



Potato Shed's Free Family Fun Day returns for its 10th anniversary!

Gather your young (and young at heart) and join us in celebrating the 10th anniversary of the Potato Shed's free Family Fun Day, Sunday 21 October, 11am to 3pm, Peninsula Dve Drysdale.

Mark the date in your diary and kick off Children's Week with a program big on local content.

- Long-term supporters 3Triple2 will once again delight one and all with the pantomime Cinderella.
- Mini Maestros will be on hand with a music program designed to bring out the maestros in our pre-schoolers.
- Bellarine Kids will oversee arts & craft sessions, including a badge-making workshop.
- The City of Greater Geelong Skate Park will set up to challenge young skate stars keen to prove their prowess, and the Bellarine Sports and Aquatic Centre will bring their mascot, Webstar the Platypus, with plenty of selfie-opportunities on the day.
- A Double Digit Celebration deserves some big acts and they don't come any bigger than local award-winning, The Mik Maks, who will once again hit the outdoor main stage to entertain all ages with their chart-topping hits.
- Topping off the huge program will be a special performance of Super Amazing Giant Girl, direct from sell-out shows in Melbourne, Castlemaine and Adelaide.

Bring a rug and picnic basket or purchase food from one of the fantastic food vans rolling up to help celebrate our community and our 10th Anniversary of bringing free family fun to the Bellarine.

For more details visit www.geelongaustralia/potatoshed or call the Potato Shed on 5251 1998



Community CALENDAR

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.
If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE NOVEMBER 2018 • Bookings/copy required by 1 October • Dist: Sat 26 October 2018 • Circ: up to 20,000

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am - 5pm and by appointment.

OCTOBER

Sat-Sun	22-7	SpringDale Artists Exhibition 10am - 4pm
Tue-Fri	2-5	Princess and the Pea - The Potato Shed
Thursday	4	World Space Week
Saturday	6	Rotary Club of Drysdale @ The Village Green Drysdale - 10am - 2pm
Sunday	7	Walk For Wellbeing Event - Portarlington - 10am
Sunday	7	St Francis Day - Blessing of Pets - 10.30 am - St James Anglican Church
Mon-Sun	8-14	National Fire Prevention Week
Mon-Sun	8-14	Mental Health Week
Tuesday	9	Morning Showtime - A Short History of Queenscliffe - The Potato Shed
Wednesday	10	Days for Girls Sewing Group 9am - 3pm
Thursday	11	Headspace Day
Friday	12	Larry Paridiseo and the Fabulous Dame Farrar - The Potato Shed
Saturday	13	Kate Dayley School of Performing Arts Concerts - The Potato Shed
Saturday	13	Drysdale Church Mainly Home-made Fete - 8.30 - 1pm
Sat-Sun	13-14	Photographic Exhibition 10am - 4pm
Sunday	14	Sing into Spring - The Potato Shed
Sunday	14	Come & Try Fishing Day at Portarlington Pier 10am - 4pm
Monday	15	SpringDale Dining Group - Drysdale Hotel 6.00pm
Mon-Sun	15-21	Sock it to Suicide Week
Wednesday	17	Lunch Bunch - Portarlington Golf Club 12 noon
Thursday	18	Cloudburst - Queenscliff Uniting Church - Seniors Month
Sunday	21	Free Family Fun Day - The Potato Shed
Mon-Thur	22-25	Performing Arts Prep Workshops - The Potato Shed
Monday	22	Crackerjack - SpringDale 1 - 4pm - Seniors Month
Monday	22	DCSCA AGM - 7pm all welcome
Tues-Mon	23-29	Aussie Backyard Bird Count
Sunday	21	Family Fun Day - 11am - 3pm - The Potato Shed
Sunday	21	Pink Ribbon Day
Wednesday	24	United Nations Day
Thursday	25	Coryule Choir Christmas CD launch, St James Church Hall 2 - 3.45pm
Saturday	27	Children's Day @ SpringDale 10am - 12noon
Saturday	27	Dance Hall Returns - The Potato Shed
Sunday	28	Petula - Downtown to Broadway - The Potato Shed
Sunday	28	Music for a Warming World - St. Andrews Uniting Church Portarlington

Bookings & copy required by 1 October for the November issue

Neighbourly Networking

The SpringDale Messenger is a locally produced publication.

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V.

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Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:





Coordinator's News



Anne Brackley

Dear Friends and friends I am still yet to meet.

Thanks to everyone who has been able to support our events and other events over the last couple of months. The Science Month activities went well and we look forward to building on these activities next year. Our film nights have proved our ability to live stream from the internet and to show movies. We look forward to gaining permissions to show other films as people suggest them. Looking forward to people suggesting films that they would like to see and looking forward to family showings of family films. Please let us know which films you would like to see.

During the showing of the Australian film, The Dish, we realised that next year will be 50 years since Neil Armstrong walked on the moon and this will fall on Sun 21 July 2019 – all of a sudden we are thinking that a day reliving that experience would be very interesting. Please let us know if you would like to help organise this event.

One of the short science films was about fungi and how amazing they are. Watching tiny threads of fungi boring through rock and breaking the rock down to soil over years was amazing to see it happening. Giving us the inspiration to know that no matter how small you are, you can achieve amazing outcomes. I was inspired as were so many who saw this film.

Our Neighbourly Networking project is going well, it is great to see neighbours turning up to events at SpringDale together, please let us know your story and how this worked for you, to help inspire other members of our community to invite their neighbours. A few

of my neighbours have been able to attend and I look forward to personally inviting more. We have so many opportunities in October for so many different activities, Art Show, our usual more than 200 monthly activities, a seniors' event and a children's event and all our classes. Hopefully there is something that you can invite a neighbour to or just do your own thing – we'd love to hear about it.

Sometimes when I meet up with members of our community, I am amazed at the stories that I am told. The other day a member of our community shared a story about a kangaroo being on her back lawn at sunrise. I was surprised that we had wild kangaroos on the Bellarine. Hopefully we'll be able to share that story and also some amazing photos of the kangaroos. As the story evolved, I also hope we might publish photos of Aurora Australis that can be seen from various parts of the Bellarine. I'm excited.

Lastly, I'd like to share a revelation that I have had over the last month, to be able to aspire, you need to be inspired. I'm not sure why this seemed to be such a revelation but it was. Over the years people have asked me why I go to so many events and talks, but I think I now understand what drives me. I love being inspired and the inspiration then allows me to aspire to do other things not just for me but for the community. I look forward to teasing out this concept over the next year – stay tuned!

Thanks again for all your support of so many things that we do and that we assist in so many ways.

Yours sincerely

Anne Brackley for team SpringDale.

News @ SpringDale



Monday 22 1-4pm Crackerjack @ SpringDale

A feel-good movie that has laughs, morals, protagonists, bad wigs (worn by baddie John Clark impersonating Elvis for some reason) and gives you the chance to catch up with other 'Seniors', have a cuppa, having hopefully been inspired to try your hand at a little bowling yourself!

Boy! That's a lot of things in a short space of time and on the big screen recently purchased by SpringDale. If you're a regular reader of the Messenger, you may have been reading the monthly story of the Drysdale Bowling Club which is going to enjoy it's 70th Anniversary this month. So all in all, a lot of reasons to come along and watch Crackerjack again.

Date: Monday 22 October. **Time:** 1-4pm
Gold coin entry. Please book your seat (for catering) on 5253 1960 at the office, or on our website.

Proudly supported by Geelong Seniors Festival grant funding

CITY OF GREATER
GEELONG

Children's Day @ SpringDale

**Saturday 27 October
10am - 12noon**

Fun for all...

**Relaunch of
Mike's Birthday Bulldozer,
Mike's Bulldozer and the Big Flood
and Hello Kangaroo, these are 3 of
Nan Bodsworth's best-selling children's
picture books.**

**Felting poppies for peace, making biscuits,
growing from seed, toy library,
Occasional Care
and more...**

CHILDREN'S WEEK

GEELONG

Improve your skills - Expand your mind COURSES @SpringDale

**Term 4
October 2018**

Course and Opportunity Guide:

- Computer - the next step**
This course is designed for people who have completed the 'Computer Basics' course and want to learn more about the internet, email, and social media. It covers topics such as searching the internet, using email, and creating a social media profile. **Fee: \$100 (incl. materials)**
- Using your smartphone**
This course is designed for people who want to learn more about using their smartphone. It covers topics such as using apps, taking photos, and using the internet. **Fee: \$100 (incl. materials)**
- How to use a tablet**
This course is designed for people who want to learn more about using a tablet. It covers topics such as using apps, taking photos, and using the internet. **Fee: \$100 (incl. materials)**
- Health and Safety**
This course is designed for people who want to learn more about health and safety. It covers topics such as first aid, fire safety, and road safety. **Fee: \$100 (incl. materials)**
- Art, Design and Creativity**
This course is designed for people who want to learn more about art, design, and creativity. It covers topics such as drawing, painting, and using digital tools. **Fee: \$100 (incl. materials)**
- Music Creative**
This course is designed for people who want to learn more about music. It covers topics such as singing, playing instruments, and using digital tools. **Fee: \$100 (incl. materials)**
- Health and Safety**
This course is designed for people who want to learn more about health and safety. It covers topics such as first aid, fire safety, and road safety. **Fee: \$100 (incl. materials)**
- Team Building**
This course is designed for people who want to learn more about team building. It covers topics such as communication, problem-solving, and teamwork. **Fee: \$100 (incl. materials)**

One on One individual sessions with tutors may be negotiated with SpringDale.

