

Great Family Fun



13th
• FEBRUARY •

VALENTINE'S EVE

★ BUSH DANCE ★

Dance Caller David Rackham

Saturday 7.30pm \$10 - Valentine's Theme



**So much on offer
at SpringDale.
Please drop in
and pick up your
course guide now.**



Community CALENDAR

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.
If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE March 2016 • **Bookings/copy required by** 1 Feb • **Dist:** Sat 27 Feb • **Circ:** 11,000

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am - 5pm and by appointment.

FEBRUARY

Thursday	4	Diabetes Support Group at SpringDale 2pm
Saturday	6	Harvest Basket Produce Swap at SpringDale 9am – 10.30am
Monday	8	Diners Group, Drysdale Village Pizza, 6.30pm
Tuesday	9	Public Meeting – Victorian Electoral Commission – Council Ward Boundary Review, SpringDale, 7pm
Tuesday	16	Moroccan Cooking Demonstration 11am
Saturday	13	Family Bush Dance at SpringDale 7.30pm
Sunday	14	Valentine's Day
Monday	15	Clifton Springs Garden Club, Uniting Church Drysdale, 7.30pm
Saturday	20	Antiques and Collectables Fair at SpringDale 9am – 4pm
Sunday	21	Festival of Glass, Christian College, Drysdale 10am – 4pm
Sunday	21	Drysdale Market 9am – 1pm
Friday	26	Moroccan Cooking Demonstration, 6pm
Monday	29	Business Breakfast at SpringDale 7am

**Bookings &
copy required by
1 February for
March 2016
issue**

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Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:





Coordinator's News

Anne Brackley



I'm so excited – a new year to share with you – just think of the great things we'll be able to do together. I've had some time off, caught up with sleep, watched some DVDs, visited the doctor, caught up with family and some friends and even enjoyed a short holiday.

Hope you made time to visit some of the exciting shows and regular displays and opportunities that happened during January. It was fun to see all the cars cruising around Drysdale and the Bellarine in early January, you might think about preparing a car to participate in for next year. If you are interested you might talk to Mark at Autopro Drysdale about participating in 2017.

SpringDale was alive with art on display for almost the whole of January. This was a great way for us to showcase local artists and enable thousands of people to visit SpringDale, maybe even for the first time. Thanks to the artists who made this possible and gave our community the opportunity to enjoy some local art.

Every week I meet with people who have an idea and as per the SpringDale Vision – where ideas grow and people flourish, we try to help shape ideas into something that our community might like to participate in and enjoy. At a meeting yesterday I was talking about my role in the process and I was likened to a community midwife. I'm happy to accept this title and remember fondly the role that midwives have had in my life. I hope I can live up to this title.

Sometimes people come forward with requests and this helps when I'm trying to be an adoption agency not just a midwife! Before Christmas a lady approached me with a request for a knitting class and during the holidays a lady came forward with the opportunity to run knitting classes – I love my

job! So please let us know what you would like to do.

Our Annual Report is available from SpringDale and on our website and we would like to welcome Jan Ward onto the SpringDale Committee. Jan has only lived here for a short while but has become an active member of our Business Network and our Dining Club. We look forward to the skills, expertise and interest that Jan will bring to our Committee.

Please consider being part of our team interested in Innovation and Entrepreneurship. Over the last 12 months we have been researching innovative ideas and how to teach these skills. We will need people to help us to pilot and test these courses as they are developed.

Thank you to everyone who has purchased Kel's book *Kel's Corner* and my children's book *Have you seen the Bunyip lately?* The proceeds from the sales of these books are being used for the SpringDale Kitchen redevelopment. Our kitchen is used widely and is desperately in need of upgrading to be able to allow it to be employed even more widely.

Thanks again for your words of support. Almost every day people let me know how much you love our Messenger and our activities. Please thank our advertisers, when you use their services, because this will help them know that you have seen their ad and it is making a difference. We need their support to be able to afford to bring this free magazine to you.

Have a great 2016 and just imagine what fantastic things we can do together – I'm excited!

Anne Brackley

on behalf of the SpringDale team.

Business Network Breakfast

Monday \$20
29 Feb. Mark this date in your diary today!
7am start



It's all about your business

SpringDale Business Breakfasts started more than 10 years ago after requests from some Business owners who felt there was a need and an opportunity to bring businesses together regularly to talk about business issues and plans.

We have taken this responsibility very seriously and have tried to provide guest speakers who may be of interest to the wide variety of business owners that attend. But for this coming breakfast on Monday 29 February our plan is for each business owner present a 15 second elevator pitch to all of us present. It will be timed and to ensure it can be done in the time limit you will need to have practised it. So for this breakfast you will need to book in and also come prepared.

Please bring business cards to swap, ideas for future events and also feel free to have some of your products or services to display. All welcome.

Phone SpringDale on (03) 5253 1960 and reserve your place now!

Course Update



What iPad or Tablet should I buy?

This session will focus on the issues for purchases to consider before making a decision. Also the positives and negatives of each type.

1 session - 1 hr Monday 15th Feb at 5pm.

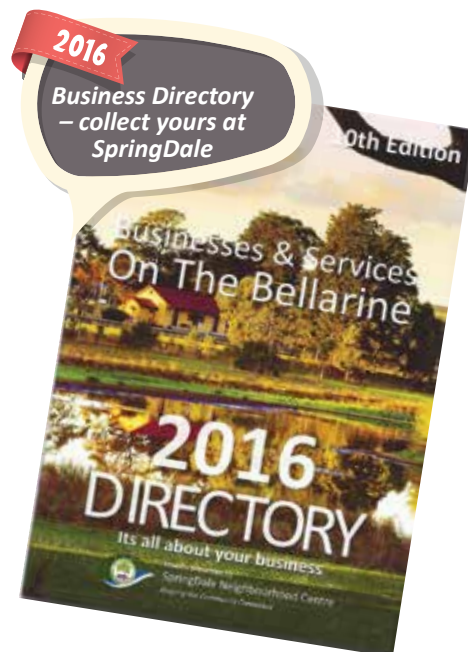
PIANIST WANTED

Volunteer serious pianist who can play Schubert, Brahms and Mozart to accompany light opera singer for scheduled performances at SpringDale Neighbourhood Centre.

Please call SpringDale Office on 5253 1960.

SpringDale Membership

SpringDale Membership renewals happen in February each year. It is \$12 per year or \$100 for whole of life. SpringDale Membership allows community members to be eligible to be part of and participate fully in our SpringDale Groups be it the Jigsaw Group, our Singing Groups, our Writing Groups, our Toy Libraries, or any of our other groups. Please ensure that when you renew your membership that you update your email address so we can easily get information to you. If you are becoming a member for the first time, welcome. We appreciate that many people become members because they want to be part of SpringDale. All welcome.





Bellarine SES Headquarters Upgrade

In late November, I joined the fantastic members of the Bellarine State Emergency Service unit to inspect the upgrade and extension works currently being undertaken at their headquarters in Grubb Road.

The works include the construction of a new shed to house emergency vehicles, trailers and boats, together with the refurbishment of the current building to increase and improve training facilities. The training room doubles as the emergency control room centre in the event of an emergency.

These important works are the result of a \$100,000 election commitment of the Andrews Government, although with the support of the Minister for Emergency Services, I was also able to secure an additional \$50,000 to ensure the facilities when complete will fulfil the requirements of the SES not only now, but well into the future.

I thank the Bellarine SES volunteers for the

important work they do and I look forward to the opening of the new facilities in the not too distant future.

\$3.5 Million for Drysdale Sports Precinct

On Monday 7 December I was pleased to announce the Andrews Government's \$3.5 million dollar funding for Stage one of the Drysdale Sports Precinct has now been made available, enabling planning works between the State and Council to commence.

