

Cheese Making, a popular endeavour

BRAVO! Warm congratulations to **Richard Thomas, Anne Brackley and local producers**, along with a great **group of volunteers** for a fantastic **Tasting Evening** held recently at SpringDale. The amazing local products within our Bellarine Peninsula are outstanding and first class.

It was enlightening to all, in attendance, to hear each producer's descriptive and informative account of their fine foods and wines followed by serving plates of very wonderful foods and wines. Included in our tastings were cheeses, infused olive oils, a variety of olives, salamis and prosciutto, local beef and lamb, local wines and blue berries.

Once again, sincere gratitude to all involved in showcasing the Bellarine Peninsula.

When Springdale arranges a similar Tasting Evening in the future we highly recommend you book early.

Carol & Graham



Special thanks to **Richard Thomas**
Agata Commisso *Amoré Cucina*
Leanne and Noel Osborne *Bellarine Olives*
Adam Trezise *Bellarine Beef and Lamb*
East Geelong Quality Butchers
Chris Lean *Tuckerberry Hill*
Peter Kenny and Gavin *Bellarine Estate*
Meredith Dairy



SpringDale
Neighbourhood
Centre, Drysdale,
supporting
this innovative
evening.



Richard Thomas displaying his technique making Mozzarella and above Agata Commisso with a selection of Italian meats.

TERM 4 Course & Opportunity Guide Pages 11-14

Challenge yourself and enrol in a course with a different direction. Learn a language or take a photo.

Support your local SpringDale Neighbourhood Centre and enrol today.

Community CALENDAR

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE October 2014 **Bookings/copy required** by 1 Sept 2014 **Dist:** Sat 27 Sept **Circ:** 11,000 copies

SpringDale Neighbourhood Centre Opening Hours Mon to Fri 9am - 5pm and by appointment.

Monday	1	Small Business Morning Tea SpringDale 10.30am
Thursday	4	
Friday	5	
& Saturday	6	Sheerluck Holmes - Potato Shed
Saturday	6	Harvest Basket Produce Swap & Sell SpringDale 9am – 11am
Sunday	7	Sing Into Spring Geelong Harmony - Potato Shed Father's Day Bellarine Vintage Machinery Group from 10am Drysdale Station
Monday	8	SpringDale Dining Group dinner at Drysdale Hotel 6.30pm
Saturday	13	St James Trivia night @ Clifton Springs Bowls Club 6.30pm
Tuesday	16	Command Variety Performance - Potato Shed
Friday	19	School Term 3 ends
Friday	19	
& Saturday	20	Red Velvet - Potato Shed
Friday 19		
– Sunday 28		SpringDale Art Show – SpringDale Hall
Sunday	28	Portarlington Market 9am – 2pm
Tuesday	30	
also		
Wednesday	1	
Thursday	2	321 Blast Off School Holiday Show - Potato Shed
OCTOBER		
Friday	3	321 Blast Off School Holiday Show - Potato Shed

Father's Day Display



The Bellarine Vintage Machinery
Group Display
Sunday 7 September
from 10am near the Drysdale Station



Turn to pages 11–14 this issue
Course & Opportunity Guide

Term 4 September - November 2014.

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All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.
Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



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Department of Planning
and Community Development



Department of Education
and Early Childhood Development



Coordinator's News

Anne Brackley



L-R: Hon Terry Mulder MP, Minister for Public Transport and Roads, Anne Brackley, and Cr Ron Nelson holding VicRoads Surveys.

Dear Everyone

SpringDale enjoys welcoming people from all over the Bellarine and beyond to our classes, groups and activities. It doesn't matter where you live, SpringDale may offer the activity that you have been looking for. Some people travel 25 km or more to regularly come to SpringDale activities. We have been successful in attracting international presenters and even international participants – I think that was very special having someone fly from New Zealand to attend a class at SpringDale.

Over the last 25 years, we have been able to support ideas, services and our community in a wide variety of ways. New groups and classes are being suggested, presented and taken up quite quickly – during last month we suggested a Dining Group and it started, also Raw Foods Classes, a fifth Men's cooking group and Dungeons and Dragons Game

group – all successfully started and gained great support. Who knows what next month will hold – it will depend upon what our community suggests.

Our community continues to thank all the businesses who support our SpringDale Messenger as the way that our voice and the voices of many groups within the community are heard. By sharing ideas for activities and upcoming events, many people are then able to participate, gain skills, meet people and hopefully enhance their lives. Thank you to everyone who helps to bring opportunities to our community.

A couple of important events happen in September, Adult Learners' Week, from 1-8 September and the SpringDale Art show from Saturday 20 September to Sunday

28 September. SpringDale hosts many events of great variety and we continue to try to have something for everyone in the community at least once a year.

We still have some funding to support parents / carers by providing subsidised childcare while they are attending our Learn Local funded classes. If you would like to attend a Learn Local class but need childcare this program may be for you. Please ring SpringDale to discuss eligibility requirements.

Looking forward to giving you a guided tour of SpringDale so you will gain some idea of the wonderful things that happen at SpringDale, and opportunities that we support to happen in our wonderful part of the world.

Lastly, I sincerely thank all the people who made our first Tasting Evening the Bellarine and Beyond such a success Richard Thomas, one of the best cheese makers in Australia (maybe the best!), Agata Comisso one of our tutors, Noel and Leanne Osborne from *Bellarine Olives*, Adam Trezise from *Bellarine Beef and Lamb East Geelong Quality Butchers*, Peter Kenny and Gavin from *Bellarine Estate*, Chris Lean from *Tuckerberry Hill* and *Meredith Dairy* for cheese and goats milk, our wonderful volunteers who pulled the whole evening together and the fantastic members of the community who made the evening so enjoyable. The good will in the hall was very tangible. The whole evening ran so smoothly the only problem was people not being able to fit all the tastes in. Please register for SpringDale updates on our website to ensure you are emailed about our next event. We have been asked to make this an annual event.

Yours sincerely

Anne Brackley for Team SpringDale

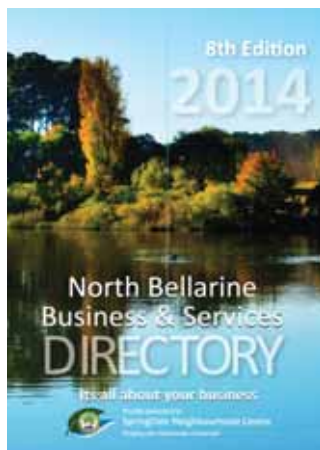
UPDATE



Small Business Morning Tea

Our **Small Business Morning Tea Group** has continued to build in numbers. Our September get together will be on **Monday 1 September**. Please come prepared to share your elevator pitch with our members. We meet on the first Monday of each month at 10.30am. Call SpringDale on (03) 5253 1960 for more information or email office@springdale.org.au

Nigel Rawlins



Bookings for the 2015 North Bellarine Business & Services Directory are NOW OPEN!

More than 10,000 copies of the 2014 edition have been home delivered in the Bellarine, and 17,000 copies will be distributed of the 2015 edition.

Please to ring (03) 5253 1960 or email to directory@springdale.org.au to place an entry.



Drysdale Fire Brigade Garage Sale

Saturday 4 October
8.30am - 12.30pm

Please help and support your local volunteer fire brigade
All saleable items greatly appreciated
Items can be dropped at station between 9am and 11am

Sunday 14, 21 & 28 September
For collections

Please call 0409 478 872
or 5253 1444

Email: drysdalecfa@gmail.com

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Drysdale CFA



WIN ONE DOUBLE PASS POTATO SHED



Command Variety Performance

Tuesday 16 Sept @10.30am

To enter fill out the coupon, send or deliver to:
SpringDale Neighbourhood Centre
High Street, Drysdale

Name: _____

Address: _____

Phone No: (03) _____

COMPETITION CLOSSES 3PM FRIDAY 12 SEPT



Elections on the way

With an election fast approaching, now is the time to gain some momentum behind our campaign for the Potato Shed Masterplan. Details can be found on the Potato Shed webpage, if you wish to see the expansion, show your support fill in the petition on our webpage and spread the word.

Speaking of bursting at the seams - look what's coming up in September.

Bellarine Jongleurs are back with the senior group annual performance, *Sheerluck Holmes*. A great culmination of the hard work these talented youngsters have been doing all year. Sing Into Spring will bring the *Geelong Harmony Chorus* and *Geelong Welsh Ladies Choir* together to combine their talents in a marvellous musical collaboration, a great way to spend a lazy Sunday afternoon.

The lovely ladies of Dance Initiative Productions will also present their years work, *Red Velvet*, a glamorous night of dance, fun and fantasy - book a table, bring along some friends.

And for a touch of harmony and comedy, Drop of Hat Productions this month present a *Command Variety Performance*, Drysdale's version of the Royal Variety Performance.

Get more info on the campaign at www.geelongaustralia.com.au/potatoshed, call us on (03) 5251 1998 or follow the Shed on Facebook.

See our ad for upcoming shows and to book tickets simply call the Shed directly on (03) 5251 1998.

Whats' on at the Shed SEPT 2014

Thurs 4, Fri 5 & Sat 6 Sept
Sheerluck Holmes
Bellarine Jongleurs
7.30pm
Adults \$15
Concession \$12
Family \$50 (4)

Sun 7 Sept
Sing Into Spring
Geelong Harmony Chorus
& Geelong Welsh Ladies Choir
2pm
Adult \$22 Child \$12
VIP/Conc \$18

Tues 16 Sept
Command Variety Performance
10.30am
\$15 incl morning tea.

Fri 19 & Sat 20 Sept
Red Velvet
Dance Initiative Productions
7.30pm
All Tickets \$25

Tues 30 Sept
Wed 1, Thurs 2 & Fri 3 OCTOBER
321 Blast Off School Holiday Show
10.30am & 1.30pm daily
Tickets \$9, Family(4) \$32

Set in late Victorian England, this musical is a hilariously extravagant send-up on the great detective and the ever-bumbling Watson.

