391 or visit our website for more information.

Follow us on [f](#) [t](#)

**BAYSIDE BISTRO Clifton Springs**

Monday	Dinner: All Mains *Conditions Apply	\$17*
Tuesday	Dinner: Parma Night - 4 types!	\$15
Wednesday	Dinner: 220gm Steak	\$16
Sunday	Two Course Roast Lunch	\$19 <sup>50</sup>
Monday to Saturday	Two Course Lunch Special	\$15

**Larger Servings**  
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**Kevin Mahoney**  
Appearing Friday 7th & Friday 21st March

**With every \$8 KIDS MEAL ordered FREE CHOICE of kids dessert choose from Frog in Pond, Icy Pole or Ice-cream.**

**Present this coupon & SAVE**

Buy 1 main get 2nd main half price equal or lesser value (main meals only)  
Tuesday-Thursday evenings\*

Valid from 1st - 31st March 2014  
\* Not valid Public Holidays or Long Weekends  
\* Conditions apply - not available on all meals.

**BAYSIDE BISTRO Clifton Springs** **Mar 2014**

Phone (03) 5251 3391 Clifton Springs Golf Club Clear Water Drive CLIFTON SPRINGS 3222  
Email: [admin@cliftonspringsgolfclub.com.au](mailto:admin@cliftonspringsgolfclub.com.au) [www.cliftonspringsgolfclub.com.au](http://www.cliftonspringsgolfclub.com.au)

## Portside Physiotherapy

Theatre Plaza, Harding Street, Portarlington

**Ph: 5259 1277**

[www.portsidephysiotherapy.com.au](http://www.portsidephysiotherapy.com.au)

### Astrology Classes for Beginners

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Classes commencing  
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For further details:  
[www.aquamoondrysdale.com.au](http://www.aquamoondrysdale.com.au)  
or contact Clementine on 0411 251 463



### Drysdale Health Group

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## Health & Wellbeing

### Yoghurt for Skin

Yoghurt is a delicious, multi-vitamin packed food that is great for breakfast and can also be eaten as a healthy snack. Yoghurt can also be used on your skin. Yoghurt for skin has been used since ancient times. Yoghurt is packed with nutritional properties which can highly benefit your skin. When buying yoghurt for your skin, be sure to check that your yoghurt is the unsweetened, plain type. The different flavoured yoghurts may cause irritations and may also aggravate pimples or rashes if present.

Gently spread a teaspoon of plain yoghurt on your face. Wait for about 10-15 minutes to let it get absorbed and then rinse with cool water. Immediately after removing the face mask, remember to use a moisturiser because the yoghurt mask can leave your skin feeling a bit stiff and tight. Yoghurt is a great cleanser that soothes your skin and leaves you feeling fresh.



1 March

### National Day of Action against Bullying and Violence Bullying. No Way!

The theme of the day encourages parents and families to take a stand together with school communities and recognise the important role that everyone plays to stop bullying.

[www.bullyingnoway.gov.au/national-day](http://www.bullyingnoway.gov.au/national-day)



**Bullying,  
harassment  
violence**  
... in our schools?  
**NO WAY!**

## FREEDOM PERSONAL TRAINING

Where exercise means fitness

ONE ON ONE TRAINING ■

■ SEMI PRIVATE

■ GROUP FITNESS

WEIGHT LOSS NUTRITION ■

Be motivated today  
call Luke for an appointment today.



LUKE LETHBRIDGE 0409 415 839  
10/34 MURRADOC ROAD DRYSDALE

### HELP BELINDA'S JOURNEY MELANOMA RESEARCH FUNDRAISER

Assisting in Researching a cure for people with Melanomas.  
Proudly supporting 'Peter Mac'

Saturday 29 March  
at 7.30pm till 11pm

Club Italia

515 Bellarine Highway, Moolap  
Music to the beat of New Sound  
Dancing, Entertainment and Auction  
Supper provided and Drinks at Bar Prices

Margo 0414 942 079 or 5250 2691  
Pauline or Brian 0407 685 413 or 5261 3838  
Pauline (after 6pm) 0410 578 711  
Kathleen or Robert 0400 693 085  
Laila or Roy 5259 1776  
Ron 0418 396 099 or 5253 2940  
Donations can be made to:  
Peter MacCallum Cancer Foundation  
ANZ BANK BSB: 013 611 A/c: 3864 81555

**\$25**  
per person





13-16 March

### World's Greatest Shave

#### Leukaemia Foundation

Every hour somebody in Australia is diagnosed with lymphoma, myeloma or leukaemia. Every second hour, somebody dies from one of these diseases. The World's Greatest Shave has raised in excess of \$120 million since 1998, and uses the raised funds to support patients and families living with these blood disorders. Funds are also used to support blood cancer research to help find better treatments and cures. [www.worldsgreatestshave.com](http://www.worldsgreatestshave.com)



### Parkinson Disease

As a carer of a newly diagnosed Parkinsons Disease sufferer, I would love other families and carers to know of the wonderful support offered by the Geelong Parkinsons Support Group. We meet on the last Friday in each month at Newcombe Community Health Centre. The meeting consists of talks by specialists and other guest speakers and gives us the opportunity to share experiences. **The next meetings will be on Friday 2-4pm March 28, May 30 and June 27 (no meeting in April due to Anzac Day).**

For more information contact Harold Waldron (03) 5259 3134.  
Carol Barnard, Carer



30 March

### 2014 Blokes Day Out Festival

The Blokes Day Out Festival is a unique event that aims to put the focus on male health and wellbeing with a huge range of local services and groups uniting to deliver a free fun day out for boys, men, their friends and families. Be sure not to miss this popular event on Sunday 30 March from 10am – 3pm at the Eastern Beach Reserve, Geelong.



30 March

### Neighbour Day

Neighbour Day is Australia's annual celebration of community held on the last Sunday in March every year. Its aim is to encourage closer, friendlier relationships between neighbours and to strengthen communities.

[www.neighbourday.org](http://www.neighbourday.org)

**foot health care for all ages**

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**Kirralee Sing**  
**Grace Byrnes**

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27-29 High Street  
DRYSDALE 3222

## Corrective Chiropractic Bellarine

caring for family health and wellness ...

*"Caring for our bodies means caring for its architecture – the spinal cord that keeps us upright, mobile and strong. Maintaining a quality lifestyle through regular spinal care helps us reach our potential," says Dr Sharon Pedersen-Jones.*

One of the biggest fears we can have is speaking in front of strangers. In high school it was daunting, but these days it's not so hard as I've got an important message to share.

Recently I spoke to some workers in a factory, many of whom had suffered injury on the job. I was invited to help prevent future mishaps. Some workers laughed when the boss introduced me as the local Chiropractor, saying that nobody there had a 'bad back'. So I decided to share a story that changed their thinking about chiropractors only being needed for 'bad backs'.

On 18 September 1895 in Iowa, a janitor named Harvey Lillard stopped to talk with a Dr Palmer who was working late in his clinic. Lillard told Dr Palmer that 17 years ago he bent over and heard a 'pop' from his back, after which he became almost deaf. Fascinated, Dr Palmer tested a theory he was researching. He examined Lillard and found a lump on his back. Palmer recognised it as a badly misaligned vertebra and reasoned that since it occurred when Lillard went deaf, that restoring it to its proper position might also restore Lillard's hearing. Dr Palmer performed an adjustment by pushing the vertebra back into its normal position. What happened next changed history. Lillard went to the open window and heard a sound he hadn't heard for 17 years – the clatter of horse's hooves.

**Chiropractic was born!** Today, Chiropractic is one of the fastest growing healing professions in the world, over 6,000 Chiropractors world wide serving over two million people every day.

