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Compiled & Published
by the SpringDale
Neighbourhood
Centre Inc.

The SpringDale Messenger

February 2015
Volume 25 Issue 1

Sarah is a Winner



Local resident, Sarah Carroll was recently awarded the inaugural *Ross Lipson Award*. This award is given to a local female musician who has shown excellence in the development of the music industry. Sarah has certainly done that in the Bellarine and beyond. A brilliant singer, outstandingly gifted songwriter, and passionate ukulele teacher. She has stimulated the joy of music to little primary kids, to adolescents, to kids in Aboriginal communities in the Kimberley, to those in their retirement. And when you see her on stage, you see her love for music ooze out of every pore.

Universally known as the *Ukulele Queen of the Bellarine*, Sarah has many strings to her bow – conducting occasional singing and songwriting workshops for young people in Geelong at The Courthouse Youth Arts Centre and Bellarine Secondary College, Director of *The Tides Of Welcome Soul and Gospel Choir*, choir, a regular on radio 3RRR, 3CR and 94.7 in Geelong. And if that doesn't show off her talent and love for music, there are the overseas tours, festival appearances, and extensive discography. Much of her music is country/folk/rock, but she has also been involved in the *Blue Bird Foundation* release of the CD for primary school children *Whatem 2*. Sarah has performed with many musicians including *The Junes*, *The Cartridge Family*, *GIT*, *The Pirates Of Beer* and her partner Chris Wilson. Sarah was presented with a Maton guitar and \$1000 from the *Sweethearts Foundation*.

Congratulations Sarah. May your passion and brilliance continue to be recognised.

Marcia Hiatt.



Photography courtesy Tex Miller

2015 festival of
glass

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COURSE & OPPORTUNITY GUIDE
Pages 11-14

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SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am - 5pm and by appointment.

FEBRUARY

- | | | |
|------------------|-----------|--|
| Sunday | 1 | SpringDale Memberships due \$12 per year or \$100 whole of life membership. |
| Monday | 2 | SpringDale Courses and Groups start for 2015 Peninsula Netball Association AGM |
| Wednesday | 4 | JP Document signing service 10am - 12noon |
| Saturday | 7 | Harvest Basket Produce Swap and Sell SpringDale 9am - 11am |
| Tuesday | 10 | Dining Group at Chui Yuan Chinese Restaurant Drysdale 6.30pm |
| Wednesday | 11 | JP Document signing service 10am - 12noon |
| Friday | 13 | Submissions and comments on Clifton Springs Boat Harbour due. |
| Sunday | 15 | Drysdale Market Festival of Glass - Christian College Hall, Drysdale 10am - 4pm |
| Wednesday | 18 | JP Document signing service 10am - 12noon |
| Wednesday | 25 | JP Document signing service 10am - 12noon |
| Saturday | 28 | Class Clowns Workshop - The Potato Shed |

The SpringDale Messenger is a locally produced publication.



**Course & Opportunity
Guide**
Pages 11-14 this issue
or visit
www.springdale.org.au

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All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



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Department of Planning
and Community Development



Department of Education
and Early Childhood Development



Coordinator's News

Anne Brackley



Dear Everyone

The last few weeks have been very slow moving and extremely rewarding. I've had time to spend with family (and yes! Ken is still doing well), had time to tidy things at home, had time to tidy things at work and try to set up well for 2015.

Whilst tidying its great to be able to look at things and decide whether to take them forward with you into the next part of your life or whether it is time to let them go. Memories come rushing back and its a good time to appreciate them and store them safely or to allow them to be released.

An upgrade of my phone has allowed me the time and opportunity to start to play with facebook and other social media. No wonder people enjoy social media – it talks about friends and people like your photos or thoughts. That can happen immediately and it can make you feel so good that you just want to keep playing. I'm glad I had the time to start while I had lots of time to devote to it.

Please feel free to look at SpringDale Neighbourhood Centre's pages on facebook. Feel free to like any of the pages that you like. This will be another way for us to communicate with our community and hopefully keep people up to date with opportunities and events. I am looking into other forms of social media and will hopefully have more information by the next Messenger

Over January there were two art shows at SpringDale and a Family Dance. It is great to be able to use the SpringDale Centre fully while our usual activities are having some down time. All were well attended and they enjoyed some exposure through our updated facebook pages.

Now its time for our classes to start, our groups to reconvene and our memberships to be renewed. What will trend in 2015?

Training in iPads and iPad like devices was very popular and now we are scheduling Intermediate classes in these. Ukulele and Cheese Making were very popular and our other gourmet food classes are gaining a following. Art and Health classes continue to be a mainstay of our community as it is for the healthy cultural lifestyle that many people move here and remain here.

Certificate III Aged Care and Community Care will run again at SpringDale on Thursdays and Fridays. Focusing on the Future is a course designed to allow people to taste many different classes that we offer at SpringDale.

Lastly, I would like to recommend the two sessions scheduled on Tues 3 March on Autism. Donna Williams has been to SpringDale before and this time she will present two different topics Autism and Involuntary Avoidance, Diversion, Retaliation and Autism and Sensing: The Unlost Instinct. I am sure those who have seen Donna before wont want to miss these topics. Please be sure to book early.

I look forward to the next 12 months and what opportunities they will bring for our community. I continue to look forward to finding fun in all I do. Please let me know if there a dream that we could help you fulfill.

Yours very sincerely

Anne Brackley
for the SpringDale Team.

JP Document Signing at SpringDale

A group of local Honorary Justices of the Peace banded together and formed a rostered document signing group at SpringDale Neighbourhood Centre. The service commenced in February 2014 on a Monday and Wednesday from 9.30am until 12noon. During the year they witnessed 670 legal documents. The JPs look forward to being very busy this year, no need to make an appointment just call in to SpringDale on Wednesday mornings at 10am – 12noon.

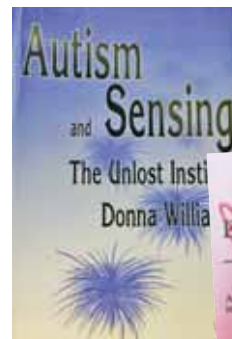
Ian G. Hawthorn Esq. BEM HJP



SPRINGDALE UPDATE

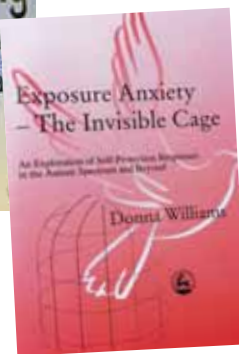
Autism Workshops

Tuesday 3 March
4.30pm and 7pm at SpringDale



With
Donna
Williams

Book early phone
(03) 5253 1960



SpringDale Diners Group

Dinner will be at the
Chui Yuan Chinese Restaurant
Tuesday 10 February, 6.30pm

*Meet new people in the
community and enjoy a lovely meal
in our local restaurant precinct.*

Please book at the SpringDale office
or email office@springdale.org.au

Business Network Breakfast

Mark this
date in
your diary

**Monday 23 February
at 7am**

Invitation to Business Owners

We would like to invite business owners to the second **Business Network Breakfast for 2015 on Monday 23 Feb at 7am.** Business owners come together in a friendly atmosphere and learn from each other and guest speakers. Being part of a strong business network enables you to maximise your results.

**Phone SpringDale on
(03) 5253 1960 and reserve
your place now.**



SpringDale Neighbourhood Centre Inc.
Keeping the Community Connected

NEWS from Lisa Neville MP

Member for Bellarine

Thank you to the people of the Bellarine electorate for supporting my re-election as the Member for Bellarine.

It is an honour and a privilege to continue to represent you in the Parliament of Victoria for the next four years.

There are some important priorities to be delivered in the Drysdale/Clifton Springs area including:

- Restoring Drysdale police services to operational 16 hours a day.
- \$3.5 million to commence Stage 1 of the Drysdale Sports Precinct, delivering a premier football/cricket oval, multi use fields which cater for soccer and other sporting codes and community use, sports lighting, car parking and relocatable pavilion – planned to be replaced with a permanent facility in Stage 2.
- Build the Drysdale Bypass - a 5.9km, two lane bypass to take trucks off Geelong-Portarlington Rd in Drysdale, reducing local congestion and boosting local jobs and upgrade Geelong-Portarlington Rd in Drysdale – also known as High St and Collins St – and build a separated bike path.
- \$1.1 million for Bellarine Secondary College's Drysdale campus to upgrade facilities.

