

Visiting Vasili's Garden



L-R: Val Penfold, Vasili, and Jill Pring

Lazing in the garden



As part of the establishment of a community garden in Drysdale a number of interested community members spent a Saturday looking at gardening ideas in Melbourne. Our first stop of the day was Vasili's Garden in Coburg where we met Vasili and enjoyed wandering through his nursery. Next stop was PepperTree Place, Coburg. We met up with Jill Pring's brother, Ross, and learnt about the workings of the garden and how tennis courts in the middle of Coburg were transformed into such an inspiring garden. Our last stop of the day was CERES Environmental Park in Brunswick East. We spent a number of hours absorbing different gardening ideas, visiting an Eco House and the various other parts of the site.

We all came home loaded with books, photos, ideas and plants. I picked up very simple idea from the Eco house, a low cost way to double glaze a window with a sheet of plastic and double sided tape. It apparently gives a significant insulation gain. Thanks to everyone who came and participated in active research, we had a great day.

Anne Brackley

www.vasilisgarden.com

SpringDale Messenger • North Bellarine Business Directory 2015 • Business Network Group

Be part of the SpringDale Experience

Advertise in the SpringDale Messenger magazine and the North Bellarine Business & Services directory plus come and enjoy the monthly business network group to show your support for the local business community.

Live local, shop local. It's all about your business!

Community CALENDAR

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE August 2014 **Bookings/copy required** by 1 July 2014 **Dist:** Sat 26 July **Circ:** 11,000 copies

SpringDale Neighbourhood Centre Opening Hours Mon to Fri 9am - 5pm and by appointment.

JULY

- | | | |
|------------------------------|-----------|---|
| Thursday & Friday | 3 | |
| | 4 | Prepare to Audition Workshops 10am – 3.30pm Potato Shed |
| Saturday | 5 | Harvest Basket Produce Swap & Sell SpringDale 9am – 11am |
| Monday | 7 | Small Business Networking @ SpringDale 10am
Document Signing by JPs @ SpringDale 9am - 12.30pm |
| Tuesday | 8 | Planning documents for Drysdale Coles Supermarket on display @ SpringDale 4pm - 7pm |
| Tuesday - Friday | 11 | <i>Mother Goose</i> School Holiday Show 10.30am & 1.30pm Daily Potato Shed |
| Wednesday | 9 | Document Signing by JPs @ SpringDale 9am - 12.30pm |
| Saturday | 12 | <i>Ciao</i> 8pm Potato Shed
Bush Dance SpringDale Hall 7.30pm until 10.45pm |
| Monday | 14 | School Term 3 commences
SpringDale Courses commence
Document Signing by JPs @ SpringDale 9am - 12.30pm |
| Tuesday | 15 | <i>Mary Queen of Scots</i> Morning Showtime 10.30am |
| Wednesday | 16 | Document Signing by JPs @ SpringDale 9am - 12.30pm |
| Wednesday | 23 | Document Signing by JPs @ SpringDale 9am - 12.30pm |
| Thursday | 24 | Certificate III Home and Community Care starts @ SpringDale 9am |
| Friday | 25 | New Men's Kitchen starting @ SpringDale 10am - 2pm |
| Saturday | 26 | Neighbourhood Day @ SpringDale 10am - 4pm
Plant sale Friends of Geelong Botanic Gardens |
| Sunday | 27 | Plant sale Friends of Geelong Botanic Gardens
Portarlington market 9am – 2pm |
| Monday | 28 | Document Signing by JPs @ SpringDale 9am - 12.30pm |
| Wednesday | 30 | Document Signing by JPs @ SpringDale 9am - 12.30pm |



Document Signing
by JPs every
**Monday
& Wednesday
Mornings**
at SpringDale

Course & Opportunity Guide

is available at the SpringDale
Neighbourhood Centre.

Call in for your copy of
Term 3 July- September.

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Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:





Coordinator's News

Anne Brackley



Dear Everyone

SpringDale is a place of transition. Parents bring children to us for Occasional Care for between 3 and 5 hours a session. The parents are transitioning from being carers to study, part time employment or spending time in other pursuits. The children are transitioning from being only with their parents to be prepared for kinder, perhaps longer child care or school.

Students come to us seeking life skills and employment education via our classes and we also enable many students to achieve their goals of a number of hours of community service for various classes. The feedback from the students has been heartwarming and great on both sides. Students may come in to print assignments or use the internet.

Adults come to SpringDale to gain new skills to further employment opportunities, seeking social opportunities, volunteering opportunities, to share skills, for photocopying, for assistance in getting their business started and for many other reasons.

Retirees come to SpringDale to gain skills to help with this stage of life, to share skills with others, to enjoy the company of others in a safe, inexpensive welcoming environment. Many people acknowledge the welcoming

nature of SpringDale and the life changing outcomes gained from walking through the door.

New people to the area come seeking local information about clubs, schools and services, visitors come seeking specific assistance and we try our best to meet their needs.

Business people come to SpringDale to seek advertising opportunities, to participate in the Business network or to hire rooms or our kitchen to progress their business goals. They may come to have photocopying or printing achieved immediately.

SpringDale is a place where ideas are shared, time is shared, skills are shared and people have fun while achieving great things. Over the last 3 years we have progressed the documented goals of the community. All 4 documented goals of the Drysdale Clifton Springs community have been progressed – \$500,000 for research into traffic management, more than \$300,000 has been spent on the Clifton Springs foreshore, \$20,000 has been spent on the Clifton Springs fountain and \$150,000 has been promised to support the building of a fishing platform in Clifton Springs. Many other goals have been progressed as well.

The concept of more bus trips have been receiving great support and we look forward to scheduling them to meet the needs of our community. These have been requested by members of our community and so we are making it happen. We regularly have international experts run workshops or sessions that attract people from all over Australia and even from New Zealand. We try our best to make people's dreams come true.

You might like to become a member of SpringDale (\$12 per year) or our whole of life membership is still \$100. You might like to sign up for website updates, or to receive a link to the SpringDale Messenger online. We try to have something for everyone. Please feel free to put forward your ideas too.

I once again invite you to visit SpringDale and come through the door for the first time and see if there might be something for you to share. Please feel free to book in for a guided tour as I would love to show you around our very special community asset.

Anne Brackley for Team SpringDale

Cheesemaking with Richard Thomas at SpringDale

Richard Thomas, recipient of the *Maggie Beer Award* and *Jaguar/Gourmet Traveller Award* will teach you how to make three styles of cheese, in two entertaining lessons.

Time/date: from 9.30 am until 3pm on Saturday 16 & Sunday 17 August

Materials: All materials will be provided.

Fee: \$200 per person for the 2 days. To raise money for charity. All proceeds will go to *Cottages by the Sea* foundation for Disadvantaged Children. Richard is the Cheese expert responsible for *Gippsland Blue*, *Milawa Gold*, *Yarra Valley Persian Fetta* to name just a few.

He was also a founding member of the *Meredith Dairy*. Take home delicate and delicious *Fetta* with Herbs & Olive Oil, learn how the pro's make soft ripened cheeses and then make your own. We will also be making sour cream the *French Way* and Yoghurt if you'd like to.

Richard Thomas
Cheesemaker/Consultant

ONLY 12
POSITIONS
AVAILABLE.



Richard Thomas in the company of Maggie Beer

World Famous tutors at Springdale Neighbourhood Centre

SpringDale Neighbourhood Centre continues to bring world famous presenters to your door step.

The list includes world leading health practitioners, world famous felting artisans, *Australians of the Year* and now Richard Thomas.

Thank you to our community members who help to make these opportunities so readily available.

