

# The SpringDale Messenge



February 2017 Volume 27 Issue 1

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# Hidden in plain sight

Sharing a special few hours with local Gordon McCarthy can be enlightening. The number of birds, frogs, plants and insects that visit or live at Lake Lorne or McLeods Waterholes is amazing. I honestly didn't realise how important these waterways are for so many different species. We looked at Kangaroo grass, Azolla, Yellow Spoonbills, Royal Spoonbills, Swans and cygnets, Coots, Moorhens, Laughing Kookaburras, a Long Necked Tortoise sunning itself, and so many more.

Gordon has a list of 101 birds that he has seen and recorded on either Lake Lorne or McLeods Waterholes. He recounts seeing more than one hundred Freckled Ducks since 2013 and on occasions approximately flocks of 200. I understand this is a significant proportion of the world's population of this very rare and endangered duck.

Other rare birds spotted at this special water system are Latham's Snipe, Nankeen Night Heron and Musk Ducks, all vulnerable species in Victoria.

I believe our community was incredibly fortunate that Gordon helped to avoid the erection of a 1.2metre fence being installed around Lake Lorne, this would have changed the ambience and Gordon believes the community ownership of the site.

Gordon is hoping to stop the mowing of the small creek bed between the South and North MacLeods Waterholes allowing reeds to grow in this waterbed and provide some safety for animals and birds moving between the two waterholes. Gordon also looks to the way that our birds have adapted to live within the non-native species of trees and vegetation that surround these precious water havens over the decades and hopes that the synergies developed will continue into the future. Many of the non-indigenous species provide sanctuary for the endangered and vulnerable birds that visit our very special part of the world.

Anne Brackley



Courses

Community & Business Breakfast 27 Feb 7am "Challenging Assumptions Opening Minds Opens Possibilities" So much on offer at SpringDale. Please drop in and pick up your Course Guide now.

# Community ^ΔΙ FΝΙ

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of

COPY DEADLINE Feb 2017 • Bookings/copy required by 1 Feb • Dist: Sat 25 Feb 2017 • Circ: 11,000

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am - 5pm and by appointment.

	Saturday	4	Harvest Basket Produce Swap, SpringDale 9am - 10.30am
	Monday	13	Dining Club at Leopold Sporties Club, 6.30pm
	Friday	10	Family Bush Dance at SpringDale 7.30pm
)	Tuesday	14	Valentine's Day
	Wednesday	15	SpringDale Salads The Paddock, 12noon
	Sunday	19	Festival of Glass, Christian College, Drysdale 10am - 4pm
	Sunday	19	Drysdale Market 9am - 1pm
1	Monday	27	Community and Business Breakfast 7am – Speaker Brenda Richardson

### "Challenging Assumptions Opening Minds Opens Possibilities"

Brenda Richardson is a business executive with wide-ranging experience in roles across IT, Manufacturing, Logistics, Strategy and Process Re-engineering. In 2000, she became Vice President of IT and Business Initiatives for Ford Australia/ New Zealand, making her the first Australian woman to serve on the operating committee of an Automotive Company.



Phone SpringDale on (03) 5253 1960 to reserve a place!

She has had extensive global and Asia-Pacific experience and has a proven track record of leading teams locally, across Asia-Pacific and globally to deliver significant change, aligned plans and business results.

Brenda lives on the Bellarine with her husband and two children - maintaining a keen interest in community, environmental, and people development activities. She now manages her own consultancy, Iteracy, which aims to de-mystify communication between technical and non-technical groups.

**Bookings &** copy required by **1** February for March issue

### The SpringDale Messenger is a locally produced publication.

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V. 17-21 High Street, Drysdale Vic 3222. Postal Address PO Box 80 Drysdale The SpringDale Messenger Production & Creative by Jo Aspland | Jo Aspland Graphic Design For all advertising enquiries: office@springdale.org.au OR P: (03) 5253 1960 F: (03) 5253 3050 For all editorial enquiries: E: messenger@springdale.org.au W: www.springdale.org.au Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

All contributors are asked to provide their articles on disc. Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:

www.springdale.org.au





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Anne Brackley

After having a few weeks to regroup as a family and achieve some goals at home, I've had time to reflect on transitions and how to successfully move from one thing to the next. I know I find it takes a lot of energy to do something new, to actually ring that new person or get through that new door. Sometimes it makes it easier if someone invites you and personally escorts you across the door for the first time. It is so important that people have a great first experience to reward them for showing courage and trying something new.

We face transitions all through our lives. Some transitions are smaller than others. Each transition that we cope well with equips us to be able to transition more easily to the next if a transition becomes a bit stressful we will know from experience that we will be successful based on what has happened before.

When our children move into Pre-School or into the School system, when we move into work or when we change work places, when we change homes, when we move from work to retirement all these are very significant transitions. It's important during these times that other parts of our lives are as consistent as they can be to help us cope with the change.

When we decide to fill our lives with a new skill, hobby or interest, this can be a time of transition. Questions such as: Will it start

where I'm at? Will I be able to cope? What will happen if I can't learn? What if no one likes me? What if I don't like anyone? What if I don't like the activity? All of these questions can keep us from starting or having a go.

But when we summon up the energy and the courage to go through the door for the first time and you are welcomed in and you sit or stand near a likeminded person and find you have at least one thing in common and a conversation starts and then the activity starts and it's ok.

I'm not sure how common these feelings are but I know some of these thoughts affect the way I approach situations. This means that if you are coming to SpringDale for the first time you know that we have thought about what it is like to walk through the door that first time and we will try to make it is easy for you.

Hoping you can find something new to do this year that might make a difference for your life – it might just be a one off activity or it might be a regular activity. It might be at SpringDale it might be somewhere else. Whatever it is you might tell us how it goes and what a difference just walking through that first door has made. By you telling your story it might help someone else to have a go and so it is paid forward.

Looking forward to seeing you soon.

Anne Brackley for the SpringDale Team.



# Machine Embroidery

I'm interested in meeting fellow machine embroiderers, with the view of coming together as a group to share knowledge, ideas and friendship. Whether you're a novice or an advanced machine embroiderer and would be interested in joining such a group please register your interest at SpringDale Neighbourhood Centre via email office@springdale.org.au or phoning 5253 1960.

Judith Robertson

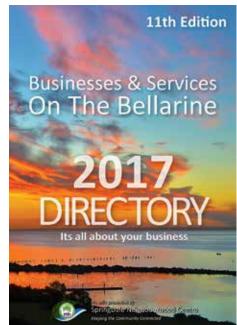


#### Are you interested in joining a men's cooking class?

We are a group of would-be chefs who meet at SpringDale on Wednesday evening to have a sociable evening where we learn the finer points of budgeting, shopping and cooking for our group. We have a team leader who keeps us out of trouble. It can be a lot of fun. Please contact SpringDale if you are interested.



# NOW AVAILABLE



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# News from Lisa Neville MP Member for Bellarine

#### **Bellarine Community Health Audit**

Following allegations of a misappropriation of funds the State Government is commencing a forensic audit of Bellarine Community Health. This audit will examine the alleged misappropriation and assess whether the risks that led to the alleged fraud of the dental service could apply to other parts of the organisation.

The recent annual general meeting of BCH which I attended showed that there are still significant issues in regards to community confidence with BCH and it is my strong view that this impacts on the ability of the organisation to meet the needs of the community.

Government will continue to push BCH to make changes needed to rebuild community confidence but consideration will be given to whether other organisations are better placed to deliver these services to local residents.

#### **Return of Ferry Welcomed**

It was with pleasure that along with hundreds of other locals I attended the re launch of the ferry service for the next three years, following an agreement reached between the State Government and Port Phillip Ferries.

This is certainly great news as Bellarine residents have made it very clear that they want a ferry service from Portarlington to Melbourne. And in further Government support of the ferry, construction continues on the \$15 million Portarlington Safe Harbour to be completed early next year.

Personally I have been pleased to work with many local people over the years who have advocated for a ferry service and to them all I say a job well done. I now encourage local commuters and day trippers to use this great service especially over the coming summer months.



Finally on behalf of my staff and I, I take this opportunity to wish everyone a happy and healthy 2017.

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP Member for Bellarine

lisa.neville@parliament.vic.gov.au Twitter@Lisanevillemp Ph: 5248 3462

### Letter to the Editor

#### **Bellarine Aged Care Committee**

The BACA (Bellarine Aged Care Committee) committee at its last meeting, was keen to offer feedback regarding the recently held SpringDale Summit, and I was wondering whether you are intending to send out an Evaluation Form or such to the organisations and agencies who participated?

We recognised the event as a great opportunity to inform the public, particularly those residents of Drysdale and Clifton Springs, of BACA's aim and objectives, and to pass on relevant information on Ageing and Aged Care services and programs.

We would also like the opportunity to give you feedback - constructive input on how to improve the event and to offer assistance to enable this to happen. The SpringDale Summit is an innovative idea to provide much needed information to residents, businesses and organisations on many issues and developments, and to better inform decision makers (eg. City of Greater Geelong; Vic Roads) of community responses to proposals and plans. We are happy to forward ideas to you via email if you prefer.

Once again, many thanks for the opportunity to participate in the Summit, and looking forward to hearing from you.

Peter Coghlan

#### Men's Kitchen: An Eye-opener

I thought I would like to increase my contribution at home and decided to learn to cook. The Coordinator at SpringDale, Anne, suggested that I try a class to see if it was what I wanted. I attended the Wednesday group at 10am and was immediately welcomed by a member of my Probus Club. He introduced me to the friendliest bunch of guys you could ever meet. To say the least it was "blokey" with friendly banter, jokes, footy talk and all the while, learning to prepare and cook food. You could say, Men's Shed with saucepans, I loved it!