Geelong Seniors Festival



Major work starts on Drysdale Bypass

Major construction has kicked off on the Drysdale Bypass, getting locals and drivers on the Bellarine Peninsula where they need to go safer and sooner.

Member for Bellarine Lisa Neville turned the first sod today on the \$117 million project near Grubb Road and Portarlington Road.

Construction company Decmil is now on site and has commenced works on the project following the contract being awarded at the end of August.

The new bypass will improve safety and ease congestion by 40 per cent through the heart of town – diverting trucks and traffic onto this more efficient route.

More than 11 per cent of the 20,000 vehicles which travel through Drysdale each day are made up of heavy vehicles – that figure is expected to be cut in half when the new bypass is open.

That means hundreds of trucks will be taken off local roads, making it safer for local drivers, pedestrians and cyclists around Drysdale.

The bypass will also relieve traffic during the busy summer period, when more than 5,000 extra vehicles pass through Drysdale each day.

And travel times for locals living on the north Bellarine around Portarlington, St Leonards and Indented Heads will have their travel times reduced.

As part of the project, the existing roundabout at Grubb Road and Portarlington Road will be replaced with traffic lights, improving traffic flow and safety for pedestrians and cyclists.

There will also be improved access to schools, sports precincts and growing residential communities through a new six-kilometre shared user path, which includes an underpass for pedestrians and students at Peninsula Drive.

Construction is now underway with completion of the new bypass expected in mid-2020.



Premier Announces commitment to Stage 2 of Drysdale Sports Precinct

Recently, I was once again pleased to welcome the Premier to the Bellarine Peninsula.

Amongst other things on the day was the great announcement that if re-elected the State Government would commit a further \$5million to deliver Stage 2 of the Drysdale Sports Precinct.

This funding will of course build on the Stage 1 of the project that was completed with an earlier \$3.5 million contribution from the State Government.

Stage 2 will add 3 rectangular playing fields, a multi-purpose pavilion, training nets and improvements to parking and landscaping.

Over a number of years I have enjoyed working in partnership with all clubs involved in the delivering the sports precinct and particularly commend people like Paul Rawson from Drysdale Soccer and Ross Deeath of the Footy and Netball Club for their ongoing hard work.

State Governments Free TAFE Courses Initiative

Readers may already be aware, earlier this year the State Government announced that from the 1st of January 2019 it will be introducing Free TAFE for eligible students in 30 priority non apprenticeship courses. A further 20 government subsidised apprenticeship pathway courses will also be free.

Free TAFE, providing free course tuition fees, will reduce the financial barrier for students wanting to train in courses that lead to the occupations that are needed most by employers in the Victorian economy.

The courses will be offered at Victorian TAFE institutes, including the Gordon. The courses have been prioritised because they lead to jobs in high growth industries as well as important areas for Victoria, like preventing family violence, rolling out the NDIS and delivering our major infrastructure projects.

Industries covered included construction, health, community services, disability services, agriculture, hospitality and tourism.

Those eligible are people under 20 regardless of any qualifications or older than 20 and enrolling in a course that is a higher

qualification than previously attained. In addition, those people unemployed or retrenched will also be eligible.

For more information visit freetafe.vic.gov.au or phone 13 18 23.

Cutting Power Bills with Solar Panels

My office is frequently contacted by people concerned with their ever increasing power bills and asking about Government rebates for the installation of solar panels.

Therefore, it is pleasing to report that the State Government has recently announced that implemented immediately, households installing a solar panel system will get half the cost back via a 50% rebate.

The rebate will be made available to householders with an income up to \$180,000 who live in a home valued up to \$3million, capturing almost 90% of people who own their house.

In addition, if re-elected the Andrews Government will extend the 50% rebate program to include the provision of an interest free loan over four years for the remaining cost.

It is estimated that this will save the average household up to \$2225 for installation of an average 4 kW solar system and up to \$890 a year on their electricity bills.

Not only will this cut household electricity costs, but it will importantly cut the states carbon emissions by almost four million tonnes and generate 12.5% of Victoria's 40 per cent target for renewable energy by 2025.

As always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP
Member for Bellarine

lisa.neville@parliament.vic.gov.au

Twitter@Lisanevillemp Ph: 5250 1987

Lisa Neville MP

Member for Bellarine

"For assistance with any issue, please call my electorate office"

T: 5250 1987 | E: lisa.neville@parliament.vic.gov.au



"DELIVERING for the BELLARINE"

Authorised by Lisa Neville MP

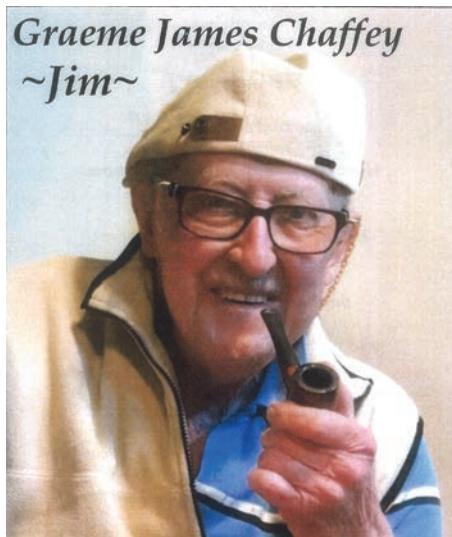
Funded from Parliamentary Electorate Office and Communications Budget

Art for all Abilities

The Art for all Abilities group started out as a small art therapy program for people on the Autism Spectrum and was given the title of 'Art, Autism and Anxiety.' The group began with four committed members who tried out different creative projects using paint, pencils, pastels, papier-mâché and other techniques; all in the name of experimentation and discovering new ideas about making art. The direction that each person explored was self-directed – with a bit of nudging and reassurance by Celia – so that they could take some risks, knowing that it was ok to fail a creative experiment. The environment was one of support and encouragement.

The group has now grown in numbers and can no longer be referred to as catering only for people on the Autism Spectrum. People of all abilities attend and pursue their creative experimentation. Ideas bounce off one another as some group members observe what others are doing and want to give it a go too, while others are content to continue on a chosen path – the choice belongs to the individual artist.

The group runs on Fridays 10am - 12noon or 1pm - 3pm Next group 12 Oct - 7 Dec excl. 26 Oct. Book now at SpringDale in person, or ring 5253 1960 or via www.springdale.org.au



Graeme James Chaffey
30/6/1939 - 18/8/2018

The members of the St Leonards Men's Kitchen are sad to acknowledge the passing of one of our founding members Jim Chaffey. He was a cheerful, cheeky gentleman who loved music and would do anything for a friend or someone in need. He will be sorely missed by his three children, their partners his 16 grandchildren and by all past and present members of the Kitchen. RIP Jim

SpringDale Artists

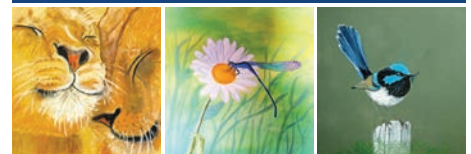


art EXHIBITION

SAT 22 SEPT - SUN 7 OCT

view 4 types of art - all original
10am to 4pm every day

(gold coin donation requested on entry)



SpringDale DINING Group

SpringDale Dining Club is going to Drysdale Hotel Monday 15 Oct 6.30pm. Please ring SpringDale on 5253 1960 to reserve your spot.

SpringDale Lunch Bunch

The SpringDale Lunch Bunch are going to Portarlington Golf Club Wednesday 17 Oct 12 noon. Please ring Margaret on 0418 370 857 to reserve your seat.

Letter to the Editor

Send your letters to: messenger@springdale.org.au

What a pleasure it is to come into SpringDale and see Brett's smiling face. Nothing is too much trouble whether it is photocopying, looking up information or for a class enrolment. Keep up the good work Brett.

Andrea Moore

Drysdale

Dear Jo and Anne,

I just thought I should let you know that the individual members of SpringDale Artists have enthused about the cover of the September Edn of the SpringDale Messenger, and I have heard compliments for the cover from others outside our group, including members of another art society.

Many many thanks for the artwork and presentation of such a wonderful display.

