

Saturday 3 August - Science morning at SpringDale 9am - 12noon



So many of our activities on a first Saturday of each month at SpringDale have a science basis. Please come along on Saturday 3 August and see science in practical use. If you would like to volunteer to help on this day please give me a call on 5253 1960. Feel free to book in to attend by calling SpringDale office 5253 1960 or just turn up.

Anne Brackley B.Sc. (Phys) Grad Dip Comp.

national science week 2019

BELLARINE VINTAGE MACHINERY 7TH OF SEPTEMBER



The Bellarine Vintage Machinery Group are again running their annual FATHERS DAY vintage machinery display at the Bellarine Railways Drysdale station turntable paddock on the 1st of September. This being the 7th year the event has run, and it has becoming a regular fixture for people interested to see how it was in "grandad's day". As the event has run over the years, we now have regular exhibitors coming from Melbourne and Colac to show their "pride and joy". The event organizers have always made an effort to have operating demonstrations at the event, and this year will be no different. Bellarine railways 1915 WAGR rail mounted steam crane will be in attendance doing demonstration lifts, and Graeme Brown will again have the saw bench in full operation, being powered by one of his steam engines. But also will be our working blacksmith and the great "drag saw drag" now a regular event. The event will again have on show a range of stationary engine, old tools and a fine selection of vintage and veteran cars. The Bellarine railway will also be doing short trips from Drysdale station, and again this year the event would not have been able to run without the support of the members and committee of THE BELLARINE RAILWAY.

Fathers Day Vintage Machinery Display will be open to the public from 9.00am to 3.00pm at a cost of \$5.00 per person or \$10.00 per family.

For any further information you can contact Andrew on 0407843143 or Bob on 0438593292.



Community CALENDAR

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community.
If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

COPY DEADLINE SEPTEMBER 2019 • Bookings/copy required by 1 August • Dist: Sat 31 August • Circ: up to 20,000

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am - 5pm and by appointment.

AUGUST

Thursday	1	Jigsaw Group 10 - 12noon at SpringDale
Thur-Sat	1-31	Science Month
Saturday	3	Harvest Basket Produce Swap 9 - 10.30am at SpringDale
Saturday	3	Science morning at SpringDale 9am - 12noon
Saturday	3	Felting Group 10am - 3pm at SpringDale
Sun-Sat	4-10	Homelessness Week
Monday	5	Kinship Carers 10am - 1pm at SpringDale
Mon-Sun	5-11	Dental Health Week
Tuesday	6	Morning Showtime - Pl@n B - 10.30am - The Potato Shed
Tuesday	6	Friendly Cuppa and Chat group 10.30 - 11.30am at SpringDale
Sat-Sun	10-18	National Science Week
Tuesday	13	Dining Group - 6.30pm Chang Noi's Thai Restaurant Ocean Grove
Wednesday	14	Days for Girls Sewing Group 9am - 3pm at SpringDale
Friday	16	The Hunter, The Hunted 8pm - The Potato Shed
Saturday	17	Vietnam Veterans Day (Long Tan Day)
Monday	19	Egyptian Cooking 10am at SpringDale
Wednesday	21	Lunch Bunch - Ocean Grove Bowling Club 12noon
Thur-Sat	22-24	The Witches - Bell Secondary College - 7.30pm - The Potato Shed
Friday	23	Daffodil Day - Cancer Council
Monday	26	Anne Drysdale's 227 Birthday High Tea 1.30pm at SpringDale
Thur-Fri	29-30	Annie Jr - Bellarine Jongleurs - 7.30pm - The Potato Shed
Saturday	31	Annie Jr - Bellarine Jongleurs - 2pm - The Potato Shed
Friday	30	Wear it Purple - supporting our LGBTI young people
Saturday	31	SpringDale Adult Learners Week

COPY DEADLINE
for October issue is
1 September as well
as the deadline for
the September issue
being 1 August

WEAR IT PURPLE

CNAV
COMMUNITY NEWSPAPER ASSOCIATION OF VICTORIA
the voice of the community
MEMBER 2019

The SpringDale Messenger is a locally produced publication.

This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria

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For all editorial enquiries: E: messenger@springdale.org.au W: www.springdale.org.au

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on The Peninsula.

All contributors are asked to provide their articles on disc, Microsoft Word document or email it for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:





Coordinator's News

Anne Brackley



Dear Friends and friends I am yet to meet.

My role continues to evolve as new people join SpringDale and new ideas are presented and are followed and I continue to learn as a person and as a Coordinator, Facilitator, Manager and Enabler. Hopefully you will find something to interest you at SpringDale and I continue to have my heart warmed every time I hear that someone has been prescribed a dose of SpringDale and I thank the doctors who are doing this.

SpringDale is turning thirty years old, which means SpringDale has been serving our community for 30 years and as our present to SpringDale, my son Stirling and I spent the last weekend clearing each room which has carpet and shampooing the carpet as completely as we could and we striped the lino in the Recreation Room of its polish. I couldn't think of a better present to give to SpringDale and in turn to our community. We even removed some very old stains from the front door area and although this doesn't seem exciting – I loved being able to achieve this result and learning new skills.

As part of our Disability Action Plan and to support our current members, volunteers and participants we applied for a grant to help adapt the front counter of the office and to update the toilet area. Unfortunately we were not successful in receiving the grant but City of Greater Geelong, as owners of the building, have invested budget into achieving this change. These changes will happen hopefully in September / October and so we will not formally celebrate our 30 years until this renovation has been achieved.

This is a preliminary notification of some changes which may be necessary to our services during this time of change. Once we have more specific times and strategies that will have to happen while the renovations take place, I will share it with you so you know what to expect when you come to SpringDale during this time.

Along with the renovation which we are trying to plan for, there are also many other changes happening in SpringDale with almost every management system changing because of requirements from many departments of government. To meet all these changes we are training more people in the office to be masterful of these systems. Please let us know how we are doing to help us meet your expectations.

Thank you to everyone who donates their time and energy to make SpringDale the place that it is. So many people devote thousands of hours a week to provide programs and services for our community. So many people devote this time and energy in a quiet unassuming way but each donation of time and energy makes such a difference to the way we are able to support and advocate for our community. Thank you to each and every one of these people.

Hope to see you at SpringDale soon – maybe for your first visit or maybe for your 100,000th visit.

Sincerely **Anne Brackley** OAM

for the SpringDale Team.

News@SpringDale

The SpringDale Neighbourhood Centre is continuing with the website makeover.

Recently we gave the messenger section a makeover.

Now online you can -

- **Book an Advertisement**
- **Review the advertising sizes**
- **Review the deadline for the next edition**
- **Lodge an article for inclusion in the messenger**
- **Read the latest review of the messenger online.**

Cheese Making Mozzarella

Saturday 3 August 10am - 4pm
\$100 all materials supplied just bring a container to take your cheese home in.

Egyptian Cooking

Monday 19 August 10am - 12 noon
\$40 – this is a hands on workshop not just a demonstration and so numbers are limited.

227th Birthday High Tea

Let's celebrate Anne Drysdale's 227th Birthday with a High Tea on Monday 26 August 1.30pm at SpringDale Neighbourhood Centre.

