

The SpringDale Messenger

February 2020 Volume 30 Issue 1



ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.



festival of SSS

Sales, demonstrations & more... Sunday 16 February 10am – 4pm

Christian College Stadium 40 Collins Street Drysdale 3222

TWILIGHT FLAMES Glass Blowing

Spectacular
Saturday 15 February
7pm-10pm

7pm–10pm
The Range @ Curlewis
1201 Portarlington Road Curlewis

2020 Artist in Residence

Special guest will be glass master Mauro Bonaventura from Murano, Italy. Mauro weaves intricate strands of molten glass into fantastic sculptures and is acclaimed internationally for his highly distinctive and innovative glass art.





SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Saturday 1 Harvest Basket Produce Swap 9-10.30am at SpringDale

1 Free replacement anti-theft number plate screws at SpringDale carpark 9-11am

1 Felting Group 10am-3pm at SpringDale

Monday 3 Kinship Carers 10am-1.00pm at SpringDale

Tuesday 4 Friendly Cuppa and Chat Group 10.30-11.30am

at SpringDale

Wednesday 5 Let's talk Death & Dying 10-11.30am at SpringDale

Wednesday morning craft 9.30am-12pm at SpringDale

Thursday 6 Jigsaw Group 10-12noon at SpringDale

6 Write about Group 2.30-4.30pm at SpringDale

Sunday 9 Bottle Appraisal Day 10am-3pm at SpringDale

Monday 10 Morning tea with a difference by Pam 10am at SpringDale

Tuesday 11 Dining Group at the Queenscliff Bowling Club

Hesse St at 6pm

Wednesday 12 Days for Girls Sewing 9am-12.30pm at SpringDale

Sunday 16 Festival of Glass Expo 10am-4pm at Christian College

Drysdale

Tuesday 18 International Asperger's Day 10am - 1pm at SpringDale

Wednesday 19 Lunch Bunch at the Portarlington Gold Club

130 Hood St Portarlington

19 Wednesday morning craft 9.30am-12pm at SpringDale

Thursday 20 World Day of Social Justice

Saturday 22 World thinking Day

Wednesday 26 Tech & Talk 1-2.30pm at SpringDale

Saturday 29 John McCutcheon - 8pm - Potato Shed

Reminder
Bookings &
copy required by
1 February for
the March
2020 issue

We acknowledge the Traditional Custodians of the land, the Wadawurrung
People of the Kulin Nation. We pay our respects to their Elders past and present,
Elders in our community and our emerging leaders.



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17-21 High Street, Drysdale Vic 3222. Postal Address PO Box 80 Drysdale

COPY DEADLINE MARCH 2020 Bookings/copy required by 1 Feb.

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article at springdale.org.au

Editorial: All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material:

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Images: Please supply high resolution images, minimum 300dpi at print size or larger than a 1mg attachment. Images placed in Word files will not be accepted.

Distribution:

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

The SpringDale Messenger is a locally produced publication.



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria



SpringDale Neighbourhood Centre Inc. acknowledges the support of:













Coordinator's News



Anne Brackley

Dear Friends and friends I am yet to meet

Near the end of 2019 I was looking forward to writing this message about 20:20 vision and looking forward for the next 12 months but as the holiday season has unfolded this seems an inappropriate use of this column. So many of us have been touched by the fires that raged through so many parts of Australia over the last few months. Rebuilding and recovery will be exhausting for so many people and I know that the Neighbourhood Houses will be there for communities in need, as we will be too in a more remote way.

Perhaps we can think longer term, as a community, what we could do to help. After the Black Saturday fires a small group of people held a community dinner to raise money and to also thank our Fire Brigade for the part they played in fighting the fires. Perhaps we could adopt a town to twin with? I will keep you informed if I hear of needs through the Neighbourhood House network or the Community Newspaper network. Please let me know if you would like to help.

Over the holiday season, every time I wanted to make tomatoes, basil and fetta on toothpicks – I needed to buy another bunch of basil. To make my life better, couple of weeks ago I created a small portable herb garden in a basket. I had been inspired by a story on Gardening Australia a few years ago and had always wanted to make one. As I was leaving the house today I saw the basket and it made me smile and as I nibbled on another sprig of parsley. I wondered whether

we could make mini herb gardens to give to families who have suffered through the fires. They would provide some nutrition, some extra flavor, some green and some wholesome aromas and show that we care.

Life is so precious and sometimes we take what we have for granted. Please take time to slow down. Please take time to listen to one another. Please take time to appreciate all the good we find around us.

Thank you so much for what our community donated to the Kinship Carers. It was heartwarming to see car loads of presents and money for gift cards roll in. We are lucky to have such a caring community.

I do look forward to what we can achieve together this year.

Yours sincerely

Anne Brackley for Team SpringDale.



PROTECTING PLANTS, PROTECTING LIFE

The United Nations has declared 2020 as the International Year of Plant Health. The year is an opportunity to raise global awareness on how protecting plant health can help end hunger, reduce poverty, protect the environment, and boost economic development.



News@SpringDale

There is so much happening in 2020.

See the Course Guide on pages 11 to 14. Book a class online at www.springdale.org.au



Check out the new Welcome Kit

Available now at the SpringDale office.

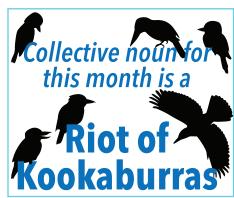




The SpringDale Lunch Bunch are going to Portarlington Golf Club, 130 Hood St Portarlington on Wednesday 19th February. Please ring Margaret on 0418 370 857 to reserve your seat.



SpringDale Dining Club are going to Queenscliff Bowling Club, Hesse St Queenscliff on Tuesday 11th February. Please ring SpringDale on 5253 1960 to reserve your spot.



News from Lisa Neville MP Member for Bellarine

As readers will be well aware, it has been a very challenging start to 2020.

Bushfires across Australia have been unprecedently severe and dynamic.

In my role as Police and Emergency Services Minister, I have witnessed first hand the tragic and devastating impact these fires have had on Victorian communities in the states north and east.

I have also witnessed the amazing work once again undertaken by our emergency workers, including many from the Bellarine. Their untiring commitment and effort in working to keep others safe is truly remarkable and heroic.

To all the hardworking Bellarine firefighters and support personnel, from those on the frontline to those who are assisting in the relief and recovery efforts, and to their families doing it tough, I sincerely thank you for helping keep Victorians safe.

You are making Bellarine residents proud and you have my upmost appreciation and respect.

Of course here on the Bellarine Peninsula the summer period is always a busy one for our local police and emergency service services. With an influx of thousands of visitors much pressure is added to their work load.

While others are enjoying their break with family and friends, these people are hard at work and away from theirs.

So I extend my thanks go to all of our Bellarine based police, firefighters, paramedics, surf life savers, SES and coast guard. Your work is very much appreciated.



Finally, it is imperative no matter where you live that you do have a fire plan prepared.

For those who don't, I strongly urge you to prepare a plan and in doing so visit www.emergency.vic.gov.au, which has much valuable information to assist.

So as always, please don't hesitate to contact me by email or call my office if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP - Member for Bellarine lisa.neville@parliament.vic.gov.au
Twitter@Lisanevillemp Ph: 5250 1987

North Bellarine Aquatic Centre

During the last 20 years, the swimming pool options for those living on the North Bellarine have changed considerably. Pools in both Portarlington and Drysdale have closed and although there is a pool in Ocean Grove it is struggling to meet all the needs of those in the Bellarine.

During the Federal election in 2019, one of the promises made, to meet our community's needs, was a 50m outdoor pool for the North Bellarine.

Since the election a few meetings have been held and a small group of interested citizens have come together and are working in a very practical committed approach to progress this necessary piece of infrastructure for our community.

Our community has been very successful, over the last 10 years, working together and staying focused to achieve goals that may have seemed unachievable. More than \$120 million worth of infrastructure has been built, in the North Bellarine, during this time. Because our community came together in a community summit and prioritized our needs, and then we stayed focused on achieving them.

If you would like to stay informed about this project or would like to play a role in its success please email coordinator@springdale.org.au or give me a ring at SpringDale on 5253 1960.



De Facto Law Worries? Come in for a free chat

R<u>istevsk</u>I

L A W Y E R S

1 High St., Drysdale (old Post Office) Ph: 5251 3453



Advertising

Lisa Neville MP

Member for Bellarine

"For assistance with any issue, please call my electorate office"

T: 5250 1987 | E: lisa.neville@parliament.vic.gov.au Funded from the Parliamentary Budget

"DELIVERING for the BELLARINE"



9 Mortimer St, Drysdale tavidsprint@gmail.com 5251 1735 www.tavids.com.au

POP-UP BOOKSHOP @ SpringDale Local Interest, Historical & Childrens Books Fantastic reads for young or old by talented local authors. Come in & see our range on sale.



Like minded business group meeting weekly in Drysdale, to network and help promote each other's businesses.

Meet new people and learn of other businesses that are part of our community.

We meet on Tuesday mornings 7.50am to 9.15am visitors welcome.

