



The SpringDale Messenger

March 2016
Volume 26 Issue 2

ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.

Singing Duo at SpringDale



CJ and Neil Wise both have international, national and local performances on their credentials. CJ has played with Normie Rowe, at Tamworth and to 50,000 people in Ohio. Neil has performed with Colin Hay, The Angels, James Reyne and Rose Tattoo.

Together this song writing singing duo will share their love of music and singing covers, originals and more.

Sunday 27 March – the tables will be set out in cabaret fashion - feel free to bring nibbles. Glasses provided.

Entrance \$10 - come & have a great Easter night.



Turn to pages 11-14
COURSE GUIDE April - June

Give the Gift of learning something new
Course Guide Gift Vouchers available at SpringDale

Community CALENDAR

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.
If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE April 2016 • **Bookings/copy required by** 1 March • **Dist:** Sat 26 March • **Circ:** 13,500

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am - 5pm and by appointment.

MARCH

Friday	4	Clifton Spring Primary School Moonlight Movie Night -  6pm to 10.30pm starts at dusk
Saturday	5	Harvest Basket Produce Swap SpringDale 9am – 10.30am
Saturday	5	Class Clowns 4pm Potato Shed
Tuesday	8	The Gypsy Swing of Django & Stephane (with Hot Club Swing) 10.30am Potato Shed
Wednesday	9	Australian Hearing Services at SpringDale
Wednesday	9	Days for Girls at SpringDale
Sunday	13	Bellarine Agricultural Show, Portarlington Reserve.
Monday	14	Labour Day. Public Holiday. SpringDale closed.
Monday	14	SpringDale Dining Group – 9am Café Zoo
Friday	18	All My Love 8pm Potato Shed
Saturday	19	All My Love 2pm & 8pm Potato Shed
Sunday	20	Drysdale Market 9am – 1pm.
Sunday	20	Portarlington/Drysdale Lions Club Garage Sale.
Wednesday	23	Armchair Travel – Antarctica – 7.30pm SpringDale
Thursday	24	School Term 1 ends.
Friday	25	Good Friday. SpringDale closed.
Saturday	26	Rotary Club Drysdale Easter Art Show 10 - 5
Sunday	27	Rotary Club Drysdale Easter Art Show 10 - 4
Monday	28	Easter Monday. SpringDale closed.
Thursday	31	The Underarm 8pm Potato Shed
Friday April	1	The Underarm 2pm & 8pm Potato Shed

**Bookings &
copy required by
1 March for
April 2016
issue**



The SpringDale Messenger is a locally produced publication.

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For all editorial enquiries: E: messenger@springdale.org.au W: www.springdale.org.au

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:





Coordinator's News

Anne Brackley



Hoping that you are finding time to enjoy 2016. Although every year seems to fly faster, I love the way this year is rolling out. So many people are so happy with the breadth of programs that we are offering. So many people are putting their services forward to support our community and enjoy themselves along the way. So many businesses are supporting our efforts that in total it's almost overwhelming. Thank you to everyone who helps to make each day a pleasure at SpringDale and in the lives of people we have the privilege to know and love.

Who would have guessed that a Latin course would be more popular than computing this year. Neil Bell is about to start sharing his knowledge of Latin with almost 10 members of our community. He is thinking regular Saturday morning classes and perhaps we'll even film them for those who may not be available at that time. A passing conversation has turned into a fantastic opportunity for our community. One of the ladies looking forward to this course sings in Latin each week in Melbourne and is looking forward to what extra meaning this course will bring to her singing.

A question was asked "Why have a Fathers' Group? – Why not a Mothers' Group?" I responded that all our ideas rely upon a member of the community to put them forward and to perhaps help with the nurturing of the idea. Thus you will find a new

group listed at the moment called SpringDale Mothers' Group and its placed next to our renamed Girls' Shed Group.

I'm surprised by how many new residents are visiting us daily, but I love guided touring people around SpringDale. Letting people know of all our activities and especially our welcoming activities – the monthly morning tea (first Tuesday of the month 10.30am), which is almost needing to move to the hall as there are so many people attending. All welcome to our monthly Dining Group outing – in March because it falls on the Labour Day Holiday, we have decided to have breakfast at Café Zoo at 9am.

As a result of the last SpringDale Messenger we seem to have inspired some other latent writers and please watch this space for more local books about to roll out. We have started to gather Innovators and Entrepreneurs to our midst – please let me know if you would like to be part of this exciting development.

Please remember to register for web email so we can let you know of opportunities that crop up during the month. Feel free to email me at coordinator@springdale.org.au or sign up on the home page of our website www.springdale.org.au or phone the office on (03) 5253 1960 if you would like to receive information as a text message.

Anne Brackley
on behalf of the SpringDale team.

Course Highlight

Money Management – from The Money School

We all need to make our money go further and build a financially secure future, but how do you make informed decisions and improve your financial situation?

The Money Management course is a step-by-step guide to managing your day-to-day finances. Topics include budgeting, home loans, savings and many other topics that affect us all.

No matter your age or situation, the Money Management course has something of tangible benefit for everyone!

Conducted by a qualified financial consultant and tutor.

Date/time: Mon 7 March 7pm- 9pm

Fee: \$10

Tutor: Elena Alexander



Card Making

Fancy making 2 handmade cards with some other like minded people

Date/time: Mon 7 March 1pm- 3pm

Fee: \$10

Tutor: Jessie Holton

SpringDale Singers

Do you enjoy singing with a group? The SpringDale Singers meet every Tuesday 1.30pm-3.30pm, in the SpringDale Hall, during School terms.

We are a very informal group who do not perform, but just sing for enjoyment. You don't need to be an experienced singer, but just someone who enjoys singing. It's amazing how quickly you can learn to sing in parts.

We have three conductors, pianists and a small organising committee. We contribute \$5.00 per session & \$7.50 if more than one family member to cover our overheads.

Enquiries can be made to Margaret Freemantle 5253 1974.

Honey Bee Information Session

Honey bees are amazing and fascinating creatures. Did you know they keep the part of their hive where the eggs and larvae are at a constant temperature of about 35 degrees Celcius by worker bees beating their wings? Did you know that honey bees perform very complicated dances to communicate with each other? Did you know they collect nectar and pollen and transport nectar in a crop, a special part of the gut, and carry pollen in small "baskets" on their hind legs? Did you know that 70 of our top 100 food crops are pollinated by bees?

Come and learn more about these facts and many, many more, regarding the wonderful honey bee that we so often take for granted.



When: Saturday 19th March
9.30am-11.00am

Where: SpringDale Hall,
High Street, Drysdale

Who for: Young, old and everyone in between

Run by: Steve Williams & Susan Norris

Cost: \$5 per adult (children free)



Australia Day Honours

It was great to see that two Drysdale citizens, John Tucker and John Vorrath being recognised in the Australia Day Honours, both for their work and service to medicine.

Most locals would be well aware of John Tuckers blueberry farm *Tuckerberry Hill* that has been operating for decades. Many may not have been aware of John's career as an anaesthetist and his volunteer work in third world countries.

And Dr John Vorrath was also recognised for his service to medicine as an otolaryngologist and through his invention of specialised surgical equipment.

My congratulations to them both.

McClouds Waterhole Fishing Proposal

Over recent years I have had raised with me by locals and organisations such as the Association of Geelong and District

Angling Clubs the idea of stocking McClouds Waterhole with fish for recreational angling.

I am supportive of this proposal as it would provide and promote a family friendly activity in the area and introduce young people to the angling as a recreation. Unfortunately Council have not been forth coming in their support for the initiative and as such following a discussion with Fisheries Victoria they have agreed to support and manage the project.

The State Governments "Target One Million" is a funding program that seeks to promote recreation fishing with a goal of having one million license anglers in Victoria by 2020.

Initially Fisheries Victoria will source funding from this program to conduct necessary Flora and Fauna and Water assessments, followed by a Reserve Management Plan.

When these are successfully completed Fisheries will work with the Association of Anglers to apply for a grant that emanates from funds raised from Recreation Fishing Licences to build necessary waterside

infrastructure and to stock the waterhole.

I congratulate Association of Anglers for their work in pursuing this project and look forward to working with them in getting the McClouds Waterhole ready for fishing in the not too distant future.

Hon Lisa Neville MP
Member for Bellarine

lisa.neville@parliament.vic.gov.au

Twitter@Lisanevillemp

Ph: 5248 3462

Welcome Jo... Messenger's new graphic designer

Behind every edition of the SpringDale Messenger is a team of writers who compile the stories and a graphic designer who brings them all together in the newsletter you're reading right now.

Following Lyn Ingles departure late last year (thanks again for so many years support, Lyn), we're pleased to welcome Jo Aspland as our new graphic designer.

Jo has been a resident (and supporter) of our wonderful community for many years.

She has two 'big' children (one in primary school locally and one in secondary school in Geelong) and three 'little' children in the form of Lucy and Leo the cats and Silver the guinea pig. Since coming down from the mountains of Warburton, Jo is thoroughly enjoying her life by the ocean. She's even become an avid surfer!

Jo is also a talented graphic designer with over 30 years-experience. During that time, she's



worked with clients such as Honda Motorcycles, Black & Decker, Arlec, Cigweld, Officeworks and Hartz Mineral Waters.

We're pleased to welcome Jo to the team.

joaspland m: 0438 055 679
GRAPHIC DESIGNER

Proudly printing this magazine for you, on the Bellarine.