At SpringDale we welcome new ideas for our courses and always ready to present something different and exciting to the public.



Police Stations

I have again raised the issue of Police numbers in Bellarine in Parliament. I asked the Minister for Police to step in to stop the downgrading of police services across Bellarine. The recent announcement that all Police shifts will start and finish in Ocean Grove is very concerning. The planned changes will mean the virtual closure of the Drysdale, Portarlington, and Queenscliff stations, with them only being open a couple of days a week for a few hours.

The Minister's response completely ignored the three Bellarine stations and lumped Bellarine in with Geelong and the Surf Coast. The Shadow Minister for Police and I recently visited and met with Police. We are committed to maintaining all four stations if elected in November, with Queenscliff, Drysdale and Portarlington operational 16 hours, and the Bellarine station in Ocean Grove operational 24 hours a day.

In the meantime, I will continue to work with the community to fight against any downgrading of police services in Bellarine. The residents and visitors to our region deserve to feel safe and secure in Bellarine, as they have in the past.

DRYSDALE ROUNDABOUT

It is fantastic to see the Jetty Road roundabout at Drysdale upgrade has been

completed. Well done to the City of Greater Geelong on a great job – I look forward to seeing it evolve as the plants grow!

BELLARINE POLICE COMMUNITY SUPPORT REGISTER

The Bellarine Community Support Register Inc. supports isolated, older and disabled residents across the Bellarine who need social contact, information on safety and security through a register overseen by volunteers and Bellarine Police. These residents can also receive a regular phone call from volunteers to keep them connected.

Based at the Bellarine Police Station in Ocean Grove, residents can provide information necessary in an emergency such as contact details for their doctor and pharmacist, property access details and even information about their pets. In an emergency, this information can be accessed by police and other emergency services. I would encourage Bellarine residents who have some spare time available to volunteer to assist with the Register. For those who know someone you think might benefit from the service, please encourage them to register.

Email bpsupportregister@bigpond.com or call 5255 3968.

Drysdale Rotary

It was great to be invited to the Drysdale Rotary dinner recently and have the opportunity to speak with so many of you again. It was really useful and interesting to discuss the Club's ideas and future plans. Congratulations to all Rotary members on the wonderful volunteer work you do and the contribution you make to a range of projects and to our local community.

Mobile Offices

It was great to meet with residents of Drysdale and Clifton Springs at my recent mobile offices held at SpringDale. Thanks to all of you who attended to discuss your issues, concerns and ideas with me on the day.

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

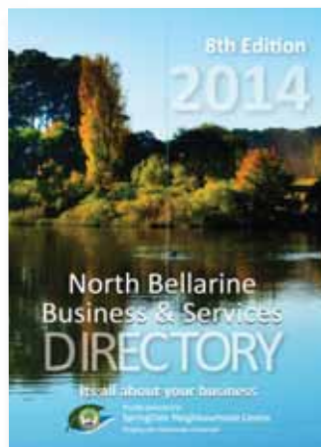
Hon Lisa Neville MP

Member for Bellarine

lisa.neville@parliament.vic.gov.au

Twitter @LisanevilleMP

(03) 5248 3462



Bookings for the 2015

North Bellarine Business & Services Directory are NOW OPEN!

More than 8000 copies of the 2014 edition have been home delivered and 2000 will be distributed to new comers over the next 12 months.

We would appreciate your feedback and feel free to ring (03) 5253 1960 or email to office@springdale.org.au



Tax Help is a network of community volunteers who provide a free and confidential service to help people complete their tax returns during tax time. Tax Help is for people on low incomes, seniors, students, those with a disability and Aboriginal and Torres Strait Islander people. Tax Help is suitable for people earning around \$50,000 or less a year with fairly straightforward tax affairs. **Tax Help operates from 1 July until 31 October.**

Tax Help provides guidance to those wanting to do their own tax returns and explains the benefits of using e-tax to prepare and lodge personal tax returns. Tax Help can also provide assurance to those who have completed their return that they have done it correctly.

Contact SpringDale on (03) 5253 1960 if you would like to make an appointment.

Family Law Worries?

Come in for a *free* chat

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Entertaining shows at The Shed for all ages in July

In July we have three great shows lined up. The popular school holiday show is back in the second week of the holidays. *Mother Goose* is ideal for kids of up to 9/10 and is a clever kaleidoscope of nursery rhymes with a twist. Meet *Mother Goose*, *Itsy Bitsy Spider*, *Little Miss Muffet*, *Humpty Dumpty* and others in this clever, fun filled hour of theatricality.

On Saturday 12 July we have *Ciao* - an emotional rollercoaster featuring Latin dance, acting and comedy. It traces the tribulations of a single migrant as he experiences a new culture, new people and the new country of Australia. What lies ahead? A journey of discovery and intrigue that everyone can relate to!



Christine Middleton - Harpist

Photograph Lyn Ingles

The ever popular **Morning Showtime** season continues in July, you can enjoy the multi-talented Christine Middleton with her new show about the romantic *Mary Queen of Scots*.

Keep an eye out for some redevelopment news in the August issue of the *SpringDale Messenger*.

Don't forget to fill in our WIN coupon and be in a chance to attend the show *Ciao*.

Fill it in and drop off or post to SpringDale Neighbourhood Centre, you might just be a winner. *Until then stay warm.*

WIN ONE DOUBLE PASS
POTATO SHED

Ciao
Saturday
12 July
8pm



To enter fill out the coupon, send or deliver to:
SpringDale Neighbourhood Centre
High Street, Drysdale

Name: _____

Address: _____

Phone No: (03) _____

COMPETITION CLOSING 3PM THURSDAY 10 JULY

Whats' on at the Shed JULY 2014

Thurs 3 & Fri 4 July
Prepare to Audition Workshops
10am - 3.30pm
\$60 before 13 June
& \$80 after 13 June

Tues 8 - Fri 11 July
Mother Goose
School Holiday Show
10.30am & 1.30pm Daily
Tickets \$9
Family \$32 (4)

Sat 12 July
Ciao
8pm
cabaret seating,
bring a basket supper
Adult \$25
Conc: \$20 VIP: \$20

Tues 15 July
Mary Queen of Scots
Morning Showtime
10.30am
\$15 includes
morning tea.

Fri 1 & Sat 2 Aug
Christmas Wishes
Bellarine Jongleurs BJ's Group
Fri 1 Aug 7.30pm
Sat 2 Aug 2pm
Adult: \$20 Conc: \$12
Family: \$50 (2A, 2C)



'Mother Goose'

Tuesday 8 till Friday 11 July
School Holiday Show

Mother Goose will be waddling into Drysdale to delight children with her wonderful, everlasting nursery rhymes.



Ciao

Saturday 12 July

Ciao follows the tribulations of a single migrant as he experiences a new culture, new people and the new country of Australia.

Mary Queen of Scots

Tuesday 15 July



A story of survival, romance and tragedy, this new show from **Christine Middleton** retraces the steps of Mary, who as well as being Queen of France and Queen of Scotland was an accomplished harpist.



Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres. The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale Ph: (03) 5251 1998

POTATO SHED

CITY OF GREATER
GEE LONG

WWW.GEELONGAUSTRALIA.COM.AU

Letters to the Editor

Bread & Butter Pudding - a winner!

Thanks to Lindsay from the Wednesday kitchen for his delicious bread and butter pudding recipe. It is safe to say it was a winner in our house! To make it kid friendly, we substituted the brandy with juice of an orange which just added to the yummy citrusy flavour. This one has made into the family recipe book and will be cooked over and over again. Thanks.

