

# The SpringDale

April 2014 Volume 24 Issue 3

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Photography courtesy George Stawicki

## What will it be like in Drysdale once the Ring Road is in place?

The heart of our town will be decongested – traffic trying to traverse to other towns on the Bellarine will be able to travel at higher speeds than is legally allowed at the moment, giving room for the purposeful traffic to stop and shop in a relaxed comfortable manner. The Drysdale Urban Design Framework can be enacted which has specific requirements for developments that may come up along Murradoc Road.

During ANZAC Day the traffic would be

lessened near the Cenotaph during the wreath laying ceremony. Maybe the traffic will respectfully stop for the 15 minutes as many of us have tried to achieve. People might be able to get out of their driveways during the mornings and afternoon rushes.

To ensure that this important piece of infrastructure is built, we all must have this road as our highest priority for the State election to be held in November this year. Maybe this new Road could be called Wathaurang Way?

SpringDale and so many of our community members have registered this piece of infrastructure as their top priority and we will need a

this piece of infrastructure as their top priority and we will need a working party to help progress this conversation until the State election.

If you would like to be part of this team please contact SpringDale email office@springdale.org.au or phone (03) 5253 1960. Anne Brackley

ANZAC DAY Pages 6 &7 BUSH DANCE SPRINGDALE SAT 12 APRIL Page 8

ROTARY ART SHOW EASTER Page 18 BELLARINE PHOTOGRAPHY COMPETITION Page 18 TERM 2 COURSES AT SPRINGDALE CALL 5253 1960 FOR MORE INFO

# Community CALENDAR

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE for May 2014 Bookings/copy required by 1 April 2014 Dist: Sat 26 April Circ: 7000 copies



#### MAY

Thursday 1, Friday 2, Saturday 3Rea TATA SHEDThe Feast of La Gypsy ArgentinaPotato Shed 8pm

Learn

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SpringDale Neighbourhood Centre Inc. acknowledges the support of:

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Victoria Department of Planning



Victoria Department of Education





#### Dear Everyone

What is a strength? We often refer to people's strengths, something you can do well, something you can do consistently, something you can do sincerely and with energy. Can you list five of your strengths? Pick up a tick sheet or ask to have one posted to you to help with this. Please phone SpringDale on (03)5253 1960.

SpringDale has strengths and I believe our strengths are Curiosity and an Interest in the World, Perspective, Perseverance, Diligence and Industry, Kindness and Generosity, Fairness and Equity, Hope and Optimism. All of these strengths are provided by the staff, both paid and unpaid, who help make the SpringDale programs and activities happen. Having these strengths means that SpringDale can support, nurture and empower our community to do great things.

Many people have shared what SpringDale means to them on how their life has changed since walking through the door to attend a class, be part of a group, be welcomed to the area, use an administrative service, book an ad in the Messenger or have a family member enjoy some hours at Occasional Care.

I personally receive such wonderful comments about our monthly SpringDale Messenger from various members of our community and people who are house bound. People who are looking for assistance, people who have spare hours and people who wish to advertise their business.

Hundreds of hours are spent trying to make each copy of the SpringDale Messenger better than the last. Thanks to everyone who sends in articles and shares information and dreams with our community so we can move forward together.

We are trying to increase our inclusiveness by enabling people to participate in activities

happening at SpringDale while being in their own home, due to a mobility difficulty or because of caring responsibilities.

The number of carers who wish to participate in activities from their home grows steadily. Each week we learn of another person who would like to participate in activities in this way and we are striving to meet this need. We are about to trial a few options and would love some more support, to be able to support our community. Please let us know if you would like to help.

Thursday mornings has become the morning when we offer one on one help to people with mobile phones. We have been able to help a few people with a variety of phones so far. Please book in if you would like some help with your mobile phone.

A strength that we don't have at SpringDale at the moment is to be able to help with Russian conversation. We have a new member of our community who would like to be able to speak to other Russian speaking people. If you can help us please contact SpringDale so we can talk about what might be possible.

The new Family History Group is going well. A few very interested people are meeting at SpringDale on Thursday mornings to research their own heritage. All welcome.

Sincere thanks to those who have registered their interest in being part of a new Community Garden. We have definitely received sufficient interest to get it started and would welcome more people to join this embryonic group which is just starting.

Thank you again for reading this and responding positively - the positive energy continues to help all parts of our community.

#### Anne Brackley

For the whole SpringDale Team.



**UPDATE** @ **SPRINGDALE** 

#### iPads are back

Due to popular demand we have scheduled another iPad like Tablets Android or Windows (Samsung, Acer, Bauhn, etc). Have you been given or have just bought an iPad like device and not sure where you start? This could be the course for you. Learn how to use basic tablet functions, practice scrolling, learn about apps and much more in a fun supported environment. Please let the office know the type of device you have when you register.

#### Skill Level: Beginner

Dates/Times: Wed 30 Apr – Wed 18 Jun 4pm - 6.30pm (8 sessions) Fee: \$160 or \$55 conc Tutor: Jonathan Harris JNH Software P/L

#### **Financial Industry** Literacy Learning

Unravel the acronyms, mnemonics and special financial speak of the finance industry. Learn the literacy of financial markets. Learn how Capital Investment, Project Financing and personal superannuation works. Dates/Times: Fri 4 Apr – Fri 18 Apr 10am – 12noon Fee: \$60 or \$55 conc Tutor: Dr John Cottle PhD



### Monday 5 May at 10am. Morning tea for home based businesses

If you have a Business that you run from home you might like to come to a networking event at SpringDale. We have been holding Networking Breakfasts for 9 years and would like to hold a morning tea for Home Based Business people. The first one will be Monday 5 May at 10am. **Cost \$5**.Please bring along business cards and a good idea to share. RSVP (03) 5253 1960.

*Come and Join the fun.* Next Bush Dance Saturday 12 April at SpringDale. See page 8



#### ALCOA

Following the news of the closure of Alcoa Point Henry, the first priority is to support the workers and their families, many of whom live in the Bellarine, as they face the emotional and financial impact of losing their jobs. The closure will have a flow on effect throughout the community and it is important that the Government to take immediate action to support the workers who have lost their jobs and work with industry to develop new opportunities in the region.

As the Member for Bellarine, I have and will continue to work with the community and business to see the right support and opportunities are available for the workers affected by the imminent closure of Alcoa.

#### **Bellarine Agricultural Show**

It was an honour to be invited to officially open the Bellarine Agricultural Show held at the Portarlington Recreation Reserve on the Labour Day long weekend. Every year, the show attracts crowds of people and it serves as an important forum for the Bellarine rural community. It's great to see so much on display from local produce to farm animals, machinery, arts and crafts. The show is a credit to the Bellarine Agricultural Society and all the volunteers who work hard throughout the year to make the show the success it is today.

#### **Festival Of Glass**

Congratulations to the Drysdale and Clifton Springs Community Association and all the volunteers on another very successful Festival of Glass. The Christian College auditorium is a fantastic venue for the festival and it was great to see such a huge number of people attending this event that has now become a major event for the Geelong and Bellarine region.

#### Jirrahlinga Koala and Wildlife Sanctuary

As patron of Jirrahlinga Koala and Wildlife Sanctuary in Barwon Heads, I want to thank those Bellarine residents who responded to my request last year to visit the Sanctuary, make a donation or offer to volunteer at the Sanctuary. I am pleased to report that Jirrahlinga has managed to remain open and continue its worthy work, but they need your continuing support.

I would like to encourage those who haven't already visited to make time to take the family to experience this wonderful wildlife centre. Alternatively, you can support Jirrahlinga as a volunteer or by making a tax deductible financial donation. For more information, visit www.jirrahlinga.com.au, Taits Road, (PO Box 1079) Barwon Heads 3227, phone (03) 5254 2484 email tehree@bigpond.com.

#### **Fire Levy Reforms**

On behalf of many Bellarine residents, I raised the issue in Parliament of some properties being levied at the commercial rate rather than the residential rate under the new Fire Services Levy (FSL).

It was great news that the State Government have finally listened and made changes that will make the levy fairer for some Bellarine residents who have been hit with large increases in the levy. However there are still people with significant levy fees and I will continue to advocate in Parliament for further reforms to the FSL.

