

Drysdale Firemen Honoured at 70th Anniversary Celebrations



Standing (L - R) Shane Hunter, Phil Henry, Brendan Connally, Jeff Stewart, Steve Atkinson, Ross Labbett, Darren Morse, Brendan MacDonald, Daniel Martin. *Seated (L - R)* Des Connor, Murray Bryant, Bert Van Lith *Absent -* Anthony Connor, Bill Rudge, David Serle, Justin McGrath.

Saturday 11 October Drysdale Fire Brigade celebrated its 70th Anniversary at Terindah Estate where 90 people attended including brigade members, brigade life members, CFA life members, ladies auxiliary, group and district personnel.

Service Medals that were presented to members were: 2 x 5 year certificate; 2 x 10 year service medal; 2 x 20 year service medal; 2 x 25 year service medal; 1 x 30 year service medal; 1 x 35 year service medal; 4 x 40 year service medal; 2 x 50 year service medal.

Two Brigade members received brigade life membership; 4 brigade members received CFA life membership; 6 brigade members received The National Medal.

The ladies auxiliary also celebrated its 57th year. It has been running from 1957 until now. The ladies auxiliary were thanked for there past 57 years. Service awards were presented to members.

The auxiliary is now officially closed with that role now being incorporated into the brigade.

A great night was had by all and it was great to see so many people there to help celebrate the brigades 70th Anniversary.

Congratulations to all medal recipients.

Brendan MacDonald
Drysdale CFA



Come to the **SpringDale Neighbourhood Centre**, why not drop in for a copy of our Course Guide, make new friends, become a volunteer, attend a course and learn something new or revise an old skill.

There is so much happening so be involved and enjoy what this great centre has to offer.

For more information, please call (03) 5253 1960. 17-21 High Street, Drysdale.

Home of the Award Winning SpringDale Messenger Magazine.

Community CALENDAR

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE December 2014 **Bookings/copy required** by 1 Nov 2014 **Dist:** Sat 29 Nov **Circ:** 11,000 copies

SpringDale Neighbourhood Centre Opening Hours Mon to Fri 9am - 5pm and by appointment.

NOVEMBER

Saturday	1	St James, Drysdale Garage Sale 8.30am Harvest Basket Produce Swap & Sell SpringDale 9am – 11am Clifton Springs Garden Club Open Day at Drysdale Uniting Church hall
Tuesday	4	Melbourne Cup Day, SpringDale closed
Saturday	8	Barry Morgan Home Organ Party Experience 2pm & 8pm <i>Potato Shed</i>
Tuesday	11	Remembrance Day Drysdale Cenotaph 10.50am Days for Girls SpringDale 9am - 12pm SpringDale Dining Group 6.30pm The Curry Club, Drysdale
Friday	14	SpringDale Occasional Care Open Day 1pm-3pm Inside Outside Prison Tour - Kutcha Edwards & Shiralee Hood <i>Potato Shed</i> Drive-In Clifton Springs Primary School 6.30pm
Sunday	16	Drysdale Market 9am – 1pm
Tuesday	18	SpringDale AGM at SpringDale 6pm at SpringDale Boo Hiss Victorian Christmas 10.30am incl Morning Tea <i>Potato Shed</i>
Wednesday	19	On the Buses - trip around Drysdale & Clifton Springs 10am
Monday	24	Business Breakfast SpringDale 7am – 8.15am
Friday	28	Variety Night 7.30pm <i>Potato Shed</i>
Sunday	30	Portarlington Market 9am – 2pm



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Bonsai Page 16



Garden Club Page 17

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Department of Planning and Community Development



Department of Education and Early Childhood Development



Coordinator's News

Anne Brackley



Making things better - our responsibility

Dear Everyone

I always enjoy what I do. In the past, I have written about finding fun in all I do and this is why I am able to enjoy everything. No matter what it is, I find something to enjoy. I face the opportunity with a positive outlook and try to make the best of whatever it is.

People often ask how I can keep doing things and aren't I tired - but because things are fun and I enjoy them I can do them for as long as I need to.

I have recently spent more than 50 days in professional development watching how people work in teams, watching how professionals communicate with each other, with people who use their services and with carers. It was enlightening watching people carry out their important roles with care and empathy while others seem motivated by task precision.

I realised as with most systems, it is when transition occurs that differences become evident. By transition I really mean change

and the processes that are in place to ensure that change is minimised or that it is spelt out and not assumed.

I have always been interested in the management of change and this experience has increased my interest.

At SpringDale we try to minimise change to hopefully make it easy for people to attend our classes, our groups and all our other services. Every now and then we need to change something to help someone or to improve a service or our ability to remain sustainable to ensure that we are here for the future but we do this with transition in mind. We also don't start something that we can't continue and ensure its sustainability.

Once again, thank you to everyone who has helped our SpringDale family or my Brackley family during this testing time. Your friendship and care have been gratefully received.

Anne Brackley
for team SpringDale

SpringDale Annual General Meeting

The **SpringDale Annual Meeting** will be held on **Tuesday 18 November, 6pm at SpringDale** all members and visitors are welcome to attend. An Annual General Meeting gives an organisation an opportunity to share with the community its successes and triumphs, its goals and aspirations and the challenges that might have affected it in the past year.

SpringDale's Annual General Meeting has usually been held in August but due to many changes to the constitution last year we took the opportunity to align with most organisations and schedule it within 5 months of the end of financial year.

Please come along and be part of this celebration - light refreshments to follow.

Courses and Groups at SpringDale

Come and learn something quite new or review what you already know. We cater for our diverse community needs.

If you like to cook, **learn to use a computer**, take holiday photographs, **join the men in the kitchen**, traditional scrapbooking, **cook Italian**, make cheese, **learn to apply CPR**, handle food correctly, **buy or sell on eBay**, use your iPad correctly, **responsible serving of alcohol**, kick up your heels in line dancing, **vegan cooking**, learn to speak French, **or play the ukulele ... it is all here and more at SpringDale.**

Business Network Breakfast

**Monday 24 November
at 7am start**



A Great way of conducting business

Only \$15 per person

This will be the final Business Breakfast for 2014.

A number of businesses have offered to showcase their services, please call SpringDale for further information

Email support@springdale.org.au
Phone (03) 5253 1960

SPRINGDALE UPDATE

Courses @ SpringDale

We are starting to plan the courses for 2015. Our courses try to meet needs within the community and also give members of our community opportunities to share skills and energy with other members of our community. We would love to hear your goals and dreams to enable those dreams to come true. Please share.

Services @ Springdale

SpringDale Dining Group

Our first three dinners have been very well received with numbers increasing for each dinner. This group has a dual goal of helping people to get to know other people within our community and also to help support businesses within our community. Next dinner will be held at Tuesday 11 November, 6.30pm at The Curry Club, Drysdale.

Meeting@SpringDale

Meeting After a year of saying we can do it - we have been asked twice for two separate organisations - so excited - facilitating onsite meetings with some remote participants. This is a point of difference between us and many other facilities that you can hire - so excited.

Celebrations@SpringDale

Many lives and occasions have been celebrated at SpringDale. We have welcomed Weddings, Naming Ceremonies and also Funerals. Many family events happen at SpringDale - what could you celebrate there?

Excursions@SpringDale

Recently 3 people asked for assistance with Bus familiarisation - so we are off on the Buses again. If you have never caught the bus around Drysdale and Clifton Springs - Route 78 - then come with us on Wednesday 19 November. Meet at SpringDale at 10am. To catch the bus across the road from SpringDale at 10.18am. Please bring MYKI card or let us know and you can borrow one of ours (*please ring office to book this as we only have a limited numbers*). Bus trips to further afield will resume as soon as possible.