People see Chiropractors for help with headaches, migraines, chronic back pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, asthma, allergies, numbness in limbs and sports injuries just to name a few things. While Chiropractors receive thanks for helping people with many of these problems, they cannot take this credit.

The truth is that Chiropractors have never healed anyone of anything. What they do is perform a specific adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that.

When spinal bones shift out of alignment, they can choke messages running through the tiny nerves that exit the spinal cord. Chiropractors call this Vertebral Subluxation. Tension from prolonged or unusual patterns of sitting and standing, strain from walking, exercising or sporting injuries and stress from personal, professional or emotional tension all affect our body's alignment and can cause dysfunction.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Often this happens without symptoms as only a small percentage of our nervous system carries or perceives pain.

**Our body can be heavily stressed without any alarms with or bells going off.**

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Normally our new patient examination costs over \$210, but readers of **The SpringDale Messenger** can receive our complete consultation (along with x-rays if required) for only \$47.

To take advantage of this offer, you can phone my assistant, Liz, on (03) 5253 2800 and schedule an appointment. By bringing in the coupon below, you will receive your special offer of only \$47 for a comprehensive consultation. I look forward to meeting you and helping you and your family achieve optimum health.

Dr Sharon Pedersen-Jones, Chiropractor

### BONUS OFFER

Please tick ☐ **YES! I would love to receive a complete consultation for only \$47. I would like to make an appointment as soon as possible.**

**Please contact us on 5253 2800 or call into our office, Corrective Chiropractic Bellarine, at 13 Dumburra Ave, Clifton Springs to take advantage of this offer.**

MARCH 2014 SPRINGDALE MESSENGER

This is a new City of Greater Geelong (CoGG) initiative - to seek community input into the CoGG annual budget process.

## DCSCA has made 14 submissions:

Beautification of Council owned land at Spring Street - \$1500, Signage for Scenic Trails in Drysdale Clifton Springs. - \$5000, Booklet to publicise Scenic Walking and Cycling Trails around the Bellarine. - \$5000, Clifton Springs Foreshore Erosion - \$200000, Improved access to the Clifton Springs Foreshore - \$100000, Scoping Study - Spring Water Dispensing Feature - \$20000, Scoping Study - Bypass for Drysdale - \$40000, Focus Group - Traffic Congestion in Drysdale - \$10000, Scoping Study - Extension of the Geelong Ring Road to the

Bellarine - \$40000, Focus Group - Traffic Congestion in GeelongCBD - \$20000, Scoping Study - Tourist Attraction for the Central Bellarine - \$20000, Scoping Study - A Fishing Jetty/Platform for Clifton Springs - \$50000, Scoping Study - Swimming Pool for Drysdale - \$40000, Bridging Our Heritage: Yesterday, Today, Tomorrow. - \$14200

These may be viewed on DCSCA blog - <http://www.drycliftdays.blogspot.com.au/> or on the CoGG website.

Council are currently reviewing all 207 concepts over the next few weeks - as to whether to include in the draft 2014-15 Budget. If you have an opinion now is the time to inform your local councillor.

## Other items of interest:

-Clean Up Australia Day, Sunday March 2nd.

Councillor Lindsay Ellis has informed DCSCA that council has agreed to undertake planting on the Spring Street land - the open land to the west of Spring Street on the approach to the Golf Club.

There is a separate item in this Messenger with information on Australia Post's disappointing response to DCSCA request for more post boxes.

In response to DCSCA request Council have informed DCSCA that they intend to undertake beautification planting on the Grubb Rd/Jetty Rd roundabout in April/May.

**Neil McGuinness** Secretary DCSCA

## 24th Annual Bellarine Agricultural Show



Preparations are in full swing for the 24th Annual Bellarine Agricultural Show, to be held at the **Portarlington Recreation Reserve** on **Sunday 9 March, 2014 from 9am**. Come along and inspect Horses, Cattle, Pigeons, Poultry, Cookery, Flowers, Pot Plants, China Painting, Handcrafts, Art and Photography.

There will also be interactive displays of vintage motorbikes, cars, trucks and farm machinery. The Bellarine Agricultural Show provides an important forum for the rural community to gather together to showcase their wares, share their skills and educate the wider community.

## Help please



I am writing on behalf of my 5,000 Jigsaw brothers and sisters. We live in a small room at SpringDale just waiting to spend some time away from here. We can be borrowed for just 40cents and would love to spend some time in your home.



8 March

## International Women's Day

International Women's Day is a day to celebrate the contribution and achievements of all women. It is an opportunity to remember the barriers that women have broken through, and the accomplishments they have made despite barriers.

[www.un.org/en/events/womensday/](http://www.un.org/en/events/womensday/)

## St James' Hall Hire

**St James' Hall** is available to the community for hire, both for individuals and organisations. If you would like to partake of this opportunity, please contact Pat Whitford on 0468 381 529.



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Funeral & Bereavement Service

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April - June Term 2 2014



## Computers



Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension. \$55 Concession Fee consists of the following:  
\$25 subsidised tuition fee + \$30 services fee

Courses are designed and presented according to requests and ideas from possible students or possible trainers. If needed and possible we try to schedule extra courses. We are also facilitating one on one sessions where requested and possible. Subsidised childcare may be available for people attending *Learn Local* funded classes, conditions apply.

### iPad for Beginners

Have you been given or have just bought an iPad and not sure where to start? This could be the course for you. Learn how to use basic iPad functions, practise scrolling, learn about iPad apps and much more in a fun supported environment.

**Skill Level:** Beginner

**Dates/times:** Wed 30 April – Wed 18 June  
1pm – 3.30pm (8 sessions)

**Fee:** \$160 or conc \$55

**Tutor:** Jonathan Harris JNH Software P/L

### IPad like Tablets Android or Windows (Samsung, Acer, Bauhn, etc)

Have you been given or have just bought an iPad like device and not sure where to start? This could be the course for you. Learn how to use basic Tablet functions, practice scrolling learn about apps and much more in a fun supported environment. Please let the office know what type of device you have when you register.

**Skill Level:** Beginner

**Dates/times:** Mon 28 Apr – Mon 23 Jun 4-6.30pm (8 sessions) **Fee:** \$160 or \$55 Con

**Tutor:** Jonathan Harris JNH Software P/L

### Email & Internet

This class is designed for both those new to internet and those who know basics and would like to extend their experiences. Begin with simple searches using Internet Explorer and basic mail handling using Outlook Express. Discover how to read your mail away from home. Try alternative methods of internet communication including voice, video and interactive chat and learn how to check for and avoid viruses, Trojans and worms.

**Skill Level:** Beginners

**Dates/times:** Mon 28 Apr – Mon 23 June  
10am – 12.30pm (8 sessions)

**Fee:** \$160 or conc \$55

**Tutor:** Jonathan Harris JNH Software P/L

### Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn how to use a Memory Stick and how to resize pictures and share them with your family.

**Materials:** Photos optional

**Dates/times:** Wed 30 Apr – Wed 18 June  
10am – 12.30pm (8 sessions)

**Fee:** \$160 or conc \$55

**Tutor:** Jonathan Harris JNH Software P/L

### Computer Performance & Maintenance

Do you wonder why your computer slows down or runs out of disc space. We will discuss the causes of and how to fix these issues. This entails clearing your computer of unnecessary files and how to keep your computer running at its best performance. We also show you how to fix your computer when it does not boot into Windows and how to respond to error codes on your computer.

**Dates/times:** Mon 28 Apr – Mon 16 June  
1pm – 3.30pm (8 sessions)

**Fee:** \$160 or conc \$55

**Tutor:** Jonathan Harris JNH Software P/L

### Digital Storytelling

The story behind our photographs can so easily be lost in time. Learn how to convey memories and emotions to your loved ones in a video clip. Craft an effective story from your experiences and memories. Make and audio recording of that story. Use simple software to add music, sound effects and images to bring your story to life. Each participant will produce a completed video.

