

David, Michael (pictured above) and Aunty Val have once again worked tirelessly all year to provide our community with another spectacular display of Christmas lights and seasonal items. This is definitely a family activity - take the time to venture to 5 Rakuma Court, Clifton Springs Melways Ref 641 B9 from 1 to 26 December, come together, enjoy exploring the wonderful display that takes more than 6 months to set up. Allow about 30 minutes to be able to absorb the whole display. Please think of the neighbours and park in Beacon Point Road and walk into the Court if you are able. This will also allow space for those with special parking needs. All welcome.

Dance to sounds of lively music at SpringDale Family BushDance.

Sat 17 Jan at 7.30 till 11pm



everyone!

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of

If you wish to place your event in the calendar and further issues. The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE February 2015 Bookings/copy required by 19 Dec 2014 Dist: Sat 31 Jan Circ: 11,000 copies

SpringDale Neighbourhood Centre Opening Hours Mon to Fri 9am - 5pm and by appointment.

DECEMBER



Saturday 6 Harvest Basket Produce Swap & Sell SpringDale 9am – 11am

The Ballet School Recital Potato Shed

Friday 12 x 12 Plays *Potato Shed*

Saturday 13 Spud Club 6.30 – 8.30pm Juniors, 8.30pm – late Adults *Potato Shed*

Friday 19 SpringDale closes for holidays. School Term 4 ends

Sunday 21 Drysdale Market 9am – 1pm

Wednesday 24 Geelong Carols by Candlelight 8pm – 10pm, Johnstone Park

Thursday 25 Christmas Day. Public Holiday

Friday 26 Boxing Day. Public Holiday

Monday 29 Dec

Monday 5 Jan 2015 Affordable Art Show

- SpringDale 10am - 4pm daily

VISIT
www.springdale.org.au
for the Course Guide
or collect your copy
from SpringDale.

JANUARY 2015

Thursday 1 New Year's Day. Public Holiday

Saturday 3 St James Book Sale

Harvest Basket Produce Swap & Sell SpringDale 9am – 11am

Bellarine Woodworkers Exhibition St James Hall

Sunday 4 St James Book Sale

Bellarine Woodworkers Exhibition St James Hall

Monday 5 Affordable Art Show - SpringDale 10am - 4pm daily

Tuesday 6

- Wednesday 7 Blues Boot Camp with Concert Thursday 8 Potato Shed

Tuesday 6

- Saturday 31 Eclectics Art Show at SpringDale

Saturday 10 Portarlington Mussel Festival

Tuesday 13

Friday16 Sleeping Beauty Potato Shed

Saturday 17 Family Bush Dance 7.30pm at SpringDale

Sunday 18 Drysdale Market 9am – 1pm

Monday 19 SpringDale reopens

Monday 26 Australia Day. Public Holiday. SpringDale closed

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V. 17-21 High Street, Drysdale Vic 3222. Postal Address PO Box 80 Drysdale

The SpringDale Messenger Production & Creative by Lyn Ingles | blue pencil publishing

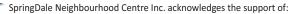
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All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



















Coordinator's News Anne Brackley

Think about what drives you

Dear Everyone

As we approach a time of the year which can be hectic for some and very slow for others, let us think of ways to spend quality time together. One of our Committee members starts conversations with "What is your passion? What drives you?" Many people stand and look at him and try to come up with an answer that meets the energy of the question. I know that making people happy drives me. Seeing a smile emerge from someone's face, makes me smile. Some people make me work that bit harder but work harder I do.

I have known for a long time that I hate small talk – I really can't do it. After spending some time in Bangladesh on a Child Health Project more than 20 years ago, I found that I could only talk about important things, things that matter. If you see me in the street the conversation quickly moves to an upcoming event, meeting, campaign or an opportunity that might help our community or some part of it.

But to build relationships and keep them healthy you need to spend time with relatives, friends and work mates etc. So if you can't spend time talking - doing small talk and not everyone can cope with a lecture about upcoming events, how do you use the time wisely to build relationships. Perhaps completing a jigsaw puzzle together might work, I know it helped me when I visited a nursing home recently. Perhaps gardening together, travelling together on public transport or in a car.

Think about what drives you, what are you passionate about and share that with family and friends. Perhaps start a page or a book that allows you to list special sayings and what you think about? List what makes you jump out of your chair to do something. Go through your contacts list and write down how you met a certain person and what you

have done with them – maybe what you wish for them.

On another page write down all the great things you have done in your life – what are things that have made a difference to you and maybe to others as well. Perhaps put the book on the coffee table and review it regularly. Perhaps cover it with pictures or wrapping paper – to make it look very special.

On another page put your goals and dreams – maybe for the next month, next year and for the next 10-20 years. I was surprised recently to see that a stationery shop was running Goal Setting classes. I didn't realise that people might have trouble with this. Perhaps this is an idea for SpringDale next year.

About 3.5 years ago I was told that the one thing that would help Drysdale develop economically was to have the Drysdale Ring Road – and so I determined to use every opportunity to achieve this goal. Although it was my goal and I hoped it could happen, realistically I was not sure that it would ever happen. But I talked about it, I attended meetings about it, I handed out surveys for it, I wrote papers in support of it and to my amazement political parties took notice of us and a project which had been planned for 40 years is going to happen. We were listened to! I now know even more than before that we can make a difference. If you act in a positive, consistent, respectful but assertive manner – you can make a difference.

Please help us to continue to make a difference – please consider being part of our email list and be informed of activities and opportunities.

Anne BrackleyFor the SpringDale Team

Curry Club was a delight

SpringDale Diners Group

continues to gather momentum. Happy attendees at our 4th dinner together.

We are looking forward to Christmas Dinner at Clifton Springs Golf Club Monday 8 December 6.30pm.

Please book at the SpringDale office or email office@springDale.org.au to reserve your place.



SPRINGDALE UPDATE

Coffee Appreciation

A session for people who are thinking about buying a coffee machine for Christmas or maybe you have received one. Sam will discuss the pros and cons of various types of coffee machines to help with decision making or to get the best out of what you have. Pods or ground, pre-packaged or fresh, store in fridge or cupboard, and many other questions to be discussed. Sample a variety of coffees from espresso to macchiato and beyond.

Date/ time: Thurs 4 Dec 10am – 12noon **Fee:** \$10 includes coffee & cake (*another fund raiser for our kitchen renovation*).

Digital Cameras For Beginners

Wanting to use your digital camera and too scared to start taking it off auto? Come along and learn the basics you need to get started in time for Christmas and the holidays.

Date/time: Tues 9 Dec 7pm – 9pm

Fee: \$30

Autism

Watch this space for details of an interesting, enlightening and inspiring presentation we have coming up on Autism presented by **Donna Williams**, who has spoken here on two previous occasions.

Friday Mens' Kitchen

We currently have *vacancies* in the Friday Mens' Kitchen. If you want to make new friends, have a social lunch and learn to cook delicious meals. Please phone SpringDale on (03) 5253 1960 or call into the office for more information.

Creative Writing – A short introduction

Time/date: Sat 13 Dec 9am – 1pm

Fee: \$30

You know you are a writer at heart, but you do not know where to start. Is fiction, poetry, scripwriting, articles, playwriting or article writing for you? In this one-session, friendly and informal primer, you will get a chance to discuss and discover what writing you are the most likely to enjoy and be passionate about. Your tutor will showcase what possibilities lay ahead for your work, and how to begin an exciting journey as a writer.