This is great news and very much welcomed by the clubs who were on site for the announcement. There had been some delay and frustration earlier in the year whilst Council clarified their funding commitment to the project.

Stage one of the project will deliver a premier cricket/football oval, multi-use fields for other sports including soccer, sport lights, car parking and a pavilion.

I now look forward to the works beginning

with the goal of clubs being able to use the facilities by 2018.

Finally on behalf of my staff and I, I take this opportunity to wish everyone a happy and healthy 2016.

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP
Member for Bellarine

lisa.neville@parliament.vic.gov.au

[Twitter@Lisanevillemp](https://twitter.com/Lisanevillemp)

Ph; 5248 3462

LISA NEVILLE MP MEMBER FOR BELLARINE

For assistance on any issue please ring the electorate office on
(03) 5248 3462



Lisa Neville MP

lisa.neville@parliament.vic.gov.au
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(old Post Office) Ph: 5251 3453**

Letters to the Editor

How to Read Music

I would like to suggest that SpringDale Neighbourhood Centre introduces a "How to Read Music" course in its list of courses this year.

I realise it depends on if a tutor can be found and level of interest in the community.

I know it would be of great help in my singing with the Bellarine Choir. It also makes it more interesting and enjoyable when music can be understood.

I hope my suggestion comes to fruition.

Eleonora Symmonds



Proudly printing this magazine for you, on the Bellarine.

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Thank You

On behalf of the Clifton Springs Garden Club, I would like to thank SpringDale and the SpringDale Messenger once again for their support over the past twelve months. Our Club appreciates you finding space to include any articles and photographs that we send in. It is truly a community publication. The Committee are working on another interesting Calendar for 2016 and I look forward to sending you more articles on what the Club is doing which I hope your readers will enjoy and who knows maybe it will inspire them to come along to one of our meetings.

Helen Allan

Secretary - Clifton Springs Garden Club

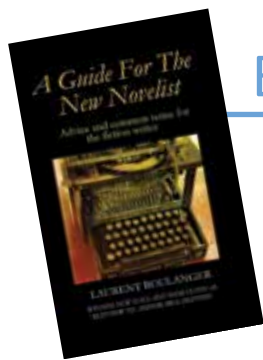
The SLR Digital Photography Course

The SLR Photography Course at the SpringDale Neighbourhood House far exceeded my expectations. George Stawicki's expertise was impeccable and he managed to debunk years of confusing camera gobbledey gook; the course definitely re-ignited my passion for photography.

Fiona Hackel

Portarlington Golf Club
Administration & Marketing Manager

Send your letters to:
messenger@springdale.org.au



Bellarine Books Welcomes New Authors

With large publishers now focusing on international bestsellers, less local titles, poetry and literary novels are being published. Important works like Kel's Corner would not have seen the light of day if not for the rise in independent publishing through digital technology.

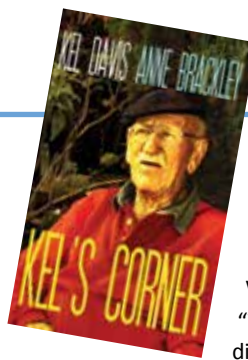
"We have seen an amazing publishing revolution in the past five years," says Dr Laurent Boulanger, multiple award-winning author, academic and founder of Bellarine Books. "There is a need to focus on local and Australian new works, otherwise we risk eroding our cultural identity forever."

An imprint of Lake Ozark Press, an Australian-owned small press operating both in the USA

and Australia, Bellarine Books focuses on Bellarine and Geelong-based authors.

"When Anne Brackley approached me with Kel's Corner, I was taken back by how much of Kel's historically-significant stories would be not be passed on to future generations if unpublished," says Laurent. "The cultural significance of Kel's work should not underestimated. Kel's Corner is now available worldwide through all Amazon stores and can be ordered at any book store in Australia and abroad. We even have an eBook version. I'm very proud that in partnership with the Centre, we have been able to bring this work to a wider audience and future generations."

Bellarine Books welcomes submissions for novels, non-fiction, novellas, poetry and



just about anything else that can be put into a book form. If your book is out-of-print, and you would like to see it published again, you're more than welcome to submit it for consideration.

"We've teamed up with Australia's largest digital publisher," Laurent says, "so we can even arrange authors signing events with a lead-time as little as seven days." Laurent also runs a monthly workshop at the SpringDale Neighbourhood Centre, where you are welcome to bring your writing and discuss your publishing goals.



Contact via email BellarineBooks@outlook.com or call 0490 379 845. PO Box 303, Drysdale 3222.

Cheers, Laurent

SpringDale Dining Group

During the last 18 months more than 70 people have participated in the adventures of the SpringDale Dining Group as we have dined at many different restaurants, hotels and wineries. We have invested, as a group, more than \$15,000 into the local economy. Many people have found the Dining Group to be great way to meet people and enjoy an evening out a month. Our February dinner will be on Monday 8 February at the Drysdale Village Pizza.



Please ensure that you email office@springdale.org.au or ring (03) 5253 1960 to reserve your spot.



POTATO SHED 2016 Season Programme

MORNING SHOWTIMES start 10.30am, \$15pp - Morning Tea incl.
8 Mar, 26 Apr, 17 May, 14 Jun, 19 Jul, 20 Sept, 11 Oct, 22 Nov. **BOOK EARLY**

ENTERTAINING & POPULAR SHOWS
Starring renowned actors and TV stars. Shows for all ages.

HOLIDAY ACTIVITIES & SHOWS FOR THE FAMILY
Family Fun Days, kids activities and shows starring kids favourite performers.

Collect your programme for 2016 Season at the Shed

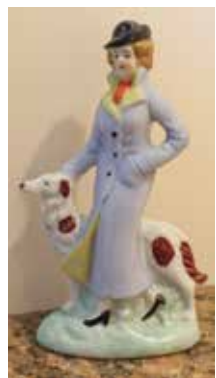
Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.

The Potato Shed, Bellarine Multi Arts Centre
is located at 41 Peninsula Drive, Drysdale Ph: (03) 5251 1998

find us on 

 WWW.GEELONGAUSTRALIA.COM.AU

SpringDale Second Antique & Collectables Fair



Bringing Sellers & Collectors of Antiques Together

SpringDale Neighbourhood Centre recently held our inaugural Antiques & Collectables Fair. A great time was had by the sellers and the folk who came along and supported this event, even had a fine old 1933 Chrysler Vintage Car, at the front entrance to meet and greet.

The stallholders presented an exquisite array of beautiful plates, fine china, ornaments and furniture. The memorabilia stall was a collector's delight with coins, medals, and collectable cars.

The next Antiques & Collectables Fair will be held on Saturday 20 February 9am – 4pm.

We extend an invitation to the community to join in the success of our initial Fair and express their interest as to joining in as stall holders or do come along and enjoy the range of beautiful antiques, and wonderful range of collectables.

Also, we announce that there will be a book signing by Kel Davis the author of Kel's Corner, which is being well received by many members of our community.

Please join in with us and browse again and see the extensive range of antiques from the exciting world of past antiquities and treasures.

Cecilia Marson



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DCSCA initiated the Festival of Glass in 2011 as a way to boost the area's profile and to contribute to the social, cultural and economic life of the community. A committee of volunteers runs the Festival.

New Festival attractions

Each year adds at least one new attraction to the Festival and the 2016 Festival will add three – a Treasure Hunt, a Bottle Appraisal and a Masterclass. The Treasure Hunt starts on February 1st and ends on Sunday February 21st at the Festival Expo with a draw for prizes. The Bottle Appraisal workshop is run by the Bellarine Historical Society on Sunday 14th February, offering expert appraisals of those old bottles that have gathered dust in the shed!