**Materials:** A laptop is supplied, bring your own USB stick. Your own photographs/video clips.

**Dates/times:** TBA Mon, Thurs and 2x Sat.  
(either evenings or daytime) **Fee:** \$160 or conc \$80

**Tutor:** Clive Whitworth,

Bellarine Multimedia Services

**Venue:** St Leonards Community Space

### MYOB for Beginners

These sessions are designed for those just starting out and will give you a basic foundation of how to use MYOB in your business.

**Skill Level:** Intermediate

**Dates/times:** Tue 29 Apr – Tue 17 June  
9.30pm – 12noon (8 sessions)

**Fee:** \$160 or \$55 Conc plus Manual \$45

**Tutor:** Brian Knights, Round Table Business Consultants

### Introduction to Computers C/E

From turning on the computer onwards.

Learn how to create tables, use tabs, columns, clipart and place a border, send and receive emails.

Understand the Internet and browse different search engines. Learn about virus protections.

**Skill Level:** Beginner +

**Dates/times:** Tue 29 Apr - Tue 17 June  
1pm – 3.30pm (8 sessions)

**Fee:** \$160 or conc \$55

### Intro to Computers F

Learn how to install and uninstall programs, clean up deleted items and documents, use cleaner and defragger to keep your computer running smoothly, download software from the internet free, antivirus program s and others from the internet. Set up your computer the way you want it.

**Skill Level:** Beginner++

**Dates/times:** Fri 2 May – Fri 20 June  
9.30am – 12noon (8 sessions)

**Fee:** \$160 or conc \$55

**Tutor:** Lyn Brook, Lynette's User Friendly Computers

### Buying and Selling on eBay

Does eBay confuse you? Would you like to be able to buy and sell on eBay with confidence? Then this course will navigate you through the process of getting started and using this worldwide facility to buy or sell your chattles. Please register your interest so we are able to conduct this vital course for you.

**Dates/times:** Friday mornings, 3 sessions

**Dates TBA** 10am – 12.30pm

**Fee:** \$80 or conc \$75 **Tutor:** Brett Kerr



## Accredited courses



### Food Handling and Safety

(Apply basic food handling)

**Code** SITXOHS002A

Great for school leavers, volunteers and those already employed in food related areas. This accredited module will give knowledge and skills in correct and safe food handling, storage and hygiene. Update your skills and improve your job prospects today.

**Dates/times:** Sat 10 May 9am – 3pm

**Fee:** \$100

**Venue:** SpringDale

**Tutor:** Ocean Grove Neighbourhood Centre

### Responsible Service of Alcohol

Covers all areas relating to the service of alcohol in and around licensed premises.

Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

**Dates/times:** Sat 17 May 9am – 12noon

**Fee:** \$70

**Venue:** SpringDale

**Tutor:** Ocean Grove Neighbourhood Centre

### First Aid – Level 2 (Apply First Aid)

**Code** ALTF301B/21569VIC

Level 2 is an Accredited Certificate, valid for 3 years (with CPR and Anaphylatic updates) and is a requirement for many courses, organisations and work places.

**Dates/times:** Sat 17 May & Sat 24 May  
9am – 5pm (2 sessions)

**Full Fee:** \$170 or conc \$145

**Tutor:** National First Aid

### First Aid – CPR (Perform CPR)

**Code** HLTCPR 201A

(Cardiopulmonary Resuscitation)

Do not wait until it's too late. Learn CPR today.

CPR training offers learners the opportunity to

achieve confidence in the performance of cardiopulmonary resuscitation in a safe environment.



Brain Training ✓  
Learn Local ✓  
Meet People ✓  
@ SpringDale

It is recommended that CPR updates are undertaken annually. First Aid/CPR is the first 3 hours of First Aid - Level 2.

**Dates/times:** Sat 17 May – 12noon (1 session)

**Tutor:** National First Aid **Fee:** \$60 or conc \$55



## Courses after hours & weekends

### Cheese Making with Corinne

Interested in making your own cheese? This is a very relaxed way to spend a day. You may like to bring lunch to share and make new friends and make conversation.

**Equipment:** There is a list available at SpringDale  
**Dates/times:** Sat 14 June 10am – 4pm (1 session)  
**Sat 17 May:** Fetta and Ricotta  
**Sat 24 May:** Cheddar  
**Sat 14 June:** Camembert  
**Sat 21 June:** Camembert  
**Fee:** \$80 per session

### Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry? Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture.

Small groups, so enrol early.

**Dates/times:** Sat 3 May, Sat 7 June 10am – 12noon  
**Fee:** \$30 **Tutor:** Jordan Smith

### Digital Photography Doctor

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperture, different file formats, downloading images, red eye reduction and lighting techniques.

**Dates/times:** Tue 6 May – Tue 27 June  
 7pm – 9pm (4 sessions)

**Fee:** \$100 or conc \$92 **Tutor:** George Stawicki

### Holiday Photography

Say *Ciao* (bon voyage, good bye) to horrible holiday photos. Holiday photos should bring back the excitement and adventure of your trip. Yet many people find their photos disappointing. This short course is designed to teach you how to take fantastic holiday photographs in a few easy steps. Say *arrivederci* to problems including poor composition, bad lighting over and under-exposure, and plain old boring pictures. Next trip, people might actually be asking to see your happy snaps.

**Dates/times:** Tue 3 June & Tue 10 June  
 6.30pm – 9.30pm (2 sessions)

**Fee:** \$60 **Tutor:** George Stawicki

### Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

**Dates/times:** Thur 28 Apr – Thur 23 June  
 6pm – 7.30pm OR 7.45pm – 9.15pm (9 sessions)

**Fee:** \$95 or conc \$86 **Tutor:** Glenda Breedveld

**Materials:** Bring your own mat and blanket if required.

**Venue:** Drysdale Senior Citizen's Club,  
 Cnr Clifton Springs Rd & Wyndham St

### Felting Workshop with the colourful Elizabeth Armstrong

This work shop is a little different. Elizabeth Armstrong the author of the beautiful 'Felt Happy' book will be doing a 2 day work shop where we will explore up to 6 methods of felting. We will be using a variety of materials including slivers, wool batts, yarns, silks, threads, silk fibres and lots of colour. A

materials fee for students who don't bring their own, around \$25. Bookings are limited so be quick as you don't want to miss out on this fantastic felting workshop at Springdale.

**Dates/times:** Sat 24 & Sun 25 May from 10am - 4pm

**Fee:** \$200 materials included, or \$175 with own materials.

**Tutor:** Elizabeth Armstrong

### A Taste of Italian for travel

Italy is beautiful in their Spring if you are planning to go from Easter onwards now is the time to learn. Basic simple fun conversation. Agata is a native Italian speaker. Food, fun and conversation.

**Date/time:** Sat 10 May – 28 June  
 9.30 – 11.30 (8 sessions)

**Fee:** \$200 or conc \$180 **Tutor:** Agata Comisso

### Family Bush Dance

Saturday 12 April

7.30pm till Late. \$10.

Bring a plate for supper to share.

### Business Breakfast

Monday 26 May, 7am

\$15 per person



## Courses during the day

### Discover the artist within - Level 1

An introductory or refresher Art Course in Drawing and Painting for Adults. No previous knowledge required. This course increases the skills of seeing and drawing and then introduces colour and painting. **Class materials required:** A3 Sketchbook or A3 visual diary, 2B and 4B pencils.