- \$3 million towards the replacement of 17 tired portable classrooms with new, permanent buildings and other refurbishments at Drysdale Primary School.
- \$2 million for St Ignatius College towards the construction of the school's new multipurpose hall.
- \$100,000 to expand the Bellarine SES facilities at Grubb Road.
- \$250,000 towards a fishing platform at Clifton Springs.

I am looking forward to continuing to work with the community on these important local issues.

I hope everyone had a safe and happy Christmas and New Year and I look forward to working with you in 2015.

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP

Member for Bellarine

lisa.neville@parliament.vic.gov.au

Twitter @LisanevilleMP

(03) 5248 3462



Letters to the Editor

Bus Trip Thanks

I am writing to thank you for the lovely bus trip around Clifton Springs with other people interested in how to use our bus line for the locals. I know now which are the school bus stops and which ones are for the ordinary people.

The bus driver was most patient with our questions and made us feel we were not a bother and filled us in on how to work MYKI. I would recommend to anyone who felt confused about anything in our area to see SpringDale Neighbourhood Centre and you are welcomed as a person who needs a little information and it is handled in a friendly way.

Barbara, Clifton Springs.

To SpringDale Staff,

Thank you so much for organising the dinner nights. Wonderful events. Please keep it going.

Cerina, Curlewis

Where was Christmas?

Was Drysdale celebrating Christmas last year or was it only Geelong? Though I have to admit that last year's Christmas decorations were a vast improvement on other years, it's a pity that there are so few that you have to actively search for them. Obviously all the money went to Geelong as usual.

Graeme, Drysdale

Send your letters to:

messenger@springdale.org.au

Safety in homes and cars is paramount



More than 70 people recently attended a public meeting, at SpringDale, on the subject of public safety in Drysdale and Portarlington. Members of the Police force were present and a commitment to strengthen contacts between the Police force and our community were made. A strong message was to lock your doors and cars and put valuables out of sight to stop opportunistic crime. **Ring Crime Stoppers 1800 333 000 if you see something, if you need Police call 000.**

The group asked for more sessions to be run and if they could start a Neighbourhood Watch for the area. Please contact Tammi for more details or to be kept informed email tammi_88@bigpond.com.

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Celebrating and Collaborating

2014 was a year of firsts. 2015 is set to be even better!



Last year, the Potato Shed attracted twice as many Season subscriptions. We expanded our touring productions and our annual Family Fun Day attracted record numbers of over 7,000 visitors.

This year we're looking forward - to celebrating and collaborating with our many diverse audiences and to a year of fun, inspiration, ideas and above all, community!

The fight to secure funding for our expansion continues and we would like to thank each and every one of you who contributed time and energy to get the campaign underway in

2014. Look out for updates via our Facebook page.

All ages, abilities, talents and interests are welcome at the Potato Shed and our high quality shows, classes, workshops, performances, spaces for hire and school activities mean that we stand out as the Bellarine's most inspiring community hub.

With your support, encouragement, attendance and feedback, we know that 2015 will be a fantastic year and we can't wait to see you soon at The Shed!

You can book tickets on (03) 5251 1998 or find out more info at www.geelongaustralia.com.au/potatoshed or on our Facebook page.

WIN ONE FAMILY PASS (2A & 2C)
POTATO SHED



Hot Swing Club

Tuesday
17 March
@10.30am

To enter fill out the coupon, send or deliver to:
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High Street, Drysdale

Name: _____

Address: _____

Phone No: (03) _____

COMPETITION CLOSING 3PM FRIDAY 13 MARCH

SEASON 2015

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POTATO SHED

2015

SEASON BROCHURE

Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres. The Potato Shed, Bellarine Multi Arts Centre is located at 41 Peninsula Drive, Drysdale Ph: (03) 5251 1998

POTATO SHED

CITY OF GREATER
GEELONG

WWW.GEELONGAUSTRALIA.COM.AU



1-28 February

RedFeb

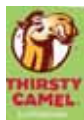
Heart Research Australia

February is Heart Research Month, a month where all Australians are encouraged to make their heart health a priority and proactively participate in the fight against heart disease.

www.heartresearch.com.au



- Indoor Kids Playroom • Beer Garden • TAB
- Drive-thru Bottle Shop • Meals to 8.30pm daily



Bottleshop: 10am-10pm Daily
The Drysdale Hotel
Collins Street Drysdale
Reservations (03) 5251 2301
www.thedrysdalehotel.com

24 February Business Clean Up Day



Clean Up Australia

By participating in Business Clean Up Day you are doing your part to promote a clean, healthy and sustainable environment. It's also a fantastic way to be seen as a community leader and engage with your staff, customers and local community. Previous Business Clean Up Day's have proven to be excellent team building events and great for staff morale.

www.cleanupaustraliaday.org.au/about/about-the-event/clean-up-for-business

Clifton Springs Boat Harbour - Future Directions Plan

An upgrade of the Clifton Springs Harbour is being proposed by City of Greater Geelong and they are interested in your comments and feedback. Discussions with a number of stakeholders has identified issues around capacity, safety, access, amenity and water quality, as a result Council is preparing a future directions plan. **A copy of the proposed plan is presented on the opposite page and other copies can be found at the Drysdale Customer Service Centre or on request by phoning (03) 5272 5272.**

Council is seeking community and stakeholder feedback on the proposed design approach and staging to inform this process. Please take a moment to consider the following questions and follow the links on www.geelongaustralia.com.au and provide your ideas and feedback by 15 February 2015 to: **Clifton Springs Boat Harbour - Future Directions Plan, City of Greater Geelong Environment and Waste Services Dept PO Box 104, Geelong VIC 3220**

Everything you want to know about retirement living, but were afraid to ask!



Retirement Living Information Day

A free, detailed information and discussion forum, featuring a panel of leading retirement specialists.

Whatever your retirement living questions might be, you can ask them confidentially and have them answered at this exclusive event.

Date and time: Thursday 12 February 2015, from 1.30pm to 3.30pm.

Location: Clifton Springs Golf Club, 92-94 Clear Water Dr, Clifton Springs.

Please RSVP: Call Leeanne or Trevor on 5251 5577 to reserve your spot or email rsvp@bellarinesprings.com.au

Can't make the information day?

Please call Leeanne or Trevor on 5251 5577 to book a time to meet.

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Why the need for a Functional Design Plan

Clyffon Springs Boat Harbour is managed by Parks & Greater Geelong. Boating in Port Phillip Bay is managed by Parks Victoria and DEPI and their approval is required for works associated with the harbour. Discussions in relation to the Clyffon Springs Boat Harbour with a number of stakeholders has identified issues around capacity, safety, access, amenity and water quality, as a result Council is preparing a Future Precisions Plan.

Managing increasing demand

- Upgrade and expand boat launching facilities.
- Expand boat trailer parking and public open space.
- Establish additional amenity and beach area.

Improved boating access
Naturally occurring shallow water and seasonal sand drift results in the harbor needing to be dredged annually to maintain safe passage at low tide. The use of a suction dredge is both expensive and potentially environmentally invasive, the use of an excavator is more efficient however access is limited.

- Constructing a causeway along the east side of the small boat ramp enabling excavator access to clear sediment from the boating channel and harbour entry.
- Reclaiming excavated sediment on site as part of land reclamation works rather than dumping in the bay or rapping it off.
- Longer term - establishment of a temporary storage area for disband sediment prior to removal.

Improved amenity and infrastructure
Existing informal unsewered car parks have poor drainage and stormwater runoff which contributes to degraded water quality in the harbour. The unsewered car parks are a significant source of pollution and require ongoing excavating and sanding seawall and groyne works will require significant maintenance to extend their effective lifespan. Completion of these essential works will provide a significant improvement in the amenity of the harbour and present options to improve performance of existing facilities and public access at the boat harbour including:

- Incorporation of best practice stormwater treatment to upgraded car parks to improve water quality in the harbour.
- Rebuild the existing western sand bag groyne in rock and establish an ability fishing platform at the end.
- Land reclamation of the eastern harbour which will cover and protect the existing sandbag seawall.
- Improve the beach area along the existing sandbag seawall as well as the network of walking paths.

1 Install two new concrete boat ramps. Retain and upgrade the existing small boat ramp for smaller watercraft. Refer photo B.

- Establish a new 35m long causeway to assist boat launching/retrieval and remove sediment build up from the end of new boat ramps.
- Level, resurface and expand the boat trailer overflow parking area and stormwater treatment measures to reduce sediment entering the harbour.