\$5 entry bookings essential.
(Volunteers needed). Ph 5253 1960

During our NAIDOC Week session at SpringDale, those present started our Reconciliation Action Plan. Hoping there might be other members of our community who might like to help us progress this plan. Please let me know if you are interested and we will schedule a meeting. Sincerely Anne Brackley ph 5253 1960.



Collective noun for this month is a Unkindness of Ravens.



GUITAR

— WORKSHOP —

9am till 12.30pm Saturday 10th August

Cost \$40

Tuition by Heath Joyce & Dave Rackham
Both qualified and experienced music teachers

The workshop will consist of two parts
Basic Blues - Flatpicking

Attendees will participate in one, swapping over to the other after morning tea. Suitable for those beyond beginner players, with knowledge of basic chord shapes. Please bring a music stand if you can.

Numbers will be limited

Phone SpringDale on 5253 1960 to book your place



Protect Yourself from Identity Theft

The issue of identity theft is one that can confront anyone of us at any time. That is, an unknown party illegally obtaining our personal identity details and using those details to access things such as bank accounts.

To minimise the risk of having personal details stolen each one of us can take some pretty easy steps in our day to day lives. These include:

- Putting a lock on your mailbox and destroying any documents containing personal information not required.
- Being very cautious about requests for your personal information over the phone, via the internet or in person.
- Regularly checking your bank and superannuation statements for any unknown or suspicious transactions and notifying your bank or fund organisation immediately.
- If you suspect your personal information has been stolen, act quickly to report it to police and notify the relevant organisation, such as your bank.

Although not completely eliminating any risk,

these simple steps can certainly help reduce that risk.

In addition, if you have already not done so, I would also encourage readers to have a look at the Bellarine bsafe Website. The site is the initiative of the Bellarine Community Safety Group and provides locals with up to date community safety and emergency services information. Simply google Bellarine bsafe.

State Government Solar Homes Program

The State Government is making more rebates available for households installing solar panels and solar hot water systems.

The Government is committed to renewable energy and the Solar Rebate Program for the year 2019/20 will support over 40,000 homes install solar panels and 6000 hot water systems. This builds on the 32,000 homes that have installed solar since the program begun in August 2018.

To apply for a rebate to install panel or a hot water system householders need to contact a qualified solar retailer to obtain a quote and the retailer will start the application process for you.

For more information or questions visit: solar.vic.gov.au

So as always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP - Member for Bellarine
lisa.neville@parliament.vic.gov.au
Twitter@Lisanevillemp Ph: 5250 1987

Thank you for supporting the Blank Canvas Art Show. Your artists donated beautiful works that helped raise \$2,600 to reforest the Bellarine. We donated \$1,000 to the Bellarine Catchment Network to plant trees along the Bellarine Rail Trail. \$1,600 is going to create an urban woodland at Lake Avenue Reserve, Ocean Grove, a grassed floodplain. Council is matching our money and preparing beds to be planted on National Tree Day, 10am Sunday 28 July. Ocean Grove Coast Care volunteers will do the planting. We hope to run the show again next year and really get behind tree planting in a bigger and better way.

Thanks again for your support. John Bowman





CREATORS & CRAFT MARKET
BANNOCKBURN

Sunday 25th August, 2019
From: 10.00am - 2.00pm
(Next to Lions Club Playground, 1 Geelong/Shelford Rd, Bannockburn)
PLEASE NOTE CHANGE OF LOCATION

THE WEEKEND BEFORE FATHERS DAY - PICK UP SOMETHING individual and NICE FOR DAD AT THE CRAFT MARKET!
Stall holder enquiries contact Noeline on:
0427 923 934 or ccbanno@bigpond.com

**Need a Will,
Power of Attorney
or Probate for a
loved one's estate?**

Come in for a *free* chat

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(old Post Office) Ph: 5251 3453**



The SpringDale Dining Group will celebrate 5 years of bringing our community together at our August Dinner. Hundreds of attendees have been to our events over the last 5 years and we have enjoyed many meals at restaurants that we have been introduced to. We look forward to the restaurants that we will visit over the next 5 years.



The SpringDale Lunch Bunch are going to Lunch Bunch Wednesday 21st Ocean Grove Bowling Club 12 noon. Please ring Margaret on 0418 370 857 to reserve your seat.



SpringDale Dining Club is going to the Chang Noi's Thai Restaurant 64Bb The Terrace Ocean Grove Tuesday 13th at 6.30pm. Please ring SpringDale on 5253 1960 to reserve your spot.

Advertising

Lisa Neville MP
Member for Bellarine

"For assistance with any issue, please call my electorate office"

T: 5250 1987 | E: lisa.neville@parliament.vic.gov.au

Authorised by Samuel Rae, Australian Labor Party, Victoria Branch, 438 Docklands Drive Docklands 3008



**"DELIVERING for
the BELLARINE"**

In August we have a little something for and from everyone !!!

Our first offering is the wonderful **PI@n B** band with their Rock and Roll show – as part of the Morning Showtime series - playing all the great hits from the 50's and the 60's that's at 10.30am on Tuesday August 6th.

We get a special visit from the creative folk at Company 13 who will present the very special **The Hunter The Hunted** - the performance is a beautiful blend of dark humour and a classic love story. It will have you cackling with laughter one moment and crying in the next. Just the one show on Friday the 16th of August at 8pm.

Bellarine Secondary College presents its 2019 Production, **The Witches** by Roald Dahl. The Witches tells the story of a brave young boy and his Norwegian grandmother as they battle against England's child-hating witches. Great show and family friendly playing for 3 nights August 22nd, 23rd and 24th at 7.30pm.

Seeing out the month we have the Bellarine Jongleurs with **Annie Jr.** - Based on the popular comic strip and adapted from the award-winning musical, with a beloved book and score, Annie JR. features everyone's favourite little redhead in her very first adventure. 3 performances on August 29th and 30th at 7.30pm and August 31st at 2pm.

Book for any of these productions ONLINE !!! All you need to do is visit our Website – www.geelongaustralia.com.au/potatoshed and select the show you wish then simply collect from the box office or go paperless and just use the tickets sent to your smart phone!

We are here to help so any questions please give the box office a call – Ph. 5251 1998 – Open 10am till 4pm Monday to Friday and 1 hour before any scheduled performance.

Please follow us on [www.Facebook.com/potatosheddrysdale](https://www.facebook.com/potatosheddrysdale) or [www.Instagram.com/potatosheddrysdale](https://www.instagram.com/potatosheddrysdale) - For special requests, group bookings accessible seating and other special needs please just ask a customer service officer or call the Potato Shed.