OPEN

Monday - Friday
9.00am - 5.00pm

13 Sykes Place,
Ocean Grove

ph: 5255 2663

e: quote@presshere.com.au

• Design • Print • Office Supplies

www.presshere.com.au

Letters to the Editor

Great Events

I wish I had grown up in a town that has great events like the family dance nights.

Sharon from Grovedale

Thank You

Thank you for having us at SpringDale for the day, it was really interesting and we will come back soon.

Filipino and Multicultural Program Activity Group, Australian Multicultural Community Services Inc.

Looking so Good

Thanks to the City of Greater Geelong for keeping the Clifton Springs Fountain looking so good - I love driving past it.

Denis Clifton Springs

Send your letters to:
messenger@springdale.org.au

DRYSDALE CRAFT SHOP



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Large range at reasonable prices
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18-20 HIGH ST DRYSDALE P: 5251 1605

LISA NEVILLE MP MEMBER FOR BELLARINE

For assistance
on any issue
please ring
the electorate
office on
(03) 5248 3462



Lisa Neville MP

lisa.neville@parliament.vic.gov.au
Funded from Parliament's Electorate Office and Communications budget

**Need a Will,
Power of Attorney
or Probate for a
loved one's estate?**

Come in for a *free* chat

RISTEVSKI
LAWYERS

**1 High St., Drysdale
(old Post Office) Ph: 5251 3453**



Innovation

What do you think of when you see the word Innovation? I think of revolutionary products, being able to use things in new ways, turning ideas upside down. I am excited by solving problems, setting up systems and improving life and our community.

Innovation is getting significant airplay by politicians at the moment and I also believe this is the way forward.

SpringDale is looking at the skills needed for innovation to take place, the questions to ask, the mindset to employ. If you would like to be part of our think tank, our trial team and or our innovation teaching team – please contact Anne Brackley coordinator@springdale.org.au or phone 0407 529 205.

Pictured is my Segway like vehicle – yes I can ride it, but I have only ridden it in the hall at SpringDale so far

Enrolments Invited for 2016

Children and Adults, Beginners to Advanced,
The Potato Shed, Drysdale

Allegonda Deppe

Director

B.A. F.C.B.A. C.I.C.B. CertIV

All enquiries please phone:

5251 2651

0432 784 312

email: info@theballetschool.net.au



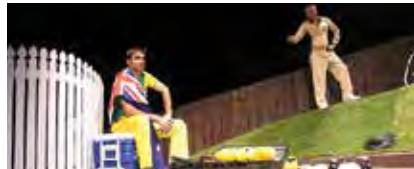
The
Ballet
School

Striving for perfection in the art of Classical Ballet

POTATO SHED

**WIN a Double Pass to any performance of
The UNDERARM**

Thurs 31st March at 8pm and Friday 1st April at 2pm & 8pm



To enter fill out the coupon, send or deliver to:
SpringDale Neighbourhood Centre High St Drysdale

Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSING 3PM FRIDAY 21 MARCH

SpringDale Small Business Help

Have you written a business plan for your business? Even if the business is already operating - it is still a good idea to write one now or maybe update the original.

A business plan is great for documenting your current thoughts, and to set some goals for the foreseeable future. It doesn't have to be 50 pages long, but here are some useful headings;

- **Business Objectives** - Why are you in business, what is your business culture. What products and services are you selling, to who, at what prices.
- **Marketing** - how will you tell people about your products and services.
- **Sales** - who will sell your products and services, who to and where from.
- **Operations** - where will you make, how will you deliver the products and services.
- **Costs** - what are your costs of sales, and your variable expenses.
- **P&L, Assets, CashFlow** - work out if you are going to make a profit, or even wages.
- **Measurement** - of sales and costs etc how will you know when you are doing well.

Writing out the plan will highlight any areas of knowledge shortfall. You don't have to know everything required for your business, but you do need to recognise the gaps and get expert assistance.

Business results (measurements) are extremely important. Then by examining the results, you can set some goals and action items to change things as required. Your measurements will also confirm whether the business is viable in its current form or if you need to make changes.

Jonathan Harris - 0417 336 621



We invite you to join us

Sunday 10.00 am

(Includes Children's Program at 10.40am)

276 – 290 Jetty Rd Drysdale
(03) 5253 2241

Second Chance Shop
40 Geelong Road. Portarlington

POTATO SHED 2016 season programme

MORNING SHOWTIMES start 10.30am, \$15pp - Morning Tea incl.

Tuesday 8 March *The Gypsy Swing of Django Reinhardt & Stephane Grapelli*

BOOK EARLY

ALL MY LOVE

Licensed Bar

Friday 18 March 8pm + Cast Meet and Greet
Saturday 19 March 2pm and 8pm



Two literary
greats in a
secret,
smoldering
affair.

STUDENT
RUSH
\$20

SPUD
VIP
\$28

\$36, \$32 (Conc)
Groups of 20+ \$28

THE UNDERARM

Licensed Bar

Thursday 31 March 8pm + Cast Meet and Greet
Friday 1 April 2pm and 8pm



Two Brothers.
One Ball.
So Much
Lost.

STUDENT
RUSH
\$20

SPUD
VIP
\$28

\$36, \$32 (Conc)
Groups of 20+ \$28

Group Discounts available for all shows.
For further information on any of our upcoming events
or to book tickets call the Potato Shed on (03) 5251 1998.
Tickets can also be purchased at any
City of Greater Geelong Customer Service Centres.

find us on

CITY OF GREATER
GEELONG

The Potato Shed,
Bellarine Multi Arts Centre
41 Peninsula Drive, Drysdale
Ph: (03) 5251 1998

WWW.GEELONGAUSTRALIA.COM.AU

Friends of the Bellarine Rail Trail

The Friends of the Bellarine Rail Trail Inc. - a volunteer group established in 2002 – was faced with a major shock at our December working bee/end-of-year barbecue for 2015 - when our highly esteemed member Frederick John Cook OAM of Leopold, announced that he was stepping down from his position as Works Supervisor.

No doubt it had to happen someday, but nevertheless after fourteen years it came as a blow to realise that we would no longer have the benefit of Fred's leadership. He has been such a key figure in the extraordinary transformation of the Rail Trail between South Geelong and Drysdale. His vision and drive have been instrumental in converting a disused, weed infested former railway corridor into a valuable community asset, now much used and admired not only by local residents but by many people who come from far afield to walk, run or bicycle along the full 34km, or just a section of the trail, to and from Queenscliff. Fred had been previously recognised in the Queen's Birthday Honours List of 2010 with the award of the Order of Australia Medal (OAM) in recognition of his service to conservation and the environment through the Friends of the Bellarine Rail Trail.



Listing some of the group's achievements does give some picture of the magnitude of the task carried out over the years. Some 84,000 plantings of trees, shrubs and grasses, 36 seats built and installed, 9 picnic tables, 32 marker posts placed at one kilometre intervals, 5 station signs installed at the site of former rail stations/sidings along the way. Fred Cook has shown the way to other volunteers by providing a 'can do' attitude, a true 'leader' in every sense of the word, leading by example, taking people with him on a special journey.

A very special thank you to Fred, for his amazing voluntary efforts working for the betterment of the Bellarine Peninsula, and having the continued drive and the will to pitch in and get the job done, so as to see his vision realised and the Bellarine Rail Trail become a major public asset, free for all to use.

Peter Cowden

Friends of the Bellarine Rail Trail Inc.

Drysdale Seniors Community Club

All Seniors 55 and over are welcome to come and join the club and enjoy the fun and trips. We have activities every day of the week except for Saturday, starting with Yoga from 9.15-10.45 and Snooker, Cards and Carpet Bowls starting at 1pm on **Mondays**.

On **Tuesdays** we have Weight Watchers from 9.30-11am, Lunch for Seniors Members at 11.30am and then Bingo and Cards at 1pm.

Wednesday's activities include Carpet Bowls and Snooker from 1-3.45pm, WACAS from 5-7pm and Quilters from 7-9pm.

Thursday is a busy day with Line Dancing, 9-12noon, Arts, Chat Group and Afternoon Tea 12noon-4.30pm and finally Bingo at 7pm.

On **Fridays** we have Carpet Bowls and Snooker from 1-3.45pm on every 4th **Sunday** of the month the Poetry Group meets at 2pm.

For enquiries about any of these activities please phone 5253 2983 or come inside during opening hours.





What sparks you?

coastline advice

Office opening in Ocean Grove!

With a head office in Torquay and an office in Anglesea, Coastline is looking forward to bringing our innovative approach to the Bellarine Peninsula.

Our process places your personal dreams at the heart of our financial advice and using unique technology, we explore what really sparks you. Understanding your goals enables us to create personalised financial plans that will enhance and protect what's important to you.

Make an appointment today!

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Need to take control of your family's future?
Don't wait.

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Thinking of retiring? How long will your Super last?

Build Wealth

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Need a home loan or a better deal? Talk to our lending team.

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Shop 3, 85 The Terrace, Ocean Grove
T: 1300 646 946 | www.coastlineadvice.com.au

Money Tip

Negative Equity

These days, the term negative equity is not widely seen or heard. Some are not aware of its existence and most of us have been fortunate not to have experienced it. Can it really happen? Yes, it can and it does. I will explain how it happens and what you can do to avoid it.

First, let's define exactly what negative equity is. Negative equity occurs when the value of the property is less than the purchase price. Even in times of strong capital growth in the property market, negative equity can still occur. Often it's the first home buyer that is not aware of the total cost of purchasing property and how this can result in negative equity.