Your Tutor: Dr Laurent Boulanger is a novelist and scriptwriter. His literary novel The Girl From France won the 2014 Paris Book Festival Awards for Best E-book in all categories (all genres, five languages) and the 2014 eBook Award (#1 Gold) for Best Multicultural Fiction. Laurent has taught in the postgraduate writing program (M.A. in Writing) at Swinburne University (Australia) since 2004 with a focus on journalism, Scriptwriting and Script Adaptation.



Drysdale Fire Brigade brings Santa to Drysdale/Clifton Springs. Christmas Eve from 6.30pm

Drysdale Fire Brigade brings Santa to Drysdale and Clifton Springs. Christmas Eve from 6.30pm. For further information please call 5253 1444.

Please note that Santa will only stop at the following locations.

Route 1

CNR Panpandi Drv & Carawatha Ave
CNR Dundundra Drv & Waulu Ave
Park opposite Peta Mews on Delungra Ave
CNR Wanawong Crt & Dundundra Drv
CNR Gumarooka Ave & Dandarriga Drv
CNR Derribong Way & Thamballina Rd
Clifton Springs Shops (Centaurus Ave)
CNR Country Club Drv & Catalina Cres
CNR Bayshore Ave & Country Club Ave
CNR Elanora Way & Bayshore Ave
Jetty Road Shops

(CNR Jetty Rd & Pinnaroo Ave) Clifton Springs Primary School

Route 2

Wathaurong Reserve (Collins Street)
Drysdale Police Station (Eversley St)
CNR Serene Tce & Waterhaven Blvd
CNR Lennox Crt & Buccleugh St
CNR Oakland Drv & De Burgh Rd
Drysdale Train Station (Station Street)
CNR Granville St & Duke St
CNR Marsh Crt & Wyndham St
CNR Wisely Ave & Centennial Blvd
Clifton Springs Preschool (Central Rd)
CNR Vron Place & Eastwood Cres
CNR Condy St & Nash Ave

The Drysdale Fire Brigade wishes everyone a very safe and Merry Christmas and a Happy New Year





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Letters to the Editor

Stay Safe during the holidays

Management and Staff at the SpringDale Neighbourhood Centre would like to wish you all a very Merry Christmas and New Years Wishes.

To everyone travelling or just going for daily trips over the festive season, please drive safely and enjoy your holidays. It is important to take all the precautions on our roads and driving within our own neighbourhoods.

Management & Staff, SpringDale Neighboutrhood Centre

Please Shop Locally

I would like to make an appeal to all my fellow residents here in Clifton Springs and Drysdale to make an effort to shop locally for Christmas. Our traders are important people and they have made the effort to open their businesses in our community so therefore we should support them. It saves fuel travelling into the main shopping areas and I am sure the quality and diverse selection is just as

The Drysdale Market also gives a great opportunity to purchase a lovely handmade gift. I am going to endeavour to shop for my family here, I hope everyone else can buy something special too. A gift or two does make a difference.

Thelma, Clifton Springs

Good Scouts

The Drysdale Scouts metal collection bin is a great thing, giving everyone the opportunity to get rid of their hard rubbish and at the same time raising money for their organisation. Truly a win-win situation. *Thanks Scouts.*

Daryl, Clifton Springs.

Ring Road

Funny how we've waited 40 years or more for the Ring Road and suddenly the Government are going to build it if they are re-elected. Like to see that!

Angela, Drysdale.

Good teacher Colin

I've dabbled in computers for a number of years and I can honestly say that I've learned more in lessons with Colin than I've learned in the rest of my years.

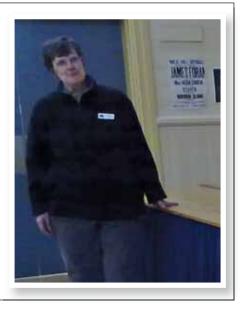
Suzanne, Clifton Springs

Send your letters to: messenger@springdale.org.au

Vale

Susan Taylor

Thanks Susan for being part of the SpringDale Team. We appreciated the strength you quietly share with us all and the time and energy that you gave to our community at SpringDale. One of your legacies is the curtain that you organised for the bottom of the SpringDale Hall stage. We will miss you.



Need a Will,
Power of Attorney
or Probate for a
loved one's estate?

Come in for a free chat



L A W Y E R S

1 High St., Drysdale (old Post Office) Ph: 5251 3453



Entertainment galore for 2015 at the Shed

It's the end of the year and what an amazing twelve months it's been! A very big thank you to everyone who has supported, visited, volunteered and championed our great community venue this year. It's been a very full and exciting time and we're looking forward to 2015 already.

But it's not quite over yet! Before you break up for Christmas, the Shed has some fab festive frolics. On 5 December at 6pm, the Odyssey Film Festival flickers into town. Started in 2013, Odyssey Geelong is a youth film festival and annual celebration of our young people's amazing talents. Open to those schools whose curriculum includes Year 11 or 12 Media Studies, Odyssey gives a unique opportunity for young people to show their film, created during their current studies, which would not otherwise been seen by the community. Tickets are just \$8.

Potato Shed residents The Ballet School wrap up the year with their annual ballet recital on Saturday 6 December at 4pm. The culmination of a year of hard work and dedication, the students share their talent and knowledge in what is a truly special ballet event.

The popular 12 x 12 Plays return on Friday 12 December. Brought to you by Theatre3222, this annual dramatic treat presents 12 original plays by 12 local writers. And guess what? Each play is 12 minutes long! Some are dark, some are hilarious, all are worth a look and the perfect end to a busy year.

The final event for the year takes place on Saturday 13 December. Spud Club is the Bellarine's best open mic night, so fulfill your performance dream in 2014 and come and show off your talents – music, poetry, spoken word, dance - anything goes! Juniors 6.30-8.30pm and Adults 8.30pm - late.

We hope to see you at the Shed before the end of the year and 2015 is already looking to be fantastic. Join us in January for Blues Boot Camp (6 - 7 Jan 2015) and a great new kids show – Sleeping Beauty (13 - 16 Jan).

If you haven't already, pick up a 2015 Season Brochure from your local library or the Potato Shed.



POTATO SHED



Sleeping Beauty Tues 13 - Fri 16 Jan @10.30am

To enter fill out the coupon, send or deliver to: SpringDale Neighbourhood Centre High Street, Drysdale

Address Phone No: (03)

COMPETITION CLOSES 3PM FRIDAY 19 DECEMBER

You can book tickets on (03) 5251 1998 or find out more info at www.geelongaustralia.com.au/potatoshed

Whats' on at the Shed **DEC 2014**

Friday 5 **Odyssey Geelong Film Festival**

Saturday 6 **The Ballet School Recital** 4pm Tix – Adult \$18, Conc \$15, Student \$12

12 x 12 Plays

Saturday 13

Spud Club 6.30 – 8.30pm Juniors, 8.30pm – late Adults

Whats' on at the Shed **JAN 2015**

Tuesday 6-Wednesday 7 **Blues Boot Camp**

Tuesday13 – Friday 16
Sleeping Beauty 10.30am & 1.30pm



JANUARY ENTERTAINMENT Tuesday13 – Friday16 **Sleeping Beauty**

JANUARY ENTERTAINMENT

Tuesday 6 **Blues Boot Camp** with **Concert Thursday 8**

DECEMBER Saturday 6 The Ballet **School Recital** 4pm

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale Ph: (03) 5251 1998





Happy Singing day at Portarlington





It promises to be a rollicking Sunday afternoon at **Portarlington on Sunday 7 December** when a concert with a difference will be held in St Johns Anglican Church.