**Dates/times:** Tue 29 Apr – Tue 17 June  
 9am – 11am (8 sessions)

**Fee:** \$130 or conc \$55 **Tutor:** Annette Playsted  
 Materials list available from SpringDale office.



### Discover the artist within - Level 2

An Intermediate Level Art Course in Painting and Drawing for Adults who have completed a foundation art course (Level 1). This course aims to increase media knowledge in the techniques and processes of painting and drawing, improving skills and confidence.

**Dates/times:** Wed 30 Apr – Wed 18 June  
 10am – 12.30pm (8 sessions)

**Fee:** \$130 or conc \$55 **Tutor:** Annette Playsted  
 Materials list available from SpringDale office.



### Develop the Artist Within – Advanced Workshop program

This program is for hobbyist artists or art students who have studied at the intermediate level and want to further develop their knowledge and broaden skills and perceptions. Workshops will include: Experiential Media broadening to include new approaches to two and three dimensional media, Building self-expression, ideas and approaches, building colour and tonal awareness, and shared adventures into Art theory and Art history.

**Dates/times:** Tue 29 Apr – Tue 17 June  
 11am – 1.30pm (8 sessions)

**Fee:** \$140 or conc \$55 **Tutor:** Annette Playsted  
 Materials list available from SpringDale office.



### French for Real Beginners

Want to keep your mind young, meet new people and have lots of fun all in the space of an hour? Come and develop new skills, exercise your mind and challenge yourself by learning a new language. We will be studying French through a variety of mediums. Do come along and join me no matter what your level or ability. All Welcome. This course is for beginners, no prior knowledge required. (New beginners have 30 minutes by themselves and then blend into the Advanced Beginners class)

**Date/time:** Tue 8 Apr – Tue 27 May 9am – 10am

**Fee:** \$90 **Tutor:** Laetitia Cairncross

### French for Advanced Beginners.

For those who have attended the Beginners Class in 2012. **Dates/Times:** Tue 8 Apr – Tue 27 May  
 9am – 10am (8 sessions)

**Fee:** \$90 **Tutor:** Laetitia Cairncross

### Intermediate French

For those with some prior knowledge of the language.

**Dates/times:** Tue 8 Apr – Tue 27 May  
 9am – 10am (8 sessions)

**Fee:** \$90 **Tutor:** Laetitia Cairncross

### Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

**Dates/times:** Mon 28 Apr – Mon 23 June  
 9.15am – 10.45am (8 sessions)

**Fee:** \$135 or conc \$120 **Tutor:** Glenda Breedveld

**Materials:** Bring your own mat and blanket if required. **Venue:** Drysdale Senior Citizen's Club,  
 Cnr Clifton Springs Rd & Wyndham St.

### Yoga on Chairs

Would like to do Yoga but would feel more comfortable sitting. This course may be you.

**Dates/times:** Mon 28 Apr – Mon 23 June  
 11am – 12 noon (8 sessions) **Fee:** \$90 or conc \$81

### Ukulele Intermediate

A class for those who are part way along the path to learning how to play the Ukulele and improve their skills. **Date/time:** Thur 1 May – Thurs 19 June  
 9.30am – 10.30am (8 sessions) **Fee:** \$85

**Tutor:** Sarah Carroll

### Ukulele Beginners

A class for those who are wanting to get started to learn the Ukulele and those who have started with us but need some more support before moving to the next class – no experience necessary but you will need to bring a Ukulele.

**Date/time:** Thur 1 May – Thurs 19 June  
 10.30am – 11.30pm (8 sessions) **Fee:** \$85

**Tutor:** Sarah Carroll

### Drama With Deana

Calling young actors and presenters. If you are 8-12 years old and would like to develop your performance and presentation skills then Drama With Deana is for you. We workshop and create two performances each year. The performances give you the opportunity to deliver public presentations and to act in plays that we create ourselves. At the end of the year we hold the Acting and Presentations Awards Ceremony (APAC) and every student receives a medal and certificates for their efforts. Your performance work will be filmed for the DVD that is available for purchase at the end of the year.

**Dates/times:** Wednesday afternoons 4.30 – 6pm  
 Term Two 23/4/14 – 25/6/14

**Performance Dates:** Wednesday 25/6/14 6pm

**Materials:** Folder, Yoga Mat, Water Bottle, Snack

**What to Wear:** Loose comfortable clothing

**Fees:** 2014 Fees, \$120 per term or \$20 per session

\$45 annual fee for insurance, medal and resources.

**Tutor:** Deana Simile

Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension. \$55 Concession Fee consists of the following:  
 \$25 subsidised tuition fee + \$30 services fee





## Special Courses



Ortho-Bionomy is a registered trademark of  
Ortho-Bionomy Australia Ltd and is used with permission.

### Ortho-Bionomy

SpringDale has been able to attract a number of Ortho-Bionomy practitioners to our midst over the last few years, including international trainer Richard Valasek in November 2013. In 2014 we are extending the range of classes being offered.

### Self Care Class

In this class we will learn to ease pain and tension in most areas of our own body by using positioning based in Ortho-Bionomy, which is a form of gentle bodywork. The work is designed to help ease pain and tension and to expand comfort and relaxation. There are no prerequisites for this class. All are welcome to attend.

**Dates/times:** Wed 30 April – 21 May

**Fee:** \$330 or \$55 conc (if eligible)

**Tutor:** Dr Allison Baensch PhD

**Venue:** TBA.

### Exploration of Movement Patterns

Exploration of Movement Patterns adds a dynamic dimension to the positional release techniques. Participants will learn to recognize and palpate patterns of joint and muscle movement in order to facilitate increased range of motion to promote a general sense of well-being in the body. By gently exploring and supporting preferred patterns of movement or stillness, the client is invited to actively participate and recognize their patterns. Some functional anatomy will also be discussed.

**Dates/Times:** Wed 28 May – 21 June 10am – 3pm

**Fee:** \$330 or \$55 conc (if eligible)

**Tutor:** Dr Allison Baensch PhD

**Venue:** TBA

## Other SpringDale Services

### SpringDale Occasional Care

This will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself.

**Sessions:** Monday, Wednesday and Thursday 9am – 2pm. Tuesday, Friday 9am – 12noon.

**For further information please phone**

**Occasional Care on (03) 5251 1627.**

**Sessions run during school terms only.**

### Drysdale Toy Library

Tuesday 4pm – 5pm. We have some fantastic toys to borrow (ages 0 – 6 years) so come along and see what we have to offer.

Membership \$10 per term.

Portarlington Toy Library - about to re-open.

### Portarlington Toy Library

To re-open early 2014.

### SpringDale Business Breakfast

Open to business owners and traders, professionals who live or work in the North Bellarine. We bring together business people, local information, skilled speakers and an opportunity to get to know others in a similar situation.

**Date/time:** Monday 24 Feb 7 am – 8.15 am

**Cost:** \$15. Held four times per year.

## Courses during the day

### Card Games

Play Canasta, Euchre and 500. This group meets Monday afternoons from 12.30pm – 3pm.

### Friendly Cuppa and Chat Group

Call in for a cup of coffee and a chat on the fourth Monday of the month between 10.30am – 11.30am.

### Knitting and Crocheting for beginners

A great activity for all year. Keep your hands busy and be creative. Learn to knit or crochet a garment of your choice. Tuesday Weekly from 1pm – 3pm.

### SpringDale Badminton

Wednesdays 1pm – 3.30pm weekly  
at The Scout Hall Drysdale. **Fee:** \$5 per session.

### Bellarine Community Choir

Peninsula residents are welcome to join this new choir, performing at functions on the Bellarine. Men and women are required to sing 4 part harmony.