Yours sincerely, Gordon Richardson

WHAT'S ON

POTATO SHED

CITY OF GREATER GEELONG

MY LIFE AS A PIANO



**SUNDAY
7 OCTOBER
2PM**

**BOOK
EARLY!**

\$38, \$34 (Conc), \$30 VIP/Groups of 20+
CABARET / BYO SUPPER / BAR OPEN
Seniors Festival Special \$25

A SHORT HISTORY OF QUEENSLIFF



**TUESDAY
9 OCTOBER
10.30AM**

Tickets \$15
including
Morning Tea

**MORNING
SHOWTIME**

**BOOK
EARLY!**

LARRY PARADISEO & THE FABULOUS DAME FARRAR



FRIDAY 12 OCTOBER 2PM
\$38, \$34 (Conc), \$30 VIP/Groups of 20+
CABARET / BYO SUPPER / BAR OPEN
Seniors Festival Special \$25

FAMILY FUNDAY



**SUNDAY 21
OCTOBER
11AM - 3PM**

**FREE
EVENT**

**10th ANNIVERSARY
CELEBRATION**

DANCE HALL RETURNS



**SATURDAY 27
OCTOBER
8PM**

*Celebrate
the success*

\$30 \$20
CABARET / BYO SUPPER / LICENSED BAR

PETULA - DOWNTOWN TO BROADWAY - TRIBUTE



**SUNDAY 28
OCTOBER 2PM**

\$38, \$34 (Conc), \$30 VIP/Groups of 20+
CABARET / BAR OPEN
BYO SUPPER
Seniors Festival
Special \$25

41 Peninsula Drive, Drysdale VIC 3222
www.geelongaustralia.com.au/potatoshed
potatosheddrysdale
potatosheddrysdale

**BOOK NOW WITH YOUR CREDIT CARD ON 5251 1998
OR AT ANY CITY OF GREATER GEELONG
CUSTOMER SERVICE CENTRE.**

POTATO SHED

WIN Family Pass to any show of



Princess and the Pea & the Yo Yo

10.30 & 1.30 October 2nd - 5th

To enter fill out the coupon, send or deliver to:
SpringDale Neighbourhood Centre High St Drysdale

Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSES 3PM MONDAY 1 OCTOBER



Bellarine Historical Society



King's photos found in Drysdale Op-shop

A packet of photographs was recently handed to our Society from a local Drysdale Op-Shop. Among these photos were two with the name, Mr H King, Upper Skene St, Newtown, written on the back. After some research it was discovered to be Henry King and his wife Ruth (Wise).

Henry, originally from Somerset, established the magnificent Fairview Gardens, 45 acres at Fyansford with his father. Henry's prize-winning apples from their orchards, were exhibited at the local Agricultural Shows in the 1870's. He was one of the first in the Geelong region to recognise the dreaded phylloxera vastatrix in the vines of the region. Henry and his wife moved to Upper Skene Street in c.1889.

In 1908 Henry was appointed Fruit Inspector for the Chamber of Commerce. In 1912 the couple moved to Aphrasia St. Newtown where Henry died in September 1913, aged 77. In 1927 Ruth died at the home of her niece, at North Geelong.

Head of our research team Pam Jennings researched these photos. She is a very experienced and skilled historian and can for a modest fee search our records for you. Alternatively you can join our society for \$15 per year and do your own research using our extensive local history resources which cover the whole Bellarine Peninsula.

Contact us at bellarine-historical-society@googlegroups.com for more information.

Paul Bruce - Bellarine Historic Society

Website www.bellarinehistory.org Facebook www.facebook.com/historybellarinepeninsula/

In our research room at the Court House you can do family research or you can pay our experienced researchers to do it for you. We have numerous opportunities for volunteering in our organisation if you would like to help. We meet at 7.30 pm the second Wednesday in each month at the old Drysdale Court House where we run a Research Centre and Museum. We are also open the first Sunday of each month 1.30 pm to 4.30 pm



YEAR 2018!

"What was the secret of the stars... and the reason for the bridge on Jupiter?"



2018! Cont.....

October

New York.

A rumoured investigation into the activities of the Pfizner laboratories by a certain Senator Wagoner causes Paige Russel to turn States' evidence. His leave is nearly up and although depressed by the prospect of an imminent posting to Proserpine (the newly discovered tenth planet) and notwithstanding his intense feelings for Anne Abbott he decides he's had enough of the devious chicanery practiced by his new colleagues. But when he reports to Wagoners office to "spill the beans" he is shocked to find Anne Abbott is already there! "Colonel Russell, come in. You know Miss Abbott of course. We have new orders for you. You can forget Proserpine. You and Miss Abbott and I are leaving for Jupiter. Tonight." Next month...last lap?

Are you interested in sci-fi?
Do you want to be with other sci-fi enthusiasts?

SpringDale is going to work towards a 'galactic harmony day' and you are all invited to join in the fun and preparation for the day....date to be confirmed. If you're interested ring SpringDale on 5253 1960 or email office@springdale.org.au or just drop in, we'd love to have you on board.

Come & Try
Fishing Day
Sunday 14 Oct 10am - 4pm
Portarlington Pier
Bellarine Pirates Angling Club
Phone Phil 0411 215 146

De Facto Law Worries?
Come in for a *free* chat
RISTEVSKI
LAWYERS
1 High St., Drysdale
(old Post Office) Ph: 5251 3453

- Personality clashes?
- Co-workers not getting along?
- Staff members not co-operating?
- Frosty undercurrents?
- Communication problems?

Let me help you....

MBCI
Mentors & Business Coaches International
"Partnering Transformations"

I am an Accredited Business Coach
Di Bennett
Mob 0422 146 604
Work Relationships Working Better

BOB
Business on the Bellarine

Like minded business group meeting weekly in Drysdale, to network and help promote each other's businesses.

Meet new people and learn of other businesses that are part of our community.

We meet on Tuesday mornings 7.45am to 9.15am visitors welcome.

Drysdale Cricket Clubroom
Drysdale Recreation Reserve, Granville Street, Drysdale

Contact Allan Houlston
0405 140 003 for more information

JEANNETTE ERNST
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15 Hancock St. Call 0407 726 260

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Contact Jeannette on 0407 726 260 or
E: jeannette@conveyancinggeelong.com.au

The 1891 Women's Suffrage Petition - *a personal discovery.*



This is Harriet 20 years later in 1911.

In 1891 a small number of women, street by street, collected 30,000 signatures of women on a petition to present to the Victorian Parliament. This petition sought that "Women Should Vote on Equal Terms with Men". The pages of the signatures collected have been pasted onto a fabric roll about 260 metres long which is housed at the Public Record Office of Victoria (PROV) in North Melbourne.

The pages have been digitised and are searchable by name on the Victorian Parliament website. <https://www.parliament.vic.gov.au/about/the-history-of-parliament/womens-suffrage-petition>.

Along with some well-known and powerful women who signed the petition, were ordinary women. I found by searching online, that one of these ordinary women was my Great Grandmother, Harriet Williams, who was living in Fitzroy with her husband and daughter. The cottage is still standing today in a line of original terrace houses.



In 1891 Harriet was about 44 years old, having been born in NSW, the oldest surviving child of a convict father and free settler mother. I had been told by family that she was a strong woman and now I could believe she was also a woman of conviction.



The faded but readable 2nd bottom signature is Harriet's, in this online image, along with others from Woodhead St, North Fitzroy.

The signatures are written with different inks and pencils but are quite legible.

To my delight, during a visit and tour of the PROV Archive Centre a couple of years ago, I found the petition roll on display in the basement archives, and realised my Great Grandmother's signature was actually somewhere in the roll. How amazing to see all those women wanting equal opportunity to vote as we are able to today.



SOUTH WEST ROAD PROJECTS



We're building the Drysdale Bypass

And works have already begun.

You can look forward to a new road for a safer, alternative route which means fewer trucks on High Street.

We'll also build a new shared-user path and an underpass for pedestrians for safe access to schools.

It's an exciting time for this important project and we'll work closely with the Bellarine Peninsula community.

If you have any questions, give us a call. Our team is here to help 24 hours a day, 7 days a week.

contact@roadprojects.vic.gov.au
1800 105 105
roadprojects.vic.gov.au

Follow us on social media
[@roadprojectsvic](https://twitter.com/roadprojectsvic)
f t i y l n



Authorised by the Victorian Government, 1 Treasury Place, Melbourne

DS0061



Bellarine Support Group for Kinship Carers



Friendship, fellowship and fun at the Bellarine Ladies Probud Club

Probud provides you with the opportunity to join together in clubs and to progress healthy minds and active bodies through social interaction and activities with retirees in your community.

We are a comparatively small group with a variety of interests who enjoy getting together to foster friendship, fellowship and fun. We are always pleased to welcome new members. If you are new to the area it is a great way to meet new friends and get some inside information regarding local services. Whether you are new to Probud, moving from another area where you were a Probud member or you are a local resident who would like to meet new friends, you are invited to come to a meeting.

At our meetings we allocate about half an hour to discussing Club business followed by morning tea and a chance to chat. After morning tea we invite a guest speaker to share their stories. Past guest speakers have given insight into a variety of topics including genealogy, music therapy, home safety, embroidery, quilting, cheese making, library services, podiatry and Travelers Aid. In addition to monthly meetings we have a monthly morning tea at a local winery, lunches at local venues and go on trips to interesting and picturesque destinations.

Recent trips have included a day at the Range at Curlewis for mini-golf and lunch and a trip on the Q Train to admire the beautiful views of Swan Bay whilst enjoying a six course degustation. Earlier this year we travelled to Winchelsea to see Country Dahlias and enjoyed lunch at Winchelsea Tea Rooms.

If you think that you would like to meet some new friends to share a cuppa and chat we would like to meet you. We meet on 3rd Monday of the month at 10am (Jan to Nov) at St. James Anglican Church Hall, 45 Collins Street, Drysdale.

For more information please contact Caryl Robson, President on 5251 1359 or Val Lewis, Secretary on 5251 2623



Proudly printing this magazine for you, on the Bellarine.

OPEN

Monday - Friday
9.00am - 5.00pm

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Since I started Bellarine Support Group for Kinship Carers some 3 years ago I wondered if the local community would get behind us and help support the children and carers involved.

Over the past few weeks I have been overwhelmed with the donations that I have received for both carers and children. Recently I was able to assist a local kinship family with clothes, toys, books and blankets for the children in their care. I made up a parcel of clothes for a girl aged 7. As she was opening her parcel, she began to cry. Both the grand-parents and myself were puzzled. The grandparents talked to the girl to try to find out why she was crying. This little girl was crying because in her parcel was a new packet of underwear - all pink of course - in between her tears she told her grand-parents that she never had new undies before.