Clancey and Jan

Salami Making Course

I would love to do the salami making course at SpringDale but unfortunately cannot make it on a Sunday morning. Could it possibly be run on a Saturday or even a Sunday afternoon?

Michael, Drysdale

Gluten Free Morning Tea

Thanks to Marianne for the delicious treats

she prepared for those of us who need to seek gluten free options. I also found out that the Sausage making course is also gluten free – so excited.

Anne, Drysdale

Letterboxes

Whilst in Point Lonsdale recently I found two Posting Boxes for their population of 2477 whilst Drysdale Clifton Springs has 3 letter posting boxes for more than 10,000 people – how is this fair?

Sue, Drysdale

Rail Trail

The City of Greater Geelong are responsible for the planning and ongoing management of the Rail Trail. The decision to seal the trail and to install traffic lights has been made by council, not by the **Friends of the Bellarine Rail Trail group**. The **Friends of the Bellarine Rail Trail Inc.** consists of a group of volunteers who have undertaken the

revegetation of the 16 km section of trail between South Geelong and Drysdale rail stations. Our volunteers are proud of the fact that in 12 years we have transformed a disused, weed infested former railway corridor into a valuable community asset, free for all to use and enjoy. More than 80,000 plants have been planted - at considerable saving to Council ratepayers - by an enthusiastic group of people who must rank as one of the most successful volunteer groups in Victoria.

On behalf of the
Friends of the Bellarine Rail Trail Inc.
Wilson Heer (Secretary)

Thank you, Wilson for informing our community of the true role of the Friends of the Bellarine Rail Trail. Thank you and the other volunteers for all their efforts. I will seek the City of Greater Geelong Master Plan for the Bellarine Rail Trail.

Send your letters to: messenger@springdale.org.au

Play Mah Jong



Mah Jong is an ancient game with a very modern presence. As you learn more about this fascinating game played by millions around the world, don't be surprised if you, too, don't find yourself around a **Mah Jong** table, stacking and moving tiles with three of your friends. If you have never played mahjong but would like to try it out or want to meet new friends in a casual environment join the group at SpringDale.

The SpringDale Mah Jong Club meets every Wednesday from 9.30am to 12 noon.

Penguin Jumpers



No, I don't mean jumpers with penguins on them, I mean jumpers for penguins.

Did you know that it only takes an oil patch the size of a thumbnail to be life-threatening to little penguins?

My friend Gail and I have started to knit jumpers for these little guys. The pure wool jumpers are put on the effected penguins to keep them warm and to stop them pruning themselves and swallowing the oil before they are cleaned.

The acrylic jumpers are used for fundraising and education, so both types will be used. If you have any spare knitting pure wool in 8 ply please drop it in to the SpringDale office for Sue, or if you would like to knit some jumpers and it doesn't take long to knit one, the pattern is available at SpringDale.

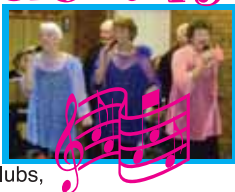
Sue is one of our volunteers who loves to get to know visitor's four footed friends. Sue has been able to link missing owners with pets – thanks Sue for suggesting another animal friendly project.

Need Some Entertainment? The Melodairs

Look no further than
The Melodairs.

Led by our director
Mr Alan Wilson

we are performing
at Probuss, Bowling Clubs,
Retirement and Senior Citizens clubs.



For further information please contact:
Manager Lorraine Wilson (03)5251 2563

OPEN

Monday - Friday
9.00am - 5.30pm

Saturday
10.00am - 2.00pm



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Combined Probus Club Of Clifton Springs/Drysdale



Autumn colours, trout fishing and a jolly good time

In mid May a group from our Club were picked up by a very obliging bus driver with a comfortable bus when we were embarking on a six day tour of Bright and the High Country.

The weather, and the autumn colours, were superb, and each day our driver took us out on tour to such places as Mount Buffalo, Harrietville, Milawa and Beechworth.

The itinerary was varied so that we sampled a wide section of all that the Bright area has to offer. A special trip was to a local trout farm, where many of us had a successful cast! On the last night, the motel surprised us with some entertainment involving audience participation.

There was a lot of laughter and some less evident talent! The next day we were driven

back home having had a wonderful time, and some said it was the best trip they had ever been on. We are a social club for retirees, ladies and gents, and you are welcome to join our regular monthly meetings held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month. **Please contact Val on (03) 5253 1446 or Peter on (03) 5253 2212 for further information.**

golfing memberships

Golfing Memberships Full
1 July 2014 until 30 June, 2015 - \$850

Week Day Membership
1 July 2014 until 30 June, 2015 \$700

Green Fee Players Welcome
- \$30 for 18 holes

For all golfing and membership enquiries please phone (03) 5251 3391

FREE Courtesy Bus Available
Friday & Saturday
Nights 5pm - 11pm
Please contact Club for details & bookings.

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BAYSIDE BISTRO
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Monday	Dinner: All Mains *Conditions Apply	\$17*
Tuesday	Dinner: Parma Night - 4 types!	\$15
Wednesday	Dinner: 220gm Steak	\$16
Sunday	Two Course Roast Lunch	\$19⁵⁰
Monday to Saturday	Two Course Lunch Special	\$15

Kevin Mahoney
Appearing Friday 4 July
in the Bistro 6.30pm - 9.30pm

With every \$8 KIDS MEAL ordered FREE CHOICE of kids dessert choose from Frog in Pond, Icy Pole or Ice-cream.



Jazz Connection Trio
Sunday 13 July 12noon-4pm
Bookings advisable 5251 3391

For Bookings
& Information

Phone (03) 5251 3391 Clifton Springs Golf Club Clear Water Drive CLIFTON SPRINGS 3222
Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au

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Valid from 1st July - 31st July 2014
* Not valid Public Holidays
* Conditions apply - not available on all meals.

July 2014

The biggest ever investment in Victoria's road and rail network

The new **\$24 billion** infrastructure program represents the biggest ever transport investment in Victoria. These new roads and rail lines will generate thousands of jobs, support new suburbs, build new transport links and expand the central business district.

A record investment of more than **half a billion dollars** is being spent on road maintenance across the state. The new infrastructure program will continue to provide benefits with the complete **East West Link** improving access for people and businesses travelling to and from regional Victoria.

Upgrades for major and country roads



Upgrades on major connections like the Western Highway and Princes Highway are underway from one end of the state to the other. A record investment of more than **\$500 million** is being spent on road maintenance. And \$1 billion over 10 years is being invested on safety upgrades for more than **200 country roads**.

East West Link



The complete East West Link will connect to the Western Ring Road

The \$8-10 billion Western Section of the **East West Link** will complete the link making it faster and easier to get across Melbourne. Melbourne's second river crossing will reduce congestion on the West Gate and remove trucks from local roads. The complete link will improve connectivity for key freight routes and destinations across Victoria to support our growing regional export industries.

Upgrading level crossings



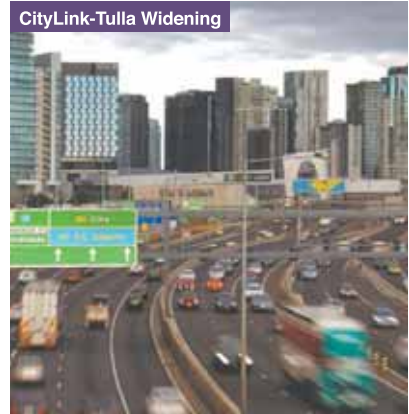
Upgrading **75 country level crossings** across the state.

Regional Freight Improvements



The **\$56 million Transport Solutions** initiative improving freight routes across the state.