**Dates/Times:** Thursdays at 1.30pm.

### Cryptic Crosswords Group

Have you ever wondered how Cryptic Crossword Puzzles work? Join a group of like-minded crossword fans to learn and share the skills needed to solve Cryptic Crosswords. We will solve cryptic puzzles together in a fun and non-competitive atmosphere. This group is open to all levels of expertise from beginners to those who want to extend their knowledge. **Date/Time:** Friday weekly at 10am.

**Fee:** \$2 per session.

### Fun Volleyball

We play with a soft beach ball, and the aim is exercise. Other session times possible register your interest. **Dates/times:** Mondays from 9am – 10am

**Cost:** \$5 per session **Venue:** Drysdale Scout Hall

### Genealogy

Researching family history.  
Thursdays 9.30am – 12noon.

### SpringDale Jigsaw Club

Borrow a jigsaw from a big library 40¢ each. The first Thursday of the month from 10am – 12noon.

### Life Drawing

For those who enjoy the experience of Life Drawing.  
Mon 1.15pm – 3.45pm. Please call SpringDale to book.

### Line Dancing

Join our group. Every Wednesday except school holidays. 10am – 12noon. \$9 per session.

### SpringDale Mahjong Club

This group meets Wednesday from 9.30am – 12noon.

### Pole Walking Group

Enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk. **Dates/times:** Weekly Mondays 8.50am – 10am (Contact SpringDale for meeting points) **Facilitator:** Harold Waldron

### SpringDale Scrabble Club

Held on Tuesday afternoon, 1pm – 3pm and caters for players of all abilities and new players welcome.

### SpringDale Artists

The Springdale Artists meet every Wednesday from 1pm-4pm. Activities include working sessions, discussions, demonstrations and gallery visits.

### SpringDale Wheelie Riders

Would you like to get involved in cycling again? Rides vary in difficulty and start from SpringDale at 8am. New riders welcomed and shorter rides are graded to suit individual needs.

**Dates/Time/Fee:** Rides Mon, Tues, Wed, Fri and Sat or Sun. SpringDale membership is all you require.

### SpringDale Singers

A long established, informal non-performing choir which sings both simple and challenging music. Former choir or music group members and non-singers are also welcome.

**Dates/times:** Tuesday 1.30pm – 3.30pm

### Men's Kitchen – Tuesday Mornings

Tuesday morning 10am – 1pm  
**Location:** St Leonards Recreation reserve  
**Fee:** Price depends on menu

### Men's Kitchen – Wed/Thurs Morning

**Waiting list applies. Fee:** Price depends on menu  
**Dates/times:** Wednesdays/Thursdays 10am – 2pm

**To attend SpringDale  
Groups you must be a  
member of SpringDale.  
Annual Membership \$12.  
Each group charges  
a small fee ranging from  
\$2 to \$12 per session.**

### Textile Arts & Crafts, Spinning Group

Come along and enjoy quilting, felting/embellishing and mixed media projects, cloth dolls and textile arts.

**Dates/times:** Every Tuesday 1.30pm – 3pm

### Traditional & Digital Scrapbooking

Would you love to organise your precious memories by scrapbooking your photos. Come along and learn traditional and digital scrapbooking solutions. Material list for beginners, tools available for you to use and product available to purchase.

**Day/Time:** 10 April, 22 May, 19 June, 2014  
1pm – 4pm monthly. Next meeting **TBA** **Fee:** \$5

### Write About

A small group of committed writers meet on the 2nd Monday from 2.30pm – 4.30pm.



## Expression of Interest

**Ideas for new courses you might like to learn or you might like to teach**  
*Data Backup, Developing a Marketing Plan, Political Advocacy, Sustaining our environment, Bokashi recycling, Lace Making, Make up Techniques, Cup Cake Decorating, Cake Decorating, Sushi Making, Face Painting for Beginners, Macrame, Car Maintenance, Running a Bed and Breakfast, Goat Keeping, Fingernail Painting, Glass Cutting, Fairy Floss Making.*

**We are always on the lookout for something new to try please contact SpringDale 5253 1960 if you are interested in any of these or maybe if you have the skills to run them.**

### Picture Framing

A workshop for people who would like to frame their prints.

**Dates/times:** 10am – 2pm **Fee:** \$70 **Tutor:** Ron Badenhop

### Ever Regret a Decision Class

This idea was floated in February and we have a few names – still need a couple more for this class to commence. Please let us know if you are interested.

### Financial Literacy

This idea was floated in February and we have a few names – still need a couple more for this class to commence. Please let us know if you are interested. It will probably be on a Friday morning.



## Groups after hours

### Book Club

All avid book readers come and share your opinions and interpretations of selected titles. Meets first Monday of the month at 7.30pm.

### Harvest Basket

Meets 1st Saturday of every month and operates on an honesty system outside SpringDale (inside if wet) to swap home grown vegies.

**Dates/times:** 9am – 10am Swap  
 10am – 11am Vegies available for purchase.

### Men's Kitchen – Wednesday Evening

We will be running a Men's Kitchen every Wednesday evening from 5pm – 8pm.

**Waiting list applies.**

**Facilitator:** Gaylia Lowe

**Fee:** price depends on menu

### Write on Bellarine

A group of dedicated writers meet 1st and 3rd Wednesday of each month from 7.30pm.

### Music Group

Music is played for pleasure, exploration and performance, ranging from pop, jazz, standards and classical. A new music group now meets weekly every Wednesday at SpringDale from 7pm – 9pm.

### Felting

This is not a class but people coming together to enjoy felting. If you're not sure what felting is, just pop in for a look. Further information you can contact Julie on 0409 511 662. **Fee:** \$2

**Dates/times:** 1st Saturday each month. 10am – 3pm

### Making Waves

Play a tune, sing a song or recite a poem and bring along a musical instrument. Special guest acts.

Contact Jill Meehan 0431 606 476

**Dates/times:** 3rd Sunday each month.  
 2pm – 5.30pm. **Fee:** \$6

### SpringDale Open Dance Band

Open to all musicians contact Dennis for more details 0419 543 920. Next scheduled performance at the Family Bush Dance 12 April



## Non SpringDale Classes & Groups

### Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention and direction.

**Dates/times:** Tue 22 Apr – Tue 24 June (10 weeks)

• 9.30am – 10.30am (ball class)  
 • 11am – 12noon (beginners to intermediate floor class)

**Fee:** \$130

**Thur 24 Apr – Thur 26 June (10 weeks)**

• 6.45pm – 7.45pm  
 (beginners to intermediate/advanced floor class)

• 8pm – 9pm  
 (beginners to intermediate floor class) **Fee:** \$150

**Tutor:** Monique MacLeod

**Phone to book:** (03) 5251 2958

**Venue:** Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale.

### Bellarine Woodworkers Inc.

All keen woodworkers have the opportunity to meet on the first and third Monday of the month at 1.30pm at SpringDale Neighbourhood Centre. New members welcome. *Just turn up.*

Our range of courses are diverse and dynamic and may change due to community requests. If you would like to be informed of these changes register your contact details with our office 5253 1960 or email [office@springdale.org.au](mailto:office@springdale.org.au)

**Scheduled Fees:** Courses at nominated rates.  
**Single Sessions:** Incur a \$5 Administration Fee.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



Department of Planning and Community development



Department of Education and Early Childhood Development



## Enrolment & Payment Conditions

### ENROLMENT

To book into a class, **phone (03) 5253 1960**, or call in person, at **SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale, OR**  
 Email: [office@springdale.org.au](mailto:office@springdale.org.au)

- If you hold a current Pension Concession or Health Care card you will receive a 10% discount on full course fees if applicable.
- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

### PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
- If there are not enough enrolments to successfully run a course it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

**Privacy:** The SpringDale Neighbourhood Centre

respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.