Stage 2 4 Extend the causeway to the harbour entrance, enabling maintenance dredging of the boating channels and entrance. Place sediment excavated from the boating channels behind the new causeway to reclaim land at this eastern section of the harbour. Ensure confinement and progressive capping of all excavated material to protect water quality.

- 5 Construct a new western beach groyne with rock and establish an all-ability fishing platform on top. Refer photo A.

Stage 3 Complete the final phase of land reclamation in the eastern section of the harbour to establish additional boat trailer parking area and a dedicated sediment-dewatering area.

- 7 Reinforce eastern beach with sand to protect the existing sandbag groynes and to expand available recreational beach space at the harbour precinct. Refer photo C.
- 8 Establish an eastern harbour walking circuit walk connected to the existing picnic area with additional seating and BBQ facilities.
- 9 Establish a roundabout to assist traffic circulation and to slow traffic speeds on entry to the boat harbour precinct.

Council is seeking community and stakeholder feedback on the proposed design approach and staging to inform this process. A copy of the plan and questionnaire can be found at or forwarded to you by the Drysdale Customer Service Centre Ph: 5272 5272.

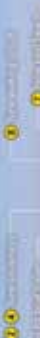
Comments and feedback and/or completed questionnaires should be received by **Friday 15 February 2015**
via email to environment@geelong.vic.gov.au or
via www.geelongaustralia.vic.gov.au/journeys or
via post to: Clifton Springs Boat Harbour Craft Functional Design Plan
c/o Environment and Waste Services Department
City of Greater Geelong
PO Box 104, Geelong VIC 3220

Following review of comments received a report and plan will be presented to Council for consideration. We look forward to your feedback.



A New all-ability fishing platform

Small boat ramp upgrade and east harbour land reclamation



G Land reclamation and new east beach

Celebrating 30 years

The Probus Club of the Peninsula Inc is the oldest club in the Peninsula. They celebrated their 30th Anniversary with a Christmas luncheon at the Drysdale Football Clubrooms.

The Melodaires provided excellent entertainment. Special guest was Probus South Pacific District chair Dawn Baudinette who presented the club president Barry Waller with a certificate to celebrate the event.



Top: Melodaires entertaining

Right: Cutting the cake

Right below: Probus Celebration cake



Funeral Plans

with Maree East from Tuckers

Maree is available to provide free information and practical advice 1st Friday of every month from 9.30am till 12.30pm at the SpringDale Neighbourhood Centre.

For more information contact Maree at Tuckers on **5221 4788** or visit www.tuckers.com.au

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art, craft & industry

2015 festival of glass

Sunday 15 February
10am - 4pm

FREE
Admission

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Glass
FOR 5 YEARS

The annual Festival of Glass celebrates the beauty and versatility of glass in art, craft and industry and promotes collaboration between people who work with glass.



The 2015 Festival of Glass is open from 10am till 4pm.
Christian College,
40 Collins Street, Drysdale (Melway 238 G8)

Glass Expo - At the heart of the fifth annual Festival of Glass is a Glass Expo, featuring **stalls** by local and interstate glass artists, craftspeople and businesses; **demonstrations** of glass-working techniques; short **films** about glass; winners of the **2015 Drysdale Glass Art Awards**; and hourly draws for glass collectibles. Glass Expo visitors can browse the monthly Drysdale Market, ride the historic Bellarine Peninsula Railway between Drysdale & Queenscliff and visit local cafes, wineries and nurseries.

Glass Workshops - In the week after the Glass Expo, leading glass artists will run Glass Workshops introducing techniques such as slumping, fusing, flame work, mosaics and bead weaving. The Workshops will be open to anyone, but visitors to the Glass Expo should enjoy them especially, as they can learn to make the sorts of glass objects they saw at the Expo.

WHEN & WHERE? Workshop dates, times, venues and costs will be on the Festival's web site and Facebook page in early February 2015.

*Festival Sponsors/Supporters
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Glenda Mac Naughton - Beaded bracelet Red Earth Rhythms Photo Lyn Ingles
Wauthauring - Blue Platter (Photo supplied) Gallibrand River Gallery - Platter (Photo supplied)
David Hobday - Where the desert meets the sea (Photo supplied), Ben Landy - Photo Crowd Scene.

Information: www.festivalofglass.com.au www.festivalofglass.blogspot.com

Find us on Facebook Contact us: ccd21@bigpond.net.au

Anne Drysdale and Caroline Newcomb

Anne Drysdale and Caroline Newcomb were both initially buried at Coriyule Homestead, Curlewis. Prior to Reverend Dodson leaving the Bellarine after Caroline's death, he had the ladies' bodies exhumed and reburied in Geelong Eastern Cemetery. Where he was eventually buried too.

The Geelong Cemeteries Trust has arranged a series of events to commemorate its 175th Anniversary of the Geelong Eastern Cemetery. The program included a photographic competition, the publication of a book *Here*, where all troubles cease, school and community activities, and a Monument Restoration Program to restore some of our most important graves and headstones in the Geelong Eastern Cemetery.

Victorian legislation stipulates that Cemetery Trusts must care for cemetery grounds and facilities, but precludes the use of any Trust funds to restore individual gravesites. (Trusts may undertake certain preventative work for reasons of public safety but cannot 'restore' graves for heritage or cultural reasons.)

For this reason the Geelong Cemeteries Trust has launched a long term program that involves the identification of headstones that



are at risk and then approaching various individuals and organisations to assist with the restoration of the grave/or headstone.

One of the memorials on the restoration list is of Anne Drysdale and Caroline Newcomb, at the Geelong Eastern Cemetery.

The Geelong Cemeteries Trust is receiving funds from the National Trust and a private business owner of \$2,300 for this headstone, although still require a further \$1,000 to complete the restoration.

SpringDale was asked to donate the extra \$1,000 required but I believe it would be better for our community if people would like to donate to this cause, SpringDale will collate donations for this \$1,000 restoration fund on your behalf so many people can be part of this opportunity.

Anne Brackley

Mindfulness and the Four Noble Truths:

An Introduction to Buddhist Psychology - An eight-week course designed to illustrate the fundamentals of the Buddhist philosophy.

In this course, we shall investigate the various pathways that lead to the development of a sound meditative practice, including an understanding of the Four Noble Truths; the cornerstone of Buddhist philosophy. We can use this knowledge to transform our ideas about how, as humans, we have this overall feeling of unease, uncertainty, of unsatisfactoriness or what we might call suffering, both mentally and physically.

The course is an introduction to a philosophy developed over 2500 years and which has the potential to help us live a 'right' life embodying compassion, wisdom and morality. This course is not designed to teach Buddhism as a religion, nor is it designed to subvert any existing religious faith.

The class will be interactive, practical and with every contribution valued. It is designed for both the beginner and the experienced meditator.

The eight-week course, facilitated by retired psychologist, Dr Max Simmons. Wednesday 4 Feb - 25 Mar 1.30 and 3.00 pm.

Register at the SpringDale Neighbourhood Centre office.

Artist Justine Martin - Winner with 'Basil'

Local Drysdale artist Justine Martin has taken home the prestigious *Allan Merigan People's Choice award* at last year's Annual State Trustees CONNECTED Art Exhibition.

Justine competed in Olympic Weightlifting, and has now found liberation in art after being diagnosed with multiple sclerosis.

Justine received a \$500 prize for her Giraffe painting titled *Basil*.

Justine is the current Victorian Masters 40-44 yr old + 75kg State Champion. She was diagnosed with MS (Multiple Sclerosis),

meaning she can no longer work.

She is a single mother of Zakariah 21 and Alexandra 17. Painting has always been a part of Justine's life, even before she was diagnosed with MS, her passion for painting and art has allowed her to enjoy a full and rewarding life.

The CONNECTED Art exhibition showcases the work of artists with a disability or mental illness, and there's a great story on the wider theme of art being a valuable outlet for people with a disability or mental illness.



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Est. 1986



Courses are designed and presented according to requests and ideas from possible students or possible trainers. If needed and possible we try to schedule extra courses. We are also facilitating one on one sessions where requested and possible.

Subsidised childcare may be available for people attending *Learn Local* funded classes, conditions apply.

Computers

Limited subsidised pension or have up to Year 11 or equivalent as the highest level of studied achieved. \$65 concession fee is made up of \$25 subsidised tuition fee and \$40 sustainability fee.

iPad & iPad like Devices



We now have three different classes for the three different types of tablet/iPad devices. Learn how to use basic iPad functions, practice scrolling, learn about iPad apps and much more in a fun supported environment. Please let the office know what type of device you have when you register. We will need this information to ensure you are in the correct class.