'SHEERLUCK HOLMES'

Thursday 4
Friday 5
Saturday 6
September
7.30pm

Dance Initiative Productions invite you to awaken your senses, inspire your imagination and become seduced by the beauty and originality of *Red Velvet*.

Red Velvet

Friday 19 & Saturday 20 September

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres. The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale Ph: (03) 5251 1998

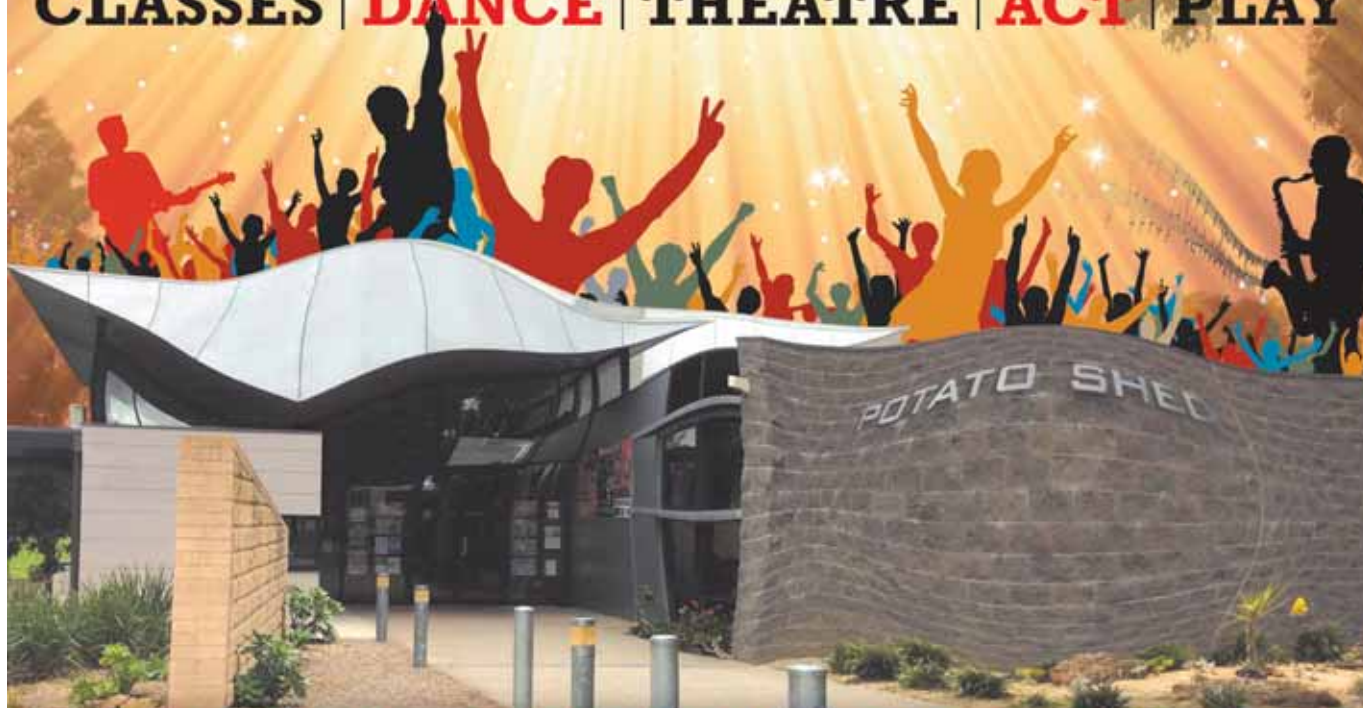
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MAKE THE EXPANSION HAPPEN!



We're more than an arts venue. Opened in 2001, the Potato Shed now offers over 1300 workshops, classes, professional touring theatre and community events every year.

THE CHALLENGE?

The Potato Shed needs to expand, so that community groups and individuals can find the space to learn, explore and be involved in this inspirational community space!

Been to the Potato Shed recently? This amazing community hub is bursting at the seams!

We're proud to open our doors to locals and visitors, the young and the not-so-young, theatre buffs, music lovers, students, seniors and families.

WHAT CAN I DO?

- > Go online and sign the petition www.geelongaustralia.com.au/potatoshed
- > Check out the campaign on Facebook
- > Pick up a postcard from the Shed or your local Customer Service Centre
- > Call us for more info on 5251 1998



41 Peninsula Drive Drysdale Victoria 3222
www.geelongaustralia.com.au/potatoshed





Police Stations Update

Unfortunately responses to our letters to the Minister for Police and the Chief Commissioner have indicated an unwillingness to meet with community representatives. So Cr Lindsay Ellis, I and other community representatives organised the Vigil outside Drysdale Police station on 8 August to keep the issues alive with the State Government and Police Command. The Vigil was a great success and thanks to everyone who came out to support our local Police and show their concern about the downgrading of Police services across the Bellarine.

As the Member for Bellarine, I will continue to work hard on these issues and I am committed to maintaining the three smaller stations with Police back on duty 16 hours a day, and rosters that see Bellarine Police working in Bellarine.

Ann Nichol House

On Sunday 3 August, the community again came together for an update about the proposed sale of Ann Nichol House by Bellarine Community Health. The good news - it has not yet sold, the bad news - neither the State Government nor BCH have been willing to listen to the community and put a halt to the sale and undertake a proper consultation. In fact, the State Government have appeared to change the protection that was on the land that Ann Nichol sits and BCH have also flagged closing their other aged care facility in Point Lonsdale.

The meeting unanimously voted to support a resolution calling on BCH and the State Government to halt all proposals of sale unless and until the community and those who contributed to building Ann Nichol House are consulted and agree to any changes in arrangements. Community members have been encouraged to again write to or email the State Minister for Health and the Chair of the Board of Bellarine Community Health. I am determined to continue working with the community to stop the sale of Ann Nichol House.

Contact details:

Hon David Davis MP, Minister for Health
GPO Box 4057
MELBOURNE VIC 3001

Ms Hazel Ingram, Chair of the Board
Bellarine Community Health Ltd
PO Box 26
POINT LONSDALE VIC 3222

Drysdale Primary School Announcement

The Shadow Minister for Education, James Merlino, and I visited Drysdale Primary to announce Labor's commitment to provide \$3 million to upgrade the school facilities. The funding will be used to replace portables and refurbish other classrooms. Priority is a new Prep early years classroom.

Drysdale Primary is such a great school with quality teaching and programs and a strong school community. The increasing number of local young families adds to the urgency to upgrade the buildings. As the Member for Bellarine, I am pleased to make the

commitment to provide the community with the school facilities they deserve.

Drysdale Soccer Club

Drysdale Soccer Club is going from strength to strength and it was to fun toss the coin before one of the matches at Howard Glover Reserve in East Geelong recently.

As the Member for Bellarine, I am working with the club to push for funding for sporting facilities in Drysdale/Clifton Springs so they are able to practice and compete on grounds in their home town.

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP, Member for Bellarine, lisa.neville@parliament.vic.gov.au
Twitter @LisanevilleMP. (03) 5248 3462

Letters to the Editor

Bunyip Festival - a plea to reconsider

Thanks for writing a great article about the Bunyip Festival. My girls became students at Clifton Springs during its inaugural year after having been part of the dual school one campus period. I now have grandchildren at both Clifton Springs and Drysdale Primary Schools. I suggest a Final Farewell Bunyip Festival for 2015 to help us all say goodbye to the Festival if it has to go after 40 years. It is part of my family's calendar and we will miss this great annual event. Please reconsider its closing.

Jenny, Clifton Springs

Bikes on Rail Trail

Recently I was walking my dog along the Rail Trail when suddenly a voice said *good*

morning right next to me. Apart from nearly jumping out of my skin as the owner of the voice flew past me at speed on his bike, it made me aware of how vulnerable it made me feel. While I always walk on the left of the path to allow bikes to pass it would be nice to be alerted to their approach from behind, a simple shout of *bike* or a good old fashioned ring of a bell would be good.

I have good hearing and I did not hear his approach and even a bell ring may not be heard by someone with a hearing problem or a child distracted for a moment.

As we all know the Rail Trail is a shared trail between walkers and bikers, young and old, so with such a blend of users could we please just be considerate of others. Thankyou.

A Rail Trail Walker

Send your letters to: messenger@springdale.org.au

De Facto Law Worries?

Come in for a *free* chat

RISTEVSKI
LAWYERS

1 High St., Drysdale
(old Post Office) Ph: 5251 3453

5 September
Legacy Badge Day
Badge Day is part of
Legacy Week.

Iconic badges are offered as a token of appreciation for the donation made by the public. Legacy is dedicated to caring for the families of deceased and incapacitated veterans. Today Legacy's caring and compassionate service assists over 100,000 widows and 1,900 children and dependants with a disability.
www.legacy.com.au/LegacyWeekMerchandise



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St James

Calling all Trivia Enthusiasts

St James' next fundraiser will be a **Trivia Night on Saturday 13 September at Clifton Springs Bowls Club** (opposite Clifton Springs Golf Club). Doors will be open at 6.30pm with the picture quiz already out on the tables, and the first round of questions will be at 7pm – so it's worth getting there early! The maximum number permitted in a team is 8, and if you can make up a full team – that's good. If you'd like to take part, but haven't got a full team, no worries, as teams can be put together for you.

Advance booking is essential for seating and catering as tea/coffee and slices will be provided in the interval. Most quizzers bring their own snacks, but no BYO drinks please as the Bar will be open, and St James thanks the Bowls Club most sincerely for hosting this event for them. There will be a fun Raffle with lots of prizes. So brush up on your Trivia knowledge, support this event, have a fun evening and Good Luck!

Tickets \$10 each, available from Pauline Cline, telephone (03) 5253 2717.

SpringDale Dining Group - great evening out



The first meeting of our new Dining Group went very well, with 9 people joining us for dinner at the Asian Wok Noodle Bar to enjoy a scrumptious banquet. Our group has decided to meet on **Monday 8 September at 6.30pm** at The Drysdale Hotel. The Dining Group could be a way to meet people within our community and support our local businesses.