WIN Double Pass to



The Hunter The Hunted

8pm Friday 16th August

To enter fill out the coupon, send or deliver to:
SpringDale Neighbourhood Centre High St Drysdale

Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSES 4PM MONDAY 12 AUGUST



WHAT'S ON

POTATO SHED

CITY OF GREATER
GEE LONG

PI@n B



**TUESDAY 6
AUGUST
10.30AM**
Tickets \$17
Including
Morning Tea

MORNING SHOWTIME

THE HUNTER THE HUNTED



**FRIDAY
AUGUST 16
8PM**
**BOOK
EARLY!**
Theatre
Seating
Full \$40
Conc \$38
VIP \$35

THE WITCHES

Bellarine Secondary College



**THURSDAY 22 AUGUST
FRIDAY 23 AUGUST
SATURDAY 24 AUGUST
7.30PM**
Theatre Seating
Full \$16 Family \$50 Student \$14

ANNIE JR

Bellarine Jongleurs



**THURSDAY 29 AUGUST
FRIDAY 30 AUGUST
7.30PM
SATURDAY 31 AUGUST
2PM**

Theatre Seating
Full \$15 Family \$50

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OR BY CREDIT CARD ON 5251 1998
OR AT ANY CITY SERVICE CENTRE**



Shared Trails on the Bellarine

If ever there was an indication of the enthusiasm in our community for connecting our townships via shared trails, it was the jam-packed full-day forum in Ocean Grove in late June.

Organised by the community, driven by Noel Emselle, the forum explored the possibility of a shared trail between Ocean Grove and Point Lonsdale.

This "Lonny to Grove" connection has multiple considerations including highly sensitive flora and fauna, indigenous cultural heritage, a variety of land ownership and management authorities, coastal dunes, wetlands and both state and local roads.

When (not if) we get this one right, it will be a flagship for how to develop shared trails with complex considerations.

I say 'we' but I mean the community members because it was the 130-plus attendees who were stunning in their positivity, intelligence and respect for each other.

Much of the northern Bellarine is already well connected via the Rail Trail, which is now sealed all the way from Geelong to Leopold. Council has allocated \$220,000 in the 2019-20 council budget to seal the section between High Street, Drysdale and the new path beside

the Drysdale Bypass.

But there are gaps, most notably to get to the Rail Trail itself.

The Bellarine councillors allocated \$250,000 in last year's budget to complete a shared trails master plan to identify gaps and improve linkages.

This year we added another \$200,000 to start work on building those connections.

Heart Safe Communities

Finally, a quick plug for a very important local initiative being run by The Heart Foundation and Ambulance Victoria.

The Heart Safe Community program will teach people how to respond in an emergency event where someone's heart has suddenly stopped (a cardiac arrest).

They'll be running free sessions on the Bellarine until December. Community groups and residents can register their interest in hosting a session by contacting Samantha Robinson: samantha.robinson@heartfoundation.org.au

LIONS DONATIONS HIT NEW HIGH



Portarlington/Drysdale Lions Club has distributed nearly \$65,000 to local charities and other community organizations over the past year – a club record.

In addition, the club also has set aside \$15,000 (to be matched by a similar grant from the Australian Lions Foundation) to assist Bellarine Bayside in the construction of its new playground at Little Reserve, central Portarlington.

At the 2019 changeover dinner, Portarlington resident, Stephen Love, was installed as club president for 2019-20.

Immediate past secretary of the Club, Stephen takes over from 2018-19 president, Geoff Smith. Stephen is a senior teacher at Geelong Technical Education Centre at Gordon TAFE, East Geelong.

To enquire about joining Lions, please email pd lionsclub@hotmail.com



New president, Stephen Smith (right) with inducting officer, Adriam Miles, President of Queenscliff/Point Lonsdale Lions Club.

DRYSDALE BYPASS

MAJOR ROAD PROJECTS VICTORIA

Drysdale Bypass from the sky!

We're building the 6km Drysdale Bypass between Jetty Road and Whitcombes Road to improve safety and ease congestion on the Bellarine Peninsula.

We have produced a video showing how much progress we've made. Check out the drone footage on our news pages at roadprojects.vic.gov.au/projects/drysdale-bypass

If you have any questions, please get in touch. Our contact details are below.



The earth formation for the bridge we're building over the Bellarine Railway.

1800 105 105
contact@roadprojects.vic.gov.au
roadprojects.vic.gov.au



For languages other than English, please call 9209 0147



Cough Etiquette... try to stop spreading germs

Have you noticed that people are now coughing/sneezing into their upper arm or sleeve, what a great idea, as how many times are we caught short and have no tissues on hand, then we use them and have no way of disposing of them instantly and consequently reuse them again!!!! We are always told to cover your mouth, also wash your hands and try not to spread the germs around.

So here's the way use your sleeve.



**Friday 4th
October
10am - 3pm**

at Christian College,
Collins St, Drysdale



Are you or a member of your family over 65? Do you know what a diverse number of community groups there are on the Bellarine, gardening clubs, walking groups, art groups, are you interested in cycling, cooking, learning a language or almost any other social activity. Are you concerned about a friend or neighbour that may need assistance? Are you new to the area and would like to be involved but do not know where to start?

During Seniors Month Bellarine Aged Care Association (BACA) is organising a **Friendly Ageing on the Bellarine (FAB) Expo** during Seniors Week. The expo aims to enable older residents, their families and carers learn about the diverse available healthcare and home support services, financial and legal services, alternative life style options, community groups, exercise, social and hobby groups, environmental initiatives, local transport, end of life care options and supports and much more.

Over 50 commercial and not for profit exhibitors are registered

BACA is calling for volunteers from members/friends for the diverse ways you can help on the day e.g.

- Transport for your friends and neighbours
- Assist exhibitors
- Set up and clean up
- Publicity - getting the word out

Please contact bacaexpo@mail.com for how you can help.



Our part of the world will be on TV again after the success of having The Q Train on TV recently Selling Houses Australia team will put a local home through a full makeover and will require people to view the property before and after the makeover. If you would like to be part of this TV experience please contact Lee Martin from Bellarine Property on 0400 957 839.

Whether it's a small unit or a large acreage, we're at your service.



Lee Martin
Bellarine Team Leader
M: 0400 957 839

Ange Callan-Harris
Bellarine Agent
M: 0423 295 705

Want to know the new price of your home but don't want an appraisal?
Simply text your name and address to 0400 957 839 and we will deliver a complimentary market report to you, within 24 hours.

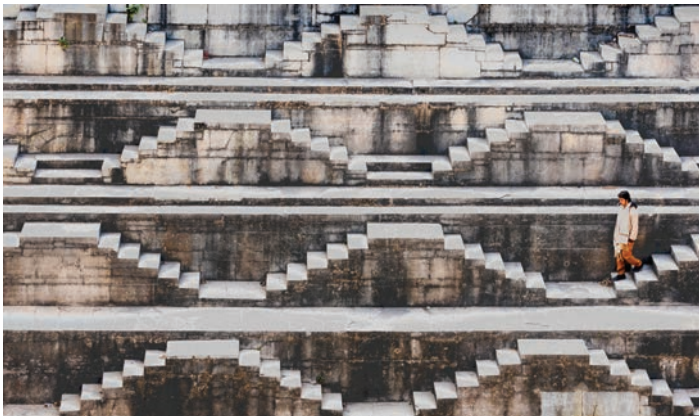
bellarine b property



'The Smartphone Photo Guy' Mike James, was our very enthusiastic and engaging guest speaker this month – his mission: "Empower and mentor you to become more mobile photography literate, more creative and confident to capture your stories, discover and develop your photography passion and have fun editing images and take full advantage of recommended apps." If you are looking to further your smartphone photography skills, check out his website at <https://smartphonephotographytraining.com>

This month's Open competition was judged by local photographer Mark Bloot'hoofd, who again gave some good positive feedback on our images. Mark has judged several times over the past decade and it is always good to hear his constructive comments.

