



The SpringDale Messenger

April 2016
Volume 26 Issue 3

ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.

*Lest We
Forget*



The Drysdale RSL ANZAC Day Service

will be held at the Drysdale Primary School Hall, Collins Street, on 25 April 2016 commencing at 10am followed by a service at the Drysdale Cenotaph at 11am. Members of the public are invited to attend.

Lest We Forget.

Community CALENDAR

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.
If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE April 2016 • **Bookings/copy required by** 1 April • **Dist:** Sat 23 April • **Circ:** 11,000

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am - 5pm and by appointment.

Friday	1	The Underarm 2pm & 8pm Potato Shed
Saturday	2	Harvest Basket Produce Swap SpringDale 9am – 10.30am
Sunday	3	Daylight saving finishes. Turn clocks back 1 hour at 3am
Monday	11	School Term 2 starts
Tuesday	12	Dining Club at TC's Diner & Pizza 6.30pm
Wednesday	13	Days for Girls, SpringDale 9am – 12noon
Thursday	14	Close to my Heart Scrapbooking 1pm
Saturday	16	Bush Dance
Sunday	17	Drysdale Market 9am – 1pm
Friday	22	Someone like Thomas Banks 7.30pm Potato Shed
Saturday	23	Someone like Thomas Banks 2pm Potato Shed
Monday	25	ANZAC Day Service 10am Drysdale Primary School Hall ANZAC Day. Public Holiday. SpringDale closed
Tuesday	26	Meet Geelong's Ancestors in Person
Wednesday	27	NBN Explained 2pm or 7pm
Friday	29	Nominations close for 2016 Adrian Mannix Community Service Award
Saturday	30	Trivia Night, Drysdale Bowls Club

**Bookings &
copy required by
1 April for
May 2016
issue**

APRIL

The SpringDale Messenger is a locally produced publication.

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V.
17-21 High Street, Drysdale Vic 3222. Postal Address PO Box 80 Drysdale
The SpringDale Messenger Production & Creative by **Jo Aspland | Jo Aspland Graphic Design**

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Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:





Coordinator's News

Anne Brackley



Over the years I have been pleasantly surprised by interesting conversations that come out of the blue. Conversations that start calmly and in quite a contained manner can become exciting and bigger than Texas at a turn of a word. The words put together in a certain order can affect great change and very often do. Sometimes the words form a stepping stone to an idea that might need more teasing out until it forms properly.

I select my words carefully even when I sound as if I might be joking. I ensure that my words actually mean what I say and I say what I mean. I have definitely learnt the hard way to never to say something I didn't mean. It's hard to dig yourself out of a hole better to prevent the jumping in if you can. It's good that I can learn from my mistakes.

It continues to amaze me that during a conversation I often say something, triggered by the other half of the conversation, that I didn't realise I was going to say and often it completes a circle and pushes thinking in another direction. Without the conversation the ideas would have been left buried. This continues to amaze me.

At the moment I am reading a book by Margaret Wheatley called *Turning to One Another* – simple conversations to restore hope to the future. It backs up my thoughts and helps me to realise that it takes courage to have conversations. Some conversations drain my energy and I avoid having to have those until the timing is right and the door is open to start.

I love the words and I quote from Margaret's book "Conversation is the natural way we humans think together". Often when we have Community Meetings to try to establish a community position we just allow conversation to flow and although the conversation learnings happen. Another quote from Margaret's book is "There is no power for change greater than a community discovering what it cares about". We know this to be fact as once we prioritised our community's goals and issues, we could work on them and we have been successful in attracting more than \$110 million dollars to help meet the community's goals.

Take time to listen and be part of conversations be curious when people are speaking – Margaret says "I try to maintain curiosity by reminding myself that everyone here has something to teach me." If this is different to the way you usually approach conversations – please give it a go – be curious – what can you learn for the next person you speak with? Please let us know if you have as many revelations as I continue to have every day.

If you haven't renewed your membership please feel free to do that now. A number of people have opted to pay for whole of life membership in the last month. You can renew over the phone or via email.

Looking forward to seeing you at SpringDale soon.

Anne Brackley
for the SpringDale Team

Course Update



What iPad or Tablet should I buy?

This session will focus on the issues for purchases to consider before making a decision. Also the positives and negatives of each type.

1 session - 1 hr Monday 11th April at 5pm.
Fees: \$10

Please call SpringDale Office on 5253 1960.

So much on offer at SpringDale. Please drop in and pick up your Course Guide now.



Missed out on being included in the 2016 directory. Don't wait for the 2017 edition as online options are now available. Contact the SpringDale office for more information.

Get your dancing shoes on for the next

SpringDale Bush Dance - Saturday 16 April - \$10 - 7.30 to 11pm



Photography by George Stawicki





Boat Ramp Upgrades Announced *Indented Head, St Leonards and Clifton Springs*

I was pleased to announce a \$520,336 grant from the State Governments Boating Safety Facility Program for upgrade of three Bellarine boat ramps. These were:

- \$360,000 to replace the Indented Head boat ramp with a new ramp built that will be more accessible to a wider variety of vessels and relieve congestion at the St Leonards boat ramp.
- \$125,720 for stage two of the Clifton Springs boat harbour upgrade that will extend the current causeway to the harbour entrance to enable maintenance dredging of the channel and entrance. The project will also build a new rock wall from the western beach with an all-ability fishing platform on top.
- \$34,616 to refurbish the St Leonards boat ramp jetty by replacing missing and damaged wave screen boards, fenders and access points along the main and finger jetties.

At the announcement it was great to see so many of the clubs represented including the St Leonards Angling Club, Indented Head Boat Club, Indented Head Yacht Club, Pirates

Angling Club and St Leonards Yacht Club. Also in attendance were a number of the local Community Associations and Bellarine Bayside Chair Dianne James and CEO John Nankervis.

Community Safety and Policing

In great news we now have both the Portarlington and Drysdale police stations back operating 7 days a week each with their on sergeant. Drysdale we welcome back Grant Langmaid.

On top of this there is also a dedicated van to service Drysdale and Portarlington that operates to provide additional support.

Thank you to the community who pushed hard for the return of this level of policing. It is so fantastic to have this back in place supporting our community.

Wye River Fires

In my capacity as Minister for the Environment I have since Christmas Day been heavily involved with issues surrounding the bush fire that destroyed 116 homes at Wye River and Separation Creek.

I have met with those local communities and individuals affected on a number of occasions and continue to work with them in dealing with the myriad of issues both personal

and community wide that confront people following such devastation.

One cannot help but respect and admire the resilience and determination of people, families and communities when faced with extreme adversity like bush fire. The people of Wye River and Separation Creek are no exception.

I have also met with many of the fire fighters involved and again you cannot help but admire the heroic effort these people make in helping and protecting others. My full commendation to them all.

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP
Member for Bellarine

lisa.neville@parliament.vic.gov.au

[Twitter@Lisanevillemp](https://twitter.com/Lisanevillemp)

Ph; 5248 3462

Letters to the Editor

Send your letters to: messenger@springdale.org.au

Dear "people accessing SpringDale carpark".

