

# The SpringDale

August 2016 Volume 26 Issue 7

ABN 21 404 220 267

## Business Network Breakfast

Monday \$20

29 Aug Mark this date in your diary

7am start

at SpringDale

Take charge of your business and your direction. Learn how to thrive business and your fast paced change. Where business and your direction. Learn how to thrive husing the charge of your business and your direction. Learn how to thrive husing the charge of your business and your direction. Learn how to thrive husing the charge of your business and your direction. Learn how to thrive husing the charge of your business and your direction. Learn how to thrive husing the charge of your business and your direction.

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need to innovate to meet current and emerging needs. This Breakfast Workshop will assist you to know how to ideas to the market and how business networks can help. Great opportunity for professional development and a chance to really work on your business.

Thought Leader, **Business Builder** and Strategist, Scott Brown will share his learnings from a diversified career in terms of actionable strategies for small businesses to not merely survive but flourish in a world of increasingly fast paced change. A key part of the presentation will be an interactive "Q & A" session- whereby business owners can ask and get specific thoughts, suggestions and guidance to the key critical issues facing them and their businesses going forward. This is what will make this event special.

Scott brings 'real-world' credibility to the table from having developed, driven and delivered innovation thinking, culture and actionable strategies and processes in his own businesses, or in leadership roles (CEO, MD, GM or OM) in other organisations, as well as a J/V business partner or independent consultant - on global and national scales across a broad range of sectors. This includes Global fortune 500, SME's, Start-ups, Government (Education), NGO's and Not for Profit.

Innovate to Thrive



Scott Brown



SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.

If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

**COPY DEADLINE** September 2016 • **Bookings/copy required by** 1 August • **Dist:** Sat 27 August • **Circ:** 11,000

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am - 5pm and by appointment.

Friday	5	Visions – A Song Cycle, Potato Shed 8pm
Saturday	6	Harvest Basket Produce Swap, SpringDale 9am – 10.30am
Tuesday	9	SpringDale Diners Club, The Godfather Leopold 6.30pm

Wednesday 10 Days for Girls, SpringDale, 9am - 12noon

Wednesday 10 Star Making Workshop, SpringDale 1pm

Tue to Sat 9-13 Foxholes of the Mind, Potato Shed 7.30pm

Sunday 14 Foxholes of the Mind, Potato Shed 3.30pm

Monday 15 Bianca's Cupcake Day, SpringDale 1pm - 3pm

Tuesday 16 Drysdale Landfill Group meeting, SpringDale 7pm

Fri/Sat 19-20 Welcome to Oz - Bellarine Jongleurs, Potato Shed 7.30pm

Sunday 21 Trip to Black Truffle and Hazelnut Seminar Gembrook

Thursday 25 Drysdale Day View Club meeting, Portarlington Golf Club 11am

Monday 29 Business Network Breakfast, SpringDale 7am

Tuesday 30 Simon's Final Sound, Potato Shed 8pm

On Sale now at SpringDale Grab your copy today and start saving! Geelong & Surfcoast Edition 16/17



All contributors are asked to provide their articles on disc. Microsoft Word document or email it for ease

Editing of Contributors Material Contributors should note that the right to modify submitted articles is

of processing. Contributions are still accepted as written copy but need to be submitted in the week

retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not

#### The SpringDale Messenger is a locally produced publication.

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**Bookings &** 

copy required by

1 August for September 2016

issue





The SpringDale Messenger August 2016



## Coordinator's News



Anne Brackley

I almost can't believe that the kitchen we have been working towards, for more than 7 years, has been installed and it is everything I hoped it would be. It's as I imagined it and worked to share the vision that I had for it with so many over the years and now it's time to say thank you to everyone along the way who have helped us get to this success.

The Portarlington Drysdale Lions Club, Bellarine Peninsula Community Bank, The Rotary Club of Drysdale, the Drysdale Football Club, Drysdale Removals and Storage, the Drysdale Village Medical Centre, Heather Condie, Turner's Steam Cleaning, Percy Baxter Charitable Trust, Kel Davis, Pauline and Mark Cline, Denis Hyland, City of Greater Geelong, Federal Government all the volunteers who have helped with a number of opportunities and all the people who asked us to help with those opportunities, everyone who has donated money or items to the kitchen and anyone else that I unfortunately haven't mentioned.

This increased piece of infrastructure will be great for our members and our community. The increased oven space will allow many different menus to be cooked that were impossible before. There will be more space for a few more people in each of the Men's Cooking Groups and many opportunities for

other types of cooking to be taught. Bread Making was one that was suggested a long time ago. We hope to hire out the kitchen in between Cooking Groups and other activities – it's so exciting. If you have any ideas that you have been thinking about – maybe now is the time for us to see if there is an opportunity to try it.

As part of an Innovation Course that I am attending this year we have been asked to find out what our organisations/businesses value. SpringDale values include:

Trust - people, ideas,

Harmony - people, ideas, groups,

Innovation - opportunities, systems,

Diversity - people, opportunities,

Empowering – people, ideas, groups, sense of belonging.

We would appreciate your thoughts on these values listed. Please email coordinator@ springdale.org.au or ring SpringDale on 5253 1960.

Thanks so much to people who continue to sign up for our webmail. This is a way that we can let people know about opportunities offered to our community with shorter notice than we'd like to have. If we have time, I ask people to write an article or put an ad in the Messenger to enable our community to have

best opportunity – please consider signing up for email it's on the bottom right hand side of our SpringDale website Home page or please email coordinator@springdale.org.au and we will sign you up.

Last month we asked people to have a good look at the City of Greater Geelong proposal for the Town Square/Village Green and we were able to encourage people to ask questions and perhaps submit comments on the plan to City of Greater Geelong. This area is important to our town going forward with an upgrade to High Street as part of the Ring Road/By Pass project and Woolworths wanting to purchase part of the Village Green and another part of City of Greater Geelong looking to site the Library somewhere else - it is important that our community thinks about these options, plans and how they all holistically work together. It is up to us to ensure we get the best solution for our town.

If you don't have access to email then please register your phone number so we can text or phone you to ensure you are aware of proposals.

Missed out on being included in the 2016 Directory. Don't wait for the 2017 edition

as online options are now available. Contact the SpringDale office for more

Looking forward to seeing you soon.

#### **Anne Brackley**

for the SpringDale Team



For more than 10 years SpringDale has been providing Tax Help for our community. We have been lucky enough to have some fantastic Tax Help Volunteers and we would like to thank Brian again for his dedication to this service.

Over the last few years the Australian Taxation Office has asked people to submit their Tax return via their MyGov account. This year if you qualify for the Tax Help program and you have a MyGov account – Brian asks that you bring your charged mobile phone with you to receive a code that I understand you will be sent.

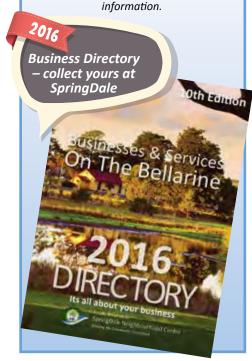
We are now taking bookings for Tax Help and we do ask that you please bring

everything you need to enable this session to be successful and allow the process to be completed efficiently for all concerned. If you are considering having more than one tax return completed please book multiple sessions.