Let's use an example. On a purchase price of \$250,000, total costs of stamp duty, transfer fees and mortgage registration fees are \$9,696.10. If the lender charges an application fee, valuation fee or any other charges, then this amount will increase even further. For the sake of the exercise, let's round this up to \$10,000.

The property purchased for \$250,000 has therefore cost \$260,000 resulting in negative equity of \$10,000. This is assuming the property was worth \$250,000 to begin with. If the purchase price was inflated, then the amount of negative equity will increase accordingly.

Normally, in time there will be increases in capital growth, but if there's an unforeseen occurrence such as the loss of job and the owner has to sell within a short time after purchasing, the costs of \$10,000 as well as an additional \$7,500 or so selling costs i.e. agents commission totals \$267,500, resulting in negative equity of \$17,500.

It's essential that you research the location carefully to ensure you are paying fair value and always negotiate price. My policy is to discount the asking price by at least the amount of costs, resulting in a neutral equity position and if the worst happens at least no loss will be incurred.

Elena Alexander

No Wrinkles No Ride



The Grey Outdoors Leisure Tours is owned and operated by Rob and Sandy Higgins from Clifton Springs.

They offer senior residents of Geelong and the surrounding areas the opportunity to explore many different places in Victoria and interstate in a small group.

They have a 12 seater bus that is fully air conditioned, has high backed bucket seats with seat belts, an electric step to allow easy access and great hand rails to also assist with access into the bus, and of course a great driver to ensure a safe journey.

One of the main benefits they offer is home pick-up and drop-off if you live in Geelong or on the Bellarine Peninsula. This takes away the need to get to a pick-up point. No driving required.

Their trips are like a family outing, however unlike some families they love new members and look forward to seeing lots of new faces.

Many of their passengers travel on their own, and they like it so much that they keep coming back month after month. They enjoy the fact that in a small group they don't feel left out. They also get the chance to meet and talk to everyone on the trip.

So if you are sitting at home and looking for some really good company and some great places to visit, give them a call and they will make sure that you are looked after.

The hardest thing you will have to do is to make that first call – they promise not to bite so it will be painless, so don't be shy, jump on the phone and give Sandy or Rob a call on 5253 1251.

The Grey Outdoors

*No Wrinkles...
...No Ride*

Come & Meet Us

Look out for our bus and come and have a chat.

We will be at:
Drysdale & Clifton Springs
on Friday 4th March

Safeway Carpark
– 9.00am till 11.45am

Centuarus Avenue Shops
– 12.15pm till 1.15pm

Pinnaroo Avenue Shops
– 1.45pm till 2.45pm

Just look out for our bus



Small Group Trips for Seniors

- Free Home Pick-up
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- Day & Overnight Trips
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- Just like a family outing (but without the fights)

Rob & Sandy Higgins

P: 5253 1251 or 0438 798 075

E: robandsandy01@bigpond.com

F: www.facebook.com/thegreyoutdoors

W: www.thegreyoutdoors.com



Bellarine Secondary Year 9 students at SpringDale

During a program to link Bellarine Secondary College students with our community the students toured SpringDale learned of all our activities here. Entered the jigsaw room in awe and also reviewed Community issues.



FREE YOUTH SPACE OPENS AGAIN IN 2016

Every second Tuesday the SpringDale Neighbourhood Centre will be open 3.30-5.30pm for young people 12-25 years old. The space will include art activities, xbox games, a chill out space and an opportunity to meet others and learn different skills.

Tuesday 8 March and Tuesday 22 March

For more information contact Aleisha on 5272 4683, 0421 583 369 or aharling@geelongcity.vic.gov.au

Portarlington Toy Library

Ashamedly a little late, but thank you to the wonderful men at the St Leonards Men's Shed for the wonderful wooden toys they donated to the Portarlington Toy Library throughout 2015, filling our meagre shelves with fun items, particularly for the little guys. The Port Library also shares extras with the Drysdale Toy Library, who too, are very appreciative of your generosity.

Another thank you specifically to Russell, Dennis and Trevor for designing, making and installing a fantastic unit to accommodate all the puzzles and modifying existing storage units, enabling better access to the toys. These changes have made a huge difference - absolutely fantastic.

Yet another thank you to Russell, for securing a grant from the Lions Club of Portarlington/Drysdale to fund the shelving project. Unexpected bonus and very, very much appreciated.

Gentlemen, it has been a pleasure.

Pearl & Geoff

Volunteers - Portarlington Toy Library
SpringDale Community Neighbourhood Centre



The Bellarine Youth Action Crew (BYAC)



Every second Tuesday 3.30-5.30pm
at the SpringDale Neighbourhood Centre
for young people 12-25 years old.

FREE MUSIC & ACTIVITIES

For more information please contact
Aleisha on 0421 583 369
or aharling@geelongcity.vic.gov.au

Home loan deals.

At Bendigo Bank, it's all about rewarding you with greater savings on your home loan, the more you choose to bank with us.

And for you, that could include saving \$600 on home loan fees*.

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\$600**
on home loan fees*



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Community Bank

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Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL/Australian Credit Licence 237879. S53787-02 (288337_v1) (11/01/2016)



26th Annual Bellarine Agricultural Show

The 26th Annual Bellarine Agricultural Show celebrates and focuses on the best of rural and agricultural life. A day for town and country to come together to share, learn and have fun.

Save the date, Labour Day long weekend Sunday 13 March 2016.

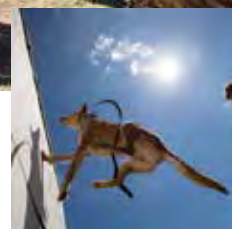
A date for your diary or device. Save Sunday 13 March as we would love you to join us for the 26th Annual Bellarine Show. This year's show has some exciting new attractions and sections which include sheep judging and the Bellarine Alpaca Youth handlers.

The Vintage and Classic machinery area will not only be looking for entries for its sections which include the best vintage tractor, best vintage engine, best overall display, best vintage or classic car or motorcycle and best vintage or classic truck but a couple of old work mates will be getting together again. The 7H/P Foden traction tractor engine compound type will be joined by a chaff cutter built in the early 1900's. The engine and chaff cutter were a contracting set working in the Bellarine and Geelong area till about 1950. They will be back in action together on Sunday 13 March some 65 years after there last stint together.

The discovery trail is back by popular demand and plans are to make it bigger and better than last year. We also have a display of miniature pigs and a sand pit for children to dig for plastic animals. Lots of activities for all ages to enjoy.

All the popular regular activities and sections will be included in the show; music, the hay roll, gumboot toss, best decorated gumboot, horses, cattle, poultry, art, photography, flowers, vegetables and cookery. Demonstrations will again be a feature with sheep shearing, lace making and the very popular dog events.

The website (www.bellarineshow.com.au) has details and timeframes for all entries so start working on getting entries ready now in preparation for the show. Hope to see you on the 13 March at Portarlington Recreation Reserve for this year's Bellarine Agricultural Show.



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BGS

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D Ward Facsimile 03 5251 3905

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Jonathan & Justin - 0417 33 66 21



William
Sheahan

Funerals

"Committed to Caring"

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RSL Member Profile - Dr. Gary J Connell DC.(COCA)



In New Zealand, the Compulsory Military Training Act of 1949 required all males, whether European or Maori, to become liable for military service upon reaching 18 years of age. Trainees had to undergo 14 weeks intensive, full-time training, three years part time service, followed by six years on the Army Reserve.

I had been happily working as a cable jointer with the NZ Post & Telegraph Department and playing Rugby Union Club football when I received my call up. The sudden change from Civi Street to Army discipline without question was difficult for some. Fortunately, I had spent 3 years in the Air Training Corps and had Army Cadet training at High School so I was somewhat prepared. One of the hardest experiences I had was trying to keep a straight face on the parade ground. We had an ex Coldstream Guards Drill Instructor who had a repertoire of very humorous expletives, so I did my fair share of extra Guard Duty. After 6 weeks very intense Basic Training, I requested and was posted to Infantry/Regimental Signals

where I felt I could best use my previous occupation technicality.

After, post training I went onto Reserves and returned to my occupation at NZ Post and Telegraph Dept as a cable jointer/cable fault locator and repairer until discharged 13 March 1965.

Reserves required a 2 weekly muster and a 3 weeks annual camp and at times, extra training for special duty was required, ie. A Guard of Honour Parade for the visiting governor General of NZ etc. (the Coldstream Guards Training paid off).

After arriving in Australia on a working holiday in 1960, I enrolled at the Chiropractic and Osteopathic College of Australasia in Melbourne, graduating in both Sciences. Also during this time I met and married my wife Valerie and went on to practice in Glen Waverly and Hastings, Victoria. Then for 17 years in Townsville North Queensland, I also served on the executive of a Chiropractic Association culminating as Vic. State President



and Australia Federal President and was on the COCA College Board.

As a side interest, for 5 years I was a company Director of Marlow Toys. I retired to the Bellarine in 2001.

Drysdale Rotary Art Show celebrates its 40th year



Rotary Club of Drysdale's prestigious Annual Easter Art Show is now less than a month away. The 40th event will be held at Christian College in Drysdale and will be a showcase of the talents of local artists, as well those from further afield. It is expected that around 400 artworks will be entered.

"We are very excited, especially as it is the Rotary Club's 40th art show. It is a great milestone for our Club" (President and Art Show Chair) Caroline Rickard from the Rotary Club of Drysdale said. In previous years, the event has raised up to \$20,000

which is donated to benefit many local and international projects.