Thank you very much for the care and courtesy which you are exhibiting when leaving the Centre to enter Princess Street!

Local residents thought it was necessary to restrict fast access into Princess Street as there are two pre-school centres and numerous pedestrians constantly walking in the area north of Eversley Street, as well as traffic entering and exiting Princess Street.

Because of a clear passage needed into/out of the Fire Station, speed humps could not have been placed in Princess Street, so, after careful consideration, the Council decided that the humps are best located where they are currently situated.

Residents have noted the improvement with this situation and we are sure, (if the current level of courtesy is maintained), that the possibility of a serious accident can be avoided.

Yours sincerely, David and Diane Schofield

Felt so welcome

Thank you so much for bringing all the activities at SpringDale to life by touring us around the SpringDale Centre recently. I didn't realise there could be so many different things happening in what looks reasonably small from the outside but the inside goes on and on. The Jigsaw Puzzle room is particularly overwhelming with colour and opportunities. Thanks for making us feel so welcome. Drysdale does seem to have it all.

Dorothy and Jennifer of Drysdale

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or at the door

Single concert tickets at the door only

LISA NEVILLE MP MEMBER FOR BELLARINE

For assistance on any issue please ring the electorate office on
(03) 5248 3462



Lisa Neville MP

lisa.neville@parliament.vic.gov.au
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HEALTH & WELLBEING

Diabetes Bellarine Support Group

Our Diabetes Support Bellarine Group recently met and our special guest, Belinda Ryan, Diabetes Educator, helped start the conversation about the hidden sugars in processed foods.

Sometimes sugar is listed on an ingredients list as: Dextrose, fructose, glucose, golden syrup, honey, maple syrup, sucrose, malt, maltose, lactose, brown sugar, caster sugar, raw sugar.

Other names for high salt ingredients: Baking powder, celery salt, garlic salt, meat/yeast extract, monosodium glutamate, (MSG), onion salt, rock salt, sea salt, sodium, sodium ascorbate, sodium bicarbonate, sodium nitrate/nitrite, stock cubes, vegetable salt.

This opened the discussion about labels. We will organise a group outing to the supermarket with a Diabetes Australia Dietitian. Please let us know if you are interested in this outing.



We also shared a big **BROARR** to help train the brain to resist temptation when we are out about on autopilot.

**Remind
Resist
Organised
Alternative
Remember
Reward**

This will come in handy when you feel yourself pulled by cues to eat or drink:

- Remind yourself that you are the boss of you, not a food cue.
- Resist the tempting food or drink initially by turning your back on the cue. (This gives you time to think about next steps.)
- Have a pre-Organised Alternative behaviour to use against food cues. Grab a drink of water, walk around the block, check the phone messages, read, take a walk in the opposite direction. Diversion works.
- Remember your big-picture goal. To eat better, to feel better, to reduce medications, lower blood pressure, improve diabetes control and manage weight? And in this case perhaps even saving money for something special.
- That is the last R. Reward. A holiday. Perhaps a new outfit or a small gift to yourself.

For more details and to keep up to date with Diabetes news please go to our Facebook page: <https://www.facebook.com/DiabetesSupportBellarine/>

Our next meeting is on 7 April at 2pm.

Bellarine Support Group for Kinship Carers

Are you a Kinship Carer living in the Geelong area, do you need assistance and support in caring for your grandchildren?

One major concern that our members and other kinship carers have is NOT being able to obtain birth certificates, medicare cards and other important information for the children in their care. Our group would love to share with other carers how you can go about getting that important documentation.

I recently attended the very first Carer Advisory Group in Geelong, and we as kinship carers are not alone in our fight to gain improvements in the current out of home care system.

If you or anyone you know is a Kinship Carer we would love you to join our group. We have a lot of fun, we laugh a lot, we share a lot but more importantly we support each other. We are all in the same boat - we have raised our own children and now we are raising our grandchildren. We are all proud to be raising terrific Australians of the future.

Our group meets Mondays at SpringDale, 10am to 1pm on 11 April, 2 May, 6 June, 11 July, 1 August.

Jeanette Hanley-Heath



POTATO SHED

WIN a Double Pass to Morning Melody Meet Geelong's Ancestors in Person.
Tuesday 26th April at 10.30am



To enter fill out the coupon, send or deliver to: SpringDale Neighbourhood Centre High St Drysdale

Name: _____

Address _____

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POTATO SHED 2016 Season Programme

MORNING SHOWTIMES start 10.30am, \$15pp - Morning Tea incl.
Tuesday 26 April Meet Geelong's Ancestors in Person True stories of famous people. **BOOK EARLY**

SOMEONE LIKE THOMAS BANKS
Friday 22 April 7.30pm
+ Cast Meet and Greet
Saturday 23 April 2pm

Enquire about our special school shows.

A one-man show featuring performer, writer and disability advocate Thomas Banks.

\$36, \$32 (Conc)
Groups of 20+ \$28



THE EASTER BUNNY MOBILE
Tues 5 - Fri 8 April
2 performances of each show
10.30am & 1.30pm



TIX \$9pp. Conc avail.

MIC CONWAY
Captain Matchbox & Matthew Fagan
Wednesday 20 April 8pm



Family Fun

'Street of Dreams'
Music, magic and comedy

Pre sales \$30, Conc \$25 Student/child U16 \$20
Family (2A & 2C) \$50.

Group Discounts available for all shows.
For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998.
Tickets can also be purchased at any City of Greater Geelong Customer Service Centres.

find us on

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GEELONG

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Ph: (03) 5251 1998

WWW.GEELONGAUSTRALIA.COM.AU

RSL Member Profile - Geoffrey Neil Zanker



Geoff was born in October 1945 at the Nhill Hospital, the oldest of four children. At that time the Zanker family lived on a soldier settlement farm at Netherby, Victoria. He was educated at the Netherby Primary School, then later Secondary School at Nhill High.

In 1962 the family shifted to Ballarat and in 1964 to Skipton where Geoff and his Dad worked on a sheep and cropping station called Carranballac. It was here that Geoff received his call up papers in the mail in 1965. He was drafted into the National Service 4th intake on the 20 April 1966. Arriving at Puckapunyal and not knowing anyone was a strange experience but, as most service personnel will know, you are quickly made the best of mates from all walks of life and for life.

After rookie training Geoff was posted into the service corps. This led to a 10 week Driver Training Course and a final posting to the Detachment 86th Transport Platoon. One of his many memories was driving trucks in convoy up to Rockhampton, Queensland to take part in a Defence Force exercise called Bara Winga. It was a wonderful opportunity for him to see our great country.