CityLink-Tulla Widening



The \$850 million **CityLink-Tulla Widening** upgrade will reduce congestion and improve travel times along one of Melbourne's busiest freeways.

DTPLI 8190/14 REG ROADS



Find a transport project near you at
www.movingvictoria.vic.gov.au

Moving Victoria
Better Public Transport. Better Roads.



Drysdale Rotary

Rotary is an organisation that provides support for projects both here and internationally. We are very proud of our Rotary Youth Leadership Award (RYLA) program, this year held at Kangarooie near Warrnambool for 5 days. At this course there were approximately 44 youth in attendance.

Layla was one of those attendees and she came and gave a chat to the Rotary Club of Drysdale after being given the opportunity with her sister Gigi to be a part of a RYLA. Layla and Gigi are local Portarlington girls. Layla has recently completed a Fashion Design Course at the Gordon in Geelong. She has been heavily involved with a local church where she has had a group of young girls under her direction learning how to dance. All the little girls love her nurturing way of teaching. Gigi is studying Paramedics in Ballarat.

This RYLA Program will help Layla and Gigi make choices for their lives that can only be enhanced by what they have learnt. Unfortunately Gigi was unavailable to come chat to us but I have it on good authority that she also thoroughly enjoyed the program. According to Layla it was an exceptionally well run program and she came away with a lot of new skills and also a top up of some she already has in place.



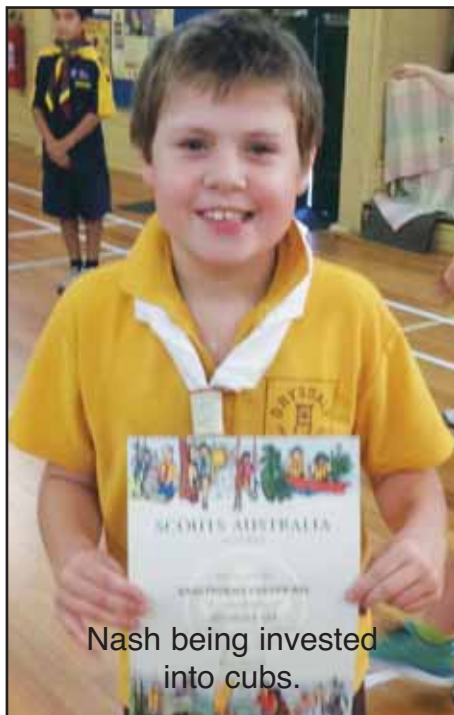
Layla speaking at the Rotary meeting

This Program will be offered again next year so if you have a person you can nominate it is offered for people between the ages of 18-25 and is fully funded by the Rotary Club. Contact me on 0408 989 221 to register your

interest and we can let you know when applications are ready for submission.

Caroline

Publicity Officer, Rotary Club of Drysdale.



Nash being invested into cubs.

Drysdale Cubs Shopping Trip

My name is Tracy van der Wel and I am the fundraising coordinator this year for the Drysdale cubs.

The Drysdale Cubs are running a shopping tour to Melbourne warehouses on Saturday 19th July. We are raising funds for the Drysdale cubs, so they can attend Cuboree 2014. For \$60 all inclusive, you receive a

3 course lunch, morning and afternoon tea and get to shop at 11 fantastic outlets, ranging from clothes, giftware, homewares and books to name a few. 10% of all sales comes back to the cub group. Full payment required by Wednesday 9 July.

To book or for further enquiries phone Tracy (03) 5251 5308.

Resilient, confident and independent children

Parent Effectiveness Information Session

All of us know someone who is having a hard time as a parent. Come and discover the tools that make all the difference.

Tuesday 15 July, 7.30pm – 8.30pm
4/8 High St, Drysdale

Call Sharon on 0411 538 951 or Lisa on 0412 329 085 for more info.

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*Conditions Apply: A fully refundable deposit of \$250 per person is due to secure 2014 pricing for 2015 travel until full brochure release. Deposit of \$250 per person is fully refundable up until 7 days after contacted by Scenic Tours. Strictly limited and subject to availability. Travel in 2015 for 2014 prices will only apply to this departure, when booked and deposited by through helloworld Drysdale. Offer can be withdrawn at any time. Airfares and Earlybird offers to be advised, Scenic Tours Pty Ltd, ABN 85 002 715 602 Lic. No 21A 002 633.



The wonderful uses for Lavender Oil

Lavender Oil has been used for centuries for treating common ailments. Essential oil of lavender is one of the most widely used in aromatherapy for its calming, soothing effects. The Romans used lavender in their baths for washing, for its healing and antiseptic qualities and the Greeks used lavender as a perfume.

Today, we use lavender as a tea, to dress wounds, to induce sleep, ease depression, enhance blood circulation, relieve pain and reduce stress. Lavender oil is one of the safest essential oils. Inhale lavender essential oil to soothe and relax the body and mind. Add lavender oil to a warm bath for relaxation. Rub a small amount of lavender oil on the soles of your feet to help you unwind.



13-19 July

National Diabetes Week

Each year Diabetes Australia celebrates National Diabetes Week to raise awareness about diabetes in Australia. The campaign aims to educate Australia of the risk factors for type 2 diabetes and how type 2 can be prevented.



www.letspreventdiabetes.org.au

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caring for family health and wellness ...



"Caring for our bodies means caring for its architecture – the spinal cord that keeps us upright, mobile and strong. Maintaining a quality lifestyle through regular spinal care helps us reach our potential," says Dr Sharon Pedersen-Jones.

One of the biggest fears we can have is speaking in front of strangers. In high school it was daunting, but these days it's not so hard as I've got an important message to share.

Recently I spoke to some workers in a factory, many of whom had suffered injury on the job. I was invited to help prevent future mishaps. Some workers laughed when the boss introduced me as the local Chiropractor, saying that nobody there had a 'bad back'. So I decided to share a story that changed their thinking about chiropractors only being needed for 'bad backs'.

On 18 September 1895 in Iowa, a janitor named Harvey Lillard stopped to talk with a Dr Palmer who was working late in his clinic. Lillard told Dr Palmer that 17 years ago he bent over and heard a 'pop' from his back, after which he became almost deaf. Fascinated, Dr Palmer tested a theory he was researching. He examined Lillard and found a lump on his back. Palmer recognised it as a badly misaligned vertebra and reasoned that since it occurred when Lillard went deaf, that restoring it to its proper position might also restore Lillard's hearing. Dr Palmer performed an adjustment by pushing the vertebra back into its normal position. What happened next changed history. Lillard went to the open window and heard a sound he hadn't heard for 17 years – the clatter of horse's hooves.

Chiropractic was born! Today, Chiropractic is one of the fastest growing healing professions in the world, over 6,000 Chiropractors world wide serving over two million people every day.

People see Chiropractors for help with headaches, migraines, chronic back pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, asthma, allergies, numbness in limbs and sports injuries just to name a few things. While Chiropractors receive thanks for helping people with many of these problems, they cannot take this credit.

The truth is that Chiropractors have never healed anyone of anything. What they do is perform a specific adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that.

When spinal bones shift out of alignment, they can choke messages running through the tiny nerves that exit the spinal cord. Chiropractors call this Vertebral Subluxation. Tension from prolonged or unusual patterns of sitting and standing, strain from walking, exercising or sporting injuries and stress from personal, professional or emotional tension all affect our body's alignment and can cause dysfunction.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Often this happens without symptoms as only a small percentage of our nervous system carries or perceives pain.

Our body can be heavily stressed without any alarms with or bells going off.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Normally our new patient examination costs over \$210, but readers of The SpringDale Messenger can receive our complete consultation for only \$47.