Lynne Bryant - President



1st EDIs - B Grade: 'The Bouys' Ian Williams

2nd EDIs - A Grade: 'Sally' Ian Chalmers

2nd EDIs - B Grade: 'Smoke in the High Country' Helen Broeks



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E: jeannette@conveyancinggeelong.com.au

HELLOWORLD TRAVEL DRYSDALE'S TRAVEL TALK

WELCOME

TO OUR AUGUST UPDATE

Hello fellow travellers!

This month we are talking about why you should book with a travel agent.

Travel is more complicated than ever – with more ships, resorts, airline fare categories and terms and conditions, a traveller should never leave home without a professional travel advisor behind them.

Our travel specialists are on top of what's new and exciting and they save you so much time and stress. Life is busier and more demanding than ever, and holiday time is more valuable. We can save you hours on the phone and internet, and can save you money.

Helloworld Travel Drysdale has travel specialists that have your back when you need an advocate. In this changeable world we will assist you getting in or getting out, and will get you where you want to go.

We are invested in our clients' happiness and satisfaction and want to make sure each and every trip is packed full of positive lifelong memories. We are with you during and after your trip.

We don't just sell a destination, we discover, research and experience the places we offer, over and over.

Give us a call, email or visit our friendly travel specialists on (03) 5251 1125 or email drysdale@helloworld.com.au.

Happy travelling!

Sonja and the Team

EXCLUSIVE PRIVATE DEPARTURES UNVEILED

Private Vietnam Unveiled

14 days/13 nights – March 2020

From \$2,299* per person twin share

Discover the spirit of Vietnam on a trip from south to north, taking in all the attractions in between.

Experience Vietnam's beautiful landscapes, delicious cuisine and the renowned friendliness of the Vietnamese people.

Top it off with an overnight cruise on Halong Bay and you'll never want to leave.



Private Morocco Unveiled

14 days/13 nights – April 2020

From \$1,310* per person twin share

Travel to Morocco and visit the best of the country's attractions, from Casablanca to Marrakech.

Travel from the snow-capped Atlas Mountains to the endless sands of the Sahara, and from the medieval old town of Fes to the spice markets of Marrakech, the rich history and natural beauty of Morocco await.

Jump in and discover the many mysteries and legends concealed within this ever-changing landscape.



Private Sri Lanka Unveiled

14 days/13 nights – February 2020

From \$2,920* per person twin share

Sri Lanka is packed with ancient sites, fascinating culture, beautiful wilderness and idyllic beaches.

Trek through lush tea plantations, indulge in seafood feasts and dip your toes in the clear waters of Mirissa beach.



*Conditions apply. Prices are per person, twin share, correct as at 15 April 2019. Prices may fluctuate if surcharges, fees, taxes or currency change. Availability is limited. Valid for travel on dates shown. Airfare not included unless otherwise stated. Where airfare is included, prices displayed are return economy class. All savings & bonus nights (if applicable) are included in the advertised price. Offers may be withdrawn without notice & not combinable with any other offers. Check all prices, availability & other information before booking. Cancellation fees apply. Agents may charge service fees, rates vary. Payments by credit card will incur a surcharge. Helloworld Travel & Intrepid conditions apply, see in store for full details. Springdale Travel Pty Ltd (ABN 68 618 307 912) trading as Helloworld Travel Drysdale.

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up to a maximum
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OFF YOUR SOLAR BATTERY

Store the energy you generate during the day and use it any time you want with a solar battery. Now more economical with the 50% rebate.

SOLAR REBATES ARE FOR ELIGIBLE HOUSEHOLDS ONLY.

Ask us about the no-interest free loans as part of the solar rebates.

Health Advise for Air-conditioners

Warm weather is on the way so it's time for a health check on your air-conditioner. That first hot day when you turn on your air-conditioner all that dust, mould and allergens that has been collecting in it could be dispersed around your home.

To prevent this from happening you should ensure your filters and condensers are cleaned and sanitised twice yearly.

As an added benefit from this process the unit will run more efficiently which will be reflected in a reduction in your energy bills.

A happy air-conditioner is a happy home.

For more information on this subject contact Brad John 0402 509 426



Business on the Bellarine

Like minded business group meeting weekly in Drysdale, to network and help promote each other's businesses.

Meet new people and learn of other businesses that are part of our community.

We meet on Tuesday mornings 7.50am to 9.15am visitors welcome.

Drysdale Cricket Clubroom
Drysdale Recreation Reserve, Granville Street, Drysdale

Contact Jeannette Ernst
0407 726 260 for more information

Proudly printing this magazine for you, on the Bellarine.

OPEN

Monday - Friday
9.00am - 5.00pm

13 Sykes Place,
Ocean Grove
ph: 5255 2663
e: quote@presshere.com.au

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Call Martin on **03 5251 5405**
mobile **0411 472 360**

BUSH DANCE
AT SPRINGDALE HALL DRYSDALE
7.30PM
10.45PM
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At 2 30 P.M. March 16 1926 the worlds' first operational liquid fuelled rocket crashed into a cabbage field at Auburn Massachusetts after a 2.5 second flight which achieved a maximum altitude of 41 feet. But it's designer and builder Robert Goddard had, with this experiment, set us on the pathway that would take us to the moon.

Didn't we all have a great time at the moon landing day at SpringDale?

We hear a lot nowadays about all the work done behind the scenes to bring any project to successful fruition. This is particularly true of the space program which was preceded by decades of development work by far sighted pioneers who didn't necessarily get the credit or support they deserved. Robert Goddard was one of these.

Born October 5 1882 in Worcester Massachusetts, Goddard excelled in scientific subjects at school. Although plagued by ill health, he was awarded a degree in physics in 1908 and the next year started writing about using liquid fuel to more

efficiently propel rockets. Although few at this time believed that rocket propulsion would work in a vacuum Goddard, in the lab, proved otherwise. He also developed the swivelling engine technique for guidance which was still in use on Apollo 11.

By 1939 Goddard had flown a rocket to a height of 2.7 kilometres under successful self-guidance. His ideas were adopted for the German V.2 rockets.

After the war German V.2 expert Wernher von Braun was imported to America to work for N.A.S.A. (National Aeronautics and Space Administration) and we were away. Von Braun said "Dr. Goddard was ahead of us all." N.A.S.A. s' Goddard Center was named in his honour. He died in 1945. He was indeed a hero of the space frontier.

John Reid

P.S. Fictitious space craft I have loved - my fifth favourite is The Spacemaster from W.E.Johns' book Kings of Space.

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Bellarine Support Group for Kinship Carers

As I am sitting writing this article, I have just taken a call for assistance from a grandmother in our region, who most likely will be caring for her four Grandchildren in a very short time.

The grandmother let's call her "Julie" was desperate for information, where to go for any information that will help her and her grandchildren, she also wanted help with Centrelink and legal matters.

I was able to assist Julie with Centrelink matters for herself and the children, I referred her to a special number to ring within Centrelink that has been set up to assist kinship carers with any Centrelink matters.

I also referred Julie to apply to the local court for an Independent Children's Lawyer for the children. The ICL will represent the children in all legal matters.

I also encouraged Julie when the children come into her care to apply for other concessions that are available to kinship carers.