**Rod Needham** 

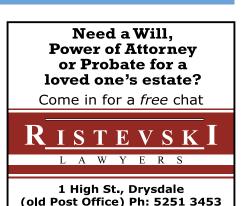
Send your letters to: messenger@springdale.org.au

#### Bellarine PC Repairs based at Clifton Springs Bervicing Geelong and The Bellarine Peninsula FREE QUOTES - flat rate \$55 hour Home or office visit. No call out charges apply. NO FIX - NO FEE - if we can't repair your PC there is NO CHARGE. Workshop Repairs are collected and returned FREE of charge. A large range of services.

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# Last minute OPPORTUNITIES



Please consider signing up for SpringDale Webmail updates. Go to SpringDale Website and in the bottom right hand corner of the Home page and select the subscribe button.

Join SpringDale on facebook – we have a number of pages – so you can follow what interests you. Looking forward to finding you on facebook.

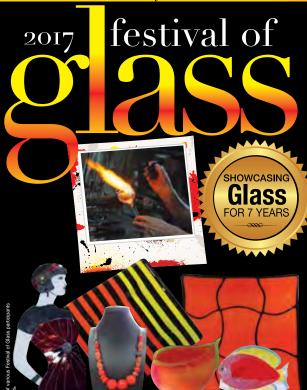
### LISA NEVILLE MP MEMBER FOR BELLARINE

For assistance on any issue please ring the electorate office on (03) 5248 3462



lisa.neville@parliament.vic.gov.au





### Saturday 1 January – Saturday 18 February Glass Art Treasure Hunt See Festival website for details.

### Saturday 18 February 7pm – 9.30 pm **Twilight Flames:**

Glass blowing by a Venetian glass master Leura Park Estate Winery 1400 Portarlington Rd Curlewis \$40pp includes finger food



### Sunday 19 February 10am – 4pm Glass Expo



#### **Christian College Drysdale**

50 glass artists; exhibitions; demonstrations; collectables and sales. Awards for Sculptural, Functional and Wearable glass art; art from recycled glass; glass art depicting the Bellarine's identity.

#### Saturday 18 February to Thursday 25 February **Glass Art Workshops** Proudly Sponsored bv Malloworld



Attend Festival workshops by local glass artists. Topics include kiln-forming glass, glass flamework, beadweaving and mosaics.

www.festivalofglass.net.au http://festivalofglass.blogspot.com find us on Facebook e: festivalofglassdrysdale@gmail.com Creative Iyn ingles blue pencil publishing



# Potato Shed

# MORNING **SHOWTIMES**

All shows are Tuesday Mornings at 10.30am\ Tickets \$15 per show SPECIAL OFFER: Book 5 Morning Showtimes shows prior to Friday 31 March for \$60. Morning Tea provided.



7 March Marvellous Deakin: ' The Poet Who Persuaded Australians to Become a Nation '



18 April Shandelle Cooke's: ' Divas Throuah the Decades '



9 May **Pioneers** in Petticoats: 'The Women who Tamed Australia'



6 June 'The Glorious Male Voice Choir '



find us on f

4 July Peter, Paul and Marion: ' Together Again '



15 August **Soul Sister Swing** 



10 October 'Golden Hits' from the **Drop of a Hatband** 



**14 November** ' A very Grumpy Christmas '

The Potato Shed Bellarine Multi Arts Centre 41 Peninsula Drive Drysdale Ph: (03) 5251 1998 Group Discounts available for all shows. For further information on any of our upcoming events or to book tickets call the Potato Shed on (03) 5251 1998. Tickets can also be purchased at any City of Greater Geelong Customer Service Centres. http://www.geelongaustralia.com.au/potatoshed

GEELONG



DCSCA members live, work or study in Drysdale and Clifton Springs. We meet regularly to discuss how the community is changing; we link with other local groups and organisations to improve the wellbeing of people in the area; and we try to represent local people's ideas, views and hopes.

Current issues that DCSCA are working on are the Drysdale Bypass, the North South interconnector from Curlewis to Portarlington Road, the upgrade of Belchers Road and its connection to Peninsula Drive, keeping Corivule Road open, reducing the number of shopping trolleys kept in the Village green space and ideas for the Drysdale Town centre.

- Drysdale Bypass at High St/Grubb Rd The DCSCA committee does not support Vic Roads preferred option 3a (signalized intersections) and is meeting with Vic Roads to discuss our concerns. The DCSCA committee believes a roundabout system would be safer, more traffic efficient, more environmentally friendly and have fewer operational concerns.
- The DCSCA committee does not support the construction of a new signalised intersection with the Portarlington Road alongside the east border of the Curlewis Golf Course. This is scheduled to be constructed at the same time as the Drysdale Bypass. The committee's preference is for Coriyule Road and Hermsley Road to be upgraded and a new roundabout at the Hermsley/Curlewis/ Portarlington Road intersection.
- DCSCA is also advocating for Peninsula Drive to be connected through to Belchers Road prior to commencement of the construction of the bypass in order to allow improved access to the Education Precinct during the construction phase.
- DCSCA has received the following from the Manager of Engineering Services City of Greater Geelong (CoGG) - I can confirm that Coryule Road will not be close to through traffic. Traffic management treatments (speed humps) will be installed to provide local access and amenity and discourage through traffic.

### **Computer Repairs Servicing & Tuition NO FIX - NO FEE** Seniors Discount

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# Our Community

- DCSCA is lobbying CoGG to get the number of supermarket trolleys in Drysdale Town Square reduced. DCSCA opposes the proposed expansion of Woolworths into the Drysdale Town Square.
- DCSCA lobbied for the Clifton Springs Jetty, Clifton Springs Boat Harbour Stage 1 and for more abilities access to the Clifton Springs Dell which have all been recently completed.

One of our other activities is the annual Festival of Glass Expo DCSCA and will be at Christian College Collins Street Drysdale on Sunday 19 February 10am – 4pm and in the lead up we suggest that you participate in the Festival of Glass Treasure Hunt.

Lastly we were very saddened to hear that Uncle David Tournier passed away on December 31st. He was passionate about working with students and the local community and had a valued seven year association with DCSCA conducting Welcome to Country ceremonies at the Festival of Glass and most recently the unveiling of the Welcome to Drysdale sign. He will be missed.

Should you have any questions on these items or wish to join DCSCA, we may be contacted via email at dryclift@bigpond.com or via DCSCA's post box at SpringDale.

#### **Neil McGuiness**



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# Bellarine Support Group for Kinship Carers

I recently I had the privilege of helping a local couple of grandparents who had just received word that their grandchildren were coming to live with them. The grandparents of course opened their home, their hearts and of course their wallets to their grandchildren. The grandchildren needed their grandparents to care for them as they were very young. The grandparents were totally lost and unsure as to what to do and where to start.

They found my contact details in the SpringDale Messenger, they rang me with a heavyheart, they were so ashamed of the situation that they found themselves in. I was able to offer (after a few phone calls) presents, clothes, food and a few other things that the children needed. The grandchildren arrived at their grandparents home with only the clothes on their backs - NOTHING ELSE. No special toy or book to take to bed every night - NOTHING. These grandparents went from being a couple to a family of six (yes six) in such a short time but they managed because their grandchildren needed them.

Last report from the grandparents children have settled in well and are enjoying living in our great and welcoming community. Next hurdle the grandparents have to cross is 'back to school'. But our group with support these 'new kinship carers' for as long as they need our help.

Being able to assist other kinship carers in what they need to survive will continue to be our groups focus.

If you are or you know any Kinship Carers in our region please let them know about our group.

#### Our meetings for 2017

Feb 6th, Mar 6th, May 1st, June 5th, Aug 7th, Sept 4th, Oct 9th, Nov 6th & Dec 4th. We meet at SpringDale 10am - 1pm Please bring a snack to share.

For inquiries please contact Jeanette Hanley-Heath 0414 308 257



Call us ~ 24 hours / 7 days

**FREE training** 

Suitable for community workers, youth workers, teachers, health workers, social workers, community services students

LAW for community workers

BARWON

Barwon Community Legal Service invites service providers and community workers to attend a FREE information session. This is an opportunity for new and existing workers to explore legal issues that affect your clients and members of our community.

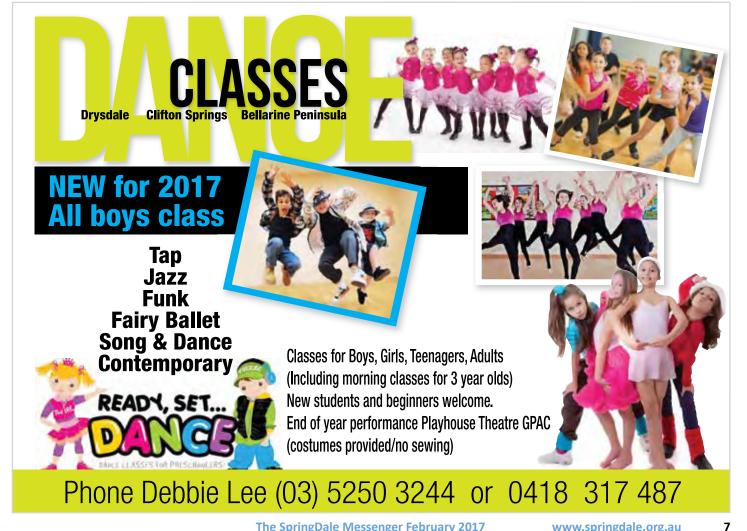
#### Identifying Legal Issues & Finding Legal Help For Your Clients

Presented by Barwon Community Legal Service 23 February 2017, 10.00AM - 12.00NOON Barwon Community Legal Service, Level 1, 63 Thomson Street, Belmont Registrations essential

**Enquires & Information** Jillian Chapman, Community Education and Development Coordinator Barwon Community Legal Service 1300 430 599 or education@barwoncls.org.au



Do you struggle to catch the bus or need help using the new myki card system? SpringDale recently had an enquiry from a local resident who had stopped driving and wanted some help gaining confidence catching the bus around Drysdale and into Geelong. This made us consider how we might be able to help people who haven't used public transport for a while or never have, and came up with a Bus Buddy Support system, in which we can simply print out your individual bus stop timetable to keep at home so you will know the time the bus will be coming past. Or, if the thought of reading bus timetables, using the new myki card system leaves you feeling daunted and confused, someone at SpringDale could come along on your first bus trip to help build your confidence. As, and the thought of missing the bus or getting lost can take away selfconfidence and lead to isolation. So if you feel you could benefit from our support we at SpringDale would be more than happy to help encourage you to get back on the bus or to start for the first time.