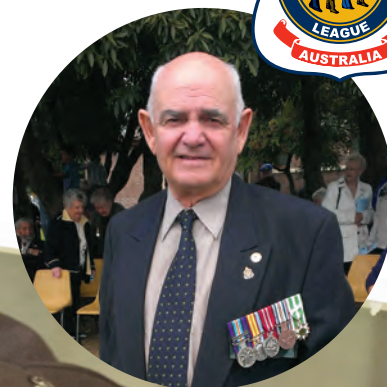
The Detachment 86th consisting of 30 guys, was posted to Vietnam arriving at Vung Tau on 20 April 1967. In the early days their main job was to haul material to Nui Dat. They also spent time building camp sites at both places.

The full Platoon arrived 8 months later where upon they transported the necessary personnel and material around Phuoc Tuy Province and up to Saigon. One of his fondest memories was delivering mail and presents to the guys on Christmas Day 1967 at Nui Dat.

Life in Vietnam was full of differing experiences for Geoff, from helping build temporary housing out of ammo boxes for the locals, to travelling to the American Air Base at Saigon and spending time with them which showed another way of army life.

Geoff arrived home in February 1968 after spending 313 days in Vietnam.

Geoff Zanker served as Vice President of the Drysdale RSL for many years and was elected President in 2015.



Drysdale Clifton Springs Community Association

DCSCA continues to work with local individuals and groups to improve the area. On Clean Up Australia Day, it ran events at three locations; recently it continued to urge state and local governments to complete the Clifton Springs boat harbour swiftly; and submitted its views to a state government advisory committee on Managing Residential Development. A summary of the submission is on DCSCA's blog.

Crime management concerns many local people, so DCSCA attends monthly meetings of the Bellarine Community Safety Group, convened by Lisa Neville MP; and DCSCA assisted Drysdale /Clifton Springs Neighbourhood Watch to apply for money to buy, install and maintain CCTV cameras at Drysdale's shopping centre and at the Clifton Springs boat ramp.

If you have an issue that needs attention, please contact us – together, we can make things happen!

Contacting DCSCA:

P.O. Box 581, Drysdale, Vic. 3222; or
dryclift@bigpond.com

For up-to-date news, please visit DCSCA's blog
- drycliftdays.blogspot.com/

*For market appraisal
or simply to discuss
the property market
please contact:*

Rhonda Humpage
0457 313 609
rhonda@neville-richards.com.au



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Interesting People



George Abel

In our midst lives George Abel. Over the years, George has interacted with SpringDale on a number of levels. He has created Christmas cards from his beautiful photos, he photographed the models in the wedding dresses during a huge event organised by Pauline Cline and team and has always been available to help. But recently we discovered that he is in a different class, listed alongside names like Sir Richard Branson and Pam Ayres MBE.

George initiated the International Bird-Man Rally in Selsey on the coast of Sussex in 1971. The event was initiated as part of a fund-raising activity for the Selsey branch of the Royal Air Forces Association (RAFA) Club. George, a former RAF photographer, emigrated to Australia shortly afterwards, where he also helped to organise Birdman events.

Thanks for moving to our part of the world George.



Godfrey finds Australia beautiful

Interesting people come to SpringDale for various reasons. Over the last few weeks I have been lucky enough to meet Godfrey Katongole originally from Uganda.

Godfrey moved to Australia after marrying his wife Ina, an Australian, and they have a daughter who is studying at Clifton Springs Primary School. Godfrey finds Australia to be a beautiful, peaceful place and has found most Australians to be lovely.

Life in Uganda is very different with 82% youth unemployment, there are speed restrictions but they are not enforced. Hardly any traffic lights and people are paid monthly. Food is purchased from the market daily.

At SpringDale food is very important so I asked Godfrey about typical meals: Breakfast Matoke – cooked bananas and ghee nuts, Lunch cooked vegetables perhaps pumpkin, cassava, potato, yam, with either fish or meat or beans and dinner might be hot maize and matoke again. Godfrey said that Ugandan's don't eat salads even though it is on the equator.

Godfrey speaks warmly of Queen Elizabeth National Park, Maxcson Falls and the Mweya Safari Lodge. Godfrey has travelled all over Uganda and in a number of other countries for employment.

I'm hoping we might be able to have a Ugandan evening and all try matoke. Please let us know if you would be interested. (Although Godfrey thinks this is impossible, I still want to try!)

Anne Brackley

Luckiest Coordinator in the world.

Calling for people interested in talking about Innovation and Entrepreneurship please register your interest with SpringDale (03) 5253 1960



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Welcome to



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Home loan interest rates: which is best – fixed or variable?



Whilst it seems that interest rates are not likely to rise in the short term, there's every chance they will do so during the life of your home loan.

Once this happens (and the loan rate trend is upwards) you need to consider whether locking in a fixed rate would be beneficial. Your mortgage broker or lender can assist you by discussing advantages/disadvantages. However, there are traps to steer clear of, so let's look more closely at the two alternatives.

Fixed interest simply means the interest rate on your loan will remain static for the period agreed and then convert back to the variable rate at the end of that period. Variable

interest however will rise and fall with the current market rate, and is determined by banks and non-bank lenders

Perhaps the biggest advantage of having a fixed interest loan is that if interest rates rise – your rate and repayments will remain the same, thereby saving you money. There are drawbacks however. The first is that if/when interest rates go down and you are locked into a fixed rate for a fixed term, then you will be paying more than the current market rate.

The period of time you choose to lock in rates is crucial. It's best to choose the lowest period, ie. 12 months and then review the situation. You can then choose to renew for another 12 months or revert to the variable rate.

However, if you lock in a fixed rate for 2 or 3 years and interest rates trend downwards it will cost you dearly, particularly if during that period you need to sell your property as a result of a loss of job or other unforeseen circumstance which could mean a penalty for breaking the fixed-rate period of several hundreds or thousands of dollars. So think carefully before making a decision and seek professional assistance.

Elena Alexander



The Money School – Free Seminar

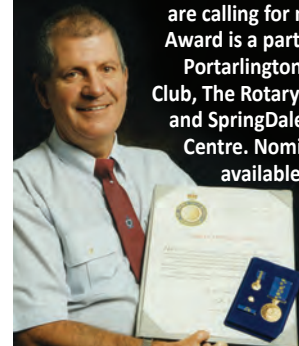
The seminar focuses on budgeting, home loans, investments, short/long term savings etc, so come along and have your questions answered, and gain an insight into general financial affairs and day-to-day money management issues.

Date/Time: Tues 26 April 7pm -8 pm

Tutor: Elena Alexander, DipFS, The Money School

Calling for Nominations

The 15th Adrian Mannix Community Service Award presentation is coming up and we are calling for nominations. The Award is a partnership between Portarlington / Drysdale Lions Club, The Rotary Club of Drysdale and SpringDale Neighbourhood Centre. Nomination forms are available from SpringDale Neighbourhood Centre and Nominations close on Friday 29 April at 5pm.



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Drop into your nearest branch at 44 Newcombe Street, Portarlington - 5259 3266 or 1/13 Hancock Street, Drysdale - 5253 3192 to find out more about securing a home loan you can count on.



