



The SpringDale Messenger

November 2020
Volume 30 Issue 10



ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.

Remembrance Day

Remembrance Day is observed on 11 November in many countries to recall the end of hostilities of the First World War on that date in 1918. The war to end all wars formally ended "at the 11th hour of the 11th day of the 11th month" as the guns fell silent in accordance with the armistice signed by representatives of Germany and the Allies earlier that morning.

The Australian flag at the Cenotaph on High Street, Drysdale will be flown at half-mast on Wednesday 11 November 2020. The president of the Drysdale RSL Sub-branch Geoff Zanker will lay a wreath at 11am. We are able to arrange coverage via Zoom thanks to the SpringDale Neighbourhood Centre (contact SpringDale for details office@springdale.org.au or phone 5253 1960).

Given the recent restrictions on movement and numbers of people gathering in groups by the Federal and State Governments, if it is permitted, individuals and representatives of organisations who wish to pay their respects by laying a wreath are invited to do so at any time in the morning in a private capacity. Apart from that, there will be no formal wreath laying ceremony.

The RSL's Poppy Appeal will still go ahead in the week leading up to the 11th of November. Badges will be available for sale at various locations in the Drysdale/Clifton Springs/Curlewis area. Members of the public are encouraged to support this appeal as all the funds raised go to assist local veterans and their families in time of need.

We sincerely regret having to take these measures, but we feel that it is necessary to reduce the risk to vulnerable members of our wonderful community.

Harry Paterson - Secretary - Drysdale RSL Sub-branch

Wednesday
11th November 

REMEMBRANCE DAY

Rest we forget



Silence speaks when words can't

NOVEMBER

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.



Sunday	1	Movember for Men's Health until 30th
Saturday	7	National Cancer Awareness Day
		Free replacement anti-theft number plate screws at SpringDale carpark 9-11am
Sunday	8	Perinatal Anxiety and Depression Awareness week until 14th
Monday	9	Legal Service Day
Tuesday	10	World Science Day for Peace and Development
Wednesday	11	Remembrance Day
Friday	13	World Kindness Day
Saturday	14	Children's Day
		Diabetes Day
Tuesday	17	National Epilepsy Day
Friday	20	Transgender Day of Remembrance (TDOR)
Saturday	21	World Television Day
Wednesday	25	International Day for the Elimination of Violence against Women
Friday	27	SpringDale Neighbourhood Centre Annual General Meeting 5pm

Reminder
Bookings &
copy required by
1 November for the
Dec2020/Jan2021
issue



**SpringDale
Messenger**

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Editorial: All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material:

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Images: Please supply high resolution images, minimum 300dpi at print size or larger than a 1mg attachment. Images placed in Word files will **not be accepted**.

Distribution:

Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

**The SpringDale
Messenger is a
locally produced
publication.**



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria



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SpringDale Neighbourhood Centre Inc. acknowledges the support of:



We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to their Elders past and present, Elders in our community and our emerging leaders.



Coordinator's News



Anne Brackley

Dear Friends and friends I am yet to meet.

Taking time to remember and reflect is so important. I don't spend a huge amount of time doing this but do have fun remembering so many good things that have happened. Sometimes a Community Development student will come and interview me and this gives me a great opportunity to remember many of the things that have changed over the last 18 years at SpringDale and the last 60 years in Drysdale and on the Bellarine.

Over the last 6 to 10 months, as a community we have created 200 baskets of joy to take over to Bruthen, we have made 500+ masks to help keep our community members safe, many have joined others on zoom for the first time, meeting, encouraging sharing time and energy in a remote and considered way. So many hours spent so positively – thanks for all your time and assistance.

I am so happy to be part of our community. In the last 6 months I have been out of The Bellarine twice – once to Geelong for a meeting and once to Melbourne (during the short window when we were allowed) to visit our eldest son and his wife. My life has changed. Many hours usually in the car travelling have been devoted to other activities.

As I write this I am so happy that I have been able to have 18 days with no unread emails – that might not sound like success to you but

I assure you, it is like a black cloud that I have reduced to zero hanging over my head. I hope to be able to continue to report this great number to you in months to come. Each time I get back to zero – I celebrate with a little happy dance! This is something I have done to make my life better – what change have you been able to make to your life?

I think, when we look back on this time, in ten years, twenty years or when others look back in one hundred years' time, I think people will want to know how we met this challenge, how we survived, what we did, what we didn't do, what we felt, what we would have liked to do? I'm wondering how you think we might capture this? Could it be a book, could it be a quilt, could it be a play or a song? Maybe it is a collection of letters to ourselves in 20 years' time, including what we would like to remember. I would love to hear from people who might think about this sort of project.

Looking forward to whatever we come up with – I know it will be good and just what we need. Please keep well and please stay in touch – please contemplate subscribing to our website if you are still to do that it means I can keep you up to date between Messengers.

Yours sincerely

Anne Brackley for Team SpringDale



HERBS TO HELP

Our baskets are looking fantastic and we are just waiting for the restrictions to lift enough for us to take our convoy over to Bruthen. At the moment we have 12 cars interested in travelling to Bruthen and a person who would like to go but needs a lift. It should be fun taking a convoy over to East Gippsland, staying somewhere and then travelling back. I can hardly wait! **Anne Brackley** Seed and Cutting Whisperer (yes another new title!).

News@SpringDale



Keeping up to date please subscribe for SpringDale emails. Once a week (or as needed) receive emails letting you know what's happening, email office@springdale.org.au or jump onto our website, www.springdale.org.au

For classes still commencing in November - see the course guide.



Dining Group and the Lunch Bunch will resume as soon as the Social Distancing regulations change. A notice will be in the next edition.



Dear Members

You are to invited to the **SpringDale**

Neighbourhood Centre

Annual General Meeting

Friday 27 November 5pm

RSVP 20 November

office@springdale.org.au or

phone 5253 1960.

All welcome - maybe on Zoom - maybe face to face and Zoom.



News from Lisa Neville MP

Member for Bellarine

This year has presented all of us with challenges that we have never faced before.

Early in the year families and communities in the east of the state faced the devastation of extreme bushfire. As Emergency Services Minister I am continuing to support these people in rebuilding their homes, their businesses and their lives.

Of course, we have all been impacted by the coronavirus. On the Bellarine I do understand clearly the effect it has had on people's health and wellbeing, on business, jobs, sporting clubs and community life.

As people know, the State Government, under the guidance the Chief Health Officer, has put in place significant measures to tackle this pandemic and it is pleasing to note these steps are dramatically bringing the daily cases down.

At the time of writing (September 30), the Geelong region recorded no new cases down from 65 a month prior. The success of the region in driving down these numbers in such a short period of time has been extraordinary and has meant we have been able to open quicker than expected.

Our local schools are now fully operational and during the recent holidays we saw the return of visitors from other regional areas. I know this was a much welcomed boost for Bellarine tourism and hospitality operators.

Importantly, the State Government continues to support our communities, local businesses and sporting clubs.

For example, there are several grants available for the hospitality sector to enable outdoor and restricted indoor dining. It is great to know many of these grants have been taken up by Bellarine cafes, restaurants, hotels and wineries.

To assist our local sporting clubs to survive and be ready for an eventual return to competition, nearly 50 clubs on the Bellarine have received \$1500 grants.

Finally, it is still important that if you are at all feeling unwell to get tested and where there is any concern with restrictions being breached please call the Police Advice line on 131444.

I again sincerely thank all Bellarine residents for their ongoing commitment and effort in fighting this virus.

Bellarine Policing

Although summer is still a couple of months away, from a summer policing perspective local police command are putting their arrangements in place.

An influx of visitors during the holidays is always welcomed, but of course it also means greater challenges and extra work for our police members. While most people are enjoying a well earned break with their families our police and other first responder services are hard at work.

Last year an extra 12 police were allocated to the region and local command ensured there was a high visibility of the members in our coastal towns. The feed back I received at the time was very positive.

This summer the peninsula will again be bolstered by extra police and the proactive model of being out on the beat in local towns will of course be adopted.

Importantly, the Bellarine Peninsula has seen a reduction in overall crime and this is thanks to the hard work of our police, working in conjunction with local communities.

As always, I thank police for their commitment and untiring service.

As always, please don't hesitate to contact me if there are any matters that I may be able to assist you with directly.