We are looking forward to serving our community again through this volunteer program.

Brian is also a Mens Kitchen facilitator.



## News from Lisa Neville MP Member for Bellarine

#### Bellarine SES Refurbished Headquaters Opened

Recently I joined members of the Bellarine SES to officially open the upgrade and extension works undertaken on their headquarters in Grubb Road. The works included the construction of a new shed to house emergency vehicles, trailers and boats together with the refurbishment of the old building to increase and improve training facilities.

These works were carried out following a \$100,000 election commitment of the State Government, although funding was subsequently increased by an additional \$50,000 to ensure the needs of the SES were fully met in carrying out their duties.

As the local member I fully understand the importance of the SES to the community in times of an emergency or disaster and as such I have been pleased to work with them in getting these works complete and now operating.

Importantly the upgrade will not only benefit the SES but also the wider community because the increased training facility will

ABSO1

allow the SES to expand their community resilience training. The training allows the SES to equip individuals and community organisations with important skills when confronted with an emergency situation.

And in addition the training room doubles as the Emergency Control Room Centre in the event of an emergency.

Like the local CFA brigades I also commend the Bellarine SES and all their members for their commitment to our local communities and residents.

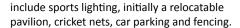
## Drysdale Sport Precinct Design Work Underway

I am pleased to report that the State Government in partnership with Council are getting on with building the new Drysdale sports precinct with Haskell Architects appointed to design the new regional sports facility. The Precinct will be the base for new football, cricket and soccer grounds.

With ever increasing numbers joining the footy, soccer and cricket clubs each have been struggling to cater for growing demand on outdated facilities. The project will also







People are joining grassroots clubs in record numbers, and the various Drysdale sporting clubs are definitely no exception. This sports precinct will give clubs the space they need to grow into the future and inspire more locals to play the sports they love.

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP Member for Bellarine

lisa.neville@parliament.vic.gov.au

Twitter@Lisanevillemp

Ph; 5248 3462





## LISA NEVILLE MP MEMBER FOR BELLARINE

For assistance on any issue please ring the electorate office on (03) 5248 3462



lisa.neville@parliament.vic.gov.au

Need a Will,
Power of Attorney
or Probate for a
loved one's estate?

Come in for a free chat



1 High St., Drysdale (old Post Office) Ph: 5251 3453



Send your letters to: messenger@springdale.org.au

#### **Unparalled Courage**

#### Courage belongs to the Fire Brigade Volunteers.

A very volatile and potentially serious event happened outside our home at approximately 6pm on Saturday 11 June. We found that we couldn't turn off the gas escaping from a high pressure gas main – after an accident had separated the pipe from the tap.

Our heartfelt thanks go to our neighbours, friends and family who came to our rescue but our highest praise goes to the Volunteer Firemen who came fully equipped to take charge of the situation within minutes of being notified. Thank goodness they were able to be there without delay.

Tickets can also be purchased at any

find us on f

City of Greater Geelong Customer Service Centres.

Alvys and John England

#### **Road Rules Reminder**

There seems to be a substantial lack of knowledge in this community as to a couple of road rules, both which can result in great frustration and hence accidents.

1. Driving in the right lane of a multi lane road, with a speed limit of 80K or more is ILLEGAL. Drivers must keep to the left unless overtaking (reg 130).

Driving in the right lane of a multi lane, where a keep left sign is displayed is illegal AT ANY speed.

That means when you drive down Portarlington Road to Geelong or back please move to the left lane after passing.

2. Roundabouts: The give way to right rule DOES NOT apply in roundabouts. The vehicle in the roundabout has right of way. ie. 1st in.

Love the mag. Peter - Drysdale



#### **Drysdale Landfill Community** Consultation Group (DLCCG) is looking for members

The purpose of DLCCG is to support good communication, transfer of information and better understanding between the community, City of Greater Geelong and EPA Victoria on matters relating to the Drysdale Landfill and Resource Recovery Centre.

City of Greater Geelong is wanting to ensure that the group includes a broad range of community members.

Meetings take place quarterly, with the next meeting proposed for 16 August.

If you would like to discuss how you can be involved, or if you would like to see the group's Terms of Reference, please email Shane Middleton smiddleton@geelongcity. vic.gov.au or call. 5272 4828



## Bellarine PC Repairs

based at Clifton Springs Servicing Geelong and The Bellarine Peninsula

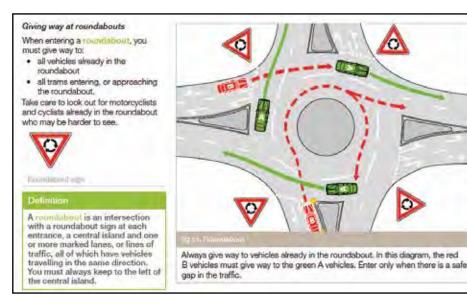
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Address	

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41 Peninsula Drive Drysdale

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## RSL Member Profile - Major Adrian Sherriff, AM (Retired)

Born in Queenscliff in 1943, Adrian was the fifth son to Royal and Elsie Sherriff.

In 1962 he enlisted into the Regular Army and after basic training was assigned to the Royal Australian Engineers.

During 1964 to 1965 he experienced his first combat in Borneo during the Indonesian Confrontation as a Combat Engineer and an electrical tradesman. In 1966 to 1967 he served with 21 Construction Squadron Engineers at Puckapunyal as a plant operator and electrical mechanic. From 1967 to 1968 he served in South Vietnam with 1 Field Squadron Engineers as a combat engineer, clearing mines booby traps and tunnels. 1968 to 1974 Adrian served at 6 Signal Regiment as the Sergeant Engineer in charge of power supplies to Watsonia, Diggers Rest and Rockbank.

In 1974 he learnt he was to receive an AM (Member of the Order of Australia). He was awarded his AM in 1975 and in 1977 Her Majesty Queen Elizabeth II personally presented the award to the first recipients at a reception at Government House in Canberra.

1975 to 1976 he was posted to 3 Field Engineer Regiment Townsville as a Warrant Officer, Supervisor Construction and Maintenance (electrical). 1976 to 1978 he was posted to Keswick Barracks, Adelaide as the top electrical supervisor for Army in South Australia. 1n 1978 to 1980 he was posted to Kuala Lumpur, Malaysia as a Defence Advisor to the Malaysian Defence Department. He was also in charge of the installation of manufacturing equipment at the Malaysian Defence workshops.



1980 to 1981 he was posted to Victoria Barracks Brisbane as the Senior Defence Electrical representative as a Warrant Officer Class 1. 1983 to 1988 he served with various Army reserve units as a Captain. 1988 to 1989 he was posted to Puckapunyal as a Regional Engineer. 1989 to 1990 he was posted to Kapooka Wagga Wagga as the Garrison Engineer. In 1990 to 1994 he was promoted to Major and posted to Army

Proving Grounds at Monegeetta, Victoria (near Lancefield) as the Officer in Charge of the testing facilities. 1995 to 1996 he was posted to Canberra as a project officer for the Army APIN project, which was the development of Army Presence in the North.