This little girl had seven pairs of new underwear - one for each day of the week. She was just so happy, that she had new underwear, socks, a nice toilet bag, her own book, a new teddy, games and some really special clothes to wear.

When I left I sat in my car for a while and cried. I cried because this little girl was just so happy for what she received. The grandmother rang me to thank me for what I did for the family, especially her granddaughter who wears her new underwear on the correct days - 7 pairs in a packet one for each day e.g one for Monday, one for Tuesday and so on.

On behalf of the carers and children from Bellarine Support Group for Kinship Carers I would personally like to thank the following people for their support:

Helen from Portarlington

(Your generous donations of clothes, knitted wear and toys have been passed onto carers and children. One grand-parent wanted me to pass on a huge THANK YOU for the lovely dolly pusher.)

Deb from Indented Head

(The special bag of things that you left for the little 18mth baby was wonderful. The grandmother was just so grateful - that a stranger would help them.)

Janine from Leopold

(The books that you left at my home have now been passed onto over 15 carers for the children in their care. I have it on good authority that the children love reading their special books in bed.)

I like the motto "Local people supporting local families and children". If any local business or company would like to help us as kinship carers please feel free to contact me to discuss how important your assistance would be to the local kinship families and the children they care for.

If you are a kinship carer we would love to see you and support you in the wonderful journey that you have undertaken.

Our meetings are held on Mondays at Springdale on the following dates:-

Monday 8th October, 5th November and our last meeting for 2018 3rd December.

If any kinship carer has any concerns please feel free to contact me on the number below.

Remember you are not alone in your special journey. We are here to support you.

Jeanette Hanley - Heath 04 14 308257



November in New York starts the celebration of the Festive Season

Enjoy the ever-exciting "city that never sleeps," all decked out in its finest for Christmas. See the amazing Rockettes, enjoy great sightseeing tours, and have time for lots of shopping too.

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\$10.00 pp

Come join us and 'rumba' your way through Tuesday mornings.

SPINNING WHEEL ROUNDS .. cued choreographed ballroom rhythms. You will learn the movements by name as these movements are used in many dances, with some lovely music of course. Currently we are doing Rumba and having a lot of fun dancing from 10.30 to 12.30 each Tuesday morning [excluding September 25 and October 2]

It is not too late to come and join us nor is it ever too late to learn to dance. Look forward to seeing you ...

Carol Simondson



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FILM REVIEW: The Staging Post

An active, interested audience was treated to a revealing, moving film screened recently at Springdale.

The "Staging Post" highlighted the initial struggles, then great success of a group of Refugees living in Cisarua, in Indonesia, awaiting departure to Australia and other countries.



Despite the United Nations Human Rights Commission (UNHCR) advising the group of Refugees – (mainly Hazara people from Afghanistan) that forming an organisation could jeopardise their departures, the group successfully established a school for their children.

The teachers were themselves Refugees and everyone in the small community participated in renovating a dilapidated building into a well-functioning school and Community centre.

A quote from one of the schools founders - "When we started we had no idea. What should they teach? How should they teach? Little by little we found our way." Muzafar Ali.

The true story was uplifting and showed clearly why Refugees should be assisted and not deterred from coming to Australia. As one of the main characters (and camera man) Khadim, tearfully declared – "the lives of Refugees, the future of Refugees depends on others."

We, as caring Australians are the "others" and anything we can contribute to assisting Refugees and Asylum Seekers will help families and individuals similar to those in the story of "The Staging Post."

Thanks to everyone who attended, and thanks to your generosity, we were able to raise \$470 towards Combined Refugee Action Group (CRAG) to directly assist Refugees and Asylum Seekers in the Geelong Region.

Cathy and Peter Coghlan

(CRAG)

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Refugee
Action Group



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A fresh new face for BCH

Bellarine Community Health (BCH) has a fresh new image with the launch today of a new logo, website and strategic plan for the organisation.

The re-brand and release of the 2018 – 2022 Strategic Plan follows 12 months of community engagement through a series of 'Community Conversations', input from our Community and Consumer Advisory group, research and other workshops.

"This is the roadmap for the future," said BCH Board Chair Margaret Belfrage. "The addition of 'for all people' in our mission statement means that BCH is opening its doors to everyone, both public and private clients, aiming to meet primary health needs locally."

"We believe the strategic directions laid out in our plan will provide responsive and quality services whilst maintaining financial viability into the future."

BCH CEO Shane Dawson said the Strategic Plan recognises the vital role of Bellarine Community Health in providing health services where people live on the Bellarine and keeping people living well and out of the hospital system.

"As the major provider of primary health services on the Bellarine we need a structure in place that ensures we meet the needs of growing populations but also provide responsive health services for multiple communities with different needs," he said.

"Bellarine Community Health recognises the way health services are delivered has changed," Mr Dawson said.

"Services are client centred and clients will decide where and how they want their service provided and delivered at the right place at the right time. We have to be able to respond to that."

Bellarine Community Health is also in the process of major upgrades to IT systems to allow for greater productivity and expansion. The revamp includes refreshing the BCH brand with a modern new logo and website.

"We have a new look website with an easy to navigate platform that has the capacity to engage at an interactive level by hosting community chat groups as we move forward," said Board Chair Margaret Belfrage.

BCH will roll out its new look over the coming months. The BCH 2018 – 2022 Strategic Plan is available on the new website www.bch.org.au

Laureen Deale



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Ambulances are not taxis!

Recently it was pointed out that Ambulances aren't like medical taxis. And indeed that is correct. They are for emergency transport, when a person's health needs clinical monitoring or assistance due to a "time-critical" element.

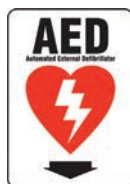
Therefore, abiding by these guidelines, means that they are not used for "Non-Emergency Patient Transport", in particular transport between hospitals, or a hospital and another facility for whatever reason. In these cases a booking needs to be made with their health or medical professional who will book the NEPT (Non-Emergency Patient Transport) with the person responsible for the payment to lodge the request.

Ambulance Victoria, provide in-house clinic cars and stretcher services as well. If the patient can wait a minimum of 90 minutes for a transfer from a patient's home or hospital to hospital, this is the better choice, leaving Ambulances free for emergencies for which they are designated and equipped for.

THE AED Automatic External Defibrillators on the Bellarine

Location of AED's on the Bellarine:

- Drysdale Clinic, 15 Collins Street, Drysdale
- Drysdale Village Medical Centre, 16-22 Palmerston Street, Drysdale
- Bellarine Community Health, 23 Palmerston Street, Drysdale
- Drysdale Physio and Health Group, 27-29 High Street, Drysdale
- St. Thomas Primary School, 1-7 Peninsula Drive, Drysdale
- Bellarine Peninsula Basketball Association, 43-71 Peninsula Drive, Drysdale
- Soccer Club, 65 Belchers Road, Drysdale
- SpringDale Neighbourhood Centre, 17-21 High St Drysdale



Nothing Here to See...

Move Along Please!

Why do people advertise with "jargon"?

You will know that most of the time when we throw together a flyer or advert for our business (or any form of marketing material for that matter), we are generally very quick to tell people the features of what we do/have, or what our discount this week is, we put our business name, sometimes our own name, all our contact details, and state lots of obvious things.. And we are often asked for all of this as well by those who help assemble these materials for us, so it's quite understandable.

This happens as we have all been conditioned to it over our lifetime. It's not our fault, we are a product of society, and we ourselves are society. So when we see the final result, we truly believe what is written because it's true in our eyes! But is reaching our target market effectively, and helping to grow our business?

So stop a minute... When you look at these type of ads, fliers, websites as an onlooker, do you actually believe anything that is written there? They mostly look the same except for the colours.

It may be true that you are the most experienced, most helpful, most friendly, best priced, have the best range, been the longest in business....or whatever. But to the onlooker who doesn't know you - you appear the same as your competition. So they have nothing to compare you on except... PRICE! Agggghh, look out, here comes the dreaded price shopper...

Strategic marketing is critical to understanding how to reach your target market effectively (and avoid the dreaded price shopper). So do yourself a favour, do some research and get ahead of the game and you will be able to come up with some content that is not jargon.

Aaron Hunter:

www.straightforwardbusiness.com.au

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BELLARINE CAMERA CLUB

It has been a very busy month that included our interclub competition with Corio Bay and Colac camera clubs. The competition was quite stiff between the clubs, with some great images on show. Colac won the print section, Corio Bay the electronic section and Bellarine the 'Energy' set subject. It was a good night, in a friendly atmosphere, with the three clubs well represented.

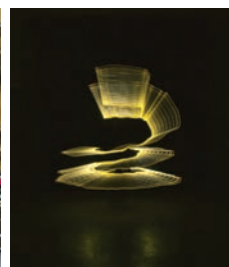
The guest speaker this month was Gordon Trill, one of our own members, who spoke about his amazing journey photographing for the recently published book "The Victoria Cross, Australia Remembers" by Michael C. Madden.

Our monthly competition was judged by Brien Cohn, a very experienced photographer and judge. Brien is a member of Geelong Camera Club and is also president of Vigex, an international photography salon from Geelong. We were very fortunate to have Brien judge our competition where all members in attendance appreciated his critique. Our monthly photographic outing was to the unique Roraima Nursery in Lara.