TaxHelp@SpringDale

Sincere thanks to Brian Sprake for assisting us to offer Tax Help again this year. It is our 10th year of Tax Help and Brian has assisted many people within our community and beyond due to the low no of venues offering Tax Help this year. Each year we believe that the numbers will reduce and each year the number of people seeking this assistance grows - sincere thanks from the SpringDale team for your time, energy and skills that you share so freely with our community.



Ann Nichol House

Sadly, and despite the efforts of so many across the community, Ann Nichol House (ANH) has now been sold.

As readers will know, residents throughout Bellarine were concerned and angered by Bellarine Community Health's (BCH) proposal to sell ANH, the last not-for-profit aged-care facility in Bellarine, to a private provider.

I have raised the issue on many occasions in Parliament, calling on the Government to intervene, including most recently asking the Environment Minister to review the legal issues involved in the proposed sale, asking how ANH can be sold and not just leased given that it is situated on Crown land.

Now that we know the Naphthine Government approved the sale of the Crown land to BCH, I believe there needs to be an independent inquiry into both the sale of the Crown land and the sale of the ANH facility, and so I have now written to the Auditor General asking him to investigate the process the Government has followed.

ANH was built with money raised by the community. All those local residents, organisations, groups and businesses gave

generously and worked hard on the basis that the money would be used to build and operate a not-for-profit aged care facility.

It is only right that BCH, who have ignored the community for so long, now listen to their call for BCH to:

- Agree to place all money that was raised by the community, businesses, service clubs and charitable trusts - 75% of the sale price - into a philanthropic trust
- Ensure that the philanthropic trust fund be community run and not associated with BCH
- Outline what arrangements were made about the Crown land on which ANH sits.

BCH must act in good faith and hand back the money to the community. BCH has treated the community with disrespect, it is imperative that they agree to this arrangement to ensure that we can continue to support our ageing population which is clearly no longer a priority for BCH.

The State Government and BCH have failed to listen to the local community and I am now calling on them to guarantee they will not close the Eric Tolliday Units to ensure that those older residents have secure housing.

Bellarine SES

It was great to visit the Bellarine SES in Drysdale recently.

One of the busiest units in the region, the SES is staffed entirely by volunteers. They provide a fantastic service and I applaud them for the contribution they make to our community.

If you are interested in becoming a volunteer, contact the Bellarine Unit on 0427 074 029, email bellarine@ses.vic.gov.au or visit www.bellarineses.org.au

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP

Member for Bellarine

lisa.neville@parliament.vic.gov.au

Twitter @LisanevilleMP

(03) 5248 3462



SpringDale Occasional Care

Open Day

Friday 14 November 1-3pm



Janet & Jean



OPEN
Monday - Friday
9.00am - 5.30pm
Saturday
10.00am - 2.00pm



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**Need a Will,
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Come along and have a look at our centre when Jean and Janet will be on hand to answer any questions you may have. We operate during the school term and offer 3 hour sessions on a Tuesday and Friday, with 5 hour sessions on Monday, Wednesday and Thursday. Places will be available for 2015 so come along and meet us. We are in Princess Street, part of the Neighbourhood Centre. SpringDale Occasional Care has definitely stood the test of time and has been operating for 18 years. Jean has worked at the centre from the beginning and Janet has been there for 8 years.

It has continually grown into a very busy centre, caring for children from 6 weeks to 6 years. The limited hours and flexible fee structure has proved appealing in the local and wider community and staff takes on board the needs and ideas of the families through regular surveys handed out to parents. There are very few Occasional Care Centres in and around Geelong, so we are lucky to have one in our home town. Please come, meet the staff and have a look around the centre as we feel it is such a unique and special place in Drysdale.

It was family fun all day

What a wonderful day we had at *Family Fun Day* this year. Thank you to the community and many volunteers who enable this wonderful event to take place each year. Can you believe it's November already? We've been having a fantastic year down here at the Potato Shed and this month is no exception – lots of performances, laughter and fun to be had.

Don't miss the amazing Barry Morgan who is returning with his latest organ extravaganza *Home Organ Party Experience* on Saturday 8 November (2pm and 8pm). Barry is the patron saint of the safari suit and by far the funniest and best part of *ABC's Spicks and Specks*. We're offering a great Christmas Party deal on this show – bring along 10+ people and we'll throw in a supper platter for just \$20 – it's the perfect work Christmas party idea. We're also very honoured to welcome back Kutcha Edwards on Friday 14 November. Kutcha is a world renowned singer songwriter and will be appearing alongside Shiralee Hood, Australia's No.1 female Aboriginal comedian. This fusion of music, spoken word and comedy is a unique cross of concert and radio broadcast and is not to be missed.

Also in November we have the last *Spud Dance Party* for the year (21st), which gives young teenagers (12-16yr olds) on the Bellarine a safe and fully supervised night out. Only \$5 on the door, its great value and includes a DJ and lots of giveaways. The last Morning Showtime for the year takes place on Tuesday 18 November at 10.30am with *Boo Hiss a Victorian Christmas Melodrama* – lots of cheer and nostalgic sing along songs with Colin and Shirley.

The *Bellarine Jongleurs* annual variety performance swings into the Shed on Friday 28 and promises to be a great night out with performers from 7-70 showcasing their amazing range of talents – from stand-up to soliloquy to divas and dance acts. Also if you haven't already done so, please show your support for our expansion and fill out a postcard or fill in the petition on our webpage to help us with our *Full House* campaign.

Get more info about all things Potato Shed at www.geelongaustralia.com.au/potatoshed, call us on (03) 5251 1998 or follow the Shed on Facebook.

WIN ONE DOUBLE PASS
POTATO SHED



Boo Hiss Victorian Christmas Melodrama - A Russian Bride in Queenscliffe

Tuesday 18 November @ 10.30am

To enter fill out the coupon, send or deliver to:
SpringDale Neighbourhood Centre
High Street, Drysdale

Name: _____

Address: _____

Phone No: (03) _____

COMPETITION CLOSSES 3PM FRIDAY 14 NOV

Whats' on at the Shed NOV 2014

Saturday 8
Barry Morgan Home Organ Party Experience
8pm
Tix - \$36, Conc \$32, Groups 10+ \$28

Friday 14
INSIDE OUTSIDE PRISON TOUR
Kutcha Edwards
Shiralee Hood
8pm
Tix - \$30, Conc \$20

Tuesday 18
Boo Hiss Victorian Christmas
10.30am. Incl Morn Tea
Tix - \$15

Friday 28
Variety Night
7.30pm
Tix - \$15



Tuesday 18 at 10.30am
Boo Hiss Victorian Christmas Melodrama - A Russian Bride in Queenscliffe

Friday 14 8pm

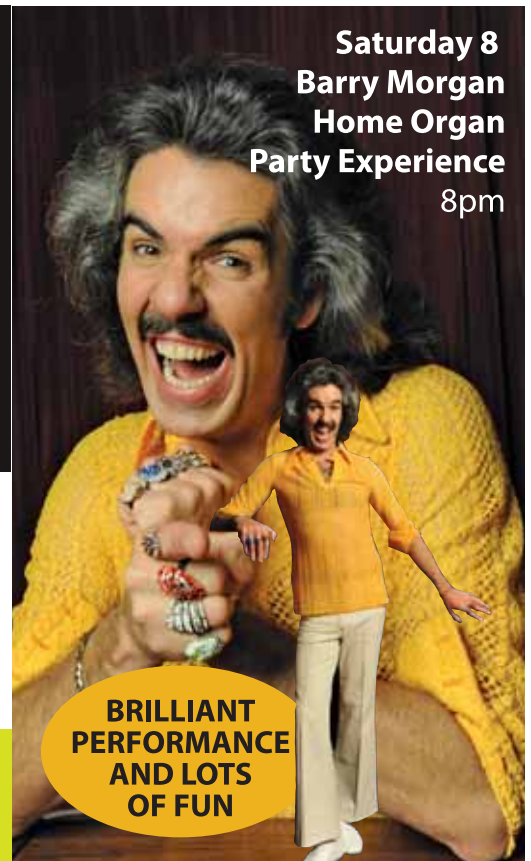
INSIDE OUTSIDE PRISON TOUR

Kutcha Edwards Shiralee Hood

Dan Fox & Tom Lynch



Friday 28 at 7.30pm
Variety Night



BRILLIANT PERFORMANCE AND LOTS OF FUN

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres. The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale Ph: (03) 5251 1998