#### TWITTER

You can follow me on Twitter @LisanevilleMP

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

#### Hon Lisa Neville MP

Member for Bellarine lisa.neville@parliament.vic.gov.au (03) 5248 3462

## Signing service

The signing service being offered is starting to gain momentum. A Justice of the Peace is available to sign Statutory Declarations, Certified copies, Affidavits, Police Checks and other legal documents that require witnessing. This service has been well received by our community and we look forward to the momentum of this service continuing to grow.

Monday and Wednesday mornings 9am - 12.30pm. Thank you to the JPs for donating their time to this free service.

# **Rooms for Hire**

# SpringDale has rooms both large and small for hire.

The 100 year old hall holds up to 150 people, other rooms hold between 20 to 50 people. Commercial kitchen, welcoming foyer and other spaces.

All rooms are available to hire in accordance with our Policies and availability.

For further information please call SpringDale (03) 5253 1960.

DCSCA Public Meeting Wed 30 April. 7pm Traffic to flow in Drysdale All Welcome



# First season shows a hit

Audiences were not disappointed with the first of our season shows, the romantic comedy, *They're Playing Our Song*. A delightful way to begin what is set to be a very exciting season ahead.

Another charming children's play is set to entertain the kids this school holidays. *Totes Ma Goats* is an original musical play written and produced by Sally Pearson who brought us *Bread and Butterflies* (2012) and *Roger's Jolly Pirate Adventure* (2013). We hope to see you this season on the farm.

Morning Showtime will this month feature *J F Archibald*, a gripping biography of an extraordinary man who brought Patterson and Lawson to The Bulletin. His life is told in images, narration and song.

Xavier McGettigan and *Attitude Dance* will be presenting a very special Anzac weekend performance of *A Shadow to the East* the dramatic tale of the lives of a small village that is torn apart by a once-distant war. Set in another world, the cast explore the emotion and devastation of war through dance.

The Feast of La Gypsy Argentina rolls into town in the beginning of May. This event will offer a gypsy feast of stupendous and fantastical stories delivered in outrageous frocks with gypsy music. All this will be further enhanced by sumptuous flavours featuring the best of local produce, wine and providores.



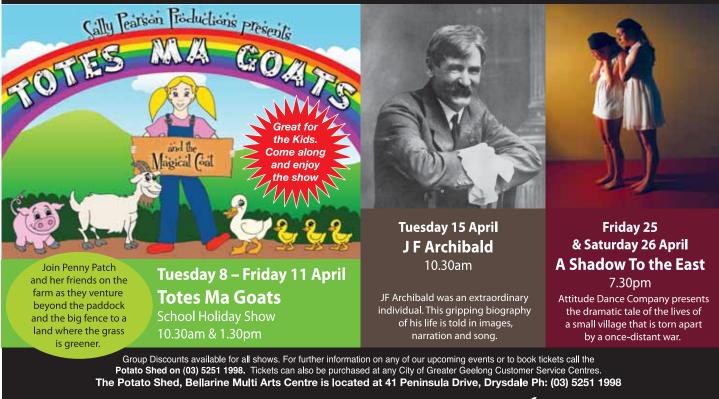
A lot of patrons have jumped on board with the VIP passes, it's not too late to secure your VIP prices on our season. You can check out these discounts on our already fantastic prices in our 2014 Season brochure.

For all other events and information about the **Potato Shed** be sure to visit **www.geelongaustralia/potatoshed** or like the **Shed's Facebook page Facebook/The-Potato-Shed.** To book your next night out at the Potato Shed simply or call the **Shed directly** on **(03) 5251 1998.** 

ONE FAMILY PASS TATA SHED Cally Pearisin Richardsins presents TOTES COATS 8-11 April Totes Ma Goats School Holiday Show 10.30am & 1.30pm To enter fill out the coupon, send or deliver to: SpringDale Neighbourhood Centre High Street, Drysdale Name: Address Phone No: (03) COMPETITION CLOSES 3PM ERIDAY 4 APRIL

Whats' on at the Shed APRIL 2014

Tuesday 8 – Friday 11 April **Totes Ma Goats** School Holiday Show 10.30am & 1.30pm \$9 per ticket \$32 family (4) Tuesday 15 April **J F Archibald** 10.30am \$15 includes morning tea. Friday 25 & Saturday 26 April **A Shadow To the East** 7.30pm All Tickets \$25 VIP Tickets \$20 Thursday 1, Friday 2, Sunday 3 May **The Feast of La Gypsy Argentina** 8pm Adult \$36 Conc \$32 Groups / VIP: \$28





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## 100 Years Of ANZAC. The Spirit Lives. 2014-2018

ANZAC Day is the solemn day of remembrance of those Australian and New Zealand Army Corps soldiers who fought and died at Gallipoli in 1915. It is also a day of remembrance for all soldiers who died while fighting for their country. It is celebrated on 25 April each year, regardless of which day it falls.

The Australian Imperial Force (AIF) was formed in 1914. It was an all-volunteer expeditionary force that first served in the south-west Pacific and New Guinea, seizing German outposts. In November 1914, the AIF departed from Western Australia for Egypt to head off the Ottoman forces.

To support forces at the Western Front, the Allied forces needed to open a supply route to Russia and the key land platform they could use was the Gallipoli Peninsula. The British and French made attempts during February and March using battleships. Despite some success, mines and torpedoes damaged several ships.

On 25 April 1915, the combined Australian and New Zealand Army Corps joined the Allied Forces on the Gallipoli Peninsula for a catastrophic battle that lasted until January 1916. Of the more than 130,000 casualties during the Gallipoli Campaign, 8,709 were Australian and 2,721 were New Zealanders. Over 25,000 returned as wounded to the two countries.

On ANZAC Day, ceremonies are held in towns and cities across the nation to remember all

#### **ANZAC DAY FRIDAY 25 APRIL 2014**



Australians who served and died in all wars, conflicts, and peacekeeping operations.

During 2014 to 2018 Australia will be commemorating 100 years of ANZAC.

To mark this special event the Drysdale RSL Sub Branch will be holding our ANZAC Service on Friday 25 April 2014.

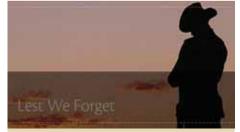
The service will be held in the Assembly Hall at the Drysdale Primary School commencing at 10am. This will be followed by a march and wreath laying ceremony at the Cenotaph in High Street at 10.45am.

The Drysdale R.S.L. committee and members would like to invite the community to join us on this solemn day. Light refreshments will be served at the R.S.L. hall after the ceremony.

All welcome







## ANZAC Day APPEAL

The **ANZAC Day Appea**l is held each year. All members of the community are encouraged to wear ANZAC tokens to honour the memory of those who sacrificed their health and their lives, so that continuing generations may live in a free country.

Everyone is encouraged to buy a badge and wear it with pride.

LEST WE FORGET



The Cenotaph in Drysdale adorned with wreaths and flowers in remembrance of the fallen. LEST WE FORGET



## Historical mural finds a new home

Story Courtesy: Mufti Magazine/March Issue Approved by Dr Rob Webster, ANZAC House. Melbourne

In 1969, the then Premier of Victoria, R J Hamer, commissioned the State and RAAF War Artist, Harold Freedman, to create a mosaic depicting the sociological history of the region of Geelong and its surrounds. The mosaic, which is 20 metres wide and three metres high, was completed in 1972 and remains on the foyer wall of the old State Government office building in Geelong.

Harold Freedman later reproduced the centre portion of the mosaic as a mural, painted on a canvas set with wooden backing, and this was on display in the old Barwon Heads RSL Sub-Branch for many years. How it got there remains a mystery.

The mural shows the advent of World War 1, with the birth of ANZAC represented by a group of soldiers, sailors, airmen and a nurse. The soldiers wear the colour patch of the 8th Battalion 1st AIF; a unit from Geelong district. Many of them later became soldier settlers in this district; so tractor and harvest threshers of that period are also represented. In addition, the mural depicts the building of the Great Ocean Road, which was constructed by men who returned from the war.