Lynne Bryant - President

Bellarine Camera Club meets at SpringDale Neighbourhood Centre, Drysdale, at 7:30pm on the first and third Monday of the month. For further details call in to a meeting, or go to our website www.bellarinecameraclub.org.au



All at Drysdale Uniting Church are busy preparing for our upcoming

Drysdale Uniting Church

Mainly Home-made Fete

Sat. 13 Oct. 8.30am - 1pm

We have many talented gardeners who are busy planting seeds ready for our special day.

One team is having a sponge challenge and currently trialling different sponge recipes to produce their best for Oct. 13. They even put the call out for sponge tins earlier this year to any of our church family members who were not using theirs.

Our BBQ and Devonshire Teas are always sought after on the day.

The craft stall always has beautifully made gifts perfect for an early Christmas stash.

Mark the date in your calendar.





Annual Photographic Exhibition 2018

Saturday 13th & Sunday 14th October
10am - 4pm



Bellarine Camera Club

SpringDale Neighbourhood Centre, 17 High Street, Drysdale

- Meet the photographers -
- Some images available for purchase (cash sales only) -

Entry \$2 (Children under 12 free)



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WELCOME

TO OUR OCTOBER UPDATE

Hello fellow travellers!

Ahh Spring... it's in our top 4 favourite seasons and it has finally arrived, which means it's also the time of year for our Early Bird Specials too!

Helloworld Travel Drysdale is a FULL SERVICE AGENCY, where flights are just the beginning! We believe in creating and advising you on your entire holiday experience – from a home to airport transfer, a dinner reservation for that special occasion, which hotel is in the right location and has English speaking staff at reception, through to organising your visa requirements, insurance, spending money and even your suitcase lock if you like!

And, of course we can organise all of your flights, accommodation, cruises, tours, car hire... anything to do with travel and travelling, we can help!

Our difference is we care, and we want to make your holiday run as seamlessly as we can. However, if for any reason something goes astray, we are still there with you, with our 24 hour emergency assistance line which comes directly to us... not a call centre that has no idea who you are!

Our knowledge of travel products and destinations ensure you receive the right advice from someone who will find the best solutions for you.

We live and breathe our philosophy "without a Travel Agent, you're on your own."

If we haven't had the pleasure in meeting you, feel free to read some of our reviews on our Facebook page: www.facebook.com/helloworlddrysdale or pop in to speak with one of our team about your next holiday adventure... we would love to be part of your holiday plans!

Sonja and the Team

EUROPE AIRFARES

Earlybird savings on Europe airfares have now arrived with excellent savings on all cabin types.

Be quick and secure some of the best airfare deals for travel in 2019!

● GLOBE TROTTING Alison Windsor: Mekong River Cruise

My trip started in Saigon where we had a walking tour through the heart of Saigon's historic landmarks. We also visited the Cu Chi Tunnels. It was interesting learning about how the tunnels were used in the war and going inside them was an experience!

We then flew to Phnom Penh in Cambodia where we boarded our Insider Journeys Mekong river cruise for the next 4 nights back down to Saigon.

We travelled on the Jayavarman – a beautiful, traditionally designed ship. The service on board was outstanding and the dining options were delicious. I loved the BBQ dinner on the sundeck on the first night and the degustation style set menu dinner on the last night. After dinner we enjoyed sitting on the open, airy lounge deck, sipping cocktails and watching Cambodian life go by on the banks of the Mekong.

Local markets, villages, temples and floating markets were common sights along the way. A highlight for me was the excursion into Chau Doc on local vehicles called 'Xe Loi' to visit a local market. I enjoyed the visit to My An Hung village where we

visited a local family house. Here we got to listen to local musicians and watched a dance performance by the local children of the village. We also got to visit a local floating market by boat. It was great to catch a glimpse of how business trades on the Mekong!

I would highly recommend adding this cruise or the longer 7 night cruise starting in Siem Reap Cambodia to anyone planning a trip to Vietnam and Cambodia.



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Clifton Springs Garden Club

Saturday 27th October the Clifton Springs Garden Club is having a HUGE plant sale at the Uniting Church Hall Drysdale (car park side), 9-2pm. Usually we combine this with a flower show, this year we thought we would concentrate on just selling plants. Those of you who have been before know that we have a large variety of good quality plants for sale at very low cost.

The money raised will go towards the cost of running our Club as well as a donation to a worthy cause voted on by our members.

Our recent speaker was Jackie Lukacz from Transition Streets. Jackie explained to the meeting what Transition Streets represents and how they were trying to get neighbourhoods to band together to become more self-sufficient. How does this relate to gardening you might ask? Loving gardening usually means you love your environment and by banding together with your neighbours you can share your garden by giving away or swapping surplus vegetables, cuttings, or scraps for your neighbours compost or chooks as well as sharing water saving ideas etc. Gardeners love sharing their garden and their ideas – just ask them.

The Garden Club has only 2 more meetings before our Christmas Breakup. In October we have two members who are going to give us a presentation on their experience volunteering at the Geelong Botanical Gardens.

We meet on the 3rd Monday of each month at 7.30 pm, Uniting Church Hall Drysdale. Visitors are always made most welcome. If you would like further information on the Club please contact our Secretary Helen, on telephone 52571566 or email hma3152@gmail.com



Jacquie Lucas -
Transition Streets



Supporting Mental Health Month in October

The Bellarine Walk for Wellbeing will be held in Portarlington on Sunday October 7th bringing local communities together to launch 'Vic Mental Health Month' and to celebrate good health and wellbeing. The aim of this month is to encourage Victorians to take time to think about the importance of looking after our mental health.

In its fourth year participants in the Walk for Wellbeing are continuing to play their part in raising awareness and funds for mental health in our local communities. Entry is a donation. A new and ongoing funding initiative is to direct funds raised towards Mental Health First Aid Training for local community organisations and groups. With these skills developing in our local community organisations and groups we can be more proactive in our support for mental health and wellbeing in our community.

The walk itself is 3 kilometres along the beautiful foreshore trail in Portarlington. Time to complete the walk at a leisurely walking pace is about 40 to 60 minutes. If you prefer you can power walk, jog, skate, walk with your dog on lead, pole walk, or travel by scooter. Please assemble on the foreshore Pier Street West for an 11 am walk start time. Come along and enjoy the sounds of the Portarlington Harmonica Band and Fred Wachtel of the Retrofitters as you mingle talking with friends and family at the start line. Organisers are delighted that Councillor Jim Mason will be opening this year's Walk for Wellbeing. If you are not up to the walk this year please come along and soak up the local entertainment and cheer the walkers on. Green is our signature colour representing balance, growth and the importance of renewal in our busy lives. You will receive a green wrist band, ribbon or scarf and if you can wear something green that would be great.

We hope to see you on Sunday October 7th Portarlington Foreshore. If you or someone you know is experiencing mental health concerns please talk about it with someone that you trust. Professional support is available through speaking with your doctor a professional counsellor or services such as beyond blue 1300224636.

For event enquiries please contact the event coordinator Julie Elterman on 5259 3138.

Julie Elterman - Event Coordinator 5259 3138





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ON THE ROAD

Pedestrian Priority



with
Norm Cheale

In my introduction at the commencement of these articles I mentioned I was new to the Bellarine. A benefit of where I now live is being able to walk to most of the facilities I need. However, this has highlighted to me that many motorists are unfamiliar with the requirement to give way to pedestrians.

The 'Road to Solo Driving' identifies a number of scenarios that motorists should be aware of.

Pedestrians are legitimate but vulnerable road users. According to Vic Roads, if struck by a car doing as little as 40 km/h, they are unlikely to survive. For this reason, it is essential that motorists be on the lookout for people, especially around schools and shopping centres. Black on yellow signs identify areas where special care is needed.

So who is a pedestrian?

Pedestrians include people on foot or on wheeled devices such as skateboards, rollerblades, wheelchairs and mobility devices. A person pushing a bicycle is also considered to be a pedestrian.

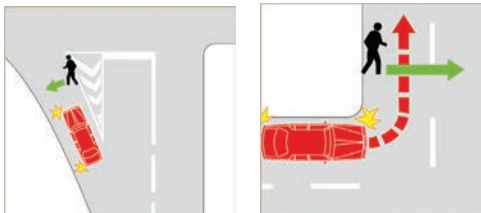


Extracts from 'Road to Solo Driving' reproduced with the permission of the Roads Corporation trading as VicRoads.

So what are some of the rules?

- The most obvious is that vehicles must give way to pedestrians at pedestrian crossings. Look out for people who move suddenly onto a crossing or who turn back without warning.
- Less well known is that turning vehicles, whether turning left or right, must give way to pedestrians who are crossing the road the vehicle is turning into.
- Similarly, you must give way to pedestrians crossing a slip lane.
- At a STOP or GIVE WAY sign, you must give way to all other road users, including pedestrians.
- When entering or leaving a road, performing a U-turn or passing tram stops you must also give way to pedestrians.

As a motorist, please give thought to pedestrians and be sure to give way, even when they may be doing the wrong thing.