POTATO SHED

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WWW.GEELONGAUSTRALIA.COM.AU

Ron Nelson

Liberal for Bellarine



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for **Clifton Springs Primary School**, to give local students state-of-the-art learning facilities

✓ Committing **\$7 MILLION** if re-elected for a first class **Drysdale & Clifton Springs Sports Precinct**, to be used for a range of sports and by participants of all ages and abilities. This new hub ensures local sporting clubs can grow and we have a venue to host major sporting and community events.

"I'm proud to be part of Denis Napthine's team that is investing in the future of our region."

Building a better Bellarine.

For all voting enquiries, please visit my Campaign Office at
Shop 3, 26 High Street, Drysdale (opposite SpringDale Neighbourhood Centre)

Contact
Me

✉ Shop 3, 26 High St, Drysdale 3222 ☎ 0412 547 714

@ ron.nelson@vic.liberal.org.au @ron4bellarine

f /RonNelsonBellarine 🌐 www.RonNelsonForBellarine.com.au

Authorised by D. Mantach, 104 Exhibition Street, Melbourne 3000

Potters - promoting their craft



The Geelong Potters group has a membership of around 30, many of whom live on the Bellarine Peninsula. This group was formed in 1976 when pottery was enjoying great popularity. Many of the original members were professional potters. The aim of the group has always been to promote pottery and encourage people in the community to embark on the great pottery adventure. Today our members are mainly hobby potters, who love creating sculptures and domestic ware from clay.

We meet at St. Leonards and at Rosewall Neighbourhood Centres. At our annual exhibition, we are able to showcase, to the public, a sample of our best work. This year we will be exhibiting at the *Pop-Up-Gallery* at 30 Portarlington Road, Portarlington from November Sunday 16 until November Saturday 29. Please feel welcome to call in and see this year's exhibition.

For more information call :
Judi Haskett on 0427 606 987
or Robyn Sadler on (03) 5253 1898.

Friday 14 November Clifton Springs Primary School 8th Annual Drive-In



The movie is *The House of Magic*. A great tale about Thunder, an abandoned young cat seeking shelter from a storm, stumbles into the strangest house imaginable, owned by an old magician and inhabited by a dazzling array of automatons and gizmos. Food available for sale - Sausage Sizzle, Donuts, Dim Sims and Bean Cravin Coffee Van so dinner is sorted with the **gates opening from 6.30pm**. Movie will start at dusk and is always a fun filled night with glowsticks galore. **Tickets per car are \$25 pre-sale or \$35 at gate on the night.** *Bring all the family for a great night out.*

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club for all details
and bookings

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BAYSIDE
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Monday Dinner: All Mains **\$17***
*Conditions Apply

Tuesday Dinner: Parma Night - 4 types! **\$15**

Wednesday Dinner: 220gm Steak **\$16**

Sunday Two Course Roast Lunch **\$19⁵⁰**

Monday to Saturday Two Course Lunch Special **\$15**

Golfing Memberships available
contact the club for more
details on (03) 5251 3391.



www.cliftonspringsgolfclub.com.au
and Facebook for more details



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for the
Occasion



Kevin Mahoney
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TUESDAY 4 NOVEMBER

2 Course Lunch @ 12.30pm Start

Glass of Champagne Tix \$40pp

- Competitions • Raffles
- Live Melbourne Cup all Day
- Sweeps \$5pp

Book Pre-purchased tickets

5251 3391



Phone (03) 5251 3391 Clifton Springs Golf Club Clear Water Drive CLIFTON SPRINGS 3222
Email: admin@cliftonspringsgolfclub.com.au www.cliftonspringsgolfclub.com.au

Remembrance Day - 11th November 11am

The 11th hour of the 11th day of the 11th month has attained a special significance in the post-war years. On the **11 November, Remembrance Day**, all Australians should observe one minute's silence at **11am** to remember those who died or suffered for Australia's cause in all wars and armed conflicts. **LEST WE FORGET.**



Drysdale RSL

The Drysdale RSL Sub Branch is made up of a group of friendly members who get together monthly, supported by an enthusiastic Womens' Auxiliary.

The Drysdale RSL meet on the second Thursday each month at 2pm at 13 Princess Street, Drysdale. The Drysdale RSL Women's Auxiliary meet on the first Tuesday of the month at 1.30pm. *New members are welcome.*



Remembrance Service at Drysdale



Vietnam Veteran Geoff Casey receive a *Veteran Community Award*

Drysdale Vietnam Veteran Geoff Casey received a *Veteran Community Award* during the **Victorian Senior of the Year Awards** at Government House and presented by Minister for Ageing David Davis.



Mr Casey assists the Veterans that are in need of support in the Barwon South West region. Although retired he still helps those in need and support and helps elderly widows to remember their men who gave their lives so bravely.

Liberal MP David Koch mentioned that Mr Casey regularly attended Geelong Hospital to visit veteran patients whilst providing comfort.

Mr Davis said the award was an inspiring way to kick off the 2014 Victorian Seniors Festival.

Buy a Poppy

The Red Poppy emblem is a symbol of those who have fallen in times of war and the Poppy Appeal is run in the lead up to **Remembrance Day**.

Poppies are available in various denominations and the money raised is used to assist both current and former serving members of the Australian and Allied defence forces and their dependents when in need.

The red Remembrance Poppy has become a familiar emblem of Remembrance Day, so wear it with pride and remember our soldiers. The RSL encourages all Australians to purchase a poppy and 'Remember in November.' **LEST WE FORGET.**



A Remembrance Day service will be held at the Drysdale Cenotaph at 10.50am on Tuesday 11 November and all residents are welcome.

LEST WE FORGET.



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Drysdale Clifton Springs Community Association

Upcoming Public Meeting

DCSCA has a DON'T MISS upcoming Public Meeting in the lead up to the State Elections:

Lisa Neville, Ron Nelson and Brenton Peake have all indicated they will attend DCSCA "Meet the State Candidates" Public Meeting. Wednesday 12 November at 7pm at Springdale Neighbourhood Centre, 17-21 High Street Drysdale.

Breaking News

DCSCA has been awarded a triennial grant from The City of Greater Geelong Arts & Culture Department for the Festival of Glass. The grant gives the Festival secure funding for the next three years (2015 – 2018). DCSCA expresses its thanks to the City of Greater Geelong and congratulations to the Festival of Glass Committee. This grant, along with the generous sponsorship from the Bendigo Community Bank shows potential supporters that the Festival is a serious and stable undertaking. The next Festival of Glass will be held in February 2015.

DCSCA has been unsuccessful in obtaining a grant from Coast Care to undertake further weed removal and plantings at the Dell but were encouraged to try again next year. We still intend to form a "Friends of the Clifton Springs Foreshore Group". Several people have indicated that there should be a group set up solely for the foreshore issues. Should you be interested in joining such a group please contact Neil McGuinness.