As compere Dennis Wilson explains: some of us at St Johns felt that it would be great to add a little light heartedness to the close of what has not been a particularly bright year, so the idea of a feel good concert was born.

The program includes: the first public appearance of a group of singing ukulele players from two local choral societies; Annie McGlade, prominent in the Geelong Country and blues scene; Rick Peacock, well-known

local singer and Bob Ball, local baritone. In addition there will be two sing along segments where the audience can strut their stuff too.

The concert commences at 2pm at St Johns Anglican Church, Fenwick Street, Portarlington on Sunday 7 December.

Tickets are \$5 including afternoon tea which will be served during the interval. Programs will be available for \$2. So if you enjoy happy singing and fun, why not take the pleasant drive down to Portarlington on Sunday 7 December. Enquiries Ron (03) 5259 2255 or Dennis (03) 5243 4592.





'The Don' finally plays Geelong





An exhibition experience like no other, this amazing cricketing feast features over 50 selected original works by renowned artist Brian Clinton. Exhibition will include rare Bradman objects and memorabilia and images – some never before seen on public display – and artifacts from Geelong's cricket tradition.

Journey with the boy from Bowral from his first cap and test century to his 100th first class century, the Invincibles and his final farewell.

The exhibition will be held daily from 1 December until 15 February, 2015 at the National Wool Museum, Moorabool Street, Geelong.

Make a booking

St James' huge Secondhand Book Sale is on again at the beginning of January, with an excellent selection of good quality books and magazines. So drop in to this well run event and browse to your heart's content – all the books are individually priced, and laid out in categories, so it's easy to locate your area of interest. Entry is free, so you can visit more than once or just stay all day as some people did last year!

There's always a special children's section with low seating, so adults can search for their own bargains knowing the youngsters are safely entertained.

And don't miss the selection of good quality special interest magazines. Whilst there are many e-readers and Kindles around, many people, and especially children, just love to hold a

book in their hands.

Saturday 3 - Sunday 4 January 2015, Saturday 9am-5pm, Sunday 10am-4pm, Ω all abilities access.

Drysdale Community Activity Centre, next door to St James' Church, Collins Street (Portarlington Road), Drysdale. Enquiries: (03) 5251 2594.

Visit: www.bellarineparish.org





gardening in our district





The Clifton Springs Garden Club once again held their Open Day in Drysdale show casing many beautiful plants grown by members of



the Club. This year we included roses and there certainly was an abundance of beautiful blooms on display, as well as many common

Clifton Springs Garden Club Inc.
Blue Lotus
Water Gardens
Thurs 26 Feb 2015
Cost \$50 per person
(includes bus, entry to gardens,
lunch & talk by garden staff).
To make sure you don't miss out
on the limited seats available,
contact Secretary, Helen, 5257 1566
or President, Eddie 5251 2338.
Full payment is due by end of January 2015

and unusual flowers and plants. This year we also had a display of unusual cactus plants which created great interest.

As in the past, we sold hundreds of plants grown by our members from plants in their own gardens. We also had 5 very happy winners of our magnificent raffle prizes, which consist of anything involved in gardening. We would like to thank the public for coming along and supporting the day despite the terrible weather helping to make the day a great success. **Helen, Secretary.**

A very sincere 'thank you' from Ken Brackley.

Sincere thanks to all parts of our community and beyond who have wished me goodwill and such positive thoughts.

The positive energy continues to support my family and me.

Luckily I am well on the way to recovery.

I look forward to talking to you when you see me walking around the Bellarine and enjoying life.

The Community have wonderfully supported Anne and Ken and we would like to wish them all the very best to resuming a normal life with each other and their family. From the SpringDale Team



Christmas with a difference

Christmas doesn't have to be all about Christmas puddings and lots of hot foods, our climate is best suited to refreshing and light tangy tasting delights. Try these desserts and make a difference at your table.

Meringue topped Berry Tartlets

Sweet Almond Shortcrust Pastry

Make this pastry in advance and chill for 30 minutes.

85g plain flour
30g ground almonds
55g cool unsalted butter, diced
25g icing sugar, sifted
1 egg yolk
½ tspn almond extract
1 tbpn cold water

Sift the flour into a mixing bowl. Stir in the ground almonds. Add the butter and rub in until the mixture resembles fine breadcrumbs. Stir in the sugar.

Lightly beat the egg yolk with the almond extract and cold water. Add to the flour mixture and mix in with a round-bladed knife. Gather together to make a soft dough. Wrap in cling film and chill for at least 30 minutes before rolling out and using in your favourite recipe.

Some more ideas: Ground hazelnuts or walnuts are also delicious in this recipe in place of almonds.

Fruit filling

400g, selection of berries 2 tbsp caster sugar 125g strawberries, chopped 1 tbsp redcurrant jelly

• Indoor Kids Playroom • Beer Garden • TAB • Drive thru Bottle Shop • Meals to 8.30pm daily • Bottleshop 10am – 9pm Sun & Mon 10am – 10pm Tues to Sat The Drysdale Hotel Reservations 03 5251 2301 Collins St Drysdale

Meringue topping

2 egg whites 55g caster sugar

Preheat the oven to 190°C.

To make the filling, put the berries in a saucepan with the caster sugar and cook very gently for 5 minutes or until the berries are softened but still holding their shape.

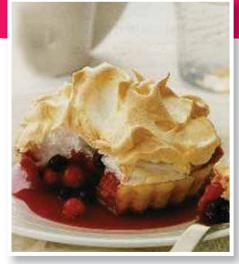
Remove from the heat and stir in the strawberries and redcurrant jelly. Set aside.

Roll out the pastry dough thinly on a lightly floured work surface. Use to line 6 individual, loose-bottomed, non-stick tartlet tins 9cm in diameter and 2.5cm deep.

Prick the tartlet cases and place on a baking sheet. Bake blind for 10 minutes, then remove the paper and beans. Bake for a further 2–3 minutes or until light golden.

Remove the tartlet cases from the oven and set aside to cool. Reduce the oven temperature to 160°C.

Meanwhile, make the meringue topping. Whisk the egg whites in a clean, grease-free bowl until stiff, then gradually whisk in the



caster sugar to make a thick, glossy meringue.

Carefully remove the pastry cases from the tins and place back on the baking sheet. Fill with the fruit, using a draining spoon (discard any excess juice or use it elsewhere). Top the tartlets with the meringue, swirling it gently to cover the fruit completely. Bake for 10–15 minutes or until the meringue is set and lightly golden. Serve warm or cold.

Fresh Fruit Trifle

Some of the recipe ingredients are best made a day in advance, especially the jellies.