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SpringDale Dining Group

SpringDale Dining Group will be dining at TC's Diner & Pizza 7 Centaurus Ave, Clifton Springs on Tuesday 12 April at 6.30pm. This group continues to grow in number but of course not every member can attend every dinner. It would be great if each member of the Dining Group became a member of SpringDale, \$12 a year and then be eligible to attend other SpringDale group activities. If you are new to the area, the SpringDale Dining Group might help you to meet some people. If you have been a long term resident you might be ready to meet some new people. Maybe your family situation has just changed and now you can go out a little more. Whatever the reason the SpringDale Dining Group might be for you.

Please think about where you would like us to have dinner or where you might like us to go for lunch on Monday 13 June (Queen's Birthday holiday) we would appreciate your ideas. Please give us your ideas and reserve your seat by emailing office@springdale.org.au or phoning (03) 5253 1960.

Anne Brackley



Drysdale Village Fish & Chips

Paul and I have appreciated the warm welcome we are receiving from the community, we look forward to meeting other locals and meeting some of your take away needs. We have introduced a few new options including a \$35 family pack. We have a new website and our menu is online. We would love to hear your feedback.

Looking forward to meeting you soon. Di.



drysdale village fish & chips
16 hancock street, drysdale
ph. 5253 1259
open tuesday to sunday

packs	snacks	burgers
lunch pack: \$7.90	potato cakes \$1.00	plant \$1.00
1 fish \$1.00	burgers \$1.00	tot + pineapple \$6.00
2 calamari \$1.00	dim sim \$1.00	tot \$6.00
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Help support the SpringDale kitchen

If you enjoyed the Bunyip Festival over the last 40 years, or if you have wanted to help support the SpringDale kitchen, or if you would like to give a book to a child then you might like to buy a book that has been published especially to support the SpringDale Kitchen renovation. All proceeds of *Have you seen the Bunyip Lately?* will support the SpringDale Kitchen. Each book is \$10 and available at SpringDale. Author is happy to sign the book. *Kel's Corner* is having its first reprint, 200 copies have sold within 3 months. This book is available from SpringDale for \$20.



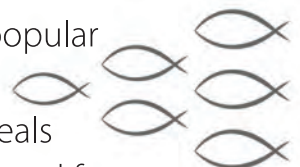
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5253 1259

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- Gluten Free customers can be catered for
- Phone orders welcome - 5253 1259
- Open: Tuesday to Sunday



biz.onthebellarine.com.au/drysdalevillagefishandchips/

In 2011 SpringDale worked with Bellarine Secondary College to run a series of sessions at Bellarine Secondary College to help our community upgrade their skills in mobile phone and iPad usage. Bellarine Secondary College has offered us a similar opportunity for this year. There will be 3 sets of sessions offered in the next 3 terms this year.

Year 9 students will be at SpringDale for 2 consecutive afternoons and very willing to help people understand their mobile phone, iPad or Tablet. If you have wondered how to make a call, how to text, how to use the wifi somewhere, how to take a photo and how to send a photo – all these skills and more will be able to shared one on one with a 9 year student in a safe encouraging environment. Then there will be a week for our community members to practice the new skills and a follow up session to go over information shared and to increase the number of skills learned.

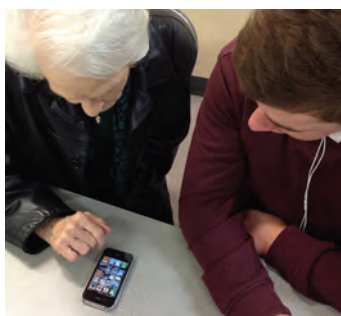
Please sign up to be part of this – there are only 50 places available each term – please register with SpringDale office if you would like to take advantage of this community building activity. When this was run a number of years ago, both the community members and the students found the experience to be very rewarding, both groups seemed pleasantly surprised about the success of the program on so many levels.

This program can be seen as part of the Year of Digital Literacy and we will use any extra resources available through this initiative. SpringDale does run classes as well to back up this kick start program.

Dates/times: Friday 27 May and 3 June
1pm – 2pm (2 sessions)

Fee: Gold coin donation for tea / coffee

Tutor: Year 9 Bellarine Secondary College Students



Join us **April 12 & April 26**

The Bellarine Youth Action Crew (BYAC)



Every second Tuesday 3.30-5.30pm
at the SpringDale Neighbourhood Centre
for young people 12-25 years old.

FREE MUSIC & ACTIVITIES

For more information please contact
Aleisha on 0421 583 369
or aharling@geelongcity.vic.gov.au

SpringDale Occasional Care

SpringDale Occasional Care is a unique community service. It has been operating for over 20 years and has provided families with an alternative to long day care. The two qualified staff Jean Richards and Janet Pearson have been working at the centre for a combined total of 30 years providing a solid establishment and continuity of care. Occasional Care aims to create a homelike and welcoming environment with positive interactions between staff and children, adding to the 'old school' feel. The planning of the inside and outside space is based on the Early Learning Framework, the centre fully supports that play based learning is engaging and builds success for life. The short hours and flexibility of payment make Occasional Care appealing for families who don't want to be locked into term payments. Call into the centre anytime, have a look around and talk to staff or ring if you would like more information.

Session times

Monday 8.30 – 1.30
Tuesday & Friday 9.00 – 12.00
Wednesday & Thursday 9.00 – 2.00

Fees

5hrs - \$40
3hrs - \$25

Entrance is off Princess Street, adjoined to the Neighbourhood Centre. Phone 5251 1627.



Testimonials

"I didn't want to put my child in Long Day Care. It is a great alternative and I am very happy."

"We have so many gorgeous memories of our children there."

"Highly recommend this childcare option. Staff are lovely, kind people who care both for you and child."

"We love it, lovely ladies great environment same staff all the time great for children and great prices too."



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The Rotary Club of Drysdale has been running their Service Excellence Awards for the last two years. People in the local communities are being asked to nominate the business that impresses them most in Drysdale, Clifton Springs and Curlewis. The worthy winners of the Service

Excellence Awards in the past have been overwhelmed to know that their community think so highly of their Service. The Award is an initiative of the Rotary Club to acknowledge and encourage an awareness that service is paramount to good business and repeat business. The question is "is your business on target for providing outstanding service to your clientele?"

The judges have a hard task deciding, using the five key customer service ideals - is the service tangible; does it respond to the customer's needs and wants; is it reliable and timely with what is promised; providing an assurance to deliver what is promised and empathy towards customers.

It has become obvious there is a need to establish a special community based Excellence Award to show appreciation towards a person who through the business gives back to the Community he or she lives in.

Look out for the entry forms and get your entries in ASAP remember to nominate the business / businesses or people that impress you most with the service they provide. The feedback from you their customers is so valued. The Awards night will take place on Monday 2 May 2016.

SpringDale Small Business Help

We all know that goals are an important part of business and life, but how much time and effort do you give them.

First of all - start with a big dream - if you can visualise yourself doing it, then you CAN do it.

To have any chance of success, your goals must be written down. Better still if they can be represented by pictures - make a collage and put it on your desktop. Next they need to be consistent; between Work, Health, Family, Friends & Community. Thirdly, get buy-in from your friends. By telling your friends and support group what you intend to achieve, you may get support, but more importantly - you have put your commitment out there and you will hold yourself accountable to achieve it.