Introduction to iPad

Skill Level: Beginner

Dates/times: Mon 2 Feb – Mon 30 Mar 3.45pm – 6.15pm (8 sessions) **Fee:** \$160 or conc \$65

Tutor: Jonathan Harris JNH Software P/L

Introduction to Tablets Android

Skill Level: Beginner

Dates/times: Wed 4 Feb – Wed 25 Mar

10am – 12.30pm (8 sessions)

Fee: \$160 or conc \$65

Tutor: Jonathan Harris JNH Software P/L

Introduction to Tablets - Windows

(Microsoft Surface, Toshiba Encore, Lenovo ThinkPad etc.)

Dates/times: Wed 4 Feb – Wed 25 Mar

1pm – 3.30pm (8 sessions) **Fee:** \$160 or conc \$65

Tutor: Jonathan Harris JNH Software P/L

Introduction to Computers C/E

Learn how to create tables, use tabs, columns, clipart and place a border, send and receive emails.

Understand the Internet and browse different search engines. Learn about virus protections.

Skill Level: Beginner +

Dates/times: Tue 3 Feb - Tue 24 Mar

1pm – 3.30pm (8 sessions) **Fee:** \$160 or \$65 Conc

Tutor: Colin Barnard, C & K Designs

Introduction to Computers F

Learn how to install and uninstall programs. Clean up deleted items and documents, use cleaner and defragger to keep your computer running smoothly. Download software from the internet free, antivirus programs and others from the internet. Set up your computer the way you want it.

Dates/times: Thurs 5 Feb – Thurs 26 Mar

1pm – 3.30pm (8 sessions) **Fee:** \$160 or \$65 Conc

Tutor: Colin Barnard, C & K Designs

Intro to Archiving, Backups and Online Storage

(Beginners+) Previous computer experience required. Have you ever lost an important file, when you need it the most? Have you ever had a disk fail on you without warning, your computer suddenly stop working, or had someone steal your camera – full of your photos – and ruin your day? This course will give you some basic techniques and ideas on how to overcome these problems, as part of your daily computer (and tablet) use.

Dates/times: Mon 2 Feb – Mon 30 Mar

6.30pm – 9pm (8 sessions) **Fee:** \$160 or conc \$65

Tutor: Pierce Jaques

Advanced iPad

Skill Level: Beginner - must have attended

SpringDale Intro to iPad

Dates/times: Mon 2 Feb – Mon 30 Mar

10am – 12.30pm (8 sessions) **Fee:** \$160 or conc \$65

Tutor: Jonathan Harris JNH Software P/L

Picture Editing & Movies

Learn how to edit, file, categorise and archive your digital photos using Picasa. Learn how to use a Memory Stick and how to resize pictures and share them with your family.

Materials: Photos optional

Dates/times: Mon 2 Feb – Mon 30 Mar

1pm – 3.30pm (8 sessions)

Fee: \$160 or \$65 Conc

Tutor: Jonathan Harris JNH Software P/L

Introduction to Social Media

Participants are welcome to BYO their own computer, iPad, tablet or Smart phone. They learn to set up with a password, add a picture and practice using social media to keep up with other people. We will focus on Skype, Twitter, Instagram and Facebook

Dates/times: Tues 3 Mar to Tues 24 Mar

and Tues 21 Apr to Tues 12 May 9.30 – 12noon

(8 sessions)

Fee: \$160 or \$65 **Tutor:** Agata Comisso

New - Learn Local Courses



Focusing on the Future

– NEW COURSE

A taster course which allows people to try a variety of classes to understand what is available locally at SpringDale. This is especially for anyone who is looking for a new direction in your life. There will be a welcome morning tea and then a schedule of classes will be tailored for each participant.

Dates/times: Mon 2 Feb – 10am – 12noon plus up to

7 other sessions as individually scheduled

Fee: \$100 or conc \$65

Tutor: Anne Brackley

Cooking Sustainably

– NEW COURSE

This course will be run over the year as fruits and vegetables come into season, as the climate allows for foods to be preserved and stored for later use. Sessions will be held on four Sundays or Mondays throughout the year. Childcare is available for this course during the Monday sessions. Includes Passatta Making, Sausage Making, Tapas Making, Scary Vegetables

Dates/times: Mon 9 Feb – 9am – 12noon other

sessions later in year

Discover the Artist within - Level 1

An introductory or refresher Art Course in Drawing and Painting for Adults. No previous knowledge required. This course increases the skills of seeing and drawing and then introduces colour and painting. Class materials required: A3 Sketchbook or A3 visual diary, 2B and 4B pencils.

Dates/times: Tue 3 Feb – Tue 24 Mar

9am – 11am (8 sessions)

Fee: \$130 Conc: \$65 **Tutor:** Annette Playsted

Discover the Artist within - Level 2

An Intermediate Level Art Course in Painting and Drawing for Adults who have completed a foundation art course (Level 1). This course aims to increase media knowledge in the techniques and processes of painting and drawing, improving skills and confidence.

Dates/times: Wed 4 Feb – Wed 25 Mar

10am – 12.30pm (8 sessions)

Fee: \$140 Conc: \$70 **Tutor:** Annette Playsted

Materials list available from SpringDale office

Develop the Artist Within – Advanced Workshop program

This program is for hobbyist artists or art students who have studied at the intermediate level and want to further develop their knowledge and broaden skills and perceptions. Workshops will include: Experiential Media broadening to include new approaches to two and three dimensional media, Building self-expression, ideas and approaches, building colour and tonal awareness, and shared adventures into Art theory and Art history.

Dates/times: Tue 3 Feb – Tue 24 Mar

11am – 1.30pm (8 sessions)

Fee: \$140 Conc: \$70 **Tutor:** Annette Playsted

Materials list available from SpringDale office.

Accredited Courses

Cert III Aged Care(CHC30212) and Cert III Home and Community Care(CHC30312)

Codes CHC3021

This dual qualification addresses work primarily in residential facilities or work in client's homes and other community settings under regular supervision within clearly defined organizational guidelines and service plans. The incumbent will carry out activities to maintain personal care and other activities of living for people in an aged care facility or their own home setting.

Dates/times: Thurs 5 Feb 9am – 3pm

Fri 6 Feb 9am – 3pm (18 weeks)

Fee: Funded \$800, Conc \$516, Unfunded \$4193

Venue: SpringDale

Tutor: Ocean Grove Neighbourhood Centre

Basic Food Safety

(Follow Workplace Hygiene Procedures)

Code SITXFSA101

Safe food handling skills are essential for all people working within the food industry. This course meets the requirements for workplaces in applied food handling.

Dates/times: Sat 21 Mar 9am – 4pm

Fee: \$100 **Venue:** SpringDale

Tutor: Ocean Grove Neighbourhood Centre

Responsible Service of Alcohol Certificate

Code: SITHFAB009A

Covers all areas relating to the serving of alcohol in and around licensed premises. Participants receive a recognised certificate in RSA from Liquor Licensing Victoria.

Dates/times: Sat 14 Mar 9am – 1pm

Fee: \$70

Venue: SpringDale

Tutor: Ocean Grove Neighbourhood Centre

Asthma and Anaphylaxis Training

Both courses require pre-course study. This discounted rate \$100 is if attending both a. & b. courses below.

a. Course in Emergency Asthma Management in the Workplace

Code 22024VIC

Dates/times: Fri 13 Feb – 1.30pm - 3.30pm

Fee: \$60 **Tutor:** Stayin' Alive First Aid

b. Course in First Aid Management of Anaphylaxis

Code 22099VIC

Dates/times: Fri 13 Feb – 3.30pm - 5.30pm

Fee: \$60 **Tutor:** Stayin' Alive First Aid

First Aid – Provide First Aid (Level 2) and CPR

Pre-course work is required and you will be contacted before the course with the details.

Perform CPR Code HLTAID001

Dates/times: Sat 21 Feb or Fri 27 Mar

9am – 11am **Fee:** \$50

Provide First Aid Code HLTAID003

Dates/times: Sat 21 Feb or Fri 27 Mar

9am – 3pm **Fee:** \$120pp

Tutor: Stayin' Alive First Aid

Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO 90909

New Courses

Pasta Making Demonstration

Demonstration of how to make perfect pasta using the correct ratio of liquid to flour, using a pasta machine and also the old way as our Nonna did using only a chopping board, rolling pin and knife. This session will include a copy of Hilda's cook book (RRP\$35).