Hon Lisa Neville MP - Member for Bellarine
lisa.neville@parliament.vic.gov.au
Twitter@Lisanevillemp Ph: 5250 1987



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Ken & the Art of Bicycle Maintenance

Over the last month we have had people sign up for Ken and the Art of Motorcycle Maintenance but have also been asked about running a session about bicycles – basic maintenance and basic literacy about bicycles.

Please let us know if you would like to be part of this discussion, email SpringDale on office@springdale.org.au or phone 52531960

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My Weeroona Story

Mid July 1945 our unit from the 112th Light AA Regiment had been disbanded and we were sent to Kapooka, NSW, to an engineers' training camp. We were taught how to handle explosives including landmines. After 6 weeks we were sent to Morotai (a ship port in islands NW of New Guinea) North Halmahera, Maluku islands.

Cousin Don Butcher had been with me from the start in 1942, as eighteen year olds we had to register and were called up to serve. We arrived at Morotai with 10 others that had been in our unit.

Don and I decided to look around and found a pineapple plantation, on the way back we came across the parade ground. I couldn't believe my eyes, on the other side of the parade ground was John Grigg – I hadn't seen him since 1937 when we left school. (I was 14 and he was 15 – he went to Technical School and I went into the pea paddock.) I recognised his stance and his walk. I yelled across the parade ground – he recognised my voice.

He couldn't get over to me quick enough – we met in the middle of the ground (about as big as Mortimer Oval). I was a sappa (private) and he was lieutenant.

That night John came to my tent, there were 12 of us in 2 ridge tents end to end. He called out my nickname "Wiz". Outside the tent he asked "Do you want to go home?" I replied with "John what a stupid question."

John said he needed 11 people to go North in the morning. This was a tough decision as it meant one of our 12 would have to miss out – we had been together since 1942 but one was a married man and he had gained sufficient points to go home (married men earned points at double the rate of a single man).

The volunteers, which we were about to become, could not acknowledge that we had

prior information about this mission, we just had to step forward when called for on the parade ground.

The next morning when Lieutenant Grigg called for 11 volunteers to head north as Military Police – we stepped forward. The parade laughed at us – they couldn't resist. So Lieutenant Grigg suggested we could step back but we didn't. Everyone thought it was a suicide mission.

That afternoon we were taken down to the beach head where there were 13 LSTs (Landing Ship, Tanks or Tank landing Ships) waiting ready to load with equipment and troops – we weren't the only ones going. We sailed that afternoon and to the North west there was a dirty black waterspout – an indication of a cyclone. Over the loud speaker the captain hoped we didn't run into it during our trip north.

Luckily the cyclone changed direction and we only caught the edge of it. We were all sleeping on the deck – there was no cover. The American ship had a mascot, a rhesus monkey, so small he could sit in your hands. The crew told us they saw him sitting on the canvas on top of the galley – with his little hand on his tummy and the other over his eyes. It was rough and he'd never lived through a storm like this.

Seven days later we arrived in the harbour of Manila and to our surprise moored against an embankment was the paddle steamer Weeroona. We thought we were back in Melbourne. The Weeroona used to run from Melbourne to Geelong, Portarlington, Queenscliff and Sorrento. I travelled on it when I was about 7 years old.

Later on we had the opportunity to go back to see the Weeroona – she was beautiful but there was a sign on the gang plank saying off limits to NCOs (non-commissioned officers and other ranks) – the Americans were using it for their officers. So we could only look from the outside.



Cousins Don Butcher & Geoff Wisebey in Darwin

We didn't become Provos (Military Police) we ended up working at an American PX (canteen) looking after returned allied POWs from Japanese prisoner of war camps and POWs who had worked in Japanese coal mines.

We made coke a cola (the Americans gave us the recipe) and we made coffee – I used Mrs McKiernan's recipe from the Drysdale Dances. We would make it and deliver it to the returned POWs at their tables while they were recuperating from liberation. They were getting stronger before returning home.

One day Lady Mountbatten, the head of International Red Cross came to visit the exPOWs. The Brigadier said "Stand fast". Lady Mountbatten said "Although I have a title, it doesn't make me better than you fellows so please carry on and I'll come around to you".

I made her some coffee and gave her my recipe at her request. Take a 12 gallon copper boiler add 1 pint of cold water 1 tablespoon of mustard, 1 tablespoon of salt, fill the boiler with milk. Place two hands full of coffee beans in a calico bag, tie it with string, dangle the calico bag with coffee beans in the boiler and bring to a simmer (the beans could be reused until they lost their strength). This made about 250 cups and we made three boilers full each shift.

Eight weeks later we were on our way home on the William Ellery Channing – we thought it would break in half, but we made it.

It was great to see John regularly at the RSL in subsequent years and he always asked me "Where's that bottle of beer you promised me for getting you home?"

Geoff Wisbey

Inspired to share this once I saw reference to the Weeroona in a recent Messenger



WHAT HAVE WE BEEN DOING?

Rotary
Club of Drysdale



Service clubs have really had to think outside the square during this time of lockdown. Our members have been looking for things to do in our community while observing social distancing, wearing masks etc.

In the meantime, we have had members taking coffee to others who live alone. Groups of two have been meeting to exercise and drink coffee and we have had a couple of resourceful members who combined the two while they de-rusted and re-painted a weighbridge right next door to the mobile coffee van down at the Drysdale Railway Station. Now that is what I call thinking.

As we are slowly being allowed to meet in larger groups outside a small cohort of members met to discuss Rotary business at Lake Lorne next to the seat placed there in memory of a Past President, the late Roger Lavingdale who worked tirelessly to get the walking track around the Lake. The walking track is almost taken for granted now but it wasn't that long ago it didn't exist. What an asset that has proved to be especially during this time.

We have a lot to be grateful for, fresh air, walking tracks, coffee, friendships, family and a service organization that's here to make a difference.

Publicity Officer - **Caroline Rickard**
Rotary Club of Drysdale
0408 989 221



1st Drysdale Scouts will again be providing fresh cut Christmas Trees to the Geelong and Bellarine areas

Our fresh cut trees start from \$50 up to 5ft foot, \$60 up to 6ft and \$70 for a 7ft tree. Every tree ordered online comes with free contact less delivery. This year a special Monday 30th of November delivery will be available for online orders.

For full all our tree sizes and delivery options check out our website
<https://1stdrysdalecouts.com/christmas-tree-sales/>
or facebook @1stDrysdale

Prefer to hand pick your tree

Come down to our hall on 1st and 2nd weekend in December and we will have limited number of trees for sale

Pick up only

The hall will be open between the following times and will be subject to Covid-19 restrictions in place at the time

Friday 4th December 5-9pm

Saturday 5th & Sunday 6th December 9am-3pm

Friday 11 December 5-9pm

Saturday 12th December 9am-3pm

Sunday 13th December 9am- until sold out

Have a problem disposing of your Christmas tree in the new year

Just select the pick up option when ordering online or just ask us when picking your tree at the hall and for a small fee of \$12 we will pick up your tree on the 9th of January 2021.

Thank you for supporting 1st Drysdale Scouts fresh cut Christmas tree fundraiser and we wish you a wonderful and Merry Christmas



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For details go to vic.gov.au/CORONAVIRUS

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Community Development Timeline

Over the last 12 months we have been trying to start what we are calling a Community Development Timeline. This will not be a typical timeline based on dates but dates will help anchor our timeline, rather this timeline is based on people and their contributions that they have given to our community. Our first family to showcase is the Stanley Family.



Claude and Beryl purchased "The Farm" and moved into it on 15th October 1954. It was four acres in Clifton Springs and it allowed them to be self-sufficient with a cow for milk, cream and butter, also chooks for eggs and meat, as well as a goat, fruit trees and a veggie garden, even including a pig sty. There was always family dogs and at least 100 stray cats!!!!

At that time of their move they already had Kenneth, Trevor and Robin then two years later Christine was born, then in 1966 Michelle was born completing their family.

Beryl was always busy and enjoyed meeting people and being involved with the town. After Claude came home from work at Myer Geelong store, with their first car, Beryl was so excited. All she could see was herself getting a license and being mobile. She then proceeded teaching other women in the district how to drive. She was such an inspiration. The life on the farm was rewarding and people loved to visit and often stay several nights, as they loved the area as well.