As the children are school aged children, school was the next issue. Together Julie and I approached several local schools to book the children into school as soon as they are in Julie's care.

Helping fellow kinship carers in their kinship journey, is what I enjoy doing in any spare time that I am lucky to have.

I will continue to help wherever I can and how ever I can for as long as I can.

Being a kinship carer is very important to me and means the world to me that I can assist other kinship carers and the children in their care.

I would like to thank publicly the following:-



Bellarine Quilters from Portarlington

On the 20th May I presented an information session on kinship care to all the lovely ladies in Bellarine Quilters. I was presented with over 15 quilts, knitted teddies, jumpers, new socks and beanies for the carers and children in our group.

Darinka from Ocean Grove, the bike is waiting for its new owner to pick it up.

Margaret from Portarlington, the two bikes are in my garage in storage. (Margaret could you please pass on my thanks for the lovely jumpers.)

Lois Gordon the beanies you left at SpringDale were given to carers at our last meeting.

Hilda from Ocean Grove, the clothing for adults has been given out to several carers.

Deb and Bill from Indented Head, thank you both for answering my call for help enabling to assist three teenage young people now living with their aunt.

To all the people who left donations at SpringDale a huge THANK YOU.

If you are a kinship carer we would love you to join our group, we meet at SpringDale on the following dates:-

Monday 5th August, 2nd September, 14th October, 4th November and 2nd December.

We meet at 10am until around 1pm. Love to see any kinship carers.

Please bring a snack to share.

If any business or service club would like to learn more about kinship care or assist the carers and children please feel free to contact me directly. **Jeanette Hanley-Heath - 0414308257**

Congratulations SpringDale Felters on an Excellent Exhibition

Theme this year was
By the Sea.

There was amazing sea creatures as well as scarves, wraps and hats.



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Ovarian Cancer Calendar Launch

Saturday August 31st 7.30pm
SpringDale Community Hall
High St Drysdale

This is a story of a group Bellarine Peninsula ladies who heard about the shocking statistics about ovarian cancer. Did you know FOUR women are diagnosed with ovarian cancer every day and THREE women die from ovarian cancer every day.

There is no early detection test for ovarian cancer. So we decided to put everything we have into an elegant calendar to help raise money for ladies we have never met who are living with ovarian cancer today. We have been working for months putting this lovely 16mth A3 quality calendar together.

Thanks to the wonderfully talented photographer Mr Peter Walz who has given his time without reward for the cause of raising funds for Ovarian Cancer Australia and he deserves many accolades for his dedication to this cause.

Next we have to recognise SpringDale Neighbourhood Centre for their experience and assistance without Anne's help it may never have come to fruition. Of course there are many others who will be acknowledged on the calendar.

The ladies involved in this calendar all believe in a healthy lifestyle and a healthy diet in the hope to keep good health and strength in the future. Ladies living with ovarian cancer need help from all of us so let's come together as a community and do what we can and buy one of these 16mth A3 calendars.

Now we are gearing up to launch this



beautiful calendar at the SpringDale Neighbourhood Hall 17-21 High st Drysdale on Saturday August 31st doors open 7.30pm

You can help just pick up the phone and pre-order and pay for your 16mth A3 calendar which starts in time for women's health week in September and continues on through ovarian cancer month in February right through to December 2020 so you are getting really good value at \$29.99 which is less than 45cents per week for the life of the calendar.

Then come to the launch on the Sat August 31st at 7.30pm listen to a brief talk on ovarian

cancer from Guest speaker Dr.Trudy Clark at around 8pm enjoy a light supper and music until 11pm, and collect your calendar.

No children under 16yrs please

Payments can be made at the Bendigo bank or by direct deposit.

Acc. Name K. A. Jones. BSB 633-000
Acc. No. 167580554 leave Full name and quantity purchased which will correlate with your bank deposit.

Thankyou Kerry Jones on behalf of our Bellarine ladies.

Support group recognised by
Breast Cancer Network Australia.

Bellarine MBC Support Group

Support, information and resources for local people with Metastatic Breast Cancer. Join us in a friendly private setting, or participate by email, to share experience and encouragement.

**Meetings 10am,
third Monday each month.**

Please contact us on
Judy Margolis - 0427 052 815
Jenny Cook - 0408139552
bellarinembc@emailus.com.au
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- Social support groups
- Community Gym
- My Aged Care support



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Allied Health Hours – Monday to Friday 8.30am to 5.00pm
GP Appointments – Tuesdays to Saturday 9.00am to 5.00pm
For more information call 03 5258 6140 or online at www.bch.org.au

Friendship between the Bellarine Peninsula and Viqueque (Timor-Leste) Part 1

Timor-Leste celebrated its 17th year of Restoration Independence... Australia's neighboring country has fought for independence for many years, and has experienced oppression, devastation, poverty and a struggling economy. In 2002 it gained independence with years of rebuilding and restoration ahead. Geelong has had a "sister friendship" with Viqueque since that time. Many Geelong schools and organizations have helped and visited along the way..... We returned to Viqueque in April this year with a group of ten from Christian College, Geelong (teachers, students and tradies). It was a wonderful reunion with our Timorese friends and colleagues. Our purpose was two-fold: to renovate the "Friendship House" and to facilitate a Teacher Conference around Literacy, and in particular, reading picture storybooks to groups of children in their own language Tetum. Over the last few years, we have been raising funds to purchase sets of books and distribute to the schools and kindergartens in the Viqueque District. The teachers were given practical help, in, not only reading the books, but to engage the children through reading with enthusiasm, with expression and interest, using age-appropriate questioning and as a platform for learning. In some schools, the class sizes can exceed 60 students which presents many challenges and will be the focus of the next teacher conference. The play-based learning approach in the kindergartens has been the focus of previous conferences and we were so encouraged to see the teachers continuing this teaching practice in their kindergartens. The Department of Education in Timor-Leste does recognize that education is important and is providing support for their staff in training, curriculum and paying a small wage. (There are many teachers who are not paid.) The teachers lack quality resources, so our trips always involve taking donations of computers, books, puzzles, games and teaching resources. The Timorese teachers are dedicated and so keen to learn because they identify education as an important part of their country's restoration and development – and a better life for their people. It was with much sadness that we recently



said farewell to Ms Deb Singleton, of Clifton Springs, following a protracted illness. Deb is remembered by many students of Christian College, Bellarine for her inspirational teaching of Science and Environmental Studies. She was a wonderful advocate for Timor-Leste having made over 20 trips and was instrumental in establishing the Teacher Conferences and student trips in Viqueque. She was also well known amongst local environmental groups on the Bellarine Peninsula. The service at the Christian College auditorium was attended by more than 350 and was a wonderful celebration of a life well-lived. Her passion for Timor and in particular the people of Viqueque, was well known by the many who were privileged to know Deb and travel with her. A beautiful tribute was sent via internet from her Timorese colleagues and friends of the Friendship House. Her legacy of inspiring students, taking care of the environment and her passion for helping the people of Timor-Leste will live on.