A number of others have put forward their interest in our group, so we could have 20 or more at the next dinner. Cost will be dependent upon the restaurant that we attend. Please register your booking with SpringDale on (03) 5253 1960.

Thanks for being supportive of this initiative.

Anne Brackley

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Tuesday	Dinner: Parma Night - 4 types!	\$15
Wednesday	Dinner: 220gm Steak	\$16
Sunday	Two Course Roast Lunch	\$19 ⁵⁰
Monday to Saturday	Two Course Lunch Special	\$15

Kevin Mahoney
Appearing Friday's 5 & 19 Sep in the Bistro 6.30pm - 9.30pm

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* Not valid Public Holidays
* Conditions apply - not available on all meals.

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Sept 2014

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f www.cliftonspringsgolfclub.com.au
and Facebook for more details

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Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au

For Bookings & Information



SpringDale Artists

SpringDale Art Exhibition

This year the SpringDale artists present their 8th annual exhibition over a full week and we hope you enjoy the variety of work we have for sale. Come and join us at our opening 5pm - 6.30pm on Friday 19 September and enjoy the art along with some refreshments and entertainment by a local jazz trio. Our guest speaker will be John Caskey, an artist and educator from South Australia.

Date & times: 20 -28 September
Saturdays & Sundays 10am – 4pm.
Week days 10am – 2pm.

Venue: SpringDale Hall
Entry by gold coin donation.



Funeral Planning

with Maree East from Tuckers

Did you realise there is no requirement for a financial payment when making a Funeral Plan?

Maree is available to provide free information and practical advice on the 1st Friday of every month from 9.30am till 12.30pm at the SpringDale Neighbourhood Centre.

For more information contact Maree at Tuckers on **52214788** or visit www.tuckers.com.au

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29 September

National Police

Remembrance Day

The **National Police Remembrance Day** honours the memory of those police men and women who have given their lives in the service of the community.

www.auspol.org



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Lake Lorne

The next stage

The next stage of the pathway to be constructed as part of the implementation of the **Lake Lorne Reserve Masterplan** is about to commence. This section involves constructing the pathway through a 260 metre section of land owned by VicTrack and managed by the Bellarine Tourist Railway. After a lengthy process in preparing detailed plans and having these independently assessed the City has signed a Shared User Pathway Licence with VicTrack enabling use of part of the railway reserve to construct the pathway and associated fencing. The City has also obtained approval from the Bellarine Tourist Railway enabling the various contractors to work in the railway reserve without impacting on the tourist railway operation. The City has received excellent support from VicTrack and the Bellarine Tourist Railway to enable this project to proceed and we are very grateful for their strong support to the project.

The next stage of the pathway commences at the existing asphalt pathway on the eastern side of the reserve and extends through the north-eastern section of the Lake Lorne Reserve and then runs along the southern boundary of the Drysdale Railway Station reserve ending near High Street. New timber post and rail fencing will also be constructed as part of the pathway works as well as new seating at key designated locations in accordance with the approved Masterplan.

All the contractors working on the project are local Geelong businesses and it is anticipated that the pathway works will be completed in 8-10 weeks.

Another project, being coordinated by the City's Engineering Services Unit, will compliment these works and involves improvements to the High Street Bellarine Rail Trail crossing. These works will link the new Stage 2 pathway to the Bellarine Rail Trail and provide a much safer route for trail users.

The final stage of the Lake Lorne Reserve pathway project, being Stage 3, involves the construction of an elevated boardwalk through the low-lying NE corner of the Lake



Lake Lorne

Photograph George Stawicki - stawickiphot.com

Lorne Reserve. This structure and associated earthworks will link the Stage 1 and Stage 2 sections of the pathway enabling the public to walk safely around this important conservation reserve and historic railway station precinct. Due to the low-lying nature of this area the construction works will be programmed for later in the year or early in

2015 during the drier months and when the site is trafficable. Further updates will be provided when these works are scheduled to commence.

Bruce Humphries

Coordinator Environmental Planning
& Waterways Environment and Waste
Services Unit

Thank you to Max Gleeson & Joe Groom

We wish to sincerely thank Max and Co. from the Drysdale Lions Club for their materials, time and artistic flair, it was deeply appreciated. The train signs will be most helpful at Christmas time.

We look forward to seeing everybody this Christmas for the twinkle of lights and the toot toot of trains.

David and Michael



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VicRoads Community Survey



Photography George Stawicki



The Victorian Government has committed half a million dollars towards a Drysdale Road Network Planning Study and the development of a business case to improve traffic conditions in Drysdale. The Study will focus on traffic flow through and around Drysdale, congestion, the number of commercial vehicle trips through the town centre and a review of township amenity.

In late July, VicRoads launched a community survey which aimed to get feedback from the local community as to what they consider as the main concerns regarding moving people in, around and through Drysdale. VicRoads South West Regional Director, William Tieppo said the survey results will feed information into the planning study.

"We really wanted to capture the community's thoughts to know what they see as the key issues and what is important to them," Mr Tieppo said. "We will use the opinions provided by the local community, together with the technical data that our engineers have collected, to prioritise and plan options to improve the flow of traffic in this region. Mr Tieppo said "More than 400 people completed the survey VicRoads staff also met with about 50 residents in Drysdale

at an information session and it was pleasing that there was a good representation of different ages and locations, including Drysdale, Clifton Springs, Portarlington, and Indented Head," Mr Tieppo said. "We're also very grateful that locals took the time to come out and talk to us about their traffic concerns, as well as what's working here." Mr Tieppo said work already undertaken to get to this point includes an impact study for High Street, Drysdale that involved modelling of future traffic patterns in and through Drysdale, and investigative works involved with obtaining funding for this Study.

"The next stage of the investigation includes assessing the economic, cultural, social and

environmental issues associated with the transport network in Drysdale, and will include traffic analysis and other technical studies," Mr Tieppo said. "The Road Network Planning Study will take around 12 months to complete and prepare a business case for improvements and it is our intention to come back to the community with the results and plans for discussion."

"It is expected that in late 2015 a business case will be submitted to the Government for funding consideration in a future roads program," Mr Tieppo said.

Melissa Farrell - Communications and Stakeholder Relations Officer VicRoads

Golden Anniversary For Drysdale Pre-School



2014 marks the 50th year since Drysdale Pre-School first opened its doors to offer children an environment to explore, investigate, experiment and participate in shaping their own learning. To celebrate this milestone, we are inviting ALL families past and present to join in our festivities. There'll be plenty of fun for everyone, so save the date in your diary to join us.

If you or someone you know attended the

Pre-School during the past 50 years we'd love to hear from you. We're looking for old photos, stories and memorabilia you may have to help with our display. If you have something you'd like to share please contact Judith on (03) 5253 1663.

Golden Anniversary Celebrations will be held from 1 - 4pm, 25 October. All welcome. Drysdale Pre-school, 1/25 Eversley Street, next door to the Police Station.

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**DRYSDALE
COMMUNITY CHURCH**

Join us
Great music, relevant messages,
friendly atmosphere.

Sunday 10.00 am
(Includes Kids ROK Zone & ROK Toddlers)

276 - 290 Jetty Rd Drysdale
(03) 5253 2241



October – December 2014

Courses are designed and presented according to requests and ideas from possible students or possible trainers. If needed and possible we try to schedule extra courses. We are also facilitating one on one sessions where requested and possible. Subsidised childcare may be available for people attending *Learn Local* funded classes, conditions apply.



Computers



Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension. \$55 Concession Fee consists of the following: \$25 subsidised tuition fee + \$30 services fee

iPad & iPad like Devices

We now have three different classes for the three different types of tablet/iPad devices – we will need information to ensure you are in the correct class.

Learn how to use basic iPad functions, practice scrolling, learn about iPad apps and much more in a fun supported environment. Please let the office know what type of device you have when you register.

Introduction to iPad

Skill Level: Beginner

Dates/times: Mon 27 Oct – Mon 15 Dec

1pm – 3.30pm (8 sessions)

Fee: \$170 or conc \$60

Tutor: Jonathan Harris JNH Software P/L

Introduction to Tablets Android

Skill Level: Beginner

Dates/times: Wed 29 Oct – Wed 17 Dec

10am – 12.30pm (8 sessions)

Fee: \$170 or conc \$60

Tutor: Jonathan Harris JNH Software P/L

Introduction to Tablets - Windows

(Microsoft Surface, Toshiba Encore, Lenovo ThinkPad etc.)

Dates/times: Wed 29 Oct – Wed 17 Dec

1pm – 3.30pm

Fee: \$170 or conc \$60

Tutor: Jonathan Harris JNH Software P/L

Computer Performance & Maintenance

Do you wonder why your computer slows down or runs out of disc space. We will discuss the causes of and how to fix these issues. This entails clearing your computer of unnecessary files and how to keep your computer running at its best performance. We also show you how to fix your computer when it does not boot into Windows and how to respond to error codes on your computer.

Dates/times: Mon 27 Oct – Mon 15 Dec

10am – 12.30pm (8 sessions)

Fee: \$170 or conc \$60

Tutor: Jonathan Harris JNH Software P/L

Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn how to use a Memory Stick and how to resize pictures and share them with your family.

Materials: Photos optional

Dates/times: Mon 27 Oct – Mon 15 Dec

4pm – 6.30pm (8 sessions)

Fee: \$170 or conc \$60

Tutor: Jonathan Harris JNH Software P/L

Introduction to Computers C/E

From turning on the computer onwards.

Learn how to create tables, use tabs, columns, clipart and place a border, send and receive emails. Understand the Internet and browse different search engines. Learn about virus protections.

Skill Level: Beginner +

Dates/times: Thurs 16 Oct - Thurs 11 Dec

1pm – 3.30pm (8 sessions)

(8 sessions) **Fee:** \$170 or conc \$60

Tutor: Colin Barnard, C&K Designs

Intro to Computers F

Learn how to install and uninstall programs, clean up deleted items and documents, use cleaner and defragger to keep your computer running smoothly, download software from the internet free, antivirus program s and others from the internet. Set up your computer the way you want it.