Several local 'bird-related' groups have helped the Festival to create a Masterclass on Friday February 19th, 7 – 9pm at Leura Park winery. Renowned glass artists Peter Minson and Mark Elliott will each create a glass replica of

the locally endangered Orange bellied Parrot and Hooded Plover, while a Wathaurong elder gives an indigenous perspective on the birds and their habitats. The glass birds will be auctioned on the night to support local efforts to save the two species from extinction.

The 2016 Festival Expo, Sunday February 21st, 10am - 4pm at Christian College, Drysdale, includes new exhibitors to visit and new demonstrations of glass working techniques; followed by new classes in various forms of glass art. Expo visitors can help to create a glass mosaic and a glass bead-woven hanging, each featuring the Orange bellied Parrot and the Hooded Plover. They and the blown glass replicas will tour the region after the Festival.

A call for billets

Some of the glass artists will travel far to be part of the Festival and last year several local households enjoyed billeting an artist during their stay. If you could offer a billet for a night or two, we'd love to hear from you 0418 371 308.

Contacting DCSCA:

P.O. Box 581, Drysdale, Vic. 3222; or
dryclift@bigpond.com

For up-to-date news, please visit DCSCA's blog
- drycliftdays.blogspot.com/

SpringDale Small Business Help

The Point-Of-Sale system you use will determine the quality of business information you get back from that system.

Big business can afford custom software packages that detail sales up to the minute, by product, by category, by supplier, by store, by register, by type of customer and any other metric that is important to the management for effective decision making.

Alternatively, a small business just starting out, might start with a paper system and calculator to get the total sales for each day of trading.

No matter where your system is between these two extremes, you should regularly examine how you can upgrade your systems - with a view to getting more information back. Good sales data should provide you with sales volumes, broken down by many variables.

Good sales data could tell you which month is best for advertising air-conditioners, or which members of the sales team need to be congratulated, where do your clients find out about you, what postcode do your clients come from. Once you know these things you can identify your best clients - and this makes it easier to find more like them.

Jonathan Harris - 0417 336 621

art, craft & industry

2016 festival of glass

SHOWCASING Glass FOR 6 YEARS

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e: festivalofglassdrysdale@gmail.com

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Monday 1 February – Sunday 21 February

Glass Art Treasure Hunt See Festival website for details

Friday 19 February 7pm – 9pm

Glass Masterclass

Leura Park Winery, 1400 Portarlington Road, Curlewis.

Watch two master glass artists create replicas of local birds; hear an indigenous perspective on their habitats.

Sunday 21 February 10am – 4pm

Glass Expo

FREE Admission



Enter the Festival's **Glass Art Awards** for Sculptural, Functional and Wearable glass art and for glass-related photography.

Monday 22 to Thursday 25 February

Glass Art Workshops



Attend Festival workshops by local glass artists. Topics include kiln-forming glass, glass flamework, beadweaving and mosaics.

Sponsors/Supporters of the Festival of Glass



RSL Member Profile



Kevin Davis

Kevin Geoffrey Davis was born in Geelong on January 3rd 1945. He has always lived in Drysdale. Kevin attended Drysdale State School at a time

when there were only 68 pupils and he then attended East Geelong Tech.

After leaving school Kevin worked on Anderson's dairy farm, where he mainly undertook tractor work, however he also helped with milking cows, planting and harvesting, until he was called up for National Service in 1965.

Kevin trained as an Infantry soldier with 2RTB at Puckapunyal. After graduation he was posted to 7RAR for duty overseas.

Kevin married Pam Lawn on 15th January 1966.

On hearing he was to go to serve in Vietnam, the people of Drysdale gave him a send off on 24th September 1966. This was held in St. Thomas' Hall, where was presented with a leather writing case, which he still has today.

Following the Battle of Long Tan, Kevin was sent to Vietnam as a reinforcement with 5RAR. He flew from Sydney to the American base in Vietnam. While there he was based at Nui Dat and served on Battalion Headquarters as an escort and forward scout. During this time he took care of Captain Peter J Isaacs and was involved in search and destroy missions. Sadly on one of these missions he lost his best mate. They had joined up on the same day and went over to Vietnam together.

During his time in Vietnam he received many parcels from the Drysdale R.S.L Women's Auxiliary, which he shared with others in the camp.

The soldiers were allowed one week R&R. Kevin chose to spend his in Hong Kong with an American mate. Kevin then returned to duty in Vietnam, before beginning his journey home aboard the HMAS Sydney on 30th April 1967, which berthed at Garden Island on 12th May



1967. There was a welcome home gathering in the park with the first people to talk to Kevin being his neighbours of many years, Joyce and Harold Williams.

Joyce phoned Pam in Drysdale to say they had seen Kevin. On his arrival home that evening Pam announced she was about to have their first child. Karen Louise was born the very next day, on Saturday the 13th. They also



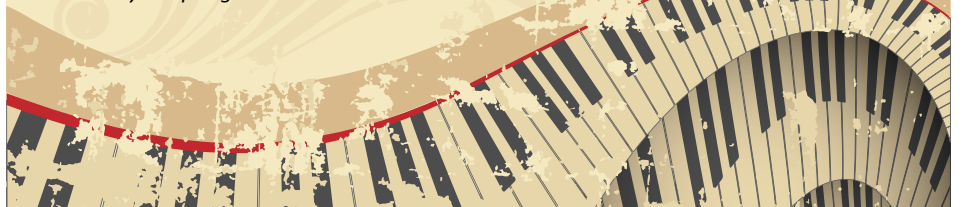
have two sons, Darren and Gregory, and nine grandchildren.

Kevin has been a valued member of the Drysdale R.S.L. Sub Branch, serving as a committee member for many years.

Afternoons with Henry

Our first afternoon went so well with Henry's voice and wide choice of anthems, carols and songs were so well received by an attentive audience. We would like to make this a regular event but we are in need of an accomplished pianist who would love to perform monthly with Henry. Hoping there is a person in our community who would appreciate this opportunity to keep their skills in number one condition and would like to share their love of music with Henry and with our community.

Please register your interest in being part of this activity at SpringDale.



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Funerals



Knitting

Knitting is an ancient art passed from one generation to the next, often at a grandmother's knee. But sometimes there is a gap in the generations and the knowledge is lost. Reconnect with the simple technique of knitting to create amazing modern items like a Tardis-inspired iPad cover or a cupcake baby toy. Basic techniques, simple projects, happy knitters.

Claire Duffy has been a knitter for over forty years and has a mighty collection of yarns, patterns and inspiring ideas. She is not a grandma yet but she's willing to give it a go and pass on her years' of knowledge. Some of her projects include garments, scarves, socks, blankets and many more. Claire is a passionate knitter who knows that knitting improves brain function and invigorates creativity.

New class - Knitting Basics I - What I wish my grandma taught me

Please register your interest in this new class with SpringDale on 52531960



Card Making Classes

Come and join me for a fun afternoon of crafting! Complete two projects to take home - one birthday/greeting card and one seasonal card. Specific cards can be made on request. All supplies provided.

Monthly card making class on a Monday 1pm - 3pm, beginning 1st February

\$10 per person

Jessie Holton

MollyPossum Creations

mollypossum.blogspot.com.au



Drysdale Village Fish & Chips

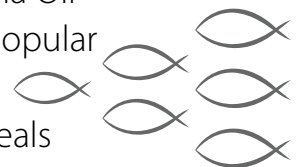
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biz.onthebellarine.com.au/drysdalevillagefishandchips/

EGGPLANT or AUBERGINE

Eggplant season January - July! Long, short, round or egg shape, dark pink, purple, striped and white eggplants. Fresh off the bush they are all glossy and smooth skinned. Inside, the spongy flesh is white to creamy-white with many small edible seeds. The flavour is the same no matter what shape or colour and most have had the bitterness bred out of them (no salting required to extract the bitter juices).