## Graeme voted a great speaker

The New Year started off well for our Club with member Ian giving his interesting life story followed by Graeme Robin telling us about his many tours around Europe in his small car, Phe. Graeme bought Phe, a left hand drive Fiat, in England and drove all around Europe and across Russia, also parts of the Middle East, over several years, leaving Phe garaged in England between times. He had many interesting and amusing anecdotes to keep us on our toes during the talk, plus the follow-up questions from many members. His greatest expense was the Qantas flights between Melbourne and London! Graeme was voted one of our most popular speakers.

We are a social club for retirees, and you are welcome to join our regular monthly meetings held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month.

Please contact Dorothy on (03) 5251 3702

or Peter on (03) 5253 2212 for further information.



## Have Stacks of Fun on Pancake Day

Pancake Day is the annual fundraising event that sees members of the community get together and flip pancakes to raise money for people doing it tough. All funds raised from Pancake Day events go directly to Uniting Care agencies operating in local communities throughout Victoria and Tasmania. The focus for funds this year is homeless Australians <http://victas.pancakeday.com.au/about/where-does-the-money-go/>

Please come along and support this great cause with all you can eat pancakes at Drysdale Uniting Church on Tuesday 4 March from 5.30pm – 7.30pm.



Drysdale Seniors

## Enjoying life and the company of others

The Drysdale Senior Citizens Club provides a relaxed environment where people can enjoy the company of others and participate in a wide range of activities including bingo, indoor bowls, crafts, line dancing, luncheons and social outings, special interest activities, trips and tours.

It's a great way to keep active and socially connected.

For any enquiries, please contact (03) 5251 2983



## 2 March - Geelong Highland Gathering

Experience all things Scottish and Celtic at the Geelong Highland Gathering on Sunday 2 March at Deakin University Waurin Ponds Campus. See the highland dancing, pipe bands and haggis tossing, wander amongst a variety of market stalls selling celtic wares, be enchanted by Scottish dogs, wood-chopping competitions and genealogical displays.

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**Where:** McGlashan's Wallington Estate  
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**When:** 5.30 / Tuesday 11 March

**RSVP:** Monday 10 March (03) 5251 1125  
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[drysdale@harveyworld.com.au](mailto:drysdale@harveyworld.com.au)



# 'Having fun at SpringDale Occasional Care'

SpringDale Occasional Care was successful in obtaining a grant from the Bendigo Bank. We were able to improve our outdoor play environment with a *beaut ute* and a *leaky boat* which the children will have lots of fun with. We chose equipment that a number of children can use at the same time to encourage the children to engage in new friendships. Thank you so much Bendigo Bank for making this possible.

At our Mum's Night last year one of our topics of discussion was donating to needy families overseas and the huge price of posting these items. At the end of the night we had a small amount of money left over so we decided to start up a Charity Tub, whereby families can donate everyday food items and when the tub is full the Central Baptist Church will recommend a family in need at the time. This will be on-going and hopefully we can help out many local families. If you would like to donate something, come and see us at the Occasional Care Centre at SpringDale.

SpringDale Occasional Care currently has vacancies for children over 3 years and a waiting list for under 3 year olds.

For enquiries please phone  
(03) 5251 1627.  
Jean and Janet



1-31 March

## Australian Women's History Month



**An Opportunity for Anyone to Explore the Meaning of Life**  
**THE ALPHA COURSE**  
(10 weekly sessions) [alpha.org.au](http://alpha.org.au)

- What is the point of life?
  - What happens when we die?
  - Is forgiveness possible?
  - What relevance does Jesus have for our lives today?
  - How can I make the most of the rest of my life?
- We welcome you to join us for an evening with a difference. Enjoy a great dinner together, meet some new friends, then listen to some enlightening speakers that will challenge your outlook of life!

**Date/time:**

**Introduction:** 2/4/14 **Starts:** 23/4/14 6.30pm – 9pm

**Venue:** SpringDale Neighbourhood Centre,  
17-21 High Street, Drysdale VIC 3222

Any questions? Contact  
Marita Thurman 0402 232 262,  
Anna Leong 0402 019 529

To register:

Contact Brett at SpringDale on (03) 5253 1960  
OR email Anna Leong: [annaseetho@yahoo.com](mailto:annaseetho@yahoo.com)



**Women's History Month (WHM)** is held annually in many parts of the world to acknowledge and document the role women play in making and shaping history.

*Some background:*

Initiated in 1999, with a launch at Parliament House in Canberra by Senators Margaret Reid and Amanda Vanstone and MHR Carmen Lawrence in 2002, Women's History Month Australia has been celebrated annually since.

The success of **Women's History Month** in the USA, a national event since a 1987 resolution of Congress, and in Canada where it was proclaimed in 1992, had inspired this initiative in Australia.

But here, the celebration of **Women's History Month** has remained a series of voluntary endeavours, in recent years encouraged and overseen by a small Canberra-based team.

**For all women it is a very interesting website and it tells of the struggles and**

**conquests of women in industry, politics and many other forums.**

So much more to read so please visit their website [www.womenshistory.net.au](http://www.womenshistory.net.au)



Margaret Fisher, wife of Prime Minister Andrew Fisher, Emily McGowen, wife of the NSW Premier and Vida Goldstein (R) lead the Australian contingent in London's 1911 Suffrage Procession



# Men's Cooking Class - SpringDale

**MURRAY BOND** Age: 85 Born: Hamilton

**Occupation:** Electrical Retailer. Joined Navy aged 17 and trained as signalman

**Hobbies:** Golf and cooking, moved to Clifton Springs 2004

**Favourite recipe:** Mango Chicken

## MANGO CHICKEN

Serves 4 large or 6 average

**700g raw chicken breast or fillets cut into strips (no skin)**

**1 cup (250mls) light evaporated milk**

**500mls mango nectar**

**2 tablespoons cornflour**

**2 tablespoons tomato paste**

**1 onion diced**

**1x425g can mango slices**

**1 teaspoon curry powder**

**2 teaspoons chicken stock powder**

**1 teaspoon coconut essence**

**1 teaspoon garlic crushed**

Saute onion and garlic for 2 minutes in a non-stick fry pan that has been coated with cooking spray. Add chicken and sauté for 5 minutes or until nearly cooked. Combine curry powder, tomato paste and stock powder with chicken, cook for 1 minute. Stir in milk and coconut essence. Blend cornflour with mango juice, add to pan, stir until mixture thickens. Add drained mango slices. Serve with boiled rice or pasta.

**Variation:** Replace mango nectar and mango fruit slices with apricot nectar and canned apricot halves.



## Two Inspirational Aussies plus 1 Pavlova

Drysdale struck Gold on Australia Day by hosting two Australia Day Ambassadors, Bronwyn King and Alistair McCooke, two inspirational Aussies. Alistair, a local and trained paramedic, has featured in several articles lately which have detailed his endeavour to make ECG heart machines more accessible, as well as his ongoing and successful personal battle with cancer.

But it was Bronwyn King who struck a cord with local resident Maureen Green. Not because Bronwyn is a loving mother to Ollie and his baby brother or devoted wife to Mark a New Zealander but a good bloke never the less. Or that Bronwyn is an oncology specialist working at Peter Mac and Epworth or the fact that she has been instrumental in redirecting over a billion dollars of super funds away from tobacco companies and supports numerous other foundations. Or that Bronwyn is particularly proud of her prowess at parallel parking and the fact that as a young lady she won the Lorne Pier to Pub. It wasn't even the love of the Australian language which they both happen to share. The following is an excerpt from Bronwyn's speech at Drysdale "I love the Australian language and vernacular. We meet for events at the "G" or at "Jeff's Shed".