With the amalgamation of Barwon Heads and Ocean Grove Sub-Branches some four years ago, and the subsequent disposal of the Barwon Heads property, the future of the mural was, for a time, in limbo.

Fortunately the Queenscliff/Point Lonsdale Sub-Branch expressed great interest in the mural and had an excellent display area within their Sub-Branch building. Suitable insurance was obtained, as the mural was privately valued at \$30,000, and both Sub-Branches agreed on the wording of a simple longterm loan arrangement. The mural is now on display in the Queenscliff/Point Lonsdale Sub-Branch.

So if you are planning a visit to see the Military Museum in Fort Queenscliff, perhaps consider a short walk to the Sub-Branch to view the mural as well. **David Gilroy** 

Thank you MUFTI Magazine for allowing us to pay forward your story and let a wider part of the community know the whereabouts of this wonderful mural.





## **Course updates**

#### Will I Ever Really Feel Settled here

Have you made a decision and then regretted it later? Then you realise that the alternative is not what you want either. Moved to the Bellarine but feeling Will I ever be settled here? Learn more about facing these questions and understanding your answers. Dates/Times: TBA

Fee: \$55 or \$50 conc

Tutor: Della Broderick-Brown.

#### Being Mindful - an introduction to mindfulness meditation

Mindfulness is based upon an ancient Buddhist practice that has profound relevance for our present day lives. This relevance has nothing to do with adopting Buddhist beliefs of becoming a Buddhist, but it has everything to do with waking up and living in harmony with ourselves and with the world. Mindfulness simply means paying attention in a particular way, on purpose, in the present moment, and non-judgmentally. This 8-week course will provide a reliable grounding in on-going mindfulness practice. Each session will provide simple ideas about the concept of paying attention in the present moment, followed by practical

mindfulness exercises. An information session will be held on Mon 28 April 1.45pm-3.15pm Dates/Times: Mon 5 May - 30 June 1.45pm-3.15pm (8 sessions) Tutor: Dr Max Simmons Fee: \$80 or \$55 conc



Ortho-Bionomy is a registered trademark of Ortho-Bionomy Australia Ltd and is used with permission

#### **Ortho-Bionomy Self Care Class**

Learn how to ease pain and tension in most areas of your own body by using restful and comfortable positioning. Dates/Times: Wed 23 and 30 Apr, 14 & 21 May 10am-3pm (4 sessions) Fee: \$330 or \$55 conc Tutor: Dr Allison Baensch PhD Venue: SpringDale

#### **Ortho-Bionomy Exploration of Movement Patterns**

Discover how to recognize patterns of joint and muscle movement, free up the body and promote a general sense of well-being.



Dates/Times: Wed 28 May, 11, 18 & 25 Jun 10am-3pm (4 sessions) Fee: \$330 or \$55 conc Tutor: Dr Allison Baensch PhD Venue: SpringDale

#### List of things for the Ortho-Bionomy Classes:

A yoga mat, sheet, pillow and blanket A copy of Luann's book: Ortho-Bionomy: A Path to Self Care - Luann Overmyer. ISBN: 9781556437915 Published: 01/01/2011 Imprint: North Atlantic Please bring lunch for each day.and wear comfortable, loose clothing such as tracksuit pants so you can move freely.

Dig for Gold

## Thank you Bendigo Bank



Thanks to the Drysdale Branch of the Bendigo Bank and Bendigo Bank Foundation for providing the funding for a sound system for the new SpringDale Bush Band. The system was used during the January Bush Dance and has been used during a number of other events so far this year, including our monthly Making Waves folk group and our quarterly Business Breakfast.



The SpringDale Bush Band has grown from 5 or 6 members in October 2013 to more than 30 musicians. Our SpringDale Bush Band practises weekly and is helping so many people to enjoy sharing music together.

The Band looks forward to perming at the next SpringDale Bush Band on Saturday 12 April 7.30pm. All very welcome.





SpringDale Messenger - Sometimes you need to dig for gold. My Messenger was in amongst a number of leaflets - but I knew it should be delivered so I looked for it.

The Messenger is delivered in the last weekend of the month ready for the following month. So the next SpringDale Messenger should be delivered on the Saturday 26 April or Sunday 27 April.

It is delivered to most of Drysdale, Clifton Springs, St Leonards and shop delivered to Portarlington, Indented Head, Leopold and Ocean Grove.

We can email you a link to the new Messenger when it comes out or for \$25 a year you can become a member and we'll post it to you as well.

Anne Brackley

# **Contributing to Local Communities**

The main focus of our work as a community bank is to contribute back to the local communities on the Northern Bellarine. We do this in various ways including sponsorships, involvement with community events and through our annual grants program.

This year's grants program has contributed over \$55,000 back into the Northern Bellarine communities including a grant of \$6,000 to Saint Ignatius College in Drysdale.

The grant was requested to enable the school to install safety padding to the hall at Saint Ignatius College after an injury of fractures in both arms of a student after they collided with a wall.

With student numbers at the school expected to reach over 1200 by 2015 and multiple community groups utilising the space, the community bank agreed that safety of students and people associated with the community groups using the venue was paramount and agreed to grant the funds requested to install padding on walls and support beams which in turn improves the safety of all users of the venue.

Your Community Bank Managers are able to offer you a full range of banking services. Contact Ian Faulkner, Portarlington Community Bank, 44 Newcombe Street, Portarlington, Ph: (03) 5259 3266 or Craig Taylor, Drysdale Community Bank Manager, 1/13 Hancock Street Drysdale Ph: (03) 5253 3192 to discuss all your banking needs, and to help support your community.





Left: Craig Taylor, Drysdale Community Branch Manager presenting the grant cheque to Mr. Michael Exton, Principal, St.Ignatius College, Drysdale.

The SpringDale Singers, the longest running group of SpringDale Neighbourhood Centre, thanks Drysdale Branch of Bendigo Bank for their support to purchase new music for the group. Bottom left: Margaret Freemantle member of the SpringDale Singers, Craig Taylor Manager Bendigo Bank Drysdale and Gerald Edgar SpringDale Singers Group Leader.

# nevillerichards

Introducing our Clifton Springs and Drysdale representative

## Rhonda Humpage

Rhonda is a fifth generation Drysdale local with extensive knowledge in residential and rural sales. For a free property appraisal or general real estate advice please contact Rhonda on

> 0457 313 609 rhonda@nevillerichards.com.au



St Leonards 1377 Murradoc Road

## 5257 1778 nevillerichards.com.au

Portarlington 86 Newcombe Street

# Health & Wellbeing



Healthy

Ginger has been used in China for over 2,000 years to help digestion and treat diarrhea, nausea and stomach upsets. Today ginger is widely used throughout the world for treating loss of appetite, nausea, flatulence, stomach upset and motion sickness. In some parts of the world, ginger juice is applied to the skin to treat burns. Ginger is believed to have anti-inflammatory qualities that may relieve swelling and pain. Fresh ginger is used for asthma, coughs, colic, heart palpitations, swellings, dyspepsia, loss of appetite and rheumatism. As a tea it is said to ease headaches and sore throats or assist if you have a cold or flu. If taking ginger, it may interact with some prescription medications, so it would be appropriate to consult your Doctor. Sit down, relax, and drink some ginger lemonade or eat a piece of ginger cake.

## YOGA and CHAIR YOGA

I am receiving some great feedback about our Yoga classes and especially our Yoga on Chairs class. This class is for people who are getting back into Yoga or who find it a struggle to get down onto the floor. Current participants have given this class significant praise.

#### Yoga on Chairs

Would like to do Yoga but would feel more comfortable sitting. This course may be you. Dates/times:

Mon 28 Apr – Mon 23 June 11am – 12 noon (8 sessions) **Fee:** \$90 or conc \$81



## **Corrective Chiropractic Bellarine**



caring for family health and wellness ...

"Caring for our bodies means caring for its architecture – the spinal cord that keeps us upright, mobile and strong. Maintaining a quality lifestyle through regular

spinal care helps us reach our potential," says Dr Sharon Pedersen-Jones.

One of the biggest fears we can have is speaking in front of strangers. In high school It was daunting, but these days it's not so hard as I've got an important message to share.