1996 to 1999 he was posted to Darwin as the Officer in Charge of Ranges and Range Development in the Northern Territory and West Australia north of Broome. Whilst in Darwin he married his wife Patrice at HMAS Coonawarra.

In 1999 he retired and moved to Lurg in Victoria, then moved to Axedale, Victoria and now has settled in the lovely Drysdale for the past eight years.





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So, consider a home loan from Australia's most reputable bank (AMR Corporate Reputation Index 2015).

Drop into your nearest branch at 44 Newcombe Street, Portarlington - 5259 3266 or 1/13 Hancock Street, Drysdale - 5253 3192 to find out more about securing a home loan you can count on.





**Community Bank** 





# Rethink your recycling at the supermarket

Recycling starts in the supermarket aisle with the type of product we select and packaging they come in.

Packaging serves a range of useful purposes, from protecting food and other goods to providing information about the product inside.

Although we have no control over the type of package we have a choice about what we take home and what will end up in our recycling bin.

## So while you're wheeling the trolley around the aisles you can minimise your recycling needs by

- 1. Choosing items with minimal or no packaging.
- 2. Avoiding buying products with excessive, multi-layer packaging.
- 3. Buying products in bulk. This will minimise packaging and save you money.
- 4. Buying refills instead of products in new packaging.
- 5. Washing and reusing plastic plates, bowls and cutlery.

Use the online directory at www. geelongaustralia.com.au/recycling/guide.aspx to find disposal or recycling options for a wide range of items.

**Darby Munro** - Waste Education Officer at City of Greater Geelong.



## 2016 Reel Health International

## Short Film Festival

The Reel Health International Short Film Festival was originally developed by Monash Health in 2013 to provide filmmakers and film goers a different avenue to explore, reflect and discuss genuine health issues and how they affect our communities. It provides a platform to tell real stories of health through the engaging medium of film. In 2015 Barwon Health, in partnership with Monash Health, organised a local Barwon region tour of the Festival so that local communities had the opportunity to see and reflect on a selection of award winning short films. Over 500 people attended screenings last year with really positive feedback received from

community members. Barwon Health is proud to announce that the Festival returns in 2016.

Barwon Health's Health Promotion Unit has worked closely with Monash Health in order to showcase this year's selection of twelve short films. The films provide a unique opportunity to start conversations within local communities around health and wellbeing. A variety of themes will be explored in this year's films including: life through the eyes of a group of young Vietnamese children, growing older and sense of purpose, impact of technology within our daily life, family relationships over the course of time, the difference between sanity and insanity and an individual's personal experience of disability (among others).

The films have the potential to inspire, touch and challenge audiences as well as start conversations which will ultimately benefit the greater health and arts communities. Reel Health Film Festival Director, Jonathon Green, said the festival has redefined how people view health through the visual medium, and ignited passionate and meaningful conversations.

The films are followed by a guided discussion to allow participants to respond to what they have just seen. When participants leave the screening venues, they will also be encouraged to leave a comment on the 'graffiti board' to let us know their thoughts.

The Festival runs from 4 – 29 August 2016 with 14 screenings scheduled throughout the Barwon region. For information and bookings, visit: http://bit.ly/1TnasL9

# reel halth health International Short Film Festival

Featuring a selection of captivating short films from all over the world, reel health showcases stories of courage and inspiration, brimming with hope, strength, friendship and survival.

#### **DRYSDALE**

Frid. August 26th @ 1.30pm & 7pm SpringDale Neighbourhood Centre Book at: http://bit.ly/1VGquW5

#### **BARWON HEADS**

Sat. August 6th @ 3pm Barwon Heads Hall

Book at: <a href="http://bit.ly/1YbRCtG">http://bit.ly/1YbRCtG</a>



# reel health Recommend formature suderices International Short Film Festival

SpringDale has booked two sessions this year Friday 26 August 1.30pm & 7pm – please try to include one of these into your diary – I think you'll be glad you did.

## **Bus Trips**

Thanks to Rob from the Grey Outdoors for agreeing to take us to the Marilyn Munroe Exhibition in Bendigo – we ended up with almost 2 full buses and heaps of fun, friendship and food. Thanks to Bruce for driving the second bus.

## Would anyone like to be part of a regular Bus Trip Group?

Please register your interest with SpringDale office email office@springdale.org.au or phone 5253 1960





Please consider signing up for SpringDale

page and select the subscribe button.

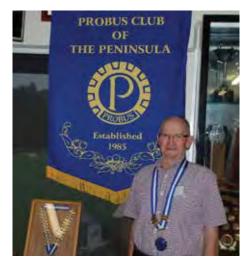
Webmail updates. Go to SpringDale Website and in the bottom right hand corner of the Home

Join SpringDale on facebook – we have a number

of pages – so you can follow what interests you.

Looking forward to finding you on facebook.

.ast minute



## Mens Probus Club

The Mens Probus Club of the Peninsula meets at 9.15am on the first Monday of the month at the Drysdale Football Clubrooms. Prospective members and visitors are most welcome.

For enquiries please phone Trevor Bane on 5253 3982, Pieter Hoornweg on 5251 3194 or Kay McLennan 5251 5432.



## Sunday Charity Dance



All profit will go to the Cancer Council of Victoria via Wyndham Relay for Life

Accompanist

Required

The SpringDale Singers are desperately in need of a part-time accompanist. Their

regular pianist will be away for 6 weeks, starting in August. The Singers meet each Tuesday at the SpringDale Hall from

1.30pm until 3.30pm during school terms.

If you are able to help, please ring

Margaret Freemantle on 5253 1974.

When: Sunday 21st August Where: Leopold Hall, Bellarine Highway

Melway Ref Map 468 G3 Leopold

INCLUDES SPECIAL EFFORT

Time: 1.30pm till 8.30pm

Cost: \$8.00

Music: Keyboard music by Barry Lynch

A plate of afternoon tea would be appreciated

#### **Organizers**

Barry & Wendy Lynch 5243 8390

Lorraine Andrew 5259 3968









We invite you to join us for a contemporary and relevant Service

#### Sunday 10.00 am

(Includes Children's Program at 10:40) 276 – 290 Jetty Rd Curlewis P: 5253 2241

#### Second Chance Shop 40 Geelong Rd. Portarlington

AVAILABLE IN BAR ONLY

The Drysdale Hotel Collins Street, Drysdale

## National Seniors - Bellarine

We have enjoyed a variety of guest speakers in the last few months. In particular, John Harrison on Apothecary and Holly Worland (and crew) from Telstra to discuss the forthcoming NBN rollout in Drysdale. Our guest speaker for July was Gary Jenkins from Consumer Affairs on a variety of subjects.

There are two major events that we currently have planning underway for. The first will be a celebration of National Seniors 40th Anniversary and the 10th Anniversary of your local branch – Bellarine Peninsula.