They sub-divided their land and built a larger house to accommodate all their needs for family, friends and many who needed caring support. Their service to the community was outstanding.

They became involved with the Youth groups, camps, sports days, concerts.

They were long serving and active members of the Uniting Church family, teaching Sunday school along with many other contributions for the church.

What an achievement, they ran the Methodist Youth Club for 22 years which involved hundreds of young people over that time and you can visualise the friendship and fellowship at the many gatherings.

They were both actively involved in the establishment of the Drysdale Scouts and Guides. The involvement in Guides led them to care for Aboriginal children over the six weeks of Christmas and short term fostering of many children with many different needs.

Rotary overseas exchange students, homing many from all over the world. Also helping the Kids for the Uniting Church outreaching to the primary school students.

They both worked with Concern Village Op Shop providing funds to support social welfare work throughout Geelong. In 1970 Beryl trained and served as a Marriage Guidance Counsellor for 12 years and also as a Counsellor with Geelong Pregnancy Crisis Council.

Her life has been so busy and yet she always had time to still be involved in another new venture, this time she started up a Drysdale netball team and with help transported them to Geelong to play at Kardinia Park. With determination she decided to then appeal to Councillor Bill Jones and push for netball courts in Drysdale, known today as the Bellarine Netball Association.

The area around the Bellarine Peninsula gained so much from this family, especially Drysdale and Clifton Springs.



*Beryl died recently during COVID-19.
Beryl Marjorie Stanley 9.12.1923 – 8.9.2020,
Claude Stanley 6.5.1921 – 22.4.2013.*



COMMUNITY DEVELOPMENT TIMELINE

Please contact SpringDale if you have anything to add to our timeline email messenger@springdale.org.au or phone 5253 1960 thanks for your assistance in advance Anne Brackley of the Bellarine.



Meaningful Activities in the Home

Each day there are many things that provide us with purpose and pleasure. For a person with dementia, the need for a good quality of life is not diminished, especially in the current environment of covid-19.

Abilities can vary greatly depending on a person's age or their stage of dementia, but keeping involved and active in the things you enjoy is extremely important. Many people will continue to live successfully in their own homes and engage in meaningful activities by developing and using strategies, routines and support that best suits their individual needs.

Rather than giving up on hobbies, interests and activities that are becoming difficult, it may be possible to modify the activity.

For a person with dementia, it also helps to talk to other people who may be able to help them work out how to continue doing the things they enjoy.

Support from family, carers and friends can be of great assistance to people whose ability to achieve purpose and pleasure has become much more difficult.

Below are a range of helpful guidelines that can help in planning appropriate activities. Ideally, activities for a person living with dementia should:

- Maintain residual skills
- Compensate for lost activities
- Promote self-esteem and empower the individual
- Keep the mind stimulated and encourage new learning
- Provide an opportunity for enjoyment and pleasurable experiences
- Be sensitive to the person's cultural background

FURTHER INFORMATION Dementia Australia offers support, information, education and counselling. Contact the National Dementia Helpline on 1800 100 500, or visit our website at dementia.org.au



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How's that for a far out introduction?

"Unclaimed" is a mythical T.V. series Jim Dennis and I have been unsuccessfully trying

to develop for a couple of years now. We got to thinking about how mining operations (which are so damaging to the earth's environment) may in future be moved to (say) Mars or perhaps the asteroid belt where you wouldn't need to worry about messing up the air or water quality for people. We envisaged a company called M.A.R.S. which is an acronym for Mining Alternative Resources in Space. (I found that with acronyms the trick is to nail the last word first!) M.A.R.S. is an international consortium bankrolled by all the top ranking businesses of the so called western world whose job it is to establish a sort of survey operation to find minable minerals on Mars.

We've just this time well and hopefully we might be able to resume some time. Anyone out there want to try their acting skills.

About Jim's You tube title. It is in fact Gobbum Productions.

John





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How you can alleviate end of Year Learning and Exam Pressures!



What a roller-coaster journey 2020 has proven to be. A lot of parents have been asking me, what they can do to take some pressure off their kids, at a Primary School and High School level, to make the end of the school year as rewarding as possible.

The pressures and reactions from Primary School versus High School Students might differ, but the deep-seated feelings are generally the same. While Primary School students don't always have the vocabulary to express how they are feeling, they usually show outward changes in their behaviour or physical expressions that show you clearly something isn't right. Older teenagers, make it a bit harder on parents, as they have the vocabulary to express themselves, but don't always choose to share their thoughts or feelings. Their behaviour might fluctuate from day to day, and many don't show the outward physical expressions to let you gauge how they are truly feeling. They value their independent as emerging young adults yet still need and crave your support.

Parents trust your instincts, you know your children better than anyone else, so it is highly likely you are judging the situation correctly. The pressures that affected your children when they were in primary school might still be the underlying pressures that affect them as teenagers but may manifest in a different way.

Some strategies for Parents to help Primary School age children:

- Don't over schedule,
- Ensure they get the right amount of sleep,
- Play music: music has proven to help children relax and focus,
- Listen: Let them talk about the issues that are bothering them,
- Serve a healthy and balanced diet,
- Incorporate exercise into the day,
- If they have daily or weekly chores, do some of the more challenging or frustrating jobs with them, making it a fun bonding time together instead of a time-consuming chore.
- Include some fun family time!
- Model your own self-care.

Strategies for Parents with High School and VCE students:

- Remain calm: Seeing your child being stressed can be an emotional and stressful experience for parents too.
- Start a conversation:
 - o What do you need from us?
 - o How can we help?
 - o What are your study or exam strategies?
 - o Do you have any suggestions for how we can alleviate some pressure from you? (ie: deliver a snack every two hours etc.)
- Make sure they take breaks intermittently,
- Encourage them to eat a balanced diet and drink lots of fluids,
- Ensure they're getting quality sleep,
- Monitor their progress and help them create study / revision aids, or tools to help them manage stress,
- Help them avoid study distractions, without appearing to be the 'nagging' parent,
- Know their exam timetable,
- Help them manage their time,
- Be available when they need you, even if it is just for them to vent,
- Use encouraging words to support them,
- Motivate them with rewards,
- Listen to them after exams,
- Monitor and identify warning signs, and seek extra support if it's needed,
- Examine your own expectations: All parents want their children to succeed, but make sure they know your expectations are realistic and healthy and not perceived as extra pressure for them to perform perfectly.

2020 has taught us that life can be unpredictable with varying levels of highs and lows, successes and failures, joys and setbacks. All children, young and old, cope better with stress, when they have a family network that listen, support and offer comfort to them so they DON'T feel that they are coping with these pressures alone!

Written by **Peta Henshelwood** (B.Ed)
TIME2 Active8 - Your learning Potential

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- Sale contracts – Section 32 preparation

Shannon Calder
Manager – Bellarine Office



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Think of a Hobby - Mine is Bonsai

Bonsai means – “Planted in a Tray”

For years I had admired various examples of bonsai trees in garden centres and gardening magazines but never had enough spare time to think about it as a hobby. Then in 2004 following a heart attack I was given my first tree a Juniper as “therapy” and that was the start of many years of enjoyment.

First I had to find out how to take care of it and how to keep it alive so we started searching on the internet until we found a bonsai club in Grovedale and went to one of their meetings. It was wonderful and after watching a demonstration on how to prune, report and an explanation on the mystery of wiring I was hooked. Over the years I have gone on to grow and bonsai a variety of trees including Olive, Figs, Elder, Black Pine, Gingko, created Maple and Birch forests and enjoyed the challenge of native species. Some I still have and some I have shared with friends.

Through bonsai I have made some very good friends, attended workshops with specialists and digs in unusual places, given demonstrations at garden clubs and had a lot of fun and good company. Being able to exhibit my trees in the annual bonsai show here in Geelong is always satisfying.

However there was one bonsai project I never imagined doing which was creating a memorial tree for the ashes of our good friends dog so when they moved house they could take him along to their new home. He returns for pruning every year.

Over the years I have had a few health issues but I am so glad I chose Bonsai as my hobby as it has given me purpose, kept me challenged, positive and focussed and a reason to attend the St James book sale each year to top up my reference books!