A good source of dietary fibre with low carbs, eggplant is low in calories and sodium and can also be counted on to deliver plenty of minerals. It contains the phytochemical monoterpane that may be helpful in preventing the growth of cancer cells.

Choosing Eggplant

Select those with smooth, firm, satin-like, shiny, glossy, skin. Avoid any with brown or soft spots and dull skin.

How to Keep Eggplant

Store in the vegetable crisper or in an unsealed plastic bag in the refrigerator. Use as fresh as possible.



How to Cook Eggplant

The eggplant is used around the world. The recipes to stuff, grill, bake, roast, stew and cook them are many and varied. Depending on personal taste, they can be used with Indian/Asian flavours like curries or they can be roasted whole, sliced and grilled or barbecued with fresh herbs and drizzled with extra virgin olive oil then tossed in pasta salad, or in sandwiches the next day with cheese and lettuce.

Folklore and Oddities

Because eggplant is such an integral part of Turkish cooking, the fruit may appear in practically every course. A foreign visitor in Turkey once asked at the end of the meal, "just plain water, if you please, without eggplant."

Eggplant is so integrated into the Middle Eastern cuisine, the fruit is even prominent in a popular quote: "To dream of three aubergines is a sign of happiness."

Another folklore is that before they married, young women had to know how to cook eggplant in 40 different ways.

Quote: "The only thing I like better than an eggplant burger is a chocolate-covered eggplant burger." Anonymous

Agata hopes to use the kitchen at SpringDale to test recipes for her new book - Eggplant 101 (101 recipes to use eggplant).

If you are interested in cooking and taste-testing eggplant recipes please register your interest by email: ag@amorecucina.com.au



It's this lovely time of the year when tomatoes, zucchini, capsicums and pumpkins are growing in many family gardens. This recipe is a creamy blend - made with what's in the garden, pantry or fridge - or left overs from a party or BBQ. If using barbecued vegetables - they will add a lovely smokey flavour.

This is just a guide - depending on how big and how many "left overs" there are. However, this is probably an approximate 2 cups - half cup per person (for 4) for bruschetta.

Rustic Bruschetta Blend

Some or all ingredients blended make a delicious spread for many uses.

- 4 fresh Tomatoes roasted, grilled or barbecued or 10 sun-dried tomatoes
- 12 Olives (in a jar or from the deli)
- 1 Eggplant sliced, roasted, grilled or barbecued
- 8 pieces of Artichoke preserved (in jar or from the deli)
- 2 Capsicums roasted, grilled or barbecued
- 2 Zucchini's roasted, grilled or barbecued
- 4 cloves Garlic fresh or roasted, grilled or barbecued

Use a beautiful extra virgin olive oil and blend individually for a smooth paste.

Gently blend it all together to make a creamy spread.

Top with herbs (fresh basil or oregano etc) and cover with extra virgin olive oil to store in the fridge.

Add yoghurt or creamy cheese to make a dip.

Alternatively a dollop:

- in pasta or rice salad
- spread on toast and topped with a mild cheese or ricotta
- spread on pizza base - topped with your favourite cheese, salami etc
- on cauliflower or broccoli
- on fish
- on roast chicken
- as a dipping sauce for sausages or meatballs

Agata Commisso



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Moroccan Cooking Demonstration

*If you love spices,
this is priceless,
as it's not about me it's about the spices.*

*If you love to cook,
you might be hooked,
on the Moroccan nicest.*

*If you love good food,
and you're in the mood.*

*Taste a dish with the culinary known
preserved lemon.*

You never know you might just go to heaven.

*Moroccan spices are aromatic,
but don't be pragmatic.*

*Moroccan food is not just thrown together.
The Food is cooked for your leisure.*

*Come and enjoy a dinner.
Sorry you won't get any thinner.*

or

*Come and enjoy a lunch.
Hum now that's a hunch.*

Hi I am Toni-Anne and with SpringDale Neighbourhood Centre, I will be doing Moroccan Cooking Demonstrations.

You will learn how to cook the Traditional Moroccan Dish "Chicken with Preserved Lemons and Green Olives".

Dates: Tues Feb 16th for lunch. 11am-1pm

Fri Feb 26th, evening, 6pm-8pm.

Cost: \$25.00 for 2 hours

Limited numbers, book now before sold out.

Call SpringDale Office
on 5253 1960
to book.



Other Demonstrations Coming Up:

How to make Moroccan's Preserved Lemons.

A meal will be served, while you're preserving your lemons to take home.

How to cook Couscous the old fashioned way.
Vegetarians are welcome.

DIABETES Support Group



It was wonderful to see new faces at the Diabetes Support Group in December. Kelly Rossman, our Peer Support representative from Diabetes Victoria attended and shared information packs with members.

In the lead up to Christmas everyone with diabetes gets a little anxious wondering about what to eat on the day. We discussed how we can enjoy the holiday period as quality time with family and friends, eating slowly and mindfully and doing extra exercise by going for a walk in the cooler times of the day.

Another reason for us to control our diabetes is that studies and researchers continue to study the connections between diabetes and

Alzheimer's. It has been proven that managing blood glucose (sometimes with medication), making healthy food choices and staying active protects the brain as well as the body.

Coming up in future meetings we hope to have speakers to help guide us through to better health all year round. If you cannot make it to a meeting but would like the support information, you are welcome to drop in and pick it up.

The next meeting is Thursday 4th February at 2pm at SpringDale in the Foyer.

Don't forget there are always updates on the Facebook page: <https://www.facebook.com/DiabetesSupportBellarine>

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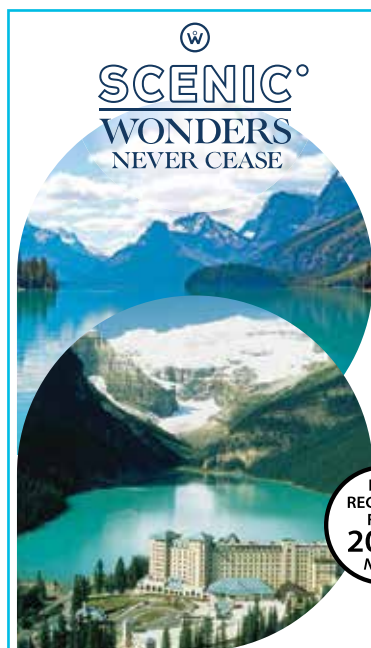
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* Conditions Apply

Too many Lemons?

One of the great things about growing your own fruit and veg is that you can plan to produce 'little and often' so that you get a constant supply of fresh food throughout the year. However sometimes plans go awry, and you end up with more than you can eat, preserve or even give away. Here are some ideas for putting your surplus to good use.

Too many tomatoes?



Drysdale Harvest Basket. Bring what you have too much of, take what you feel is a fair exchange. Our produce swap and edible gardening group has over 60 member households and offers events every month. To become a member, email jill@drysdaleharvestbasket.org or sign up at one of our swaps: first Saturday of every month, 9–10.30 a.m. at SpringDale Neighbourhood Centre, Drysdale. For further details: drysdaleharvestbasket.org or find us on Facebook.

Bellarine Community Farmers' Market.

Let organiser Sally Waites and her crew turn your surplus into cash at this friendly produce-only market. It runs on the third Saturday of every month at Ocean Grove Park, 9 a.m. to 1 p.m. Contact Sally on 0418 141208 or email sallywaites@gmail.com.

More eggplants than you can eat?