To take advantage of this offer, you can phone my assistant, Liz, on (03) 5253 2800 and schedule an appointment. By bringing in the coupon below, you will receive your special offer of only \$47 for a comprehensive consultation. I look forward to meeting you and helping you and your family achieve optimum health.

Dr Sharon Pedersen-Jones, Chiropractor

BONUS OFFER

Please tick

☐

YES! I would love to receive a complete consultation for only \$47.

I would like to make an appointment as soon as possible.

Please contact us on 5253 2800 or call into our office, Corrective Chiropractic Bellarine, at 13 Dumburra Ave, Clifton Springs to take advantage of this offer.

JULY - SPRINGDALE MESSENGER



L to R: Garry Scott, Doug Doble, Jill Moodie, John Watson & John Nicholson

Men's Shed proudly purchases a Crib

Jill Moodie, CEO of the Barwon Health Foundation accepts a cheque from members of the Clifton Springs Community Men's Shed. This donation will purchase a Neo-natal Crib, one of many needed to fit out the new Special Care Nursery.

The Shed is located at 45 Central Road, Clifton Springs and meets weekly on Monday and Wednesday and can be contacted on 0459 213 153.

Drink a Mug of Hot Chocolate



Every day more health benefits are being associated with chocolate.

An Italian study has suggested regularly consuming cocoa flavanols can positively affect cognitive function in older adults with early memory decline.

Supposedly improvements can be seen over a relatively short period of time.

So pop the kettle on, bring out the marshmallows and it may stave off memory problems.

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10/34 MURRADOC ROAD DRYSDALE

Magical Moments of the M~M 2014 celebration

It is midday, Saturday May 10 and I am at the Railway Station in Drysdale with the Coryule Chorus. We are waiting to welcome a special ceremonial canoe carrying water and fire from the You Yangs to the mouth of the river at Barwon Heads. The long trek began with due ceremony at dusk last night in the You Yangs.

Local people too have gathered to take part and a wonderful maze created to represent our local produce is being thoughtfully walked by many of them. Other singers are currently performing to entertain us.

At last the fluttering banners come into view, proudly leading and representing each of the 12 Council Wards. Our local banners - Coryule and Cheetham pass and then there it is, the magnificent timber canoe itself with its precious cargo, water and a smouldering fire.

Our group sings now of the goodness and productivity of the earth, of the beauty of sparkling water, and the sweet freshness of air. As the canoe moves off our song changes and we sing of carrying peace, love, and joy within us - like a river in our souls. All too soon it is over and the canoe disappears from our sight journeying on.

Later that day early evening, coming dusk at Barwon Heads and I have joined the singers of the Barwon Heads Chorale on the foreshore.

The whole area is alive with people, families, music, laughter - a lively carnival atmosphere with an air of expectant excitement. We all wait, watching the bridge that crosses the river from Ocean Grove. Finally the banners come into view flying proudly and the long procession moves on to the bridge. The crowd stills and turns to watch.

Our special songs ring out across the water. Songs which celebrate the natural elements of water, fire and air. This continues as the procession crosses the bridge and proceeds down along the foreshore.

As it all draws to a close a grand procession is formed up to follow the canoe along the water edge to a jetty area for the closing

ceremony. The chorale leads the crowd, singing now of the ever broadening river flowing on to the sea, and calling on her to care for us as a mother and to carry us safely always.

As the large crowd assembles to watch proceedings, the banners are placed at the furthest point of the jetty and flutter gently in the breeze. Quiet sound is playing, evoking thoughts of whale song and waves lapping the shoreline.

Before our eyes dancers as 3 giant white birds with long necks appear and slowly unfurl their wings beginning a graceful and slow moving dance.

Mayor Lyons in mayoral robes moves on to the jetty carrying a large vessel and as he nears the great birds they acknowledge his presence and he responds to them before he turns to face the crowd.

Water vessels from the canoe are now brought forward and the water poured into the larger vessel. This complete the large vessel is lifted high and carried ceremonially to the end of the jetty where watched by the great birds the water is returned to the sea. The final and culminating moment comes as suddenly the canoe bursts into flame from end to end and burning brightly begins to move away from us. Slowly it drifts, carried into the distance by the tide.

A stunning, spectacular and inspirational end to a most moving and thought provoking cultural celebration. A celebration of us all and the wonderful heritage we share.

Our songline running from mountain to river mouth.

I have tried to adequately describe just a small part of many wonderful happenings, there was much much more to this celebration.

Meryn Lavingdale



Bellarine Woodworkers

Bellarine Woodworkers has been expanding. Our workshop has been doubled in size and a new special interest group has been formed, wood carving. The additional area will be beneficial to the box-making and general woodworking groups and increase the safety of the workspace. There is also a large storage area, a necessity the original building lacked. We are indebted to the Bendigo Bank and the City of Geelong for grants to assist the construction of the additions.

Current special interest groups are woodturning, box-making, general woodwork and toy making, intarsia (making pictures with wood) and scroll-saw work, model making and wood carving.

The groups meet twice monthly on regular morning times at the workshop. There are no extra charges for tuition.

Anyone, male or female (we have a number of ladies making jewel boxes), wishing to take part can be taught by experienced woodworkers or use the facilities by becoming a member.

If you are interested in becoming a member, just come to one of our general meetings, which are held at SpringDale on the first and third Mondays at 1.30pm.

You will be made welcome.



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THE SPRINGDALE NEIGHBOURHOOD CENTRE 10AM - 4PM
SATURDAY 26 JULY



gardening in our district

Friends of the Bellarine Rail Trail Inc.

The group has been busy in recent weeks with new plantings at various points along the Trail, including Newcomb, Moolap, Leopold, and Curlewis. Total plantings since the revegetation work began in 2002 now exceeds 80,000 plants, but many hours have also been spent installing plant guards, weeding, mowing and cleaning up plantation sites as necessary.

There have been many new plantings along the Trail behind the Curlewis Golf Club at the site of the former Scarborough rail siding. This siding came into operation soon after the railway was opened in 1879, but was closed down when the Curlewis station site near the Geelong/Portarlington Road crossing was established in 1914.

Although Scarborough was a convenient location to service Coryule Estate and other local farms, it was difficult for farmers from the wider area to access, especially those nearer to Wallington, so it was in response to their needs that the Curlewis siding was built and Scarborough shut down.

Curlewis continued to operate until it too was closed in 1961, before the railway finally ceased to exist in 1976.

Our volunteers have also been involved in establishing a labyrinth at the rock garden site in Christies Road Leopold, in preparation for the recently conducted Mountain To Mouth Arts Walk. It was a busy day there on Saturday 10 May when many walkers stopped to enjoy a break for refreshments,



before the colourful procession re-commenced led by the symbolic canoe which was eventually set alight and put to sea at the river mouth at Barwon Heads.

Peter Cowden

For the Friends of the Bellarine Rail Trail Inc.
(03) 5251 3319



national tree day
PLANETARK TOYOTA
hotline 1300 88 5000

25 July Schools Tree Day

Each year around 250,000 Australian school students participate in Schools Tree Day - a special National Tree Day event just for kids. It's a great opportunity for children to learn about nature, get outside and have fun at the same time. This Schools Tree Day, all schools and their students are encouraged get involved and plant some trees for a healthier planet! treeday.planetark.org/schools/

27 July National Tree Day

Planet Ark is calling for people to connect with nature by getting involved in National Tree Day, Australia's largest tree-planting and nature care event.