Marita and Rowan Thurman



SpringDale Trivia 25th Edition by Drysdale Girl Guides

1. Which famous UK musician's life was the focus of the film Rocketman?
2. In what month does the Melbourne Cup take place?
3. What is the Capitol City of Switzerland?
4. What name is used for baby Echidnas?
5. Which female tennis player won the French Open singles title in 2019?
6. What is the chemical symbol for phosphorus?
7. Which author's books include titles such as Cloudstreet, Breath, and Dirt Music?
8. The Eureka Stockade rebellion happened on what date?
9. "The course of true love never did run smooth" comes from which Shakespeare play?
10. By what nickname are the Richmond AFL team known as?

Turn
to page 21
to find the
answers.

Drysdale Guides Meet on Thursdays during the school term 6:30 to 8:00. If you are interested or have any questions please contact Anne Brackley on 0407 529 205



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Chicken with Vegetables

- 3 Chicken breasts – skinless and cut into small squares
 - 1 onion - cut into small squares
 - 1 Zucchini – cut into small squares
 - 1 Capsicum - cut into small squares
 - 8 Mushrooms - cut into small squares
 - 1 Eggplant - cut into small squares
 - 1 cup tomato passata or a can of chopped tomatoes
 - 1 cauliflower (chopped finely)
 - Salt & Pepper
- Prepare all the ingredients to stir fry gently starting with the chicken pieces.
 - As the chicken browns, add the onion, zucchini and capsicum.
 - Keep stirring and add the mushrooms and eggplant.
 - If it starts to get sticky, add half a cup of water.
 - Add the tomatoes or passata.
 - Stir well. Add salt & pepper to taste.
 - Add the cauliflower and stir well.
 - Allow to simmer for 15 minutes and serve hot.

Enjoy it as is for dinner and leftovers for lunch.

Agata Comisso



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Alzheimer's Disease, Cancer, Chronic Fatigue, Parkinson's Disease, MS, MND, Heart Disease, the list goes on...

There are no known cures BUT laughter brings about positive change.

When we laugh, the 'chemical' reactions in the brain have potential benefits for us all. Laughter has been used as an exercise for many years and the benefits and now the healing effects have been documented.

Laughter motivates and improves energy levels. As we laugh the brain releases endorphins to reduce pain. The brain knows something good is happening and the more we laugh, the more we laugh!!

Laughing for 10 minutes a day certainly helps keep the blues away. It helps to cope with challenges and look at things with a positive perspective.

Much research and many advances in treatment are being made all the time... But there are no cures (yet).

Laughter is a free medicine.

It's contagious to ourselves and those around us and it has no side effects.

For more information: www.laugh.coach
Agata 0407687971



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Parkinson's Geelong

Parkinson's Geelong and Barwon Region.

The Support Group hold regular monthly.
Meetings on the last Friday each month
from 2-4pm.

At East Geelong Seniors rooms
Godfrey Street East Geelong.

*All Parkinson Sufferers, Family, Carers
and Friends are Welcome.*

No charge and plenty of Free Parking.

Please phone Parkinson's Victoria if you would like
more information about this group.

Ocean Grove - Now have a very active Support Group

Meetings are the Second Wednesday each
Month at 1pm.

These meetings commence with Parkingsong,
Guest Speaker and afternoon tea.
Coordinator Pam Healy Ph. 52 555152

Also there is a group Young Parks who meet in the Barwon Region.

Meetings are held each month in the evening.
If you are under 65 and would like to attend
the Support Group with various activities.

This group could be for you.

For Young Parks - Contact Barwon Region
Coordinator - Judy Hayes 5256 3235 or
0418 504 077

Contact - Free Call 1800 644 189 or 03 8809 0400



Clifton Springs Garden Club

Clifton Springs Garden Club was very lucky to have Lorraine Phelan, Geelong Field Naturalists Society, to show us some amazing photographs. Lorraine showed us around 80 photographs which included wasps, flies, bees, spiders, moths, butterflies, beetles, ladybirds, cicadas, crickets, treehoppers, leafhoppers, grasshoppers and katydids. You had to keep telling yourself these amazing creatures were all photographed with a normal camera in a normal suburban backyard. Lorraine did mention that her garden mainly consisted of native plants which might be more inclined to attract some of these insects. Next time you are out in your garden, take a closer look at the plants, you might be surprised at what you find. You may not know what they are but how exciting would it be to find them!

Chris another of our members will give a presentation to the August meeting on her recent trip to Japan showing the beautiful blossoms and some other lovely gardens as well.

We meet on the 3rd Monday of each month at 7.30 pm, Uniting Church Hall Drysdale. Visitors are always made most welcome. If you would like further information on the Club please contact our Secretary Helen, on telephone 52572220 or email hma3152@gmail.com

Photos of the Insects taken by Lorraine Phelan

Grey Planthopper, Digger Wasp, Spotted Ladybird Larvae, Jumping Spider





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A huge thank you to the wonderful people who supported the St Leonard's Primary School plant sale over the long weekend. It was a great success and will now be an annual event - hopefully bigger and better next year!

We very much enjoyed the day and are most grateful to everyone who donated plants and made purchases. We look forward to seeing you all again next year. Many thanks for the inclusion off our Plant Sale in the June edition of the SpringDale Messenger. As a result of this, it generated a lot of interest which led to a very successful event.

We are very grateful for your help in achieving this.

Jenni Kirk



Bellarine Birdlife

The Flame Robin

It is the time of the year when the Flame Robin leaves the high ranges and makes a journey to the open spaces further down south such as the grass lands and farm lands of the Bellarine. The robins can travel in large flocks however we usually see them in small groups usually in twos or threes. They arrive in the Bellarine in autumn and stay for winter, returning to the high country to breed. In the woodlands of the ranges they are more solitary birds only seen in pairs or singles.

For such a brilliantly coloured little bird it is often a treat to find them sitting on a fence or cowpat or elevated mound looking curiously at the human who has wandered by and yet one can be astounded and wonder why didn't I see the creature much earlier? How does such a vividly coloured little bird blend so well into the landscape!

The female Flame Robin is a delicate, buff coloured brown with finer white streaks in her wings. In comparison to her handsome male she is quite dull. The male has a vivid scarlet tummy patch that travels right to below his beak. Sometimes it glows a yellow or orange

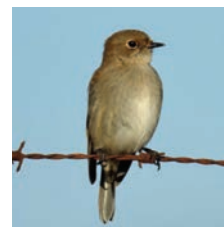


in the sun light. The black wings are marked with white streaks.

Recently as I stared at three robins happily feeding in a paddock within eyesight of the sea, I wondered where they would go in future years as just beyond them was machinery and forms of hundreds of new homes being constructed. Homes that I may add, had very little space that we could call a back front or even side yard so even if they wanted to the robins couldn't feed there.

These birds are ground dwelling feeders, searching for insects, spiders and other small creatures. They sit on fence posts and other exposed areas so that they can observe their prey before pouncing from above. I wish that I could encourage them into my garden but alas as the Bellarine grows their feeding areas are restricted.

Carole O'Neill



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New Rotary Year New President

The new theme for this Rotary year is "Rotary Connects the World". So how do you engage all the people who come to the recent changing of the guard heading up the Rotary Club of Drysdale? The buzz activity of the moment is? Yes you guessed it..... Lego. Each table of attendees received a small box of Lego and in a few minutes had to use their creativity and imagination to make something that connects the world. Very impressive; we had a tennis match representing Ash Barty, a space station, a wind turbine thingy, a dalek, Cluckingham Palace complete with chickens (this represented our Nepal chicken farm project), hurdles showing how we jump various thing to connect our world. Well done everyone we had our own Lego Masters night right here in Drysdale.