Recently I spoke to some workers in a factory, many of whom had suffered Injury on the Job. I was invited to help prevent future mishaps. Some workers laughed when the boss introduced me as the local Chiropractor, saying that nobody there had a 'bad back'. So I decided to share a story that changed their thinking about chiropractors only being needed for 'bad backs'.

On 18 September 1895 in Iowa, a janitor named Harvey Lillard stopped to talk with a Dr Palmer who was working late in his clinic. Lillard told Dr Palmer that 17 years ago he bent over and heard a 'pop' from his back, after which he became almost deaf. Fascinated, Dr Palmer tested a theory he was researching. He examined Lillard and found a lump on his back. Palmer recognised it as a badly misaligned vertebra and reasoned that since it occurred when Lillard went deaf, that restoring it to its proper position might also restore Lillard's hearing. Dr Palmer performed an adjustment by pushing the vertebra back into its normal position. What happened next changed history. Lillard went to the open window and heard a sound he hadn't heard for 17 years - the clatter of horse's hooves.

**Chiropractic was born!** Today, Chiropractic is one of the fastest growing healing professions in the world, over 6,000 Chiropractors world wide serving over two million people every day.

People see Chiropractors for help with headaches, migraines, chronic back pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, asthma, allergies, numbness in limbs and sports Injuries Just to name a few things. While Chiropractors receive thanks for helping people with many of these problems, they cannot take this credit.

The truth is that Chiropractors have never healed anyone of anything. What they do is perform a specific adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that.

When spinal bones shift out of alignment, they can choke messages running through the tiny nerves that exit the spinal cord. Chiropractors call this Vertebral Subluxation. Tension from prolonged or unusual patterns of sitting and standing, strain from walking, exercising or sporting injuries and stress from personal, professional or emotional tension all affect our body's alignment and can cause dysfunction.

The only way you and your family can know If your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Often this happens without symptoms as only a small percentage of our nervous system carries or perceives pain.

Our body can be heavily stressed without any alarms with or bells going off.

The only way you and your family can know If your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Normally our new patient examination costs over \$210, but readers of The SpringDale Messenger can receive our complete consultation (along with x-rays if required) for only \$47.

To take advantage of this offer, you can phone my assistant, Liz, on (03) 5253 2800 and schedule an appointment. By bringing In the coupon below, you will receive your special offer of only \$47 for a comprehension consultation. I look forward to meeting you and helping you and your family achieve optimum health.

Dr Sharon Pedersen-Jones, Chiropractor

## **BONUS OFFER**

Preservick YES! I would love to receive a complete consultation for only \$47. I would like to make an appointment as soon as possible.

Please contact us on 5253 2800 or call into our office, Corrective Chiropractic Bellarine, at 13 Dumburra Ave, Clifton Springs to take advantage of this offer.

APRIL 2014 SPRINGDALE MESSENGER

## <sup>4-13 April</sup> National Youth Week

National Youth Week is an annual, week long celebration of young people (12 to 25) throughout Australia. National Youth Week encourages youths to share ideas, attend events, discuss youth issues, showcase their talents and even have a bit of fun. youthweek.com



#### **Drysdale Hawks**

It is football season once again and time to show your support for your local footy team. No doubt that this year there will be plenty of hard hitting action, some impressive kicks and remarkable goals. Round 1 for the Hawks is away against Queenscliff on 5 April, Round 2 is home against Modewarre on 12 April, Round 3 is away against Ocean Grove on 19 April and Round 4 is home against Portarlington on 25 April. *Go Hawks*.

#### Go Hawks.



# <sup>6 April</sup> Daylight Saving Ends

Be alarmed! Change your smoke alarm battery!!



Victoria's period of Daylight Saving will end on **Sunday 6 April 2014**. At 3am, please move your clock back one hour. It is also a good time to change your smoke alarm battery.

Working smoke alarms provide vital early warning in the event of a fire. When people are asleep, they can't smell smoke. Smoke alarms are essential to wake people if a fire breaks out; they give occupants early warning and time to evacuate safely. www.changeyourbattery.com.au

## <sup>18 April</sup> Good Friday Appeal



The **Good Friday Appeal** is a unique fundraising activity that brings together people from all parts of the community in a very special way. The common goal is to raise money for The Royal Children's Hospital in Melbourne.

goodfridayappeal@heraldsun.com.au www.goodfridayappeal.com.au



## Letters to the Editor

#### **Traffic Chaos**

After all the building in and around Drysdale/Clifton Springs I was worried after the recent bushfires/grass fires how the Peninsula would be evacuated. My worries were compounded by the recent Mussel Festival in Portarlington, when the traffic in ended up at the Grubb Road roundabout, jamming up both roundabouts in Drysdale. Then I read St Leonards were to get more houses without the access issue being addressed like the long planned Drysdale by-pass. **Michael Barnard** 

#### **Thank You**

The office staff at SpringDale would like to thank Gwynne from *Spoilt Rotten* for her help in locating the owner of a lost dog during the storm last Tuesday. She braved the rain and wind to come to our assistance.

#### Sue, Brett and Anne

Send your letters to: messenger@springdale.org.au

#### Sunday 13 April

# Clean up for a good cause

There's still time to donate unwanted household items to the **Portarlington/Drysdale Lions Club's annual Trash and Treasure Garage Sale** to be held on **Sunday 13 April** 

**2014**. All manner of goods in good condition, including household and outdoor items, china, tools, books, bikes and bric-a-brac will be gratefully received.



The sale will be held at the 'Green Shed' adjacent to the Gellibrand Street entrance to the Portarlington Lions Village (MEL 444 J8). All proceeds will go to assist local charities and organisations. To arrange for goods to be collected, call **Lion Robert on (03) 5259 3113** or **Lion Bruce on (03) 5259 3080**.

Please note that regulations preclude us from taking electrical goods or mattresses.

To enquire about joining Lions, call **Roger Sanders on (03) 5259 3010** or email **pdlionsclub@hotmail.com** 

# Sci-fi Group

Over the last 4 years we have held 3 Science Fiction, Anime, Cos Play days. Lost in Space has had a solid presence in each day with Thunderbirds, Dr Who, Star Trek and a variety of other popular culture shows being featured. If you are interested in progressing this idea in 2015 we'd love to hear from you. **Phone SpringDale (03) 5253 1960.** 

Anne Brackley



## **Community Support Registers**

Do you know someone who lives alone and feels isolated?



The Community Support Register can help. It's a database of health and family information voluntarily provided by those in need of community support. The information can be accessed if the person cannot provide it themselves due to an accident, fall or illness. Police, ambulance, hospital and fire services can quickly access the register but only in an emergency.

The Bellarine Police Community Support Register is located at Bellarine Police Station, Presidents Avenue, Ocean Grove, 3226. PO Box 819, Ocean Grove, 3226, VIC www.community-support.blogspot.com Phone: (03) 5255 3968 Email: bpsupportregister@bigpond.com

## Can you Sew? Time to spare? Join us, You can help!

*'Days for Girls'* is a fantastic global community initiative providing assistance in making Hygiene Kits for Girls and Women in developing countries. Access to sanitary hygiene gives girls more confidence and more days at school and work, giving them the education they deserve! **Date/Time:** Tuesday 8th of April, 9am – 12noon **Venue:** SpringDale Neighbourhood Centre, Drysdale **For more information:** About our Workshop **Email:** geelongcoast@daysforgirls.org **Phone:** Diane - 0400 712 829 or Karen - 0439 332 819 Geelong Coast *Days for Girls* is a local *Chapter of Days for Girls International.* To find out more visit **www.daysforgirls.org** 





We invite you to join us Sunday 10.00 am

(Includes Children's Program at 10.40am)

276 – 290 Jetty Rd Drysdale (03) 5253 2241

Second Chance Shop 40 Geelong Road. Portarlington



## Welcome Jacqui



We welcome Jacqui Connor to the Streetscape to Artscape team. Jackie brings a breadth of experience to this team as a performer, director, writer and lover of all aspects of art. I have known Jackie for many years and look forward to working with her for the benefit of our community. If you would like to be part of this group promoting the Arts in Drysdale please contact SpringDale on (03) 5253 1960.