"This event could not run with the support of our sponsors, Rotarians, Friends of Rotary and volunteers. These people give of their time, without expecting anything in return. It is always a great, rewarding weekend" Caroline said.

Drysdale Rotarians are currently selling raffle tickets across the Bellarine (Drysdale, Portarlington, St. Leonards and Curlewis). Tickets are just \$1, and funds raised go to support Cystic Fibrosis. First prize is a painting

by the wonderful artist Richard Jones.

The Show will take place over the Easter weekend Saturday March 26 (10am -5pm) and Sunday March 27 (10am - 4pm). To enter your art work, download your entry form at www.drysdalerotary.org.au (click on Easter Art Show), or contact Art Show Chair Caroline Rickard on 0408 989 221.



Rotary Club of Drysdale 

40th Annual Easter Art Show

Geelong's Premier Art Show

Admission: \$8 (including catalogue)
Concession: \$6 children under 12 free

Easter Saturday • 26th March 2016 • 10am - 5pm
Easter Sunday • 27th March 2016 • 10am - 4pm
Christian College Bellarine Sports Stadium
Collins Street, Drysdale

Contact 0408 989 221 for further enquiries
or visit www.drysdalerotary.org.au



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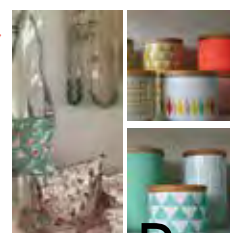


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Courses are designed and presented according to requests and ideas from possible students or possible trainers. If needed and possible we try to schedule extra courses. We are also facilitating one on one sessions where requested and possible.

Subsidised childcare may be available for people attending *Learn Local* funded classes, conditions apply.

Computers



Limited subsidised places may be on offer.

* Conditions apply.

What iPad or Tablet should I buy?

This session will focus on the issues for purchasers to consider before making a decision about which iPad or tablet should I buy? The positives and negatives of each will be discussed.

Date/Time: Mon 11 April 5pm – 6pm

Fee: \$10 **Tutor:** Jonathan Harris, JNH Software.

iPad & iPad like Devices

Learn how to use basic iPad functions, practice scrolling, learn about iPad apps and much more in a fun supported environment. Please let the office know what type of device you have when you to register. We will need this information to ensure you are in the correct class.

Introduction iPad

Skill Level: Beginner

Dates/times: Wed 20 Apr – Wed 8 Jun 1.30 pm – 4pm (8 sessions) **Fee:** \$165 **Conc:** \$70

Tutor: Jonathan Harris JNH Software P/L

Advanced iPad

Skill Level: Beginner – must have attended SpringDale Intro to iPad

Dates/times: Mon 18 Apr – Mon 6 Jun 1pm – 3.30pm (8 sessions) **Fee:** \$165 or **Conc:** \$70

Tutor: Jonathan Harris JNH Software P/L

Introduction

Tablet Android/Windows

Skill Level: Beginner

Date/time: Wed 20 Apr – Wed 8 Jun (8 sessions) 10am- 12.30pm

Fee: \$165 **Conc:** \$70

Tutor: Jonathan Harris JNH Software P/L

Advanced

Tablets Android/ Windows

Skill Level: Beginner – must have attended SpringDale Intro to iPad

Dates/times: Mon 18 Apr – Mon 6 Jun 10am-12.30pm (8 sessions)

Fee: \$165 or **Conc:** \$70

Tutor: Jonathan Harris JNH Software P/L

Introduction to Computers C/E

Learn how to install and uninstall programs. Clean up deleted items and documents, use cleaner and defragger to keep your computer running smoothly. Download software from the internet free, antivirus programs and others from the internet. Set up your computer the way you want it.

Dates/times: Thurs 21 Apr – Thurs 9 Jun 1pm-3.30pm (8 sessions) **Fee:** \$165 or **Conc:** \$70

Tutor: Colin Barnard, C & K Designs

Introduction to Computers F

Learn how to create tables, use tabs, columns, clipart and place a border, send and receive emails. Understand the Internet and browse different search engines. Learn about virus protections. This will include setting up a MyGov account and using it.

Skill Level: Beginner +

Dates/times: Tue 19 Apr – Tue 7 Jun 1pm – 3.30pm (8 sessions) **Fee:** \$160 or **Conc:** \$70

Tutor: Colin Barnard, C & K Designs

Introduction to Social Media

Participants are welcome to BYO their own computer, iPad, tablet or Smart phone. They learn to set up with a password, add a picture and practice using social media to keep up with other people. We will focus on Skype, Twitter, Instagram and Facebook.

Dates/times: Tues 26 Apr to Tues 14 June 9.30am – 12noon (8 sessions)

Fee: \$165 **Conc:** \$70

Tutor: Agata Commisso

Beginning Fiction Writing

If you have always wanted to write a novel, but have no idea how to start and what the techniques and rules of fiction are, this class will provide you with the nuts and bolts to get you started. Learn about setting, voice, viewpoint, dialogue and dramatic conflict. Taught by writer-director producer and Swinburne University writing teacher Dr Laurent Boulanger.

Date/time: Sat 7 May 9am – 1pm

Fee: \$40

Tutor: Dr Laurent Boulanger

Beginning Scriptwriting

Have you got an idea for a short film or a feature film but do not know how to present it? Learn how to present your idea into a screenplay for the market. In this class we look at script layout, introducing characters, dialogue, dramatic conflict, scene building and story arc. Taught by writer-director producer and Swinburne University writing teacher Dr Laurent Boulanger.

Date/time: Sat 4 June 9am – 1pm

Fee: \$40

Tutor: Dr Laurent Boulanger

Beginning Article Writing

If you like the idea of seeing your work in print in newspapers and magazines, then come to this class to learn how to do research, conduct interviews, find ideas and write for a specific market. Taught by Dr Laurent Boulanger, Swinburne University writing teacher, and writer of over 30 published articles in Australia, the USA and the UK.

Date/time: Sat 2 Apr or 2 July 9am – 1pm

Fee: \$40

Tutor: Dr Laurent Boulanger

Writing Workshop

You have written a story, a novel or a script, but have no idea how it stacks up against published works. Bring your writing along to this workshop and gain constructive feedback from your fellow writers and solid advice from your tutor on how to bring it to the next level. Facilitated by multi-award-winning author and Swinburne University writing teacher Dr Laurent Boulanger.

Date/time: 2 Apr, 7 May, 4 June or 2 July 2pm – 4pm

Fee: \$30

Tutor: Dr Laurent Boulanger

Making Dollars Stretch

Learn and share ideas to making dollars go further. Using Laughter for Stress Reduction - turn your life around. It will become easier to stay motivated and reach goals in the Goal Setting & Motivation sessions. In the Budgeting Session learn to start a budget. Lots of ideas for cooking, shopping for food while sticking to the budget using Time Management skills to get completely organised.

Date/time: Thurs 14 - 28 April 11.30am – 1.30pm (3 sessions) 12 - 26 May 11.30am – 1.30pm (3 sessions)

Fee: \$100 **Conc:** \$30

Tutor: Agata Commisso

The Money School – Free Seminar

The free information session focuses on Budgeting, Home loans, Investments, Short/long term savings etc, so come along and have your questions answered, and gain an insight into general financial affairs and day-to-day money management issues.

Dates/times: Tues 26 Feb 7pm – 9pm

Fee: Free but bookings essential

Tutor: Elena Alexander, The Money School

Money Management

We all need to make our money go further and build a financially secure future, but how do you make informed decisions and improve your financial situation?

The Money Management course is a step-by-step guide to managing your day-to-day finances. Topics include budgeting, home loans, savings and many other topics that affect us all.

No matter your age or situation, the Money Management course has something of tangible benefit for everyone!

Date/Time: Tues 10 May 7pm -9 pm

Fee: \$10

Tutor: Elena Alexander, The Money School

Focusing on the Future

A taster course which allows people to try a variety of classes to understand what is available locally at SpringDale. This is especially for anyone who is looking for a new direction in their life.

Classes will be tailored for each participant.

Dates/times: Thurs 28 April 9.30am - 11.30am

plus up to 7 other sessions as individually scheduled

Fee: \$100 or **Conc:** \$70

Tutor: Anne Brackley

The Joy of Volunteering

A way of getting experience is to volunteer. A way to give back to your community is to volunteer. A way to meet people is to volunteer. A way to fill in your time and share your skills is to volunteer. Many organisations and clubs rely on volunteers. This course looks into all aspects of volunteering and perhaps will help to increase your resume.

Date/Time: Thurs 28 9am -11am

Fee: Free

Tutor: Anne Brackley

Introduction to Sustainability

A series of sessions to assist people along the path to sustainability through planting, recycling, sustainable energy and other topics.

Date/Time: to be confirmed

Fee: \$100 **Conc:** \$70

Tutor: Experts in each field

Cooking Adventures

Gain confidence in your cooking, learn a variety of cooking methods, learn different styles, enjoy being in the kitchen again or for the first time. This course may lead to a new career path or may just lead to a happier home.

Date/Time: to be advised

Fee: \$160 **Conc:** \$70

Tutor: to be advised

Circus Skills course/workshop

Circus Skills, juggling, hula hooping and more is coming please register your interest in this.

Reading Music course

How to read music course is coming please register your interest in this course.