The City of Greater Geelong were nominated for a Victorian Coastal Award for Excellence and were short-listed for the recent works it has undertaken along the north Bellarine coastline. It did not receive the award but DCSCA congratulates the City and its engineers on the nomination and for the excellent work that has been done, and continues to be done, along the Clifton Springs coastline. In particular, DCSCA is grateful to the engineers for keeping local people informed of what they are doing and why.

Neil McGuinness
Secretary DCSCA
mcgnj@bigpond.com

7 November

National Sunnies Day



National Sunnies Day is aimed at educating children about looking after the health of their eyes.

nationalsunniesday.pbf.org.au

25 November

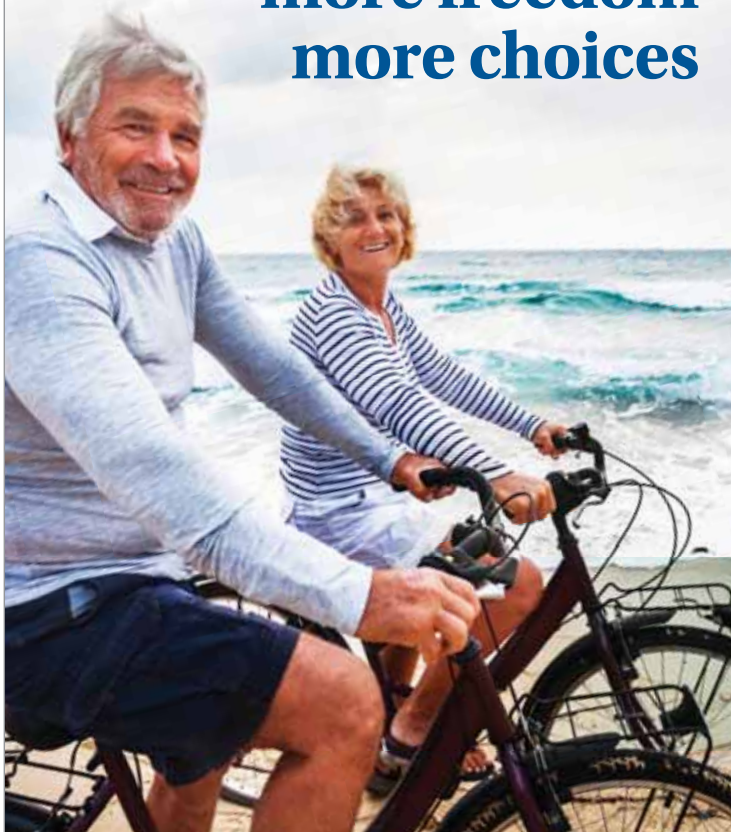
White Ribbon Day



The White Ribbon Campaign aims to raise awareness among Australian men and boys about the roles they can play to prevent violence against women. The campaign calls for men across Australia to speak out and take an oath swearing never to commit, excuse or remain silent about violence against women.

www.whiteribbon.org.au

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more freedom
more choices**



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10am - 2pm Saturday & Sunday



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SES need your car

The Bellarine SES is calling out to the community for help. The unit is in immediate need of vehicles they can use to train their current road crash rescue trainees. In order to be able to assist the community and use the Jaws of Life to extricate people from a car accident the SES volunteers need to train with the equipment regularly to maintain their skills. In order to do this the volunteers need vehicles they can use to simulate crash scenes and cut open, prise apart and dismantle.

If anyone has a vehicle whether it is a car, a ute or a van etc. that they no longer want they can give the unit a call and donate the vehicle. Pick up can be arranged if needed. Unit Controller Dion Henderson said *"We will take most vehicles, but late model cars are especially needed as they have strengthened steel, airbags and other modern features which can be a challenge."*



Some requirements for donated vehicles

- Full body on wheels
- Does not need to work mechanically
- Cars that have little rust otherwise they do not present a realistic scenario
- Does not matter if there is some damage to the car such as damage from crashes
- Any type of vehicle

If anyone can help or has any questions please contact the Dion Henderson at the Bellarine unit on 0427 074 029 or email bellarine@ses.vic.gov.au

Handbag Security

Whether you are walking down the street, shopping or socialising, everyone has the right to feel safe.

To reduce the risk of having your handbag or personal items stolen:

1. Secure your handbag close to your body, carrying it so that it faces away from passing traffic
2. Carry minimal amounts of cash in your wallet or purse.
3. Be observant and aware of people who appear suspicious and who try to distract you. Change your route or call for assistance if necessary.
4. Keep to major, well-lit streets and avoid isolated areas.
5. If someone is following you, avoid taking shortcuts and find a location with other



people in the vicinity such as a shopping area.

6. Never leave your handbag or purse in your trolley while shopping.
7. Inattention when you place a handbag down and deal with purchases or other matters could result in handbag theft.
8. When using rest rooms or change rooms, do not place your handbag close to the door or side walls, particularly if there is a gap between the walls and the ground. It could be snatched from the outside. Be



wary of using hooks on the back of toilet or change rooms doors, as thieves can reach over and attempt to steal bags.

9. In cafes and restaurants, don't hang your bags on the back of chairs. Keep them on your shoulder or lap, or between your feet on the ground. Alternatively place the strap through one leg of the chair.
10. Never leave your bag on adjacent seats in theatres, halls or on public transport.

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Perfect Pineapple



Pineapple-Mango Upside-Down Cake

1¼ sticks (10 tbsps) unsalted butter, room temperature, plus more for pan
1 medium ripe pineapple, peeled and cut crosswise into 5-6mm thick slices
1 medium ripe mango, peeled
½ cup packed light-brown sugar
1½ cups plain flour
½ tspn salt
¼ tspn baking soda
¼ tspn baking powder
1 cup sugar
2 large eggs
1 tspn pure vanilla extract
¼ cup sour cream

Preheat oven to 175° degrees. Butter an 20cm square cake pan, line it with parchment paper, and butter parchment. Using a 7cm cookie cutter, cut out rounds from centers of four of the pineapple slices. Using a 3cm cookie cutter, cut out the centers of each of the four rounds, and discard; set rings aside. Finely chop enough of the remaining pineapple to yield 1 cup (reserve remainder for another use). Place chopped fruit in a fine sieve set over a bowl to drain.

Cut the mango lengthwise into 5mm slices. Using the 3cm cookie cutter, cut out four rounds from mango slices; set aside. Finely chop enough of the remaining mango to yield ½ cup; add to the pineapple in the sieve.

In the bowl of an electric mixer fitted with the paddle attachment, beat 2 tablespoons butter with the brown sugar until light and fluffy, 2 to 3 minutes. Using a small offset spatula, evenly spread butter mixture in the bottom of the prepared pan; set aside.

In a medium bowl, sift together the flour, salt, baking soda, and baking powder; set aside. Place a reserved pineapple ring in each corner of the prepared pan. Place a reserved mango round in the centre of each ring.

In the bowl of an electric mixer fitted with the paddle attachment, beat remaining stick of butter with sugar on medium speed until light and fluffy, 2 to 3 minutes. Add eggs, one at a time, beating well after each addition; scrape down the sides of the bowl as needed. Beat in the vanilla. With the mixer on lowest speed, add flour mixture in two parts, alternating with sour cream and beginning and ending with flour.

Transfer the chopped pineapple-mango mixture to cake pan; discard juice. Using a small offset spatula, carefully spread fruit in

an even layer on top of cut-out fruit, making sure to fill all the empty spaces, including any gaps in the corners. Using the offset spatula, spread batter evenly over fruit.

Bake, rotating pan halfway through, until cake is golden brown and a cake tester inserted in the center comes out clean, about 50 minutes. Transfer pan to a wire rack to cool 30 minutes. Invert onto a cake plate; peel off the parchment paper. Serve cake slightly warm or at room temperature.