People can participate by becoming National Tree Day site coordinators or attending plantings in their local areas.

treeday.planetark.org

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Raised beds are a versatile, convenient and water-wise method of growing vegies. You can put them on lawn, bare earth or even concrete. For successful year-round vegie growing, your bed needs a sunny position (at least four hours sunshine on the shortest days of the year). It's also good to have protection from strong winds, particularly hot northerlies.

Some of our beds are galvanised steel, some are made from pine sleepers (treated with non-toxic copper azole). I've also seen some great raised beds made from recycled materials. Just make sure it's a good, sturdy construction and rot-proof. Whatever the material, 80 cm is the most comfortable height – you don't need to bend to tend your vegies. However, annual vegies only need 30 cm of growing medium for their roots, so it would be a waste to fill the bed with compost to its entire depth. My solution is to place whole peastraw bales in the bottom. They're cheap, bulky and organic.

Shove extra pads of straw into any gaps. Then water thoroughly. Then your growing medium goes on top. In the bed shown in the photos I used organic potting mix, cow manure and compost. I don't use soil in most of my raised beds – this compost mix performs much better. I would have used weed-free home-made compost if I'd had any available. Finish about 5 cm below the rim so that there's still room for mulch. Ideally, leave the bed to settle for a few weeks before planting seedlings.

During its first year, the level in your bed will drop slowly as your peastraw bales rot down and become a thick, nutritious, moisture-retaining growing medium. After your first harvest, top up the bed by adding a layer of pea straw or lucerne hay, then more compost as required.



Top: The finished bed ready for planting.
Right: Peastraw bales are a good, cheap material to bulk up the bed.
Left: Add manure and compost.

Weekend Plant Sale - Botanic Gardens

A weekend **Plant Sale** will be held on **26 and 27 July** from **10am to 4pm** at the **Growing Friends Nursery** located at the rear of the Geelong Botanic Gardens behind the Botanic Gardens Office. A large range of plants include perennials and drought tolerant species are all from the Geelong Botanic Gardens and propagated by the Growing Friends.

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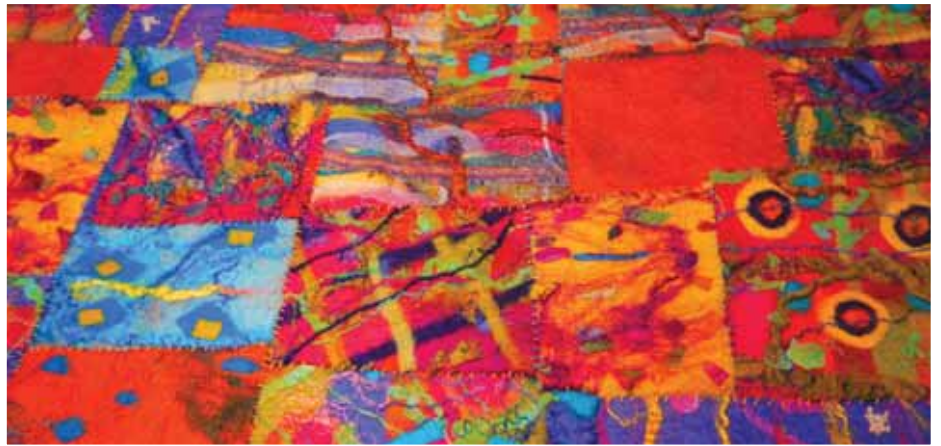
Felting Workshop - silent but productive

What an incredible time we had. Lots of silence as everyone concentrated on their beautiful work.

It was the best felting workshop I have been to. Elizabeth Armstrong is so easy going, and so passionate and so in control of her students everyone was so happy at the end of the 2 day workshop.

The first day we made 2 pieces of felt about 1metre x ½ metre. Lots of colour and fabrics and embellishments on the first piece, not so much on the second. They looked so good after being felted.

The next day we cut them up. What were we thinking! I can tell you we were in shock.



We did as we were told and what a beautiful result. The two pieces were put back together as one and then we stitched, and felted some more.

The results were amazing.

So looking forward to having Elizabeth back. Happy Felting everyone.

Julie Drobek

Neighbourhood Watch - Be safe...always



Smoke – Free Children's Recreational Areas

From 1 April, under the Tobacco Act 1987 smoking is prohibited within 10 metres of outdoor public children's playground equipment, skate parks and sporting venues during organised underage sporting events, as well as in the outdoor areas of public swimming pools.

Where does the ban apply? Children's playground equipment may include an individual piece of equipment as well as clusters of playground equipment, such as climbing frames, swings and slides. The ban applies to outdoor dining and drinking areas within 10 metres of outdoor children's playground equipment. For more information, visit <http://www.health.vic.gov.au/obaccoreforms/smoke-free-children-rec-areas/>



Carbon Monoxide – The silent killer

Carbon Monoxide is toxic gas with fumes impossible to see, taste or smell. It is often referred to as the *silent killer* as its effects can be deadly and you can die from inhalation before you are even aware of it. Carbon Monoxide (CO) is produced through the incomplete combustion of solid, liquid, and gaseous fuels. Improperly operating or improperly vented appliances can produce elevated, even fatal, CO concentrations in your home.

Who is at risk from Carbon Monoxide? All people and animals are at risk for CO poisoning. Any appliances that use gas, oil, kerosene, or wood can produce CO and operating these appliances in poorly vented or enclosed spaces or where vents, chimney and fluepipes are blocked can increase the chances of CO being produced.

Learn how to keep your family safe at www.chaseandtyler.org.au

Being aware of the symptoms of CO poisoning could save your life.

Symptoms are similar to flu, food poisoning, viral infections and simply tiredness. Remember the six main symptoms to look out for: Headaches, Dizziness, Nausea,



Breathlessness, Collapse, Loss of consciousness. Other signs that could point to CO poisoning:

- Your symptoms only occur when you are at home
- Your symptoms disappear or get better when you leave home and come back when you return
- Others in your household are experiencing symptoms (including your pets) and they appear at a similar time.

Carbon monoxide has no taste, smell or colour, making it impossible to detect. You are particularly at risk from CO poisoning while sleeping, and may not be aware of the symptoms until it's too late.

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Cheese Factory in Drysdale

Kel and a milk separator



I've been getting questions about the Cheese Factory in Princess Street and so I decided to let Anne write it down for us.

The factory was about 2 Chains (0.0402 kilometer) down Princess Street from the corner of Eversley Street. Just down from the common where the circus would set up when in Drysdale. The factory was a long building in the shape of a small hall. The horse drawn carts would queue up in the morning to deliver the milk in 10 gallon cans (37.8541 litres). The cows were milked twice a day and the milk was brought to the factory in the morning.

The vats in which the cheese was made were wooden not stainless steel like today. They were very long. They would often have a float bobbing up and down and would keep an eye on the temperature of the product in the vat. I remember seeing the curds form and loving to taste the curds – now maybe I would be hesitant.

I used to milk our family cow every now and then behind the Drysdale Hotel – the peppercorn tree is still there, where we had our cow bail. Milking the cow was not a favourite task, especially in the winter time when you had to catch the cow and lead her in and put her in the bail. Once in the bail, with a piece of wood to secure her, a rope to hold her leg from kicking the milk bucket, it was time to milk Betsy or maybe other names we had for her.

We separated the milk at the National Bank, where we lived. If you turned the handle on the separator too fast it would make the cream too thick. There was a little bell on the separator which would ding rhythmically when you reached the right speed.

(Kel will demonstrate milking the cow and using if asked.)

Anderson's was one of the biggest dairies around and Dudley Bryant used to take cream to a factory in Melbourne on one of Anderson's trucks for his Moo Cream to be processed.