Next, work out the single next step on your path to achieving your goals. You don't need to see the whole staircase at the start, just the next few steps.

Start with the easy stuff and keep hacking away, one step at a time. And most importantly - start now. Ask yourself, what is the one thing I can do NOW to make this goal more achievable.

Then tomorrow, you will see your desktop, and be reminded of your goals. This will serve to emphasise why you are at work, and be the framework for everything else you do for that day.

Jonathan Harris - 0417 336 621



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Plus, you'll enjoy easy access to a host of other amenities such as a children's playground and undercover BBQ area at the popular Percy Cherry Park. So don't waste another minute making the sea change you've always dreamed of.

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visit bvbellarine.com.au

sales office Centennial Blvd, Curlewis
(opposite shopping centre)




BAYVIEW



Combined Probus Club of Clifton Springs/Drysdale

Caravan and Cabin Friends to Warrnambool

Last month 26 members of our Probus Club visited Warrnambool for a few days R & R. As well as the ritual Happy Hour or two each evening we enjoyed visits to the local attractions including the Maritime Museum, the associated sound and light show, the Hopkins River falls, Tower Hill wildlife reserve, the Art Gallery (with a wonderful group of paintings of Tower Hill) and Port Fairy village. The weather was mild and we walked rather than swam – great weather for the BBQ dinners we

enjoyed most nights. Valentine's evening was celebrated at the local RSL. All are looking forward to the trip to Beechworth coming up soon.

As a social club for retirees, ladies and gents, we will welcome you as a visitor/potential member at any of our activities; so if you want to keep an active mind, expand your interests and enjoy Fun, Friendship and Fellowship in group activities then come along. Further information from Dick 5251 1227 or Di 5251 5069.



Autism Walk Geelong

Sunday 10 April 12noon – 3pm meet at Steampacket Gardens. Come & join us for a short walk to help raise awareness for Autism. Lots of fun activities and information tables at the end of the walk, sausage sizzle, jumping castle, face painting & miniature farm



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Peas are a great crop to start in autumn. They're easy to grow, provide a nutritious harvest over the winter and spring, are a rich source of vitamin B1 – and will feed the soil, replacing nitrogen that has been sucked up by hungry vegies over summer.

Peas aren't too fussy about where they grow, but will do best in a deep, slightly alkaline soil (pH 7–7.5) in a sunny position. A bed which has just grown a hungry crop like tomatoes, potatoes or sweetcorn is probably ideal – not too rich, but with plenty of organic matter to retain moisture.

One of the biggest problems I have with peas is preventing critters from snacking on them before they get going. Pigeons and mice will dig them up before and after sprouting, slugs and snails love them. One solution is plant protectors, e.g. 1 litre milk cartons with the tops and bottoms cut off, secured with cheap bamboo skewers. Or just sow lots of peas and hope for the best.

If you don't have space for peas in a garden bed, you can get creative with containers – see photo. I created this pea bonanza one winter, using 45 litre planter bags. The peas grew 2–3 metres up strings I rigged from our balcony.



Support is important. Peas need a few little twigs to cling onto when they first emerge from the ground. Once they really get going, you'll need a good strong support for them. Good support will also improve ventilation, reducing problems with mildew, which can otherwise cut harvests short.

Peas and other legumes (beans, clover, etc.) are nitrogen fixers – they replenish nitrogen in the soil. That's important because nitrogen is one of the foods that all plants need. In fact, it's not the pea plant itself which fixes the



nitrogen, but soil bacteria called rhizobia. Rhizobia 'trade' nitrogen for nutrients which the plant manufactures. If you pull up a legume, you may see little white nodules on the roots. These are the rhizobial 'nitrogen factories'. When the legume dies, the nitrogen becomes available to other plants.

NBN Explained *Have you seen the workers in our streets and wondered what they are up to?*

The new NBN (National Broadband Network) is being installed in our community right now.

Local community member and telecommunications expert, Helen Searle will explain what the NBN is and how it affects individuals and our community.

These sessions will focus on providing information about the rollout schedule and the options and time frame involved as we all transition our phone and internet services onto this new network.

A 30 minute information session will be held on Wednesday 27th April at 2pm and again at 7pm at SpringDale Neighbourhood Centre.

RSVP (03) 5253 1960 or just turn up.

**Stockdale
& Leggo**

**real
estate**

We presented the winners of our perpetual trophies for our monthly Show Bench at a recent meeting. The monthly Show Bench is a low key competition that we have that enables Club Members to show case what they currently have in their gardens.

Sharing what is in your garden is part of the experience of the Garden Club, not only do we have the Show Bench but we also have a Trading Table where members can bring along plants, vegetables, seeds etc. that they wish to share with other members.

A small donation is made for these items which goes into monies that the Club donates to Community organisations. Our Club is all about the "shared" gardening experience.

We had a first this year – a tied first place for Most Popular vote for the Show Bench. Jill Tilton and Barbara Batters both tied for first place.

They were both given a voucher and will share the trophy. Barbara was also our winner of the Aggregate Perpetual Trophy.

For the first time since 2008, the Garden Club presented one of its members with a Life Membership. Barbara Batters, was presented her Life Membership by

Our speaker for April is Graeme Kelleher, from Geelong Bonsai Club. I haven't tried growing bonsai so I am really looking forward to Graeme's presentation.

We were overwhelmed by the response to our March trip to Woodland Homestead and Alistair Clark Memorial Rose Garden, and we currently have a good number of people wishing to visit Ard Choille in Mt Macedon in April.



Secretary Helen Allan at the February Meeting. Barbara has been a member of the Clifton Springs Garden Club since 1993, during which time she has been Vice President, served on the Committee and has been active in many aspects of the Club since she joined until the current time.

A well deserved award, congratulations Barbara



Information on the Club's activities are published in our monthly Newsletter. If you wish to receive an electronic copy of our Newsletter or further information on the Club, please contact our Secretary, Helen on 5257 1566 or email hallan@iprimus.com.au

Helen Allan
Secretary

The Grey Outdoors

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E: robandsandy01@bigpond.com
F: www.facebook.com/thegreyoutdoors
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Zucchini

GOOD FOOD

Zucchini or courgette are easy to grow in a summer garden. They are low calorie with lots of vitamins.

- They don't have much flavour on their own but pick up and carry flavours. Basil and Zucchini are great friends in and out of the garden.
- Zucchini are sometimes stuffed with flavoured rice or mince.
- Sliced and brushed with garlic infused oil, or add crushed garlic and herbs to extra virgin olive oil when grilling or on the barby.

- Easily grated it melts down in mince to make a Bolognese sauce for pasta.
- Grated zucchini freeze well and can be used in (tomato) soup with fresh basil or in scrambled (green) eggs and ham.

The patties recipe is just a guide - any tasty cheese will work as will any fresh herb. They are just as yummy the next day in a packed lunch with fresh salad.