- 2 bananas, sliced
- 4 tbpns orange juice
- 1 packet trifle sponges
- 4 tbpns Cointreau
- 1 x 500g tub vanilla custard
- 1 pkt raspberry jelly, cut into small, thin slices
- 2 x punnets strawberries, hulled and quartered
- 1 punnet blueberries

Combine bananas with orange juice (this will help stop the banana from going brown).

Arrange the trifle sponges in the base of a serving bowl to form an even layer, cutting to size if necessary. Sprinkle the sponge with half the Cointreau. Pour half the vanilla custard evenly over the sponge. Layer with half the jelly, then half the bananas, strawberries and blueberries in the bowl. Repeat these layers starting with another layer of sponge, then cover and chill until serving.



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Eclectics Art Show at SpringDale



Five local Artists have formed a new art group called *Eclectics* with a view to displaying their work at SpringDale from Tuesday 6 to Saturday 31 January 2105.

The group was formed and named when friends realised that although they share the same interest and passion for art, their artistic techniques and ideas are often varied and wide ranging – hence *Eclectics*.

Tidal the chosen theme for their first exhibition, reflects the local environment and highlights the diversity of ideas and styles of these talented artists.

Eileen Jenkins, mostly paints in acrylics and loves the dawns and sunsets of St Leonards. Lately, Eileen has found painting abstracts a challenge and because of that, her seascapes have moved from the realistic to a more loose style. The occasional political statement in acrylics is not beyond her attempts to show how she feels.

Diane Hodson paints mainly in oils, she is definitely a beach babe. Her scenes of local beaches and harbours are vivid depictions of what we see every summer. Full of the colours of summer skies and water makes one almost smell the sun cream and feel the sand.

Annie Mc Donald is a textile artist of the highest calibre. Her work is in demand in Melbourne where her tutus are every little girls dream. Her wall hangings are skillfully composed of multi layered silks and other materials. Annie is also a painter and attends Portarlington drawing class.

Pammi Pryor is a Graphic Designer and retired VCE visual arts teacher. She currently teaches at an art class, voluntarily, at St Leonards Community Space affiliated to SpringDale. She is a founding member of Friends of the Arts in St Leonards and continues to be part of the art(s) group there. Pammi is a keen botanical artist and has achieved extremely high standards with her exquisite work in this field.

Beryl Stott has been painting since childhood and has extensive training in art and life drawing. She has always painted people and emotions. But since moving to St Leonards, her focus has shifted to the wonderful sea and scenery on the Bellarine, which she paints with her usual sense of colour. Her success in painting, with inclusion in collections in Australia and overseas, is reflected in her sculptures.

The Art Exhibition will be open daily from 10am until 4pm. A gold coin entry fee.



Bellarine Springs is a new retirement community, giving you more choice and freedom than ever before.

Close to the bay and Geelong, you can enjoy the best of both worlds. Stroll along the beach, laugh with friends over a coffee, or play a game of tennis. With so much to offer, Bellarine Springs will keep the smile on your face and a spring in your step. It's time to do all the fun things you promised yourself.

Come into our sales office and we can show you how a life at Bellarine Springs will enhance your retirement.

Sales office open

10am - 5pm Monday to Friday 10am - 2pm Saturday & Sunday







101 Central Road, Drysdale 5251 5577 www.bellarinesprings.com.au

PINNACLE LIVING
BRINGING RETIREMENT TO LIFE



Taking heed of Community opinions

Following feedback to DCSCA from the front page item in the Bellarine Times, there is no doubt that the community does not want a Service Station on the triangle of land next to the Jetty Road roundabout.

DCSCA has sent the following to the City of **Greater Geelong:**

The Drysdale Clifton Springs Community Association (DCSCA) asks the City of Greater Geelong (CoGG) to explain why it approved a planning permit for a Service Station in Jetty Road, Drysdale, in the Rural Living Zone.

Subsequent to approving the Service Station, CoGG rejected a planning permit for a Child Care Centre in Jetty Road on the basis that it was inappropriate in a Rural Living Zone and inconsistent with the Drysdale Clifton Springs Structure Plan.

In this case, the Hearing Panel agreed with the 15 objectors and DCSCA that the Child Care Centre was inappropriate and would be better located in the Residential Zone of the families it would service.

However, the Service Station, which received 47 objections, including serious safety concerns especially for cyclists, was approved!

Drysdale/Clifton Springs, in spite of having large areas zoned to residential and commercial activity, maintains a wonderful rural ambience. This is because of its Rural Living Zone close to the town centre, and the 2010 Structure Plan requiring it to be maintained.

There are currently horses on the triangle of land that may become a Service Station and it, the recently beautified Jetty Road roundabout, and Lake Lorne, which is also being improved by Council, contribute greatly to an attractive rural feel on entering the township. There is a fair bit of anger amongst residents about the way our community's concerns have been ignored in the council's consultation process. It would distress locals greatly if the horses were replaced by a hazardous eyesore surrounded by dangerous, congested traffic.

DCSCA is currently investigating possible avenues to have this extremely unpopular decision reversed. We have written to the Mayor and also the Managing Engineer at CoGG.

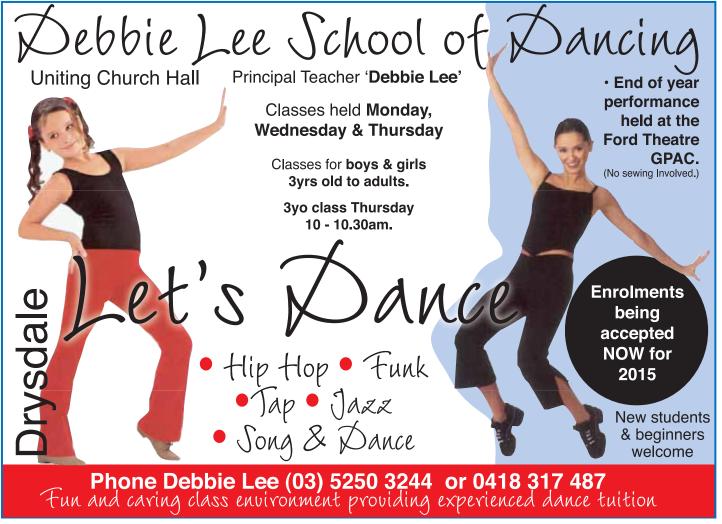
Neil McGuinness, Secretary, DCSCA

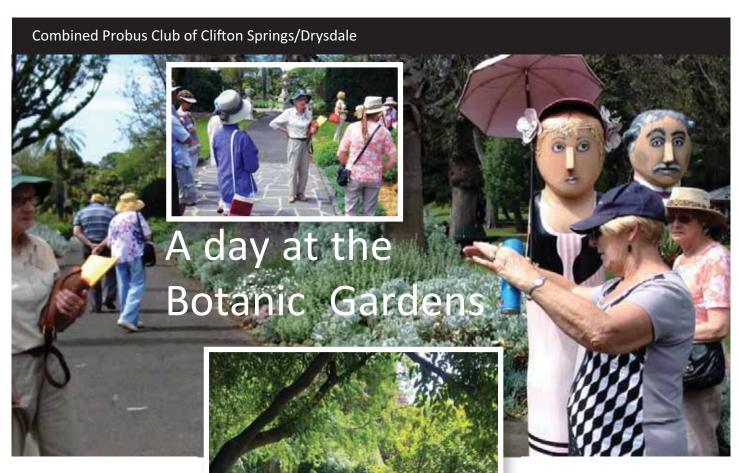
Bellarine Woodworkers - look for the sign



Bellarine Woodworkers will again be holding their Exhibition and Sales in Drysdale at the St James Church Hall on 3 and 4 January, 2015. The Exhibition will highlight the fine woodworking skills of craftsmen in the Drysdale area. A wide range of items are available for sale.