# **Speed Zones**

Drivers are being urged to slow down and be extra cautious around school zones, with reduced speed limits in place outside schools across the Bellarine to keep kids safe as they return to classrooms for 2017.

Speed limits are clearly signposted with permanent speed limit signs, advance warning signs, time based signs or electronic variable signs, so that everyone is aware of the safer speeds.

Reduced speeds in school zones keep our most vulnerable road users safe in a busy traffic environment. Young children can be unpredictable, fast, and difficult to see. A small reduction in speed can dramatically increase the chance of a child surviving being hit by a car.

Drivers are encouraged to look out for speed signs on the road, in particular near schools, and slow down.

Parents and carers are also urged to be extra vigilant and take care during drop-off and pick up times. All children should be in the appropriate restraint for their age and size,

parking restrictions should be obeyed and drivers should keep clear of the children's crossings and take care not to double park.



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# Back to School Clifton Springs Preschool wins Health Award



Adults L to R - Leanne McFarlane from BCH Healthy Communities Team, Sharon Taylor from Clifton Springs Preschool and parent Pip Phelan. Children L to R - Preschoolers Luke Hiorth and Lachlan Phelan

It was high fives all round for Clifton Springs Preschool this week as they showed off their new 'Healthy Preschool' award. Bellarine Community Health has been supporting Clifton Springs Preschool to meet all the milestones of the 'Achievement Program', which is a State-wide program delivered by the Cancer Council of Victoria. The program supports early childhood services, schools and workplaces across the state to focus on promoting healthy lifestyles and improving the environments where we live, learn and work.

Clifton Springs Preschool is one of the first on the Bellarine Peninsula to successfully reach all six health areas for the Achievement Program. The health priorities include healthy eating and oral health, physical activity, sun protection, tobacco control, mental health and wellbeing and safe environments. Director Lisa Seekamp said the best thing about being involved in the program is that the Preschool is now recognised as a 'healthy childhood service'.

"We signed up to the Program in 2013 and since then staff and parents have been working really hard as a team to meet all benchmarks."

"We are thrilled with our work on the Achievement Program and have noticed more healthy lunchboxes, more active play, both indoors and outdoors and water is now the drink of choice at our centre," she said.



Neil Wise is a highly experienced physiotherapist with over 30 years of experience in Private Practice,



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"The awareness of mental health and positive wellbeing has become a high priority for everyone at our centre including families, children and staff," Ms Seekamp said. Clifton Springs Preschool also acknowledged the support from Bellarine Community Health and its Healthy Communities Team, along with Healthy Together Geelong in assisting the preschool to complete the Achievement Program.

Achievement Program Manager Anthony Bernardi congratulated Clifton Springs Preschool on their result.

"They have now been recognised in every health priority area which is a real testament to their commitment to improve the health of their children, staff and the wider community," Mr Bernardi said.

"By creating a healthier early childhood service they will help children learn, play and reach their full potential."

A sign has been put up at the front of the preschool which showcases all of the positive work that has happened since joining the Program.

Bellarine Community Health is supporting other early childhood services and schools on the Bellarine Peninsula to work through the Achievement Program.

For more information about the Achievement Program please contact Leanne McFarlane, Healthy Communities Planner by emailing leannemcfarlane@bch.org.au.



Session times

Limited Places Available

Monday 8.30 - 1.30 Tuesday & Friday 9.00 - 12.00 Wednesday & Thursday 9.00 - 2.00

Fees: 5hrs - \$40 3hrs - \$25

Entrance is off Princess Street, adjoined to the Neighbourhood Centre. Phone 5251 1627.

## Jeannette Ernst **Conveyancing Professional**

Jeannette Ernst is a Licensed Conveyancer, having 30 years experience in Conveyancing in both residential and commercial transaction. She has established a clientele locally on the Bellarine, Geelong and throughout Melbourne from her word of mouth reputation. She prides herself on giving individual care to each

client and believes it is a pleasure being able to be part of such an important transaction in client's lives. Having a home office in Curlewis, and an office in Geelong she is able to meet clients in both locations and is known to see clients at home on the Bellarine.

Jeannette has had strong ties with the Bellarine Peninsula for decades; many of her family live in the local area spread over Drysdale, Clifton Springs, Barwon Heads and Point Lonsdale. She fondly remembers playing netball in her younger years at Drysdale and used to wander through the trees which has now progressed to residential housing. Jeannette lived in Ocean Grove for a decade, followed by a stint in Leopold and now found her home at the Bay Water Estate in Curlewis which has great access to Drysdale shopping and community facilities. Jeannette says "The Drysdale/Clifton Springs area has that lovely country feel, whilst having access to all amenities and the bay, a great place for family". Jeannette loves being so close to many wonderful coastal towns with first class speciality shops, beaches, food and wineries with old fashioned hospitality.



Contact Jeannette on 0407 726 260 or E: jeannette@conveyancinggeelong.com.au

# No-fuss Weddings

Anne Cowden is a very experienced local Civil Celebrant. Anne knows that many couples would like a no-fuss, simple ceremony at home with few guests; a time to enjoy sharing their love and commitment with those close to them.

With this in mind, Anne is offering to conduct such a wedding ceremony with a low-cost fee. The fee will cover a meeting, the writing of your ceremony, the solemnisation of the marriage, and all registration procedures.

Anne is available on 0418 513 319 to discuss your thoughts on a simple, but special, wedding ceremony - or simply for an elopement!

#### Needing a local celebrant for a simple wedding ceremony?

Phone Anne Cowden, experienced Civil Celebrant. A special low fee for your ceremony at home, with your chosen special guests. All legal requirements included.

> Anne is on 0418 513 319

Anne Cowden CIVIL CELEBRANT

lt's safe, easy and

FREFI

### FREE HOUSEHOLD CHEMICAL **DROP OFF DAY** Saturday 11 February 2017, Acids and alkalis Aerosol cans (empty cans can be placed in your household recycling bin) 8.00am - 4.00pm

# City of Greater Geelong Operations Depot.

299 Anakie Rd. Lovely Banks. (Opposite Corio Leisuretime Centre, Melways 431 F12)

#### Conditions and maximum quantities:

This service is for household chemicals only. Decanting is not permitted. The maximum acceptable weight or size of any single container is 20kg or 20 litres. Paint is not accepted. Domestic quantities of paint can be dropped off at the Geelong Resource Recovery Centre for FREE. The centre is located at 100 Douro St, North Geelong.



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#### Residents can bring the following items:

- Anti-freeze
- Brake fluid
- Car body filler
- Car wax
- Cleaners ammonia based
- Cooking oil
- Coolant
- Detergents
- · Disinfectants and drain cleaners
- Fertiliser
- **Fire extinguishers** •
- Floor care products and waxes

- Fuels petrol, diesel, kerosene and other
- Glues water based solvents
- Herbicides and weed killers
- Insect spray/pesticides
- Nail polish and remover
- **Oven cleaner** 
  - Paint stripper
  - Paint thinner and turps
  - Pool chemicals
  - Rat poison
  - Solvents
  - **Transmission fluid**
  - Wood preservatives/finishes (oils and varnish)

This drop off day is run in partnership with Sustainability Victoria and is part of the City's recycling program.

For more information go to www.sustainability.vic.gov.au/detoxyourhome or telephone: 1300 363 744.



# Action Action Action.

SpringDale held a Community Summit in 2012. More than 500 people participated and we leveraged every survey completed and every word uttered, because of this we have achieved great things. The Clifton Springs Fishing Platform is complete and children are fishing from it, access to the Dell has been improved and people are swimming there again, work is happening at the Sporting Precinct and Vic Roads have developed a simulation of what traffic on the Drysdale Bypass might look like in 2046 (the work is to be started in 2018 and finished in 2020) link to their website https://www.vicroads.vic.gov.au/planning-and-projects/regional-road-projects/drysdale-bypass - it is worth a look.

Thank you to everyone who has participated in making all these actions take place. I know that with every improvement more people find our wonderful way of life. I remember when there used to be a sign saying Welcome to Drysdale – Population 99 people. It's funny how many people say they were looking elsewhere and then found Drysdale (and bought quickly!). I met Robyn, who has lived here for 3 years, she was on her way down the new ramps to the Dell – she loves the Dell and appreciates the new ramp access but would be happy to keep the Dell a hidden secret. We are so lucky to live in this wonderful part of the world. Anne Brackley.

PS And the Clifton Springs Fountain continues to look fantastic – another result of the Summit.

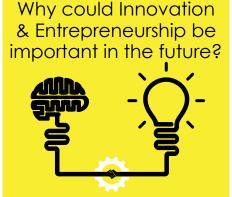


The Bellarine Community Safety Group was established by the Victorian Government in partnership with the local community to identify and develop community safety strategies for the Bellarine. It is chaired by the Police Minister and Victoria Police Assistant Commissioner Tess Walsh, and is made up representatives from local councils, community associations, service clubs and the Department of Justice and Regulation.