Date/time: Tues 24 Mar 10am – 11.30am OR 7pm – 8.30pm **Fee:** \$40

Tutor: Hilda Inglese

Autism and Involuntary Avoidance, Diversion, Retaliation

Exposure Anxiety is an 'Invisible Cage' that challenges the person to either side with it and identify self with their own compulsive self protection responses. Drawing on an 'Indirectly-Confrontational' approach, people can reduce and progressively overcome the compulsive and involuntary avoidance, diversion and retaliation responses of Exposure Anxiety.

Date/time: Tues 3 Mar 4.30pm – 6pm

Fee: \$40 teachers and professionals

Tutor: Donna Williams

Autism and Sensing; The Unlost Instinct

Autism is seen as a disability in a world where interpretation is highly valued, a world in which the System of Sensing becomes progressively redundant, devalued, discredited, even discouraged. Sensing is a unique way of experiencing the world and this unlost instinct has much to teach us about the assumption of so called 'normality'.

Date/time: Tues 3 Mar 7pm – 8.30pm

Fee: \$40 teachers and professionals

Tutor: Donna Williams

Stressed Out

Natural approaches to building you resistance to the effects of stress.

Date/time: Tues 17 Feb 6.30pm – 7.30pm

Fee: \$10 **Tutor:** Adrian Stone

Happy Hormones

Understanding how our hormones impact our bodies, and simple nutritional strategies to bring them into balance.

Date/time: Tues 17 Mar 6.30pm – 7.30pm

Fee: \$10 **Tutor:** Adrian Stone

Coffee Appreciation

Sam will discuss the pros and cons of various types of coffee machines to help with decision making or to get the best out of what you have. Pods or ground, prepackaged or fresh, store in fridge or cupboard, and many other questions discussed. Sample a variety of coffees from espresso to macchiato and beyond.

Date/time: Thurs 26 Feb 10am – 12noon

Fee: \$10 **Tutor:** Sam Chait

Scriptwriting

You have a great idea for a film, but you do not know where to begin. In this course, you'll learn industry-standard layout, plotting, characterisation, conflict and storytelling. Whether you are wanting to work on a feature length script or a short film script, you'll be ready.

Date/time: Sat 28 Feb 9am – 1pm

Fee: \$30 **Tutor:** Laurent Boulanger

Article Writing

Learn how to research and put together an article.

Publish your work online, or sell it to a magazine, newspaper or other publication. Learn what editors want, how to negotiate payment and how to sell your work.

Date/time: Sat 28 Mar 9am – 1pm

Fee: \$30 **Tutor:** Laurent Boulanger

Product Photography

A new course - tips will be shared for great product photography for websites or publications. Bring along your products to photograph. Please let the office know the types of products that you will be bringing.

Dates/times: Wed 18 Mar – Wed 25 Mar

7pm – 9pm (2 sessions)

Fee: \$60 **Tutor:** George Stawicki

Food as Medicine

The food you eat can either be the safest and most powerful form of medicine or the slowest form of poison. Transitioning to a healthy plant based diet can seem difficult at first – however with the right information and guidance it becomes an exciting and beneficial lifestyle change. Feel your energy levels soar and your ability to regain your health effortlessly.

Date/time: Tues 10 Feb or Tues 10 Mar 10am – 12noon OR Tues 24 Feb or 24 Mar 7pm – 9pm

Fee: \$35 **Tutor:** Lisa Fitzgerald

Detoxifying Your Life – Inside Out

We have never faced a health crisis (world wide) as we do today. Are toxic synthetic chemicals making you and your family members sick? Learn how to take the toxins out of your home and your body and learn how to put health promoting alternatives in place.

Date/time: Tues 17 Feb or Tues 12 Mar 10am – 12noon OR Tues 3 Mar or 31 Mar 7pm – 9pm

Fee: \$35 **Tutor:** Lisa Fitzgerald

Cooking on a Budget

This enlightening class demonstrates how cooking with a few tasty ingredients is important to keep cooking delicious and nutritious meals on a budget, including lots of tips and ideas for shopping frugally. This is not a hands-on cooking class, but food will be served. Please bring a container for take home.

Date/time: Tue 3 Mar 1pm – 3pm or 7-9pm

Fee: \$5 **Tutor:** Agata Commisso

Budgeting Solutions

This enlightening class demonstrates : How/ Why should you save? What is a budget and how to develop a budget? How to budget in 4 easy steps with tips to reduce spending and increase savings. Participants are asked to BYO pen/pencil and a small notebook.

Dates/Times: Tue 24 Mar 1pm – 3pm

or Tue 24 Mar 7 – 9pm

Fee: \$5 **Tutor:** Agata Commisso

Laughter, Goal Setting, Stress Reduction and Motivation Introduction Class

Is a fun class where participants will laugh, think about goals and being motivated to achieve those goals. BYO pencil/pen and small notebook and a little sense of humour. This class may be the beginning of a whole new world.

Dates/times: Tue 31 Mar 1pm-3pm

or Tue 31 Mar 7pm-9pm

Fee: \$5 **Tutor:** Agata Commisso

Lifestyle Courses^{SW}

Cheese Making with Corinne

Interested in making your own cheese? This is a very relaxed way to spend a day. You may like to bring lunch to share and make new friends and make conversation. This session will include haloumi, sour cream and ricotta. You will be asked to bring some kitchen equipment.

Dates/times: Sat 14 Mar Fetta or Sat 21 March

Halloumi (1 session each class) 10am – 4pm

Fee: \$80

Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry?

Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture. Small groups, so enroll early.

Dates/times: Sat 7 Feb, Sat 7 Mar 10am – 12noon

Fee: \$30 **Tutor:** Jordon Smith

Digital Photography Doctor

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperture, different file formats, downloading images, red eye reduction and lighting techniques.

Dates/times: Wed 11 Feb – Wed 4 Mar

7pm – 9pm (4 sessions)

Fee: \$100 or \$92 Conc **Tutor:** George Stawicki

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

Dates/times: Thurs 5 Feb – Thurs 26 Mar

6pm – 7.30pm OR 7.45pm – 9.15pm (8 sessions)

Fee: \$135 Conc \$120 **Tutor:** Glenda Breedveld

Materials: Bring your own mat and blanket if required.

Venue: Drysdale Senior Citizen's Club, Cnr Clifton Springs Rd & Wyndham St

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

Dates/times: Mon 2 Feb – Mon 23 Mar

9.15am – 10.45am (7 sessions)

Fee: \$120 Conc \$110 **Tutor:** Glenda Breedveld

Materials: Bring your own mat and blanket if required.

Venue: Drysdale Senior Citizen's Club, Cnr Clifton Springs Rd & Wyndham St

Yoga on Chairs

Would like to do Yoga but would feel more comfortable sitting. This course may be for you.

Dates/times: Mon 2 Feb – Mon 23 Mar

11am – 12 noon (7 sessions)

Fee: \$90 Conc \$81

Venue: SpringDale

Buying and Selling on eBay

Does eBay confuse you? Would you like to be able to buy and sell on eBay with confidence? Then this course will navigate you through the process of getting started and using this worldwide facility to buy or sell your chatties. Please register your interest so we are able to conduct this vital course for you.

Dates/times: Sat 7 March 9am – 1pm **Fee:** \$40

Tutor: Brett Kerr

French

We are seeking a French Tutor.

Mindfulness and the Four Noble Truths An Introduction to Buddhist Psychology

In this course, we shall investigate the various pathways that lead to the development of a sound meditative practice, including an understanding of the Four Noble Truths; the cornerstone of Buddhist philosophy. The class will be interactive, practical and with every contribution valued. The 8 week course, facilitated by psychologist, Dr. Max Simmons, will be held at the Donnelly Room, St. James Church of England, Collins St Drysdale .

Date/ times: Wed 4 Feb – 25 Mar 1.30- 3pm

Fee: \$100 Conc. \$60

Ukulele Beginners

A class for those who will learn to play the ukulele quickly and easily and those who have started with us but need some more support before moving to the next class – no experience necessary but you will need to bring a Ukulele.

Date/time: Thur 5 Feb – Thur 26 Mar 10.30am – 11.30pm (8 sessions)

Fee: \$85 **Tutor:** Sarah Carroll

Ukulele Intermediate

The intermediate level is for those who are part way along the path to learning how to play the Ukulele and improve their skills.

Date/time: Thur 5 Feb – Thurs 26 Mar 9.30am – 10.30am (8 sessions)

Fee: \$85 **Tutor:** Sarah Carroll

To attend SpringDale Groups you must be a member of SpringDale – Annual Membership \$12 – each group charges a small fee ranging from \$2 to \$12 per session.