Springdale Trivia 17th Edition by Drysdale Girl Guides

1. Which musical band hold the number one and number three positions on the list of top selling albums in history?
2. On what Date does Halloween fall?
3. Which two colours represent Slytherin house in the Harry Potter books and films?
4. Which central European country is completely landlocked, surrounded by Austria, Croatia, Romania, Serbia, Slovakia, Slovenia and Ukraine?
5. Which tennis player won the women's title at this year's Australian Open?
6. The eleventh of November 2018 marks the 100th anniversary of what?
7. Which AFL team has played in the most Grand Finals?
8. Ne is the chemical symbol for which element?
9. Who is Australia's 30th Prime Minister?
10. What four colours are the cards in a game of Uno (excluding wilds)?

Turn
to page 21
to find the
answers.

Drysdale Guides Meet on Thursdays during the school term 6:30 to 8:00. If you are interested or have any questions please contact Anne Brackley on 0407 529 205

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Popular local choir's concert will launch Christmas CD

Our local community choir Coryule Chorus will release their 2nd CD at a Seniors event concert on Thursday October 25th at 2pm at St James church hall Drysdale.

This CD features both well-known and some new Christmas songs and includes some cheerful Australian carols written by William James. The CD was recorded at the beautiful auditorium at Christian College Drysdale earlier in the year, by sound engineer Adam Casey son of one of the Choristers.

The Bellarine night sky is reflected in the artwork done for the CD by local artist and

choir member Annette Playsteed. The CD features Elaine Holman on keyboard with Bernice Norman on flute. The Musical Director, Joy Porter is excited to bring this CD to the local community. The launch Concert will feature some well-known show tunes as well as a taster of the music on the CD. The CD will make a wonderful Christmas gift and will be available for purchase at the concert for \$15.

Don't miss this opportunity to hear this popular choir and take their music home with you for Christmas as well.



ONLINE-BOOKING SYSTEM

At SpringDale we now have an online-booking system for our courses and events.... Please look for the right-hand side panel on our website's homepage, titled "(New) Online Course & Event Booking!".... scroll down the panel to find the course/event you're wish to attend, and click on the "Book Now" button below the description and details of the course/event to pay for the course online."

Alternatively you can also look through our "Courses and Opportunities" website at this address:

<http://courses.springdale.org.au/> - to make an online booking.

(NEW) ONLINE COURSE & EVENT BOOKING!

Yoga - Monday
15 October 2018 9:15 AM
SpringDale Neighbourhood Centre
17-21 High Street, Drysdale VIC 3222
For fitness, stress relief and clarity of mind. New students are warmly welcomed.
Tutor: Glenda Breedveld Level: Beginner Materials: Bring your own mat and blanket if required
Venue: SpringDale Hall
Dates/times: Mon 15 Oct - Mon 10 Dec 9:15am - 10:45am
Excluding Mon 19-20 Nov (9 sessions) Fee: \$150 or Concession \$140 (or \$20 per single session)
[Book Now](#)

PERSONAL FUNERAL PLANNING GUIDE

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Victorian Seniors Festival
October 2018

Film and discussion about awareness, inclusion, support for the older LGBTIQ Community.



Cloudburst

Olympia Dukakis and Brenda Fricker play a lesbian couple who set out on a road trip to Canada to get married after Fricker's granddaughter puts her in a nursing home. Along the way, they pick up a hitchhiker.

"An epic tale of love and living life to the fullest, with a rare focus on the elderly queer community."

Ro Allen

Commissioner for Gender and Sexuality will lead a discussion about inclusion, awareness and the challenges for the older LGBTIQ community.



Thursday 18 October 1.00 to 4.00 pm
Uniting Church Hall, 83 Hesse Street, Queenscliff.
Cost: \$5.00
Booking: www.unitingqueenscliff.org.au

Victorian Seniors Festival

www.unitingqueenscliff.org.au
multicultural equality cooperation

Borough of Queenscliff
Queenscliff & Port Lonsdale, Victoria, Australia

Thursday 18 October from 1.00 to 4.00 pm

We are hosting a film and discussion about Awareness, Inclusion, Support for the older LGBTIQ Community.

The film screening is Cloudburst with Olympia Dukakis and Brenda Fricker playing a lesbian couple who set out on a road trip to Canada to get married after Fricker's granddaughter puts her in a nursing home. Along the way, they pick up a hitchhiker. "An epic tale of love and living life to the fullest, with a rare focus on the elderly queer community."

The film will be followed by a discussion about inclusion, awareness and the challenges for the older LGBTIQ community lead by Ro Allen, Commissioner for Gender and Sexuality.

At the Uniting Church Crn Hesse and Stokes Streets, Queenscliff.

Donation of \$5.00 appreciated

Information at www.unitingqueenscliff.org.au

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#headspaceday is about ensuring young people across the country have access to youth friendly, mental health services, no matter where you live.

headspace Geelong has 3 service locations for anyone 12-25 where you can come and talk to staff when you are going through a tough time. All 3 service locations have full disability access with close public transport access and there is one at Drysdale - **headspace Drysdale** - part of the **Bellarine Community Health Youth Mental Health program**:

Drysdale (Peninsula Drive) - near Bellarine Secondary and the Potato Shed - call 5253 0400.

There is also **ehespace** - **Online and Phone Counselling**

If you don't feel ready to visit a centre, **ehespace** provides confidential online and a telephone support service seven days a week between 9:00am and 1:00am. 1800 650 890

To access **ehespace** for the first time, you will need to register on their website or via the phone line. [Visit the ehespace website to find out more.](#)

You will need to provide some information like your email address, postcode and age. **ehespace** sessions are generally for 30-60 minutes. If you are receiving support from a **headspace** centre or another service, we may ask your permission to speak with your worker to ensure **ehespace** is providing the best support.

ehespace also holds monthly online information sessions where you can join group chats to talk about different things like sleep issues, self-harm, helping out a friend and more.

Other numbers:

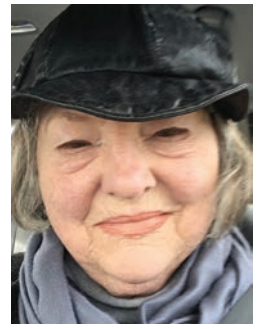
- Barwon Health Mental Health and Drug and Alcohol Services: 1300 094 187
- Lifeline: 13 11 14
- Kids Helpline: 1800 551 800
- Mensline: 1300 789 978
- Suicide call back service: 1300 659 467
- ehespace 1800 650 890 (9 am - 1 am 7 days)

Also at THISWAYUP.org.au there is a free course for those with constant stress. It is online and is self-paced though there is a 5-day lockout between lessons. It is also **free**. You receive automatic emails and reminders about new lessons, and it is suggested to put aside time to complete the lessons to get the most out of it.

The course uses on-line questionnaires, a comic-based style format, and you can even print out summaries. Go to thiswayup.org.au to find out more.



Nan Bodsworth My Life and Work



I grew up near Swan Hill, on a farm beside the Murray River. When I was 16, my father bought the family farm at Wallington, and we moved to the Bellarine Peninsula.

I went to art school in Melbourne and taught art, crafts and design to secondary and tertiary students, but after having children, I always worked half time: as a medical artist and fashion designer in PNG; and teaching design to fashion students at the Gordon. We have lived in Curlewis for 48 years.

My father's family, the Bails, have strong artistic abilities and a need to make and grow things. I spent my young life reading widely, drawing and day-dreaming. When I started writing for children, all my interests came together.

The inspiration for my stories comes mainly from exaggerated family incidents. In my books reality and fantasy play together as they do in the child's imagination.

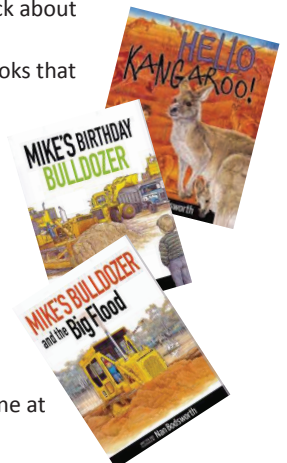
I always test my texts in local schools and this helps me sort out what has real meaning for children. I passionately care about children's literacy, and have worked closely with local children, refining my stories with their help, and using them as models for the people in the illustrations.

My picture books come from the heart and are as good as I can make them. Children love the detailed illustrations; at least 2 years work for each book. All 5 of them have been published by Penguin for many years. I've had wonderful reviews and feedback about them; both here and overseas.

There have been a lot of requests for the 3 books that have recently gone out of print so we decided to have them professionally re-scanned, re-designed and reprinted in Australia. Mike's Birthday Bulldozer, Mike's Bulldozer and the Big Flood and Hello Kangaroo! have been republished by Wattle Bay Books.

The happy association I've had Springdale Neighbourhood Centre for years, means that I'm delighted that my books will be available there for \$15.00 each, with \$2.00 from each sale going to Springdale Occasional Care. They can also be bought online at wattlebaybooks.com at \$20.00 each.

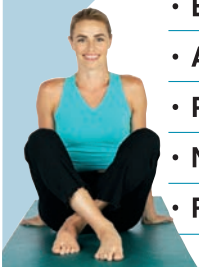
Nan Bodsworth



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Spring is in the air and so are the herbs - all planted and ready to give right through summer. Pick regularly from the garden and herbs will keep giving. Parsley (flat or curly) enhances flavour and is good for your health.

Get some growing!

FRESH HERB MIX

- 10 sprigs of garlic chives, chopped (or fresh 4 garlic cloves)
- 2 spring onions, chopped
- 2 cups fresh chopped parsley (other fresh herbs)
- 1 teaspoon salt

- 1 teaspoon pepper
- 1 lemon Zest & Juice
- 1 cup extra virgin olive oil
- ¼ cup balsamic vinegar

- Blend all ingredients together and store in a jar in the fridge.
- Make sure the oil covers all ingredients.