Skill Level: Beginner++

Dates/times: Tue 14 Oct – Tue 9 Dec

1pm 3.30pm (8 sessions)

Fee: \$170 or conc \$60

Tutor: Colin Barnard, C&K Designs

Buying and Selling on eBay

Does eBay confuse you? Would you like to be able to buy and sell on eBay with confidence? Then this course will navigate you through the process of getting started and using this worldwide facility to buy or sell your chattles. Please register your interest so we are able to conduct this vital course for you.

Dates/times: Sat 25 Oct 9am – 1pm

Fee: \$40 **Tutor:** Brett Kerr

Four Steps to Edible Gardening

This 4 session course will cover the basics of starting an edible no-dig garden, using a raised wooden box. ou will have a practical hands on demonstration. You will gain knowledge and skills to make your own garden to grow vegetable and herbs at home.

Session 1: Site assessment and soil preparation for vegetable gardening.

Date/time: Sat 25 Oct 9.30am – 11am

Tutor: Steve Williams

Session 2: What to grow in the veggie garden.

Easy staple crops to suit your soil on your site, choosing crops, planting veggie seedlings, watering & weeding.

Date/time: Sat 25 Oct 9.30am – 11am

Tutor: Linda Walker

Session 3: Feeding and mulching.

Worms, compost and other natural soil additives plus mulch for soil improvement.

Date/time: Sat 22 Nov 9.30am – 11am

Tutor: Dennis Walters

Session 4: Protecting your veggie crops.

Protecting your crops from wind, birds, pests and diseases and general care to ensure a healthy harvest of vegies.

Date/time: Sat 6 Dec 9.30am – 11am

Tutor: Steve Williams

Fee \$40 for the whole course or \$15 per session



Accredited courses



Food Handling and Safety

(Apply basic food handling)

Code SITXOHS002A

Great for school leavers, volunteers and those already employed in food related areas. This accredited module will give knowledge and skills in correct and safe food handling, storage and hygiene. Update your skills and improve your job prospects today.

Dates/times: Sat 1 Nov 9am – 3pm

Fee: \$100

Venue: SpringDale

Tutor: Ocean Grove Neighbourhood Centre

Responsible Service of Alcohol

Covers all areas relating to the service of alcohol in and around licensed premises. Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

Dates/times: Sat 8 Nov 9am – 12noon

Fee: \$70

Venue: SpringDale

Tutor: Ocean Grove Neighbourhood Centre

First Aid – Provide First Aid

Code HLTAID003 (prev Level 2)

Pre online course work is required

Dates/times: Fri 24 Oct 1pm – 6pm

or Sat 22 Nov 9am – 2.30pm

Full Fee: \$120

Tutor: Stayin' Alive First Aid*

Provide CPR

Code HLTAID001

Pre online course work is required

Dates/times: Fri 24 Oct 1pm – 3pm

or Sat 22 Nov 9am – 11am

Full Fee: \$50 **Tutor:** Stayin' Alive First Aid*

* Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO 90909

SpringDale Neighbourhood Centre will be closed for Melbourne Cup. Apologies for any inconvenience that may cause.

To attend SpringDale Groups you must be a member of SpringDale. Annual Membership \$12. Each group charges a small ranging from \$2 to \$12 per session.



Courses during the day

Limited subsidised places are funded through ACFE Funding (Adult Community & Further Education) and are available for those who have a Health Care Card, Gold Card or for those who are on a Pension. \$55 Concession Fee consists of the following: \$25 subsidised tuition fee + \$30 services fee

Discover the artist within - Level 1

An introductory or refresher Art Course in Drawing and Painting for Adults. No previous knowledge required. This course increases the skills of seeing and drawing and then introduces colour and painting. **Class materials required:** A3 Sketchbook or A3 visual diary, 2B and 4B pencils.

Dates/times: Tue 14 Oct – Tue 9 Dec 9am – 11am (8 sessions)

Fee: \$130 or conc \$55 **Tutor:** Annette Playsted
Materials list available from SpringDale office.



Discover the artist within - Level 2

An Intermediate Level Art Course in Painting and Drawing for Adults who have completed a foundation art course (Level 1). This course aims to increase media knowledge in the techniques and processes of painting and drawing, improving skills and confidence.

Dates/times: Wed 15 Oct – Wed 3 Dec 10am – 12.30pm (8 sessions)

Fee: \$130 or conc \$55 **Tutor:** Annette Playsted
Materials list available from SpringDale office.



Develop the Artist Within – Advanced Workshop program

This program is for hobbyist artists or art students who have studied at the intermediate level and want to further develop their knowledge and broaden skills and perceptions. Workshops will include: Experiential Media broadening to include new approaches to two and three dimensional media, Building self-expression, ideas and approaches, building colour and tonal awareness, and shared adventures into Art theory and Art history.

Dates/times: Tue 14 Oct – Tue 9 Dec 11am – 1.30pm (8 sessions)

Fee: \$140 or conc \$55 **Tutor:** Annette Playsted
Materials list available from SpringDale office.



French for Real Beginners

Want to keep your mind young, meet new people and have lots of fun all in the space of an hour? Come and develop new skills, exercise your mind and challenge yourself by learning a new language. We will be studying French through a variety of mediums. Do come along and join me no matter what your level or ability. All Welcome. This course is for

beginners, no prior knowledge required. (New beginners have 30 minutes by themselves and then blend into the Advanced Beginners class)

Date/time: Tue 14 Oct – Tue 9 Dec 9am – 10am
Fee: \$90 **Tutor:** Laetitia Cairncross

French for Advanced Beginners.

For those who have attended the Beginners Class in 2012. **Dates/Times:** Tue 14 Oct – Tue 9 Dec 9.30am – 10.30am (8 sessions)

Fee: \$90 **Tutor:** Laetitia Cairncross

Intermediate French

For those with some prior knowledge of the language.

Dates/times: Tue 14 Dec – Tue 9 Dec 10.30am – 11.30am (8 sessions)

Fee: \$90 **Tutor:** Laetitia Cairncross

A taste of Italian for travel

Italy is beautiful and if you are planning a trip there now is the time to learn the language. If you would love to visit but aren't able to maybe you'd like the experience locally via this set of classes (for less than the cost of one night in Italy come to eight sessions of Italian experience). Agata is a native Italian speaker and creates a full food, fun and conversation experience.

Dates/times: Sat 18 Oct – Sat 22 Nov 10am – 12noon **Fee:** \$180 or conc \$160

Tutor: Agata Comisso

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

Dates/times: Mon 13 Oct – Mon 1 Dec

9.15am – 10.45am (8 sessions)

Thur 16 Oct – Thur 4 Dec 6pm – 7.30pm

OR 7.45pm – 9.15pm (8 sessions)

Fee: \$135 or conc \$120 **Tutor:** Glenda Breedveld

Materials: Bring your own mat and blanket if required. **Venue:** Drysdale Senior Citizens Club

Yoga on Chairs

Would like to do Yoga but would feel more comfortable sitting. This course may be you.

Dates/times: Mon 13 Oct – Mon 1 Dec

Fee: \$90 or conc \$81

Ukulele Intermediate

A class for those who are part way along the path to learning how to play the Ukulele and improve their skills. **Date/time:** Thur 16 Oct – Thurs 11 Oct 9.30am – 10.30am (8 sessions)

Fee: \$85 or conc \$80 **Tutor:** Sarah Carroll

Ukulele Beginners

A class for those who are wanting to get started to learn the Ukulele and those who have started with us but need some more support before moving to the next class. No experience necessary but you will need to bring a Ukulele.

Date/time: Thur 24 July – Thur 11 Sep

10.30am – 11.30pm (8 sessions)

Fee: \$85 or conc \$80 **Tutor:** Sarah Carroll

Cheese Making with Corinne

Interested in making your own cheese? This is a very relaxed way to spend a day. You may like to bring lunch to share and make new friends and make conversation. This session will include haloumi, sour cream and ricotta. You will be asked to bring some kitchen equipment.

Equipment: There is a list available at SpringDale

Dates/times: Sat 18 Oct – Haloumi,

Sat 25 Oct – Cheddar (1 session each class)

10am– 4pm **Fee:** \$85 per session

Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry? Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture. Small groups and opportunity to practice your skills after the course at SpringDale. Small groups, so enrol early.

Dates/times: Sat 1 Nov, Sat 6 Dec 10am – 12noon

Fee: \$30 **Tutor:** Jordan Smith

Digital Photography Doctor

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understand shutter speeds, ISO, aperture, different file formats, downloading images, red eye reduction and lighting techniques.

Dates/times: Tue 14 Oct – Tue 4 Nov

7pm – 9pm (4 sessions)

Fee: \$100 or conc \$92 **Tutor:** George Stawicki

Holiday Photography

Say *Ciao* (bon voyage, good bye) to horrible holiday photos. Holiday photos should bring back the excitement and adventure of your trip. Yet many people find their photos disappointing. This short course is designed to teach you how to take fantastic holiday photographs in a few easy steps. Say *arrivederci* to problems including poor composition, bad lighting over and under-exposure, and plain old boring pictures. Next trip, people might actually be asking to see your happy snaps.

Dates/times: Tue 11 Nov & Tue 18 Nov

6.30pm – 9.30pm (2 sessions)

Fee: \$60 **Tutor:** George Stawicki

Italian Cooking Day

Participants learn some good old fashioned recipes of a Southern Italian kitchen to enjoy with family and friends.

Date/times: Sun 23 Nov 9.30am – 12.30pm

OR Sun 6 Dec 9.30am – 12.30pm

Fee: \$80 **Tutor:** Agata Comisso

Tapas and Spanish Cooking

Participants learn to make some delicious tapas and an easy paella to share with family and friends.