Drysdale Cricket Clubroom Drysdale Recreation Reserve, Granville Street, Drysdale

Contact Jo Aspland 0438 055 679 for more information



Bellarine Historical Society Free Bottle Appraisal Day

The hunt for rare antique bottles is on again on the Sunday 9th February at the Springdale Neighbourhood House from 10am to 3.00 pm at High St Drysdale This annual free bottle appraisal day is held a week before the Festival of Glass EXPO at Drysdale and is conducted by the Bellarine Historical Society in conjunction with the Festival of Glass and ABCR Auctions

Experienced and highly regarded collector Paul Bruce will conduct the appraisals assisted online by his son David from ABCR Auctions

Previous days in the past two years have attracted 70 -80 participants with some real treasures being unearthed, a few of which were consigned to auction with excellent results

Two such bottles were a Les Bray St Arnaud Ginger beer from the 1900-1918 period which had an estimate of \$200- \$250 and sold for \$650 which was a record price for this bottle

The second bottle was from Magdalene College at Oxford University and was a handblown wine bottle with a glass seal dated from 1740 the local owner purchased it at a market in London many years ago for \$50

It had an estimate of \$400 -\$500 but sold for \$980 again a record price for the bottle

It is expected that as in the past-the appraisers will see some Geelong or Queenscliff branded bottles or even the hard to get Clifton Springs or Portarlington bottles

You can book a time between 10am and 3pm by emailing Paul Bruce at pbruce2@bigpond.com







Name:

Phone No: (03)

gass 10th Birthday Party!

In 2020, the annual Festival of Glass will hold a 2-month birthday party to celebrate its tenth birthday!

Special guest will be glass master Mauro Bonaventura from Murano, Italy - our 2020 Artist in Residence. Mauro weaves intricate strands of molten glass into fantastic sculptures and is acclaimed internationally for his highly distinctive and innovative glass art.

The Festival's birthday party started on January 6, when a booked-out High Tea at Drysdale's Café Zoo launched the Festival's annual Treasure Hunt. Since then, treasure hunters have been scouring the thirty one North Bellarine businesses in the Treasure Hunt, looking for each one's "Tiny Treasure". Spot ten Tiny Treasures and you'll enter a draw for \$4,000 in glass art prizes.

The party continues on Friday 7 February, when local artist Glenda MacNaughton shows beginners how to create art from molten glass. Next, Mauro Bonaventura's five-day workshop offers artists a unique opportunity to develop their skills and spark their imaginations (8 - 13 February; tickets available for one or more days). On Saturday 15 February, Mauro stars in "Twilight Flames" at The Range, Curlewis, weaving molten glass

into fantastic creations as his audience enjoys local finger food and drinks.

The party fun keeps coming on Sunday 16 February at the Festival "Expo" at Drysdale's Christian College. Expo visitors can browse and buy work by around forty artists; create their own jewellery, mosaics and lead lighting; watch Mauro Bonaventura at work; see the Glass Art Awards ceremony and join in the Treasure Hunt draw. As if that wasn't enough, local glass artists will run workshops for beginning and experienced glass artists in the following days.

A ticket to "Twilight Flames" would be an excellent gift that person who has everything; a gift of a ticket to a Festival workshop for beginners would delight anyone wanting to try their hand at some glass art; and a ticket to an 'experienced' workshop will give the glass artist in your life a unique chance to develop their skills and imagination.

Thanks to our sponsors and supporters, especially the City of Greater Geelong and the Bendigo Bank.

For information about the 2020 Festival of Glass events, venues and artists, please visit our web site: www.festivalofglass.net.au or find us on Facebook.





Fergie Ferguson is Cold

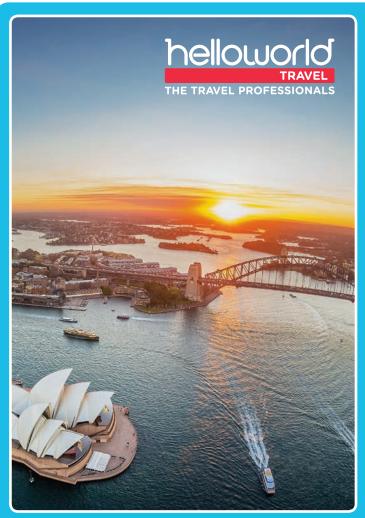
Help keep Fergie Ferguson warm this winter Bellarine Agricultural Show will be yarn bombing a tractor at the 2020 show.

WE NEED YOUR HELP

If you are interested to help on this project we require crochet squares 15cm X 15cm, any colors or designs

If you are interested to help you can contact

Rosemary De Vries - 0400 034 812 Janett Mac Donald - 0413 771 042



ON THE LUXURIOUS QUEEN ELIZABETH TO MELBOURNE

Fully escorted group departure 8 nights / 9 days Departs Friday 26 February 2021

INCLUSIONS:

- Return coach transfers from the Bellarine to Avalon Airport and Melbourne Cruise Port to Bellarine.
- Flight from Avalon to Sydney including 20kg of checked luggage
- 3 nights accommodation in Sydney at Hyatt Regency
- All transfers in Sydney
- Blue Mountains visit
- Sydney Harbour evening dinner cruise
- City sights tour including Opera House and Rocks area.
- Meals as listed above
- 5 nights cruising on the Queen Elizabeth including all meals and entertainment.

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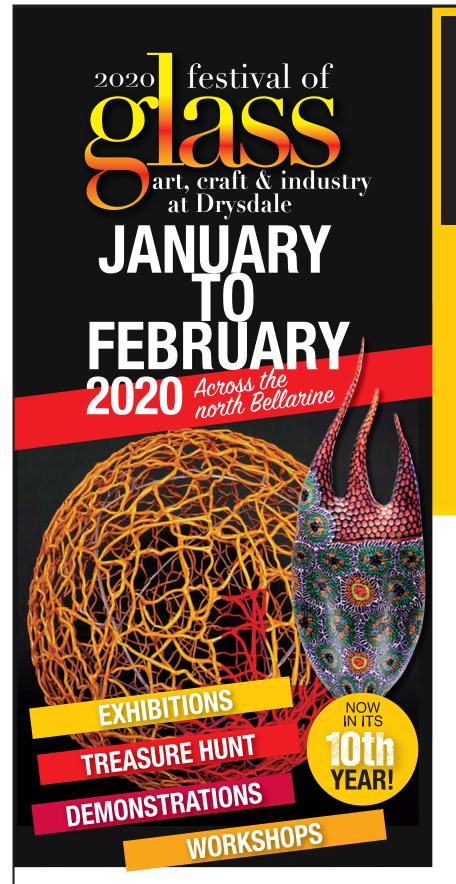
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Sales, demonstrations & more... **Sunday** 16 February 10am - 4pm

Christian College Stadium 40 Collins Street Drysdale 3222

Glass Art Treasure Hunt **Starts Monday 6 January** ends Sunday 16 February

TWILIGHT FLAMES **Glass Blowing Spectacular** Saturday 15 February 7pm-10pm

The Range @ Curlewis 1201 Portarlington Road Curlewis

More info & other events: www.festivalofglass.net.au http://festivalofglass.blogspot.com e: festivalofglassdrysdale@gmail.com



















DCSCA The Festival of Glass is an Initiative of the Drysdale Clifton Springs Curlewis Association Inc



Drysdale Clifton Springs Curlewis Association

Welcome to 2020. In this edition we are going to try to inform you of a few challenges that will be in amongst our community in the near future, as well as giving you some information on what DCSCA is being involved in.

The Bellarine Peninsula is set to be involved in a DAL, (Distinctive Area & Landscape) which is basically a long-term vision and strategy to guide future land use and development. DAL talks about things like set-backs, density, character, foundations etc, etc. But what do these things mean to us? All of them have implications and if we allow them to go unchallenged and be "written in stone" without any input from the community the risks are very high. We have had a preliminary session with the group in charge of this DAL and we expect to have a public meeting at SpringDale in early 2020.

What do we want in the way of building density and how high will the buildings be? What will be the set-back from the kerb? What will the minimum distance be between the very edges of houses? When the legislation refers to "boundary" what do we want it to mean? It must be a road or a green zone and stipulate how wide that boundary or corridor must be. When they talk about the "character" of a town, what is character and how do we explain that?

On another issue, we are deep in discussions regarding the rezoning of land bordered by Jetty and Central roads and urge you to get involved. Despite our limited resources we are organizing a letter drop to as many letterboxes as we can to let people know what it occurring. Please check our website and get involved as it is extremely important to our community.

We have 4 representatives from DCSCA involved in the founding committee of the North Bellarine Pool/Aquatic Centre. This is a semi formal group who will meet regularly and have committed to hold community meeting 4 times a year to report back and seek further input as we move towards a pool on the North Bellarine.

Don't forget our 10th Festival of Glass on the 16th February at Christian College, and the boardwalk out in the water at the Dell is underway with design and planning happening now.

Doug Carson for DCSCA

Wednesday Craft

Do you have any U.F.O'S that need to be completed? Who doesn't?

Would you like to join a group and maybe finish some of your work? or if you are anything like me and see what someone else is making and start another project, why not?

If you have a pattern that you are having a problem with ,well you know the saying, two heads are better than one, and together we are sure to work it out.

We as a group can help each other to achieve some amazing results.

Bring along your work, join other like-minded ladies and as a group we can combine our talents and have a lot of fun.

There are always so many new things coming up, but not enough hours in the day, so let's get together and enjoy the quilting journey.

All levels of patchwork will be catered for.

- English paper piecing
- Foundation paper piecing
- Machine piecing hand piecing
 - Candlewick

New group

Sit'n Sew/Patchwork /Machine Embroidery.
SpringDale Community Centre - 1st and 3rd
Wednesday each month 9.30am to 12 noon

Any further information please contact Anna on 52504829 or email me annanumberson@bigpond.com

FREE CHEMICAL DROP OFF DAY

Saturday 8 February 2020 8.00am - 4.00pm
Visit Sustainability Victoria to register for the Geelong detay your home event

Visit Sustainability Victoria to register for the Geelong detox your home event **www.sustainability.vic.gov.au/detoxyourhome**

Residents can bring the following items:

- √ Acids and alkalis
- ✓ Aerosol cans (empty cans can be put in your household recycling bin)
- √ Anti-freeze
- √ Brake fluid
- ✓ Car body filler
- √ Car wax
- √ Cleaners ammonia based
- √ Cooking oil
- \checkmark Coolant

- Detergents, disinfectants and drain cleaners
- √ Fertiliser
- √ Fire extinguishers
- \checkmark Floor care products and waxes
- √ Fuels petrol, diesel and kerosene
- √ Glues water based solvents
- √ Herbicides and weed killers
- ✓ Insect spray/pesticides

- √ Nail polish and remover
- ✓ Oven cleaner
- ✓ Paint stripper
- ✓ Paint thinner and turps
- ✓ Pool chemicals
- √ Rat poison
- √ Solvents
- √ Transmission fluid
- Wood preservatives and finishes (oils and varnish)

Paint is not accepted. Domestic quantities of paint can be dropped off at the Drysdale or Geelong Resource Recovery Centres for **FREE**.