Tuckerberry Hill Farmers' Market. It runs every weekend at Tuckerberry Hill, 35 Becks Road, Drysdale. Drop off your fresh produce on Saturday mornings from 7.30. Set your own price and let Tuckerberry do the selling for a straightforward 10% commission. Email Chris for further details: tuckerberry@bigpond.com.

Bellarine Produce Barn is hosted by Bellarine Estate Winery, 2270 Portarlington Road, Bellarine. It operates in a similar way to Tuckerberry but prior registration of producers is required. Go to buybellarine.com.au for further details.

Bellarine Backyard Bounty. This is a Facebook group whose 200+ members across the Bellarine Peninsula can swap, sell or give away their surplus produce to each other. Set terms and agree pick-up details yourself.

Drysdale Harvest Basket – swap produce, forge friendships



A profusion of pumpkins?



Drysdale Food Bank. The Drysdale Food Bank operates out of the Drysdale Community Church to support local families in need. It now accepts donations of fresh produce. Contact Family Support on 5253 2099 for further details.

Spare Meals Geelong. This is a Facebook group offering home-cooked meals to anyone who is in need. Donated items are cooked up and offered for free to members needing assistance. If you have overloaded fruit trees, for example, this is a great way to make sure your harvest isn't wasted.

Drysdale Harvest Basket – swap produce, forge friendships.

Small amounts of product may be taken to SpringDale for community use.

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Happy New Year to all the gardeners out there, we hope your garden has survived the little heat wave that we have had. The Clifton Springs Garden Club is looking forward to another busy and interesting year of topical speakers at our monthly meetings, bus trips to gardens that are not quite so easily accessible to the individual and other interesting outings that come along during the year. Clifton Springs Garden Club's Meet & Great Person Simon is always on hand to welcome both visitors and new members alike to our monthly meetings and non-members are also welcome to come along on any of our outings throughout the year.



Our first meeting for 2016 is on Monday 15th February where we will discuss the proposed calendar for 2016 and present the Annual Trophies to the winners. The Club meets every third Monday of the month, except in July and December. If you would like further information, or would like to be on the mailing list to receive our monthly Newsletter, please contact our Secretary Helen, on telephone 5257 1566 or email hallan@iprimus.com.au.



Be prepared for power outages

This summer, electricity businesses will be modifying their powerline safety settings on Total Fire Ban or Code Red days to reduce the risk of bushfires. This may result in a temporary loss of power if a fault occurs.

Households and businesses should consider the need for back-up power if they are highly reliant on electricity. Remember power outages can also affect phones, radios and water pumps.

- Have a battery-powered radio and spare batteries or a wind-up radio available to hear alerts and warnings in case power fails;
- Have a landline with a cord, a fully charged mobile phone as backup and a spare battery and;
- Have a non-electric pump available that can be operated from an alternative water supply such as a swimming pool, concrete or metal tank, or dam.

If you lose power, contact your electricity distribution business on the "Faults and Emergencies" number or website shown on your most recent electricity bill.

Be prepared.

For further information please visit
energyandresources.vic.gov.au/power-outage-guide



Full Steam Ahead For Drysdale Rotary in 2016



A new adventure has begun for the Portarlington Bayside Miniature Railway (PBMR) at the end of Point Richards Road, Portarlington. After the railway project being in recess the Rotary Club of Drysdale are happy to pass the reigns over to the newly formed Association.

The new group has a passion to bring fun into the lives of train lovers of all ages.

Started by an enthusiastic group of Rotary Members and volunteers the Miniature Train had been in operation for approximately 14 years. With a decline in member numbers and time constraints it was necessary to cease operation until a suitable group could be found to continue the work that the Rotary Club of Drysdale had started.

Memories have been made at this place and will be again. Children and families alike will again be able to enjoy rides around the track be it on specified running days or special occasion hire days such as birthday parties etc.

The Rotary Club of Drysdale want to wish the PBMR all the best with their venture and look forward to enjoying the facilities in the future.

As an important chapter in the Club's history closes, 2016 is shaping up to be another great year. The Club is very excited to be counting



down to its 40th Annual Easter Art Show, which will again be held at Christian College in Drysdale. This is a wonderful milestone of which we are extremely proud.

Rotarians are currently out and about selling tickets for the annual Art Show raffle. The major beneficiary is Cystic Fibrosis. Look out for us and if you can spare some small change at the time, it will be greatly appreciated.

Members of the Rotary Club of Drysdale have great fun with all their activities. We are

currently seeking new members. Do you want to make a difference? Why not come along to a meeting? We meet at the Clifton Springs Golf Club on Monday evenings for dinner, 6pm for 6.30pm. For more information, please contact the Membership Director, Bruce Van Every 0409 149 025.

Catherine Eagleson
Rotary Club of Drydale - Publicity Officer

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BAYVIEW





FREE YOUTH SPACE OPENS AGAIN IN 2016

Every second Tuesday the SpringDale Neighbourhood Centre will be open 3.30-5.30pm for young people 12-25 years old. The space will include art activities, xbox games, a chill out space and an opportunity to meet others and learn different skills.

Term 1 Dates: Tuesday 9 Feb, Tuesday 23 Feb, Tuesday 8 March and the Tuesday 22 March

For more information contact Aleisha
on 5272 4683, 0421 583 369
or aharling@geelongcity.vic.gov.au



The Bellarine Youth Action Crew (BYAC)



Every second Tuesday 3.30-5.30pm
at the SpringDale Neighbourhood Centre
for young people 12-25 years old.

FREE MUSIC & ACTIVITIES

For more information please contact
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Phone Debbie Lee (03) 5250 3244 or 0418 317 487

**Enrolments
being accepted
now for 2016**

Classes for Boys, Girls, Teenagers, Adults, from 3 y.o.

Good Choices



Local author Barbara Cook's first book *Good Choice – A Soul's Story* has just been released. (published by Balboa Press AU)

It's a self-help book in the form of a fictional story written from a soul's point of view. It's the one she wrote over twenty years ago and kept in the top of her wardrobe. Only a recent upheaval in her life, and the ensuing burst of compassion, has convinced her that it's time to share her story.

It is the story of a soul finding its place in the world with the help of some magical consultants. Part One begins in the fictional waiting room prior to life where the soul is waiting to be bound to a body. Part Two covers gestation and birth of the individual. Part Three is set in the magical corner shop of the character Mrs. Mills.

Good Choice offers a view of how one's existence evolves over a lifetime.

You can view Barbara's book trailer on her Youtube channel Barbara Cook author. You can also look at barbaracookauthor.com or follow her on Instagram, Facebook or Goodreads.



Good Choice is available online through Balboa Press, Amazon or Barnes & Noble. It is also available at Book Grove, Paton Books, Great Escape books & Dymocks, Market Square.



The Money School's Top 5 Tips for Monetary Success

- 1. Live within your means:** this simply means don't spend more than you earn. Limit your use of credit cards and ensure you pay the balance in full each month. Actively reduce existing debt by paying a little more with each installment and aim to be debt free.
- 2. Prepare and stick to a budget:** the importance and power of a budget cannot be overestimated. This will become your personal formula and will ensure you meet your commitments and achieve short term goals.
- 3. Prepare a long-term plan:** this will assist you to consider and work towards your future goals (holidays, retirement and otherwise) and will keep you on track to achieve them. Remember to review this regularly and make any necessary changes.
- 4. Have an emergency fund:** This is needed because you may face a serious money problem at some time in your life (eg. loss of job or prolonged illness) and this fund could make all the difference.
- 5. Save and create/build appreciating assets:** These assets will be the cornerstone of your long-term financial security. Remember these take time – perhaps 10, 20 or more years, so don't leave it too late.