The next step in the Streetscape to Artscape Plan is to call for tenders for concept plans for three pieces from our plan to enhance our cultural environment.

If you would like the scoping documents please contact email art@springdale.org.au or phone SpringDale (03) 5253 1960.

# Enriching our personal and cultural lives

J.D. Salinger once intimated that, when we read History and Poetry, we're not just being educated. We're getting an education from them, sure, but they do something far more exciting than that.

We live our History daily and we give that daily life meaning through our Poetry (or films or words). So, when we read History and Poetry, we're actually also enriching our personal and cultural lives. That, at least, is what I got from Salinger's *The Catcher in the Rye* when I read it as a teenager.

And it's what encouraged me to pursue my Bachelor of Arts (History and Literary Studies) sometime after graduating from Bellarine Secondary College in 2008.

I wanted to be enriched by and to be a part of the History and Poetry Salinger described. Over the course of my degree, although my understanding of these disciplines changed, I started to find the parts of them that I could inhabit and I became focused on the history of alternative mentalities.

Excitingly, having recently completed my Honours thesis on this theme, I have been given a conditional offer to continue this research with the University of Cambridge through their MPhil in Medieval and Renaissance Literature.

I'm hoping to begin my studies in October but I first need to find financial assistance. I hope that, if I am blessed with this initial assistance, I can continue on to complete my PhD where I can give back to the type of Poetry and History that has so enriched my life over the past few years.

**Shelise Robinson** 





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reen famine

When you're flat out harvesting tomatoes and controlling rampaging pumpkins, it's difficult to think ahead to next season. Yet failure to plan now means a 'green famine' in the spring: plenty of growth in the vegie patch, but nothing to eat!

## With that in mind, here are a few tasks for the weeks to come:

Broad beans can go in any time between now and the shortest day of winter. Sow them in a bed which has grown a greedy crop over the summer. Enriching the soil by lightly forking in some aged cow manure (because it contains plenty of organic matter but is not high in nitrogen) will help the plants to grow tall and strong but not excessively lush. I sidedress with sulphate of potash when the seedlings are up to promote strong healthy top-growth and roots.

The same timing applies to garlic bulbs. Select the best of last season's bulbs for re-sowing, or order new bulbs right now to avoid missing



vith steve williams

out. Dig a trench one spade deep and cover the bottom with aged horse, sheep and/or cow manure. Then back-fill, water well and leave to settle before poking in your garlic cloves so that the tips are about 1cm below the surface.

If you want to grow brassicas from seed, get them started now in seed trays or pots so that they can go into the ground in early May when the soil is still warm but the pesky cabbage white butterflies have hopefully disappeared. I intend to leave mine covered with fine-weave Vege Net (from greenharvest.com.au) all winter – that should help to prevent infestations of cabbage aphids, which can ruin your crop. Fast-forward to spring in the vegie patch ...

April–May is the time to sow early onions (white salad varieties such as Barletta but also some long-keeping brown varieties – check the seed packet or ask your seed supplier) in seed trays, so that the seedlings can be planted out in early June when they are 5–10 cm high. Leeks can be grown in the same way.

Florence fennel can be direct-sown now into well-prepared, moist, rich soil. Sow the fine seeds in shallow drills, at about 20 cm intervals, then keep the soil surface moist until the seedlings emerge.







## around the garden & countryside



## **Community Garden Update**

Twenty people have registered their interest in starting a community garden. Our next steps include calling the group together to discuss the site, arrange a land use agreement, seek permission to use toilets and water, seek funding for a fence and a shed, seek funding to develop some raised beds, investigate insurance, design the garden and the way that this community garden will work. If you are interested in being part of these initial deliberations and planning please come along to a meeting at SpringDale on Saturday 5 April, 11am – or please let us know if you are interested in receiving updates – via email if possible or whichever way is more appropriate to you. *These are exciting days.* Anne Brackley

#### Let us all work together on this local Community Garden Project



## 22 April Earth Day www.earthday.org

As part of its mission to protect natural lands and preserve the environment for all people, Earth Day Network developed The Canopy Project. Rather than focusing on large scale forestry, The Canopy Project plants trees that help communities - especially the world's impoverished communities - sustain themselves and their local economies. Trees reverse the impacts of land degradation and provide food, energy and income, helping communities to achieve long-term economic and environmental sustainability. Trees also filter the air and help stave off the effects of climate change.



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David 0416 016 856 Debbie 0416 752 994 www.springdale.org.au

# The Canopy Project

Visit: www.earthday.org/campaign/canopy-project#sthash.2TMlnobT.dpuf

With the reality of increasingly unpredictable weather patterns and more frequent and violent storms and floods, tree cover to prevent devastating soil erosion has never been more important. That's why, in 2012, Earth Day Network made a commitment with the Global Poverty Project to plant 10 million trees over the next five years in impoverished areas of the world. Please join us to help make this commitment a reality.

#### Accomplishments

Over the past three years, The Canopy Project, has planted over 1.5 million trees in 18 countries. In Haiti where earthquakes caused landslides on deforested hillsides, leading to horrific devastation, Earth Day Network planted 500,000 trees. And in three high-poverty districts in central Uganda, we planted 350,000 trees to provide local farmers with food, fuel, fencing, and soil stability. Our tree plantings are supported by sponsors and individual donations and carried out in partnership with nonprofit tree planting organizations throughout the world. We work in partnership with the United Nations Environment Programme's Billion Trees Campaign. Each tree planted is counted toward A Billion Acts of Green<sup>®</sup>.



www.glenvalehomes.com.au

## Men's Cooking Class - SpringDale TERRY CROSBY

Age: 68 Retired to Portarlington and joined kitchen in 2010 Occupation: Former WorkSafe Inspector Hobbies: Wood working, dog walking

#### Steak and Guinness Pie

Preparation time: 30 minutes Cooking time: 3 hours Serves: 4

2 tablespoons plain flour

1 teaspoon English mustard powder Salt and freshly ground black pepper 750g stewing beef, cut into cubes 3 tablespoons vegetable oil 2 small onions, sliced

- 2 cloves garlic, finely chopped
- 1<sup>1</sup>/<sub>2</sub> cups Guinness
- 2 tablespoons Worcestershire sauce
- 2 bay leaves
- 1 tablespoon fresh thyme, chopped
- 1 teaspoon soft dark brown sugar
- $\frac{2}{3}$  cup chestnut mushrooms, halved if large

#### **Pastry Crust**

1¾ cups plain flour
½ teaspoon baking powder
½ teaspoon salt
2 teaspoons fresh thyme, chopped
Freshly ground black pepper
⅓ cup shredded suet

10-12 tablespoons of water

1. Preheat the oven to 165°. Combine the flour, mustard and pepper, then coat the beef in the mixture. Heat 2 tablepoons of the oil in a heavy-based frying pan. Fry a third of the beef for 3-4 minutes, until browned. Transfer to an oven proof dish and fry the rest of the beef in 2 more batches.

2. Add 1 tablespoon of oil to the pan, then fry the onions for 5 minutes. Add the garlic and



cook for 2 minutes. Stir in Guinness, Worcestershire sauce, bay leaves, thyme and sugar and simmer for 2-3 minutes. Poor over the beef, then cover and cook in the oven for 2 hours. Remove the dish and increase the oven temperature to 190°. Fry the mushrooms in the rest of the oil. Stir into the beef, then transfer to a 15 x 15 cm pie dish.

3. To make the pastry crust, sift together the flour, baking powder and salt, then add the thyme and pepper to taste. Stir in the suet and bind with 10-12 tablespoons of water to form a soft dough. Roll it out, dampen the edges of the dish and cover it with the pastry. Trim, then make a small slit in the centre. Cook for 30-40 minutes, until golden.



**Terry Crosby** 

## Another Men's Kitchen commencing

Our 3 Men's Kitchen cooking groups at SpringDale and one at St Leonards have been full or almost full for a while with 14 people in each. Two of our volunteers Barb and Brian are offering to help start another group on a Friday morning.