The list of 26 reasons for objection can be viewed here; http://www.drycliftdays. blogspot.com.au/jettyrd





Last month our Club visited the Geelong Botanic Gardens, where our guides from Friends of the Gardens, Jayne and Jill, gave us an enlightening tour. We started at the 21st Century Garden and progressed past the bollards depicting the first curator and wife to the older sections of rose gardens, fern gardens and so much more. Even the poor gardeners like myself could only be impressed by the beauty and the efforts that had been put in going back to the 19th

century. The large trees, even growing fairly close together, were most impressive. We finished with a tour to the drainage lake which collects stormwater from East Geelong before purification and circulation via holding tanks to water the Gardens.

We are a social club for retirees, ladies and gents, and you are welcome to join our regular monthly meetings held in the Members' Room of the Clifton Springs Golf Club from 10am on the second Monday of each month, starting again in January.

Please contact Val on (03) 5253 1446 or Alby on (03) 5253 2631 for further details.

Visit The Johnson Collection from Nov to 24 Feb 2015 and see the works of local artists.





Lions Christmas Cakes



Lions Christmas Cakes are a major fund raising project of Lions Clubs in Australia. Funds raised are donated to projects that benefit the community locally, nationally or internationally. Contact your nearest Lions Club or you may collect a cake from SpringDale for \$16 each.

Purchase and support the Lions.

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Upgrades at the Clifton Springs Boat Harbour

Works will shortly commence to improve boating facilities and provide safer access to the harbour. This will be done by upgrading the existing small boat ramp, providing additional short term berthing and trailer parking as well as better access for maintenance dredging.

Prior to Christmas, extensions to both gravel car parks will commence followed by the boat ramp works in March 2015. Council will work towards maintaining safe boat access during the summer period.

Funding for the project has been provided by The City of Greater Geelong and the Department of Transport, Planning and Local Infrastructure under the Boating Safety and Facilities Program.



Bokashi Kits make wonderful presents



The Jigsaw Club will help your mind keep busy



Worried about being bored over the Holiday Season?

Wanting something to do together?

Perhaps you could have a jigsaw puzzle on a table and everyone could put a piece in place as they walk past.

The Jigsaw Group would love all the jigsaws to be used over the holidays. We have Jigsaws for everyone from 500 pieces up to 5000 pieces and you can borrow them for up to 2 months.

Call into SpringDale pay your 2015 membership and borrow a jigsaw puzzle or more for 40c each.

The Guides thank *Platypus* Bronwen





Thank you so much for sharing more than 23 years with Drysdale Guides. We have loved your relaxed Leadership style, the hundreds of skills that you have shared, your enthusiasm for life and learning and the enjoyment that you bring to every activity.

We hope that you enjoy spending more time with family and friends and your new interests. We will miss you sincerely.

Yours in Guiding Drysdale Guides and Leaders Past and Present.



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On the first three Sundays in December 7, 14, and 21, everyone wanting to have fun should book for the 11am Santa Special service leaving from the Queenscliff station. Each person receives return passage on the Queenscliff to Drysdale service. Each child will receive a drink and bickie as well as being given a gift chosen especially for your child. Going to Drysdale, Santa will give half of the children their special gift and lead everyone in singing Christmas carols. On the return from Drysdale to Queenscliff, Santa will give

the other half of the children their special gift and again lead them in Christmas carols. Santa will welcome you to take photos throughout the journey, especially when he is talking to your children. Upon arrival at Queenscliff, each child will receive a showbag with heaps of activities.

Prices: Adults: \$23, Children Over 4: \$30, Children Under 4: \$15 and Family (2 Adults & 2 Children): \$100 (saving \$20). Book early because space is limited so that Santa can give each child individual attention. If the

train is fully booked and enough additional bookings are made, two carriages will be allocated on the 2.45pm train and Santa will make himself available to visit the children on that train as well.

To book this fantastic experience for your family or for more information, go to the website at bellarinerailway.com.au and click on Santa Train or call the railway at (03) 5258 2069 and press 9.

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- · Domestic quantities only.
- Offer ends at 4.15pm on Saturday 28 February 2015.
- · Offer is only available at the Drysdale and Geelong Resource Recovery Centres.

DRYSDALE RESOURCE RECOVERY CENTRE Becks Rd (off Murradoc Rd, Drysdale).

Hours: 8.00am - 4.15pm daily.

Contact: 5251 2935.

GEELONG RESOURCE RECOVERY CENTRE 100 Douro St, North Geelong.

Hours: 7.30am - 4.15pm daily.

Contact: 5272 2613.

This lounge suite discount offer is part of the City's Rethink Your Rubbish program.

Use the waste guide at:

www.geelongaustralia.com.au/residents/waste/ to find disposal options for other items.

WWW.GEELONGAUSTRALIA.COM.AU



Geelong Carols by Candlelight



The Geelong Carols by Candlelight is a great evening for the whole family, staged in the natural amphitheatre of the historic Johnstone Park. A traditional carols program with some of Geelong's best artists and choirs, plus our concert band and lots of carol singing.

The free Carols by Candlelight will take place on 24 December from 8pm to 10pm at Johnstone Park, Geelong.

Denis Walter Carols by the Bay



You are invited to welcome the festive season to Geelong at the annual Denis Walter Carols by the Bay. Sing along to Christmas hymns being performed by some of our region's talented artists as well as some notable Australian performers. Watch out for a special appearance from annual favourite, Humprey B Bear and of course everybody's favourite, Santa. Hosted by Denis Walter, Carols by the Bay will leave you feeling festive with the spirit of Christmas.

This free event will be held on 6 December from 7.30pm to 9.30pm at Eastern Beach Reserve, Waterfront, Geelong.



Messy Church - Uniting Church

Sunday 14 December from 5pm to 6.30pm. Theme: Animals at Christmas (in 2015 held quarterly on second Sundays in February, May, August and November).

Messy Church is a way of being church for people who are wishing to explore faith in an informal way. The elements of Messy Church are creativity (fun crafts), hospitality (shared evening meal) and celebration (exploring the joy of a worship service). Everyone is invited – young and old alike, adults, children, teenagers, carers, grandparents, come as

friends, families or partners, or come on your own, all welcome. There is no charge.

Are you wanting to explore Christianity but feel put off by the formality of a traditional church service? Perhaps Messy Church is for you, come along and explore the possibilities! Messy Churches are now all over the world! For more information see www.messychurch.org.uk

Christmas Services at Drysdale Uniting Church:

Wednesday 24 December, *Christmas Eve* at 11.30pm – Rev Ann Key

Thursday 25 December, *Christmas Day* at 8am Rev Marion Latham.

Pilgrimage:

Saturday 3 January 2015, 10am – 1.30pm Theme: Sea of Life

Pilgrimage is a time to reflect on God in our life away from the church building.
Participants are able to walk or drive between each station point when a liturgy using readings, reflection, prayer and song takes place. Walking distances are short and easy but travel by car ensures everyone can take part. There is no cost and lunch is provided.