Residents and visitors across the Bellarine Peninsula will now have better access to community safety information thanks to a new website funded by the Victorian Government.

The **bsafebellarine.com.au** website allows residents and holiday makers to easily access information on a range of community safety topics including personal, road and beach safety as well as crime prevention tips. It features live news feeds from a range of emergency services, such as Victoria Police and CFA and provides everyone with a onestop shop for all community safety advice.

To access the bsafe Bellarine website, go to www.bsafebellarine.com.au



Over the last couple of years, as big businesses have wound down or closed and work has become more casualized and part-time, discussions always seemed to point to people being able to start their own businesses in niche areas.

SpringDale has spent thousands of hours researching and testing ideas and activities



to help people tease out what Innovation is and how to tackle innovating, to discuss the difference between innovation and improvement, to look at how people approach becoming an entrepreneur and what are the business basics of getting started. These ideas are being collated into classes ready to trial with our community.

When we talk about Entrepreneurship, we mean having the spirit to have a go but not to be like some of the scoundrels who have made this a dirty word. I have loved being called a Community Entrepreneur during this journey.

Once again I call for people who may like to help test and improve the classes we have designed. Hoping to have fun with you as we wander down this path together. Please email coordinator@springdale.org.au or phone 0407 529 205.

Anne Brackley Community Entrepreneur.



Our team of Funeral Arrangers are available when you need guidance and support.



Phone: 5221 4788 www.tuckers.com.au

# SOURSES Improve your business skills @ SpringDale

#### Welcome to 2017 Course and **Opportunity Guide.**

SpringDale Neighbourhood Centre offers classes as part of our mission and the purpose of our organisation. We do this in conjunction with many partners including all our tutors, a number of businesses and some Registered Training Organisations.

A special partner is Department of Education and Training with whom we have an agreement to support the training of people who are looking to improve their employment opportunities not their hobbies.

Key groups of people that the Department would like to see in our statistics are women, including young mothers, seeking to re-enter the workforce after a period away or those who have experienced family violence, adults who were early school leavers, indigenous people, low skilled and vulnerable workers, unemployed and underemployed people, people from a culturally or linguistically diverse background, people with a disability, young people who may be at risk of disengaging from community or education.

Our programs are designed to respond to emerging employment opportunities with a greater focus on the development of literacy and numeracy, interpersonal skills, practical training or hands on learning and work experience, as well as the development of small business enterprises. We embed broad skills such as flexibility, teamwork, and entrepreneurialism; and basic foundation skills such as language, literacy, numeracy and computer skills in our courses

The intention with which people attend classes will help to determine whether concessions or support can be applied or given to the person to do the course. I understand most of our courses do support the development of the skills listed above. If you have any suggestions for other classes please let us know to help us grow the offering for our community.

The Course and Opportunity Guide has four distinct sections: SpringDale Classes, SpringDale Groups, SpringDale Services External and Classes and Groups. Then each section has sub-sections that categorise like activities together to hopefully allow you to easily find the activities that interest you. I believe all our activities include a brain training component, an interpersonal component, and even a practical component. We would appreciate any feedback you have at any time to help us improve our offerings and the experience we offer to our community.

#### Anne Brackley

Coordinator SpringDale Neighbourhood Centre Inc

### **Computers**

#### What iPad or Tablet should I buy?

This session will focus on the issues for purchasers to consider before making a decision about which iPad or tablet to buy. The positives and negatives of each will be discussed

Dates/times: Mon 6 Feb or 6 Mar 5pm - 6pm Fee: \$10 Tutor: Jonathan Harris. JNH Software.

#### iPad & iPad like Devices

Just bought or been given an iPad or an iPhone and not sure how to use it - this could be the course for you. Learn how to use basic iPad functions, practice scrolling, learn about iPad apps and much more in a fun supported environment. Please let the office know what type of device you have when you register. We will need this information to ensure you are in the correct class.

#### Introduction iPad

Now including your iPhone in the class Skill Level: Beginner Dates/times: Mon 6 Feb - Mon 3 Apr 10am - 12.30pm Fee: \$165 Conc: \$75

Tutor: Jonathan Harris JNH Software P/L

#### Advanced iPad

Skill Level: Must have attended SpringDale Intro to iPad. Dates/times: Wed 8 Feb - Wed 29 Mar 10am - 12.30pm Fee: \$165 or Conc: \$75 Tutor: Jonathan Harris JNH Software P/L

#### Introduction **Tablet Android/Windows**

Skill Level: Beginner Date/time: Mon 6 Feb - Mon 3 Apr 1pm - 3.30pm Fee: \$165 Conc: \$75 Tutor: Jonathan Harris JNH Software P/L

#### **Computer Perfomance and** Maintenance

Skill Level: Advanced Date/time: Wed 8 Feb - Wed 29 Mar 1pm - 3.30pm Fee: \$165 Conc: \$75 Tutor: Jonathan Harris JNH Software P/L

#### Introduction to Computers

This is the course for those who have not used a computer much or are nervous. Use this supportive environment to gain confidence in using your laptop or desktop, using your mouse, setting up folders and files, using email, downloading free anti-virus and other software and setting up your computer the way vou want it.

#### Skill Level: Beginner

Dates/times: Thurs 9 Feb- Thurs 30 Mar 1pm-3.30pm Fee: \$165 or Conc: \$75

Tutor: Brenda Bichardson, Iteracy

#### **Exploring the Internet**

An introduction to what is possible on the Internet. Perhaps you have just been connected to the NBN and want to make the most of it. Aimed at those who have basic level of computer skills and would like to know more about useful things they can find on the internet. Explore the possibilities. This course will provide an introduction to the internet - including reading the news online, setting up a MyGov account, using social media, buying online, and finding local information.

#### Skill Level: Beginner +

Dates/times: Tue 7 Feb - Tue 28 Mar 1pm - 3.30pm Fee: \$165 or Conc: \$75 Tutor: Brenda Richardson, Iteracy

Feb - Mar Term 1 2017

#### Easy Introduction to Coding

Think that computer coding or programming is scary? Don't be intimidated, come along and see the fun side. This course takes a light hearted and introductory look at the computer coding using the programming language Scratch. Aimed at those who just want to de-mystify computer programming and get a sense of achievement from creating basic programs.

#### Skill Level: Beginner +

Dates/times: Tue 7 Feb - Tue 28 Mar 9am - 11.30am Fee: \$165 or Conc: \$75

Tutor: Brenda Richardson, Iteracy

#### Go Digi - Help with Mobile Phone / iPhone / iPad / Tablet sessions

SpringDale in partnership with Bellarine Secondary College provides 2 sessions to help people with getting started using your phone or digital hand held device or get started using it better. You're your phone or device and goodwill and we'll provide the rest. A program to inform and to connect the generations. We have had fantastic feedback from previous sessions. Bookings essential

Date/time: Fri 3 & Fri 10 Mar 1pm - 2pm Fee: \$2

Tutors: Bellarine Secondary College Year 9 students

#### Buying and Selling on eBay

Does eBay confuse you? Would you like to be able to buy and sell on eBay with confidence? Then this course will navigate you through the process of getting started and using this worldwide facility to buy or sell your chattels. Please bring email address and password and bank details for Paypal. This runs over two evenings - first evening devoted to get you started buying on eBay and second evening getting you selling.

Dates/times: Wed 15 Feb & 15 Mar 4pm - 6pm Tutor: Ken Brackley. Fee: \$50

### Creative

#### **Foundation Art Course Discover the Artist Within - Level 1**

An Introductory or Refresher Art Course using Drawing media for Adults. No previous knowledge required. This course increases the skills of seeing and drawing and then introduces colour and various drawing media. Dates/times: Tue 7 Feb - Tue 28 Mar 1pm - 3pm (8 sessions)

Fee: \$130 Conc: \$70 Tutor: Annette Playsted

#### Media Art Course **Discover the Artist Within - Level 2**

An art course in Painting and Drawing for Adults who have completed a foundation course. This course aims to increase media knowledge in the techniques and processes of painting and drawing, improving skills and confidence.

Dates/times: Mon 6 Feb - Mon 3 Apr 10am - 12.30pm Fee: \$135 Conc: \$75 Tutor: Annette Playsted

#### Advanced Workshop Program Develop the Artist Within – Level 3

This program is for hobbyist artists or art students who have studied at the intermediate level and want to further develop their knowledge and broaden skills and perceptions. A challenge is set for each term to encourage the building of ideas to improve conceptual development and to encourage experimental media use to broaden and develop unique approaches to media. The course is designed to increase selfexpression and perceptual awareness.

Dates/times: Tue 7 Feb - Tue 28 Mar 10am - 12.30pm Fee: \$135 Conc: \$75 Tutor: Annette Playsted

#### **Experimental Drawing Workshop**

Over 2 sessions, learn how to draw using a range of compatible drawing media.

Suitable for experienced and beginning artists. No experience required, just enthusiasm.

Further details and materials list on application. Dates/times: Wed 22 Feb & Wed 1 Mar 10am - 12.30pm Fee: \$50 Conc: \$45

Tutor: Annette Playsted

#### Photography Sculpting with Light

Confused by all the settings on your new digital camera? Learn how to get great results from a qualified teacher and master photographer. Understanding shutter speeds, ISO, aperture, different file formats, downloading images, red eye reduction and lighting techniques.

Dates/times: Mon 20 Feb - Mon 20 Mar 7pm - 9pm Fee: \$110 or Conc: \$100

Tutor: George Stawicki

#### **Ukulele Beginners**

A class for those who will learn to play the ukulele quickly and easily and those who have started with us but need some more support before moving to the next class - no experience necessary but you will need to bring a Ukulele.