Innovations For Would Be Entrepreneurs

An entry level course for Would be Entrepreneurs. This course looks at the skills and mind sets necessary for people to develop the skills to become an innovator or an entrepreneur.

Dates/times: To be advised

Fee: \$100 or **Conc:** \$65

Tutor: Anne Brackley

Lifestyle Courses

Cheese Making with Corinne

Interested in making your own cheese? This is a very relaxed way to spend a day. You may like to bring lunch to share and make new friends and make conversation. You will be asked to bring some kitchen equipment.

Dates/times: Sat 9 April or 14 May Fetta, 16 April or 21 May Halloumi, 9 July or 15 Oct Cheddar, 16 July or 22 Oct Camembert 10am–3pm

Fee: \$100 per session milk and “hoops” included

Tutor: Corinne Blacket – Drysdale Cheeses

Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry? Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture. Small groups, so enroll early.

Dates/times: Sat 2 May or Sat 6 Jun 10am – 12noon

Fee: \$40

Tutor: Jordon Smith

Digital Photography Doctor

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperture, different file formats, downloading images, red eye reduction and lighting techniques.

Dates/times: Mon 16 May – Mon 6 June

7pm -9pm (4 sessions)

Fee: \$100 or **Conc:** \$92

Tutor: George Stawicki

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

Dates/times: Mon 18 Apr – Mon 20 Jun

9.15am – 10.45am (8 sessions)

Fee: \$135 **Conc:** \$120 **Tutor:** Glenda Breedveld

Materials: Bring your own mat and blanket if required.

Venue: Drysdale Senior Citizen's Club, Cnr Clifton Springs Rd & Wyndham St

Yoga

For fitness, stress relief and clarity of mind. New students are warmly welcomed.

Dates/times: Thurs 21 Apr–Thurs 9 Jun

6pm–7.30pm (8 sessions)

Fee: \$135 **Conc:** \$120

Tutor: Glenda Breedveld

Materials: Bring your own mat and blanket if required.

Venue: Drysdale Senior Citizen's Club, Cnr Clifton Springs Rd & Wyndham St

Yoga on Chairs

Would like to do Yoga but would feel more comfortable sitting. This course may be for you.

Dates/times: Mon 18 Apr – Mon 20 Jun

11am – 12 noon (8 sessions)

Fee: \$100 **Conc:** \$91

Tutor: Glenda Breedveld **Venue:** SpringDale

Buying and Selling on eBay

Does eBay confuse you? Would you like to be able to buy and sell on eBay with confidence? Then this course will navigate you through the process of getting started and using this worldwide facility to buy or sell your chattles. Please bring email address and password and bank details for Paypal.

Dates/times: Sat 8 May 9.30am – 1.30pm

Fee: \$50 **Tutor:** Brett Kerr

French for Travellers

In this course, you will learn phrases and pronunciation for when you next travel in France.

Date/times: Tue 19 Apr – Tue 21 Jun

11.30am- 12.45pm

Fee: \$100 **Conc:** \$95 **Tutor:** Serge

Ukulele Beginners

A class for those who will learn to play the ukulele quickly and easily and those who have started with us but need some more support before moving to the next class – no experience necessary but you will need to bring a Ukulele.

Date/time: Thurs 21 April – Thurs 9 June

11am – 12noon (8 sessions)

Fee: \$85 **Tutor:** Sarah Carroll

Ukulele Advanced Beginners

Date/Times : Thurs 21 Apr –Thurs 9 Jun

10am–11am (8 sessions)

Fee: \$85 **Tutor:** Sarah Carroll

Ukulele Intermediate

The intermediate level is for those who are part way along the path to learning how to play the Ukulele and improve their skills.

Date/time: Thurs 21 Apr – Thurs 9 Jun

9am – 10am (8 sessions)

Fee: \$85 **Tutor:** Sarah Carroll

Basic Italian for Travel

Learn the basics of Italian for travel or just for fun.

Warning! In this class spontaneous singing and/or raucous laughter may erupt at any time, while learning to roll your R's.

Date/time: Sat 16 April - 21 May 9.30am – 11.30am

(6 sessions)

Fee: \$150 **Tutor:** Agata Comisso

Ageless Grace

Join in the fun and exercise your BRAIN using movement/exercise in a chair! As they say USE IT so you DON'T LOSE IT. Learn all 21 tools required to Respond, React, Recover. Help improve balance, feel lighter and help the brain create new ways of doing things. This class appeals to all ages! For adults (Preventative) and children (Developmental).

Date/time: Sat 16 - 30 April 11.30am – 12.30pm (3 ses)

14 - 28 May 11.30am – 12.30pm (3 ses)

Fee: \$30 **Tutor:** Agata Comisso

Laugh – out – Loud Session

Join a laughter session to laugh stress away and learn to do laughter exercises. It's good for your health! It encourages playfulness to help balance the mind, body and spirit.

Date/time: Sat 9am – 9.30am

Fee: Gold coin Donation

Tutor: Agata Comisso

Colouring in for Adults

Anxiety disorders affect many of us. Need to just chill out? Calm your mind and boost your creativity. This is ART for the HEART. Everyone's doing it! We are colouring-in! It is a stress-free activity to relax, unwind, focus. BYO books, pencils, pens or come along and share the ones we have!

Dates/times: Thurs 2pm – 3pm

Fee: Gold coin Donation **Tutor:** Agata Comisso

Card Making Workshop

Open for all ages from beginners to experienced crafters. Everyone will make a card and a matching bookmark using some great techniques.

Dates/times: Mon 1pm – 3pm 4 April , 2 May, 6 June

Fee: \$10 **Tutor:** Jessie Holton

A Taste of the Importance of Play

What is Play? The importance and power of play.

Why games are good for children? Importance of

block play and how to extend construction play.

Importance of and how to encourage creative play.

Date/time: Calling for expressions of interest.

Tutor: Alison March **Fee:** Free

Latin

The language of Catullus and Cicero. At two levels, absolute beginners and those who have some high school or tertiary Latin and would like to pursue it further. We will generally use internet resources.

Two hours per week. Saturday mornings.

Tutor: Neil Bell

Discover the Artist Within - Level 1

An introductory or refresher Art Course using Drawing media for Adults. No previous knowledge required.

This course increases the skills of seeing and drawing and then introduces colour and various media. Class materials required: A3 Sketchbook or A3 visual diary, 2B and 4B pencils.

Dates/times: Tue 19 Apr – Tue 7 Jun

1pm – 3pm (8 sessions)

Fee: \$130 **Conc:** \$70

Tutor: Annette Playsted

Discover the Artist Within - Level 2

An Art Course in Painting and Drawing for Adults who have completed a foundation course. This course aims to increase media knowledge in the techniques and processes of painting and drawing, improving skills and confidence.

Dates/times: Wed 20 Apr – Wed 8 Jun

10am – 12.30pm (8 sessions)

Fee: \$140 **Conc:** \$75

Tutor: Annette Playsted

Materials list available from SpringDale office

Develop the Artist Within – Advanced Workshop Program

This program is for hobbyist artists or art students who have studied at the intermediate level and want to further develop their knowledge and broaden skills and perceptions. Workshops will include: Experiential Media broadening to include new approaches to two and three dimensional media, Building self-expression, ideas and approaches, building colour and tonal awareness, and shared adventures into Art theory and Art history.

Dates/times: Tue 19 Apr –Tues 7 Jun

10am– 12.30pm (8 sessions)

Fee: \$140 **Conc:** \$75

Tutor: Annette Playsted

Materials list available from SpringDale office.

Accredited Courses

Provide CPR *Code HLTAID001*

Pre-course work is required and you will be contacted before the course with the details.

Dates/times: Fri 8 April or Fri 27 May

9.30am – 12pm

Fee: \$60

Provide First Aid *(Level 2) Code HLTAID003*

Pre-course work is required and you will be contacted before the course with the details.

Dates/times: Sat 20 Feb or Fri 8 April 9.30am – 3pm

Fee: \$120

Tutor: Stayin' Alive First Aid

Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO 90909

Engaging Men Certificate Course in Men's Health Promotion

The ENGAGING MEN certificate course in male health promotion will equip allied health, human service, education, community workers and industry professionals with knowledge and skills to work more effectively with males, with the aim of improving the health, psychological, educational and social outcomes for them.

Dates/Times: Mon 20 June – Fri 24 June

Fee: \$1,200 or \$1,000 early bird fee if paid by May 27

Tutor: Greg Millan, Men's Health Consultant

SpringDale Groups

To attend SpringDale Groups you must be a member of SpringDale – Annual Membership \$12 – each group charges a small fee ranging from \$2 to \$12 per session.

Card Games

Enjoy playing cards? Come and play Canasta and Bolivia. Monday afternoons from 12.30pm – 3pm.

Friendly Cuppa and Chat Group

Call in for a cup of coffee and a chat on the first Tuesday of the month between 10.30am – 11.30am.

Girls' Shed

– formerly SpringDale Craft Group

A great activity for all year. Keep your hands busy and be creative. Bring your UFOs (Un Finished Objects) Tuesday Weekly from 1pm – 3pm.

SpringDale Badminton

Wednesdays 1pm – 3.30pm weekly at The Scout Hall Drysdale.

Cryptic Crosswords Group

Have you ever wondered how Cryptic Crossword Puzzles work? Join a group of like-minded crossword fans to learn and share the skills needed to solve Cryptic Crosswords. We will solve cryptic puzzles together in a fun and non-competitive atmosphere. This group is open to all levels of expertise from beginners to those who want to extend their knowledge. Friday weekly at 10am.