The celebration will be a Morning Melodies held at St James Church Hall on Wednesday 24 August 10am to noon. We will be entertained by Don Fisher from Haze Music. Entry fee is \$10 p/p including morning tea. Bookings are required by 10 August. Contact 5216 9028 or 5257 3264 or email zois16@iprimus.com.au to secure your ticket.

The second event is to be held at SpringDale Neighbourhood Centre on Wednesday 12 October. This will be a Trivia Afternoon (afternoon tea included). Entry is a gold coin donation. Bookings preferred to allow for catering requirements. Contact on the above details.

For our August meeting we hope to have Agata Commisso as our speaker. Agata is a delightful speaker and very entertaining. Meeting date is Tuesday 10 August 2pm at St James Church Hall (Donnelly Room).

Even if you are not a member, you are most welcome to come along to this meeting or

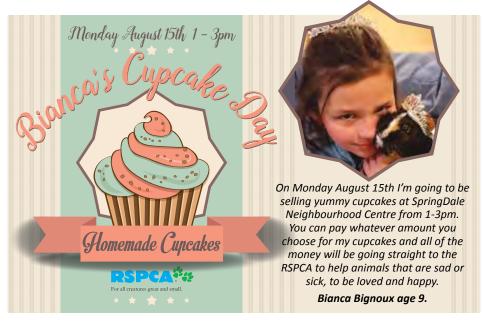
any planned outings. We hold meetings in the Donnelly Room of St James Hall. Commencement time is 2pm. Tea and coffee provided. There is no charge for guests.

NSA Bellarine has a speaker on varying subjects of interest to senior people at each meeting. Information about joining our organisation and the benefits will be available at meetings. For further details please phone Jackie Clayton (President) 5216 9028 or Marion on 5257 3264.

Hope to see you there.

Jackie Clayton - President





## Weddings 4 Special Events



For more information call (03) 5253 1960



# SpringDale Venue Hire & Catering

The SpringDale Hall is now available for hire for weddings and special events. There is a large range of items that are available to make your event easier to organise. Let us take the stress away and help you to organise your event and make your day even more...



www.springdale.org.au



Winter is always a good time to make major changes in the garden, and I'm going to be busy this month with projects I've been saving up for the cooler weather.

I've been concerned for some time about how much water the drip irrigation system is using: a few hundred litres a day in summer. I put this down to three things: firstly the vegie garden (which gets most of the water) has become more and more extensive, secondly tree roots have encroached on some beds and are sucking up the moisture, and thirdly some of the first raised beds I installed are no longer retaining moisture the way they should.

To cut down the water usage I'm going to replace most of the in-ground beds with raised wicking beds, and replenish the old raised beds with lots of organic matter to hold the water better.

Wicking beds have been around for quite a few years. The idea is to water the plants from the bottom, not the top. The beds have a water reservoir in the bottom, which is usually a bed of sand or gravel inside a waterproof liner. On top of this goes a fabric root barrier (e.g. weed mat), and on top of that the growing medium, either soil or compost. A PVC pipe allows the gardener to refill the reservoir and an overflow pipe prevents the whole bed from filling up with water and turning into a bog garden.

Retaining walls, e.g. pine sleepers – contain the bed, raising it to a comfortable working height of 60–80 centimetres above ground level.

The water in the reservoir is drawn up by capillary action into the growing medium above, keeping it moist. In other words the growing medium acts as a wick, drawing the

water upwards. The plant roots are able to get all the water they need from the moist soil, so there is no need for overhead watering. Because it's a closed system, no water and no nutrients are lost.

Wicking beds are relatively expensive and time-consuming to make, but if well made they will last for many years. You can cut the cost by using recycled materials for the retaining walls, but I would caution against using cheap black plastic for the water

reservoir. I use fish-safe butyl or EPDM rubber pond liners, firstly because they are more durable, and secondly because they are less likely to release harmful chemicals into the water, which may then end up in the vegies.

Photos above: This is a wicking bed I made back in 2010. It's still working well today and should be good for many years to come.





## SIZZLING FOR STUDENTS



Members of the Drysdale View Club organise Sausage Sizzles as part of their fundraising to sponsor the education of 5 students. Additionally they donate further throughout the year to assist disadvantaged children through the Smith Family's Learning for Life programs.

The Drysdale View Club is a friendly group of ladies from the Bellarine area, and our homes are in Drysdale, Clifton Springs, Leopold,

Ocean Grove, St Leonards and Indented Head. Lunch meetings are held on the 4th Friday of each month at the Portarlington Golf Club and we welcome visitors to join our meetings. Our contribution of \$22 includes a 2 course lunch and a donation to the Smith Family. Please contact Lynda on 5251 5381 or Pamela on 5257 1476 for further information.

Our next Sausage Sizzle will be at Aldi's on Saturday 17 September.

## Proudly printing this magazine for you, on the Bellarine.

# OPEN Monday - Friday 9.00am - 5.00pm 13 Sykes Place, Ocean Grove ph: 5255 2663 e: quote@presshere.com.au • Design • Print • Office Supplies

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## Innovation and Entrepreneurship

SpringDale Neighbourhood Centre is working on a project looking at Innovation and Entrepreneurship. This has been an interest of mine for a number of years. I've always loved looking at De Bono books, looking at new products and new ways of thinking.

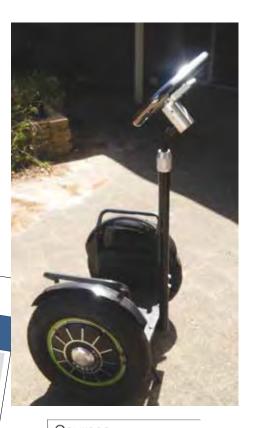
During the last year of research we have brought together a vast amount of information and we have a few people who have been helping to trial forms and course ideas. Trying to benchmark where people are at on the Innovation / Entrepreneur continuum and this is proving to be challenging. If you would like to assist us with this research by completing a questionnaire please email coordinator@sppringdale.org.au or ring SpringDale on 5253 1960.

## **Truffles**

I have had a special interest in Truffles for a few years. While I was preparing information for this Messenger I watched a TV show about Truffles grown in Manjimup WA, Truffle Kerfuffle, – this inspired me to think of taking a bus of interested people to Gembrook to the Black Truffle and Hazelnut Growers Seminar on Sunday 21 August cost of the seminar is \$149 and bus cost would be approximately \$25.

Anyone else interested? Contact Anne Brackley email coordinator@springdale.org. au or phone 0407 529205.







## Statements that might resound with you

The fattest Knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi.

I thought I saw an eye doctor on an Alaskan island, but it turned out to be an optical Aleutian.

She was only a whiskey maker, but he loved her still.

A rubber band pistol was confiscated from algebra class, because it was a weapon of math disruption.

No matter how much you push the envelope, it'll still be stationery.



## **Drysdale Guides**

Guess what I found at SpringDale
Neighbourhood Centre?. A Ratatta! Go
Pokemon Go! SpringDale is the place to be.
With the Old Courthouse on one side and the
Pig on the Roof Pokestop on the other side
– what a perfect place to be. Not only is the
location of SpringDale convenient but there is
a Pokemon gym across the road. Within one
hour my Pokemon numbers have doubled.
Quick quick Pokemon hunters catch 'em all at
SpringDale and that's where Drysdale Guides
meet too.