Use a tablespoon when frying or baking fish instead of oil.

Mix through boiled potatoes or pasta for a ready-made salad.

Stir fry chicken strips with a tablespoon of the Herb Mix.

Add 1 tablespoon of the Herb Mix with 3 tablespoons of natural yoghurt to blend with avocado.

Use this as a spread or a dip with tuna.

Get the kids to make breakfast - just add a dollop in the eggs for Green Eggs etc...

Remove the pips from black or green olives. Add a tablespoon of the Herb Mix and blend to make a smooth tapenade. For a creamy dip just add natural yoghurt and blend gently.

Enjoy! Agata

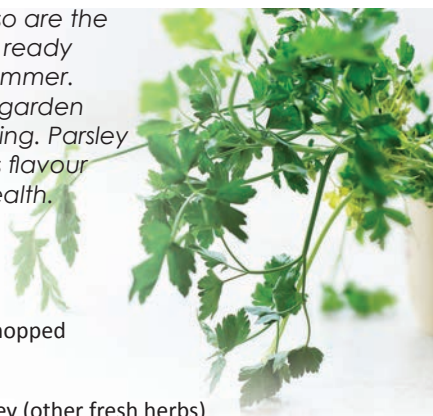


Photo by Pintando La Luz on Unsplash

Burial perpetuity and memorialising cremated remains

My uncle drowned a couple of years before I was born, and as I was the next grandchild to be born and as my parents were building a small business, I spent many hours with my grandparents and often went to the cemetery with them. Consequently, I have always felt comfortable in the cemetery and always wondered if I could possibly be listed as a Trust Member one day. In 2016, I applied for, and was accepted as a Geelong Cemeteries Trust Board Member, which is responsible for twenty cemeteries within the Greater Geelong, Queenscliff, Surf Coast, Colac Otway and Gisborne Regions.

One of the first topics to get my head around was the length of tenure of a burial site and of memorialisation of cremated remains. I had heard things from other people and wondered whether my understanding was correct.

I was pleased to discover that the Cemeteries and Crematoria Act of 2003 stipulates that burials in Victoria are in perpetuity, or forever and cemeteries are maintained in perpetuity and if the cemetery is full, the Trust operating a cemetery must provide for its maintenance into the future. It is different when memorialising cremated remains as one can elect to be memorialised for a 25 year tenure or in perpetuity. If the expired cremation position has not been repurchased after this term, then the cemetery is able to disestablish the position and make it available for reuse.

Other States have different rules, with Western Australia, South Australia and New South Wales all having limited tenure on burials, from 25 years to 99 years, which causes lots of discussion at conferences.

Hoping to share information with you that has interested me along my learning journey as a Trust Member – looking forward to your feedback via this newsletter.

Regards **Anne Brackley** OAM

Trust Member - Geelong Cemeteries Trust.



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TRANSITION STREETS AT SPRINGDALE

Changing car habits

The average Australian car is driven 12,881 kilometres a year, meaning Australians in their combined 13 million vehicles drive a combined 167 billion kilometres annually - the equivalent of driving to Pluto and back 20 times a year. Most of us know about the benefits of reducing car travel as a society, so why are we so attached to our cars? And how do we change such entrenched habits? At times a car is the only obvious choice. Lack of public transport, poor mobility or the need to carry children or goods pose problems that seem insurmountable. And if it's too hot, too cold, too rainy or too windy, for most of us, the car will be our first choice. There may be, however, many times we use a car when we really have an alternative. (How many people drive to a gym so they can get some exercise?) Many studies have shown that up to half of all car trips are less than 2km in distance. The car gives us flexibility, speed, privacy and comfort, all of which are highly desirable. When we are asked to give up our car for the sake of such things as reducing pollution and infrastructure costs, we are being asked put our self-interest aside for the good of the whole community.

This can be quite challenging.

But what if each of us could just make a few small changes, such as having one day a week when we don't use the car at all, or finding someone who also commutes to Geelong for work on the same day and time as us and car pool, saving on fuel, cars on the road and parking issues.

Did you know that a company called CarHood offers free airport parking in return for the owner offering their car to be hired out. Even if no one rents it, you still get free parking!!

It's time for all of us to start making small differences to the way we travel and collectively we can change the world we live in. What change are you willing to make?

If you are interested in car pooling to Geelong, please contact me to help match you with someone, or come along any Wednesday 1-3pm at SpringDale Community Centre.

Jackie 0417 367 394

(Excerpts taken from Transition Streets manual)



Drysdale Clifton Springs Curlewis Association

DCSCA's community information night on Cyberbullying. The speaker Robert Noggler (Leading Senior Constable) Youth Resource Officer, was an excellent speaker and passionate about protecting our children.

Firstly Robert provided insights that predators go to produce fake profiles. GPS tracking on mobile devices can track and pinpoint exact locations at any time. Some recommendations were:

1. Keep the computer in a neutral place at home to decrease a predator's first objective, to isolate and begin grooming.
 2. Discuss with your child about never, ever meeting a person they don't already know.
 3. Stress the dangers of giving out personal information.
 4. Ask them to share new online "friends."
 5. Only add people to their friends list if met in person.
 2. Cyberbullying - is anonymous, reaching a wide audience quickly with material hard to remove. Thus cyberbullying can be more hurtful and dangerous. "The Internet is the new playground and there are no off-hours."
- Look out for:

1. Socialising less
2. Reducing time online or being jumpy when getting text or emails
3. Avoiding school, dropping out of sports and other activities
4. Losing self-esteem or confidence
5. Feeling anxious, sad, embarrassed, angry or physically sick
6. Changing moods, behaviour, self-harm and suicidal thoughts

Robert stressed "open dialogue with your children so that they are not afraid to share their fears with you".

3. Online gaming. "Fortnite", or "Grand Theft Auto" type games are popular with age appropriate guidelines. Robert stressed being familiar with the games. Internet predators

can access victims or cyberbullying occur as messaging, chat and IM features can happen if someone has the game ID or screen name. They will "pop up on the screen and you can chat just like you do on a computer." Chad Gallagher, Child Exploitation Squad. From here your child can go to another platform where private conversations can happen.

Your child may be in contact with a predator if they:

1. Become secretive and or obsessive about being online
2. Gets angry if they can't go online
3. Receives or calls people you don't know
4. Receives gifts, mail, or packages from someone you do not know
5. Changes screens or turns off computer when interrupted
6. Begins downloading pornography online
4. Sexting. Under Commonwealth law, it is illegal to use your phone or internet to look at, send or encourage other people to send sexual images of anyone under 18 or looks under 18. (This law is mainly to catch pedophiles.) Sometimes teenagers may see sexting as a bit of harmless fun however:
 1. Sending or receiving a sexy image of someone under 18 is illegal - even if it's of yourself
 2. A sext may be out of your control once sent. Relationships change, the phone can be stolen or hacked.

You can report incidents by making a complaint to the Office of the eSafety Commissioner. The website has the details.

eSafety website <https://internetsafety101.org>

Mercedes Drummond

DCSCA AGM is Monday 22 October 7pm

Guest Speaker Geelong Cemetery Trust will present about cemeteries of the Bellarine. Drain works planned for the Drysdale site, development of the Marcus Hill Cemetery, the award winning Queenscliff cemetery at Point Lonsdale and interesting burials at Portarlington - there should be something for everyone. All Welcome.



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Memories of Yesteryear

by the Older Generation of the Bellarine

The Whitcombe Walk - continued Robert Austin Whitcombe (Bob)

My father Robert Austin Whitcombe, was the last born of eleven children, of Samuel & Mary Whitcombe of Whitcombes Road, Drysdale. Victoria.

When he was about 7, Bob spent some months in the Geelong Hospital with Hip Disease, what is now known as Poliomyelitis. He recovered, but like many others was to be afflicted with serious problems later in life.

He attended the Drysdale State School to the 8th Grade. He had the ability and his parents wanted him to become a teacher, no doubt thinking a scholastic life would suit his physique better, rather than a life of physical exertion in the orchard & farm.

However, Bob had other ideas - to join his brother Jack, seven years older and already established as a share farmer of onions and peas. They worked together for years as share farmers, whilst also helping at home. They also bought paddocks of peas from local

farmers. Through the season they kept a large team of pickers going. From my experience I would have thought it a rather high-risk, considering the way prices fluctuate at the markets. Stan Nash was their agent at the Victoria Market in Melbourne. Father told us that before Stan Nash established as an agent, they had to actually fight a gang of standover men for the right to sell their produce there.

After the onion harvest at Drysdale, they would go to Colac to help relations there. All this activity meant they were able to buy a block of land further up the hill from their father's orchard, and was on the edge of the black onion growing soil.





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Find out more about us



The Rotary Club of Drysdale has been in our community for 43 years. The club has been very busy meeting the needs of many charities and groups both here and internationally with projects and donations. The rotunda at the Village Green was built by members of our club.

Have you heard about us and don't know what we actually do? Then you have an opportunity to see that we are not all about sausage sizzles, although they are always welcome at any event.

Saturday October 6th as part of Seniors Week we will be at Drysdale Village Green from 10am to 2pm with displays of the various things that Rotary International does.