SpringDale Groups

Card Games

Enjoy playing cards come and play Canasta and Bolivia Monday afternoons from 12.30pm – 3pm.

DRAW

If you love drawing, this group might be for you. The members will meet, plan sessions, draw together, and share ideas and techniques. The group could tackle many different drawing subjects, from still life, interiors, streetscape, landscape, seascape, and portraiture to imaginative drawing. Drawing excursions into our local area could be part of the program.

Details: 2 hour sessions, 1.30 – 3.30pm, 2nd and 3rd Tuesday in each month

Friendly Cuppa and Chat Group

Call in for a cup of coffee and a chat on the fourth Monday of the month between 10.30am – 11.30am.

SpringDale Craft Group

A great activity for all year. Keep your hands busy and be creative. Learn to knit or crochet a garment of your choice. **Dates/times:** Tuesday Weekly from 1pm – 3pm.

SpringDale Badminton

Wednesdays 1pm – 3.30pm weekly at The Scout Hall Drysdale.

Bellarine Community Choir

Peninsula residents are welcome to join this choir we sing 4 part harmony to perform at functions on the Bellarine and Geelong. All welcome. **Dates/Times:** Thursdays at 1.30pm at SpringDale

Cryptic Crosswords Group

Have you ever wondered how Cryptic Crossword Puzzles work? Join a group of like-minded crossword fans to learn and share the skills needed to solve

Cryptic Crosswords. We will solve cryptic puzzles together in a fun and non-competitive atmosphere. This group is open to all levels of expertise from beginners to those who want to extend their knowledge. **Date/Time:** Friday weekly at 10am.

Fun Volleyball

We play with a soft beach ball, and the aim is exercise. Other session times possible register your interest. **Dates/times:** Mondays from 9am – 10am **Venue:** Drysdale Scout Hall

Genealogy

People interested in researching family history come together weekly and share tips and tricks. **Thursdays** 9.30am – 12noon

SpringDale Jigsaw Club

Borrow a jigsaw from a big library 40¢ each. The first Thursday of the month from 10am – 12noon.

Line Dancing

Join our group. Every Wednesday. 10am – 12noon.

SpringDale Mahjong Club

This group meets Wednesday from 9.30am – 12noon.

Pole Walking Group

Enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk. **Dates/times:** Weekly Mondays 8:50am-10am (Contact SpringDale for meeting points)

SpringDale Scrabble Club

Held on Tuesday afternoon, 1pm – 3pm and caters for players of all abilities and new players welcome.

SpringDale Artists

The Springdale Artists meet each Wednesday. Activities include working sessions, discussions, demonstrations and gallery visits. Wed 1pm – 4pm.

SpringDale Wheelie Riders

SpringDale membership is all you require. Would you like to get involved in cycling again? Rides vary in difficulty and start from SpringDale at 8am. New riders welcomed and shorter rides are graded to suit individual needs.

Rides Mon, Tues, Wed, Fri and Sat or Sun.

SpringDale membership is all you require.

SpringDale Singers

A long established, informal non-performing choir which sings both simple and challenging music. Former choir or music group members and non-singers are also welcome.

Dates/times: Tuesday 1.30pm – 3.30pm

Men's Kitchen – Tuesday Mornings

Tuesday morning 10am – 1pm

Location: St Leonards Recreation reserve

Fee: Price depends on menu

Men's Kitchen

– Wed / Thurs / Fri Morning

Waiting list applies. **Fee:** Price depends on menu

Dates/times: Wednesdays 10am – 2pm

Traditional & Digital Scrapbooking

Would you love to organise your precious memories by scrapbooking your photos. Come along and learn traditional and digital scrapbooking solutions.

Material list for beginners, tools available for you to use and product available to purchase.

Day/Time: Thur 15 Jan, 12 Feb, 12 Mar 1pm – 4pm

Write About

A small group of committed writers meet on the 1st Thursday of each month from 2.30pm – 4.30pm.

Bellarine Poets Society

Enjoy reading or listening to local poets sharing their words, group discussions, mentoring and assistance for those starting on the poetic journey. There will be an annual members poetry competition. Meet 2nd and 4th Wednesday each month 2.30pm – 4pm.

Harvest Basket

Meets 1st Saturday of every month and operates on an honesty system outside SpringDale (inside if wet) to swap home grown vegies.

Dates/times: 9am – 10.30am Swap

10.30am – 11am Vegies available for purchase.

Men's Kitchen – Wednesday Evening

We will be running a Men's Kitchen every Wednesday evening from 5pm – 8pm. **Waiting list applies.**

Fee: price depends on menu

Music Group

Music is played for pleasure, exploration and performance, ranging from pop, jazz, standards and classical. A new music group now meets weekly every Wednesday at SpringDale from 7pm – 9pm.

Felting

This is not a class but people coming together to enjoy felting. If you're not sure what felting is, just pop in for a look. Further information you can contact Julie on 0409 511 662.

Dates/times: 1st Saturday each month. 10am – 3pm

Making Waves

Play a tune, sing a song or recite a poem and bring along a musical instrument. Special guest acts.

Contact Jill Meehan 0431 606 476

Dates/times: 3rd Sunday each month.

2pm – 5.30pm. **Fee:** \$6

SpringDale Open Dance Band

The band usually meets weekly on Saturday afternoon 1- 4pm– musicians of various backgrounds who enjoy making music together and sharing their love of music with others. Open to all musicians contact Dennis for more details 0419 543 920.

SpringDale Community Garden

Currently on hold but there is a garden bed to watch at SpringDale log in to

www.springdale.org.au/garden_watch to see the plants growing

Business Services

SpringDale Business Breakfast

Open to business owners and traders, professionals who live or work in the North Bellarine. We bring together business people, local information, skilled speakers and an opportunity to get to know others in a similar situation.

Date/time: Monday 23 February 7am – 8.15am

Fee: \$15

Photocopying, Faxing, Scanning, Laminating, Binding, Offsite Backup and storage, Online file sharing, Small business webpage development and hosting. These services are available 9am-5pm weekdays and maybe available after hours and weekends by arrangement.

Document Signing Service

Wednesdays 10am – 12noon an Honorary Justice of the Peace is available to witness most documents excluding Births, Deaths and Marriage certificates.

This is a free service staffed by local volunteer JPs. Bus stop at front of building, waiting time minimal and parking available.

Non Springdale Classes and Groups

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention and direction.

Dates/times: Tue 3 Feb – Tue 24 Mar (8 weeks)

Fee: \$120

• 9am – 10am (ball class)

• 11am – 12noon

(beginners to intermediate floor class)

Thur 5 Feb – Thur 26 Mar (8 weeks)

• 6.45pm – 7.45pm (beginners to

intermediate/advanced floor class)

8pm – 9pm (beginners to intermediate floor class)

Fee: \$120 **Tutor:** Monique MacLeod

Phone to book: (03) 5251 2958

Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale.

Bellarine Woodworkers Inc.

All keen woodworkers have the opportunity to meet on the first and third Monday of the month at 1.30pm at SpringDale Neighbourhood Centre. New members welcome. Just turn up.

Karate

Art of Defence Australia teaches traditional Goju karate to children from 4 years old to seniors. Skills taught range from motor and social skills to balance, confidence, self discipline and leadership. Great care is taken to ensure that the student understands self defence is used appropriately. Free uniform on joining.

Dates/Times: Mon 2 Feb onwards 4pm – 4.45pm
First 2 lessons free

Fee: \$155 Primary aged students \$170 Secondary aged students (term fee)

Tutor: Art of Defence Australia

Phone to book: 0407 320 333

Venue: SpringDale

Tai Chi

Art of Defence Australia teaches Cheng Ming International style of Tai Chi Chuan. This is suitable for all ages 16 upward. The benefits of Tai Chi Chuan is the developed flexibility, stretching, and particularly balance. The 99 movement long form is taught along with specific exercises to strengthen core stability and balance. As a form of stress management, Tai Chi has no rival. Free uniform on joining. NEW TIME!

Dates/Times: Mon 2 Feb 6pm – 7pm

First 2 lessons free

Fee: \$185 Conc: \$170 (term fee)

Tutor: Art of Defence Australia

Phone to book: 0407 320 333

Venue: SpringDale

To attend SpringDale Groups you must be a member of SpringDale. Annual Membership \$12. Each group charges a small ranging from \$2 to \$12 per session.

Other SpringDale Services

Family Services

SpringDale Occasional Care

This will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself.