Date/time: Fri 10 Feb - Fri 31 Mar 11am - 12pm Fee: \$85 Tutor: Helen Brown

#### **Ukulele Advanced Beginners**

Date/Times : Fri 10 Feb - Fri 31 Mar 10am - 11am Fee: \$85 Tutor: Helen Brown

#### **Ukulele Intermediate**

The intermediate level is for those who are part way along the path to learning how to play the Ukulele and improve their skills.

Date/time: Fri 10 Feb - Fri 31 Mar 9am - 10am Fee: \$85 Tutor: Helen Brown

#### **Beginning Article Writing**

If you like the idea of seeing your work in print in newspapers and magazines, then come to this class to learn how to do research, conduct interviews, find ideas and write for a specific market. Taught by Dr Laurent Boulanger, Swinburne University writing teacher, and writer of over 30 published articles in Australia, the USA and the UK. Date/time: Sat 25 Feb 9am - 1pm plus up to 4 review sessions Fee: \$75 Tutor: Dr Laurent Boulanger

#### **Beginning Fiction Writing**

If you have always wanted to write a novel, but have no idea how to start and what the techniques and rules of fiction are, this class will provide you with the nuts and bolts to get you started. Learn about setting, voice, viewpoint, dialogue and dramatic conflict. Taught by writer-director producer and Swinburne University writing teacher Dr Laurent Boulanger.

Date/time: Sat 25 Mar 9am - 1pm plus up to 4 review sessions

Fee: \$75 Tutor: Dr Laurent Boulanger

#### Writing Review Workshop

Date/time: Sat 25 Feb & Sat 25 Mar 2pm - 4pm Fee: \$30 Tutor: Dr Laurent Boulanger

### Lifestyle Courses

#### **Cheese Making with Corinne**

Interested in making your own cheese? This is a very relaxed way to spend a day. You may like to bring lunch to share and make new friends and make conversation. You will be asked to bring some kitchen equipment.

Let us know if this is to lead you to a new career path. Dates/times: Sat 18 Mar Fetta or Sat 25 Mar Halloumi 10am - 3pm

Fee: \$100 per session

Tutor: Corinne Blacket - Drysdale Cheeses

#### Sourdough Bread Baking

A learn to bake sourdough bread course. Mix up your own loaf to take home, and enjoy a lunch with some freshly baked sourdough bread. You'll leave with your own sourdough starter and instructions to bake further loaves. Please bring along a bowl that will fit at least 1 litre of water, something to cover your bowl, scales and an apron.

Dates/times: Mon 20 Feb or Mon 20 Mar 11am - 1pm Fee: \$60

Tutor: Clare Reilly, The Life of Clare.

#### Innovations for would be Entrepreneurs

An entry level course for would be Entrepreneurs. This course looks at the skills and mind sets necessary for people to develop the skills to become an innovator or an entrepreneur.

Dates/times: Thur 9 Feb - 30 Mar 9.30am - 12 noon (5 sessions) Fee: \$100

Tutor: Anne Brackley

#### Focusing on the Future

A taster course which allows people to try a variety of classes to understand what is available locally at SpringDale. This is especially for anyone who is looking for a new direction in their life. Classes will be tailored for each participant. Dates/times: Thurs 2 Feb 9.30 - 12 noon plus 7 more sessions as individually scheduled Fee: \$100 or Conc: \$70 Tutor: Anne Brackley

#### Espresso Coffee Making Workshop

Looking for employment in the Hospitality Industry? Improve your knowledge, skills and techniques, understand the workings of the Espresso machine and the coffee culture. Small groups, so enrol early, Dates/times: Sat 4 Feb or Sat 4 Mar 10am - 12noon Fee: \$40 Tutor: Jordon Smith

#### Yoga - Monday

For fitness, stress relief and clarity of mind. New students are warmly welcomed. Dates/times: Mon 6 Feb - Mon 27 Mar 9.15am - 10.45am Fee: \$100 Conc: \$110 (7 sessions) Fee: \$20 per session if paying for single sessions Tutor: Glenda Breedveld Materials: Bring your own mat and blanket if required. Venue: SpringDale Hall

#### Yoga - Thursday

For fitness, stress relief and clarity of mind. New students are warmly welcomed. Dates/times: Thur 2 Feb - Thur 30 Mar 6pm - 7.30pm Fee: \$150 Conc: \$135 (9 sessions) Fee: \$20 per session if paying for single sessions Tutor: Glenda Breedveld Materials: Bring your own mat and blanket if required. Venue: SpringDale Hall

#### **French for Travellers**

In this course, you will learn phrases and pronunciation for when you next travel in France. Date/times: Tue 7 Feb - 28 Mar 11.30am 12.45pm (8 sessions)

Fee: \$100 Conc: \$90 Single sessions: \$15 Tutor: Serae

### SpringDale Groups

To attend SpringDale Groups you must be a member of SpringDale - Annual Membership \$12 - each group charges a small fee ranging from \$2 to \$12 per session.

#### **Bellarine Community Choir**

Peninsula residents are welcome to join this choir. We sing 4 part harmony to perform at functions on the Bellarine and Geelong. All welcome. For more information phone SpringDale 5253 1960 or Jenny 5251 2676. Thur 1.30pm - 3.30pm

17-21 High Street, Drysdale Email: office@springdale.org.au Phone: (03) 5253 1960 Fax: (03) 5253 3050

#### Friendly Cuppa and Chat Group

Call in for a cup of coffee and a chat on the first Tuesday of the month between 10.30am - 11.30am.

#### **Card Games**

Enjoy playing cards? Come and play Canasta and Bolivia. Monday afternoons from 12.30pm - 3pm.

#### Girls' Shed

A great activity for all year. Keep your hands busy and be creative. Bring your UFOs (Un Finished Objects) Tuesday weekly from 1pm - 3pm.

#### SpringDale Badminton

Wednesdays 1pm - 3.30pm weekly at The Scout Hall Drvsdale.

#### SpringDale Artists

The SpringDale Artists meet each Wednesday. Activities include working sessions, discussions, demonstrations and gallery visits. Wed 1pm - 4pm.

#### **Cryptic Crosswords Group**

Have you ever wondered how Cryptic Crossword Puzzles work? Join a group of like-minded crossword fans to learn and share the skills needed to solve Cryptic Crosswords. We will solve cryptic puzzles together in a fun and non-competitive atmosphere. This group is open to all levels of expertise from beginners to those who want to extend their knowledge. Fridays weekly at 10am.

#### **Fun Volleyball**

We play with a soft beach ball, and the aim is exercise. Other session times possible, register your interest. Mondays from 9am - 10.30am Venue: Drysdale Scout Hall

#### Genealogy

People interested in researching family history come together weekly and share tips and tricks. Thursdays 9.30am - 12noon

#### SpringDale Jigsaw Club

Borrow a jigsaw from a big library, 40¢ each. The first Thursday of the month from 10am - 12noon.

#### Line Dancing

Join our group. Every Wednesday 10am - 12noon.

#### SpringDale Mahjong Club

This group meets Wednesday from 9.30am - 12noon.

#### **Pole Walking Group**

Enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk. Weekly Mondays 8:50am-10am (Contact SpringDale for meeting points)

#### SpringDale Scrabble Club

Held on Tuesday afternoon, 1pm - 3pm and caters for players of all abilities and new players welcome.

#### SpringDale Wheelie Riders

SpringDale membership is all you require. Would you like to get involved in cycling again? Rides vary in difficulty and start from SpringDale at 8am. New riders welcomed and shorter rides are graded to suit individual needs.

Rides: Mon, Tues, Wed, Fri and Sat or Sun.

#### SpringDale Singers

SpringDale Singers meets at SpringDale Community Centre on Tuesday afternoons at 1:30pm until 3:30pm. We sing in harmony (4 parts) a wide range of music and song; enjoying good fellowship and the joy of singing; accompanied by an excellent pianist. Several conductors (from the group) strive to enhance performance over the year. We are not a performing choir although we do have an end- of-year performance at the Community Centre. We welcome any interested singers to join us; the ability to read music is not essential, we learn as we go.

#### Men's Kitchen - Tuesday Mornings

Tuesday morning 10am - 1pm Location: St Leonards Recreation Reserve Fee: Price depends on menu

#### Men's Kitchen – Wed / Thurs / Fri Morning

Wed / Thurs / Fri Morning 10am - 2pm Fee: Price depends on menu

#### Men's Kitchen – Wednesday Evening

We will be running a Men's Kitchen every Wednesday evening from 5pm - 8pm. Fee: Price depends on menu

#### Scrapbooking Group

Would you love to organise your precious memories by scrapbooking your photos? Come along and learn traditional and digital scrapbooking solutions. Material list for beginners, tools available for you to use and products available to purchase. Thurs 9 Feb, 9 Mar from 1pm - 4pm.

#### Write About

A group of committed Writers ranging from Biographers, Poets, Storytellers, Song and Report Writers meet on the 1st Thursday of the Month from 2.30pm - 4.30pm.

### Harvest Basket Produce Swap & Edible Gardening Group

Meets 1st Saturday of every month in the SpringDale Hall. You do not need to have anything to swap to come along and forge friendships and share veggie gardening skills.

Date/time: 9am - 10.30am Fee: \$8

#### Felting

This is not a class but people coming together to enjoy felting. If you're not sure what felting is, just pop in for a look. For further information you can contact Julie on 0409 511 662.

Date/time: 1st Saturday each month. 10am - 3pm

#### SpringDale Open Dance Band

The band usually meets weekly on Monday afternoons 5pm - 7pm. Musicians of various backgrounds who enjoy making music together and sharing their love of music with others. Open to all musicians. Contact SpringDale Office for more details.