For more information contact Wayne Myers on (03) 5251 2210.

Christmas Began with Giving - Drysdale Community Church

Many people have the view that Christmas is about family and being together. I would suggest that this is what it has developed into and that the original focus of Christmas was, and continues to be, giving.

The giving that started the first Christmas was not the sort of giving that wanted a gift in return, in fact there was no guarantee of any return when the gift was given. The first gift was personal and important, though not everyone realized that they needed or even wanted it. The first gift came in very simple form and wasn't wrapped with anything fancy.

In the bible we read, "For God so loved the world that He gave His one and only Son ..." Christmas is about Jesus Christ. Christmas started with giving. Christmas continues to be about giving. It is the kind of giving that comes from loving others. It is the kind of giving that is about the other person's wellbeing and benefit. It is the kind of giving that has no promise of getting anything back, but is satisfied in just giving.

The only question that remains is whether or not the gift is received.

Accepting God's gift changes everything and we need to decide whether we want the change or want to stay the same.

In the spirit of giving, Drysdale Community Church is partnering with the Clifton Springs Lions Club to present a Special Christmas Event, Saturday 20 December, 3pm – 6.30pm on the Green outside the Senior Citizens Hall and Safeway Complex. Bellarine Community Choir, Stalls by local Businesses, Free Sausage Sizzle, Senior Citizens Afternoon Tea, Father Christmas (with gifts for Children under 12) and Christmas Carols.



Great music, relevant messages, friendly atmosphere.

Sunday 10.00 am (Includes Kids ROK Zone & ROK Toddlers)

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Nuts and your heart: Eating nuts for heart health

Eating nuts helps your heart.
Discover how walnuts, almonds
and other nuts help lower your
cholesterol when eaten as part
of a balanced diet.

By Mayo Clinic Staff

Heart-Healthy Living

Eating nuts as part of a healthy diet can be good for your heart. Nuts, which contain unsaturated fatty acids and other nutrients, are a great snack food, too. They're inexpensive, easy to store and easy to pack when you're on the go.

The type of nut you eat isn't that important, although some nuts have more heart-healthy nutrients and fats than do others. Walnuts, almonds, hazelnuts — you name it — almost every type of nut has a lot of nutrition packed into a tiny package. If you have heart disease, eating nuts instead of a less healthy snack can help you more easily follow a heart-healthy diet.



Can eating nuts help your heart?

People who eat nuts as part of a hearthealthy diet can lower the low-density lipoprotein (LDL, or "bad") cholesterol level in their blood. High LDL is one of the primary causes of heart disease.

Eating nuts may reduce your risk of developing blood clots that can cause a fatal heart attack. Nuts also appear to improve the health of the lining of your arteries.

What's in nuts that's thought to be heart healthy?

Besides being packed with protein, most nuts contain at least some of these heart-healthy substances:

Unsaturated fats. It's not entirely clear why, but it's thought that the "good" fats in nuts — both monounsaturated and polyunsaturated fats — lower bad cholesterol levels.

Omega-3 fatty acids. Many nuts are also rich in omega-3 fatty acids. Omega-3s are a healthy form of fatty acids that seem to help your heart by, among other things, preventing dangerous heart rhythms that can lead to heart attacks. Omega-3 fatty acids are also found in many kinds of fish, but nuts are one of the best plant-based sources of omega-3 fatty acids.

Fibre. All nuts contain fibre, which helps lower your cholesterol. Fibre makes you feel full, so you eat less. Fibre is also thought to play a role in preventing diabetes.

Vitamin E. Vitamin E may help stop the development of plaques in your arteries,



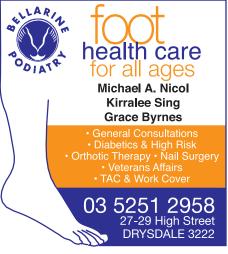
which can narrow them. Plaque development in your arteries can lead to chest pain, coronary artery disease or a heart attack.

Plant sterols. Some nuts contain plant sterols, a substance that can help lower your cholesterol. Plant sterols are often added to products like margarine and orange juice for additional health benefits, but sterols occur naturally in nuts.

L-arginine. Nuts are also a source of larginine, which is a substance that may help improve the health of your artery walls by making them more flexible and less prone to blood clots that can block blood flow.











found in whole nuts. Walnut oil is the highest in omega-3s.

Nut oils contain saturated as well as unsaturated fats. Consider using nut oils in homemade salad dressing or in cooking. When cooking with nut oils, remember that they respond differently to heat than do vegetable oils. Nut oil, if overheated, can become bitter. Just like with nuts, use nut oil in moderation, as the oils are high in fat and calories.

Does it matter what kind of nuts you eat?

Possibly. Most nuts appear to be generally healthy, though some more so than others. Walnuts are one of the best-studied nuts, and it's been shown they contain high amounts of omega-3 fatty acids. Almonds, macadamia nuts, hazelnuts and pecans are other nuts that appear to be quite heart healthy. And peanuts — which are technically not a nut, but a legume, like beans — seem to be relatively healthy.

Keep in mind, you could end up canceling out the heart-healthy benefits of nuts if they're covered with chocolate, sugar or salt.

How about nut oils? Are they healthy, too?

Nut oils are a good source of omega-3 fatty acids and vitamin E, but they lack the fibre

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"Caring for our bodies means caring for its architecture – the spinal cord that keeps us upright, mobile and strong. Maintaining a quality lifestyle through regular spinal care helps us reach our potential," says Dr Sharon Pedersen-Jones.

One of the biggest fears we can have is speaking in front of strangers. In high school It was daunting, but these days it's not so hard as I've got an important message to share.

Recently I spoke to some workers in a factory, many of whom had suffered Injury on the Job. I was invited to help prevent future mishaps. Some workers laughed when the boss introduced me as the local Chiropractor, saying that nobody there had a 'bad back'. So I decided to share a story that changed their thinking about chiropractors only being needed for 'bad backs'.

On 18 September 1895 in Iowa, a janitor named Harvey Lillard stopped to talk with a Dr Palmer who was working late in his clinic. Lillard told Dr Palmer that 17 years ago he bent over and heard a 'pop' from his back, after which he became almost deaf. Fascinated, Dr Palmer tested a theory he was researching. He examined Lillard and found a lump on his back. Palmer recognised it as a badly misaligned vertebra and reasoned that since it occurred when Lillard went deaf, that restoring it to its proper position might also restore Lillard's hearing. Dr Palmer performed an adjustment by pushing the vertebra back into its normal position. What happened next changed history. Lillard went to the open window and heard a sound he hadn't heard for 17 years - the clatter of horse's hooves.

Chiropractic was born! Today, Chiropractic is one of the fastest growing healing professions in the world, over 6,000 Chiropractors world wide serving over two million people every day.

People see Chiropractors for help with headaches, migraines, chronic back pain, neck pain, shoulder/arm pain, whiplash from car accidents, backaches, asthma, allergies, numbness in limbs and sports Injuries Just to name a few things. While Chiropractors receive thanks for helping people with many of these problems, they cannot take this credit.

The truth is that Chiropractors have never healed anyone of anything. What they do is perform a specific adjustment to remove nerve pressure, and the body responds by healing itself. We get tremendous results. It's as simple as that.