Free information session
Mon 1st Feb 7-8 pm on all money matters.

Money Management Seminar
on Monday 6th March 7-9 pm.

Editing in Word

Have you ever wondered what all those icons on a Word document do? Do you need to know about them? This class discloses some of the features of Word that can help you create a better written document whether it is a letter to the government, a creative writing project or a newsletter for your local club. Take advantage of Word's functions to make your writing look professional and your life easier.

The correct use of language helps to communicate a message to the most people. Have you ever read an instruction that is so hard to understand you give up reading it? Sometimes what can make writing so hard to read is not its content but the way it is written. Learn to use plain English, clear sentence construction, and perfectly placed punctuation to make your message clear.

Claire Duffy teaches Editing at Deakin University as part of the Professional and Creative Writing School. Calling for expressions of interest in this workshop.



The Bellarine Christmas Festival for 2015 was a real success with students, families and community members joining us and our partners for what was a wonderful evening. The purpose of this event was to bring the wider Bellarine Community together, to help celebrate the joy of Christmas with each other and build community connections. Thank you for all the generous support, given by so many and our amazing performers on the evening: The Springdale Bush Band, Neve Richards, Sarah Carroll and Ukulele Revolution, Abi Grace, Anthony Dellamarta, The Geelong West Brass Band accompanied by Lorraine Hall & Trish Redman and soloist Janeen Stevenson.

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Dealing with Chronic Pain

An eight week Acceptance & Commitment Support Group

Chronic pain is not pleasant and in many cases leads to profound suffering. Pain can be totally disabling. It can erode the quality of our life and grind us down little by little.

Pain is an inevitable and a natural part of being human and the experience of life. On the other hand, suffering; that is the thoughts, emotions and feelings associated with chronic pain, while also normal and understandable, is not inevitable.

This course is designed for those people seeking alternatives to the more commonly used treatments for the relief of suffering that commonly accompanies chronic physical pain.

The eight-week course is based upon sound and proven stress-reduction principles and has assisted countless sufferers to deal successfully with their pain.

Wednesdays at 1.30 pm to 3.00 pm from 10th February until 30th March 2016.

The Donnelly Room, St James Anglican Church, Collins Street, Drysdale.

Dr Max Simmons is a retired psychologist, and has had extensive experience in the application of mindfulness-based programs to chronic pain. He has also worked in the Barwon Health Pain Clinic.

Please book the course ***Dealing with Chronic Pain and the Role of Mindfulness Meditation*** at the SpringDale Office.

Course Fee: \$100 Conc: \$70



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Finding a better life

Social connections are shown to be protective factors to prevent and reduce depression and anxiety. SpringDale provides an extensive range of activities to appeal to community members taking into account a variety of physical abilities. All our activities involve the sharing of food, if not directly then indirectly, after the session the participants may have a coffee or tea together. All activities stimulate brain activity as well as exercising a range of muscles.


For the very active we have the Wheelie Riders cycling group who meet almost every day of the week, Pole Walkers who meet Monday mornings, our Volley Ball group meets on Monday mornings, Badminton group meets Wednesday afternoons. We hold Yoga classes on Thursday evenings and Monday mornings and Tai Chi is held on Monday evenings.

For the not as active we have yoga on chairs, 5 men's cooking groups, ukulele, art, mah-jong, card games, scrabble, jigsaw library, Meet and Greet morning tea group, writing groups, craft group, computer classes, language classes, cooking classes, cheese making classes and our monthly dining group.

We are always looking for new ideas that might interest people who might not have thought about coming to SpringDale before. Please feel free to suggest an idea, an activity or a class. This will help us to meet the Vision of SpringDale which is: ***Where ideas grow and people flourish.***

Anne Brackley
Coordinator

SpringDale Neighbourhood Centre



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Hula Hooping



Remember the fun it was?

Who else wants to do exercise that isn't boring and is out of the weather in our spacious hall? Also referred to as a flow art, hooping shares the same lineage as juggling and has taken the fitness world by storm - again. This exercise helps to build strength, balance and flexibility while improving cardiovascular health and burns calories.

Hoops provided for an hour of twirling.

We are looking for both a tutor and of course, participants. Please call SpringDale office on 52531960 to enrol.



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RECENT SPEAKER – LOCAL AUTHOR ROB McCUBBIN

Rob spoke to us about writing his latest book, *Blood on the Heather*, set in Scotland at the time of Bonnie Prince Charlie and of his battle against William, Duke of Cumberland, particularly at Culloden field. Rob took 3 years to research for his fictionalised account based around the facts of the events, visiting Scotland and particularly the Culloden Battlefield to understand the politics and environment of the time as well as the weapons and how they were used. Rob wove the story around 14 year old twins Alex and Thomas, who ended up on the opposing sides at the final battle. After our meeting several Club members bought copies of the book and have enjoyed the good read.

As a social club for retirees, ladies and gents, we will welcome you as a visitor or potential member at any of our activities; so if you want to keep an active mind, expand your interests and enjoy Fun, Friendship and Fellowship in group activities then come along. For further information please contact Alby 5253 2631 or Val 5253 1446.

NATIONAL SENIORS - BELLARINE

Happy New Year to all

Our first meeting for 2016 is held in February on the second Tuesday. Our guest speaker for this meeting is John Harrison. John is a very entertaining speaker and will talk to us regarding medical treatments in Victorian Times.

Even if you are not a member, you are most welcome to come along to this meeting or any planned outings. We hold meetings in the Donnelly Room of St James Hall. Commencement time is 2pm. Tea and coffee provided. There is no charge for guests.

National Seniors Bellarine has a speaker on varying subjects of interest to senior people at each meeting. Information about joining our organisation and the benefits will be available at meetings.

For further details please phone Jackie Clayton (President) 0439473244 or Marion on 5257 3264.

Hope to see you there.



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What will our Council Wards look like into the future

Thank you to the community members who came to our public thirty-two submissions were submitted and almost one third of the submissions were from people or groups from the Drysdale/Clifton Springs/Curlew area. Thank you to everyone who took the opportunity to participate in this initial part of the process.

Analysis of the submissions shows a range of ideas of the number of wards with the current 11 wards and new division into 4 wards being the most popular and the Mayor's choice of a undivided single ward being as popular as that suggested by those present at SpringDale during the community meeting, which was 3 wards.

No. of Council Wards Proposed	1 Ward	3 Wards	4 Wards	5 Wards	11 Wards
No. of submissions recommending	4	4	9	1	9

But there was overwhelming support for the maximum number of Councillors, 11, being available to represent our community but this will ensure that City of Greater Geelong is the least well represented community in Victoria with approximately 18,000 to 20,000 votes per Councillor.

The submissions are worth reading and the Proportional Representational Society of Australia (Victoria-Tasmania) and these are available on the Victorian Electoral Commission website and we do have a folder of them available at SpringDale Neighbourhood Centre for you to read.

The Preliminary Report from the Victorian Electoral Commission is available from their website (and a printed copy at SpringDale) and we have the opportunity to submit response submissions until Wednesday 17 February 5pm.

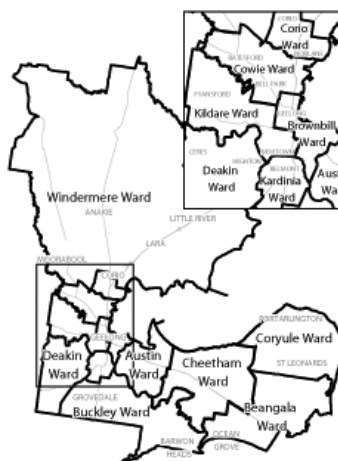
Once again SpringDale will host a community meeting to enable interested people to discuss the Preliminary Report and encourage debate on this subject to ensure that we have done our best to influence a fair decision being made on our future representation of our community.