At camp recently we played *Hungry Hungry Hippo* with people instead of as a board game – you will never know what we'll come up with next.

I'm so glad my Guide Leaders are innovative and Pokemon friendly. Tamara a Drysdale







## Pokemon Go

Much has been written in the press about the launch of the latest online game of Pokemon. For those that grew up playing with Pikachu on the Gameboy, traded and battled with the cards or watched Ash versus Team Rocket on TV, this is an exciting time to be able to go out in the fresh air and catch a Pokemon.

As I sat on the hill at Eastern Beach in the sunshine, it was wonderful to see young families out with the new generation of Pokemon fans. There were families with teenagers as well as 20 plus year olds in groups walking up and down the beach checking what they had all caught.

I am the mother of a teenager that would rather stay in his room using technology than set foot out in the sun. I love the fact that this app has him outdoors with the family clocking up the steps required to hatch a Pokemon egg that was collected. In fact, the better Pokemon need quite a lot of steps... 10km for some.

No longer are mums left to walk the family dog on their own. The kids are now tagging along to catch Pokemon on the way. The dogs are happy to tread the extra kilometres and they love having the kids with them.

There are great positives to be gained out in the sunshine, fresh air and interacting with family and friends.

I do, however, agree that safety must come first. With any outdoor activity that we let our kids participate in... whether it's online or not... we must always ensure that they are reminded of all the those important safety rules - Stranger Danger, road rules and respect for others in the community. Oh, and don't try to walk around and stare at your phone at the same time.

Jo - Mum of two.

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## Cheese Making was great fun Course Highlight

October classes filling fast



#### **Cheese Making with Corinne**

This is a very relaxed way to spend a day. You may like to bring lunch to share and make new friends and make conversation.

Dates/times: 15 Oct Cheddar, 22 Oct Camembert

10am-3pm

Fee: \$100 per session milk and "hoops" included Tutor: Corinne Blacket - Drysdale Cheeses









### **Drysdale Health Group**

#### **Proactive, Preventative & Professional**

- Physiotherapy Podiatry

  - Myotherapy
  - **Exercise Physiology**
  - Acupuncture
  - **Pilates**
  - Naturopathy
  - **Remedial Massage**

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#### **Discover the Artist Within -**Level 1

An introductory or refresher Art Course using drawing media for Adults. No previous knowledge required. This course increases the skills of seeing and drawing and then introduces colour and various media. Class materials required: A3 Sketchbook or A3 visual diary, 2B and 4B pencils

Dates/times: Tue 2 Aug - Tue 20 Sept

1pm - 3pm (8 sessions) Fee: \$130 Conc: \$70 Tutor: Annette Playsted

#### **Discover the Artist Within -**Level 2

An Art Course in Painting and Drawing for Adults who have completed a foundation course . This course aims to increase media knowledge in the techniques and processes of painting and drawing, improving skills and confidence

Dates/times: Mon 1 Aug - Mon 19 Sept 10am -12.30pm (8 sessions) Fee: \$140 Conc: \$75

Tutor: Annette Playsted Materials list available from SpringDale office

#### Develop the Artist Within -**Advanced Workshop Program**

This program is for hobbyist artists or art students who have studied at the intermediate level and want to further develop their knowledge and broaden skills and perceptions. Workshops will include: Experiential Media broadening to include new approaches to two and three dimensional media. Building selfexpression, ideas and approaches, building colour and tonal awareness, and shared adventures into Art theory and Art history. Dates/times: Tue 2 Aug - Tue 20 Sept

10am- 12.30pm (8 sessions) Fee: \$140 Conc: \$75 Tutor: Annette Playsted

Materials list available from SpringDale office.

## Languages at SpringDale



#### SpringDale is happy to present a variety of Language Classes

#### **French for Travellers**

on Tuesday mornings 11.30am - 12.45pm

#### Italian for Travellers

times to be advised

**Latin** Saturday mornings 9.15am - 11am

\$50 for up to 10 weeks

Mandarin - Friday afternoons

## **Beacon Point Pre-School**

## **100**

## - busy, busy, busy

It has been a busy few months at Beacon Point Pre-School! We've had a number of special visitors to the kinder, including the fantastic Drama Toolbox, in which the children each took on a role in re-telling the story of Tiddalik the Frog, an Aboriginal Dreaming story, complete with costumes and lots of laughter. The children also learned about how to safely approach dogs through participation in our Pet Education program, and it has been great to witness them putting this new knowledge to use when they see a dog go past the kinder fence.

Despite the wintry weather well and truly setting in, we go outside in all weather conditions as outdoor play is such an essential part of the children's development. Everyone has been rugging up to explore outdoor play such as block construction, hammering, sand pit play, mud play, gardening, hide and seek and role play games.

The children's learning journeys are documented in their portfolios, with photos and comments about their activities. This is a wonderful momento of their kinder year and something the children enjoy reading over and recalling all the activities they have been involved in throughout the year.



Thank you to everyone who supported our Election Day BBQ and cake stall on 2 July, with special thanks to the Drysdale Lions Club who assisted with the BBQ. Funds raised from this event will go towards the planned redevelopment of our outdoor play area.

We welcome visitors to our kinder, so if you are curious to see what we get up to, please contact our educators Alison, Dani or Monique on 5253 1550 or email beacon.point.kin@kindergarten.vic.gov.au.

Beacon Point Pre-School, 49 Centaurus Ave, Clifton Springs

We'd like to thank the locals for support by introducing, for the month of August, a Seafood Pack for 2.

2 pieces of flake
2 scallops & 2 potato cakes
minimum of chips
tartare sauce
\$18.90

This pack complements our usual value packs for 1 or even 4 people.



## Drysdale Village Fish & Chips

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biz.onthebellarine.com.au/drysdalevillagefishandchips/

## Rotary Club of Drysdale Changeover 2016

TANK THE PROPERTY OF THE PROPE

The 2016-17 Rotary year is off to a flying start for the Rotary Club of Drysdale. At its Changeover Dinner on Monday 27 June, Past President (PP), Caroline Rickard passed the baton on to new President Sue Van Every. It was a great night to reflect on the past year, to see how much we have achieved. We look forward to building on this and await the new year with much anticipation.

During the last year the Rotary Club has been pleased to support Cystic Fibrosis Geelong (Art Show raffle proceeds), Polio Plus (Ride the Bellarine), Barwon Health Transport (joint project with the Rotary Club of Geelong West, Art Mentorship Program (partnering with Bendigo Bank and one other), Festival of Glass, Portarlington Miniature Railway, Community Clubs signs frame, Portarlington Food Assistance Program, Sock It To Them Geelong (supporting Geelong's homeless), Rotary Youth Leadership Award (RYLA), St Ignatius College Award Night, Christian College (flagpole) Bellarine Secondary College (multi-language signage project), Drysdale Toy Library, Beacon Point Kindergarten (silk worm kit), Clifton Springs Primary School (science equipment), Drysdale Guides (entrance sign on the edge of Drysdale), Drysdale Scouts (new hot water service), St Leonards Primary School (tubs for storage of literacy kits), Adrian Mannix Award, ICE Seminar, Bellarine Police Support Network.