It would be great if anyone who has cooking skills to share, 3 to 4 hours on a Friday to spare and a sense of humour to help with this group from its inception. Please let me know if you are the person for this exciting new group. Our Kitchen groups have been operating for more than 6 years and so many people have said this is a life line for them for many reasons. We do have a short list of people looking to join a Kitchen group and will be able to take more participant names but we really need a facilitator or two to help get it started and remain sustainable. Thanks Barb and Brian for suggesting this and for volunteering to get it started.

## Drysdale Guides Win Big



At the 2014 Bellarine Show. Drysdale Guides won 1 First, 2 Seconds, 3 Thirds and a Special Award for our cooking efforts and an Honourable Mention for our decorated boots. One of our members, Claire Curran will be invited to make more muffins to compete in the South Western Region under 18 division of the Victorian Association of Shows. One of our leaders, Polly, received an Honourable Mention for her gumboot tossing efforts. We would appreciate hearing from anyone who would like to mentor us in fudge making and gumboot tossing so we can start to prepare for the 2015 Bellarine Show.

Kelly and Lisa Shearer, Leaders.

Drysdale Guides proud

Drysdale Guides proud of their collective wins.

## Anne Cowden - Celebrant Ceremonies are her passion

Weddings, Funerals, Naming Ceremonies for Babies, Commitment Ceremonies, and Renewal of Vows Ceremonies, all of these ceremonies are exceptional in their own way. Weddings are a special time in the lives of everyone involved. Discussing the couple's thoughts, needs and ideas with their Celebrant is an important way for them to explore the importance of their relationship, and reflect this in their ceremony. Sharing with your celebrant is an exciting and rewarding experience.

A Renewal of Vows Ceremony is a wonderful way for a married couple to renew their commitment to each other. Such a ceremony will celebrate their marriage, acknowledge the love and support of family and friends, and rejoice in their love for each other.

## Essendon Choral Society Returns to Portarlington



The renowned **Essendon Choral Society** will present an afternoon of choral music to suit all tastes on Sunday 4 May, commencing at 2.30pm in the Uniting Church Hall, Newcombe Street, Portarlington.

Tickets \$12 at the door, includes afternoon tea following the program.

Further details from Barry Ruler on (03) 5259 3304.

#### Are you approaching a significant wedding anniversary? Perhaps it is time to consider a

Renewal of Wows Ceremony Anne Cowden is a local, very experienced Celebrant, who can help you create a ceremony that can be romantic, full of fun, or simply a ceremony to thank your family and friends for their love and support.

> Anne Cowden Civil Celebrant Clifton Springs Ph: 5251 3319 M: 0418 513 319 www.annecowden.com.au anne@annecowden.com.au



The ceremony can be romantic, full of fun, or quietly expressing the couple's love for each other.

Commitment Ceremonies are available to couples who have made a promise to each other, and wish to publicly declare their promise before family and friends. This is done without taking the step into legal marriage – for whatever reason. A Commitment Ceremony is carefully planned and written, and usually includes readings, a

## Melodaires Announce New Show for 2014

The Melodaires have resumed rehearsals for a new show for the coming year following a most successful season during 2013, having performed 18 shows. The group of 10 performers, together with pianist Lizzie Coyne and drummer, Kevin Simmonds, presented popular songs which thrilled audiences from statement of commitment, the exchange of rings, and music. It can take place in a garden, a home, or any venue that is special to the couple.

A funeral service by a Celebrant is personal, very flexible, and allows the family to take control of the ceremony. The Celebrant will ascertain the wishes of the family, and design a non-religious ceremony which pays a warm and loving tribute to the life of the deceased. Spirituality could have an important place in such a ceremony. Symbols could include music, readings, special flowers, candles, and photos. All of these elements are brought together in such a way as to create a truly memorable service - a celebration of life, recognising your loved one's unique place in our world.

Each ceremony is created after meeting with your Celebrant to share your thoughts and ideas, planning every aspect of your special occasion.

Anne Cowden - Celebrant.



Garden Clubs, retirement villages, Probus and Senior's groups. Some groups have already booked again for this year for their special event. Melodies That Never Leave Us is the title for the next show and Alan Wilson, director, has chosen some classic songs by Col Porter, George Gershwin and Al Jolson. Costumes for the various items are always spectacular. The Melodaires Entertainment Group has been performing shows for over 10 years as a floor show and with the Group's own sound equipment. *Showtime* is *Afternoon Melodies* usually commencing at 1.30pm. Melodaires manager, Lorraine, is happy to accept bookings or answer any queries. **Contact her on (03) 5251 2563.** 



#### 1 03 5251 1125 🗉 drysdale@harveyworld.com.au

## Carol McCarthy & the team at Drysdale have great pleasure introducing their new name

Formerly trading as **Harvey World Travel Drysdale**, we are all very excited to be part of this whole new travel experience and we look forward to welcoming you in our refreshed, rebranded store.

We appreciate your ongoing support and as a loyal customer we want you to be one of the first to hear the news about changes to our business. While helloworld is a new name, please be reassured that we will offer you the same great service and familiar faces you've come to trust and rely on for the past 16 years.

The business will still be solely owned and operated by **Carol McCarthy** and the same staff will continue to make up our successful, award winning team.

We are committed to sharing our knowledge, curiousity and experience about travelling the world with you. These are indeed exciting times and we look forward to seeing you in our store soon so that we can talk to you about a whole new travel experience.

We're excited & we're sure you will be too!

#### Welcome to

The SpringDale Messenger APRIL 2014 17

helloworld

# Easter Art Show

The Rotary Club of Drysdale's prestigious Annual Easter Art Show is on again at the Christian College Sports Stadium, Collins Street, Drysdale. We are excited and can't wait to see the standard of the art work as each year the calibre increases. Claire Watson will have the privilege of judging this Art Show; I don't envy her the task.

So come the Easter weekend why not plan to come to the **Art Show Easter Saturday 10am to 5pm or Sunday 10am to 4pm**. Artists come from far and wide to participate, get recognised and hopefully sell some of their work all for a good cause. Imagine a piece of the art work hanging on your wall at home. If you can't decide, why not grab a Devonshire tea from the Café this year being run by our local SpringDale Neighbourhood Centre, assisted by Drysdale Guides. All funds raised from the Cafe will help the Centre fund a new Kitchen.



Craig Taylor, Manager Bendigo Community Bank, Drysdale receiving certificates from Caroline Rickard.

This Show cannot run without the sponsors, volunteers and helpers who give of their time and energy without expecting anything in return. Recently we held a *Thank You* dinner where we recognised their efforts and showed our appreciation.

Rotary is a service organisation that puts back into their local community and internationally. The main beneficiary of the funds raised is the *Andrew Love Cancer Centre*.



## Birds of the Bellarine Peninsula Photographic Competition



We invite you to join us Sunday 10.00 am

(Includes Children's Program at 10.40am) 276 – 290 Jetty Rd Drysdale

(03) 5253 2241

Second Chance Shop 40 Geelong Road. Portarlington

18 The SpringDale Messenger APRIL 2014

On Saturday 19 April 2014 the Bellarine Camera Club will be conducting its annual Easter Photographic Display at the SpringDale Community Hall, High Street, Drysdale.

The event opens at 10am and concludes at 4pm. Gold Coin Entry. Images from Club members will be on display and for sale. The theme for the public judged display this year is *Birds of the Bellarine Peninsula*. Club members will also have other works on display. All members of the public are welcome to attend and enjoy the display and inspect the talented work by club members.

For further information about the event you may contact Shane Coles 0143 607 370 or visit our club website.

www.bellarinecameraclub.org.au

## Paradise Lost: By Eddie Hoyer



Although the proposed McHarrys bus depot in Murradoc Road is being welcomed by some who incorrectly assume that it is already a done deal, it may not be welcomed so warmly by others. Rural lifestyle and aspects will be lost forever, to be replaced by a sea of buses inappropriately placed in a rural setting among and close to homes.