Date/times: Sun 9 Nov 9.30am – 12.30pm

OR Sun 29 Nov 9.30am – 12.30pm

Fee: \$80 **Tutor:** Agata Comisso

Cooking with scary vegetables

Fresh ARTICHOKE – make magnificent garden features, funny to look at and a bit daunting to use but *Oh! so good for you!* - high in potassium, good for blood pressure and cholesterol, stabilizes blood sugar levels, top antioxidant rich in Vitamin C and aids digestion.

Cleaned can be cooked and eaten:

- baked whole and stuffed
- preserved in vinegar/oil for use in salad
- stir fried in orange/lemon
- cooked in a frittata
- frozen for use throughout the year eg in stuffed pasta shells! ARTICHOKE CLASS

Learn how to clean, preserve and cook it for breakfast, lunch and dinner.

Dates/times: Thurs 18 Sept 6.30pm – 9pm

or Sun 5 Oct 9.30am – 12noon

Fee: \$60 **Tutor:** Agata Comisso

Fresh Sausage Making Class

In this class we will show you how to mix the ideal ingredients for fresh sausages to have grilled, baked or on the BBQ.

Dates/times: Sun 19 Oct 9.30 – 12noon

OR Thurs 30 Oct 6.30 – 9pm

Fee: \$90 **Tutor:** Agata Comisso

Food As Medicine

The food you eat can either be the safest and most powerful form of medicine or the slowest form of poison. Transitioning to a healthy plant based diet can seem difficult at first - however, with the right information and guidance it becomes an exciting and beneficial lifestyle change. Feel your energy levels increase, your enthusiasm soar and your ability to regain your health - effortless.

Dates/times: Mon 6th Oct 6pm – 8pm

OR Mon 3 Nov 10.30am – 12.30pm

Fee: \$35 **Tutor:** Lisa FitzGerald Brand, Vegan Health Educator

Detoxifying Your Life - Inside Out

We all know that synthetic toxic chemicals are everywhere. What are they? What are they doing to our health? We have never faced such a health crisis (world-wide) as we do today. Are toxic synthetic chemicals making you or your family members sick? Learn how to take the toxins out of your home AND your body and how to put health promoting alternatives in place.

Dates/times: Mon 27 Oct 6pm – 8pm

OR Mon 24 Nov 10.30am – 12.30pm

Fee: \$35 **Tutor:** Lisa FitzGerald Brand, Vegan Health Educator

Vegan Cooking For Health and Wellbeing

This class will entice you with delicious vegan foods and recipes cooked in the class (some raw food recipes included). Make food a taste and visual sensation with the benefit of being totally health promoting! Food shared on the day/night with recipes and information sheets handed out.

Vegan Cooking Class 1

Dates/times: Mon 13 Oct 6pm – 8pm

OR Mon 10 Nov 10.30am – 12.30pm

Vegan Cooking Class 2

Dates/times: Mon 20 Oct 6pm – 8pm

OR Mon 17 Nov 10.30am – 12.30pm

Fee: \$35

Tutor: Lisa FitzGerald Brand, Vegan Health Educator

Paddock to Table

All day cooking experience of artisan foods. You will create and take home box of pickles, preserves, dukah, homemade balsamic and infused oils and more. **Dates/times:** Sat 11 Oct 9am – 4pm

Fee: \$120 **Tutor:** Debra Winter



Groups during the day

Card Games

Play Bolivia or Euchre. This group meets Monday afternoons from 12.30pm – 3pm.

DRAW

A new group for SpringDale

If you love drawing, this group might be for you. The members will meet, plan sessions, draw together, and share ideas and techniques. The group might have Media workshops from time to time in the wide range of drawing media as requested by the participants. The group could tackle many different drawing subjects, from still life, interiors, streetscape, landscape, seascape, and portraiture to imaginative drawing. Different approaches to drawing could also be explored. Drawing excursions into our local area could be part of the programme. Be warned drawing can be addictive.

Details: 2 hour sessions, 1.30 – 3.30pm, 2nd and 3rd Tuesday in each month excluding Dec & Jan. Commencing Oct 14. Please contact SpringDale office to express your interest. SpringDale Art Tutor, Annette Playsted will coordinate the group in its initial stages.

Friendly Cuppa and Chat Group

Call in for a cup of coffee and a chat on the fourth Monday of the month between 10.30am – 11.30am.

Craft

Come along and enjoy quilting, felting/embellishing and mixed media projects, cloth dolls and textile arts. Keep your hands busy and be creative. Learn to knit or crochet a garment of your choice. Tuesday Weekly from 1pm – 3pm.

SpringDale Badminton

Wednesdays 1pm – 3.30pm weekly at The Scout Hall Drysdale. \$5 per session.

Bellarine Community Choir

Peninsula residents are welcome to join this new choir, performing at functions on the Bellarine. 4 part harmony. Thursdays at 1.30pm.

Cryptic Crosswords Group

Have you ever wondered how Cryptic Crossword Puzzles work? Join a group of like-minded crossword fans to learn and share the skills needed to solve Cryptic Crosswords. We will solve cryptic puzzles together in a fun and non-competitive atmosphere. This group is open to all levels of expertise from beginners to those who want to extend their knowledge. Friday weekly at 10am.

Fun Volleyball

We play with a soft beach ball, and the aim is exercise. Other session times possible register your interest. Mondays from 9am – 10am at the Drysdale Scout Hall.

Genealogy

Researching family history. Thursdays 9.30am – 12noon.

SpringDale Jigsaw Club

Borrow a jigsaw from a big library 40¢ each. The first Thursday of the month from 10am – 12noon.

Line Dancing

Join our group. Every Wednesday except school holidays. 10am – 12noon. \$9 per session.

SpringDale Mahjong Club

This group meets Wednesday from 9.30am – 12noon.

Pole Walking Group

Enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk. Weekly Mondays 8.50am – 10am (Contact SpringDale for meeting points).

SpringDale Scrabble Club

Held on Tuesday afternoon, 1pm – 3pm and caters for players of all abilities and new players welcome.

SpringDale Artists

The SpringDale Artists meet each Wednesday. Activities include working sessions, discussions, demonstrations and gallery visits. Wed 1pm – 4pm.

SpringDale Wheelie Riders

Would you like to get involved in cycling again? Rides vary in difficulty and start from SpringDale at 8am. New riders welcomed and shorter rides are graded to suit individual needs. Rides Mon, Tues, Wed, Fri and Sat or Sun.

SpringDale Singers

A long established, informal non-performing choir which sings both simple and challenging music. Former choir or music group members and non singers are also welcome every Tuesday. 1.30pm – 3.30pm

Men's Kitchen – Tuesday Mornings

Tuesday morning 10am – 1pm
Location: St Leonards Recreation reserve
Fee: Price depends on menu

Men's Kitchen

– Wed / Thurs / Fri Morning

Waiting list applies. Fee: Price depends on menu. Wednesdays/Thursdays 10am – 2pm

Traditional & Digital Scrapbooking

Would you love to organise your precious memories by scrapbooking your photo? Come along and learn traditional and digital scrapbooking solutions. Material

list for beginners, tools available for you to use and product available to purchase.

Thur 1pm – 4pm, 17 July, 14 Aug, 11 Sep.
1pm – 4pm monthly.

Write About

A small group of committed writers meet on the 2nd Monday from 2.30pm – 4.30pm.

Other SpringDale Services

SpringDale Occasional Care

This will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself.

Sessions: Monday, Wednesday and Thursday 9am – 2pm. Tuesday, Friday 9am – 12noon.

For further information please phone

Occasional Care on (03) 5251 1627.

Sessions run during school terms only.

Drysdale Toy Library

Tuesday 4pm – 5pm. We have some fantastic toys to borrow (ages 0 – 6 years) so come along and see what we have to offer. Membership \$10 per term.

Portarlington Toy Library

Located at the Portarlington Children's Centre Wednesday 8.45am – 10 am

SpringDale Business Breakfast

Open to business owners and traders, professionals who live or work in the North Bellarine. We bring together business people, local information, skilled speakers and an opportunity to get to know others in a similar situation.

Date/time: Monday 24 November 7am – 8.15am

Fee: \$15. Held four times per year.



Health Sessions

Fighting Fatigue

This examines how we make energy, what causes us to become overtired, and nutrients/foods which help us fight fatigue.

Date/time: Tues 9 Sept 6.30 – 7.30pm **Fee:** \$10

Tutor: Adrian Stone

Our Toxic Soup

The impact of modern dietary, lifestyle and environmental changes on our toxic health burden. Looks at ways to minimise our exposure and increase our bodies ability to detoxify and maintain health.

Date/time: Tues 14 Oct 6.30 – 7.30pm **Fee:** \$10

Tutor: Adrian Stone

The Allergy Epidemic

An explanation of how and why our bodies react to allergens. Covers protective factors to minimise allergy risk, natural treatments to reduce allergies and also current research on the interaction between our gut health and our immune system.

Date/time: Tues 18 Nov 6.30 – 7.30pm **Fee:** \$10

Tutor: Adrian Stone

Breaking the Weight Gain Cycle

Explores the reasons behind weight gain, and factors to lose weight beyond just focusing on energy in vs energy out.

Date/time: Tues 9 Dec 6.30 – 7.30pm **Fee:** \$10

Tutor: Adrian Stone

BHSc (Nutritional Medicine)

ANTA, Nutrition Australia

www.livingholistichealth.com



Groups after hours

Book Club

All avid book readers come and share your opinions and interpretations of selected titles. Meets first Monday of the month at 7.30pm. Waiting list applies.

Harvest Basket

Meets 1st Saturday of every month and operates on an honesty system outside SpringDale (inside if wet) to swap home grown vegies. 9am – 10am Swap 10am – 11am Vegies available for purchase.

Men's Kitchen – Wednesday Evening

We will be running a Men's Kitchen every Wednesday evening from 5pm – 8pm.

Waiting list applies.

Facilitator: Gaylia Lowe

Fee: price depends on menu

Write on Bellarine

A group of dedicated writers meet 1st and 3rd Wednesday of each month from 7.30pm.