Until next time

Kel Davis and Anne Brackley scribe

Dance to the lyric voice of Maggie Duncan

SpringDale Hall, 17-21 High Street, Drysdale Saturday 12 July 7.30pm until 10.45pm

Our last Bush Dance in April was such an enjoyable night that we have asked Maggie Duncan to come and be our dance caller again.

Maggie will be supported by the SpringDale Open Dance Band.

Dave Rackham, our latest new band member will also call a couple of dances. If you think this is the time of the year to hibernate, you can.

The rest of us are heading to the hall to have a merry dance, have a chat, have a snack and enjoy the great music in the heated hall.

Family \$25, Adults \$10, Students \$5

Free tea, coffee, cordial and chilled water all night. Please BYO light supper to share.



Bush Dance

Maggie has a great repertoire of dances that she can call, often while playing the fiddle and leading the band at the same time, they include bush dances, square dances, contra dances, waltzes and requests.

Dance Callers Workshop

If anyone is interested in attending a dance callers workshop to be held at the SpringDale Hall on the afternoon of the Saturday 12 July, followed by the Bush Dance in the evening. If you are interested please call SpringDale (03) 5253 1960.

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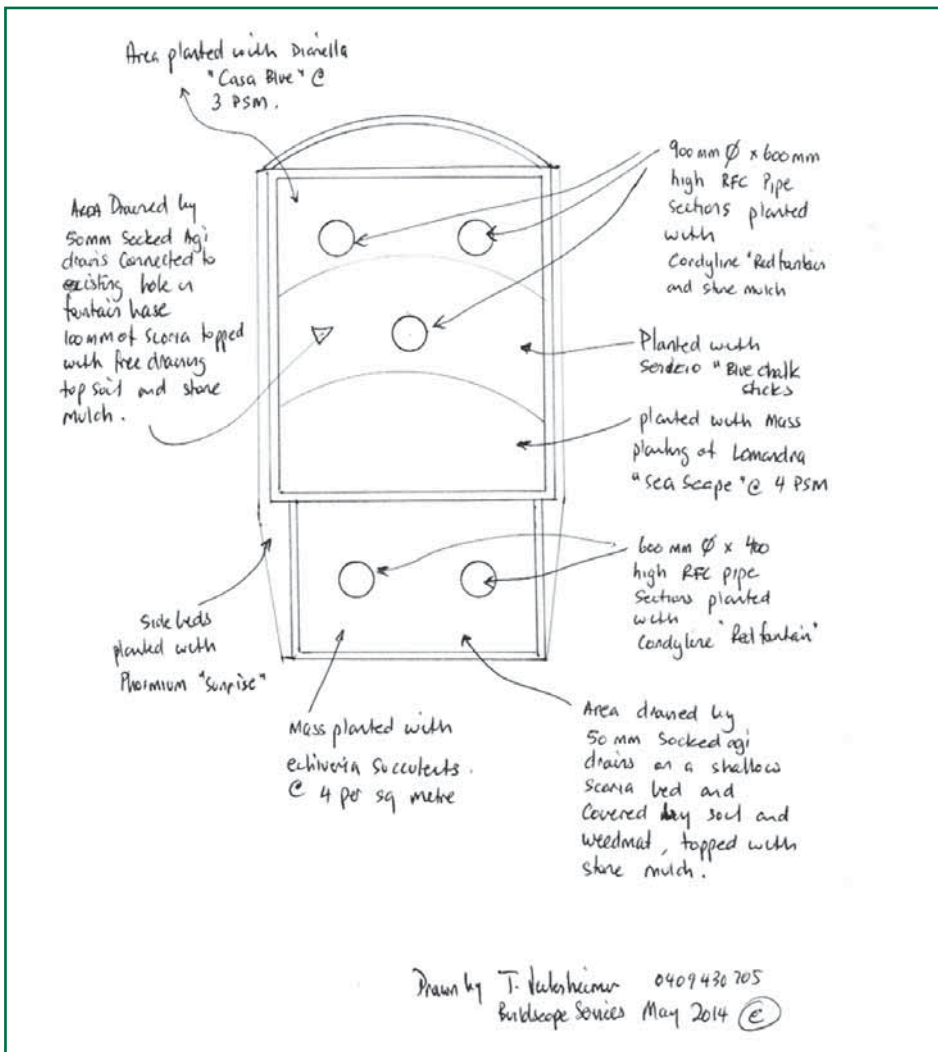
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Clifton Springs Fountain Draft Planting/Drainage Sketch



Blue Chalk Sticks



Cassablue-Dianella



Cordyline Red Fountain



Lomandra Seascapes



Phormium – sunrise



Echeveria succulents

DCSCA lodged 14 Community Concept Submissions for the 2014/15 Council Budget, and had 3 successful outcomes: -

Clifton Springs Fishing Jetty - there is \$150,000 to construct a T fishing platform at Clifton Springs, dependent on State Government funding allocation.

Springs Street Land (on the approach to the Dell) - approximately 300 flowering shrubs are to be planted in approximately 12 flowerbeds to obscure the fence line.

Drysdale Traffic - the recent Victorian State Budget allocated \$500,000 to study Drysdale Traffic Issues. DCSCA is meeting with a VicRoads representative to discuss Drysdale Traffic Issues.

Other DCSCA initiatives

Jetty Road Roundabout - Council agreed to beautify the roundabout with granitic sand and low growing plants.

Jetty Road Shared Path - Council has at last agreed to provide a 2.5m wide shared path on the west side of Jetty Road where it crosses Griggs Creek.

Bellarine Rail Trail News: -

- 1) Pedestrian lights will be installed along the Rail Trail at Jetty Road, and necessary improvements will be made to vehicle access points for emergency services and maintenance vehicles.
- 2) Council is to fund the sealing of the Bellarine Rail Trail from Portarlington Road, Curlewis to High Street, Drysdale.
- 3) **Rail Trail; High Street Crossing** - A new crossing is to be built slightly west of the existing crossing with a flatter approach and a central reservation which will link up with the new Lake Lorne walkway.
- 4) **Trail Signage** - Council has developed a standard cycling/pedestrian wayfinding design specification that can be implemented across the municipality.

Other News

Clifton Springs Foreshore

Work is progressing very well on beach renourishment and counteracting foreshore erosion.

Coryule Road is to be blocked off half way through the new subdivision.

Stage 1 of the Drysdale Sports Precinct has increased markedly in cost (due to unforeseen earthworks) but is to be commenced in the 2014-15 financial year.

Clifton Springs Fountain: - Money has been allocated to beautify the fountain.

Current Planning Applications of Interest

- 1) A proposal for a 103-place childcare centre at the junction of Jetty Road and Cowies Road.
- 2) A proposal for a two-story medical centre at the junction of Jetty Road and Centennial Boulevard.

Neil McGuinness
Secretary DCSCA

Regal Rhubarb



Thanks Meryn for the **Rhubarb Cake** recipe



and here's a favourite from our kitchen groups - they love having rhubarb outside the door of the kitchen.



Rhubarb Cake

Ingredients

60g butter
1½ cups brown sugar(firmly packed)
1 tspn vanilla
1 tspn grated lemon rind
2 eggs
500g fresh rhubarb cut into 2cm lengths
1 cup SR flour
1 tspn cinnamon
1 cup plain flour
1 cup sour cream

Topping

Extra ⅓ cup brown sugar, 1 tspn cinnamon

Method

Lightly grease a deep 23cm round cake tin.

Beat butter, sugar, essence and rind until light and fluffy.

Beat in eggs one at a time.

Stir in sifted dry ingredients and cream in two batches. Add chopped rhubarb.