The purpose of the night was to thank outgoing President Caroline Rickard and hand over the Presidential Collar to incoming President Bruce Van Every. The new Committee continues the club in good hands to continue the good work that your local Rotary club does here and overseas.

One of the biggest privileges of being involved with a service organisation is presenting another service organisation with a cheque for \$5000 towards their cause. The Barwon Health Rotary Volunteer Patient Transport Program was this year's recipient of our annual Art Show Raffle funds. This goes to support keeping the cars on the road providing free

Rotary Club of Drysdale



transport to and from medical appointments.

Each President brings a different way to lead the members, but our catch cry is always the same "Service Above Self" and following the Rotary Four Way Test. One of Bruce's goals is to increase the membership, so we can achieve bigger and better things.

We have a very active busy club always looking for ways to assist with projects here and overseas. Do you have an idea of how we can help? Why not let us know what it is, we might be able to assist getting it off the ground.

Publicity Officer - **Caroline Rickard**
Rotary Club of Drysdale - 0408 989 221



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On Saturday June 14th 1879, a group of men got together for a game of football. Led by the captain, Mr. Cuddy, the Drysdale Football Club was formed, going down to the Chilwell 2's 6 goals to 2. Further games that year saw further losses to East Geelong, Wanderers, and a thrilling draw against Artillery.

Since that time, the Drysdale Football Club has grown in leaps and bounds, and the club got together last weekend at GMHBA Stadium, the home of the Geelong Cats, to celebrate 140 Years of our great club. The exact weekend saw the club wear commemorative jumpers in various home games, wearing the club strip from 1935, and the Gala event held a week later to ensure everyone got the chance to celebrate the amazing milestone.

Planning commenced over 12 months ago, and the small team of volunteers wanted to make sure they were able to put together a night to honour and rejoice in our clubs proud history. With plenty of memorabilia, photographs and some of our clubs past jumpers and apparel on display in the foyer, guests all made a Red Carpet entrance, before entering the room full of tables to seat the 350 plus event.



Throughout the night, the guests were entertained by comedians the Nelson Twins, and Angie Hiltons 80's Ladies musical act, which got the dance floor pumping well into the night.

Hosted by former player and club president John Edsall, there was a number of videos produced for the night, featuring more photos and videos from years past, as well as some amazing interviews with club royalty like Jack Chatfield, Alan Taylor & Geoff Wisbey, some more current identities Greg Scott, Alan Bliss & Marty Trehwella, and names for the future – Luke Preece, Tess Craven & Brooke Lowe. John also conducted live interviews with 2 of the clubs VFL/AFL representatives, Tom Ruggles and Rex Deearth.

A really big thanks to the team who organized and coordinated the night and to the 350 guests who attended, the night is certainly one for the history books... Here's to the next milestone!!

140th Anniversary - Interviews www.youtube.com/watch?v=vxD0vSvFv10&t=1s **Greg Collier**



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Part 1 From notes by former BHS
President Noel Lindsay in 2009



The United Services Home - Crimea Street Drysdale

When Major General Sir Alexander B Tulloch, KCB, CMG, learned of some old soldiers in Melbourne and Ballarat who had become stranded and whose scanty pensions were inadequate for their support, all over 70 years of age and inability to work leaving them in great destitution, he got all the facts together and wrote very strongly to the papers on the subject of 'the friendless old soldier'. This was the first seed for the creation of a home. Tulloch also learned through the press that a Victoria Cross hero of Crimea fame had been found sleeping in a right-of-way in Fitzroy on the 5th January 1890. The man was destitute and when a passer-by went to his assistance he found him in a very weak condition. When asked where he lived he said he had no home and no friends. On his miserable garments, hanging by a piece of dirty ribbon, was a bronze cross. When asked his name he showed the engraving on the back of the clasp suspending the cross which said " Private Thomas Grady, 4th Regiment". That is my name he said with pride, and my regiment was the 4th [Royal Lancaster].

Grady was cared for and was a prospective entrant to the proposed home, but he died on 18th May 1891 and was buried from Bacchus Marsh with full military honors - a sad end for a man who, on 1st October 1854, in the face of the enemy had displayed gallant conduct in spite of severe wounds.

These episodes gave Tulloch the idea for the establishment of a miniature Chelsea and Greenwich Hospital combined in one. He realized that funds would be needed to build and maintain such a hospitable institution, and forthwith made a public appeal for funds for he was determined to build such a place.

The establishment of a home for decayed and maimed soldiers was considered by the Victorian public as one of the noblest institutions formed, and any gala event or demonstration in its cause was wholeheartedly responded to. In the cause of the appeal a public meeting was held in the Melbourne Town Hall in August 1890, with the Governor in the chair, resulting in some 2000 pounds being subscribed. Additional events added a further 1800 pounds and with the funds now available arrangements were made for their appropriation. A committee of management was formed, headed by Major General A.B.Tulloch and comprised mainly military and armed forces senior personnel. Major John Stanley was the first honorary secretary to the committee of management, according to a copy of a letter to the commissioner of the Victorian Police on 6th March 1891.



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Memories of Yesteryear

by the Older Generation of the Bellarine

The Whitcombe Walk - Part Nine Robert Austin Whitcombe (Bob) 1896 - 1967

In 1961 after 16 years, for health reasons, I found it necessary to withdraw from the family partnership, land was sold so that I could build a house in Geelong. My father continued to work along with my brother Alan, until he was eventually confined to a wheelchair.

Towards the end there was much hospitalization. During one operation to restore circulation to both legs, to head off gangrene, he suffered cardiac arrest, but was resuscitated. He reported what we now describe as a near death experience. In his simple way he said that he was sent back to clear up a misunderstanding between himself and mother, Laura.

He was able to return home for a short time, then on the 7th April 1967 in his 71st year he died at the Heidelberg Military Hospital, one day before a leg amputation. Something he said he would never accept. He went willingly and totally at peace with his conscience to the next level of life.

After my Father's funeral service, several people who I did not know approached me, mentioning that they were recipients of Bob and Jack's kind support. My brother and I had never been told of these earlier incidents. The common thread that there was never a profit motive, only compassion for others misfortunes. Yes, Bob had some experience of life's misfortunes himself.

In light of what happened later it is my belief that "LILYDALE" was in fact a gift to my father, from a HIGHER POWER, to make up for his relentless battle against his infirmities & the disposition of his first home. It was not meant to be handed on.

After our father's death, "Lilydale" was sold and the proceeds divided between my brother Alan and myself. For one reason or another, neither of us were able to hold that money for very long.