It is proposed to rezone properties from Rural Living Zone to Commercial in order to accommodate the McHarrys bus depot along a road that is already overloaded with heavy traffic leading to the bottleneck roundabout in central Drysdale. Aldi and the future Coles supermarket along with other retail outlets have and will continue to increase the volume of traffic funnelled through town via Murradoc Road. Add to this the extra bus depot traffic then the risk of vehicle and pedestrian related accidents will also rise. Better locations for a bus depot exist away from homes that will have no impact on residents and still be close enough to Drysdale to serve the schools and community while not increasing traffic congestion in the town centre e.g. between Ambulance/SES and schools.

The by-pass road will hopefully solve these traffic related issues, bring it on; we need it now to take through traffic out of town.

Like others, I have tried to live elsewhere; in the city and in other towns; even abroad, but I am always drawn back to where I really belong; Drysdale and the home that I grew up in. I am not against progress and recognise that there is a need for it, but please let us try to preserve the character of the Drysdale that we know and love.

In the film *The Castle*, Darryl Kerrigan sums it up very well with one short quote, *"It's not just a house, but a home"*.

Ask yourself this question, "Would I want a bus depot next door to my home, and lose my own piece of paradise"; the answer would be a clear emphatic, NO!

Remember it is not yet a done deal!



#### Kel would go out looking for work to bolster his wage. He found some work pitching hay onto a wagon with a team of horses for Gordon Beck. "Gordon would stack the wagon while I drove the horses to the next stook. I would pitch the sheaths of hay onto the wagon for Gordon to stack. It was very hard, hot work. We'd get two loads done before morning tea.



Kel pitching hay

Above: Photograph courtesy Louise Scott Photography www.louisescottphotography.com

One of the loveliest sounds I could hear, in the black hills of the Bellarine, was Florrie Beck calling out *oo ooo oo* it's morning teatime. Florrie would serve large cups of tea and hot scones jam and cream or cakes. Whatever it was it was beautiful. It would make me so strong after morning tea that the sheaths would fly over the wagon. The horses were so well trained that they would stand until you asked them to move on."

Thinking about Cyldesdales congratulations to Margaret Filbay for winning first place in the lady driver National Clydesdale Heavy Horse festival in Werribee recently. **Kel Davis and Anne Brackley scribe.** 



Above: Kel & Florrie

## Community in Action - Clean up Australia Day

Julie Rysdale had 21 people turn up at the Drysdale Recreation Reserve, which was great, but hopes for more next year. It was nice to see parents with their children, and the children loved the rubbish pick up 'tongs' borrowed from the City of Greater Geelong. At the Boat Harbour there were 12 people improving the environment.

We had 3 people cleaning up and down the highway from Jetty Road roundabout to Leura Park and back again - MacDonald's wrappers, beer bottles, cigarette packets and butts, soft drink cans, mixed drink cans, lots of coffee cups and building material.

Wouldn't it be great if instead of thousands of hours being devoted to cleaning up someone else's mess we could spend the hours on more creative proactive projects. *Right: Stirling Brackley cleaning up on Portarlington Road Right inset: Rick Paradise cleaning up at Clifton Springs Below: Doug Halloran and Pat Fahy cleaning up in the Recreation Reserve* 







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"Committed to Caring" cnr High St & Murradoc Rd, Drysdale Phone - 03 5251 3477 24 Hours - 7 Days

> \* Prepaid & Prearranged Funerals also available

## Friends of the Bellarine Rail Trail

The Friends of the Bellarine Rail Trail volunteer group have resumed work on the trail, after having completed total plantings exceeding 78000 plants to December 2013. There is now greater emphasis on maintenance work to ensure that earlier plantations continue to grow and develop.

The story of the purpose and construction of the rail line is a fascinating part of the history of the Bellarine Peninsula, which can be read on signage installed at the site of several former rail stations and sidings. At the former Curlewis rail station site, is now a park-like environment with seating, picnic tables and a shelter for the use and enjoyment of those who wish to take a break from cycling or walking, or just enjoy a picnic. Sealing of the trail is a continuing aim of the trail managers – the City of Greater Geelong (CoGG).

Funding to seal a further 2.5km section at Curlewis means that most of the 16kms of trail between South Geelong and Drysdale will soon be sealed. The joint funding, from State Government and CoGG, was announced at a working bee in 2013 by David Koch MLA and Councillor Lindsay Ellis. The proposed works include:- Asphalt sealing of 2.5km of the trail pathway (commencing at High Street, Drysdale and continuing westward), installation of a picnic shelter and furniture within the rail trail reserve near the site of the "Curlewis Dip" (rear of the Curlewis Golf Club); and the installation of pedestrian/cyclist crossing lights where the trail crosses Jetty Road in Drysdale.

CoGG have recently advised that 'It is expected that the sealing works and shelter construction will commence in 2014 and will

## Portarlington Toy Library Reopens



The Portarlington Toy Library is open for business again, located in the Portarlington Children's Centre. Sincere thanks to Pearl Webster who has adopted the Toy Library and has devoted hundreds of hours to cleaning the toys and arranging the Toy Library to look fantastic. Pearl would like to thank Keryn Bailey for a generous donation of quality toys. Thank you to the enthusiastic Portarlington community who have indicated their intention to donate toys and support this project, including the Lions Club of Portarlington/Drysdale.

An immediate need is a clothes rack type stand to accommodate the puzzles and Pearl would appreciate being part of the design of this necessary piece of equipment.

The Portarlington Toy Library will be open on Wednesdays 8.45am-10am during school terms. There will be a formal relaunch of the Toy Library in May during Neighbourhood House Week. Please let us know if you would like to be informed of that date, phone SpringDale on (03) 5253 1960.





...for a life worth celebrating. www.tuckers.com.au 5221 4788 be completed by the end of the current financial year. The installation of the pedestrian/cyclist crossing is expected to be undertaken in May or June 2015'.

We thank Bendigo Bank's Community Enterprise Foundation for \$2300 to purchase a defibrillator. Knowing that this equipment is available - gives our volunteer workers a greater sense of security. We thank Leopold Community Bank for their continuing support for our work.

#### Peter Cowden

Friends of the Bellarine Rail Trail Inc.

## **Classes at home**



SpringDale has been researching how to run our classes at SpringDale and have some people access the class while being in their homes. The reason for this is to enable people who are house bound carers or house bound due to illness etc.

We have heard from a few people who are interested in this concept and each week we hear of another person in another different situation. SpringDale will be holding a series of Google Video Hangouts and ooVoo Video Chats, throughout April, culminating in a Live Video Streaming Event at the end of the month.

We are looking for volunteers to help us test each of these online communication tools, before the end of April. If you have ever used Skype before, have a Gmail account, and a PC, Mac, or iPad, we would love to hear from you. **Please send an** email to admin@springdale.org.au or phone the centre on (03)5253 1960.

Please register your interest in being part of this team. Phone (03) 5253 1960. Pierce Jaques

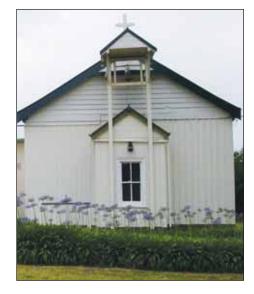
# Centenary for St Paul's

The Anglican Church building in Dudley Parade, St Leonards was moved there by horse and cart (*can you imagine that now?*) in 1914 from Church Road, Bellarine and it's the oldest building in the town. The first service at St Paul's in St Leonards was 27 January 1915, and so the Service to celebrate its Centenary is being planned for Sunday 25 January 2015.

However, this historic building has got to survive until then and hopefully far beyond but it is in need of serious maintenance. The Church is pulling away from the later adjoining Hall, and it is suspected that the stumps under the Church are rotting, causing the church to lean. The base boards will have to be removed so the stumps can be examined and then remedial work urgently applied to support or replace the foundations as appropriate. The South wall will then require re-cladding and the total costs are estimated at up to \$10,000.

Recently, there has been renewed interest in this old building and its long association in St Leonards. The parishioners are urgently fundraising to preserve it and the history associated with it, and would be extremely grateful for any support, financial or in person, to assist in raising this essential expenditure for the repairs. Also, if any one has any historical records or an old connection with this building, please do get in touch. History is so easily forgotten – we must ensure this iconic building has a worthwhile future in St Leonards and not permit it to just crumble away.

Enquiries to Judy Godfrey (03) 5257 3194.