Music Group

Music is played for pleasure, exploration and performance, ranging from pop, jazz, standards and classical. A new music group now meets weekly every Wednesday at SpringDale from 7pm – 9pm.

Felting

This is not a class but people coming together to enjoy felting. If you're not sure what felting is, just pop in for a look. Further information you can contact Julie on 0409 511 662.

1st Saturday each month. 10am – 3pm

Making Waves

Play a tune, sing a song or recite a poem and bring along a musical instrument. Special guest acts.

Contact Jill Meehan 0431 606 476

3rd Sunday each month.

2pm – 5.30pm. **Fee:** \$6

SpringDale Open Dance Band

Open to all musicians contact Dennis for more details 0419 543 920. **Next scheduled performance at the Family Bush Dance Sat 4 Oct 7.30pm \$10**

SpringDale Community Garden

Currently in the planning phase – all welcome.

Contact SpringDale for latest information.



Non SpringDale Classes & Groups

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention and direction.

Dates/times: Tue 7 Oct – Tue 25 Nov (8 weeks) • 9.30am – 10.30am (ball class)

• 11am – 12noon (beginners to intermediate floor class)

Fee: \$120

Thur 9 Oct – Thur 27 Nov (8 weeks)

• 6.45pm – 7.45pm

(beginners to intermediate/advanced floor class)

• 8pm – 9pm

(beginners to intermediate floor class) **Fee:** \$120

Tutor: Monique MacLeod

Phone to book: (03) 5251 2958

Venue: Drysdale Physiotherapy & Sport

Tai Chi

Art of Defence Australia teaches Cheng Ming International style of Tai Chi Chuan. This is suitable for all ages 16 upward. The benefits of Tai Chi Chuan is the developed flexibility, stretching, and particularly balance. The 99 movement long form is taught along with specific exercises to strengthen core stability and balance. As a form of stress management, Tai Chi has no rival.

Dates/Times: Mon 9.30am – 10.30am

First 2 lessons free

Tutor: Art Defence Australia

Phone to book: 0407 320 333

Venue: SpringDale

Karate

Art of Defence Australia teaches traditional Goju karate to children from 4 years old to seniors. Skills taught range from motor and social skills to balance, confidence, self discipline and leadership. Great care is taken to ensure that the student understands self defence is used appropriately.

Dates/Times: Mon 4pm – 4.45pm

First 2 lessons free

Tutor: Art Defence Australia

Phone to book: 0407 320 333

Venue: SpringDale

Bellarine Woodworkers Inc.

All keen woodworkers have the opportunity to meet on the first and third Monday of the month at 1.30pm at SpringDale. New members welcome. *Just turn up.*

Be involved and be informed

Is there something that interests you and there is not a course to attend. Please! Let us know.

Do you have an idea for a new group or course that you might like to start or suggest?

What is your dream that we can help make come true?

For more information or to register your expression of interest about these and the following activities please contact the friendly team at

SpringDale Neighbourhood Centre (03) 5253 1960

Our range of courses are diverse and dynamic and may change due to community requests. If you would like to be informed of these changes register your contact details with our office **5253 1960** or email **office@springdale.org.au**

Scheduled Fees: Courses at nominated rates.
Single Sessions: Incur a \$5 Administration Fee.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



Department of Planning and Community development



Department of Education and Early Childhood Development



Enrolment & Payment Conditions

ENROLMENT

To book into a class, **phone (03) 5253 1960**, or call in person, at **SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale, OR**
Email: **office@springdale.org.au**

• Your enrolment is confirmed when payment is received.

• Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

• We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.

• If there are not enough enrolments to successfully run a course it will be cancelled.

• If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.

• Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.

• If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

Privacy: The SpringDale Neighbourhood Centre

respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

How **SWEET** it is!

Sweet Potato and Maple Syrup



- 6 large sweet potatoes**
- 2 sprigs fresh rosemary**
- 3 tblspn olive oil**
- 3 tblspn maple syrup**
- 1 tspn dried chili flakes**
- 1 lime**
- 6 tblspns sour cream**
- sea salt and freshly ground black pepper**

Preheat the oven to 200°C. Cut slits in the potatoes at 6mm intervals, going almost all the way through the potato.

Finely chop the rosemary leaves. Put the potatoes into a roasting pan. Rub the oil over them, then sprinkle with the rosemary and plenty of salt and pepper. Try and get as much of the rosemary into the potatoes as you can.

Bake for 1 hour, or until tender in the middle and crisp outside, and the potatoes have fanned out.

Just before serving, drizzle the hot potatoes with the maple syrup and sprinkle with the chili flakes. Add spoonfuls of sour cream or yogurt, then dig in, with the lime wedges for squeezing.

Sweet Potato Skins with Bacon



- 5 small sweet potatoes**
- 4 tblspns vegetable oil**
- 5 slices bacon**
- 2 tblspns heavy cream**
- 1 cup cheddar cheese, grated**

Preheat oven to 200°C. Scrub sweet potato skins, then pat dry. Place sweet potatoes on foil-lined baking sheet that has been lightly oiled and bake until sweet potatoes are tender, about 40-45 minutes.

While the sweet potatoes are baking, cook slices of bacon in a skillet over medium-low heat until crispy, about 10-15 minutes. Drain bacon on a paper towel, then crumble.

Remove sweet potatoes from oven and cool until you can handle. Cut in half, lengthwise. Scoop out most the flesh of sweet potatoes into a bowl, leaving about ¼ inch of flesh in the skin.

Brush sweet potato skins with oil, then sprinkle with salt and pepper. Place back on baking sheet and bake for 10 minutes skin side down, then flip over and bake an additional 5 minutes. Remove from oven and allow to cool enough to handle.

Mash sweet potato flesh with a fork until smooth, then mix in cream and bacon. Add filling to skins, then top with cheese. Broil skins until cheese has melted, about 1-2 minutes.

An Uplifting Week for St. Paul's



The oldest building in St. Leonards received a major facelift recently with restumping restoring the equilibrium of the church. The project was carried out efficiently in less than a week and with no interference to meetings and church services. The parishioners are delighted with the completed work and townfolk have commented how good it is to see this historic timber building rejuvenated. It is an important year for St. Paul's as 2014 celebrates a century since the building was moved from Church Road, Bellarine and on Sunday, 25 January 2015 there will be a special Centenary service to commemorate 100 years since the first service was held in the building. Prior to that church services were held at St. Leonards Primary School.

Now that the stumps have been replaced there will be remedial work to do on windows and some boards and several fundraising events have been held with more planned in order to preserve this building. If any former parishioners have historical records or an old connection with this building, please do get in touch. **Enquiries to Judy Godfrey (03) 5257 3194.**

The Drysdale Hotel

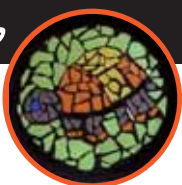


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Stayin' Alive First Aid

Stayin' Alive First Aid will be conducting the following courses at

SpringDale Neighborhood Centre

Provide First Aid HLTAID003 (prev level 2)

Fri 24 Oct 1pm-6pm \$120pp

Sat 22 Nov 9am-2.30 \$120pp

Provide CPR HLTAID001

Fri 24 Oct 1pm-3pm \$50pp

Sat 22 Nov 9am-2.30pm \$50pp

Pre online course work required.

For more information please phone

Raelene on 0413 513 046

(Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO 90909)



Parkinson's Victoria
HELP FOR TODAY
HOPE FOR TOMORROW

1-7 September

Parkinson's Awareness Week

Aims to shine a light on Parkinson's disease around the country by encouraging communities around Australia to host mini events focusing on providing information and raising funds for research and vital support services. In Australia every hour of every day someone is diagnosed with Parkinson's disease, with over 80,000 Australian's living with Parkinson's this national week long event is a great opportunity to increase awareness.

www.parkinsonsnsw.org.au

All of September - Pick a Day to support
2014 Superhero Day



The focus of this event is on the paediatric form of **Muscular Dystrophy - Duchenne** - which mainly affects young boys. Superhero Day aims to celebrate the special powers of resilience, creativity, humour and endurance that children with DMD develop in the face of their condition.

www.superherodaymd.com

Corrective Chiropractic Bellarine

caring for family health and wellness ...

"Caring for our bodies means caring for its architecture - the spinal cord that keeps us upright, mobile and strong. Maintaining a quality lifestyle through regular spinal care helps us reach our potential," says Dr Sharon Pedersen-Jones.

One of the biggest fears we can have is speaking in front of strangers. In high school it was daunting, but these days it's not so hard as I've got an important message to share.

Recently I spoke to some workers in a factory, many of whom had suffered injury on the job. I was invited to help prevent future mishaps. Some workers laughed when the boss introduced me as the local Chiropractor, saying that nobody there had a 'bad back'. **So I decided to share a story that changed their thinking about chiropractors only being needed for 'bad backs'.**

On 18 September 1895 in Iowa, a janitor named Harvey Lillard stopped to talk with a Dr Palmer who was working late in his clinic. Lillard told Dr Palmer that 17 years ago he bent over and heard a 'pop' from his back, after which he became almost deaf. Fascinated, Dr Palmer tested a theory he was researching. He examined Lillard and found a lump on his back. Palmer recognised it as a badly misaligned vertebra and reasoned that since it occurred when Lillard went deaf, that restoring it to its proper position might also restore Lillard's hearing. Dr Palmer performed an adjustment by pushing the vertebra back into its normal position. What happened next changed history. Lillard went to the open window and heard a sound he hadn't heard for 17 years - the clatter of horse's hooves.

Chiropractic was born! Today, Chiropractic is one of the fastest growing healing professions in the world, over 6,000 Chiropractors world wide serving over two million people every day.

People see Chiropractors for help with headaches, migraines, chronic back pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, asthma, allergies, numbness in limbs and sports injuries just to name a few things. While Chiropractors receive thanks for helping people with many of these problems, they cannot take this credit.