#### **Circus Club**

Learn the art of Circus Skills, juggling, hula hooping and more. Circus Club meets Sunday afternoons at SpringDale. \$8 per session from 1pm - 3pm. Contact Spike and Jodie for more information Ph 0402 186 040

#### SpringDale Community Garden: Growing Green - a Healthy and Sustainable Community.

Work in the Communal area or establish your own personal plot to produce fresh food of your choice to be enjoyed at home, swapped with other members or donated to the Drysdale Community Church's Foodbank project. Membership forms, details of annual payment and other information are available from the SpringDale Office.

#### **Kinship Carers**

Meets monthly Mon 6 Feb, 6 Mar, 10am - 1pm

#### **Drysdale Toy Library**

Meets weekly on Thursdays (during school terms) 1.30 - 2.30pm and 2nd & 4th Saturdays 9.30am -10.30am (all year except in January).

#### **Portarlington Toy Library**

Meets weekly - Wednesdays during school terms 8.15am - 9.15am.

## Community & Business Breakfasts at SpringDale

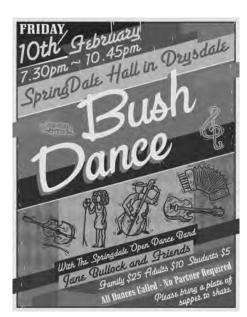
In 2017 Business Breakfasts will be run in February, May, August and November. First event for 2017 Mon 27 Feb 7am \$15

#### **Bush Dance**

Come a join in the family fun. Friday 10th February 7.30pm

#### Small Business Smart Business Session

Topic: Know your buyer and smash your sales. Marcus Savidis from Savi Solutions Federally Supported. March topic to be confirmed. Date/time: Thur 23 Feb 9.15 - 11.30 Fee: \$20



Come in and have a chat about what's on offer at SpringDale.

To attend SpringDale Groups you must be a member of SpringDale. Annual Membership \$12.

Each group charges a small fee ranging from \$2 to \$12 per session.

### Non SpringDale Groups

#### **Drysdale Guides**

Our Mission is to enable girls and young women to grow into confident, self respecting, responsible community members. We meet on Thursday evenings at SpringDale Neighbourhood Centre. Girls aged 5 - 11 years meet from 4pm - 5.30pm and girls 11 to 18 years meet from 6.30pm - 8pm. Contact Anne Brackley for more details 0407 529 205.

#### Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention and direction. **Date/time:** Tues 31st January/ Thurs 2nd February (9 weeks) Fee: \$135 Tutor: Monique MacLeod Phone to book: (03) 5251 2958

Phone to book: (03) 5251 2958 Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale

#### Karate

Art of Defence Australia teaches traditional Goju Ryu Karate with a contemporary outlook. Modern coaching principles are used to encourage the children to be the best they can possibly be. Increase your personal confidence, learn self defence and have fun all at the same time. 2 free sessions. Free uniform on joining for all new students. Martial Arts is a great equaliser, and enhances control and discipline.

Date/time: Mon 30 Jan – 3 April 4pm - 4.45pm Fees: \$165 Primary Students and High School Students \$180 per term.

Tutor: Art of Defence Australia

Phone to book: 0407 320 333 Venue: SpringDale

#### Tai Chi

Art of Defence Australia teaches traditional Cheng Ming internal Kung Fu (Tai Chi). Increase your awareness, improve your balance, learn how to deal with stress mental and physical health issues, and live longer in better health. Everyone can benefit from this gentle breathing and exercise program, regardless of age, gender or fitness level. 2 free sessions. Free uniform on joining for all new students. **Date/time:** Mon 30 Jan - 3 April 5pm - 6pm

Fee: \$195 or Conc \$180 Tutor: Art of Defence Australia

Phone to book: 0407 320 333 Venue: SpringDale

#### Bellarine Woodworkers Inc.

All keen woodworkers have the opportunity to meet on the first and third Monday of the month at 1.30pm. New members welcome. Just turn up.

### **Accredited Courses**

Provide First Aid Code HLTAID003 Dates/times: Fri 24 Feb 9.30 - 3.30pm Fee: \$120 Tutor: Stayin' Alive First Aid

Provide CPR Code HLTAID001 Dates/times: Fri 24 Feb 9.30 - 12 noon Fee: \$60 Tutor: Stayin' Alive First Aid

All courses involve pre-course work and you will be contacted beforehand with the course with the details. Stayin' Alive First Aid delivering nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO 90909.

Please book directly with Raelene on 0413 513 046

## SpringDale Business Services

#### Photocopying, Faxing, Scanning, Laminating, Binding, Offsite Backup and Storage, Online File Sharing, Small Business Webpage Development and Hosting.

These services are available 9am-5pm weekdays and maybe available after hours and weekends by arrangement.

#### **Document Signing Service**

Wednesdays 10am - 12noon an Honorary Justice of the Peace is available to witness most documents excluding Births, Deaths and Marriage certificates. This is a free service staffed by local volunteer JPs. Bus stop at front of building, waiting time minimal and parking available.

-

### Be Involved & Be Informed...

Is there something that interests you and there is not a course to attend?

#### Please! Let us know.

Do you have an idea for a new group or course that you might like to start or suggest? What is your dream that we can help make come true?

For more information or to register your expression of interest about these and the following activities please contact the friendly team at SpringDale Neighbourhood Centre (03) 5253 1960.

## Other SpringDale Services Family Services

#### SpringDale Occasional Care

This will give your child an opportunity to socialise and play with other children in a supervised program with qualified staff and may give you time to yourself. **Sessions:** Monday 8.30am - 1.30pm,

Wednesday and Thursday 9am – 2pm,

Tuesday, Friday 9am - 12noon.

Some subsidised places are available for those studying Learn Local supported classes. (conditions apply). For further information please phone Occasional Care on (03) 5251 1627. Sessions run during school terms only. (We are hoping other funded opportunities will be available in the new year).

#### **Drysdale Toy Library**

Meets weekly on Thursdays (during school terms) 1.30 - 2.30 pm and 2nd & 4th Saturdays (all year except in January) We have some fantastic toys to borrow (ages 0 - 6 years) so come along and see what we haveto offer. Membership \$10 per term.

#### **Portarlington Toy Library**

Meets weekly Wednesdays during school terms 8.15am – 9.15am. We have some great new toys. You might like to get involved or just use the library service. Membership \$10 per term.

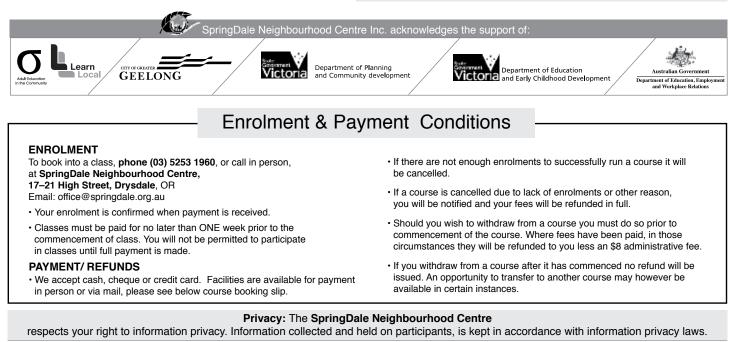
**SpringDale Family Dance Night** - *Fri 10th Feb 7.30pm* Next scheduled performance at the Family Bush Dance date to be announced \$10 Adult, \$5 Child, \$25 Family – please bring a plate of supper to share. Ring Dennis 0419 543 920 for more information or to offer your assistance.

Ideas for new courses you might like to learn or you might like to teach Data Backup, Developing a Marketing Plan, Political Advocacy, Sustaining our Environment, Bokashi Recycling, Lace Making, Make Up Techniques, Cup Cake Decorating, Cake Decorating, Sushi Making, Face Painting for Beginners, Macrame, Car Maintenance, Running a Bed and Breakfast, Goat Keeping, Fingernail Painting, Glass Cutting, Fairy Floss Making.

# We are always on the lookout for something new to try. Please contact SpringDale 5253 1960 if you are interested in any of these or maybe if you have the skills to run them.

Our range of courses are diverse and dynamic and may change due to community requests. If you would like to be informed of these changes register your contact details with our office **5253 1960** or email **office@springdale.org.au** 

**Scheduled Fees:** Courses at nominated rates. **Single Sessions:** Incur a \$5 Administration Fee.





### A message from the new SpringDale Neighbourhood Centre President.

2017 will be my fourth year on the committee of SpringDale Neighbourhood Centre, but my first as President. I'll be taking over from Debra Winter, who has served our Committee of Management as President since 2013. Deb has done an outstanding job, steering the Committee through some pretty

difficult times and it's only because of her solid leadership skills that I feel confident to step into her role. We are all thankful to Deb for her contribution, and very grateful that she will continue on as a member of the Committee.

SpringDale is such a valuable asset to our Community, and its value lies in its diversity. It's a place to connect, to learn, to serve, to partner with others, to create change, to grow, to be inspired, to share, to enjoy, to have fun and perhaps most importantly to belong.

As a Committee we are looking forward to working with Anne to build on all of this, and to work on providing even more opportunities for more members of our Community to engage with each other.

May your 2017 bring all that you are hoping for – and perhaps SpringDale can work with you to make it happen.

#### Dianne Bennett.



Dining Club is of for dinner on Monday 13 February Leopold Sporties Club at 6.30pm – please book with SpringDale office 5253 1960.



SpringDale Salads will be lunching at The Paddock in Wallington Road (used to be the Elkhorn) – at 12 for 12.30pm please book with Joan Wellard on 5251 1177.



Tuesday 7 February at SpringDale 10.30am – please just turn up – our new President Dianne Bennett will be at our next morning tea – please come and meet Dianne.