Conditions and maximum quantities:

This service is for household chemicals only. Decanting is not permitted. The maximum acceptable weight or size of any single container is 20kg or 20 litres.

This drop off day is run in partnership with Sustainability Victoria and is part of the City's recycling program.





International Women's Day Luncheon on Thursday March 18th.

The special contribution of women to Community wellbeing and the lives of others will be celebrated with five local women sharing their unique experiences.

Ticket cost for this event is \$40

Two course luncheon and glass of wine generously hosted and catered by **Bouchon at Bellarine**, 2270 Portarlington Rd. Bellarine

Don't miss out - tell your friends and save the date now!

Those interested to attend are asked to please note that bookings can not be made directly with the restaurant.

Enquiries **Jenny Wills** 5259 2032 or email jeni.wills@bigpond.com

Northern Bellarine IWD Committee

Did you know that one in two women over 55 are living in financial poverty?

It's hard to believe isn't it? Since I first read that statistic, I've been experiencing Red Car Syndrome (a form of confirmation bias). I'm now seeing articles and evidence of it everywhere I look. You might know of someone who is in this position, or you might actually be there yourself.

Over the past few months I've spoken to a number of women – and some men also- who are in this situation. Life just has a way of knocking the wind out of our sails sometimes. It can be sickness, a relationship breakdown, loss of a job, or that little nest egg or superannuation not lasting the distance.

It can be easier if we have a good support base of friends and family around us, but that's not always the case either. I've managed to point a few people to the Foodbank in Jetty Road, or to Diversitat for a free appointment to see if they can help in any way, but these are only temporary solutions to a long term problem.

I was so thrilled a few weeks ago when one lady I had met and spoken to called to let me know that she had managed to access priority housing for seniors, and she and her husband who was going through cancer treatment were about to move into a lovely little unit in West Geelong at a rent amount that they could afford.

So there are happy endings, or at least better than short term solutions, and often we don't know about the options that are available to us. My hope is that we can see a support group developing here on the Peninsula, so that we can share our stories with each other and come up with some ways that we can make others aware of the struggles that some women over 55 are up against.

It would be great to get our local Council, our MPs, and representatives of the relevant Government departments to begin a conversation around the ways in which help and support can be accessed at the easiest level, so that no one just falls through the cracks and is left to struggle on alone.

I would love to talk to you if you are interested in being a part of the solution to this soul destroying situation. Please phone me on 0422 146 604 or email diannebennett4@hotmail.com.

Whether it's a small unit or a large acreage, we're at your service.



Lee Martin Bellarine Team Leader M: 0400 957 839

Ange Callan-Harris Bellarine Agent M: 0423 295 705

Want to know the new price of your home but don't want an appraisal? Simply text your name and address to 0400 957 839 and we will deliver a complimentary market report to you, within 24 hours.



Councillors' News

By Mayor Stephanie Asher

Welcome to the 20s! How exciting that we have a new decade stretching before us and the feeling of a clean slate at the start of a new year.

This year looms as a huge one for the council as we look to finish as many projects as we can before our term in local government ends in late October.

For the three Bellarine councillors there are several local issues we'll continue to push very strongly on behalf of our community.

Working with the state government to find transport solutions for the Bellarine is very high on the agenda. Everyone who lives on the peninsula knows that our bus services need to be more frequent and more direct.

We also need to consider new and innovative transport solutions into the future.

This is a conversation we've started to have with the state and we look forward to sharing what we learn.

We're also keen to see shovels in the ground building new shared trails to improve our connections across the Bellarine.

The council has already made headway on this

Funerals

project by consulting with the community to create a long-term masterplan. By the end

GEELONG

CITY OF GREATER

of our council term, it's important we see the highest priority parts of the plan completed.

We have such a huge opportunity to connect our Bellarine towns and tourist locations with shared trails to encourage more riding, walking, running and horse riding.

Planning sustainably to slow the rate of growth on the Bellarine will be a continuing focus. Through our recent Settlement Strategy we have made it clear that retaining the unique character of our coastal towns, and our rural and environmental features, is critically important.

And I have no doubt that discussion about a pool will hot up this year as well. The Bellarine community continues to loudly support a new 50-metre pool, which can be funded with a \$10 million election commitment from the federal government.

Let's continue our positive focus in 2020 and keep up the momentum to improve, protect and celebrate our beautiful Bellarine.



For once in my life I am totally lost for words.

The Lead up to Christmas was so busy thanks to the wonderful support our group has received from the local community.

Our group has 41 carers and over 73 children, each and every person in our group received something for Christmas.

The support ranged from food items for our hampers, toys, games and books for the under 8year olds, to vouchers for our children and young people 9 to 18 years of age, to special parcels for some of our families, to wooden toys the list goes on and on.

Every family received a hamper for Christmas, every child under 8 received a special present and each young person 9 to 18 years received a gift card and a toiletries pack.

Special thanks to Portarlington Pharmacy, Drysdale Guides, Bellarine Quilters, Drysdale Town Club, OPSM Waurn Ponds, Portarlington Bayside Slimmers, David, Joyce, Margaret, Fay, Deb, Bill, Nellie and so many others who didn't leave their names.

Again **THANK YOU** everyone for making Christmas so special for us as kinship carers.

If you are a kinship carer sitting at home, thinking that you are alone in your kinship journey please come join our support group. We laugh a lot, we cry a lot - but we support each other in our own special way.

We meet at SpringDale from 10am to 1pm on the first Monday of each month (except April)

If any business or organization would like to find out more about kinship care, please contact me directly on the number listed below.

Jeanette Hanley-Heath. 0414308257

I have asked Jeanette to talk to us this year about some of the common issues a Kinship carer faces so we can all be better educated. I know each time I share some time with her I learn something else. Hopefully you'll enjoy learning from her as much as I do Thanks Jeanette and thanks so much to everyone who supported our Kinship carers this holiday season.

Sincerely Anne Brackley

Kinship Thank You

SpringDale Neighbourhood Centre would like to extend our gratitude to the following Companies for their generosity and support for the 2019 Kinship Carer Christmas Tree.







Kester Black





Ph: 5251 3477

Call us ~ 24 hours / 7 days

"Committed to Caring"

PRE-PAY or PRE-ARRANGE your funeral

- Your funeral the way you want it and to suit your budget
 - Locked in at today's prices
 - Provides peace of mind for you and your family



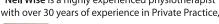
We invite you to join us for a contemporary and relevant Service

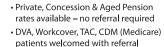
Sunday 10.00 am (Includes Children's Program at 10:40)

276 – 290 Jetty Rd Curlewis P: 5253 2241

Second Chance Shop 40 Geelong Rd. Portarlington







P: **5257 1832**

1 Mouchemore Avenue, St Leonards

E: info@stleonardsphysiobythebay.com.au W: www.stleonardsphysiobythebay.com.au

Courses are designed and presented according to requests and ideas from possible students or possible trainers. If needed and possible we try to schedule extra courses. We are also facilitating one on one sessions where requested and possible.



Course and Opportunity Guide.

SpringDale Neighbourhood Centre offers classes as part of our mission and the purpose of our organisation. We do this in conjunction with many partners including all our Instructors, a number of businesses and some Registered Training Organisations.

I believe all our activities include a brain training component, an interpersonal component, and even a practical component. We would appreciate any feedback you have at any time to help us improve our offerings and the experience we offer to our community.

Thank you to everyone who was so patient during our renovations last term. Our facilities have been upgraded with improved disability access in our foyer and also our toilet facilities. Thanks to City of Greater Geelong for these upgrades. We'd love to hear your feedback.

We are developing a few new requests and hope to add them to our offerings early in 2020. Please stay up to date with our offerings on our website and via our webmail.

Anne Brackley - Coordinator SpringDale Neighbourhood Centre Inc

New

Spam Phishing & Password Protection

Designed to make you aware of phishing, scams, spam emails and password manager protection. All the information is designed to make your online surfing safer. Explore the common phishing tactics used so you can avoid them. Learn to spot spam emails. Learn to use a password manager to protect your passwords to a range of accounts and web sites.

Instuctor: Agata Commisso

Dates/times: Tues 4 Feb 10.30am-12noon Dates/times: Tues 3 Mar 10.30am-12noon

Fee: Free

My Gov - The practical way

My Gov is the defacto online resource to accessing a range of Government Departments.

Learn how to create an account if you do not already have one. Learn how to login in with reference number and password. Learn how to use two factor identification with your mobile phone.

Explore a range of government services available and how to access and use them. Specifically reviewing Medicare, Centrelink, My health record.

Instuctor: Agata Commisso

Dates/times: Tues 11 Feb 10.30am-12noon **Dates/times:** Tues 10 Mar 10.30am-12noon

Fee: Free

Creativity Workshop

Designed to help activate your creativity, via a variety of different techniques. The techniques include fine art, sand play, painting, movement meditations, autobiographical comic making, music, drama and narrative therapy. Each of these modalities are to be explored and encourage individuals to work on their creative lives, according to the philosophy that everyone is creative, no matter your background, and through creativity, your life can become more vibrant.