The truth is that Chiropractors have never healed anyone of anything. What they do is perform a specific adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that.

When spinal bones shift out of alignment, they can choke messages running through the tiny nerves that exit the spinal cord. Chiropractors call this Vertebral Subluxation. Tension from prolonged or unusual patterns of sitting and standing, strain from walking, exercising or sporting injuries and stress from personal, professional or emotional tension all affect our body's alignment and can cause dysfunction.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Often this happens without symptoms as only a small percentage of our nervous system carries or perceives pain.

Our body can be heavily stressed without any alarms with or bells going off.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Normally our new patient examination costs over \$210, but readers of The SpringDale Messenger can receive our complete consultation for only \$47.

To take advantage of this offer, you can phone my assistant, Liz, on (03) 5253 2800 and schedule an appointment. By bringing in the coupon below, you will receive your special offer of only \$47 for a comprehensive consultation. I look forward to meeting you and helping you and your family achieve optimum health.

Dr Sharon Pedersen-Jones, Chiropractor

BONUS OFFER

Please tick ☐ **YES! I would love to receive a complete consultation for only \$47. I would like to make an appointment as soon as possible.**

Please contact us on 5253 2800 or call into our office, Corrective Chiropractic Bellarine, at 13 Dumburra Ave, Clifton Springs to take advantage of this offer.

SEPTEMBER - SPRINGDALE MESSENGER



Living Holistic Health at SpringDale

Adrian Stone, new resident of Clifton Springs, will be presenting the topics below during the next few months.

Each session will be on a Tuesday evening 6.30 – 7.30pm at SpringDale and will cost \$10.

Please contact SpringDale to book.

Fighting fatigue

This examines how we make energy, what causes us to become overtired, and nutrients/foods which help us fight fatigue.

Tues 9 Sept 6.30 – 7.30pm

Our Toxic Soup

The impact of modern dietary, lifestyle and environmental changes on our toxic health burden. Looks at ways to minimise our exposure and increase our bodies ability to detoxify and maintain health.

Tues 14 Oct 6.30 – 7.30pm

The Allergy Epidemic

An explanation of how and why our bodies react to allergens. Covers protective factors to minimise allergy risk, natural treatments to reduce allergies and also current research on the interaction between our gut health

and our immune system.

Tues 18 Nov 6.30 – 7.30pm

Breaking the Weight Gain Cycle

Explores the reasons behind weight gain, and factors to lose weight beyond just focusing on energy in vs energy out.

Tues 9 Dec 6.30 – 7.30pm

Adrian Stone

BHSc (Nutritional Medicine)

ANTA, Nutrition Australia

www.livingholistichealth.com

1-30 September

Prostate Cancer Awareness Month



Prostate Cancer Awareness Month is held throughout September. The national event is used to raise awareness of the importance of mens health, and regular prostate checks.

www.prostate.org.au

11 September



Are You OK Day is an annual national day of action that aims to get Australians, right across the entire spectrum of society, connecting with friends and loved ones, by reaching out to anyone doing it tough and simply asking: "Are you ok?" Talking about suicide with someone at risk actually reduces the chances of them taking their life. It is the one thing we can all do to make a real difference. R U OK? Day is about prevention, preventing little problems turning into big problems.

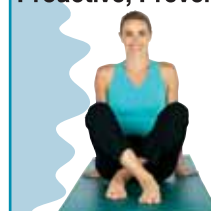
www.ruokday.com

www.headspace.org.au



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Garden



with steve williams

Why *grow* your own?



*Can't buy this:
nothing beats
the taste of
home-grown
produce.*

Growing my own food has become a way of life for me. Some of my earliest childhood memories are of my grandmother's country garden, then in my teens I watched *The Good Life* on TV – the misadventures of a couple trying to be self-sufficient in a posh London suburb. Later in life, wanting space to grow our own food was one of the factors that brought my wife and me from a tiny house and garden in Oxford, UK, to Clifton Springs. Now we keep bees and chooks and grow everything from asparagus to zucchini.

But why grow your own? There are many answers to this question – possibly as many as there are gardeners. Here are a few of mine.

Because it's fun. There's the planning and anticipation, the enjoyment of being out in the fresh air, and the reward of a satisfying harvest. Not that things always go according to plan! But surprises good and bad are all part of the process. It's easy to get started in edible gardening, but you never stop learning.

Because I like to eat well. As a cook, I can't get excited by supermarket produce: bland, rock-hard tomatoes, watery onions, bruised avocados. Supermarket varieties are bred for good handling and storage – not for taste. Produce from your garden can be picked at its best, when it's full of flavour.

To tread lightly on the earth. Home-grown veges and fruit may use less than 20% of the water of irrigated commercial produce, and they have virtually zero carbon footprint: no tractors, pesticides, fertilisers, refrigerated

trucks and air-conditioned, brightly lit retail spaces required. Just walk out of your back door, pull 'em out of the ground and brush the soil off.

Because I can. In a world dependent on specialists of every kind, complex supply chains, volatile commodity prices and sophisticated technology, isn't it reassuring to know that you can at least grow your own food?

To keep it real. Growing my own food reminds me that I'm part of nature. I'm just as dependent on clean air, water and soil as the humble bee or earthworm. Knowing this, I recognise that there's literally no future in an unsustainable way of life.

If you'd like to grow your own food but aren't sure how to get started, SpringDale is running *Four Steps To Edible Gardening*, starting on Saturday 25 October.

Check out the latest course guide for details within pages 11-14, Term 4 Course Guide.

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Friends of Griggs Creek still more to be done



There will be a lot of work done over the next five plus years along Griggs Creek and it will be important for the community to understand what is happening and to ensure that Council keeps the information flow going. It should eventually really improve the area and help make it a wonderful natural parkland with great walking tracks and bike paths.

If any member of the community is interested in this project, please contact SpringDale Neighbourhood Centre (03) 5253 1960.



19-21 September

Clean up the World Weekend

Clean Up the World partners with the United Nations Environment Programme (UNEP) to inspire and empower communities to "clean up, fix up and conserve their local environment" through carrying out initiatives ranging from waste removal and tree planting to water and energy conservation projects. Clean Up the World and its participating organisations mobilise an estimated 35 million volunteers from 120 countries annually.



Calling Bellarine Peninsula landholders!

Bellarine Landcare Group is calling for expressions of interest from private landholders and schools who would like financial assistance to undertake environmental on-ground works.

Applications close

Friday September 19, 2014

For more information:

www.bellarinelandcare.org.au

info@bellarinelandcare.org.au

Rebecca Petit & Sophie Small 0457 333 727



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Bellarine SES

Victoria State Emergency Service's (SES) Bellarine Unit is recruiting for new members to assist them in keeping the community safe.

SES is the control agency for floods, storms, earthquakes and tsunamis and also undertakes road crash rescue.

Volunteers receive accredited, recognised training as part of their role, which may include rescue skills, chainsaw operations or securing a roof in a storm. SES units also assist other emergency services at incidents such as searches and rescues.

As well as emergency response, SES volunteers engage with the community to help them prepare for disasters.

Bellarine SES Controller Dion Henderson said volunteering was a rewarding way of helping and giving back to the community.

"The SES is a great place to meet new and exciting people and the unit always welcomes newcomers," he said. "We are always on the lookout for more members. Especially people who are available for day time response as it can often be difficult as many people work outside of the area during the day, but we also need night time responders as well."

The Bellarine Unit trains each Thursday evening and is located at 702 Grubb Road, Drysdale.

Want to become a SES Volunteer

If you would like to learn more about becoming a SES volunteer, please contact the Bellarine Unit on 0427 074 029 or at bellarine@ses.vic.gov.au or visit the website www.bellarineses.org.au

SES Needs You



Flood education was from a stand we had at a local event to help raise awareness on the dangers of floodwaters and steps people can take to prepare themselves.



Some of our members at the Australia Day celebrations in Drysdale in January this year.



**kel's
corner**

Dancing in the past

Kel asked me about the last SpringDale Bush Dance and when I said how well it went, he went back to a time in the 1940s and 1950s. The dances were held in the Assembly Hall (currently the Scout Hall).

The band consisted of Denny Carlon, Roy Sayers, Syd Lacey and Jock McKenzie and played from the band alcove that was built to give more floor space.

Preparation of the hall floor included polishing the floor with hessian bags under a sledge made of a big banana box pulled over dripping candles.

The girls would enter the Belle of the Ball and the Matron of the Ball to see if they could

win the night.

The suppers were wonderful – coffee made from beans in a muslin bag and a bottle of chickory placed in a copper of milk from Founds diary. Jock would announce "Take your seats for supper." The crew would then deliver a cup and saucer to everyone then deliver plates. The next wave was tea or coffee and lastly the sandwiches and cakes would be offered to the participants. The team that made the supper would definitely try to outdo each other.

Kel remembers these evenings very fondly.

Till next time

Kel Davis and Anne Brackley scribe



Chris, Anne, David and Mandy ready for a dance in the 1960's.

SpringDale Bush Dance Saturday 4 October 2014. 7.30pm. \$10 Bring a plate of supper to share

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Drysdale Clifton Springs Community Association

The Drysdale Clifton Springs Community Association (DCSCA) would like to thank Matt Green for heading up our Committee as President for the last 18 months. Matt has taken up a short term teaching position in remote South Australia and has resigned from the role of President of DCSCA. Vice President, Anne Brackley, has taken on the role of President until the next Annual meeting in October.

DCSCA welcomed 3 visitors to our committee meeting recently who found the discussions interesting and participated fully. Dianne reported at the end of the meeting "I found the whole meeting to be very interesting. A wide range of topics were covered and we look forward to future meetings."

During the meeting, DCSCA committed to the 3 Top Priority Items: 1-A Ring Road for Drysdale, 2-The funding of Stage 1 of the Drysdale Sports Precinct, 3-A Fishing Jetty/Platform for Clifton Springs.