It was wonderful to recognise the work and service of members and Friends of Rotary.

PP Caroline Rickard received a Paul Harris Fellow, together with Anne Harding (non-Rotarian). PDG Graeme Allison was the recipient of a Royce Abbey Award.

The new Board was duly inducted: Sue Van Every (President), PP Caroline Rickard (Vice President), Catherine Eagleson (President-Elect), PP Bruce Van Every (Secretary), PP Colin Harding (Treasurer), PP Peter Downes (Director).

Rotary is a business/professional network, founded by Chicago lawyer Paul Harris in 1905. Vocational, one of the Rotary Avenues of Service, calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society. If you are looking for a way to make a difference in your local community and the wider world, joining



Rotary could be just for you. Perhaps you have an idea for your own project. If so, we would love to hear about it.

The Rotary Club of Drysdale meets at the Clifton Springs Golf Club on Monday evenings for dinner 6pm for 6.30pm. For more information, please contact our Membership Director Bruce Van Every on 0409 149 025.



# SpringDale Dining Group

The SpringDale Dining Group is celebrating its 2nd Anniversary – we have met 23 times so far and welcomed more than 200 different people to our dinners. We started with 12 people at

the first dinner and last month we had almost 40. Some people come every month and some come every now and then. The group has put thousands of dollars for meals and drinks into the local economy during these dinners.

We always have fun, there's lots of laughter, many stories and catching up with people you have met before. There is always room for one more. People come as singles or couples. Many friendships have begun because of the SpringDale Dining Group. If you have been reading about this for a while please think about coming, if not this time maybe next time.

Next Dinner will be on Tuesday 9 August 6.30pm at The Godfathers Leopold. Please book your spot with SpringDale Office via email office@springdale.org.au or phone 5253 1960.

Ken Brackley for the SpringDale Dining Group.

#### **Congratulations Graeme Allison**

One of our local voluntary Justices of the Peace, Graeme Allison, was presented with a Royce Abbey Award for enthusiasm and commitment to the ideals of Rotary at the recent Rotary Club of Drysdale Changeover Dinner. Thank you everything you have done for our community and beyond and what you continue to give in your role as a Justice of the Peace.

#### Anne Brackley.

We continue to have the support of a Justice of the Peace(JP) at SpringDale every Wednesday morning 10am – 12noon. No need to book an appointment. JPs are authorised witnesses under section 107A of the Evidence (Miscellaneous Provisions) Act 1958.



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## Writing a Eulogy

As a Funeral Director with Tuckers Funeral and Bereavement Service, I've identified three commonly asked questions families will have when arranging the funeral of a loved one.

- 1. Who organises the death certificate?
- 2. How am I going to pay for this when the bank has frozen the accounts?
- 3. Who does the Eulogy?

This workshop addresses the concerns regarding the writing & reading of a Eulogy.

If you are a significant person in an individual's life you might suddenly find yourself doing something you have never done before – writing a Eulogy or even having to read out the Eulogy.

Like many things in life the best time to learn a new skill is before you need it. This workshop held over two sessions simplifies the task of gathering and organising information and can make the overall process deeply rewarding and at times even enjoyable.

#### Everyone has a story. A story which:

- Might be transparent
- Might be reserved
- Might be bold
- Might be delicate
- Might be humorous

Probably will be all of the above.

Come along, you might even like to write your own Eulogy!

Presenter: Alyson Burchell from Tuckers Funeral and Bereavement Service and Bronwyn Davie, Civil Celebrant

Dates/times: Fri 5 Aug & 12 Aug 1.30pm

-3.30pm Cost: Free

## Canines, Community & Retirement

In March 2001 my husband, John, together with our two English Setter dogs, Sissy and Sunny, arrived at our rented house in Clifton

Our stay was to be for a period of six months while our house in Williamstown was being demolished to make way for two houses to be built on the block.

In the years that followed, we settled in comfortably and started to look for special interests. My first was to volunteer to be the mission representative for St James Church. This was in order to raise money for a particular project that took my interest.

The project I work for is through the Australian Board of Missions Water Project in Myanmar. For every thousand dollars I can raise provides water and sanitation for a whole village.

I applied for membership to the Drysdale Community Craft Shop and was accepted. My background as a shop proprietor and an accredited Craft Teacher made this a perfect fit.

My next venture was to join Cherished Pets Foundation as a volunteer. The aim of the Foundation is help the sick and elderly look after their pets at home which may involve walking the pet and general care.

John and I are up to our 7th and 8th English Setter since we have been here. 47 years ago I showed an Irish Setter, and have kept in touch with the show people ever since. So when I need a Setter I let them know and there has always been a dog that has finished being in the ring or breeding and needing a new home. In fact our home is known as 'The Retirement Home for English Setters"



We have had Rose (No7) and Elle (No8) for just over seven months now and they have adapted very well.

All the Setters have had beautiful temperaments but Rose is a stand-out to the extent I felt she would be most suitable to become a Delta Therapy Dog. She passed her accreditation with flying colours and is now an "Accredited Delta Classroom Canine & Therapy Dog". We go to school one day a week and children take turns reading to Rose. It is a beautiful situation. The children love to pat her and she loves all the attention.

My other interest is Tai-Chi. I have been attending classes for 7 years now and even though I'm not able to do some of the moves I muddle along and enjoy myself.

All in all life is very busy and varied here for both my husband and myself. It was one of our better "Life Choices" to settle here.

In case you are wondering, I am 77 years old and hope to continue with my projects for years to come.

Leah Mc Innes







Clifton Springs Garden Club





If you would like to come along to one of our monthly meetings as a visitor, you are more than welcome, there is no pressure to join the Club. For any further information on the Club, Secretary Helen Allan can be contacted on 5257 1566 or email hallan@iprimus.com.au or pop into the Drysdale Library and pick up one of our New Members brochures which has all the details of the Club.

Stay warm & dry and enjoy your winter garden.

July was a quiet time in the garden, so the Garden Club had a break from normal monthly meetings and had a social meeting instead. Members got together and discussed the comings and goings of their gardens and their lives, over a meal at a local venue. This has been the practice for quite a few years now and going by the numbers we have at these social meetings, the members really enjoy the social time together. Gardening has many benefits, and we may not think it is very beneficial when we come in out of the garden and we can feel those aches and pains coming on, when this happens, stop and think of the benefits: It is an enjoyable form of exercise; Increases levels of physical activity

and helps mobility and flexibility; Encourages use of all motor skills; Improves endurance and strength; Helps prevent diseases like osteoporosis; Reduces stress levels and promotes; Relaxation; Improves wellbeing as a result of social interaction and if you are lucky enough to have a vegetable garden, it can provide nutritious, home-grown produce. I know my Doctor and Osteo are always telling me not to give up the garden.