Fun Volleyball

We play with a soft beach ball, and the aim is exercise. Other session times possible, register your interest. Mondays from 9am – 10am
Venue: Drysdale Scout Hall

Genealogy

People interested in researching family history come together weekly and share tips and tricks. Thursdays 9.30am – 12noon

SpringDale Jigsaw Club

Borrow a jigsaw from a big library, 40¢ each. The first Thursday of the month from 10am – 12noon.

Line Dancing

Join our group. Every Wednesday 10am – 12noon.

Bellarine Community Choir

Peninsula residents are welcome to join this choir. We sing 4 part harmony to perform at functions on the Bellarine and Geelong. All welcome.
Thursdays 1.30pm at SpringDale.

SpringDale Mahjong Club

This group meets Wednesday from 9.30am – 12noon.

Pole Walking Group

Enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk. Weekly Mondays 8:50am-10am (Contact SpringDale for meeting points)

SpringDale Scrabble Club

Held on Tuesday afternoon, 1pm – 3pm and caters for players of all abilities and new players welcome.

SpringDale Artists

The SpringDale Artists meet each Wednesday. Activities include working sessions, discussions, demonstrations and gallery visits. Wed 1pm – 4pm.

SpringDale Wheelie Riders

SpringDale membership is all you require. Would you like to get involved in cycling again? Rides vary in difficulty and start from SpringDale at 8am. New riders welcomed and shorter rides are graded to suit individual needs.

Rides Mon, Tues, Wed, Fri and Sat or Sun.
SpringDale membership is all you require.

SpringDale Singers

SpringDale Singers meets at SpringDale Community Centre on Tuesday afternoon at 1:30pm until 3:30pm.

We sing in harmony (4 parts) a wide range of music and song; enjoying good fellowship and the joy of singing; accompanied by an excellent pianist. Several conductors (from the group) strive to enhance performance over the year. We are not a performing choir although we do have an end-of-year performance at the Community Centre. We welcome any interested singers to join us; the ability to read music is not essential, we learn as we go.

Men's Kitchen – Tuesday Mornings

Tuesday morning 10am – 1pm
Location: St Leonards Recreation Reserve
Fee: Price depends on menu

Men's Kitchen

– Wed / Thurs / Fri Morning

Wed / Thurs / Fri Morning 10am – 2pm
Waiting list applies.
Fee: Price depends on menu

Men's Kitchen

– Wednesday Evening

We will be running a Men's Kitchen every Wednesday evening from 5pm – 8pm.
Waiting list applies.
Fee: Price depends on menu

Traditional & Digital Scrapbooking

Would you love to organise your precious memories by scrapbooking your photos. Come along and learn traditional and digital scrapbooking solutions. Material list for beginners, tools available for you to use and product available to purchase.
Thur April 14, May 12, June 9 1pm – 4pm

Write About

A group of committed Writers ranging from Biographers, Poets, Storytellers, Song and Report Writers meet on the 1st Thursday of the Month from 2.30pm – 4.30pm.

Harvest Basket Produce Swap & Edible Gardening Group

Meets 1st Saturday of every month in the SpringDale Hall. You do not need to have anything to swap to come along and forge friendships and share veggie gardening skills.

Date/time: 9am – 10.30am
Fee: \$8 plus SpringDale membership

Felting

This is not a class but people coming together to enjoy felting. If you're not sure what felting is, just pop in for a look. For further information you can contact Julie on 0409 511 662.

Date/time: 1st Saturday each month. 10am – 3pm

SpringDale Open Dance Band

The band usually meets weekly on Monday afternoons 5pm- 7pm. Musicians of various backgrounds who enjoy making music together and sharing their love of music with others. Open to all musicians.
Contact SpringDale Office for more details.

SpringDale Community Garden: Growing Green – a Healthy and Sustainable Community.

Work in the Communal area or establish your own personal plot to produce fresh food of your choice to be enjoyed at home, swapped with other members or donated to the Drysdale Community Church's Foodbank project. Membership forms, details of annual payment and other information are available from the SpringDale Office.

Bellarine Fathers' Group

Meets 3rd Wednesday each month 7pm – 8pm and outings as arranged. Calling for expressions of interest.

Kinship Carers

Meets monthly Monday 11 April, 2 May, 6 June, 11 July 10am -1pm

Business Breakfasts

Monday 30 May, 29 Aug and 28 Nov 7am – 8.15am
each breakfast \$20.

SpringDale Business Services

**Photocopying, Faxing,
Scanning, Laminating, Binding,
Offsite Backup and storage,
Online file sharing, Small
business webpage development
and hosting. These services are
available 9am-5pm weekdays
and maybe available after hours
and weekends by arrangement.**

Document Signing Service

Wednesdays 10am – 12noon an Honorary Justice of the Peace is available to witness most documents excluding Births, Deaths and Marriage certificates. This is a free service staffed by local volunteer JPs. Bus stop at front of building, waiting time minimal and parking available.

To attend SpringDale Groups you must be a member of SpringDale. Annual Membership \$12.

Each group charges a small ranging from \$2 to \$12 per session.

Non SpringDale Groups

Drysdale Guides

Our Mission is to enable girls and young women to grow into confident, self respecting, responsible community members. We meet on Thursday evenings at SpringDale Neighbourhood Centre. Girls aged 5 – 11 years meet from 4pm – 5.30pm and girls 11 to 18 years meet from 6.30pm – 8pm. Contact Anne Brackley for more details 0407 529 205.

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention and direction.

Date/time: Classes commence on Tuesday, 12 April / Thursday 14 April. There will be 11 weekly scheduled sessions at a cost of \$165 for the term (\$305 if doing 2 sessions per week)

Tutor: Monique MacLeod

Phone to book: (03) 5251 2958

Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale

Tai Chi

Art of Defence Australia teaches Cheng Ming International style of Tai Chi Chuan. This is suitable for all ages 16 upward. The benefits of Tai Chi Chuan is the developed flexibility, stretching, and particularly balance. The 99 movement long form is taught along with specific exercises to strengthen core stability and balance. As a form of stress management, Tai Chi has no rival. Free uniform on joining.

Date/time: Tai Chi resumes Mon 11 April 2016.

6pm – 7pm

Fee: Tai Chi \$195 or Conc \$180

Tutor: Art of Defence Australia

Phone to book: 0407 320 333

Venue: SpringDale

Karate

Art of Defence Australia teaches traditional Goju karate to children from 4 years old to seniors. Skills taught range from motor and social skills to balance, confidence, self discipline and leadership. Great care is taken to ensure that the student understands self defence is used appropriately. Free uniform on joining.

Date/time: Karate Mon 11 April 2016. 4pm – 4.45pm

Fees: Karate \$165 Primary Students and High School Students \$180 per term.

Tutor: Art of Defence Australia

Phone to book: 0407 320 333 Venue: SpringDale

Calling for Callers

*We need a new caller for our
Family Dance nights –
please tender your interest in
this position*

Other SpringDale Services Family Services

SpringDale Occasional Care

This will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself.

Sessions: Monday 8.30am – 1.30pm,

Wednesday and Thursday 9am – 2pm,

Tuesday, Friday 9am – 12noon.

Some subsidised places are available those studying Learn Local supported classes. (conditions apply). For further information please phone Occasional Care on (03) 5251 1627. Sessions run during school terms only. (We are hoping other funded opportunities will be available in the new year).

Drysdale Toy Library

Tuesday 4pm – 5pm, Saturday mornings 9.30am - 10.30am We have some fantastic toys to borrow (ages 0 – 6 years) so come along and see what we have to offer. Membership \$10 per term.

Portarlington Toy Library

Wednesday 8.45am – 10am. We have some great new toys thanks to a Bellarine Peninsula Community Grant. You might like to get involved or just use the library service. Membership \$10 per term.

SpringDale Family Dance Night

Next scheduled performance at the Family Bush Dance date to be announced \$10 Adult, \$5 Child, \$25 Family – please bring a plate of supper to share. Ring Dennis 0419 543 920 for more information or to offer your assistance.

Ideas for new courses you might like to learn or you might like to teach *Data Backup, Developing a Marketing Plan, Political Advocacy, Sustaining our environment, Bokashi recycling, Lace Making, Make up Techniques, Cup Cake Decorating, Cake Decorating, Sushi Making, Face Painting for Beginners, Macrame, Car Maintenance, Running a Bed and Breakfast, Goat Keeping, Fingernail Painting, Glass Cutting, Fairy Floss Making.*

We are always on the lookout for something new to try please contact SpringDale 5253 1960 if you are interested in any of these or maybe if you have the skills to run them.

Our range of courses are diverse and dynamic and may change due to community requests. If you would like to be informed of these changes register your contact details with our office **5253 1960** or email **office@springdale.org.au**

Scheduled Fees: Courses at nominated rates.
Single Sessions: Incur a \$5 Administration Fee.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



Department of Planning
and Community development



Department of Education
and Early Childhood Development



Enrolment & Payment Conditions

ENROLMENT

To book into a class, **phone (03) 5253 1960**, or call in person, at **SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale, OR**
Email: **office@springdale.org.au**

- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.

- If there are not enough enrolments to successfully run a course it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

Privacy: The SpringDale Neighbourhood Centre

respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

Mothers' Group

As SpringDale has been supporting the establishment of a dads group for almost a year I was challenged with **Why not have a mums' group?** As I usually do, I quickly asked the questioner to help get it started. The words that Represent the sentiment behind starting such a group are inspiring

Local mums getting together for regular outings with and without little ones. Socialise, get back to pre-pregnancy self, fearless living, confidence building. Mums supporting mums. Bringing mums together.