Instructor: Courtney Brackley B.A.

Dates/times: Mon 3 Feb - 24 Mar 10am-12noon

Fee: Free

Fermenting Workshop

Come to a day of learning how to ferment..we will make Kimchi, Kombucha and depending on what's in season..you never know. Perfect for beginners or anyone just wanting a day in the kitchen. Bring some jars, a sense of adventure and humour and anything you may have growing in the garden that we can ferment. Course requirement list TBA.

Instructor: Charlene Bancroft
Dates/times: Sat 22 Feb 10am-2pm

Fee: \$65

Sourdough Bread Making Workshop

Learn how to make a sourdough Starter, how to look after and feed it, and then make a delicious boule style sourdough loaf as well as some currant buns, crumpets and sourdough pancakes. Hands on class with lots of info and fun to be had. Bring a bowl, a jar and let's knead together.

Instructor: Charlene Bancroft

Dates/times: Sat 21 Mar 10am-2pm
or Mon 23 Mar 10am-2pm

Fee: \$65

Five-String Banjo for Beginners

Twangy, percussive, spine-tingling - the banjo has a unique sound. In its various forms, it is famous for blazing-fast bluegrass rolls and licks, moody country blues riffs, quirky trad jazz and driving Celtic rhythms.

This is an introduction to playing five-string banjo for complete beginners. We will be using the 'Scruggs' or three-finger picking style which is the basis of bluegrass banjo. This style can also be easily adapted to other genres of music and is a great jumping off point for exploring the capabilities of this versatile instrument.

We will be learning in a supportive, small-group

situation (2-5 students). BYO banjo!

Instructor: Steve Williams

Dates/times: Tues 28 Jan - 3 Mar 3.30-4.30pm

Fee: \$150 conc \$120 (6 Sessions)

Five-String Banjo for Post-BeginnersSo you've got your five-string banjo basics down

So you've got your five-string banjo basics down and would like to take it further? Great!

This is a course for novice banjo players who can play a steady forward roll and manage basic chord changes (G-C-D), but don't yet have the skills and confidence to take part in a jam. We will be using the 'Scruggs' or three-finger picking style which is the basis of bluegrass banjo - and can be adapted to many other genres and styles of music.

We'll be improving our skills, adding some neat techniques to our repertoire and playing some new chords. And of course, learning a few new tunes! We will be learning in a supportive, small-group situation (2-5 students).

Instructor: Steve Williams

Dates/times: Tues 28 Jan - 3 Mar 4.30-5.30pm

Fee: \$150 conc \$120 (6 Sessions)

Help SpringDale help yourself

We have been helping people find jobs for many years and we'd love to help you. Perhaps you would like to know what we do at a Neighbourhood House? Perhaps you would like to help and build your confidence? We'd like to help.

Instructor: Anne Brackley

Dates/times: Mon 10 Feb and 17 Feb 10am-noon

Fee: Free

Writing for a Special Purpose

Always wanted to write something special about yourself, a family member, a thing or a place and didn't know where to start. This course will look at the basic principles of writing in English for different purposes and contexts. Start to write for your own personal purpose, learn how to receive feedback to develop your writing, learn how English works in different ways in writing and we'll have fun.

Instructor: Kate Cadman

Dates/times: Tues 4 Feb - 24 Mar 9.30-11am

Fee: \$120 or Conc \$80

Decluttering - Getting Started

This is a four part course run over 7 months. The first instalment is how to get started. Kuma will use his knowledge of property styling and Marie Kondo to help you get started on your home. You will also look at the local Council rules concerning recycling and hard rubbish collection.

Instructor: Kuma Stephens

Dates/times: Wed 26 Feb or Wed 18 Mar

2-4pm or 6-8pm **Fee:** \$40 or **Conc** \$20

Being Creative

Foundation Art Course Discover the Artist Within - Level 1

Art course using drawing media for adults. This is an introductory or refresher course with no previous experience required. Improve your skills learning to see as an artist "sees" through drawing exercises.

Instructor: Annette Playsted

Dates/times: Tues 4 Feb - 24 Mar 1-3pm

Fee: \$135 or Conc \$75

Media Art Course Discover the Artist Within - Level 2

To help you develop further as a potential artist this course is designed for those who have completed the level 1 course. Learn about Painting and Drawing methods. Increase your media knowledge in the techniques and processes of painting and drawing.

Instructor: Annette Playsted

Dates/times: Mon 3 Feb - 30 Mar 10am-12.30pm

Fee: \$135 or Conc \$75

Advanced Art Workshop Develop the Artist Within - Level 3

How to further develop your knowledge and broaden skills and perceptions. Designed for hobbyists or art students who have studied at the intermediate level of discover the artist within. Challenges are set to encourage the building of ideas to improve conceptual development and encourage the experimental use of media to broaden and develop unique approaches to media.

Instructor: Annette Playsted

Dates/times: Mon 3 Feb - 30 Mar 1-3.30pm or Dates/times: Tues 4 Feb - 24 Mar 10am-12.30pm

Fee: \$145 or Conc \$80

All Abilities Art

A studio based program for people of all abilities to explore their creative self using a wide variety of art materials. Discover your creative language to express yourself in a safe, supported and relaxed environment.

Instructor: Celia Adams

Dates/times: Fri 7 Feb - 27 Mar 10am-12pm

Fee: \$160 or Conc \$80 Bookings essential

Digital Photography - Sculpting with Light

How to get great results from a qualified teacher and professional photographer. You will learn and understand composition, using colour, posing, lighting techniques using shutter speeds, aperture ISO, Different file formats, downloading images from camera, phone or tablet.

Instructor: George Stawicki

Dates/times: Mon 24 Feb - 16 Mar 7-9pm Fee: \$110 or Conc \$100 (4 sessions)

Ukulele Beginners

Learn to play the ukulele for the beginner or a refresher if you already started. Support and guidance is offered during the sessions to assist with your skills.

Note: Your own ukulele is required

Instructor: Helen Brown

Dates/times: Thurs 6 Feb - 26 Mar 9-10am

Fee: \$95 or Conc \$85 (8 sessions)

or Single sessions \$15

Ukulele Intermediate

Having completed the beginner course, you are now ready for continued leaning of the ukulele.

Note: Your own ukulele is required.

Instructor: Helen Brown

Dates/times: Thurs 6 Feb - 26 Mar 11am-12noon

Fee: \$95 or Conc \$85 (8 sessions)

or Single sessions \$15

Ukulele Advanced

Having completed the beginner and intermediate courses you can now reach your full potential with the advanced leaning of the ukulele. Improve your skills and learning at an advanced level.

Note: Your own ukulele is required

Instructor: Helen Brown

Dates/times: Thurs 6 Feb - 26 Mar 10-11am

Fee: \$95 or Conc \$85 (8 sessions)

or Single sessions \$15

Cheese Making

Ever wanted to make your own cheese but was unsure of how to do it....well this class will cover all the questions you ever wanted to know. This is a hands on workshop where you make your own cheese and get to take it home. There will also be lactic curd cheese to produce and we will finish off make traditional ricotta. Requirement list closer to the date but will just be a couple of containers to take your cheeses home in.

Instructor: Charlene Bancroft Dates/times: Sat 4 April 10am-3pm

Teenage Sewing Classes

Learn to sew. Learn how to complete small projects with new and different techniques in each class. Learn to make your own personalised gift. Short projects you can take home on the same day. Utilise sewing machines, accessories, and haberdashery. Sewing machine provided or if you prefer to bring along your own.

Instructor: Denise Kent

Dates/times: Sat 8 and 22 Feb, 14 and 28 Mar

10am-12noon Fee: \$20 per session

Espresso Coffee Making

How to make your coffee taste like a café using your home or work machine. You will also learn how to get the most out of your coffee machine.

Instructor: Jordon Smith

Dates/times: Sat 1 Feb or 7 Mar 10am-12pm

www.springdale.org.au

Fee: \$40

12

Sustainable Wardrobe Workshop

Learn how to update or upcycle a garment. Update something you found at a recycle shop or blend with something from your wardrobe. Upcycle or repurpose items you already possess. You will learn how to replace a button, to mend a 'worn

spot', to repair fallen hems, shorten (or lengthen) a garment or even a sleeve, to enjoy more wear from a favourite garment.

Instructor: Denise Kent

Dates/times: Thurs 19 Mar and 26 Mar 12-2pm

Fee: \$160 or Conc \$80

Wellbeing

Hatha yoga promotes wellbeing by bringing the body, mind and spirit back into harmony. Yoga classes enable people of all abilities and ages to gently work at their own level to improve their movement and bodily awareness through a range of yoga techniques. These include moving through various stretches, breathing exercises, meditation and relaxation.

Instructor: Glenda Breedveld

Materials: Bring your own mat and blanket if

required.

Venue: SpringDale Hall

Dates/times: Mon 3 Feb - 23 Mar 9.15-10.45am Fee: \$115 or Conc \$105 (7 sessions) Dates/times: Thurs 6 Feb - 26 Mar 6-7.30pm

Fee: \$135 or Conc \$120 (8 sessions) \$20 per session if paying for single sessions

Basic Tai Chi principles and exercises. Tai chi is an ancient practice of combining slow, deliberate movements, meditation, and breathing exercises. Tai chi consists of exercises equally balanced between yin and yang, which is why it is so remarkably effective. Learn all this in a fun and supportive environment. Suitable for all levels.