# Linking People

We link people in a variety of ways and this linking is so important for reducing isolation keeping our brains healthy and keeping us healthy. According to research, learning new things helps to keep our brains active and ward off Dementia and Alzheimer's. SpringDale continues to be a hub where things happen. If you haven't made it through the door please come to our morning tea or something else we have to offer. Some people come in the door for a photocopy or a fax or some printing and see if we do a good job. Most people keep coming back as they love what we do. We have been running a course called Focusing on the Future - this is a course that allows you to try many of the different things we offer, maybe this could be the way to start the year - like a course tasting plate. I love tasting plates. Hope to see you soon. Anne Brackley

# Home loan deals.

At Bendigo Bank, it's all about rewarding you with greater savings on your home loan, the more you choose to bank with us.

And for you, that could include saving \$600 on home loan fees\*.

So, consider a home loan from Australia's most reputable bank (AMR Corporate Reputation Index 2015).

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Japan had been a destination on my bucket list for a while and I loved escorting a small group to Japan to experience the Cherry Blossom Festival. Our 15 day tour visited all the highlights including Tokyo, Nikko, Hakone, Mt. Fuji, Takayama, Kyoto, Nara, Hiroshima and Osaka allowing the group to discover Japan from all aspects. Tokyo was a real buzz with all its skyscrapers and busy shopping, and then the regional alpine areas of Takayama and Mt Fuji gave us an entirely different experience with amazing scenery, snow and wildlife.

One thing that really stood out for me was how clean the place is. The Japanese were friendly and helpful and my prior belief that it would be very expensive to eat and drink were certainly wrong. You could certainly eat and drink inexpensively on the great variety of food Japan has to offer, and the food was all of very high quality and beautifully presented. Our entire group came back from the trip with wonderful memories of what a beautiful destination Japan is.

We will be operating a similar trip during late March 2018 to once again see the amazing natural wonder that is the Cherry Blossom season. If you are interested, please contact me at Helloworld Drysdale and I will ensure you are on our list to receive a brochure once they are released.

Nicole Prestipino, Helloworld Travel Drysdale PH : 5251 1125



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"The journey to Japan was made even more enjoyable with a group of like minded travellers that also were happy to walk a bit further, stay a bit longer to take in so many wonderful places. Our guide Nicole Prestipino was great, she confidently took us for the journey of a lifetime. Loved Japan, so diverse and Cherry blossom time is the only time to go. Truly beautiful and a memorable experience." **Graham & Lynny Ingles** 

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Well, another season of merriment and blokes with long white whiskers has come and gone, and we've marvelled at how quickly 13 tonnes of fireworks costing many millions of dollars can go up in smoke as we welcome another year.

We are delighted to begin 2017 with a report on progress at our wonderful Community Garden. Late last year, we were the happy recipients of a Grant of \$2485 from the Community Foundation of the Bendigo Bank, part of which we will use to purchase a 10,000 litre water storage tank to add to our present system. We are not connected to town water, so we depend on harvesting rainwater from the roof of a nearby Church building to keep our garden alive. It means that our gallant group of committed gardeners have to cart a lot of watering cans to do so, but the rewards of seeing tiny seedlings grow into productive vegetables is well worth the effort. The balance of the Grant will go to providing new steel-and-timber compost bins, so that Denis "The Compost King" can weave his magic to help accelerate this growth, with his blends of coffee grounds, grass clippings, cut-up leafy bits from old vegie patches, manure from various sources – doesn't pay to ask too many



questions here – and the "secret herbs and spices" that only he knows.

Another most welcome addition to our garden will be a 6 metre x 3 metre undercover area, which will be built within the next month or so, thanks to a generous Grant from the Geelong Community Foundation. This will provide a shelter from sun and rain, a potting shed, a place to rest and relax after hours working in the garden, and to share a cuppa and a biscuit with our gardening mates. This Grant also provided garden edging and gravel for our roadway and pathways around the garden, making it much more user-friendly and safer in all weathers. Why not come along and see what we are up to? Perhaps you are looking for an area to grow vegies for your own family, or just to be able to potter around in the garden to help grow freshly harvested produce for the Church FoodBank Program - Who knows? You might even decide to become a part of our friendly group.

SpringDale Neighbourhood Centre members pay only \$3 to join us. If you wish to rent your own above-ground box or in-ground plot, in which you may grow whatever you wish, the cost is a further \$15 per annum.

**Brian Knights** 



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# **Clifton Springs Garden Club**



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The SpringDale Messenger February 2017

Welcome to another year of gardening. I hope you have had some time over the summer months to enjoy the fruits of your labour both visually and on the table. Gardening can be so therapeutic in so many ways.

The Clifton Springs Garden Club has been in recess for the last couple of months but is now back into the swing of things and the hard working Committee has been working hard on a wonderful calendar of events for the 2017 year. One of the activities of the Club is trips to Gardens and Nurseries. In October last year the Club had a wonderful day out visiting Alowyn Gardens in Yarra Glen. The famous wisteria had finished flowering but the garden was breathtaking and well worth the long bus ride to get there. We were given an interesting talk on the history of the garden, a lovely lunch and had plenty of time to stroll around this beautiful garden. The day was finished off with a visit to the chocolate factory next door. It was lucky the bus had plenty of storage underneath for all the purchases made on the day.

Our first meeting for the month is on Monday 20 February, 7.30 pm at the Uniting Church Hall, Drysdale. The agenda for the meeting is a presentation of the trophies to the winners of our Annual Show Bench competition, and our speaker is Darby Munro, Waste Education Officer City Of Greater Geelong, who will update us all on the current practices for recycling.

Simon, our newly elected President and Meet & Greet person loves greeting visitors and new members to our Club. Visitors are most welcome and there is no pressure to join, but if you would like to join the annual membership is only \$10.00.

If you would like further information on the Club please contact our Secretary Helen, on telephone 5257 1566 or email hma3152@gmail.com Helen Allan

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As summer draws to a close, the food garden yields increasing amounts of green 'waste' – corn stalks, brassica stumps, spoiled fruit, salad greens that have gone to seed, mouldy zucchini leaves – the list goes on. What to do with it all?

In fact, this biomass isn't waste at all, and it would be completely crazy to waste it. These plants have been gorging themselves on the nutrients in your soil and sucking up your scarce water all summer – and now you're going to put them in the green bin for the council to take away? It's much better to turn this biomass into living, nutrient-filled compost to replenish your garden soil.

Some people seem to find composting a bit of a dark art, but it's really dead simple:

### carbon + nitrogen + oxygen + water = compost (eventually)

If the contents of your compost bin either turn to brown gloop or fail to decompose at all, you haven't got the balance quite right. In the first case, you have too much moisture and nitrogen (green juicy stuff); in the second, too much carbon (brown woody stuff) and not enough water.

Here are some different forms of composting. Hopefully you have space to try at least one of them in your garden.

#### **Cold composting**

This is the classic gardener's way of making compost, and probably produces the best compost, full of nutrients and beneficial bacteria. You add a little of this and a little of that as you go along. Turn your compost at least once a week to make sure it has enough air in it, and don't let the rain soak it. It can take six months to mature. It probably won't get hot enough to kill seeds, so it isn't a good idea to use tough perennial weeds like kikuyu.



#### Hot composting

You build a hot compost heap all at once. Put together at least a cubic metre of material in layers of carbon-rich and nitrogen-rich material. Water it as you go, so that all the material is thoroughly damp. Within about five days, your compost should reach 60–70 ° C at the centre. Then you need to turn it every two days for a month. It's a tough physical workout, but produces a lot of compost quickly and will kill most weeds and seeds.



#### Trench composting

Dig a trench about two spades deep, bury your vegetable waste (preferably finely chopped) and fill back in. Plant seedlings or sow seeds on top. They will have a rich nutrient source to grow into.

#### Worm farming

Compost worms turn decaying vegetable matter into beautiful nutritious worm castings full of amino acids and beneficial bacteria. Note that any seeds that go in will probably sprout.

You can also install 'worm feeding stations' in your garden beds. They can be as simple as a bottomless bucket with a lid, sunk into the soil. The vegetable peelings etc. that you put in will attract earthworms from your soil, so you don't need special compost worms for this.

Left: Hot composting in progress Below: Beautiful compost – once was kikuyu and carpet weed











Over the Christmas period I was rummaging through my collection of old video cassettes, when I found one titled "25th Wedding Anniversary & Housewarming Party at St. Leonards in 1988", unfortunately I no longer have a player for these tapes. I'm told that the days of VHS are well and truly over, with the very last VCR rolling off the line in August of 2016.

Fortunately I was able to have the cassette transferred to DVD, at the SpringDale Office and it worked well. I look forward to having more of my 'memories' transferred to disc when the office reopens.



Dr. Peter Munster OAM, St. Leonards







# McLeods Waterholes

Wandering down Wyndham Street you come to a green hill before you get to the Pine Tree grove that patch Kel remembers is a sand pit that was excavated for fine sand to be used for brick work, although this wasn't the best sand in the area for this purpose. This sand would be used for compacting prior to cementing over the top.

Then there was a stand pipe just near the pines which was used to cart water to waterholes and it was no secret that this water was also used by the stock carters to clean the stock trucks out after a long day. I made an adaptor and we all carried our own hose and with the extra good pressure it made a quick job of cleaning it out. There was very little water in the Waterholes in about 1946. I remember them being bone dry, we dug and carted away filling for the first poultry farm in Murradoc Road, Jim Muller's, behind the Drysdale Hotel (about where Plumbtec is now). We carted away many truckloads of filling and this took weeks. I was the main one carting. I don't want to skite but I could get 6 shovels full into the air before the first one landed on the tray truck, a KS5 International. As the lake bed dried, it went crumbly and so that part was easier to dig. We probably made the lake about 4 inches deeper all over. I think it was dry when the Light Horse were camping in the Reserve during WWII too.