Public Meeting: Tuesday 9 February 7pm at SpringDale Neighbourhood Centre – all welcome. Please ensure you have read the Victorian Electoral Commission Preliminary Report prior to this meeting.

The next steps after that are - Submit response submissions by Wednesday 17 February, Public Hearing Wednesday 24 February 7pm City Hall, Geelong, Release of Final Report Wednesday 16 March.

We only have a few more opportunities to influence this process – please consider reading the Preliminary Submissions, reading the Preliminary Report, attending the Public Meeting Tuesday 9 February at SpringDale, submitting a response and attending the Hearing on Wednesday 24 February in Geelong.

Concerned Citizen
Anne Brackley



VicRoads Project Director thanks Drysdale and Portarlington Community

I would like to thank the local community for providing feedback at our Drysdale Bypass information sessions last year and provide an update on the status of the project.

The community strongly supports the proposed bypass and a review of pedestrian facilities, cycling facilities and intersections along High Street to improve traffic and safety.

Feedback from these sessions is being taken into account in planning studies and design development for the proposed Bypass and High Street improvements.

Over the next few months, VicRoads will complete a traffic analysis and a number of studies, including environment management, cultural heritage and social impact.

I want to assure the community that there will be further opportunities to provide feedback about the project, including a formal Planning Scheme Amendment process for the Bypass.

Under this process, the public will be invited to make written submissions about the proposed Bypass design.

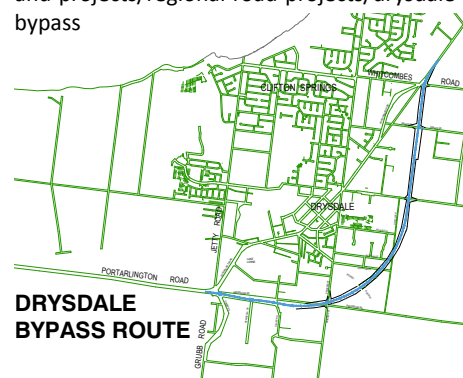
The State Government has committed \$3 million to improve traffic and safety through High Street. This is in addition to the \$106 million committed to plan and build the Drysdale Bypass.

I thank everyone for their input, patience and support for this project and look forward to working further with the community in 2016.

Tim Price

Drysdale Bypass Project Director

<https://www.vicroads.vic.gov.au/planning-and-projects/regional-road-projects/drysdale-bypass>





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Kel's corner

Hope you have seen a copy of *Kel's Corner* – its selling well and Kel has signed a number of copies. We will have a signing morning on Saturday 20 February at the next Antiques and Collectables Fair – please bring your book along for signing or buy one on the day.

Kel believes that his Head Teacher Mr Jeffries, who thought Kel was the least likely to succeed, "would be turning in his grave knowing that I wrote a book."

So we decided to try to find out – we have tried to track Mr Jeffries down and we did find the graves of a few Jeffries in the Geelong area. Below is a photo of Kel near a Mr Jeffries

grave in Geelong Eastern Cemetery, holding a copy of his book and strap like the one Mr Jeffries used to wield.

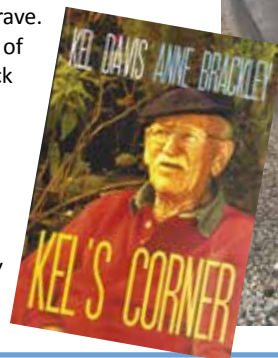
On our way in we met Darryl Thomas, CEO Geelong Cemeteries Trust, Darryl was interested to hear of our mission and perhaps equally interested to hear that Kel was a grave digger in earlier days and would receive one pound 10 for each grave.

As we were trying to find Mr Jeffries grave, a grave digger Chris took pity on us and asked if he could help us. We showed him the map and he escorted us to the grave.

Kel and Chris shared stories of grave digging and how a rock band seems to run through each cemetery.

I'm not sure Kel has quite agreed to a second volume yet but I'm working on it.

Kel Davis and Anne Brackley



Drysdale Autopro CLASSIC CAR & BIKE SHOW 2016



Well what a huge weekend for car enthusiasts and Drysdale in general. The event kicked off the the Stockdale & Leggo Cruise the Bellarine on Saturday night. Leaving the Drysdale Reserve at 6.00 pm the fleet of over 320 cars headed for Portarlington, Indented Head, St Leonards and to the Reserve via Clifton Springs. On return to the Club, entertainment, refreshment and the legendary meals were waiting to satisfy the large crowd. A relaxing evening followed as a warm up for the following day.

Sunday's Autopro Classic Car & Bike Show, was greeted with clear skies, mild weather

but quite a strong breeze which made dust a problem. As we have come to expect a large gathering of over 500 cars were assembled for us all to check out and cast our minds back to when these vehicles were called new! The music kept people entertained as they enjoyed the motoring experience, and grazed on the food on offer from the hard working Drysdale Cricket Club volunteers. Two great events, well attended and supported by local business, which indeed does showcase Drysdale in a very positive light.

Look forward to seeing you and your friends on the weekend of January 7 & 8, 2017.

Michael Brislane
Event Organiser



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New Boating & Swimming Zones for the Bellarine

Safer boating and swimming zones have been introduced along the coastline from Point Lonsdale to Corio Bay in December last year, as part of Parks Victoria's sweeping review of boating and swimming zones across Port Phillip and Western Port commences.

Minister for Environment, Climate Change and Water and Member for the Bellarine, Lisa Neville said that following extensive community consultation, the new, easy-to-identify signs and aids to navigation will be rolled out throughout summer as part of a \$550,000 upgrade.

Swimming and boating zones will be clearly marked with new aids to navigation installed in the water. Parks Victoria will install signs on the shore and on the new aids to navigation clearly showing the new zones.

The four zones are:

- 'swimming only' - where no vessels are permitted
- 'boating only' - where only boating activities are permitted but speeds are limited to 5 knots
- 'shared wind sports' - where kite boards and wind surfers can exceed 5 knots within 200m of the shore unless they are within 50 metres from another vessel or swimmer
- 'shared zones' - where boating and swimming are both allowable but with vessel speeds limited to 5 knots within 200 metres from shore.

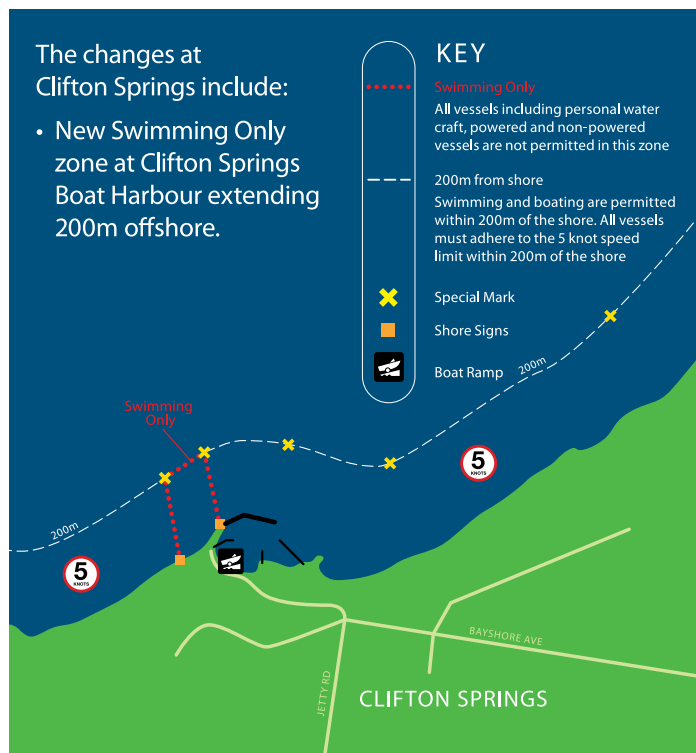
The term 'vessel' refers to all powered and unpowered boats and includes yachts, kite boards, personal water craft (including jetskis) and paddle craft. The fourth stage of the boating and swimming zone is funded through the Boating Safety and Facilities grant program and local Geelong company Elstone Diving Pty Ltd successfully tendered to complete the stage 4 works.