Pineapple Pops - kids favourite



3 cups fresh pineapple chunks, or one can chunks in juice, drained
½ cup milk
¼ cup sugar

In a food processor, combine pineapple chunks, milk, and sugar; pulse until almost smooth, with some chunks of pineapple remaining.

Pour half the mixture into a medium bowl (or a glass measuring cup for easy pouring). Pulse remaining mixture until completely smooth; add to mixture in bowl.

Divide evenly among eight paper cups, and insert wooden sticks. Freeze until solid, at least 4 hours or up to 2 weeks (cover with plastic wrap).

To make chunks, peel, quarter, and core a small pineapple. Cut into 5mm thick slices, then cut into small pieces.

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Saturday 8 November

Walking Home



Walking Home is a community event to raise the awareness and understanding of homelessness within our region. The walk on **Saturday 8 November begins at 8am** in Queenscliff, proceeds along the Bellarine Rail Trail and concludes at Steampacket Gardens at the Geelong Waterfront. The total walk distance is 37km but walkers can choose to do a particular section of the walk if preferred. You can choose from four distances, depending on your fitness level and time availability. At the Geelong Waterfront will be a free public event featuring speakers and live entertainment to support the homelessness in our region. Visit www.walkinghome.org.au for more information.

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"Caring for our bodies means caring for its architecture – the spinal cord that keeps us upright, mobile and strong. Maintaining a quality lifestyle through regular spinal care helps us reach our potential," says Dr Sharon Pedersen-Jones.

One of the biggest fears we can have is speaking in front of strangers. In high school it was daunting, but these days it's not so hard as I've got an important message to share.

Recently I spoke to some workers in a factory, many of whom had suffered injury on the job. I was invited to help prevent future mishaps. Some workers laughed when the boss introduced me as the local Chiropractor, saying that nobody there had a 'bad back'. So I decided to share a story that changed their thinking about chiropractors only being needed for 'bad backs'.

On 18 September 1895 in Iowa, a janitor named Harvey Lillard stopped to talk with a Dr Palmer who was working late in his clinic. Lillard told Dr Palmer that 17 years ago he bent over and heard a 'pop' from his back, after which he became almost deaf. Fascinated, Dr Palmer tested a theory he was researching. He examined Lillard and found a lump on his back. Palmer recognised it as a badly misaligned vertebra and reasoned that since it occurred when Lillard went deaf, that restoring it to its proper position might also restore Lillard's hearing. Dr Palmer performed an adjustment by pushing the vertebra back into its normal position. What happened next changed history. Lillard went to the open window and heard a sound he hadn't heard for 17 years – the clatter of horse's hooves.

Chiropractic was born! Today, Chiropractic is one of the fastest growing healing professions in the world, over 6,000 Chiropractors world wide serving over two million people every day.

People see Chiropractors for help with headaches, migraines, chronic back pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, asthma, allergies, numbness in limbs and sports injuries. Just to name a few things. While Chiropractors receive thanks for helping people with many of these problems, they cannot take this credit.

The truth is that Chiropractors have never healed anyone of anything. What they do is perform a specific adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that.

When spinal bones shift out of alignment, they can choke messages running through the tiny nerves that exit the spinal cord. Chiropractors call this Vertebral Subluxation. Tension from prolonged or unusual patterns of sitting and standing, strain from walking, exercising or sporting injuries and stress from personal, professional or emotional tension all affect our body's alignment and can cause dysfunction.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Often this happens without symptoms as only a small percentage of our nervous system carries or perceives pain.

Our body can be heavily stressed without any alarms with or bells going off.

The only way you and your family can know if your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Normally our new patient examination costs over \$210, but readers of The SpringDale Messenger can receive our complete consultation for only \$47.

To take advantage of this offer, you can phone my assistant, Liz, on (03) 5253 2800 and schedule an appointment. By bringing in the coupon below, you will receive your special offer of only \$47 for a comprehensive consultation. I look forward to meeting you and helping you and your family achieve optimum health.

Dr Sharon Pedersen-Jones, Chiropractor

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Please contact us on 5253 2800 or call into our office, Corrective Chiropractic Bellarine, at 13 Dumburra Ave, Clifton Springs to take advantage of this offer.

NOVEMBER 2014 - SPRINGDALE MESSENGER



What is Nutritional Medicine?

A question I often get asked when I tell people that I am a Nutritional Medicine Practitioner is, "So, if I come and see you, you'll just tell me to eat properly, won't you?" Believe me, that is not the case, and if it was I wouldn't have spent tens of thousands of dollars on my degree just to be able to say that.

Nutritional medicine is an arm of naturopathic medicine which views true health as much more than merely the absence of disease or illness. To us, health is the optimisation of an individual's potential, allowing them to have the best energy, vitality and health outcomes possible. It's about minimising health risk factors, and maximising protective healthy behaviours. In this way, nutritional medicine can be viewed as a lifestyle or preventive medicine discipline, attempting to stop people becoming ill before they actually do. And it's also about helping people recover from bad health outcomes, to ensure they won't end up there again. When you consider that the fastest growing diseases in our country are a direct result of our modern lifestyles, medicine which focuses on this area is becoming increasingly more important and valuable.

But it's also useful when things are going wrong. When someone doesn't feel well, nutritional medicine looks at the symptoms of what is occurring, and tries to determine what the underlying cause of those

symptoms is. Once this established, a practitioner will then seek to correct the cause through specific nutrients, foods and lifestyle adjustments, which will assist the person's own body to heal itself. It's not just the case of "You have this symptom, so take this". Correcting illness takes a fair bit of effort from both the client and the practitioner. Sometimes Nutritional Medicine can work well in combination with conventional medicine therapy, like pharmaceuticals and surgery, to get even better health outcomes than just with conventional treatment on its own.



So, who can benefit from Nutritional Medicine? The answer is, everyone! Whether you are a sportsperson looking to improve your performance, or a parent who has a child with a persistent allergy, or someone who has

not felt well ever since that holiday/take away meal/bad gastro or fever, or even someone who just needs help to make better food and lifestyle choices, nutritional medicine may be just the thing to help you take control of your health, naturally.

Adrian Stone
BHSc (Nutritional Medicine),
and owner of Living Holistic Health

Adrian is presenting a session on Natural Remedies for Allergy Relief is on Tuesday 18 November at 6.30pm - 7.30pm previous sessions have been very well received.

All November 2014



During November each year, Movember is responsible for the sprouting of millions of moustaches around the world. With their "Mo's" men raise vital funds and awareness for prostate and testicular cancer and mental health. As an independent global charity, Movember's vision is to have an everlasting impact on the face of men's health. Movember challenges men to grow a moustache for the 30-days of November,

thereby changing their appearance and the face of men's health.

Since its humble beginnings in 2003 in Melbourne, Australia, Movember has grown to become a truly global movement inspiring more than 3 millions to participate across 21 countries. Go to au.movember.com/ for all the relevant information.

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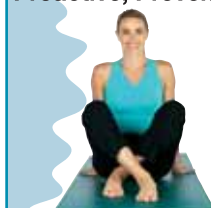
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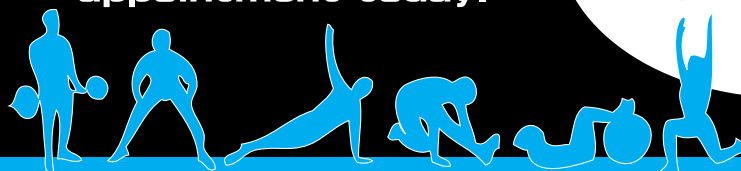
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What Is Romac?

Does your heart break when you see children with deformities that cannot afford to get the treatment they deserve because they happen to be living in country without the necessary surgeons?

That's where Rotary can come with ROMAC (Rotary Oceania Medical Aid for Children).