Here's an IDEA!

Why not have a Mums' Group?

Looking forward to hearing from you if you would like to be part of this initiative.

Please email office@springdale.org.au or ring 5253 1960.

Girl's Shed

Tuesday arvo,
1pm onwards at
SpringDale Neighbourhood
Centre. Bring along your UFO'S
(unfinished objects). Share your
skills amongst the group.
C U there.



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BAYVIEW





The International Year of Pulses 2016 aims to heighten public awareness of the nutritional benefits of pulses as part of sustainable food production aimed towards food security and nutrition. The Year will create a unique opportunity to encourage connections throughout the food chain that would better utilise pulse-based proteins, further global production of pulses, better utilise crop rotations and address the challenges in the trade of pulses.

We would love anyone to please send in recipes, hints, photos, or growing examples to help us all become more aware and better able to use pulses to enhance our lives. When I was lucky enough to be in Bangladesh on a Child Health Project, some of our group prepared and shared pulses but I still need assistance to become familiar with this source of nutrition. I'm ready to accept the challenge. Hoping we can help each other to accept this International Year challenge.

Please email messenger@springdale.org.au with your examples so we can share them with the community.

Anne Brackley



Sometimes leftovers come in handy for an easy light lunch or dinner. Our recipe uses left over pasta and chicken - alternatively tuna or chick peas or lentils will work as well. Feel free to add other left over vegetables eg. sweet corn, peas or beans, olives etc depending on what's in the fridge or garden at this time of the year. It's quick and easy to prepare yet full of flavour.

Salad for Lunch or Dinner

- Serves: 4

- 2 cups cooked pasta (shells or any small shape)
- 2 tablespoon extra virgin olive oil
- 2 cups cooked chicken pieces, diced and skin removed (around 250g)
- 10 cherry tomatoes, halved
- 1 avocado, diced
- 8 chopped sun-dried tomatoes
- ½ cup chopped parsley
- Juice of 1 lemon

Method

Place the pasta in a large bowl, add the olive oil and toss well.

Add chicken, tomatoes, avocado, sun-dried tomatoes and parsley to pasta and combine. Drizzle over lemon juice. Toss lightly and serve in a bowl.

Make a night of it!

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SpringDale Dining Group

Come and have breakfast with the SpringDale Diners on Monday 14 March 9am at Café Zoo. We go to a different venue each month. There are usually between 20 and 30 people. Lots of opportunity to meet people who have lived in the area for ever or just moved in. Please contact SpringDale to book a spot office@springdale.org.au or phone 5253 1960



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Diabetes Bellarine Support Group

The Diabetes Bellarine Support Group has grown and proves that meeting once a month or so is a great way to learn something new and exchange ideas. The main topic of discussion in February was "Thinking Positive" and looking at all the different ways we deal with knowing we have the "D" word. Whilst many go into denial, most realise the diagnosis prompted some POSITIVE CHANGES in daily life.



Taking action to stay positive

Once it has sunk in it's best to focus on the GOOD! No more eating the "wrong food" and having high blood sugar counts.

Let the GOODNESS begin. Take action! Sitting around worrying or feeling sorry for yourself will only make you feel worse.

TAKE ACTION - you will feel empowered and in control. Here are some ideas:

- Go to the **library** and find books about diabetes. Knowledge is POWER!
- Check the **computer** (if you like - or ask someone to help you). There are lots of great ideas, stories and loads of information.

- Make a **plan** - include a diet guide, exercise or movement guide, who to talk to.
- Join a **support** group - not only for diabetes but also a group where you will feel welcome to join and chat. If there is not a group you would like - start one!

The group meets at SpringDale Neighbourhood Centre on the first Thursday each month. The next meeting is 3rd March at 2pm and the guest speaker will be a Diabetes Educator. The topic is "How Much Sugar is in this item"?

To keep up to date and more details please see <https://www.facebook.com/DiabetesSupportBellarine>

Clifton Springs Garden Club



Clifton Springs Garden Club is now in full swing for 2016. We have had our first meeting for the year, welcoming back members after the summer break and looking forward to welcoming visitors and new members alike. Our speaker for our 21st March meeting is Cathy Powers. Cathy lives near the Brisbane Ranges and is very passionate about nature and photography. Cathy's talk to us will be about two of her hobbies Fungi and Moths. Going on past presentations, this one will also be most interesting and informative and accompanied by fabulous photographs taken by Cathy.

Our first outing for the year on Wednesday 23rd March will be to Woodland Homestead, or probably better known as the place where the "Living Legends" spend their twilight years. We will be given a talk and tour on

Woodland Homestead and gardens which are of historic interest in their own right. From here we will visit the Alister Clark Memorial Rose Gardens Bulla, where a member of the Bulla Garden Club will give us a talk and tour.

Coming up during 2016 we have speakers lined up to talk on proteas, differences in potting mixes, fushias, bonsai to name just a few. The outings we have planned are to Ard Choille Mt Macedon, as talk and pruning demonstration on espalier fruit trees, Alowyn gardens Yarra Glen and a trip to Tasmania. Information on the Club's activities are published in our monthly Newsletter, if you wish to receive a copy or further information on the Club, please contact our Secretary, Helen on 5257 1566 or email hallan@iprimus.com.au





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The SpringDale Community Garden

Looking for New Members

As we approach the start of the autumn planting season, it is perhaps appropriate to stand back, take a deep breath, and contemplate what has been achieved since the idea of a local Community Garden first took root in mid 2014.

We have been granted the use of 1200 square metres of land at the rear of the Drysdale Community Church, in Jetty Road, Curlewis. The land has been surrounded by a rabbit-proof fence, courtesy of a Grant from the Geelong Community Foundation, and it actually works, to keep the little blighters away from our precious veggie patches.

Thanks to further donations from the Rotary Club of Drysdale, the Bendigo Community Bank, and the Portarlington Drysdale Lions Club, we have a fine storage shed, and a tank/watering system that allows us to harvest rainfall from the roof of the Community Church's Playgroup room – thanks to them all for their support.

The Community Church operates a FoodBank program called Drysdale Family Support (DFS), which every week supplies donated packaged, tinned and frozen foods to over 100 families within our region. Our Community Garden has now been able to add a fresh food component to the menu, and from summer 2015/2016, we have harvested tomatoes, lettuces, silver beet, and corn from the section of the garden that is dedicated to support the DFS. Still growing and yet to be harvested for DFS are pumpkins, zucchini, cucumbers, eggplant, and red capsicums, all of which should be on the tables during the autumn/winter period.

In the areas of the garden available for rent to members to grow their own choice of foodstuffs, we have both in-ground plots and potato boxes above ground. Current members' own boxes, carefully watered and tended, are all sprouting great amounts of greenery, and will soon produce such as corn, beetroot, tomatoes, capsicum, pumpkins, zucchini, eggplant, and other goodies.

The SpringDale Community Garden is open to all paid-up members of the SpringDale Neighbourhood Centre (SNC). Garden membership costs just \$10 as a once-only joining fee, plus an annual membership of \$15 single, \$30 family, or \$10 concession. Annual plot rentals are just \$15 for either in-ground or above-ground types. Right now, we have further plots available, (both in-ground and above-ground), ripe and ready for planting.

If you would like to be a part of this friendly and committed gardening group, you may elect to simply help in the Communal section of the garden, and have some access to what is produced therein. Alternatively if you want to grow your own choice of foodstuffs in your own "patch", you may rent your own in-ground or above-ground plot and garden to your heart's delight.

Enquiries to Brian, I'd like one or two members' names (put in my name) and phone number as a primary contact, then - SpringDale Neighbourhood Centre on 5253 1960, or at 17 High Street Drysdale.



WANTED – USED TOOLS

The SpringDale Community Garden is looking for donations of gardening tools that have outlived their current owners, but have a good working life still left in them.

Items on the wanted list:

- Shovels, long handled, garden spades
- Forks, long handled, garden pitch fork
- Hand held – hoe, fork, spade, scythe
- Hedging shears, hand held secateurs, pruning clippers
- Metal watering can

Enquires:

Contact Adrian 0419 114 167 after 5.30pm for suitability, pick-up or drop-off options.

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kel's corner

Graeme Brown reconditioned a big steam engine a number of years ago.

He made a wonderful job of it. To get it to the Bellarine Show he connected a thrasher behind it and drove it at 5 miles per hour from Bellarine to Portarlington. I've watched his thrashing machine at the Bellarine Show with great interest. It brings back memories of when I was younger watching the big thrashing machines heading off to Ballarat with a food van on behind.

There were three different teams that I remember that went to Ballarat.. Edens from Portarlington, Warrens from Leopold and perhaps even McDonalds from Mannerim. On the way up and back they were commissioned by farmers to thrash the sheaves from their hay stacks. It would take a significant amount of time to set the steam engine and thrasher to ensure the large leather belts ran straight and true. If not the pulley would throw the belt.

The hotter the day, the better cut and the quicker the job. The chaff comes down a tube into the hessian bags. Then the bags were sewn and stacked in a big row and carted as quick as possible to the Geelong & Cressy Produce Market for sale as horse feed.

McDonalds was the last working thrasher on the Bellarine and when I worked for Reg Butcher we carted the thrashed chaff to the Cressy.

Kel Davis & Anne Brackley scribe.