Geelong Bonsai Club - www.bonsai.org.au
geelongbonsaiclub@gmail.com



Leanne's wheel life ADAPTATIONS



The progressive physical effects of Adult Onset LGMD (Limb Girdle Muscular Dystrophy) on my body have been partnered by multiple emotional, mental, social and work-related changes.

The direct and ripple consequences of LGMD have been many and varied, and I know my experiences are shared by others. This is why I am another voice for people with disability in our community. We no longer should be ‘othered’. Society is too sophisticated, too learned, too globally connected to continue marginalising difference.

We are all different, and will all require help, assistance and adaptations at some point in our lives. Sharing stories and conversation can lead to whole-of-society attitudinal and structural change.

Redefinition, acceptance, humility, adaptation and respecting feelings such as shame, loss, and grief have become some of my favourite tropes of the last fifteen years.

Very briefly these have been my take-outs:

- While I still perform my earlier paid work, although on a smaller scale, I am now part way through a University degree.
- While I don't participate in as many 'girls weekends', when I do catch up my enjoyment is greater.
- While I don't drive, I can build and drive a website.



- While I can't reciprocate a hug, I get to feel the love given.
- While I can't travel with as much ease, I now thoroughly appreciate the privilege that travelling is, and the experiences offered.
- While I won't be able to be the Grandma that I wanted to be, I know that I'll adapt and be able to contribute through dialogue and emotional connection.
- While I can't do many things such as walk, scratch an itch, cut food up, raise mug to drink and make a cup of tea I have learnt that there is no shame in that. I am so much more cognisant of physical infallibility as a given for us all.
- While I am a woman with a disability, I have faith that one-day all our many disabilities will be accepted and catered for; simply another variation in being human.

Leanne

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How things have changed in our wonderful State of Victoria recently.

It is a relief that our children and young people are finally back to face to face learning and restrictions have eased a little.

Everyone needs some support throughout their lives, being a kinship carer means we have many others within our group to call upon.

Only other kinship carers know how we feel, how to offer support to other carers, how to listen to other carers and support other carers in their kinship journey.

The kinship journey I speak of, can at times be so hard to understand even for the most experienced carers.

Every kinship carer has a different story to tell and believe me some stories are just heartbreaking.

All the kinship carers in our group, support and guide each other the best way we can.

We stay in touch through social media, even call each other on the phone - so outdated in the eyes of our young people.

We have our own face book page, which to protect all our carers and the children in their care our site is a closed site.

With only a month until Christmas, I would like to call on any business, organisation and service clubs to assist us as kinship carers as a lead up to Christmas.

I am hoping to supply the children in our group from birth to 8 years of age - with a new, book or game for Christmas.

For our young people aged 9 to 18 years of age I would like to supply a \$30 voucher

(Coles/Myer which covers Kmart and Target or a Movie voucher) as well as a toiletries pack.

Thank you.

If you are a kinship carer, sitting at home thinking that you are alone in your kinship journey, please come join our group - we laugh a lot, we talk a lot and we totally understand.

Our group meets the first Monday of each month (not during school holidays) at SpringDale 10am to 1pm or during Covid19 restrictions via Zoom.

Stay safe and healthy everyone.

Thanks again everyone at SpringDale

Jeanette Hanley Heath - 0414308257



SpringDale Trivia 41st Edition

by Drysdale Girl Guides

1. Which horse trainer has won the most Melbourne cups?
2. At the commencement of Daylight savings, do we move forward an hour, or go back an hour?
3. In Cricket how many runs are earned if the ball is struck by the batsman and it clears the boundary rope without hitting the ground?
4. The 11th of November marks Remembrance Day, and the anniversary of the end of World War One. It is also the anniversary of the execution of which Australian identity?
5. Pink Lady, Granny Smith and Royal Gala are types of what fruit?
6. Which is the world's smallest Independent country?
7. Which of Newton's Laws state that 'for every action, there is an equal and opposite reaction'?
8. Lemurs are native to which Island nation?
9. Which male tennis player won the 2020 US Open Men's Singles tournament?
10. Which band currently has both the highest selling album of all time, and the third highest selling album of all time?

Turn to page 22 to find the answers.



Drysdale Guides meet at SpringDale - Thursday evenings.

GIRL GUIDES

Ring Anne Brackley for details 0407 529 205

Lisa may present 2 Trivia nights a year if we have enough people are interested.

A Recap of The SpringDale Zoom Trivia Night

It was with much anticipation that the SpringDale Neighbourhood Centre held its monthly Zoom Trivia Night. Many teams, regular and new, joined for an exciting night of quizzing and fun. From the outset of the 1st round of warm-up questions to the 5th round of sport questions, it was very a tight leader board. Leading from the front was a new-comer from Lara/Corio, Mr Richard Krieg (42 points), followed by a number of other groups on 39 points. Continuing from Round 6: Naming That Character, it certainly was a tight tussle with all teams who participated. Finally after 10 rounds of general knowledge quizzing, an outright winner was declared, in 1st place: Mr Richard Krieg, on 129 points, followed by Ernie and Bronwen on 104 points in 2nd place, and Team Fizz Quiz and Amanda in 3rd place both on 97 points. A big shout out and thanks to Lisa Shearer, Drysdale Guides for acting as quizmaster on the night. Hope to see you all at the next Zoom Trivia Night. Until then regards, stay safe and don't forget your mask (let's hope no one's develops cabin fever due to this lockdown),

The Forensic Chemist (Ricardo K).



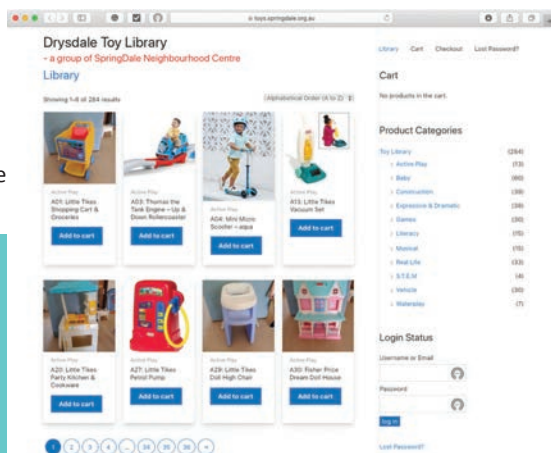
How does a toy library works?

The Toy Library works on a "Click & Collect" system, and you can exchange toys as you would books at a library.

Click & Collect

Log onto
toys.springdale.org.au

The Toy Library is a new initiative of SpringDale Neighbourhood Centre; we are a not-for-profit community organisation, run by a group of volunteer members. Drysdale & Portarlington. We have toys that cater for children between ages of 0-6.



Mushrooms

Mushrooms have that umami flavour. Some say "nutty" others say "earthy". They carry flavors like salt and spices.

Mushrooms are an excellent source of fibre with loads of protein and complex carbs AND provide good nutrition with no cholesterol or sodium. To top it off they are low in kilojoules/calories and may even help with appetite control. Yes!!

Oh, I almost forgot... research is being done using mushrooms to ward off effects of Alzheimer's disease. Good to know!!

A serve of mushrooms as a vegetable - goes well with fish, meat and poultry. Absolutely yummy hot off the BBQ plate stirred with herbs and spices. Simply wash and slice or quarter.

Choose fresh mushrooms off the shelf and place them in a brown paper bag in the fridge - they last about a week. They go well in a variety of recipes to enjoy at any meal. So easy to prepare for any occasion. Here are some ideas:

- At breakfast, stir fried mushrooms with eggs (with or without bacon).
- For brunch, they go in a quiche or frittata with zucchini and capsicums.
- Sliced fresh for salad mushrooms go well with olives and sun-dried tomatoes for lunch.
- Roasted with potatoes and onions then blitzed they make a thick, creamy soup for dinner.
- Add chopped mushrooms to thicken the base sauce for pizza, pasta or risotto. Topped with freshly grated Parmesan cheese brings out the best in the mushrooms.



GARLIC MUSHROOMS

Prepare a pan with 2 tablespoons of extra virgin olive oil and 4 or 5 cloves of garlic. Add 200g mushrooms and stir frequently. After 5 minutes or so sprinkle about a tablespoon of paprika. Turn down the heat and stir gently. Add dried oregano or freshly chopped parsley or basil with salt and pepper to taste. Take them off the heat and serve.