We eat breaky, wear trackies, chuck sickies and throw Uies. We love bangers and mash, and roast chook with vegies.



We wear sunnies and whinge about mozzies and accept the fact that one day we're all just going to cark it".

It was Bronwyn's claim that she had developed a perfect Pavlova recipe that excited Maureen the most. After the official speeches and songs by some very talented locals, Maureen caught up with Bronwyn to discuss pav recipes. Bronwyn and Maureen discussed for 20 minutes the intricacies of the perfect pav and Bronwyn offered to share the recipe with Maureen and our community.

**Copies are available from the SpringDale Neighbourhood Centre and Bronwyn's email address is available as well. She would love to hear how people get on.**



Sunday 2 March

### Strawberry Fair

The Wallington Primary School Strawberry Fair is a great event that provides for all the family. This fun day highlights local produce with a strawberry flavour and will be held on Sunday 2 March from 10am – 4pm at the Wallington Primary School.

## The Drysdale Hotel



- Indoor Kids Playroom
- Beer Garden
- TAB • Drive thru Bottle Shop
- Meals to 8.30pm daily
- Bottleshop 10am – 9pm Sun & Mon  
10am – 10pm Tues to Sat



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[www.drysdalehotel.com.au](http://www.drysdalehotel.com.au)

# CLOSING the loop

Industrial processes are linear. We input raw materials, energy and labour at one end, to receive products and waste as outputs at the other. Over time, waste accumulates and raw materials and energy sources are depleted. The food in our supermarkets is grown using this same linear industrial pattern. Farmers input seed, fertilisers, various chemicals, irrigation water and fossil fuel. The farm outputs crops to feed humans or animals. Without a regular input of nutrients the soil is soon exhausted; waste products accumulate to pollute our land, air and water.

Nature, on the other hand, doesn't work this way. Nothing in nature is linear; everything is circular. Outputs from one process become inputs for another. For example, vegetable matter becomes food for invertebrates, which become food for vertebrates, which excrete waste products, which become food for plants.

One of the goals of Permaculture is to mimic this sustainable, natural cycle, so that our gardens and farms become a closed loop. Ideally, they provide for their own needs



TOP: Lucerne is a great mulch plant – and the bees love it too!  
LEFT: SpringDale can set you up with a Bokashi bin to help close the loop.

rather than needing major inputs from somewhere else.

So as my gardening evolves from a no-frills organic approach to something more like Permaculture, I'm looking for ways to reduce inputs and close the loop. Here are a few of them.

**Dynamic accumulators.** Plants such as comfrey and borage recover nutrients from deep in the soil. When their leaves, stems and roots die and break down, these nutrients become available to other plants.

**Green manure crops.** Legumes and cereals can be grown as a leafy cover crop to shade out weeds, capture nitrogen and carbon in the soil and build organic matter.

Recycling nutrients. Compost, worm farms and bokashi bins are all ways of making sure that nutrients from plant waste stay in the garden, along with a healthy dose of beneficial bacteria.

**Mulch-producing plants.** Some plants such as globe artichoke, comfrey, arrowroot and rhubarb produce bulky dead leaves and stems which help to mulch the soil around them. Others, including wattles, lucerne and tagasaste (tree lucerne) produce large amounts of nitrogen-rich mulch from a small area of land, reducing the need to buy in mulch.

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Debbie 0416 752 994**



# Sustainability

I was lucky enough to attend a Future Proofing Geelong session recently and near the end of the meeting one of the architects shared that one of the easiest things to do is to build houses with white roofs. Ever since that day I have been studying roofs. So few roofs are white, maybe 10% of roofs that I've looked at all over the state. Wouldn't it be great if every new house built had a white roof to ensure the house was cooler in summer and probably warmer in winter.

Just looked at our house which has a whitish-cream roof. We do have ceiling fans but no air conditioner and our house is usually very cool during summer.



During Sustainability Week I gave a quick talk about the Bokashi food scrap recycling system to our Harvest Basket group. A number of members have shown interest in acquiring a bucket to use it at home. I look forward to running a workshop about Bokashi each term. If you are interested, the next one will be on Tuesday 18 March 7pm in the Springdale Kitchen. Please book for this session with the office on (03) 5253 1960.

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# Weekend Plant Sale

A weekend Plant Sale will be held on **29 and 30 March** from 10am to 4pm at the Growing Friends Nursery located at the rear of the Geelong Botanic Gardens behind the Botanic Gardens Office. A large range of plants include perennials and drought tolerant species are all from the Geelong Botanic Gardens and propagated by the Growing Friends.



## Clifton Springs Garden Club

Are you interested in learning more about your garden, sharing information and ideas, and enjoying outings to open gardens with like-minded people? If you answer YES to these questions, then you might be interested in coming along to the Clifton Springs Garden Club.

The Clifton Springs Garden Club meets every third Monday evening at 7.30pm in the Drysdale Uniting Church Hall, Palmerston Street, Drysdale. There is always an interesting speaker followed by supper and socialising. **For further information please call Lorraine on (03) 5251 1660.**

## 29 March - Earth Hour 8.30pm

Earth Hour is an international sustainability movement, where individuals and businesses are encouraged to turn off all lights for an hour. Earth Hour aims to increase awareness of the impact we have on our world through the use of fossil fuels and electricity.

[www.earthhour.org](http://www.earthhour.org)



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# Craig Trewin in charge of Business



**Craig Trewin** has worked in the Plumbing Industry for 35 years. After completing his apprenticeship with a local Portarlington business Craig then started his own Plumbing and Roofing business and traded as Craig Trewin's Plumbing until he began managing Glenvale Plumbing Services (GPS) early 2013. He has vast experience providing services to homes as well as many businesses on the Bellarine Peninsula, Geelong and the Surf Coast. Some of his long term clients are the owners of our local Wineries, Vineyards and Restaurants.

Glenvale Plumbing Services started in 2009 and is part of the Glenvale group that are an established industry leader in the planning and building of new homes and unit developments.

Due to Craig's wide range of experience in the plumbing, roofing and building industry he is able to deliver expert and genuine advice with competitive pricing. The level of service GPS offers along with quality of work and a personal approach is what makes the business stand out from their competitors.

## GPS services include:

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**GPS have a special offer for the month of March 2014.**

**Contact Craig for a free quote  
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## 2 March - Clean Up Australia Day



During a Committee Meeting of the Drysdale Clifton Springs Community Association the subject of a site for **Clean Up Australia** this year was raised. We spoke of sites that have been cleaned over the last 10 years and how many sites now received regular attention by walkers. But there seems to be a few sites near our waterways that are receiving some materials that seem to be in error.

If anyone recognises this painting please call 5253 1960 to claim it.

**Clean Up Australia Day working bee will be held at the Clean Up Aust Day – Clifton Springs Boat Harbour 9am-12noon or McLeods Waterholes 9am-11am.**

Rick Paradise



A discarded painting



19 March

## Harmony Day

Harmony Day 21 March is a day of cultural respect for everyone who calls Australia home - from the traditional owners of this land to those who have come from many countries around the world. By participating in Harmony Day activities, we can learn and understand how all Australians from diverse backgrounds equally belong to this nation and enrich it.

[www.harmony.gov.au](http://www.harmony.gov.au)

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**kel's  
corner**



*Above: Kel Davis and John Grigg*

I am so happy to report that Kel has a whole list of topics for this year and has committed to "keeping one eye open for the rest of the year". We complete five years of stories next month – that means 55 stories Kel has shared with us and we hope this might be the start of a book about Kel's life, Kel's friends and his escapades. Perhaps it might make a good Father's Day gift or Christmas gift if we can get it printed in time. Perhaps there'll be 52 stories one for each week and the rest can be ready for the second volume. Stay tuned for more information about this project as it takes shape.