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Autumn's here already – not that you would know it. The summer veg are still producing a full flush of fruit and watering is still keeping us busy. If I want the vegie garden to stay productive throughout winter and spring, though, it's important to do some planning, sowing and planting now. Here are some of the veg I'll be putting in soon.



Plan now for a good spring harvest.

Root Vegetables

While the soil is still warm, March is my last chance to get carrots and parsnips in before winter. As the weather gets cooler, germination will get patchy. Beetroot can also go in now.

Planning & Planting for Autumn

Garlic

Garlic can go in the ground April–June. It's a good idea to get your bulbs early and store them in the fridge for a few weeks. That way they'll get enough 'chilling hours' to form fat bulbs in the spring. You can prepare the garlic bed now by giving it a good top-dressing of aged manure and/or home-made compost.

Leeks

This member of the onion family needs to go in the ground in early–mid autumn, otherwise it's likely to flower in spring without forming thick, juicy stems. I sow the fine seeds in trays or pots, then plant them out when the seedlings are 5–10 cm high. Leeks need plenty of tucker, so again I top-dress with manure and compost.



Crimson-flowered broad beans – productive and decorative.

Onions

Early onions (Barletta and other salad types) can go in April–June. Late types (long-keeping onions like Australian Brown and Creamgold, or red onions like Marksman) should wait until July. I check my seed stocks in March to make sure I have enough fresh seeds.

Broad Beans and Peas

Broad beans that are sown in autumn tend to be hardier than ones sown later. For the last couple of years I've 'missed the boat' with broadies, so I'm determined to get them in promptly this year. Peas (maincrop, sugar snap and snow) can go in throughout autumn, winter and early spring. Warm soil produces better germination. I grow several varieties to ensure a good crop.

Brassicas (cauliflower, broccoli etc)

They can be sown now for April–May planting. That way you'll hopefully avoid the pesky cabbage white butterflies.



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Men occasionally talk, but work shoulder to shoulder



Our Shed has evolved over the past few years into an active facility where men of all ages and capabilities can integrate socially or in one of our many activities such as wood or metal work, art, pool or other games, community involvements, computer and internet or a range of guest speakers relevant to a myriad of matters. Recently Dr. David Unkenstein visited to chat about various men's health issues.

Our activities are not confined within the Shed complex. Numerous fund raising pursuits encourage fellows to combine their energies in a myriad of ways to provide funds necessary to enable ongoing Shed functions and expenses, plus, enable us to fund a range of Community involvements.

- Community Markets. Portarlington last Sunday each month
Drysdale Rail Station 2nd Sunday monthly.
- Sale of many of items made in our various workshops eg: toys, art, kiddies furniture, used tools (in safe working order), plants, et al. (Orders also taken).
- Sausage Sizzle. Aldi Supermarket Drysdale 1st Saturday each month.
- Shed door sales. Open each Monday 10am to 2-30pm.

Recently the Bendigo Community Bank provided a grant to purchase and install an air cleaning system to remove dust particles in the Woodwork Shed. This is now installed and operating improving health of men active in area. Also, the grant provided funds to acquire a "mobile pickers ladder" to improve safety when accessing overhead stock or equipment.

Our Shed is open each Monday and Wednesday 10am to 3pm and is located at the rear of the block 45 Central Road, Clifton Springs. Visitors welcome and enquiries phone 0459 213 153.



Drysdale Clifton Springs Community Association

Much of DCSCA's work in February was dominated, as usual, by the Festival of Glass. The 2016 Festival - the sixth - had several new features, including a Treasure Hunt, a Masterclass and special 'outreach' workshops for seniors and for young people. Thousands of visitors to the Festival Expo on Sunday 21 February met more than 40 exhibitors, tried some simple glass working and helped to create a glass mosaic and a glass bead-woven hanging. The mosaic and the hanging each depicted one of the area's two endangered birds - the Orange-bellied Parrot and the Hooded Plover - and they will tour the local area in the company of glass replicas of the birds created at the Masterclass.

The Festival is organised by a DCSCA sub-committee, assisted by people who help at specific events. The committee is grateful to local people for supporting the Festival; to

local businesses for their support; and to our sponsors, without whose support the Festival would be a much less significant event.

Being on the Festival committee is a good way to meet new people, and to help make the Festival even more based in the community for the community. You don't need to know anything about glass! The current committee includes glass artists and people with no glass art skills at all. However, if the experience of the current 'non-artists' is anything to go by, you'll soon find yourself drawn into the wonderful world of glass.

In the meantime, DCSCA continues to work with local individuals and groups to improve the area. It will run local events on Clean Up Australia Day (6 March); it's lobbying for the swift completion of the fishing pier at the boat harbour; and raising people's concerns at Lisa Neville's Community Safety. If you have an issue that you think needs attention, please

contact us - together, we can make things happen.

Contacting DCSCA:

P.O. Box 581, Drysdale, Vic. 3222; or
dryclift@bigpond.com

For up-to-date news, please visit DCSCA's blog
- drycliftdays.blogspot.com/

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HOCKEY BELLARINE

The 2016 Winter Hockey season is fast approaching and we are busy planning for another productive and successful season.

The Junior and Senior 2016 Winter Hockey Seasons commence on the weekend of 16 April 2016. Our 2016 Registration Day will be held at the Leopold Sportsman's Club on Sunday, 6 March 2016 from 12 noon. The day will include a BBQ and a game of Bare Foot Bowls. Players and Parents will be able to register for the hockey season on the day and purchase/or and order a uniform.

We look forward to all of last year's players renewing their registration for season 2016 as well as welcoming new participants in the Junior (from Under 10's to Under 15's) and Senior Levels.

Would you like to give Hockey a try?

Hockey Bellarine caters for all ages and skill sets from Novice to Experienced Players in all teams. We have Mixed Under 10's, Under 13's and Under 15's, Men's and Women's Senior Teams in the 2016 Winter Season. So if you would like to play and have some fun and get fit at the same time call us on 0430 388 844 or drop us a line at hockeybellarine@gmail.com or you are welcome to come to our Registration day.



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I brought the business about 18 months ago. The best part of my job is meeting local people, making clients happy with their lawns and gardens, being in the great outdoors, also being able to help clients do small maintenance jobs around their homes.

I like being involved with the local community, so if you would like me to pop around, just give me a call and Blaze and I can come and see you.



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Portarlington Demons Football Netball Club



Danny Frawley, St Kilda champion and current backline coach with Saints has kindly accepted the Club's No 1 Junior Football Ticket holder and will assist us whenever he can. Danny took an impromptu training session with some junior members of our club, females and males.



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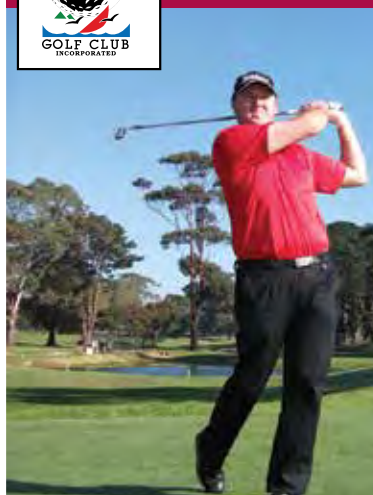
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www.portsidephysiotherapy.com.au

Pre-season training for our junior teams is well underway at Mortimer Oval. Yes, we are excited to have Mortimer Petroleum as our naming rights sponsor for the next three years. The Mortimer family have been wonderful contributors to our club for over 40 years and their support helps us to provide facilities and equipment for our junior program.

At this stage we anticipate fielding two U9 teams, two under 10 teams, three U12 teams, three U14's and two U16's, as well as a junior girls and Auskick.

Most coaching appointments have been made and we will take the opportunity to introduce them to you in later articles. As mentioned before, our aim this year is to provide great coaching for our developing players. An example of this is our U16's where current player and 2014 senior Best & Fairest Josh Hopgood is co-coaching the squad with former junior Josh Deeath. These young guys are being assisted by Marc Rodway, who co-coached our Premiership second team last year, and also receive regular assistance from former senior coach and U16 premiership coach Ian Cockerell.

Our club is again working hard to recruit junior girls to continue the great work we started last year. AFL Barwon have pushed the age up this year to U13 so that girls who played last year can continue on their pathway to senior women's football, however we are looking to grow the numbers in this program.

Registration and membership for new and existing players can now be done online. Existing members should have received an email inviting them to join, but if they haven't you can still use the link under the 'Membership' tab on our website. All registered players will be invited to our junior season launch at our first Senior home game on 2 April.

To stay up to date with this and other events please make sure you are following both the Drysdale Hawks Football Inc Facebook page as well as Drysdale FC Juniors page. Once the season gets closer we will re-introduce a page for each age group so that you can stay in touch with events affecting your team.



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Armchair Travel

Have you been considering travelling to countries far and wide but would like to experience the atmosphere and the colours first? Fancy no passports, no health checks, no bank loan but just an evening out to enjoy the wonders of the lands far away. The SpringDale Neighbourhood Centre is holding an **Armchair Travel** evening when you can slip onto a chair and enjoy a photographic evening with tales of lands a little off the beaten track. This evening is for those with a curiosity and a desire to dream.

Carole O'Neill amateur traveller and photographer will take you through the excitement of a different land each evening starting with the wonder of the icy Antarctica on Wednesday 23 March at 7.30pm.

Please book your spot with the office by email office@springdale.org.au or phone (03) 5253 1960.