A Rotary Project that has changed the lives of many children and their families, started with just one man's vision to help change the lives of these children.

Gaynor Schols was a recent visitor to the Rotary Club of Drysdale to educate us on what ROMAC actually does and show us some slides of the miracles that have been performed. Their mission is to provide medical treatment for children from developing countries in the form of life saving



President Kaye Beresford presents cheque to Gaynor representing ROMAC

and/or dignity restoring surgery not accessible in their own country.

ROMAC's objectives are: To provide hope where is no hope. To restore dignity to



human life. To transform a child's life. To provide the best medical and surgical expertise.

Relying on donations to be able to continue the amazing work they do, ROMAC have many children on their waiting list that cannot yet be helped until more funds are raised. How can you help this cause? Become a Rotary member and help raise valuable funds for ROMAC or many of the other projects we put our support towards. Or make a tax deductible donation. Contact me for account details and the issue of a receipt.

Caroline Rickard
Publicity Officer
Rotary Club of Drysdale

A good man gone

Steve Woodcock

8/3/1931 - 1/10/2014

The members of the St Leonards Men's Kitchen and Men's Shed will miss Steve's wit, cheerful chuckle, talents knowledge, love of music, his artistic ability with wood work, his generous nature and loving smile.

We have lost a true gentleman and dear friend.

RIP.



Gala Day - raising funds for our hospital



Gala Day is a great Geelong family tradition which has been running each year since November 1916.

The parade will be held on **Saturday 15 November** and will include many colourful and entertaining floats, performers, dancers and mascots. The fun continues afterwards in Steampacket Gardens with children's entertainment and food stalls.

As well as being a fun day it is also an important fundraiser for the Geelong Hospital. For more information visit

www.galaday.com.au

We invite you to attend this special event helping families and friends to prepare for Christmas

Time to Remember...
for all who have experienced grief and loss

Monday 24th November 2014
6.45pm for a 7pm start

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The SpringDale Annual Meeting will be held on Tuesday 18 November, 6pm at SpringDale.

Brewing some Little Creatures a tasty delight

Last month our Club visited the Little Creatures brewery which has been constructed in the old textile centre in Geelong.

After donning fluoro vests and safety glasses we were conducted, by our guide Troy, on a tour of the brewery works. Troy explained how the ingredients were purchased from local and overseas sources and *cooked* in large stainless steel vats, being passed from one to another for the different stages of production of the beer.

It was most interesting to learn of the process, see the massive vats and associated pipework, plus the packaging line where a six pack is produced every couple of seconds. After the tour we adjourned to the cafe where many members partook of Troy's invitation to taste the several different beers produced on site, whilst others enjoyed a well earned coffee.

We are a social club for retirees, ladies and gents, and you are welcome to join our regular monthly meetings held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month.

Please contact Val on (03) 5253 1446 or Alby on (03) 5253 2631 for further details. Our November meeting will be a trivia morning followed by a BBQ lunch.



Neighbourhood Watch - Be safe...always

Bullying's Just Not Right

Parents are advised to familiarise themselves with technology and what their kids are accessing online. Whether it's Facebook, Twitter, Instagram, Snapchat or others, be aware of the social networks they are using. It is so important for parents to talk to their kids and to discuss issues with them - Cyberbullying, Sexting, Grooming, Stalking and the legal impact of cyberbullying which has reached epidemic proportions in our communities. Kids are naive in what they post online. Everyone must "THINK BEFORE YOU POST" on Facebook, Twitter, and other social networking sites.

Some important facts include:

One in four kids is approached by online predators. An increased number of Facebook friends results in an increased chance of cyberbullying and / or Grooming. Think about who you allow to be your friend.

Photos – be VERY careful what you post. Build a cyber rapport with your kids / grandchildren. For more information on cyberbullying, or to learn more about the cyber world, the following websites are suggested:

www.cybersmart.gov.au

www.thinkuknow.org.au/site/cyberbullying.asp

www.kidshelp.com.au/grownups/getting-help/.../cyberbullying.php

Cyclists - Take Care

In wet conditions, it is more important than ever for ALL road users to share the road safely. Drivers, cyclists and pedestrians all have responsibilities when using our roads. Drivers should look out for cyclists, who in turn should ride safely and responsibly.

Some simple tips to ensure everyone's safety, how bike riders should share the road:

Obey the road rules and stop at all red traffic lights and stop signs. Wear bright coloured clothing, and use lights when cycling at night. Ride predictably and indicate to drivers when you intend to turn or change direction. Bike riders should look out for drivers and passengers getting in and out of parked cars and be aware of the risk of car doors opening. Bike riders are allowed to ride side by side (two abreast) but no more than 1.5 metres apart. If the road is narrow be courteous to other road users and ride single file, to allow vehicles to overtake safely.

How drivers should share the road:

Be patient and give bike riders a clearance of at least one metre when passing them, more

if travelling over 60km/h. If this clearance is not possible do not overtake until it is safe to do so. After overtaking, make sure you are well clear of the bicycle before moving back.

Watch out for bike riders at intersections and roundabouts. Drive slowly and watch out for bike riders in residential streets. Check behind before opening your car door, use your mirrors as well as checking over your shoulder. Do not drive in bicycle lanes. Give way to bike riders in bicycle lanes if you are turning across the lane. Indicate when pulling out, changing lanes or turning, so bike riders know your intentions.

Safety Tips courtesy of VICROADS.





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Welcome to 

Geelong Bonsai Club Annual Show - Saturday 8 & Sunday 9 November

Bonsai - a time honoured craft

The Geelong Bonsai Club would like to announce the presentation of their Annual Bonsai Exhibition, featuring a large display of Bonsai from young plants still in their development stage to old mature established Bonsai. During the two days there will be ongoing demonstrations in the methods of potting, training and styling bonsai. We encourage people to bring along their own trees and have them repotted and/or trained for them and receive advice on the ways to further develop their trees.

For those who do not have a bonsai but would like to, there will be an abundant supply of starter plants, partially trained plants and established Bonsai for sale. The show also provides a large range of pots, tools, books, fertilizers and other Bonsai related articles for sale. So anyone can choose a plant and a pot and have it potted up and initial training done on it "while they wait".


Many experienced club members with 'ASK ME' badges will be circulating around the floor just begging for questions to answer.



Look out for the 'Bonsai Styles Display Board'. You will be astonished at the large number of different styles that will suit a Bonsai.

While wandering around the displays, see if you can find the fake rocks in among the real ones. Many of the Bonsai have a number beside them. We ask the public to vote on which Bonsai they like best. Voting slips are available at the entry table. And don't forget to get a raffle ticket. The prizes will be on display on the entry table. If you find the display too big to see in one go, stop for morning or afternoon tea before perusing the rest of the show.

The Geelong Bonsai Club Annual Exhibition is on Saturday 8 November between 9am to 6pm, Sunday 9 November between 9am and 4.30pm at Geelong Masonic Centre, Regent Street, Belmont. Admission is \$4 for Adults, \$3 for Pensioners and students, children accompanied by adults get in Free. We look forward to seeing you there.



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Saturday 8th November, 9am - 6pm
Sunday 9th November, 9am - 4pm

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- Meet and talk with Geelong's top Bonsai Exponents
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- Trained and semi-trained Bonsai and nursery stock
- A magnificent display of Bonsai



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Adults - \$4.00 Pensioners & Students - \$3.00
Children accompanied by adults - FREE

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gardening in our district

Clifton Springs Garden Club Open Day - Saturday 1 November



The Clifton Springs Garden Club is having their annual Open Day on Saturday 1 November at the Drysdale Uniting Church Hall. As previously we are going to have plants for sale, a wonderful display of flowers



and plants from our members' gardens, a huge raffle of all things relevant to gardening, a speaker who will be available to answer questions on gardening, and morning and afternoon tea. We are also hoping to have a



photographic display featuring gardens and flowers.