Sessions: Monday 8.30am - 1.30pm,

Wednesday and Thursday 9am – 2pm,

Tuesday, Friday 9am – 12noon.

Some subsidised places are available those studying Learn Local supported classes. (conditions apply). For further information please phone Occasional Care on (03) 5251 1627. Sessions run during school terms only. (We are hoping other funded opportunities will be available in the new year).

Drysdale Toy Library

Tuesday 4pm – 5pm. We have some fantastic toys to borrow (ages 0 – 6 years) so come along and see what we have to offer. Membership \$10 per term.

Portarlington Toy Library

Wednesday 8.45am – 10am. We have some great new toys thanks to a Bellarine Peninsula Community Grant. You might like to get involved or just use the library service. Membership \$10 per term.

SpringDale Family Dance Night

Next scheduled performance at the Family Bush Dance Saturday 17 January 7.30pm \$10 Adult, \$5 Child, \$25 Family – please bring a plate of supper to share. Ring Dennis 0419 543 920 for more information or to offer your assistance.

Ideas for new courses you might like to learn or you might like to teach *Data Backup, Developing a Marketing Plan, Political Advocacy, Sustaining our environment, Bokashi recycling, Lace Making, Make up Techniques, Cup Cake Decorating, Cake Decorating, Sushi Making, Face Painting for Beginners, Macrame, Car Maintenance, Running a Bed and Breakfast, Goat Keeping, Fingernail Painting, Glass Cutting, Fairy Floss Making.*

We are always on the lookout for something new to try please contact SpringDale 5253 1960 if you are interested in any of these or maybe if you have the skills to run them.

Our range of courses are diverse and dynamic and may change due to community requests. If you would like to be informed of these changes register your contact details with our office **5253 1960** or email **office@springdale.org.au**

Scheduled Fees: Courses at nominated rates.
Single Sessions: Incur a \$5 Administration Fee.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



Department of Planning and Community development



Department of Education and Early Childhood Development



Enrolment & Payment Conditions

ENROLMENT

To book into a class, **phone (03) 5253 1960**, or call in person, at **SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale, OR**
Email: **office@springdale.org.au**

- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.

- If there are not enough enrolments to successfully run a course it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

Privacy: The SpringDale Neighbourhood Centre

respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

Lions of Portarlington Drysdale Roar

The Lions Club members thank the Communities of Portarlington, Drysdale, St. Leonards, Indented Heads for your support throughout last year.

Your generosity allowed us to help those less fortunate living in our communities, as well as a host of community projects.

* We paid for 6 Primary School children to have a weeks holiday in January 2015 to the Licola Wilderness Village which is owned by Lions. These children were need of this adventure packed stay with 230 other children and were selected by the principals (2) from each Primary School -- Portarlington, Drysdale and St. Leonards.

* The Community raffle returned \$16k to organisations.

* 12 Christmas cakes were donated to the families who were recipients of Portarlington Food assistance program.

* Lions were a co-contributor of \$700 to the "2014 Christmas Gift" to 4 needy families and an 82 year old man.

* Lions club supports local youths in local schools with the Youth of the Year, Peace Poster, Primary Schools Toy Bank projects.

We look for your support in 2015 by donating goods for our GIANT GARAGE SALE held 29 March 2015

All manner of goods including household and outdoor items in good condition, furniture



(small items only), bric-a-brac etc. All proceeds go back to our north Bellarine communities. We regret that we are unable to accept electrical goods, mattresses, large furniture items.

To arrange goods to be collected phone Paul Bellizia on 0413 756 616 or John Emerson 0427 281 290

If you are community minded person and would like to join our Lions Club phone John 0427 281 290

Herb Picker

Can you sing?



2015 Bellarine Bussing Competition is the perfect platform for amateur artists or groups to showcase their singing or musical talents.

The free event is being held on March 8 at Point Lonsdale Bowls Club commencing 8.30am. Major cash prizes will be awarded so why not enter or come, support and listen to live local music.

Entry forms for performers can be obtained via the website

www.pointlonsdalebowlsclub.com.au



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Bellarine Agricultural Show - Sunday 8 March 2015 Volunteers needed

Call into the SpringDale Hall and pick up a brochure. The Handicraft section are offering several new sections, and more prizes, SHOW CHALLENGE: 50 Shades of Grey NO WAY!!! Patchwork - Novice and Junior Crafter, so be sure to browse the schedule. Entries for handicraft close 23 February, 2015. We would like to hear from anyone who would like to volunteer some time to assist us with setting up, and, behind the scenes over the course of the weekend. FREE PASS if you work 4 or more hours and lunch is included if you work the whole day.



If you are able to and like to help out please contact
Annie, via text on 0432 237 442
or email
annie@aintreegroup.com.au
with your details and when you will be able to assist.

7 February - 1 March

The Sustainable Living Festival



The Sustainable Living Festival raises awareness and provides tools for change by showcasing leading solutions to the ecological and social challenges we face. This year the festival continues engaging individuals and communities across Australia to host and promote sustainability events, extending the reach of the sustainability message to the cities, suburbs and streets of the nation.

Bendigo Bank Banishes Bumps

Thanks to a Community Enterprise Foundation grant from the Drysdale and Portarlington Bendigo Bank branches, St James Church car park in Collins Street, Drysdale has now been resurfaced with a new layer of gravel, and all the potholes and muddy puddles have been covered up. The gravel arrived on 11 December and the work to spread it took place on Friday 12

December, with lots of willing workers with rakes and shovels to fine tune the result. The photo shows some of those workers, plus a 'before' and 'after shot' of the car park. The parishioners and community groups who use the Hall are delighted with the generosity of the grant and the welcome improvement in safety by removing the bumps and potholes in the car park.

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to schedule an appointment that could change your life.*



Drysdale Clifton Springs Community Association

We believe the Association had a productive year in 2014 and continues to advocate for better conditions for all those who live on the Bellarine.

We have lodged a submission with CoGG for a scenic drive around the Bellarine. A suggested name is "Wathaurong Way".

The DCSCA along with many others were very pleased to find that both political parties had committed to the building of the Drysdale ring road prior to the election. Such a lot of work was done by so many, including the collection of a petition. We do thank all those who took the time to register their vote to have the ring road built.

We are currently very active, along with many others to oppose the building of another service station (at the Jetty Road roundabout), and have lodged paperwork with VCAT in an effort

to have the approval by CoGG overturned. We encourage everyone to sign our petition. There is almost universal opposition to the proposal and although there were 47 objections lodged, the permit was still approved. Hence the next step to VCAT. - Petition sheets may be signed at SpringDale.

Indian Myna bird traps. The DCSCA has appointed 2 coordinators to work with the Bellarine Catchment Network to roll out a trapping program for Drysdale and Clifton Springs. Please contact the Secretary if you are interested in becoming involved in the eradication of these introduced pests.

There is a lot going on at the Clifton Springs Foreshore at the moment. Currently there are works being done at the Clifton Springs Boat Harbour with an extended car park and a second boat ramp. CoGG has issued a design plan for the Boat Harbour which is included in this edition of the Messenger. DCSCA encourages everyone to "Have your Say" on the City of Greater Geelong website at <http://www.geelongaustralia.com.au/>

Drysdale Rotary Club



There is never a shortage of interesting speakers that visit our Rotary Club at Drysdale. Recently we had a visit from two local ladies Diane and Pam who represent an organisation called Day for Girls. Have you heard of this fantastic worldwide group?

We take sanitary care for granted here but girls in under developed countries do not have access to sanitary products. Now they have access to sustainable hygiene kits thanks to a small group of workers who meet monthly in Drysdale to do workshops making fabric kits that include knickers, soap, face washer, zip lock bags for washing the shield and liners also sewn together at these workshops (and in the homes of Pam, Diane and Karen) and all placed in a colourful fabric bag. Only started here in July 2013 this small band of women have made around 1000 kits. 1000 girls living in Nepal, East Timor, the Solomon Islands, New Guinea, Uganda, Cambodia and Malawi have been given dignity where previously they are considered unclean and cannot attend school or anywhere else at their time of the month.

How can you help? By making a donation of cash, cotton underpants, face washers, hotel soap, ziplock bags (27cm x 33cm), flannelette and patchwork fabric (must be new and very colourful).

These kits are personally delivered by people travelling to these places. No money is spent on sending via other means. There is a hope that the program can be extended to actually teaching the women in their own countries to establish their own businesses and their making life even more sustainable.

Call **Diane 0400 712 829** if you want to know where you can deliver the above.