When spinal bones shift out of alignment, they can choke messages running through the tiny nerves that exit the spinal cord. Chiropractors call this Vertebral Subluxation. Tension from prolonged or unusual patterns of sitting and standing, strain from walking, exercising or sporting injuries and stress from personal, professional or emotional tension all affect our body's alignment and can cause dysfunction.

The only way you and your family can know If your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Often this happens without symptoms as only a small percentage of our nervous system carries or perceives pain.

Our body can be heavily stressed without any alarms with or bells going off.

The only way you and your family can know If your nervous system is healthy, is by having your spine checked professionally for Vertebral Subluxations.

Normally our new patient examination costs over \$210, but readers of The SpringDale Messenger can receive our complete consultation for only \$47.

To take advantage of this offer, you can phone my assistant, Liz, on (03) 5253 2800 and schedule an appointment. By bringing In the coupon below, you will receive your special offer of only \$47 for a comprehension consultation. I look forward to meeting you and helping you and your family achieve optimum health.

Dr Sharon Pedersen-Jones, Chiropractor

BONUS OFFER

Please tick YES! I would love to receive a complete consultation for only \$47.

I would like to make an appointment as soon as possible.

Please contact us on 5253 2800 or call into our office, Corrective Chiropractic Bellarine, at 13 Dumburra Ave, Clifton Springs to take advantage of this offer.

DECEMBER 2014 - SPRINGDALE MESSENGER



After years of gardening endeavour, I'm pleased to say that our household is officially 100% self-sufficient – in tomatoes. It's two years since we last bought one from a shop.

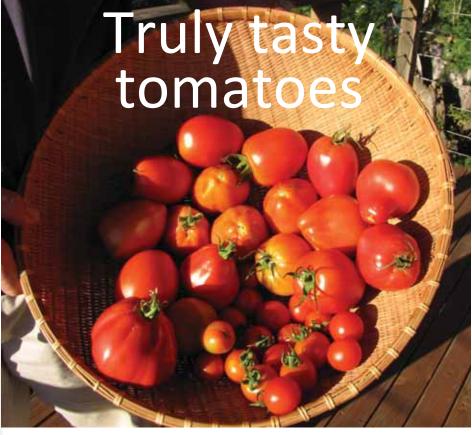
And why would you? You'll call me a tomato snob, but the modern supermarket tomato is a horrible thing. They're bred to be red and round, ready for picking all at once - and tough as old boots to withstand the trauma of packaging, transporting and handling. Taste doesn't come into it.

An heirloom tomato on the other hand has a delicate skin, a juicy interior and comes in all colours from deep purple to green with yellow stripes - and the taste! What's more, the vine will bear fruit from January to July in our climate. That's fresh tomatoes seven months of the year! The only 'problem' is too many tomatoes.

Our surplus gets roasted and frozen, or bottled, or made into relishes and chutneys, or semi-dried and marinated.

If you haven't got your tomatoes in the ground yet don't worry. This is the perfect time to put them in. 'Late' tomatoes are

'Late' tomatoes are often healthier and more productive because tomato seedlings detest cool soil and chilly night-time conditions.



often healthier and more productive because tomato seedlings detest cool soil and chilly night-time conditions. The exception is cherry tomatoes, which are a hardy bunch.

Left to its own devices, an heirloom tomato vine is a big bruiser of a plant. One plant will happily take up a four square metre bed all by itself.

arden

The problem with letting them ramble is that they quickly get out of hand and the birds and bugs will find the ripening fruit before

Last year I let 'em rip just by way of experiment, and the result was tomato anarchy and a lot of ruined fruit.



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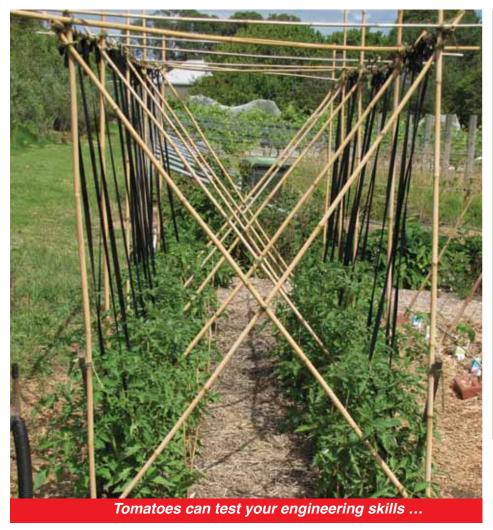




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Some gardeners go to the opposite extreme: one vine trussed to a stake and every lateral pruned off. There's no need: just pinch out enough laterals to keep the vine under control, and attach it with soft tree tie to some sort of sturdy structure.

Keep your tomatoes well watered and sprinkle a handful of sulphate of potash

around each plant for better fruit and stronger roots. The main pests are harlequin bugs and shield bugs – knock them off the plant into a bucket of hot water – and caterpillars – a weekly spraying of Dipel (harmless to other critters) will sort them out.

26 January 2015 Big Red BBQ







Kidney Health Australia

Big Red BBQ is a fun campaign bringing individuals, work places and organisations together to host a barbeque with your family, friends and colleagues in support of Kidney Health Australia.

bigredbbq2014.gofundraise.com.au







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Community Awareness Events - DECEMBER /JANUARY 2015

These worthy causes that have been dedicated to make us aware of the importance of our support and also so we are able to learn from information that is presented by these foundations.

1-31 December

Decembeard - Bowel Cancer Australia

A hair-raising fundraiser held during the month of December, **Decembeard™** encourages men, women, and children across the country to join together (through beards!) and raise awareness and much-needed funds for bowel cancer. Now in its second year down under, December is Decembeard™ for Bowel Cancer Australia. Bowel cancer affects men of all ages. 1 in 10 Aussie men will develop bowel cancer in their lifetime, and it is Australia's second biggest cancer killer. A hair—raising fundraiser held during the month of December (1-31 December), **Decembeard™ Australia** encourages REAL men to grow a beard in the final month of the year to raise awareness and much needed funds for bowel cancer. Beards aren't just for hipsters, those with tattoos, men that ride motorbikes or people that are too lazy to shave.

Anyone can be a REAL man. All you need to do is grow a beard (*or some bum fluff*) during December, and promote your facial hair to raise awareness and funds for Australia's second biggest cancer killer - bowel cancer.



Get ready to grow. REAL men sign up at Decembeard Australia: Real Men Grow Beards. For further details and to get involved this Decembeard visit: Decembeard.org.au

26-31 December

The 12 Do's of Christmas



Planet Ark

At Christmas Australians buy more, travel more and eat more than at any other time of the year. To help reduce the environmental and financial impact of these festive activities, Planet Ark has come up with 12 simple, positive actions - the 12 Do's of Christmas.

12dos.planetark.org





26 January 2015

Australia Day - www.australiaday.org.au

Celebrate Australia Day on **26 January 2015** at Rippleside Park with over 40 free activities and displays for families and children to enjoy. There will be stage entertainment all day long with roving entertainers including Dame Edna Average with give away's and Dazzling Dan with his magic show.

Free activities will start at 11am and the official opening and flag raising ceremony will be at 1pm. You are welcome to bring your own picnic lunch or there will be food vendors on site at reasonable rates.