ROASTED STUFFED MUSHROOMS

Preheat the oven 200C

Prepare a tray with greaseproof paper.

- 10 mushrooms, stalk removed
- 100g goat's cheese
- 10 cherry tomatoes, halved
- 10 slices chorizo or salami finely sliced (optional)
- 10 olives, pips removed (optional)
- 10 slices of capsicum (optional)
- 10 fresh basil leaves
- Place mushrooms on the tray.
- Brush with extra virgin olive oil, sprinkle with oregano, salt & pepper.
- Roast for 5 minutes, then top with bits of cheese and tomato.
- Bake for 5 more minutes.
- Add other ingredients if using, olives or chorizo and bake for another 5 minutes.
- Drizzle with extra virgin olive oil and balsamic vinegar if required.

Agata

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Conversations with Your Self

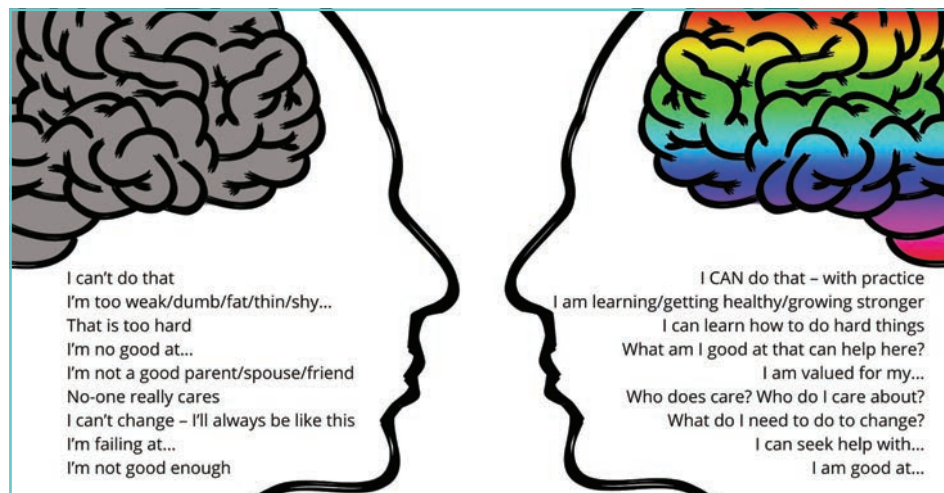


Each of us has a background dialogue. It coaches us through the steps of our day, makes comment on information received and our own performances, reminds us to get the milk, assesses our ability to pursue risks, and critiques our appearance... It can be helpful and supportive; it can be critical and limiting too.

Most of our thoughts go unnoticed – there is said to be 20-80,000 thoughts in your day. It is impossible to take notice of each one, but you can start to listen in.

Listen to your subconscious dialogue

Your internal chatter frames your success, expectations and experiences. It is good to tune in and listen to what you are telling yourself. Is it encouraging... or discouraging?



Checking in with your thoughts can be a true test of where you really are in your daily life. Leaving discouraging thoughts unattended can lead to their acceptance; they can begin to wear you down.

Be aware of it consciously

Speak them out loud when you hear them. Sometimes hearing them “outside” your head, will expose them for what they really are. This narrative is often not your own. Whose words are these? Do you want them? Releasing them this way can offer objectivity so you can be aware of your thinking patterns and in time you can challenge them.

- Is there evidence that I can't do it?
- Whose opinion am I taking on?
- Can I look at it from a different angle?

- Is this belief actually mine?
- Is this thought helpful or defeating?
- Do I even want this thought?

Sometimes just being aware is enough to let them fall away.

Change unhealthy thoughts

As easily as the background track may have been set to negative; you CAN change it to positive.

Flick the switch now. Practice thinking the opposite of these unhealthy thoughts:

Choose what you want to listen to now and with practice you will have yourself the greatest internal cheerleading squad!

If your subconscious dialogue is too busy, holding you down or just feeling unmanageable; mindfulness practices or hypnotherapy may help. If it is overwhelming you or causing you distress, please seek help from family, friends or a mental health professional.

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Melt Away Aches & Tension

Remembering the Clifton Springs pool

What a wonderful place this WAS for the people of Clifton Springs and Drysdale. The Vic Swim Program run through the January School Holidays [where my six children all learnt water safety and how to swim] was the best. Great teachers too.

There was a great lifesaver GREG who watched over the children and kept the pool in great condition.

Drysdale Primary School used the Pool for Grade 3 – 6 students to learn to swim and select

students for Inter School Swimming Sports.

We were so disappointed when we found the Pool wasn't there anymore as we enjoyed as a family some fantastic times at weekends and after school.

The pool was in a great position with great views of the bay and You Yangs. It's a real pity it isn't there anymore for people to enjoy with their family and friends.

Val Penfold

BEWARE THE SNEAKY THIEF

My recent journey with depression and anxiety

At the end of Summer I started to knit my aunty a scarf/wrap. I was very conscientious and worked on it every day, even on the bus, to and from my volunteering. By the middle of Autumn I had about a third of it done. Since then I have only knitted about six rows.

Covid 19 restrictions hit and I was no longer able to volunteer.

I am an avid reader but have found it hard to read very much.

I have had many 'pyjama days' as I have not been going anywhere.

There has been a fluctuating pile of clothes next to my rarely made bed, for about six weeks.

I spend most of my time curled up in a lounge chair, playing match 3 games on my phone.

My patience is almost non-existent. Which is a problem because I live with my son and daughter in-law and their three sons, 3, 5, 6.

Around June, I realized I was in need of motivation. So I purchased an online self-help course. I watched the first module and took notes, I have not looked at it since then. Even though I receive almost daily emails from the course provider.

My physical health has been affected from my lack of motivation and inactivity. More aches and pains, lack of appetite, headaches and nausea, to name a few.

My sleep habits are all over the place. My dreams have been vivid and disjointed, often waking in a panic.

I have been dwelling on the negative things that have happened in my life.

Then one Sunday in the middle of September I found myself crying over something I have no control over that I thought I had come to terms with. Monday evening crying again. When I asked myself what was going on, I thought Oh No the sneaky thief is back, my term for depression.

I thought I had conquered it. But depression sneaks up on you and steals your motivation, feelings of happiness and ferrets out your worst memories and throws them at you. Self-judgement skyrockets. Irrational justifications are you by word. Criticism becomes your communication go to. You become a procrastinator extraordinaire.

During this time, a form of depression known as Seasonal Affective Disorder [SAD] was active. It starts in Autumn and continues through the winter months. We are all affected by this to some degree, due to the decrease in sunlight and the restriction of

activities because of inclement weather.

I have now made some decisions that will help me to climb my way out of the black hole I have allowed myself to dig.

- To get dressed every/most days [occasional 'pyjama days' are okay]
- Be more mindful particularly of my thoughts
- Do an activity with my grandsons at least twice a week
- To be more active
- Get back to volunteering

After making these decisions, I started to feel a lightening of my spirit.

It will not be a quick climb and there will be episodes of back sliding, but I will make it out.

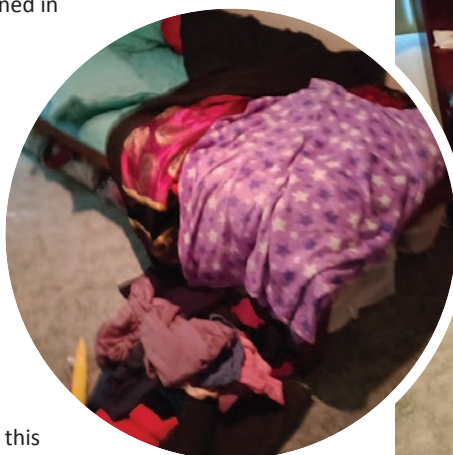
Now to act on my decisions.

I have cleared the pile of clothes and make my bed each day. I have been active every day and done several activities with my grandsons.

I hope by sharing my journey that it will help others who may be going through a similar thing. Know that you are not alone, there is help for the asking, be brave and ask.

Your GP is the first port of call or else you can get in touch with Barwon Mental health or equivalent.

Deb



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Restrictions are easing a little although Bellarine Camera Club will not be holding any face to face meetings just yet, but we are endeavouring to hold competitions in the short-term via Zoom.