If you wish to join the Rotary Club of Drysdale please call: **Bruce van Every 0409 149 025.**

The fishing platform that has been a long sought after facility is edging closer with further funding now available. There is also a study being undertaken to possibly create an Underwater Sculpture Park so that it would become a feature of interest and a tourist attraction.

The DCSCA Committee next meets at SpringDale on Tuesday 6 February @ 5pm. All Welcome

Membership of DCSCA cost only \$5 per year, should you wish to join and be better informed and involved in local issues please email the secretary as below.

Neil McGuinness Secretary.
mcgnj@bigpond.com

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The Lone Pine - A dedicated tree

The Lone Pine tree in this photo has more than doubled in size since it was planted as a seedling at an Anzac Day ceremony at Curlewis in 2011. A bronze plaque on the rock in the foreground bears the inscription *'Aleppo Pine, descendant of the original lone pine of Gallipoli. Presented by Legacy.'*

In November last year, several Flanders poppies were planted next to the tree in remembrance of all those who served in the Great War. The photo shows the Ocean Grove Barwon Heads RSL site at the Avenue of Honour, Curlewis, which is dedicated to fallen members of the armed forces from the Bellarine Peninsula. This area has been planted out as a joint initiative of the Friends of the Bellarine Rail Trail and the Ocean Grove Barwon Heads RSL Sub-Branch.

Located at the former Curlewis rail siding, which was one of several sidings/stations built along the Bellarine rail line after it was established in 1879, primarily as an integral part of the Port Phillip Bay defence system, supplying Queenscliff and other forts located



at the south end of Port Phillip bay. The rail line for many years carried not only military needs, but also passengers, outgoing farm produce and incoming supplies to local farmers and townships. It was finally shut down in the 1970's, a victim of more efficient road transport systems.

Fred Cook from the Friends of the Bellarine Rail Trail volunteer group, and Wally Gee from the Ocean Grove Barwon Heads RSL, are shown in the photo paying respect to those who have served in our armed forces.

Adjacent to the site there is now a shelter from the weather, a picnic table and water fountain, all provided by City of Greater Geelong for users of the trail, together with signage telling of the history of this former rail siding.

Submitted on behalf of the Friends of the Bellarine Rail Trail Inc. by Peter Cowden, 168 Country Club Drive Clifton Springs 3222 (03)5251 3319

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Garden *cover-up*

In the hotter months, mulch is an essential part of the garden, protecting plant roots from drying out and overheating. Without it, soil can form a water-repellent crust which is almost impossible to wet. Mulch also saves a lot of weeding and provides a good environment for earthworms and beneficial soil bacteria to thrive.



Pea straw is a good all-purpose mulch for the vegie garden.

Coarse or fine?

Fine mulches are useful around seedlings because they won't swamp them. They will break down quite quickly and need replacement.

Coarse mulches last longer. I usually wait until plants are well established before applying them. Alternatively, you can apply the coarse mulch first, then pull it apart to uncover the soil, forming 'nests' to plant seedlings or large seeds into.

How much?

This depends on whether you're using a coarse or fine mulch. For fine mulches, about 2cm is enough. For coarse mulches, you could go to 10cm or more. But see the advice about application, below.

How do I apply it?

Water the soil before you mulch (even better: mulch after rain), then water again after you've applied it. Otherwise, you'll have a dry soil surface which may become water

repellent. If you're using a bale of straw, don't tear off thick pads and stick them on the ground – they will be about as water-permeable as pavers. Instead, pull the straw apart so that it is loose and fluffy.

What type?

There are many types of organic mulch and everyone has favourites. I use a lot of lucerne and pea straw. They contain nitrogen, which will feed the soil. Bear in mind that a thick pad of lucerne can get hot underneath – hot enough to cook your plants! If used carefully, however, lucerne is excellent. The strands tend to lock together, making it harder for those pesky blackbirds to throw around.

Other possibilities include sugar cane waste, grass clippings and seagrass. Woodchips, because they are slow to break down, may be suitable around fruit trees and shrubs, but not around annual vegies.

Sheets of newspaper under straw make a very good weed suppressant. You can build up a no-dig garden on top. But that's another story ...

Inaugural Norma Mortimer Classic



The Inaugural Norma Mortimer Classic was recently held at Drysdale Bowling Club. The weather was kind and 72 lady bowlers enjoyed the competition. Gail Edwards' team from Lalor were the winners, pictured with Anne Brackley who presented the trophies on behalf of her mother.



Bellarine Peninsula in the early days was the food bowl for Melbourne and beyond. Peas, jam melons, onions, garlic, asparagus, potatoes, variety of pumpkins, milk and milk products, grain was all grown on the Bellarine.

When the season came round the pickers would turn up to harvest and bag peas, potatoes etc and cart hay. They would stay in disused miners' huts around Drysdale.

An annual Flower and Vegetable show was held in the Community or Assembly Halls in which the community displayed veges, flowers and produce it was the forerunner of the Bellarine Show and the awards were similar.

There were running and horse races were held on the same day behind the Drysdale Hotel. One of the horse races was walk a mile, trot a mile and canter a mile. Kel was in one of the galloping races. Ces Bennett, Colin Kingsbury and Max Burnett were a few who participated in the running and cycling races. Many people came from all over the Bellarine to participate.

There was a barbeque behind the hotel – it was a great day in Drysdale.

Kel Davis and Anne Brackley scribe.



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Children with cancer set to benefit from Geelong Trucking Convoy

Children with cancer and their families will benefit from Geelong's first ever trucking convoy, coming to the city on 15 February.

The Geelong Camp Quality Volunteer Group has gained approval from the City of Greater Geelong to run the convoy which will start at Avalon Airport and finish with a family concert at the Geelong Showgrounds.

The convoy will raise funds for Camp Quality, a national charity aiming to create a better life for every Australian child living with cancer.

The Geelong group's President, Graeme Reid, said it was exciting to have the event come to Geelong. The Geelong region hosts regular Camp Quality activities throughout the year, including family days at the Adventure Park near Ocean Grove.

People who own trucks or motorcycles of any shape and size are encouraged to take part in the event with a number of local businesses already involved in supporting the event. Also, Camp Quality will be hosting a gala auction evening before the convoy, at Ritchie Bros auction house in Lara.

Mr Reid said anyone interested in taking part in the Convoy, sponsoring or donating items for the auction night, could contact him on 0400 225 853.

"We want this to be an event the Geelong community can be really proud of and we're already looking forward to seeing the smiles on the kids' faces when the convoy gets underway," he said.



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Looking for a game of netball?

You've come to the right town. Whether it is senior, junior, ladies, mixed, club based or individual teams....it happens in Drysdale.

2014 was the first year Peninsula Netball Association and Drysdale Football Netball Club worked together as co-tenants of the netball courts in Drysdale Reserve. Both groups have long, proud histories of providing netball to players on the Bellarine Peninsula. Changes in council facility hire and restructuring of netball in general has brought the two groups together, with promotion of netball being their common goal.

Peninsula Netball Association conducts competitions throughout Spring and Summer that are more social and suit all playing abilities. An 8 week ladies and senior mixed evening competition is about to kick off on Wednesday 4th February. Why not follow through with some of those New Year

resolutions and organise a group of friends into a team. Our spring competition is much broader, catering to junior, senior, ladies and mixed teams. New faces would be welcomed to the AGM on Monday 2nd February.

Find us on facebook for current updates.

Pam Rawson
for Peninsula Netball Association

Drysdale Football Netball Club follows the local Bellarine football competition, playing on Saturdays throughout Autumn and Winter. Player development is provided for both senior and junior ladies in an inclusive club setting. Being a progressive netball club, various opportunities exist to train as an umpire, follow player pathways to elite netball or pursue coaching. Pre season training will commence late January.

For further information contact
Michelle 0400 939 638



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Portarlington DEMONS Football Netball Club Inc.

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If you are interested in this special offer and would like to register please contact junior coordinator Carla Smith for further details on 0481 169 266.



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Why? Because at Portarlington and Drysdale **Community Bank®** branches we understand that banking is about more than just money. It's about the good that money can bring.

Portarlington and Drysdale **Community Bank®** branches has contributed more than \$1 million to local community projects and organisations.

And we're committed to helping make the Northern Bellarine community bigger and better.

So make a difference to your community. Join us and be part of something bigger.

Drop into your nearest branch at 44 Newcombe Street, Portarlington and 1/13 Hancock Street, Drysdale or phone 5259 3266 or 5251 2383.



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Portarlington and Drysdale **Community Bank®** branches