The Grigg Family honoured us with their time for this month. John Grigg, his wife Betty and daughter Ros shared some time and memories with us. It was exciting to find out that John was born at Coriyule homestead, McDermotts Road and grew up at the Soldiers Home, Crimea Street, both of these buildings being so important in the history of Drysdale.

John Grigg was studying engineering when he joined up to help in the Second World War and became a very young officer. When he came back he was offered a trial with the Geelong Football team. He said "I was offered a trial on my father's reputation and left on my own". John remembered his family always trying to cram as many things as possible into their minutes which often

meant they were late. John remembers one day when his father, Dick Grigg, a great Geelong footballer who won 4 Best and Fairest awards, was running late to catch the Edina from Portarlington to Geelong for a football match. Dick, driving the horse and jinker to the pier saw the Edina steaming off. Captain Moxley saw through his eye glass Dick arrive at the shore and being a great Geelong supporter turned the ship around to ensure Dick would make the game.

John was the Assistant Shire Engineer at Tatura for many years and ran the family orchard in Wallington for the end of his working life. Kel and John recalled the beautiful Moorpark apricots he used to grow. Kel and John reminisced about Morrie Jacobs and his sales techniques, they spoke of pies costing tuppence from Kingsbury's shop in Drysdale, they talked about the McKiernan family – John remembered there being 13 children and Kel thought they had lost count.

Kel brought up some stories about John's brother Bill and they talked about the war, his escape and his re-entry of Drysdale during an end of war celebration. They talked about Bill Grigg's invention of the Progress Potato Digger and many other memories.

Thanks John, Betty and Ros for taking the time to share your time with us.  
**Kel Davis and Anne Brackley scribe.**

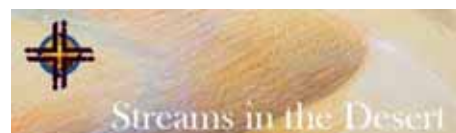


## Thank you to CoGG

Thank you to the City of Greater Geelong for deciding to adopt the Jetty Road roundabout – well done to Anne Brackley and the DCSCA committee for encouraging this to happen.

Hoping the Council might think about tidying up some of the dead trees from Lake Lorne while the tide is lower, to enable the entrance to the town to be a bit more inviting for residents and visitors alike.

**Mel** a concerned Drysdale resident.



7 March

## World Day of Prayer

The **World Day of Prayer Service** will be held at the **Uniting Church, Drysdale at 10.30am on Friday 7 March, 2014**. The theme for this years' service is Streams in the Desert and has been arranged by the women of Egypt. All interested are invited to attend and meet for tea and coffee afterwards in the Church Hall.

## Do Not Call Website

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# Justice of the Peace Service

**Mondays and Wednesdays  
9am – 12.30pm  
No appointments required.**

A new free program at SpringDale Neighbourhood Centre, signage of all categories of documents that need witnessing.

**Mondays and Wednesdays 9am – 12.30pm.**

This is a successful service offered in Geelong, Corio and elsewhere in Victoria and is now being offered in Drysdale at SpringDale Neighbourhood Centre, 17-21 High St, Drysdale.

**Another service at SpringDale Neighbourhood Centre supporting our community since 1989.**



Above: Lisa Neville MP, and Justices of the Peace at the launch Monday 3 February 2014



Left: One of our first customers – Ivan Hawthorn Esq BEM JP FI10 and Jan Bell who needed a document witnessed, during the first session.

## ADRIAN E MANNIX COMMUNITY SERVICES AWARD



Nominations are currently open for the 2014 Adrian E. Mannix OAM Community Service award. Nomination forms and criteria guidelines are available from SpringDale. Nominations close on March 31, 2014.

The award is an opportunity to recognise the voluntary efforts of individuals made in the local communities of Clifton Springs, Drysdale, Indented Head, Portarlington and St Leonards.

The Drysdale Rotary Club, Portarlington/Drysdale Lions Club and SpringDale Neighbourhood Centre have joined together to provide this award, in memory of the contribution made by Adrian E. Mannix O.A.M. The winner will receive a trophy and \$500.00 to donate to the charity/cause of their choice.

## CWA Ladies, showing respect, caring and sharing in their lives

**Vale - Ev Young 8/7/24 – 7/2/14**

Ev was a life member of Drysdale CWA with more than 60 years of service and to watch the Drysdale CWA in action as they catered for 200 people at Evelyn Young's afternoon tea was exhilarating, and Ev would have loved it. Florrie Beck, more than 90 years young, was in charge and everyone respected her lead. I was fortunate to say the *Collect* in the Uniting Church with the CWA. I thought it was beautiful and worth sharing with our community. Even if we only took note of the last line I'm sure our lives would be much



happier. Ev was very proud that "There are now six generations of the Martin Family buried in the Drysdale cemetery".

**Anne Brackley** Honorary CWA member for the day.

### COLLECT

*Keep us, O Lord, from pettiness, let us be large in thought, word and deed.  
Let us be done with fault-finding and leave off self-seeking.  
May we put away all pretence and meet each other face to face,  
without self-pity and without prejudice.  
May we never be hasty in judgement and always generous.  
Let us take time for all things; make us grow calm and serene and gentle.  
Teach us to put into action our better impulses, straightforward and unafraid.  
Grant that we may realise that it is the little things that create differences;  
that in the big things of life we are one.  
And may we strive to touch and know the great women's heart common  
to us all; and O Lord God, let us not forget to be kind.*

**Marie Stewart**



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# SPORT

## Drysdale Soccer Club stepping up recruitment for 2014 season

Player numbers are building up nicely for the clubs senior men's and women's teams as they prepare for the 2014 outdoor season, but if you fancy coming to play for a friendly community club where no previous experience is required, we will have space for you and will make you very welcome! The men's teams play their games on Sundays while the women's teams compete on Saturdays, with the season usually running between late April and early September. For further information on men's soccer, contact **Jarrold Gladman on 0431 215 722**, for women's soccer contact **Steve D'Acunto on 0448 419 188**.

Junior soccer training is also about to kick off; we have teams for both boys and girls of all abilities. Training for juniors is on Wednesdays in Drysdale or Clifton Springs and social competition takes place on Sunday mornings.

Contact **Marty Bluml on 0408 109 647**, or **Paul Rawson on 0414 461 112** for junior soccer.



The club would like to express its thanks to Lisa Neville MP, Portarlington Community Bank Branch of the Bendigo Bank and Councillor Rod MacDonald for their continued support of the club.

See our updated website at [www.drysdaleasc.com.au](http://www.drysdaleasc.com.au) for further information.

## Hockey Bellarine Launches

We are very excited to be launching our new club Hockey Bellarine. The purposes of Hockey Bellarine is to allow people from in and around the Bellarine Peninsula the opportunity to participate in hockey and enhance their health and wellbeing through organised sport.

We have been encouraging families to participate in the great sport of hockey since last year with weekly skills and fun sessions and during the winter we held a highly popular and successful minkey program. Minkey allows young children to play hockey on a smaller pitch and be supported by

umpires and coaches as they practice their skills and learn the rules of the game. We had two very eager teams who competed each week.

With our season launch on **Friday 28 March** we will be at St Ignatius Gillies Street entrance. Hockey Bellarine is pleased to launch our minkey program for 2014, an under 13 team, an under 15 team and a women's division 1 team to play in the local Geelong competition. **If you would like further information about joining our club please contact Mel Bowe on 0409 025 195 or Gillie Pasque on 0439 309 081.**



### Walk to D-Feet MND

A family day to raise funds for research into Motor Neurone Disease by walking together and supporting one another on **Sunday 23 March** at the Barwon Valley Fun Park, Belmont.

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