Instructor: Kathy Lanthois

Dates/times: Tues 4 Feb - 24 Mar 7-8pm Fee: \$95 Conc \$85 for 8 Sessions Dates/times: Fri 7 Feb - 27 Mar 9-10am Fee: \$95 Conc \$85 8 Sessions

\$15 per session if paying for single sessions

How to use a Defibrillator

By using a defibrillator before an ambulance arrives can double someone's chances of survival. Using one is simple but being walked through the process will give you more confidence to come forward and help a person during an incident. Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO90909

Instructor: Stayin' Alive First Aid Dates/times: Thurs 6 Feb 6-7.30pm

Fee: Free

Languages

Latin

The language of Catullus and Cicero for the beginner or for someone who has some previous Latin learning. A range of internet resources are used in the course.

Instructor: Neil Bell

Dates/times: Fri 7 Feb - 27 Mar 2.30-4pm

Fee: \$50 for 10 weeks

Intermediate French

Designed for enthusiasts of the French language. The course focuses on vocabulary, comprehension, pronunciation and some grammar. This course is designed for those with an intermediate level of knowledge of the French language. Join a friendly and supportive group with ongoing lessons.

Instructor: Serge Botans

Dates/times: Tues 4 Feb - 24 Mar (9 weeks)

11.30am - 12:45pm

Fee: \$135 or Conc \$120 or Single sessions \$20

The SpringDale Messenger February 2020

Autism Plus

Talking about Autism

A time for sharing helpful and practical information for people interested in the Autism spectrum.

Facilitator: Anne Brackley Dates/times: Fri 28 Feb 1-3pm

Fee: Free

All Abilities Art

Bookings essential

A studio based program for people of all abilities to explore their creative self using a wide variety of art materials. Discover your creative language to express yourself in a safe, supported and relaxed

Instructor: Celia Adams

Dates/times: Fri 7 Feb - 27 Mar 10am-12pm

Fee: \$160 or Conc \$80 Bookings essential

NDIS Families as Planning Partners

A course designed for families and careers who want to understand and use the NDIS as an opportunity to build a "good life" for their family member. Covering understanding NDIS, getting your point across effectively, NDIS Planning, and whole of life planning. How to manage the plan supports and funding.

Instructor: Donna Shaw VALID

Dates/times: Wed 29 Jan - 19 Feb 9.30am-12.30pm

Digital Technology

Introduction to Computers

You will learn how to use your laptop or desktop computer system more effectively.

In this supportive environment created by our instructor, you will be exposed to how to use the mouse, how to set up folders and files, use email, and be exposed to a whole range of things that can be done with your computer. $\mathbf{L}_{\text{\tiny Loop}}$ \mathbf{C}

Instructor: Brenda Richardson, Iteracy

Skill Level: Beginner

Dates/times: Thurs 6 Feb - 26 Mar 1-3.30pm

Fee: \$170 or Conc \$80

Computers - Beyond the Basics

This is a continuance course from the introduction to Computers. This course is designed for those who have used a computer before and now want to move to more advanced learning such as how to search the internet for information, create more than just a basic document, as well as set up a computer to your preferences and likes.

Instructor: Brenda Richardson, Iteracy Skill Level: Intermediate

Dates/times: Thurs 6 Feb - 26 Mar 1-3.30pm

Fee: \$170 or Conc \$80

Smart phones, iPhones, tablets, iPads

This introductory course is designed to assist you to understand and use your iPhone or iPad confidently. Conducted in a friendly relaxed environment you will learn step by step how to set and use your device. We will cover issues such as security, keeping in touch with friends and family. Researching the correct apps available for your needs.

Instructor: Brenda Richardson, Iteracy

Skill Level: Beginner

Dates/times: Tues 4 Feb - 24 Mar 1-3.30pm

Fee: \$170 or Conc \$80

Buying and Selling on eBay

This course will navigate you through the process of getting started buying and selling your goods and services on eBay. The first session focuses on buying and the second one focuses on selling. NOTE: Bring along your email address and password as well as your banking details so you can get up and running while attending the course.

Instructor: Ken Brackley. Dates/times: Tues 4 Feb and 3 Mar 4-6pm

Fee: \$50 or Conc \$30

Future Direction

Thinking about being a Support Worker?

Have you thought about caring for a person with some challenges and wondering whether this is the right option for you. Explore the possibilities with an experienced trainer leading you through some scenarios to assist you in your decision.

Instructor: Maryanne Cosic

Dates/times: Tues 17 Mar & 31Mar 10am-12noon

Fee: \$40 or Conc Free

Confidence through Cookery

Learn basic cooking techniques for making meals and developing food, nutrition and food handling

Instructor: To be advised

Dates/times: Tues 4 Feb - 24 Mar 10am-2pm

Fee: \$160 or Conc \$80 **Returning to Earning**

If it has been a while since you did any studying, this course is designed to assist you. The course will help with issues like, you feel as though you have been left behind or feeling that you may not be able to keep up. Helpful information will include how to use the internet to research information and how to upload your work to an educational institution. You will also develop a career portfolio.

Instructor: Anne Brackley

Dates/times: Tues 18 Feb & 10 Mar 10am-12noon

Fee: Free

Focusing on the Future

This course is designed to give you a sample of a number of classes running at SpringDale to help you decide on your future direction. Come along and share your ideas, experience and dreams. Then we will select a range of classes to suit your skills, ambitions and desires.

Instructor: Agata Commisso

Dates/times: Mon 3 Feb and 7 other sessions

10.30am-12noon Fee: \$100 or Conc \$80 Joy of Volunteering

The joys of volunteering include giving back to the community, using your unique skill set. Many organisations and clubs rely on volunteers to survive.

This course looks into all aspects of volunteering. It's also a great way to meet people. Listing volunteering on your resume is a plus. Learn C

Instructor: Anne Brackley

Dates/times: Fri 7 Feb - 27 Mar 10am-12noon

Fee: Free

Introduction to Event Management

This introductory course will expose you to all facets of planning and running an event. Areas covered include, where to start, what roles need to be fulfilled, budget required, people needed. Also covering debriefing and follow up. From Q

Instructor: Anne Brackley

Dates/times: Thurs 6 Feb - 26 Mar 2-4.30pm

Fee: \$120 or Conc Free

Introduction to Community Services

Gain a better understanding of how community services work and opportunities for you to pursue this sector as a new direction for you. So, if you are a volunteer, returning to work or looking for a career change community services sector may be for you. Community services sector is growing.

Dates/times: To be advised

Instructor: Kerry Murphy <u>L....</u> 0

Fee: Free

Returning to Learning

If it has been a while since you did any studying, this course is designed to assist you. The course will help with issues like you feel as though you have been left behind or feeling that you may not be able to keep up. You will also develop a career portfolio.

Instructor: Anne Brackley

Dates/times: Tues 4 Feb - 24 Mar 9am-12 noon or

Wed 5 Feb - 25 Mar 9am-12 noon

Fee: \$16 conc Free

Folio Preparation & Visual Diary Journal

Create a folio which will provide an opportunity to build art or design skills as a pathway for students seeking entry into TAFE or University. Also create a visual diary made up of notes, diagrams, collage, photography and so on.

Expression of interest

Accredited Courses

Provide CPR Code HLTAID001

Pre-course work is required please contact Mirelle to reserve your place on 0412 247 849

Instructor: Stayin' Alive First Aid Dates/times: Fri 21 Feb 9.30am-12noon Fee: \$60

Provide First Aid Code HLTAID003

Pre-course work is required and you will be contacted before the course with the details.

Instructor: Stayin' Alive First Aid Dates/times: Fri 21 Feb 9.30am-3pm Fee: \$120

Provide an emergency first aid response in an education and care setting Code HLTAID004

The unit of competency applies to educators and support staff working within an education and care setting and will contribute towards approved first aid, asthma and anaphylaxis training under the Education and Care Services National Law and the Education and Care Services National Regulation (2011).

Instructor: Stayin' Alive First Aid Dates/times: Fri 21 Feb 9.30am-4pm

Fee: \$160

Please contact Mirelle to book a First Aid place on 0412 247 849



SpringDale Groups

To attend SpringDale Groups you must be a member of SpringDale - Annual Membership \$12 - each group charges a small fee ranging from \$2 to \$12 per session.

Kinship Carers

Meets monthly Monday - 3 Feb, 2 Mar 10am-1pm

SpringDale Reads

Our book group meets first Thursday each month 7.30-9pm

Tech and Talk

As a result of community requests Brenda will be hosting a monthly Tech and Talk group to help ex-students keep up to date with their computing and information systems journey of learning iournev.

Wed 26 Feb, Wed 25 Mar 1-2.30pm

Card Games

Enjoy playing cards? Come and play Canasta & Bolivia. Monday afternoons 12.30-3pm.

Friendly Cuppa and Chat Group

Call in for a cup of coffee and a chat on the first Tuesday of the month between 10.30-11.30am.

Dining Club

Monthly dinner for new residents and people interested in meeting new people and trying local dining experiences. Dates and venues are published monthly in the SpringDale Messenger. Register your interest by emailing office@ springdale.org.au or phoning 5253 1960

Girls' Shed / Craft Group

A great activity for all year. Keep your hands busy and be creative. Bring your UFOs (Un Finished Objects) Tuesday weekly from 1-3pm.

Wednesdays 1-3.30pm weekly at The Scout Hall Drysdale. New Members welcome.

Bellarine Community Choir

Peninsula residents are welcome to join this choir. We sing 4 part harmony to perform at functions on the Bellarine and Geelong. All welcome.

Thurs 1.30-3.30pm

Cryptic Crosswords Group

This group meets Fridays 10am at Zoo Cafe and solves crosswords from the Guardian. This group is for seasoned cryptic crossword solvers. We may provide workshops for beginners if there is a need.