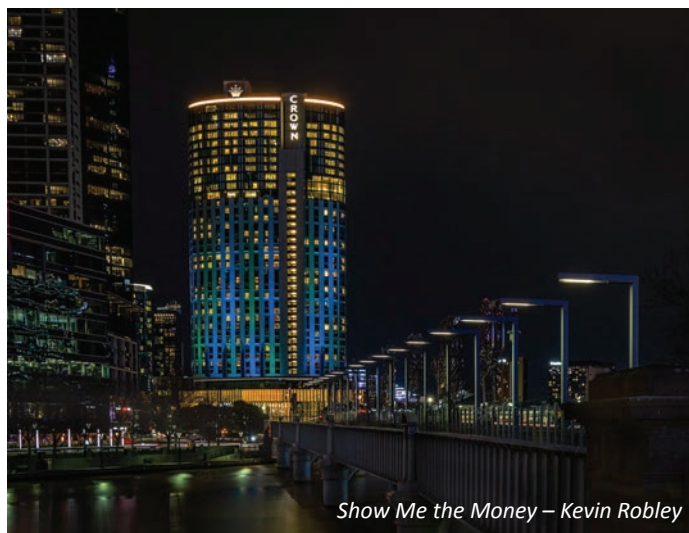
Our set subject for this month was Night Photography, and while many would have already taken images prior to lockdown, for the first time in many years there were insufficient entries in B Grade for placings.

The quantity of images were down compared to other months and feel it was a direct result of not being able to go out to take the images required. We have set our syllabus for the first half of next year, taking into consideration that the set subjects can be photographed in our own areas if we need to.

Bellarine Camera Club usually meets at SpringDale Neighbourhood Centre, Drysdale, at 7:30pm on the first and third Monday of the month (except January), but due to the current circumstances our physical meetings are suspended until further notice.

For information on our club please visit our website: www.bellarinecameraclub.org.au; email info@bellarinecameraclub.org

Lynne Bryant - President



Show Me the Money – Kevin Robley

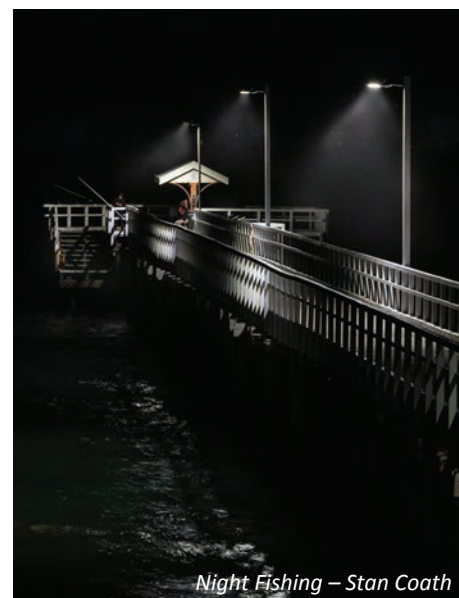
Night Photography Competition Results

A Grade: PRINTS - 1st & Image of Competition – Eastern Beach, Alex Valkenburg; 2nd Night Fishing, Stan Coath; 3rd Lovers Lookout, Dee Kelly

EDIs -1st – Show Me the Money, Kevin Robley; 2nd Docklands at Dusk, Lynne Pearce; 3rd Midnight on the Rocks, Dee Kelly; Merit: Toward the Light, Kevin Robley



Eastern Beach – Alex Valkenburg



Night Fishing – Stan Coath



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Business on the Bellarine

BOB is a local business group meeting weekly in Drysdale to network and help promote each other's businesses.

BOB is all about fresh ideas, sharing, building confidence and supporting each other. It's also about gaining a different perspective on where and how your business can evolve, while strengthening business connections.

Please come along. You'll get to meet new people and learn about other businesses that are part of our community.

We meet on Tuesday mornings 7.50am to 9.15am visitors welcome.

Drysdale Cricket Clubroom
Drysdale Recreation Reserve,
Granville Street, Drysdale

Contact Aaron Kelleher-Jones on
0431 160 905 for more information.

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Bellarine Aged Care Association [BACA]

Bellarine Aged Care Association [BACA] was formed to be a voice and advocate for the ageing population on the Bellarine.

BACA has conducted many forums regarding My Aged Care and staged the highly successful Expo in 2019. BACA also set up Age Friendly Community groups across the Bellarine.

The 2020 AGM of BACA will be held on 23rd November at Springdale Neighbourhood Centre or via zoom.

Priorities for 2021 include addressing issues arising from Royal Commission into Aged Care. Advocacy for older persons including action on waiting lists for access to Home Care packages. Supporting older residents impacted by Covid 19 isolation. Maintaining involvement in networks dedicated to keep residents safe in their own homes. Advocating for amenities to help sustain health and social connection [eg appropriate Age friendly Hydro therapy pool, transport etc]

If you would like to know more about BACA and interested becoming a member or joining this dedicated Committee please contact Geraldine Hughes-Jones on 0439 248 704 hughesjonesgeraldine@gmail.com and a member of the Committee will get back to you.



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Bellarine Birdlife

Australian Magpie



This is the time of year when the Australian Magpie makes itself known. I have already read a number of publications written as a warning that it is now 'swooping season'.

Breeding pairs often show aggression when trying to warn both people and dogs away from their nests. These clever birds can be discriminative when deciding who to attack and frighten away from their territory. Research shows that they have very good

memories and often make decisions 'who is friend' or 'who is foe'. Maybe you have been kind in previous years and fed a family consequently you are allocated 'friend' or perhaps you have become familiar figure as you walked through their territory and so been classified as harmless. If this is the case - smooth passage. I have witnessed a magpie from a nearby garden swooping the poor postman after a delivery to my house but me? I was judged to be a friend and was able to collect my letters and continue gardening without a concern.

The Australian Magpies actually do not belong to the magpie family. They are unrelated to true magpies but were named by settlers due to their black and white colours. Our magpies are actually a type of butcherbird. There are a number of sub species within Australia - the white backed magpie (found east and south of the Great Divide) the black backed magpie (north and inland) and a varied found in Western Australia. I think that the names are fairly specific in assisting you with identification.

The very confident and bold birds enjoy living in breeding pairs, family groups or small groups up to 20. They enjoy open farmland and urban areas where they can forage for food, usually on the ground. Being butcher birds they are not averse to taking moths, insects or larger prey like baby birds. Parents are very strict with their off spring and I have seen many a cheeky youngster taken to task by an angry adult who rolls the trouble-maker over on its back and disciplines by pecking and admonishing in loud and severe tones.

The most delightful sound is a territorial song echoing melodiously through the morning air. These songs can vary as you travel Australia. The birds are also great at mimicry. After the horrific bushfires of 2019 one magpie was able to entertain the neighbourhood with its magnificent imitation of a fire engine. The birds have a pleasant personality, humorous and usually friendly. One of my favourite stories for my younger friends is about Penguin the Magpie, an extraordinary story of bravery and recovery by Sam Bloom.

Carole O'Neill



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St Leonards Garden Club

Hello Everyone, What a glorious beautiful sunny day we've had today.

This month is codling moth month so look closely at your apple and pear trees. Mulching around your fruit trees will keep the soil moist which will help alleviate codling moth larvae from being attracted to your trees. It also provides a habitat for ants and spiders which feed on codling moth. Birds and other insects are a great way to help control the moths. Nectar from the flowers in your garden will attract birds and they will eat the moth caterpillar and larvae cocoons.

Plant garlic, chives and nasturtiums under the apple trees.

Thank you to Craig Castree for some information about the codling moth. He has a book he's written called edible gardening. A very good read and packed full of great information about edible gardens.

If you are planting fruit trees, don't forget to plant lots of bird attracting plants and flowers. So you are encouraging the pollinators into your garden. Bees love lavender and most purple flowers. Birds love native trees with their bottlebrush flowers full of nectar.