August in the garden is the promise of Spring and the Garden Club is back to normal monthly meetings. More interesting speakers have been engaged to come and speak and we finish off the year with a Christmas luncheon in early December.





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## **Diabetes Bellarine Support Group**

A wide variety of discussion was had at the meeting in July. Thank you to all who attended - it's great to have new people sharing information, recipes and ideas. If you would like to come along and join in, the next meeting is on Thursday 4th August at 2pm.

#### Healthy, low GI food choices:

- Milk and dairy foods reduced or low fat varieties of milk and dairy foods are the best choices for people with diabetes.
- Bread wholegrain, fruit loaf and sourdough.
- Breakfast cereals traditional porridge, natural muesli and some high fibre varieties.
- Pasta and noodles all varieties.
- Some varieties of rice 'Basmati' and 'Doongara' varieties are moderate to low GI.
- Grains barley, bulgur and semolina.
- Legumes beans (e.g. baked beans, kidney beans, soy beans), peas and lentils.
- Fruit apple, orange, pear, peach, grapes, kiwi fruit, banana, plums.
- Vegetables most vegetables have low amounts of carbohydrate and therefore have little effect on your blood glucose levels. Vegetables with a significant amount of carbohydrate include potato, sweet potato, yams and sweet corn. Orange sweet potato, yams and sweet corn are the lower GI choices.
- Nuts are nutrient-dense and packed with heart-healthy unsaturated fats, fibre, antioxidants and important vitamins and minerals - they're nature's own vitamin pill and ready-to-eat snack food.

#### Nut health facts:

- Eating a handful of nuts (30g) at least five times a week may help reduce the risk of developing heart disease.
- Two handfuls of nuts a day (around 60g) may help lower blood cholesterol - in particular 'bad' LDL cholesterol.
- A handful of nuts (30g) at least five times a week may reduce the risk of developing type 2 diabetes and improves blood glucose and insulin sensitivity.
- Including nuts in your healthy-eating plan may help with weight management and reduce the risk of developing obesity.



#### Nuts are packed with nutrients promoting health & wellbeing. Also:

- Cholesterol-free like other plant foods, no dietary cholesterol in nuts.
- A source of healthy plant omega-3 fats - found in walnuts in particular, but also pecans, hazelnuts and macadamias.
- A natural source of plant sterols may help to lower blood cholesterol levels by reducing cholesterol absorption.
- A source of plant protein including the amino acid arginine which is converted to nitric oxide in the body, helping to keep blood vessels relaxed and elastic.
- A rich source of natural plant fibre important for both lowering cholesterol and healthy bowel function.
- A rich source of phytochemicals protective plant chemicals with antioxidant and antiinflammatory effects.
- · Packed with important vitamins and minerals - including vitamin E, magnesium, copper, selenium and potassium.
- Nuts have a glycemic-index lowering effect - nuts reduce the overall GI of a meal.



#### Sweet Potato Soup with Feta Cheese & Pine Nuts

Serves 4

500g orange sweet potato, peeled and cut into 3cm cubes

5 cups vegetable stock (salt reduced if available)

1 medium onion, chopped roughly

1 teaspoon ginger, grated or chopped finely

1 hot chilli, seeded and chopped (opt)

50g raw pine nuts

100g feta or goat's cheese, roughly crumbled A few basil leaves or fresh parsley

Dark rye bread, to serve

Place the sweet potato, onion, ginger, chilli and stock in a large saucepan over medium heat. Bring to the boil, reduce the heat and simmer for 20 minutes until sweet potato is soft. Remove from heat. While the soup is cooling, heat a small saucepan over low heat. Add the pine nuts and gently stir until golden. Remove from the heat and set aside. Once cooled slightly, blend and return to the pan to heat again.

Serve in bowls topped with feta or goat's cheese, basil/parsley leaves and pine nuts. Serve with dark rye bread.





## SpringDale Session times Occasional CARE

**Entrance is off Princess** Street, adjoined to the Neighbourhood Centre. Phone 5251 1627.

Monday 8.30 - 1.30Tuesday 9.00 - 12.00 Wednesday 9.00 - 2.00 **Thursday** 9.00 - 2.00 Friday 9.00 - 12.00

Fees: 5hrs - \$40 3hrs - \$25



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While I was running in Swan Hill for one of the big CFA Competitions we stayed in the caravan park. Every morning on the way to the toilet block a small kelpie pup, about 6 months old (about the same colour as Jack) would come out and want

me to pat him on the way past. On the third day of this routine the lady of the caravan, where the pup ran out from, fronted me and asked in a very deep voice "Do you like that dog?" and I said "Yes" and she asked me to take the pup as she wasn't allowed to keep him in the caravan park anymore. I agreed and happily took Swanee back to Norma, in a hired caravan. As we weren't allowed to have animals in the caravan or in the motel we wanted to stay in on the way home – we had to be inventive.

To be able to smuggle Swanee into the motel, I put him in a cardboard box with a hole in it and started to sing as I carried him through the foyer to cover any whimpering that may come from Swanee in the box.

Swanee helped with all the livestock work loading and unloading until I retired. Then came with me while I took a tripledecker sheep transport carting sheep from Ouyen to Geelong or to Horsham for Ron Turner.

After that I trained the dogs Swanee and Megsie to perform for the school

children. The dogs and I would put on an act with the dogs running up ladders and across a narrow board and Swanee would hold a piece of dowel with flags on each end to help stabilise his crossing. Megsie a miniature fox terrier would roll when asked.

Whilst visiting a friend at Grace McKellar, staff asked about my love of animals and their tricks and whether I could bring them back one day and brighten up residents lives for an afternoon. I asked Jack Chatfield, a beautiful singer, and Eva Deeath, a pianist to accompany him, and they helped me to bring joy to the long term residents of Grace McKellar. It was a great afternoon.

Swanee carried lollies and chocolates in a basket to each resident in turn so everyone could take a lolly. Eva played and Jack sang we had fun performing and the residents enjoyed the afternoon, a few tears were shed with joy.



#### Harbouring doubts?

City of Greater Geelong engineers have assured DCSCA that all tenders associated with upgrading Clifton Springs boat harbour have been awarded and that the project should finish by the end of 2016. We had doubted whether the upgrading was proceeding, because nothing happened once work on the causeway stopped. The engineers explained that Parks Victoria must approve some of the work before it can start. So building the causeway and dredging the harbour entrance should be completed by the end of July; and while dredging the harbour and constructing the jetty and the new double boat ramp should start in August, each awaits approval by Parks Victoria.



#### Talking rubbish!

DCSCA has joined a Community Consultation Group for the Drysdale Landfill site (aka the Drysdale tip!). The City of Greater Geelong manages the site and launched the group at a public meeting on 7 June 2016 at the SpringDale Neighbourhood Centre. CoGG will take decisions about the site; and the Community Consultation Group will offer advice. DCSCA has drafted its own waste management plan, which it will present to the next meeting of the Consultative Group in August.