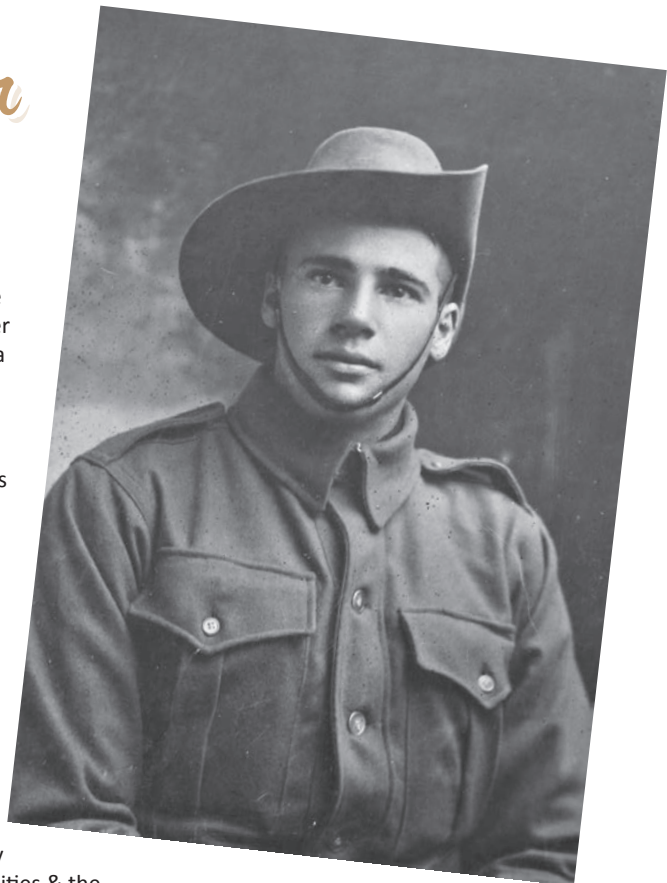
Bob was prone to unusually vivid dreams, premonitions or perhaps they were visions.

He would wake in the middle of the night, knowing that dogs or foxes were at the sheep, get his gun and go to that part of the farm that he had been shown in his dream. On each occasion when this occurred, he would find the sheep being harmed, he would then be able to shoot the offenders or at least send them off. Similar incidents occurred in daylight hours, when he would feel compelled to go to distant parts of the property, where the sheep were in trouble.

It is hard to believe that our properties helped feed the residents of Geelong for the greater part of a century (lots of hard work and soil that would grow anything) and now some of it has been carved up for residential living and freeways and it may over the next 50 years be built out completely. My only hope is that Drysdale does not lose its rich historical AGRICULTURAL heritage and significance.

To be continued....

Written by Ian Whitcombe & Lesley Whitcombe



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Trivia Answers

- | | |
|-------------------|---------------------------------|
| 1. Elton John | 7. Tim Winton |
| 2. November | 8. 3 December 1854 |
| 3. Bern | 9. A Midsummer
Night's Dream |
| 4. Puggles | 10. The Tigers |
| 5. Ashleigh Barty | |
| 6. P | |

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Team of the Decade

Last month Drysdale SC celebrated its 10 year anniversary in front of a healthy crowd of supporters, past players and sponsors at the Drysdale Sports Precinct. Established back in 2009 by founder Geoff Briggs, bringing together a group of players from Drysdale and Clifton Springs locals who were previously playing at other clubs around the region. Initially starting with an indoor soccer team, and then one men's team, the club has grown rapidly to now boast over 270 registered players with a huge increase in junior and women's players over the last five years. The day featured a boys Under 14's game followed by the two senior men's teams in action with all three teams coming away with great wins to cap off a fantastic day for the club! The Under 14's accounted for Barwon 7-0, the Men's Reserves beating Leopold 4-0 and the Senior Men's defeating Leopold 5-3 in a fiery, action packed encounter. Star striker Leo Sharaf netted a hat trick and Michael Simpson continued his good run of form with a first half double. The seniors raced out to a 4-0 first half lead, before Leopold. New A-League club Western United supported the day with past Soccerroo Captain Steve Horvat (now Western United's Director of Football) and Robert Palmaricciotti joining as special guests and a men's 'Team of the Decade' announced along with sponsors and past players who enjoyed a great evening.

Team of the Decade

Nick Hopper, Ippei Mac,
Zac Atkins, Danny Graham,
Steve Marsh, Jack Van Wren,
Steve Weeks, Andrew Scott,
Steve Newton, Dougie Weeks,
Chris Alfredson.

Bench - Dan Roddis, Mark Hand,
Jordy O'Connor, Hayden Reed,
Louis Stockman

Coach - Jarrod Gladman



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Mums - toughest on field - Lady Hawks

Drysdale Football Club fully supports the amazing mothers in the Lady Hawks team who 'don their Guernsey's each Sunday representing not only the club but their families and mothers everywhere. The Lady Hawks have 7 mums playing in the 2019 Season who say they do it for fitness, friendship, and love of the sport and to do something for themselves.

"I've spent years as a spectator watching my partner and kids from the sidelines, now I have a chance to finally play too" says Natasha Elliston, Mum of 5.

But it's not just the revenge of getting some time back from being on the side lines. It's the love of the game, the physical contact, the fitness and the social aspects of being part of a team that was the common reasons these Mums make sure they show up each week, "The physicality and competitiveness is unlike anything I have found in any other sport" commented Alex Brown Mum, of 2.

One question these Mums get asked is 'what would happen if you were injured?' "The risk of injury is always a thought but every day we all do things with risks involved, doesn't stop us from getting things done", says Emma. "The mums in our team are some of the toughest on field and we focus on strength and fitness along with skills to get the best out of everyone" explains Caitlin, mum of 3.

These Lady Hawks have the full support of their kids on game day. "I think Mum is awesome and I like the way she tackles" says one of Rayleane's 2 sons, Tarren. Kids live by example and there is no better example of living a fun, healthy life then being involved

in a community club and pushing yourself to get better every week. "My daughter starts AusKick this term and she now thinks that she is an honorary Lady Hawk – and she is!" says Erin, Mum of 4, about her 5 year old daughter Bronte.

Emma Timms, mum of 2, says "my daughter keeps telling everyone I play AFL!"

Fitting football in with an already full lifestyle certainly is something that needs to be worked into the daily routine and prioritised however the effort is definitely worth it. The coaching team is understanding and knows that family will always come first. Support from partners, family and friends is greatly appreciated and there are quite often times where the kids can be seen playing on the sidelines together while training is underway. "It's such a welcoming club and sometimes I think the girls love my kids more than me" jokes Erin.

"I meal prep, I delegate jobs and we are a family, we help each other out. We all work together to make sure everyone gets to do something they love, and that includes me" says Natasha.

"They come to the games every Sunday, they get outside in the open air and it's a much better, healthier option then sitting indoors." says Erin

So if you are a mother and you have ever thought about playing football, get in touch with the Lady Hawks. It's not a crazy idea, yes – you can do something for yourself and not just you but your whole family will get something out of it. What are you waiting for?

Ladies,

What do you do on a Tuesday and/or Saturday?

Would you like to do this?



Drysdale Bowling Club needs you to help us make up our team numbers. We desperately need ladies for Midweek Bowls on Tuesdays.

Pennant Bowls is a very social game and, as the club has been premiers for the last two years in its midweek division, you will be playing with strong support around you. Do not worry if you need training as we will help.

Midweek Bowls is played between 10:00AM and 2:00PM approximately. Having said that, an allowance for travelling time must be made when we are playing away from home (just in case you have to pick up the kids etc.).

Give the Club a call on 03 5251 2335, or look up our website www.drysdalebowlingandcroquetclub.com and we will be able to discuss any issues you have.

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