The fruit is beginning to emerge from the flower buds. Shortly you will see small bunches of fruit. Don't be tempted to leave



them all together. The tree will drop the fruit it can't support and what is left will be a poor quality, less juicy, less tasty. Keep the largest fruit. Don't waste the small fruit that you cut off the tree. It can be made into jam or jelly. Stone fruit like peaches need to be thinned as well. The larger ones left on the tree will mature into delicious sweet fruit. Keep fruit tree to around 2 metres. As much as I don't like nets over the trees, as they can trap birds in the net itself, nets do prevent birds from eating 1/2 an apple, 1/2 an apricot, 1/2 a peach. I don't mind sharing with the birds but they don't think the same way I do. Net your trees about mid-November.



Daylight Savings is now with us again. Summer is on the way. Some sunshine might give us all some motivation to get out and do things we can't or didn't do in winter. There is nothing better than feeling the warmth of the sun on our back.

It looks like restrictions are going to be relaxed somewhat so hopefully we are nearing the end of this shutdown in Victoria. We can all take a deep breath in and out and relax a little.

Stay well, stay safe and happy gardening.
Wilma McLaren

Community Garden set to grow

The Springdale Community Garden is set to burst into spring and summer with lots of new growth in fruit and veggies, and hopefully some new members to share in the delights of growing fresh produce for themselves and the community.



Springdale Community Garden
Growing Green

- **Yard too small for a veggie patch?**
- **Want to learn more about gardening in a relaxed sociable setting?**
- **Want to help the community by providing fresh produce for FoodBank?**

Join the Community Garden!

Grow food in your own plot, and in the communal areas to share with other members and with FoodBank. Enjoy yourself and help the community at the same time!

276 Jetty Road Curlewis, at the rear of the Community Church beside the rail trail.

Enquiries 0434493123 or 0427079788

"The Garden started in 2015 as a weed-infested paddock behind the Community Church in Jetty Road" said garden chairperson Alan Swanwick. "Lots of hard work by members and support from the community has transformed it into 1200 square metres of productive and attractive garden area. We harvest our own water from nearby rooftops; we pump water to the plants using our own solar-powered pump. We even have our own bees to pollinate the plants".

Garden members can grow produce for their own use in their own plots, and there is also a communal area. The produce from the communal area is partly shared between members, and partly used to make a weekly 'harvest' donation to the FoodBank program conducted by the Community Church. "It is a win-win for the garden members and for the community", said vice-chairperson Judy Knights. "The church made the land available to us to develop the Garden, and we get the enjoyment of gardening, and producing our

own fresh food, and we contribute back to the community via FoodBank. We've had a lot of support from organisations like the Geelong Community Foundation, Bendigo Bank, Bunnings and others to help us properly establish the Garden. It is now a real community asset".

The Garden was initially a group within the Springdale Neighbourhood Centre. "We benefited greatly from their help in the early years", said Alan Swanwick. "Now we can stand on our own feet, and we have incorporated as a separate organization. We are looking for new members to help us grow. If you enjoy gardening in a relaxed and sociable atmosphere, or if your own backyard is too small to let you grow your own crop, come and join us. It does not matter whether you are experienced or a complete novice - just come and enjoy yourself".

Anyone interested should contact the Secretary, **Pat Trowbridge**, on 0427 078 788.





Clifton Springs Garden Club

What would we have done during the COVID crises without technology. Because we are still not able to have face to face meetings, Clifton Springs Garden Club held their AGM via Zoom, this enabled us to elect a new President and Committee. I would like to thank our outgoing President Simon Schooneman for all he did and the energy he brought to the Committee and Club over the past 5 years and to welcome our new President Gordon. Gordon has hit the ground running and has already held his first Committee Meeting, so we are now ready to move forward into 2021.

The Club is hoping to be able to hold at least one Garden Club activity prior to the Club going into recess until February. And I am hopeful that my December article will contain more news on the Garden Club front.

In the meantime, I thought I would share some photographs I took this time last year when I went on a guided tour of Kings Park Perth. I know a lot of you would have visited Kings Park but like all gardens it is forever changing. Kings Park currently has 3,000 of 12,000 species of native flora that grow in WA, some of which grow nowhere else in the world. Something you may not know is King Park Botanical Gardens also has a very large plant breeding program, specialising in Kangaroo Paws, Geraldton Wax and Red Flowering Gums.

If you would like to keep up to date with what the Clifton Springs Garden Club is up to, please do not hesitate to contact Helen, our Secretary on 5257 2220 or email her on hma3152@gmail.com or you might like to go on our mailing list for our monthly Newsletter.

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Ralph Martin A contract farmer on the Bellarine Peninsula

An historic photo (See photo to right) in the Museum Victoria collection prompted us to do a little research about Ralph Martin - this is what we found:-

In 1889 a young lad by the name of Ralph Martin had an arm torn off when feeding material into a chaff cutting machine on his father's property just out of Drysdale. Rather than avoiding chaffcutters for the rest of his life this led to life as a farm contractor who took his chaffcutter far and wide doing work

Mr Martins early life took a tragic turn when there was an horrific fire in Drysdale

Geelong Advertiser (Vic. : 1859 - 1929),
Saturday 1 February 1902

FATAL FIRE AT DRYSDALE
MOTHER AND CHILD BURNT TO DEATH.

Friday.

A cloud of sorrow" and consternation overshadowed all this district this morning, when it was found that the residence of Mr Ralph Martin, of the Springs road, was totally destroyed with everything it contained. The saddest circumstance connected with the fire is that his wife and infant daughter, who were



sleeping in the cottage, were burnt to death in the flames. Mr Martin himself was away from home working with a thrashing machine and knew nothing of the affair till all was over. The deepest sympathy is felt for the bereaved husband and father by his many friends in the district. (Mr Martin had been working on the property of Mr Robert Willey of East Bellarine.

Mr Martin had lost his family and all his belongings - the district ran a fundraising to support him - one wonders if he used the money to purchase some of his own contract farming equipment.

Mr Martin eventually had his own steam traction engine behind which he pulled his

chaffcutter and mobile accommodation hut. In 1912 when the Bellarine shire and neighbouring shires threatened to ban steam traction engines on the roads due to the ruts and damage caused. Mr Martin wrote to the Geelong Advertiser stating that in his opinion the traction engine would do little damage if the speed limit was imposed at 2 Miles per hour instead of the current 4 miles per hour that some reckless owners travelled on the roads also that the number of towed vehicles behind the engine should be limited to two.

We have not found any other reference to Mr Martin after this date.

Paul Bruce - Bellarine Historical Society

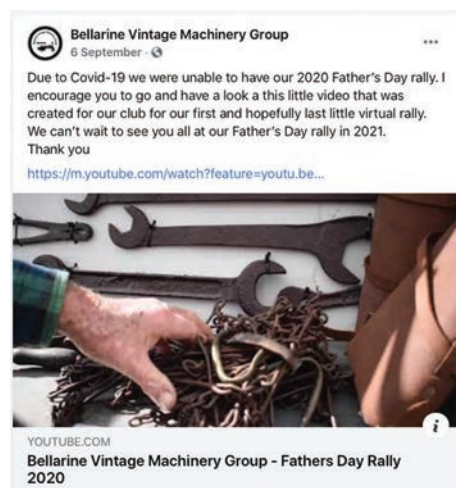


The Bellarine Vintage Machinery Group has a great deal of history we enjoyed learning from them as we created a video about some of their members and their machines.

Thanks to Veia Bradley for her assistance to bring the project together.

Follow the link on our Facebook page www.facebook.com/Bellarine-Vintage-Machinery-Group

or www.youtube.com/watch?feature=youtu.be&v=pZ5MYAXYhB4&fbclid=IwAR2EY__4iVW_kSDSsWOkWXLpQPHv6nZCIIKJnQg_vsnB7Pb8AIRecMswTKU&app=desktop#dialog





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Memories of Yesteryear

The Butcher Family

As the eleventh of November is Remembrance Day it seems an appropriate time to relate the Butcher and Rodgers contribution to the British Empire during World War 1. The Geelong Advertiser's records show soldiers from Drysdale who enlisted were Ernest Daniel and Herbert George Butcher also Arthur James and Ernest Alfred Rodgers along with eventual VC recipient Percy Herbert Cherry and Geelong VFL star Leopold Turner among many others.

Army records show that Ernest Daniel Butcher was quote "a natural born British subject" who at 19 years and 11 months and single, joined the Light Horse on May 23rd 1916 and embarked on board H.M.A.T. "Port Lincoln" from Melbourne on October 20th 1916 bound for Sierra Leone.