Zucchini Patties

Preparation time - 10 minutes

Cooking time - 10 minutes frying or 30 minutes baking

Serves - 5 or 6 as a side

3 medium zucchini, chopped finely or grated

2 eggs, whisked

1 cup of breadcrumbs

1/2 cup of flour

(rice or potato flour for gluten free)

1/2 cup extra virgin olive oil (if frying)

1/2 cup of parmesan cheese

1/2 cup chopped parsley and/or basil or 1

tablespoon dried herbs e.g. oregano or thyme

2 cloves garlic (crushed)

Salt & Pepper

If frying, prepare a frypan, with oil and let it heat up. If baking, set the oven to 180C and line a baking tray.

In a bowls mix the grated zucchini, flour, eggs, herbs, garlic, cheese, breadcrumbs into one bowl.

The mixture blends together with a wooden spoon easily into a creamy texture.

Use a (soup) spoon to scoop the mixture into the olive oil if frying or onto the prepared baking sheet. Press down gently on them to flatten.

If frying, cook them in small batches, for about 2 minutes on each side and transfer to paper towel to drain. If baking, cook them for around half an hour or until golden brown.

Serve immediately.

Warm Lentil, Ham and Fetta Salad

- 1 tablespoon olive oil
- 3 spring onions, thinly sliced
- 2 teaspoons finely chopped fresh rosemary leaves
- 2 garlic cloves, crushed
- 5 slices (80g) leg ham, chopped
- 2 x 400g cans brown lentils, drained, rinsed
- 2 tablespoons white balsamic vinegar
- 3/4 cup fresh flat-leaf parsley leaves, roughly chopped
- 50g Reduced Fat Fetta, crumbled



Heat oil in a frying pan over medium-high heat. Add spring onions and rosemary. Cook, stirring, for 5 minutes or until golden. Add garlic and ham. Cook, stirring, for 3 to 5 minutes or until pancetta is crisp. Add lentils. Cook, tossing, for 3 to 4 minutes or until heated through.

Transfer to a bowl. Add vinegar and parsley. Toss to combine. Season with pepper. Sprinkle with feta. Serve warm.

Funeral Planning

with Alyson from Tuckers

Alyson is available to provide free information and practical advice the 1st Friday of every month from 9.30am till 12.30pm at the SpringDale Neighbourhood Centre.

For more information contact Alyson at Tuckers on **5221 4788** or visit **www.tuckers.com.au**



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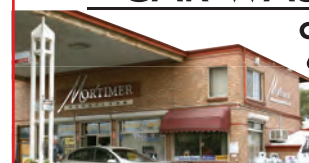


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Guides at the Bellarine Show

Drysdale Guides had a great time at the Bellarine Show being awarded 3 firsts, 2 seconds, 1 third, 5 Honourable Mentions, a Special Award and an Aggregate Award. Thank you to the organisers, thank you to all the Stewards and volunteers. While we were helping as volunteers we also learnt a huge amount and we would recommend that if you want to know how the Show works and what judges are looking for then please contemplate volunteering to help. I was lucky enough to accompany the Lace Making Judge and I was generously given a masterclass in Lace Making. Giselle was generous with her time, with her knowledge and with her expertise. Congratulations to everyone who had a go.



New courses about to start

Class Update - Classes you have asked for or the tutors have offered.

Now Running

Latin Classes

Latin Classes seem to have filled a need in the wider community. I have heard from people who have always wanted to study Latin and are so happy to have this opportunity. Latin sessions are being held at SpringDale Neighbourhood Centre on Saturday mornings 9am – 11am and cost is \$50 for term 2.

About to start

Knitting Basics I

What I wish my grandma taught me

Knitting is personal, unique and a mark of your creativity. There are two stitches: plain and purl; that's it and you can create absolutely anything from these two simple stitches. Have you ever wanted a cover for your headphone cable to stop the inevitable tangle? Or a pair of snuggly socks made from luxurious yarn? Or a knee rug with your initials on it? Learn the basics of casting on, stocking stitch, garter stitch and casting off.

Dates/times: Thursday April 21 – May 2pm – 3.15pm (4 sessions)

Fee: \$60 or \$50 concession

Tutor: Claire Duffy

Materials list available from office

Introduction Editing for plain English

Simplifying grammar, punctuation and spelling. The correct use of language helps to communicate a message to the most people. Have you ever read an instruction that is so hard to understand you give up reading it? Sometimes what can make writing so hard to read is not its content but the way it is written. Learn to use plain English, clear sentence construction, and perfectly placed punctuation to make your message clear.

Dates/times: Thursday April 21 4-6pm (1 session)

Fee: \$25

Tutor: Claire Duffy

Is it time to declutter your wardrobes?

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Have space for all your clothing requirements and enjoy the space without the clutter. Obligation free quote.



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Est. 1986

Classes not yet scheduled – more interest needed

Sewing Lessons

Getting the most out of your sewing machine.

Interested?

Hula Hoop Classes

We have started a Circus Club which will do some Hula Hoop work but I'm still working on getting a Hula Hoop workshop at SpringDale sometime in the near future.

Interested?

New ideas

Calligraphy – calling for interested people and seeking a tutor.

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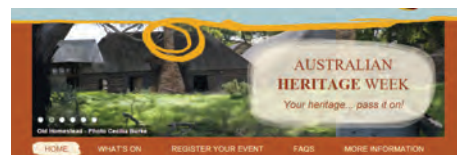
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Heritage Week



Heritage Week April 16 - 24

During this time let's think about the way that the SpringDale Messenger is preserving our heritage and our stories and has done so for more than 25 years. During this week, as a member of the Geelong Cemeteries Trust Board I will be helping to welcome people to

MEET GEELONG'S PIONEERS GEELONG

EASTERN CEMETERY at one of the sessions on **SUNDAY 24 APRIL 2016** (11.00am - 1.00pm & 2.00pm - 4.00pm) *Bookings essential*

Let Captain Foster Fyans and James Harrison guide you through the historical sections of the Geelong Eastern Cemetery and visit graves of our pioneers where storytelling and interaction with costumed interpreters will transport you and your family back in time. Talk to Caroline Newcomb, Elizabeth Austin, Reverend Andrew Love, Howard Hitchcock, Francis Nesbitt, and photography: marythompson.com.au John Batman's wife, Eliza Batman (nee Sarah Willoughby) and visit graves of other notable Geelong people such as Hugh Niven (first burial in 1839), Alexander Thomson, Anne Drysdale, Robert de Bruce Johnstone, Thomas Austin, George Armitage, Daniel Bunce, the Chirnsides of Werribee Mansion, Charles Brownlow, Francis Ormond, Ebenezer Backwell plus many more.

Think about how you can help to look after our heritage.

Anne Brackley

Make a night of it!