If you require any further information please telephone (03) 5251 2338, Eddie Loughnan Clifton Springs Garden Club President.

Blooming Plants and Homemade Fair

The Uniting Church Portarlington will hold the **Annual Fete** on **Saturday 15 November** in the church hall **Newcombe Street, Portarlington**, from 9am til early pm.

Stalls include:

Garden: About 200 potted pelargoniums, most in full bloom and other garden plants.

Craft: Home made items including clothing, knick knacks, jams etc.

Cakes: Yummy assortment of home made cakes and slices.

Morning Tea: A refreshing cuppa with something to go with it.

Raffle: \$2 raffle, drawn at 11-30am.

Prizes: Quality home made rug/quilt and attractive garden pot.

Barry Ruler

For further details please contact Barry (03)5259 3304 or 042 751 3950.

10-16 November

National Recycling Week



National Recycling Week aims to improve the positive environmental outcomes of recycling by increasing community awareness, increasing collection rates and reducing contamination. Local councils, businesses and community groups are encouraged to join in throughout the week. recyclingweek.planetark.org/about



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All creatures Great...



There was a special 'Blessing of the Animals' service at St James Church in Collins Street, Drysdale on **Sunday 5 October** where pets were invited to join their owners to recognise the joy and companionship they bring to our lives. It was a very informal, happy and entertaining experience for owners and non owners alike. In particular it was so touching to see some of the owners being given a very

thorough licking over by their canine friends. All the pets attending this service were individually blessed by name and could take away a certificate to record this wonderful occasion. The photograph shows many of the pets who brought their owners along to this celebration which coincides with the annual festival to commemorate the life of St Francis of Assisi, patron saint of animals.

Uniting Care Op Shop AGM

The Drysdale Uniting Care Op Shop will be delighted to welcome you to the Annual General Meeting on Wednesday 12 November at 1.30pm in the Uniting Church.

Mr. Des Younghusband, deputy CEO, Uniting Care, Geelong, will be the Guest Speaker. His dedicated service as Treasurer for many years makes him an ideal spokesman for this valuable cause.

For enquiries please phone Tony Freemantle on (03) 5253 1974.

From our Writer's Group

My Town Along The Bay

by Valerie Baker

*I've lived 'a foot' of mountains,
with snowy mantles white
Presided over green valleys,
from a cliff top's lofty height
Seen creeks and valleys overwhelmed,
under urban roofs
Whilst my memory still retained,
the sound of horse's hooves*

*Dwelled on a city's riverbank,
making its way to the sea
The humming sound of traffic,
had seemed okay to me
There amongst the city dwellers,
convenient, nothing far
But striving for fresh air,
meant trips by train or car*

*Had bush land all around me,
'city living - country style'
Could spend a day with nature,
just out a country mile
Shed tears at devastation,
aftermath of bush fires, seen
Atop that very mountain,
where once were forests green*

*Gazed in awe at a waterfalls,
given to a valley known
Sacred to First People,
a place they called their own
Woken in the morning,
to the glint of pristine snow
Stacked wood to feed my hunger,
for a fire's tranquil glow*

*So many different places,
in my life along the way
But none of them compare
to my town along the bay
My heart and soul at peace,
I'm grateful every day
For this place that I call home,
my town along the bay.*

15 January 2013 (c)
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Community Awareness Events - NOVEMBER

These worthy causes that have been dedicated to make us aware of the importance of our support and also so we are able to learn from information that is presented by these foundations.

1-30 November

Asbestos Awareness Month



Asbestos Awareness Month, 1 - 30 November 2014 aims to educate Australians about the dangers of - asbestos in and around homes because Australia has one of the highest rates of asbestos-related diseases in the world.

With asbestos-related diseases continuing to increase among Australians as a direct result of exposure to asbestos fibres during home renovations and maintenance, the importance of raising awareness about the dangers of asbestos and how best to manage it in and around homes, cannot be overstated.

www.asbestosawareness.com.au

12 November

WOW Day



The SES is painting the town ORANGE for Wear Orange Wednesday (WOW Day) on 12 November and we want you to join in the fun. Get your family and friends to wear something orange to work or school to show support for SES volunteers.

www.wearorangewednesday.com.au

14 November

World Diabetes Day



The World Diabetes Day campaign is an event used to increase understanding of diabetes, and to raise funds for research.

www.idf.org/worlddiabetesday

9-15 November

Australian Food Safety Week



FOOD SAFETY WEEK



This year the Australian Food Safety Week theme is Shopping Food Safety focusing on 'Clean, Choose, Chill and Separate' when selecting food and transporting it home safely. Australian Food Safety Week is the major activity of the Food Safety Information Council, Australia's leading disseminator of community targeted food safety information.

www.foodsafety.asn.au

30 November - 6 December

GiveNow Week 2014



GiveNow Week takes place around the country in the first week of December each year and aims to focus attention on the many ways that individuals, families, businesses, and groups can make a difference to the community in the lead-up to Christmas.

It's about helping people take some small, simple steps that open the way for a better supported, more inclusive, more vibrant community - not just during the Christmas period but all year long as well.

www.givenow.com.au



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Planning for summer

Summer is nearly upon us and there is plenty to plant in the edible garden. My trusty soil thermometer is an important tool at this time of the year: if you put warmth-loving seedlings in soil that is too cool, they'll fail to thrive.

Tomatoes

I grow them from seed in pots under cover, then transplant the little seedlings into the garden when the soil is 15°C or warmer. That may not be until mid-November. "After Melbourne Cup Day" is a good rule of thumb. Cherry tomatoes are hardier and can go in right now.

Capsicums, eggplants

They need warmer growing conditions than tomatoes but have a longer ripening period, so there is a narrow "window" for getting them started. They can be finicky to grow from seed, so I usually buy seedlings. They go in when the soil has reached 18°C (probably mid-December).

Cucurbits

Cucurbits do equally well from seed and transplanted seedlings. Just make sure you protect them from slugs and snails while they are small. For the larger, vigorous varieties, make sure you leave plenty of space for each plant – always more space than you think you will need! Zucchini and pumpkins can go in any time from now onward. Watermelons

need warmer conditions, but if you start them in December in a sunny spot, you should get some delicious fruit come April.

Bush beans

Bush or 'French' beans are quick growers and love warm summer soil. They grow well from seed. Just keep them well watered and protected from blistering hot winds or you'll lose your plants in January or February. If the forecast is for 30°C plus, the shade cloth goes over my beans.

Root vegetables

Carrots, parsnips, beet-root and Florence fennel can go in any time. You need to grow them from seed, which means preparing a good seed bed and keeping it moist until germination. I often intercrop them with onions (started back in July). The seedlings appreciate the shade while getting established, and then the onions are harvested in January, leaving plenty of space for the root vegies.



Intercropped onions and root vegies (and one of our beehives in the background)

Drysdale Harvest Basket produce swap is on the first Saturday of the month, 9am–11am at SpringDale. Come along to swap vegies and gardening tips with other local growers.

St James next Garage Sale - Saturday 1 November

St James Annual Garage Sale takes place on Saturday 1 November and will have the usual very comprehensive selection of items for sale in the following categories: Household Effects, Furniture, China & Glass, Manchester, Trash & Treasure, Toys, Old Records, Cakes & Preserves, Plants and Men's Shed.



Already items are building up and St James hopes it will be beneficial on both sides – you will find some excellent bargains and St James will make some money to help pay off the loan for the refurbishment of their Hall. That loan is now just under \$60,000, which is

not bad going since the cost of the refurbishment totalled around \$750,000 by the time the Hall was reopened early in 2012.