In about the 1960s the lake was made even deeper during another dry spell and the island was created to increase the habitat for a variety of birds and tortoises etc. This was made by the Shire of Bellarine using their bulldozer and other machinery. I've been on the island and saw small tortoises and quite a few nests.

Another thing that did happen at the Waterholes for a while was - people used to leave geese and let them have a second life at the Waterholes – not sure why they used to do this. They were there for years – but eventually they were removed.

But during the flooded times you couldn't go from the Waterholes to Wyndham Street so Bobo Wilson built a bridge as part of the northern entrance to the Drysdale Recreation Reserve off Wyndham Street – its only a little bridge not like the one in Sydney or even the Belmont bridge, but it worked for us.

When the water is roaring from heavy rains the eels come down from Cape York through the sea water – they come into McLeods Waterholes up what was called Turner's Creek and is now Grigg's Creek to grow from about 6 inches long and they could be there for years somehow they know when its going to be dry again and they migrate back to Cape York to breed and die.

One of the fishing clubs on the Bellarine hold regular fishing competitions at the Waterholes and I'd like to say to them *"tight lines!"*.

Kel Davis and Anne Brackley scribe.



The SpringDale Messenger February 2017



It was a privilege to take gifts of food from people in the community to give to other people in the community via the food bank at Drysdale Community. It was a privilege to give toiletry packs to people who are in need. It was a privilege to give haberdashery items to Diane who makes twiddlemuffs for those with dementia. Thank you to everyone who donated these items to make someone else's life a little better.

Thanks to the Community Garden members for growing food to give to food bank and thus to community members. Thanks to the Baptists church for growing greens to give to the food bank to give to community members.

It is a privilege to live in such a caring community – if you have sufficient maybe you have a little to share with someone else.

Please continue to drop food for the food bank, haberdashery items for twiddlemuffs or jars for jam making to SpringDale and we'll forward them to the group that will take these items to the next phase of their journey within our community. **Anne Brackley** 







The new year is now well and truly off and running. Children are back at school and we start to settle into our normal routines after fun and happy holiday times. One of the early events of each year in the Bellarine region is the Bellarine Agricultural Show. Held on the Sunday of the Labour Day long weekend which this year falls on Sunday 12th March.

The show aims to provide children with first hand experiences of farming and country life as well as providing a fun and happy day for all the family. The show welcomes both locals and visitors to the region and has attractions for all ages. Have you ever entered one of the sections? If not, why not consider this year? Refer the website for specific details re closing dates for each area but generally entries close Monday 27th February 2017. Winners and place getters receive different recognition in different areas and these range from sashes, certificates, prizes and cash. Entries and competitions include cattle, sheep, alpacas, poultry, cooking, flowers, vegetables, art, craft and photography just to mention a few. See the show schedule for full details.

On the day you can see all the entries in the varies sections as well as participate in the fun by tossing a gumboot, leading an alpaca, children can go on the discovery trail and stop at seven stations around the show to do various activities. See decorated gumboots from our local school children and brownies and guides. Hear music, play with the animals at the animal nursery, ride a pony, get your face painted for free, take a selfie on the tractor or climb the rock wall. Lots of vintage machinery and classic cars including a large thrashing machine working on the day. This thrasher will demonstrate the process of removing the grain from the storks.

A special feature of this year show is the attendance of the R. M. Williams Longhorn Express. It was custom built here in Australia with the primary purpose being to continue our connection with rural and regional Australia. Come and view or buy the hand crafted products.

Thanks to our very generous sponsors and a special mention to Geelong Rural that has joined us this year and been a fantastic support with prize money. A special thanks also goes to Abbey Real Estate, Portarlington and Drysdale Clinic for their many years of continued support.



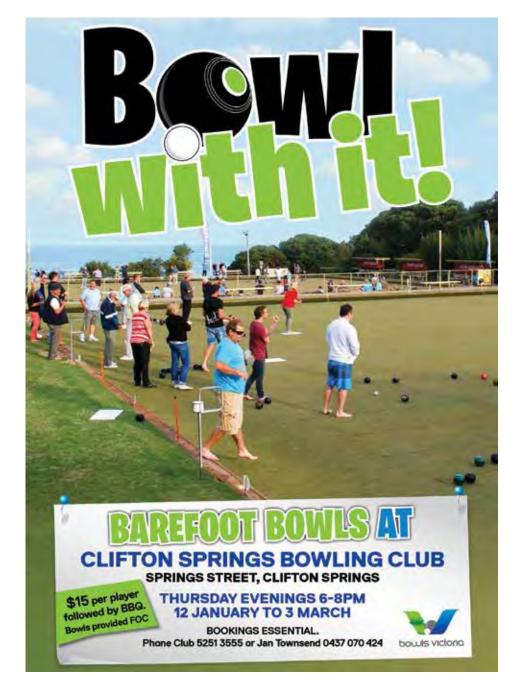


The SpringDale Messenger February 2017

The show opens at 9am on the 12th March at Portarlington Recreation Reserve, Sproat St. Refer www.bellarineshow.com.au for more details.

Hope to see you on the 12th March and remember get those entries in.







# Barefoot Bowls Come Bowl with Us

It's that time of year again when Clifton Springs Bowling Club open our greens to the public with an invitation to join us for Barefoot Bowls. Thursday evenings from 6 to 8 pm with barbecue and bowls supplied. Come along as a team or individually; \$15 pp, children under 12 no charge. Bookings essential.



# SpringDale Membership is \$12 per year or \$100 for whole of life.

SpringDale Membership allows community members to be eligible to be part of and participate fully in our SpringDale Groups be it the Jigsaw Group, our Singing Groups, our Writing Groups, our Toy Libraries, or any of our other groups. If you are becoming a member for the first time, welcome. Renewing - please ensure that your membership has up to date email address so we can easily get information to you.

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# **SPORT**

Happy New Year to all of our supporters, and welcome to the many new families who moved to our beautiful town over the summer period. By the look of the number of new houses now occupied in the Curlewis precinct we should be seeing a throng of young footballers and netballers looking for a game in 2017. At Drysdale we have junior football and netball teams covering age groups from U9 to U18, as well as Auskick and Netta programs. We also have senior and reserve football teams and four grades of senior netball. Our club is keen to welcome new players both senior and junior as well as volunteers to help out as club officials, junior coaches or sports first aiders. Alternatively just consider becoming a member and getting down to a few games. It is a great way to meet local people in a successful and friendly environment at a club that prides itself on community and family involvement.

Most of our football teams are now back in full training after enjoying a summer break. Our senior pre season re-commenced on January 18th at the main oval. The pre Xmas training saw a great turnout and gave

#### If your New Year Resolution went something like.... get fit, play a sport, socialise with friends more..... then Summer Netball is for you!

P.N.A. is offering an 8 week Summer season for Senior Ladies (15+year old) Drysdale Recreation Reserve

#### Wednesday 1st February - 29th March

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- Outdoor venue.....enjoy the summer evenings
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### Contact: Pam - 0425 869 339 or Noelene - 5250 3856 or find us on find us on renaisula Netball Association







us a glimpse of some quality recruits. We encourage members to get along and see the likes of former St Mary's key position player Matt Hebbard, his former team mate and ruckman Damian Hoare, Will McGregor from Penshurst, as well as John Bell and Tyson Bock. Plus of course a fantastic group of young players stepping up from last year's Colts. Our 2017 Colts and U16 side also resumed mid January, whilst our U14's commenced at the end of the month. The Netball girls have also resumed regular training down at the courts under joint A Grade coaches Hannah Kennedy and Georgia Berry, and will shortly be conducting their trials for team grading.

Football membership for junior and senior players are now available via the club's website, with junior prices discounted if you join before March 19th.

**Ross Deeath** 

# Peninsula Netball Association

Where did 2016 go? In a netball context it was extremely busy. No wonder PNA won Best Small Association in the Netball Victoria 2015 Community Awards.

Our Summer competition last year expanded to 6 ladies teams and 4 mixed teams. This comp is about to start again so get on board and organise a team.

PNA and DFNC joined forces in term 2 on Thursday afternoons to conduct an extremely successful NetSetGo program 67 participants!! A highlight of the year was the very special centre court appearance at a Vixens game for 20 excited little netballers. Our Spring competition was well supported with 26 teams participating over Wednesday and Thursday nights. Ladies, Mixed and 15/U played on Wednesdays with 9/U, 11/U and 13/U playing on Thursday afternoon. Judging by the enthusiasm of the juniors and the laughter of the seniors, the season was a success.

PNA values the support of Drysdale, Portarlington and Queenscliff Football Netball Clubs and our local schools. Stay tuned to Facebook for contact and information about programs offered by Peninsula Netball Association. Hopefully, we'll see you courtside. **Pam Rawson** 

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# Classic Car & Bike Show

The Autopro Drysdale Classic Car & Bike show on Sunday the 8th January was a great success with hundreds of cars & bikes turning out & fantastic weather making it the best show yet. The Stockdale & Leggo Cruise on the Saturday evening was well attended in spite of the very hot conditions, with many locals & campers out for a look. This is the sixth year of the show, run by the Drysdale Cricket Club who do a fantastic job & support by Autopro Drysdale as the Major sponsor along with Dimos Mechanical Repairs, Drysdale Motors, Pearce Geotech, Darbys Paints, Bendigo Bank, Faggs Mitre 10, All About Traffic & local wineries McGlashans & Bellarine Estate. Autopro Drysdale would like to thank all our customers & the locals who attended the Car Show, thanks for you support of this fantastic event.



Photography by George Stawicki







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