Fun Volleyball

We play with a soft beach ball, and the aim is exercise. Other session times possible, register vour interest. Mondays from 9-10.30am

Venue: Drysdale Scout Hall

Genealogy

People interested in researching family history come together weekly and share tips and tricks. Thursdays 9am-12 noon

Jigsaw Club

Borrow a jigsaw from a big library, 40¢ each. The first Thursday of the month from 10am-12noon.

Mahjong Club

This group meets Wednesday from 9.30am-12noon.

Pole Walking Group

Enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those employed during a vigorous walk. Weekly Mondays 8.50-10am (Contact SpringDale for meeting points)

Scrabble Club

Held on Tuesday afternoon, 1pm-3pm and caters for players of all abilities and new players welcome.

Men's Kitchen - Tuesday Mornings

Tuesday morning 10am-1pm

Location: St Leonards Recreation Reserve

Fee: Price depends on menu

Men's Kitchen - Wed/Thurs/Fri Morning

Wed/Thurs 10am-2pm Fee: Price depends on menu

Men's Kitchen - Wednesday Evenina

We will be running a Men's Kitchen every second Wednesday evening from 5pm-8pm.

New members welcome Fee: Price depends on menu

SpringDale Artists

The SpringDale Artists meet each Wednesday. Activities include working sessions, discussions, demonstrations and gallery visits. Wed 9am-12noon or Wed 1-4pm.

Wheelie Riders

SpringDale membership is all you require. Would you like to get involved in cycling again? Rides vary in difficulty and start from SpringDale at 8am. New riders welcomed and shorter rides are graded to suit individual needs.

Rides Mon, Tues, Wed, Fri and Sat or Sun.

SpringDale Singers

SpringDale Singers meets at SpringDale Neighbourhood Centre on Tuesday afternoons at 1.30-3.30pm.

We sing in harmony (4 parts) a wide range of music and song; enjoying good fellowship and the joy of singing. Several conductors (from the group) strive to enhance performance over the year. We are not a performing choir although we do have an end-of-year performance at SpringDale Centre. We welcome any interested singers to join us; the ability to read music is not essential, we learn as we go.

Write About

A group of committed Writers ranging from Biographers, Poets, Storytellers, Song and Report Writers meet on the 1st Thursday of the Month from 2.30-4.30pm.

Line Dancing

Join our group. Every Wednesday 10am-12noon.

Scrapbooking & Card Making Group

Organise your precious memories by scrapbooking your photos or cardmaking for all occasions. Scrapbooking solutions, products & use of tools.

Date/time: 2nd Thurs each month, 1-4pm

Instructor: Lyn Clough

Fee: \$10 per session Ph 5251 3008

Harvest Basket Produce Swap & Edible **Gardening Group**

Meets 1st Saturday of every month in the SpringDale Hall. You do not need to have anything to swap to come along and forge friendships and share veggie gardening skills.

Date/time: 9-10.30am

Feltina

This is not a class but people coming together to enjoy felting. If you're not sure what felting is, just pop in for a look. For further information you can contact Julie 0409 368 290 or Jill 0435 499 820

Date/time: 1st Saturday each month. 10am-3pm

Community Garden

Growing Green - a Healthy and Sustainable Community.

Work in the communal area or establish your own personal plot to produce fresh food of your choice to be enjoyed at home, swapped with other members or donated to the Drysdale Community Church's Foodbank project. Membership forms, details of annual payment and other information are available from the SpringDale Office.

5D Diamond Painting group

Combining mosaic beading and colour by numbers to make a gorgeous picture that you create yourself. Kits provided at cost price. Second Saturday each month 11am-4pm \$4.

Bowling on the Spectrum

Lawn Bowling group meets at Drysdale Bowling Club 2nd and 4th Wednesdays 10am-12noon

Business on Bellarine

Business network group meets weekly Tuesday mornings 8-9am

Wednesday Morning Craft

Patchwork, candle wicking, machine piercing, or whatever 9.30am-12noon 1st and 3rd Wednesdays

Let's Talk about Death and Dying

First Wednesday each month

Ever wanted to learn how to Act and Perform? Or just have some fun and grow your confidence? Don't want to be on stage? Fine, come and help behind the scenes, or just join in off stage... There is a small group of wonderful, talented and supportive people who have already tried and loved it and will be in the group already. So you won't be on your own.

Dates/times: 12.30-2pm Wednesdays

Harmony Group

Building a better world we meet as needed to bring an annual Harmony Day together - please let us know you would like to help.

Lunch Bunch

We meet on 3rd Wednesday each month to enjoy lunch together at a local café.

Sci Fi Group

A new group to focus on bringing Science and Science Fiction to life - ring SpringDale for more

Talking about Autism

Meets quarterly to talk about Autism strategies

Drysdale Toy Library

By appointment

Portarlington Toy Library

By appointment

Non SpringDale Activities

Drysdale Guides

Our Mission is to enable girls and young women to grow into confident, self respecting, responsible community members. We meet on Thursday evenings at SpringDale Neighbourhood Centre. Jr Guides girls aged 5 - 11 years meet from 4-5.30pm and Senior Guides girls 11 to 18 years meet from 6.30-8pm. Contact Anne Brackley for more details 0407 529 205.

Pilates

Open to all ages. Improve your fitness, core strengths, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention & direction.

Instructor: Monique MacLeod Phone to book: (03) 5251 2958

Venue: Drysdale Physiotherapy & Sports Injury

Clinic, 27-29 High Street, Drysdale Dates/times: Ball class Tues 28 Jan 8.45am

Beginner/Intermediate floor classes Tues 28 Jan 10.30am or 11.40am & Thurs 30 Jan 6.45 pm or 8pm. Fee: \$135 (9 classes).

Bellarine Woodworkers Inc.

All keen woodworkers have the opportunity to meet on the first Monday of the month at 1.30pm - 3pm. New members welcome. Just turn up.

Bellarine Camera Club

We are a friendly group of amateur photographers, enjoying the challenge of improving our photography by actively taking photos, learning by entering competitions and talking to other members and judges about our photography. Bellarine Camera Club meets at SpringDale Neighbourhood Centre, Drysdale, at 7:30pm on the first and third Monday of the month. For further details call in to a meeting, or go to our website www.bellarinecameraclub.org.au

Fortnightly Clay & Cocktails by Candlelight

Come and have fun at Hazy Tales Pottery Studio whilst unleashing your creative side with clay. Each fortnight we create something different. We also have childrens sessions, birthday parties, hen parties etc

Instructor: Sally Hobson @ Hazy Tales Art &

Potterv Studio

Dates/times: Fortnightly on Thurs at 6.30 - 8.30pm

Fee: \$65

Book: www.hazytales.com.au or Call/text: 0439 709 492

Potential New Group

Outdoor sketching group

Outdoor sketching group has been suggested it could run once a month alternating between Saturdays and Sundays please register your interest with SpringDale 5253 1960

SpringDale Business & **Community Services**

Photocopying, faxing, scanning, transfer video tape to dvd, transfer slides to digital format.



These services are available 9am-5pm weekdays and maybe available after hours and weekends by arrangement.



JP Document Signing Service

Wednesdays 10am - 12noon an Honorary Justice of the Peace is available to witness most documents excluding Births, Deaths and Marriage certificates.

This is a free service staffed by local volunteer JPs. Bus stop at front of building, waiting time minimal and parking available.

The SpringDale Messenger February 2020

Enrolment & Payment Conditions

Scheduled Fees:

Courses at nominated rates.

Single Sessions:

Incur a \$5 Administration Fee.

ENROLMENT

5 ways to book into a class -

Phone: (03) 5253 1960 Text: 0416 450 534 In person, at SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale

Online: courses.springdale.org.au Email: office@springdale.org.au

- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip.
 - If there are not enough enrolments to successfully run a course, it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified, and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

PRIVACY

The SpringDale Neighbourhood Centre respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

Please sign up for course updates via webmail, texting or a phone call.



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CARROTS are an excellent source of vitamin A in the form of beta carotene and a good source of several B vitamins, K and potassium.

Carrots are found in many colors, including yellow, white, orange, red, and purple.

They are the perfect snack - crunchy, full of nutrients, low in calories, and sweet. Washed and cut into sticks for a dip or grated as part of a salad makes them easy for young and old to enjoy any time.

Eating carrots is linked to a reduced risk of cancer and heart disease, great to help lower blood cholesterol levels, are low in calorie and improve eye health.

Carrot Falafel

125g chickpeas (cooked or canned, well drained)

1 garlic clove, peeled

3 spring onions chopped

½ cup parsley chopped

½ tsp ground cumin

½ tsp ground coriander

½ tsp cayenne pepper

6 Brazil nuts (15 almonds or cashews)

3 medium carrots, peeled and grated

4-6 dried apricots, finely chopped

1 teaspoon sesame seeds

1 egg, beaten

A little olive oil

Optional

- 150g natural yoghurt
- Squeeze of lemon juice
- ½ cup chopped coriander
- Blend the yoghurt with lemon juice and coriander to taste.
- Place the chickpeas, spring onion, garlic, parsley, spices, and nuts in a blender.
- Process briefly to a rough paste.
- Tip the mixture into a bowl.
- Add the grated carrots, chopped apricots, sesame seeds and beaten egg. Mix thoroughly.
- Form the mixture into 12 small balls and flatten them slightly.
- Spray a non-stick pan with a little olive oil and place over a medium heat.
- Add the falafel and fry lightly until they are brown on both sides.
- Serve the falafel warm, with the yoghurt or pickles.



Carrot Hummus

400g (3 medium carrots) peeled, coarsely chopped, cooked

3 cloves garlic, crushed

1 can chickpeas, rinsed

1 lemon juice and zest

2 tablespoons natural yoghurt

1 teaspoon sesame seeds (opt)

Sprinkle of cayenne pepper (opt)

Salt & Pepper to taste

½ cup extra virgin olive oil

- Blend all ingredients except for the olive oil.
- Once blended to smooth, drizzle half the olive oil and blend again.
- Place into a serving bowl and drizzle the remainder of the olive oil on top.