Pat into cake tin, sprinkle with combined the topping of sugar and cinnamon. Bake mod oven 1¼ hrs



SpringDale Rhubarb Crumble

Ingredients

10 to 12 sticks of rhubarb
1 cup water
1 cup caster sugar
1 tsp powdered ginger
150g sugar
150g soften butter
200g plain flour

Method

Preheat the oven to 180C.

Cut the rhubarb to 5cm lengths place on oven tray, sprinkle with caster sugar and water and bake in oven for 10 minutes.

Once cooked, remove from the oven and sprinkle the ginger over the baked rhubarb and mix well.

Fill an ovenproof dish about 4cm deep with the rhubarb.

Rub with fingertips the butter into the plain flour and sugar to make the crumble topping. Sprinkle over the rhubarb and bake in the oven for 35-45 minutes, or until the crumble topping is crisp and golden and the rhubarb filling has softened and is bubbling.

Remove and allow to cool before serving with double cream, yogurt or ice-cream.



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Expressions of Interest

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Bellarine businesses are unique. They are known for their friendly nature and connection with the local community.

Giving local customers the level of service they deserve should never be underestimated, as customers will provide repeat business where they have had a positive experience and felt valued.

Excellent customer service simply begins with ensuring a positive experience at all points of contact, from the first email, phone call or face to face interaction, through the chain of events that lead to the end of the sale or service experience. Every stage of customer contact is an opportunity for a business to make sure that it is a positive experience, where the customer feels valued.

Think about your business, how can you make sure that all of the points of contact are a positive experience for your customers? Where and how can you turn your potentially negative experiences into positive ones?

We are taking expressions of interest for a **Customer Service** workshop for Bellarine Businesses to make their customer service processes a magical experience.

Judy Balmer

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Networking Events at SpringDale

‘Networking for Small Business’

Monday 7 July and Monday 4 August at 10am

Business Breakfast

Monday 25 August 7am

Topic: *Marketing opportunities.*

Lisa FitzGerald Brand,
*Vegan Health Educator
Self Awareness Coach*

Show and Sell

There's no doubt a great photo will help sell your product, but you need the right picture and you need the expertise to get the best photograph. In this course a professional photographer will teach you the techniques to help you show and sell, by making your product look its best. Whatever you are selling – from herbs to clothes, slices to handmade furniture – you'll learn something from this course. It covers lighting, composition, creating mood and working with individual products to make them look at their best. 2 x hour sessions with a cost of \$50. Trainer is George Stawicki. This course has been created from requests from Small Business solo operators.



Photograph: George Stawicki

Gluten Free

After the success of the Gluten Free morning Teas, Marianne will schedule Gluten Free Workshops. Please register your interest in being part of our **Gluten Free Interest Group**.

New Friday Men's Kitchen group

Commences on Friday 25 July 10am.
Bookings must be made.

Italian for Travel Language Class

The Italian for Travel Language Class recently hitched a ride with the Gardening Group and went shopping (as any Italian would) for food as well as visiting one garden centre.

It is nice to just wander around and see some of the amazing things that come from Italy. There were glass cabinets full of crystal clear grappa to warm the heart and clear the nose, for medicinal purpose only! Gluten free, organic and all sorts of cheese, dried and cured meats, stacks of porcini mushrooms, tuna, oils, olives, biscotti of various flavours, pickles of many shapes and colours, rice for risotto or arancini. One can just sit and wonder over a coffee and cake or pastry made on the premises as well as fresh pasta and bread.



Shopping in the Melbourne stores

Go by Bus with Agata

FUTURE BUS TRIPS with Agata could be Shopping for food (Melbourne), Shopping for kitchen utensils, Shopping for food (Geelong)

Agata is running **Tapas, Spanish and Italian Cooking** days over the next few months and is offering a *Taste of Italian for Travel* again next term.

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Students learning horse skills



The Winged Horse Equine Welfare Inc. hosts 40 Gordon Tafe students.

On Tuesday 10 June, we had our first large group of students for a day's program. Certificate III in Animal Studies students, from Gordon Tafe, attended the sanctuary, for some hands on experience with some of our horses and ponies.

The students had an introductory presentation about the sanctuary, which rescues, rehabilitates and rehomes equines, as well as other animals.

Barwon Equine Hospital gelded two mini horses, and we also had demonstrations of equine massage, dentistry and hoof trimming.

Students learnt safe handling skills, and we assigned a horse or pony for the day.

The day was so successful, we are looking at running a family day program in the July holidays.

Find us on Facebook,
email (harmoni333@iprimus.com.au)
or contact Carolyn (President)
on 0407 533 380 for more details.



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Numbers are on the rise for Soccer



Drysdale Soccer Club Senior Men's Division 1 team.



Drysdale Soccer Club Senior Women's Team

All sections of the club are beginning to grow.

Drysdale Soccer Club numbers have grown rapidly for the 2014 season, with senior men's teams competing in Div 1, Div 2 and Div 3 of the FFV Geelong competition and we are particularly proud of entering a senior women's team into local comp for the first time. Whilst early in the season, we are seeing positive signs from all senior teams on the pitch and there is a great feeling of togetherness around the club. We have been delighted to make six Afghan refugees welcome into our playing ranks to add to the inclusive atmosphere we have built. Our junior teams also continue to increase in number with under 11's, under 9's and under 7's mixed gender teams and an under 11's girls team playing in the southern Geelong Miniros events. Off the pitch we are working

in partnership with all levels of government and other sporting groups for the commencement of work on the Drysdale Sporting Precinct. We have our fingers crossed that we will finally be able to play a game at 'home' in Drysdale in the not too distant future. We are grateful to all our sponsors for their support in keeping our programs cost effective for all of the community.

Contacts: Junior Coordinator
Martin Bluml – 0408 109 647;
Senior Men's Coordinator
Jarrold Gladman – 0431 215 722
Senior Women's Coordinator
Steven D'Acunto.
www.drysdallesc.com.au

Send in your
sports news and
photographs
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World Environment Day



Above: Lachlan's winning postcard

Year 8 Environment Day "Sustainable Seas and Sustainable Aquaculture"

On Thursday the 5 June Year 8 students acknowledged World Environment Day by participating in environmental workshops. The workshops educated the students about their local environment and its significance to the Wathaurong people, the importance of estuaries, melting icecaps and glaciers, sustainable fishing and aquaculture practices and how plastic is causing problems in our oceans. Students planted one hundred native trees on the school grounds and some students were selected to visit a local farm to help build an important vegetation corridor. Thanks to the sponsorship from A Maze'n Games, Bellarine Adventure Golf, Go Ride a Wave, South Bay Eco Adventures and the National Wool Museum, prizes were awarded to students who designed postcards with the best environmental messages and wrote the best pieces about the day.

First prize for the best postcard went to Lachlan Hill. The winner of the writing competition was Rebecca Morris for the following piece she wrote about her experiences on the day:

Environment Day 2014

We began the day with a ceremony of smoke,
The leaves we burnt were not oak.

We began our first session in room three,
'You are what you eat' presented by Maddie.
We learnt about litter in the ocean,
Which causes quite a commotion.

Next we went to science room two,
In which we learnt about fish in the big blue.
We saw how big the yabbies could get,
Their claws were a very big threat.

We went to room four,
The pictures in the movie left us in awe.
The glaciers moved because of
climate change,
The way they moved was quite strange.

After that we went to science room one,
We learnt how eels swim the long run.
Presented by Sarah and with Georgie to help,
We tested the water which may
have grown kelp.

We went to the music and drama room,
We learnt what to tell when the
wattles bloom.

I really enjoyed environment day this year,
I hope year 8 get to do this year after year.

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