Longer Term Items include: Clifton Springs Foreshore. Improved beach access and establishment of a "Foreshore walk", Development of regional communities such as Drysdale/Clifton Springs with respect to employment, infrastructure and recreational development, a scenic "Recreational Bicycle Network" for the Bellarine incorporating - Rail Trail, Riverside Trails, Bay Side Trails and Ocean Side Trails, Swimming Pool. Specifically whether Stage 3 of the Drysdale Sports precinct should include future provision of a pool to service the 9 local schools and preschools as well and the broader Bellarine community, A Scenic Attraction for the Central Bellarine. A Lookout on Murradoc Hill has been suggested, Extension of the Geelong Ring Road to connect to the Bellarine Highway-Should it be a Freeway so as to provide a quicker route to Melbourne compared to driving through Geelong, A Rail Service for the Bellarine and specifically should this be included in the planning of the Geelong Ring Road extension so as to follow the same route?, A High Speed Ferry Service for Port Phillip Bay incorporating Avalon, International Airport, Geelong, Melbourne and the Bellarine. Recently members of the DCSCA and SpringDale handed out 650 VicRoads Drysdale Roads Network Planning - Community Surveys at the Drysdale supermarkets to try to let as many people as possible to participate in the survey. Please email your thoughts on Drysdale traffic to drysdaletransport@roads.vic.gov.au. We understand that emails are being read and acted upon quickly.

Our meetings are held at SpringDale Neighbourhood Centre and the next Committee meeting is Tuesday 2 September at 7.30pm and the next Public Meeting is Wednesday 15th October 7pm.

Neil McGuinness
mcgnj@bigpond.com Secretary DCSCA

Clifton Springs Fountain gets local support



Thanks so much to **Stephanie Stychalla** for replanting the Clifton Springs Fountain. Unfortunately some plants had been taken out of the dirt unnecessarily and many people rang to report it, but Stephanie replanted them for us all.

Thanks so much Stephanie and thanks for letting us know that back fill was needed. Although the community didn't get to help with the planning of the renovation of the Clifton Springs Fountain, it should look great when the plants grow. Hopefully we can get some lights installed to enhance the foliage of the plants at night.

Rotary Club Drysdale



Rotary Membership

August was Membership month in the world of Rotary. The definition of membership is belonging, participation, fellowship and relationship. I see Rotary as a relationship with people both locally and internationally with a common goal of service above self or doing good for others.

Many projects have been started, finished and are in the process, with many more ideas coming forward and different personalities attracted to the organisation.

Being a member for me has enabled me to make new friendships, share my skills and knowledge. It has grown me, challenged me and made me a better person for being able to put back into the world I live in.

As only one person I have made a difference and as a team we are continuing to make a difference, but we need more people to come join our ranks to give us the opportunity of pooling our resources and our energies to affect the lives of more people. There are many and varied committees to get involved in where your talents can be put to their best use. I am currently the Art show



Chair but we have a Youth Committee, International Committee, Train Committee, BBQ Trailer.

Can you help us? Do you like the idea of giving something back to your community or your world? Can you see an opening to use your business skills for the betterment of the lives of people who need our help? Without obligation you can be our guest to explore what Rotary is all about all you need to do is call me on 0408 989 221 and be available to join us on a Monday night at 6pm for a 6.30pm start and be prepared to be welcomed and educated. I am looking forward to your call.

Caroline Rickard

Publicity Officer, Rotary Club Drysdale.



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Come 'n' Try Croquet

Neither hail, nor rain, nor wind can deter a croquet player. On one of the coldest days this winter (*don't be fooled by the apparent blue sky*) with the wind cutting through one like a knife and the occasional smattering of rain, members of the Drysdale Croquet Club came out to play. The popularity of this ancient game continues to increase, and at Drysdale this is certainly borne out as members take to the courts to play Golf Croquet on Wednesdays, Fridays and Sundays and Association Croquet on Saturdays and once a month on Thursdays. Pennant and in-house competitions are played during the season, along with visits to and from other croquet clubs.



Although members and guests take their game very seriously, there is also much camaraderie and fun when playing social games. And one can be ensured of a pleasant chat over coffee and biscuits between games. New members or enquiries, are always welcome – come and see what it is all about.

Members are now gearing up for Drysdale Croquet Club's **'n' try day** on **28 October** from 9.30am till noon.

For any enquiries please call **Min on (03) 5250 1071**.

Karate - well done students

The first Karate gradings at SpringDale Hall occurred in July, this year. Art of Defence Australia is very proud of the students' efforts. Well done guys.

Karate is a martial art developed in Japan which uses kicks and punches and open hand techniques and is a good way for boys and girls to achieve fitness and focus.

David & Amelia



21 September

World Alzheimer's Day

UNDERSTAND ALZHEIMER'S
EDUCATE AUSTRALIA

World Alzheimer's Day, September 21st of each year, is a day on which Alzheimer's organisations around the world concentrate their efforts on raising awareness about Alzheimer's and dementia. Alzheimer's disease is the most common form of dementia, a group of disorders that impairs mental functioning. At the moment, Alzheimer's is progressive and irreversible.
www.alzheimers.org.au

Looking for Something To Do With The Kids During the School Holidays?

For an additional \$5 pp (in addition to the regular return train fare) bring them along and enjoy either our **Cowboy/Cowgirl Train** with **Willow Star** or our **Magic Train** with **Dazzling Dan the Magic Man**.

If they have cowboy attire, dress up and come along on **23 and/or 30 September**. If not, **Willow** brings plenty of cowboy hats, toys, musical instruments, and other crazy stuff and maybe even her very messy bubble machine. Your kids will never laugh so much and you will enjoy the time almost as much as they do. **Willow** will have them singing, dancing, laughing and making music and just

plain enjoying themselves and they never know what will happen next. **Willow Star** is a well known children's entertainer and she never fails to show the children how to have a good time.

If magic is their thing, come along on either **25 September and/or 2 October** to see **Dazzling Dan** perform his close-up magic show. He will absolutely amaze you and have your kids laughing in amazement. His shows vary but he usually shows you and your kids how to do a trick or two. **Dazzling Dan** has been bringing his children's magic show to the Bellarine Railway for many years and never fails to keep the kids amazed and amused.

Each of these shows occurs during either the trip from Queenscliff to Drysdale or during the return trip and is about 50 minutes. On the other portion of the journey, you and your kids will be able to enjoy a leisurely ride through the countryside of the Bellarine Peninsula and ride along the edge of Swan Bay. Maybe they will even be able to tell you when they are going over the only trestle on the line.



However, book early because seats are limited.

To book, go to www.bellarinerailway.com.au
Should you wish to obtain further information, look on the website www.bellarinerailway.com.au or contact **Kate** at (03) 5258 2069.



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Bellarine Rail Trail

Energetic Volunteers making a difference



The Friends of the Bellarine Rail Trail Inc. consists of a group of volunteers who have been given responsibility for the indigenous re-vegetation of the section of the disused Bellarine railway corridor between the South Geelong and Drysdale railway stations, a distance of 16 kilometres.

In 2002, the rail corridor was little more than a wasteland, a wasteland with obvious potential but one which provided a huge



challenge for the trail managers - the City of Greater Geelong. A meeting of interested citizens was called by Council, and from that meeting the Friends volunteer group was formed and continues energetically today despite changes in personnel within the group throughout the ensuing years. Now, some 12 years since the group commenced its work program, the transformation of this section of the rail trail nears completion, with 80,000 trees and grasses planted, many tonnes of mulch distributed, and weed



eradication programs conducted in many areas.

None of this could have been achieved without the many local volunteers from all over the Bellarine who have collectively given many thousands of hours to this work, led by several dedicated people. Principal among these are Fred Cook and Alistair Macintosh, both residents of Leopold, who have been unwavering in their vision and persistence in their drive to realise the potential of this former rail corridor. In 2009, the group received a World Environment Day Award, whilst in 2010 our Works Co-ordinator Fred Cook was suitably recognised for his leadership with the award of a Medal of the Order of Australia (OAM) in the Queen's Birthday Honours List of that year.

Much of the trail between South Geelong and Drysdale now resembles a linear park which not only provides a marvellous recreational asset for Bellarine Peninsula residents, but also brings many visitors from faraway places to enjoy walking or cycling along this trail, and to discover the remarkable history which goes with it.

The three photos above, taken on the site of the former Curlewis rail station in 2003, 2009 and 2014 respectively, graphically illustrate the extraordinary transformation which has taken place over these 12 years.

Peter Cowden

For the Friends of the Bellarine Rail Trail Inc.

Sci- Fi Adventure Day

The Sci-Fi Adventure Day was a fun family day out and it went off with a *Bang*. The main hall was filled with Sci-Fi equipment, books and toys. There was an interactive role-play experience with the sound of spaceships landing and the shooting of aliens. Thanks to John Reid for all his expertise and equipment to bring Sci-Fi fun to Drysdale. We also had a yummy sausage sizzle for lunch, thanks to Rob. Children had fun participating in a cartoon workshop by Courtney Brackley and Errol Chopra. Children were shown how to draw their own favourite cartoon characters in a step-by-step way. As well as seeing the artistic talents of Courtney and Errol's work, children were also asked to name a new cartoon character created by Errol.

Then walking into the next room was an Art Exhibition showcasing artworks by Year 10, 11 & 12 St. Ignatius Art students. The artworks were of an outstanding quality featuring styles of Pop Art and Anime on canvas as well as modern eclectic works in resin. Many thanks goes to Malcolm Campbell, Head of Arts at St. Ignatius College, for helping to make it all possible. Also to his students for their artistic talents, as everyone who came through were delighted to see their work.



*Sarah Chopra, Event Convenor
and Hon. Lisa Neville MP*

Thanks to Lisa Neville, MP and Councillors Ellis and Nelson for attending and being part of our day.

As a spin off from this event Cartooning workshops will be held in the School Holidays. Please register your interest with SpringDale office ph (03) 5253 1960. **Please book places as they are limited. Phone (03) 5253 1960.** Sarah Chopra, Event Coordinator

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