# The Strength of Community

What we have been through and what we are experiencing impacts our knowledge.

As people access our Foodbank and mention that they never knew it existed, I tell them that we have been operating for over ten years. They are even more surprised.

The experience of needing support, looking for it and finding it increases our knowledge of what is available.

Drysdale Community Church has been operating Drysdale Family Support for over ten years and have helped many hundreds of people. We wanted to meet the needs of people to access food and affordable counseling, Drysdale Family Support was started.

Our Foodbank started as a shelf in our pantry, quickly grew to a series of cupboards and now requires a number of volunteers each week to manage.

The Counseling Centre started in a room that doubled as an office and grew into a number of rooms.

We formed a partnership with Give Where You Live (formerly United Way Geelong) a number of years ago providing much needed funds to make our services possible and we established Second Chance Shops.



What has been more amazing is the number of local community groups and individuals who now partner with us to help those in need. Drysdale Family Support has become a community expression to assist others in need. A community coming together to care for itself. In the bible, in the Book of Acts there is an account of a community of people coming together to help those in need. In the early church, the believers disposed of their assets as others were in need so that all would be cared for.

Drysdale Family Support is supported by; Christian College, Bellarine Secondary College, Ocean Grove Baptist Church, Central Baptist Church, Bellarine Peninsula Christian Church, the Anglical Churches on the Bellarine, The Uniting Church on the Bellarine, The Uniting Church on the Bellarine, The View Club, Town Club, Probus Club, Quilters Club, Drysdale Croquet Club, Curves, Freedom Fitness, Drysdale Osteopathy, Bellarine Bayside Caravan Park,The Clifton Springs Bakery and some individuals.

Community helping Community. Thank you for allowing us the privilege of assisting people in our area.

#### Jake Hogendoorn

Drysdale Community Church



## **Clifton Springs Garden Club**



Gardening can sometimes be a struggle. Which plants like to grow in our soils? Do some plants survive drought better than others? Now is the time to join the Clifton Springs Garden Club and find out all the answers. No prior gardening experience is necessary. Just bring your enthusiasm.

The Clifton Springs Garden Club meets every third Monday evening at 7.30pm in the Drysdale Uniting Church Hall, Palmerston Street, Drysdale.

Please ring Lorraine on (03) 5251 1660 for any enquiries.



## Last chance to see Thomas for 6 Months

Thomas the Tank Engine will be sleeping for almost 6 whole months after the Saturday 12 – Sunday 13 April event. But before that rest, he will be at the Bellarine Railway Queenscliff Station to bring joy to all the children for two full days of fun.

#### You can book online at www.bellarinerailway.com.au. Everything is included all day in your ticket (family \$85, adults & children \$22, toddlers \$12, babies free). The trains leave Queenscliff every hour from 10.30 to 2.30.

Both before and after your train trip to Lakers Siding, you can enjoy any or all of the attractions available. Attractions always available are: Free Thomas the Tank Engine movie, Live Story Telling, Live sing along, Thomas the Tank Engine Tattoos, Free showbag for each child, Jumping Castle, Blow Henry's whistle, Ride the big train pulled by Oliver or another of Thomas's mates, Ride on the Troublesome Trucks pulled by Thomas, Colouring competition, Sir Topham Hat is always available for a chat and picture and Childrens' maze. Other attractions depending upon availability include: Bellarine Woodies display and sale of fine craftsmanship, Victoria Police vehicle and representative, SES Vehicle(s) and representatives, various





refreshment selections, vintage vehicles provided by local car clubs and steam tractor demonstrations.

You can bring your own food and drinks and have a picnic or if you don't and you get thirsty or hungry, there are always several alternatives including all of Queenscliff just down the street. For souvenirs of your day, the kiosk also has a wide variety of Thomas toys and usually has wearing apparel as well.

## Neighbourhood Watch - Be safe...always

#### How Cybersafe Are You?

An information forum for Parents, Teens, Carers, Teachers and Grandparents is on Monday 14 April 2014, 7pm presented by LS/C Robbie Noggler, East Geelong Uniting Church Hall, Boundary Road, East Geelong. Supper is provided. For more information, phone 0418 587 248.

#### **Smoke Alarm Batteries**

Change your smoke alarm battery when clocks change on Sunday 6 April. Only working smoke alarms save lives - while you are asleep you are unlikely to smell smoke. See more at:



www.cfa.vic.gov.au/plan-prepare/smokealarms/#sthash.pnRx0Rwt.dpuf

The CFA and MFB recommend using longlasting 9V alkaline batteries in your smoke alarm to ensure year-round protection. Use the brush attachment on your vacuum cleaner to dust around the smoke alarm, and install photo-electric smoke alarms rather than ionisation smoke alarms where possible. Test smoke alarms once a month using a broom handle - the alarm should produce a beeping sound when the test button is pressed. Replace all smoke alarms (both battery powered and 240v hard-wired) after ten years (the year of manufacture is displayed on the alarm). Purchase smoke alarms that meet Australian Standards. Look for the AS3786 marking.





Safer Communities Greater Geelong, Surf Coast & Colac Otway

## Do your kids know what to do when the smoke alarm goes off?

Take time to remind family members what actions to take if they smell smoke or see flames inside the home. Simple actions like getting down low and crawling under smoke saves lives, and every family should have a home fire escape plan that identifies all possible escape routes.

Smoke alarms for the hearing impaired are available. These may feature a flashing strobe light, and/or a vibrating pad that can be placed under the pillow to activate when the alarm sounds. Hearing impaired smoke alarms can link with standard smoke alarms to alert all household members, regardless of hearing levels.



The word **PROBUS** is an amalgam of the words **PROfessional and BUSiness**. PROBUS is an Association of active retirees who join together to provide regular opportunities to keep minds active, expand interests and enjoy the fellowship of new friends. All PROBUS Clubs are sponsored by Rotary but PROBUS is not a fund raising organisation.

Activities normally fall into two categories: 1. a formal meeting on a set day each month, which includes a coffee break followed by a guest speaker and/or a discussion; 2. Outings (between meetings) to places of interest to members, including theatre, social or sporting activities, trips, tours, walks.

## Caravans To Castlemaine

Last month our Caravans and Cabins Friends had a most enjoyable trip to Castlemaine. The weather was fine and warm (some even swam in the adjacent pool), so Happy Hour plus BBQ was a great hit each evening. One morning we visited the Aussie morning tea gardens of Woop Woop (near Harcourt). After morning tea with scones, jam and cream we were regaled with stories of Aussie slang and sayings during a tour of their gardens full of all kinds of nostalgia! Another day we took the train (diesel, as steam was off due to fire danger) to Maldon and enjoyed a fine time amongst the historic buildings of that old gold mining village. Of course, we also enjoyed Castlemaine itself – from the anticline geological feature to the coffee and patchwork shops and art galleries.

We are a social club for retirees, and you are welcome to join our regular monthly meetings held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month.

Please contact Val on (03) 5253 1446 or Peter on (03) 5253 2212 for further information.

## Have you ever been to Woop Woop?

The PROBUS Club of the Bellarine in conjunction with the Drysdale Ladies PROBUS Club had a bus trip to WoopWoop.

It was a great day for us all, we had lots of laughs at the signs and metal cut outs. Woop Woop is near Kyneton.

Noel Cook

## **UPCOMING EVENT**

An upcoming event of the PROBUS Club of the Bellarine is to **Sunny Ridge Strawberries**.

Come and have a fabulous day trip around the Bay to Mornington Market, lunch, then pick your own strawberries.

Enjoy, Devonshire tea, then return via the Ferry from Sorrento. **Cost is \$45.00** 

Leaving on Wednesday 23 April 8am Drysdale Football Club Rooms.

Visitors and non-members welcome to attend this trip. Please contact Barry to book a spot.

### **CONTACT INFORMATION**

Combined Probus Club of Clifton Springs/Drysdale contacts Val (03) 5253 1446 or Peter (03) 5253 2212

Probus Club of the Bellarine (Men's Club) contact President Barry Waller (03) 5253 1688

Drysdale Ladies Probus Club (Ladies Club) contact President Sandra Giddings (03) 5257 3175



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