Much could be written about many of these local heroes but the focus here is on Herbert George Butcher who enlisted on the 22nd July 1915 and records show he was the first soldier shot on home soil. As a member of the detachment of the Geelong Light Horse, he was wounded in the right thigh at Portsea, shot by a comrade who was doing sentry duty. He was sent across to Queenscliff by boat, then by train to the Geelong Hospital. The bullet had entered at the fleshy part of his thigh below the hip and emerged at the buttock, but as no bone was damaged he was right in a few days. (Geelong Advertiser 10/9/15).

On November 18th he embarked for the Middle East with the 7th reinforcement, 21st Infantry Battalion on board H.M.A.T. "Wiltshire". He then transferred to the 56th Battery at Tel-El-Kebir as Farrier Sergeant on May 16th 1916 and a month later left for France on the H.M. "Georgian" and arrived at Marseilles, France on June 27th 1916.

After transferring to the 25th Field Artillery Brigade in July he was injured and in November of that year he was able to re-join his unit. Then in January 1917 he was transferred to the 14th F.A.B. unit and posted to the Brigade headquarters on 14th June and arrived back in England on June 20th 1918.

At 25 years old he married Widow Annie Vincent (nee Ball) on March 11th 1919 at the Leigh Church in Lancashire and left for Australia with his new bride aboard the H.T.Konig on June 20th 1919 and arrived in Melbourne on August 6th 1919.



His army records show he was discharged on September 25th 1919 and was issued with the following medals, 1914/15 Star British War Medal and Victory Medal.

Herbert and Annie lived in Camperdown where they raised their five children, Eileen (Mrs Thompson), Doreen (Mrs Sawyer), Lorna (Mrs Murrell), George and Ronnie (all now deceased). George was 89 when he passed away last October and his wife Nancy still resides in Drysdale and is the family historian.

Apparently when Bert was asked by the Army doctor if he still had all of his organs, he said "I'm not sure about organs, but I did get rid of Mum's old Piano!!!!!!".

Russell Butcher



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Description of the above named Soldier on discharge:-

Age 26 years
Height 5' 6"
Eyes Blue
Complexion Dark
Hair Dark
Trade as stated by him on enlistment 2 years 1st arm
Marks or scars, whether on face or other parts of body 2nd Lt. tip by hook
Intended place of Residence Drysdale P.O. No.

Soldier history and discharge



AUSTRALIAN IMPERIAL EXPEDITIONARY FORCE

Certificate of Discharge of No. 3033 (Rank) Para/Sgt.
(Name) Herbert George Butcher
(Regiment or Corps) 14th F.A.B.
born at or near the Town of Drysdale
in the State or County of Victoria
21st Infantry Battalion
He is discharged in consequence of Termination of his period of
Enlistment. 15th for the 7/21/1919 on the
Regiment or Corps at the age of 24 years.
Service towards completion of engagement 1532 days
Service Abroad 1358 days
Medals and Decorations 1914/15 Star, B.E.F. Medal, S.O.I. and R.S. and M.D.
Signature of Officer Commanding Regiment or Corps
Returned Soldier's Badge. Place Melbourne
Issued No. 211799 Date 29/9/19
Discharge confirmed at Melbourne, Victoria
Signature
Date 29/9/1919

Centre - Herbert George Butcher

Top Right - Herbert & Annie with Eileen & Doreen

Left - Jo Butcher with Leopold Turner

Below - All the children



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Drysdale Bowling and Croquet Club is looking for new bowlers.

Do you have time on a Tuesday to meet with people who enjoy playing Bowls, in a social atmosphere getting gentle exercise along the way. Then Midweek Bowls might be for you. It is usually held on Tuesdays weekly from 10am - 2pm with a break for lunch.

Bowls and coaching provided - this maybe the activity you have been looking for.

Come and have a try - ring Vicki on 0477 791 004.



Zooming into Croquet

During Seniors' Month we created a wonderful series of videos to help people start to play Croquet. This year all Senior's activities had to be online and so thinking caps on – how could we do it? With the assistance of SpringDale Neighbourhood Centre who filmed, helped to screen the videos and set us up on Zoom – we were away. Thanks to City of Greater Geelong for their support of Senior's Month again this year (for both Croquet on Zoom and Bowls on Zoom). We have shared many hours with people who will hopefully come to the club to have a go at croquet as soon as possible – they seem keen.

We anticipate using the videos into the future to help new members – thanks again to City of Greater Geelong for their support of Senior's Month.

Kaye Sampson

Croquet Section Secretary
Drysdale Bowling and Croquet Club.



Have a Go at Lawn Bowls

Drysdale Bowls can help you get back out into the world and get a bit of safe social life going again. In the New Year we will be going back to pennant bowls, be it a proposed very short season, played on every Tuesday and Saturday. We also play social bowls on every Thursday, weather permitting.

Midweek Bowls desperately needs some ladies to help us out. Drysdale Bowls (Midweek) has won the premiership in the last two years and has raised a level each year as a consequence. This year we were in Division 6 and in the finals again until corona virus brought the season to a stop. In Saturday Pennant Bowls our Division 1 team won the finals last year and was playing in the Premier League this year.

Any person who wishes to have a try, regardless of age or gender, is most welcome to come and have a go at bowling. We have plenty of members who are willing to assist you in learning the game and the skills required. Drysdale Bowling and Croquet Club has a great social atmosphere and once we are able, the Club will recommence Friday night dining at the club.

If your children are looking for a Saturday sport don't be afraid to suggest they try lawn bowling. Statistics show that some of the top bowlers have commenced bowling as teenagers and have become highly skilled in a very short period of time.

Contact: **Margaret Reing** 0418 370857

Trivia Answers

- | | |
|--|--------------------------------|
| 1. Bart Cummings (12 Melbourne Cup victories) | 5. Apples |
| 2. One hour forward | 6. Vatican City |
| 3. 6 runs | 7. Newton's 3rd law of motion. |
| 4. Ned Kelly (Executed on 11th November, 1880) | 8. Madagascar |
| | 9. Dominic Thiem |
| | 10. The Eagles |

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Ladyhawks Set to Return for the Flag in 2021

The 2021 Football season is looking good for the Drysdale Ladyhawks, with many big names already committed ahead of pre-season in November.

One such player is Drysdale local and 2019 Ruckman Nadine Duffield, who is looking forward to taking the field in the first round alongside a strong team.

"Our preliminary finals win over St Mary's in the 2019 season was pretty special and I can't wait to replicate our success in the upcoming season," Nadine said.

"This group of people is so much more than just a team. The club is so welcoming of new players regardless of skill level, the coaches are great, it's a fun way to keep fit and you'll meet some amazing people.

"The club has such a strong sense of community and we all look out for each other. There's always someone to talk to and everyone is willing to listen.

Nadine joined the team after seeing a sign recruiting new players and thought it would be a fun way to keep fit and meet new people despite having never kicked a football before.

"Exercise is great for the mind too, while training and playing keep me fit and also give me motivation to stay fit."

Also returning for another season is talented Rover Elie Montgomery, who will move from her rookie status to seasoned player.

"Initially I was quite apprehensive about playing footy as I'd only ever played basketball, and footy seemed so different and scary, but after one training session I was hooked," Elie said.

"I learnt so many new skills and couldn't wait to get out there and play with my new teammates."

Elie, like many of the returning players have their eyes set on the Premiership after their narrow loss in 2019 to North Geelong.

"I'm looking forward to getting back out there and running around with my teammates. It's great watching the team come together and succeeding.

"I have never been involved in a sporting environment that is as positive, inclusive and supportive as the Ladyhawks. Once you join, you'll never want to leave.

"Playing for the Ladyhawks really makes you want to get outside and go to training and makes exercise so much more fun. This team is so supportive, and I know there's always someone to turn to, it's great knowing that you're involved in such a close-knit community."

Both Nadine and Elie agree that any women thinking about joining a football team for the upcoming season should call Drysdale Ladyhawks Team Coordinator Jess Case, who also played for the team during the 2018 and 2019 seasons.

"This team is so accepting of new players of any skill or fitness level and are some of the friendliest people you will ever meet," Elie said.

Pre-season begins in November and any players wanting to come and try a training session should contact Jess on 0427 753 723.



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