So you will be made very welcome at this next garage sale and encouraged to browse around all the items on offer. And if you get hungry whilst browsing, the sausage sizzle will be there to tempt you. The photo is from last year's Garage Sale and shows how bare the heavily laden tables were then looking with so much of the merchandise already snapped up.

Also, if you or anyone you know would be interested in hiring any of spaces in the Hall, please don't hesitate to ring the Hall Hire Manager, **Pat on 0468 381 529** and she will be delighted to show you round and discuss availability with you. **St James Garage Sale Saturday 1 November, Collins Street, Drysdale, doors open 8.30am.**



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Bellarine Woodworkers extending their premises



Over the past few months our workshop has doubled in size and as a result of a number of successful working bees the new extensions have been fitted out with specialised storage and equipment. The Woodies are really enjoying the extra space for woodworking. The extension has catered for the growth in membership.

Bellarine Woodworkers have 7 special interest groups including woodturning, Box Making, General Woodworking, Wood Carving, Toy Making, Model Making and Intarsia (making pictures in wood). Groups meet fortnightly at the workshop and general meetings are held at SpringDale on the 1st and 3rd Mondays each month at 1.30pm. Skilled tuition from experienced woodworkers is available in all the groups. Our Club is open to male and female members and anyone interested is invited to come to a general meeting at SpringDale.

You will be made most welcome.

Trixie Phillips and Helen Petrasku recent new members in the Box Making group

Festival of Glass is upbeat for February 2015



The Festival of Glass team is extremely pleased to have been awarded a (Triennial) grant stream for 3 consecutive years, from the City of Greater Geelong. The effect of this grant now takes the planning of future Festivals to a whole new level. Advertising plans can be put in place earlier, as well as the ability to be able to engage tutors to set up training workshops for existing and aspiring artists, very early in the program. A revamped competition and awards program has been put in place for 2015, and in a new award section, involving a partnership with the Rotary Club of Drysdale,

The Festival of Glass will be held on Sunday 15 February 2015 at the Christian College in Drysdale

there is an acquisitive award for recycled glass. In this section, the winner will receive \$1000.00 and the Rotary Club will then have ownership of the winning item to use in their own fund raising venture at a later date. The Festival of Glass team are very thankful to have another Community group involved. Negotiations are almost complete with a internationally known glass artist from Sydney, who will provide demonstrations at the Festival, and will also hold a 3 day training workshop the next week. More on this next month.

Doug Carson

Convenor; Drysdale Festival of Glass

www.festivalofglass.net.au

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Run Geelong



On Sunday 23 November, Run Geelong 2014 expects to see 10,000 people running, walking, crawling and rolling for a cause around Geelong starting and finishing in the Geelong City Waterfront precinct. Put on your runners and be a part of something special and raise funds for the redevelopment of the Special Care Nursery at Geelong Hospital.

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www.geelong.runaustralia.com.au
for further details.

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Memories of Drysdale CFA Days

Having recently attended the 70 year anniversary dinner of the Drysdale CFA, Kel shares some of his memories as the longest serving living member of the Drysdale CFA. There were nine members at the first meeting which was held at the home of Lorna Robinson.

Kel remembers the three buildings that have housed the Drysdale brigade trucks starting off with a small single truck shed. Then upgrading to a double shed and finally the complex that our fire brigade has today. There have been thousands of volunteer hours devoted to creating the environment in which our CFA operates today. Some of the fundraising organised have been Melbourne Cup celebrations, Variety Nights, Debutante Balls, Progressive Dinners, Garage Sales and Christmas Parties.

Kel has enjoyed every part of being a member of the Drysdale Fire Brigade.

He especially loved the fire brigade running and was able to achieve exceptional times against men much younger than him.



Kel Davis

In 1963 Kel and Bernard Filbay, both members of the Drysdale CFA, were presented with the Country Fire Authority Valor Medal and The Royal Humane Society of Australia Certificate of Merit for their part in rescuing a young girl from drowning in the Werribee River.

The men were having dinner with their families after training on the Werribee track when they heard that a little girl had fallen into the creek.



Bernard Filbay

They ran to the rescue, swimming as directed from the bank above, they managed to find and rescue the child. But for their actions she would have drowned.

Kel and Bernard said that it was just luck that they were able to locate the child as the river was in flood, the water dirty and the current at that point in the form of a whirlpool in which the child was found as she went around only visible by a piece of her dress.

Letters to the Editor

So many walks...

I have recently come to reside in Clifton Springs and everyday I have found a different place to walk. I pass quite a few people walking with their partners and dogs. They are welcoming as well and some are ready for a lovely chat and exchange about the weather. I really love to walk along the cliff tops and watch out over the bay. I am very pleased our sea change has been worthwhile and encourage others to step up and enjoy their surrounds as much as I am.
Felicity Clifton Springs

Carers Week - October edition

Well done! SpringDale Messenger for your page and information about Carers Week. It is a vital part of our community and we should all be aware of the people that are helping others maintain a quality of life that is happening behind doors that we do not know about. They have my admiration. It is not an easy path to be on, but it is a fulfilling one.

Bert Curlewis

Seniors Week

Having reached my Seniors years way too early in my estimation, I am delighted to see there is so much to do in Seniors Week. The only thing I have to say about the Seniors travel during this time it is not for peak hour times, and yet to ride an earlier

train is leaving your day short to appreciate your outing and to ride a later one is not good for the more elderly. Let us ride the peak trains as before we were Seniors. It was okay for you to let us then, let us now as well. The times are much more accessible and safer to travel in numbers.

Sandra Drysdale

SpringDale Diary page

I have been reading your Diary page and I am using it to make sure I do not miss events so close to home. Have a look... it is great. I have attended some functions that I would not have known about otherwise. Keep those events coming as I am enjoying them when I am able to attend.

Gloria Drysdale

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Croquet Members Honoured



Recently the Croquet Section of the Drysdale Bowling and Croquet Club honoured four such people with the dedication and naming of the two croquet lawns and unveiling plaques - as *The Wilma & Graham Bath Lawn* and *The Edna & Harold Peel Lawn*.

Wilma Bath has been a valued member of the Croquet Section since its inception some 64 years. She is an active member and has served as President, Secretary and Treasurer on numerous occasions. Wilma won many accolades over her playing, coaching and refereeing career, winning many Championships, being a State Selector and a Level 1 Coach and a Referee. Wilma continues to teach basic skills to newcomers and is always keen to assist and mentor players in all standards of the game.

Wilma's late husband, Graham, was a successful croquet player and along with Wilma threw his wholehearted support into not only the Drysdale Bowling and Croquet Club, but also at Geelong, Regional and State levels. Graham also served on the Committee, being Secretary for many years. He was heavily committed to the formation of the second court and he supervised the

ongoing care and upkeep of the lawns.

Edna Peel has been a member of the Croquet Section for almost 50 years. Treasurer from 1974 to 1988 and again from 1994 to 2008, a commitment of 28 years in all. A modest and diligent lady, she also achieved success as a player, winning various Championships over the years and being successful in Pennant along with Wilma. Edna continues to this day to work quietly in the background to promote the harmonious smooth running of Drysdale Croquet's activities. Edna's late husband, Harold, passed away in 1998. At this time the Minutes recorded that "Harold had done so much work towards keeping our club going, from caring for the playing surfaces to building the four shelters, repairing fences and all manner of other jobs as they arose. The Club will greatly miss his massive input."

As the Croquet Clubhouse took shape in 1990, Harold was heavily involved in the making and fitting of the fixtures within its walls.

Both Wilma and Edna have been recognised by the Drysdale Bowling and Croquet Club with Life Membership.

Gillian Horvath,
President Croquet Section.



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