There will be a sausage sizzle (of course), jumping castle, entertainment, music, representatives from projects we support and Rotary members on board to chat to about joining this amazing organization. Your possibility of giving something back to the neighbourhood could be considered.

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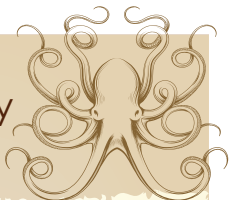
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International Octopus Day Mon 8 Oct



Why Octopus Day? Some might say why not? Well someone thought they were such cool creatures that they deserved a day! I guess having been around for over 300 million years counts for something, and long before even the ancient T.Rex.

We know they have 8 arms, with thousands of suckers on them, but did you know that they have 3 hearts, and are cold-adapted blue blood creatures?

But researchers still don't know how to really estimate their age, as there are a variety of species, thus growing at various rates perhaps according to their environment. Researchers believe they have relatively short life spans, but don't say according to what, and they breed thousands of offspring. They inhabit every ocean and major sea, live in the extreme worlds around deep hydrothermal vents, and come in many colours and sizes.

Unfortunately not all countries have harvesting restrictions, such as minimum weight, ensuring ongoing generations survive. So let's give a thought to these amazing creatures if for nothing else, than for surviving 300 million years.

Senior's Long Wait to Get the Pension

In the July Edition of *The Senior News*, there was an article about the very long wait times to get the Aged Pension approved, and presumably begin regular payments. It warned to have money in the bank to see you through the sometimes extensive wait time of up to the "weeks or months it might take for the payment to begin."

What the article didn't explain, is that on the MyGov site, if you are already receiving a pension the 'official' time to apply is 9 weeks prior to your moving to the Aged Pension. However, if you are not in receipt of a government pension, be it Newstart or another, then the wait time is considered to be 13 weeks.

That is, from the date that you turn 65 and a half, backtrack to that date and then apply. You will of course need to create a MyGov Account, and the reason for the difference in wait time, seems partly or completely due to those on Newstart having filled in the form (where they wanted to know what you had for breakfast) when they first applied.

When I enquired some months ago, when visiting a 'real person' at Centrelink, he told me that if I applied at the time I turned 65 and a half, I would have a long wait, but that when it was approved, the money would be backdated. I was left wandering, "well what if I didn't know this, and had no money to see me through?"

Ironically at the time of writing this, the Department of Human Services along with Centrelink, have advertised two seminars regarding all these questions and more it would seem, for Seniors Month.

Aged Pension Seminars

The first presentation

When: 2 October, 6-8pm

Where: Australia Post Small Business Hive, 108 Gheringhap St, Geelong

Cost: Free Wheelchair accessible

Phone: 136 357 or email fis.seminars@humanservices.gov.au

The second presentation

When: 3 October 9am – 12noon

Where: Council Chambers City Hall, Gheringhap St. Geelong

Cost: Free Wheelchair accessible

Phone: 136 357 or email fis.seminars@humanservices.gov.au

The seminars will cover the income and assets tests, how your pension rate is calculated, different types of concession cards and recent changes. Your cover choices at age pension age, qualification and claiming process, and retirement planning. With plenty of question time and a delicious morning tea at the second one. All you need do is book in.

Trivia Answers

- | | |
|--|---|
| 1. The Eagles, for 'Their Greatest Hits 1971-1975' (38 Million Copies) and 'Hotel California' (26 Million copies sold) | 6. The end of World War 1 hostilities between the Allies and Germany. |
| 2. 31st of October | 7. Collingwood (43 times, as of 29/8/18) |
| 3. Green and Silver | 8. Neon |
| 4. Hungary | 9. Scott Morrison |
| 5. Caroline Wozniacki | 10. Red, Blue, Yellow and Green. |



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The Winged Horse is Flying High



The Winged Horse Equine Welfare Inc, to give this organisation its full name, is located on the outskirts of Portarlington, and is gaining an excellent reputation for its welfare practices. It will be holding its next Open Day on Saturday 3th November and this is a wonderful opportunity to meet some of the previously neglected animals who are being cared for and brought back to better health. The property is on 80 acres and has a team of around 25 volunteers who help feed and look after the 60+ horses and a variety of farm animals, including sheep, goats, pigs, alpacas, ex-battery hens, ducks and even a peacock. It's a fascinating experience for children, and adults too. There will be talks and guided tours... learn how many of the 'residents' have their animal friends and how comforting this is for them, helping them to build up their confidence and learn to trust humans again.

Donations of carrots and apples for the horses will be very welcome, but there will be no opportunity to feed the animals during the day as many are on carefully controlled diets. After much TLC and schooling, a horse can become available for adoption, which is essential so resources are available for the care of new arrivals. Winged Horse is a registered charity and tax deductible donations are available and very welcome! There will be an opportunity for people to register their interest in volunteering on the day too – so come and learn more and see how you might be able to support this wonderful establishment.

The Centre is located on the Portarlington/Queenscliff Road, junction of Church Road, and on the day, Saturday 3rd November, access will be from Church Road – look for the balloons and signs to the Car Park. Entry by Gold Coin Donation and opening hours are 10am – 4.30pm.

SPORT



PLAY BOWLS AT CLIFTON SPRINGS BOWLING CLUB

Have you been wanting to give bowls a try or want to know more about the game?

Clifton Springs Bowling Club is inviting members of the local community to come and have a go at bowls in October.

Where: 39 Springs Street,
Clifton Springs
(opposite Golf Club)

When: Sundays 7th, 14th and 21st

What time: 3pm to 5pm

We are encouraging people from any age group and all levels of ability to come along and give bowls a try in a friendly and social environment.

You only need to bring yourself, friends and/or family along to give it a go.

Flat soled shoes preferred or bare feet.

No need to book in and it's free!

See you on the greens!

E: cliftonspringsbowls@commander.net.au

Come & Try CROQUET

Thursday 18th October
9.30 am to 11.30 am

OR

Saturday 27th October
1.30 pm to 3.30 pm

As part of Seniors Month in October, Drysdale Croquet will be offering seniors the opportunity to try croquet. On either of the above dates you are invited to join us at the club in Clifton Springs Road, Drysdale for a session of croquet. We supply everything that you need (please wear flat soled shoes) and our members will teach you how to play.

A sumptuous morning or afternoon tea will be served.

We look forward to seeing you.

Numbers are limited, so that we may give you our undivided attention -

Please book for either day (not both) with Hilary on 0419 672 075

Proudly supported by Geelong Seniors Festival grant funding



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Drysdale SC was proud to host the final GenU All Abilities Gala Day at our new ground, the Drysdale Sports Precinct in early September. The GenU All Abilities Soccer League caters for people of all ages with a physical or intellectual disability for both males and females. The league in its inaugural season was a resounding success and has been described as one of the most significant achievements of the year in the Geelong football scene.

The league which had support from local organisations GenU, TAC, Leisure Networks and FFV had six local clubs participate with Drysdale SC, Surfside, Lara, Geelong Rangers, Bell Park and Barwon taking part in a 6 round competition with the final round Gala Day hosted in Drysdale. GenU CEO Mike McKinstry and FFV Club Ambassador Foddy Kyprian were on hand for the formal presentations. "It has been more than two years in the making but we finally managed to get it off the ground

this year after all the puzzle pieces fell into place. This year has been a huge success and next year will become even bigger and better," Kyprian said. Drysdale SC was proud to be involved in the competition in its first year and will strive to help the league consolidate into a permanent fixture in the local Geelong league. The finals are fast approaching and five Drysdale SC teams will be participating in finals, with the Division 1 Women's team securing their finals place in a thrilling last round of football. The Masters (men's over 35's), U12 girls, U12 boys and U13 boys teams also secured finals places after performing sensationally this year.

The club thanks all its members, supporters and sponsors for a fantastic 2018 and welcomes any new players to get on down in early 2019 for a kick during pre-season. Further details available through clubs facebook page and www.drysdallesc.com



Entries open for Lions Charity Golf Day



Junior sporting teams across the north Bellarine will benefit from this year's Lions Charity Golf Day to be held at Portarlington Golf Club on Friday 26 October.

Entries are now open for the annual event, which has become a popular fixture on the local golfing scene, raising tens of thousands of dollars for local charities and organisations over the years.

The four-ball Ambrose event hits off with a shotgun start at 8.00am. The cost of \$200 per team (four players) covers the entry fee, breakfast, raffle tickets and lunch.

In addition to a \$5,000 hole-in-one chance, prizes will be awarded for: Open Net, Ladies Net, Longest Drive, Nearest-the-Pin and Happiest Team. There also will be a betting hole.

Sponsorship packages offering brand exposure around the course are still available.

For team entry forms contact Tim Walsh on 0414 329 610.

For sponsorship enquiries, please contact Geoff Webster on 0490 466 893.

CELEBRATING ST FRANCIS DAY

(the patron saint of animals and the environment)

& The Service of the Blessing of Pets and their caregivers

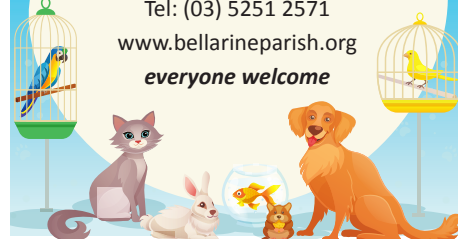
7th October - 10.30 am

St James Anglican Church
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www.bellarineparish.org

everyone welcome



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