Drysdale Rotary - Bruno Callori Art Mentorship Program



October saw the culmination of another four Year 11 students being mentored by local artist Jill Shalless. To acknowledge the work of the students and thank the sponsors of the program the Rotary Club of Drysdale produced a celebratory dinner. The night went very well with 42 people enjoying a two course dinner and the opportunity to see the work of the students, Aaron Ford from Bellarine Secondary College, Mitchell Allen from Newcomb Secondary College, Jack Grayson from Christian College and Courtney O'Reilly from Geelong High School.

Everyone in attendance was very impressed with the very high standard that was presented this year.

For the last 4 years an opportunity has been given to one art student from each of four local high schools to enjoy learning many new skills in many different mediums often in areas they have never experienced before. I asked Courtney what her highlight of the year her reply was "Working with the different mediums but mainly how the Program has increased my confidence in my abilities and myself".

These current students will exhibit some of their works at next year's Rotary Club of Drysdale Annual Rotary Easter Art Show. Why not mark your diary to come and encourage these students in their endeavours for their

In a program sponsored by the Rotary Club of Drysdale another four students will be selected from submitted works at the Art Show which will be judged and the cycle continues.

Caroline Rickard Publicity Officer 0408 989 221



or email portmusselfestival@gmail.com.au

Or visit our website www.portmusselfestival.com Please register your interest call Glen Jose - 0421 054 842

Gorner Corner

Water is precious on the Bellarine

Water has always been an issue on the Bellarine. During the early times of Drysdale township, water was captured in Furphy water tanks. On the ends of the tanks there was a poem –

Good better best Never let it rest Till your good is better And your better - best.

The tanks should then be moved to be able to use the water where it was needed. Some houses used the Furphy tanks to hold drinking water. Later on, the Furphy tanks were used near the milking sheds to hold water for cleaning purposes.

Kel remembers seeing "Clydesdale horses

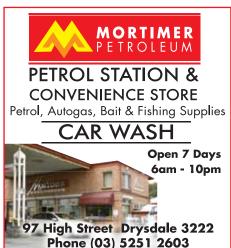


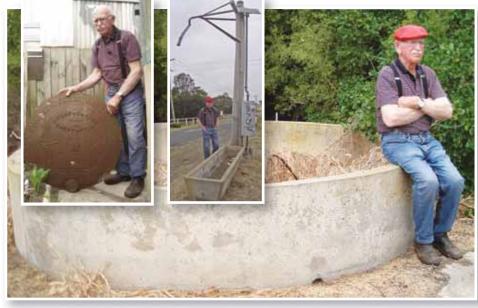
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queued up in Shepparton to load the Furphy tanks onto trains to ship them to all parts of Australia."

People also filled their water tanks by pulling them to stand pipes that were scattered around the Bellarine. Next to each stand pipe there was a horse trough that was funded by a lady who wanted the horse teams to be able to always have water. Kel thinks that the only remaining stand pipe on the Bellarine is on Banks Road and to access it you need a key and code from Barwon Water and the water taken will be charged to you.

Kel had an idea for a water trough to be placed between paddocks. Alan Patrick engineered a three part mould for a round water trough. "I put the mould together on site, placed the reo in the mould in the middle and then filled the mould with concrete. I put these water troughs in at Suma Park, Leura Park and on many other farms in the area. Lex Mortimer even got me to put one at the back of his house for the kids to swim in."

"Bill Anderson from Andersons Road asked me to put in 4 round concrete water tanks that were 12 ft wide in the dividing fence between two paddocks. This allowed the cows better access to water and it made a difference of a big milk can a day to the milking volume. The round troughs had a 3 foot apron around so that the cows couldn't undermine it - had to be perfectly level and have piping in to install a ball cock to allow the troughs to refill automatically. Another innovation was the way I cemented a pipe in the side of the trough to allow the lower fence wires to be attached to."

Troughs were made from the trough moulds in South Australia as well and eventually were sold to Wayne Rodgers and went with him to northern NSW many years ago.

Furphy was a famous name in water tanks all over Australia but Kel built water tanks were famous on the Bellarine and beyond.

Kel and Anne the scribe.

P.S. Great news Kel has decided to keep sharing his stories with us next year.

Portarlington DEMONS Football Netball Club Inc.

We are offering a FREE TAXI TRAVEL service within the Bellarine Peninsula to and from training sessions for any players who are registered with our under 16s football team. This is a fantastic initiative and great opportunity for players who may not be able to play due to travel restrictions or other family commitments.

If you are interested in this special offer and would like to register please contact junior coordinator Carla Smith for further details on 0481 169 266.







Martial Arts Awards at Victorian State Championships



Last month a team of local schoolchildren gained many awards at the Victorian State Martial Arts Championships in Melbourne. The team of 13, with ages between 5 and 11, represented Total Martial Arts Academy in Drysdale. They came overall 5th place out of 26 teams entered, qualifying them for the Australian National Championships later this year. Ten trophies and four certificates of excellence were presented to the team at the end of the competition. Two team members achieved second place in their categories, second only to the existing Queensland State Champion.

Team TMA (Total Martial Arts) is comprised of children from Drysdale Primary, Clifton Springs Primary, St Thomas' Primary and Christian College. They all practice martial arts at the academy on Murradoc Road in Drysdale under the direction of Jen Marsham, Level 3 Black Belt Instructor. Exceptional hard work and dedication was shown by children and parents alike. All Team members displayed exemplary behaviour and sportsmanship and were a credit to themselves and the local community. Thanks Team TMA for your awesome effort.

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PROUDLY PRESENT

Saturday Night 3 January 2015

Assemble 5.30pm - Cruise commences 6pm Drysdale Recreation Reserve Mel Ref Map 456 G11 Cruise around the Bellarine Peninsula followed by a relaxing evening on the deck at the Drysdale Cricket Club.

Classic Car Show Sunday 4 January

FREE ENTRY. Jumping Castle for Kids, FAMILY DAY OUT.

From 10am. Drysdale Recreation Reserve
More information Mick Brislane: michael.brislane@bigpond.com or 0439 282 964
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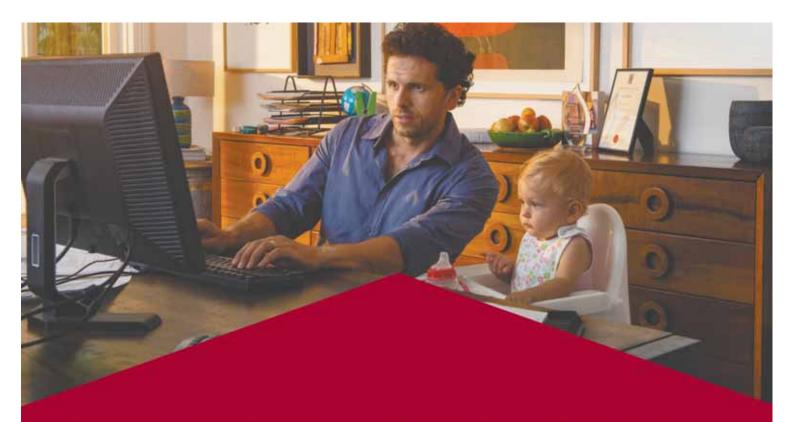


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