Maps featuring the new zones for the Bellarine Peninsula and Corio Bay are available at: <http://parkweb.vic.gov.au/park-management/bay-and-waterways-management/boating-zones>.

For further information about the new boating and swimming zones visit www.parks.vic.gov.au or call the Parks Victoria on 13 1963

"The new zones on the Bellarine Peninsula will create a safe environment with improved separation of boating and swimming activities in high usage areas, and will ensure sport and recreational activities such as kite boarding can be enjoyed legally and safely."

Minister for Environment, Climate Change and Water, Lisa Neville



New boating and swimming zones

Parks Victoria is introducing new boating and swimming zones to improve safety across the Bellarine Peninsula and Corio Bay. The new aids to navigation and clear signage will be installed throughout the summer, commencing in January 2016 at St Leonards through to St Helens Jetty.

The changes include:

- Improved visibility of aids to navigation and easy to understand regulatory signage.
- Clear in water marking of the 5 knot speed limit zones with new aids to navigation.
- New and revised swimming only zones
 - between Jubilee Ave and Walpole Ave, Indented Head.
 - between Portarlinton Pier and Stewart Grove, Portarlinton East.
 - between Clifton Springs Boat Harbour and Griggs Creek, Clifton Springs.
 - between St Leonards Pier and First Avenue.
 - at St Helens Jetty.
- New Shared Wind Sports Zone
 - west of Portarlinton Sailing Club, adjacent to the eastern Point Richards Ramp breakwater.
 - Pt Henry, extending approximately 2km south west, as per previous trial zone.

Copies of the proposed Boating & Swimming Zone Map are available free of charge during business hours from Parks Victoria, Tenancy 5, Building 6, Wharf St East Queenscliff, Vic 3225 or at www.parks.vic.gov.au

More information
Phone 13 1963
www.parks.vic.gov.au



20631066



If your New Year Resolution went something like.....
get fit, play a sport, socialise with friends more.....
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P.N.A. is offering an 8 week Summer season for Senior Ladies (15+ year old) Drysdale Recreation Reserve

Wednesday 3rd February - 23rd March

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- \$35 weekly game fees per team (\$5 each...cheap)
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- Game time.....7.30pm
- outdoor venue.....enjoy the summer evenings
- competition finishes before Easter and before local football/netball seasons start

Contact:

Pam - 0425 869 339 or Noelene - 5250 3856

or find us on Peninsula Netball Association

Portarlington Demons Football Netball Club

Demons **Number** **ONE** **TICKET HOLDER**

Portarlington Demons Football Netball Club is proud to announce Norm Humphries as 2016 Senior Number One ticket holder.

Norm has had a long association with the Portarlington community after settling in Port over 35 years ago. Norm is an Australian Ex- Serviceman, 57th/60th Infantry Battalion, seeing action in New Guinea and Bougainville in WWII and is a member of the Portarlington RSL.

Norm played football as a midfielder for his Battalion during the war and after his release from the army returned to Australia resuming his playing career for Preston, until a persistent knee injury cut short his season. His football career was revived, playing in the Horsham and District League for the Horsham Diggers, winning a Premiership one year and runner up the next. Again injury stopped him from having a long career. He successfully turned his hand to umpiring, which he did for over 5 years.

He joined the tennis club as a coach and a player, and then joined the Portarlington Football Club over 31 years ago. Norm has watched the highs and lows of the club



but has fond memories of players like John Sandilands and Ray King,

We see Norm, now in his 90s, most home games down on the fence line, watching the seniors and encouraging our juniors with his exceptional football knowledge and insight. He loves watching future senior players for club applying their trade in the junior divisions. This was capped off with the Colts Premiership win this year, with Norm in the middle of the action, including the after match celebrations. Norm was part of our 100 year ANZAC Day activities this year as our official coin tosser and was even more thrilled when we defeated Drysdale.

Congratulations Norm, we all look forward to seeing you at the games next year to watch the mighty Demons continue their improvement in 2016.



2016 MEMBERSHIPS & 2016 DEMONS CLUB

**We are open for business
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PreSeason 2016 Training has commenced
6pm Monday & Wednesday @ the Demons
Footy Ground full schedule will be
available upon arrival.



Drysdale Bowling and Croquet Club

Have you ever thought of trying bowls - Wednesday Night commencing 3rd Feb Triples \$10 per player might be just what you have been looking for. We have a quick dinner of BBQ sausages from 6pm and bowls to start at 6.30pm. We have supper, some raffles and presentations after bowls at 8.30pm. Footwear - please feel free to bowl barefoot or in flat soled shoes.

Its triples so that means - teams of 3 or single entries welcome. Men and women of all ages welcome please phone Mat 0437 366 908 to book your team or your space.

Maybe you are thinking of having a social meal out?

Every Friday night from 6.30pm a 3 course dinner (soup, Roast and dessert) is served at the Drysdale Bowling Club and its only \$15 per person, Everyone is welcome.

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Drysdale Junior Football

This year is shaping up to be an exciting one for the Drysdale Football Club's junior division, with a new structure and new teams.

Long time committee member Ross Deearth has stepped into the role of Junior Co-ordinator and has overseen changes to the junior structure. Recognising that managing 12 teams is too much for one person, the club has split this responsibility into two. Rory McNamara, a former Colts and U10 coach, has assumed the role of Co-ordinator - Primary Level Football and will oversee U9's to U12's. Yes, that's right the club will be fielding teams in the new U9 competition this year to cope with the large numbers coming through from Auskick. This is an exciting development and will see players, who must have turned 7, take the field in a 15 a side modified rules game each week. The club also intends fielding a team in the junior girl's competition again this year for girls U12.

The older age groups will be managed by Jay Bennett, a former U14 premiership coach, in the role of Co-ordinator - Secondary Level Football. Jay will be responsible for managing the U14 & U16 age groups and has been busy appointing head coaches for each squad. Both Rory and Jay will focus on the operational side of team management with Ross looking after the administrative requirements such as player registrations and dealing with AFL Barwon. This improved level of support should mean that our coaches can focus on what they do best, mentoring young talent, rather than being bogged down with off field tasks.



Another exciting development this year is the introduction of a specialist coaching panel made up of past players and coaches who will attend training on a rotational basis to work on specific skills with players.

This group brings a wealth of experience which they can pass on to our ever growing group of young Hawks.

Re-registration for current players is now open via Fox Sports Pulse and prospective new members should go to www.drysdalefc.com.au for details on how to sign up.



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Your local Lions Club is seeking donations of goods suitable for our annual Garage Sale on 20 March 2016.

We are looking for good quality: SORRY

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- Sporting Goods • Bric-a-Brac
- Bikes (in good condition) • China
- Furniture (small items only)
- Towels & Bed Linen • DVDs & CDs

NO mattresses

NO junk

NO electrical goods

NO cassette or video tapes

NO old bbqs

NO clothing

All proceeds from the Garage Sale go back to the communities of Portarlington, Drysdale, Indented Head and St Leonards

For pick up of goods, please phone

Lion Paul Bellizia 0413 756 616

Lion John Emerson 0427 281 290

Portarlington/Drysdale Lions Club Inc