WEDNESDAY & SATURDAY

STEAK NIGHT

300g Porterhouse
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\$16.90

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The Drysdale Hotel Collins Street, Drysdale

Asylum Seeker Week 2016

Asylum Seeker Week 2016 at St Andrew's Uniting Church Portarlington Sunday April 10 at 2.30pm

Come to Portarlington in April for a delicious High Tea, beautiful music and support the Uniting Church Asylum Seekers Project.

Music will be provided by Melbourne musicians Suzette Herft and Patrick Evans who bring a unique blend of modern Australian Folk. They sang last year at St Andrew's Asylum Seeker Dinner and were so well received. Suzette and Patrick are contemporary troubadours and award winning songwriters.

Two recent reviews indicate how highly they are regarded: "These two performers are such a warm and talented duo and enrich the fabric of any gathering".

"If you're looking for talent with soul, then look no further."

Tickets bookings and enquires to: Marg Manning
Ph: 0409 334 480. Email: margiemanning@iinet.net.au
\$12 per person. Funds raised will assist Lentara Uniting Church Asylum Seeker Project.



SpringDale has a comprehensive strategy to try to help people feel welcome. Firstly we have a Welcome Kit which is a folder of a number documents, postcards and magnets to help new residents to settle in and find information quickly.

Secondly we hold a monthly morning tea on the first Tuesday of each month to welcome

new people and to continue conversations that have begun. This is held at SpringDale.

Thirdly we hold monthly Dining Group meals usually on the second Monday or Tuesday, usually at 6.30pm and we try to move around to support different businesses and to help get new people through restaurant doors perhaps for the first time. We hold it early in the week so we hopefully help businesses on what might be a less busy evening.

Fourthly we enjoy guided touring new residents and potential new residents around SpringDale to ensure the whole Centre comes

to life. If you have 15 - 20 minutes to invest - then feel free to come on one of our tours. See what 5000 jigsaw puzzles looks like and so much more. Each day is so different.

Fifthly we have more than 40 different low cost interest groups that might be worth visiting to see if any of these might help you to meet some new people, learn or share a skill and develop a sense of belonging.

Sixthly you are likely to be quoted or pictured in a subsequent Messenger and that will mean you really belong.



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Asylum Seeker 2016 Event
Sunday April 10th @ 2:30 p.m.
St Andrews Uniting Church Portarlington

Tickets: \$12 ~ Proceeds to:- Lentara Asylum Seeker Project

Special Guest Duo
Suzette Herft and Patrick Evans

Join us for **HIGH TEA** in a wonderful and relaxing atmosphere listening to these two contemporary troubadours and award winning songwriters. With their unique blend of modern Australian Folk, Suzette and Patrick weave a compelling mixture of magic and harmony.

Enquiries:- Margaret Manning phone: 0409334480 email: margiemanning@iinet.net.au



Feeling Welcome at SpringDale

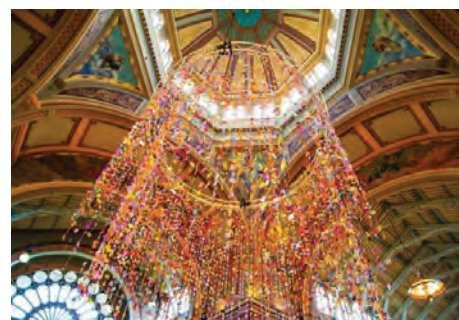
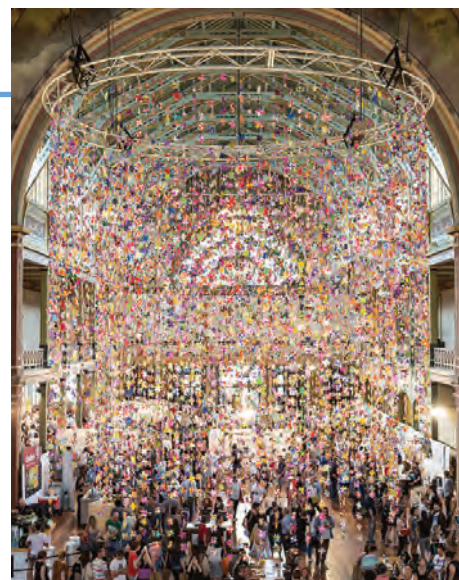


THE 1 Million Stars to End Violence PROJECT



Join us at SpringDale 1pm on Wednesday 13 April to participate in star weaving for the One Million Stars to end Violence project, a community arts response to support non-violence. This project's origins in Brunswick as a response to the rape and murder of Jill Meagher has found it now being taken up Australia wide and has also been picked up internationally.

Chris Storm from Storm Insight will lead us in the technique which will find everyone completing at least one star to contribute to the one million being collected. Further weaving post workshop is encouraged, and all stars made will be forwarded in June 2017 to the project originator Maryann Talia Pau for inclusion in the project. The final installation will be on display as part of the 2018 Commonwealth Games in the Gold Coast, where all of the stars woven will be included to develop a powerful statement around the Australians showing their support for violence free communities.



Drysdale & Clifton Springs Neighbourhood Watch

CCTV GRANT APPLICATION

Drysdale and Clifton Springs Neighbourhood Watch have applied for funding for CCTV cameras for the Drysdale business precinct under the Federal Government's Safer Streets program.

The volunteers of this NHW Area are committed to creating a safer and more secure environment for all who live, work in, and visit the Drysdale business area and we thank the local business people who willingly signed support letters to accompany our application, a number of whom have been victims of crime and a huge thank you to Jess whose assistance was invaluable as the grant application was developed.

Letters of support from local Parliamentarians, SpringDale Neighbourhood Centre, Drysdale Clifton Springs Community Association, Drysdale Branch of Bendigo Bank, Inspector Graham Banks, Victoria Police, and Neighbourhood Watch Victoria were also forwarded with our application.

Drysdale Health Group

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DRYSDALE POLICE REPORT 42 OFFENCES IN 7 DAYS

It was disappointing to learn of a spate of 42 offences in seven days having occurred in our town in a recent week. Included in this tally are TWELVE thefts from cars and FOUR residential burglaries.

Come on people - step up your security. Whether your car is in the garage, on the street, at the supermarket or at work REMOVE EVERYTHING OF VALUE FROM YOUR CAR, SHUT THE WINDOWS and LOCK THE CAR whenever you leave it. KEEP GARAGE DOORS CLOSED AND LOCKED, even when you are at home. Ensure doors and windows of your home are locked overnight and when away from home.

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Creating Safer Communities

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kel's corner

It was the 1940s, close to 1940 before I saw my first bandicoot. If you went down

Princess Street to Swan Bay Road Denby Hall owned much of that land going down from Drysdale township on the left hand side. It was covered in wattle trees, gums and cut rush. There were lots of rabbit burrows in that land and we would take the ferrets down and set nets on each burrow. Some bandicoots would bolt out of the holes as well as the rabbits. We always let the bandicoots out. The bandicoots would take the nets down and let a couple of rabbits out which wouldn't make us happy.

The last place that bandicoots were found in the Drysdale area was on the bend in Wyndham Street. We would see them when we were driving past they would run between Macleods waterholes and Ray Rogulskyi's place until the mid 1980s. Foxes cleaned a number of them up too.