Hi, my name is Pamela, I moved to The Bellarine in 1983 from Wisconsin USA.

My interest in healthy foods began when I was 14 years old and diagnosed with Anemia.

My family doctor prescribed an iron supplement, which gave me Constipation. I decided to stop taking the tablets and find alternatives in my diet. I began to eat food high in iron, such as beets, spinach and dried currants. My Anemia disappeared hence my lifelong interest in diet and health. I would love to share some yummy snacks, which taste good and are heath enhancing.

I look forward to seeing you all at my morning tea on Monday 10th February at 10am at SpringDale.

Cheers, Pam





Clifton Springs Garden Club

Clifton Springs Garden Club had a very successful 2019, welcoming 18 new members, enjoying presentations on a great variety of subjects from insects in your garden to painting flowers and lots in between. We also had several enjoyable outings to gardens that are not always accessible to individuals and were able to donate \$1100 to Charities and Community Groups from money raised at our annual plant sale and raffle.

We were also able to help one of our long term members celebrate her 90th birthday at our last meeting for 2019.

The Committee is working hard to make 2020 an even better year. At our first meeting on 17 February, Kevin Butterworth will talk to the Club about Begonias. This fits in beautifully with our first outing for the year to Ballarat, where we will be having a guided tour of the Ballarat Botanical gardens and visiting the begonia hot house. There will also be a short presentation to the winners of our Monthly Show Bench.

Our meetings are held on the third Monday of the month at the Uniting Church Hall Drysdale. Visitors are always welcomed with a warm smile from our Meet & Greet Person Simon, so why not come along and see if you would like to become a member.

If you would like further information on the Club please contact our Secretary Helen, on telephone 5257 2220 or email hma3152@gmail.com





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Barbara Batters 90th birthday

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St Leonards Garden Club

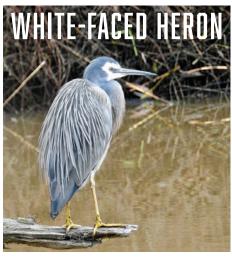
Hello Everyone

My name is Wilma and I am a committee member of this club. We would like to extend an invitation to all people interested in gardening of all kinds, to come along to our monthly meetings. Visitors are always welcome. We look forward to another year of interesting guest speakers, enjoyable outings and sometimes workshops. We are fortunate to have Jason Smith

from Bellarine Bayside coming to our first meeting Wednesday Feb 12th and then David Cass a horticulturalist from Banks Rd Winery is coming Wednesday March 11th to speak to us. Our first outing will be to Bellarine Landcare Nursery date to be confirmed.

If you would like further information contact me on 0421084478 we look forward to meeting you. Bring a friend, enjoy our guest speaker, have a cuppa and a chat.





Zellarine Birdlife

Often these birds are silent only creating a loud 'croooaak or graaww' when flushed from their environment. They have a slow leisurely flight with neck neatly tucked in. The strong wings gently carry them away to safety. The birds though usually sighted in ones and twos, prefer to nest in colonies when breeding usually near water.

You would be surprised that these birds can camouflage themselves quite well and I have strolled by the St Leonards Lake and been surprised when a bird has taken off from quite near the pathway. Its grey body often blends into the tall reeds and because it is motionless, our eyes pass by it without seeing.

Carole ONeill



Classes held in Drysdale Monday Wednesday & Thursday for students 3-Adult age

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Another Successful Mentorship

I love being around young people who have been given the opportunity to explore new and exciting things that they may never have thought about trying. We have some amazing teachers that identify skills and talents in students who totally do not believe in themselves.

Watching these young people build in their confidence as they are encouraged by the people around them to try something new, they learn to develop and share their passion for their chosen art or glass item/s.

The Rotary Club of Drysdale are privileged to share with the local Bendigo Community Bank's sponsorship of students from four local high schools for the Bruno Callori Young Artist Mentorship Program and two local high schools for the Festival of Glass Mentorship Program.

The Art Mentorship has just completed its 9th year and the Glass Mentorship its 2nd year.

Jill Shalless (art Mentorship) judges the submissions of year 11 student's art work at the Rotary Club of Drysdale Annual Easter Art Show. Four students are selected to be mentored by Jill.

The Glass Mentorship under the Mentors David Hobday and Glenda McNaughton is evolving with each year and the standard of the student's work improving.

Caroline Rickard - Publicity Officer Rotary Club of Drysdale

0408 989 221







SpringDale's ubiquitous and needle-sharp back room boys have been clueing me up on a unique list of movies which have just (as it were) come of age. It seems that the plots of these films, (regardless of their release date,) are actually set in our real-life year of 2020. VOYAGE TO THE PREHISTORIC PLANET (1965), DROID (1988), MISSION TO MARS (2000), STRANDED (2001), EDGE OF TOMORROW (Written in 2004 but not made until 2014), and ANNIALATION EARTH (2009) all appear on this list. I have to confess that I haven't seen any of them, so it looks as though I have some serious catching up to do!

This year we want to add to the current wide ranging list of SpringDale groups a new one dedicated to science adventure style fun. We are hoping we can encourage all local current and potential sci fi buffs to periodically assemble at SpringDale to help us brainstorm new ideas. A greater spread of ideas at the base of new projects would greatly enhance our finished product.

On Thursday February the 20th, 2020, at 4pm. our co-coordinator will be hosting an initial meeting at SpringDale to get this going and also to plan some of this years' sci fi highlights. At this time we will be hoping to lock in the date of this years' Apollo mission to the moon. We want all of last years' crew and lots of new faces as well for another wild day of space flight! Be there or be square! All spaced out and ready to fly, John.



Be eligible to be part of and participate fully in our SpringDale Groups.

SpringDale Membership -\$12 per year or \$100 for whole of life.



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Reconciliation **Action Plan**

In 2019 SpringDale Neighbourhood Centre started to work on a Reconciliation Action Plan. You'll start to see changes with many things that we do, through awareness and acknowledgement of indigenous culture. We have a number of people who are helping us down this path but there is always room for

Last year I visited the Budj Bim, home to the ancient Aboriginal aquaculture system in south-western Victoria, which was inspirational. Seeing engineering feats from thousands of years ago was amazing and enlightening.

Looking forward to where this journey takes us next.

Anne Brackley



SpringDale Trivia 30th Edition

by Drysdale Girl Guides

- 1. Which flower is often worn as a sign of respect on ANZAC and Remembrance Day?
- During which month does the Annual Bellarine Agricultural Show take place?
- In which of Shakespeare's plays does the character Ophelia appear?
- Which Sea lies to the North of Egypt?
- Kookaburras are the world's largest type of which bird?
- What is the international radio code word for the letter O?

to page 23

to find the

answers.

- 7. If you were using a kiln and a kick wheel, what crafting activity might you be doing?
- 8. Brandon Starc, brother to cricketer Mitchell Starc, represents Australia in which sport?
- 9. Which letter is to the left of H on a computer keyboard?
- 10. Stone fruits, such as Nectarines, Apricots, and Peaches, are traditionally associated with which season?

Drysdale Guides Meet on Thursdays during the school term 6:30 to 8:00. If you are interested or have any questions please contact Anne Brackley on 0407 529 205

Mentoring by Rob

My thoughts, ideas and experiences on training.

I served an apprenticeship as a Letterpress Printer in 1970 and as a young teenager it was almost expected that you'd be given meaningless jobs, ostracized, criticised and or abused. Fortunately I finished my time with some recognition for producing quality work. After five years I left and pursued other options.

At the tender age of 40 I took on an adult apprenticeship as a Structures Aircraft Maintenance Engineer with Ansett Australia Airlines. For the first time in my life I had a job that I loved. Being the oldest of all the new apprentices I became a mentor/trainer to many of the young guys and girls. Much of the hands on skill, came relatively easy to me as I had been working on cars all my life.

Over the years I would try to train apprentices, to achieve a better result than me. I would tell the trainee, that if they could do a job as good as me, then we have done a good job of teaching them. If they achieved a better result than me, then we've done a great job in training, and that they should be proud of themselves. I believe that if you love what you're doing, great results will come. I was often given the more difficult jobs, and produced quality work.

I believe that everybody, has the ability to achieve excellence in some field.



Encouragement is very important when learning. When you think you've done something well, strive to do it better next time. If it looks good, make it look great.

My final thought is that both the Trainee and Trainer, should never, avoid or be scared to ask questions. Remember most stupid mistakes, could have been avoided by asking what you thought was a stupid question.

Robert Croft



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EDI - A Grade 1st: Demons Bluff - Kevin Robley

EDI - A Grade 2nd: Wild Waves - Lynne Pearce



BELLARINE CAMERA CLUB

Recently local landscape photographer Dean Cooper was our guest speaker; he spoke about composition in landscape and seascape photography as well as showing some of his amazing seascapes, most of which were along our beautiful coastline. He returned to our club a couple of weeks later to judge the landscape/seascape set subject competition. Members learnt a lot about composition from these meetings and we appreciated Dean spending time with our club. Results from our competition are detailed below.

For Club details please call in to a meeting, or visit www.bellarinecameraclub.org.au

Lynne Bryant - President





EDI - B Grade 1st: Derby Mud Flats - Robyn Curtis

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Memories of Yesteryear

by the Older Generation of the Bellarine

Laura Eunice Whitcombe (Nee Purnell) 1894-1983

The Whitcombe Walk... continued

Laura Whitcombe was a significant and much-loved citizen of the Drysdale community, a remarkable person with a love for life and helping others whenever she was able.