#### Greening the plan

In 2011, DCSCA participated in a City of Greater Geelong (CoGG) exercise to create an Urban Design Framework to guide development in central Drysdale. When Woolworths applied to expand its site, CoGG produced a glossy booklet reviving the part of the Framework proposing a new 'town square' and adding the purchase by Woolworths of part of the 'town square', which is public open space. DCSCA welcomes some aspects of the draft plan, but is concerned about other aspects; and will submit its views to the council.

If you have an issue that needs attention, or if you'd like to be involved in DCSCA, please contact us – together, we can make things happen!

Contacting DCSCA:

P.O. Box 581, Drysdale, Vic. 3222; or dryclift@bigpond.com For up-to-date news, please visit DCSCA's blog

- drycliftdays.blogspot.com/









## Go Digi

## Course Update

New Dates



## Go Digi – Help with Mobile Phones / iPhones / Tablets

1pm - 2pm 12th August and 2nd September for our seniors / community members who need help. Cost: Gold Coin appreciated.

SpringDale and Bellarine Secondary College connecting generations together.









## **Marketing Review**

Angelo D'Angelo of Angel Consulting has recently prepared a marketing plan for SpringDale Neighbourhood Centre. He did the review on a volunteer basis. As he said "I have known Anne for several years and I thought I had something worthwhile to contribute to SpringDale and Anne gave me the opportunity. It was my way of giving back to the community. "

The report prepared by Angelo was able to identify areas where SpringDale needs to concentrate more effort in the future. The concepts outlined were developed taking into account Springdale's limited staffing and financial levels. SpringDale is current working through the concepts outlined.

Angelo followed up the report with a presentation to the Board and has assisted us in developing an action plan to implement the concepts.

We look forward to implementing many of Angelo's suggestions – thanks Angelo.

## **NBN** Information



We are lucky to be living in an area chosen to be provided with NBN sooner rather than later. Having attended a couple of information sessions I feel more confident now that this new service is going ahead in a fairly Consumer friendly manner and will give us all a faster and more efficient network.

For those who are not feeling knowledgeable – DON'T PANIC.

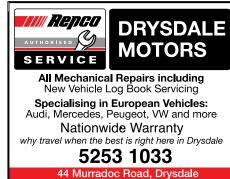
As suggested by Helen Searle check your last 3 bills for the total data usage in megabytes and work out an average. This will help you in choosing the appropriate plan with your provider. To learn more about the current speed your internet plan has, Helen suggests logging onto: www.speedtest.net

We will be holding workshops to help people calculate their average data usage and look at how to use www.speedtest. net if there is sufficient interest. Please register your interest in being part of such a workshop email office@springdale.org. au or phone 5253 1960.

Once NBN is available to you there will be 18 months in which to change over your phone/internet. To ensure you stay up to date register with NBNco on their website http://www.nbnco.com.au/

Thanks Helen for informing our community, your knowledge is valued and your generosity of time is appreciated.

Diane Irons, Clifton Springs.





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## Another Great Year of Junior Football

With the end of July comes the end of the home and away season for Junior Football in the region and with it a chance to reflect on another great year for junior football at the Drysdale Football club.

Eleven junior teams from under 9 to under 16, including a junior girls team, 250 players, 176 games of football enjoyed by our kids. To make this happen every week takes a team of dedicated parents and volunteers. Each game requires coaches, runners, trainers, timekeepers, team managers, interchange stewards and goal umpires, plus central umpires for the younger sides. Then there is our Auskick centre which caters for around 90 boys and girls each Sunday morning. This group have also played grid games at Simmonds Stadium and the MCG during the year under the care of Shane, Beth and Patrick who do a remarkable job. All up there are over 120 people giving their time to make sure that our children can enjoy some fun and physical activity in a caring and learning environment and our club is extremely grateful to all of them.

On field has also provided a level of success with teams from Under 14 and Under 16 featuring in the upcoming finals series (as it is only these age groups that have finals). The Under 14's have done extremely well to achieve this as they were placed in Div 1 again this year and have to face the Geelong based powerhouses week in week out. To make finals in this division is an outstanding achievement and is a credit to the boys and their coaching group headed by Adam Bonner. The Under 16 team play in Div 2 which is also at an extremely high standard and we are proud of their efforts in making finals this year under young coaches Josh Deeath and Josh Hopgood.









Saturday 6th Aug - 2pm

Guest Speakers:

Sam Riggio, Sharon Pederson.

Comedian Mickey D

Complimentary

glass of bubbles on arrival.

Cea, Coffee, Sweets & Savouries all afternoon.

Silent Auction, Raffle, Games, Fun and Laughter.

Proudly supporting "Project Love" a Barwon health project.

The project is aiming to raise \$3 million dollars for a new chemotherapy day ward and pharmacy.

The expansion of these areas will provide timely services to cancer patients undergoing day treatments.

This means cancer patients will no longer have to wait three hours for a quick 15 minute treatment.

Drysdale Football Netball Club continues to be a community not-for-profit organisation focused on providing local youth with a solid foundation in sport, which helps to increase self-esteem, character, sportsmanship and leadership.

Calling all Ladies.
TICKETS ONLY \$40.

Contact Michelle Davis 0400 939 638 or www.trybooking.com/MDPS



Theatre Plaza, Harding Street, Portarlington

Ph: 5259 1277

www.portsidephysiotherapy.com.au

### **Portarlington Demons Football Netball Club**

## JOEL'S BEEN, NOW FOR PADDY

The Portarlington Football Club has put a huge effort in to get an under 14's team on the ground this year. There have been some weeks they have only had 12 kids to play and have been topped up with under 12's players. There has even been a couple occasions that excess players from the opposition have come across to make up the numbers.

And then along came Joel – Joel Selwood took their training session and had an immediate impact on our juniors. It was exciting to see an AFL Champion giving back to our juniors, the respect he was given and the respect he gave! It can only enhance our goals and aims for our junior program.

It was an amazing sight to watch these kids go through their paces in a training session with Joel, even a few parents needed restraining! Joel's words of encouragement meant more to them than he probably realizes and he may have learnt a few things himself. The kids requested Paddy Dangerfield to accompany Joel next time. Thank you so much to the Geelong Football Club and Joel for coming down.



### **Coming Community Events:**

Friday 5 August – Junior Presentation Day

**Sunday 7 August – Senior Vote Count** 

Saturday 17 September – Senior Presentation Night Geelong Football Club.

For more details, contact the Club.

GO DEMONS!!







## Kitchen Renovation

# Thanks to everyone who made the new kitchen possible.

## Over the last 7 years or so we have had donations / grants from:

The Portarlington Drysdale Lions Club, Bellarine Peninsula Community Bank, The Rotary Club of Drysdale, the Drysdale Football Club, Drysdale Removals and Storage, the Drysdale Village Medical Centre, Heather Condie, Turner's High Pressure Cleaning,

Gaylia and George Lowe the Brackley family Drysdale, Percy Baxter Charitable Trust, Kel Davis,

Pauline and Mark Cline, City of Greater Geelong,

Denis Hyland

Federal Government

and all the volunteers who have helped with a number of opportunities and all the people who asked us to help with those opportunities, everyone who has donated money or items to the kitchen and anyone else that I unfortunately haven't mentioned.





