Through this same period we would also see echidnas and blue tongued lizards that were about 18 inches long and also stumpy tailed lizards. It's a shame that this animal life has disappeared because of all the traffic and the development.

Kel Davis & Anne Brackley scribe.



Circus Club

New group for SpringDale - Circus Club run by Spike and Jodie. Sunday afternoons will now be full of music and fun.

- \$8 per session from 1pm - 3pm at SpringDale Hall every Sunday.

If you can't juggle then let us teach your hands this skill. Learn to ride a unicycle. Learn to spin some hoops, Learn guitar and ukulele - if you have one bring it along. All ages welcome first session free then \$8 per session and one off \$12 for SpringDale Annual Membership.



SpringDale Membership is \$12 per year or \$100 for whole of life.

SpringDale Membership allows community members to be eligible to be part of and participate fully in our SpringDale Groups be it the Jigsaw Group, our Singing Groups, our Writing Groups, our Toy Libraries, or any of our other groups. If you are becoming a member for the first time, welcome. Renewing - please ensure that your membership has update your email address so we can easily get information to you.

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Healthy Together Victoria Campaign

Bellarine Secondary College is participating in the Healthy Together Victoria Campaign which is encouraging schools to be healthier and to start practicing healthier habits. Unfortunately, Geelong ranks amongst the worst in Victoria, so as a part of this Bellarine wants to try and kick some bad habits! Bellarine Secondary College is trying to combat areas such as mental health, physical activity, healthy eating, sun protection behaviours, safe sexual practices and tobacco.

Each category has sub-criteria that, once completed, will entitle the school to a sticker; once all have been achieved our school can be considered a healthy school. The student leadership at Bellarine Secondary College were really excited to engage in this and help make our school a better place. We have been engaging in planning sessions with Steph, a representative from Healthy Together Geelong, and she has been guiding us in what we can do to fill out these criteria.

We are really confident we can get some of these criteria done this year with the help of Steph from Healthy Together Geelong and the Bellarine Secondary College leadership group from both the senior and junior campus and any assistance from the wider Bellarine and Geelong community.

We are really hoping that we can accomplish some of these goals to make the school a better place for all the future students and teachers who will come over the years and also make students proud to be a member of Bellarine Secondary College.

Ned Weatherly

One of the College Captains of Bellarine Secondary College



Neil Wise

St Leonards Physio by the Bay



It has been a little over 12 months since physiotherapist Neil Wise and his wife Ann moved down to St Leonards. In that time, he has established a small clinic / studio at their home and St Leonards Physio by the Bay has been operating for the past 8 months. After 30 years in a busy suburban practice, the move has allowed Neil to combine the relaxed St Leonards lifestyle with the flexibility of working from home. With no set opening hours and consultations by appointment, he finds he has been able to create a relaxed unhurried environment to assist his clientele.

When not seeing clients he divides his time between renovating, a number of musical ventures with SpringDale Bush Band and singing duo C'n'N which have featured in the SpringDale Messenger, and enjoying the many outdoor pleasures the Bellarine offers.

If you would like to see Neil professionally please see his advertisement in this issue.



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SPORT



Saturday 30th April 2016

@

Drysdale Bowls Club

Collins St. Drysdale

Start Time: 7pm Sharp

Tables of 8: \$10per head

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Tea & Coffee supplied

Drinks at Bar Prices

Lucky Door Prize & Raffles



Fundraiser for - Four Winds Cambodia Project
All monies raised goes directly to those less fortunate than us in a small village called Phum Veal.

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Junior Girls Football



Drysdale Football Club is again pleased to be able to offer local girls the opportunity to play AFL Football for fun and fitness. With the growth in popularity of women's football, to the extent that there will be a national competition by 2018, Drysdale is keen to provide a pathway for girls on the North Bellarine to progress in the sport.

Last year we fielded a girls Under 12 Youth team, one of only 6 in the region. This year the expectation is a rise to 8 teams, and AFL Barwon have lifted the age to Under 13 to try and retain as many of last year's players as possible. Next year Junior Girls will revert to U12, and an U15 competition will be introduced.

Rachael Martin was our inaugural coach, and driving force, so much so that she was awarded the Female Coach of the Year by the Geelong and District Coaches Association. Rachael has had to step aside this year due to work and family commitments, however we are pleased that we have found a fabulous replacement in Mel DeBruin.

Mel is a Geelong supporter and played football throughout her time in secondary school. She has also played netball, tennis and basketball. Mel has a passion for youth development and her football aspirations include being able to one day play senior women's football wearing a Drysdale Jumper. She is currently completing her second degree at Deakin pursuing her love of Marine Biology and Zoology. Rachael has agreed to stay around and help Mel in forming an initial squad and getting training underway, and Karen Craven will again assist with team management.

The girls play on Sunday mornings, which is great for the netballers who usually play on Saturdays, and train on a Wednesday at 4.30pm at the Drysdale Primary School oval. New players are warmly welcomed, just head down to training or visit www.drysdalefc.com.au and click on the junior tab for details.



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DEMONS DAY & ALL THE FUN

More than 200 locals attended Demons Day on Sunday 7 February to kick off Portarlington Demons Football Netball Club's 2016 Season. Kids of all ages enjoyed the sausage sizzle and rides of all sorts as you can see from the photos – all this went on whilst the senior football group trained hard in preparation for a successful season. This event is our launch and will get bigger and better. A most successful opening on a ripper day. Go Demons!



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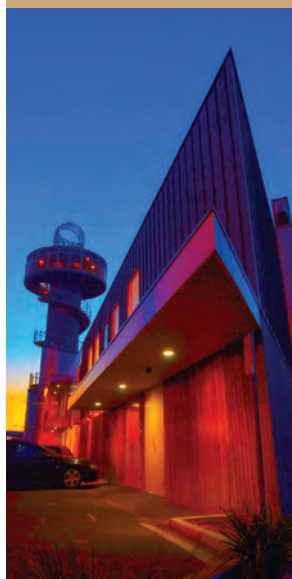
Sculpting with light

George Stawicki

Sculpting with light – that's how master photographer George Stawicki sees his craft. Over 20 years, he's become expert at capturing available, natural light, or setting up artificial lighting, and using it to model everything from the curves on a face to the angles on a building.



George shares his expertise by running regular courses at SpringDale Neighbourhood Centre, Drysdale, and his classes are a rare opportunity to learn from a professional photographer who's made his living from the industry.



George loves the variety in his work - in one working week he can deliver highly exacting images for the Geelong Art Gallery, where colours must reproduce perfectly, to aerial photography where images have to be razor sharp from thousands of metres in the air, or take hundreds of photos to showcase a couple's happiness on their wedding day.



George loves to share his passion for creating beautiful images in his classes at SpringDale. Expect to learn about composition, lighting, and using your imagination to develop an even better picture. George Stawicki runs regular classes on digital and holiday photography, and is open to creating new courses if people have requests, and there's enough interest to run them. Enquiries: 5253 1960.