Laura's father was a well-known Cabinet
Maker, the family lived in rooms behind their Fathers workshops in
Little Ryrie St, Geelong. He was third in a line of high-class craftsmen.
Many examples of Purnell's Furniture and works are to be found in the
Great Hall at Victoria's Government House, the old Parliament House in
Canberra, Victoria State Parliament also the Geelong Grammar School.

Laura's ancestors were market gardeners and farmers near Bristol and some later moved to London, from there they emigrated to Victoria from 1850.

Laura attended Mathew Flinders State School, leaving at 12 years of age to work as a housekeeper for an Aunt. I think that my mother resented this intrusion on her education, as all her surviving brothers and sisters (Bervin, Edith, Les and Jean) were to receive a much better than average education for those times. Later however she was able to learn dressmaking at the Gordon Technical College.

Her brother Bervin studied bookkeeping and inherited their father's business, he served as a Councillor for the City of Geelong for 12 years and was elected as Mayor of Geelong for 3 years 1949-1952. Edith was artistic,

EDIVORS GEORGESAN UNGEED NOR

Ian did turn 94 years of age and he felt the time had come to hang up his memory cap, sadly he passed away at Seaview Manor early January.

Thank you, Anne Brackley, for allowing us to record the Whitcombe story in The Messenger over the past couple of years. We hope the readers have enjoyed walking with us down memory lane. We've tried to make these stories more about the Agricultural History of the Whitcombe family within the Drysdale and Bellarine District.

Ian wanted to pay tribute to his treasured Mother, Laura.

studied Floristry and married a Drysdale farmer Bert Judd. Jean studied Nursing at Geelong Hospital, she went on to be Matron at Marble Bar W.A., Cocos Keeling Islands, numerous posts in Western Australia and all over the world. Les became a woodwork trade teacher at Preston Institute. Then retired to Indented Head, built many fishing boats, kayaks and paddle boards and started the Boat Hire business opposite his home at Indented Head. He also became a great Bellarine Historian.

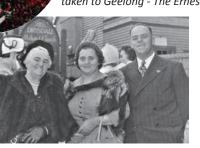
During the 1st World War, Laura worked at the Geelong Hospital as a Voluntary Aide Detachment V.A.D. (VAD was a voluntary unit of civilians providing nursing care for military personnel in the United Kingdom and various other countries in the British Empire). It was during this time, that she met a young Corporal, Bob Whitcombe, convalescing there in 1916, he being medically unfit for further service. Laura and Bob were married in 1920. In the early years in their life together and in addition to her own family concerns, she nursed her mother-in-law prior to her death in 1925. In addition, Bob's brother Bart was an epileptic and needed constant supervision.

While my father was a good provider, it was probably due to mother's management, that we lived as well as we did during the

depression. During those difficult years, she almost always had at least one border in the house. There were times when they would have been non-paying borders too.

Last Story Written by Ian Whitcombe and Lesley Whitcombe

Pictured - Alan & Ian watering the garden at Cote Royd Pictured - The first Bus Line that Mother would have taken to Geelong - The Ernest Danial Butcher Bus







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The science of playing croquet.

There is definitely more to the game than just hitting a ball through a hoop or hitting away an opponents ball. While it is considered a gentle game it is by no means passive. Science and Mathematics are definitely involved. When you have a moving object colliding with a stationary object momentum occurs. But exactly where that momentum sends the ball involves skill. The speed of the ball and the angle that you hit the ball are skills that develop as you play. Sometimes we are simply amazed at the outcome of the ball played and at other times frustrated, but the joy of playing the game is very satisfying.

We have some very skilled players at Drysdale Croquet Club. Geoff Harding and Les Matthews recently won the Section 1 Pennant of the Geelong Croquet Association, and Jenny Caldwell and Len Bufton were runners up in the Section 2 Pennant. All played extremely well against some keen competition.



Geoff Harding and Les Matthews playing in the last game of the 2019 Pennant.

We are always interested in introducing new people to the game and provide training for beginners. If you would like to have a try, or to watch a game, visit us at the Croquet lawns on Clifton Springs Road next to the Bowling Greens on a Tuesday (Training day), Wednesday or Friday. You can also contact us on drysdalecroquet18@gmail.com or ring Kaye on 0422481841.

Kaye Sampson



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Learning from ordinary things



Over the holiday season I was lucky enough to have time to create a picture from a box full of jigsaw pieces. The jigsaw was a gift 18 months ago and I had tried to juggle it on top of piles of tasks. But I asked a friend of SpringDale to make me a jigsaw board, which they did. Once I refound where I had hidden it and I had space and time – off I went.

Firstly, I worked on the perimeter and tried to group pieces in colour groups. Then I strategically placed it on the kitchen table and every time I went past it I tried to fill in another gap. As the days went past and I handled the pieces more, I realized tiny details that I didn't see in my initial handling of the pieces.

Other people started to help and pieces I had grouped together, but not found the correct spot for that group, were turned around and landed in their final spot. Others kept looking for the one still missing perimeter piece that seems to have wandered off over the 18 months.

Reflecting on this project and process has taught me so much. Lessons that I have learned in other parts of my life but this simple task seems to have focused my attention to how simple learning can be.

- 1. Create the right environment
- 2. Get the outline right
- 3. Make it visible for people to see
- 4. Allow others to help complete the picture
- 5. Be prepared to work on small parts at a time
- 6. Revealing extra detail will help to complete the task
- 7. Celebrate small wins together
- 8. Appreciate the journey
- 9. Keep going.

This jigsaw is even more tricky as it is a Wasgij and so the box doesn't have the picture to copy – you actually have to think about what might happen next after the picture on the cover.

I love learning - this has been so much fun. I have always wanted to have a jigsaw on the go for the whole family to work on and that goal has come to fruition. YEAH!

Anne Brackley novice jigsaw puzzler.

So when you are bored and wonder what to do, come along to Springdale on the 1st Thursday of the month between 10 – 12noon and check out the HUGE range of jigsaw puzzles that you can hire for 40cents each puzzle.

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2020 The Year for Female Football

The Drysdale Hawks Senior Female team in heading strongly into its fourth year and focusing on chasing the premiership they came so close to in 2019.

With some solid recruits joining the Lady Hawks for the 2020 season the team is looking strong.

Drysdale Hawks Junior Female teams are also growing with the introduction of an Under 10's team in 2020 as well as fielding Under 12's & 15's again.

Even more exciting is the introduction of the Peninsula Sharks Under 18's team completing the pathway for junior female football from Auskick to Senior level.

The Peninsula Sharks is a collaborative team from Drysdale, Ocean Grove, Portarlington and Queenscliff allowing our youth girls the opportunity to continue their football all the way through to senior level.

Every team is looking for new players from any experience level from under 10's right through to Senior Female football.

For more information on junior or senior female football please feel free to contact either Jennie Deckker on 0425 718 838 junior football or Stuart Craven on 0417 010 364 - senior football Drysdale Football Club is holding a Female exclusive 'come and try' day on Sunday 2nd February at Mortimer's Oval Between 1-3. This is a great opportunity for girls and women of any age to come and meet some current players, try your hand at a few skills and gather information about our football teams and joining the Lady Hawks.







Victoria, the heart of AFL. Why wouldn't you want to move the 2400km from Mackay to Drysdale the day after your 18th Birthday? This is exactly what young gun Tanacha Saunders did at the start of the 2019 season. It seems this talented young player literally hit the ground running, scoring best on votes in nearly every game and taking out the team's runner up best and fairest at the end of the season.

Footy is a part of this girl's DNA. She played 6 years of juniors in Mackay, and got the call up for Seniors at 15, where she won the club best and fairest. Tanacha enjoyed two years at the Suns' Academy, but couldn't resist the pull of Victoria and the opportunities this would provide for further study and a career in football. The day after her 18th Birthday she jumped in the car (with supportive Dad doing most of the driving) and made the shift.

Joining the Senior Women's side at Drysdale late in their pre-season, Coach Stu Craven was excited to learn about the humble new recruits' achievements. The 2019 season with Drysdale saw Tanacha play in her first grand final, and she quickly became a key member of the side, scoring bags of possessions, disposals, assists, marks, tackles and even a cheeky goal here and there. "I really really enjoyed my first season with Drysdale" said Tanacha, reflecting on her year, "There were way more people at training and I got more out of it. Everyone was just really welcoming and it's such a great team to be a part of".

It's no surprise that with such an impressive amateur career to date that Tanacha has now begun pre-season training with the Geelong Cats VFL side. "It's challenging but I think I will learn a lot from the Coaches and other girls there". Her Ladyhawks family can't wait to see her soar, and look forward to Tanacha continuing to share her talent, passion and skills with them.

If you would like to inquire about playing Women's football at Drysdale for any age category, contact Stuart Craven 0417 010 364.



HOOKINZ HOCKEY

Hockey Bellarine are running Hookin2hockey in Term 1 2020 for its ninth year. Hockey Bellarine has had more than 300 primary school aged students through the entry level hockey participation program.

If you have or know of a child in primary school that would like to try hockey, then get them to come along to Gillies Road, Drysdale at the back of Saint Ignatius College on the 1st February at 9am. There is a 6 week program designed specifically for new participants. We welcome participants who have done hockey before, as well as co-coaches to support the development of each and every child.

> For more information, email hockeybellarinejuniors@gmail.com

Hookin2hockey 2020 Starts 1st February 9am @ Saint Ignatius College, Gillies Rd **Interested? Email** hockeybellarinejuniors@gmail. com

Trivia Answers

- 1. Poppy
- 6. Oscar 2. March 7. Pottery
- 3. Hamlet
- 8. High Jump
- 4. Mediterranean
- 9. G
- 5. Kingfisher
- 10.Summer





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